Teabellies

MENU

SAVOURY

F O O D

Fill Your Teabellies – build your perfect sandwich (served with salad and vegetable crisps) £8.00

Choose your bread:	Choose your filling (up to 2):		
Homemade white (v)	Cheese (v)	Roasted vegetables (vg)	Coleslaw (v)
Homemade wholemeal (v)	Ham	Brie, Bacon and Cranberry	Roast chicken
Gluten free square (v)	Tuna Mayo	Vegan cheese (vg)	
Bap (brown or white) (vg)	Chicken and Bacon Mayo	Falafel and Houmous (vg)	
Baguette (vg)	Egg Mayo	Chicken Tikka	
Panini (vg)	BLT	Meatballs in tomato sauce	
Garlic Flatbread (vg)	Coronation Chicken	Mozzarella, tomato and pesto	

Teabellies Breakfast Bellies – All day breakfast

Breakfast flatbread (Bacon, sausage, scrambled egg, hash brown, beans)	£9.50
Bacon or Sausage Bap	£5.00
Bacon and Sausage Bap	£5.50
Hash Browns	£2.50
Toast with butter and jam/ marmalade	£2.50

Cheese Scone (v) served with vegetable crisps	£4.50
Soup with homemade bread	£6.00
or cheese scone	£6.50
Chicken and Bacon Caesar Salad	£9.00
Falafel and Houmous Salad (v)	£9.00
Fritatta served with vegetable crisps/salad	£8.50
Quiche served with vegetable crisps/salad	£8.50
Tomato and cheese pasta (v)	£9.00
Pesto and mozzarella pasta (v)	£9.00
Kettle Crisps	£1.80

Jacket potato (up to 2 toppings) served with salad
additional toppings £0.50 extra £8.50
Cheese (v), vegan cheese (vg), baked beans (vg), tuna mayo, chicken and bacon mayo, beef chilli, vegetable chilli (vg), coronation chicken, coleslaw

Sausage roll £6.50
served with vegetable crisps/salad

Vegan Sausage roll (vg) £6.50
served with vegetable crisps/salad

Cheese and onion pasty (v) £6.50
served with vegetable crisps/salad

SWEET TREATS

Cakes and Traybakes	£3.50	Jude's Icecream Tub	£2.50
Pastries	£2.75	Jude's Lolly	£1.50
Scone with jam and clotted cream	£4.25	Cookies and biscuits	£2.00

If you have an allergies, intolerances or dietary requirements please discuss with a team member who will be able to provide you with further information.
v – suitable for vegetarians vg– suitable for vegans

GIVE & TEA

Our tea is sourced from Give & Tea, a community interest company which provides accessibility to the basics; education, food, healthcare and sustainability to communities in East Africa.