

2026 VISION FORMAT

Professional & Personal Alignment

Purpose:

This format is designed to help you intentionally define where you are going in 2026 — professionally and personally — and to give you clarity, focus, and direction for the year.

STEP 1: START WITH YOUR WORD (1 word)

Choose **one word** that will anchor your year.

This word becomes your filter for decisions, goals, and priorities.

Examples:

Growth • Discipline • Alignment • Momentum • Consistency • Focus • Excellence • Bold

My Word for 2026:

STEP 2: DEFINE YOUR 2026 VISION STATEMENT (2–3 sentences)

This is **not a goal list** — it's a picture of the life you're building.

Answer this:

- *What do I want my life to look and feel like by the end of 2026?*

My 2026 Vision Statement:

“By the end of 2026, I am a person who

_____.

I am showing up as _____.

My life is aligned with _____.”

STEP 3: IDENTIFY YOUR LIFE CATEGORIES

You will build **7–10 total goals** across these categories.
(You don't need a goal in every category.)

Core Categories:

- Professional / Career
- Financial
- Health & Energy
- Personal Growth / Learning
- Relationships / Family
- Faith / Values (optional, personal)
- Lifestyle / Time Freedom
- Contribution / Impact

STEP 4: SET YOUR 7–10 ANNUAL GOALS

Write **clear, outcome-focused goals** — not vague intentions.

Example Structure:

Category | Goal | Why It Matters

PROFESSIONAL GOALS (2–3)

1. **Goal:** _____
Why this matters: _____
 2. **Goal:** _____
Why this matters: _____
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PERSONAL GOALS (2–4)

3. **Category:** _____
Goal: _____
Why this matters: _____
4. **Category:** _____
Goal: _____
Why this matters: _____
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HEALTH / FINANCIAL / GROWTH GOALS (2–3)

5. **Category:** _____
Goal: _____
Why this matters: _____
6. **Category:** _____
Goal: _____
Why this matters: _____
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STEP 5: DEFINE “WHO I MUST BECOME”

This is the most important step.

Goals are achieved by **identity**, not just effort.

Answer this honestly:

To achieve my 2026 vision, I must become someone who...

- _____
- _____
- _____

(Examples: more disciplined, better communicator, proactive, consistent, healthier, focused)

STEP 6: VISUALIZE & CAPTURE

Now you can:

- Create a **vision board**
- Build a **vision book**
- Create a **single-page vision sheet**
- Use quotes, images, words, or numbers

Rule:

Everything you include must connect back to:

- Your **word**
 - Your **vision statement**
 - Your **7–10 goals**
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STEP 7: COMMITMENT STATEMENT

End with ownership.

“I am committed to this vision for 2026.

I understand that consistency matters more than perfection,
and I take responsibility for the life I am building.”

Signature: _____

Date: _____