

# 2026 VISION FORMAT

## *Professional & Personal Alignment*

### **Purpose:**

This format is designed to help you intentionally define where you are going in 2026 — professionally and personally — and to give you clarity, focus, and direction for the year.

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## **STEP 1: START WITH YOUR WORD (1 word)**

Choose **one word** that will anchor your year.

This word becomes your filter for decisions, goals, and priorities.

### **Examples:**

Growth • Discipline • Alignment • Momentum • Consistency • Focus • Excellence  
• Bold

### **My Word for 2026:**

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## **STEP 2: DEFINE YOUR 2026 VISION STATEMENT (2–3 sentences)**

This is **not a goal list** — it's a picture of the life you're building.

Answer this:

- *What do I want my life to look and feel like by the end of 2026?*

### **My 2026 Vision Statement:**

“By the end of 2026, I am a person who

I am showing up as \_\_\_\_\_.

My life is aligned with \_\_\_\_\_.”

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## STEP 3: IDENTIFY YOUR LIFE CATEGORIES

You will build **7–10 total goals** across these categories.  
(You don't need a goal in every category.)

### Core Categories:

- Professional / Career
- Financial
- Health & Energy
- Personal Growth / Learning
- Relationships / Family
- Faith / Values (optional, personal)
- Lifestyle / Time Freedom
- Contribution / Impact

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## STEP 4: SET YOUR 7–10 ANNUAL GOALS

Write **clear, outcome-focused goals** — not vague intentions.

### Example Structure:

**Category | Goal | Why It Matters**

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### PROFESSIONAL GOALS (2–3)

1. **Goal:** \_\_\_\_\_  
**Why this matters:** \_\_\_\_\_
2. **Goal:** \_\_\_\_\_  
**Why this matters:** \_\_\_\_\_

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## PERSONAL GOALS (2-4)

3. Category: \_\_\_\_\_  
Goal: \_\_\_\_\_  
Why this matters: \_\_\_\_\_
4. Category: \_\_\_\_\_  
Goal: \_\_\_\_\_  
Why this matters: \_\_\_\_\_

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## HEALTH / FINANCIAL / GROWTH GOALS (2-3)

5. Category: \_\_\_\_\_  
Goal: \_\_\_\_\_  
Why this matters: \_\_\_\_\_
6. Category: \_\_\_\_\_  
Goal: \_\_\_\_\_  
Why this matters: \_\_\_\_\_

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## STEP 5: DEFINE “WHO I MUST BECOME”

This is the most important step.

Goals are achieved by **identity**, not just effort.

Answer this honestly:

*To achieve my 2026 vision, I must become someone who...*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

(Examples: more disciplined, better communicator, proactive, consistent, healthier, focused)

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## STEP 6: VISUALIZE & CAPTURE

Now you can:

- Create a **vision board**
- Build a **vision book**
- Create a **single-page vision sheet**
- Use quotes, images, words, or numbers

**Rule:**

Everything you include must connect back to:

- Your **word**
- Your **vision statement**
- Your **7–10 goals**

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## STEP 7: COMMITMENT STATEMENT

End with ownership.

“I am committed to this vision for 2026.  
I understand that consistency matters more than perfection,  
and I take responsibility for the life I am building.”

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_