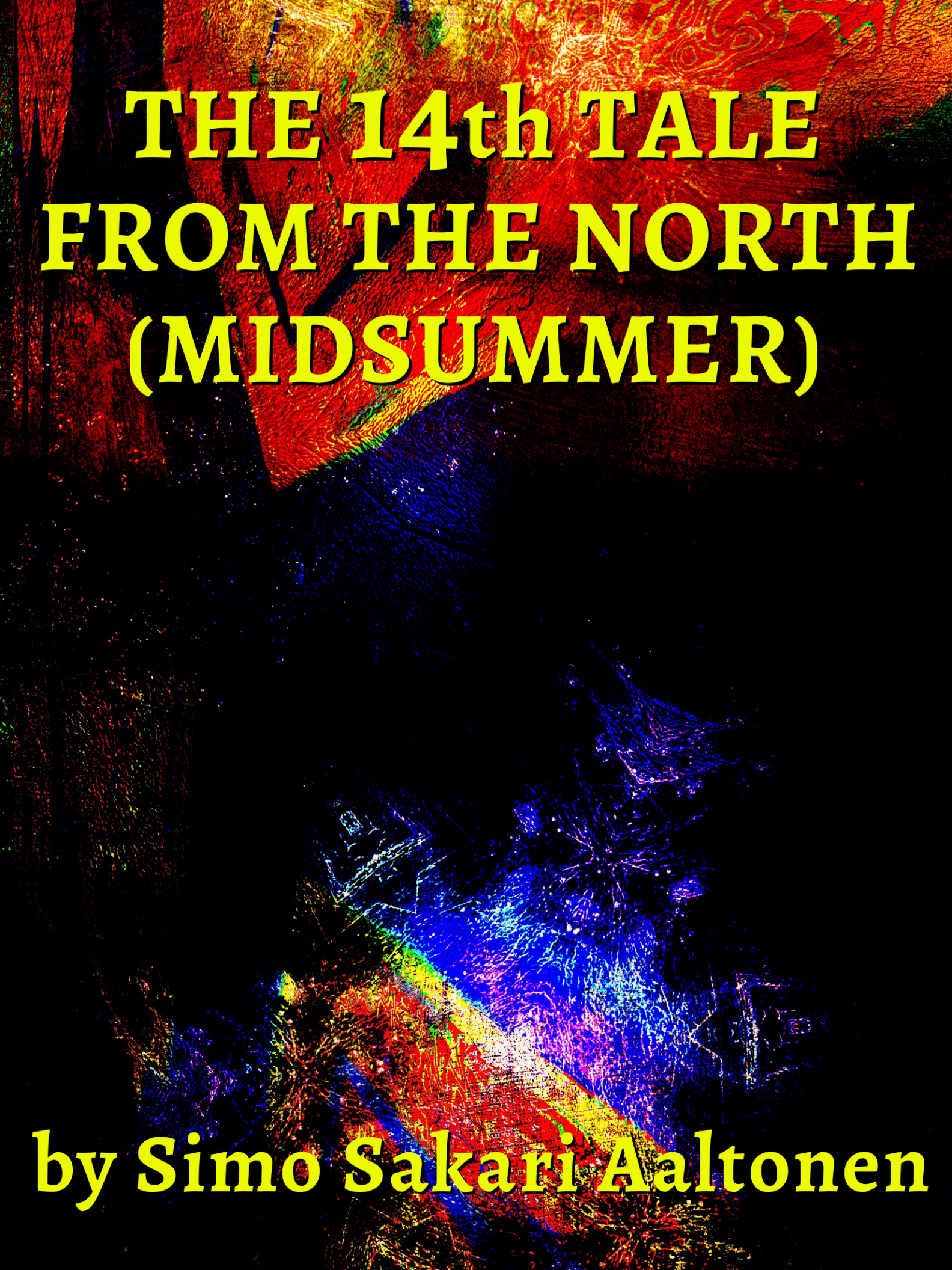
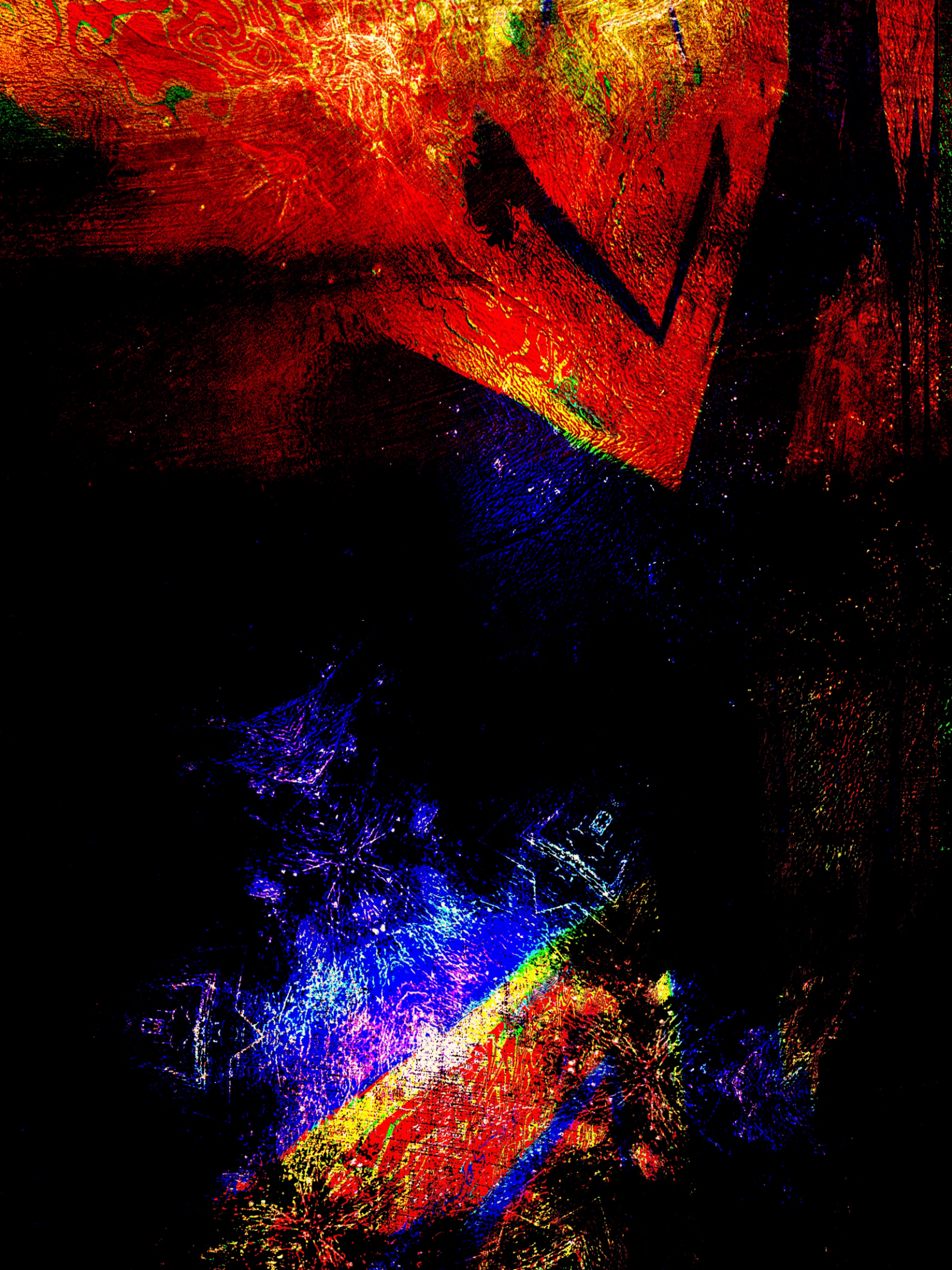
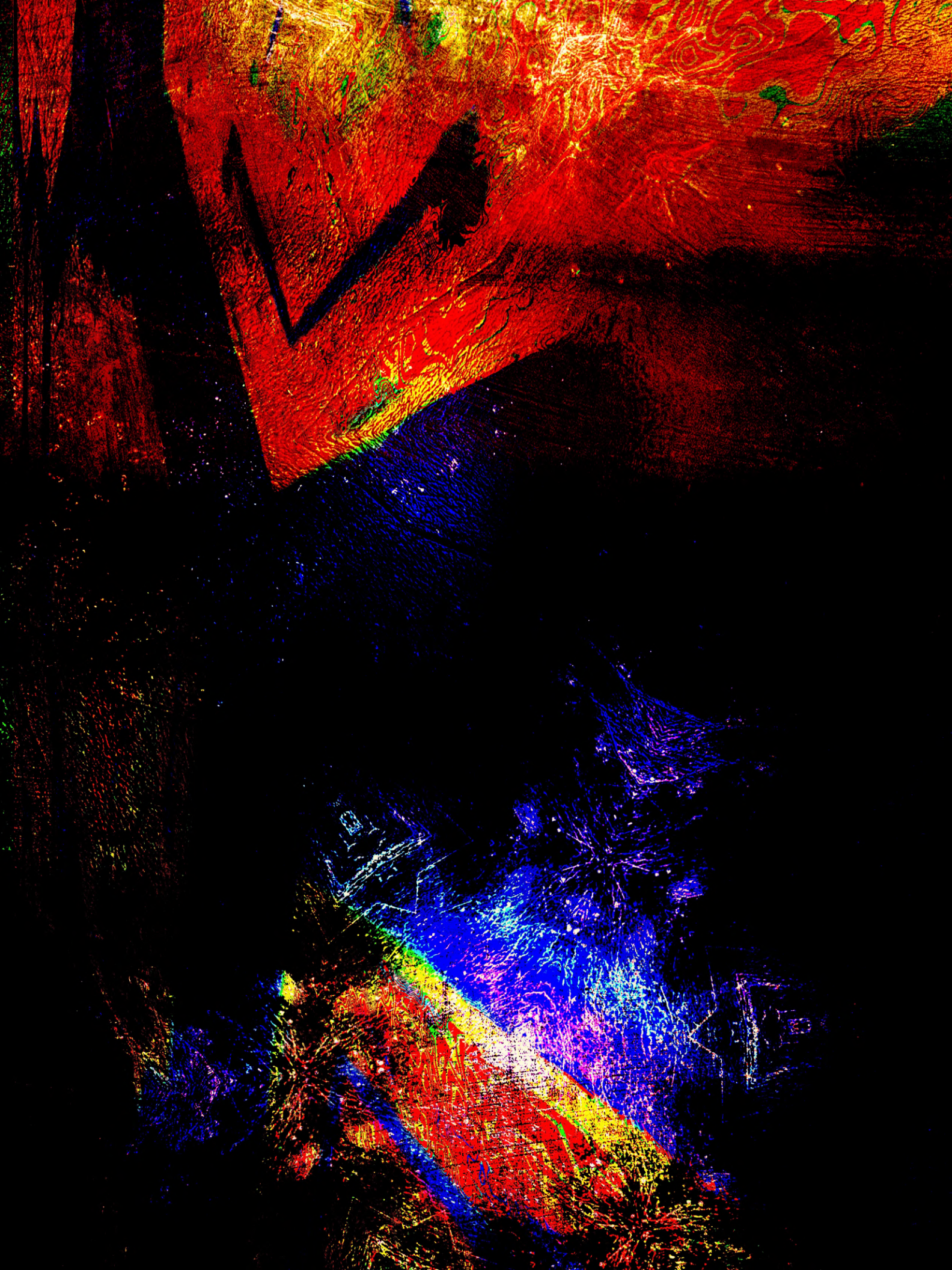

THE 14th TALE
FROM THE NORTH
(MIDSUMMER)
by Simo Sakari Aaltonen





The 14th Tale from the North (Midsummer) by Simo Sakari Aaltonen. The moral right of the author has been asserted.
Cover art by Simo Sakari Aaltonen.

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A Midsummer Tale

This piano duet was composed as part of and its creation was documented in my Patreon series Composing Music between 16 September 2025 and 14 August 2026, with the latter date seeing the final touches on the presentation of the sheet music.

Unlike all the earlier *Tales from the North*, this one consists of named sections:

I. Dream Forest

II. Waking

III. Midsummer Dream

The middle section contains all the music I composed specifically during the Patreon series.

The last section is a piano arrangement of the section of that name from *An Iceland Symphony* (2021).

The first section is also a new piano arrangement of another multi-instrumental piece — from the same time as the symphony — that I hadn't yet shared in any form. I recall it being one of the several pieces I originally

considered for inclusion in it, but it didn't fit into the overall form.

When I had decided to end the piece with "Midsummer Dream", I looked among my thus far unshared compositions and came across the piece I had named already back then "Dream Forest". That decided the three-part structure for me. There were also unifying elements across the three sections, including the staccati and the tuplets.

And several passages in the middle section came directly from my explanations of the basics of music theory, which I did as part of the Composing Music series. I realised they fit perfectly into this section.

Thank you to all the supporters of my Patreon — as with everything else there, you helped make this happen.

—Simo Sakari Aaltonen, Kangasniemi, 15 August 2026
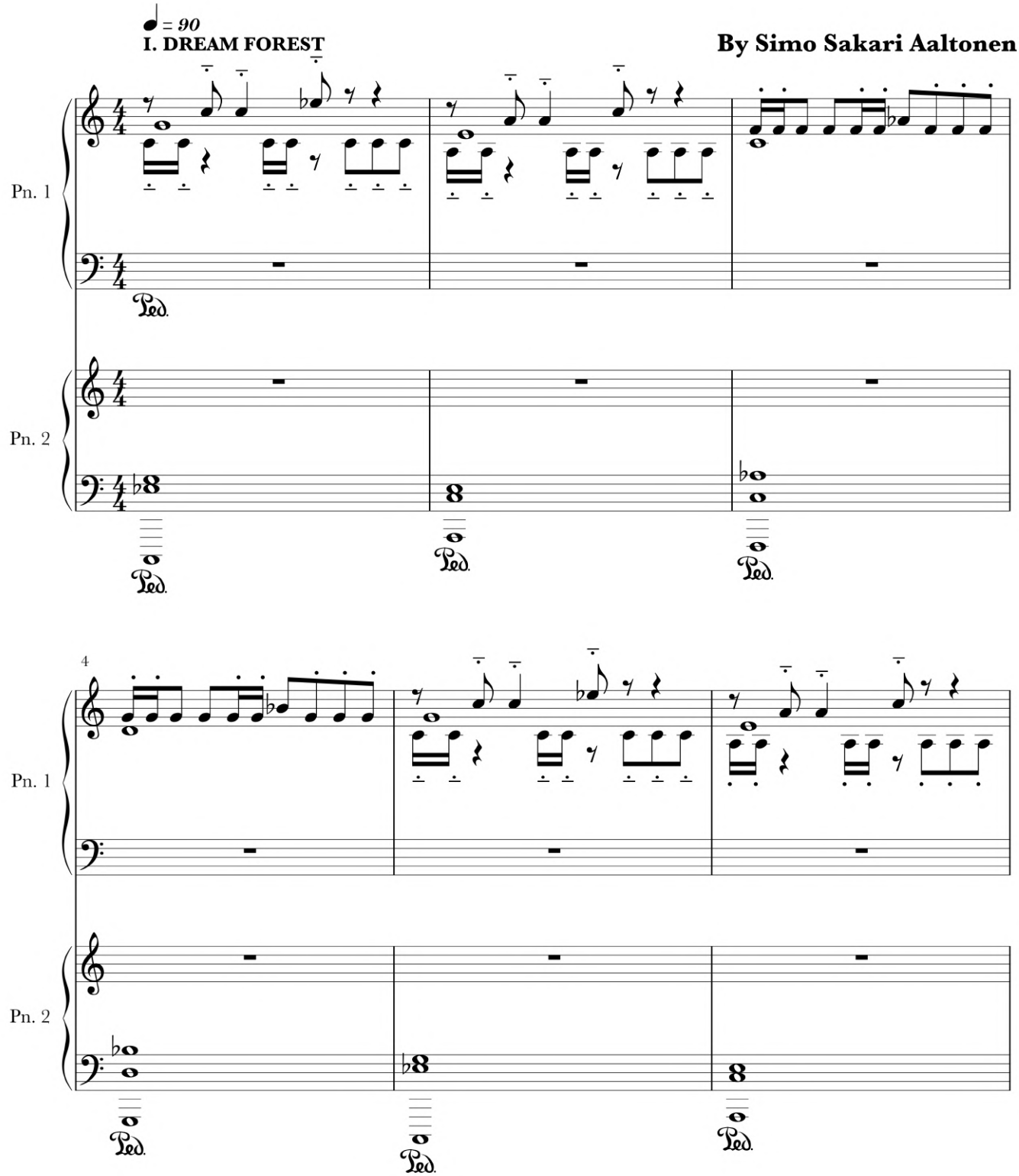
The 14th Tale from the North

(Midsummer)
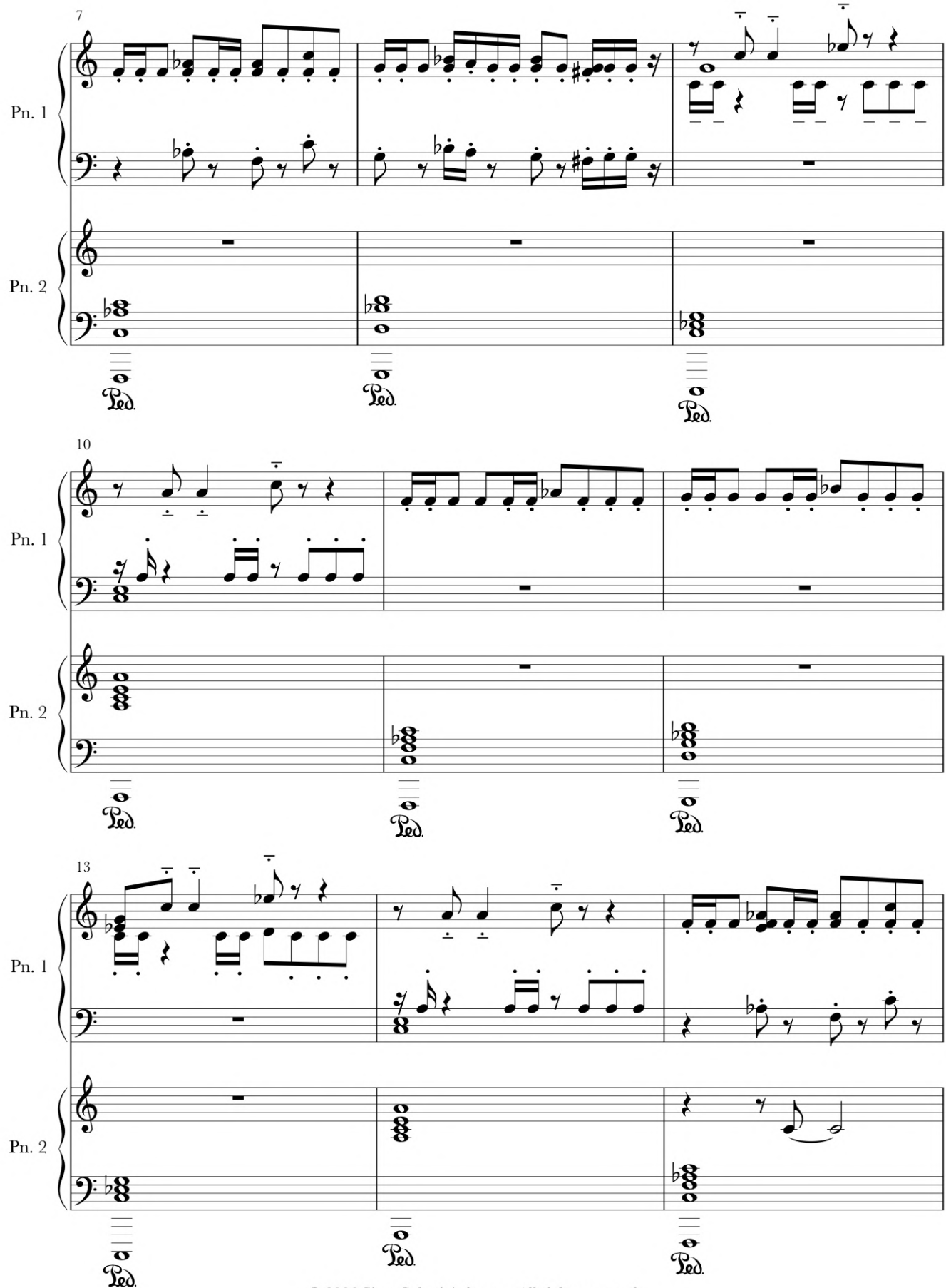
♩ = 90

I. DREAM FOREST
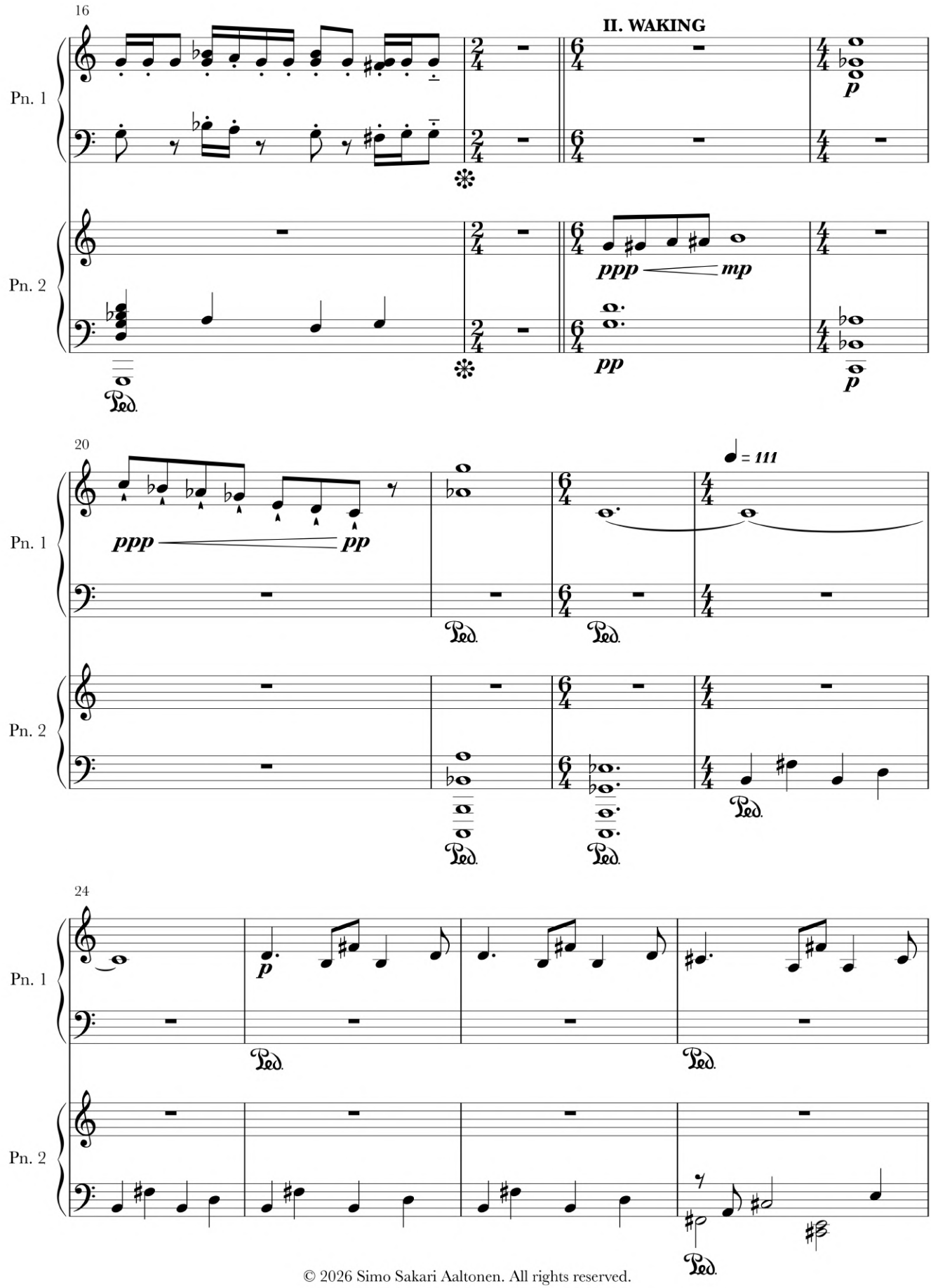
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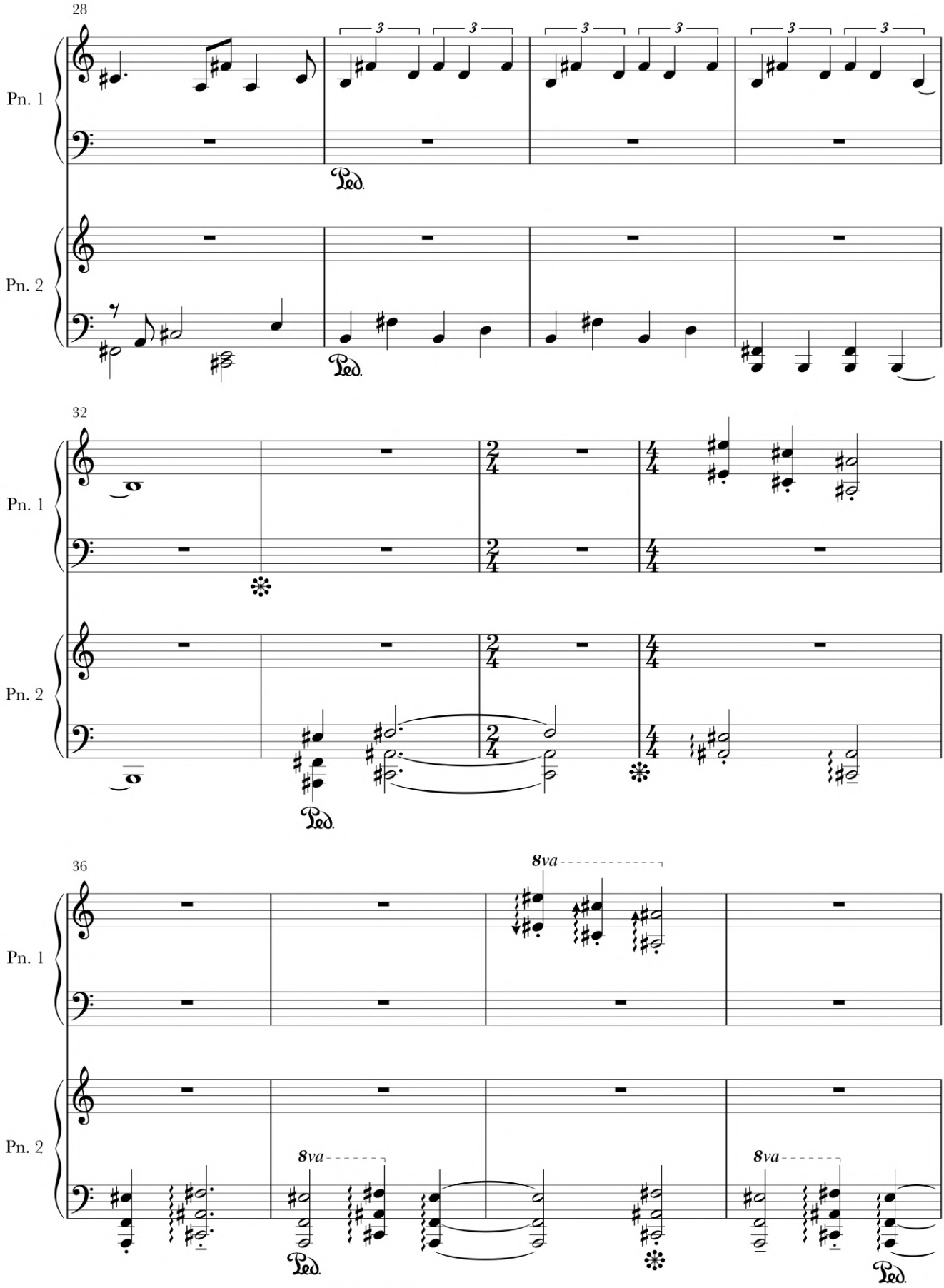


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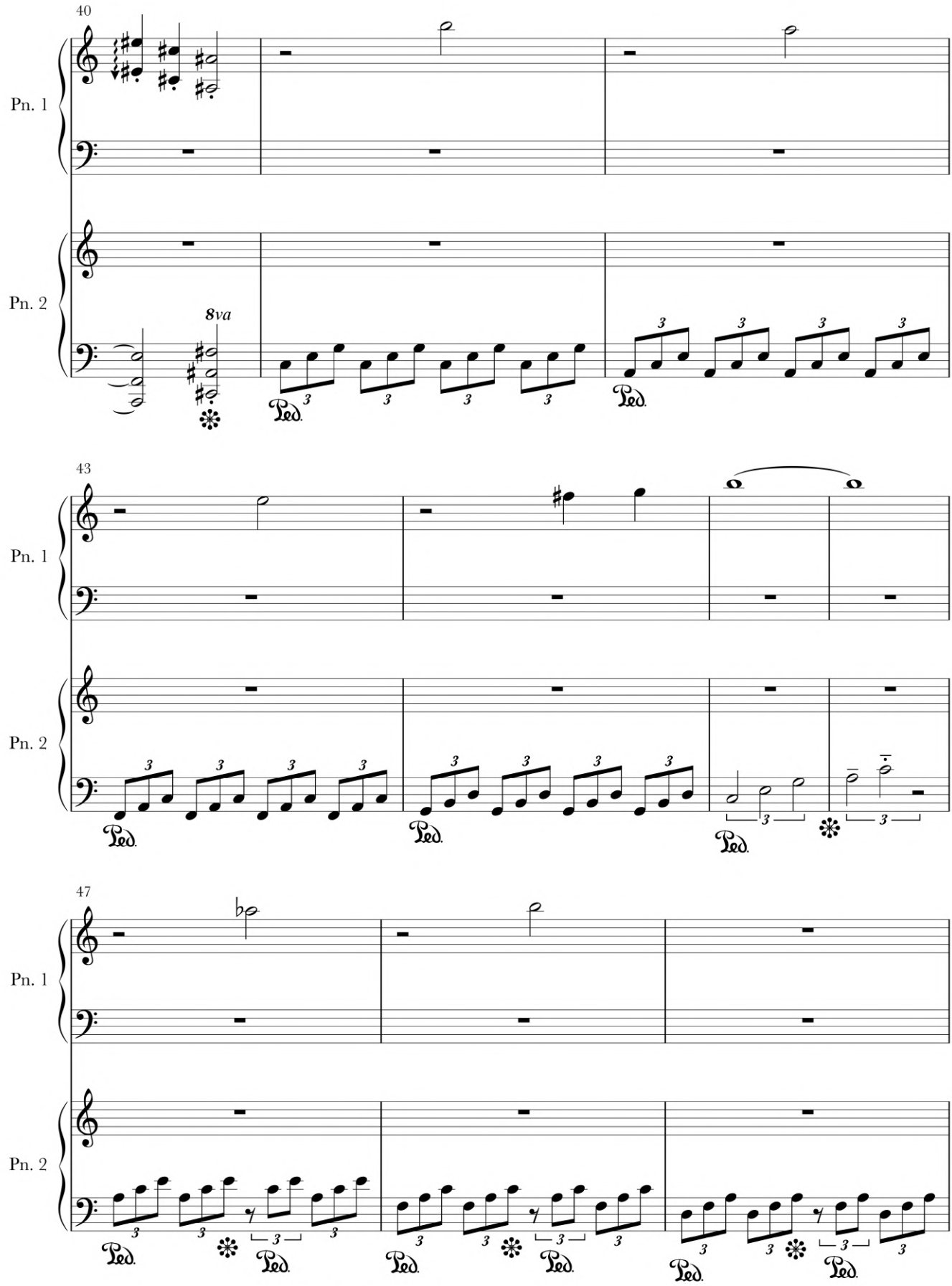


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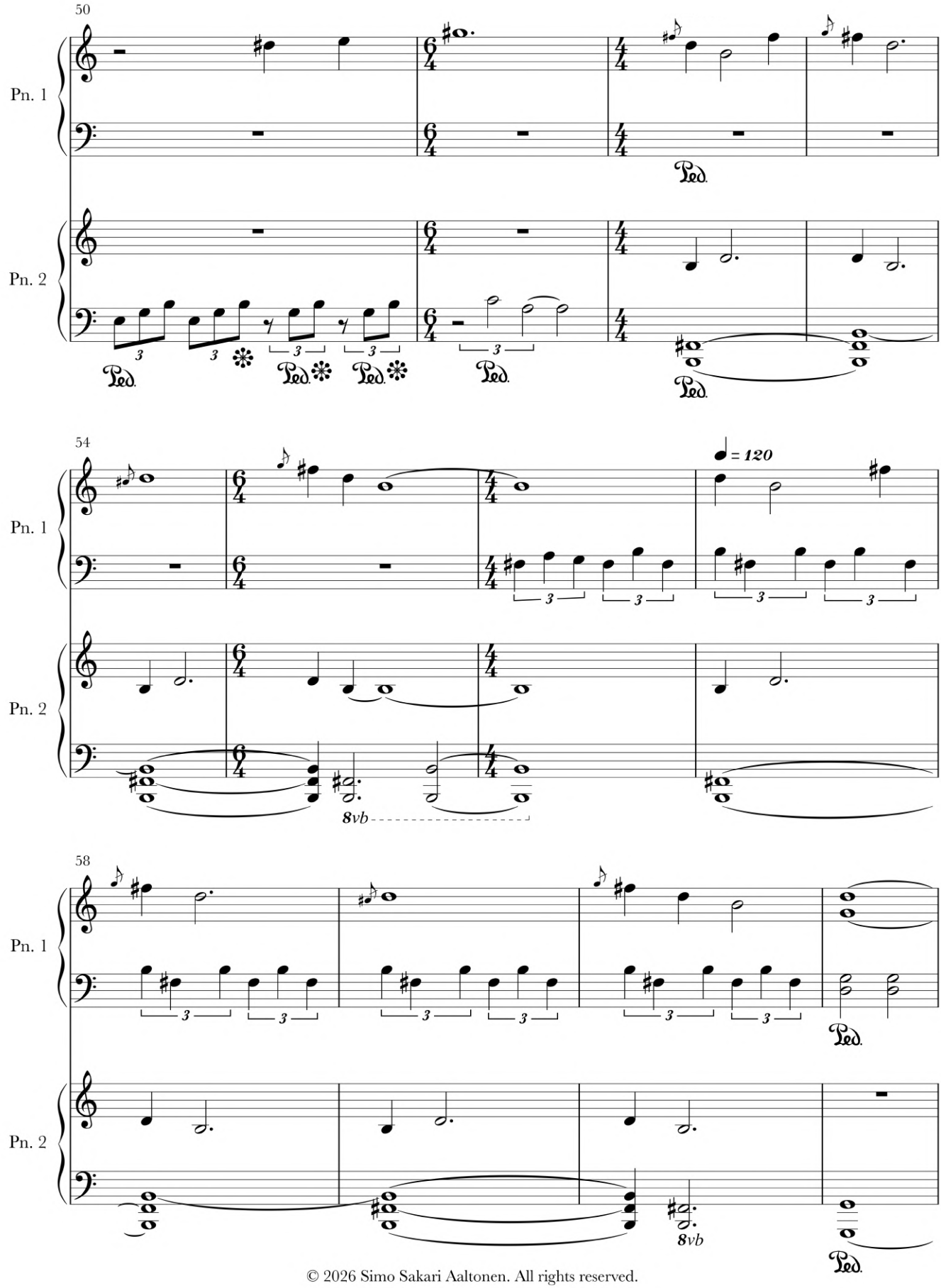


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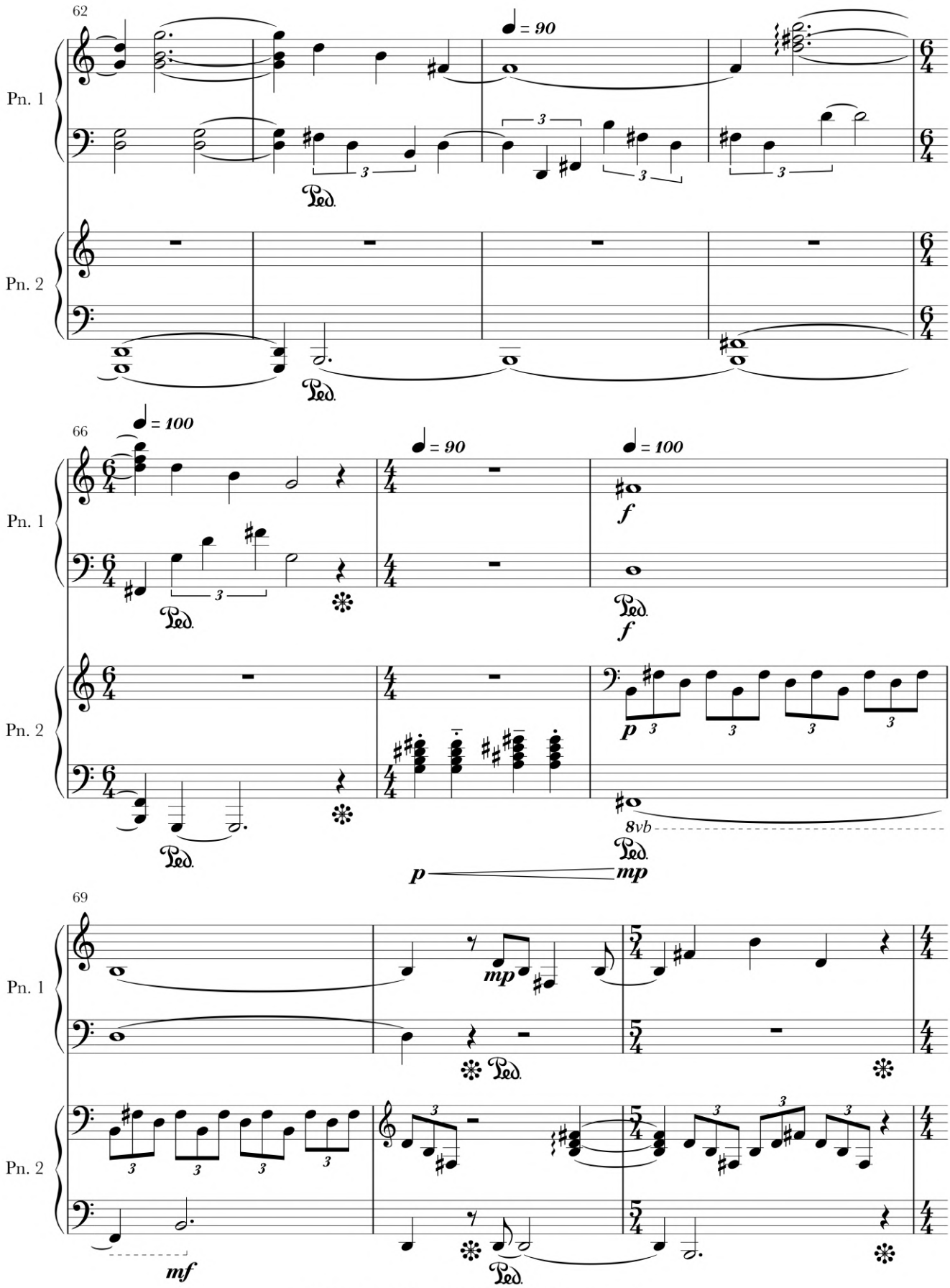


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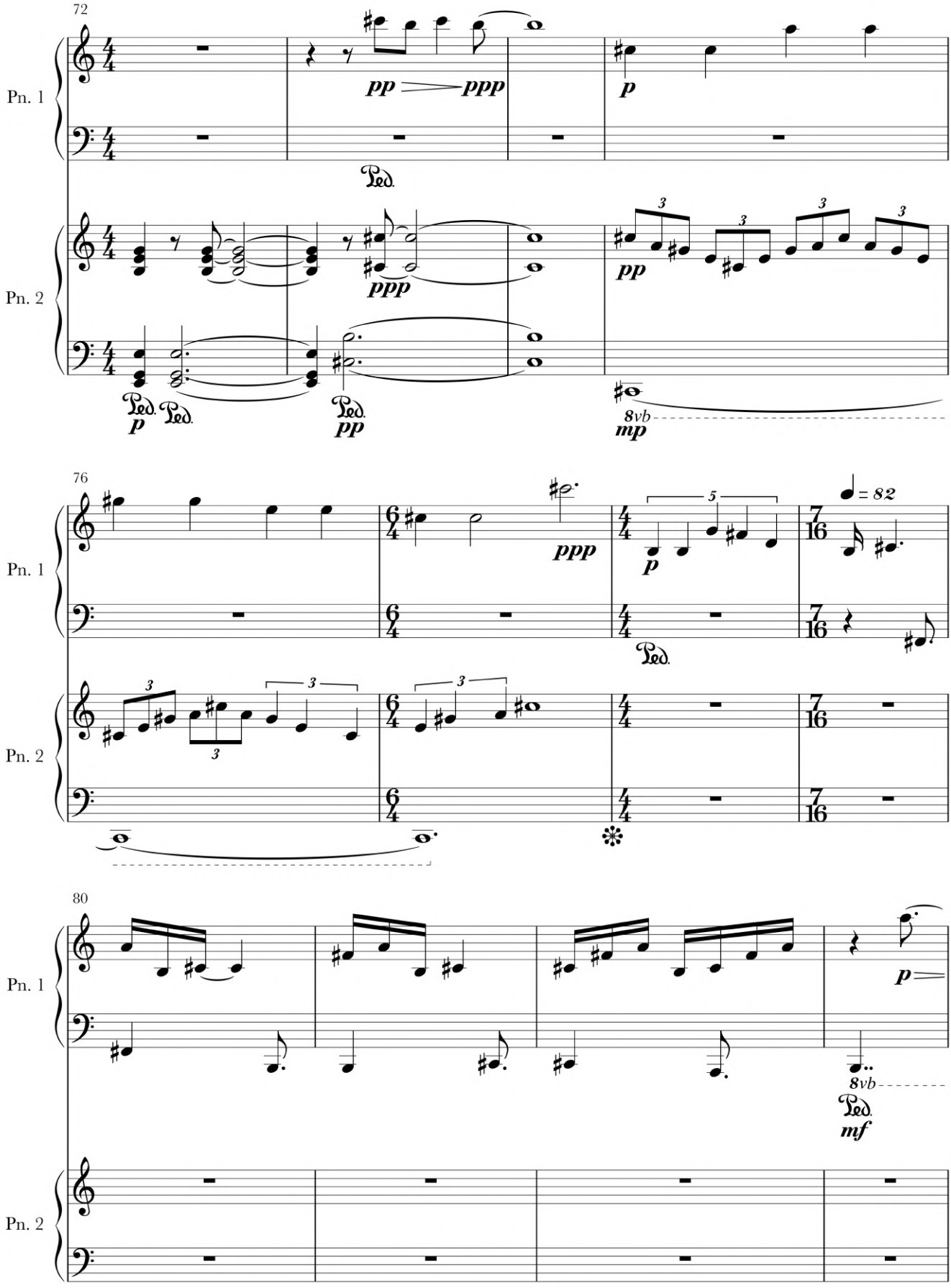


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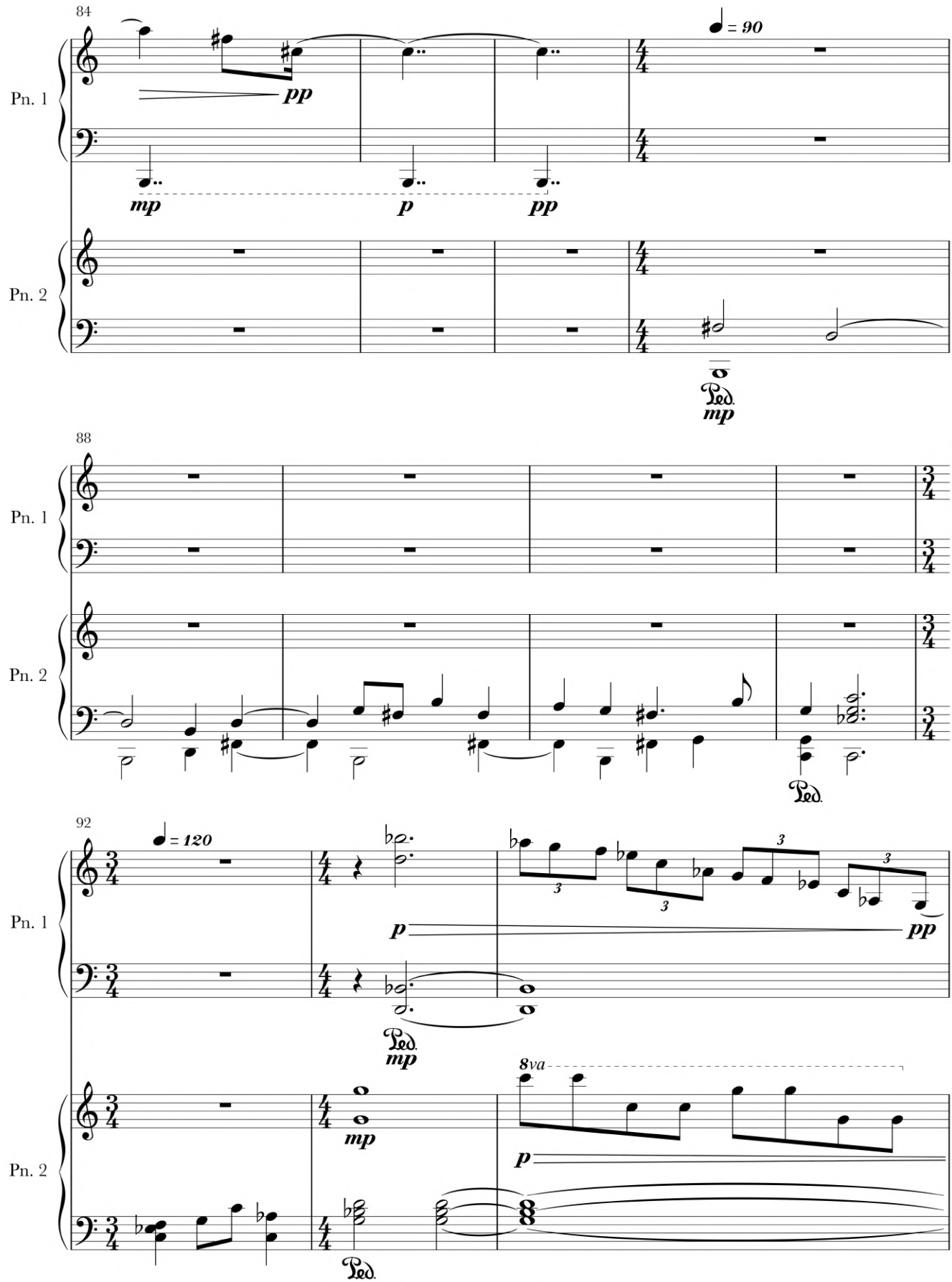


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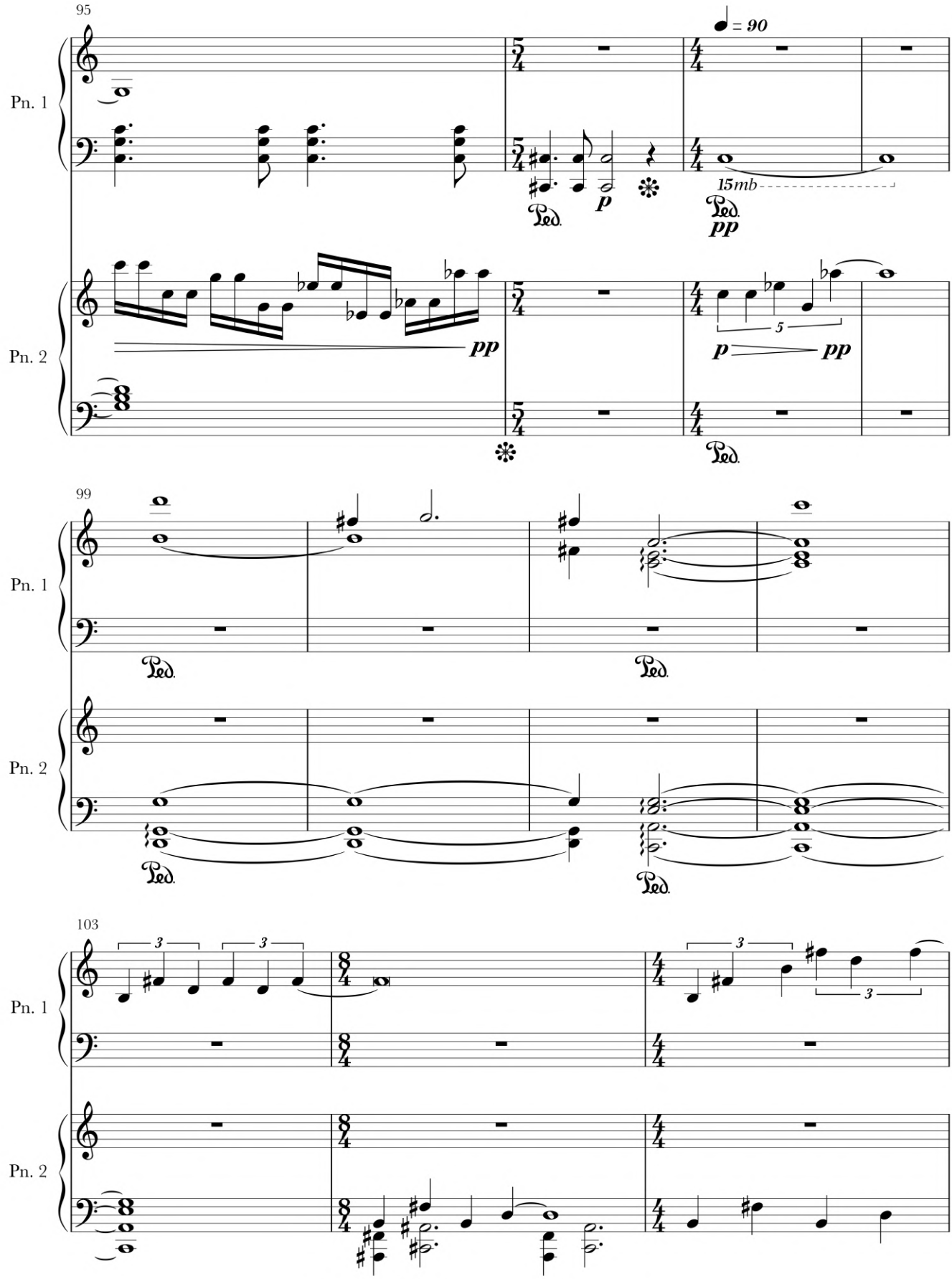


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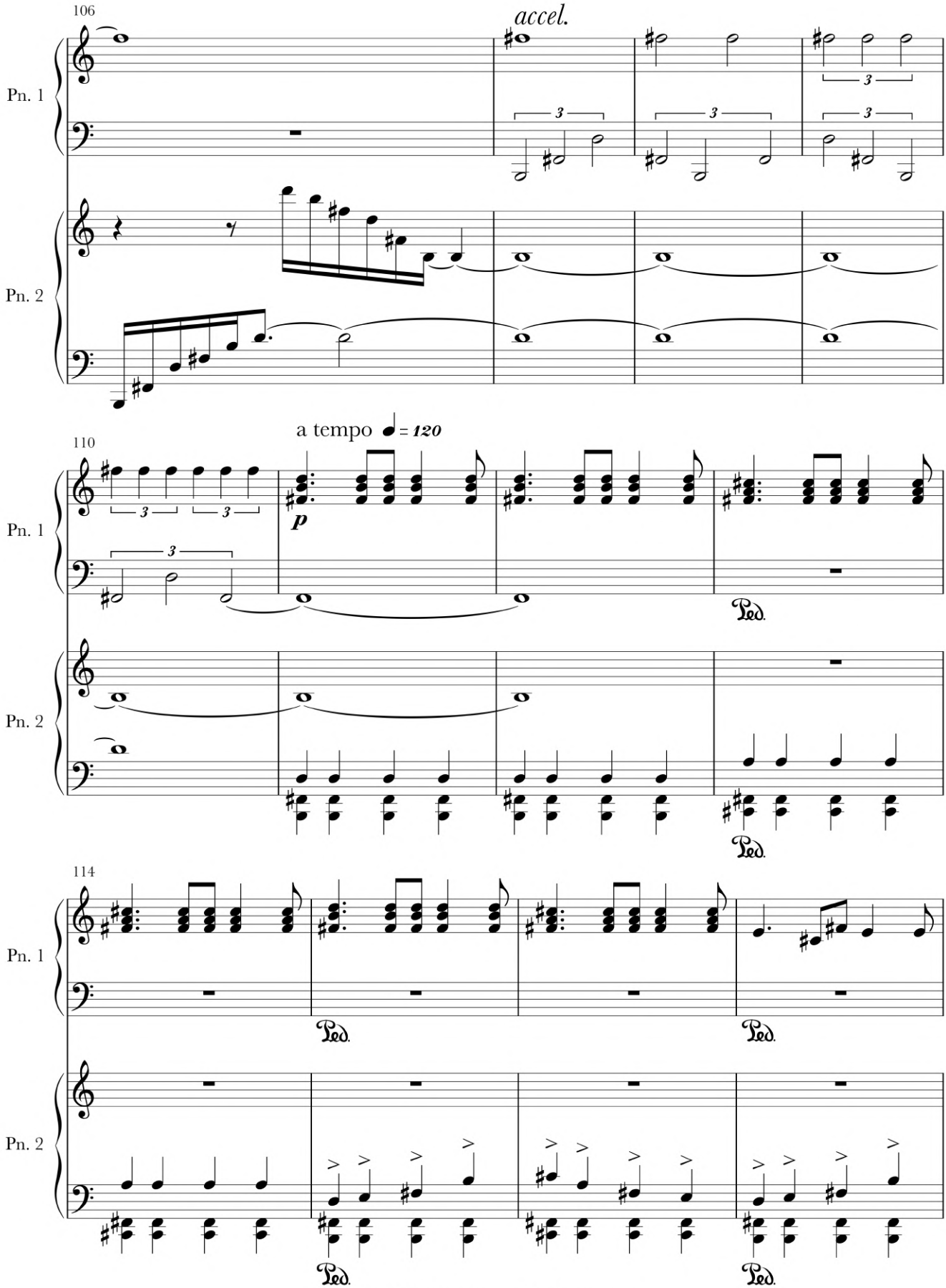


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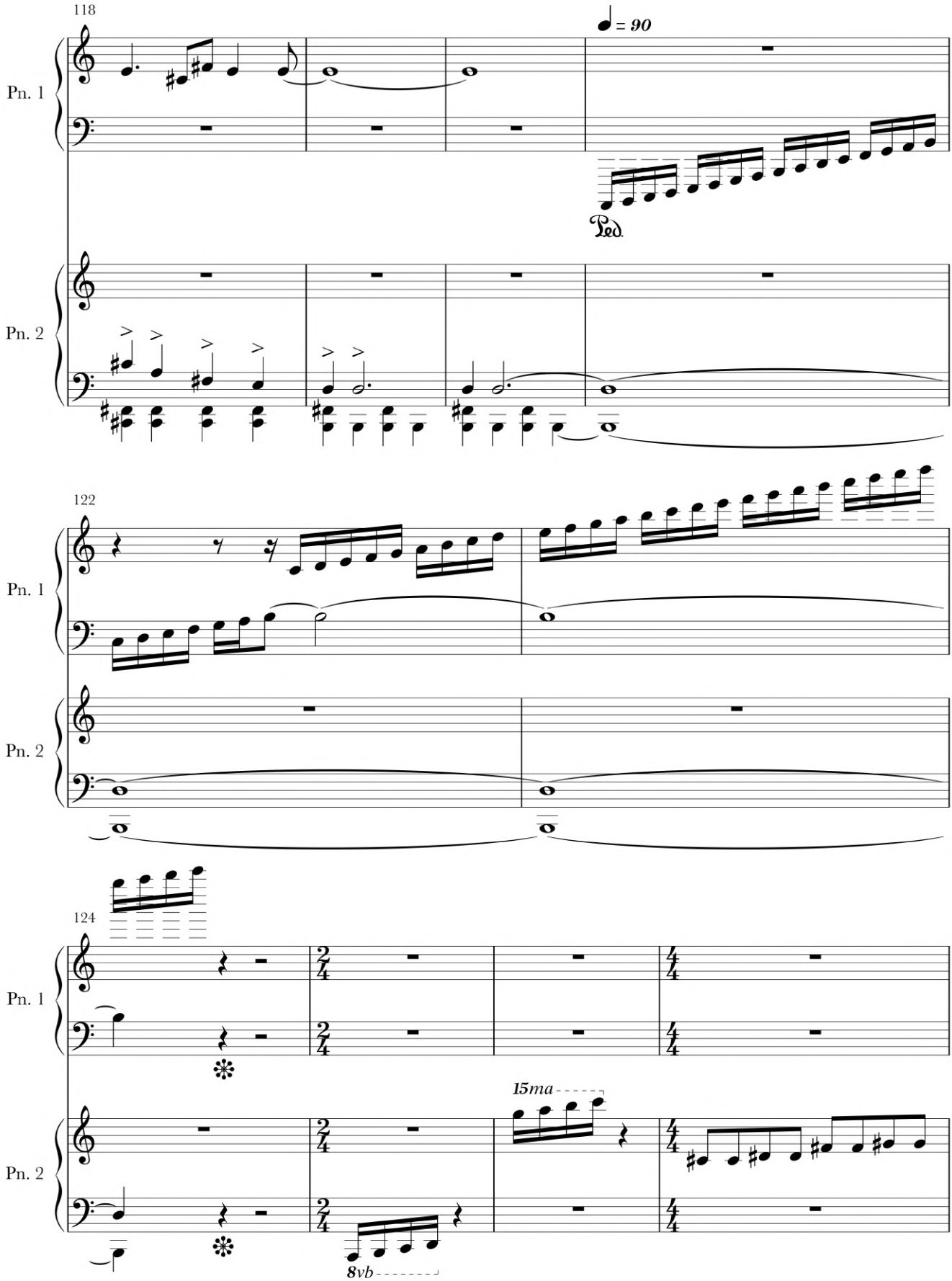


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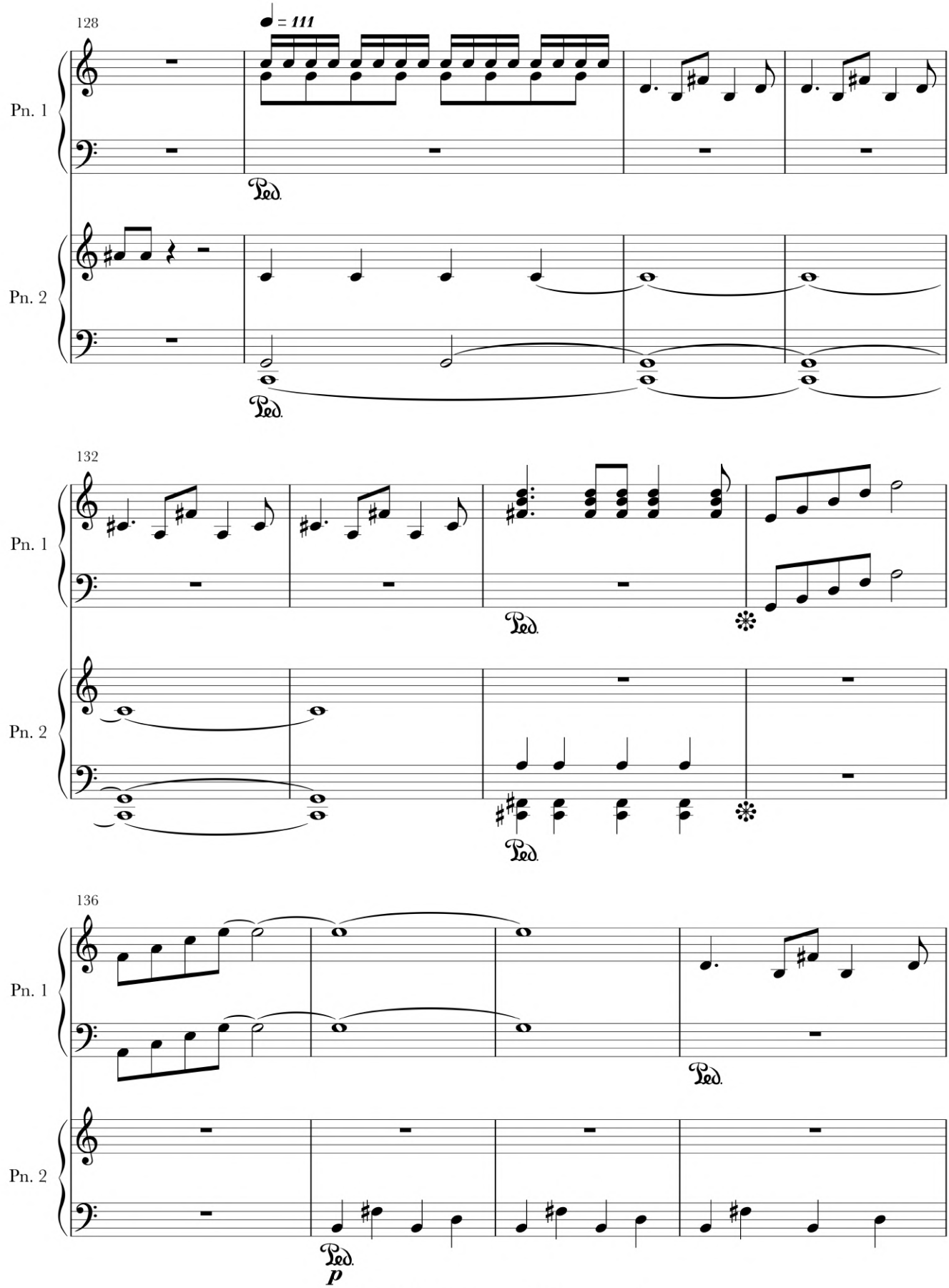


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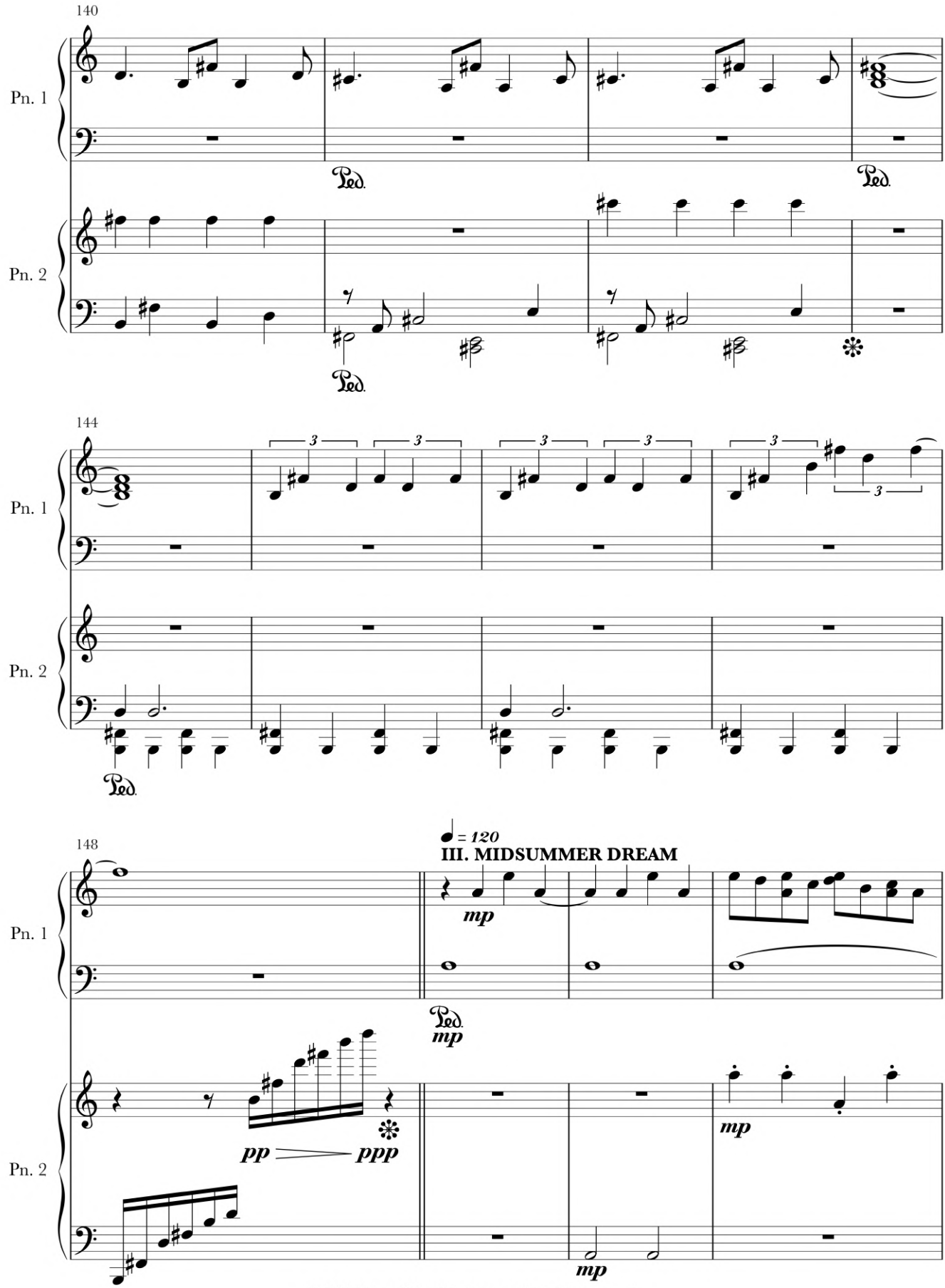


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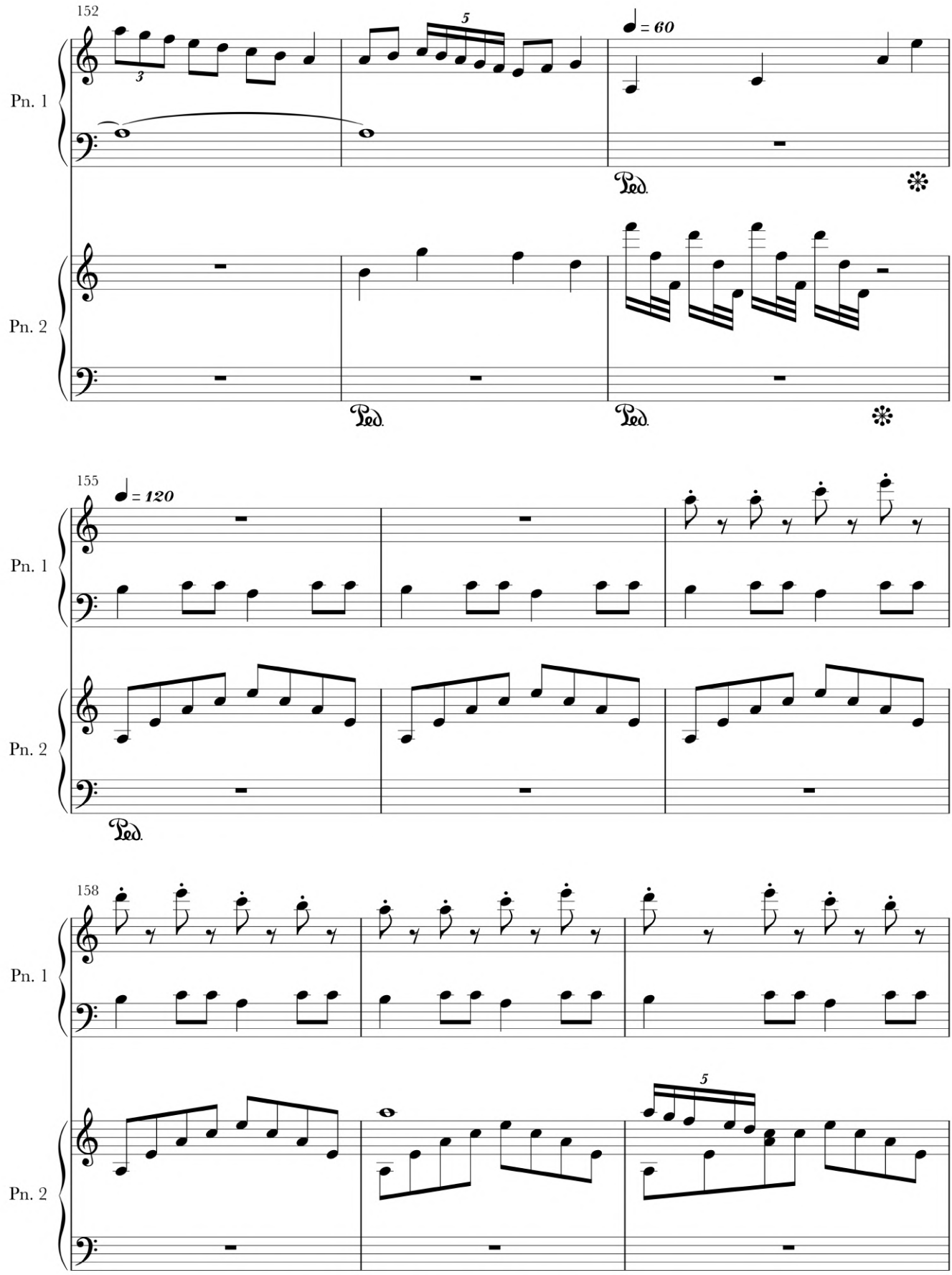


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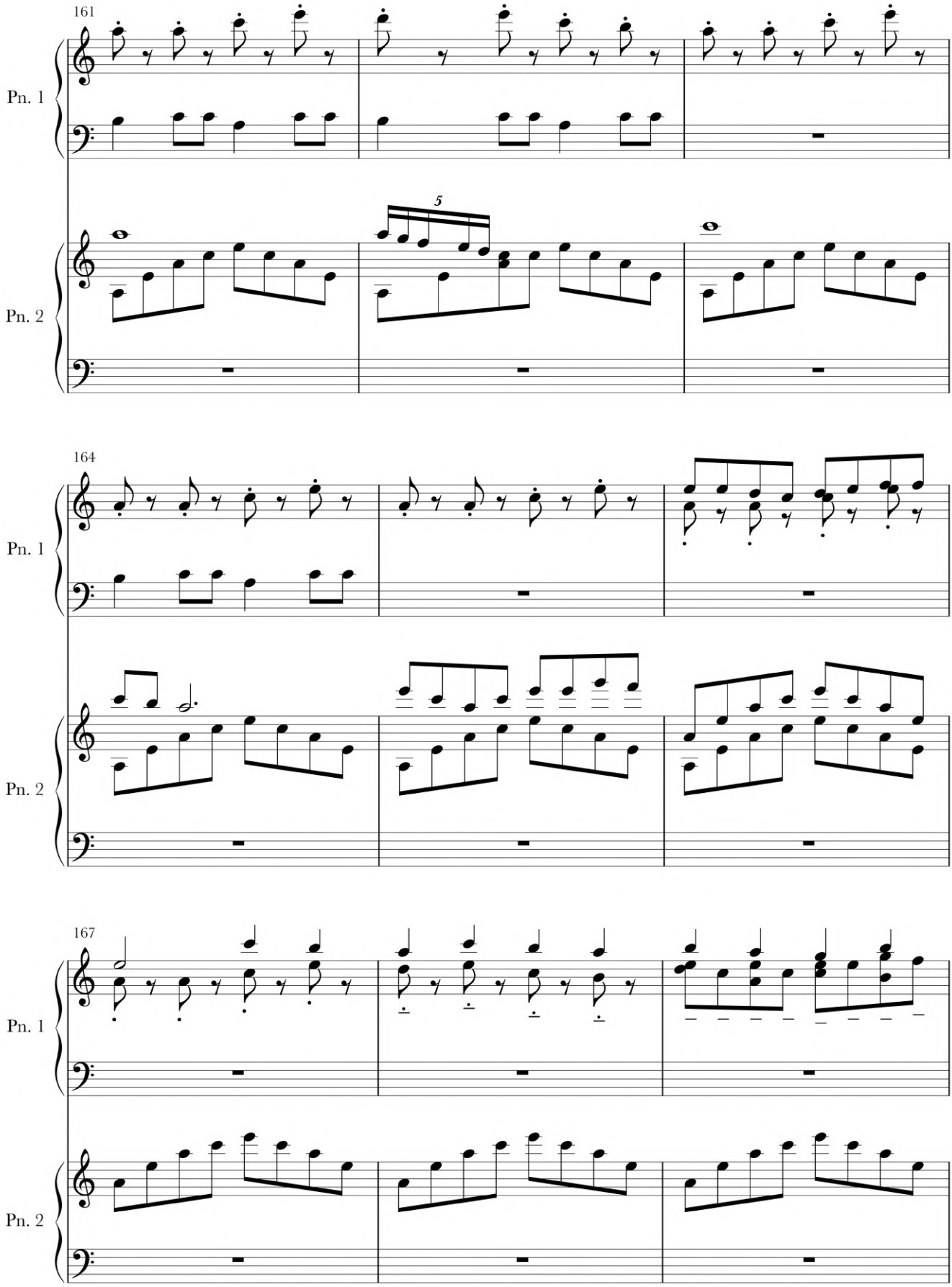


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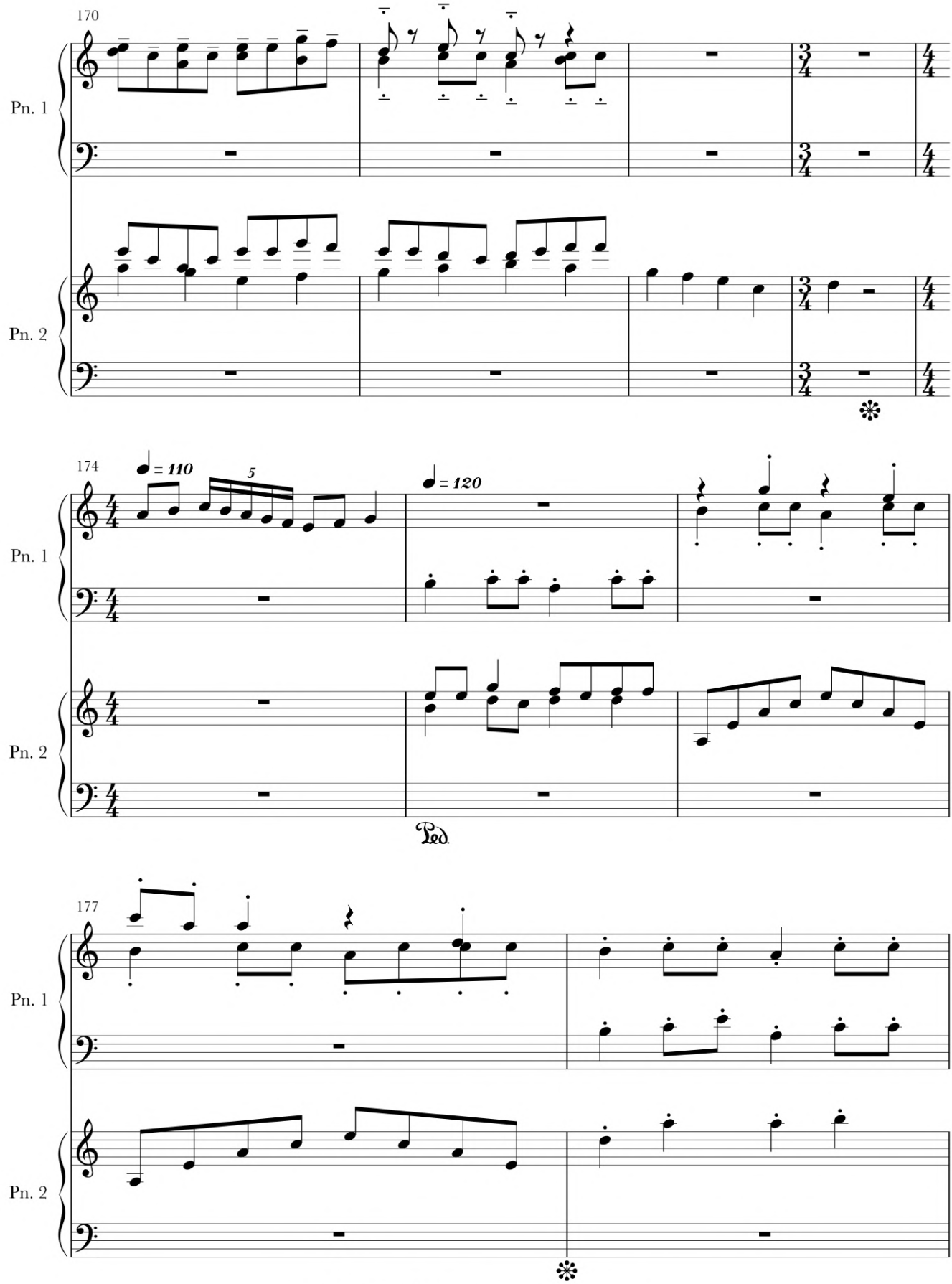


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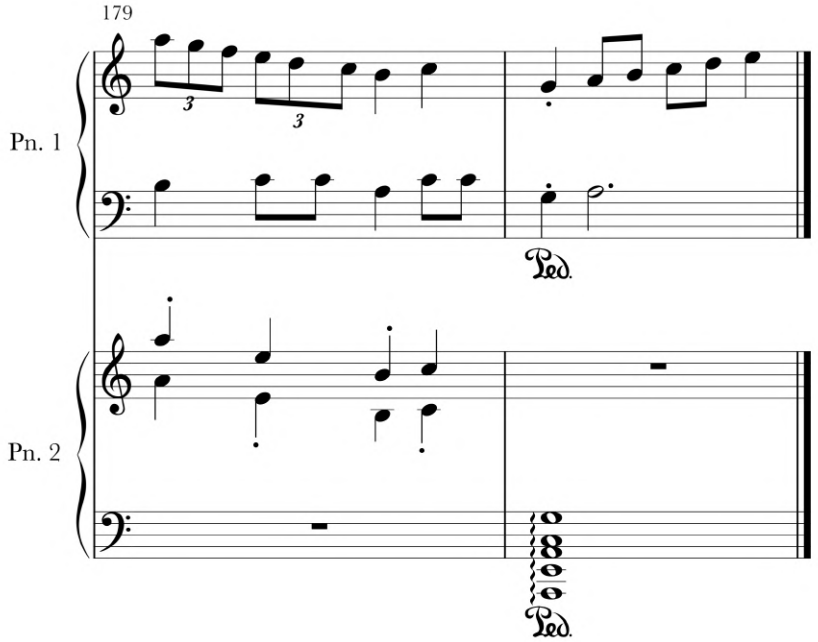


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ABOUT THE AUTHOR (2026)

SIMO SAKARI AALTONEN

—WRITER & COMPOSER—



simosakariaaltonen.com

Finnish writer, composer, filmmaker, visual artist, podcaster. Has lived in Finland, Iceland, Paris, and the UK.

BOOKS

Art & Love *(series, 2020–)*
At Dawn: Early Short Stories *(2022,* Large Print Edition *2024)*
The Better Patreon *(series, 2026–)*
An Iceland Symphony, Op. 1: A Theatrical Symphony for All Ages *(sheet music, 2021,* 2nd Edition *2024)*
Land of Youth & Beauty: Early Poems *(2022,* Large Print Edition *2024)*
Solid Gold: David Lynch — 90 Concise Chapters on Him and His World *(2026)*
Tales from the North, Book I *(sheet music, 2024)*
What Now with Simo *(series, 2020–)*
You Never Know What You'll See in the Haunted Garden *(limited series, 2019–)*

MUSIC

Early Music Archive *(2023 album)*
"In the Fog, Deep" *(2024 single)*
"Land of Youth & Beauty" *(2023 single)*
Passages Dark and Light *(2022 album)*
Passages Dark and Light II *(2024 album)*
Tales from the North, Book I *(2023 album)*
"That Dark, Dark Night" *(2024 single)*
The 13th Tale *(2024 album)*

Official site: simosakariaaltonen.com
Patreon: patreon.com/TheBetterPatreon
Bandcamp: simosakariaaltonen.bandcamp.com
Podcast hosting site: rss.com/podcasts/simo
YouTube: www.youtube.com/@SimoSakariAaltonen



The Better Patreon is my private Patreon and creative online home launched on 3 April 2025.

It provides to all members a regular stream of features on a weekly 3-day cycle (Monday to Wednesday):

A weekly, fully laid out and illustrated PDF newsletter, a Creative Journal, a David Lynch Series (a book in the making), short stories, poetry, diverse short writings, full Northern Exposure *rewatch posts, Monday Midnight Movies, special features about all aspects of creativity, glimpses behind the scenes, early access to all my future works before they're published or released elsewhere, and a lot more to come.*

patreon.com/TheBetterPatreon


Creative
Methods


UPDATES & INSPIRATIONS

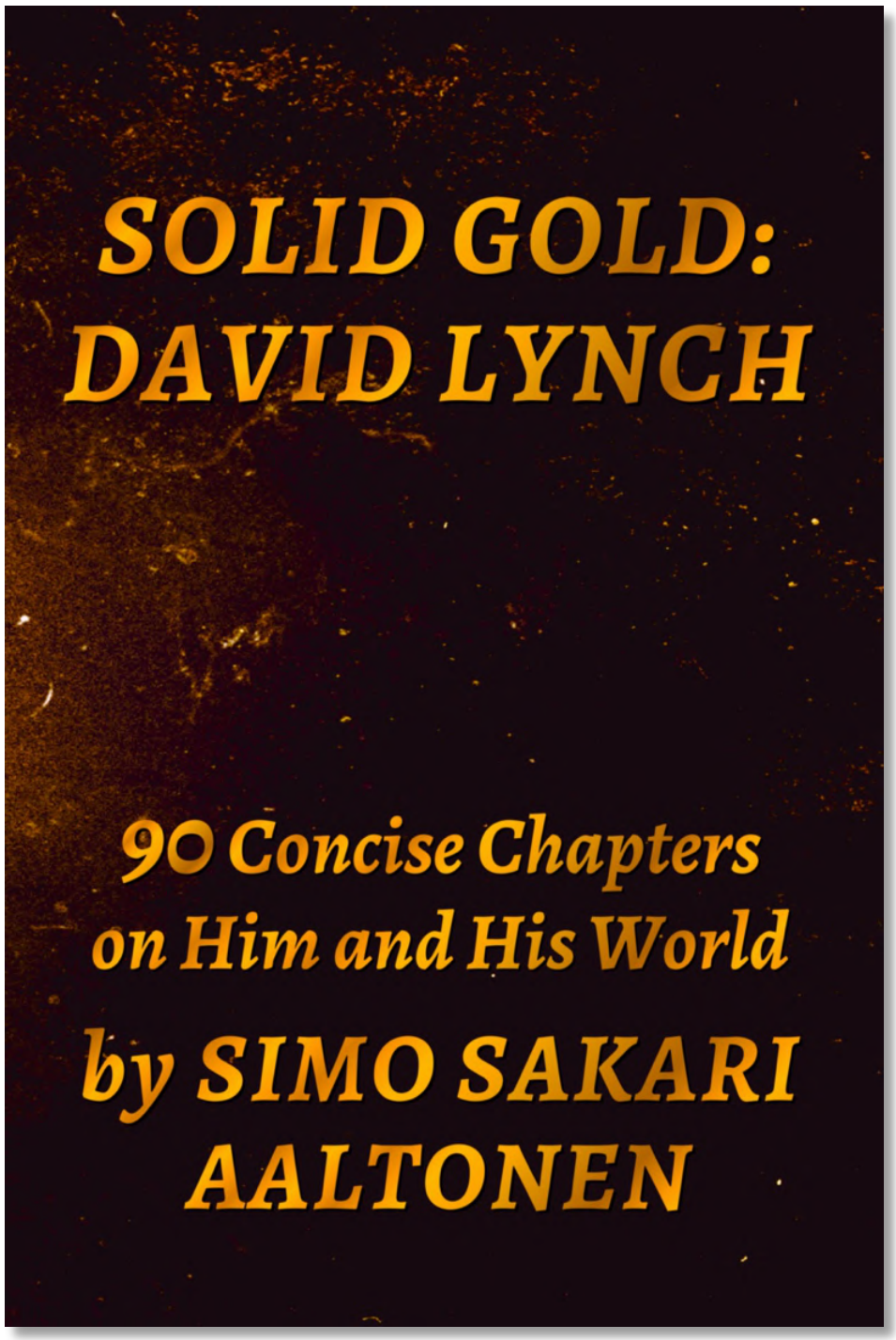

DAVID LYNCH
SERIES



The Better Patreon is both a website and a book series, with the former launched in April 2025 and the latter in March 2026. These books will collect between two covers all the written and visual content month by month, making this a true and unique



alternative way of experiencing this Patreon. Note: by purchasing any volume directly from The Better Patreon Shop you also receive the File Vault of all the multimedia items not possible to include in a book.



A kaleidoscopic, appreciative dive into the world of David Lynch via 90 chapters examining as many key facets of his life and works.

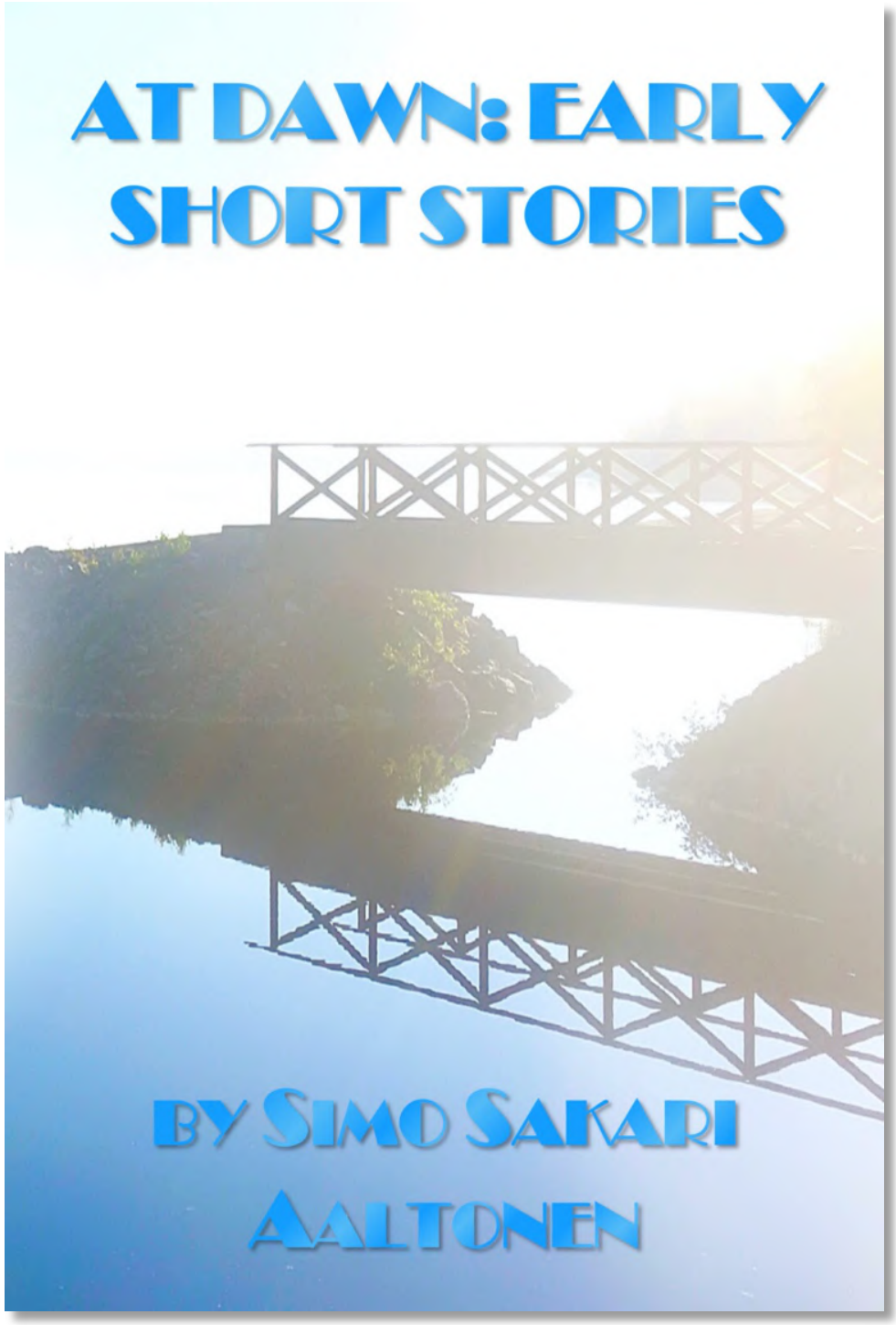
This is the first book I ever wrote fully during the existence of my Patreon, members of which were able to follow the process week by week as I posted three new chapters every Monday over a period of 30 weeks from late 2025 to early 2026.

David Lynch is one of my favourite artists in all the many fields he created in. From first seeing Twin Peaks *in my teens to immensely rewarding and inspiring delvings in later years, my life — and this world — would clearly be immeasurably poorer had he never existed and created.*

The approach I selected grew out of the one I had adopted for my Art & Love *series. This is a book about David Lynch for readers from all over the world and for all time.*

Creating is the coolest thing that we can do.

—David Lynch



This book collects my short stories so far. Written over a period of many years, they explore many fields:

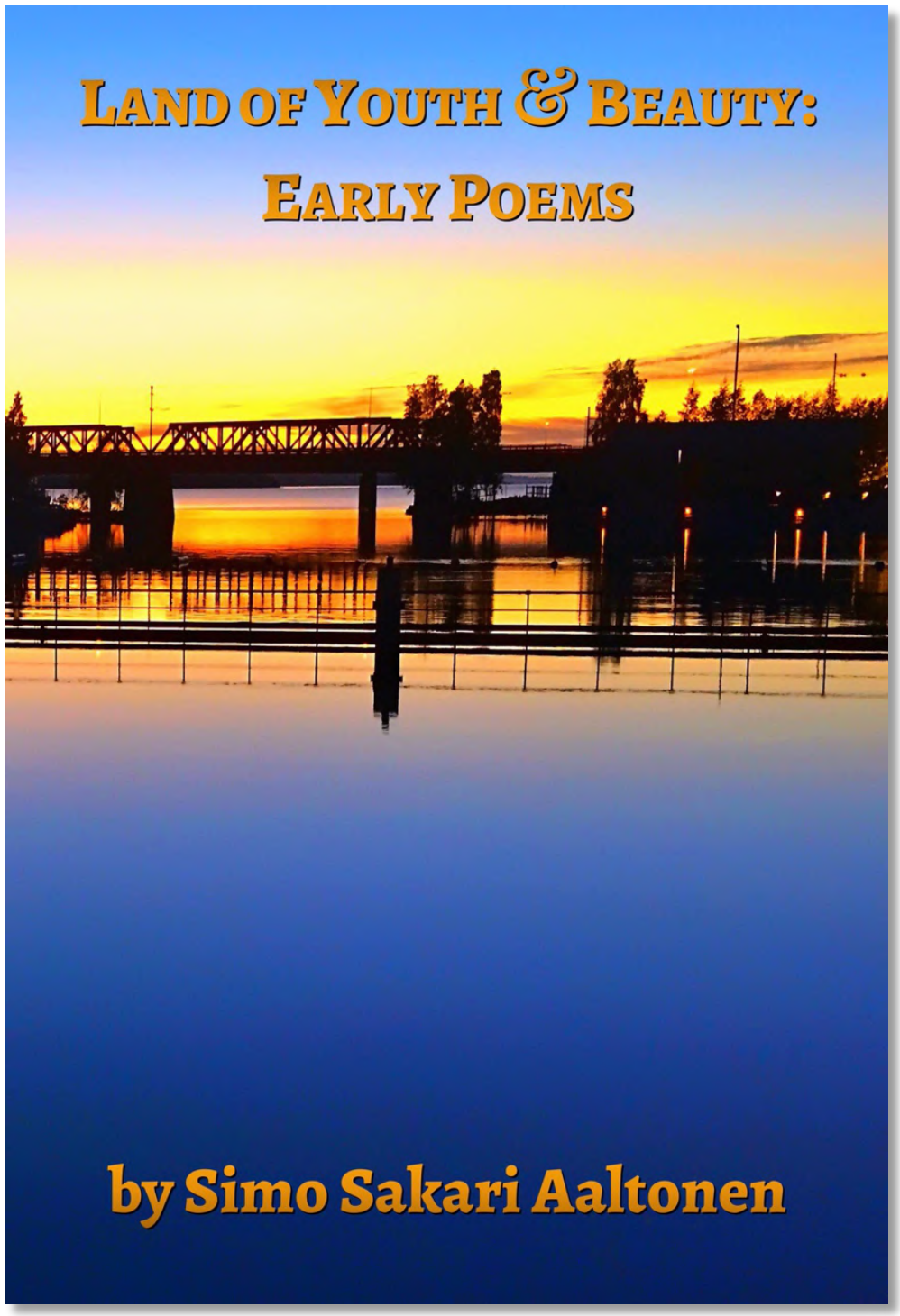
Prose poetry, youthful night adventure, introspective science fiction, philosophical horror, chaptered dream exploration, humorous biographical detective fiction, seafaring sequel to one of a very young H. P. Lovecraft's stories, fragments…

This is the earliest harvest of my short fiction writing, from the dawn of my life. The stories were written when I was still looking for my most special things and the truest desires of my secret heart.

Having since found them, my future writings will mostly be very different. So while some of the stories in this collection feature strands I may develop further in those future stories, others will be the only ones of their kind I'll ever write.

But now, my fellow dreamer, it's dawn. The world is young again…

— Also available in a *Large Print Edition* —



This book collects my poems so far. Written over more than two decades, they explore life in all its hues, dark and light and the rainbow in between:

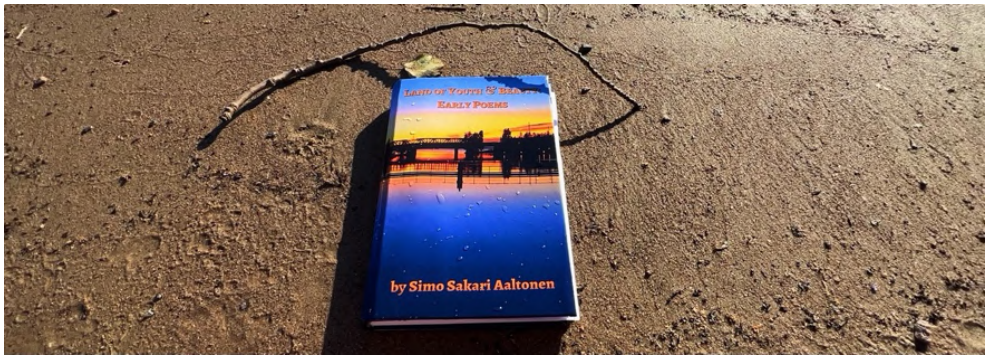
A marionette's dream, a pair of sonnets, a bayou tragedy, whirling donuts, nocturnes and nightmares, encounters in the dark and in sunlit moments…

Above and through all of it shimmers the greatest thing of all: the Land of Youth & Beauty — the magic theatre we enter when we love and feel truly loved.

"This happened when the world was young and love could never die, when the skies flamed every morning and it rained every night…"

— Also available in a *Large Print Edition* —

Land of Youth & Beauty: Early Poems — Lake Presentation



A short film (12:36) viewable on my official YouTube artist channel and my official site. The soundtrack was later released as my first single, "Land of Youth & Beauty".

FILM



My early filmed works (2015–) are featured on my YouTube channel, presented on my Patreon, and embedded on my official site.

With few exceptions, these short works were conceived and executed entirely by me: writing, directing, cinematography, lighting, music, sound recording and engineering, featured art, editing, occasional acting, and everything else needed.

I look forward to working with actors in the future with my coming works in this field. You can find my full credits and these works listed on IMDb. I also actively continue with my screenwriting.

simosakariaaltonen.com
patreon.com/TheBetterPatreon
youtube.com/@SimoSakariAaltonen

MUSIC

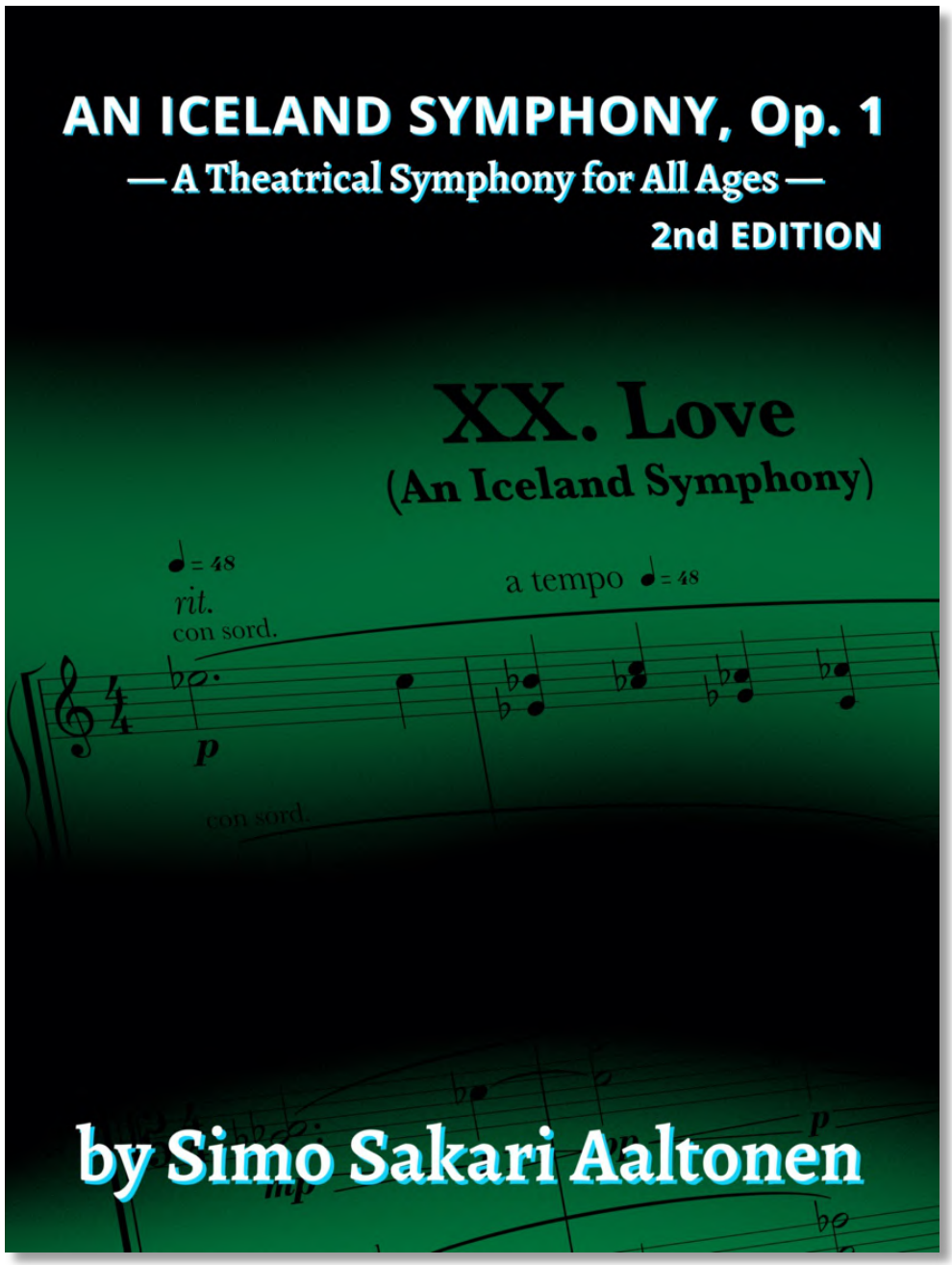


From the bleakest dark to the brightest light, my music explores the full range of human experience. Behind it strives a soul hoping to reach likeminded others out there.

You can buy all my released music from my Patreon Shop or Bandcamp — where you can also read the detailed sleeve notes — and you can find it on numerous download and streaming platforms.

patreon.com/TheBetterPatreon

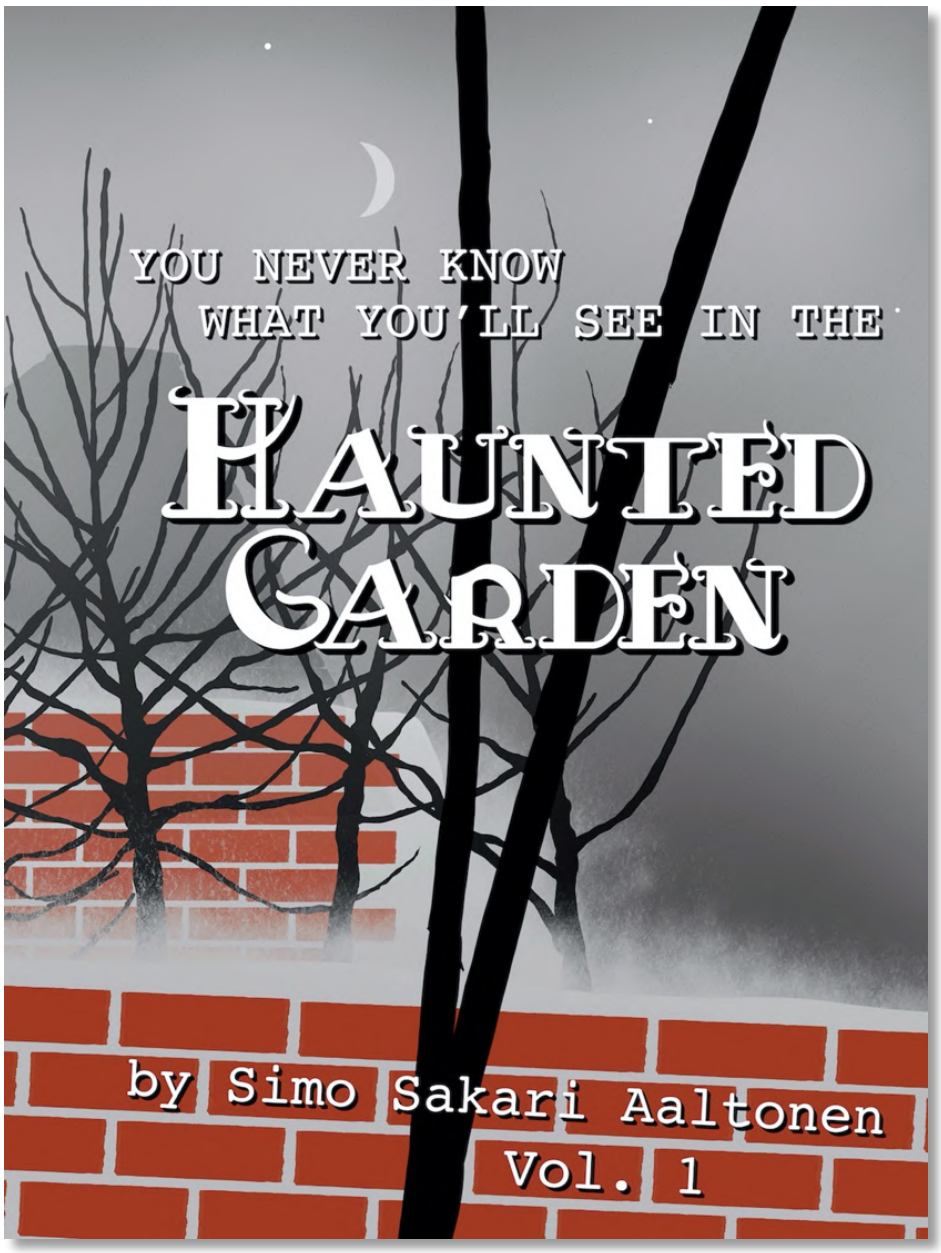
simosakariaaltonen.bandcamp.com



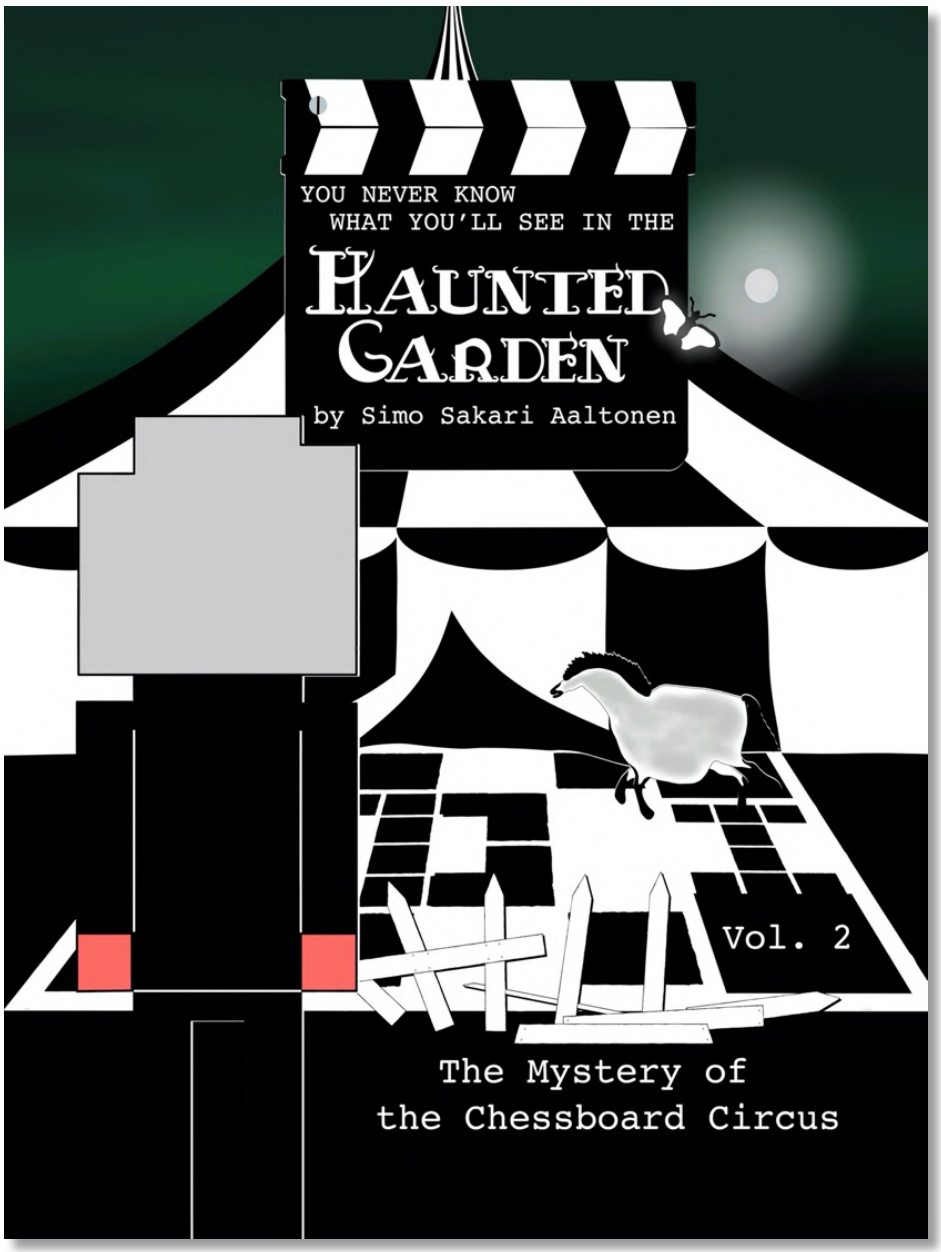
An Iceland Symphony *is a musical composition of 21 sections involving theatrical elements. Its performance calls for musicians of all ages from the youngest to the oldest. This book includes the full sheet music complete with performance instructions.*



Tales from the North, Book I *is a set of 12 piano duets for two pianists and pianos. The pieces cover a wide range of moods, styles, and approaches using the composer's timeless musical language. 130 pages with a 10-page introduction.*



You Never Know What You'll See in the Haunted Garden *is a 3-part graphic novel featuring Rex the former game actor, Pregnant Horse of the Lascaux caves, and Alannah the butterfly.* Vol. 1 *introduces us to the mysterious Haunted Garden in Iceland with a series of visions.*



Vol. 2: The Mystery of the Chessboard Circus *involves our heroes in an adventure where the visions find form in a series of events. And as with the first volume, clues to the future already await discovery in this, our second journey into the dream world known as the Haunted Garden.* Vol. 3...*?*



This 2020–2025 podcast used to be my central outlet for thoughts, feelings, passing fancies, memories, dreams, appreciations, and more.

Maybe a better metaphor would be a flickering campfire after a long day out in the wild — or in the inner wild. Or perhaps a random book with a flashlight under the blanket in a beautiful summer cottage, somewhere in eternity.

I recorded every episode extemporaneously, transcribed them afterwards, and eventually collected each season into these printed volumes. Part journal, part memoir, part musings on art and life, part strange humour, and part me reaching out to other souls out there.

Every edition brings every word of each season onto the printed page, for reading or leafing through at your own pace. This also makes the podcast available in its entirety to everyone with any hearing loss.

Unedited, unexpurgated, and with an introduction, a table-of-contents summary in the style of old books, and a varying number of footnotes in every volume.

—Simo



Diverse short writings about art, life, love, creativity, dreams, and more. Each volume features 124 concise chapters, perfect either for leafing through or taking in many at a time.

As a further embodiment of the things discussed on these pages, Vol. 2 *evolves the series in an even freer direction. It also includes a number of extra chapters at the back, unseen since the author removed them from a website called Medium.*

