



# Hudson River View

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Vol. IX Number 12 - Serving Northern Dutchess & Southern Columbia County February 2025

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## Now Open -- Upstate Pines Cannabis Dispensary

By Lisa Dudley

Red Hook is now the lucky location of Upstate Pines Cannabis Dispensary -- the very first cannabis dispensary in Northern Dutchess County. There is no disputing the area is excited and grateful to have such a great business closer to home.

Located at 7345 South Broadway on Route 9, opposite Red Hook's Town Hall in the former dance studio, Upstate Pines is locally owned and operated by Red Hook locals who saw a need and filled it. Upstate Pines is stocked with edibles of all kinds, flowers, pre-rolled joints, vaporizers, concentrated hashish, oral tinctures, seltzers, tea, topicals, capsules, infused oils and honey, and accessories.

There is something for everyone. Whether you're new to cannabis or a seasoned smoker, Upstate Pines has knowledgeable and friendly "bud tenders" to guide you to the best products for your needs and wants. With products featured from local Hudson Valley cultivators and



farms, the love and local mindset runs deep here. According to the owners "The Hudson Valley has rich soil" that is ideal for farming cannabis and hemp products.

The Upstate Pines website states, "We are a small hometown retail dispensary. We pride ourselves on creating a hometown experience where humility meets refinement. Whether you are on vacation or a local we have a product for you. Our team does not stop searching for the highest quality and locally grown cannabis."

For those who worry about undo exposure to kids, the Upstate Pines Cannabis Dispensary has a strict-two-door policy to enter the building. The first door

Continued on page 2

## Spencertown Academy Presents Michael Benedict Jazz Vibes

Spencertown Academy Roots & Shoots Concerts Series presents Michael Benedict Jazz Vibes on Saturday, February 22 at 7:30pm at the Academy's Blanche Grubin Auditorium. The acclaimed quartet features vibraphonist Benedict with Joe Finn on guitar, Pete Toigo on bass, and Pete Sweeney on drums. Their repertoire includes straight ahead jazz standards, Latin-American songs, and original material. General admission tickets (\$25 public, \$20 Academy members) are available via [www.spencertownacademy.org](http://www.spencertownacademy.org).

"In addition to being a fantastic musician, Michael Benedict is a highly regarded educator. This concert isn't just for longtime jazz aficionados—it's also for anyone who wants to learn more about this wonderful music," says Mike



Michael Benedict

Zdeb, member of the Academy Music Committee. "Michael brings jazz standards to life—from Monk and Miles to Ellington and Mingus—and illuminates how they fit in the development of different jazz idioms."

As a vibraphonist and drummer, Benedict is currently the leader of two ensembles, Jazz Vibes and Bopitude. He has released six recordings to date, including "Five and One," which Downbeat Magazine named one of the best albums of the year and "Circulation: The Music of Gary McFarland," which was an editor's pick in Downbeat Magazine and listed as one of the year's best jazz albums by National Public Radio. His latest album, "1-2-3 GO," earned him the Nippertown Local Hero Award for best local/regional release and WCDB SUNY Albany 90.9FM Radio recently voted him "Best Jazz Musician."

Benedict has performed and/or recorded with jazz luminaries Gary Smulyan, Harry Allen, Dick Oatts, Ralph Lalama, Bruce Barth, Joe Locke, Renee

Continued on page 2

Variable Matrix, a group exhibit curated by artist Linda Cassidy will be featured at



Tivoli Artists Gallery, 60 Broadway, Tivoli NY 12583 from Friday, March 7 through Sunday, March 30. An Opening Reception will take place on Saturday, March 8, from 5-7 pm.

Variable Matrix, a term taken from a poem by George Quasha, is the title of her series of large paintings that Cassidy is featuring in this show. "The term equally refers to the dynamics and interactions of the artists themselves. A network of friends and colleagues in variable configurations, the group has interacted and influenced each other over many years in and around the small hamlet of Barrytown, NY. They share a deep, lifelong commitment to the ongoing creation of their work, and what emerges from this creative intimacy are individual bodies of work that are absolutely unique but mutually reflective of a tendency towards the contemplative, intuitive and deeply felt."

Artists exhibiting include Claude Carone, Linda Cassidy, Lara Chkhetiani, Jonathan Feldschuh, Janene Gentile, Arthur B. Kennickell, Barbara Leon, Siobhan Lidell, George Quasha, Susan Quasha, Charles Stein, Victoria Vesna, Sherry Williams, and Millicent Young. Winter Gallery hours are Friday, 5:00-8:30; Saturday 12:00-8:00pm; Sunday 1:00 - 5:00 pm, and by appointment. Visit [www.tivoliartistsgallery.com](http://www.tivoliartistsgallery.com) for more information or call 845-757-2667 to arrange a gallery appointment.



## Local Author's New Devotional Stitches a Pathway to Peace

By Jessica Coletti

Landing on Amazon's #1 New Release lists for Sewing and Women's Personal Growth, local author and entrepreneur, Naomi Fata, has just published her first devotional, *Stitching Your Story Piece by Piece*. Blending her love of sewing with her Christian faith, *Stitching Your Story* is a thirteen-week interactive devotional that tackles the unspoken problem of anxiety in the faith community and delivers a pathway to peace. Each day's devotion contains a Scripture reading, journaling activity, prayer, and power prayer.

We are not meant to wear fear and anxiety as a garment. In fact, the Bible promises peace. So why are so many struggling to find freedom from this overwhelming feeling? Naomi addresses this question as she examines the root causes of distrust, fear, and anxiety while opening up about her own experiences of loss and abandonment and detailing how she personally overcame them.

Naomi says in her book, "Rather than accepting your state of



Naomi Fata

anxiety as an unchangeable fact of life, come to God knowing that He desires to teach you how to turn your anxieties over to Him. Don't belittle yourself for feeling the stress but recognize this will be a growth journey for the rest of your life. I'm here to invite you to take the first steps."

*Stitching Your Story* is filled with sewing stories teaching how to change mindsets, integrate faith into every part of life, and form secure attachments with God. Naomi's innovative use of sewing imagery and mastery

Continued on page 3

## Love and Mystery Are In The Air at Murder Cafe's 27th Annual Valentine's-Themed Murder Mystery Dinner

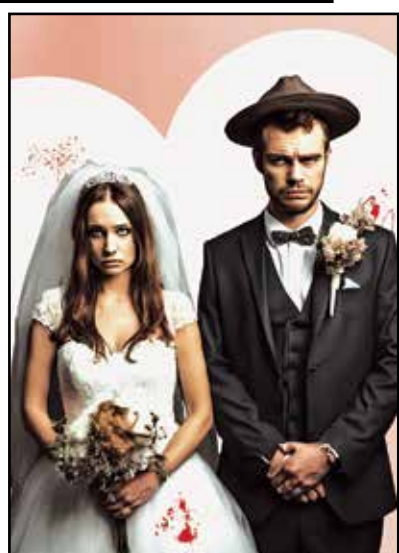
Treat your Valentine, Galentine, or self to a hilarious night of interactive dinner theater at top venues around the Hudson Valley and Catskills throughout February.

Now in its 27th year, acclaimed murder mystery theater company Murder Café brings its annual Valentine's dinner performance to various locations across the Hudson Valley region next month!

Not your average tale of star-crossed lovers, "Rodney and Juliet's Wedding" tells the hilarious and witty story of happy couple Rodney Woodbead and Juliet Hogg, whose families can't get along despite the couple's approaching nuptials. Just as the pair plan to convince the others to put their differences aside, a murder occurs on the day of the wedding—and audience members are invited as wedding guests to help solve the mystery.

Co-directed and written by stand-up comic David Britton and actor Tom Roberts, and performed by top character actors, the performance includes a three-course dinner and arrives just in time for the spirit of Valentine's Day.

Co-director Tom Roberts says: "If you thought your wedding was one you'd never forget, just wait for Rodney and Juliet's wedding. It'll



leave you speechless and falling in love with your Valentine!"

Murder Café founder Frank Marquette adds: "The show provides a fun, interactive, and unique way to treat your loved one or have a night out with friends—our talented cast and stunning venues create the perfect setting for a memorable event."

"Rodney and Juliet's Wedding" will be performed in February at a variety of locations throughout the Hudson Valley, including the Best Western in Kingston,

Continued on page 3

*The March Edition Of The Hudson River View Will Be In Area Homes On March 5th The Deadline For Advertising And Press Release Submission Is February 19th*

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Hudsonriverview.net



# ACCORDING TO QUACKERS



**The Green Grass Under The Snow**  
Poet: Annie A. Preston  
The work of the sun is slow,  
But as sure as heaven, we know;  
So we'll not forget,  
When the skies are wet,  
There's green grass under the snow.  
When the winds of winter blow,  
Wailing like voices of woe,  
There are April showers,  
And buds and flowers,  
And green grass under the snow.  
We find that it's ever so  
In this life's uneven flow;  
We've only to wait,  
In the face of fate,  
For the green grass under the snow.



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## Now Open-Upstate Pines from page 1

opens to a room where patrons must present and scan ID after which the second door opens -- once there is proof-of-age. Customers must be 21 years of age or older to enter the building. The owners assure us, 'They keep up with regulations and stringent quality standards. All products are lab tested. You can scan any box for a certificate of authority.'

This is a comforting difference from purchasing street marijuana and buying ounces from overseas suppliers -- sprayed with toxic herbicides and fertilizers. Plus there is the risk of unknown potency and contamination from heavy metals, molds and bacteria. Illegal street marijuana may also contain harmful bacteria like salmonella, e-coli, and Acinetobacter that can pose serious health risks and life-threatening illnesses. Street marijuana is often laced with dangerous drugs to increase its weight and potency.

At Upstate Pines Cannabis Dispensary, "We are safe and discreet." For more information their email is [upstatepines@gmail.com](mailto:upstatepines@gmail.com), like them on Instagram @upstatepinesinc or visit their website [www.upstatepines.com](http://www.upstatepines.com). You can sign

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up with your email address to receive news and updates and order ahead for easy parking and pickup. Stay tuned: They also hope to offer local delivery.

## Spencertown Academy from page 1

Fleming, and Gene Bertoncini. He was a member of the Spike Jones Orchestra and the Paragon Ragtime Orchestra. He received a bachelor's degree in Music Education from the Crane School of Music at SUNY Potsdam and a master's degree in Jazz Studies from Rutgers University.

Roots & Shoots Concerts is an ongoing Academy series that showcases artists who reach back to earlier traditions in music (Americana, jazz, blues, rock, and world music) for inspiration while incorporating more recent forms and influences of the present. This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact [info@spencertownacademy.org](mailto:info@spencertownacademy.org)

## ZONTA CLUB SEEKS APPLICANTS FOR \$3,000 SCHOLARSHIP

The Zonta Club of Upper Hudson Valley is currently soliciting applications for its District 2 Jean M. Coon Humanitarian Award. This annual award is given to a high school junior or senior

who demonstrates outstanding community service. Academic achievement is not a factor in selecting a winner. A monetary award of \$3,000 will be presented to the winning candidate in the spring of this year by the Zonta Club. Each club's winner becomes a Zonta District 2 finalist and is eligible to compete for the District award of \$1,000.

Completed applications must be postmarked no later than March 21, 2025 and sent to Zonta Club of Upper Hudson Valley, Attn: Scholarship Committee, PO Box 34, Ghent NY 12075. Applicants must reside in Zonta's Upper Hudson Valley region which includes Columbia, Greene, and Rensselaer counties.

"We are especially pleased to be able to increase this year's scholarship award to \$3,000 as a result of successful fundraising by our club members. Young people today are often faced with financial challenges and we hope this increased funding will make a difference for the recipient." stated Zonta Club President Celeste Alexander.

To find out more about Jean M. Coon, the award criteria and obtaining the application, contact your local high school guidance counselor or visit the Zonta District 2 website at [www.zonta-district2.org](http://www.zonta-district2.org), then select the District Awards tab. If more information is needed, please do not hesitate to call 845-527-3415.

Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy. With nearly 28,000 members belonging to 1,100 clubs in approximately 63 countries, Zontians volunteer their time, talents and support to local and international service projects focusing on achieving gender equality and

**Continued on page 3**

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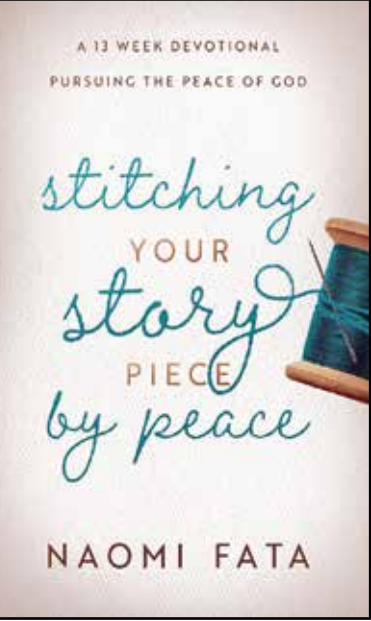
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Local Author Naomi Fata from page 1

of Scripture draws readers into deeper relationship with God as they learn to lean upon His love and live in freedom. *Stitching Your Story Piece by Piece* is published by Christian Resource Ministry, Inc. and is available through Amazon, Barnes and Noble, and Kindle.



Naomi Fata is a published author, professional sewist, and regular contributor to the God’s Corner section of the Hudson River View. In addition to earning numerous certificates and degrees, Naomi is a prayer warrior, active member of her local church, owner of Love Stitches By Naomi (a sewing company), and an avid runner. When she isn’t behind a sewing machine, Naomi can be found alongside her husband Tony homeschooling their three children.Authorcontact:[Naomi@christianresourceministry.com](mailto:Naomi@christianresourceministry.com)

Love and Mystery from page 1

Hudson House Distillery in West Park, The Eldred Preserve in Eldred, and more. **Here’s where you can catch “RodneyandJuliet’sWedding”:** Friday, February 7 at 6:30 pm: Historic Hotel Broadalbin, Broadalbin, NY Saturday, February 8 at 7 pm: Old Drovers Inn, Dover Plains, NY Sunday, February 9 at 7 pm: The Eldred Preserve, Eldred, NY Friday, February 14 at 7 pm: Restaurant Six at Curry Estate, Hopewell Junction, NY February 15 at 7 pm: Howland Cultural Center, Beacon, NY Sunday, February 16 at 4 pm: Hudson House Distillery, West Park, NY Wednesday, February 19 at 7 pm: The Venue Uptown at the Best Western, Kingston, NY Saturday, February 23 at 7 pm: Congress Hall, Cape May, NJ **Tickets available at MurderCafe.net**

**[Interested in attending an event as media? Press passes are available.]** Murder Café’s events begin as soon as guests enter the room, greeted by actors in-character. The show is then broken into four scenes in between dinner courses. This is not done in the fashion of a “Clue” game style, but as an interactive, crowd-engaging performance with prizes available for audience members. **PLUS...** For nearly three decades, Murder Café has entertained nearly 100,000 people in seven states

and two countries. Now, co-founder Frank Marquette has released an autobiography to tell the tale from behind the scenes. **“The True Story of Murder Café: How One Family’s Plunge into Mystery Dinner Theater Made the World a Better Place”** (Troy Book Makers, \$20) is available for purchase through Amazon and several regional booksellers (including Barnes & Noble in Kingston, Inquiring Minds in New Paltz, Oblong Books in Rhinebeck, and more). The book tells the story of life behind the curtain—how Murder Café shaped Marquette’s career, family, and life itself. Please reach out for additional information about the book or to request a copy for review. **About Murder Café:** Murder Café is the creation of actor, writer and director Frank Marquette along with his wife and producing partner, Kristen. They have been serving quality entertainment for both public and private events since 1998 and

their menu includes: original and customized scripts, professional performers and singers, one-of-a-kind production values and the marketing and publicity skills needed to ensure the success of each event.

RHINEBECK GARDEN CLUB MONTHLY MEETING

Wednesday, February 26, 2025, 10am-noon. Rhinebeck Village Hall, 76 East Market Street. Program: “From Drab to Fab! How to Take your Grocery Bouquet or Flowers to the Next Level”. Presented by Jay Bell, a floral designer for 25 years in NYC and a member of the Rhinebeck Garden Club. Refreshments will be served. Visitors are welcomed. Every year the Rhinebeck Garden Club puts together a series of meetings, field trips and events. Most meetings are open to the public, but visitors are asked to join after attending two

meetings. For information, call Sue at (845) 797-3226 or logon to <https://www.facebook.com/p/Rhinebeck-Garden-Club-100064834505072/>

Zonta Club from page 2

empowering women and girls. Zonta clubs also sponsor Z clubs for high school students to develop leadership skills, promote career exploration and encourage members to participate in school, community and international service projects. The Zonta Club of Upper Hudson Valley proudly supports the Columbia County Z Club. The Zonta Club of Upper Hudson Valley meets monthly and conducts events and fundraisers throughout the year. Members work to improve the lives of women in their local communities as well as worldwide. Zonta always welcomes new members to support its mission. Contact Jill Potter [lifecoachjillpotter@gmail.com](mailto:lifecoachjillpotter@gmail.com) to inquire about membership.

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ACROSS

1) Small matter?

5) Military trainee

10) Reason for a parental reprimand, perhaps

14) One-horse carriage

15) PR firm's concern

16) Part of the eye

17) Place with many paintings

20) It may be wrapped in seaweed

21) Flavorful root bark

22) HMO workers

24) Important historical time

25) Lady Remington, for one

29) Given to eavesdropping

31) It runs slowly in the woods

34) Kachina doll carver

35) Sun-baked

37) Iridescent shell layer

39) A trader's duties, say

42) "Second" preceder

43) "Meet Me \_\_\_\_ Louis"

44) Petty quarrel

45) Call at the poker table

46) With competence

48) Like Welsh rarebit

50) "Carte" or "mode" preceder

51) "Now I've got it!"

52) Deficit

57) "I'll be ready in a \_\_\_\_"

62) Site of the National Aquarium

64) Sad word for "Poor Yorick"

65) Flood blocker

66) Lot measurement

67) Depend (on)

68) Spiral-horned African antelope

69) High-school department

ANY IN A STORM

By Richard Auer

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67						68					69			

DOWN

1) They strike along the Nile

2) "O Brother, Where Art \_\_\_\_?"

3) Rowboat pair

4) Imaginary tale

5) Operative's employer

6) Off-kilter

7) Android on the Enterprise

8) Breakfast foods

9) Makes fun of

10) Antibacterial drug, informally

11) Assert positively

12) Word sung twice after "Que"

13) Simon \_\_\_\_

18) Hoarfrost relative

19) "Voice box"

23) "Damn it!"

25) Adjusts with a wedge

26) Clown on "In Living Color"

27) Big-time tablet maker

28) 16th-century bowed stringed instrument

29) Silly goose

30) Track chances

31) Aim improver

32) Elaborate tapestry

33) Kind of cash or officer

36) Transportation mode

38) Vaulted nook

40) Broadway area

41) Carve in stone

47) Present a poser to

49) Pilgrim to Mecca

50) \_\_\_\_-craftsy

51) Woody the director

52) Work out with a pug

53) Excavation result

54) Tough type of exam

55) Biblical victim

56) Volcanic output

58) Islamic leader

59) "\_\_\_\_ Few Dollars More" (Eastwood film)

60) Sitar part

61) Triumphant cry

63) Knight or Nugent

Solution on page 4

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### Sage City Symphony to Present Free Winter Concert February 9

On Sunday, February 9, at 4:00 p.m. Sage City Symphony will present a Winter Concert at Greenwall Auditorium in the VAPA Building at Bennington College. Admission is free and open to all. On the program: Concerto for Bassoon in B flat Major by Wolfgang Amadeus Mozart, with soloist Gerald Lanoue; Symphony No. 4 in A Major (“Italian”) by

Felix Mendelssohn; Bridget Anne Hart: An Irish Legacy, for narrator, wind quartet, and strings, by Robert Merfeld. About Bassoonist Gerald Lanoue Gerald Lanoue, D.M.A., a Bennington, Vermont, native, is an active bassoonist, conductor, and teacher in the Upstate New York and Southern Vermont area. As a freelance bassoonist, he plays with many organizations throughout the northeast, such as Albany Pro Musica, Saratoga Voices, Heliand Consort, and the Opera Company of Middlebury. He is the music

director and conductor of the Music Company Orchestra and Associate Conductor of the Sage City Symphony. Lanoue received a doctorate from the University of Southern California, where he was an active orchestral and chamber musician serving as principal bassoon for Los Angeles Classical Ballet, the Bakersfield Symphony, and the American Youth Symphony. As a teacher, he has taught at Bennington College, the University of Vermont, Santa Monica College, and the University of California Riverside. During his career, Robert Merfeld has performed throughout the U.S., Europe, Asia, and South America. Performing venues have included Lincoln Center’s Alice Tully Hall, Carnegie Hall, Jordan Hall in Boston, the Library of Congress, the Gardner Museum, Merkin Hall, and summer festivals such as Aspen, Carramoor, Marlboro, and

Ravinia. He is currently on the faculties of Boston University, the Boston University Tanglewood Institute, and the Longy School of Music. Over the years he has collaborated with numerous prominent artists, including singers Jan de Gaetani, Lucy Shelton, and Dawn Upshaw, as well as violinists Stanley Ritchie and Arnold Steinhardt, and clarinetist Charles Neidich. Robert Merfeld’s Bridget Anne Hart: An Irish Legacy was inspired by memories of departing the Irish homeland and settling in a new land, namely Vermont. The piece is set for narrator, winds, and strings, and presents several tunes any audience member will recognize. About Music Director and Composer Michael Finckel Having served as principal cellist during Sage City Symphony’s

early years in the 1970s, and later as a commissioned composer and cello soloist, music director Michael Finckel continues the unique traditions and musical standards of the orchestra’s cofounder, Louis Calabro. A native of Bennington, Vermont, Finckel’s formative studies were with his parents, both prominent musicians well known throughout the state. He later attended Oberlin College Conservatory of Music and Bennington College, where he studied composition, conducting, and orchestration with Louis Calabro and Henry Brant. He has taught cello and composition at Bennington and Marymount Colleges, and at Princeton and Cornell Universities. As a member of the faculty of the Vermont Governor’s Institute

Continued on page 6



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## Corneal Ulcers in Dogs and Cats

By Julianne Porter, DVM

Eyes can reveal a lot of information about our pets – whether they are happy, angry, scared, or even sick. Eyes are very complex and even have their own immune system separate from the rest of the body. Because of this, many treatments for eyes must be topical and cannot always rely on oral or systemic medications. As with any body system, they can have their own set of problems.

A very common problem that can occur is that the cornea can be scratched. The cornea is the transparent outer layer of the front of the eye. It refracts and transmits light and protects the inner structures of the eye. The cornea can become scratched easily – for example, your pet can run into some brush/branches, they can get scratched by another animal or housemate, and they can have underlying health conditions that can damage the cells of the cornea. Damage to the cornea can cause several of the cornea's layers to be scratched away, leaving a divot, often referred to as an ulcer or erosion.

The typical signs of having a corneal ulcer are squinting, redness, tearing, and rubbing the face. If these signs are observed whether you are sure of any previous trauma, it is best to schedule an appointment in a timely manner. Your veterinarian can evaluate the structures of the eyes with an ophthalmoscope and may even check ocular pressures and tear production. Often, a fluorescein dye is used to further visualize the cornea. Because the cornea is transparent, damage to the layers of the cornea cannot always be seen with the “naked eye.” This dye will stick to an ulcer and help confirm the presence of an ulcer, as well as the width and depth.

Many uncomplicated corneal ulcers heal quickly with the aid of ophthalmic drops/ointment given several times daily in addition to pain medication. If your pet is scratching or rubbing at their face, an Elizabethan collar, or cone, can be considered to prevent additional damage to the eye. For more complicated ulcers that have been present for a long time, are very deep, or have surrounding inflammation of the cornea itself, there are additional therapies and procedures that can help these to heal appropriately. It is not recommended to try to self-treat your pet's eye without the guidance of a veterinarian, as several types of eye medications can do a corneal ulcer more harm than good.

During the treatment process, it is critical to monitor the eye closely. Depending on the type and chronicity of the ulcer, a recheck will be recommended two to seven days after the initial evaluation, and regularly thereafter until the eye is completely healed.

There are serious complications that can develop if the ulcer does not heal appropriately. One such possibility is known as a melting ulcer, which occurs when an infection causes the cornea to soften and deteriorate. Another severe form of a corneal ulcer is a descemetocoele. This is an ulcer that is so deep that all that is left of the cornea in this location is one cell layer between the outside of the eye and the inside of the eye. As you may imagine, this causes the eye to be extremely fragile and makes it very vulnerable to rupturing: this is considered to be an ocular emergency.

In addition to making sure that the ulcer heals appropriately, your veterinarian will also consider the underlying cause. Traumatic injuries are most commonly to blame, but there are also certain abnormalities such as dry-eye,

hair growing in the wrong place along the eyelid, viruses, and even congenital breed conditions that can predispose to damage to the cornea.

If you are worried that your pet may have a corneal ulcer, the safest approach is always to reach out to your veterinarian so that the eye can be evaluated. Your vet will develop and discuss with you a plan for treating and monitoring that will give your pet's eye the best chance of healing comfortably and completely.

## The Columbia-Greene Humane Society/ SPCA

will be waiving all adoption fees from January 25 through the entire month of February!

Generous friends of the Columbia-Greene Humane Society/SPCA have graciously offered to sponsor all adoptions during this period. That means all approved homes will be going home with their new family member at no charge.

The goal during this time is to empty the shelter to make space for other animals in need. The sponsored adoption fees cover cats, dogs, and pocket pets (rabbits and guinea pigs). Please contact the shelter at (518) 828-6044 or visit our website at [cghs.org](http://cghs.org) for more information.



Amy with Max



Sterling



Mary Kate

## The Frederick W. Vanderbilt Garden Association

is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed, we will train as we work. You need to be eighteen years old or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and carrying buckets. Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. The Association, also, offers a “Greeter Program” on Saturday and Sunday afternoons. At least two-volunteers are needed for each afternoon. No gardening involved. The Greeter volunteers encourage visitation to the formal garden through the provision of self-guided tour brochures and explanation of the garden emphasizing the volunteerism involved in the garden maintenance and the need for community support through monetary donations.

You are welcome to work as often and on any days that suit your schedule. For further information, [e-mail volunteers@vanderbiltgarden.org](mailto:volunteers@vanderbiltgarden.org) or visit our website at <http://www.vanderbiltgarden.org>.

## “Morton's Talent Show ART Opening”

Friday, February 28, 6:00 - 8:00  
It's NEVER too early to start thinking of your talent for the Talent Show! We plan to have our art opening for the visual component of the Talent Show a week before the performance component. This allows our visual artists to be fully recognized and appreciated. The art will remain up for the month of March. Please contact Sandy ([sandy\[at\]mortonrhinecliff.org](mailto:sandy[at]mortonrhinecliff.org)) by February 1st if you are interested. Please bring in your piece to the library by Saturday, February 22nd. Morton Memorial Library & Community House 82 Kelly Street, Rhinecliff, NY 845 - 876 - 2903

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Irwin is a very sweet boy, a little more relaxed than his sister Ivy, but still is extremely playful and curious about his surroundings. He was born 8/23/24 and is a beautiful light grey and black tabby with spotted stripes. Irwin and Ivy can usually be found together, whether it be doing the zoomies around the room, playing hide and seek, or crashing next to their foster mother or in her arms or lap for a nice cat nap. Irwin and Ivy are both ready for adoption. They are fully vetted. Neutered, negative for feline leukemia and aids, vaccines are up to date, and dewormed. Complete an online application at [www.pant.org](http://www.pant.org) under “Adoption Center.” If you would like more information, you can send an email to [info@PANT.org](mailto:info@PANT.org) or call (845) 486-7075.



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## Sage City Symphony from page 4

on the Arts, he taught gifted junior and senior high school students from around the state. Currently living in New York City, Finckel is engaged in an active multiple career as soloist, chamber musician, composer, teacher, and conductor. As a cellist he has performed with orchestral and chamber ensembles in venues from coast to coast and across Europe. He performs and coaches each summer at the Composers Conference and Chamber Music Center in Wellesley, Massachusetts, and the Chamber Music Conference and Composers Forum of the East at Bennington College. About Sage City Symphony Cofounded in 1972 by composer Louis Calabro and Christine Graham as a community and college orchestra with close ties to Bennington College, Sage City Symphony gave its first concert in 1973. At the time, it was one of only a handful of orchestras in the country to commission and premiere new works. Today

the symphony performs the traditional classical repertoire as well as contemporary music, commissioning and premiering new pieces each season, with the mission of presenting programs that are beyond the usual ambition of community orchestras and that offer a challenging playing opportunity to local musicians. The symphony attracts a high caliber of dedicated amateur and professional players who travel from throughout Vermont, New York, and Massachusetts for weekly rehearsals during the concert season. Auditions are not required, and academic credit is available for Bennington College students who participate. Information about joining the symphony, as well as COVID protocols observed at rehearsals and concerts, is available at [www.SageCitySymphony.org](http://www.SageCitySymphony.org). Sage City Symphony is a registered federal non-profit organization in the State of Vermont that relies entirely on generous donations, gifts in kind, grants, and volunteer

services from individuals, local foundations, businesses, and sponsors. Donations are gratefully received by mail at Sage City Symphony, PO Box 547, Shaftsbury, VT 05262 or online via [www.SageCitySymphony.org](http://www.SageCitySymphony.org). Concerts are always free and open to all.

## First Friday Playhouse Returns – New Venue & New Themes

After a two-month hiatus, First Friday Playhouse is back, now at Conkling Hall in Rensselaerville. February Event Details

**When:** Friday, February 7th, at 7 PM

**Where:** Conkling Hall, 8 Methodist Hill Rd, Rensselaerville

**Theme:** Body as Instrument This month, I'll lead a workshop designed to help you unlock your body's natural chambers and strengths to produce powerful, resonant sound—perfect for performance or public speaking. No experience or materials are necessary. March Event Details

**When:** Friday, March 7th, at 7 PM  
**Where:** Conkling Hall, 8 Methodist Hill Rd, Rensselaerville  
**Theme:** Improvisation Auditions for The Crucible R'ville Stage Creations is casting for our April 2025 production of Arthur Miller's The Crucible, and we're looking for fearless and talented performers of all ages!

**What to Prepare:**

A 1-2 minute dramatic monologue (does not need to be memorized). If invited to callbacks, you'll be asked to cold-read from

the script in small groups.

**Audition Options:**

Monday, February 17, at 7:00 PM – Greenville Public Library, ST RT 32, Greenville  
Wednesday, February 19, at 7:00 PM – Conkling Hall, 8 Methodist Hill Rd, Rensselaerville

Video Submission: Email your audition to [rvillestagecreations@gmail.com](mailto:rvillestagecreations@gmail.com) by end of day Tuesday, February 18.

**Callbacks (Invitation Only):** Thursday, February 20 – Conkling Hall, Rensselaerville  
Invitations will be sent via email by 11 PM on Wednesday, February 19.

**Key Dates:**

Rehearsals: Sundays, Mondays, and Wednesdays (2/23–4/16) at Greenville Library. Not all cast members will be called to every rehearsal. Performances: Friday, April 25, at 7 PM  
Saturday, April 26, at 7 PM  
Sunday, April 27, at 2 PM (all performances at Conkling Hall)  
Strike: Following the closing performance on Sunday. We can't wait to see you at First Friday Playhouse or hope to see your talents shine during auditions for The Crucible! In art, Taradwyn, Bard of Earth  
Tara McCormick-Hostash Artistic Director, R'ville Stage Creations

## February 5: Loose Ends”

Freedom Plains United Presbyterian Church, 1168 Rte. 55, Lagrangeville - Skyllkill, a local chapter of the Embroiderer's Guild of America, presents the

co-founders of Loose Ends, Jennifer Simonic and Masey Kaplan, who will share how the organization connects volunteer finishers to unfinished projects left behind by deceased or infirmed crafters. Loose Ends is a registered nonprofit established in May 2023. Come and learn more about this wide-reaching organization. Their motto speaks volumes: “Started with love by them, finished with care by us.” The program starts at 12:30PM. Join other needleworkers for fun and learning beginning at 10AM or, come for this program only beginning at 12:30. For more information visit [www.facebook.com/SkylkillIEGA](http://www.facebook.com/SkylkillIEGA) or email to [EGASkylkill@gmail.com](mailto:EGASkylkill@gmail.com).

## Gilded Age Tea & Talk Programs at Staatsburgh State Historic Site Winter 2025

This winter, enjoy delicious tea and tea fare, while hearing presentations on Gilded Age history, in the palatial formal dining room of a mansion on the Hudson River! Staatsburgh State Historic Site once again presents its winter series of *Gilded Age Tea & Talks*, on selected Sundays at 1:00pm. Tickets are \$65 and can be purchased at <https://TeaAndTalk.Eventbrite.com>

Topics for each program vary, and include, in February:

**On Sunday, February 2:**

*Black Staatsburg: The Gilded Age Black Community of Staatsburg*, is based on recent

Continued on page 7

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### Gilded Age Tea & Talk from page 6

research by staff, and explores what the Gilded Age meant to the free, Black community of the Staatsburg hamlet. **Saturday, February 15, & Sunday February 16: Gilded Age Love Stories** Enjoy a valentine-themed tea program with true stories of courtship, love and marriage, Gilded Age-style (with some heartbreak and lost love included as well!)



The series continues in March and April, and full list of programs can be found at <https://TeaAndTalk.Eventbrite.com>

Each program includes scones, tea sandwiches and sweets, and the site’s custom blend of *Staatsburgh Blend* tea, from Harney & Son. An optional guided tour of the mansion is available to guests after each tea program. Visitors to Staatsburgh may also wish to stroll by the Hudson River; follow the site’s self-guided landscape tour; or walk the woodland trails in adjacent Mills and Norrie State Parks. A full list of all Staatsburgh’s programs and events is found on the site’s

reservations page: <https://www.Bookeo.com/StaatsburghSHS>

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site

is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and

Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh’s websites at, <https://www.Bookeo.com/StaatsburghSHS>, [www.facebook.com/StaatsburghSHS](http://www.facebook.com/StaatsburghSHS), and [www.staatsburghstatehistoricsite.blogspot.com](http://www.staatsburghstatehistoricsite.blogspot.com). Staatsburgh’s events are also listed at [parks.ny.gov](http://parks.ny.gov)

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas, visit [parks.ny.gov](http://parks.ny.gov), download the free NY State Parks Explorer app or call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, X (formerly Twitter), and the OPRHP Blog.

### To Cut or Not to Cut? Where to Cut? When to Cut?

By Felice Gelman and Nancy Bendiner

It’s winter and you’ve had a quick trip to look at those shrubs

that you should have pruned in the fall. Can you prune them in the spring? What’s the best way to do it? These questions and more can be asked and answered at the Old Dutch Village Garden Club February 6<sup>th</sup> meeting when gardening expert Michele Decker will talk about all things pruning. Michele has been a professional gardener since 1985. She is also a volunteer with the Town of Red Hook Tree Preservation Commission and the Village Green and is the owner of Decker Construction, Inc.



Her presentation will include a live outdoor demonstration. She will prune a selection of foundation plantings on the west side of St. John’s Reformed Church (the front of the building) and the south side of the parsonage building next door.

In December, in a candlelight ceremony, the Old Dutch Village Garden Club installed its officers



for 2025: Nola Weit, President; Carol Annas, Corresponding Secretary; Janet del Rosario, Recording Secretary; and Cathy Michael, Treasurer. The Old Dutch Village Garden Club meets at 12:30 the first Thursday of most months at St. John’s Reformed Church in Upper Red Hook and our meetings are open to the public. Follow The Old Dutch Village Garden Club on Facebook to stay up to date on our meeting presentations, the date for our fabulous spring plant sale, and other projects.




## A Natural Approach to Help Avoid Flu, RSV, Norovirus and Covid

By Joseph V Cassarino

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In a world where maintaining robust health is more important than ever, and with school age children almost constantly catching winter colds, ProImmune Immune Formulation 200 is emerging as a groundbreaking, all natural scientific breakthrough and solution to support and optimize immune function. This unique stand-alone, patented formula supports the body’s natural production of intracellular glutathione and is lauded for its antioxidant properties.\* Glutathione nutrition and intracellular replenishment helps reduce oxidative stress and supports healthily inflammation responses, both of which are relevant to overall health and wellness.\* ProImmune is recommended by physicians and pharmacies across America due to its ability to improve immune strength following principles of nature. Locally, in the Hudson Valley, the premier children’s pediatric office Bambini Pediatrics, located in Poughkeepsie recommends ProImmune highly. “We recommend and sell ProImmune - Immune Formation 200 in our pediatric center because ProImmune boosts glutathione levels better than NAC. Additionally, it is a semi-sweet tasting powder that children like or it can be added to food being cooked since it is heat-stable”

Dr. Joseph Malak, MD  
Founder Bambini Pediatrics -Hudson Valley, NY

### What Makes ProImmune Immune Formulation 200 Different?

At the heart of ProImmune Immune Formulation 200 lies a patented blend of amino acids and a water-soluble mineral cofactor designed by the renowned scientist Dr. Albert B. Crum. Unlike synthetic glutathione or precursor products like N-Acetyl Cysteine (NAC), which provides glutathione into the diet; ProImmune works by providing optimized building blocks of glutathione allowing the body’s natural ability to synthesize glutathione within cells as needed and when needed.\* This natural abundancy approach allows the body to detoxify, process healthy inflammation and combat daily oxidative stresses more efficiently.\* Part of the ProImmune’s many patents is for how it supports detoxifying heavy metals from inside cells.\* As mentioned above, one of the standout features of ProImmune is its ability to support glutathione production from within and on-demand addressing daily various cellular damages we are exposed to.\* The body naturally produces glutathione, but factors like age, diet, lifestyle, stress and environmental toxins will deplete its levels. By facilitating intracellular glutathione synthesis, not simply supplementing only the bloodstream with a theoretical desired end nutrient. ProImmune offers a more efficient, sustainable and useful way to maintain healthy immune function and overall well-being.\* In a world of excessive toxic overload, today it is more important than ever to reduce toxicity to maintain optimal health.

**The Game Changer**



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### Understanding Oxidative Stress and Glutathione’s Role

Oxidative stress occurs when there is an imbalance between electrons, free radicals and antioxidants in the body. Free radicals are reactive molecules that can disrupt cellular signaling that may lead to toxin accumulation, cell damage, inflammation, aging and various dysfunctions. Antioxidants like the master antioxidant glutathione help neutralize free radicals, reducing

oxidative stress and supporting natural control of cellular damage.\* When the body’s glutathione levels are insufficient, cells struggle to manage stresses, leaving the immune system potentially compromised and more susceptible to damage and illness. ProImmune Immune Formulation 200 targets this core nutritional issue by providing complete

nutrition to produce all natural glutathione synthesis directly inside every cell of the body.

### The Benefits of ProImmune Immune Formulation 200

Nutrition that strengthens the immune system, enhancing defense against invaders.\*  
Detoxification: Helps remove toxins inside the cells and from the body, promoting overall health.\* Aids in nutritional tissue repair and regeneration.\*  
Reduces oxidative stress and helps with natural inflammation responses.\*  
Skin health combating oxidative damage and supporting collagen production.\*  
Supports energy production at the cellular level, reducing feelings of fatigue and enhanced vitality.\* Optimizes cognitive function and mental clarity.\*  
Supports liver function by aiding in detoxification processes.\*

### More about the Immune Formulation 200:

NrF2 gene Activation which produces antioxidant enzymes and proteins that help the body combat oxidative stress and healthy inflammation, thereby promoting cellular health.\*  
Exclusive formula, unmatched by any other company, it stands as a revolutionary breakthrough in health and wellness. Facilitates natural glutathione production within the body’s cells.\* Supplements cells to naturally produce glutathione in accordance with natural processes.\* Received Federal CARES Act funding. Glutathione: Essential antioxidant, helps immunity, detoxifies, aids in natural tissue repair, and enhances overall health, energy, mental clarity, and natural detoxification processes.\* ProImmune is an all-natural glutathione precursor, proven by peer reviewed research to be superior to glutathione that is synthetic and does not penetrate cell membranes effectively or efficiently. Modern pollutants and processed foods deplete glutathione, emphasizing its replenishment’s importance. Glyphosate, the toxic pesticide on wheat products has been shown to cause toxicity. ProImmune, according to Dr. Judy Mikovits, PhD - Molecular Biologist and Chemistry says: ProImmune is a MUST HAVE to eliminate toxicity and glyphosate inside the cells.  
Natural Glutathione Production: ProImmune utilizes the body’s natural processes to produce glutathione, which may provide a more sustainable approach to managing oxidative stress and inflammation responses compared to other supplement nutrient options.


**ProImmune**

In 2020, Great Plains physician Edward F. Fogarty, MD was awarded Federal CARES ACT funding for the promotion of ProImmune Immune Formulation 200 supplementation and hyperbaric therapy together or individually during the Covid-19 pandemic. When the grant was approved the application included research data obtained by the Georgia State Virology Lab who evaluated Immune Formulation 200 and highlighted the dietary supplement’s dramatic potential.

Listen to Dr. Fogarty speak about ProImmune on KFYR iHeartloom Tuesdays 4:10pm EST • Call into the show and ask any medical questions 800-228-6550

**Experience the power of ProImmune and optimize your health naturally!**

[www.TheBestImmuneSupport.com](http://www.TheBestImmuneSupport.com)



### ProImmune’s Role in Everyday Wellness

The importance of maintaining a healthy immune system cannot be overstated, especially in today’s world. Seniors especially, all over America are utilizing ProImmune to help mitigate chronic inflammation. Daily exposure to environmental toxins, stress, and pathogens can take a toll on the body, weakening the immune response over time and causing harmful oxidative stress inside cells that leads to inflammation.

ProImmune Immune Formulation 200 offers a safe, healthy, proactive way to support the entire immune system by addressing oxidative stress and inflammation at its nutritional core.\* This formula is designed for individuals over two years of age, including school age children and of course seniors, looking for an effective way to support their immune health, in order to have healthy inflammation responses, and support overall wellness.\* Whether you are already managing a chronic condition or simply looking for a way to help your body’s natural defenses, ProImmune nutrition provides a scientifically backed approach that works with your body’s natural processes without over whelming other metabolic processes.\* Available in a semi-sweet powder easily taken directly on the tongue. A small scooper is included inside every jar.

Many immune support products available today, such as glutathione and the precursor-NAC chemical, do not offer the same level of long-term effectiveness as natural solutions like ProImmune supplementation. While NAC purports to provide glutathione precursors on a laboratory benchtop setting, it does not utilize the body’s natural ability to produce glutathione within the cell only where and when it is needed. ProImmune’s formulation takes a different natural approach by working directly with the body’s processes inside the cells, leading to more efficient supplementation. For those looking to take control of their health and support their body’s natural defenses, Visit [www.TheBestImmuneSupport.com](http://www.TheBestImmuneSupport.com) to learn more about ProImmune Immune Formulation 200 and how it can help you achieve optimal wellness.\* Connect with **Best Immune Support** on: Facebook, Instagram, and TikTok for updates and health tips.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# God's Corner

## Peace with Your Story

By Naomi Fata

Despite the late hour, I couldn't stop reading. Mom's goodnight call prompted me to grab a flashlight, switch off the lights, and duck under my covers to read.

That's the impact of a story, isn't it? It draws you in and you can't put it down.

You have a story to tell, regardless of whether you think so. Our life stories are like the old patchwork quilts—an array of memories pieced together. Fabrics of grampa's old shirts, an outgrown baby dress, and leftover scraps from a variety of other textiles. One securely stitches these fabrics together to make a beautiful quilt, forming a work of art.

Often, our life stories don't feel like works of art because there has been tragedy and heartbreak. These fabric scraps represent unwanted memories. Rather than being held together by rows of stitches, we feel as if we are falling apart at the seams.

This happens when we separate our memories, stuffing down the bad and pretending they didn't happen. Like any story, yours will include plot twists, suspense, action, climax and prayerful resolution.

The resolution is only available through Christ. He's the one who can successfully piece together our story. Romans 8:28 is a reminder that God works all things—all the parts of your story—together for good if you love Him. Instead: Don't judge goodness based on your own preconceptions. God has an overarching picture, like a bird's-eye view, seeing the beginning to end of your story as it fits into time and history. Yet you have a worm's eye view from the ground, with little perspective.

When fixed on our own perception of our story, it rarely makes sense. The power of God's story, which is the life, death and resurrection of Jesus, is that when we invite Him into our story, He puts all the pieces back together to form a masterpiece.

Recall the story of Joseph, in Genesis 37. His brothers grew jealous of him, sold him into slavery, and told their father he was dead. But years later, in the land of his enslavement, God favored Joseph, elevating him to power and using him to save his family from starvation. If that isn't a plot twist!

Even though you may believe that God wants to work in your story, working through the painful parts of our stories is hard. If you are struggling to make peace with your own story, I invite you to journey with me through my new book *Stitching Your Story Piece by Piece*, as, over the course of 13 weeks, you process the pieces of your story.

## THE LOVE OF GOD: LOVING GOD AND LOVING ONE ANOTHER!

“Greater love hath no man than this that a man lay down his life for his friends” (John 15:13).

## THE GREATEST DEMONSTRATION OF LOVE!

The greatest demonstration of love is when the Lord Jesus Christ came to earth, born of Mary the Virgin in a very humble setting in Bethlehem. He lived a perfect life and gave His life as a ransom sacrifice for our sins on the Cross. The Lord Jesus Christ is Perfect God-Perfect Man. He spoke with authority, did many marvelous works and miracles, and reached out with compassion to people in need. Jesus willingly laid His life down for us. As Christians we are His friends. I trust that you are a friend of Jesus. If you know Jesus as your Personal Savior, then you are His friend. What a friend we have in Jesus! **WHY CHRIST JESUS CAME INTO THE WORLD!**

The Apostle Paul wrote under the inspiration of the Holy Spirit, “This is a faithful saying, and worthy of all acceptations, that Christ Jesus came into the world to save sinners; of whom I am chief” (1 Timothy 1:15). Before Paul's conversion he was a religious man, but he didn't know Christ. In fact, he was an enemy of Jesus, and to those that were called Christians. He persecuted the Church and tried to stamp out those that followed Jesus. While Paul was actively opposing the followers of Jesus a wonderful work of God's grace occurred in his life. He came to know the Lord Jesus as his Personal Savior and Lord on the Road to Damascus (Acts 9). Things immediately changed in Paul's life. As a result of his conversion, he began to proclaim Jesus as Lord and preached the Gospel. A wonderful change occurs in a person's life when they come to know Christ. “Therefore, if any man be in Christ, he is a new

creature: old things are passed away; behold, all things are become new” (2 Corinthians 5:17).

## THE GREAT COMMANDMENT!

The Lord Jesus Christ was asked by one of the Pharisees what was the greatest commandment in the Law. Notice how the Lord Jesus answered him. “Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets” (Matthew 22:37-40). **THE SOURCE OF LOVE AND THE LIFE OF LOVE**

Beloved, let us love one another: for love is of God; and everyone that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love” (1 John 4:7,8). When a person knows the Lord Jesus Christ as their personal Savior and Lord they receive the Holy Spirit, and as a result of the Holy Spirit living in their life, the fruit of the Spirit will be evident in their life. “The fruit of the Spirit is love, joy, peace ...” (Galatians 5:22). **NOW IS THE TIME TO BELIEVE ON AND RECEIVE CHRIST INTO YOUR LIFE!**

The Lord Jesus Christ paid the price in full for our sins on the Cross and Rose in Victory over death and the grave. Jesus is Alive! Salvation is a gift of God's grace offered to all that believe on Him and receive Him into your life as Personal Savior and Lord (Ephesians 2:8,9). I trust that you will come to the Lord Jesus Christ today. If you would like to know more about the love of God and what it means to be a Christian, please contact us. We are here to help and support you in what it means to be Christian, and the way in which to live the Christian Life. We have excellent Christian material for all ages. If you would like to know

more about the Ministries at GBFC, please contact us by Email at [fdcirone@aol.com](mailto:fdcirone@aol.com) or by telephone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is an Independent Bible Church located at the intersection of Route 9 & Route 9G, 1/4 mile north on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

## The Blessing of the Animals

As we open the pages of a new year, once again the Third Lutheran Church in Rhinebeck will be honoring “Be Kind to Animals Week”. For a 110 years Americans have been celebrating “Be Kind to Animals Week”, the oldest commemorative week in US history. Started by AMERICAN\*HUMANE to honor the human-animal bond, Americans mark this May celebration with many loving events.

Once again, the “Pet Remembrance Tree” will be in place and tributes to loving pets can be displayed. Added to our exhibitor roster will be a special 4-H Pet Club area. Here the community can meet the 4-H members, interact with their chosen companion animals and learn more about this wonderful organization.

A follow up press release will be sent out once all details are finalized. Below please find basic event information for this free, family fun happening. **WHAT:** “The Blessing of the Animals” **WHERE:** Third Evangelical Lutheran Church, 31 Livingston St., Rhinebeck, NY 12572 **WHEN:** Saturday, May 17th, NOON to 4pm// Rain Date, Sunday, May 18th, 1pm to 5pm Contact: ROSEMARY JOYCE (845) 478 2452 (no texting) [mmrjoyce@yahoo.com](mailto:mmrjoyce@yahoo.com)

## Spencertown Academy Presents Family Arts Kaleidoscope Workshops

Spencertown Academy Arts Center Family Arts Kaleidoscope program announces clowning, music, theater, and art workshops for toddlers and school-age children, along with their parents. Academy volunteers Carol Essert and Phyllis Diamond co-chair Family Arts Kaleidoscope. “We are excited to introduce our new offerings. We believe that families sharing these experiences together enhances

childhood development and social skills, as well as brings the arts into family life. Best of all, it's fun for everyone,” says Essert. “These are family friendly events. If the registration fee would be a burden and prevent your attendance, please let us know. We'll be happy to work with you,” adds Diamond.

On Saturday, February 1 from 1:00pm to 4:00pm, professionally trained clowns Zoe Wohlfeld and Jack Grossman will lead “Celebrate Your Fun! A Clown Workshop” for people ages 8 to 108. Everyone is unique, and everyone is uniquely funny. In this workshop, participants will explore the art of performance, not as a character in a play, but as themselves through playful games and exercises in which they will begin to discover their own personal brand of fun. They will learn how to make an audience laugh like literally no one else can, and turn mistakes into joyous celebrations. Tuition is \$10 for children ages 14 and under and \$20 for adults. Immediately following the workshop, the instructors will perform a free family friendly duo clown show, which participants are invited to attend.




Grossman and Wohlfeld met while studying clown and theater at École Philippe Gaulier in Etampes, France. Their debut comedy show, “A Night of Drama,” enjoyed a sold out run at Edinburgh Fringe 2024 and went on a mini US tour to Brooklyn.

On four consecutive Saturdays, March 22 and 29 and April 5 and 12 from 10:00am to 10:45am, music teacher Deb Cavanaugh will lead “Sing, Dance, and Play with Miss Deb.” She calls children ages 18 months to 6 years, along with their adult companions, to come sing along, play instruments, and hear the story of Mr. Froggie and Miss Mousie. These classes will incorporate traditional instruments, American folk arts, and traditional folk songs. Tuition is \$10 per child per class and participants are welcome to sign up for however many of the sessions they would like to attend.

Cavanaugh is an artist educator, singer songwriter, and multi-instrumentalist. In her programs geared for the younger set,

**Continued on page 10**




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Prayer Meeting: Wednesdays at 7:00 pm  
Bible Study for All: Tuesdays at 11:00 am  
American History Class: Thursdays at 1:30 pm  
Children & Teen Ministry: Fridays 6:45-8:30 pm, Ages 4-18  
Men's Bible Study: Saturdays at 7:00 pm  
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# Panorama: Summer Art + Nature Program at Olana State Historic Site Open for Registration

Dive into Frederic Church’s Olana this summer during PANORAMA Summer Art + Nature Program. Back for its 16th annual season, this year The Olana Partnership will offer five weeks of hands-on exploration for children ages 6-11 from July to August at Olana State Historic Site. Discounted early bird registration is now open through February 1. “Panorama is one of our most exciting and fun programs of the year” said Carolyn Keogh,

Director of Education at The Olana Partnership. “The Olana Partnership’s education team looks forward to welcoming new and familiar faces each summer for weeks of engaging play, exploration, and discovery.” Experience art, science, and nature through sketching, lake exploration, hiking, painting, play, and more, all while meeting new friends and learning from the experts. The whole summer focuses on art and nature with special guest visits and activities each week. You don’t want to miss this unforgettable summer adventure! “It is one of the best camps in the area- varied activities and educational”

said a Panorama parent. Highlights for each of the four weeks include exploring habitats, animals, and ecosystems that are within Olana’s 250-acre artist-designed landscape, unleashing your own inner sculptor by experimenting with clay, wire, and paper mâché, learning about architecture and building your own creations, and experimenting with professional materials like paint, charcoal, and collage. The program runs Monday-Friday, 9 am to 3 pm. Secure your space! Early bird registration is available from January 1 through February 1 and offers a \$50 discount. Registration will close on June 1, 2025. The cost of attendance is \$350 a week for members (dual level and above) of The Olana Partnership or \$450 a week for non-members. To become a member, visit OLANA.org/membership. Early bird pricing is available until February 1 and is \$300 a week for members and \$400 a week for non-members. Full scholarships and financial support for transportation are available for students who attend Title 1 schools and/or receive SNAP and EBT benefits. To apply for funding or to learn more email education@olana.org. To learn more about each week and register, visit OLANA.org/Panorama.

Valley and Catskill Mountains and welcomes more than 170,000 visitors annually. The landscape is open for guided touring, and reservations are highly recommended. The park is open daily 8 AM-sunset. Olana State Historic Site, administered and operated by the New York State Office of Parks, Recreation and Historic Preservation, is a designated National Historic Landmark and one of the most visited sites in the state. The Olana Partnership is the 501(c)(3) not-for-profit cooperative partner of the New York State Office of Parks, Recreation

and Historic Preservation at Olana State Historic Site, with primary responsibility for visitor engagement, programming, and exhibitions.

## The Moviehouse, 48 Main Street, Millerton, NY 12546

**FEBRUARY EVENTS**  
**Wednesday, February 5, 2025 at 4:00 PM; Friday, February 7, 2025 at 7:00 PM**  
**& Sunday, February 9, 2025 at 4:00 PM**

**RUDE BOY: The Clash**  
<https://bit.ly/TMH-Rude-Boy->  
**Continued on page 12**

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About Olana and The Olana Partnership: Olana is the greatest masterwork of Frederic Edwin Church (1826-1900), the most famous American landscape artist of the mid-19th century and the most important artist’s home, studio, and designed landscape in the United States. Church designed Olana as a holistic environment integrating his advanced ideas about art, architecture, landscape design, and environmental conservation. Olana’s 250-acre artist-designed landscape with five miles of carriage roads and a Persian-inspired house at its summit embraces unrivaled panoramic views of the Hudson

## The Hudson River View

is published monthly and distributed on the 1st Wednesday of the month.

The View is a Privately owned, independent, Partnership publishing business.

The View is mailed at the Newburgh, NY Post Office to homes in the Northwest part of Dutchess County.

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(518) 929-9579  
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## Slow Cooker Short Ribs



### Ingredients

Bone-in beef short ribs: Wondering whether you should use bone-in or boneless short ribs? Either works in this recipe, but we generally prefer bone-in short ribs. They look more impressive on the plate, and the bone adds flavor and body to the braising liquid.

Beef broth: This flavor-packed broth is the base of the braising liquid. You can use store-bought or homemade beef broth.

Tomato paste: Tomato paste has a very concentrated tomato flavor. It helps to thicken the braising liquid and adds an umami-rich flavor.

Dry red wine: Red wine adds depth to braised dishes like slow-cooker short ribs. It’s also acidic, so it balances out the richness of the fatty short ribs. If you don’t have any—or if you’d prefer not to add alcohol—you can use additional beef broth.

Cornstarch: Cornstarch is a gluten-free ingredient used to thicken sauce. It doesn’t freeze well, so substitute arrowroot if you plan to freeze the leftovers.

### Directions

**Step 1:** Brown the short ribs

Sprinkle the bone-in beef short ribs with salt and pepper. In a large skillet, heat the canola oil over medium heat. In batches, brown the ribs on all sides.

Transfer the browned ribs to a 4- or 5-quart slow cooker. Add the cut carrots, beef broth, thyme sprigs and bay leaf to the slow cooker.

**Step 2:** Prepare the braising liquid

Add the cut onions to the same skillet. Cook and stir over medium heat for eight to nine minutes, or until tender. Add the minced garlic and tomato paste. Cook and stir for one minute longer.

Stir in the dry red wine, and bring the mixture to a boil. Cook for 8 to 10 minutes or until the liquid is reduced by half. Add the braising liquid to the slow cooker.

**Step 3:** Slow-cook on low

Cook, covered, on low for six to eight hours, or until the meat is tender.

Editor’s Tip: The short ribs should be tender enough to eat with a fork. If they’re not tender after eight hours, read up on how to fix tough meat in the slow cooker.

**Step 4:** Simmer the gravy

Remove the ribs and vegetables, and keep them warm. Transfer the cooking juices to a small saucepan, and skim off the fat. Discard the thyme and bay leaf. Bring the juices to a boil.

In a small bowl, mix the cornstarch and water until smooth. Stir the cornstarch slurry into the cooking juices. Return the mixture to a boil. Cook and stir for one to two minutes, or until thickened. If desired, season with additional salt and pepper.



**The Moviehouse from page 11**

**The-Clash**

Directors: David Mingay, Jack Hazan

Music composed by: Mick Jones, Joe Strummer, The Clash

In Rude Boy, Jack Hazan and David Mingay (A Bigger Splash) once again merge documentary and fiction in their tale of Ray Gange, a roughneck roadie for the most fiery, revolutionary rock ‘n’ roll band of their era - The Clash. Proving a difficult, sometimes reactionary subject and a foil to the band’s idealism, Gange plays observer to The Clash’s legendary 1978 Rock Against Racism concert in London’s Victoria Park and their studio recording of Give ‘Em Enough Rope. Set against a background of riots, racist and anti-racist demos, and police hostility towards black British youth, this unforgettable, absorbing film portraits a UK on the brink of Thatcherism, and a moment when subcultural shock troops met those of a rising right wing in the streets.

2hrs 13mins/R

Tickets \$18 / Superstar Members \$16

**Trailer**

**Wednesday, February 5, 2025 at 7:00 PM**

**& Sunday, February 9, 2025 at 1:00 PM**

**Donmar Warehouse: MACBETH**

**<https://bit.ly/TMH-Donmar->**

**Macbeth**

by William Shakespeare

Director: Max Webster

Cast: David Tennant, Cush Jumbo

David Tennant (Doctor Who, Broadchurch) and Cush Jumbo (The Good Wife, Criminal Record) lead a stellar cast in an ‘enthraling’ (Daily Telegraph) new production of Shakespeare’s MACBETH, filmed live at the Donmar Warehouse in London, especially for the big screen. Unsettling intimacy and brutal action combine at breakneck speed as Max Webster (Life of Pi, Henry V) directs this tragic tale of love, murder, and nature’s power of renewal. With staging ‘full of wolfish imagination and alarming surprise’ (????? The Guardian), the immersive 5.1 cinema surround sound places the audience inside the minds of the Macbeths, asking are we ever really responsible for our actions?

1hr 54mins/PG

Tickets \$25 / Superstar Members \$20

**Trailer**

**Saturday, February 8, 2025 at 7:00 PM**

**Meet the Director**

**CHECKPOINT ZOO + Q&A with Director Josh Zeman in conversation with John Hoffman.**

**<https://bit.ly/TMH-Checkpoint-Zoo>**

Director: Joshua Zeman

Writers: Daniel Lonsbury, Joshua Zeman

Cast: Oleksandr Feldman Oleksii Husak, Vitalii Ilchenko

A gripping documentary set during the early days of the Russian invasion of Ukraine, when Kharkiv’s beloved Feldman Ecopark Zoo found itself caught in the crossfire between advancing Russian forces and Ukrainian defenders. Home to over 5,000 animals, the approaching front line left the zoo’s creatures trapped in their cages with little food and water, facing starvation and increasing danger as the Russian army approached.

1hr 43mins/NR

Tickets \$18 / Superstar Members \$16

**Joshua Zeman** is one of the leading voices in documentary storytelling. His critically-acclaimed film *Cropsey* is considered one of the top true crime documentaries of the past decade. In 2017, Zeman executive produced and directed *The Killing Season* for A&E, an unscripted docu-series also executive produced by Academy Award-winning director Alex Gibney. Zeman also directed *Murder Mountain*, a 6-part docu-series for Netflix that’s been called “a must-watch” by *The Daily Beast*; *The Sons of Sam*, which was the #1 watched show on Netflix around the world during the week it was released, and *The Loneliest*

*Whale*, a cinematic quest to find the 52Hz Whale, whom scientists believe has spent its entire life in solitude. The film, which was executive produced by Leonardo DiCaprio and Adrian Grenier, has been called “a modern-day Moby Dick” that “will keep you on the edge of your seat” by the *LA Times*.

**John Hoffman** is a six-time Emmy award-winning filmmaker, whose films include *The Barber of Little Rock*, which was nominated for a 2024 Academy Award; *Fauci* (2021) - a National Geographic portrait, and *The Antidote* (2020). Some of his other films include *Rancher, Farmer, Fisherman* (2017) and *Out of Many, One* (2018). Much of John’s work as a filmmaker has focused on the key health issues of our time, including *The Weight of the Nation* (HBO), *Addiction* (HBO), *The Alzheimer’s Project* (HBO), and *First in Human* (Discovery) – a 6-hour series set in the world’s largest research hospital, the NIH’s Building 10. In addition to making films, John was the Executive Vice President of Documentaries & Specials for Discovery from 2015 to 2018, and served nearly two decades as Vice President of Documentary Programming at HBO.

**JUST ADDED!**

**Friday, February 14, 2025 at 12:00 PM**

**First Friday Film Club\* with Neil LaBute**

**OSCAR NOMINATED SHORTS: LIVE ACTION**

**<https://bit.ly/TMH-FFFC-Oscar-Shorts-Live-Action>**

\*Our First Friday Film Club will take place on the *second* Friday in February due to a delay in the release of Oscar Shorts as a result of the LA fires. For the 20th consecutive year, ShortsTV presents the Oscar-Nominated Short Films, opening on Feb. 7. With all three categories offered – Animated, Live Action and Documentary – this is your annual chance to predict the winners (and have the edge in your Oscar pool)! A perennial hit with audiences around the country and the world, don’t miss this year’s selection of shorts.

A discussion led by Neil LaBute will follow the screening. Est run time 2hrs/Not yet rated.

*The Academy Awards take place Sunday, March 2nd. List of nominees tba.*

**Saturday, February 15, 2025 at 9:00 PM**

**Late Night Classics**

**MULHOLLAND DRIVE**

**<https://bit.ly/TMH-Late-Night-Classics-Mulholland-Drive>**

**The Moviehouse is kicking off it’s new Late Night Classics film series with a tribute to director David Lynch.**

Director/Writer: David Lynch

Cast: Naomi Watts, Laura Harring, Justin Theroux, Jeanna Bates

**Continued on page 13**

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The Moviehouse from page 12

A dark-haired woman is left amnesiac after a car crash. She wanders the streets of Los Angeles in a daze before taking refuge in an apartment. There she is discovered by Betty, a wholesome Midwestern blonde who has come to the City of Angels seeking fame as an actress. Together, the two attempt to solve the mystery of Rita’s true identity. The story is set in a dream-like Los Angeles, spoiled neither by traffic jams nor smog. 2hrs 27mins/R (Some Strong Sexuality|Language|Violence) Adults \$14.50 - Members \$12.50 - Seniors 62+ & Military \$12.50 - Senior Members 62+ \$10.50

**Trailer**  
**Thursday, February 20, 2025 at 7:00 PM**  
**& Sunday, February 23, 2025 at 1:00 PM**  
**NT Live: THE IMPORTANCE OF BEING EARNEST**  
**By Oscar Wilde**  
<https://bit.ly/TMH-NTLive-Importance-Earnest>

From the National Theatre, London, UK.  
Directed by: Max Webster  
While assuming the role of a dutiful guardian in the country, Jack lets loose in town under a false identity. Meanwhile, his friend Algy adopts a similar facade. Hoping to impress two eligible ladies, the gentlemen find themselves caught in a web of lies they must carefully navigate. Three-time Olivier Award-winner Sharon D Clarke is joined by Ncuti Gatwa (Doctor Who; Sex Education) in this joyful

reimagining of Oscar Wilde’s most celebrated comedy.  
Estimated run time 3hrs (tbc)  
Tickets \$25 / Superstar Members \$20  
**Trailer**  
**Saturday, February 22, 7:00 PM**  
**NORAH EPHRON AT THE MOVIES**  
**A special screening of *When Harry Met Sally*, followed by a Q&A with author Ilana Kaplan.**  
**A portion of the proceeds will go to support The Moviehouse.**  
Presented in partnership with Oblong Books.  
<https://bit.ly/TMH-Nora-Ephron-Special-Event>  
Through her keenly self-aware humor and semi-autobiographical stories, Nora Ephron left behind a groundbreaking legacy as a beloved journalist, essayist, screenwriter, author, producer, director, and feminist who delivered stories of resilience embedded in sharp wit and upper-crust landscapes. Nora Ephron at the Movies by Ilana Kaplan is the first illustrated monograph on the visionary behind When Harry Met Sally, Sleepless in Seattle, and You’ve Got Mail, and offers an unfiltered look at Ephron as a champion of the rom-com and as a feminist Hollywood trailblazer. It explores her life and work by pairing detailed criticism with exclusive interviews with Ephron’s key collaborators, including Andie MacDowell and Jenn Kaytin Robinson, to add color and nuance to her life and legacy.  
**Ilana Kaplan** is a writer and culture editor whose work has appeared in The New York

Times, New York Magazine, The Los Angeles Times, Rolling Stone, NPR, GQ, Vanity Fair, Vogue, Pitchfork, Variety, Billboard, People Magazine, Alternative Press, The Independent and Paper.  
Ticket package includes one copy of *Norah Ephron at the Movies* (a \$50 value) + 2 seats to the event: \$100  
**Trailer**  
**Tuesday, February 25, 2025 at 7:00 PM**  
**MOVIE TRIVIA NIGHT**  
**Hosted by David Ruchman & Jeremy Boviard**  
FREE - No ticket or advance registration required.  
Play solo or get a team together of up to 4 people. Come early & snag your spot. Space will be filled on a first-come, first-served basis. There will be a prize for the most imaginative costume.  
\*Movie Trivia Night takes place on the last Tuesday of the month unless otherwise noted.  
**Thursday, February 27, 2025 at 7:00 PM & Saturday, March 1, 2025 at 7:00 PM**  
**BUSTER KEATON’S SHERLOCK JR. with R.E.M.: A Silents Synced Film**  
<https://bit.ly/TMH-Silents-Synced-SherlockJr-REM>  
Directed and remixed by Josh Frank to the accompaniment of R.E.M.’s *Monster & Adventures in Hi Fi*.  
Director: Buster Keaton  
Writers: Jean C. Havez, Joseph A. Mitchell, Clyde Bruckman  
Cast: Buster Keaton, Kathryn McGuire, Joe Keaton  
In this 1924 Buster Keaton classic, a film projectionist longs to be a detective, and puts his meagre skills to work when he is framed by a rival for stealing his girlfriend’s father’s pocket watch  
*Monster* is the ninth studio album by American rock band R.E.M., released by Warner Bros. Records in the US on September 27, 1994. The album was produced by the band and Scott Litt. *New Adventures in Hi-Fi* followed the release of *Monster* and is the band’s tenth studio album and their fifth major-label release for Warner Bros.  
1hr 12mins/ NR

**Trailer**  
*Millerton Community Cinema Arts, Inc. dba The Moviehouse is a non-profit 501(c)(3) organization and all donations are tax-deductible to the fullest extent of the law. Federal tax ID # 93-4174128*

**Germantown Garden Club Offers Universally Great Programs for 2025**  
The Germantown Garden Club will hold its first meeting of the year on Tuesday, February 25, at noon, in the Hover Room at the Germantown Library, 31 Palatine Park Rd. Each year, the club puts together a series of meetings, a field trip, and events that revolve around a theme. This year’s theme is “Gardening is Universal.” As we continue to explore ‘gardening’ this year, we will tour a historic garden at Clermont State Historic Site.

We will learn how to create a native pollinator garden and how to use and preserve herbs. We will learn about sustainability, and how to grow orchids.  
Come find out what garden clubs are all about, meet other gardeners from our area, and enjoy some refreshments. Please join us, our meetings are always open to the public. For more information, please call Irene Clum, 518-537-4793.  
The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.

**PRIMORDIAL – New Oil Paintings by KP Devlin**  
Art Gallery 71 is pleased to invite the public to view

PRIMORDIAL, a collection of oil paintings by this month’s featured artist, KP Devlin. Drawing inspiration from his dreams and meditation visions, as well as imagery from artists such as Hieronymus Bosch, Remedios Varo and David Lynch, Devlin’s paintings weave humorous and horrifying images into hallucinogenic landscapes, oozing with saturated primary colors and gradated earthtones. You can view PRIMORDIAL  
**Continued on page 14**



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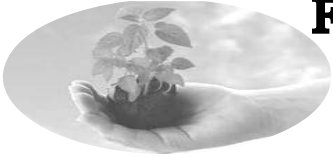
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PRIMORDIAL from page 13

from February 7 through March 2, during gallery hours listed below. Please join us for the opening reception on Sunday, February 16, from 12-2 pm. Gallery address: 71 East Market Street, Rhinebeck, NY 12572 Gallery hours:

Fridays: noon-6pm  
Saturdays: noon-6pm  
Sundays: 10am-4pm  
For more information, visit our website: <https://www.artgallery71.com> or [www.kpdevlin.com](http://www.kpdevlin.com).

WINTER BLUES Opening Reception, February 8, 5-7 pm

The Tivoli Artists Gallery, 60 Broadway, Tivoli, NY, presents a new exhibition, *WINTER BLUES*, opening on February 7, 2025. There will be an opening reception for the artists on February 8, 5-7 pm. Gallery hours are Friday, 5-8:30 pm, Saturday, noon-8 pm, Sunday, 1-5 pm, and by appointment. [www.tivoliartistsgallery.com](http://www.tivoliartistsgallery.com)  
Do you have the “Winter Blues”? Instead of hibernating indoors, visit our warm, brightly

lit spacious gallery for an uplifting take on winter in all its glory. This captivating exhibit delves into the artists’ interpretations of winter’s beauty and majesty. Experience art that captures the rich palette of cool and warm colors, the sparkling glimmer of freshly fallen snow, and the invigorating crispness of the air. Feel the unique atmosphere of the season as each piece reflects the serene yet powerful mood of winter, including the arctic chill that has enveloped our Hudson Valley. Join us for the opening reception on February 8, 5-7 pm.

Hudson River Maritime Museum Announces Multi-Activity, All-Day Program that Blends Sailing, Boat Building, and Woodworking For Ages 9-17

Hudson River Maritime Museum invites you to give your kids the experience of a lifetime this summer by signing them up for its new HRMM **Voyager Program!** Adventure meets

learning in this all-day, multi-activity youth program that blends sailing, boat building, woodworking, and hands-on STEAM activities into a unique experience for youths 9 through 17. The Voyager Program will run for six one-week sessions, Mon.-Fri., 9:00 AM to 4:00 PM from July 7 through August 15. Registration is online at [www.hrmm.org/youth-programs](http://www.hrmm.org/youth-programs), and opens on February 1, 2025.



Now in its 46th year, the Hudson River Maritime Museum, located on the banks of the Rondout Creek in Kingston, has a long tradition of providing young people a chance to experience the magic and history of the Hudson Valley’s rich maritime traditions through a myriad of on-land and on-water programming. This year, HRMM’s professional woodworkers, museum educators, and US Sailing and SafeSport Certified Instructors will lead an immersive program

that will blend practical skills in sailing, boatbuilding and woodworking, all while building self-confidence, making new friendships, and having fun!



Designed for youths aged 9-17, this program is perfect for all skill levels. Our Seafarers (9-12 years) and Navigators (13-17 years) will spend each day sailing for three hours, practicing boat building and woodworking for 90 minutes, and participating in other STEAM activities involving history, crafts, games, and tours on our solar tourboat, Solaris, all while making friends, learning new skills and fostering their creativity! Mid-day, Seafarers and Navigators will gather for an outdoor lunch onshore—perfect for sharing stories of their adventures. HRMM’s professional woodworkers, museum educators, and US Sailing and SafeSport certified sailing instructors are here to guide your kids every step of the way, ensuring they understand how STEAM principles come alive both in the workshop and on the water!

The Voyager Program will run for six one-week sessions, Monday-Friday, 9:00 a.m. to 5:00 p.m., on July 7-11, July 14-18, July 21-25, July 28 - Aug. 1, Aug. 4-8, and Aug. 11-15. For more information and to register visit, [www.hrmm.org/youth-programs](http://www.hrmm.org/youth-programs). Fees are \$750 per week. Discounts are available to HRMM Household Members. Scholarships are also available. **The Sailing School** at Hudson River Maritime Museum is the only US Sailing Accredited sailing school in the Hudson Valley. Founded in 2017, the School seeks to inspire a new generation of enthusiasts to get out on the water and become more confident sailors by offering accessible programming for youth and adult beginners. For students seeking to advance their skills, USSailing Instructor Trainers occasionally offer USSailing Instructor Certification courses at HRMM for advanced students age 16 or older seeking to become certified instructors.

**The Wooden Boat School** was founded by the Hudson River Maritime Museum in 2015 to preserve the maritime craft traditions of the Hudson Valley and to teach a hands-on interpretation of the living history of the Hudson River. We offer diverse curriculum and opportunities which provide skills

Continued on page 15



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**Hudson River Maritime Museum from page 14**

in woodworking, boat building, and maritime craft. The school offers adult and youth courses. The **Hudson River Maritime Museum** is dedicated to the preservation and interpretation of the maritime history of the Hudson River, its tributaries and related industries. In addition to extensive collections documenting maritime transportation, industry, recreation, and natural science, the museum offers classes and programs at its Wooden Boat School, Sailing and Rowing School, and aboard Solaris, the 100% solar powered tour boat and floating classroom. The museum is located along the historic Rondout waterfront in downtown Kingston. Visit [www.hrmm.org](http://www.hrmm.org) for more information.

**GRIT Gallery Presents An Homage to Newburgh Artists and Evocative Street Art In “Newburgh Now: A Group Exhibition on Our City of Creatives”**

*A thought-provoking exhibit reflecting the City of Newburgh’s ever-evolving persona, from the perspectives of contemporary hope and the weight of the city’s historic past.*

Opening on Feb. 1 and running through March 23, GRIT Gallery’s new exhibition is a group showing of artists who represent both living in Newburgh and the growing body of street art. (An opening reception will be held on Feb. 1 from 3-7; details below.)

Street art has always been the voice of the people—one we cannot drown out or ignore, and an ever-present influence on Newburgh artists both past and present. In “Newburgh Now: A Group Exhibition on Our City of Creatives”, GRIT aims to highlight spaces, events, people, and moments in the city’s collective history through the works of independent artists whose art reflects cultural changes. Passion, anger, excitement, and curiosity can be seen and heard in each artist’s work and this showcase is an opportunity to boldly present their efforts to capture and create thought-provoking media that captures Newburgh’s evolution.



View exciting works of various media, including photographs by Erika Norton-Urie and Randy Calderone; paintings by Naomi Berkery, Nikki Salvestrini, and Keara Neilsen; collage by Elizabeth Arnold; and audio-visuals by James Turner and The Kollektiv, among 11 artists (full list below) This show is also the first exhibit curated by Keara Neilsen, under the guidance of Gallery Curator David Lionhart. **Keara Neilsen says:** “In deriving Grit’s first exhibit for the year, I had one main focus: starting our community off in a personal, celebratory manner. In these turbulent times, I find it most important to connect with our roots and environment, to

honor both those who have worked for Newburgh to become the place we live now, and those who have documented the process. Newburgh has blessed many of my days with new artwork and artist events to explore, and I would like to use this show to give back. I am a firm believer in the importance of finding meaning in our most local spheres, in creating allyship with our neighbors, and in appreciating the beauty of our backyards. I do hope this show will be a heartwarming and

nostalgic curation that all ages and backgrounds can admire. Thank you to Grit Gallery for giving me this opportunity to share my love for the hearts with my neighborhood.”

**EXHIBIT DETAILS:**  
**“Newburgh Now: A Group Exhibition on Our City of Creatives”**  
Feb. 1 through March 23  
**Full list of artists:** Elizabeth Arnold, Erika Norton-Urie, Imar Lawson, James S. Turner, Keara Neilsen, Michael Roopchandsingh, Naomi Berkery, Nikki Salvestrini, Randy Calderone, Sael Valera, The Kollektiv  
**Opening Night Reception:** Saturday, February 1, 2025 from 3-7pm: Meet the artists and enjoy live analog performance by The Kollektiv, a nonprofit organization rooted in community building. Refreshments available.  
**GRIT Gallery is located at 115 Broadway, Newburgh, NY.** Open weekends from 1-5 pm. For photos of a few art pieces, [please view this folder.](#)  
**Gallery Curator David Lionheart is available for interviews.**  
**About GRIT Gallery:** GRIT Gallery, located on Broadway in the historic City of Newburgh, features the thought-provoking work of artists of various media, whether from around the country or down the block; from established art-scene veterans to regional up-and-comers. Each show is dedicated to advancing the development of the Newburgh and greater Hudson Valley art communities, bridging the gap between esteemed

collectors and the simply curious by forging connection, eliciting hope, and inspiring all.

**PHILIPSE MANOR HALL HOSTS VIRTUAL TALK ON BLACK REVOLUTIONARY WAR SOLDIERS**  
[Philipse Manor Hall State Historic Site](#) and the [Friends of Philipse Manor Hall](#) are pleased to present “Discovering the Frank Brothers” on Wednesday, February 12, 2025, at 7:00 p.m. online via WebEx. This program is free and open to the public and is sponsored by the Friends of Philipse Manor Hall and Tompkins Bank. Follow the lives of William and Benjamin Frank, men of color who joined the Second Rhode Island Regiment during the American Revolution, as they navigate the challenges of war, ultimately ending up on opposite sides of the conflict. Join Dr. Shirley Green for this fascinating talk based on her book, *Revolutionary Blacks: Discovering the Frank Brothers, Freeborn Men of Color, Soldiers of Independence*. The narrative follows the lives of William and Benjamin Frank during the American Revolution. In the book, Dr. Green takes the reader on a journey based

**Continued on page 16**

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## Philipse Manor Hall from page 15

on her family’s history, rooted in its oral tradition. Putting together the pieces of this puzzle through archival research, interviews, and DNA evidence, the author authenticates and expands the family’s oral history.

William and Benjamin Frank joined the Second Rhode Island Regiment in the spring of 1777, following the tradition of military service established by their father, a veteran of the French and Indian War. The brothers became part of a cohort of free Black soldiers serving in an integrated Continental Army. Following the brutal winter of 1777–1778 and the pivotal Battle of Monmouth, New Jersey, in June 1778, veteran soldiers of color from the Second Rhode Island, including the Frank brothers, were transferred to the newly segregated First Rhode Island Regiment. This unit was composed of Black and Native American soldiers, including enslaved men who were promised their freedom

in exchange for service. Dr. Shirley Green is the Director of the Toledo Police Museum and Adjunct Professor of History at Bowling Green State University in Bowling Green, OH and the University of Toledo in Toledo, OH. Tickets are for this virtual program are free, but registration is required. Register at: <https://www.philipsemanorhall.com/programs-and-events/lecture-discovering-the-frank-brothers>  
**About the Friends of Philipse Manor Hall:**

The Friends of Philipse Manor Hall, Inc. is dedicated to supporting and enhancing Philipse Manor Hall State Historic Site. Friends of Philipse Manor Hall offers a variety of events and activities throughout the year, from family-friendly festivals to lectures, concerts, and movie nights. The organization’s goal is to foster public interest in and support for Philipse Manor Hall, to make PMH more accessible and inviting to the local community, and to

provide funds and volunteers for programs and activities offered by the site staff. Learn more at [www.friendsofphilipsemanorhall.org](http://www.friendsofphilipsemanorhall.org).  
**About Philipse Manor Hall State Historic Site**

Philipse Manor Hall State Historic Site, located at 29 Warburton Ave., Yonkers, NY, 10701, is open for tours Wednesdays through Sundays, 10:00 a.m. to 5:00 p.m. Dating back to the 1680s, Philipse Manor Hall State Historic Site sits near the confluence of the Nepperhan (Saw Mill) and Hudson Rivers, the site of a Munsee Lunaape village. Used by four generations of the Philipse family and worked by the people they enslaved as well as European tenant farmers, the Philipse Manor was once over 200,000 acres and helped make the Philipse family the richest in New York. Loyalists during the American Revolution, they fled to England and the Hall was owned by several individuals before becoming the Yonkers Village Hall and later Yonkers City Hall. When a new City Hall was built in the early 20th century, the house was preserved through the generosity of Eva Smith Cochran and donated to New York State to serve as a historic site. Today, Philipse Manor Hall State Historic Site provides visitors with a balanced approach to interpreting the lives of Indigenous, European, and African people to understand the complex relationships that took place at the Manor from

the earliest days of the Dutch Colony of New Netherland to the American Revolution and beyond. Learn more at Philipse Manor Hall’s Virtual Wing at [www.philipsemanorhall.com](http://www.philipsemanorhall.com).  
**The New York State Office of Parks, Recreation and Historic Preservation** oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas, visit [parks.ny.gov](http://parks.ny.gov), download the free [NY State Parks Explorer](#) app or call 518.474.0456. Connect with us on Facebook, Instagram, X (formerly Twitter), and the [OPRHP Blog](#).

## Columbia County Chamber of Commerce Upcoming Events

**Sunday, February 2, 4:00p.m.:** Trivia at the Greens (Copake Country Club)  
**Tuesday, February 4th, 4:30p.m.-6:00p.m.:** Love Yourself Inside & Out - with Marylou (Chamber Offices)  
**Friday, February 7, 4:30p.m.-6:00p.m.:** Hearts on Fire! (FASNY Museum of Firefighting) Donations Welcome  
**Thursday, February 13, 6:00p.m.-8:00p.m.:** Galentine’s Day @ OKB (Macrame & Sangrias) All Welcome  
**Tuesday, February 18th, 4:30p.m.-6:00p.m.:** Love Yourself Inside & Out -

with Marylou (Chamber Offices)  
**Every Thursday, 10:30 - 11:30 a.m.:** Core Strength & Balance Class, Hudson Area Library  
**Every Tuesday, 10:00 - 11:00 a.m.:** Qigong ~ Tai Chi, Hudson Area Library  
**Every Thursday, 4:00 - 5:00 p.m.:** Movement and Music Storytime (Youth Event), Hudson Area Library  
**Every Friday (until March), 4:30 - 7:30 p.m.:** Friday Night Pizza (Mellenville Fire House, 518-672-7014)  
**All Through January and February:** Heart Healthy Power Bowl Breakfast @ AllTown Fresh (Livingston)  
**First and Third Wednesdays, 5:30p.m.:** Taconic Toastmasters at the Chamber Office  
**Third Thursdays, 8:00a.m.-Sunset:** Tour Grounds & House of Olana State Historic Site (Free, First Come, First Served)  
**First and Third Wednesdays, 6:00pm:** Trivia with Nabal at Upper Depot  
**Second Wednesdays, 5:30p.m.:** Caregiver Support Group with Alzheimer’s Association of NENY at the Chamber Office



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