



# Hudson River View

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## Is This a Good Time to Sell Your Gold and Jewelry?

### Walter McTeigue Has Some Answers

By Lisa Dudley

Headlines suggest gold is close to \$5,000 an ounce! That's double what it was only 18 months ago but there are many variables to consider. According to Walter McTeigue of McTeigue & Company, selling estate jewelry is not always straightforward.

"Most people don't know what they have," McTeigue says. "They often feel intimidated and unsure who to trust. I always tell people to trust their instincts — and to look for buyers who have been in business a long time, who have expertise in gemology and vintage jewelry, and who inspire confidence.

"Our job is to help people understand what they have in terms of value and their options for attaining the best price," McTeigue adds. "There's often a great deal of sentiment attached, especially with inherited pieces."

Founded in New York in 1895, McTeigue & Company is now in



Walter and Wally McTeigue

its fifth generation. The business continues under the father-and-son partnership of Walter McTeigue III, based in Great Barrington, and Walter "Wally" McTeigue IV in New York City. Walter started working alongside his dad in 1980 and later became the Estate Jewelry Buyer at Harry Winston. Wally started in the family estate jewelry business in New York in 2012, attaining Graduate Gemologist credentials from the Gemological Institute of America in 2015. Fun fact: Tiffany & Co. was the firm's first customer.

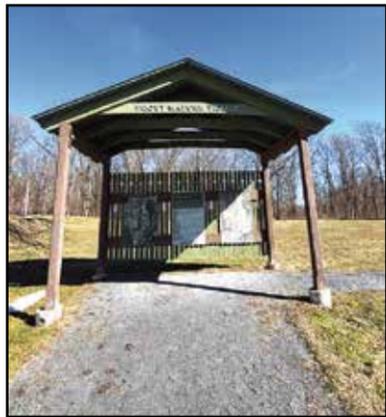
While gold prices are historically high now, McTeigue points out that gold prices are always changing. "Nobody really knows in what direction the price is

Continued on page 3

## RHINEBECK ROTARY MENTAL HEALTH AND WELLNESS COMMITTEE ANNOUNCES DETAILS OF 2026 WELLNESS WEDNESDAY COMMUNITY WALKS

Chair of the Rhinebeck Rotary Mental Health and Wellness Committee, Marybeth Cale, announced today that the group will be hosting "Wellness Wednesday Community Walks" at 5pm every Wednesday from April 8th through Wednesday, September 30th at the Thompson-Mazzarella Park in Rhinebeck.

Said Cale, "Now in its third year, our outreach effort is designed to help address the loneliness epidemic that was brought to light in a report several years ago by Dr. Vivek Murthy. Our hope is that the initiative



will help cultivate stronger social connections and feelings of overall well-being for people who live or work in Northern Dutchess County. These walks are a wonderful opportunity to explore beautiful trails, get some fresh air, and enjoy fellowship right in our own community; one does NOT need to be a Rotarian - we welcome any adults ages 18 or over who want to join.

She added: "Although we have rotated locations in the past, this year we decided to stick to the truly lovely nature trails at the Thompson-Mazzarella Park in Rhinebeck. We felt it would be more convenient and hopefully help walkers establish an easy-to-stick-to weekly routine. Each excursion will last about 60-75 minutes and will incorporate a 5-10 minute 'mindfulness activity' led by one of our Mental Health and Wellness Committee members, which may include breathwork, meditation, tai chi, qigong, and/or other experiences designed to promote mindfulness." Walkers will meet in the parking lot near the Rhinebeck Town

Continued on page 2

## ICE CREAM for BREAKFAST

Holy Cow's 16th Annual Fundraiser for St. Jude Children's Research Hospital

Saturday April 11<sup>th</sup> and Saturday April 25<sup>th</sup> 9:00 am - 11:30 am

Donation of Your Choice Special limited menu includes: Banana & Coffee Shakes and Sundaes with waffles, cider donuts, blueberry muffins, hot apple, blueberry, marshmallow and cereal toppings.

Thanks to YOU, we have raised \$98,000 with the hopes of continuing to raise more one scoop at a time!

## The Hudson Valley Animal Rescue & Sanctuary (HVARs)

is holding a free rabies vaccination clinic for local pets. The clinic is scheduled for Saturday, May 30th, Noon - 4PM at the Third Lutheran Evangelical Church, 31 Livingston Street in Rhinebeck. The clinic is open to dogs, cats and domestic ferrets 3 months of age and older. Pre-registration is strongly suggested and is available online at hvars.org. Walk-ins will be accommodated if available basis. The clinic is free for Dutchess County residents and \$15 per pet for non-residents. Please bring proof of residency. All dogs must be on a leash, and cats and domestic ferrets must be in carriers. Vaccinations will be good for 3 years with proof of prior vaccination. For those without proof, the vaccination will be good for one year.

Microchipping will also be available at a cost of \$45 per pet and one-year distemper vaccine for \$25 per pet.

Rabies vaccinations are required by New York State law for all dogs, cats and domestic ferrets by four months of age. Pet owners are required to revaccinate on a regular schedule to keep animals properly immunized against the rabies virus.

HVARs is a non-profit animal rescue, wildlife rehabilitation center & low-cost vet service that opened in 2011, first offering mobile pet clinics. Today HVARs is a main stay of Dutchess County, serving many communities at their permanent location, 9 Barnes Drive in Poughkeepsie.

This free vaccination clinic was made possible by a loving donation from the Estate of Charles Svatek. Charlie was known for his kindness and loving desire to make the world a better place for all living creatures.

## Murder Café celebrates 28 years of entertainment by producing Mohonk Mountain House's 50<sup>th</sup> anniversary Mystery Weekend.

Murder Café, a traveling entertainment company headquartered in Rosendale, New York, is proudly entering its 28th year of operation. Founded in Las Vegas, Nevada, by Frank and Kristen Marquette in 1998, the company specializes in original murder mystery productions, averaging 60 performances annually.

Additionally, Murder Café is celebrating a decade of producing the Mystery Weekend at Mohonk Mountain House. Frank Marquette's original play, Murder by the Book, was performed at Mohonk from February 28th to March 1st, drawing a sold-out audience of 260 attendees. This mystery event commemorated Mohonk's inaugural mystery weekend, which was crafted and presented in 1976 by an esteemed group of writers, including Stephen



(left) Frank Marquette, owner-operator of Murder Cafe and the author of Murder by the Book, as Conrad Monjoy, and (right) Heather Roland-Blanco as Winifred Craneshaw. Performing during Mohonk Mountain House's Mystery Weekend, March 2026.

King, Peter Straub, Donald Westlake, and Otto Penzler.

"I've been doing the Murder Mystery Weekends at Mohonk for over fifteen years. Frank Marquette always adds twists to the murders that are creative. A very enjoyable weekend at Mohonk with Murder Cafe." —Don Evanston, Secaucus, New Jersey

"When it comes to the breadth of entertainment at Mohonk

Continued on page 4

## ANDERSON FOUNDATION FOR AUTISM ANNOUNCES 2026 GRANTMAKING GUIDELINES

The executive leadership team and Board of Trustees of Anderson Foundation for Autism announced today that applications for its 2026 grantmaking cycle will be available online from June 1-June 30, 2026. Among other qualifying criteria, those pursuing grants from the Foundation must have 501(c)3 status (preferably for at least 3 years) and demonstrate a commitment to furthering Anderson Center for Autism's mission of "optimizing the quality of life for individuals with autism."

Grant recipients will be notified of award decisions on or before December 31st, following review by a subcommittee of Anderson Foundation for Autism's Board of Trustees (Anderson employees are excluded from the selection process).

Said Patrick Paul, CEO/Executive Director of Anderson Center for Autism, "We first established Anderson Foundation for Autism in an effort to build a 'rainy day fund' which could be used to help bridge the gap between financial needs and resources for Anderson Center programs. This proved to be helpful, for example, during the pandemic. But thanks to our generous donors, the Foundation has grown to a point where we can now pay it forward a bit too, which is why we decided to start accepting grant proposals



Eliza and Maevie, Photo Courtesy of BluePath Service Dogs (Anderson Foundation for Autism grant recipient)

from nonprofits who share a commitment to our cause. It is deeply rewarding to expand our impact beyond the work we do here at Anderson, and we are in awe of the many worthwhile projects that are brought to our attention through the grant applications that are submitted each year."

Eliza Bozenski, Chief Development Officer of Anderson Foundation for Autism, continued, "In the past, the Foundation has

Continued on page 2

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The May Edition Of The Hudson River View Will Be In Area Homes On May 6th The Deadline For Advertising And Press Release Submission Is April 22nd



# ACCORDING TO QUACKERS

## Our First Thoughts of Spring

Poet: Catherine Pulsifer  
Our very first thoughts of spring are ones of life, A season of rebirth and renewal, free from strife. Everything seems to come alive in the spring, From the tiny buds to the birds on the wing. It is a joyous and wonderful time of the year, When nature sheds its wintry cloak without fear.

The world awakens with a vibrant hue, As if a painter's brush has created something new. The sun's warm touch brings life to the land, Flowers bloom and trees majestically stand. Gentle showers fall, nurturing the earth, And butterflies flutter, announcing spring's birth. The melodies of birds fill the air, Their songs of joy and hope are beyond compare. The sweet fragrance of blossoms drifts on the breeze, As nature dances to the rhythm of trees. Spring whispers promise of days filled with light, Of longer evenings and starlit nights. It beckons us to step outside and explore, To embrace the beauty that spring has in store. May these spring months inspire and remind, In spring, new possibilities we find. A time to let go of the cold winter's sting, And embrace the miracles that come with spring.

liability for any injuries and/or illnesses that may directly or indirectly result from conduct or from the negligence of other participants in the event, and/or from the negligence of the premises owner, event organizers, and event sponsors, including the Rotary Club, its affiliates, officers, directors, volunteers, agents, employees and representatives.

The Rhinebeck Rotary Mental Health and Wellness Committee coordinates other initiatives designed to support well-being for community members as well. Learn more at [rhinebeckrotary.com](http://rhinebeckrotary.com).

### Anderson Foundation For Autism from page 1

awarded grants to nonprofits such as Arcadia University, Autism

Society Greater Hudson Region, BluePath Service Dogs, Bring On The Spectrum, Eastern Marshall County Ambulance, Flower Petals Adaptive Dance Studio, Rock Autism, and Project Ready, among others; they represent an inspiring group who all work tirelessly to enrich the lives of autistic and neurodivergent individuals. We learn so much from each proposal, and look forward to seeing what applicants are hoping to achieve in 2026."

Explained Susan Brune, Vice Chair of Anderson Foundation for Autism's Board of Trustees and Chair of the Grants Committee: "Our plan for 2026 is to award grants in the range of \$500 to \$5,000. All grant recipients will be required to

Continued on page 3

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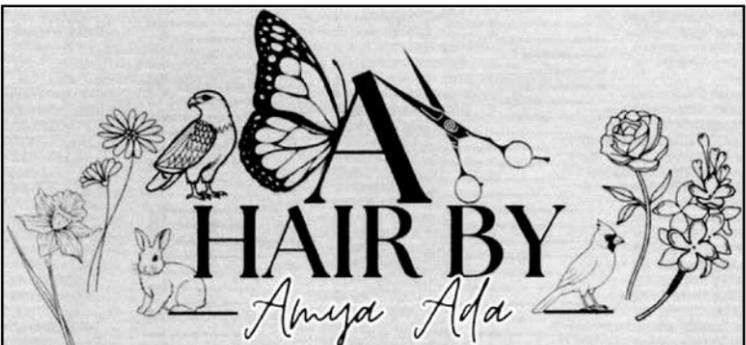
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### Rhinebeck Rotary Mental Health and Wellness from page 1

Pool at Thompson-Mazzarella Park - and are encouraged to bring water, sunscreen, & tick spray. The walks are free of charge and open to anyone 18 years of age or older. If the forecast calls for rain/snow/sleet/high winds/hail, walkers can assume that the event is canceled.

By participating, walkers agree to release and hold harmless the premises owner, event organizers, and event sponsors, including the Rotary Club, its affiliates, officers, directors, volunteers, agents, employees and representatives, from all



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**Is This A Good Time To Sell Your Gold And Jewelry from page 1**

moving". Offers from McTeigue & Company are pressure-free and based on factors such as craftsmanship, era, designer attribution, hallmarks, condition, and resale potential. "Our goal is to make every transaction fair. Our reputation depends on trust."

Sellers should understand one key distinction: there is a difference between appraisal value — often used for insurance — and actual resale value. Market demand, condition, quality, and provenance all play

a role. "Generally, cheaply made modern jewelry commands less interest than fine or historically significant pieces," McTeigue notes. "But with gold prices currently so strong, all gold items do have significant value now." His advice: seek multiple offers and do so before a sale becomes urgent.

McTeigue & Company specializes in vintage and estate jewelry. The firm purchases gold, diamonds, antique and estate jewelry, precious gemstones, and fine watches. They offer complimentary consultations, expert evaluations, competitive

pricing, and immediate payment. Appointments are available in NYC or Great Barrington.

For more information or to make an appointment, contact Walter or Wally McTeigue at (413) 449-5275, email hello@mctandco.com, or visit their website at [www.mctandco.com](http://www.mctandco.com).

**Anderson Foundation For Autism from page 2**

provide outcome updates." Anderson Center for Autism (ACA), founded in 1924, which also receives funds from Anderson Foundation for Autism, offers evidence-based educational, vocational, residential, and consulting/training programs, drawing students and residents from all over the United States to experience its school and residential offerings. Its affiliate, Anderson Center International (ACI), hosts scholars from countries throughout the world for a 12-18 month training program at Anderson's Staatsburg campus (today, that includes 26 scholars from 10 countries). During this experience at Anderson, scholars gain the education needed to improve schooling, workplace environments, and overall therapy and care for people with autism upon returning to their home countries. Another Anderson Center for Autism affiliate, Anderson Center Consulting and Training (ACCT), has, among other activities, delivered training needed for over 150 businesses to gain designation as being "Autism Supportive."

Anderson also runs Early Learning Academy programs (in Pine Plains, NY, Mount

Marion, NY, and Latham, NY) and The Anderson Center Clinic (Latham, NY).

Grant applications can be found and submitted online between June 1-June 30, 2026

at [andersoncenterforautism.org/afagrants](http://andersoncenterforautism.org/afagrants).

For more information, contact Eliza Bozenski, Chief Development Officer of Anderson **Continued on page 4**

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- Cereal grains
- Grazing ground
- Noticeably shocked
- Mingle-mangle
- Improvise musically
- Something to work for
- Duck's home
- Mayberry drunkard
- Man with a mission?
- Not be taken in
- Green gem
- Hawaiian gift
- Chinese government offices
- Monopoly token
- Birds that sound deserving?
- Prefix with "mentioned"
- Bettered, as skills
- Awed answer
- Is hardly angelic
- Noise of disapproval
- Make fun of
- Gov't interest bearer
- \_\_\_-ran
- Feeling of anger
- Move unsteadily
- Dust remover
- Adventurous
- Have a different opinion of
- Keyboard key
- 1996 presidential candidate
- Small combo
- Past its prime
- Costly
- Not yet a marquis
- Trucker's expenses
- Done with a wink
- Not the original color

**DOWN**

- "My bad"
- Soothing succulent
- Fork feature
- Fountain worker of old
- Cafe concoction
- Arabian chieftain
- It abuts the bema
- Copious
- Water polo position
- Sheriff Taylor of Mayberry
- "Scope" prefix
- Storm centers
- Annuls
- Most together mentally
- Make changes to
- Big Three conference site
- Run \_\_\_ of the law (commit crimes)
- Makes irrelevant, as a debating point
- It may be taken for a ride
- Poker starter
- Mechanical being
- Nick of Hollywood
- Complete and utter
- Wintry frost
- "This I gotta hear!"
- Pretend to have, as an illness
- Like a first draft
- "1984" author George
- Babel had one
- Buenos \_\_\_
- Secure, as a sailor's rope
- Optional part of a suit
- "What's gotten \_\_\_ you?"
- And others, for short
- Does simple arithmetic
- Holiday song
- Not black or white
- Engage for work
- Gave an account

**TAKE IN THE SIGHTS** By Carla Azure

**Solution on page 4**

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**Murder Cafe Celebrates 28 Years from page 1**

Mountain House, Murder Café blends history, humor, enthusiasm, and mystery in an unparalleled style. Their exquisite attention to detail—whether in costumes, dialogue, or guest interaction—has established them as a cornerstone of our events on the mountaintop.” - Anthony Ceconie, Senior Theme Programs Manager, Mohonk Mountain House

“Life is too short, who would’ve thought Murder could be fun? Murder Cafe & Mohonk Mountain House did it with Murder by the Book.” - Charles and Cathy Duncan, Pleasant Valley, New York

Both Frank and Kristen Marquette continue to play integral roles within their company, with Frank serving as the artistic director, marketer, writer, producer, and actor. Kristen remains committed to the design and construction of original costumes. Since their return to New York State in 2010, the Marquettes have established Murder Café as the region’s premier murder mystery company.

Frank Marquette, the owner-operator, stated, “We have achieved this milestone through our unwavering dedication to high performance standards and exceptional customer service, with which there can be no compromise. We are determined to provide both our actors and audience members an unforgettable experience, and

we aim to make 2026 our best year yet. While our productions and locations have expanded significantly since 1998, we remain committed to the principles upon which we were founded.”

Murder Café is primarily known for its original murder mysteries, comedies, musicals, and variety shows, offering entertainment for corporate events, fundraising activities, schools, and numerous public venues. Since its inception, the company has raised hundreds of thousands of dollars for both local and national charities.

In 2026, Murder Café will present *Murder at the Speakeasy*, a highly sought-after show entering its ninth season. Additionally, this year’s summer production will be *The Last Laugh*, featuring a new script set in a comedy club, followed by the *Haunted Halloween Beauty Pageant* in October. Their annual dinner theater production of *A Christmas Carol*, now in its 26th year, will be available at various venues.

Frank Marquette’s memoir, *The True Story of Murder Café: How One Family’s Plunge into Mystery Dinner Theater*

*Made the World a Better Place*, is available exclusively in paperback on Amazon.com and in bookstores throughout the Hudson Valley region of New York, as well as at the Mysterious Bookshop in New York City. For additional information visit [www.murdercafe.net](http://www.murdercafe.net) or call 845-475-7973.

**Anderson Foundation For Autism from page 3**

Foundation for Autism, by calling (845) 889-9594 or emailing at [EBozenski@AndersonCares.org](mailto:EBozenski@AndersonCares.org).

Or visit [www.andersoncenterforautism.org/afagrants](http://www.andersoncenterforautism.org/afagrants) for additional details.

About Anderson Center for Autism Our mission at Anderson Center for Autism is to

optimize the quality of life for individuals with autism.

**About Anderson Foundation for Autism**

Through grantmaking, fundraising, and marketing initiatives, Anderson Foundation for Autism helps support, sustain, and expand upon Anderson Center for Autism’s efforts to optimize the quality of life for individuals with autism.




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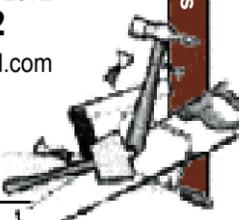
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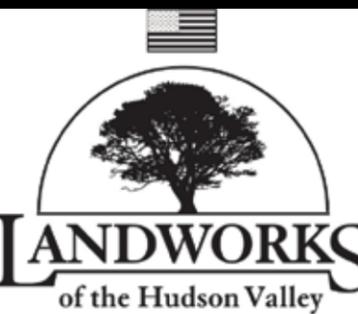
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| Germantown Gulf Station            | Dad's Copake Diner          | Cobble Pond Farms Route 9H & 66 | ShopRite                      | A Cut Beyond            |
| Bank of Greene County - Germantown | Sweet Peas                  | Hudson Subway Mobil Station     | 66 Food Mart                  | Morabito's              |
| Blue Stores Xtra-Mart              | Hillsdale 4 Brother's Pizza | Wash & Dry Fairview Ave         | Mountain View Animal Hospital | Restore                 |
| Livingston Post Office             | Hillsdale Cobble Pond Farms | Plaza Diner                     | Trustco Bank - Hudson         | Craryville Gulf Station |
| All Town Fresh                     | Freshtown Market Place      | Bank of Greene County - Hudson  | Speedway Gas Station          | Blue Agape Beauty       |
| West Taghkanic Citgo               | Craryville Xtra-Mart        | Fairview Wine & Spirits         |                               |                         |
| Church Street Deli Copake          | Philmont Cumberland Farms   |                                 |                               |                         |

# God's Corner

## THE DEATH, BURIAL, AND RESURRECTION OF JESUS! JESUS DIED FOR OUR SINS AND ROSE BODILY FROM THE GRAVE!

“And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified. He is not here: for he is risen, as he said. Come, see the place where the Lord lay” (Matthew 28:5,6).

The Lord Jesus Christ: Perfect God-Perfect man came to earth. He was conceived in the womb of Mary, the Virgin when the Holy Ghost came upon her and the power of the Highest overshadowed her (Luke 1:35). Jesus was born in Bethlehem. He lived a perfect life, spoke with authority, did many wonderful miracles, and reached out to those in need. Jesus came into the world to die for our sins on the Cross of Calvary and on the third day Rose bodily from the grave. The Apostle Paul wrote, “This is a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I am chief.” (1 Timothy 1:15). Man was created perfect but fell into sin when Satan tempted Eve in the Garden of Eden. She disobeyed the command of God and listened to Satan. Both Eve and Adam fell into sin and sin entered the world. “Wherefore, as by one man sin entered the world, and death by sin; and so death passed upon all men, for that all have sinned” (Romans 5:12). Every person from Adam and Eve is conceived in sin and born with a sin nature.

Since Jesus was conceived in the womb of a Virgin He was without sin. Since He was without sin and had no sin nature He could die for our sins. While Jesus went around doing good and had compassion for people, He was opposed and rejected by the religious leaders and authorities. They continually found fault with Him and His Disciples.

On Palm Sunday the Lord Jesus Christ rode into Jerusalem on a donkey. Many people had gathered in Jerusalem at that time for the Feast of the Passover. As Jesus rode into Jerusalem He wept over the City of Jerusalem because they missed the day of His visitation (Luke 19:42-44). “For the Son of man is come to seek and save that which was lost” (Luke 19:10). During the week following His triumphal entry into Jerusalem He spent time in and out of Jerusalem. He taught during

the week and cleansed the Temple. On the night before His betrayal by Judas He spent time with His Disciples in the Upper Room. He taught them many wonderful truths about loving one another, about that He was going to prepare a place for them, and about the person and work of the Holy Spirit. Thomas asked Jesus about where He was going and the way to the place. The Lord Jesus said, “I am the way, the truth, and the life: no man cometh to the Father, but by me” (John 14:6). Jesus shared the Passover Meal with the Disciples, washed their feet, and instituted the Lord's Supper. Judas left the Upper Room to betray Jesus. Judas went to inform the authorities. After Jesus left the Upper Room with His disciples He went to the Garden of Gethsemane where He prayed.

Judas, who betrayed Him, brought the soldiers to arrest Him. Jesus was put on Trial before the Sanhedrin and then brought before Pontius Pilate in order to get permission to have Him crucified. He was condemned and crucified between two thieves for our sins on Good Friday. He willing gave His life for us. Jesus said, “Therefore doth my Father love me, because I lay down my life, that I might take it up again. No man taketh it from me, but I lay it down of myself. I have power to lay it down, and I have power to take it up again. This commandment have I received of my Father” (John 10:17,18).

Jesus was placed on the Cross at nine in the morning and by three in the afternoon he died. Just before He died on the Cross of Calvary He said, “It is finished” (John 19:30). Jesus paid the price in full for our sins. The work of salvation was complete. On the Third day Jesus rose from the dead. When the women went to the tomb on the first day of the week they thought that Jesus was still in the tomb. When they got to the tomb the Angel said to them, “Fear not ye: For I know that ye seek Jesus, which was crucified. He is not here: for he is risen, as he said. Come, see the place where the Lord lay (Matthew 28:5,6). The central focus of Christianity is the death, burial and resurrection of Jesus. The Apostle Paul wrote, “For I delivered unto you first of all that which I also received, how that Christ died for our sins according to the scriptures; and that he was buried, and that he rose again the third day according to the scriptures” (1 Corinthians 15:3,4).

Now is the time to believe on and receive the Lord Jesus Christ as your personal Savior and Lord. Now is the day of salvation. “For

whosoever shall call upon the name of the Lord shall be saved” (Romans 10:13). Salvation is in Christ, and in Christ alone!

If you would like to know more about the Spiritual truth of why Jesus came to earth and/or how to become a Christian contact us. We would love to share the truths of God's Word with you and why Jesus came to earth. You can contact us by sending an Email at [fdcirone@aol.com](mailto:fdcirone@aol.com) or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

## When All Hope Feels Lost

By Naomi Fata

During Holy Week (the week between Palm Sunday and Easter Sunday) two main events are often the focus of our thoughts: Jesus' death and His resurrection. Have you ever taken the time to think about what it would be like to live through those three days.

Luke 24:13-34 sheds some light on what the disciples felt. Two of Jesus' followers were conversing about the events of these three days, with ‘sadness written across their faces.’ (verse 17, NLT) They spoke of Jesus, who was a prophet and did many miracles, saying, “We had hoped he was the Messiah who had come to rescue Israel.” (verse 21)

I would consider these three days heartbreaking for Jesus' followers. They may have been confused and felt disillusioned. How could this man, in whom they had placed ALL their trust, die? Was He a fake? Were they foolish to believe in him? They loved Him and had learned so much from Him. What now? How were they to carry on with broken hearts?

We have all experienced seasons of deep darkness. One of my darkest periods was after the death of my dad. It was unexpected. I didn't think his time on Earth was over. I was angry with God—questioning and hurt. The followers of Jesus had hoped He was the Messiah. I had hoped He would heal my dad.

These painful situations in life cause us to scream out, “WHY God? WHERE are You? We may know the Bible verses that caution us, “in this world you will have trouble” (John 16:33), yet trouble's anguish still catches us by surprise.

While these two followers of Jesus were walking along, talking about the events of the past three days, Jesus joined them, but they didn't recognize Jesus. Perhaps they were so focused on their own disappointment and preconceived ideas about what should have happened that they could not see the risen Savior right in front of them. Or perhaps it is simply the spiritual mystery that we cannot see what God is doing around us until He opens our eyes.

Are you stuck in the emotions of those three days—somewhere between death and resurrection—wondering if God has deserted you? When going through these seasons, hope feels lost. We have a choice: to turn our backs on God in despair, or desperately seek Him for the answers we lack. A mentor once told me God reveals Himself to those who are desperate. Don't be afraid to bring all these emotions to Him. He wants to be the One to comfort you, and to reveal Himself to your heart as only He can. May the power and hope of the resurrection rise in each of our hearts, dispelling the darkness, that we may know hope in Him which is “a strong and trustworthy anchor for our souls.” (Hebrews 6:19 NLT)

Naomi Fata is the author of the award-winning book and Selah Award finalist, *Stitching Your Story Piece by Piece*, available on Amazon.

## Milan Union Cemetery's Caring for Your Cemetery Day

is being held on Sunday April 26, 2026 from 12:00 to 2:00 pm at 411 Milan Hollow Rd. Rhinebeck NY. Volunteers are needed and welcome. Please join us in cleaning up our historic local cemetery! For more information or to purchase a plot, please contact the Cemetery Association president Tom Darby at 914-282-7970.

## Ghent Reformed Church

The following will take place in April at the Ghent Reformed Church, 1039 County Route 22, West Ghent, NY. Worship service begins at 9:00am every Sunday and Sunday School follows at 10:15am. All are welcome. We will be having service here for Maundy Thursday 4/2/26 at 6pm with a covered dish fellowship meal and communion. Easter Sunday service is on 4/5/26 at 9am. On 4/18/26 we will be having an indoor yard sale at the church from 9am-2pm. At that time our kitchen will be open and a book, puzzle and bake sale will take place. Our free community dinner is scheduled for 4/24/26 at 6pm with meatloaf and macaroni and cheese being served. We hope to see you there. Any questions, please call the church at 518-828-5946. Have a blessed day.

## Skylkill's Quilt Show

April 1<sup>st</sup> - Freedom Plains Presbyterian Church, 1168 Rte. 55, Lagrangeville. Skylkill, a local chapter of the Embroiderer's Guild of America, presents a quilt show by chapter members who are also quilters as well as embroiderers. Each member will share their personally-made quilts and give a short talk on their piece. The program starts at 12:30PM. Join other needleworkers for fun and learning at 10AM or, come for this program only beginning at 12:30. For more information visit [www.facebook.com/SkylkillEGA](http://www.facebook.com/SkylkillEGA) or email to [EGASkylkill@gmail.com](mailto:EGASkylkill@gmail.com).

## WHAT: “The Blessing of the Animals” ...

## 2026 “The Year of the Humane Child”

**WHERE:** Third Evangelical Lutheran Church, 31 Livingston St., Rhinebeck, NY 12572  
**WHEN:** Saturday, May 30th, 2026, Noon-4PM ... Rain Date Sunday May 31st, 1PM-5PM  
**WHY:** To strengthen the human-animal bond and encourage kindness in our communities by celebrating “Be Kind to Animals Week”  
**HOW:** This is a free, outdoors, family fun event. Bring your pet for a hands-on blessing and stay to visit with the dozen plus charity exhibitors. Each is represented by their Ambassador Animal. This is an afternoon meant to delight and build compassion for all living things. No pet ... no problem come to enjoy

Continued on page 7

**ARE YOU READY?  
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**845-876-2122**

**Sunday Services  
10:45 am and 6:00 pm**

**Good Friday Service (Friday, April 3): 7:00 pm**  
**We Will Have Communion Resurrection Day (Easter) (Sunday, April 5): Services: 9:00 am, 10:45 am & 6:00 pm**  
**Sunday School 9:30 am (For All Ages) and two Adult Classes.**  
**Wednesday Pray Meeting 7:00 pm**  
**Grace Bible Institute and Women's Bible Study Mondays 7:00-8:20 pm**  
**Children & Teen Ministry Fridays 6:45-8:30 pm**  
**Men's Bible Study Saturdays 7:00 am**

For information about Grace Bible Fellowship Church, please call (845) 876-6923 or (845) 876-2122 or email us: [fdcirone@aol.com](mailto:fdcirone@aol.com)



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Wednesday Night Prayer Service 7pm  
Awana Kids Club and Youth Group Friday Nights at 6:30pm



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Sunday Worship services:  
8:30 am – Memorial, 1232 Rte. 308, Rhinebeck  
9:45 am – Third, 31 Livingston St., Rhinebeck  
11:00 am – St. Paul's, 7412 So. Broadway, Red Hook  
Visit our Facebook page and like us  
[www.lutheranparishnortherndutchess.org](http://www.lutheranparishnortherndutchess.org)  
Parish Office: 845-876-4471  
Rev. James Miller, Pastor

## Miles of Hope Breast Cancer Foundation Awards Grant to Garnet Health Medical Center to Expand Breast Cancer Education and Navigation Program

The Miles of Hope Breast Cancer Foundation has awarded a grant to Garnet Health Medical Center to support “Transforming Breast Care Education: Bridging Gaps with the Free Breast Advocate App,” an initiative designed to expand access to breast cancer education and care navigation for patients across the Hudson Valley.

The grant will support the continued operation and expansion of an existing breast cancer education and care navigation program at Garnet Health Medical Center that addresses persistent gaps in access, education, and continuity of care for breast cancer patients throughout the region.

The program leverages a free, technology-based breast health platform—the Breast Advocate App—to provide accurate, culturally appropriate, and multilingual education while guiding patients through every stage of the breast cancer journey, including screening, diagnosis, treatment, and survivorship.

Grant funding will help sustain platform operations, expand multilingual content integration, and further incorporate patient education resources into routine clinical workflows. By ensuring patients have access to clear, evidence-based information before and during medical visits, the program strengthens shared decision-making between patients and clinicians while reducing uncertainty and decisional anxiety.

Through the platform, patients are also connected with local breast surgeons, social work services, advocacy programs, and financial resources—helping to reduce delays and fragmentation across the breast cancer care pathway.

“This program helps ensure that every patient has access to the knowledge and support they need to navigate breast cancer care with confidence,” said Miles of Hope Breast Cancer Foundation Executive Director, Pari Forood. “We are proud to support Garnet Health Medical Center’s efforts to improve education, coordination, and access to care for patients across the Hudson Valley.”

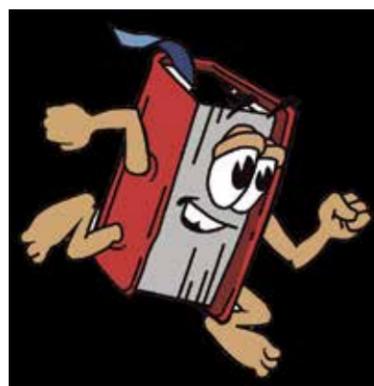
The initiative primarily serves breast cancer patients managed through Garnet Health’s breast surgery service, with a particular focus on individuals living in rural and semi-rural communities who often face long travel distances, language barriers, and limited access to specialty care.

Program effectiveness will be evaluated through patient engagement metrics, clinical feedback, and utilization of educational resources. Designed to integrate within existing clinical infrastructure, the program is structured for sustainability and will continue beyond the grant period.

“With our support, patients will be able to access breast cancer education in their own language, prepare for surgical consultations, better understand treatment options, and connect with local support services—without additional travel or cost,” Ms. Forood stated.

By strengthening patient knowledge and engagement, the initiative aims to improve continuity of care and enhance the overall breast cancer treatment experience for patients throughout the Hudson Valley.

**The Miles of Hope Breast Cancer Foundation**  
The Miles of Hope Breast Cancer Foundation is a nonprofit organization dedicated to funding programs that support breast cancer education, screening, and support services for individuals in the Hudson Valley region. **Garnet Health Medical Center**  
Garnet Health Medical Center is a comprehensive healthcare facility serving communities across the Hudson Valley, providing advanced medical care, specialized services, and patient-centered programs designed to improve health outcomes throughout the region.



### Annual Book It 5K!

Claverack Free Library and Philmont Public Library **Book It! 2026**, a 5K run or walk event to benefit youth activities and adult programs at the Claverack & Philmont Libraries, will be held on **May 17th, 2026**. The prior Book It! events have been huge successes because of the support we have received from our sponsors, volunteers and participants. We are hoping for another victory this year! **The first 100 registrants will**

**receive a free hat**, embroidered with the Book-It logo. The hat can be picked up at the Churchtown Firehouse on the day of the 5K event, or at the Claverack Free Library if unable to attend. At the end of the race, age-bracket winners will be awarded prizes. The overall fastest male and female will also receive a fresh homemade loaf of bread. The proceeds for this event will help each library expand their e-resources and programming. Library Registration forms may be downloaded from either library website: <https://claveracklibrary.org/book-it-5k/> or [www.philmontlibrary.org](http://www.philmontlibrary.org) and mailed to Claverack Free Library, PO Box 417, Claverack NY 12513; The form can also be completed and entered directly on the [active.com](http://active.com) website: [Book It! 5k 2026 - Hudson \(Churchtown\), NY 2026 \(active.com\)](http://BookIt!5k2026-Hudson(Clurchtown),NY2026(active.com)) website. The registration fee is \$25 for adult participants. Kids 18 and under are \$10. Registration is also available the day of the race: Day of Race Fee: \$30.00 for adults, \$15.00 for 18 and younger.

### Coach House Players

12 Augusta St. Kingston, NY, presentation of “Panache” is scheduled for April 10, 11, 17 & 18 at 7:30 p m and April 12 & 19 at 2 p m. Tickets are available on line at [www.coachhouseplayers.org](http://www.coachhouseplayers.org). Prices are \$22, with \$20 for seniors 62 & over and veterans, and \$15 for ages 18 and under. Theater is handicapped accessible with assistance. More Coach House information can be found at [www.coachhouseplayers.org](http://www.coachhouseplayers.org)

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## Introducing Cats

By Julianne Porter

While we may take for granted when our pets all live in harmony, this is not always the case for some. Cats, in particular, can have a difficult time. While cats can form social groups, they tend to hunt alone, and can be territorial. And if they are used to being the sole feline, a newcomer can lead to stress and even aggression. Whether you are introducing a new cat to a cat who has lived with other cats or not, the change can be huge for both cats. The adjustment often has to be done gradually and patiently, as the abrupt change can result in fighting, inappropriate urination, poor appetite, over grooming, and poor quality of life. The biggest part of the equation is time. Some cats will get along right away, but others will take more time. Most cats do not like sharing their space with strange cats. This may mean keeping the new cat in a separate room for a few weeks and then slowly increasing the contact they have with the other cats. Keep them in a room where they cannot see, hear or smell the other cats, and then move them to an area where they can be heard/smelled but not seen (i.e. on the other side of a door), and then allow them to see each other but not interact, and then finally, allow them to be in the same room as each other. Throughout this, be sure each cat has access to their own set of food/water dishes, toys, litter box and scratching posts. Another tip is to take an object that will have the scent of the

other cat and place it in the other area. Do this for both the new cat and the resident cat(s). This can be a bed, blanket, toy or even a towel that you rub on the cat. Feeding time can be a good time to acclimate the cats, especially if they are food motivated. Feed them at the same time in an area where they can see each other but are not too close. Then, gradually move the dishes closer together. If either cat is upset during feeding, move the dishes back and keep them at the further distance for longer. You can also offer a particularly tasty treats only when the cats are in the same room as each other – that way they can start to associate a good thing with the other cat. In the event that a fight does occur, try to safely break it up as soon as possible. Throw a blanket or towel over one of the cats – ideally the instigator if you can tell which that is and get to them. Keep the cats separate for the rest of the day to allow them to calm down. Do not startle them to break up a fight – this will likely make them associate the stress of being startled with the other cat in the future. If the kitties are able to cohabitate, be sure to allow vertical space (i.e. a cat tower) so they can get away from each other if they want to. Even cats who are in families or social groups will often want solitary time. Also, it is important to allow multiple litter boxes – the rule is 1 more box than number of cats. For example, if you have 4 cats, you should ideally have 5 boxes. The boxes typically should be

in separate locations. That will help avoid litter box bullying, which will hopefully help avoid inappropriate urinating. For more resources, visit [www.humanesociety.org](http://www.humanesociety.org), [indoorpet.osu.edu/cats](http://indoorpet.osu.edu/cats), and [www.catvets.com](http://www.catvets.com).

## Help Feed Hungry Pets!

Pet Food Drive for the Columbia-Greene Humane Society/SPCA Pet Food Bank The Food Bank is available to any family that is having trouble feeding their pets because of financial hardship. The food bank is a free service of CGHS/SPCA and is open every day from 11:30 a.m. to 4 p.m. CGHS/SPCA gives away 50,000 lbs. of free food every year, and needs your help because the Food Bank is very low. With Guest Celebrity Mid-Day Host Bill Williams from WBPM 92.9 Saturday, April 11th, 2026 From 10 a.m. – 3 p.m. at the Hudson Shop-Rite 351 Fairview Ave, Hudson, New York 12534

### WHAT: "The Blessing of the Animals" from page 5

nature and mingle with friends. <http://www.lutheranparishnortherndutchess.org/blessing-of-the-animals.html>

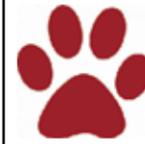
Preparing for our 4th year, "The Blessing of the Animals" has become a Rhinebeck "happening". Each May we bring the community together to honor and celebrate "Be Kind to Animals Week". This is the oldest commemorative week in US history, turning 111 years old in 2026. It was started by AMERICAN\*HUMANE in honor of their mission to ensure the safety, welfare and well-being of all animals. "The Blessing" is a free, outdoor, family event. People may bring their pets for an individual, hands-on blessing by Pastor Jim Miller. They then can stay to mingle and meet the Ambassador Animals representing the dozen plus charities that fill the great lawn at Third Lutheran Church, in the heart of Rhinebeck. Members of 4-H, The Southlands Foundation, P.A.N.T., Hope Farm Animal Rescue, Inc, and Animal Farm Foundation, Org. are just a few of the exhibitors that will be returning. The State Police Canine Unit always participates assigning a working canine unit to thrill the kids. All of the exhibitors work with our community to make it a safer, healthier and more humane place. This is an afternoon meant to educate, build stewardship and compassion for all living creatures.

The theme for 2026, "The Year of the Humane Child" was selected to honor the work of animal behaviorist Dr. Jane Goodall. Dr. Goodall was a woman who taught the world to see animals not as subjects of study, but as fellow beings - sentient, emotional, and intelligent in ways that mirror our own cognitive and emotional

lives. Today, in laboratories from Atlanta to Vienna, neuroscientists are using magnetic resonance imaging (MRIs) to study the canine brain in action. They're asking an ancient question in a modern way: What does love look like inside a dog's brain? The answer, it turns out, glows from deep within the brain, in the very same reward centers that light up when we ourselves feel joy or affection. Science can measure the firing of neurons, but what it truly shows us is something timeless. LOVE, as it turns out, is not a human monopoly. It's a biological bond that transcends species. Additional information on Dr. Goodall's legacy is available on request. Once again, "THE PET REMEMBRANCE TREE" will be in place. Tributes to pets who have passed are annually added to its' branches. Leashes, chewed slippers, an empty tuna fish can, photos, a large paper mâché chicken are just a few of the items that have been placed on the tree over the past three years. The tree is prominently displayed in front of the church. Nearby, there is reflection garden with benches. A box of tissues sits on each bench, and they are usually empty by the close of the day.

\*\* All furred, finned, feathered and scaled friends are invited to attend with their companion humans. All animal guests must be properly escorted, leashed, kenneled, harnessed, etc. All pooper scooper and Village of Rhinebeck laws must be observed. \*\* Last year we welcomed 200 plus visitors many without pet escorts. Several went home with a new 4-legged addition to their family. [Current List of Exhibitors:](#) ANIMAL FARM FOUNDATION, Org. ... a 501c3 charity, AFF was founded in 1985 and built on the principal that "all dogs are individuals". Promoting animal and human welfare, their focus is to help people and pets in their communities by supporting local shelter programs, rescuing and placing at risk breeds, esp. pit bulls. Their "Old Friend" program focuses on senior shelter dogs. Their Ambassador Animal will be an adoptable "Old Friend". DR. LAURA JAWORSKI AND LAZARUS ... Dr. Laura is a veterinarian, wildlife rehabilitator, educator and falconer. At her table visitors can meet and greet Raptor Ambassador, Lazarus, a 9-year-old Eurasian Eagle Owl. He truly brings the "WOW"

Continued on page 10



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# ANDERSON FOUNDATION FOR AUTISM ANNOUNCES DETAILS OF 2026 GOLF CLASSIC; EVENT TO BE HELD JUNE 11th AT THE LINKS AT UNION VALE

Anderson Foundation for Autism has announced details of the 2026 Anderson Golf Classic, an annual event that is expected to raise over \$125,000 to support Anderson's mission of optimizing the quality of life for individuals with autism.

Sponsored by Oldies 98.9 (among others), the outing, which will be held on Thursday, June 11th at The Links at Union Vale (LaGrangeville, New York) attracts golfers from all over the Northeast, Mid-Atlantic, and as far away as the West Coast. The registration fee of \$300 per person includes golf (shotgun start / scramble format), raffles, prizes, breakfast, lunch, a cocktail hour, and an awards dinner. All golfers also receive a gift and favor bag.

"Everyone loves a day out on the course," said Patrick Paul, CEO of Anderson Center for Autism, "but even more so when there is a meaningful cause behind it. This event always sells out; families, trustees, businesspeople,

philanthropists, and so many others who support our mission, enthusiastically travel from near and far to participate. We are so grateful to everyone who makes the Anderson Golf Classic successful each year, and really look forward to our 2026 event."

Founded in 1924, Anderson provides award-winning educational, vocational, residential, clinical, and training programs for people locally, regionally, and all over the country. According to the Centers for Disease Control, 1 in 31 are now diagnosed with the neurological disorder, which presents with a wide range and various combinations of communication, sensory processing, behavioral, and socialization differences.

Through fundraising, marketing, and grantmaking initiatives, Anderson Foundation for Autism helps sustain and expand upon Anderson Center for Autism's efforts to optimize the quality of life for individuals with autism.

Reflected Eliza Bozenski, Chief Development Officer of Anderson Foundation for Autism (AFA), "The funds we raise support Anderson's educational, vocational, residential, clinical, and consulting services; every dollar makes a difference and we are incredibly grateful to all who participate in this outing! And in addition to the fundraising component, of course, is the sense of purpose that is palpable throughout the day - and especially during the awards dinner. I think everyone who attends our Golf Classic feels inspired by the fact that they're part of something bigger than themselves, a collective effort to make a difference in the lives of autistic and neurodivergent individuals. We are always moved by the heartfelt response we get from golfers to that end, and awestruck by how many of them find ways to continue getting behind our work well beyond the event."

Also worth noting, said Bozenski, "is that there are other ways to help us hit our fundraising goals. We have all kinds of sponsorship options for businesses who are seeking brand visibility, and who understand that doing so in the context of a philanthropic opportunity also showcases their commitment to corporate citizenship."

Bozenski added that this is one of many fundraising events that she and her AFA team coordinate throughout the year, should companies have interest in exploring other events and sponsorship packages as well.

Said Marybeth Cale, Chair of Anderson Foundation for Autism's Board of Trustees, "Event sponsorships are a meaningful way to support the vital services which Anderson Center for Autism provides. They are more than a donation; they reflect a mutually beneficial partnership that we value deeply. The funds we raise through sponsor packages help our team at Anderson amplify impact, and sponsors likewise benefit by



Anderson Foundation Golf Classic courtesy of Anderson Center for Autism

gaining visibility while aligning with our important mission. As is the case with our golfers, most return year after year, which speaks volumes about the experience - and we are always welcoming new sponsors, so we encourage anyone who is curious to reach out anytime to inquire." Advance registration for the 2026 Anderson Golf Classic is required. For more information, call 845.889.9208, email [events@andersoncares.org](mailto:events@andersoncares.org), or visit [www.andersoncenterforautism.org/golf](http://www.andersoncenterforautism.org/golf).

## About Anderson Center for Autism

Our mission at Anderson Center for Autism is to optimize the quality of life for individuals with autism.

## About Anderson Foundation for Autism

Through grantmaking, fundraising, and marketing initiatives, Anderson Foundation for Autism helps support, sustain, and expand upon Anderson Center for Autism's efforts to optimize the quality of life for individuals with autism.

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## Cheese Manicotti

**Ingredients**  
 1 carton (15 ounces) reduced-fat ricotta cheese  
 1 small onion, finely chopped  
 1 large egg, lightly beaten  
 2 tablespoons minced fresh parsley  
 1/2 teaspoon pepper  
 1/4 teaspoon salt  
 1 cup shredded part-skim mozzarella cheese, divided  
 1 cup grated Parmesan cheese, divided  
 4 cups marinara sauce  
 1/2 cup water  
 1 package (8 ounces) manicotti shells

**Directions**  
 Preheat oven to 350°. In a small bowl, mix the first 6 ingredients; stir in 1/2 cup mozzarella and 1/2 cup Parmesan cheese. In another bowl, mix marinara sauce and water; spread 3/4 cup sauce onto bottom of a 13x9-in. baking dish coated with cooking spray. Fill uncooked manicotti shells with ricotta mixture; arrange over sauce. Top with remaining sauce.

Bake, covered, until pasta is tender, 50 minutes. Sprinkle with remaining 1/2 cup mozzarella and 1/2 cup Parmesan cheese. Bake, uncovered, until cheese is melted, 10-15 minutes longer. If desired, top with additional parsley.



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**WHAT: "The Blessing of the Animals" from page 7**

factor to this wonderful event. **4-H ...** a 501c3, the 4-H Small Animal Project allows youth to learn about the life history, management and care of a pet of their choice: birds, guinea pigs, rabbits, dogs even bugs! The project covers all aspects of pet care: selection, feeding, health, etc. Sarge, a 13lb Flemish Giant Rabbit, is the amazing Ambassador Animal for 4-H. **HOLLY MENTZER ...** is a board-certified music therapist working for Hudson Vally Hospice. Uniquely trained, Holly knows the power of music. It enhances the lives of homebound patients and calms anxious pets. She will be playing her portable harp at "The Blessing". **HOPE FARM ANIMAL RESCUE, INC. ...** a 501c3 charity Founded in 2021, this local non-profit farm operates with animals and children in mind. HFAR is a self-funded rescuer of farm animals and a place where children can learn and grow kindness. Their Ambassador Animal is Rosie, a 200lb. potbelly pig. Her favorite treats are lollipops! **HOPE FOR DOGS PR ...** a 501c3, whose mission is to rescue and rehabilitate homeless and at-risk dogs from Puerto Rico. Once in the US, they have a second chance for a nurturing home and stress-free life. They will have several Ambassador Puppies available for adoption. **P.A.N.T. ...** a 501c3, "Partnership for Animals Needing Transition" is an all-volunteer community

group working to reduce feral and abandoned cat populations. They support early neuter and spay while maintaining an ongoing TNR (trap, neuter and return) program. They will have several adoptable Ambassador Felines looking for loving homes. **STATE POLICE CANINE UNIT ...**The New York State department's participation is always a very exciting addition. From the moment the transport vehicle arrives everyone is eager to meet the team, 2 and 4-legged officers. Working members of the canine unit, these partners provide a great opportunity to answer questions from the public. Answering important questions about their role in keeping NY State communities safe. Their Ambassador is a classic, Tilly the Bloodhound. **SOUTHLAND FOUNDATION ...** a 501c3, the focal point of the Rhinebeck equestrian community will be highlighting many of their interactive programs. One of special note is "Mommy & Me". Starting 3 years of age, children, accompanied by an adult, learn how to approach, care for respect and share their lives with horses. The Foundation has many programs to accommodate all age groups and all level of riders. Their Equine Ambassador, Casey. **TWO BY TWO ANIMAL HAVEN INC. ...** "A traveling animal program whose purpose is to educate the public about animals, their welfare and conservation. Their programs foster kindness for all living things." Their Ambassador Animals were previously adopted and have been placed with the

501c3 voluntarily due to care issues. Come visit their exhibit and bring lots of questions!

**Current List OF Sponsors:**  
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**IT'S TIME TO GREET SPRING WITH THE ODVGC PLANT SALE, COMING SOON!**

Thinking of thinning out your perennial garden? And maybe add some new plants and flowers that fit well into your garden spaces? Your chance is coming as Old Dutch Village Garden Club gets ready for its popular annual plant sale, scheduled for May 16. Every year, local gardeners line up at the sale waiting for the yellow ribbon to be lowered as buyers rush to buy their favorite plants at bargain prices. Plants offered for sale come from local gardens and are adapted to our local climate.

So that this year's sale can continue with its usual success, ODVGC encourages local gardeners to donate by May 3 plants they wish to thin out from their gardens. We will come to your house to dig plants if you are unable to do so. If you have any gently used garden tools, ornamentation, pots and related items, we accept these as donations too. Please call the chief sale organizer, Linda Lawson, 845-

399-9532, with any questions or to arrange for donations.

Our plant sale aims to help beautify the gardens in our community, and to use the proceeds for worthy causes such as Hardscrabble Day and holiday decorations, maintaining the memorial garden in Veterans' Park, and offering a scholarship for a graduating senior at Red Hook High School.

ODVGC has been preparing for spring at our monthly meetings as well. On February 12, Michelle Decker demonstrated to members how to properly prune shrubs. We learned what tools to use, how to use them and when to prune. No doubt, after this excellent lesson, we will have beautifully shaped and healthy shrubs in our yards!

On March 12, Serena Starzyk spoke about how to increase native plants in our gardens and "get rid of invasives". She showed how invasive plants- described as "thugs" in her slide show- not generally from our area can take over our garden spaces. Native plants though- many of which she discussed- can replace invasive species and help pollinators such as useful insects, butterflies and birds. We learned that the NYSDEC web site can provide a native plant list. Also, Ms. Starzyk recommended the "Dutchess Dirt" newsletter from Cornell Cooperative Extension, and told us about the extension's program, "Seed to Supper", a free program of classes for "food poor" beginning gardeners. She can be reached through Cornell Cooperative Extension.

In addition to the plant sale, upcoming plans for ODVGC members include an anniversary

luncheon in April and a trip to Innisfree Garden in Millbrook in May. During spring and summer, we will also be keeping up our Memorial Garden in the Veterans Park across from CVS- have a seat there and enjoy the flowers!

You can follow ODVGC information on our Facebook page, and better yet, join us at our meetings, usually the second Thursday of each month (except July- annual picnic month- and August) at 12:30 pm, St. John's Reformed Church, Upper Red Hook. See you at the Plant Sale!!



ODVGC annual plant sale



Serena Starzyk talking about native plants and invasives



Michelle Decker discussing pruning techniques

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## Miles of Hope Breast Cancer Foundation Awards Grant to Casting for Recovery for June 2026 Fly Fishing Retreat

The Miles of Hope Breast Cancer Foundation has awarded a grant to Casting for Recovery to support a three-day fly fishing retreat for women with breast cancer, to be held June 5-7, 2026, at the Ten Mile River Preserve in Dover Plains, New York. The retreat will serve 14 women from the region and provide a unique opportunity for healing, connection, and outdoor recreation.

Casting for Recovery's retreats combine fly fishing instruction with peer support and wellness activities in a beautiful natural setting. Designed specifically for women with breast cancer, the program offers participants the chance to experience the therapeutic benefits of nature and community at no cost to them.

The June retreat will take place at the Ten Mile River Preserve, where participants will learn the basics of fly fishing alongside trained volunteers and medical professionals who help ensure a safe, supportive environment.

"Miles of Hope is proud to support Casting for Recovery and the extraordinary work they do for women living with breast cancer," said Pari Forood, Executive Director of the Miles of Hope Breast Cancer Foundation. "This retreat offers more than a weekend away—it gives participants a chance to regain confidence, find strength in community, and experience the healing power of the outdoors."

Casting for Recovery leaders say partnerships like this are essential to bringing the program to more women who can benefit from it.

"We are deeply grateful to Miles of Hope for their generous support of this retreat," said Candida Odde, Grants Manager at Casting for Recovery. "Their commitment helps ensure that women facing breast cancer can step away from the challenges of treatment and recovery to learn a new skill, build meaningful connections, and spend restorative time in nature."

Since its founding, Casting for Recovery has served thousands of women across the country

through free retreats that combine education, support, and the joy of fly fishing. The Miles of Hope Breast Cancer Foundation funds support services, education, and outreach for people affected by breast cancer throughout the Hudson Valley and beyond. Grants such as this one help expand access to programs that promote healing and well-being for those living with breast cancer.

### About Miles of Hope Breast Cancer Foundation

Miles of Hope is a 501(c)(3) nonprofit organization dedicated to funding support services and outreach for people affected by breast cancer in the Hudson Valley. The foundation provides grants to programs that offer education, prevention, and support for patients and survivors.

### About Casting for Recovery

Casting for Recovery provides free fly fishing retreats for women with breast cancer, offering opportunities for physical, emotional, and social healing in a supportive outdoor environment. Learn more at [castingforrecovery.org](http://castingforrecovery.org).

## Ulster County Poet Laureate Mike Jurkovic Launches Circling Planes at Arts Mid-Hudson

Arts Mid-Hudson is proud to host the launch of *Circling Planes*, the new poetry collection by Ulster County Poet Laureate Mike Jurkovic, on Thursday, April 9, 2026, from 6:00 p.m. to 8:00 p.m. at Arts Mid-Hudson's Poughkeepsie Gallery. This 18+ event also celebrates the work of local publisher Bushwhack Books.

Mike Jurkovic will be joined by Will Nixon, poet, publisher, and founder of Bushwhack Books, as well as poets Guy Reed and Richard Parisio, both authors published by Bushwhack Books. Attendees can look forward to readings, conversation, and an introduction to the vibrant world of Ulster County poetry publishing.

**Event Details:**  
*Book launch for Circling Planes: A Celebration of Bushwhack Books*  
 Thursday, April 9, 2026 | 6:00 p.m. - 8:00 p.m.  
 Arts Mid-Hudson's Poughkeepsie Gallery

696 Dutchess Turnpike, Suite F, Poughkeepsie, New York  
 Age: 18+

For more information and to RSVP, visit <https://www.artsmidhudson.org/circling-planes>

## Arts Mid-Hudson Announces Dutchess Partners in the Arts Funding Opportunity

For over 60 years, Arts Mid-Hudson (AMH) has taken a lead role in equitably distributing Dutchess County arts and cultural funds to Dutchess County arts organizations so that both residents and visitors to our region can enjoy a rich offering of arts and culture. Through the Dutchess Partners in the Arts (DPA) program, and in partnership with the Office of the County Executive and Destination Dutchess, AMH works with arts organizations to support capacity-building initiatives and implement arts and cultural programs.

**Capacity-Building Initiatives** support initiatives that grow the capacity of arts and cultural organizations in Dutchess County. *This funding opportunity is made possible through funding from the County of Dutchess.*

**Programmatic Support** funds may be used for new and existing arts and cultural events that engage visitors and residents of Dutchess County. All programs must have a stated focus on generating a measurable impact on tourism in Dutchess County. *This funding opportunity is made possible through funding from Destination Dutchess, Inc. and the County of Dutchess.*

**The deadline to apply is Tuesday, April 21, 2026 at 11:59 PM. The application and complete program information are available at: <https://www.artsmidhudson.org/dutchess-partners-in-the-arts>**

An Information Session will be held to provide an overview of the Dutchess Partners in the Arts program and the application process. In addition, several Zoom Q&A sessions

will be offered throughout the application period, providing an informal opportunity for prospective applicants to ask questions and hear questions from other applicants. Arts Mid-Hudson provides comprehensive support for applicants to the Dutchess Partners in the Arts program. Applicants are encouraged to attend or view the Info Session, participate in a Zoom Q&A session, and/or schedule a one-on-one appointment with the Grants & Programs Manager to discuss their project ideas. Visit <https://www.artsmidhudson.org/dutchess-partners-in-the-arts> to see the full schedule, RSVP for a Q&A session, or schedule an appointment with the Grants Team.

## Sculpture, 3-D, and Relief

April 24 - May 24, 2026

Opening reception Saturday, April 25, 3 - 5pm

This exhibit presents art processes

that may be viewed from all sides. The artwork encompasses aspects of space, shape, texture and color in a variety of materials. From the realistic to the abstract, freestanding and relief, unique and exciting sculptural forms will be on display. Highlights will include an exploration of forms from clay, wax, wood, stone, glass, fabric, metal or found objects. This will be an elegant balance of complex designs. Three traditional methods of sculpture whether abstract or representational include modeling, carving or joining. Figurative pieces capture the gestures and mood of the model. Abstract forms don't attempt to represent an accurate depiction of visual reality but rather focus on energy, movement and animation. Gallery hours: Friday 5 - 8:30pm, Saturday 12 - 8:00pm, Sunday 11 - 7pm or by appointment at [www.tivoliartistsgallery.com](http://www.tivoliartistsgallery.com).



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## Arts Mid-Hudson Hosts Poetry Reading & Book Launch for Poet Lucia Cherciu

Arts Mid-Hudson will host a poetry reading and book signing celebrating the release of *Geraniums in the Studio* by poet Lucia Cherciu on Saturday, April 11, from 2:00 p.m. to 4:00 PM at Arts Mid-Hudson's Poughkeepsie Gallery.

Recently published by Broadstone Books (March 2026), *Geraniums in the Studio* is Cherciu's seventh book of poetry. During the event, Cherciu will read selections from the new collection, offering audiences the opportunity to hear her latest work in an intimate gallery setting.

Following the reading, the program will continue with an open mic. Cherciu will invite several poets to share their work and encourage participation from some of her current and former students, creating a collaborative space for poets and poetry lovers alike. The event is free and open to audiences 18 and older. A book signing will follow the reading.

**Event Details**  
**Poetry Reading and Book Signing:**  
*Book Launch of "Geraniums in the Studio" by Lucia Cherciu*  
 Saturday, April 11, 2026 | 2:00-4:00 PM  
 Arts Mid-Hudson Gallery,

696 Dutchess Turnpike, Suite F, Poughkeepsie, NY 12603  
 Admission: Free | Ages 18+  
 For more information about this even visit <https://www.artsmidhudson.org/geraniums-in-the-studio>

## Beer Concert: April 11

The Friends of the Claverack Free Library, 9 Route 9H, Claverack, will hold their annual



beer concert on April 11. The Amy Ryan Band will perform in the library community room. The ARB rocks the blues with its combination of soulful originals and interesting covers that range from straight up blues to funk, soul and blues rock. Since their inception in 2019 the ARB has been nominated five times for "Blues Artist of the Year" at the Capital Region Thomas Edison Music Awards ("the Eddies"). ARB was recently nominated for the 2026 Listen Up Awards in the "Favorite Blues Artist" category. For a \$25 donation, attendees

will receive a free flight of five local beers, including but not limited to: **Hudson Brewing Co., Old Klaverack Brewery and Hop Farm, Roe Jan Brewing Co., Suarez Family Brewery and Upper Depot Brewing Co.** For those who prefer an alternative there will be non-alcoholic "Athletic Beer" and seltzer. For information, contact [info@claveracklibrary.org](mailto:info@claveracklibrary.org), 518-851-7120, or <https://claveracklibrary.org/friends/book-offerings/>.

## HRMM Announces New Lecture - Bite the Bullet: Medicine in the 18th Century

**Program Title:** Bite the Bullet: Medicine in the 18th Century  
**Lecture Date & Time:** Saturday, April 25, 2026 1:00pm  
**Location:** Hudson River Maritime Museum - 50 Rondout Landing, Kingston, NY

**Pricing:** \$10/non member - \$5/ HRMM members  
**Presentation Topic:** "Bite the Bullet," Washington's Headquarters' Program on Revolutionary era medicine, is designed to acquaint audiences with the state of medical knowledge and some of the practices of medicine in the time of George Washington. Physicians were frequently confounded by the causes of illness, treated symptoms, and relied heavily on the healing powers of nature. Many remedies stocked by apothecaries were herbal in nature, and the best doctors of the time still healed with herbs. In 1775, the US had 3,500 doctors, but only 300 had medical degrees. The profession of physician / surgeon was open only to men, but the system relied heavily on women who could be and were midwives. The lecture quotes from the diary of traveling midwife, Martha Ballard, of northern Massachusetts who kept a record of her work as a healer and a midwife, which provides an unparalleled window into practical medicine in the quarter century straddling 1800. Find more information and registration details at [hrmm.org](http://hrmm.org) or here.  
**Speaker Bio:** Matthew Weigman has been a Hudson Valley resident going back to 1962 and has had an interest in American history since the age of 16. His 32-year-career in communications at the auction house Sotheby's concluded with nine years as Worldwide Director of Sales Communications, based in London. As a historical interpreter at Washington's Headquarters Newburgh for the past four years he has enjoyed illuminating visitors and audiences about significant achievements of the "indispensable man" of the American Revolution during its final 16 months, as well as lecturing about the era of the Revolution itself. To satisfy an interest in horticulture Matthew volunteers as a

Master Gardener with Cornell Cooperative Extension of Putnam County, writes regularly for the Garden Club of America magazine *Bulletin* and lectures in historical horticulture.  
**About HRMM:** The Hudson River Maritime Museum is dedicated to the preservation and interpretation of the maritime history of the Hudson River, its tributaries and related industries. In addition to extensive collections documenting maritime transportation, industry, recreation, and natural science, the museum offers classes and programs at its Woodworking School, Sailing and Rowing School, and aboard *Solaris*, the 100% solar powered tour boat and floating classroom. Now in its 46th year, HRMM is located along the historic Rondout waterfront in downtown Kingston. For more information about the Hudson River Maritime Museum, please visit [hrmm.org](http://hrmm.org), find [HRMM on Facebook](#), or call 845.338.0071.

## ANDERSON CENTER FOR AUTISM TO RECEIVE OVER \$1 MILLION IN CONGRESSIONALLY DIRECTED SPENDING FUNDS THROUGH SUPPORT OF SENATOR KIRSTEN GILLIBRAND

The executive leadership team of Anderson Center for Autism today announced that Senator Kirsten Gillibrand has helped secure \$1,064,000 in Congressionally Directed Spending (CDS) for the organization's Dellinwood Institute Facilities Enhancement project. The funds will be utilized to fulfill a required step toward Anderson's construction of a healthcare training and workforce development center: addressing wastewater needs on

Continued on page 13

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**Anderson Center for Autism from page 12**

its Staatsburg campus through the purchase and installation of a new septic system.

Said Patrick Paul, CEO and Executive Director of Anderson Center for Autism, "We are incredibly grateful to Senator Gillibrand for her tireless advocacy on behalf of our mission and vision. Our plans to construct the Dellinwood Institute for Global Advances in ASD Care have been contingent on the installation of a new septic system, which comes at a substantial cost. By providing access to funding for this purpose, Senator Gillibrand has paved the way for us to complete that step and then build our highly-anticipated training facility, which will ultimately provide the professional development opportunities that can transform care for autistic individuals locally, regionally, throughout New York State, and all over the world."

Added Dr. Tina Marie Covington, Chief Operating Officer at Anderson Center for Autism: "Once complete, the Dellinwood Institute will be home to indoor and outdoor multipurpose training and conference spaces, trainee clinical, medical, and dental skills practice rooms, and a 'living classroom' for visitors who wish to see what an autism supportive environment incorporates - an ideal atmosphere for colleagues in healthcare, education, and behavioral health to come learn all about the evidence-based practices that will improve their service delivery outcomes. Our hope is to address the worldwide workforce shortage of properly-trained autism professionals, thus empowering us to further our mission near and far. But the project can only move forward with infrastructure development, namely this septic system - and Senator Gillibrand's work to secure these funds will make that possible! We admire her dedication to our cause, and deeply appreciate all that she has done and continues to do for the many people impacted by autism."

Reflected Senator Kirsten Gillibrand, "I'm proud to have secured \$1.06 million in federal funding for Anderson Center for Autism to make critical infrastructure upgrades for their new health care and training

facility. The Dellinwood Institute for Global Advances in Autism Spectrum Disorder (ASD) Care will address the increasing demand for professional autism care at both the regional and national levels through robust workforce development programs. As a member of the Senate Appropriations Committee, I'll continue to fight for federal resources that will empower and advance the field of science and strengthen the health and wellbeing of our communities for generations to come." According to Paul and Covington, the training facility at Anderson is also expected to help reduce the cost of autism care, which is projected to be **\$1.36 trillion by 2040.**

"By empowering professionals who are working with this population with expert training, they will be better-positioned to protect the health and wellbeing of autistic individuals. This will likely decrease medical and dental expenses for these patients over the course of their lifespans, as various health-related issues might be identified and resolved more quickly if a provider knows how to successfully navigate challenges that sometimes come with caring for autistic patients," explained Covington. "In addition," noted Paul, "The Dellinwood Institute will be our region's very first autism-focused behavioral health training facility, which has obvious benefits to our local economy and to the many people who will be able to easily access the expertise of our team. We are excited about the many ways we can contribute to our field and to to optimize the quality of life for individuals with autism and their families." Founded over 100 years ago in 1924, Anderson Center for Autism offers award-winning, evidence-based educational, vocational, residential, and consulting/training programs, drawing students and residents from all over the United States to experience its school and residential offerings. Affiliates of the agency include Anderson Center International (ACI), Anderson Center Consulting and Training (ACCT), The Anderson Center Clinic (ACC), and three Anderson Early Learning Academy (AELA) programs. In addition, Anderson

Foundation for Autism (AFA) helps to support and sustain the aforementioned programs and services through fundraising, grants, and marketing. AFA also offers a grantmaking opportunity for eligible organizations in need of funds for programs that reflect a commitment to Anderson's mission. *Learn more at [andersoncenterforautism.org](http://andersoncenterforautism.org).*

**About Anderson Center for Autism**

Our mission at Anderson Center for Autism is to optimize the quality of life for individuals with autism.

**About Anderson Foundation for Autism**

Through grantmaking, fundraising, and marketing initiatives, Anderson Foundation for Autism helps support, sustain, and expand upon Anderson Center for Autism's efforts to optimize the quality of life for individuals with autism.

**A Deeper Dive into Midlife Wellness Series: with Dr. Amy Novatt and Marybeth Cale**

On the heels of their first workshop together, Amy Novatt, MD and Marybeth Cale, Certified Life and Health Coach, are thrilled to announce details of their "A Deeper Dive into Midlife Wellness Series." Six individual events are planned in this series, but guests can register for each one separately, thus there is no requirement to

attend or sign up for all of them. Each workshop will cost \$50 per person; **advance registration is required.** All workshops will take place at 6250 Route 9, Rhinebeck NY 12572 from 7-9pm. **The schedule and topics are as follows:**  
 April 23, 2026, 7-9pm: **Weight, Body Image, and Cultivating Confidence**  
 June 18, 2026, 7-9pm: **Bone Health + Reclaiming Power through Movement**  
 September 17, 2026, 7-9pm: **Sex, Libido, and Reigniting Intimacy**  
 November 5, 2026, 7-9pm: **Sleep + Tools for Restful Nights**  
 February 4, 2027, 7-9pm: **Mood + Rediscovering Joy**  
 April 8, 2027, 7-9pm: **Stress + Regaining Peace**  
**Reserve your spot at: [estuarycoaching.com/packages](http://estuarycoaching.com/packages)**

According to Novatt and Cale, the objective is to offer this series in hopes of continuing to empower and educate women navigating perimenopause/menopause (and their partners if/when applicable). At each of the six events, Dr. Amy Novatt will lead an informative discussion on the workshop topic, and certified life and health coach Marybeth Cale will facilitate activities designed to help guests uncover what action steps they need to take to optimize that area of their well-being.

Amy Novatt, MD is a board-certified OB-GYN with more than 30 years of clinical experience. Her work centers on

integrating women's health with lifestyle practices that support wellness across the lifespan. She guides women through perimenopause, menopause, sexual health concerns, and the challenges of chronic medical conditions—both in clinical settings and through retreat-based programs. She is also the creator and host of GynoCurious, a global podcast exploring women's health and the many ways we heal and are healed.

Marybeth Cale is a National Board Certified Health and Wellness Coach and Certified Life Coach. Founder of Estuary Coaching, she offers individual and group coaching on a number of topics, including midlife well-being, confident communication, empathic listening, stress management, business development, and more. Cale is also a writer, publicist, and co-president of Cale Communications. In her free time, she serves as Chair of the Board of Trustees for Anderson Foundation for Autism, Chair of Anderson Foundation's PR Committee, and Chair of Rhinebeck Rotary's Community Health Committee (which works to address food insecurity and mental health and wellness locally).

Advance reservation and payment is required to attend any or all of the events, as space is limited. Visit [estuarycoaching.com/packages](http://estuarycoaching.com/packages) to register.



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# Germantown Garden Club Presents Food Historian on Eating History

The Germantown Garden Club will hold its next meeting on Tuesday, April 14, at noon, at the Hover Room at the Germantown Library, 31 Palatine Park Rd., Germantown. This month's program will feature a presentation on "Growing (and Eating) History" with Sara Everson, who is a food historian studying kitchen labor and food production in New York's eighteenth century.

An apple isn't always just an apple! Produce varieties have changed over time for many reasons, including gustatory taste, commercial interests, and natural accidents. This talk will explore the ways in which produce common in the kitchens and gardens of New York's 18th century differs from what is common today. Get ready to follow produce from the kitchen garden to the kitchen table, and to dig into how living historians research and interpret historical produce.

The club will also discuss plans for their Spring Plant Sale, which will be held on May 16 and is a big fundraiser and a popular community event.

The meeting is open to the public. New members are always welcome. Refreshments will be served. For more information, please call Irene Clum at 518-537-4793.

The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.

## ART GALLERY 71 PRESENTS "CANVAS as DREAMCATCHER" featuring paintings by VERA KAPLAN Showing April 10<sup>th</sup>- May 3<sup>rd</sup> Reception : Sat April 18<sup>th</sup>, 4-6pm

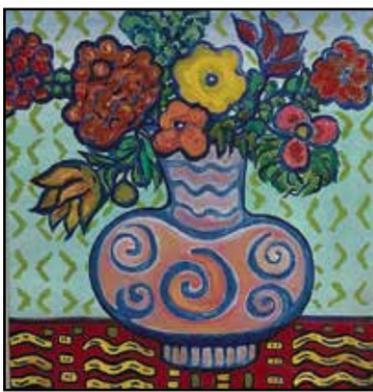
This show features work in oil inspired by a visit to the Gabriele Muenther retrospective currently on display at the Guggenheim. She was a member of the Blue Rider Group of Fauvist artists in Germany who colored their still lifes and landscape paintings according to the feelings their surroundings produced.

While my work shares the love of bright color and the outlining of shapes that characterizes the work of the Fauves, unlike the Fauves I don't base my paintings on what I see but instead on an inquiry into what the subconscious mind will produce without regard to outward observation. Like fiction writers who prefer their characters to surprise them and don't use outlines to produce their novels or stories, I tend not to sketch first or preplan my paintings. They form on the canvas as I move my brush, much as dreams arise as we sleep.

I look forward to sharing my



Amid Flowers



Vera Art work

new work with friends old and new who come to visit Art Gallery 71.

SAT, April 18<sup>th</sup>/ 4:00-6:00

RECEPTION

See more of Vera's work at <http://www.artgallery71.com/new-artists/vera-kaplan>

Email- [verakaplan@yahoo.com](mailto:verakaplan@yahoo.com)  
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## Threads of Tradition: Local Quilts and Their Makers

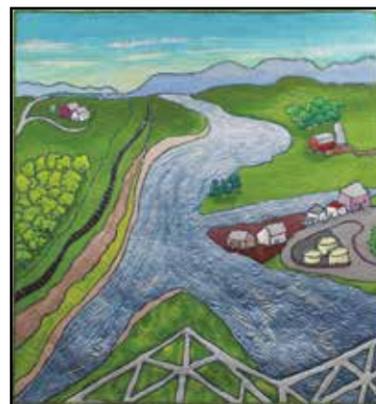
April 4 – May 15, 2026

Opening Reception: April 4, 12:00 – 1:30 PM

The Claverack Free Library is pleased to present *Threads of Tradition: Local Quilts and Their Makers*, an exhibition celebrating the artistry, craftsmanship, and enduring legacy of quilting. The exhibit will be on view from April 4 through May 15, 2026, in the Marilyn & Bob Laurie Gallery.

An opening reception will be held on Saturday, April 4, from 12:00 to 1:30 PM. The public is warmly invited to attend, meet some of the artists, and experience these remarkable works up close.

Featuring quilts by talented local artists and makers, this exhibit brings warmth, color, and creativity to the library gallery.



CatskillPointW - K. Velis Turan

Each piece reflects the maker's unique vision while honoring the rich and enduring tradition of quilting—a practice that blends storytelling, design, and skilled handwork.

Select quilts will be available for purchase, offering visitors the opportunity to bring home a one-of-a-kind piece of functional art.

Location:

Claverack Free Library

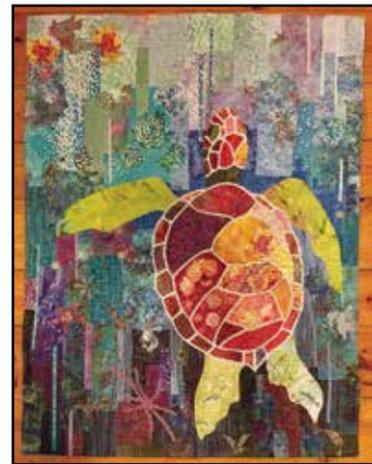
9 Route 9H  
Claverack, NY 12513

Contact:

Phone: 518-851-7120

Email: [info@claveracklibrary.org](mailto:info@claveracklibrary.org)

For more information, please contact the library directly.



Quilt - Lauren Wolf



Quilt Linda McNutt

## April 22, 2026, 10am

Rhinebeck Garden Club's off site meeting at Northern Dutchess Botanical Gardens, 389 Salisbury Turnpike Rhinebeck. Program: "The Growing Experience", presented by Marcella Santini. The meeting is open to the public but guests are asked to join after attending two meetings. For more information about this program, or the RBGC or upcoming programs, please contact Sue, 845-797-3226 or Hannah, 914-263-5298



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**April 19, 2026**

Chancellor Livingston Chapter NSDAR at the Chapter House, 77 Livingston St. "A Revolutionary Kitchen Garden", presented by Barbara Hobens, 2pm business (members only), 2:30 speaker open to the public. Barbara, who has been an invited speaker at the Philadelphia Flower show and featured on two episodes of HYTV's Gardening By The Yard, has designed and installed backyard and roof gardens for residences, not-for-profits, public parks, and historic sites in NYC and the Hudson Valley. She served as Hyde Park Historian and president of the F.W. Vanderbilt Garden Association. Ms. Hobens was named a Harrison Fellow of the Historic Landscape Institute (Monticello/University of Virginia). Free and open to the public. For information about this meeting or how to become a member, email Doris at [darrhinebeck@gmail.com](mailto:darrhinebeck@gmail.com).

**ANDERSON CENTER CONSULTING AND TRAINING WORKING WITH MONTEFIORE NYACK HOSPITAL TO GAIN "AUTISM SUPPORTIVE HEALTHCARE PROVIDER" DESIGNATION**

Anderson Center Consulting and Training (ACCT) announced today that its Autism Supportive Healthcare Provider training program is now underway at Highland Medical (an affiliate of Montefiore Nyack Hospital) and the Center for Learning and Development at Montefiore Nyack Hospital. The training series began in 2025 and will be made available to employees of the hospital through June of 2026, at which point Montefiore is expected to gain designation as an "Autism

Supportive Healthcare Provider." Made possible by the Rockland County Think Differently initiative, the goal of Anderson Center Consulting and Training is to empower trainees by deepening their knowledge of autism and other neurodiversities and sharing the tools and strategies that can help enhance communication, collaboration, and connection as they serve that population. Explained Patrick Paul, CEO/Executive Director of Anderson Center for Autism, "With incidence rates on the rise, it is critically important that healthcare organizations like Montefiore get the training needed to improve outcomes for autistic and neurodivergent patients and their families. We are so pleased to see Highland Medical and the Center for Learning and Development at Montefiore Nyack Hospital deeply committed to this cause, and want to thank everyone who is part of this effort."

Anderson Center Consulting and Training has worked with over 200 groups seeking to gain designation as "Autism Informed" or "Autism Supportive." Added Kathleen Marshall, Director of Program Services for Anderson Center Consulting and Training, "In addition to teaching trainees how to more confidently and successfully work with autistic and neurodivergent individuals, we are also helping them discover ways to make their settings more inclusive and accommodating. It often takes just two hours for us to empower groups with evidence-based strategies that make a profound and lasting impact. And with onsite or virtual learning options available, anyone can access our expertise, regardless of geographic location."

To date, those who have completed the Autism Supportive Healthcare Provider training at Montefiore include orientation staff, security, and employees in numerous other roles as well, according to Marshall. A training invitation is expected to be extended to physicians of the hospital at some point soon. "Anderson Center Consulting and Training provided our team with invaluable resources," said Yadira Castro, MHA, associate vice president at Highland Medical. "Our staff feel empowered and enlightened by the training and it shows: the average score on the post-learning assessment was 89%."

Lydia Lopez, senior director for Center of Learning and Development at Montefiore Nyack Hospital, is looking forward to seeing the training implemented across the organization. "From the moment a patient enters the building, it is the priority of every employee at Montefiore Nyack to make them feel safe and cared for. This training will further foster our mission of patient centered care." Anderson Center Consulting and Training (ACCT) previously worked in the Nyack area when it conducted training for professionals at Rockland County's One Stop Career Center; that group earned designation as an Autism Informed Employer following completion of ACCT's training program in 2025. According to the Centers for Disease Control, 1 in 31 are now diagnosed with Autism Spectrum Disorder. Since 2007, Anderson Center Consulting and Training (ACCT), an affiliate of Anderson Center for Autism, has partnered with businesses, organizations, preschools, school districts, government agencies, first responders, families, caregivers, and individuals to provide expert consultation and

training designed to enhance the quality of life for autistic and neurodivergent people. To learn more about opportunities to gain designation as "Autism Informed" or "Autism Supportive" through Anderson Center Consulting and Training, visit [andersoncenterconsultingandtraining.org](http://andersoncenterconsultingandtraining.org). For further information about Anderson Center for Autism, visit [andersoncenterforautism.org](http://andersoncenterforautism.org).

Anderson Center Consulting and Training (ACCT) Since 2007, Anderson Center Consulting and Training (ACCT), an affiliate of Anderson Center for Autism, has partnered with businesses, organizations, preschools, school districts, government agencies, first responders, families, caregivers, and individuals to provide expert consultation and training designed to enhance the quality of life for autistic and neurodivergent people.

**About Anderson Center for Autism**

Our mission at Anderson Center for Autism is to optimize the quality of life

for individuals with autism.

**About Anderson Foundation for Autism**

Through grantmaking, fundraising, and marketing initiatives, Anderson Foundation for Autism helps support, sustain, and expand upon Anderson Center for Autism's efforts to optimize the quality of life for individuals with autism.

**Morton Memorial Library & Community House**

**Jake Melley: ART**

**Opening: Friday, April 3, 5:00 pm - 7:00 pm**

**Exhibition: April 3 - April 25**

Jake Melley was born and raised in Rhinebeck, NY. He has worked in a variety of mediums and techniques. Having lived and worked coast to coast, he has always utilized art in one way or another. Jake's work reflects who he is, how he feels, and what he has experienced. Admission is free: purchases of art and donations for the library are welcome. Refreshments will be available. Library open hours for exhibition.

Library open hours for exhibition.

for individuals with autism.



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**Rhinebeck, 60 Acre Farm w/ Historic Farmhouse**



Just east of Rhinebeck Village, Wonderland Farm spans 60 scenic acres of meadows, woodlands, and the Landsman Kill stream. A designated Century Farm, it features a classic 1898 farmhouse, two historic barns with electric, and a working Christmas tree farm. In the RC zoning district, it offers remarkable potential for agriculture, conservation, or residential use. \$1,495,000

**New Hamburg Multi Family**

New Hamburg Two-Family  
Beautifully renovated two-family home in desirable New Hamburg, just steps from the Metro-North station. One unit features 2 bedrooms and 2 bathrooms, while the other offers 3 bedrooms and 1 bathroom. Both units showcase modern kitchens, updated bathrooms, and fresh flooring throughout. Priced at \$630,000, this turnkey property is move-in ready in a charming, commuter-friendly location



**Pine Plain Farm w/ Eyebrow Colonial**



This historic 87-acre farmstead in West Pine Plains features an 1840s colonial with 4 bedrooms, 2 baths, and wide-board floors. The property includes a guest cottage, classic barn, meadows, woodlands, and a pond—offering timeless character and endless potential in a tranquil rural setting. Priced at \$1,175,000.

**Building Lot in Private Lake Community**

Build your dream home on this desirable 0.8-acre lot in the private lake community of Sepasco Village on Lake Sepasco. Enjoy a peaceful setting with lake-community amenities, potential to subdivide with town approval, and a prime location close to Rhinebeck Village golf and tennis. Offered at \$225,000.



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**Two Lake Homes Inviting You To Kick Off Summer!  
True, Nature Lover's Paradise!  
Swim, Kayak, Fish, Skate All From Luxury Of Your Own Home!**



**Elizaville, NY:**

- 3 BR / 2 BTH
- New Construction
- Steps to Waterfront w/Deeded Lake Rights
- Primary En Suite
- Second Story Framed for More Living Space
- Full Basement w/1 Car Garage

**Asking \$579,000**



**Red Hook, NY:**

- 3 BR / 2 BTH
- Charming, Mid-Century Modern
- 3+ Acres of Woods & Lake Frontage
- Hardwood Floors
- Private Guest Quarters
- Patio w/Firepit

**Asking \$629,000**

**Land for Sale:**

**Tivoli, NY:**  
16+Acres with Garage **\$199,000**  
10.25 Acres with BOHA & 2 Building Lots **\$375,000**

10.16 Acres Private with Bucolic Views **\$399,000**

**Red Hook, NY:**  
5 Acres with Old Farmhouse, Bring Offers!  
**\$135,000**

1 Acre, Minute to Village **\$129,000**

**Elizaville, NY:**  
4.26 Acres Private & Peaceful **\$125,000**  
3 Acres, Minute to TSP **\$75,000**

**Germantown, NY:**  
1.8 Acre, Quiet & Tranquil **\$149,000**



**1800's Colonial with Original Details. Milan, NY:** 1800s Colonial looking for a visionary to restore to former glory. Many original details still intact; hand hewn beams, wide board floors, cobble fireplace, 3+ BR's, 1 FB with possible 2nd. Large KIT, Formal DR with Woodstove Hook Up & access to Deck. Rocking chair porch with swing adds extra charm. Whole house Generac gives extra security. The Vintage Post & Beam Barn with second story loft second lends itself to many possibilities. Lovely yard with abundant mature plantings. 5 minutes to TSP, 10 Minutes to Rhinebeck, Red Hook / Pine Plains. Looking for a project and a great country home? This is a perfect opportunity to take this sweet home to the next level. Asking **\$315,000**



**Walk to The Hudson River, Eateries, Stores, & Park!**  
**Village of Tivoli, NY:**  
Enjoy One-Level living

on a Quiet, Picturesque Street. Features include a Welcoming, Covered Front Porch, Open Kitchen with Stainless-Steel, Butcher-Block Counters, and Living Room with Wood Stove. Includes Bonus Room/Office, Primary BR, Two Guest BR's and Attached 2-Car Garage with Workshop. Outside, enjoy a Double Lot, extra Garage/Barn with Wood Stove & Power, and a Fenced Inground Pool ready for revitalization. Walk or bike to Clermont State Park, Tivoli's shops, eateries, park, and library. Neighborhood charm meets Hudson Valley living. Asking **\$589,000**



**Historic 1800's with Stream Frontage Millbrook, NY:**  
Own the original 1890 Toll House,

beautifully restored beside Wappingers Creek at the Arch Bridge. Filled with charm-pristine hardwoods, exposed beams, and whimsical nooks-this light-filled home features a spacious gathering room with dual-sided electric fireplace, a country kitchen with center island, and open dining. Two bedrooms, two full baths, plus modern updates including heat pump/AC and new appliances. Set on 1.6 private acres with trout-stream frontage, lush grounds, and an easy stroll to Millbrook Village. Truly one-of-a-kind. Asking **\$499,000**



**Two Immaculate Homes - 1 Price! Rhinebeck, NY:**  
Welcome to The River Road Compound-an exceptional opportunity to own two beautifully updated homes in a

prime Hudson Valley setting. The Main Cottage features soaring ceilings, a sun-filled living room with bay window, and an open-concept chef's kitchen. Two spacious bedrooms, a stylish full bath, and a powder room offer comfort and convenience, while a charming side porch is perfect for relaxing or dining outdoors. Privately set, the Second Cottage offers a one-bedroom, open-concept layout with high-quality finishes-ideal for guests, in-laws, or rental income. Surrounded by scenic beauty with Catskill Mountain views, and just minutes to Rhinebeck Village, Red Hook, Kingston, and Bard College, this property blends tranquility with convenience. Asking **\$599,000**



**Spacious & Immaculate! Kingston, NY:**  
Welcome to Ruby Road; perfectly

situated on a Double Lot for Added Outdoor Living. Features an Open Floor Plan with Spacious Living, Inviting Kitchen with Island, Dining Space, Laundry, Primary En-Suite & Two Guest Bedrooms. Enjoy Ample Yard Space, a New Shed for Storage, and Lot Fees Covering Taxes, Garbage, Water, Plowing, and Maintenance. 5 minutes to Kingston / 10 to Woodstock; Close to Restaurants, Shops, and Hiking. Quiet, Modern, and Move-in Ready - an Exceptional Hudson Valley Find for an Exceptional Price! Asking **\$195,000**



**Cozy, Village Gem with Potential Village of Red Hook, NY:**  
Situated on a Prime Corner Lot within Walking Distance to all Village Amenities.

Features Beautiful Wood Detail, Abundant Natural Light, and a Spacious Attic for Storage or Finishing Potential. Cozy Kitchen with Pellet Stove, lovely Backyard with Shed, and Rare 3 parking spots! Recent Upgrades include a New Furnace, Water Heater, and Electrical Panel. Steps to Bard Shuttle, shops, libraries, and restaurants. Asking **\$359,000**



**Surrounded By Nature & Bliss Red Hook, NY:** Set on 6+ private acres in a quiet cul-de-sac, this elegant yet inviting

colonial blends style and comfort. A dramatic 20-ft entry opens to a light-filled living room with stone fireplace, flowing into a chef's kitchen with custom island, stainless appliances, and dining space. Enjoy indoor-outdoor living with a new Trex deck. Upstairs, the primary suite offers a walk-in closet, spa bath with soaking tub, and two guest bedrooms plus flex room. Finished lower level with walk-out, bath, and heated garage adds versatile space. Backup generator, attic storage, and room for pool or gardens complete the property. Minutes to Red Hook, Rhinebeck, and the TSP. Asking **\$849,000**

**Locally Family-Owned Real Estate Brokerage Proudly Serving The Hudson Valley Community for Over 45 Years. Serving Sellers, Buyers, Investors, Landlords & Tenants Since 1979.**