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Postal Customer

Marsh Meadow Farm Herbarium and Florist Shop Local and Ship Holiday greetings to anywhere in the world

By Lisa Dudley

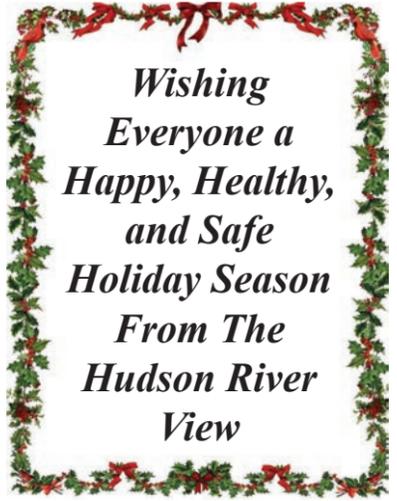
The Marsh Meadow Farm Herbarium and Florist, located at 113 Lasher Ave in Germantown, is one of the area's best-kept secrets for holiday shopping and last minute floral shipments and deliveries right up until Christmas Eve. "We are a full-service floral shop," says Dorothy Meacher, who learned her trade for 7 years under Donna Phelan in Germantown, "creating flower arrangements in vases, bowls, baskets, or other containers, or making bouquets and compositions from cut flowers, foliage, herbs, ornamental grasses, and other pleasing plant materials." "We are associated with 1-800-FLOWERS and can provide every floral product and service needed by customers, including delivery and wire service." In addition to making the



Dorothy Meacher

arrangements you see on the 1-800-FLOWERS website, Dorothy Meacher designs and creates her own stunning floral displays – able to fulfill all floral needs including for weddings, funerals, anniversaries, proms, altar flowers, hospital flowers, thank-yous, get well wishes, sympathy, love and romance, special occasions and holiday arrangements – often with same day delivery. The results are beautiful, interesting and creative baskets, wreaths, arrangements, bouquets and centerpieces. While the Marsh Meadow Farm has been a family owned business making a living off the land for four generations, the Herbarium and Florist is their latest undertaking

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Wishing Everyone a Happy, Healthy, and Safe Holiday Season From The Hudson River View

The January Edition Of The Hudson River View Will Be In Area Homes On January 3rd The Deadline For Advertising And Press Release Submission Is December 19th

The Award Shop Where great moments are made to last

by Amy Byrne

Every achievement carries a unique story. The Award Shop in Red Hook is all about helping commemorate that great season, special moment, historic event, or wonderful life, in just the right personalized way. They have a huge selection of plaques and trophies, plus specialty items that can memorialize just about anything. They also specialize in indoor signage, including signs that meet Americans With Disabilities Act (ADA) standards. Add their wide variety of American flags, flagpoles and accessories, and other gift items that can be personalized, and it's easy to see why The Award Shop is one locally owned hometown business that should be on everyone's nice list for holiday and year-round shopping. Owner Chris Leggett, who grew up in Rhinebeck, says it's important to stand out as a business by connecting with the community, listening and providing flexible solutions to



Chris Leggett

clients, and providing no hassle personal service to make sure every interaction is a positive one. "Whether it's a bronze plaque, or someone's retiring, and they want something to recognize their service, or someone's having a pie-eating contest, and they want some ribbons. A big anniversary. Adogtag. We can handle anything, from very formal, to just fun." Chris notes one interesting recent job involved providing plaques as part of an Eagle Scout project. "We made plaques for Kestrel (a bird of prey) houses, down in Tivoli Bays." Another commemoration was a heartfelt tribute stemming from a fire. "There was a barn fire up in Ancramdale. And we

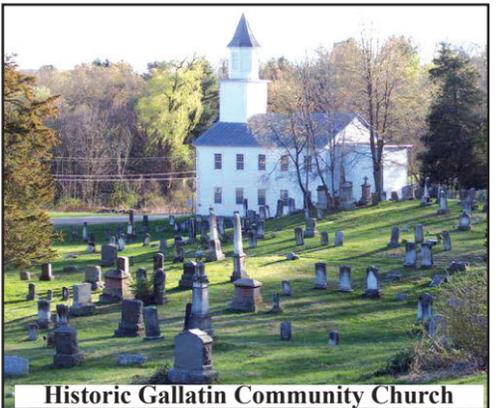
Continued on page 2

Historic Gallatin Community Church Soup sale on Friday, Dec 7th to benefit organ restoration fund.

Dec 24th - Christmas Eve candlelight service of Lessons and Carols at 7pm

By Lisa Dudley

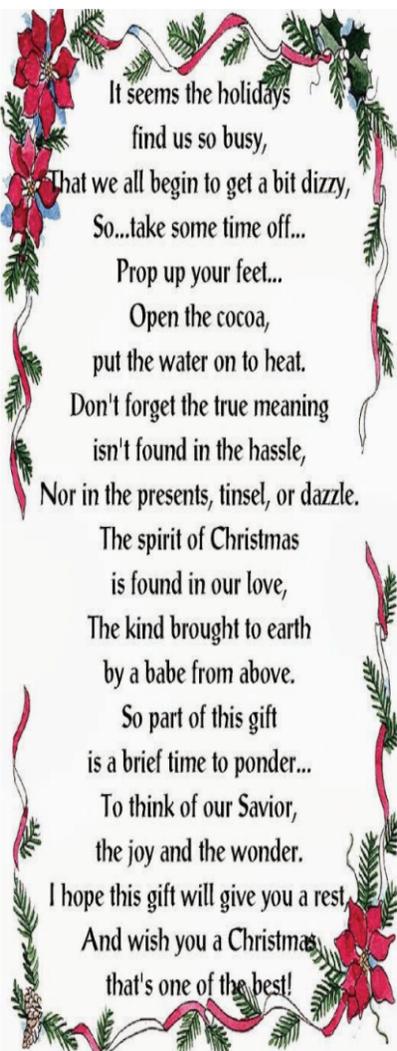
The historic Gallatin Community Church, located at 234 County Route 7, just 2 miles from the Taconic Parkway at the Jackson Corners exit, is currently in the process of being approved to the National Register of Historic Places - the official list of America's most valuable historic places worthy of preservation. The congregation is also raising funds for organ restoration with a bi-weekly soup sale that is the talk of the town. "We are a small Bible-believing, Bible-teaching country church preaching the Word of GOD since 1748" says Bob Rogoszewski, lay minister, "making this one of the oldest churches in America." The oldest graves are dated 1770 and this antique church is a goldmine of local genealogy, all of which can be researched as Vedder Church at genealogytrails.com online. The members of "our beautiful church have started another season of home-made delicious soups that feed the soul as well



Historic Gallatin Community Church

as the tummy. We make soups until the end of April," he adds. "This year we were able to paint the exterior of the church" as well as much needed repairs with proceeds from the soup sales held the second and fourth Friday of the month from 3:30pm until 6:30pm. Cost is \$7 per quart, \$4 per pint and the soups are, "all homemade, no canned soups here!" A list of what soups are for sale is listed on their Facebook page with the address @ GallatinCommunityChurch. Soups can be ordered in advance or "we accept walk-ins." Previous soups have been Cream of Spinach, Italian Garden Tomato, Tortellini, Shaker Herb, Split Pea and Chicken Noodle - to name a few. All the soups are packaged and labeled with what kind of soup and who made it. "Some folks have favorites," he explains. At the end of the soup season, any leftover frozen-soup containers are shared with the Methodist

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It seems the holidays find us so busy, That we all begin to get a bit dizzy, So...take some time off... Prop up your feet... Open the cocoa, put the water on to heat. Don't forget the true meaning isn't found in the hassle, Nor in the presents, tinsel, or dazzle. The spirit of Christmas is found in our love, The kind brought to earth by a babe from above. So part of this gift is a brief time to ponder... To think of our Savior, the joy and the wonder. I hope this gift will give you a rest And wish you a Christmas that's one of the best!

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FAITH AND LOVE Elisabeth Seidel Continues the Legacy of Her Husband and Theologian Dietrich Seidel

By Joe Doran

A faith that brought two lives together in a most unusual way, and a love unfolding in a beautiful marriage of 40 years—that's the story of Dietrich and Elisabeth Seidel. Over the last two years, Elisabeth, a Red Hook resident, has been working with friend and editor Jennifer Tanabe, publishing four books containing writings and lectures of her husband, an accomplished Theologian. The books also contain stories of their life together. The latest, "Spiritual Guidance for Daily Life: Sermons by Dietrich F. Seidel", has just been released, and is available for purchase at <https://dietrichfseidel.com>. Working to advance her husband's legacy since his passing in 2016, represents a continuance of the love and shared faith the Seidels experienced over their lives, says Elisabeth. "These sermons were given at the Unification Theological Seminary in Barrytown, when my husband was teaching there. Somehow, I kept all the tapes. And now, Jennifer has transcribed and edited them. I never thought we could do so much."



Elisabeth Seidel (left) holding her book "Beloveds, Forever Together: Letters of Eternal Love" & Jennifer Tanabe (right) with her book "The Catalpa Tree Fairy and Other Stories" at a book signing in Poughkeepsie.

Another more personal volume came about when Elisabeth found something she and Dietrich had kept stashed away since their early time together. The find encapsulated not only a unique chapter of their life, but was something that could inspire others. The result was "Beloveds, Forever Together: Letters of Eternal Love", published in 2017. "I found these love letters in our garage. I had no idea they would ever be published. But somehow my husband and I both kept the letters we received from each other. Dr. Tanabe liked them, so we decided to put the book together. Because it's kind of historical also. The way we met, and our love for each other. Of course, there were some struggles in our life. Nothing is easy. But at the end,

Continued on page 6

According to Quackers...



Snow

Snow refers to forms of ice crystals that precipitate from the atmosphere (usually from clouds) and undergo changes on the Earth's surface. It pertains to frozen crystalline water throughout its life cycle, starting when, under suitable conditions, the ice crystals form in the atmosphere, increase to millimeter size, precipitate and accumulate on surfaces, then metamorphose in place, and ultimately melt, slide or sublimate away. Snowstorms organize and develop by feeding on sources of atmospheric moisture and cold air. Snowflakes nucleate around particles in the atmosphere by attracting supercooled water droplets, which freeze in hexagonal-shaped crystals. Snowflakes take on a variety of shapes, basic among these are platelets, needles, columns and rime. As snow accumulates into a snowpack, it may blow into drifts. Over time, accumulated snow metamorphoses, by sintering, sublimation and freeze-thaw. Where the climate is cold enough for year-to-year accumulation, a glacier may form. Otherwise, snow typically melts seasonally, causing

runoff into streams and rivers and recharging groundwater. Major snow-prone areas include the polar regions, the upper half of the Northern Hemisphere and mountainous regions worldwide with sufficient moisture and cold temperatures. In the Southern Hemisphere, snow is confined primarily to mountainous areas, apart from Antarctica. Snow affects such human activities as transportation: creating the need for keeping roadways, wings, and windows clear; agriculture: providing water to crops and safeguarding livestock; sports such as skiing, snowboarding, and snowmachine travel; and warfare. Snow affects ecosystems, as well, by providing an insulating layer during winter under which plants and animals are able to survive the cold.

Award Shop from page 1

engraved the names of all the cows that perished in the fire. The kids from the Pine Plains FFA wanted to come and bring flowers to the site. And so, we made the plaque for that.”

Interior signage is something that Chris says is a niche his business has been expanding in, to fill needs for colleges, government buildings and other institutional applications. He can provide solutions that meet codes and other special requirements. “We do a lot of signage for Bard College, for example. And we do a lot of ADA compliant signs. These include signs with braille, the raised lettering system. It's kind of a specialty. A lot of schools, public buildings and that type of thing, need signs

that aren't just off the shelf. And that's the kind of thing I like to make people aware of, because engraving, lettering and signage are big parts of what we do here.”

Flexibility in providing unique solutions for customers, is part of what makes The Award Shop special. Their products lines, from vendors like AIRFLYTE, Glass Graphics (including Krystof Crystal), Marco Giftware, Acrylic Masters, Rising Stars, Love Of The Links and Tower Ribbon, offer some stunning designs and quality craftsmanship. The choice of materials, from laminated wood, to etched glass, ceramics, acrylics, bronze, aluminum and stainless steel, seems practically endless. Want special commemorative beverageware for a party or wedding? The Award Shop can do it. Need etched plates, or one-of-a-kind laminated plaques that capture the photos or clippings from a momentous life occasion? They've got it covered.

And, The Award Shop also offers products that can reward

employees with branded swag while promoting a business, as well as truly fine signature items that can honor outstanding service of company members.

With the Christmas and holiday season in full swing, there are many gift ideas just waiting to happen when you step in the Award Shop showroom. There are even specialty items like customizable ornaments available.

The aim of The Award Shop is to provide something lasting to underscore significant events and moments, whether of an individual, a team or group, or a community. That covers a lot of life territory, as a brief run-down of specialized solutions demonstrates: Auto Shows, Academic, Music, Religion, EMS, Fire, Police, Pageantry... and of course, sports. Chris says there's no endeavor, from hotdog eating to climbing that mountain (or skiing down it), that can't be celebrated and memorialized. Of course, The Award Shop is known to schools and organizations

Continued on page 4

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Chris Leggett

Marsh Meadow from page 1
 incorporating herbs, flowers and greens from the farm with a large Inventory of fresh flowers, tropicals, and plants that can be used for European Dish Gardens, contemporary and traditional arrangements, weddings, and memorial/funeral designs.
 "Right now, we are busy

Hudson down to Rhinebeck. This new expansion for the Marsh Meadow Farm means Dorothy can offer local flowers by season, expanding cut-flowers production on the farm. That means, if you call soon enough, Dorothy can plant and custom-grow the flowers your bride wants in her wedding bouquet. Some



Lauren & Luella Williams, Dorothy & Elfreda Meacher

brides really appreciate that their bridal flowers are locally grown, especially those who are locovores and believe in sourcing their food within a 100-mile radius.

with holiday and Christmas deliveries," she notes. The Marsh Meadow Farm Herbarry and Florist is an operation that includes Dorothy Meacher, her mother Elfreda Meacher and her sister Lauren Williams. Mother and sister do local deliveries from

Weddings are a big business locally, with brides coming up from the city to be married in the area. Dorothy enjoys creating headpieces, bouquets, corsages, boutonnieres and centerpieces for special occasions. "It makes me happy to make my flowers a part of their special day."

Being a 4th generation farmer explains her passion for all things that grow in the soil. "I have always loved growing things. I was in 4H and grew flowers for the fair, and we always say that farming and growing is just in our blood." As D.H. Lawrence once said, "The fairest thing in nature still has its roots in the earth."

Dorothy started her herbal business when she was 17 years old and then got her greenhouse certification through the Cornell Extension Service -- learning greenhouse techniques to grow and care for landscaping plants, bedding, annual flowers and vegetable starts.

"Food plants are becoming trendy," she observes. "Squash blossoms and their vines are highly decorative and fuss-free to grow."

Another imaginative trend in flower arranging is adding herbs along with baby's breath or ferns. "Rosemary is for remembrance," she explains. "Mint reminds some people of their grandmother."

While thyme is an herb used in turkey stuffing, it makes for an original touch in a dish garden arrangement and "it smells good too." Artemesia is a healing herb that adds a silvery-blue color to a composition of flowers. "It's a nice touch," she adds.

Right now, the folks at Marsh Meadow Farm Herbarry and Florist are busy being Santa's helpers making, delivering and shipping holiday wreaths, centerpieces and gifts from their 1-800-FLOWERS association and from their Farm Store.

The Marsh Meadow Farm store sells flowers, local honey, soaps, lavender bath salts (all natural and organic), catnip bags (from catnip they grow themselves) garlic and garlic braids (as seen at the Garlic Festival), and repurposed items made from barnwood, shutters and other appealing materials. Marsh Meadow Farm is a 4th generation family farm that specializes in growing 12 varieties of garlic and also sells assorted herbs, vegetables, pork and goat.

They carry plants such as peace lily and small signs and artwork from local artist, Lauren Williams (sister to Dorothy.) This month, Dorothy has been making wreaths and displays from grapevine, boxwood and bittersweet, "Harvested right here from our farm!"

Remember, anything you can order from 1-800-FLOWERS, you can order through Marsh Meadow Farm Herbarry and



Florist. Why not keep it local while you are sending best wishes to friends and family all over the world? For more information about the Marsh Meadow Farm Herbarry and Florist, check out their Facebook page, call (518) 965-3664, visit their beautiful website at MarshMeadowFarmHerbarry.com or email them at MarshMeadowFarmFlowers@gmail.com. All major credit cards accepted.

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Award Shop from page 2
 throughout the region for their unmatched array of products that can mark achievements in the most popular school, recreational and professional sports, including Baseball, Softball, Coaches Awards, Football, Cheer, Hockey,

Lacrosse, Golf, Basketball, Soccer, Swimming and Wrestling. Sometimes emblems have to stand not only the test of time, but the conditions of mother nature, including harsh weather over years and decades. "We also sell bigger memorial type

bronze plaques for outdoor situations," notes Chris. "A recent plaque we did with a photo on it commemorated the service of a woman who was a pastor for a church in Pine Plains. We're doing another set of plaques for a gentleman who restores barns and old buildings. There are many different situations where memorial plaques are in demand. A dedication of a building, a memorial for a student, and so on. These are usually outdoor plaques, and they're made in a foundry. It's meant to serve as a lasting memorial." Chris knows a thing or two about lasting. The Award Shop has been in business for 23 years. After getting his start helping Dave Fell at Dutchess Signs doing trophies, Chris took an opportunity to establish his own local business. "I would help Dave out when he got busy. As his signage business grew, he offered me to buy the engraving equipment. And I started my own business, The Award Shop. So, we worked at the same location from that point, for a long time. I've had my DBA since 1995."

For many years, Dutchess Signs and The Award Shop operated out of the same building location in Red Hook. But they were two separate businesses. When Dave Fell recently sold the building, Chris moved The Award Shop to its current location at 62 East Market Street. They've been there since this past July.

Chris says he enjoys coming to work each day knowing the next project might just be something he's never tackled before. "Listening is very important to try to figure out a client wants. I always try to fill client needs with a product I hopefully can provide. You always try to help the customer in figuring out what they need, and showing them different products and choices, where hey, we can do this for you, or maybe there's another direction you'd like to go. We have our showroom, with plenty of example products, so we can show them items. We can also pull out catalogs from the vendors we work with and look at different things."

At the Award Shop, the greatest reward for Chris is when a client achieves their goal of finding that special something that tells a story they want remembered. "What's amazing to me, is you never know what's going

to come in the door, and what people will want. I always try to get an idea of that unique expression they're looking for." The Award Shop
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 Hours: Mon-Fri 9am-5pm
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CreTuesday: Painting Winter

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- With bulging peepers
- Down-for-the-count count
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- Verb for you
- Type of fallout
- Manly address
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- "Parliament" ending
- "For ___ a jolly good ..."
- Unlikely host
- Highlander with land

DOWN

- Kitchen invader
- Washroom, casually
- "Bobby Hockey"
- Blue expanse
- Too fastidious
- Dent or scratch
- With regularity, poetically
- Performs, old-style
- Rarities for Gold Glove winners
- Handel work (with "The")
- Place for some classic movies
- Baked brick
- Caesar's wardrobe
- Series starter
- Kingdom in the South Seas
- Hateful disgrace
- Spiders at work
- Colts' fathers
- German wife
- First extra inning
- Keep a low profile?
- Campaign item
- Mended temporarily
- Big brass instrument
- Filled Indian pastry
- Like some translations
- Of current interest
- El ___ (legendary city of gold)
- Store away
- Inducing the creeps
- Hazardous household gas
- Something additional
- Sore feeling
- Bard's "above"
- Mid-afternoon, on a sundial
- "Alternate spelling" abbr.
- Wind up

MASS MEDIA By Theodore Lansing

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DOWN

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- Wind up

Solution on Page 13

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The Cost of a Gift

By: Naomi Fata

With Christmas coming at the end of this month, advertisements abound for the perfect gift, or sales on gifts. Depending on your family tradition these gifts will be opened on Christmas Eve or Christmas Day. In some ways, gifts communicate love from the giver to the receiver. Probably all of us have been in that awkward position of opening a gift that we didn't even like. Perhaps it wasn't our style or was a hobby we weren't even interested in.

But what we don't know is how much time the person went into looking for that gift for us, or how much money it cost. Understanding the personal cost of the giver brings appreciation for the gift. Christmas is the time of year to celebrate the greatest gift of all - Jesus. On Christmas Eve we are reminded that He was born to a virgin, as Savior of the world. Celebrating Jesus' birth is a wonderful time of year and in a few months, we will celebrate Easter in remembrance of His death. But in between his birth and death lies a period of 33 years.

Jesus was God's greatest gift to the world, but we must be reminded that it came at a high cost for both God the Father and Jesus Himself. It cost them separation from each other. God sent His Son on loan to the world for 33 years, Jesus

left His Father's home to come to earth. This year, I've been reminded with my own recent loss how painful separation is. How I long to have just one more conversation with my Dad, one more meal, one more walk. The love that God has for His Son Jesus is beyond what any human relationship can imagine, yet they both were willing to be apart physically for Jesus' time on earth so that you could have the gift of eternal life.

It cost Jesus His royalty. Jesus is the King of Kings and the Prince of Peace. Yet while on earth He lived among the simple. He made a living working with His hands as a carpenter. Our society has an engrained sense of entitlement. When unpleasant tasks come up the attitude is frequently, "I deserve better than this." Jesus did deserve better than menial labor. Rather than complaining He worked willingly. The Bible says that Jesus was tempted just as we are (Hebrews 4:15). Therefore, I think He felt the feelings we would feel. At times He may have felt the unnoticed, and insignificant. Let's not take for granted the GIFT of Christ that has been freely given to us - He gave all of Himself to give us abundance of spiritual life.

Naomi writes at www.christianresourceministry.com. You can find her on Instagram @naomifata, or facebook.com/NaomiFataOfficial

CELEBRATING THE BIRTH OF JESUS!

"And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord" (Luke 2:10,11). While the Shepherds were keeping watch over their flock by night on the country side outside the Town of Bethlehem an Angel appeared to them and Announced the Birth of Jesus. The Angel brought good tidings of great Joy to them and to us today. To be sure the Birth of Jesus would change their lives forever. They quickly went to Bethlehem to see the new born Babe, which is Christ the Lord. He was wrapped in swaddling clothes and lying in a manger because there was no room in the Inn. It was a very humble setting for the Lord of Glory to be Born. The Word of God states, "In the beginning was the Word, and the Word was with God, and the Word was God" (John 1:1). God's Word, the Bible, also tells us that the Word was made flesh (John 1:14). The Eternal Word became a man in order to die for our sins. Jesus lived on the Earth for thirty-three years. He lived a perfect Life in Obedience to God, His Father. He said and did many wonderful things. He spoke with authority and performed miracles. He was born to be our Savior. The Angel of the Lord appeared to Joseph in dream to remind him not to be afraid to take Mary as his wife. Mary was a Virgin and she conceived by the Holy Spirit (Matthew 1:20). The Angel told Joseph, "And she shall bring forth a Son, and thou shalt call his name JESUS, for

he shall save his people from their sins" (Matthew 1:21). My friends, as we Celebrate His Birth again this year, let's not forget the Reason for the Season. We must be very careful about getting wrapped up and carried away by the materialism of Christmas. Remember, we are celebrating the Birth of Jesus. We need to keep our focus on the Birth of Jesus and why He came into the world. He came into the world to save sinners. The Bible says, "We have all sinned and come short of the glory of God (Romans 3:23). "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord" (Romans 6:23). The only way a person can be Saved and have Eternal Life is by Believing on and Receiving the Gift of Eternal Life in the Lord Jesus Christ (John 1:12)! When Jesus was born there was no room in the Inn, I trust that you have room in your Heart for Jesus. Now is the time to receive the Best Gift ever! The Gift of Jesus who came to give the Gift of Eternal Life to all that call upon Him for Salvation. "Thanks" be unto God for his

unspeakable gift" (2 Corinthians 9:15). If you would like to know more about the Gift of Salvation in the Lord Jesus Christ and how to live the Christian Life, please contact us by Email at: cdfcirone@aol.com or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at Route 9 and Route 9G, 1/4 Mile north on Route 9 in Rhinebeck, N.Y. 12572 Pastor Frank L. Cirone

CRAFT/VENDOR SALE AND HOLIDAY COOKIE WALK

The UMW of Trinity United Methodist Church, 555 Joslen Blvd., Hudson will be having a "Craft/Vendor Sale and Holiday Cookie Walk" on Saturday, December 8th from 9:00 a.m. to 3:00 p.m. Stop by to choose from the area's finest cookie creations baked by happy bakers both far and near. The various vendors will be selling soy candles, knitted & crocheted items, quilted items, jewelry, wooden banks, candies, pies, jams/jellies and Victorian ornaments, just to name a few.



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10:00 am at St. Paul's Lutheran

Join us for Sunday Worship services:
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9:45 am - Third, 31 Livingston St., Rhinebeck
11:00 am - St. Paul's, 7412 So. Broadway, Red Hook

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New Year's Eve Fellowship: Dec. 31 at 6:00 pm. Contact us for many other Ministries and Activities throughout the Month of Dec.

Grace Bible Institute: The Course for the Winter Term will be: The Holy Spirit. Begins Monday, Jan. 7, 2019 at 7:00 pm. It will be a 8 week course. If you are interested in attending please contact us.

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Faith And Love from page 1

I think we could claim victory from 40 years of married life.” Born in 1943 in war-time Austria, Dietrich Seidel was a man destined throughout his life to contemplate and make sense of important questions that involved not only his personal history, but the nature of God, love, peace and family. “My husband studied for his doctorate in Theology at the University of

Toronto for 10 years. Somehow for him it was born inside his heart to love God. All his life, his focus was on God, and how to live with God. For him, God was someone who was really close, and it was very normal to live with God so close. And this can apply to any religion, because before he was a Unificationist, I think he loved all religions. He loved the whole world.”

Originally a science student

while at the Vienna University of Technology, Dietrich came to question his intended vocation. He considered science limited in being able to provide answers to important life questions. And he felt that science on its own could not adequately answer how technology could be used for good in the world, to the benefit of humanity.

A Christian all his life, he was sparked by an interest in the Unification Church in his twenties. He saw in it a new spiritual movement, dedicated to bringing unity to Christianity, and to advancing interfaith dialogue. Elisabeth and Dietrich met and married in a way most people might find unusual. They were suggested for each other by the head of their church, the well-known Reverend Sun Myung Moon. “Dietrich never saw me before, and I also never saw him before. And when Reverend Moon suggested us as a couple, it was really something, first of all because we came from enemy nations. Dietrich’s father was German, his mother Austrian. And I’m French. So those two nations, Germany and Austria, had war with France as part of World War Two, of course. A lot of wounds from the past had to be healed.”

For the couple, it was a pairing that carried a significance beyond the personal. “Our relationship, our life, our love was not only to love each other, but also to love our nations, that our nations could be healed of the past,” says Elisabeth. “For example, my parents experienced the war, and when I showed them a picture of my husband, and his father, who worked as a bodyguard of Hitler, they were really shocked. But because they loved my husband so much, we could heal something in our family, and in our ancestry as well. So that’s why I feel our marriage was not just for ourselves, but for the sake of healing our nations and the world.”

Getting married in faith was one thing. Making it work was another. “Dietrich’s love for others is I think what moved me the most in our relationship. And of course, he loved me too and I loved him. It was love at first sight. Over 40 years, we matured a lot. So, our love was a little bit different than at the beginning. During a lifetime, you go through a lot of things that you have to overcome together, or you have to work on your personality and your character, so that finally you can fit with each other.”

Elisabeth says one of the most difficult things for her to deal with were the times she and her husband were apart. “Because Dietrich had to travel sometimes, I felt left out. I felt lonely, sad. My grandmother had been orphaned, and I knew that contributed in some part to my feelings. We all receive different things from our ancestors. Some people may come from a family with drugs or alcohol, some with other different things. But sometimes we have to overcome in our generation. So, for me,

because my grandmother was an orphan...if my husband had to go, it was very difficult. But with time, we worked it out.”

Elisabeth notes that their church places a great importance on married and family life being central in creating betterment and peace in the world. Dietrich himself was very focused on the topic. His book “Unification Insights into Marriage and Family: The Writings of Dietrich F. Seidel”, published in 2016, contain his writings on marriage and family enrichment. It offers practical advice on improving spousal relationships, child rearing, and making God central to family life, and even finding true love. It also contains theological meditations on human nature and the love of God.

In a monthly website blog called “Insight Stories”, Elisabeth writes herself with much wisdom about faith and married life. She tackles difficult subjects, including pornography, and a throw-away culture where divorce is often seen as a first option for marriage difficulties. “I guess if one thing was important that I learned in our relationship, it might be how to forgive. In a marriage, we have to learn how to forgive each other. Without that, we cannot go forward. Because there’s always something we don’t like that much. Right? There’s so many divorces, people don’t know how to keep a relationship. A little mistake, and they are gone.”

Keeping God in the equation can make a crucial difference.

Continued on page 9



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Wild Rice Stuffed Pork Loin

Ingredients

1 whole boneless pork loin roast (4 pounds), trimmed
1 teaspoon salt
1/2 teaspoon garlic powder
1/4 teaspoon pepper
2 cups wild rice, cooked and drained
1-1/2 cups coarsely chopped dried apricots
1 cup chopped onion
3/4 cup finely chopped celery
3/4 cup minced fresh parsley
1/2 teaspoon rubbed sage
1/2 teaspoon dried thyme
1/2 cup chicken broth
10 bacon strips



Directions

To butterfly pork roast, cut a lengthwise slit down the center of the pork loin to within 1/2 in. of bottom. Open loin so it lies flat. On each half, make another lengthwise slit down the center to within 1/2 in. of bottom. Cover and flatten to 1/4-in. thickness. Uncover; sprinkle with salt, garlic powder and pepper.

In a large bowl, combine the rice, apricots, onion, celery, parsley, sage, thyme and broth. Spread stuffing evenly over pork, 1/4 to 1/2 in. thick. Roll up jelly-roll style, starting with a long side. Tie the roast at 1-1/2-in. to 2-in. intervals with kitchen string. Place the remaining stuffing in a greased shallow 2-qt. baking dish; set aside.

Bake roast, uncovered, at 350° 1 hour. Remove roast from oven; carefully remove string. Place bacon strips over top of roast, overlapping slightly. Bake until bacon is browned and crisp, and a thermometer reads 160° 30-45 minutes longer. If needed, broil 4 in. from heat until bacon reaches desired crispness. Meanwhile, cover and bake remaining stuffing until heated through, about 30 minutes.

Let roast stand for 10 minutes before slicing. If desired, brush with apricot preserves before slicing.

Winter Weather and Holiday Pet Tips

By: Dr. Janette Relyea

As we welcome the winter weather in the Northeast it is also time to take precautions against the cold temperatures and holiday hazards faced by our pets. We are often asked "How cold is too cold?", and the answer is of course, "It depends!". Dogs can tolerate low temperatures better if they are a northern breed, have plenty of hair and body fat, and are accustomed to the cold. Even a lean short-haired dog will feel fine while running along on a cold weather hike, but once you stop to rest, that dog will get cold quite quickly compared to a Husky. A well-fitting coat (and booties if they will tolerate them) would help that dog stay warm. Dogs' paw pads are designed to tolerate the cold ground but once your dog starts lifting up their paws, they are too cold! Bring them indoors! And be sure to wipe off your dogs' feet with a damp towel or a baby wipe when they come in to remove any road salt which can cause irritation. Be sure to choose pet-safe ice melt products for your own walkways. Remember that some of our favorite holiday treats are quite dangerous for dogs and cats. Alcoholic beverages and chocolate are obvious culprits. Don't forget that coffee is also dangerous (those chocolate covered espresso beans carry a double risk). Yeast dough carries an unexpected danger - when dough rises in a dog's stomach, it expands (which is painful) and releases alcohol (which is

toxic). Home-made play dough-type ornaments can contain very high amounts of salt which can be fatal if eaten by your pup. Holiday plants are also a risk. Cats just love to nibble on flower arrangements. Certain lilies can cause kidney failure (Tiger, Asian, Japanese Show, Easter, Stargazer, and the Casa Blanca Lily are all toxic). Poinsettias, mistletoe and holly can cause significant gastro-intestinal upset. The biggest holiday plant is of course the Christmas tree. To prevent disaster, be sure to tether that tree to the wall if you have cats or a rambunctious dog. Also please forego using tinsel on your tree if you have a cat. They can't get enough of this sparkly string that looks an awful lot like a cat toy - and when swallowed it can get caught in the intestines and cause life-threatening damage without emergency surgery.

It is common to have houseguests for the holidays. Be sure all of your guests keep any medication (including over the counter pills like ibuprofen and vitamins) secured and out of reach. You may want to make your house smell delicious and festive with some simmering liquid potpourri. These potions can cause severe damage to the mouth, skin and eyes so be sure to monitor them. Your pet can be exposed by directly licking from the pot or even spilling some and then grooming it off. The same monitoring rules apply to candles and Menorahs.

Winter can be a fun-filled time for you and your pet if you take a few precautions.

KEEPING THE HOLIDAY SEASON FUN & SAFE FOR YOUR DOGS

By: Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

It is hard to believe but the holiday season is once again upon us. Good times with family and friends; decorations, parties, excitement and gifts abound. But the holiday season can also be stressful for our dogs that don't quite understand what is going on. While we humans try to get more done in the time we have, our dogs only see an upset to their normal routine, trees growing in the living room and, in many homes, an unusual amount of kitchen activity that produces amazing aromas.

HOLIDAY FOODS

- While the array of food that comes from our kitchen are treats to be had by the human members of our households, they can be dangerous when consumed by our dogs; some even toxic. These include fatty or spicy foods, bread dough, fresh herbs, alcoholic beverages and sweets of all kind, especially those with chocolate or xylitol, an artificial sweetener.
- Particularly dangerous are cooked poultry bones. Cooked bones easily splinter, and the bone shards can cause choking or get stuck in your dog's gums. Instead, give "dog bones" specifically designed for dogs to chew. Ask your veterinarian or trainer for suggestions.
- Discourage your dog from foraging in the garbage. Secure all trash cans. It's natural that you do want to share holiday treats with your dog. While a small taste of turkey or sweet potatoes can make your dog happy, don't over do it. Too much of a good thing can make him sick.

NOT DECORATIONS ARE PLAYTHINGS.

- Keep your pets away from holiday plants, many of which are poisonous, such as holly, mistletoe, poinsettias and amaryllis.
- Snow globes can contain antifreeze, which is extremely toxic to dogs. Keep any antifreeze products away from your happy, tail-wagging dog. If there is an antifreeze spill, send your dog out of the room while you clean up the liquid. Dilute the spot with water and floor cleaner to ensure your dog does not lick the area later.
- Keep electrical wires and batteries out of your pet's reach. Chewing or biting anything electrical can

cause shock or burns.

- Don't leave lighted candles unattended. A lit candle knocked over by a swinging tail can burn your pet or cause a fire.

CHRISTMAS TREES CAN BE HAZARDOUS.

- Anchor the tree to the ceiling or wall to prevent it from tipping over.
- Hang non-breakable ornaments near the bottom of the tree. Avoid putting tinsel on your tree. If ingested, tinsel can twist in your dog's intestines and be deadly.
- Don't let your dog drink Christmas tree water. The water may contain preservative chemicals, which can trigger severe indigestion in dogs. Stagnant clean water can breed bacteria and cause nausea or diarrhea to

the pet which imbibes. Regularly sweep up fallen pine needles, as they can puncture holes in a dog's intestines if ingested.

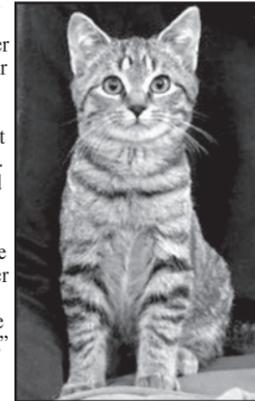
HELP YOUR DOG FEEL SAFE AND RELAXED

- Most dogs get very excited when guests arrive. To help your dog be calmer, exercise him prior to the festivities. After 30 minutes of walking or playtime, your dog will likely be relaxed or want to nap.
- As a general rule, don't allow the family dog to greet unfamiliar guests since unusual activities and commotion can cause him extra stress.
- Give your dog a break from the hubbub by

Continued on page 11



Cooper is a sweet little 12 week old boy. He is gentle and loving. He loves to be held and wants to be snuggled. Cooper has beautiful green eyes. When he looks into your eyes, your heart will melt with his sweet personality. What a gentle soul. Cooper, along with his brother Michelin and their mother Kelly, were recently rescued by a PANT volunteer at a Tire Discount Shop where we think they were abandoned. What a shame they had to endure the cold, wet weather and be so lonely without a family to love them. A PANT foster family is now giving them everything they need. Food, shelter, a warm and dry place to sleep. Oh, and so much love the kittens cannot take any more kisses and snuggles. Cooper is fully vetted, neutered, negative for Leukemia and Feline AIDS, vaccinations are up to date, dewormed. Complete the online application at www.pant.org under "Adoption Center." If you would like more information, you can send an email to info@PANT.org or call (845) 486-7075.



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Our Spiritual Well-Being

By: Charlotte Michos, RN, MS, CNS, CLNC

We typically address the impact of mental and physical distress on our health, but what about spiritual distress? Our spiritual well-being is often left out and gets muddled with our emotional well-being, but they are not the same. Emotion is described as a reaction to a person, object, or situation in our life; it can be real or a thought. Our emotional responses are often connected to past experiences and are distinguished from reason or knowledge. Spirituality addresses the “big picture” – a search for meaning in our lives. Spirituality has many definitions, and a secular vs. religious distinction helps to clarify the meaning (Soul Matters: The Spiritual Dimension Within Healthcare by Dr. Mabel Aghadiuno). Secular spirituality is not necessarily connected to a specific belief system or even religious worship. Instead, it arises from your connection with yourself and with others, the development of your personal value system, and your search for meaning in life. For many, spirituality takes on the more traditional form of religious observance, which includes a certain dogma, belief system and recognition of a higher power.

When it comes to sorting out the elements of “mind, body, spirit”, the whole point is that they are interconnected. Using this approach to healthcare is called holistic health. The mind-body connection is a well-known concept in medicine, but the spirit part is often cast aside. As health professionals, we assess physical and mental problems, but spiritual assessments are often dismissed as too time-consuming, not useful,

irrelevant, or simply a checkbox on the assessment form listing your religious practices (<http://www.aafp.org/afp/2012/0915/p546.html>).

Practitioners are typically not adequately trained in the area of spiritual assessment, or they do not believe it has a place in the biomedical world of clinical practice. Yet studies demonstrate that most patients want their spiritual needs assessed and addressed and that patients feel their spirituality does result in improvement in their well-being (<https://link.springer.com/article/10.1007/BF02248742>).

There are various spiritual assessment tools, but the groundwork begins with a patient simply wanting a trusting relationship with his/her doctor. Patients want their doctors to talk to them and to show some understanding. One could conclude that a doctor has the “power” to relieve suffering just by the “way they are.” According to the National Institute of Health, one of the lines in the modern version of the Hippocratic Oath is: I will remember that there is art to medicine as well as science. Physicians can learn the science part (treating the disease) in medical school, but the artistic part (treating the patient) may take a lifetime of practice.

So, what types of questions are asked in a spiritual assessment and what is the purpose? The following are some sample questions from the FICA Spiritual History Tool (<http://www.aafp.org/afp/2012/0915/p546.html>):

1. Faith and Belief: Do you have spiritual beliefs that help you cope with stress? If the patient responds “no,” consider asking: what gives your life meaning?
2. Importance: Have your beliefs influenced how you take care of yourself in this illness?
3. Community: Are you part of a spiritual or religious community? Is this of support to you, and how?
4. Incorporate faith in approach to care: How would you like me to address these issues in your health care? (<http://www.aafp.org/afp/2012/0915/p546.html>)

A spiritual assessment is just as important as a physical and mental assessment. How do

these three assessments come together to form a plan of care for the patient? Take for example, two patients (#1 and #2) who experience a motor vehicle accident, which leaves them with numerous injuries, pain and a long path of rehabilitation.

Physical: Standard operation includes a physical assessment of each patient’s condition and pain level – it helps in determining the diagnoses and course of treatment. In remembering that medicine is “a science and an art,” the physical assessment (body) might be thought of as the “science” part of medicine because the disease or condition is being treated. At this point, both patients may have equal treatment and a similar plan of care.

Moving on to complete the plan of care, the emotional and spiritual assessments may be considered the “art” of medicine because now you begin to treat the individual patient, not just the disease or condition. This is where the plan of care becomes customized and the paths of healing may have different outcomes.

E m o t i o n a l :
Let’s say that Patient #1’s reaction is: Fearful that he/she will never be able to return to work and has financial worries: Feeling anxious that he/she will fall and the condition will worsen. Begins to experience depression. Let’s say Patient #2’s reaction is: Thinks that the current health problem is just a “bump in the road” Appreciates the support of close friend/family ties Confident that there will be full recovery.

Spiritual: Now add to this the spiritual assessment: Let’s say Patient #1: Lacks a support system, senses a loss of meaning or purpose in life, feels hopelessness, and experiences a loss of faith since the health crisis. Let’s say Patient #2: Practices prayer, has visitors from his/her place of worship, thinks he/she will learn from this experience, feels hopeful, and is at peace.

It is easy to see that the results of these assessments will make a difference in the approach to and care of the patients. These assessments are valuable tools, which can greatly impact the outcome of the patient’s health status.

Although we like to refer the spiritual assessments to the chaplaincy team, it is the doctors, nurses and health team members who need this knowledge in order to care for their patients. A spiritual assessment might be considered just another burden, but it is a valuable investment. Rather than ignoring it all, it can actually be refreshing to both parties (patient and practitioner) if the practitioner shows some honesty, humility, and compassion.

In conclusion, when people are struck with illness, the patient outcomes are potentially limited when healthcare providers are preoccupied with only the diagnosis and physical treatment. Illness is a human experience that

impacts the lives of our patients on many levels: physically, mentally and spiritually. Our health is not just physical; it encompasses the mind, body and the soul. Charlotte Michos is a clinical nurse specialist who values personal-centered care and serves as a Healthcare Consultant in helping others make informed decisions. For more information and products, visit www.besthealthconsultant.com or call (845) 548-5980.

Dutchess Tourism Wins International Marketing Awards

Dutchess Tourism, Inc. and their agency BBG&G Advertising and Public Relations have recently been recognized for a number of international marketing awards. Dutchess Tourism’s 2018 Integrated Campaign Promotional/Branding received a Silver Davey Award from The Academy of Interactive and Visual Arts (AIVA). The Davey Awards honor outstanding creative from the best small agencies and companies worldwide. According to AIVA: “David defeated the mighty Goliath with a big idea and a little rock. That is the sort of thing small firms do every day. The Davey Awards honors the achievement of the ‘creative David’s’ where strength comes from ideas, intelligence and out-of-the-box thinking, not a ‘Giant’s’ bankroll.” The organization honors print ads, commercials, videos, websites, online marketing, TV, multimedia, and radio promotions, and the professionals who create them. There were 3,000 entries this year. Dutchess Tourism has also won the Gold MarCom Award in the Tourism Website category. Since its inception in 2004, MarCom has evolved into one of the largest, most-respected creative competitions in the world. Each year about 6,000 print and digital entries are submitted from dozens of countries. DutchessTourism.com provides dynamic content and features listings, spotlights, top 10 lists, suggested itineraries, a trip planner, videos, an event calendar and more. Dutchess Tourism President & CEO Mary Kay Vrba said, “It’s an honor to have our work recognized; our dedicated team of professionals is diligent and passionate about promoting the tourism assets of Dutchess County to support the hundreds of county businesses that rely on visitor spending to survive and thrive.” According to a study conducted by Oxford Economics, tourism

supports 11,239 jobs in Dutchess with a total income of \$332.3 million. That same survey also showed that visitor spending in Dutchess increased 25% over the last five years to \$601.5 million in 2017. Dutchess County Executive Marcus J. Molinaro said, “Our region has so much to offer, from historic sites and award-winning parks to top-notch dining and shopping options. Through their innovation, dedication, and creativity, the team at Dutchess Tourism, Inc., led by president & CEO Mary Kay Vrba, consistently draws new businesses, visitors, and residents to see what makes us Distinctly Dutchess. Congratulations on this international recognition of your tireless efforts to set the bar higher on what it means to promote tourism.”

Ancram Opera House Seeks Storytellers for REAL PEOPLE REAL STORIES

Ancram Opera House is seeking storytellers for its popular REAL PEOPLE REAL STORIES event, which features local residents telling true stories from their own lives. The performance will be Saturday, Dec. 15th at 3pm. Interested participants may call the Ancram Opera House pitch line at 518-250-9791 to leave a one-minute version of their story.

The theme for this performance of REAL PEOPLE REAL STORIES is “The Kindness of Strangers.” Ancram Opera House Director Paul Ricciardi, who created REAL PEOPLE REAL STORIES after being inspired by The Moth Radio Hour on NPR, says he is “looking for tales about Good Samaritans, random acts of kindness and the goodness of humanity through actions large and small.” Ricciardi will direct the show and provide five hours of coaching for each storyteller. Stories must be true, experienced firsthand by the storytellers, and run no more than 15 minutes. “No experience is necessary. The goal is not to create a polished monologue, but to allow the spontaneity of a real-life story to shine through,” Ricciardi said. The Ancram Opera House is located at 1330 County Route 7, just north of the corner of Route 82. Parking is available on the adjacent lawn. For information and tickets, go to www.ancramoperahouse.org or call (518) 329-0114.

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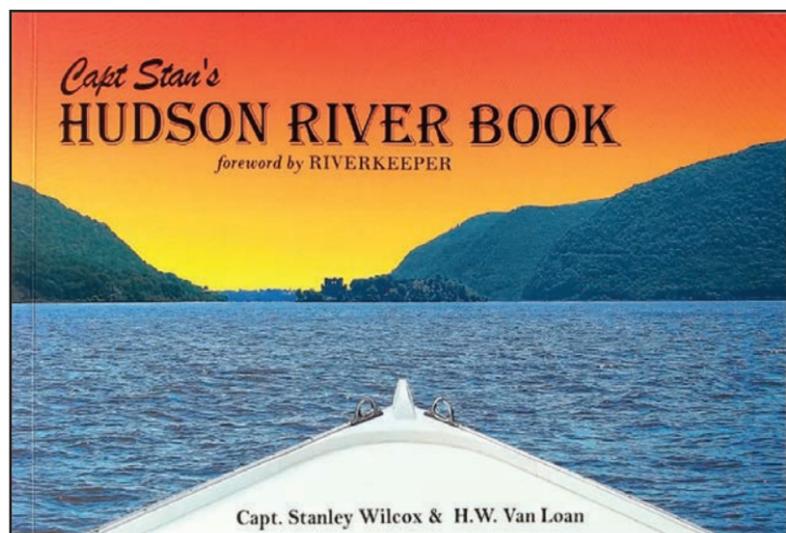
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Faith And Love from page 6
 "With Dietrich, because we both loved God, no matter what difficulties or obstacles, we had the desire to hang on. So, I guess the secret is a love for God, and then forgiveness. And also, don't let go. You have to try."
 The Seidels raised their two children, Christopher and Diesa, encouraging them to find their own path in life and faith. Diesa, who currently lives and works as a teacher in San Diego, is well remembered locally as a standout basketball player both at Red Hook High School, and Marist College. She went on to play professionally for several years in France and Italy. Elisabeth recently wrote about Christopher, meanwhile, in a blog post that reveals the values with which they raised their children. "My beloved son Christopher, while we were finishing dinner together on Valentine's Day, took out his wallet to pay for the family. As I looked at his wallet made of cloth, it was so falling apart, broken, and dirty, I was wondering why he does not buy a

new one. He said this wallet had so much value and meaning because it comes from an orphanage where he bought it, and he wants to send it somewhere for repair, because it is so special to him."
 Elisabeth and Dietrich always strove to give their children a strong moral foundation, while understanding that what anyone does in life is ultimately up to them. "My parents, or Dietrich's parents, it's all different. But I guess I believe true love is possible. For everyone love is possible, and that's how it should be. For then, there will be less tears and less hardship for the heart."
 And one more thing about the faith and love Dietrich and Elisabeth shared—they both always believed it was something that was meant to go on forever. Dietrich, together with Jennifer, wrote about it in "Eternal Life in the Spirit World", published in 2017. "In the book, it talks about Dietrich giving a class in Rhinebeck about Life After Life. And amazing enough, all these people with a loved one in the afterlife, all of them had

experience with their loved one. And they'd felt that they couldn't talk about it, because many people do not understand. 'Eternal Life in the Spirit World' is about that. I believe our love doesn't stop. If we believe there's another world, then we continue loving each other." For more information, or to purchase books, please visit on the web: <https://dietrichfseidel.com> also <https://JenniferPTanabe.com> Books are also available to purchase from the Enchanted Café in Red Hook.
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to New York Harbor including mansions, lighthouses, towns, cities, parks, and historic boats. The 192 page book contains over 200 color photos, taken from both the river and air. The fourth edition published this past summer and has been updated with new photos and text. The book is a must read for anyone wishing to see and learn about the many amazing destinations along the Hudson. It is available at Olana, Clermont, Cedar Grove, New York State Visitors Center, Hudson River Maritime Museum and other locations throughout the valley as well as on Amazon. Capt Stan is a US Coast Guard licensed Master with over thirty years on the Hudson and serves as Senior Captain on the Spirit of Hudson.

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Gallatin Church from page 1

Church food pantry in Pine Plains. Some ingredients for soups are provided by donations from local farms, but mostly by the soup ladies themselves. The Gallatin Community Church accepts donations toward the organ fund. All Gallatin Community Church musicians, maintenance, etc. are "volunteers for the love of Christ" including Bob Rogoshewski, the lay minister.

"While making soup keeps the doors open, we also do it because we love our community," he proclaims. "The town of Gallatin's motto is 'a great little town' and being the only church in Gallatin we say, 'the greatest little church in town.' We love our church and we believe this is Christ's advocacy for us. We pray for the church every day and we pray for the people in our flock.

"Even though the church needs an income, we have kept the same soup prices for 4½ years. We have senior citizens who count on our nourishing soups - which we deliver to neighbors who cannot get out. We consider it a service."

Note: There will only be one soup sale in December - on Friday, December 7th due to Christmas.



In honor of the Advent season, the church is decorated for the holidays with wreaths, greens, ribbons, bows and lights in every window. Christmas Eve candlelight service of Lessons and Carols will be held at 7pm on December 24th. Jan Brooks from Pine Plains will be the guest organist and Melissa Curtis will play violin. There will also be a clarinet solo as well as singing solos. The lights will be lowered, and candles lit creating a traditional atmosphere, "as we celebrate the birth of our Savior, the light he brought into the world and pray for peace on earth." The original steeple bell will ring before and after the service - just as it's always been rung for 195 years.

The first recorded minister was John Henry Livingston (May 30, 1746—January 25, 1825) - a member of the prominent Livingston family, who deeded the land to the church. A plaque on the back wall of the church lists the signatory of deacons and elders as receiving this deed. Later in time, Reverend Herman Vetter was the longest attending Pastor, serving for 61 years (1803 to 1864) as a circuit minister to this Gallatin Dutch Reformed Church (aka Vedder Church, among other names) which was mother church to the 12 churches around it.

The present structure of the Gallatin Community Church was built in 1823 and the organ alcove was added in 1872 in preparation to house their beloved Steere Organ Company organ. The Steere Organ Company was originally founded in 1867 and is currently still in business, having changed ownership over the years but still remains in the family. Plans are for professionals at the Steere Organ Company to do the restoration

themselves, "which will cost several thousand dollars as it needs some long-awaited attention."

The organ is a hand-painted pipe organ, with a long-handle pump that was usually manned by a strong teenager. This pump was converted to electricity in the 1950's but the original wooden pump-handle is still on display in the community center building directly across the road from the church.



The Gallatin Community Church's community center, which in the past also was used as town hall, is available for hall rental. Seating is 125 people and it has a full kitchen, an outdoor covered pavilion and picnic tables set up for outdoor gatherings. "We are a simple

country church, not a huge congregation. We consider ourselves a 'family'. Our congregation feels called to keep the church open and active and not allow it to be sold to become a residence. "This is the Lord's house. We feel the calling of the Lord. We trust that GOD provides. "We invite you to join our simple and lovely Christmas Eve Service for a wonderful, soul filled experience. Feel what having GOD in your life can do for you. All are welcome."

For more information about the historic Gallatin Community Church, visit Facebook @ gallatincommunitychurch. To make a donation to the Gallatin Community Church organ fund call 518-398-9462. Any donations can be mailed to Gallatin Community Church c/o Melissa Curtis 1369 Turkey Hill Road, Milan, NY 12571. To place a soup order call Kathy at 518-398-7128.

Ghent Reformed Church

has a live nativity program planned outside the front of the Church on Monday, December 24 at 5:30 p.m. A formal service of carols and scriptures will be presented in the Church at 6 p.m. with a coffee hour to follow.

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Bark Busters from page 7

putting him in his crate or in a quiet room with his bed. Allow him to rejoin the festivities after guests have arrived. Don't put your dog outside, especially in cold temperatures, where you might forget about him.

▪ Pets stressed by unfamiliar events typically pant more, so keep your dog's water bowl filled with freshwater.

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FINAL NOTE:

Please, please, please don't give a pet as a surprise gift.

A cute puppy might seem like the perfect gift choice, but many of these holiday presents end up in animal shelters. Owning a dog takes a genuine commitment of time and responsibility, and adoptive owners must be ready to participate in training and other activities. If you are absolutely certain the recipient is

up to the challenge and wants the responsibility, seriously consider giving a leash and a collar or, better yet, a gift certificate for Bark Busters training along with the note saying a dog of the recipient's choice will come with it. This helps ensure the lucky person gets just the right pet to bring into the family.

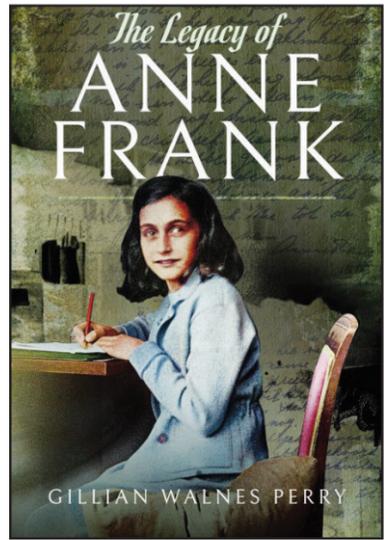
Caution and common sense in caring for your dog during the holidays will help ensure a safe and happy holiday season for all. And the results? Happy Dogs = Happy Families. Bark Busters is the World's Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding.

Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 12+ years. On the eastern side of the Hudson River, her

territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at www.BarkBusters.com where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by "liking" us on Facebook at <https://www.facebook.com/>

The Legacy of Anne Frank at Hudson Area Library

Hudson Area Library is proud to present an author reading and book signing: The Legacy of Anne Frank by Gillian Walnes Perry on Sunday, December 9, 4-5:30pm. In Legacy, Walnes Perry, co-founder of the Anne Frank Trust UK, explores the influence Anne Frank's life and diary has had on



young people all over the world. It contains the stories of a diverse variety of readers, including Nelson Mandela and Audrey Hepburn, brought together by the extraordinarily articulate and wise young victim of the Holocaust. This reading is an excellent respite and refocus during the hectic holiday season and the book is certainly a great gift idea. Gillian Walnes Perry was awarded an MBE for her work in education. She has spent time with many people who knew Anne Frank personally, and educators from all over the world who have tirelessly been perpetuating the powerful messages of Anne's life and writing. After 26 years of building the Anne Frank Trust, she retired as the charity's Executive Director in 2016. She now lectures and writes about the life and legacy of Anne Frank, as well as a range of popular social history topics.

Refreshments follow the reading. The book will be for sale with a portion of the proceeds going to the library thanks to Spotty Dog Books & Ale. The author will be available to sign copies.. It will take place in the community room, which is wheelchair accessible. For more information email programs@hudsonarealibrary.org, call 518-828-1792 x101, or visit the main desk in the library. The Hudson Area Library is located at 51 North Fifth Street in Hudson, NY. The mission of the library is to enrich the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn and grow. For more information visit hudsonarealibrary.org.

LEGO Lounge/Colour Club

WHAT: LEGO Lounge/Colour Club
 WHEN: Mondays starting on Monday, November 5, 2018 @ 4:00pm-5:00pm in the East Room
 WHERE: Tivoli Free Library, 86 Broadway, Tivoli, NY 12583
 DETAILS: Come play with our large selection of LEGOS! Or have a quiet time coloring. LEGOS, plus colouring books, crayons, and markers will be available. Fun for all! Allages. (Will not occur: 11/12/18; 12/24/18; and 12/31/18.)
 CONTACT: Laura M. Pepitone, Program Coordinator; tivoliprograms@gmail.com; (845) 757-3771; www.tivolilibrary.org.

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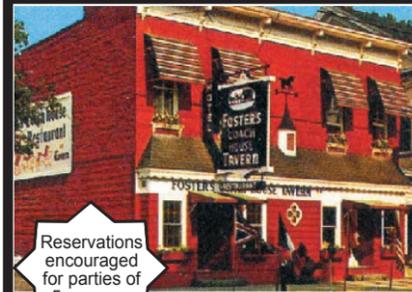
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All of Us: Portraits of the Ghent Bicentennial by Richard Beaven at Art Omi Dec. 5 - 10

In celebration of the 2018 Bicentennial of Ghent NY, Art Omi presents All of Us: Portraits of the Ghent Bicentennial, a series of photographs of Ghent

residents captured throughout 2018 by photographer Richard Beaven. All of Us will be on display in the Greenburger Café of the Benenson Center from December 5 - 10, 2018. The exhibition opening celebration takes place on Saturday, December 8, 5 - 7 p.m., and is free and open to the public. All of Us is a broad photographic

survey of the present-day Ghent citizenry, and includes portraits of 275 residents, or nearly 5% of the total population of 5,400. "By creating a snapshot of the Ghent community during its bicentennial year, this collection of portraits provides a record for the future," said Beaven. "Photographs from the nineteenth and twentieth centuries ... often serv[e] as our only tactile document of history. This project is my response: a 'box of prints in the basement' from today which can be rediscovered and held by the community of tomorrow." All of Us is the final in a yearlong series of events commemorating the 200th anniversary of Ghent's founding in 1818. Other highlights included the Ghent Community Day and Parade on October 13, 2018, and the publication of Ghent 1818-2018: A History of Our Own, by Town Historian Gregg Berninger. "The level of interest and participation from the public far exceeded our expectations," said Ghent Town Councilwoman Patti Matheny. "Richard's ambitious project provides one photographer's view of a rich community life. He went about this project with a passion that reflects his feelings and vision of the place he calls home." Richard Beaven is a British freelance editorial and documentary photographer based in Ghent, NY. Regular clients include The Guardian and The Wall Street Journal. His portrait work has recently featured in The National Portrait Gallery Portrait Prize (UK), Head-On Photo Portrait Awards (Australia), National Press Photographers Association/Best of Photojournalism (USA) and American Photography 33. Based in Ghent since its founding in 1992, Art Omi is an organization committed to fostering community with creative expression as its common denominator. Open daily from dawn until dusk, The Fields Sculpture Park is the public entryway to Art Omi, welcoming 30,000 visitors every year to explore over 60 works of sculpture from contemporary artists and architects. In addition, Art Omi hosts five distinct artist residency programs, a robust annual calendar of cultural and arts events, and educational programs for children and adults.

Open House Tours at Clermont State Historic Site

Celebrate the Holidays at Clermont State Historic Site. Clermont State Historic Site's holiday season continues on Saturday December 15, with open house tours from 11:00 am until 4:00 pm. Visitors will be able to enjoy the mansion's spectacular rooms lavishly decorated for the holidays at no charge. Costumed interpreters in each room will answer any questions you have about the site. Warm up with hot mulled cider and toasted marshmallows by a roaring bon fire. Clermont's Open House is a fun way to see the 250-year-old mansion all dressed up for the holidays! Families or groups may enjoy the mansion easily as they wander from room to room at their own pace. For more information about Clermont, "like" the site on Facebook, or visit www.friendsofclermont.org. Clermont State Historic Site is located at 1 Clermont Avenue in Germantown, off Route 9G. The Historic Site features the

mansion, formal gardens, scenic Hudson River views and miles of hiking trails. The Friends of Clermont is a private, non-profit educational corporation, founded in 1977 to support and supplement the museum education and historic preservation programs at Clermont State Historic Site. Designated a National Historic Landmark in 1973, Clermont is one of six historic sites and 15 parks administered by New York State Office of Parks, Recreation and Historic Preservation in the Taconic Region. The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which are visited by 71 million people annually. A recent study found that New York State Parks generates \$5 billion in park and visitor spending, which supports nearly 54,000 jobs. For more information on any of these recreation areas, call 518-474-0456 or visit <http://www.parks.ny.gov/>, connect with us on Facebook, or follow on Instagram and Twitter.



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A HOLIDAY "HISTORY MYSTERY" FOR CHILDREN AT STAATSBURGH STATE HISTORIC SITE

Staatsburgh State Historic Site will host The Holiday Whodunit, a mystery for children, every Sunday afternoon this December. Children ages 6 to 11 and their family members can come anytime between the hours of 1p.m. and 3p.m. to attend the program. The children become detectives and solve the mystery by interviewing costumed interpreters, who portray Gilded Age houseguests and servants. One of Staatsburgh's most popular programs, the Holiday Whodunit has become an annual tradition for many families, who come each December to enjoy the holiday decorations and crack another Gilded Age case. While the children question suspects, their parents can enjoy decorations that evoke the spirit of the turn of the century. Staatsburgh's holiday décor reflects the style of Gilded Age Christmases, from the over-the-top dining room ornamentation to the old fashioned plain white gift wrap paper used on presents heaped under the mansion's 18-

foot Christmas tree. The tree is decorated with electric lights, as trees might have been in other mansions of the period. Tree lighting was an early application of electricity, first used by one of Thomas Edison's engineers on his Christmas tree at home. Parents should plan about an hour for the children to make their way through the mansion. After an introduction to the mystery, the children go room to room interviewing suspects to uncover clues. In each room, they find Mrs. Mills' guests or Mrs. Mills' servants, all of them eager to prove their innocence and implicate someone else. At the end of the visit, children submit a ballot with their vote for whom they suspect. "We try to hit the sweet spot between not too hard and not too easy," said Staatsburgh Educator, Donald Fraser. "We want a mystery that is easy enough that a 6-year-old could figure it out, maybe with some help from the parents, but not so easy that an 11-year-old would see through it right away. If the children pay close attention, they'll pick up the clues that will help them deduce the one right answer." All ballots will be entered in a drawing for a prize, to be awarded after the Holiday Whodunit is over at the end of December. Winners will receive

a \$20 gift certificate from The Holiday Whodunit's sponsors, Oblong Books and Music and the Friends of Mills Mansion. The Holiday Whodunit will take place on December 2, 9, 16, 23 and 30, from 1p.m. to 3p.m. Staatsburgh will open for holiday touring on Friday, November 23. Touring hours will be Thursday through Sunday from noon to 4 p.m. through December 31. The site will be closed Christmas Eve and Christmas Day. Site admission is \$8 for adults, \$6 for seniors; children 12 and younger are free. Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at <https://parks.ny.gov/historic-sites/25/details.aspx> www.facebook.com/StaatsburghSHS and www.staatsburghstatehistoricsite.blogspot.com. Staatsburgh's events are listed at <https://parks.ny.gov/events/event-results.aspx?hs=25>

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which are visited by 71 million people annually. A recent study found that New York State Parks generates \$5 billion in park and visitor spending, which supports nearly 54,000 jobs. For more information on any of these recreation areas, call 518-474-0456 or visit <http://www.parks.ny.gov/>, connect with us on [Facebook](#), or follow on [Instagram](#) and [Twitter](#).

will host a Christmas Cracker Workshop on Saturday, December 1 at 10:30am. Christmas crackers were popular Christmas dinner favors during the Gilded Age. They originated during the mid-nineteenth century in England, but also became very popular across the ocean. Learn how to make your own cracker and fill them with small tokens or candy. Decorate the crackers to your liking and take home a set for your own Christmas dinner. This fun family craft is suitable for adults and children 10 & up. Staatsburgh was the home of prominent social hostess Ruth Livingston Mills and her husband, financier Ogden Mills. The estate's 79-room mansion on the Hudson River, filled with original art and furnishings, showcases the opulent lifestyle enjoyed by the wealthy elite of the early 20th century. The mansion is surrounded by a stunning landscape and paths for walking along the river. The site is also open for Holiday tours on December 1st from 12-4pm so workshop participants could choose to tour the lavishly decorated mansion at the conclusion of the craft workshop for an additional fee. Staatsburgh's popular gift shop will be open with a variety of unique gift items for the season.

Reservations are required for the workshop and can be made by calling (845) 889-8851. The cost is \$8/Person; \$20/Family (Up to 5 people). The cost to tour the mansion is \$8/Adults, \$6/Students & Seniors, and Children 12 & under are free.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at <https://parks.ny.gov/historic-sites/25/details.aspx>; www.facebook.com/StaatsburghSHS and Staatsburgh's programs are listed at <https://parks.ny.gov/events/event-results.aspx?hs=25>

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A "WHODUNIT" FOR KIDS AT STAATSBURGH STATE HISTORIC SITE

Staatsburgh State Historic Site's annual children's mystery, The Holiday Whodunit, will take place this year on every Sunday afternoon in December. Children ages 6 to 11 and their family members can come anytime between the hours of 1p.m. and 3p.m. to attend the program. The children become detectives and solve the mystery by interviewing costumed interpreters, who portray Gilded Age houseguests and servants. One of Staatsburgh's most popular programs, the Holiday Whodunit has become an annual tradition for many families, who come each December to enjoy the holiday decorations and crack another Gilded Age case.

While the children question suspects, their parents can enjoy decorations that evoke the spirit of the turn of the century. Staatsburgh's holiday décor reflects the style of Gilded Age Christmases, from the over-the-top dining room ornamentation to the old fashioned plain white gift wrap paper used on presents heaped under the mansion's 18-foot Christmas tree. The tree is decorated with electric lights, as trees might have been in other mansions of the period. Tree lighting was an early application

of electricity, first used by one of Thomas Edison's engineers on his Christmas tree at home.

Parents should plan about an hour for the children to make their way through the mansion. The children are introduced to the mystery and then go room to room, interviewing suspects to uncover clues. In each room, they find Mrs. Mills' guests or Mrs. Mills' servants, all of them eager to prove their innocence and implicate someone else.



At the end of the visit, children submit a ballot with their vote for whom they suspect.

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The Holiday Whodunit will take place on December 2, 9, 16, 23 and 30, from 1p.m. to

listed at <https://parks.ny.gov/events/event-results.aspx?hs=25>

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Candlelight Evening at Clermont State Historic Site

Glittering holiday traditions will be on display at Clermont State Historic Site on Sunday, December 9 during the museum's annual Candlelight Evening from 3-6 p.m. Each room on the mansion's first floor is beautifully decorated and will be filled with richly-costumed "living pictures" depicting holiday scenes from the Livingstons' history. Historic treats will be served in the Visitors' Center following the tour. Tickets are on sale now for \$12 per adult or \$5 per child twelve and under. Call (518) 537-4240 to purchase your tickets. Tickets sell out early for this one-night-only event so call soon. Living pictures, or tableaux vivants, were a popular Victorian activity. Players would dress in costume and stand still to

illustrate a scene from a play or well-known story. Clermont has taken this tradition and turned it into a new way to see the history of the Livingston family. For more information or to purchase tickets, please contact Kjirsten Gustavson at (518) 537-4240. Don't forget to "like" Clermont State Historic Site on Facebook and visit www.friendsofclermont.org. Clermont State Historic Site is located at 1 Clermont Avenue in Germantown, off Route 9G. The Historic Site features the mansion, formal gardens, scenic Hudson River views and miles of hiking trails. The Friends of Clermont is a private, non-profit educational corporation, founded in 1977 to support and supplement the museum education and historic preservation programs at Clermont State Historic Site. Designated a National Historic Landmark in 1973, Clermont is one of six historic sites and 15 parks administered by New York State Office of Parks, Recreation and Historic Preservation in the Taconic Region. The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which are visited by 71 million people annually. A recent study found that New York State Parks generates \$5 billion in park and visitor spending, which supports nearly 54,000 jobs. For more information on any of these recreation areas, call 518-474-0456 or visit <http://www.parks.ny.gov/>, connect with us on [Facebook](#), or follow on [Instagram](#) and [Twitter](#).

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3p.m. Staatsburgh will open for holiday touring on Friday, November 23. Touring hours will be Thursday through Sunday from noon to 4 p.m. through December 31. The site will be closed Christmas Eve and Christmas Day. Site admission is \$8 for adults, \$6 for seniors; children 12 and younger are free.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at <https://parks.ny.gov/historic-sites/25/details.aspx> www.facebook.com/StaatsburghSHS and www.staatsburghstatehistoricsite.blogspot.com.

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5-man swing band based in the Hudson Valley with members from Hudson, Millbrook and Red Hook. Brought together by their love of swinging jazz, they have all played in a variety of bands and in a variety of musical styles. Swingin' standards and beboppin' blues make up the Versatones repertoire. Pete Jung and Ambrose Verdibello on guitars, Pete Tenerowicz, drums; Eric Rosi-Marshall on bass and vocals, Chris Kendall

and Hudson Area Library The City of Hudson Senior Center is located on the 2nd floor of 51 North Fifth Street in Hudson, NY. There are county and city services at the center, such as meals for seniors, yoga, aerobics and painting classes. For more information call: (518) 838-3200. The Hudson Area Library is located at 51 North Fifth Street in Hudson, NY. The mission of the library is to enrich the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn, and grow. For more information, visit hudsonarealibrary.org.

The Ghent Reformed Church

The holidays can be difficult for us all: the stresses and strains of trying to offer a time of celebration take their toll. Many people find they have trouble feeling "in the spirit" of things, whether because of the recent or anticipated death of a family member or friend, the end of a marriage, the loss of work, or other trying change. The Ghent Reformed Church will be gathering together on Friday, December 21, 2018 at 7 p.m. for A Blue Christmas Service of the Longest Night. It is so named because it is near the winter solstice, the longest night of the year. But the name is also fitting because--despite the trappings of gifts, special meals, and Christmas carols--the season can be a darker than "normal" time of the year for those who struggle with loss. Everyone is welcome to this service designed to bring you some peace, hope and reconciliation. After service, coffee and cookies will be served.

Germantown Garden Club

At the November meeting of The Germantown Garden Club hosted a cooking demonstration by Kevin Jacobs. Kevin is an award-

winning author, food, garden, and lifestyle guru. He is the author of "Kevin's Kitchen: 100 Recipes for Delicious Living". His recipes and articles have appeared in numerous magazines and newspapers. His demonstration and entertaining talk focused on preparing farm-to-table meals. Kevin prepared a chive pesto, squash soup and a garlic infused chicken main dish. All the dishes are featured in his new cookbook. He showed how quickly and easily the recipes are to master all the while answering questions. The members and guests were treated to tasting all this delicious food. The demonstration was followed by a book signing of his cookbook. To learn more about Kevin's tips on gardening and recipes go to his website www.agardenforthehouse.com. The business section of the meeting included the election of officers for 2019. Elected were President, Fran Bufi; Vice-President, Mary Puskar; Recording Secretary, Elke Crane; Corresponding Secretary, Kate Kennedy; and Treasurer, Joyce Vale. Also, on the agenda was the discussion of the club's December 1st and 2nd Annual Open House at the Palatine Parsonage, participation in the November

29-December 2nd Gallery of Wreaths at the Columbia County Museum in Kinderhook and the donation of gifts for the residents of the Livingston Hills Nursing Center. The Club will be placing Christmas trees and donating wreaths for the holiday season along Main Street in the Germantown village. Germantown Garden Club will once again hold an 'Adorn-A-Door' holiday decorating competition at the senior residence Palatine Manor in Germantown. The Germantown Garden Club is a member of District Three, Federated Garden Clubs of New York State, Inc., Central Atlantic Region and National Garden Clubs. For more information about the Germantown Garden Club's meetings and activities call President Fran Bufi at 518-537-4868.



Greenport Rescue Sq. Dance at the Armory Mary Meacher & Alice Horneing Co-Chairs 1956 adapted to Winter Swing Dance theme PHOTO CREDIT: Courtesy of photobygibson.com

Area Library, is free and open on tenor and soprano sax. To register visit the front desk at the library, call 518.828.1792 x101, or email programs@hudsonarealibrary.org. Also, check for the latest details on our Facebook pages: City of Hudson Senior Center



Pictured: Author Kevin Jacobs



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Lights, Camera, Action!

Hudson Valley Film Commission Community Outreach: Opportunities in the Local Film/TV Industry Staatsburg Library Thursday, December 13 at 6:30 p.m. So, you want to be in the movies? The Hudson Valley Film Commission will hold a workshop at the Staatsburg Library to help educate and involve local residents and business owners in the growing film and television industry, which offers many different educational, job and creative opportunities. Film Commission Director Laurent Rejto will give participants a background on film and television work including pre-production, production and post production and we'll answer any questions that may arise including: What kind of crew members and actors do local productions need? What kind of vendors do local productions need? How do I get myself or my business involved? What can I do to put myself

in front of the decision-makers in the film industry? For the past 18 years, the Hudson Valley Film Commission has promoted and created sustainable economic development by supporting and attracting film, video and media production in the region. We have helped with cast & crew referrals, locations, permits, vendors and much more! Thursday, December 13 at 6:30 p.m. Staatsburg Library: 70 Old Post Road, Staatsburg, NY 12580 For more information, email staatslibrary@gmail.com or call 889-4683.

Who doesn't love flowers?

At our September meeting the members of the Old Dutch Village Garden Club brought their abundant home-grown flowers together, along with generous donations from Tops and Hannaford, to design cheerful bouquets for the residents of local nursing homes. Our meeting room was a panoply of color as we filled over 50 vases with many varieties of flowers and leaves.

All these were piled into cars and delivered to local nursing homes.

"As we walked in with our bouquets to one nursing home, a resident immediately commented on the colorful bouquets. When we said they were for him and the other residents, he beamed!" said a garden club member.

Since the workshop was such a great success, the club intends to do this several times next year during the summer and early fall. Then in October our meeting took a complete turn and journeyed to the Hudson Valley Distillers on Rte. 9 in Clermont to see what's up with all those juniper and sumac berries. The distillery is owned by Jennifer & Chris Moyer since 2012. This young hard-working couple have transformed a 150-yr. old barn into a beautiful space where they offer tastings, light fare & cocktails. We were treated to an interesting tour of the facility where Chris instructed us how to make gin, vodka, etc. The distilling equipment is formidable and creates a wonderful, local product that is aging in barrels there. It is well worth a visit...and a tasting!

The Old Dutch Village Garden Club meets at St. John's Reformed Church in Red Hook at 12:30 PM on the second Thursday of each month, except for August. New members and visitors are welcome. For more information, please call Linda at 845-758-5653.

MOUNTAIN ROAD SCHOOL SETS HOLIDAY FAIR DECEMBER 8

Mountain Road School sets its Annual Holiday Fair on Saturday, December 8 from 11:00 AM to 4:00 PM. The event will take place at the school, it features local vendors and artisans, arts and crafts for all ages, food and drink, and is free and open to the public. The Holiday Fair is a charming school tradition. Families can browse hand-made local items for gift-giving, participate in a hand-craft to take home, and enjoy a wonderful lunch in the Café. Little shoppers can select special treasures for their loved ones and pick a treat for themselves from the Pocket Lady. Festive music will tie it all together as we celebrate the season. Mountain Road School is a small, progressive, independent school in New Lebanon, NY serving preschool through eighth grade. Small class sizes and multi age groupings form the foundation for its educational philosophy.



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On that foundation Mountain Road builds a community that embodies a culture of compassion, inspires critical and creative thinking, learns and teaches responsively through emergent curriculum, develops resilience by cultivating a clear and steady approach to challenges, and nourishes the reciprocity between the human and natural worlds. Mountain Road School is located at 4565 County Route 9, New Lebanon/East Nassau, NY 12062. For more information, contact Betsy Feathers, Development Coordinator at (518) 794-8520, or betsy@mountainroadschool.org and at our website at www.mountainroadschool.org

Narcan Training for the Public with the Dutchess County Department of Behavioral & Community Health

Friday, December 14, 2018 @ 6:00pm-7:00pm, in the East Room Tivoli Free Library, 86 Broadway, Tivoli, NY 12583 Join Amanda Brennan, Public Health Education Coordinator/

Opioid Educator from the Dutchess County Department of Behavioral & Community Health for a community Narcan training event. If you have an expired kit, you can bring it with you and get an updated one! As part of the training, participants receive a naloxone kit. Narcan is a prescription medicine that blocks the effects of opioids and reverses an overdose. If given to a person



who has not taken opioids, it will not have any effect on him or her, since there is no opioid overdose to reverse. The Department of Behavioral & Community Health offers a wide array of services and programs to become a Healthy Dutchess for our Residents, Visitors, and Businesses in Dutchess County. Free. Space is limited to 25 people. Contact the library to register.



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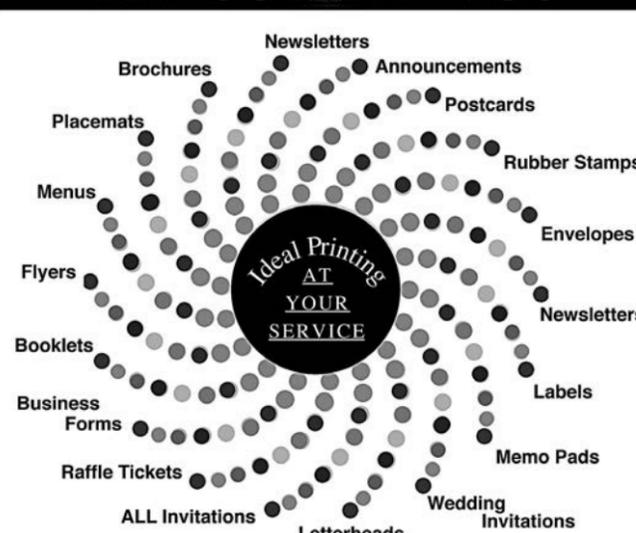
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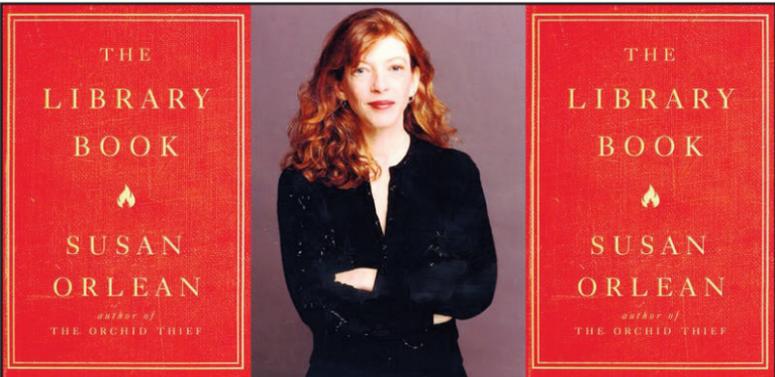
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**Upstairs at Murray's:
Susan Orlean,
The Library Book,
December 5**

WHAT: Upstairs at Murray's: Susan Orlean, The Library Book - A Fundraiser for the Tivoli Free Library
WHEN: Wednesday, December 5, 2018 @ 6:00pm-8:00pm
WHERE: Murray's, 73 Broadway, Tivoli, NY 12583



DETAILS: Join us and Oblong Books for a fundraiser for the Tivoli Free Library with author, Susan Orlean happening upstairs in the Sanctuary at Murray's, 73 Broadway, Tivoli, NY 12583. This event is hosted by Oblong Books in collaboration with Murray's, as well as additional marketing and promotional support provided by Bard Written Arts. Susan Orlean, hailed as a "national treasure" by The Washington Post and the acclaimed bestselling author of Rin Tin Tin and The Orchid Thief, reopens the unsolved mystery of the most catastrophic library fire in American history, and delivers a dazzling love letter to a beloved

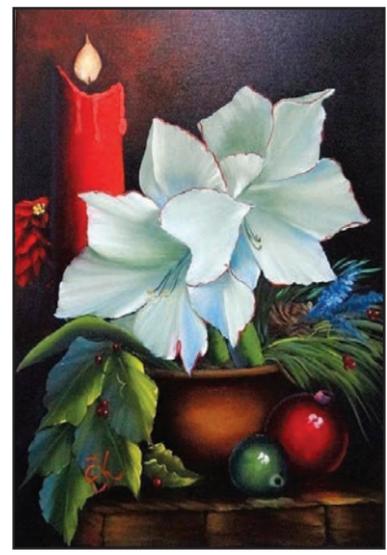
institution—our libraries. Tickets: \$10.00—available online: <http://bit.ly/2x8XEfy> (May be applied in full to the purchase of a book by the author at this event.) About the Tivoli Free Library: The Tivoli Free Library provides quality programs and materials to the people of Tivoli and surrounding communities. Situated in the historic Watts dePeyster Firemans Hall at 86 Broadway, in the heart of the village, the library is just west

of the shops and restaurants. The building is also home to the Village offices and court. CONTACT: Laura M. Pepitone, Program Coordinator; tivoliprograms@gmail.com; (845) 757-3771; www.tivolilibrary.org

Watercolor with your Grandperson!

The City of Hudson Senior Center and Hudson Area Library will host, Watercolor with your Grandperson! Saturday, December 15 in two sessions: 1-2:15pm and 2:30-3:45pm with watercolorist extraordinaire and teacher Gretchen Kelly. It is open to grandparents, parents, children, and grandchildren.

Youth and adult participants paint a picture or card in watercolors with a holiday theme using pine cones, wreaths, candles, menorah, Christmas trees, holly, gift boxes and much more. All materials will be provided. This event is free and wheelchair accessible. Registration is required. To register email programs@hudsonarealibrary.org, call 518.828.1792 x101 or visit the main desk in the library. Gretchen Kelly works in a variety of mediums and styles, primarily painting figurative, landscape and flowers. Her fashion and home decor background influence her work at times. She is inspired by the beauty of what is natural in the world and embellishes with her own personal touches of color, pattern and ornament. Gretchen endeavors to capture the gestures and nuances of fleeting moments which are the details that bring



life and beauty to her work, as she sees it in her subject. Simplicity is the mark that she strives for. The City of Hudson Senior Center is located on the 2nd floor of 51 North Fifth Street in Hudson, NY. There are county and city services at the center, such as meals for seniors, yoga, aerobics and painting classes. For more information call: (518) 838-3200. The Hudson Area Library is located at 51 North Fifth Street in Hudson, NY. The mission of the library is to enrich the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn and grow. For more information visit hudsonarealibrary.org.

The Funshine Merry-makers: Skits, Songs, Games, and Magic

Tuesday, December 11, 2018 @ 6:00pm-7:00pm on the Third Floor Tivoli Free Library, 86 Broadway, Tivoli, NY 12583 The Funshine Merry-makers rock the house with their kid-friendly antics: funny skits, magic tricks and silly songs with loads of audience participation. Plus, fun surprises. Join us for this fun-filled evening! Rainbow the Clown and Happy Dan have over 40-years' experience entertaining children of all ages. Most recently they have performed at the: Rosendale Chili Bowl, High Meadow School, Mohonk Mountain House, Rail Trail Cafe, and Duzine Elementary School in

New Paltz, NY. They are both creative, silly, and compassionate global citizens who believe in a better world for one and all. "You filled the room with joy and everyone from toddlers to grandparents was completely



transfixed. Your gift to our community is priceless." - The Children's Center of New Paltz. All ages. Free.

Winter Book Sale at Starr Library

Find amazing gifts, stock up on reading for cold winter days, and snag a bargain - all at the Winter Sale sponsored by the Friends of Starr Library on December 7, from 10:00 - 5:00, and Saturday, December 8, from 10:00 - 4:00. The sale is on the lower level of the Starr library at 68 West Market Street in Rhinebeck. The Friends have extended the sale into an adjoining room to spread out an extensive collection music CDs, movies, and books on CD and more, as well as holiday books and small gifts. AND

DVDs and music CDs are on special at \$1.00. In the main sale room, there's a great selection of "gift-worthy" books in mint condition with bargain prices. Younger readers of all ages can find books, from picture books for the little ones, through "chapter books" and on to YA (young adult). There's a large selection of vintage books, including some vintage children's books. As usual there are carefully sorted books on collecting, memoirs, fiction, non-fiction, biography, history, art, music, animals, travel, cooking, self-help, poetry - just about any topic of interest.

Prices for the books in this sale are a bargain. You can explore adult hardcover fiction and non-fiction books, starting at 50¢, trade paperback books for \$2.00, and recent publications from \$3.00. Children's books start as low as 20¢ for paperbacks and \$1.00 for hardcovers. Books on CDs are \$2.00, but music CDs DVDs are only \$1.00 for this special sale. NOTE: No 50¢ paperbacks are in this sale. Warning to regular shoppers at the book sales of the Friends of Starr Library: this is the last book sale until April, so don't miss this sale! The Winter Book Sale is on the lower level of the Starr Library, 68 West Market Street, Rhinebeck. Information at 845-876-4030 or www.starrlibrary.org.

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Country Hideaway \$265,000
This 5-bedroom country home from 1800 is sited on 4.63 acres on a cul-de-sac. You'll enjoy the views of the backyard from the spacious and light-filled vintage kitchen, equipped with a Faultless wood/gas stove and plenty of cabinets. There is a large dining room for entertaining. The property also includes a two-story barn and a shed.

Have your own private swimming hole - Gallatin. Beautifully renovated 4-bedroom ranch with cathedral ceiling and an open floor plan. The deck overlooks the Droove Kill Creek which produces soothing sounds of running water over the rocks emptying into the swimming hole. Extensive landscape architecture around the creek, a view of the Catskills, granite countertops, wood flooring, and a whole house generator are just a few features of this property. There is also a 440 sq. ft. cottage. **\$374,900**

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The numbers are in! Mondello Upstate Properties, LLC came in #25 in sales out of 196 offices in all of Dutchess County for 2017! How's that for a local, family owned business? It's not easy keeping up with Corporate. We would like to thank all of our clients who trusted us with their real estate needs, we couldn't have done it without you!



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Milan: Well built, 4500+ sq ft Contemporary w/multiple living areas perfect for entertaining & plenty of room for guests. Sliding glass doors & oversized windows to bring in the natural light & beauty of the lush grounds. MBR w/private deck, bth, cathedral ceiling & WIC. Custom Kit, FR w/impressive Fieldstone fp, oak floors & soaring ceiling. Formal LR & DR w/access to sunroom. Finished bsmt allows for many uses. Top quality utilities & roof w/50 yr life span. Prominently set back w/open vistas & beautiful landscaping on 8+ private ac. **\$550,000**



Price Reduced! Milan: If you are looking for a home that needs a little TLC but a lovely private setting w a lot of potential then this is it. Large country Kit, large LR and 2 large BR's plus updated full bth. Original hw throughout. Privately nestled on almost 3 acres Surrounded by old farm stone walls & landscaped w/tall shade trees. Outbuilding for tools & toys. Minutes to TSP. Red Hook SD. **\$219,000**



Red Hook: Go Jump In The Lake! Enjoy direct frontage & private beach from this vintage Arts & Crafts style home. 3+ BRs/1 BA. Open floor plan, hw floors & lovely finishes. 3 season porch w pretty water views. One car att gar & storage shed for tools & toys. 10 mins to village. **\$249,000**



Livingston: Located in quiet lake community is this 1930s Bungalow featuring exposed beams, open fp & second story w/add'l living space. 2 BR plus den/office & 2 full bths. Deck & back patio overlooks back yard w cultivated flower gardens & shade trees. Detached Pole barn w electric has office space & would make great studio. Lake rights to North Twin Lakes. **\$245,000**



Hyde Park: Lovely 4BR home with lots of great updates throughout. Seller has put in numerous luxurious upgrades throughout home including jacuzzi tub and steam shower. Handicap accessible full bathroom on first floor. Mix of old world charm & modern upgrades making this a must see! Chefs kitchen with beautiful gigantic kitchen island w/viking stove a dream come true for the cook in your family. All offers welcome come look today. **\$234,000**



Commerical Space Pine Plains: Opportunity knocks at the door of this well maintained building set in the heart of bustling Pine Plains. Formally leased as a thriving diner but lends itself to many uses. Owner has updated the 3 bathrooms as well as windows, electric & septic. Kit is equipped w Ansul exhaust system, propane industrial 6 burner stove, ice machine & refrigerator. There is seating for 53 including bar & table sets. Outside awning allows for additional seating. This is charming place to realize your dream. **\$189,900**



Gallatin: 3 Acres. Lovely, open and rolling building lot with Catskill Mountain views. Easy access to Taconic State Parkway. BOHA needs updating. Pine Plains SD. **\$70,000**

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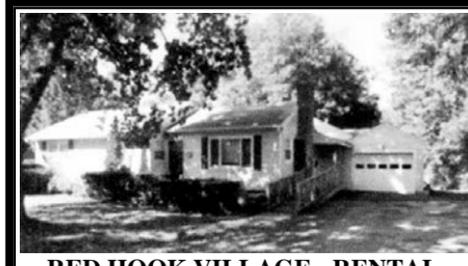
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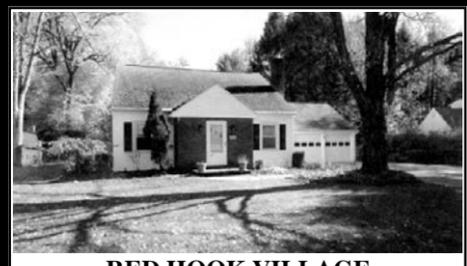
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NEW TO MARKET RESTORED CARPENTERS GOTHIC. RESTORED BY AREA'S MASTER CRAFTSMAN THIS IS A ONE OF A KIND HOME. HAND CRAFTED WORKMANSHIP THROUGHOUT. Home offers 2 BRs, 2 baths, extensive wood work, additionally an unattached garage with gorgeous studio/office/guest quarters. Property has HUDSON RIVER VIEWS - Walking distance to train. Offered at **\$975,000**. Quiet area of the hamlet.



ELIZAVILLE
26 breathtaking acres spectacular CATSKILL VIEWS, high and dry, offers privacy plus all approved for building. Sub dividable and 5 minutes from Red Hook - a wonderful property. Offered at **\$300,000**.



RED HOOK VILLAGE - RENTAL
A wonderful 3 BR/2 bath ranch in heart of village. Walking distance to schools & village. Vaulted ceiling w/beams in open living and dining area w/working wood fireplace. Dishwasher, microwave, washer, dryer and water softener. Large backyard w/storage shed. Attached 1 car garage. Landlord mows lawn & provides service contract for oil burner. **\$2100** per month



RED HOOK VILLAGE
New to Market. Large 4 BR, 2 BA Cape. SUB DIVIDABLE 1 acre lot in village. Master on first floor, stone fireplace. Rooms are large, tons of space for a large family, in-ground pool and beautiful sunroom at rear. Private back yard, well landscaped, 2 car attached garage. Close to schools in family neighborhood. First time on market in 50 years, offered at **\$397,500**.



RED HOOK
Charming Contemporary on 7 private acres w/fieldstone walls nestled in the woods. Minutes to Rhinebeck & Red Hook. Near TSP & Rhinecliff train station. First level has open floor plan off the kitchen/dining area. Deck w/hot tub. Second level LR w/vaulted ceiling w/bedroom or office. Upper level has 2 BRs, full BA. 1200sf finished basement w/plumbing & heat. 2 large picturesque gated & fenced in fields. A perfect scenic retreat! Offered at **\$325,000**



RED HOOK
New to Market - 2 fully approved building lots minutes from village that offer great privacy in a park like setting. Has town water. Each lot is 3+ acres and priced to sell at **\$94,900** each. Must see if you are thinking about building. Map in office.

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CLERMONT
Solid, well maintained 3 BR Ranch on 1.4 acres. Great starter home w/room to expand. Navis road is a beautiful country road with a close proximity to Red Hook, 5 miles from the light in the village. This home is well built & maintained very well. Property is nice and well landscaped, a great buy in a great area. Easy to show. **\$210,000**.



A WONDERFUL WOODED PARCEL
in a quiet neighborhood just off South Quaker Lane. A great buy for 41 acres w/a rolling topography & rock outcroppings. A wonderful forest w/a great mix of hardwood trees. Many trails are roughed in & would be a wonderful property for a family compound or hunting or motor sport enthusiast. None nicer in Hyde Park. NEW OWNER WILL OLD PAPER W/25% DOWN. **\$132,000**



RED HOOK
NEW TO MARKET. 4 BR, 3 BA Cape on large oversized lot w/private backyard, stone fireplace in LR. Rooms are large & open. Formal dining area & office, 2 car attached garage, wood floors like new. Large 4000sf house & master on first floor. Priced to sell at **\$349,000**.



Just redone Cape on 5 acres, minutes to village. Nice country setting, house was just repainted, bath rooms redone, floors refinished. Has replacement windows, large screened porch on south side & open porch on western side. Large spacious rooms & one BR on first level. 2nd level has 2 large BRs & a full bath. Property is nice & there is an additional 5 acres available. Septic is new and so are appliances. A great buy, easy to show lock box on. **\$279,000**.

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RH Library from page 19

Minecraft, and Roblox. Advance registration is required for this free program. Please call the library at 845-758-3241 to register your child. As per library policy, children must be at least 10 years old to be in the library without parents or guardians.

All Abilities Kids: Storytime
 TIME, DATE, PLACE: 10:30-11:15 AM, Fridays, December 7 & 21, Red Hook Public Library
 WHAT: All Abilities Kids Storytime is designed for children with intellectual, cognitive and/or developmental disabilities. Stories are told in multiple modalities with optional interactive elements. We use a visual schedule, have musical & movement activities and make a craft together in the library's third-floor Community Room where we can have an environment with reduced sensory stimuli. The stories shared at all sessions will be at a preschool level. As parents and caregivers are the best judges of their children's interests and abilities, All Abilities Kids is open to anyone under 18. Advanced registration is required as space is limited. As at all RHPL Storytimes, every child must have a parent or caregiver in attendance. If you've been hesitant to try story time with your child, give All Abilities Kids a try.

All Abilities Adults Meet at Red Hook Public Library
 TIME, DATE, PLACE: 12:30-1:30 PM, Fridays Dec 7 & 21, Red Hook Public Library
 WHAT: At All Abilities Adults, we make art, share jokes, experiment with plasma (slime!) and many other fun activities. Adults with intellectual, cognitive and/or developmental disabilities are invited; and caregivers are always welcome to join in. Our annual holiday party will be on Dec 21.

Family Art Party
 Time, Date, Place: 5 PM, Friday, Dec 7, at the Red Hook Public Library.
 What: Looking for a place to unleash your creative and artistic side with your family? Join us for an evening of arts and crafts at the Red Hook Public Library. We will be making all kinds of holiday decorations and presents. Fun projects suitable for the whole family! The program is free and open to the public with no registration required.

Family Movie Night at Red Hook Public Library
 TIME, DATE, PLACE: 5 PM, Friday December 14th, Red Hook Public Library
 WHAT: Join us at 5pm on Friday, December 14th at Red Hook Public Library for the Library's next Family Movie Night. Movies shown on Family Movie Night are always rated G or PG, and popcorn and drinks

are served. Kids love the casual setting and parents can relax. Fidget toys are available for those that benefit from them. Please call for November's title.

Adoptive Families Social Hour at Red Hook Public Library
 TIME, DATE, PLACE: 5:30 - 6:30 PM, Friday, December 14 at Red Hook Public Library
 WHAT: Red Hook Public Library welcomes adoptive families to the library for community and conversation in the Children's Library. With games and art projects for the children, parents can talk with each other and/or join in the mess-making mayhem. No registration is required for this free event.

Holiday Sing-Along with Roger & Lenny
 Time, Date, Place: 10:30 to 11:30 AM, Wednesday, Dec 19, at the Red Hook Community Center.
 What: Join Red Hook Public Library at our 3rd annual holiday sing along. Your favorite holiday tunes and new songs will be played by Roger Cohn and Lenny Sutton at the Senior Friendship Center at the Red Hook Community Center. The program is free and open to the public with no registration required. And cookies!

Gingerbread House Making with Red Hook Public Library
 4-5 PM for All Abilities families with registration, 5:30-6:30 drop-in for everyone, Friday, Dec 21, at the Elmendorph Inn in Red Hook. Ready to flex those creative Gingerbread House making muscles? Red Hook Public Library has the perfect event for young engineers who want to construct sweet buildings before the holidays.

The event opens at 4 pm for All Abilities Kids & Teens who have registered in advance. Adapted for kids and teens who have intellectual, cognitive and/or developmental disabilities, we will have pre-made houses ready for decorating with candies of all kinds. Advance registration is required for this hour as space will be limited. At 5:30, we will open the doors for gingerbread house making and decorating without advance registration. Bring your architectural dreams and love of sticky icing. Cocoa, cookies, and music add to the warm atmosphere at the historic inn.

Teens After Hours: Super Smash Brothers Gaming
 TIME, DATE, PLACE: 6-8 pm, Friday December 21, Red Hook Public Library
 WHAT: Are you excited about the upcoming release of the new Super Smash Brothers for Nintendo Switch? So are we. The Teen Leaders' Council presents another night of Teens After Hours Gaming. We'll have snacks, drinks and lots of Nintendo Switch. Arrive at 6, doors are locked at 7 until we finish up at 8.

ADDITIONAL INFORMATION
 Red Hook Public Library has been serving the community of Red Hook and its need for lifelong learning since 1898. It has been designated a five-star library by Library Journal each year since 2013. The library was chosen as a finalist for the Best Small Library in America award, given by Library Journal and the Bill and Melinda

Gates Foundation, in 2015. FOR MORE INFORMATION: Call the Red Hook Public Library, 845-758-3241, email director@redhooklibrary.org, or visit www.redhooklibrary.org.

HOLY NAME SOCIETY CHRISTMAS BREAKFAST
 St. Christopher- St Sylvia's RC Church Holy Name Society will be Holding Is Christmas Breakfast on Sunday December 16th. Come and join families and friends for a wonderful breakfast to bring in the holiday spirit. Our breakfast includes "all you can eat" scramble egg, home fries, Sausages, Pancakes, French toast, Omelets to order, Rolls, Coffee, Tea and Hot Cholic. NEW THIS YEAR, Home made Biscuit and Gravy, Fresh Fruit and Monthly Omelets Special. Our breakfast is held at the School Hall, 30 Benner Rd. Red Hook. Time 8AM to 11AM. Cost \$6.00 Adults, Children \$4.00 12yrs and younger. All are welcome to our breakfasts. The Holy Name community breakfast are held on the third Sunday of the month from October to April. For additional information, please call the Rectory, 845-758-3732. Our Next Breakfast will be January 20th.

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