## INSTRUCTIONS FOR ALL DOCTORS AND NURSES PARTICIPATING IN FAMILY PLANNING PROGRAM

One of the principal objectives of the Model Family Planning Program is to utilize all doctors and paramedical personnel within the limits of their capabilities or qualifications after training. Gynecologists and surgeons can perform tubectomies, urologists and surgeons can perform vasectomies, most doctors can be trained to insert IUD's and almost all doctors can prescribe oral pills. We plan to sign contracts with all doctors capable of performing these services.

The need for this program is urgent and your cooperation essential. As many as \_\_% of all women do not want the pregnancies they are having.

At the end of each month, a representative of the Health Department will contact the doctors and collect Part II and IV of the coupons, make payments and provide oral pill and IUD supplies.

The doctors will get \_\_\_\_\_ per tubectomy, \_\_\_\_\_ for vasectomy, and \_\_\_\_\_ per IUD from the Health Department. Private doctors cannot charge more than \_\_\_\_\_ per acceptor.

The doctor should explain all methods to the women and men and mention the advantages and disadvantages. If a man or woman does not want any more children, then sterilization is preferred. If the person fears one of their children may die, then they should be encouraged to try some form of contraception, such as oral pills, injectables, subdermal implants or condoms. The oral pill and condom are good for women and men who want to delay having their first child or who want to space their pregnancies. The men and women should know that sterilization is permanent and that there are side effects with any form of contraception. It is very important to

explain the removal, pregnancy and discontinuation rates for the loop. Many women seem to prefer the pill, but discontinue it after one or two years. For this reason, injectables and subdermal implants are recommended.

The standards for patient and medical care must be very high. All patients should be treated courteously and given a complete explanation of methods. They must be warned of possible side effects and told where to go for more oral pills. All sterilization and IUD acceptors will be followed-up by the full-time family planning workers. No contracts will be signed with any doctor unless they are capable of providing adequate services. The contract will be invalid if there is any false reporting.

For doctors prescribing oral pills, the women should be given the clinic record form if they plan to get their resupplies from a different source. Please do not fail to notify them of the person distributing oral pills nearest them.

Thank you very much for your cooperation in this program and dedication in helping men and women have children only when they are wanted. If you have any questions or we can be of any assistance, please do not hesitate to contact us.