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Vol. VI Number 6 - Serving Northern Dutchess & Southern Columbia County August 2021

Postal Customer

HUDSON RIVER MARITIME MUSEUM

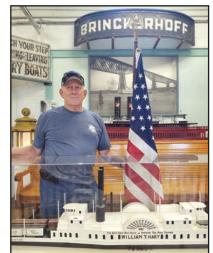
By Amy Byrne:

With a solar powered touring vessel and a dedicated group helping local history come alive, the Hudson River Maritime Museum in Kingston is open this summer to the public.

It's great news for anyone looking for a waterway adventure, a valuable learning experience, or an entertaining escape. They're all as close as the historic Hudson River.

The museum, located in the popular Rondout waterfront district, offers an air-conditioned space with an array of interesting exhibits, lectures, and even regular classes in woodworking, sailing, and traditional rowing. Plenty of surrounding restaurants and shops are close by, as well as the Roundout inlet itself, which offers a relaxing walkway.

But the fun isn't limited to the shoreline. Thanks to Solaris, a traditional looking displacement hull touring boat with state of the art features, the HRMM can take a learning adventure onto the river. What's more, there are custom tours that make it easy to choose something that captures



Ron Searl, Exhibits Fabricator the imagination.

2021: The Summer of *Solaris*

Though the HRMM officially christened its new touring vessel, Solaris, at the tail end of the 2019 season, museum marketing manager Lauren Berg says the boat hasn't been fully available to the public until this summer.

In 2020, with the COVID lockdowns and restrictions, public tours were unavailable. To make up for it, the Museum mounted a project called RiverWise, which documented

Continued on page 2

Hilton to our Real Estate Family.



to the area after 35 Years in restaurant. The phone number, Westchester County and a carrier 518-851-9601, remains the same. in the remodeling industry. He is Red Apple Realty, Inc. and their now applying his knowledge of sister organization, Frank W. building to assisting his clients Starkes Insurance, both have a with all of their realty needs. long history of serving buyers He is member of the National and sellers. Association of REALTORS® as and principal licensed real well as NYSAR & DCAR which estate broker, I can help with are the state & county chapters. one of the most emotional and By aligning himself with the financially important decisions largest trade association in the you will make - either buying or real estate industry he has access selling your home," she declares. to the knowledge of the leading As a licensed insurance broker, professionals as well as continuing Barbara Robinson is brilliantly education to keep in tune with placed to understand the needs of current trends which will help a homebuyer as well as the needs make your transaction a seamless, of a homeowner. "I can help pleasant & memorable experience make sure you are fully insured

Staley Real Estate LLC SOLE-OWNER BARBARA J. ROBINSON is proud to welcome Richie ANNOUNCES GRAND RE-OPENING OF **RED APPLE REALTY, INC & FRANK W.** STARKES INSURANCE AT NEW LOCATION

By Lisa Dudley

As sole-owner of Red Apple Realty, Inc. and Frank W. Starkes Insurance, Barbara J. Robinson is pleased to announced the grand re-opening of her new office located at 2 Charles Street, Greenport (GPS Hudson), on the corner of Fairview Ave, 3 Richie recently moved back doors south of the McDonald's "As sole owner



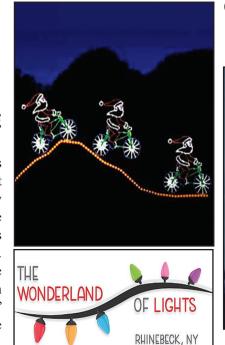
Barbara J. Robinson

with the right coverage for home, auto, personal liability/umbrella policies, commercial insurance and all your toys -- boats, camper, RVs, etc." She recommends calling for an insurance checkup to ascertain whether you are insured properly as "some people are underinsured." The cheerful Red Apple Realty "For-Sale" signs that you see everywhere are instantly recognizable. "We are proud of our big red-apple signs because they are synonymous with our

Continued on page 17

THE WONDERLAND OF LIGHTS[™] COMES TO DUTCHESS COUNTY FAIRGROUNDS IN RHINEBECK FOR THE FIRST TIME EVER

The Wonderland of Lights[™] is excited to announce, for the first time ever, this family-friendly holiday drive-thru experience is coming to the Dutchess County Fairgrounds, 6636 U.S. 9, Rhinebeck, NY 12572. The Wonderland of Lights has been a part of thousands of families' holiday tradition across the country for over two decades. Now Rhinebeck and surrounding communities will have a chance to start a new tradition November 25 through December 26, 2021! Residents will enjoy a plethora of festive pageantry as they journey through more than a mile



GERMANTOWN GARDEN DUTCHESS COUNTY CLUB GIVES AWARD TO AGRICULTURAL **GRADUATING STUDENT** SOCIETY, INC.



ANNOUNCES AGRICULTURE **SCHOLARSHIP** WINNER

Dutchess County Fair President/ CEO Andy Imperati announced on Wednesday, July 21 at the July membership dinner meeting, that Rebekah Martz was chosen to receive the DCAS Inc. scholarship. Rebakah is seeking higher education at an accredited two or four Year College or university in the Fall of 2021. **Reilly Rifenburgh** "We continue to support our youth This year the Germantown Garden who choose to pursue a career in Club is proud to award \$500 to agriculture, or a career related Reilly Rifenburgh. Reilly, a senior to agriculture or horticulture," at Germantown High School, will stated Tom Angell, Chairman be operarating heavy equipment of the Scholarship Committee. for a landscaping company. He Scholarship applicants were is the son of Kellene and Donald evaluated by a scholarship Rifenburgh of Germantown. committee and scored in a variety Reilly's excellence in high of areas including Dutchess school and his future endeavors County Fair participation, grade make the Germantown Garden point average, community Club proud to award him involvement and leadership roles. this money. His high school The scholarship is funded through activities include membership the generosity of the Dutchess Volleyball County Agricultural Society, Inc., on the Varsity Varsity Baseball teams. a 501c(3) non-profit organization. and Martz, information, Rebekah of Red For more please call Fran Bufi, club Hook, was selected to receive the president, at 518-537-4868. \$8,000 scholarship. Rebakah will The Germantown Garden Club be attending Cornell University is a member of the National -College Agriculture of Garden Clubs, Inc. and the and Life Sciences where she Federated Garden Clubs of New will be pursuing a degree in York State, Inc., Third District. Animal and Dairy Science.



Rebekah Martz

For more information about the Dutchess County Agricultural Society/Dutchess County Fairgrounds, visit WWW.

The September Edition Of The Hudson River View Will Be In Area Homes On September 1st The Deadline For Advertising And **Press Release Submission** Is August 18th

of spectacular lights and holiday wonder. From tunnel displays to towering structures and whimsical designs, The Wonderland of Lights will create a memorable experience for the entire family.

Andrew K. Imperati, CEO/Fair Manager at the Dutchess County Fairgrounds commented, "We are thrilled to be hosting The Wonderland of Lights this coming Holiday Season. It will be another family friendly attraction added to our event schedule here at the Dutchess County Fairgrounds." In recognition of the Rhinebeck debut, The Wonderland of Lights will offer a Christmas in July special of 40% off the regular ticket price of \$25 July 25 – July 31, only. Visit www. thewonderlandoflights.com for details or to purchase tickets.

<u>dutchessfair.com</u>. Follow the Fair Dutchess County on Facebook and Twitter.

THE HUDSON **RIVER VIEW ONLINE!**

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

Hudsonriverview.net

ACCORDING TO QUACKERS



In August 1762 the sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.

August was once the sixth month of the year. In the original ten-month Roman calendar, the month went by the name of Sextilis, meaning "the sixth month" in Latin. It wasn't until around 700BC that August was rudely shoved back in the order of months when January and February were added to the beginning of the year by King Numa Pompilius.

August has also changed its number of days multiple times. In the ten-month Roman calendar, the months all had either 30 or 31 days, totaling 304 days in the year. Not only did Pompilius add January and February to the calendar, but he also reduced the number of days in August down to 29. It wasn't until Julius Caesar introduced the Julian calendar that it was left with 31 days, and it's stayed the same ever since!

HR Maritime Museum from page 1

learning exploration trips by Solaris and another vessel, a traditional sailing schooner, Appollonia. Postings of those exploits on social media were a way of keeping the museum and the river connected to the community at a difficult time, says Lauren.

But this summer Solaris is making up for lost time with a full schedule and a great selection of tours for anyone who wants to venture out onto the river, not just in style, but with a reduced carbon footprint. Solaris is 100% solar-powered and doesn't require fossil fuels to operate. The vessel's rooftop solar panels charge during the day, enabling her to travel up to 50 miles at night using reserve battery power.

"Last season Solaris really did not get to go out for public tours, so RiverWise was kind of her way of getting out there," says Lauren. "But now people are welcome to get onboard for a number of different themed tours. She is what we call a floating classroom. We want people to know Solaris offers not just leisure cruises, but mainly educational programming. And

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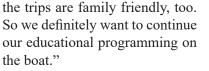
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Currently Solaris offers over a dozen different tours, which cover different topics and geographical points of interest. Among them include:

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- Esopus Meadows Lighthouse Tour

Shipwreck Tour

- Bird Watching Cruise Happy Hour Cruise
- Live Music Cruise
- Sunset Cruises

.

- Idigenous Heritage with Justin Wexler
- Stories of the Night with Karen Pillsworth

To find out when a particular tour is next scheduled, just visit www.solarboattours.

Continued on page 6







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Spencertown Academy Celebrates the Art of the Garden

Spencertown Academy Arts Center's 17th annual Hidden Gardens is scheduled for Saturday, August 28, with a self-guided garden tour, outdoor market, and botanical-themed art exhibition. This beloved Columbia County summer event is designed to inform, inspire, and intrigue garden enthusiasts.

"The 16th Annual Hidden Gardens Tour and Market on the Green had to be canceled for 2020 because of the pandemic. Not knowing exactly how opening up would evolve, we passed up the month of June this year and opted to schedule the event for later in the summer for the first time," says Madaline Sparks, who cochairs the event along with Vivian Wachsberger. "This later timing for the tour gives garden voyeurs a rare opportunity to view these beautiful private landscapes in the waning days of summer, rather than the burgeoning of late



spring. The light is different, the color palette is bolder and richer, and it affords us a chance to see how these avid gardeners keep their landscapes interesting and fresh in the dog days of August."

Wachsberger adds, "Several of the gardens have been on the tour before, but not for many years and never before offered for late season viewing. They have matured and evolved over those years and will offer a totally different perspective in August of 2021.



"CONGRATULATIONS TO THE CLASS OF 2021"

Thanks to all the volunteers for their energy and enthusiasm! Youth to Youth (Y2Y) 2021 Post Prom Committee PLEASE PATRONIZE THE BUSINESSES THAT SUPPORT THIS GREAT EVENT THANK YOU FRIENDS AND FAMILIES!

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The Hidden Gardens Tour with produce in August. All of showcases five private gardens in the gardens boast one or more Austerlitz, Chatham, Ghent, and water features: farm ponds, koi Spencertown. From a ca. 1790's ponds, waterfalls, and fountains. Federal-style home nestled in For those curious about what can a bucolic country landscape to grow in shade, woodland gardens a contemporary Asian-inspired abound. It will be peak time for abode featuring massive native dahlias, coneflowers, black-eyed plantings, there will be a broad Susans, and many other flowering plants that make the late summer spectrum of garden designs to inspire visitors. Most of the sites garden an explosion of color and this year also feature vegetable form. One location is a sculpture gardens that will be abundant garden with installations of the work of the artist who lives there and some of his colleagues.

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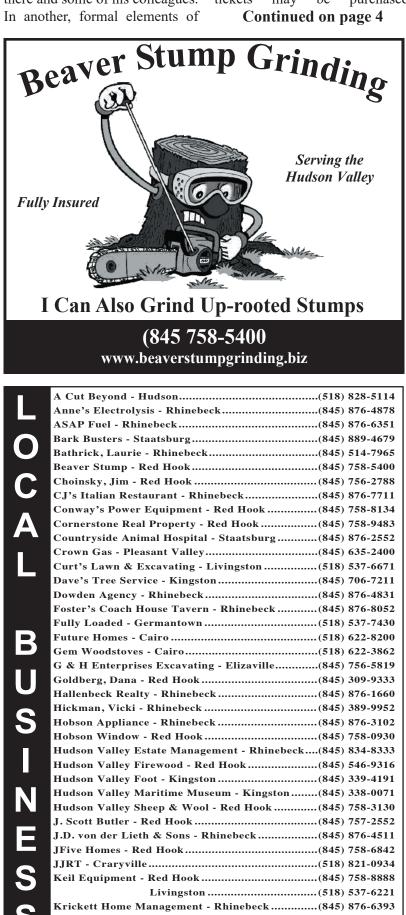
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garden design are juxtaposed with natural features of the landscape and combined brilliantly to great effect. Outdoor gathering options became very important in 2020, due to the pandemic, and all of these properties offer many great ideas for "outdoor rooms": fire pits, dining spaces, and conversation areas. The gardens will be open, rain or shine, from 10:00am to 4:00pm. Advance tickets are \$35 and day-of tickets are \$40. Advance tickets may be purchased **Continued on page 4**



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Spencertown Academy from page 3

spencertownacademy.org. via Day-of tickets will be sold at the Academy and at The Market on The Green from 9:00 to 2:30 pm. Tickets and the program guide, with maps and descriptions, will be available to be picked up on the morning of the tour at the Academy or the Market starting at 9:00am.

The Market on The Green will take place from 9:00am to 2:30pm at the Spencertown Village Green, which is located at the intersection of Rte 203 and Rte 7. It will showcase vendors offering plants, home and garden furnishings, birdhouses, antiques, and garden books, plus shoppers will find bargains

1) Dick Tracy's sweetheart

9) Yellow-fleshed fruit

15) Curler's instrument

16) Get hitched hastily

18) Long car, for short

machine

17) Great Lakes city

ACROSS

5) Arizona city

14) Movie spool

19) Well-



on choice garden items and accessories at the Academy's White Elephant Booth. A percentage of all sales benefit the Academy. Admission is free.

This year's botanical art show, "Still Life: Flowers, Fruits & Foods in Repose," features scenes of tabletops and other settings

fruits, and food items provide glimpses into daily life that can be restful, playful, or downright intriguing. Seven artists with distinct styles will present

their visions of peaceful-and sometimes challenging-stilllife renderings. The Spencertown Academy Arts Center Gallery will be open from 9:00am to 5:00pm during Hidden Gardens.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource

where flowers, serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@ spencertownacademy.org.

Creativity Amid Chaos **CALL FOR** SUBMISSIONS

What did you make during the pandemic? Did you paint, write, bake, knit, construct,



image credit:Travailwiki

sculpt, quilt, embroider, build, sew, design, make jewelry, photograph or otherwise create?

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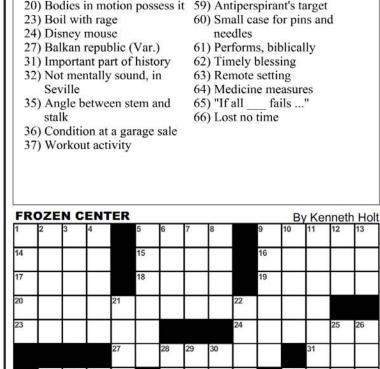
Under the Sun

Awning

The Library Claverack would like to include your work exhibition in an opening in mid-September. Please send an image of one or two works. A brief paragraph illuminating your thoughts or your process or motivation would be helpful, but if not, just supply what you want to see on the label. In the case of writing, send a page that can be framed for display. We will not have space to display more than one or two works from each artist unless they are small. We plan to hang works on the gallery walls, or mount

> sculpture on pedestals, but in some cases (cakes or treehouses, for example) we will display photographs of the work. We'll figure it out. We will accept and catalog submissions as we receive them, but

the deadline to submit is August 31. And yes, there will be an opening party. Send submissions to gallery@ claveracklibrary.org or drop them off at 629 Route 23B. Call the library at 518.851.7120 with questions.



40) Carnival attraction
41) Mighty wind
42) BYU state
43) Pub serving
44) Assets
46) Spanish urban quarter
48) Cars that aren't gas guzzlers
53) Clarinet, in slang
57) Acid type
59) Antiperspirant's target
60) Small case for pins and
needles
61) Performs, biblically
62) Timely blessing
63) Remote setting
64) Medicine measures

- 25) March marchers 26) "
 - on down the road" 28) Former Portuguese territory in China
 - 29) Skater's jumps
 - 30) Cancels

DOWN

1) Arduous trips

2) Bone-chilling

3) Angler's net

4) Frozen rain

Not all

6) Clapton of music

8) Briefly unknown?

9) Illinois River city

12) Jungle creature

22) Boxer Griffith

10) Join, as with a cause

13) Take as one's spouse

21) Pound, as a headache

11) Islands in eastern Oceania

5) Setting

7)

- 32) Girl in Bizet's "The Pearl Fishers"
- 33) Gurney pushers
- 34) Distance runner Sebastian
- 36) Step into character
- 37) Egyptian, often
- 38) Domed home
- 39) Deceptions
- 44) Showy lace loops
- 45) Forever, poetically
- 47) Dentist's request
- 49) Hollyhock holders
- 50) Became a smoker 51) Like some angles
- 52) Negotiated with moguls
- 54) After-bath cover



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	32	2	33	34			35					36				55) Pedestal figure56) Sounds from a pigeon coop	FREE ESTIMATES — EVENING AND WEEKEND APPOINTMENTS AVAILABLE
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61	╈						62					63	1		\square		Eastern Avring Systems, Inc.
64							65					66			\square	Solution page 7	The Best Awnings Under the Sun. LIC/REG. #566507

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Tada! July Gardens of the Month

By Pat Owens

The Old Dutch Village Garden Club has awarded July Garden of the Month to two local gardens.

Taste Budd's Café at 40 West Market Street in the village of Red Hook has been awarded the Business Garden of the month. Taste Budd's has been owned and operated by Daniel Budd since 2005. He takes pride in this outdoor space that is the only garden seating business in the village. Often, he can be seen early in the mornings tending to the flowers. Dan states that his goal is to have a welcoming gathering place for the community. In that regard he has fostered music and visual arts in and out of his café.

The outdoor garden area is a nice addition to sit and enjoy the giant zinnias, annuals and scattered black-eyed susans and Shasta daisies. It is not unusual to see students with laptops and folks of all ages enjoying the food and ambiance at Taste Budd's.

The Residential Garden of the Month has been awarded to Brian Forman and Anthony Barletta at 25 Church Street on the corner of Fraleigh Street in the village of Red Hook. Having moved to the Red Hook area about a year ago, they were looking for a place with a garden in the future. The perfect house was a relatively barren lot which became a beautifully manicured space with a sitting area, waterfall and brick walkway with the requisite shade trees and picket fence. Anthony designed



Hudson River at Clermont Estate. Everyone brings something for sharing and we usually have a plant auction for "pennies". A

lively, lovely time is had by all. The Old Dutch Village Garden Club meets on the second Thursday of each month, except for August, at St. John's Reformed Church in Upper Red Hook at 12:30. New members and visitors are always welcome. Please contact Linda Lawson at 845-758-5653 for additional information. Remember, there are no requirements: you do not have to know anything, you do not even need a garden! Do you have a windowsill that would love a flowering plant?



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Hudson River View - August 2021- 5

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6 - Hudson River View - August 2021

HV Maritime Museum from page 2

org, or call 845-338-0071. "We want people to know that when they purchase tickets for Solaris tours, they are supporting the museum," Lauren notes. "And anything you purchase through the museum supports us."

Solaris has been described as kind of a metaphor for the museum itself. Built on traditional lines, it looks very much like a 19th century steam launch. And yet its other foot is in the future, with solar power and internet

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Says HRMM board member Mark Peckham, "Likewise, the museum has a foot in the past, valuing our heritage, and also looking ahead to the future, where we want to educate people and create a better environment."

In 2020, the co-captains of Solaris, Tanya van Renesse and John Phelan, say they learned a lot from the RiverWise project that has allowed them to grow in their own knowledge of the Hudson and its amazing communities and history. Solaris ventured up

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to Albany, and down to NYC on two separate summer trips that were catalogued as part of the ambitious RiverWise project.

"We learned alot about the Solaris on the trip," according to John. "I used to baby the boat a little more than I did after that trip. The amount of power storage on board [there are sixteen solar panels on the Solaris canopy roof], and also the ability of the panels on a nice sunny day to recharge, is pretty impressive. We were able to be a little more aggressive in the maneuvering, and not have to worry, not have that fuel gauge anxiety. She just always had a full charge."

"Yeah, Solaris is a very cool boat," Tanya agrees. "It's unlike any other boat I've ever driven. It's kind of more like a sailboat than your classic motorboat. It takes a lot of focus. We're constantly checking what our levels are, and seeing if we can have the most efficient ride possible. You know, like keep the straightest line, and go at exactly the right speed. And so that was really fun to play around with. It was a lot of quality time with Solaris."

Though the COVID situation obviously unwelcome was difficult, finding ways and to remain connected to the community and moving ahead with the museum's mission was rewarding, according to Sarah Wassberg Johnson, Director

Dale Hobson

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of Exhibits and Outreach. "I think people enjoyed having this adventure. We were posting sometimes as many as a dozen times a day on Facebook. It

student to instructor ratios. Youth Sailing options currently include multiple three-hour, stand-alone Basic and Clinic Centerboard Sailing classes.



Ron Searl was an exhibition carpenter for 27 years at the American Natural History Museum

was interesting that there was always something to read, follow along with and share. I think that was one of the most valuable parts of RiverWise." The project managed to document literally hundreds of people and stories along the way of the journey, and is still busy putting together documentary clips and footage for release. More on the RiverWise project can be found at www.hudsonriverwise.org. A Learning Hub Along The Hudson

The learning opportunities provided by the Hudson River Maritime Museum don't encompass increasing just knowledge of history. They also are geared to helping people gain real world skills in traditional crafts and endeavors.

There are sailing classes, including courses for adults of all levels, from First Sail, to Basic Centerboard Boat Sailing, specialities like Women on the Water, and more. Youth sailing programs are also available. Since the sailing program began in 2017, all classes have been taught by US Sailing Certified Instructors with small

Woodworking is another specialty where the HRMM offers classes. And Lauren says all programs have discounts available, depending on museum membership. "That goes for our woodworking, and our sailing classes. We're expanding our sailing classes, and anything you purchase helps to fund our educational programs." A River Runs Through Local History

It's hard to overestimate the influence of the Hudson in shaping almost every aspect of local and regional history. Before there were trucks, cars or railroads, there was the river. Towns and industries settled along the Hudson, linked by travel and trade. From Manhattan to Peekskill, and Poughkeepsie through Kingston and on to Albany, with many points in between, the Hudson was the focal point of life and commerce since the earliest settlements of Dutch, English and French.

Of course, before that, the river was the lifeblood of indigenous tribes like the Wappingers, who used access points at what is **Continued on page 7**

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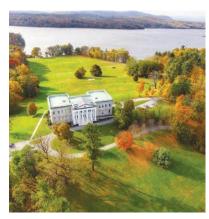
HV Maritime Museum from page 6

now Bowdoin Park, and the Algonquins. The fertile soil along the river made for propitious plantings of what indigeous peoples called the "Three Sisters": corn, beans and squash. Those foods were harvested and dried for use over the winter months. Game including deer, black bears and rabbits were plentiful. The Hudson, unlike many interior rivers, is a complex tidal estuary which ebbs and flows with the Atlantic, northern points contain fresh water. In spring, the salt line can retreat as far south as the Tappan Zee Bay. In late summer, the line can reach Newburgh Bay or even Poughkeepsie, especially during droughts. Due to the nature of Hudson as an estuary, it supports an especially rich biological environment for various species of aquatic life, providing critical habitats and essential spawning and breeding grounds. Without a doubt, the Hudson River will continue to be an ecological, historical — and a scenic and entertaining landmark known the world over. And there are few better ways to learn about and experience the river, than making a visit to the Hudson River Maritime Museum. Hudson River Maritime Museum 50 Rondout Landing Kingston, NY 12401 845-338-0071 info@hrmm.org www.hrmm.org

PHOTOGRAPHIC SCAVENGER HUNT AT STAATSBURGH STATE HISTORIC SITE

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Free outdoor fun and ice cream...who's in? Staatsburgh State Historic Site invites you to explore the beautiful grounds of the Gilded Age estate along the Hudson River (now Mills Memorial State Park) by taking a photographic scavenger hunt challenge. A phone with a camera and walking shoes are all that's needed to complete ten fun riddles on a loop through the



beautiful landscape. All ages are invited to participate. Learn about some of the highlights of the historic grounds around the mansion while having fun! Find the signs on kiosks in the park, and scan the QR code with your phone to get the clue sheet, or visit https://staatshunt.eventbrite.com

Complete the hunt and submit your photographic answers Facebook via messenger (StaatsburghSHS) or email (staatsburghshs@parks.ny.gov). Anyone, or any team, completing and submitting all 10 tasks will win one free ice cream cone coupon, courtesy of Stewart's Shops. Prizes will be available through August or while supplies last. We invite you to post on Facebook or Instagram and tag us or use the hashtag #StaatsburghScavengerHunt.

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Visitors may also wish to enjoy a stroll or picnic along the river, or a hike on the woodland trails beginning in the park.

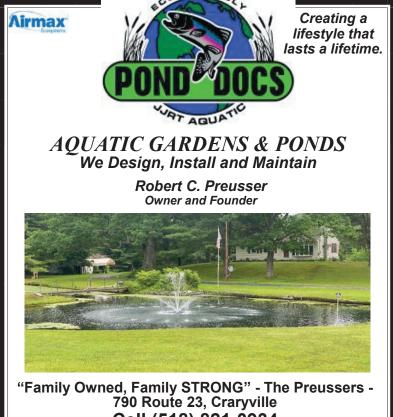
Families may also wish to hike the woodland trails beginning at Staatsburgh, have a picnic, or stroll along the Hudson River after enjoying the scavenger hunt. Staatsburgh State Historic Site is offering many free, outdoor programs this spring and summer. For a complete list and to register: www. Staatsburgh.Eventbrite.com

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old

Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at parks.ny.gov and www. facebook.com/StaatsburghSHS. Staatsburgh's events are listed at www.Staatsburgh.Eventbrite. com and parks.ny.gov/events New York State Office of

Parks, Recreation and Historic

Continued on page 8



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Scavenger Hunt from page 7

Preservation oversees more than 250 individual parks, historic sites, recreational trails and boat launches, which were visited by a record 78 million people in 2020. A recent university study found that spending by State Parks and its visitors supports \$5 billion in output and sales, 54,000 privatesector jobs and more than \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit parks.ny.gov, connect on Facebook, or follow

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us on Twitter. The free New York State Parks Explorer mobile app is available for iOS and Android devices. To download, visit: Google Play Store, NY State Parks Explorer App or Apple Store, NY State Parks Explorer App.

Claverack Library's Book Sale in Peril

The Claverack Library's spring and fall book sales are renowned for the large tents, bake sales, roaming children and families, masses of books and happy people leaving with bags and bags of books. The

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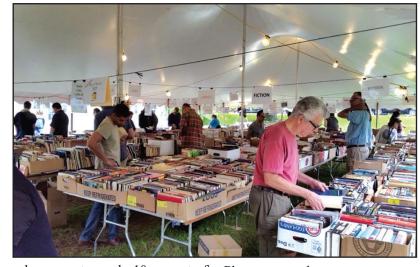
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sales generate nearly 10 percent of the library's annual operating budget.

This long-time tradition is now at peril because of a desperate shortage of volunteers. The success of the sale depends upon the staggering numbers of books donated many months in advance. The books then need culling, sorting and storage throughout the year.

Two weeks before the book sale, help is needed to set up tables beneath the tent, move hundreds of boxes of books from storage to the tables. Once there, books are further sorted and straightened for a week or more of all-day organizing.

When the book sale weekend arrives, cashiers, table neateners, cullers and haulers are needed. After the sale ends on Sunday there are roughly 36 hours to breathe before starting to clean up through the recycling and donating of left-over books, folding tables, and putting away signs and light

Help is needed to keep the Fall Book Sale on the calendar. The library's volunteer forces from many years of this beloved tradition are getting worn out. Please contact the library at https://forms. gle/5NQmB8CnytHRDcm2A, or call 518-851-7120.

Update on Peaches

Peaches, the dog from Cairo, NY that had been a victim of attempted decapitation, multiple stabbings, and being left bleeding for hours, is making a full recovery.

Paula Waldron, who owns Peaches, is accused of the above crimes and is facing felony NYS Animal Cruelty charges. The attack on Peaches happened on June 29, 2021 and, after bleeding for hours, she was brought to Catskill Animal Hospital for emergency medical procedures. Peaches underwent hours of intense surgery to save her life. Miraculously, Peaches survived and was released to a confidential foster home.

"Peaches's recovery is remarkable. Her sutures should come out by the end of this week, and her next step will be her new forever home," said Ron Perez, President of the Columbia-Greene Humane Society/SPCA, adding, "We couldn't be more thankful to our foster home and caregiver." The Columbia-Greene Humane Society/SPCA received Peaches and five other dogs from the Waldron home under a warrant obtained by the Greene County Sheriff's Office Anyone interested in contributing to Peaches's recovery effort can mail donations to CGHS/ SPCA, 111 Humane Society Road, Hudson, NY, 12534 Attn: Peaches or give via the shelter's website at cghs.org.



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The "P" in HIPAA stands for Portability, not Privacy

by Charlotte Michos, RN, MS. CNS. CLNC

People do not have a clear understanding of how HIPAA is put into practice. HIPAA, which stands for Health Insurance Portability and Accountability Act, was established in 1996 as an act to provide consumers with a national standard for handling our medical information. The word "privacy" is not in the name of the act. The "P" stands for 'portability," which reflects the purpose of this act: HIPAA was developed to "modernize the flow of healthcare information" (<u>https://www.hipaajournal.com/</u> is-it-a-hipaa-violation-to-askfor-proof-of-vaccine-status/). To be clear, HIPAA does not result in your health information being totally private and protected; rather, the key purpose is to manage how your health information is handled and transmitted. Here's how it works. With this act we are able to access our own medical records, authorize others to access our information with our permission receive disclosure and notification when our health information is shared. There are many organizations and companies receiving our health information that have nothing to do with our actual healthcare and everything to do with covering the cost. We are more familiar with signing forms that allow our doctors to share information with other healthcare providers and our health insurance companies. These groups are called "covered identities."

But we are less familiar with other companies and organizations (beyond the covered entities) who have access to our health information. They are identified as "non-entities."

- 1. Credit card companies: If you have travel insurance coverage with your credit card, take a look at your credit card notices about disclosure. They have access to your health information. If you are ill or have an injury while traveling, your credit card company covers the costs. Your privacy goes out the window. 2. Employers
- Worker's Compensation: 0 If you have a workrelated injury or illness, you have no choice but to file the claims through Worker's Compensation. Now your employer has access to some of your health information. 0 Employers may require drug-testing, preemployment physicals and periodic physicals for high-risk positions (i.e., exposure to chemicals or working with heavy equipment). There are loopholes and some health information is exposed (https://www.policygenius.com/ blog/who-controls-your-health-

data-a-guide-to-your-rights/) Life, Long-term Care and Disability Insurances, and even Auto and Home Insurance companies: If you want coverage for life, long-term care or disability insurance, you must health provide information upfront as part of the application process. For certain claims

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with home or auto insurance, your health information might be revealed (https://www. gocompare.com/life-insurance/ <u>access-to-medical-records/</u>). Social Security has access to your health records and can obtain them quickly, since this is a requirement for people participating in the disability program: Social Security Disability Program or SSDA https://www.ssa. gov/disability/professionals/ <u>hipaa-cefactsheet.htm</u>) Law Enforcement: If the police need to identify or locate a fugitive, suspect, material witness, or missing person, they can access health information. They obtain this information through subpoenas, attorney letters, or the individual or family (https://www.hhs.gov/hipaa/forprofessionals/faq/disclosures-<u>for-law-enforcement-</u> purposes/index.html)

How do these companies and organizations obtain your health information? It is easy. All your health information (including prescriptions) is stored in what is called "clearinghouses." Remember signing the form that allows your health information to be shared with your health insurance? Well, your health information be "transported" needs to somehow. Clearinghouses electronic are stations or hubs that allow healthcare practices to transmit electronic claims to insurance carriers in a secure way that protects patient health information. This system maintains your Protected Health Information (PSI), which includes 18 elements such as name & demographics, your SS #, dates of all admissions & discharges to hospitals, ERs rehabilitation centers, etc. But the clearinghouses also maintain a list of all your diagnoses and prescriptions. Yes, they are secure and you have given your permission to disclose this information, but these clearinghouses are also accessed by the above-noted non-entities. For example, when a physician wants to purchase disability insurance coverage (to protect income and family), the clearinghouse provides all this personal health information to the insurance company in order to determine acceptance or denial of the insurance. There is misinformation in regard to privacy and HIPAA on the other end, such as the times when we find ourselves unable to obtain updates about a family member's medical condition. However, there are circumstances when a physician can use his/her clinical judgment to disclose information and yet we mistakenly hear "It's a HIPAA Violation" when it is not (https://betterhealthwhileaging. net/hipaa-basics-and-faqsfor-family-caregivers/). This applies to COVID vaccine status as well. When people ask the question - "Is it a HIPAA Violation to Ask about COVID Vaccines?"- the answer: is "No." According to the HIPAA Journal: "Any organization can ask any

employee, customer, or relevant third party whether or not they have been vaccinated against COVID-19 without violating HIPAA. However, before asking the question, organizations should be prepared for how they will respond to individuals' answers, or how they will respond if an individual refuses to answer the question" (https:// www.hipaajournal.com/is-it-ahipaa-violation-to-ask-for-proof-<u>of-vaccine-status/</u>). Reminder: The sole purpose of HIPAA is portability, not privacy. Thus, the question can be asked without violation, but caution must be taken as to "how" the information is utilized (For example, one cannot infringe on protocols of the American Disability Act). This is where people get mixed up about privacy and HIPAA. With COVID-related health issues, we are dealing with a public health crisis, and communicable diseases are reportable to the departments of health for our safety. "Protecting the privacy of individually-identifiable health data and promoting the public's health often seem at odds, but health data are the lifeblood of public health practice (https://www.cambridge.org/ core/journals/journal-of-lawmedicine-and-ethics/article/abs/ health-information-privacy-andpublic-health/0D5035F5D785 <u>3DAA740921CE8263C0C7</u>). Here in NYS, the following guideline was set on June 15, 2021: Individuals must present their vaccination records if a business or organization requires it. "Unvaccinated or unknown vaccination status individuals who are over the age of four must continue to present proof of a recent negative COVID-19 diagnostic test result and wear masks within the venue" (https://www. governor.ny.gov/news/governorcuomo-announces-covid-19restrictions-lifted-70-adult-newHudson River View - August 2021-9

yorkers-have-received-first). In summary, there is widespread misunderstanding of HIPAA, its Privacy Rule and the use of our health information (https:// privacyrights.org/consumerguides/health-privacy-hipaabasics). People are quick to toss out the phrase - "It's a HIPAA violation"-when they really have no understanding of its function.

For more information, visit the website: https:// betterhealthwhileaging. net/hipaa-basics-and-faqsfor-family-caregivers/

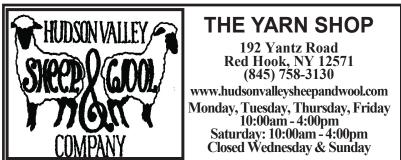
Charlotte Michos is a clinical nurse specialist who serves as a Healthcare Consultant in helping others make informed decisions about their health. For more information, products, and to view previous articles visit www. besthealthconsultant.comoremail charlottemichos@icloud.com

ALZHEIMER'S ASSOCIATION **TO OFFER FREE VIRTUAL PROGRAMS IN** AUGUST

The Alzheimer's Association Hudson Valley Chapter will host the following free virtual events via Zoom in August. To register for any of these programs, call the Alzheimer's Association at 800.272.3900.

Something for Alz: Summer 12:30-1:30 Vacation: p.m. Wednesdays, Aug. <u>4</u>, <u>11</u>, and <u>25</u> and 10:30-11:30 a.m. Wednesday, Aug. 18. A virtual concert series for people with dementia and their loved ones held on Wednesdays in August featuring a different performer each week. Something for Alz: Mindful Movement: 10:30 a.m. to 11:30 a.m. Thursdays, Aug. 5, 12, and 19. A free virtual movement program for people with dementia and their loved ones. Participants are guided in gentle movements

Continued on page 15





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God's Corner

Peace of Mind

By Naomi Fata Inner peace depends a great deal on what is in your mind. It is the things you tell yourself, or the things you ruminate on that contribute to the anxiety with in or the lack of peace that you feel. Throughout our lives, from the time of childhood, there are words spoken over us or to us. If we are not on our guard these words can take root in our minds and cause a great deal of destruction. I know a recent high school graduate whose grandmother told him a number of years ago, that he would be just like his grandfather who died of a heart attack. These would

ARE YOU **READY? JESUS IS** COMING! **Grace Bible Fellowship Church** Located at the intersection of Rte 9 & Rte 9G, Rhinebeck, NY (1/4 mile north on Route 9 in the town of Rhinebeck) 845-876-2122 Sunday Services 10:45 am and 6:00 pm **Grace Bible Institute Course**

for the Fall will be: The Pastoral Epistles. The Course will begin on Monday, Sept. 13 at 7:00 pm. The Women's Bible Study will begin the same night and time. The topic of their Bible Study will be: A Stress-Free Life -The Book of Philippians.

For information about Grace **Bible Fellowship Church**, please call (845) \$76-6923 or (845) 876-2122 or email us: cdfcirone@aol.com

settle into this young man's mind. Now he has a great deal of anxiety because he is concerned that he may die of a heart attack. In fact, it has become so bad that he panics anytime he is alone.

This is one example of the impact of the words spoken to us and how deeply just one conversation can affect our lives. Perhaps you've had words spoke over you that say you are a failure, or blame you for something you didn't do.

Peace requires a clear mind. In her book Sacred Rest Dr. Sandra Dalton calls the chatter of the mind, cerebral background noise. Ideas and plans are born here but the toxic selfdestructing thought patterns also live here in the internal monologue. This can leave you with the inability to concentrate on other, more important things.

The Bible admonishes us in Romans 12:2 to be transformed by the renewing of our minds. Part of this renewal means knowing who you are. If you have accepted Christ as your Savior and have begun the journey of having a personal relationship with Him, you are called a child of God - you are a child of a king. Children of a king think differently. They have confidence because they know who their father is and how much power he has. This means that when the cerebral background noise in your head is causing fear and anxiety, you have to interrupt it with truth. If your internal dialogue says you are a failure, feed yourself the words of Scripture in Jeremiah 29:11 that say He has a plan for you, a purpose for your life. The Bible is full of so many more truths to grab onto, to speak over yourself, above the toxic dialogue in your head. It becomes

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a battle for peace of mind. Whatever internal dialogue you have going on today, may you quiet it with the truth of God's word.

Ambassadors for Christ

"Now then we are ambassadors for Christ, as though God did beseech you but bywe prayin's sake, be ye reconciled to God" (2 Corinthians 5:20). The Bible declares that Christians are Citizens of Heaven."For our conversation(Citizenship) is; from whence also we look for the Saviour, the Lord" (Philippians 3:20).most of you reading this are Citizensthe Unitedof America. Spiritually speaking as Believers our Citizenship is in Heaven and we are AmbassadorChristthis Earth.We represent Christ and the Truth of God's Word to this Earth.an Ambassador isthis Countryto another Country they represent he Country fromwere sent.Likewise,represent the LordJesusandtoworld.

The Lord Jesus Christ told His Disciples that they were to be His Witnesses."Butafter that the Holy Ghost is come upon you: and ye shall beuntoboth in, and in all Judea, and in Samaria, and untouttermost part of the" (Acts 1:8).

Ambassadors for Christ are the Lord's Witnesses.As Witnesses, Believers are toGoodto those who need Christ.Ambassadors are entrusted withMinistryby thein order to bring peopleChrist.

Lets be diligent in telling People about the Lord Jesus Christ.By Believing on HimReceivinginto their lives they can have Eternal Life."For God so loved the,he gave his onlySon, that whosoever believeth in himperish, have everlasting life" (John 3:16).

If you would like to know more about being an Ambassador for Christ, or how to be o God, contact us by Email at: cdfcirone@aol. com or by Phone(845) 876-2122 or (845) 876-6923.Bible Fellowship Church is located at theof Route 9 and Route 9G,/4 Mile NorthRoute 9 in, N.Y. Frank L. Cirone, Pastor.

Germantown Garden **Club Decorates** for High School Graduation

ceremonies. Materials are both purchased and supplied from home gardens. Usually commencement is held the on a Friday night. With the year of the Covid-19 virus the ceremony was held on outdoors on Saturday morning, June 26. This is one of the projects that the club is involved in that allows members to give back to the community for all their support throughout the year.

For a more in-depth look at the Germantown Garden Club's programs and activities their website: visit new germantowngardenclub. org and find them on Facebook . You can also call President Fran Bufi at 518-537-4868.

The Germantown Garden Club is a member of Third District, Federated Garden Clubs of New York State, Inc., Central Atlantic Region and National Garden Clubs.

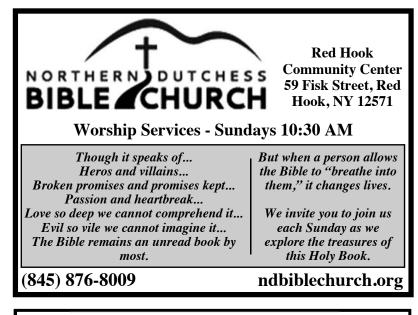


Chicken BBQ

Saturday, August 7th from 4 to 6 pm drive thru only at the Ghent Reformed Church located at 1039 County Route 22 in West Ghent, a mile or so north of the Columbia County airport off Route 9H. Call Dick Leggett (518-392-2062) or the Church (518-828-5946) reserve to tickets. Please pre-order to insure success. Full dinners will be \$15 and a half a chicken will be \$6. Looking forward to seeing you.

She Loves Me at The **Mac-Haydn Theatre**

August 12-22, 2021 Showtimes: Wednesday (8/18) 2pm (*week two only) Thursday (8/12 and 8/19) 2pm & 8pm Friday (8/13 and 8/20) 8pm Saturday (8/14 and 8/21) 4pm & 8pm Sunday (8/15 and 8/22) 2pm & 7pm Price: \$42.00 Address: 1925 NY-203 Chatham, NY 12037 United States Phone Number: 518-392-9292 Website: www.machaydntheatre.org Ticketing Information: <u>http:/</u> www.machaydntheatre.org/she loves-me-2021/ Facebook: https://www.facebook com/MacHaydnTheatre/





Join us for Sunday Worship services: 8:30 am – Memorial, 1232 Rte. 308, Rhinebeck 9:45 am - Third, 31 Livingston St., Rhinebeck 11:00 am - St. Paul's, 7412 So. Broadway, Red Hook Visit our Facebook page and like us

Located at 9 Astor Drive, Rhinebeck Phone: 845-876-4300 www.firstbcrhinebeck.org Sunday Morning Service 10:30am Wednesday Night Prayer Service 7pm Youth Nights on Fridays at 6:30pm

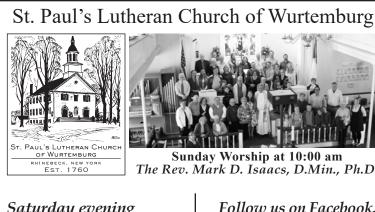
Each year the Germantown Garden Club creates floral decorations for the Germantown High School commencement

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www.lutheranparishnortherndutchess.org Rev. James Miller, Pastor 845-876-4471



Sunday Worship at 10:00 am The Rev. Mark D. Isaacs, D.Min., Ph.D.

Saturday evening worship service 5:00pm Sunday morning worship service 10:00am

Follow us on Facebook. View our weekly services on YouTube under Rev. Dr. Mark D. Isaacs.

371 Wurtemburg Road Rhinebeck, NY 12572 (1 mile south of Slate Quarry Rd., off Rt. 9G) 845-876-7697 www.stpaulswurtemburg.com

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Friday, August 27th, 9-4 Saturday, August 28th, 9-3 Sunday, August 29th, 11-3

Come browse our well-orgainized items... We are back inside this year! We have Jewelry, Children's Toys, Household Items, Furniture, Linens, Seasonal Decorations, Books, and Much More!

St. Christopher's School, 30 Benner Rd., Red Hook, NY

Osteoarthritis in Cats

By Dr. Julianne Porter

Cats are unique – they are unlike dogs and often distinct even from each other. A major difference is that cats are really good at hiding their pain. They act differently than a person or dog would and it makes it difficult to accurately assess their comfort. A common cause of pain in cats as they get older is arthritis, but because of the difficulty in determining their pain, it is a drastically under diagnosed problem. Arthritis, also known as osteoarthritis, is a degenerative condition of the joints. It is chronic, progressive, and can develop from a trauma, a congenital abnormality, or just every-day wear and tear. Arthritis can affect any joint space, including the cartilage, joint capsule and associated bones but it typically affects the hips, knees, ankles and elbows.

It also tends to affect the joint spaces between the vertebrae. There are signs at home that can indicate there may be a problem. Cats may no longer jump or seek out higher locations. They may avoid the litter box, especially if it's in a "far away" location such as down in the basement – or if the sides of the box are relatively high and it would require them to take big steps to get in or out. They may also have a personality change they could be more withdrawn, less social or start growling, biting, or scratching more. A diagnosis can often be made

on physical exam, but imaging such as x-rays is also very helpful. They can pick up more cases and assess the severity of arthritis. Approximately 90% of cats with arthritis will have radiographic evidence, however only 50% will have clinical signs.

There are options to help alleviate discomfort, slow the progression and improve overall • quality of life. A big help is weight management as overweight cats are more prone to arthritis due to the added pressure on their joints and less active lifestyle. There are also supplements (typically omega 3 fatty acids glucosamine/chondroitin) and and medications that can help. Modifying their home by using ramps/steps, moving their litter box and providing one with lower sides or an opening to walk in, and offering soft bedding in multiple locations may also help. In dogs, physical therapy (including LASER and acupuncture) and surgical techniques are relatively common, but in cats these areas are just beginning to be explored.

Our pets cannot typically directly tell us that they are not well, so it is up to us to look for cues, but also to have them evaluated at least annually. If arthritis is suspected, it should be addressed as soon as possible the earlier the above treatments are implemented, the more rewarding the results are. Also, talk with your veterinarian about the treatment options. Every kitty is unique and their treatment plan should be tailored to them as well.

Bark Busters Offers Back-to-School Tips Post Pandemic for Families with Dogs

Presented by Barbara Sweeney Fassett And Bark Busters Home Dog Training Dutchess County

When kids go back to school, the stress can be huge on the family, including the dog. This year is possibly going to be more stressful for our canine companions when returning to school means that everyone will be away from home during the day, leaving the dog alone and wondering where everyone has gone. This abrupt change in routine can seriously affect our furry friends, who are creatures of habit. But with a little understanding and preparation before the first day of class, families can avoid many of the back-to-school behavior problems their dogs might display. Separation Anxiety

With everyone gone to work or school during the day, dogs left alone can become stressed, often resulting in destructive behaviors and endless barking. These tips can help reduce the potential anxiety of separation. Pay less attention to him: While your dog may be the center of attention when the kids are home all day, you need to change this scenario before they return to school so that he can adjust more quickly to the quiet time. About a week before school starts, pay increasingly less attention to your dog each day. Start early: A few weeks

Practice leaving the house: Go through the motions of leaving the house, go out the door, but then come right back in again. The dog will cease associating the routine of your leaving the house with your departure. This will help him to be more relaxed when you actually leave. When you leave: As the last person leaves the house for the day, don't confuse your dog by saying in a sweet voice, "It's okay, Rover, we'll be home soon. Be a good boy." If he is feeling Hudson River View - August 2021-11

you're concerned that leaving, your happy, highpitched voice can make him think it's okay to feel anxious. Dogs are pack animals and so they expect their leaders to be strong when they leave the pack. Therefore, ignore your dog for about 10 minutes before you leave. Boredom

Dogs sleep a lot during the day, but when they wake up, they want something to do. It doesn't take much to entertain a dog, even when you're not at home.

Continued on page 14



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before your children return to school, get your dog used to being alone. Begin by separating him from the kids and the rest of the family. For example, if you frequently take your dog with you to run errands, leave him at home.

'Adoption Center." If you would like more information, you can send an email to info@PANT.org or call (845) 486-7075.



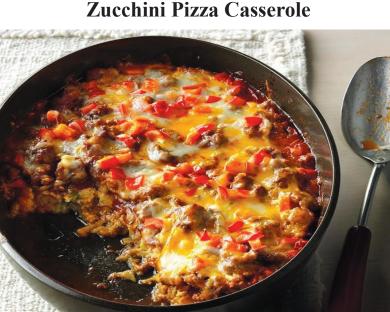
August 2021 Events at Clinton Community Library

Summer Reading Finale: Puppet Show with Paper Heart Puppets

Saturday, August 7th at 12:00 PM Outside the Library Join Mr. Bunny, a door-todoor vegetable salesman, as he journeys beneath the earth, into the sea, and even to outer space in search of carrot customers. Presented by Paper Heart Puppets. Ages 3 and up welcome. Program will move indoors in the event of inclement weather. Summer Concerts

July 16th-August 13th





Fridays, 6:30 PM-8:00 PM

Annual summer concerts return to the Clinton Community Library with a variety of music you are sure to appreciate! Come sit back, relax, and enjoy the warm nights with us. Special guidelines remain in place this year: Please bring your own chair and respect social distancing guidelines (patrons that come to the concert together may sit together as a group). The concert will be cancelled in the event of inclement weather (rain, excessive heat, etc.) because we cannot safely move the performance indoors. All concerts will be held from 6:30 PM - 8:00 PM. We encourage you to bring your own refreshments to enjoy during the performance. Bottled water will be available for a donation to the library. August 6, 6:30 PM - 8:00 PM | Grandpa Joe's Washboard Band August 13, 6:30 PM - 8:00 PM | Cherished Memories Mah Jongg

Tuesdays, 2:00 PM–4:00 PM Clinton Town Hall

Players of all levels are invited to play Mah Jongg right here in the library! If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll want to give Mah Jongg a try! **StoryWalk at the Library** May 2021–October 2021

Check out our new StoryWalk at the Clinton Community Library! What is a StoryWalk? It's a series of pages from a book that are posted around the library property. Families can walk and read together. Look for the start of the story by the gazebo, then follow the pages around the ball field to read a wonderful tale. Remember to sign our guest book at the end of your stroll! Ages 3-8 recommended. The StoryWalk Project was created by Anne Ferguson of Montpelier, VT, developed with the help of Rachel Senechal at the Kellogg-Hubbard Library.

Gazebo Story Time

Tuesdays at 10:30 AM

Gazebo outside the Library Soak up every minute of sun this summer! Story Time has moved outside. Enjoy songs, stories, and play by the gazebo outside the library with Miss Susan. Please bring a chair or picnic blanket support the goals and programs of the Library through advocacy, hospitality & fund raising. For more information or to join, email Carol at <u>cbancroft@</u> <u>clintoncommunitylibrary.org</u>. **Tai Chi**

Mondays PM at 4:00Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension. Funding for Optimistic Aging programs is provided by the **Dutchess** Northeast Fund of the Berkshire Taconic Community Foundation. **Chair Yoga**

Friday, August 6th & 20th at 11:00 AM

Samantha Free guides you through the basics of breath, meditation, and movement. This class will help you stretch and strengthen. Please bring your own yoga mat. Register online or call the library at 845-266-5530. Registration is required for this program. Funding for Optimistic Aging programs is provided by the Northeast Dutchess Fund of the Berkshire Taconic Foundation. Community **All-Level Yoga Online** 10:00 Saturdays, AM

Online via Zoom Join Mia Tomic and explore classical seated, standing and supine yoga poses linked with breath in a creative way to stretch, strengthen, and rejuvenate your body, breath, and mind. Email <u>miayoga7@</u> <u>gmail.com</u> to sign up. (You will only need to register once.)

Qi Gong with Vince

Mondays & Wednesdays, 9:30AM Online via Zoom

Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension. Email <u>clintonlib1215@</u> <u>gmail.com</u> for the link. Funding for Optimistic Aging programs is provided by the Northeast Dutchess Fund of the Berkshire Taconic Community Foundation.

Yoga in the Park

Wednesdays at 6:00 PM Behind ball field next to Library

Join Mia Tomic for yoga in the park! Please bring a yoga mat, towel and water. Social distancing & mask are required. Masks will not be worn during class. All levels welcome. *Registration is limited and required for every session. Please email Mia at <u>miayoga7@</u> <u>gmail.com</u> to register or sign up in a previous class. **Tech Help**

In-person, online or by phone Drop-ins&appointmentsaccepted Do you need help with your

Continued on page 14



Ingredients 4 cups shredded unpeeled zucchini 1/2 teaspoon salt 2 large eggs 1/2 cup grated Parmesan cheese 2 cups shredded part-skim mozzarella cheese, divided 1 cup shredded cheddar cheese, divided 1 pound ground beef 1/2 cup chopped onion 1 can (15 ounces) Italian tomato sauce 1 medium green or sweet red pepper, chopped

Directions

Preheat oven to 400°. Place zucchini in colander; sprinkle with salt. Let stand 10 minutes, then squeeze out moisture.

Combine zucchini with eggs, Parmesan and half the mozzarella and cheddar cheeses. Press into a greased 13x9-in. or 3-qt. baking dish. Bake 20 minutes.

Meanwhile, in a large saucepan, cook beef and onion over medium heat until meat is no longer pink, breaking meat into crumbles; drain.

Add tomato sauce; spoon over zucchini mixture. Sprinkle with remaining cheeses; add green pepper. Bake until heated through, about 20 minutes longer.

to sit on for your comfort. Program will move indoors in the event of inclement weather. Social distancing guidelines will be followed and masks are recommended. Registration is not required for this program. Tea Time Book Club Thursday, August 19th at 2:00 PM In August, the Tea Time Book Club is discussing The Authenticity Project by Clare Pooley, "a story about a solitary green notebook that brings together six strangers and leads to unexpected friendship, and even love." Call the library at 845-266-5530 to reserve your copy. Friends of CCL Meeting Monday, August 30th at 4:30 PM Online via Zoom Are you interested in becoming a Friend of the Clinton Community Library? Friends



Kim Koehler

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Corona Confusion?

All About Travel will be here to help guide you to your next adventure. The travel industry has been severely impacted. Travel policies and procedures are evolving daily. We will be here for you to plan travel and keep you informed so that your experience is safe and enjoyable. Look to the future and let us be there when the time comes that you are ready to travel.



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Barkbusters from page 11 Toys: Dogs love toys, but

they can quickly get bored with or destroy them. Buy high-quality, virtually indestructible puzzle toys that your dog will always enjoy, such as those that hold treats like Bark Buster's Game Changer™ and KONGTM. A frozen marrow bone would occupy him for a while as well. Every few days, rotate what toys are available to him. This gives your dog something new and fun to hold his interest. Scatter food: Dogs are natural foragers who enjoy looking for food on the ground-and will literally spend hours doing so. Scatter a variety of foods-such as bits of raw vegetables, dog kibble, and other foods around when you leave. Try hiding a few treats so your dog spends extra time looking for them. And always provide lots of fresh, clean water to keep your dog well hydrated. Shelter

Large &

Small Jobs

"home," a place where they feel secure and comfortable. If your dog doesn't already have a place of his own, create one for him.

- Crate: Most dogs love the safety of a crate. Because they are descended from animals that live in dens, a crate is a natural shelter for a dog because it has the same characteristics of a den. If your dog hasn't been crate trained, don't start training him the day the kids leave for school. That's too late and can actually add to his stress. When your dog has become accustomed to his new crate, do not leave him there for extended periods of time. If you plan to be away longer than 10 hours for a dog and 6 hours for a puppy, ask a friend to come by to let your dog out to toilet during that time. Laundry room: If your dog will be inside all day and you are concerned about
- extra time looking for them.
And always provide lots of
fresh, clean water to keep
your dog well hydrated.you are concerned about
him toileting in the house,
enclose him in a small room
or even a pen (which inhibits
the tendency to toilet) and
has an easy-clean floor of

vinyl or tile (in case he has an accident). Place a soft bed and toys in the room for him too. **Unusual Behavior**

When dogs are stressed, they can begin to exhibit unusual behaviors, such as jumping up or even biting. It is not uncommon for children to come home from school and be greeted by the dog in an unnecessarily rough manner, even knocking a child to the floor. After being left alone all day, the dog has pent-up energy—and when he sees the kids, his excitement might cause him to overreact.

Train the kids: Parents need to train their children to avoid going right to the dog's area as soon as they get home. Kids should ignore the pet for five minutes or so to allow him to settle down. With young children, it is always best to have a parent present to reduce the chance of a problem. Once your dog learns the routine, he will relax. Train your dog: It is amazing how quickly dogs learn what is acceptable and what is not. Dogs have a language of their own and once we understand it, we can easily control them by "speaking their language." Bark Busters specializes in using dogs' natural, instinctive communication methods as the way to train them. It's simple, and it works. And the results?

Happy Dogs = Happy Families

Bark Busters is the World's Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build а relationship with the dog based

on trust, respect and bonding.

Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 15+ years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west.

For more information about Bark Busters, please visit our website at <u>www.BarkBusters.</u> <u>com</u> where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by "liking" us on Facebook at <u>https://www.facebook.com/</u>

Clinton Community Library from page 12

Kindle, tablet, smart phone or computer? Would you like to know how to check out eBooks and audiobooks on Overdrive or Libby? Do you need assistance using Facebook, Twitter, Instagram, or Craigslist? Our teen tech expert Samantha will help answer your questions in-person or virtually. Dropin anytime on Saturdays between 9AM-1PM or email <u>clinton.techhelp@gmail.com</u> to set up an appointment. **About Clinton Community Library** located at 1215 Centre Rd. in Rhinebeck, NY. The library is open Mondays, Tuesdays, and Thursdays from 9-5, Fridays from 11-7, and Saturdays from 9-1. It is adjacent to the Clinton Town Hall. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit<u>http://</u> clintoncommunitylibrary.org

2021 DUTCHESS COUNTY FAIR EXHIBITOR HANDBOOK GOES ONLINE

The Dutchess County Fairgrounds will once again, be the site of the 175th Dutchess County Fair from August 24 – 29th. This year's deadline for the competitions is fast approaching with August 1st right around the corner. The 2021 Dutchess County Fair Exhibitor Handbook is available at www.dutchessfair. com. The handbook contains the entry forms, deadlines, rules and class lists for every contest offered at this year's fair. People without internet access can contact the entry department at 845-876-2789 for assistance. The Dutchess County Fair celebrates homegrown agriculture and the best of the Hudson Valley. The fair features a carnival, free entertainment, livestock shows, competitive exhibits and more family friendly fun. For more information, please www.dutchessfair.com.



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Alzheimer's Assoc from page 9

according to their ability as a means of self expression. No prior experience is necessary. Led by Taryn Smith, who is a creative movement facilitator, dancer and expressive arts therapist. <u>Something for Alz: Musical</u> Moments: 11 a.m. to noon Saturdays, Aug. 7, 14, 21, and 28. An interactive musical program for people with dementia and their loved ones with music Timothy Doak. therapist AlzWell Social Club: 1-3:30 p.m. Saturdays, Aug. 14 and <u>28</u>. Creative interactive fun dementia people with for their loved ones. and Healthy Living for Your Brain and Body: Tips from the Latest Research: 11:30 a.m. to 12:30 p.m. Monday, Aug. 16. Join us for a free virtual educational program by the Alzheimer's Association in partnership with the Town of Greenburgh with information on diet, nutrition, exercise, cognitive activity and social engagement. Get hands-on tools to develop a plan for healthy aging. Call or email Tina Harper to RSVP, THarper@greenburghny. at <u>com</u> or 914.989.3620. With questions, call the Alzheimer's Association at 800.272.3900. Signs of 10 Warning Alzheimer's: 10:30-11:30 a.m. Tuesday, Aug. 17. Learn about 10 common warning signs and what to watch for in yourself and

others. This free virtual program by the Alzheimer's Association in partnership with the Bronxville Public Library explores typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis and the diagnostic and Alzheimer's process Association resources. Alz Across New York: Visit the **Brooklyn Botanical Garden:** 2-3 p.m. Wednesday, Aug. 18. Join us for a free virtual social program for people with dementia and their family caregivers. Alz Across New York is a series of online events exploring cultural attractions across New York State. This particular program involves a virtual tour of the Brooklyn Botanical Garden. **Understanding** Alzheimer's and Dementia: 11:30 a.m. to 12:30 p.m. Monday, Aug. 23. Join us for a free virtual program by the Alzheimer's Association in partnership with the Town of Greenburgh. Learn about the impact of Alzheimer's, the difference between dementia and Alzheimer's, disease stages and risk factors, current research and treatments as well as Alzheimer's Association resources. Call or email Tina Harper to RSVP, at THarper@greenburghny. <u>com</u> or 914.989.3620. With questions, call the Alzheimer's Association at 800.272.3900.

Healthy Living for Your Brain and Body: Tips from the Latest Research: 10:30-11:30 a.m. Tuesday, Aug. 24. Join us for a free virtual educational program by the Alzheimer's Association in partnership with the Bronxville Public Library with information on diet, nutrition, exercise, cognitive activity and social engagement. Get hands-on tools to develop a plan for healthy aging. Virtual Tuesday Social: 11:30 a.m. to 1 p.m. Tuesday, Aug. 24. A virtual social event for people with dementia and their loved ones. Warning Signs 10 Alzheimer's: 11:30 a.m. to 12:30 p.m. Monday, Aug. 30. Learn about 10 common warning signs and what to watch for in yourself and others. This free virtual program by the Alzheimer's Association in partnership with the Town of Greenburgh explores typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis and the diagnostic Alzheimer's process and Association resources. Call or email Tina Harper to RSVP, THarper@greenburghny. at com or 914.989.3620. With questions, call the Alzheimer's Association at 800.272.3900. These programs are supported

in part by a grant from the New

York State Department of Health.

alz.org/hudsonvalley.

and maximizing

of

International Clown Week and to gather a variety of engaging, energetic fan photos to create a vibrant memory album. As she aims to document her enthusiastic celebration, she'll be inviting the community to share her comedy and receive a red clown nose. A "best album" honor (known as the CHARLIE Award: Clowns Have A Real Love in Everyone) will be awarded by Clowns of America International in 2022, a contest where Reynolds will submit her memory-book. A professional clown performer and magician for decades, the International Clown Week festivities coincide with Reynolds' 30th anniversary of Bee Bee lacing up her first pair of big red clown shoes.

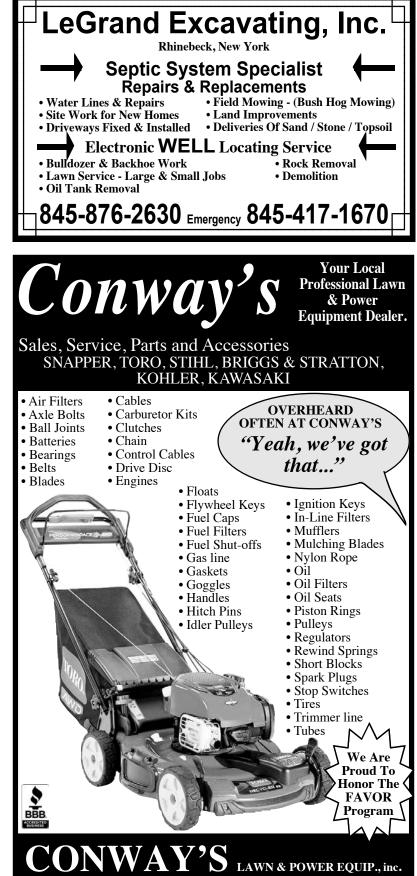
Since switching careers from a chemical engineer at Polaroid in the 1990s, Reynolds has entertained thousands of families in the Hudson Valley as a clown, magician, ventriloquist and balloon artist. While Reynolds is looking forward to participating in the album contest, she is most excited about sharing the joy that can be found in "kindness,



Hudson River View - August 2021-15

laughter, and respectfully acknowledging the fool in most all of us," she says. "A bonus is for me to enter my 'celebration album' in this worldwide competition." Bee Bee will be visiting local preschools, summer camps, and businesses during the first week of August to share laughter and joy, and to give away red clown noses. "I'm hoping to get the Hudson Valley

Continued on page 16



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Valley appearances in celebration of International Clown Week

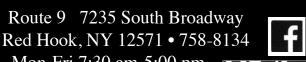


Bee Bee The Clown welcomes kids, families and communities to join in local spirit, goodwill, and fun with fan photo-ops to help create a festive memory-book album Bee Bee the Clown, also known as Milan's Jackie Reynolds, is celebrating International Clown Week Aug. 1-7, 2021 with a variety of pop-up appearances throughout the valley. Her multi-stop tour is both to mark

Business

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Hudson Valley & Catskills Region Real Estate Brokerage Coldwell Banker Village Green Realty Opens New Office in the Dutchess County Town of Red Hook, N.Y.

Today <u>Coldwell Banker Village</u> Green Realty announced the opening of its new office at 7484 South Broadway (Route 9), Red Hook, N.Y., enabling the company to provide exceptional real estate services to one of the Hudson Valley's most vibrant communities and its surrounds. "We have always loved how Red Hook feels, as a town and as a community," says <u>Candida</u> Ellis, co-owner, with Joan Lonergan, of the Coldwell Banker franchise. "It felt really right to us to make this move. When the decision came to a pivotal point, I

looked at what I thought the future was going to hold in Dutchess County and the towns where we want to make our mark. This seemed like a natural choice." Guy Barretta, Chief Operating Officer of Coldwell Banker Village Green Realty, says, "As Coldwell Banker Village Green Realty looked at the landscape of Northern Dutchess County for a potential office opening, the town of Red Hook, N.Y., simply stood out to us. Candida and I felt the convenience to Columbia, Ulster and Greene counties, the town itself and the ability to get to other parts of Dutchess

County made Red Hook the ideal location. It didn't hurt that the town has welcomed us with open arms and that everyone has been so friendly! While the office opening was a little challenging due to the pandemic, it gave us more time to put our vision on our space and really give our agents a great place to work." Coldwell Banker Village Green

HOULIHAN LAWRENCE

been serving the Red Hook, N.Y. community for years from the company's other offices. Agents Allison Morelle, Jason and <u>Maarten</u> Weiner, <u>Reilingh</u>, live in Red Hook while Lindsay Allen, Solomon Anidjar, Joel Craig, Joanne Galluscio, Christine Hinz, China Jorrin, John Lenahan, Feng Liu-Winham, and Kara Winters live by in close neighboring towns. "After having spent the last year seeing the outside world mostly virtually, it is so welcoming to have the home base that is our Red Hook office," said Morelle. "I can meet clients, network with agents or just get in productive office time. I'm so excited to be part of this amazing community that I also call home!" Reilingh said, "I love having the office a few steps from home! It has all the tools I could possibly need, it's a comfortable and stylish place to meet clients and it contributes to the vibe of the neighborhood with art on the walls and a relaxing patio." As locals, the agents at Coldwell quaint architecture,

Realty's real estate agents have

Banker Village Green Realty's Red Hook office already know what the influx of real estate buyers who have been escaping the city during the pandemic and scouring the Hudson Valley for property have only recently become aware of; they know the allure of Red Hook, N.Y., and the other charming nearby villages in **Dutchess and Columbia Counties** (Tivoli, Rhinebeck, Germantown, Staatsburg, and Pine Plains) that all offer friendly community, good coffee, unique small businesses, and star-lit skies at night. Coldwell Banker Village Green Realty has served the Hudson Valley for three decades, with six offices in Woodstock, N.Y., Kingston, N.Y., New Paltz, N.Y., Catskill, N.Y., Windham, N.Y. and Red Hook, N.Y.

Popular Local Clown from page 15

community represented by way of our amazing people in recognition International of Clown Week!" exclaims Reynolds.

A free spotlight performance, open to the public, in collaboration with Little Pickles Children's General Store, 7505 N. Broadway, Red Hook will be held on Fri., Aug. 6th from 3:30pm to 6:30pm. The public is invited to enjoy a visit with Bee Bee, share her comedy and fun, and receive their own red clown nose. In addition, a "Bee Bee" ribbon cutting will be held at the offices of the Dutchess County Regional Chamber of Commerce in Poughkeepsie on Tues., Aug. 3rd at 4pm. The full proposed schedule of appearances can be found below.

It was President Nixon who felt the role of humor and clowning was so important that, in 1971, he signed a national proclamation naming August 1st to August 7th as "Clown Week." Since that time i has been recognized throughou the world by the World Clowi Association and Clowns o America International. Reynold will assemble her album filled community celebrations, along with proclamations fron local towns/communities and officials for the internationa CHARLIE Award submission Bee Clowi Bee the "International Clown Weel Celebration" - Two dedicated event dates* for the public to join in for fan photo ops plus additional public pop uj appearances. For questions, o to learn more about how the community or organizations cai help submit a celebration picture a Certificate of Recognition or a Proclamation for Internationa Clown Week, to be included in Bee Bee's album, please contact her by Fri., Aug. 6

About Bee Bee The Clown: A former chemical engineer, Jackie Reynolds has been delighting the region as Bee Bee the Clown (and Jackie the Magician) for thirty years. She proudly brings joy, laughter and fun to kids, families and the community with her clown performances, magic, juggling, balloon art and ventriloquism. She is also an author of several children's books and a member of the World Clown Association and Clowns of America International. More can be found at her website (a) <u>beebeetheclown.com</u> and (a) BeeBeeTheClown on facebook. Bee Bee the Clown: Additional locations may be added to the schedule: Aug. 1 - Aug. 7, 2021 **Performance** - Appearances for International Clown Week. > Sun. Aug. 1: Locations to be announced > Mon. Aug. 2: Towns of Milan and Red Hook, various locations > Tues. Aug. 3: Germantown: Summer Recreation Program > * Tues. Aug. 3: Poughkeepsie "Bee Bee" Ribbon Cutting at DCRCoC, a) 4pm; (845) 454-1700 ext. rsvp 1000, or via dcrcoc.org >Wed.Aug.4:PinePlains:summer school, town business visits > Wed. Aug. 4: Stanfordville: businesses local > Thurs. Aug. 5: Stepping Stones Childcare in Cold Spring, and businesses in southern Dutchess County > * Fri. Aug. 6: Little gathering Pickles event clowning 3:30pm / to Public 6:30pm. welcome. > Sat. Aug. 7: Bee Bee will be celebrating International Clown Week beyond the Hudson Valley, in Maryland





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Red Apple from page 1

expert and friendly service." Barbara's father, Frank Starkes, founded the Frank W. Starkes Insurance company and created the iconic Red Apple Realty, Inc. design/branding in 1971 when Barbara was just a girl. "My Dad chose the red apple as our sign because it represents country life upstate – as well as for his pride in being a New Yorker." The Big Apple is another name for New York City "and we are the Empire State. Empire apples are a symbol of New York State." In fact, the Red Apple Realty sign was voted as best real estate for-sale sign by local competitors. "We had someone from Louisiana tell us they listed a family home with us because it's a really cool sign and we must be too. They wanted the Red Apple Realty for-sale sign on their lawn and in their photographs!" Barbara remembers handpainting those Red Apple for-sale signs

as a child and answering home phone calls about real estate as a teenager. She watched her father aid thousands of buyers and sellers with all of their real estate and insurance needs -- in Columbia, Greene and upper Dutchess Counties. Real estate is clearly in her blood.

"Most people enter real estate as a second career but I chose it as a primary profession right out of college." Now that Barbara has taken the helm as sole-owner and principal broker of Red Apple Realty, Inc., she looks forward to assisting thousands more attain the American Dream. And she hopes to announce her WBE status as a certified/registered woman-owned business.

"I have been a real estate agent for 36 years and a principal broker for 20 years. I want to be an advocate for women entrepreneurs and an example everywhere." to women That is exactly why Barbara's

assistant, Ashley Donaghue wanted to work for Barbara at Red Apple Realty and the Frank W. Starkes Insurance Agency. "Barbara is amazing. I have always admired Barbara's positive outlook. She's a real go-getter. She is strong, energetic, optimistic and she really cares about her clients."

A happy client posted this online: "Barbara Robinson is a dream to work with. She listens. Her expertise on Columbia County real estate is second to none. From showing to closing, she gets the job done with the most winning style. I've referred countless friends and colleagues to Barbara; I couldn't recommend her more highly!"

Another client – a first-time home buyer -- posted this online: "We lucked upon Barbara Robinson at Red Apple Realty. What a joy to work with her. She patiently walked us through finding an engineer, doing an inspection, securing a helpful lawyer, and getting through the closing. We're so happy now!"

Barbara says the real estate market in Columbia, Greene and upper Dutchess Counties is "HOT right now. Interest rates are low. So if you want to take advantage of this real estate rally or if you just want to discuss your options, give us a call."

Over her long career, the Columbia Green Board of REALTORS^R has a awarded her the coveted REALTOR^R Associate of the Year Award -as well as the REALTOR^R of the Year Award -- as proof of their respect for her professionalism and commitment to the industry. Given how many years Barbara has been in real estate and her involvement in the local Board of REALTORS^R and the NY State Association of REALTORS^R, she is able to speak intelligently about historical trends in real estate pricing. "Lawrence Yun, chief economist for the National Association of REALTORS^R is telling us the market will remain strong through 2021" and beyond because lending laws have changed in favor of protecting new borrowers from overstretched budgets -- which caused problems in the past. "However, real estate markets are cyclical," she explains. "With every peak market there comes a correction. But as long as you care for and maintain your home the value will

Hudson River View - August 2021-17

typically increase over time." Some people ask her if they should sell. She always asks them if they have a plan. "If you are selling and buying again the market doesn't effect a lateral move." She does point out, "Inventory is low right now and a house in good condition and priced properly can get offers in the first week to ten days." P.S. -- the stories of houses selling in one day are true and price wars do happen. But she also maintains there are still starter properties out

Continued on page 19



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FEATURED IN THE NY TIMES

Looking for a property that checks Surrounded by mature forests at the all the boxes? We've got it! This end of a long drive, this 3BD/1BA home 4BD/4BA ranch features an upgraded eat-in kitchen, a large deck perfect for dinners under the stars, & a legal 1BD/1BA accessory apt w/an eat-in kitchenette, & a walkout patio. The 3 acre grounds also feature a barn w/ electric. Privately located just 2 miles airy eat-in kitchen & detached garage from the village. Red Hook \$445,000 w/workshop. Pleasant Valley \$329,000



has the peace & privacy of the country with all the convenience of a city locale. Nestled between the Taconic & Rt 44, a stone's throw to all the shopping and restaurants in the Village of Pleasant Valley. Highlights include a brick fireplace,

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BUILD IN RHINEBECK VILLAGE. Walk everywhere. Sidewalks, central water & sewer in place. Dead end street. Area of executive homes. If you are planning on building a quality home, the site is the most important thing You know, location, location, location. Here, you are back from traffic & noise yet Rhinebeck's shops, the farmer' market, library, & pool are all just a short walk away. Get your permit & start to build! Our exclusive. **\$275,000.**



THIS 1830s COLONIAL is a perfect retreat. Sited high on 2 acres there's unique privacy. Recently updated. this home has a sizeable EIK with lots of cabinet & a gas range, there's a wonderful LR w/3 exposures & WB floors, a powder room, & office. Upstairs are 2 nice BRs, a full bath, & abundant closets. The LL is walk out & can easily be finished. Close to the TSP commuting routes are close. Our exclusive. **\$295,000.**



WATERFRONT, this 4 BR, 2.5 bath one story in Red Hook has 230 ft of frontage on the Saw Kill Creek. Have party on the 1200 SF deck or entertain in the huge redone Kw/stone counters & an island, in the LR or FR. The 18 y 21 Primary BR has 5 double closets & a redone tiled bath. There's CA & a FPL. 4 sets of glass doors lead outside where 1.15 acres is landscaped & shady. Red Hook's fabulous rec park is close by. Our exclusive. \$499,000.



A WONDERFUL FAMILY HOME, this 2462 SF Colonial is spacious, light filled, & move in ready. Kitchen master bath, deck, flooring, AC, & heat, now propane, have all been redone. Guest bedrooms are both oversized & the Primary suite is outstanding w/a new tiled bath, walk in closet, & a wall of windows. DR is open & has a wall of glass doors out to the deck. Yard is fenced. Garage is 2 car. No disappointments here! Our exclusive. \$469,000.







60 Sub dividable acres located 3 miles east of the Historic Rhinebeck Village in the Rural Country Side 5 Acre Zoning district. This parcel has a rising ridge that overlooks the 18 acre meadow that is currently home to Christmas trees and is home to a meandering stream that trickles through the property. Asking \$929,000



Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm with Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm and CrossFit Gym.

Proudly offered at \$1,290,000



Rhinebeck Village 14 acres is zoned R1000 or 4 lots per Condos



Townhomes are possible but will require a special permit from the RBK Planning Board. Home sites will need septics but municipal water is available. Owner Financing With Terms...Asking **\$2.1 Million**



and walking distance of the historic Rhinebeck Village is this lightly wooded

The first floor of this 4400 sqft building is home to finished office space and is current leased. 2 stair cases lead to the 2200 sqft unfinished 2nd floor that currently has 2 roughed in baths, vaulted ceiling and could be finished into 2 apartments...Asking \$439,000



Located just minutes from the Pine Plains Village and Millbrook. This 2002, 3,000 SF cape offers radiant heated floors, 3 large bed rooms, 2.5 baths, family room, office, 3 season porch, bonus room with pellet stove heated attached 2 car garage. 12.82 acres and a 30 X 40 workshop with 12' high garage doors and radiant heated floor. Asking **\$784,000.**



THE MOST PERFECT RETREAT, immaculate & ready for your family, this 3 BR, 2 bath, Rhinebeck Cape has wood floors up & down, huge windows for wonderful light, a LR, FR, & den, a first floor BR & bath, AC, a FPL, 1300 SF of wraparound decking, an EIK, + there's a wonderful water feature w/a stone waterfall rushing into a large pond 1.56 acres includes a fenced garden & plantings galore 1.5 miles from the Village. Our exclusive, \$459,000.



SNOW BIRDS? Spend the summers @ this 3 BR, 2 bath Red Hook Townhouse @ the 18-hole Red Hook golf course When not golfing relax inside where there's CA, a great K, DR, & an open floor plan. Upstairs is the perfect primary suite w/a vaulted BR, large walk-in closet, & a 5-piece bath. Two more light filled BRs & another full bath are perfec for the family. There's a garage, basement & LOW fees that cover everything outside. Our exclusive. \$349,900.

.79 acre flag lot that abuts 100 plus acres of farmland. This property is located in a flood zone and will require flood insurance. Enjoy piece and tranquility with access to all that Rhinebeck has to offer...\$99,500



within walking distance to Schools, Parks and Restaurants is this 1930 single level, 2 bedroom, 1 bath, 1064 sqft ranch on 0.21 acres. This home boasts a den/office and the window and heating system have been updated. wood floors, galley kitchen, full bath with tub and 2 nice sized bedrooms all compliment the property. The house sits far back off the road and is also home to a 1 car detached garage and storage shed....Asking \$459,000





2 bedroom 1 bath Rustic Single Level Ranch with a nice size custom kitchen located just minutes from the Rhinebeck Village. This home boast living room-dinning room combo, wide board pine wood floors, 2 car detached garage with 2nd floor studio...Asking **\$329,000**

Red Apple from page 17

there -- plus she "loves to work with first-time home buyers." Barbara Robinson has a life beyond real estate and insurance. She's been married for 31 years to Jeffrey Robinson, a commercial Real Estate appraiser; she's an amateur ballroom dancer who competes nationally in Latin dancing; an avid knitter and she teaches real estate orientation, ethics and safety courses at her local Board of REALTORS^R (in her spare time!) If you check the Red Apple Realty, Inc. web site you will find a wealth of information including bios of her team of agents, an 8 step Buyers Guide that lists what to expect on your homebuying journey and, at the time of this printing, local listings.

For more information call 518-851-9601, visit @redapplyrealty Facebook (yes, that's on RedApplYRealty) or check out their website www.RedAppleR. com (that's Red Apple R short for Realty - dot com.)





Popular Flea Market Returns to Hillsdale Saturday Aug. 7

The Town of Hillsdale's popular flea market returns Saturday Aug. 7, offering a wide array of goods ranging from household items and clothing to antiques and collectibles. The market will take place in Hillsdale Hamlet Park, located just southwest of the traffic light at the intersection of N.Y. Routes 22 and 23. It opens at 8 a.m. for early-bird shoppers, at a donation of \$10 a person. Free attendance begins at 9 a.m. The market ends at 3 p.m. The flea market originally was set for July 3 but was postponed due to extended wet weather. The market-a gathering spot for residents and visitors alikewill offer things ranging from kitchenware, toys, garden items and baked goods to handicrafts. Also among the confirmed vendors are sellers of vintage textiles, artwork and furniture. Power equipment, kayaks and sports equipment will also be offered, as well as jewelry ranging from vintage to handcrafted and make-it-yourself kits. Other vendors will sell records, pottery, books and ephemera. Food and beverages also will be for sale.

"The flea market has become a community magnet and a fun way to spend an hour or two," said Gaye Hoffman, a member of the Hamlet Committee who is overseeing the market. "It's also a smart way for sellers to offload unneeded things in an ecologically friendly way and make a bit of money at the same time." Proceeds from the flea market space rentals will help fund town improvement projects overseen by the Hamlet Committee, including the redesign and restoration of Hamlet Park. Vendor spaces may still be available-please contact Steven Tiger at stiger@taconic. net or by calling (518) 938-1404. More information about the flea market is available Facebook https:// on at tinyurl.com/HillsdaleFlea. Vendors have two options: a \$35 donation for a 15-by-15foot space, with one parking spot next to the booth, or \$20 for a 10-by-10-foot space, with the requirement that vehicles be unloaded and parked in a designated spot. Vendors must supply their own table, small tent or other items. Note that the market is held on grass. Notice of a rain postponement would be posted on the event's Facebook page.

MORTON MEMORIAL LIBRARY RHINECLIFF

Participants Needed (1st Annual Rhinecliff **Backyard Coops, Treehouses** and Gardens Tour) Saturday, September 18 @ 2:00 pm

The Rhinebeck Grange in collaboration with Morton Library is currently organizing a Rhinecliff Tour of chicken coops, treehouses, gardens and porches. Similar to the Artist Tour held in May, participants simply sign up and are placed on a map that will be sold at the Morton Library as a fundraiser for the Rhinebeck Grange. So jazz up your treehouses and coops, weed your gardens and sign up for a fun afternoon of community entertainment. Proceeds from this event

CIRCA 1800 FARMHOUSE Charming vintage residence is located in the hamlet of Barrytown overlooking pastoral fields with Catskill views. For someone seeking an idyllic full or weekend home and/or amazing painting/workshop studio this 2BR/1BA home is sited on .91 acres. Minutes to Bard, Red Hook, Tivoli and Rhinebeck/Amtrak. \$375,000.



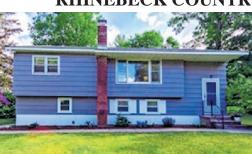


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The Maples'...Rhinebeck country living at its best! Great potential as a multigenerational or mother/daughter residence, single family or weekend retreat. This well cared for home has a new roof and is solid, well insulated. keyless entry, very clean. freshly painted, turn key ready, 3 bedroom (all with

good closet space) two updated baths, stainless steel kitchen appliances, hardwood floors (recently refinished), family room, modern laundry space with new beautiful cabinetry, dual zoned heating, new Roth interior double walled fuel oil storage tank, exterior hot and cold water and an outlet for charging an electric vehicle. Separate 27 x 24 detached two car garage with two new garage doors, new roof, exterior motion sensor lighting, electric and attic space. Driveway sealed in 2021, septic emptied in 2021, recent survey. Many recent updates including windows and baseboard heating and covers. Potential office space (see virtual space pictures), virtually designed by Styldod). Lovely solar landscape lighting, mature maple trees throughout the property. Sunroom for your morning coffee and to enjoy the abundant species of wildlife. Short drive to Rhinebeck Village, Taconic Parkway, Omega, Amtrak, Bard, Hudson River, Wineries and all the things that the scenic Hudson Valley has to offer. Rhinebeck Schools. Offered at \$395,000.

MINUTES TO VILLAGE OF RHINEBECK - LAKE RIGHTS

will go to The Rhinebeck Grange HS Scholarship Fund. For more info and to sign up, simply email Maire Dynes MarieDynes[at]gmail.com at

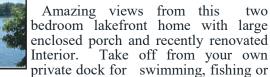
Morton Food Drop-Off Location Mondays 12:00 pm - 4:00 pm

Too many peppers, too much lettuce, too many tomatoes, thing? is there such а Dirty Gaia has developed a system to facilitate donations of produce from backyard gardeners to the Rhinebeck Reformed Church Food Pantry. The Morton drop spot will be 'open for drop off' every Monday. The coolers will be located beside the lower entry door. Got Extra Garden Veggies? Help a Neighbor in Need!



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kayaking. \$450,000



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Clermont Farmhouse

Clermont NY 1890 Farmhouse on 10.36 acres with Catskill views and a large barn Possibilities include farming, converting the barn into a studio. Sold

two





Located minutes to Village of Rhinebeck & TSP is this meticulously cared for and well maintained beautiful log home on 4 private acres with lake rights. The first floor boasts vaulted ceilings in living and family rooms, stone fireplace with pellet stove, spacious bedroom, updated bath, updated kitchen with maple cabinets Cambridge countertops and newer stainless steel appli

ances, dining area, laundry room and wide board flooring. Second floor features master bedroom updated bath and loft area. Lower level has plenty of storage, mechanicals and offers the potential for office, game room or studio with newly installed flooring and updated bath. Two bay garage with workshop space. Roof has been replaced and new tilt wash windows have been installed Pretty Rosetta Stone, blue stone walkway, attractive shrubbery, and many mature trees complete the landscaping. Enjoy reading a book, relaxing, or looking at nature and wildlife in the gazebo. Possible mother/daughter. Great weekend or full-time residence. A short drive to Rhinecliff Amtrak station, Rhinebeck Rec Park and Library, Omega, Hudson River, Ferncliff Forest and a 90 minute drive to NYC. A must see to appreciate what this home has to offer! Offered at \$698,000

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CLINTON. Wonderful 5 BR, 3 BA, on 40 PRIVATE ac, 5minutes from Rhinebeck Village. New kitchen w/top quality cabinets and granite counters, new master BA w/tile and glass shower, wood floors and new gas fireplace. Property offers a wonderful forest and picturesque rock outcroppings. Can be subdivided! ALSO home offers a beautiful attached 2 BR, 1 BA apartment and a 2-car garage and a barn workshop, for horses or studio. Schultz Hill is a peaceful & picturesque road. A wonderful property. Rhinebeck Schools.Offered at \$795,000.

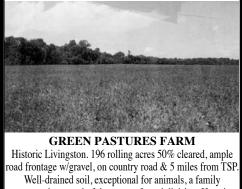




RED HOOK - A wonderful 3 BR, 2 bath log on 7.5 pastoral acres yet close to village. Home offers an open floor plan w/vaulted ceiling& stone fireplace on first level. A home office area & unattached 3 car garage & a workshop studio. Grounds are manicured & back deck overlooks small pond. Home was custom built by a master craftsman & is in immaculate condition. If you are looking for a charming country home look no further. Beautiful hickory cabinets & whole house generator. Top quality craftsmanship throughout. Grounds are park like, home needs nothing. A very quiet tranquil setting very quiet. A must see home. **\$775,000.**

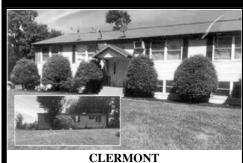


RHINEBECK VILLAGE Charming 2 BR, 1 bath home in the heart of the village, walking distance to shops and restaurants. Large oversized lot has a pool and nice deck. Plenty of room to expand, water and sewer. A must see home. Offered at **\$395,000**.



Well-drained soil, exceptional for animals, a family compound or wonderful property for subdivision. Has nice pond on property and western portion has beautiful Catskill Views. Situated between Rhinebeck and Hudson. Hard to find large parcels this close to Dutchess County. Offered at **\$1,799,000**. Call Tom.

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Germantown: One Of A Kind Estate. Impeccably built & designed w no expense spared; this home was built by an engineer & interior designer couple as their dream home. Every inch of this nome was custom designed & waiting for the

right buyer to appreciate all that it has to offer! Million dollar mountain views & park like scenery from every window. Custom EIK w bay windows highlighting the Catskill Mountain Sunsets, pantry w outlets, beautiful countertops, farm sink, large island & plenty of storage. Great room that looks like it came straight from

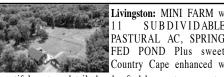
Architectural Digest w incredible, soaring knotty pine ceilings, fireplace & giant bay windows. MBR has a sitting area w fireplace, WIC's & master bath w WI tiled shower. Guest BR 1 w large en suite bathroom w WI tiled shower. Guest BR 2 has exterior access to front patio. The Library would make a great office space & features a wet bar for entertaining. Large deck off the KIT for al fresco dining or relaxing in the hot tub enjoying the views. Two exterior buildings w electric, large GAR & shed allow tons of possibilities for studio space or guest house. \$649,000



& rent out the other two units. Perfect for an extended family. Lovingly maintained & owned by the original family for decades. Various renovations throughout including new septic & oil tanks. Fabulous barn on the property that overlooks the lake & w some renovation, has fantastic potential for studio / hobby space. Set on almost 1 acre in the heart of the Village, off a quiet side street & walkable to all. Bard shuttle & public transportation is just a stroll away. One of a kind & fantastic value for the asking price! **\$429,000**



many possibilitie; Wine Bar, Office Space? Retail? Dog Grooming? Details include exposed brick, original wide board floors, fully stocked bar & commercial Kit. High visibility location in the heart of downtown RH. Major renovations w updates including septic & roof. Charming outdoor patio seats 40 patrons plus plenty of parking. Nothing to do but hang up your sign! **\$419,000 or Lease \$1,800/mth**





Gallatin: Spectacular 2 family! Renovated 1850's Victorian showcased in a bucolic setting w gorgeous, far reaching, open farmland

views. 2 units offer a special opportunity; live in one & rent out the other. Generate income in the vacation rental market or accommodate extended family/friends. Both units w state of the art, quality finishing's throughout. Spacious 3500 sq ft FP is flooded w light w large rooms to accommodate everyone. Finished attic is perfect for teen or home office/studio. Situated on 1+ acre, minutes to Pine Plains Village, 25 minutes to Rhinebeck & 20 minutes to Hudson. A short distance to TSP for easy commutes. One of a kind opportunity! **\$575,000**

Price Reduced! Livingston: Sweet S al t b o x w Contemporary flair offering 1700 sq ft of grand living



space. Open fp includes updated Kit, LR w Fireplace & DR w Wide Board floors. The Sun Room w add'l fireplace is a wonderful place to relax w a book & glass of wine. The MBR is fit for a King/ Queen, first level BR as well as a guest room on second. Two updated FB's w upgrades that include marble floors. Perks includes Radiant Heat & Central Air. Slider access to deck w 2 acres of park like land. Two Car Attached GAR plus separate 3 Car GAR. 10 minutes to RH, Germantown/Hudson. 90 minutes to NYC. RH SD w Columbia County Taxes. **\$439,000**



Price Reduced! Red Hook: Not your ordinary midcentury Ranch! If you're looking for

5 family property in quiet country location consisting of one 4-family building and one 3bedroom ranch house. Great location near transportation hub, perfect set-up for someone looking or a weekend getaway plus income. Units are full rented and in good condition. Nice property and location, offered at **\$550,000**. Call Tom



RHINEBECK 3 Bedroom modified ranch on 5 wooded acres, private setting in a great area. Garage converted to a legal apartment. Home needs work but has great potential. First time on market in 25 years. Asking **\$508,000.** NORTON ROAD, RED HOOK Red Hook - First Time to Market. Artist Studio on 12 private acres with views, 1600 foot structure, has 1/2 bath - electric, well & driveway in a neat, unique package. Offered at \$395,000.

RED HOOK 49 wooded acres in two parcels, frontage on Rt. 199 and Willets Woods Drive. Property is subdividable and has a nice forest, rolling topography. 2 miles from Red Hook Village. Priced to sell at \$350,000.

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beautiful custom details handcrafted by master carpenter. Welcome in to the tastefully updated Kit w sleek breakfast bar which marries the Comfortable LR for an open feel. Enjoy relaxing by the wood stove or serving holiday dinners in the Family/Dining Room or working from home in the Office/Guest BR. Sleep soundly in the two upstairs BR's and appreciate the 2 full Baths designed with a contemporary flair. Take in the views from the back deck while barbecuing w friends. Partially finished Bsmt w workshop, top notch utilities & Two car DET GAR. Convenient commute to Hudson, Red Hook, TSP & NYS Thruway. **\$459,900**



Hyde Park: Meticulously maintained, this home offers a spacious LR w FP, built in book shelves & a bay window. Country Kit

flows into DR w back deck access & FR w propane heating stove. MBR w bath & huge WIC. Finished lower level w in law potential along w a workshop for all your hobbies. Whole house generator, top notch utilities & new roof. Private yard w garden & flowering shrubs. Det GAR for your tools & toys. Located on a quiet Cul De Sac just 10 mins from Poughkeepsie, Metro North & Vassar Hospital as well as Culinary Institute of America. 50 mins. to Westchester Medical Center & airport. **\$369,000** you'll be pleasantly surprised to find a huge bonus room addition w skylights & a ton of light. The MBR suite offers it's own bath, plenty of storage & privacy! 3 other generous size BR'S, cozy LR, functional Kit & formal DR complete the picture. The basement is ideal for hangouts, an office or workshop/GAR. Private yard w lots of room to garden/play. Desirable location within RH Schools but a stones throw from the Kingston Rhinecliff Bridge & Amtrak. The best of all worlds in so many ways! **\$399,000**

Land For Sale Germantown: Foundation W Dry Well & Septic. BOHA for 1380 Sq Ft Home. \$130,000 Germantown: 23 Acres. Walking Distance To Village. \$375,000 Taghkanic: 42 Acres of Woods & Stone Walls. \$275,000 Red Hook: 16 Acres. Subdivide into 4 lots. \$225,000 Clinton Corners: BOHA. 7+/9+ OR 16.93 Acres. Make A Deal For Both Parcels. 7+ Ac. \$205,000 or 9+ Ac. \$225,000

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