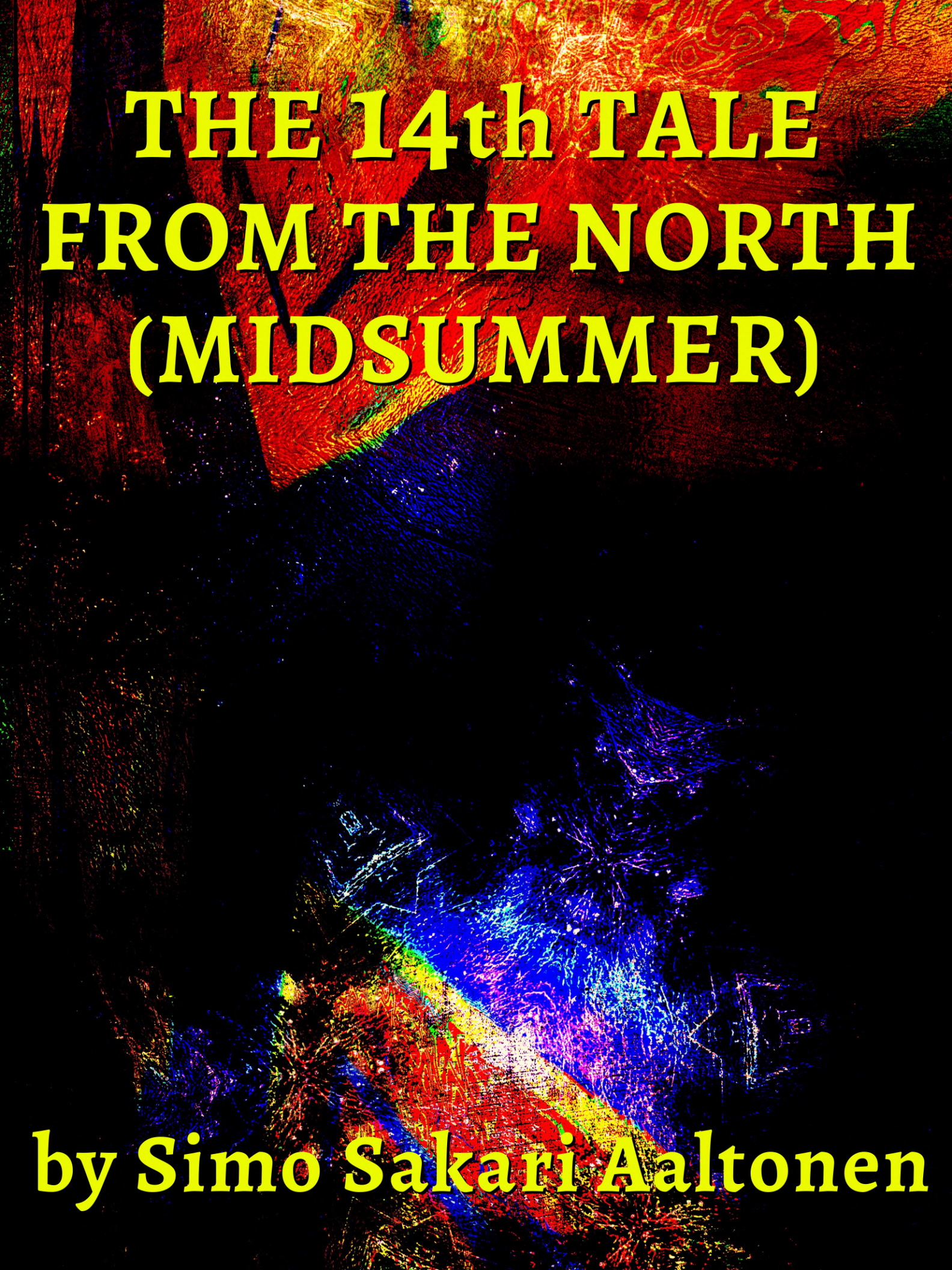
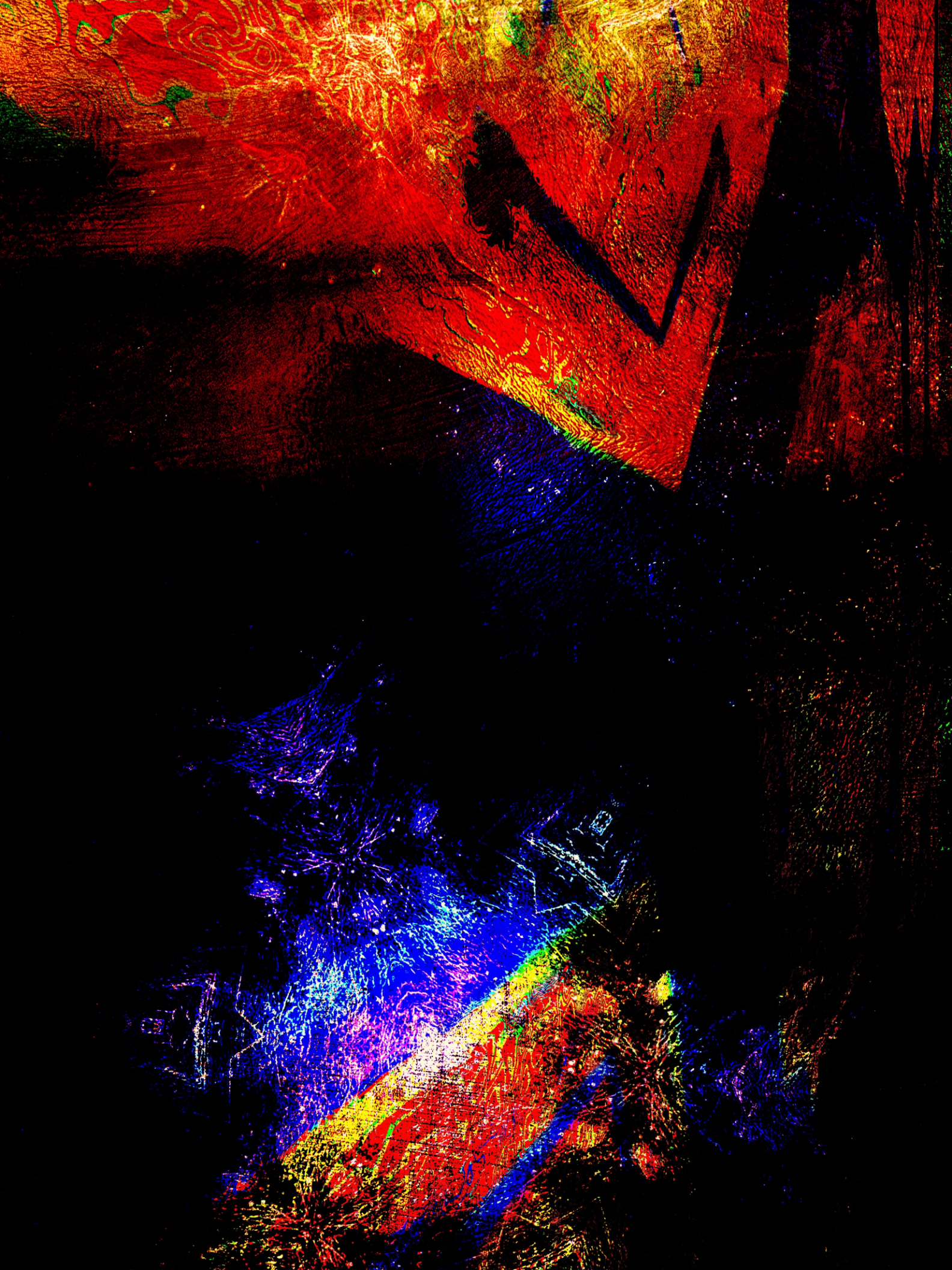
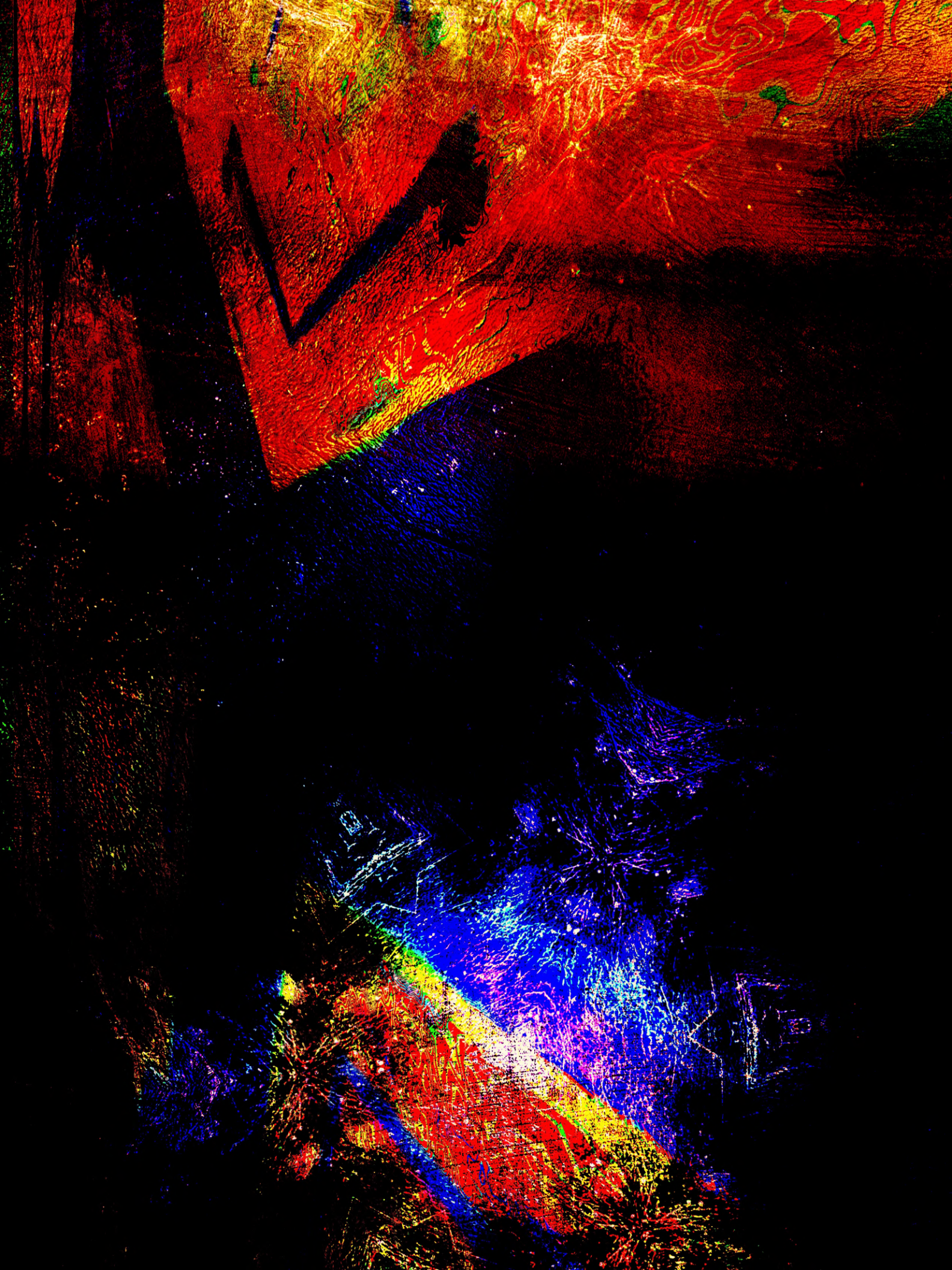


The background is a complex, abstract texture. It features a large, vibrant red area at the top, which transitions into a deep blue and purple section in the middle. A bright, multi-colored diagonal streak, resembling a rainbow or a burst of light, cuts across the lower half of the image. The overall effect is one of intense, swirling energy and color.

THE 14th TALE FROM THE NORTH (MIDSUMMER)

by Simo Sakari Aaltonen





The 14th Tale from the North (Midsummer) by Simo Sakari Aaltonen. The moral right of the author has been asserted.
Cover art by Simo Sakari Aaltonen.

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A Midsummer Tale

This piano duet was composed as part of and its creation was documented in my Patreon series Composing Music between 16 September 2025 and 14 August 2026, with the latter date seeing the final touches on the presentation of the sheet music.

Unlike all the earlier *Tales from the North*, this one consists of named sections:

I. Dream Forest

II. Waking

III. Midsummer Dream

The middle section contains all the music I composed specifically during the Patreon series.

The last section is a piano arrangement of the section of that name from *An Iceland Symphony* (2021).

The first section is also a new piano arrangement of another multi-instrumental piece — from the same time as the symphony — that I hadn't yet shared in any form. I recall it being one of the several pieces I originally

considered for inclusion in it, but it didn't fit into the overall form.

When I had decided to end the piece with “Midsummer Dream”, I looked among my thus far unshared compositions and came across the piece I had named already back then “Dream Forest”. That decided the three-part structure for me. There were also unifying elements across the three sections, including the staccati and the triplets.

And several passages in the middle section came directly from my explanations of the basics of music theory, which I did as part of the Composing Music series. I realised they fit perfectly into this section.

Thank you to all the supporters of my Patreon — as with everything else there, you helped make this happen.

—Simo Sakari Aaltonen, Kangasniemi, 15 August 2026

The 14th Tale from the North

(Midsummer)

♩ = 90

I. DREAM FOREST

By Simo Sakari Aaltonen

Pn. 1

Ped.

Pn. 2

Measures 1-3 of the musical score for Pn. 2. The right hand (treble clef) has whole rests in all three measures. The left hand (bass clef) has a whole note chord of G2 and Bb2 in measure 1, a whole note chord of G2 in measure 2, and a whole note chord of G2 and Bb2 in measure 3. Pedal points are marked below the bass staff in measures 1, 2, and 3.

Pn. 2

First measure: Treble clef has a whole rest. Bass clef has a whole note chord consisting of B-flat 2, D3, and F3. A 'Ped.' marking is below the bass staff.

Second measure: Treble clef has a whole rest. Bass clef has a whole note chord consisting of B-flat 2, D3, F3, and A-flat 3.

Third measure: Treble clef has a whole rest. Bass clef has a whole note chord consisting of B-flat 2, D3, F3, and A3. A 'Ped.' marking is below the bass staff.

7

Pn. 1

Pn. 2

Ped.

10

Pn. 1

Pn. 2

Ped.

13

Pn. 1

Pn. 2

Ped.

62

$\text{♩} = 90$

Pn. 1

Pn. 2

Ped.

Ped.

66

$\text{♩} = 100$ $\text{♩} = 90$ $\text{♩} = 100$

Pn. 1

Pn. 2

f

p *mp*

8vb

Ped.

Ped.

69

mp

Pn. 1

Pn. 2

mf

Ped.

Ped.

72

Pn. 1

pp $\longrightarrow$ *ppp* *p*

Pn. 2

ppp *pp* *mp*

8vb

76

Pn. 1

ppp *p* $\bullet = 82$

Pn. 2

ppp *pp* *mp*

80

Pn. 1

p

Pn. 2

mf

84 $\text{♩} = 90$

Pn. 1

pp

mp *p* *pp*

Pn. 2

Ped. mp

88

Pn. 1

Pn. 2

Ped.

92 $\text{♩} = 120$

Pn. 1

p *pp*

Ped. mp

Pn. 2

mp *p*

8va

Ped.

106 *accel.*

Pn. 1

Pn. 2

110 *a tempo* ♩ = 120 *p*

Pn. 1

Pn. 2

114

Pn. 1

Pn. 2

118 $\text{♩} = 90$

Pn. 1

Pn. 2

122

Pn. 1

Pn. 2

124

Pn. 1

Pn. 2

15ma

8vb

128 $\bullet = 111$

Pn. 1

Pn. 2

Ped.

132

Pn. 1

Pn. 2

Ped.

136

Pn. 1

Pn. 2

Ped.

p

152

Pn. 1

3

5

$\text{♩} = 60$

Ped.

Pn. 2

Ped.

*

155

$\text{♩} = 120$

Pn. 1

Pn. 2

Ped.

158

Pn. 1

Pn. 2

5

161

Pn. 1

Pn. 2

164

Pn. 1

Pn. 2

167

Pn. 1

Pn. 2

170

Pn. 1

Pn. 2

✱

174

Pn. 1

Pn. 2

$\bullet = 110$ 5 $\bullet = 120$

Ped.

177

Pn. 1

Pn. 2

✱

179

Pn. 1

Pn. 2

Red.

Red.

The musical score consists of two systems, each for a piano (Pn. 1 and Pn. 2). The first system (Pn. 1) shows measures 179 and 180. In measure 179, the treble staff has eighth-note triplets (F4, G4, A4) and the bass staff has eighth-note triplets (C3, D3, E3). In measure 180, the treble staff has a dotted quarter note (F4) and the bass staff has a dotted quarter note (C3). The second system (Pn. 2) shows measures 179 and 180. In measure 179, the treble staff has a dotted quarter note (F4) and the bass staff has a dotted quarter note (C3). In measure 180, both staves have rests. The word 'Red.' is written below the first measure of each part.

**ABOUT
THE AUTHOR
(2026)**

**SIMO SAKARI
AALTONEN**
—**WRITER & COMPOSER**—



simosakariaaltonen.com

Finnish writer, composer, filmmaker, visual artist, podcaster. Has lived in Finland, Iceland, Paris, and the UK.

BOOKS

Art & Love (*series, 2020–*)

At Dawn: Early Short Stories (*2022, Large Print Edition 2024*)

The Better Patreon (*series, 2026–*)

An Iceland Symphony, Op. 1: A Theatrical Symphony for All Ages (*sheet music, 2021, 2nd Edition 2024*)

Land of Youth & Beauty: Early Poems (*2022, Large Print Edition 2024*)

Solid Gold: David Lynch — 90 Concise Chapters on Him and His World (*2026*)

Tales from the North, Book I (*sheet music, 2024*)

What Now with Simo (*series, 2020–*)

You Never Know What You'll See in the Haunted Garden (*limited series, 2019–*)

MUSIC

Early Music Archive (*2023 album*)

“In the Fog, Deep” (*2024 single*)

“Land of Youth & Beauty” (*2023 single*)

Passages Dark and Light (*2022 album*)

Passages Dark and Light II (*2024 album*)

Tales from the North, Book I (*2023 album*)

“That Dark, Dark Night” (*2024 single*)

The 13th Tale (*2024 album*)

Official site: simosakariaaltonen.com

Patreon: patreon.com/TheBetterPatreon

Bandcamp: simosakariaaltonen.bandcamp.com

Podcast hosting site: rss.com/podcasts/simo

YouTube: www.youtube.com/@SimoSakariAaltonen



The Better Patreon is my private Patreon and creative online home launched on 3 April 2025.

It provides to all members a regular stream of features on a weekly 3-day cycle (Monday to Wednesday):

A weekly, fully laid out and illustrated PDF newsletter, a Creative Journal, a David Lynch Series (a book in the making), short stories, poetry, diverse short writings, full Northern Exposure rewatch posts, Monday Midnight Movies, special features about all aspects of creativity, glimpses behind the scenes, early access to all my future works before they're published or released elsewhere, and a lot more to come.

patreon.com/TheBetterPatreon





The Better Patreon is both a website and a book series, with the former launched in April 2025 and the latter in March 2026. These books will collect between two covers all the written and visual content month by month, making this a true and unique

THE BETTER PATREON VOL. 1: APRIL 2025

- ✓ 4 INTRODUCTORY POSTS
- ✓ 4 NEWSLETTER ISSUES
- ✓ 5 SHORT STORIES
- ✓ 12 POEMS
- ✓ 12 ART & LOVE CHAPTERS
- ✓ MONDAY MIDNIGHT MOVIE #1
- ✓ 4 NORTHERN EXPOSURE ENTRIES
- ✓ HEALTH & CREATIVITY: "LET'S GET BETTER"
- ✓ AN ICELAND SYMPHONY: I. "THE MUSIC BOX"
- ✓ GRANT APPLICATION FILE #1
- ✓ WORK-IN-PROGRESS CHAPTER
- ✓ CHIEF SEATTLE 1854 SPEECH VERSIONS

The Better Patreon is both a site and a book series.
Every member at the time of publication gets each
new volume for free.

*alternative way of experiencing this Patreon. Note:
by purchasing any volume directly from The Better
Patreon Shop you also receive the File Vault of all the
multimedia items not possible to include in a book.*

SOLID GOLD: DAVID LYNCH

**90 Concise Chapters
on Him and His World
by SIMO SAKARI
AALTONEN**

A kaleidoscopic, appreciative dive into the world of David Lynch via 90 chapters examining as many key facets of his life and works.

This is the first book I ever wrote fully during the existence of my Patreon, members of which were able to follow the process week by week as I posted three new chapters every Monday over a period of 30 weeks from late 2025 to early 2026.

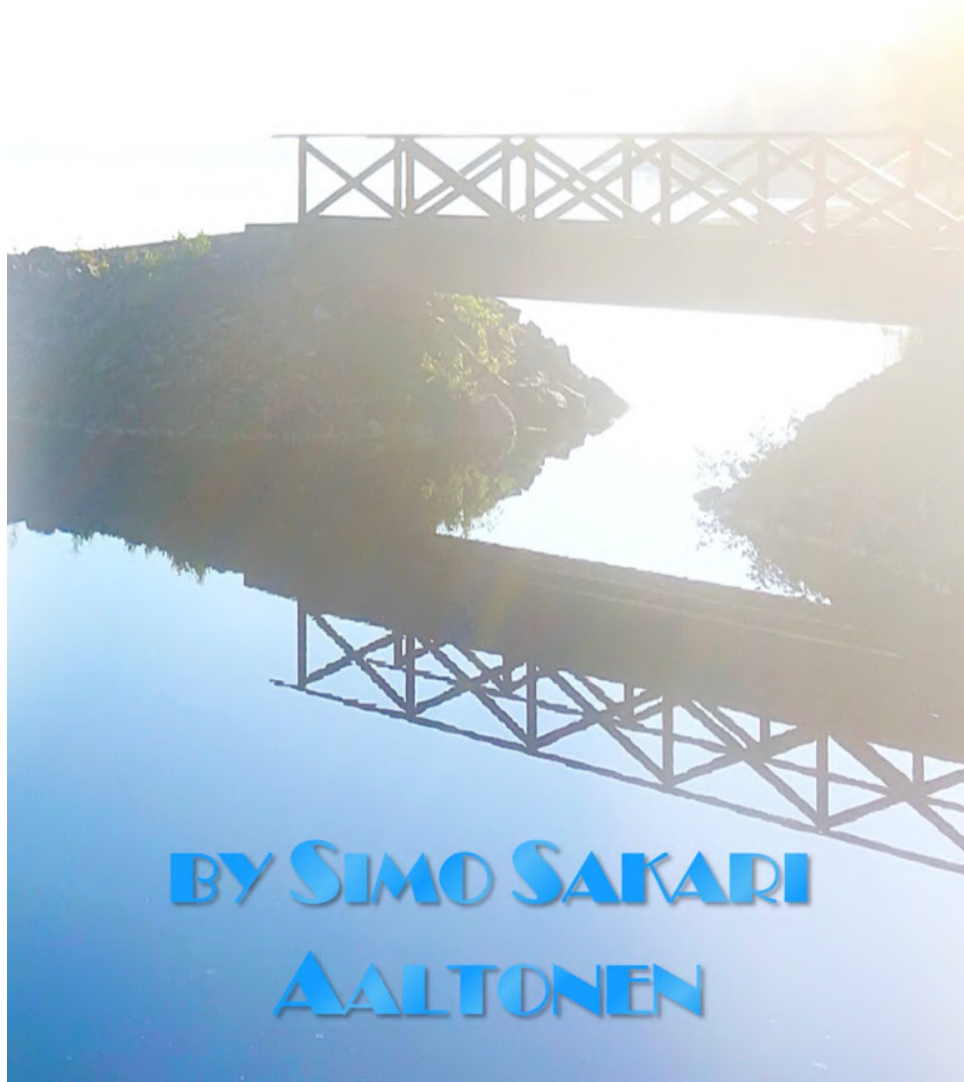
David Lynch is one of my favourite artists in all the many fields he created in. From first seeing Twin Peaks in my teens to immensely rewarding and inspiring delvings in later years, my life — and this world — would clearly be immeasurably poorer had he never existed and created.

The approach I selected grew out of the one I had adopted for my Art & Love series. This is a book about David Lynch for readers from all over the world and for all time.

Creating is the coolest thing that we can do.

—David Lynch

AT DAWN: EARLY SHORT STORIES



BY SIMO SAKARI
AALTONEN

This book collects my short stories so far. Written over a period of many years, they explore many fields:

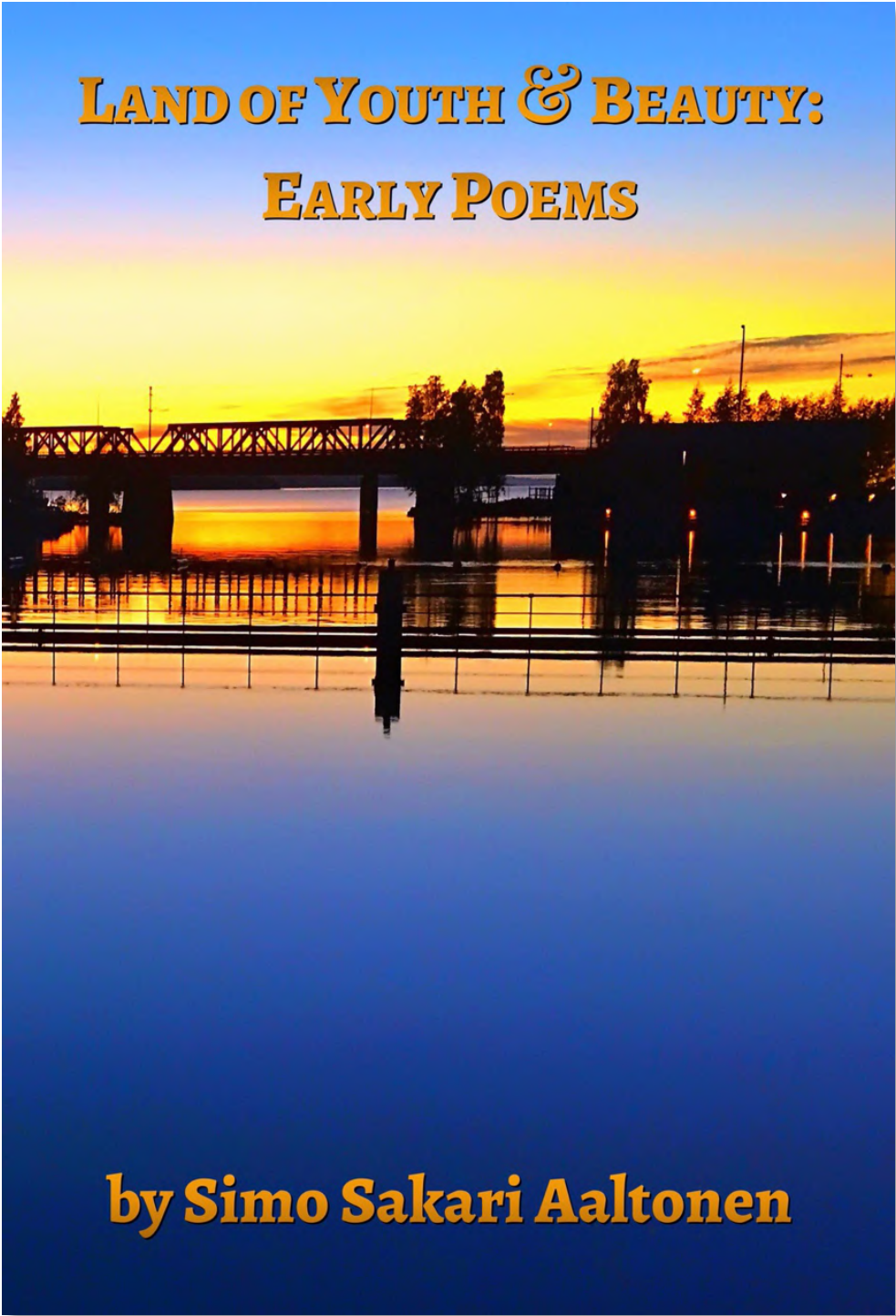
Prose poetry, youthful night adventure, introspective science fiction, philosophical horror, chaptered dream exploration, humorous biographical detective fiction, seafaring sequel to one of a very young H. P. Lovecraft's stories, fragments...

This is the earliest harvest of my short fiction writing, from the dawn of my life. The stories were written when I was still looking for my most special things and the truest desires of my secret heart.

Having since found them, my future writings will mostly be very different. So while some of the stories in this collection feature strands I may develop further in those future stories, others will be the only ones of their kind I'll ever write.

But now, my fellow dreamer, it's dawn. The world is young again...

— Also available in a *Large Print Edition* —

The background of the book cover is a photograph of a bridge over a body of water at sunset. The sky is a gradient of blue, orange, and yellow. The bridge is silhouetted against the bright sky. The water reflects the colors of the sky and the bridge. The overall mood is peaceful and contemplative.

LAND OF YOUTH & BEAUTY: EARLY POEMS

by Simo Sakari Aaltonen

This book collects my poems so far. Written over more than two decades, they explore life in all its hues, dark and light and the rainbow in between:

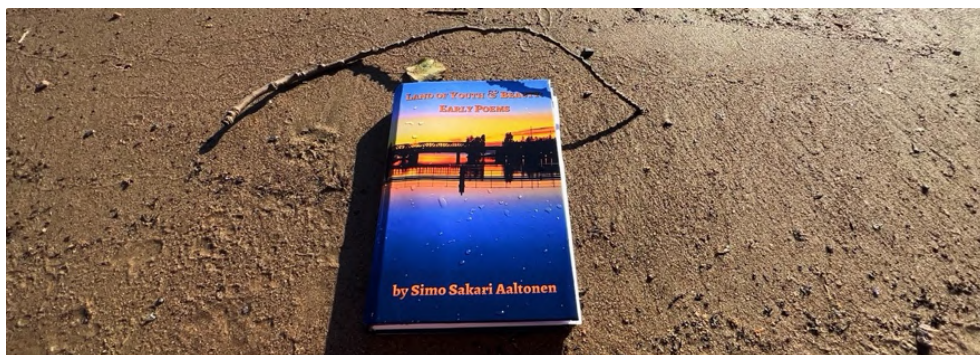
A marionette's dream, a pair of sonnets, a bayou tragedy, whirling donuts, nocturnes and nightmares, encounters in the dark and in sunlit moments...

Above and through all of it shimmers the greatest thing of all: the Land of Youth & Beauty — the magic theatre we enter when we love and feel truly loved.

“This happened when the world was young and love could never die, when the skies flamed every morning and it rained every night...”

— Also available in a *Large Print Edition* —

Land of Youth & Beauty: Early Poems — Lake Presentation



A short film (12:36) viewable on my official YouTube artist channel and my official site. The soundtrack was later released as my first single, “Land of Youth & Beauty”.

FILM



My early filmed works (2015–) are featured on my YouTube channel, presented on my Patreon, and embedded on my official site.

With few exceptions, these short works were conceived and executed entirely by me: writing, directing, cinematography, lighting, music, sound recording and engineering, featured art, editing, occasional acting, and everything else needed.

I look forward to working with actors in the future with my coming works in this field. You can find my full credits and these works listed on IMDb. I also actively continue with my screenwriting.

simosakariaaltonen.com

patreon.com/TheBetterPatreon

youtube.com/@SimoSakariAaltonen

MUSIC



From the bleakest dark to the brightest light, my music explores the full range of human experience. Behind it strives a soul hoping to reach likeminded others out there.

You can buy all my released music from my Patreon Shop or Bandcamp — where you can also read the detailed sleeve notes — and you can find it on numerous download and streaming platforms.

patreon.com/TheBetterPatreon

simosakariaaltonen.bandcamp.com

AN ICELAND SYMPHONY, Op. 1

— A Theatrical Symphony for All Ages —

2nd EDITION

XX. Love (An Iceland Symphony)



by **Simo Sakari Aaltonen**

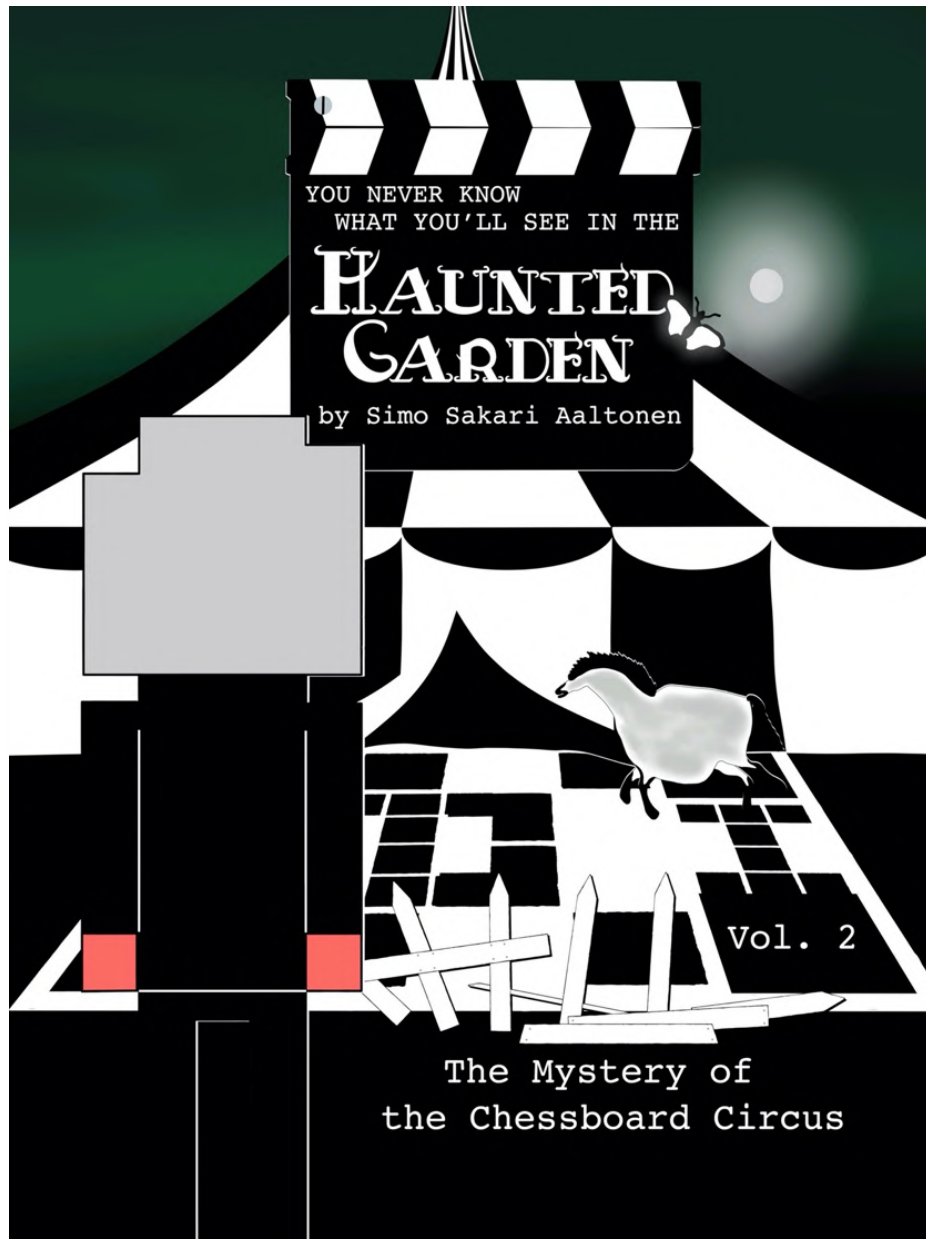
An Iceland Symphony is a musical composition of 21 sections involving theatrical elements. Its performance calls for musicians of all ages from the youngest to the oldest. This book includes the full sheet music complete with performance instructions.



Tales from the North, Book I is a set of 12 piano duets for two pianists and pianos. The pieces cover a wide range of moods, styles, and approaches using the composer's timeless musical language. 130 pages with a 10-page introduction.



You Never Know What You'll See in the Haunted Garden is a 3-part graphic novel featuring Rex the former game actor, Pregnant Horse of the Lascaux caves, and Alannah the butterfly. Vol. 1 introduces us to the mysterious Haunted Garden in Iceland with a series of visions.



Vol. 2: The Mystery of the Chessboard Circus *involves our heroes in an adventure where the visions find form in a series of events. And as with the first volume, clues to the future already await discovery in this, our second journey into the dream world known as the Haunted Garden. Vol. 3...?*



This 2020–2025 podcast used to be my central outlet for thoughts, feelings, passing fancies, memories, dreams, appreciations, and more.

Maybe a better metaphor would be a flickering campfire after a long day out in the wild — or in the inner wild. Or perhaps a random book with a flashlight under the blanket in a beautiful summer cottage, somewhere in eternity.

I recorded every episode extemporaneously, transcribed them afterwards, and eventually collected each season into these printed volumes. Part journal, part memoir, part musings on art and life, part strange humour, and part me reaching out to other souls out there.

Every edition brings every word of each season onto the printed page, for reading or leafing through at your own pace. This also makes the podcast available in its entirety to everyone with any hearing loss.

Unedited, unexpurgated, and with an introduction, a table-of-contents summary in the style of old books, and a varying number of footnotes in every volume.

—Simo



Diverse short writings about art, life, love, creativity, dreams, and more. Each volume features 124 concise chapters, perfect either for leafing through or taking in many at a time.

As a further embodiment of the things discussed on these pages, Vol. 2 evolves the series in an even freer direction. It also includes a number of extra chapters at the back, unseen since the author removed them from a website called Medium.

