

# [www.2TUFF2TALK.com](http://www.2TUFF2TALK.com)

## Helping to Prevent Suicide in Construction

### Our Goal

“To increase awareness about the higher than average number of suicides in Construction , and to provide a network of resources available to benefit the mental well being of those in the NW Ohio Construction Industry”

### Who are we?

The Associated General Contractors of Northwest Ohio's Safety Committee is comprised of leaders in the Construction Industry. 2Tuff2Talk.com was created because we care about our work family and are passionate about giving people the support they need to help prevent suicide in the construction industry.

### Resources our program can provide:

#### Employees:

- A resource to start getting some help!
- Stickers will help them identify coworkers who may be willing to listen to them
- Potential E.A.P. programs that could help with cost
- Insurance information on mental health coverages

#### Jobsites:

- Onsite Trainers/Guest Speakers
- Stickers, Posters, Handouts – all downloadable
- Printable toolbox talks and resources to share
- Video Clips showing how to approach a person in need
- Education on what to look for and what not to say

#### Owners:

- Resources for Human Resources to chose from and use in a crisis
- Free Employee Training
- Access to EAP and Union Insurance Information
- Online Downloadable posters, handouts and talking guides

