

Spiritual Hunger

How to Know You're Ready for More

Have you ever been hungry... but not for food?

Like your spirit is saying, "*I need MORE of God.*"

That's not weird. That's _____.

Spiritual hunger is often Heaven's way of saying, "*Come _____.*"

Spiritual hunger is a sign that God is drawing you deeper!

Key Scriptures (NKJV)

1. Matthew 5:6

"Blessed are those who _____ and thirst for righteousness,
For they shall be _____.

2. Jeremiah 15:16

"Your words were found, and I _____ them, And Your word was to
me the joy and rejoicing of my heart..."

3. 1 Peter 2:2

"...desire the pure milk of the _____, that you may grow
thereby."

4. Psalm 42:1-2

"As the deer pants for the water brooks, So pants my _____
for You, O God..."

What Spiritual Hunger Is

**Spiritual hunger is a holy _____ to know God, _____
Him, obey Him, and be _____ by Him.**

It looks like:

- You're not satisfied with " _____ faith."
- You want truth more than _____.
- You start noticing when your spirit is _____.
- You don't just want blessings, you want _____ **Himself.**

What Spiritual Hunger Is NOT

Let's clear the confusion:

- It's **not** condemnation
- It's **not** _____
- It's **not** emotional _____
- It's **not** "I must be doing everything wrong"

Sometimes hunger simply means: You've _____ And what used to feed you... isn't enough anymore. AMEN!!!

8 Signs You're Ready for More

1) You miss the Word when you don't read it

Not out of guilt, but out of _____.

2) You start noticing spiritual "junk" _____ "

Things you used to watch, listen to, or entertain start feeling _____.

3) You want depth, not drama

You're done with spiritual noise. You want spiritual _____.

4) You feel conviction _____.

Not shame, but conviction that leads you _____ to Jesus fast.

5) You crave worship in ordinary _____.

You start worshiping while cleaning, driving, cooking... because your heart is leaning _____ Him.

6) You're more aware of your heart condition

You start _____ yourself: motives, attitudes, pride, unforgiveness.

7) You want to _____ immediately

You don't want "someday obedience." You want **today's obedience**.

8) You care more about God's presence than God's _____.

You still love His blessings, but you _____.

Biblical Points for Disciples

1. Hunger is an invitation from _____.

God doesn't tease hungry disciples; He fills them. (Matthew 5:6)

2. The Word is real food for your spirit.

It strengthens, corrects, and builds you. (Jeremiah 15:16)

3. Growth requires _____.

If you don't desire the Word, you won't _____ (1 Peter 2:2)

4. Dryness is a signal, not a sentence.

Dry _____ are often where God teaches dependence. (Psalm 42:1–2)

Wisdom Nuggets

- If you feed your flesh all day, don't be surprised when your spirit feels _____.
- Hunger is proof you're _____, a dead faith doesn't crave anything.

“Heavenly Highlight”

God never ignores hunger.

When a disciple truly desires more of Him, He responds with fullness, clarity, and deeper _____.

Matthew 5:6 isn't a maybe, it's a promise: **“They shall be filled.”**

Discussion Questions

1) What does spiritual hunger mean according to Matthew 5:6?

A deep desire for righteousness and _____, with a promise that God will fill that hunger.

2) What happens when we “eat” God’s Word (Jeremiah 15:16)?

The Word becomes joy and strength inside us it nourishes the _____.

3) Why do some believers stop growing spiritually (1 Peter 2:2)?

Because appetite for the Word _____, and without the Word, growth _____.

4) What should you do when you feel spiritually dry (Psalm 42:1–2)?

Turn toward _____, seek Him honestly, and pursue His presence instead of hiding.

5) What is one practical way to feed spiritual hunger this week?

Daily Bible time, worship, _____ fasting from distractions, and obeying what God already _____.

“Hunger Killers”

7 Things That Quiet Spiritual Appetite

1. Constant **distractions**
2. Unconfessed _____
3. Unforgiveness
4. Comparison
5. Spiritual laziness (no routine)
6. Overfeeding on worldly _____.
7. Isolation (no fellowship)

Scripture:

Hebrews 12:1 – lay aside weights

Matthew 13:22 – cares of this world choke the word

“Spiritual Hunger Boosters”

7 Things That Increase Hunger

1. Prayer before the _____ (“Open my eyes...”)
2. Short fasts (even a “social media fast”)
3. Worship in your _____
4. Scripture journaling
5. Obedience to the last instruction
6. Godly community
7. Serving _____.

Scripture:

Psalm 119:18 – “Open my eyes...”

James 4:8 – “Draw near to God...”

NOTE: “Spiritual Hunger vs Spiritual Habit”

Hunger is desire. Habit is _____ Disciples need both.

- Hunger gets you _____. Habit keeps you steady.
- Feelings fluctuate. Faithfulness stays.

Scripture:

2 Timothy 2:15 – “Be diligent to present yourself approved to God...”
Colossians 3:16 – “Let the word of Christ dwell in you richly...”

Life Application Challenge for This Week

Pick ONE and do it for 7 days:

- **7-Day Word Meal:** Read 1 chapter a day and write 1 “God spoke” sentence.
- **Worship Walk:** 10 minutes of worship daily (even while doing chores).
- **Distraction Detox:** Fast one distraction (social media, TV, etc.) and replace it with prayer.
- **Obedience Step:** Do the last thing God told you to do.

Faith Seed Declaration

“Lord, I hunger for You. Fill me with Your Word, shape my desires, and draw me deeper. I will not stay shallow when You are calling me to more.”

Notes:

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