

315  ELITE

LACROSSE

2025-26 Girls Complete Schedule

2027 WHITE

2025-2026 SEASON PREVIEW



FALL 2025 TOURNAMENTS



OCTOBER 19
PHILADELPHIA, PA



NOVEMBER 1
TINTON FALLS, NJ



NOVEMBER 9
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 9:00AM-11:00AM

WINTER PRACTICES: SUNDAYS 3:15-5:15PM / WEDNESDAYS - 8:00-9:00PM

WINTER DATES: NOVEMBER 12, 2025 - MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



NORTHEAST SHOWCASE
ALBANY, NY
June 14, 2026



Apex ELITE CHAMPIONSHIPS
PHILADELPHIA, PA
June 20-21, 2026



EWLCA NEW ENGLAND CUP
AMHERST, MA
June 26-28, 2026



THE GRIND
PHILADELPHIA, PA
July 10-12, 2026

The Northern RISE

NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: (SUNDAYS) 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 - 9:00AM-11:00AM

(THURSDAYS) 6/25, 7/2, 7/9, 7/16 - 6:00PM-8:00PM

REGISTER ONLINE AT 315ELITELAX.COM

2028 WHITE

2025-2026 SEASON PREVIEW



FALL 2025 TOURNAMENTS



OCTOBER 19
PHILADELPHIA, PA



NOVEMBER 1
TINTON FALLS, NJ



NOVEMBER 9
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 9:00AM-11:00AM

WINTER PRACTICES: SATURDAYS 4:30-6:30PM / TUESDAYS - 8:00-9:00PM

WINTER DATES: NOVEMBER 4, 2025 - MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



NORTHEAST SHOWCASE
ALBANY, NY
June 14, 2026



Apex ELITE CHAMPIONSHIPS
PHILADELPHIA, PA
June 20-21, 2026



EWLCA NEW ENGLAND CUP
AMHERST, MA
June 26-28, 2026



THE GRIND
PHILADELPHIA, PA
July 10-12, 2026

The Northern RISE

NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: (SUNDAYS) 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 - 9:00AM-11:00AM

(THURSDAYS) 6/25, 7/2, 7/9, 7/16 - 6:00PM-8:00PM

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2029 WHITE

2025-2026 SEASON PREVIEW



FALL 2025 TOURNAMENTS



OCTOBER 19
AUBURN, NY



OCTOBER 26
PHILADELPHIA, PA



NOVEMBER 22
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 9:00AM-11:00AM

WINTER PRACTICES: SUNDAYS 10:45AM-12:45PM / THURSDAYS - 7:00-8:00PM

WINTER DATES: NOVEMBER 12, 2025 - MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



NORTHEAST SHOWCASE
ALBANY, NY
June 14, 2026



CAPITAL CITY CLASSIC
ALBANY, NY
June 20-21, 2026



IWLCA NEW ENGLAND CUP
AMHERST, MA
June 26-28, 2026



THE GRIND
PHILADELPHIA, PA
July 10-12, 2026



NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 - 9:00AM-11:00AM

(THURSDAYS) 6/25, 7/2, 7/9, 7/16 - 6:00PM-8:00PM

REGISTER ONLINE AT 315ELITELAX.COM

2030 WHITE

2025-2026 SEASON PREVIEW

**50%
DISCOUNT
FOR 8th GRADERS
SELECTED**



FALL 2025 TOURNAMENTS



OCTOBER 19
AUBURN, NY



OCTOBER 25,
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 11:00AM-1:00PM

WINTER PRACTICES: SUNDAYS 1:00PM-3:00PM / TUESDAYS - 7:00-8:00PM

WINTER DATES: NOVEMBER 4, 2025 - MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



AUBURN, NY
315 Summer Jam
TBD



AUBURN, NY
315 Summer Jam
June 13, 2026



SYRACUSE, NY
315 Summer Jam
June 21, 2026



PHILADELPHIA, PA
THE GRIND
July 10-12, 2026



NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 - 11:00AM-1:00PM

(TUESDAYS) 6/23, 6/30, 7/7, 7/14 - 6:00PM-7:30PM

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2031 WHITE

2025-2026 SEASON PREVIEW



FALL 2025 TOURNAMENTS



OCTOBER 19
AUBURN, NY



OCTOBER 25,
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 11:00AM-1:00PM

WINTER PRACTICES: SUNDAYS 8:30-10:30AM / WEDNESDAYS 6:00-7:00PM

WINTER DATES: NOVEMBER 5, 2025 – MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



Philadelphia, PA
APEX Summer Opener
June 6-7, 2026



AUBURN, NY
315 Summer Jam
June 13, 2026



SYRACUSE, NY
315 Summer Jam
June 21, 2026



Philadelphia, PA
THE GRIND
July 10-12, 2026



NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: (SUNDAYS) 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 – 11:00AM-1:00PM

(TUESDAYS) 6/23, 6/30, 7/7, 7/14 – 6:00PM-7:30PM

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2032 WHITE

2025-2026 SEASON PREVIEW



\$500
DISCOUNT
FOR 6th GRADERS
SELECTED

FALL 2025 TOURNAMENTS



OCTOBER 18
AUBURN, NY



OCTOBER 25,
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 11:00AM-1:00PM

WINTER PRACTICES: SATURDAYS 2:30-4:15PM / TUESDAYS 6:00-7:00PM

WINTER DATES: NOVEMBER 5, 2025 – MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



Auburn, NY
Girls of Summer
TBD



AUBURN, NY
315 Summer Jam
June 13, 2026



SYRACUSE, NY
315 Summer Jam
June 21, 2026



Philadelphia, PA
THE GRIND
July 11-12, 2026



NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: (SUNDAYS) 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 – 11:00AM-1:00PM

(TUESDAYS) 6/23, 6/30, 7/7, 7/14 – 6:00PM-7:30PM

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2033 WHITE

2025-2026 SEASON PREVIEW

\$500
DISCOUNT
FOR 5th GRADERS
SELECTED



FALL 2025 TOURNAMENTS



OCTOBER 18
AUBURN, NY



OCTOBER 25,
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 - 11:00AM-1:00PM

WINTER PRACTICES: 12:30-2:15PM / WEDNESDAYS 7:00-8:00PM

WINTER DATES: NOVEMBER 5, 2025 – MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



Auburn, NY
Girls of Summer
TBD



AUBURN, NY
315 Summer Jam
June 13, 2026



SYRACUSE, NY
315 Summer Jam
June 21, 2026



PHILADELPHIA, PA
THE GRIND
July 11-12, 2026



NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: (SUNDAYS) 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 – 11:00AM-1:00PM

(WEDNESDAYS) 6/24, 7/1, 7/8, 7/15 – 6:00PM-7:30PM

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2034-35 WHITE

2025-2026 SEASON PREVIEW

\$300
DISCOUNT
FOR 3rd & 4th
GRADERS
SELECTED



FALL 2025 TOURNAMENTS



OCTOBER 18
AUBURN, NY



OCTOBER 25,
PHILADELPHIA, PA

FALL PRACTICES: 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/26 – 9:30AM-11:00PM

WINTER PRACTICES: SATURDAYS 10:30AM-12:15PM / THURSDAYS 6:00-7:00PM

WINTER DATES: NOVEMBER 5, 2025 – MARCH 15, 2026

SUMMER 2026 TOURNAMENTS



Auburn, NY
Girls of Summer
TBD



AUBURN, NY
315 Summer Jam
June 13, 2026



SYRACUSE, NY
315 Summer Jam
June 21, 2026



PHILADELPHIA, PA
THE GRIND
July 11-12, 2026



NORTHERN RISE
DEVENS, MA
July 18-19, 2026

SUMMER PRACTICES: (SUNDAYS) 5/3, 5/10, 5/17, 5/24, 5/31, 6/7, 7/5 – 9:30AM-11:00AM

(TUESDAYS) 6/23, 6/30, 7/7, 7/14 – 6:00PM-7:30PM

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