

# Annual Newsletter

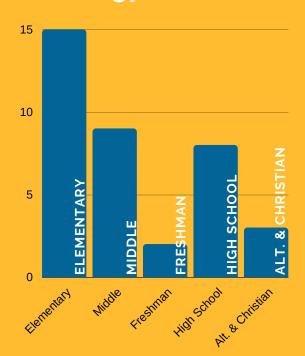
2020

**18,437 SERVED** 

During SFY 2020 we served 18,437 individuals -on target with goal. We were able to achieve great numbers despite school and court shutdowns due to COVID-19. How'd we do it? We got creative.

LIVE
SMALL GROUPS
SOCIAL MEDIA OUTREACH
Digital Lesson Plans
VIDEOS ONLINE
RESOURCES
NEW TECH VIRTUAL EVENTS
PAGE
POINT Forces

#### We had staff in 37 SCHOOLS



Educational Support Groups are prevention-oriented and focus on topics that impact non-academic barriers to school success. During this difficult time, when children are home and stress is running high, it's more important than ever to have these groups.



# 250 EDUCATIONAL SUPPORT GROUPS

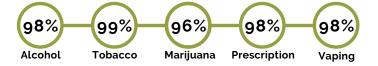
#### PERCEPTION OF HARM

Objectives for Educational Support Groups included having 75% of group participants identify alcohol, tobacco, vaping, and other risky behaviors as harmful; 85% for Universal Education Groups, exceeding objectives in all areas, and achieved numbers greater than recorded in Butler County youth behavioral health surveys.

#### IN EDUCATIONAL SUPPORT GROUPS:



#### IN UNIVERSAL EDUCATION GROUPS:



#### COMPARE TO 2020 BUTLER COUNTY PRIDE SURVEYS:



#### LOW-RISK DRINKING

MRML, or Minimize Risk, Maximize Life, a low-risk drinking course for adults, underwent a significant update. The curriculum welcomed a design change that offered an easy-to-follow format for both participants and facilitators. To increase overall engagement we added in more activities such as "Name That Slogan" and "Create Your Own Mocktail". In addition to these activities, we expanded the "Alcohol and Your Health Section", which now covers nutrition, hydration, mental health, physical fitness, financial health, occupational health, and intellectual health.

Reported gaining new knowledge regarding the low-risk drinking guidelines

Reported gaining new knowledge regarding the standard drink definition.

95%

Reported intention to make low-risk choices regarding their drinking choices.

#### **GAMBLING PREVENTION**

\*Based on surveys from the 928 adults served in 32 gambling education programs, and 1,062 at-risk youth served in 70 education programs in 12 different school buildings.

N (S

Of adults reported a gain in knowledge about gambling and its consequences

Of students served reported that they have continued to NOT gamble.

Of adults reported intent to use the information to make low-risk gambling decisions in the future.

### Prevention (S) Prevention

**PREVENTION** 

Prevention 🗈 Prevention

Approximately 50% of people struggling with problem gambling have thoughts of suicide. By preventing problem gambling disorders, we can prevent suicide. "Prevention is prevention is prevention" explains how preventing one high-risk behavior can prevent others.

BUTLER COUNTY SUICIDE Prevention

**ADULTS** TRAINED IN QPR 356

\*QPR (Question, Persuade. Refer) like CPR, is used to save lives by teaching are important strategies that can help save a life from suicide.

> YOUTH TRAINED IN SOS AND/OR LIFELINES 1,853

\*SOS (Signs of Suicide), a suicide prevention program that encourages all students to seek help from trusted adults whether they have concerns about themselves or a friend.

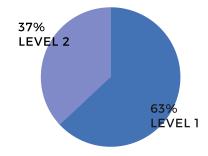
\*Lifelines is a comprehensive, school-wide suicide prevention program for middle and high schools

#### **SUICIDE PREVENTION**

The Butler County Suicide Prevention Coalition gained 26 members in SFY20. There has been an average of 15 attendees representing 10 organizations at coalition meetings. To better understand the engagement among coalition members, we have developed a measurement system: Level 1 and Level 2 engagement, with Level 1 being the highest ranking of member engagement.

To join the coalition or to learn more, contact Kristen Smith, Suicide Prevention Coordinator:

ksmith@envisionpartnerships.com



#### **INAUGURAL WALK**

To remember those lost to suicide, the Butler County Suicide Prevention Coalition (formed by lead agency Envision Partnerships), organized the first annual Walk to Remember. 40 people came out to honor the lives of those lost to suicide at Voice of America Park. The 2019 event was made possible with the help of our partners at Primary Health Solutions, NAMI Butler County, and the Butler County Mental Health and Addiction Recovery Services Board.

REMEMBERING THOSE LOST TO SUICIDE

#### A WALK TO REMEMBER

TUESDAY, SEPTEMBER 10TH, 2019

#### WATCH THE 2020 WALK

This years walk was a little different, with a virtual and in-person option. You can watch the virtual event now on our website at:

www.envisionpartnerships.com/walk2remember



**THY HAMILTON PAX MEANS** 

#### 17 'HOOD SCAVENGER **MINDFULNESS** INTRO DAM TO DAM RIVER TOUR Mental Health MEANS PEACE Lunch & Learn **BANKING & ID** STAYING WEL WHICH PRODUCE IS HAMILTON BIKE TOUR NING & 8DIM **FITTON RUN** CHALL ENGE

# FAMILY MEDIA<sup>-</sup>

Mediation is a non-judgmental, confidential process that provides participants with an opportunity to address conflicts and other issues they are experiencing. The mediator is a neutral, third party that assists participants with improving communication, restoring relationships, finding solutions, and creating a written agreement.



#### NO RE-OFFENSE

\*88% of parents reported their child had not reoffended.



#### IMPROVED BEHAVIOR

96% of parents reported an improvement in behavior at home and/or school.

#### **HEALTHY HAMILTON** WEEK

Healthy Hamilton looked a little different this year, with a completely virtual agenda! Our focus for this year's event was the 8 Dimensions of Wellness.

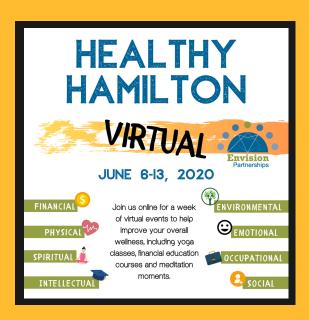
Watch the events at: envisionpartnerships.com/healthyhamilton

16,439

**Individuals** Reached

1.774

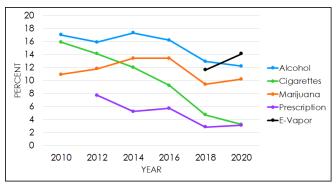
**Engagements & Shares** 



# TOBACCO POLICY COALITION

Last year the Butler County Tobacco Policy Coalition, coordinated by Envision Partnerships, played a role in the passing of Tobacco 21 in Ohio. This law raised the purchasing age of tobacco products, cigarettes, and alternative nicotine products such as e-cigarettes and vaping products from 18 to 21. It also made it illegal to give such products to others under age 21.

#### 30-Day Use of Alcohol, Cigarettes, Marijuana, Prescription Drugs and Vaping



\*2020 Butler County Pride Survey

In just two years, e-vapor became the most used substance among 7th-12th graders in Butler County surpassing alcohol, cigarettes, marijuana, and prescription drugs. From 2018-2020, percentage of students who reported using e-vapor in the past 30 days went from 11.6% to 14.1%. The future focus for the Butler County Tobacco Policy Coalition is to reduce use.











Department of Youth Services











**SUCCESS STORY:** Sign reads: "No smoking. That goes for everyone. Thanks!" This young family wanted everyone to know their home was tobacco-free and a healthy environment for all.

#### BABY & ME TOBAC<u>CO FREE</u>

Baby & Me, Tobacco-Free is a smoking cessation program created to reduce the burden of tobacco use among women during the prenatal and postpartum period. According to a 2019 study from Public Health Nursing/ Volume 37, Issue 1, "infants of mothers enrolled in the program have a lower risk of birthweight, preterm birth and neonatal intensive care unit (NICU) admission... and an individual cost savings of \$6,040."

The program follows clinical guidelines for treating tobacco dependency. Our staff conduct counseling sessions each month to help pregnant women quit smoking and stay quit after delivery. A partner who lives with the pregnant mom, including family members, can participate in the program, too. This increases the likelihood of successful cessation by improving social supports and also contributes to lower second-hand smoke in the house.



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