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Postal Customer

## The Angela Lanuto Team At Coldwell Banker Village Green Offers Award-Winning Real Estate Services To The Hudson Valley and A New YouTube Series, *Keeping it Real With Angela and Allison*, To The Internet

By Lisa Dudley

The real estate market in the Hudson Valley is so hot right now that heads are spinning. Multiple offers on properties are a daily occurrence and the average sold price for a single-family home was up 38% in Dutchess County in the last quarter of 2020. Associate Real Estate Brokers Angela Lanuto and Allison Morelle of the Angela Lanuto Team at Coldwell Banker Village Green are in the thick of it. "If you were ever considering selling your home, now is the time," said Allison Morelle. "For several years running there have not been enough properties on the market in the Hudson Valley to meet buyer demand and the pandemic has heightened the low inventory situation. Right now, it's a sellers' market, and homeowners are getting top-dollar for their homes. That could change over the next year," says Angela Lanuto. "Coldwell Banker just commissioned a poll



Allison Morelle

of US homeowners that found 1 in 5 homeowners plan to sell their home in the next 12 months. After the inventory drought we've been experiencing over the last year, this could mean massive market shifts," she adds "and hopping on the wave before it crests presents a huge financial opportunity in the Hudson Valley region where buyer demand is so intense."

With the real estate market under the sway of societal changes brought on by the COVID 19 pandemic Angela Lanuto and her Team partner, Allison Morelle, have been asked the same



Angela Lanuto

questions again and again by dozens of local sellers who are thinking of entering the real estate fray. To bring those answers to a larger audience they've created a new YouTube series called *Keeping It Real* that explores what everyone needs to know in order to participate in this real estate rally.

One episode explains *How to Buy in a Hot Market*. This episode is meant to equip buyers with the same type of information on the process, but from a buyer's perspective. Lanuto and Morelle

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## One Cut Better Expands Styling Services Thanks To Merger

By Amy Byrne

Two Red Hook mainstays, One Cut Better, and Creative Hair by Valarie, have come together in one location, at 7508 North Broadway. The merger has created an expansion in the hairstyling services available to clients of both businesses. And with more



Valarie, Lester and Reyna

people venturing out in what are hopefully the waning days of COVID-19 pandemic, that's definitely a good thing.

Lester and Valarie, the respective owners, note that the move has been a way of overcoming the challenges presented to their businesses.

"We're positive that the merge will be a productive thing," says Lester. "With the pandemic and everything else, a lot of people have lost their businesses, and we didn't want to be there. We merged so we can both stay open, be here for our customers,

and remain in Red Hook. We just want to say to our clients, that we're still here for you, and whenever you feel comfortable, come on in."

### More Hair Styling Options At One Convenient Location

With more specialists now under one roof at One Cut Better, there's someone who can provide just about any hair-styling need, from adventurous cuts, to spruced up business-friendly styles, to classic barbershop services.

A year of disruptions, with many in the U.S. working and schooling

Continued on page 2

## Homespun Gifts and More At Hudson Valley Sheep and Wool Company

By Joe Doran:

Some good early spring weather is already in the air. It's the right time to take advantage of being one of the most beautiful regions in the entire world. And a trip to The Hudson Valley Sheep and Wool Company is well worth a drive along local country roads.

Mary Godesky has been busy keeping her farm and store stocked with some great crafting items like locally made yarn, felt and roving, as well as finished items that make great gifts for spring, or any time of the year.

"I'm doing everything, all day every day," says Godesky, who owns and oversees the 132 acre property located at 192 Yantz Rd in Red Hook. "I continue to make our handmade gifts. We do knitting, we do weaving,



Mary Godesky

we do crocheting. And that has not stopped. Mostly it's handmade gift-type articles. I've concentrated during this pandemic on using fabric, rather than knitting as much, but that's just a personal preference. I've been making handmade tote bags, aprons and other kitchen items. Also baby blankets, and things like that."

Though some things are changing on Mary's farm, she says she will be doing her best to get as back to normal as possible as the weather continues to warm up.

### Known as Mecca for Crafters

The Hudson Valley Sheep and Wool Company is a working farm with around a hundred wool producing shetland and icelandic sheep. And up until 2020, it was also a place that held regular "sit and spin" get-togethers for knitters, spinners, crocheters and crafters, and virtually anyone interested in learning those arts from local experts.

That had to change, due to the

Continued on page 9

## A Tripp to the Kitchen – DIY for Kids

Join Linda Tripp, 4-H Educator, in her kitchen – and you at home – to make your favorite store-bought items from scratch. Youth ages 8+ will follow along with Linda, step-by-step, with your own ingredients and equipment to end each session

with a product you might usually purchase already made.

Each session begins at 6PM. Register by April 5. Youth in Columbia and Greene Counties will be able to pick up a DIY Prep Kit, provided by funds from Stewart's Holiday Match (including pastry brush, measuring spoons and a special ingredient along with instruction booklet) starting April 8. All participants will receive the instruction booklet via email one week before the first session.

Register at: [https://reg.cce.cornell.edu/Part2BakeAlong2021\\_210](https://reg.cce.cornell.edu/Part2BakeAlong2021_210) OR, contact Emily Warrington at 518-318-1210 or [ew387@cornell.edu](mailto:ew387@cornell.edu). We need to know your name, age, email address and for local youth, which CCE office you will pick up your prep kit. For more information contact Linda Tripp at [Lke2@cornell.edu](mailto:Lke2@cornell.edu). Thursday, April 15 – Bagel Chips with Flavored Cream Cheese Dip Thursday, April 22 – Cinnamon-Sugar Graham Crackers Thursday, April 29 – Parmesan Twists



Henry & Ian Ross cooking along in a previous virtual class.

Thursday, May 13 – Vanilla No-Churn Ice Cream with Hot Fudge Sauce

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4-H is New York's only youth development program directly connected to the technological advances and the latest research at Cornell University. 4-H participants learn leadership, citizenship and life skills through hands-on projects in these primary program areas: agriculture, natural resources; and healthy living. To find out more about 4-H and youth programs in Columbia and Greene Counties, contact us at 518-828-3346 or [Columbiagreene@cornell.edu](mailto:Columbiagreene@cornell.edu) or visit our website, [www.ccecolumbiagreene.org](http://www.ccecolumbiagreene.org). You can

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The May Edition Of The Hudson River View Will Be In Area Homes On May 5th The Deadline For Advertising And Press Release Submission Is April 21st

# ACCORDING TO QUACKERS



We know it is the fourth month of the year, but that's only by the Gregorian calendar that

we adhere to now. It was previously the fifth month in the earlier Julian calendar. April also only had 29 days, but a 30<sup>th</sup> day was added when Julius Caesar established the Julian calendar. No one is sure how the month ended up with its name, but we do know the Romans named it "Aprillis." The etymology behind the word "April" comes from the verb "aperire," which means "to open." It's commonly believed that the word refers to the season of trees and flowers begin to "open" or bloom. Those who were born in April have a diamond as their birthstone, which represents innocence. Their birth flower is either a Daisy or a Sweet Pea.

**One Cut Better from page 1** from home, has undeniably led to some relaxed standards in the way people present themselves. Zoom meetings just don't inspire the same attention to attire and personal appearance, as being out in the world.

But that dynamic is starting to change. Restrictions are easing, even in New York. UPI reported in mid-March that nation-wide COVID-19 cases were underestimated by half, according to a study of antibody testing. Most of those were asymptomatic cases, and the data spells good news for things like herd immunity, as well as the actual lethality of the virus.

Locally, schools are resuming more in-person classes. There are new promising coronavirus treatments that have been recently approved by the FDA. And vaccines are more readily available for people who want them.

"I noticed last week people were so excited. 'Look what I got!' And they showed us. 'I got both my shots!', or 'Or, 'I got my first shot,'" says Valarie. "And we're hoping, the more people are getting vaccinated, the more people are going to come out."

She says along with that optimism, people are looking again at styling options. It might not be the same vibe as pre-pandemic, but there are definitely ways to achieve that professional touch in a budget-friendly way.

"A lot of people with the pandemic, they've let their gray grow out," Valarie notes. "I don't mind some of it. A good way of doing it is hiding a little, or just giving yourself a fresh. Do half a head of highlights, where it's not as much maintenance as a full color. You can get it done maybe once, twice a year. Some of our clients do it once a year. And

they'll just do half a head, around the base, and the top. Which gives them that bright highlight. Which right now, everybody needs."

People who've been using scissors and clippers in the kitchen to get the job done, are looking

forward to letting a professional handle a more polished look, to go with the outdoor weather. Lester is a consummate barber who handles the classic cuts that many men want. "A lot of it is the same styles. You have a high

Continued on page 3

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**One Cut Better from page 2**

and tight. Some want the fades. With women it's more of the straightening and the colors."

"We can do the highlights, and we do the biologie(?)," Valarie adds. "We also do what we call the peekaboo, where underneath might be one color, but on top is another."

The wider array of styles and services is now available at One Cut Better. Another advantage of the new business union is more convenience for families, says Valerie. "With the different experiences and skills here, it's no longer, 'Well, my husband has to go over here. And I can go to Valarie, but I have to find someone who's really great with the kids. We are all in one location. It's one stop.'"

As far as scheduling, Valarie is available on Wednesday through Saturday, and Mary works Thursday through Saturday. Reyna and McKenzie cover the

early part of the week, with Reyna on from Monday to Wednesday, and McKenzie working Mondays and Tuesdays. Lester is in the house on Thursdays thru Saturdays.

**A Creative Response to Small Business Adversity**

The frustrations and anxiety of many small business owners, who often feel very personally responsible for the workers they employ, has definitely weighed on Lester and Valarie during difficult times.

"Sometimes, people don't understand what COVID did to our industry. We were allowed to open back up last June. That means we were closed for four months. I had five upcoming weddings. Gone. And I can't sell haircuts online. Even restaurants didn't have to completely close down for four months. They were still able at least to do to-go orders.

"And they still haven't lifted



any of our operating related restrictions. Lester literally had to change his whole shop. And you can't just go to Target and buy that for \$99. It's a huge cost to make those changes. Just to have that separation. There's extra cost for cleaning and disinfecting."

Those kinds of costs proved too much for Valarie at her former location. She had no choice but to end her business there, and it happened quickly.

Lester meanwhile, said his shop

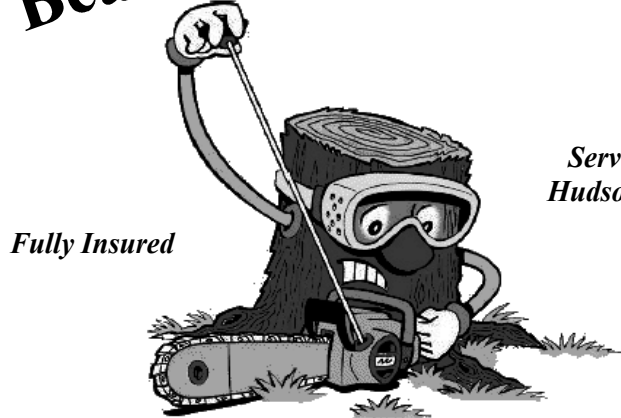
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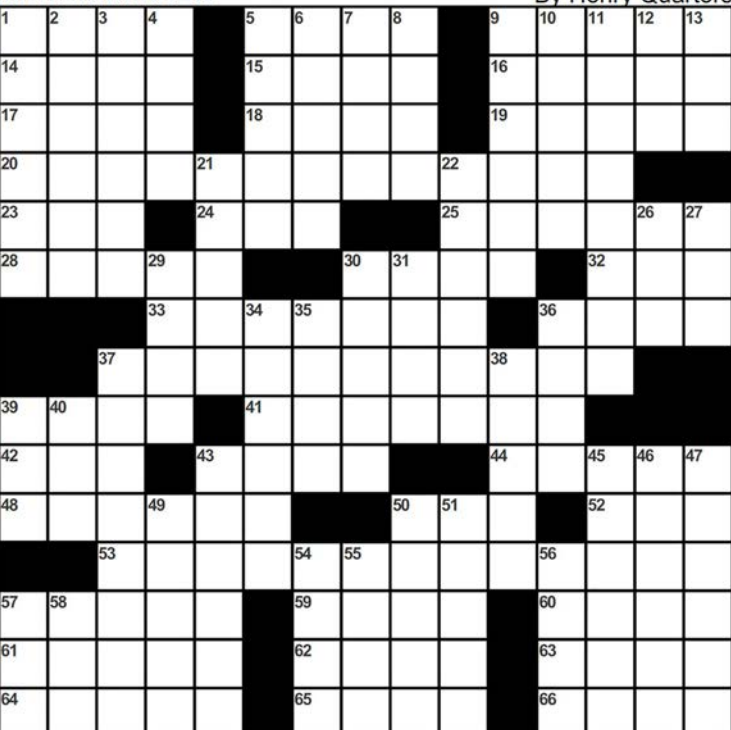
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**ACROSS**

- 1) Quaker's "you"
- 5) Beans
- 9) Ghana's capital
- 14) Didn't draw a card
- 15) Biblical shepherd
- 16) "Rain Man" director Levinson
- 17) Desiccated
- 18) "Legal" prefix
- 19) Make feel small
- 20) Place for a conductor
- 23) 3:00 on a sundial
- 24) Take unfair advantage of
- 25) Like Spock's nerve pinch
- 28) Lines man?
- 30) Certain Nigerians, formerly
- 32) Pie-mode connection
- 33) Wainscot again
- 36) Having a common ancestor
- 37) Airport-based business, often
- 39) Highlander
- 41) Most massive
- 42) Sighs of comfort
- 43) It won't buy much
- 44) Bartender on TV's Pacific Princess
- 48) Light, custard-filled cake
- 50) How do ewe sound?
- 52) Biochemistry abbr.
- 53) Virus causes
- 57) Grab tightly
- 59) Shoestrings
- 60) Germinated grain
- 61) "Calvin and Hobbes" girl
- 62) "Puppy Love" singer Paul
- 63) "Zip-\_\_\_-Doo-Dah"
- 64) Change, as the Constitution
- 65) Minority votes, often
- 66) Adjusts, as a clock

**METER READER**

By Henry Quarters



**DOWN**

- 1) Comedian's Muse
- 2) Brave
- 3) Bring out
- 4) Taro root
- 5) Bars for guitars
- 6) Decrease
- 7) "Frasier" actress Gilpin
- 8) Sarajevo resident
- 9) Adding device of old
- 10) Band of schemers
- 11) Seafood dish for grouches?
- 12) Four Monopoly squares (Abbr.)
- 13) Favorable vote
- 21) Dye-producing gastropod
- 22) Develop by gradual changes
- 26) Cassius Clay, now
- 27) One of the Bobbsey twins
- 29) Face-to-face exam
- 30) Dead to the world
- 31) Arctic Ocean obstacle
- 34) Accumulate
- 35) Slippery-eel link
- 36) "Hamlet" has five
- 37) Precedent setter
- 38) Thomas of the Basketball Hall of Fame
- 39) Type of reflex
- 40) Opposite of "huh?"
- 43) Slept under the stars
- 45) Amusement place
- 46) Short sock
- 47) Social divisions in India
- 49) Biology lab stain
- 50) A Conner on "Roseanne"
- 51) Code and rug
- 54) \_\_\_ Bator, Mongolia
- 55) Lake \_\_\_ (Blue Nile source)
- 56) Latin 101 verb
- 57) Fed. construction overseer
- 58) Coke complement

Solution on page 4

was facing serious headwinds as well. "With the proms and the weddings everything is still at a halt. So those kinds of things went into our decision to come together."

There are still limitations that affect the bottom line, when it comes to following coronavirus protocols, Valerie points out. "There's a difference in the amount of people that we used to be able to do. With a color process for example, a client could sit, and I could do another person's haircut, or vice versa. You can't multitask like that now. You have your max capacity, and people have to wait."

But for all the adversity, Lester and Valarie agree that things are currently looking up, and their merger is a big part of that.

"With the vaccine coming out and everybody that's getting vaccinated, we have confidence that our business will pick up," says Lester. "We're starting to see a little light at the end of the tunnel. But we can't project what's going to come next. Even our higher ups don't know what's going to come next. We're just going to take everything day by day, and wish for the best."

Valarie says she's looking forward to seeing One Cut Better serve Red Hook and the surrounding area with even more great services now, and into a brighter future. "I think it's going to be a good thing."

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The Safe Sitter Program, a program for youth ages 11-14, will take place on Saturday, May from 8:30 a.m. to 2 p.m. at the Extension Education Center, 479 Rt. 66, Hudson, NY 12534.

The Safe Sitter Program gives young adolescents the skills to provide safe, nurturing care for children and to respond appropriately to medical emergencies. It also teaches introductory employment skills and important life skills. Topics that are covered include Babysitting as a Business, Success on the Job, Child Care Essentials, Safety for the

Sitter, Injury Management, Preventing Problem Behavior, Care of Choking Infant and Care of Choking Child.

Participants will also have hands-on manikin practice of rescue skills and participate in small group interactive learning, role-playing and games to enhance the discussion topics. Youth who have a contagious illness, such as a cold or fever blister, cannot take the class because of the use of CPR mannequins to practice rescue breathing.

Safe Sitter was founded in 1980 by Indianapolis pediatrician, Dr. Patricia A. Keener, after a colleague's 18-month-old choked to death while under an adult sitter's care. Dr. Keener

developed Safe Sitter as a medically accurate instructional program designed for young adolescents. She updates the curriculum regularly.

Those wishing to participate should register early as there are limited spots. Send a check for the fee of \$60 to CCE of Columbia and Greene Counties, 479 Rt. 66, Hudson, NY 12534. Include the name, address, phone number and age of the participant as well as the date of the program. Or, register online and pay by credit card: [https://reg.cce.cornell.edu/SafeSitterMay2021\\_210](https://reg.cce.cornell.edu/SafeSitterMay2021_210)

The registration deadline is April 23. The fee must be paid before the day of the program – or the individual is not enrolled. When the fee is received a registration packet will be sent to the participant to complete and bring to the session. The fee is all inclusive but the participants should bring a bag lunch. Please contact the Cornell Cooperative Extension of Columbia and Greene Counties office if you have any special needs.

Current COVID-19 safety precautions will be followed which include, social distancing, face mask must be worn at all times while indoors, participants must review and agree to abide by the 4-H COVID-19 Safety Guidelines, and frequent handwashing and use of hand sanitizer will be expected.

For more information contact Cornell Cooperative Extension of Columbia and Greene Counties at 518-318-1210 or [ew387@cornell.edu](mailto:ew387@cornell.edu).

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Arlene Walch, Instructor, providing CPR instruction.

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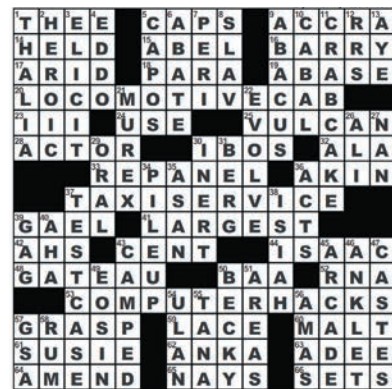
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## Spencertown Academy Presents "The Art of Growing Food" - Virtual Talk by Ellen Ecker Ogden

Spencertown Academy Arts Center Hidden Gardens Virtual Lecture Series presents a talk by Ellen Ecker Ogden titled "The Art of Growing Food" on Saturday, May 1 at 4:00pm via Zoom. The lecture will be about an hour, followed by a Q&A with participants. Tickets are \$10. To register, please see [www.spencertownacademy.org](http://www.spencertownacademy.org).

"Ellen was a guest lecturer at the Academy ten years ago when her book, *The Complete Kitchen Garden*, came out. She's a delightful speaker who breaks the art of garden design down so it is accessible to everyone," says Madaline Sparks, Academy board member and co-chair of Hidden

Gardens. "The timing of this presentation is perfect. There's still plenty of time to implement her tips and put into practice her advice for a fabulous kitchen garden of flowers and edibles this season. Get ready to transform your classic vegetable garden into a spectacular European potager."

In this lecture, Ogden will illuminate six steps to successful kitchen garden design based on her years as an artist, gardener, and cook. She will deliver fresh ideas on how to bring art and whimsy to the kitchen garden, while also maintaining productivity and easy maintenance. Participants will discover how to design and plant an edible garden with an eye toward beauty, bounty, and sanctuary. Ogden will offer suggestions for what to grow based on her seed catalog favorites, such as Italian Purple Pole beans, Piccolo

Verde basil, Troutback lettuce, and ornamental artichokes. The talk will revolve around creative ideas and photographs from her books, *The Complete Kitchen Garden* and *The New Heirloom Garden*, both of which are available at The Chatham Bookstore (27 Main Street, Chatham, NY) with a 10% discount if you mention Spencertown Academy.

In addition to being a kitchen garden designer and the author, Ogden is co-founder of *The Cook's Garden* seed catalog, introducing cooks and gardeners to European specialty vegetables, herbs, and flowers. She graduated with a degree in fine arts, and attended cooking school with Marcella Hazan in Venice, Italy, and at the Ballymaloe School in Shanagarry, Ireland. Her articles and kitchen garden designs have appeared in numerous national publications, including *The New York Times*, *Martha Stewart Living*, *Better Homes and Gardens*, *Eating Well*, *Garden Design*, and *Country Gardens*, among others.

This talk is sponsored by Country Caretaker Garden Center (Canaan, NY). Additional lecture topics and dates will be announced soon. The annual Hidden Garden Tour will take place on August 28, 2021. In addition to properties with beautiful landscapes and flower gardens, it will feature various vegetable gardens this year.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark

1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact [info@spencertownacademy.org](mailto:info@spencertownacademy.org).



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## April 2021 Events at Clinton Community Library

### Disability Rights Workshop with DRNY

Monday, April 5th at 3:00 PM  
 Online via GoToMeeting  
 Disability Rights New York (DRNY) is the federally and state-authorized Protection and Advocacy System and Client Assistance Program (P&A/CAP)

for people with disabilities in New York State. DRNY provides free legal and advocacy services to individuals with disabilities. Working tirelessly to protect and advance the rights of children and adults with disabilities, DRNY is committed to enabling those we serve to exercise their own life choices and fully participate in community life. Join this workshop to learn more about:

- The Client Assistance Program (CAP) and how DRNY can assist those with disabilities
- Adult Continuing Career & Educational Services Vocational Rehabilitation (ACCES-VR)
- New York State Commission for the Blind (NYSCB) and how their services compare and contrast to those of ACCES-VR.
- How to apply for ACCES-VR services
- How CAP can assist clients who may not currently be satisfied with ACCES-VR services.

There will also be time set aside at the end of the session for general questions to be asked. All registrants will receive the link to this presentation's recording after our live session. Call the library at 845-266-5530 to register or sign up online.

**Getting Started with Overdrive**  
 Tuesday, April 13th at 6:00 PM  
 Join us for a half-hour virtual workshop to learn how to borrow e-books, e-audiobooks, and e-magazines on Overdrive! We will go over how to search for titles, place items on hold, and set reading preferences. This program is open to all patrons of the Mid-Hudson Library System.

**Virtual Field Trip (Ages 8-12): Maple Sugaring**  
 Wednesday, April 14th at 4:00 PM  
 Online via Zoom  
 Join the Ashokan Center for live lessons in environmental science for ages 8-12, from home! What makes the sugar maple tree so special? Did Indigenous people

Continued on page 7

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Clinton Community Library from page 6  
 eat pancakes? Learn the history of maple sugaring in NY State from pre-Colonial era to today's modern methods, explore the fascinating science of sap & syrup, and examine potential climate change effects on the horizon.  
**Virtual Field Trip (Ages 8-12): Climate Science, Part 1**  
 Wednesday, April 21st at 4:00 PM  
 Online via Zoom  
 Join the Ashokan Center for live lessons in environmental science for ages 8-12, from home! What's the difference between climate and weather? What are the scientific indicators of Earth's changing climate over time and how are young people and adults studying its causes and effects? Learn and investigate with biologist Hailey Luedtke and discover what you can do to make a positive difference.  
**Finding Your 300-Year-Old Grandma Using 21st Century Technology**  
 Tuesday, April 27th at 6:00 PM  
 Join genealogy expert, Sarah Gutmann, for a deep-dive into the numerous genealogy websites and resources you can use to trace your family's lineage. In addition to the "Big Four" genealogy websites - Ancestry, Family

Search, My Heritage, and Find My Past - participants will also learn how to use national archives, online databases, and other tools to learn more about their past. Sponsored by Clinton Community Library, Pleasant Valley Library, LaGrange Library, Millbrook Library, Tivoli Library, and Staatsburg Library.  
**Tea Time Book Club - Virtual Meeting**  
 Thursday, April 15th at 2:00 PM  
 Online via Zoom  
 In April, the Tea Time Book Club will be reading *Beheld* by TaraShea Nesbit, a riveting story of a stranger's arrival in the fledgling colony of Plymouth, Massachusetts—and a crime that shakes the divided community to its core. Suspenseful and beautifully wrought, *Beheld* is about a murder and a trial, and the motivations—personal and political—that cause people to act in unsavory ways. It is also an intimate portrait of love, motherhood, and friendship that asks: Whose stories get told over time, who gets believed—and subsequently, who gets punished? Call the library at 845-266-5530 to reserve your copy. Email Susan at [susanr@clintoncommunitylibrary.org](mailto:susanr@clintoncommunitylibrary.org).

[clintoncommunitylibrary.org](http://clintoncommunitylibrary.org) to receive meeting link.  
**Monday Evening Book Club**  
 Monday, April 19th at 7:00 PM  
 Online via GoToMeeting  
 The Global Literature Book Club discusses prize-winning novels from around the world, in translation, selected by members of the club. These works are challenging, but gratifying, and provide insights into a wide variety of nations, cultures, and styles of writing. The club meets monthly on Monday nights at 7 pm (currently via GoTo Meeting). We welcome new members. In April, the Global Literature Book Club will discuss *Compass* by Mathias Enard. *Compass*, a dazzling and intricate novel by Mathias Enard, portrays the meandering reflections of a Viennese musicologist as he passes a sleepless night. His journeys to Istanbul, Damascus, and Aleppo, his passion for music and history, as well as his great and unrequited love for a brilliant French scholar, all weave together into a beguiling tapestry that stimulates and rewards those who are up for the challenge. Call the library at 845-266-5530 to reserve your copy. Please email [cbancroft@clintoncommunitylibrary.org](mailto:cbancroft@clintoncommunitylibrary.org).

[clintoncommunitylibrary.org](http://clintoncommunitylibrary.org) for the Go-To-Meeting log-in information.  
**Library Board of Trustees Meeting**  
 Monday, April 12th at 6:30 PM  
 The public is invited and encouraged to attend the Board of Trustees Meeting. Learn what's happening at your library! Email [clinton.director@gmail.com](mailto:clinton.director@gmail.com) if you wish to attend and you will be sent meeting information.  
**Story Time Online**  
 Listen to stories with Miss Susan! Each week's story time will feature a different theme. This program will be pre-recorded on Clinton Community Library's Facebook page. Search for Clinton Community Library on Facebook or email [jchin@clintoncommunitylibrary.org](mailto:jchin@clintoncommunitylibrary.org) for the link.  
**Chair Yoga Online (Optimistic Aging):**  
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meditation, and movement. This class will help you stretch and strengthen. Email [jchin@clintoncommunitylibrary.org](mailto:jchin@clintoncommunitylibrary.org) for the link.  
**All-Level Yoga Online**  
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Clinton Community Library from page 6  
[john@clintoncommunitylibrary.org](mailto:john@clintoncommunitylibrary.org) for the link.

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between 9AM-1PM or email [clinton.techhelp@gmail.com](mailto:clinton.techhelp@gmail.com) to set up an appointment.  
**About Clinton Community Library**  
 Clinton Community Library is located at 1215 Centre Rd. in Rhinebeck, NY. The library is open Mondays, Tuesdays, and Thursdays from 9-5, Fridays from 11-7, and Saturdays from 9-1. It is adjacent to the Clinton Town Hall. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit <http://clintoncommunitylibrary.org>.

**Germantown Garden Club**

The Germantown Garden Club received a First Place Award for their 2019 Press Book/Publicity from the Central Atlantic Region of State Garden Clubs. The CAR is part of the National Garden Clubs and consists of seven states New York, New Jersey, Delaware, Maryland, National Capital Area, Ohio and Pennsylvania. 2020 was a disappointing year for all garden club members. One of the most important aspects of belonging to a garden club is the comradery and sharing of ideas and the different experiences of gardening. The club had only one meeting and that was in February of 2020. The club did manage to fulfill a few of their scheduled activities in 2020. The field trip to a local sustainable farm consisted of only the outdoor tour of their gardens with masks, a virtual horticulture flower show and held the annual Adorn-A-Door competition for senior residents at Palatine Manor. The competition was judged by two of members with masks of course. There is typically no inter-action with the residents. The annual scholarship for a graduating senior in June who is seeking a career in a horticulture or a related environmental field was awarded. We are now into 2021 the Germantown Garden Club is trying to gauge when an in-person meeting may be possible. As of now April or May might be the first possibility for the first in-person meeting for 2021 depending upon the Covid

19 restrictions. With that in mind the club is working on programing and a new web site is in the development stage. The Germantown Garden Club is a member of Federated Garden Clubs of NY State, Inc., Third District, Central Atlantic Region of State Garden Clubs and National Garden Clubs.

**Spencertown Academy Presents The Lucky 5 Virtual Concert**

Spencertown Academy Roots & Shoots Streams will broadcast The Lucky 5, performing live on the Spencertown stage, via YouTube on Saturday, April 17 at 7:30pm. The Lucky 5 is a hard-swinging jazz band that blends swing and

band's talent and repertoire," says Mike Zdeb, member of the Academy's Music Committee. The Lucky 5 is comprised of Kip Beacco on guitar/vocals, Jonathan Talbot on violin/vocals, Carolyn Dufraine on vocals/trombone, Matt Downing on bass/vocals, and Tom Parker on drums. All highly seasoned touring musicians, the band members have been part of The Hunger Mountain Boys, Lauren Ambrose & The Leisure Class, and traveled, performed, and recorded with artists such as Neko Case, Iris Dement, Bobby Previte, Del McCoury, and Jim Lauderdale, just to name a few. Roots & Shoots Streams Concerts is a series that showcases artists who reach back to earlier traditions in music (Americana, jazz, blues, rock,



gypsy jazz to create a unique, foot-stomping blend of music. The performance is free (though tips are welcome via a virtual tip jar) and advance registration is not required. A link to the concert will be posted on [www.spencertownacademy.org](http://www.spencertownacademy.org). "The Lucky 5 performs both original compositions and old jazz standards. They are high energy and you can have your own private swing dance party, or just listen though sitting still is a hard thing to do given the

and world music) for inspiration, while incorporating more recent forms and influences of the present. Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact [info@spencertownacademy.org](mailto:info@spencertownacademy.org).

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## Preparing to Transition: An Opportunity to Change for the Better

by Charlotte Michos, RN, MS, CNS, CLNC

Collectively, how has this pandemic impacted our mental status and function? Our experiences in getting through the “COVID Era” have varied. Then, of course, we have different baselines with our mental health. But we have all been touched with a “collective trauma,” since this pandemic is a global health issue and has caused major disruptions and various traumas in many aspects of our lives.

Our mental health problems are linked to numerous stressors during these times. Top on the list is the illness and death of our loved ones. We should all take a moment of silence right now and never forget this as we move forward. We had too many leaders throughout 2020 who were too cavalier about this loss. The remaining list of pandemic stressors is exhaustive: job loss and loss of healthcare coverage, financial struggles, restricted socialization, cancelled events, challenges with childcare and education, threats of (or actual ) loss of housing, feeling unsafe in general, loss of trust (fill in the blank), travel restrictions, feeling alone, and more. For some of us it took time to find coping

mechanisms; for others it started right away, and perhaps some, not at all. Personally, I decided it would be “walking through the virus,” and as I write this, I will be celebrating my one-year anniversary with the friend who decided to join me. My husband also initiated the idea of staying connected (through ZOOM cocktail parties and weekend hikes) with our dear friends – two other couples. We shared so much together. These choices “saved us.” A place to begin in order to counter these stressors is to keep active, connect with others, be mindful of our surroundings and state of mind, utilize relaxation techniques, serve others, be grateful for small things, seek help when needed, and keep learning. A key component to caring is: Before caring for others, take care of yourself.

What has become fuzzy during the pandemic is whether the anxiety and depression related to these stressors will escalate and create long-term mental health problems or that the response to these stressors will be determined as adaptive – what is expected to happen during a pandemic – and many of us will return to our “normal” mental health status.

But statistically, depression is increasing. In JAMA’s 9/2020 edition, the population study results found that symptoms of depression increased three-fold during the pandemic. Per March 2021’s Lancet, a systematic review and meta-analysis concluded that 1 in 5 healthcare workers have experienced moderate depression, anxiety and PTSD during the COVID-19 pandemic (<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0246454>). The red flag for disaster-related mental health issues is how many stressors does an individual have to deal with? What we

have learned from 9/11 and the hurricane crises is that there is a cumulative effect of the stressors, which occur both during and after the disaster. The groups that are historically hit the hardest with large-scale collective traumas are women, minorities, the elderly, and the poor. During COVID (as compared to other disasters), there has been a noteworthy exception: young adults are reporting more stressors than older adults with this pandemic. These populations are not considered weaker; rather, these are the groups of people who are either hit the hardest with stressors; they are more vulnerable; and/or they are forced to take on more responsibilities, along with making more sacrifices. One of the biggest challenge areas will be for those who were sick with COVID-19. One in five survivors were recorded as having a first time diagnosis of anxiety, depression or insomnia (<https://www.reuters.com/article/uk-health-coronavirus-mental-illness/one-in-five-covid-19-patients-develop-mental-illness-within-90-days-study-idINKBN27P34P>). We still do not know the many COVID-related ramifications, especially in determining the impact on mental and cognitive functions. People recovering from COVID have reported a variety of physical symptoms (such as muscle weakness and pain), but there are an assortment of brain function issues such as problems with concentration, cognitive function, memory, as well as anxiety, sleep disorders, depression or PTSD – post-traumatic stress disorder (<https://www.medpagetoday.com/infectiousdisease/covid19/86556>). These issues are especially complicated for those people who were seriously ill and required hospitalization in the ICU. “These patients may experience post-intensive care syndrome (PICS) that could manifest as a combination of physical, cognitive, and mental health impairments following an ICU stay for a critical illness” (<https://www.medpagetoday.com/infectiousdisease/covid19/86556>).

We need to evaluate these varied aspects of mental health as we move forth with the transition that follows this pandemic. During our recovery phase, too many people are isolating their perspectives by only looking at their own nations – or even their own states or towns; that perspective is naïve and fruitless. Realistically, the road to recovery must be collective or all of us will continue to suffer. The virus that caused this pandemic knows no boundaries, despite one’s thinking in those terms. The solution to our recovery is “collective care” (<https://www.cdacollaborative.org/blog/4-ways-to-transition-responsibly-during-a-global-pandemic/>).

This is not a time for “business as usual,” nor will we likely go back to the “way things were.” Maybe the silver lining to this pandemic is that we will be forced to address our broken

mental health care system here in the U.S. Can we change our course that will lead us to a mentally healthier society?

1. Mental health care must be made affordable and more widely utilized
2. Make mental health screenings a routine part of primary care services
3. Expand the use of telehealth mental health visits
4. Establish a payment system for peer support; peer support has proven to be very beneficial
5. Develop guidance for evaluating the quality, safety, and effectiveness of mental health apps, which serve as good resources
6. Expand provider networks that are more diverse, and a system that supports the education and training of providers from underrepresented minority groups. We have witnessed the preexisting health disparities even more so during the pandemic.
7. Recognition that mental illness and suicide were on the uprise, especially with young adults, pre-COVID and we are lacking treatment modalities (<https://www.mhanational.org/issues/state-mental-health-america/>)

The bigger picture with the transition is that we will likely see change, but will we aim to restore that pre-2020 life or will we create a different, better world?

Here are some questions to ask and ponder: “Will global solidarity triumph over vaccine nationalism and will we overall boost international cooperation?” (<https://www.bbc.com/worklife/article/20201118-coronavirus-how-will-it-affect-inequalities-mental-health>)  
Dowe understand that the economy and society depends on education? Will we address income inequality and recognize the need for technology-enabled workplaces as well as safer workplaces? Will we invest in the necessary economic and social forces that

Continued on page 10

**HV Sheep & Wool from page 1**  
exigencies of COVID-19. But Mary says that hopefully, the farm will once again host some get-togethers outdoors in the coming months. “We had to stop the get-togethers, because we could not socially distance with that many people inside. Once spring comes, and we’re able to sit outside to do it, we will probably restart it. I think people are wanting to get back at it.”

Mary’s farm has also been a place where boutique crafters and artists could go to rent her equipment to do things like make vibrantly colored felts from roving. And up until now, the farm has also processed wool from the sheep’s back all the way to the farm’s own line of yarns and felt and roving products, as well as crafted items.

“The processing part is changing, as far as my business and what we do. We will no longer be processing our own wool in-house, into yarn,” Mary explains. “We will wash it, and then send it out to another mill, because I’m closing down our mill. With that part of things, it wasn’t so much the pandemic. I’m just getting too old for it,” she laughs.

But the Hudson Valley Sheep and Wool Company will continue to stock an excellent selection of high quality yarn and felting, as well as ancillary supplies needed for rug hooking, knitting, spinning, needle felting and more. It carries select brands such as Berocco, Mountain Colors, Rowan, Bergere de France, Bartlett, Universal Yarns, Tahki Stacy Charles, Pura Bella, The Fiber Co. and Cestari. The yarns include 100% wool, Superwash wool, wool/alpaca blends, wool/mohair blends, silk, merino wool/silk blends, mohair and mohair/silk blends, cotton and flax.

**Scenic Views and Country Wares**

Continued on page 10

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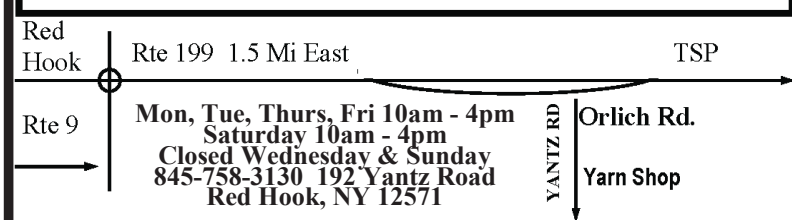
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**HV Sheep & Wool from page 9**

Mary's property is a peaceful and pastoral setting, and its sloping hills and flatter fields are often dotted with grazing sheep. When she purchased it, it was a cattle farm. She'd learned to knit and craft from her mother, and soon began raising sheep, with the idea of making a business around processing wool.

Right around this time of year is when the sheep on the farm are shorn of their winter coat. "Very shortly, we should be shearing all of the sheep. We currently have just under a hundred sheep. The shearers come in, and do all the sheep in one day. And then we are processing that wool."

The Shetland and Icelandic breeds at the farm are both known for producing quality, versatile wools. The Icelandic actually has two coats, a fine coat and an outer coarse coat. Mary says the coarse coat is typically used to make things for outerwear. The inner coat is similar to Merino, a softer wool that's easy on the skin. The inner fiber can even be used for babyware, including

blankets.

There are many advantages of wool-made products. "Wool is sustainable," Mary points out. "The sheep keep producing it. You shear them, and the next year, you shear them again. Wool is also much warmer. It traps the air, and provides great insulation. It's also fire retardant. That's one of the reasons why the military has used it."



Mary's store currently features crafted wool items and other fabric wares. There are durable twined rag rugs in a selection of patterns and colors. Felted pillows feature everything from abstract color designs, to homey scenes and flower patterns.

Christmas, holiday and patriotic themes also abound. Quilt-piece style pot holders come in many varieties and patterns, and so do aprons. Baby blankets are crafted with delicate motifs, and there are sweaters, mittens, vibrantly colored dip-dyed hats, scarves and more. Items are also available via an Etsy store (search "homesteadwool" at Etsy.com).

In addition to a great selection of crafted fabric items, the store also carries supplies for crafters, and products from local farms. There are beeswax candles, honey, and maple syrup. Unfortunately, some items have been harder to stock during the pandemic. But there are usually farm fresh eggs available at the store.

**A Small Business Working Through Some Tough Times**

Mary says store traffic has taken a huge hit during the pandemic, and her business has been affected in many of its aspects. Sourcing supplies has become more difficult. But when she speaks about the situation, she voices as much concern for other businesses she knows, as she does for her own farm.

"It's not just the really small businesses, like mine. Larger businesses suffered greatly, too. We get chickens' manure to use on the fields as fertilizer, from a farm up the road. And they lost 50 percent of their business in NYC. It's an egg business, and they lost a lot of their sales. And they're a relatively big business. So it's not just us, the small business person. Larger businesses also took a hit."

Another factor affecting her farm has been the stoppage of local and regional events that traditionally brought in travelers and traffic to the farm.

"All the outside venues and events like Clermont, they have a festival every April. Well they can't do it. People are not visiting those places where there are large crowds. That has killed them, and that has killed us as participants."

Despite the hardships, Mary noted that business traffic is slowly coming back. And she hopes spring weather will accelerate that trend. "We socially distance and wear masks. It's a very large space, so we've felt fairly safe doing it that way. That part of our business stayed steady. It was the customers to our shop, who've been worried about getting out into the public, that really dropped off. We're very hopeful that this spring will turn all this around. I'm really looking forward to spring. I'm done with this winter." Hudson Valley Sheep and Wool Company

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**Preparing to Transition from page 9**  
 create healthier communities with changes in developing safe housing, good schools, livable wages, gender equity, clean air, drinkable water, a faireconomy...? Although we may be utilizing the virtual lifestyle more, will we promote the value of daily face-to-face interactions? Will we redesign our living space, especially our workplace? Perhaps the focus of the office will change in order to promote team interaction and collaboration as opposed to individual work. This also includes "co-working space" with different businesses recognizing the need for interaction and collaboration. Will we be able to develop systems for tracking public health safety and yet protect data privacy and security? Will we seriously look at existing inequalities in society and demand new ways for us to thrive in 2021 and beyond? Although we are certainly not at the post-pandemic stage yet, we should be preparing for the

steps within the transition. The transition involves a process, and one that we will all be going through, regardless of the variations in our mental health status. COVID-19 is a global health issue that resulted in humanity experiencing a collective trauma. As human beings, we all "share the same sorrows, the same hopes, the same potential" (<https://www.bbc.com/worklife/article/20201118-coronavirus-how-will-it-affect-inequalities-mental-health>). Perhaps we can begin to change society's norms and recognize that humanity can only thrive if we accept that we are one community in need of cooperating with each other. We have been drilled with the concept of "survival of the fittest," but in reality all life forms in nature are dependent on each other and require cooperation in order to survive. So it is in the wake of this pandemic that we have the opportunity to change for the better.

Charlotte Michos is a clinical nurse specialist who serves as a Healthcare Consultant in helping others make informed decisions about their health. For more information, products, and to view previous articles visit [www.besthealthconsultant.com](http://www.besthealthconsultant.com) or email [charlottesmichos@icloud.com](mailto:charlottesmichos@icloud.com).

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**Ingredients**  
 1 boneless beef chuck roast (3 to 4 pounds) 1 teaspoon salt  
 1/2 teaspoon pepper 1 tablespoon canola oil  
 1-1/2 cups water 1/2 cup reduced-sodium soy sauce  
 1/4 cup honey 3 tablespoons cider vinegar  
 3 garlic cloves, minced 2 teaspoons ground ginger  
 1 teaspoon ground mustard 1 large onion, halved and sliced  
 2 tablespoons cornstarch 2 tablespoons cold water

**Directions**  
 Sprinkle roast with salt and pepper. In a large skillet, heat oil over medium-high heat. Brown roast on all sides. Transfer meat to a 5- or 6-qt. slow cooker. In a small bowl, mix water, soy sauce, honey, vinegar, garlic, ginger and mustard; pour over meat. Top with onion. Cook, covered, on low until meat is tender, 7-9 hours.  
 Remove roast and onion to a serving platter; keep warm. Transfer cooking juices to a large saucepan; skim fat. Bring cooking juices to a boil. In a small bowl, mix cornstarch and cold water until smooth; stir into cooking juices. Return to a boil; cook and stir until thickened, 1-2 minutes. Serve with roast.

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# God's Corner

## Jesus: The Ambassador of Peace

By Naomi Fata

By the time this paper is printed Holy Week will have just passed, but there is still time for reflection as we continue our series on peace.

Holy Week marked the celebration and remembrance of Jesus' death, burial, and resurrection, which was the ultimate sacrifice paid so that we could have peace. Going back to February's article about peace in relationship, recall that mankind was no longer at peace with God once Adam and Eve ate the forbidden fruit. Because of that sin each person is born with "fleshly desires" which war against the Spirit or the things of God. (Galatians 5:17)

The Old Testament prophet Isaiah referred to Jesus as the Prince of Peace. Jesus' mission was to bring peace to men through restored relationship with God.

God's plan for peace is eternal life with Him in heaven which is available to us through the sacrifice of Jesus' death on the cross. The words of one of the most frequently quoted Bible verses, John 3:16, tell us that God so loved the world that He gave His only son so that we could have eternal life. He did this not to condemn us for the mean, dishonest, and selfish things that we have done, but so that through Jesus we could be saved.

One important aspect of peace with God is our own humility. We must recognize that we can't achieve perfection on our own - we can't fix the broken relationship. On our own we aren't capable of saying no to our own selfish desires.

John 14:6 reminds us that no one can come to God in relationship except through Christ. This means acknowledging on our own inability to save ourselves and relying on the perfect life of Christ completely. In religious terms we call this

act of relying on Christ salvation, being "born again" or repentance.

For those who have been in church for years, perhaps you are familiar with the word of J.W. Van DeVenter's hymn I Surrender All. *All to Jesus I surrender, Humbly at His feet I bow, Worldly pleasures all forsaken; Take me, Jesus, take me now.*

If your heart is restless, searching for peace. The answer is Christ. Talk to Him, tell Him your heart. Have faith in His sacrifice and ask forgiveness for going your own way.

May you find the peace that you long for in Him. Naomi Fata is the President of Christian Resource Ministry Inc. (CRM) [www.crm.org](http://www.crm.org)

### THE HEART OF CHRISTIANITY! THE DEATH, BURIAL, AND RESURRECTION OF JESUS!

"And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified. He is not here: for he is risen, as he said. Come, see the place where the Lord lay" (Matthew 28:5,6).

The Lord Jesus Christ, Perfect God-Perfect Man, came from Heaven and was born of Mary the Virgin in Bethlehem. His mission was to come and live a perfect life, to glorify His Father in Heaven, to teach with authority, to do many miracles, to reach out with love and compassion to those in need, to confront religious hypocrisy, and to call men to be His Apostles in order to carry on His work after He went back to Heaven. While Jesus came to be a Perfect Example and a Servant and to speak with authority, His ultimate goal was to give His life on the Cross for our sins and to Rise victoriously over death and the grave so that all who truly believe on Him and receive Him into their Hearts might be forgiven and have Eternal Life.

The Death, Burial, and Resurrection of Jesus is the Heart of Christianity. His death on the Cross and His Resurrection the Third Day proved that what He did was sufficient for our Salvation. The death of Jesus on the Cross without the Resurrection wouldn't result in the forgiveness of Sins. Praise the Lord that Jesus died for our sins and Rose victoriously over death and the grave. We serve a Risen Savior! Jesus is Alive! We have a Powerful and Living Message of Truth to share!

When the Women went to the tomb on the First day of the Week after the Sabbath, they were going there to finish His Burial. They thought that He was dead. On the way to the tomb they talked about who would be able to roll the stone away from the tomb. "And they said among themselves Who shall roll away the stone from the door of the sepulcher?" (Mark 16:3). When they got there the stone was rolled away and the tomb was empty. Everything changed that day and everything has changed for all of us that truly Believe on the Lord Jesus Christ.

What the Angel told the women was life changing! The angel said, "He was crucified." Yes, He was crucified for our sins on the Cross - past tense! Yes, He was placed in the borrowed tomb of Joseph of Arimathea (Matthew 27:57-61). As the women got to the tomb they heard the Victorious words of the Angel say: "He is not here; for he is risen, as he said."

Brethren, every year we remember what Jesus did for us on the Cross and we Rejoice that He Rose victorious over death and the grave. The Lord

Jesus Christ is Alive forever more! This message is life changing and is the Heart of Christianity. I am sure that you think about the Lord Jesus Christ every day and all that He means to you.

We not only have the blessing of being a Christian by believing on what He did for us on the Cross and by His Resurrection, but we also have the joy and peace of Living our lives by the Grace of God and in the Power of the Holy Spirit each day. We also have hope for the future. Forty days after Jesus rose from the grave, He ascended back to Heaven and is now seated at the right hand of God as our Great High Priest! He is coming back again someday as KING of kings, and LORD of Lords. "Let not your heart be troubled: ye believe in God, believe also in me. In my Father's house are many mansions: if it were not so, I would have told you, I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also" (John 14:1-3).

Are you ready to meet Him? You can be by giving your Life to Him now and living each day by depending on Him. Thomas wanted to know the way to the Father's House. The Lord Jesus Christ said unto him, "I am the way, the truth, and the life, no man cometh unto the Father, but by me" (John 14:6). Salvation is in Christ, and in Christ alone!

If you would like to know more about the Heart of Christianity, and/or how to become a Christian, please contact us by

Email at [cdcfirone@aol.com](mailto:cdcfirone@aol.com) or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, N.Y. Pastor Frank L. Cirone

## Columbia-Greene Humane Society

Russ Gibson and Duncan Calhoun recently presented a check to Columbia-Greene Humane Society/SPCA President/CEO Ron Perez for \$50,000 to seed the Zamboni Fund, a dedicated fund to support the shelter's free Pet Food Bank and their low-cost veterinary clinic. Russ and Duncan founded the fund in memory of their beloved Shar-Pei, Zamboni, who was adopted from CGHS/SPCA. They have committed \$175,000 to this effort.



From left to right: Russ Gibson, Ron Perez, and Duncan Calhoun, and their Shar-Peis Nora (left) and Nick (right).

Their desire is to encourage the public to contribute to the Zamboni Fund to ensure that no animal ever goes without food or necessary medical treatment. For more information on the Zamboni Fund, please contact Ron Perez by email at [ronperez@cghs.org](mailto:ronperez@cghs.org) or by phone at (518) 828-6044 ext. 108.



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## Parasite Season Is Coming Soon

By Julianne Porter, DVM

Along with spring and warmer weather we all must remember that fleas, ticks, and heartworms will again be a problem for our pets.

In addition to causing irritation and discomfort, fleas can commonly cause many more chronic and serious problems. Fleas bite and suck blood from their host and many dogs and cats will develop an allergy to the bite of the flea. This results in severe discomfort, skin irritation and often serious skin infections that can be difficult to treat and resolve. When fleas are not controlled on our pets, they can also infest the house and bite humans. Remember, just because you don't see fleas it does not mean they aren't there. Fleas are very good at hiding on your pet and in your home. Oftentimes, fleas will jump on a pet, bite, and then jump off undetected. Even though their bite may not leave any immediate evidence, the flea

will often leave behind eggs, which increases the likelihood of an infestation on the pet and in the home. To eradicate fleas from your pets and home you must treat every pet in the house and maintain treatment consistently for at least 3 to 4 months. It is relatively easy and effective to rid fleas from your pets and your home using safe and effective prescription flea preventative medication under the direction of a veterinarian.

In the Hudson Valley, ticks are a major parasite problem for humans and pets. Adult deer ticks are very small, but can often be seen on your pet from October through May. In May, the ticks enter their 6-month nymph phase and are no bigger than the period at the end of this sentence. The most common diseases they are known to transmit in our area are Lyme disease and Anaplasmosis, and the nymphs cause the majority of cases in both humans and pets. These nymphs inhabit grassy areas and are found even in mowed lawns in the middle of town. These diseases can cause

joint pain, fever, neurological problems, abnormal bleeding, and sometimes irreversible kidney failure. Because we cannot always see or catch the ticks before they attach, the best way to avoid disease is to use safe and effective products to kill them on your pet before they transmit any disease.

Lastly, mosquitoes in our area transmit deadly heartworms, which cause severe damage to the blood vessels of the heart and lungs. These worms can grow to 14 inches in length and live up to seven years in a pet's heart and lungs. Their presence is not often discovered until there is substantial and irreversible cardiovascular damage and it is too late to treat. This makes both testing AND prevention very important.

Thankfully, there are many safe and effective prescription products that will prevent these parasites from infecting your pet. Flea and tick products come in chewable tablets, topical liquids and collars. Heartworm preventatives can be found as tablets, topical liquids and injections. The duration of these products varies ranging from 1 day to 12 months. Your veterinarian and veterinary staff are well educated to help you decide the best products to use for your individual pets. The chemicals in these prescription products have been tested and used for many years, are targeted to affect only the parasites and are backed up by the manufacturer when purchased through licensed veterinarians.

Preventing these parasites from affecting your pet is much safer and cost effective than treating the diseases that these insects carry.

Recent media outlets have implicated Seresto, 8-month collars in causing illness and death in dogs. To date, there has been no official scientific confirmation regarding these accusations, however, if you have questions regarding the use of Seresto collars you should call your veterinarian for advice.

### SPRING HAS SPRUNG!

Presented by Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

As flowers bloom and temperatures warm, it's only natural to want to spend more time outside with your furry friend. But clean air and sunshine means pollen, plants, bugs, and dirt – and a host of potential health and safety issues to be aware of. A little prevention goes a long way, so speak with your vet and follow these easy safety tips to enjoy spring in all its blossoming, blue-skied glory with your pup! **HEARTWORMS, FLEAS AND TICKS**

Heartworms, fleas and ticks can be especially prevalent in springtime. Heartworm disease is a serious (and potentially fatal) parasitic illness transmitted by mosquitos. The American Heartworm Society guidelines recommend all dogs be tested annually for heartworm infection

as larvae take 6-7 months to become adult worms. Your vet can both test for and create a preventative medication program to keep your dog heartworm-free. Fleas and ticks can trigger a host of problems, from flea allergy dermatitis to Lyme disease and rocky Mountain Spotted Fever. In large enough numbers, both

ticks and fleas can cause a dangerous amount of blood loss, especially in young dogs. The most common prevention options – monthly spot-on topicals and oral tablets – are popular due to both convenience and effectiveness. As with all medical issues, prevention is preferable, so be sure to check with your vet for

Continued on page 14



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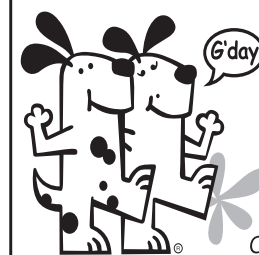
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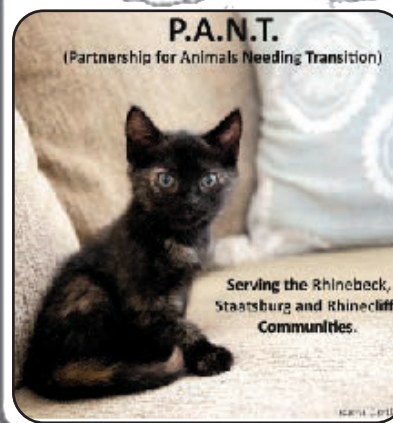
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It is the mission of P.A.N.T. to reduce the feral and abandoned cat population in Dutchess County, focusing in the Rhinebeck area, through education, prevention and adoption programs. We will achieve this by advocating the humane and proven method of Trap/Neuter/Return (TNR) and by forming an alliance of veterinarians, the general public, local governments and volunteer groups. Kitten Season is upon us and the P.A.N.T. organization is in great need of foster families to provide a warm home, love and care to the abandoned cats and kittens we rescue. Please fill out a Foster Parent Application on our website [www.pant.org](http://www.pant.org) under "How you can help" or contact us at (845) 486-7075.

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**Barkbusters from page 13**  
 proactive recommendations to keep your dog free of parasites and in good health.  
**GARDENING**

Gardening is a natural fit for springtime, but a little pet-proofing can go along way. Many plants and gardening supplies can be poisonous and even fatal to our pups, so consult your vet or simply Google information for a list of toxic plants in your area and consider not planting these items – or know how to recognize them and keep your dog away if they occur naturally. Avoid pesticides and use natural alternatives instead. Similarly, if you have treated your lawn

with fertilizers, herbicides or insecticides, don't let your dog walk on it until these often-toxic treatments have completely dried. You may also consider not gardening with your dog present. Your observant pup may think that digging and playing with plants is acceptable canine behavior!  
**SPRING ALLERGIES**

Spring allergies are a natural, sometimes inherited consequence of blooming plants, grasses and flowers for humans and dogs alike. Dogs often develop itchy skin (a condition called atopy) instead of sneezing, however, so be on the lookout for persistent scratching. Licking and biting

which may mean your pup is seeking relief from discomfort. Oral medications are a great option if your dog shows signs of atopy for less than three months per year. In more severe cases, your vet can perform a skin test to pinpoint the allergies. In either instance, visit your veterinarian for diagnoses and recommended allergy treatments.

**SMELLY DOGS**

Smelly dogs may be a sign of a number of things: dental disease, ear infection, oily skin or a blocked anal gland. To tackle a potential issue, first identify where the smell is coming from. Mouth odor, for example, may indicate dental problems, digestive illness or underlying internal diseases like kidney issues or diabetes. If you notice discolored teeth or worse doggie breath than usual, ask your vet for a dental exam. If the skin inside your dog's ears is red, sore to the touch or emits a bad odor, have your vet check for an ear infection. Dogs with flaky dandruff or an oily, waxy feel to their coat along with a strong odor may have seborrhea, a common skin disorder that can be prevented through frequent baths with a medicated shampoo. Lastly, an infected anal gland can also be a source of odor and discomfort and may require veterinary attention for treatment.

**USE THE OUTDOORS TO REINFORCE TRAINING**

Longer days and warmer temperatures mean more opportunities to refresh our training skills and strengthen your relationship with your furry

friend. Nicer weather is a great excuse to reinforce leash training techniques and practice basics like walking to heel, coming when called and gate manners that may have been less doable in the winter cold. Start slowly and use each exercise to enhance your dog's response to you as you continue to build a stronger, safer and deeper relationship with your dog. And the results? Happy Dogs = Happy Families  
 Bark Busters is the World's Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what

the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding.  
 Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 14+ years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west.  
 For more information about Bark Busters, please visit our website at [www.BarkBusters.com](http://www.BarkBusters.com) where you can take a free 20 question quiz to rate your dog's behavior.

You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by "liking" us on Facebook at <https://www.facebook.com/>



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## The Art Gallery at the Rockefeller Park Preserve

presents, "Spacial Impressions", a photography exhibition representing artistic selections from five exceptional multi-talented photographers. Co-curator Michael Garber, Walter LeCroy, Bobbi Lane, Lee Varis, and Dyana Van Campen have dedicated a major portion of their lives pursuing creative, technical, inventive paths perfecting their skills while mastering a diversity of subjects and projects.

Michael Garber, a nature, landscape, and portrait photographer intrigued by the subjectivity of light, is drawn to objects as they are transformed in changing light. He employs this as a design element in shaping and capturing his images. Dramatic scenes attract his attention especially where color and texture create depth and intensity. He is the photographer for the book "The History of Landscape Design in 100 Gardens", by Linda A. Chisholm, published by Timber Press.

Bobbi Lane and Lee Varis, a dynamic duo, are award winning photographers having photographed a wide variety of subjects; Bobbi's work includes still life, people, and corporate projects. She produces a variety of educational DVDs on lighting. Hundreds of her environmental portraits are published in



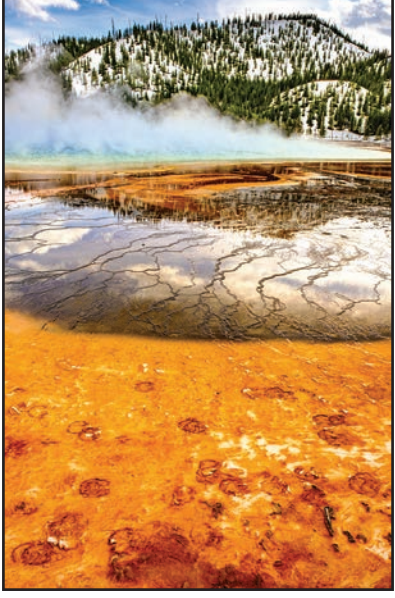
how a camera can be an extraordinarily powerful tool. Beginning with film, she realized how to play with light both in and out of the darkroom. Dyana studied this medium in depth which resulted in a very

magazines. She has written several books. Lee Varis is a photo-illustrator and a digital and advanced imaging pioneer. He's known as an "Adobe Wizard"! His photographic arts are featured on major movie posters, i.e.:



*The Starship Enterprise for Star Trek movies and "Silence of the Lambs", as well as video box covers, CD covers, brochures and catalogs. As dedicated photo educators, they teach lighting techniques. Lee is the author of the "Complete Guide to Digitally Lighting, Photographing and Retouching Faces and Bodies", a best-selling book among many that he has written. Among their projects, they have created educational DVDs conducted workshops and travel tours, worldwide.*

Dyana Van Campen began her work as a fine artist over 30 years ago. She took one photography class early on (BFA degree requirement) and discovered



successful photography career. Dyana began as a NY fashion and commercial photographer, then on assignment to the Netherlands she worked as an International photojournalist in Eastern Bloc countries and deep into the heart of India. Dyana returned home to start a family. Her editorial portrait and event work thrives to this day. Dyana revisits her artistic roots using oil paint and modern digital technics.

Walter LeCroy, photographer, engineer, entrepreneur; received his first camera at the age of ten developing a passion for filming patterns, textures, botanicals and landscapes. At twelve, his local paper the Decatur Daily in Alabama, published his images. His senior years

were divided between a love of physics and photography. He created the first digital oscilloscope that inspired the LeCroy Corporation. Providing his acute technical talent to the pictorial printing of fine art photography, he created Imaging Arts, a company developing prints for his exhibitions and well as other artists.

Co-Curated by Audrey Leeds and Michael Garber, the exhibition

will be available for public viewing at the Art Gallery at the Rockefeller State Park Preserve in Pleasantville, NY from March 13-May 9, 2021. Viewing hours are 9:30 AM to 4:30 PM, daily.

*New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual parks, historic sites, recreational trails and boat launches, which were visited by a*

**Continued on page 16**

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Rockefeller Park Preserve from page 15 record 77 million people in 2019. A recent university study found that spending by State Parks and its visitors supports \$5 billion in output and sales, 54,000 private-sector jobs and more than \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit [parks.ny.gov](http://parks.ny.gov), connect on Facebook, or follow us on Twitter. The free New York State Parks Explorer mobile app is available for iOS and Android devices. To download, visit: [Google](http://Google)

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### Clinton Community Library Awarded Stewart's Shops Holiday Grant

The Clinton Community Library has received \$850 from the annual Stewart's Shops Holiday Match grant. According to Stewart's Shops, 1,715 checks totaling \$1.88 million, from contributions by customers that were matched by Stewart's Shops, were sent to local children's

charities in area communities. The Library will use the funds to offset the costs of the 2021 Summer Reading Program at the library. Carol Bancroft, Library Director, said, "Clinton Community Library is grateful to Stewart's Shops and everyone who donated to this year's Holiday Match program. This money will be used for summer reading performances, activities, books, and prizes. It's been an especially long winter this year, so we are really excited about the library's summer plans. There will be something fun for everyone!" Since the program's start in 1986, Stewart's Holiday Match program has given more than \$32 million. To learn more about Stewart's Shops contributions program, visit [www.stewartsshops.com/community-giving](http://www.stewartsshops.com/community-giving).

About Clinton Community Library: Clinton Community Library was established in 1965. It is located at 1215 Centre Rd. in Rhinebeck, NY, adjacent to the Clinton Town Hall. The library is open Mondays, Tuesdays, and Thursdays from 9-5, Fridays from 11-7, and Saturdays from 9-1. In 2018, the Clinton Community Library

won the prestigious Joseph F. Shubert Award for Library Excellence. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit <http://clinton.lib.ny.us>.

### The Design of the Claverack Library Garden via Zoom

Join garden designer Peter Bevacqua on Saturday, April 10 at 4 PM for a discussion of the eye-catching low maintenance and seasonally changing plantings around the library's 9H façade. He will also show a nearby garden designed using

this planting style, and explain how you can bring some of his ideas into your own garden. The Claverack Library is located at 9 Route 9H at the intersection with Route 23B. For the link to the webinar see [www.claveracklibrary.org](http://www.claveracklibrary.org). This webinar is free; however donations to the library gardens via Paypal are welcome.



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**Commercial Space For Sale Or Lease:** Rare Opportunity! Commercial / Multi Use zoning allows for a variety of ideas & possibilities in this one level handicapped accessible building. Formerly used as a Chiropractic practice this building has nine offices, reception area & 2 bathrooms. Perfect for day care, medical facility, professional offices, dog grooming, Deli, Specialty Shop & MORE! Rent out space for extra income! Located on HIGH VISIBILITY Broadway in the Village of Red Hook. **Asking \$599,000 or Lease For \$2,950**



**Investment Opportunity! Red Hook Village:** Vintage 2 unit building in heart of the Village is in very good condition

w/several updates over last several years including new boiler, windows, flooring. Solid rental income which has been very consistent & locally managed. Sunny and bright units are spacious & well kept. Walk to all village amenities & close to the Bard shuttle line. Income & operating expenses available for qualified buyers. **\$299,000**

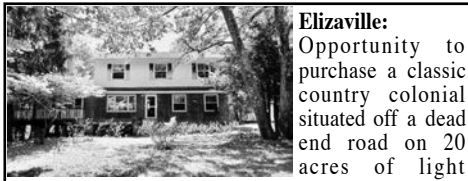


**Direct Waterfront! Red Hook:** There's room for everyone in this spacious 3-4 BR home. LR features hw floors, exposed beam & gorgeous wood finishes. Kit w/sliders to deck leading to hot tub & pool. Custom Pantry w/laundry is loaded w storage. Two staircases that lead to Play/Media Room w built in window seats, Office & BR's. MBR w vaulted ceilings, double closet w/access to the FB. Perks include CA & generator hookup. Rare setting w/direct frontage w private dock on beautiful Mill Pond. Enjoy breathtaking views of birds of prey, swans & ducks. Great for fishing / boating. Set back off meandering drive w/over 2 acres. Short stroll to elementary school. **\$525,000**



**Gallatin:** Furnished, turn key & totally ready w/nothing to do but move right

in. Super chic cottage on 3 acres of woods, located at the end of a private road, just 10 mins to Red Hook & 20 mins to Hudson. House has been renovated top to bottom & is now all done up w/designer furniture & great details throughout. Open concept, large windows & bamboo floors w/radiant heat, throughout. Hot tub provides for great outdoor enjoyment year round, as does a private camp fire location. Enjoy dinner on the spacious deck during spring, summer, & fall. Enjoy quiet seclusion in nature. Or.. venture out to the great restaurants, antiquing, & outdoor activities in the area. Easy living & ready for you to call home or perhaps use as an Air BnB opportunity. Back up generator is an added plus! **\$539,000**



**Elizaville:** Opportunity to purchase a classic country colonial situated off a dead end road on 20 acres of light

woods, trails & meadows. Large formal rooms just perfect for family & guests, offering 5BRs/3FB. Peace & quiet is yours. Bring the animals & the ATV. Plant a garden or build a fort. Fish in the shared pond. This property awaits the creative buyer who can appreciate it's originality, good bones & straight lines. Envision your own paradise just like the original owner who raised his family here. 10 mins to Red Hook village, 20 mins to Hudson and just 3 1/2 miles to the TSP. Such a deal in today's market! **\$389,000**



**Livingston:** Welcome to Lake! Enjoyed by the same family for many years this 3BR/1.5Bth home invites you to enjoy the lovely LR w/FP. Open Kit w/formal DA, Den, FR w wood stove & access to patio for cook outs or fire pit. Separate little cottage lends itself to studio/play house. Just a short stroll to the private beach & enjoy swimming, boating or fishing. Home sits on a double lot w/easy access to TSP, Red Hook & Hudson. Come make your own memories here! **\$239,000**



**Milan:** Quiet, Spacious 3 BR/ 2 bth home freshly painted w updates. 3 acres, good sized 2 Car GAR & mini barn located on property. Wood burning stove & laminate flooring throughout. EIK leads to sunroom & deck overlooking seasonal stream. 10 minutes to Red Hook, 5 to TSP. **\$239,900**



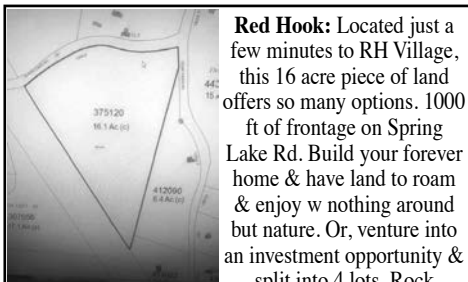
**Milan:** The perfect upstate cottage awaits! Perfectly cozy home w/open LR, dining, Kit w/wood stove. This is the perfect home for down sizing, a weekend getaway or buy as an airbnb investment. 6 acre parcel w/gorgeous ravine running through, set on back country road. Minutes to TSP. Two outbuildings for storage. **\$199,000**



**Clermont:** Spectacular sunsets over the mighty Catskill Mountains. Hudson Valley horse farm features Brescia barn w/6 stalls, 4 matted w/one padded foaling stall, a tack room w/bath & bath stall. 2 BR apt. w/lovely maple floors & Joule wood stove in LR. Country Kit, full tiled bath & bonus room on the second story. Each of the 4 paddocks has it's own water supply & electric. Two run-in sheds, 2 acres of Dog Watch fencing PLUS the most gorgeous building site set in the back. Excellent opportunity to live in apartment while you build your castle. This is a very special property lending itself to many possibilities. Almost 15 open acres w/a view from every angle bordering conservatory property. **\$517,000**



**Clinton:** Very pretty building lot w/mature trees & meandering old farm stone walls. Private setting perfect for those who love nature. Perfect spot for a Log or home with lots of windows. Seller willing to make a deal for both parcels. **6+ Acres: \$205,000 or 9+ Acres \$225,000**



**Red Hook:** Located just a few minutes to RH Village, this 16 acre piece of land offers so many options. 1000 ft of frontage on Spring Lake Rd. Build your forever home & have land to roam & enjoy w nothing around but nature. Or, venture into an investment opportunity & split into 4 lots. Rock outcroppings, large mature trees & a guided path makes this property accessible & so interesting. Super cool stone foundation on the property that dates back to yesteryear. Just minutes to the TSP, Rhinebeck, Bard College, Hudson & Pine Plains. **\$249,000**



**Red Hook:** Open w Farm Vistas this 5+ Acre lot is located within minutes to Red Hook Village, Rhinebeck & Kingston Rhinecliff Bridge. Borders working farm & is BOHA for a 4 BR home. Horse possible. Rare Find! **\$169,000**

# LeGrand Real Estate, Inc.

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**RED HOOK**

NEW TO MARKET - Custom log on 7.5 secluded acres offers 3 BRs with master on main floor, 2 baths. Vaulted ceiling and stone fireplace. Large porch on front and large deck on rear overlooking a nice pond and green belt. Unattached 3 car garage and other outbuildings/studios. In quiet area. Red Hook Schools. First time on market, offered at **\$775,000**.



**78 Schultz Rd., Staatsburg**

A wonderful 5 BR Colonial w/a new kitchen, fireplace and tons of living space on 40 private acres. Property is in 2 deeds and both are included in sale additional lot could be built on. Also has a lovely 2 BR apt that was built for owners parents that has a private entrance and driveway. A great family situation or income, a wonderful apt. Schultz Hill is a quiet area yet only 5 mins from the Village of Rhinebeck. Property is beautiful w/rock outcroppings and nice trees. Also has an unattached barn that could be used for animals or work shop. Home is large and spacious with new gas fireplace, wood floors, new kitchen w/granite counters and a new bath off the master BR that is tile and glass, it is to die for. A wonderful setting, private and quiet and Schultz Hill road is local traffic e only. One of the most quiet in the area. A must see home. The apt is wonderful w/an open floor plan, 2 BRs and 1 bath. A nice getaway for extended family in these times. 2 car oversized garage is attached. A must see home. **\$950,000**.



**RHINEBECK VILLAGE**

NEW TO MARKET - Charming 2 BR, 1 bath home in the heart of the village, walking distance to shops and restaurants. Large oversized lot has a pool and nice deck. Plenty of room to expand, water and sewer. A must see home. Offered at **\$445,000**.



**983 County Rte 6, Germantown**

Nice mini farm in quiet country location. Nice 3 BR home with 40+ acres currently in agriculture. Good well drained soil, small pond on property and mostly cleared. Nice package ALSO has a mobile home pad that pays \$450 per month. **\$499,000**

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**RHINEBECK**

NEW CONSTRUCTION. 46 Will Tremper, a top quality, 4500 sq. ft., 4 bedroom, 4 bath Cape on 23 acres. Walking distance to Village. All finishes are top quality, built by a master craftsman. Wood floors, tile baths & a finished basement. Garage is over-sized. There is ample room for a pool. Privacy plus, offered at **\$1,450,000**.



**TIVOLI**

Immaculate one of a kind colonial. Features a Key West style front porch, inviting floor plan, arched entryways, 4-Season sun room overlooking the heated inground pool. Private backyard also features a cabana w/cedar sauna and shower. 2 sheds, attached 2 car heated garage + additional Amish built 2 car garage w/unfinished upstairs. Great for home office or studio. Downstairs bonus room could easily convert to MBR. All roofs new. All bathrooms updated. Great family neighborhood, walking distance to restaurants, parks, river and Kaatsbaan. Close to Red Hook, Rhinebeck, Kingston and Bard. Red Hook Schools. **\$555,000**



**WEST MARKET, RED HOOK**

A wonderful duplex office/Apartment in heart of village. A wonderful; multi room office, 4 with a large reception area, small kitchen and ample off street parking. Zoning would allow any office, medical or professional user. Also half the building is a lovely 2 bedroom apartment, large and spacious. Would make a great home for office user or rental income. Call Tom.



**RED HOOK**

49 wooded acres in two parcels, frontage on Rt. 199 and Willets Woods Drive. Property is subdividable and has a nice forest, rolling topography. 2 miles from Red Hook Village. Priced to sell at **\$350,000**.

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**Angela Lanuto Team from page 1** bring some tips of the trade to help buyers try to get an upper hand on this very tight housing market.

Another episode of *Keeping It Real, Is Now A Good Time?*, takes sellers through the current real estate market and helps them understand the speed at which the market is as a whole and how individual transactions are moving. "Sellers who bought their home five years or even a decade ago are being blindsided by how quickly an offer comes in when they list their homes for sale and how quickly a closing date is set. It used to take months, sometimes a year. Technology

has made everything move more quickly and real estate has really changed because of it. In many cases the increased speed makes things easier for sellers who are ready to move on. But sometimes, they're not expecting it. We want sellers to be comfortable with the changes they're making, and that means helping them prepare for how the process might go," says Lanuto.

"The Dutchess County properties sold stats from the end of 4<sup>th</sup> Quarter are staggering," says Morelle, "and what we are seeing is that the real estate market across the whole Mid-Hudson Valley Region is also booming in counties like

Columbia, Greene, and Ulster. I've seen people rendered speechless by the statistics," she proclaims, "they need someone to interpret what those numbers mean for them."

Angela and Allison are unflaggingly cheerful, genuine, and informative during their 10 minute episodes – they chat with

to the house in question; there need to be several similar homes

Banker's survey suggests it will, local homeowners will be justified in listing their homes at a price point that is significantly higher than it would have been a year or two ago.

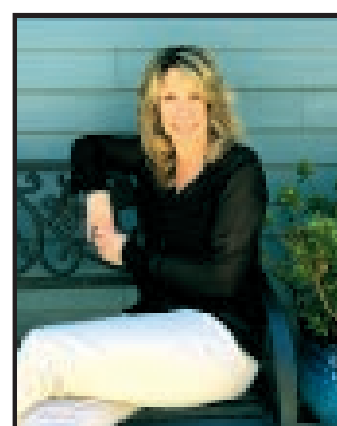
With homes selling so quickly does it really matter who sellers work

that have recently closed at a comparable price for the bank to approve a mortgage. Because there has been such an increase in sales this year, and because the demand has driven up prices, there are now comparable sales that justify a higher sales price for properties that are entering the market this spring. Even if the inventory increases as Coldwell

with – I mean their home is going to sell, right?

It's important to choose your real estate representative carefully because anyone can say 'I sell real estate'. But remember: you may be purchasing or selling the most expensive asset you will ever own and you want to be guided by someone experienced

**Continued on page 19**



*Anita Ferri*  
Realty

Laurie Bathrick  
Licensed Real Estate Salesperson

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viewers and each other while real estate market statistics run across the bottom of the screen news-network-style, displaying sales statistics; Average Sale Price up 37.83% and Number of Sales are up 32.11%, for Dutchess properties. After watching a couple of episodes, I sat down to talk with Angela and Allison myself.

**You ladies talk a lot about inventory. It seems to be the market watchword at the moment. Why is it so important?**

Obviously, having inventory is important in any business if you want to make steady sales, but in real estate there is another reason inventory is so important. In real estate a low inventory cycle can mean permanent value growth. In order to actually close a real estate sale when a buyer needs a mortgage, the bank requires an appraisal of value. An appraiser arrives at a value for a home based on other recent sales that are similar

**RHINEBECK COLONIAL**

Arts & Crafts inspired home on 1.34 acres has 3BR/3.5BA on 3 living levels. Elegantly appointed, it offers a gourmet EIK; 2-story great room with fpl. that opens to rear deck; first floor primary en suite w/ coffered ceiling and walk out to deck; and, family rm. w/ butler's pantry and fpl. Home office/playroom. Heated 3-car garage. \$995,000.



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**Angela Lanuto Team from page 18**  
*in the law, someone who knows what they're doing. An agent who is living real estate full-time and not just doing this as a side-hustle will have the depth of knowledge to see you through the process, no matter what comes up. Real estate is both a serious business and an intensely personal one – you should work with someone you know in your gut will put you first, and who can answer your questions quickly and accurately so you can make smart decisions.*

*We want our clients to know we are available morning, noon and night for them – with the business moving as quickly as it is, that's what's required. We know our clients don't just want to sell their house, they want to sell it for the best price and have it be smooth sailing. They need a pro.*

Both Lanuto and Morelle come from industry backgrounds in Event Planning, Project

Management, and Marketing; liking to use those skills from those industries to approach every sale or purchase as if it's a

"It's important to me that we listen to their vision," Lanuto comments. "Do they prefer to live alone in the woods? Do they



new project. Angela and Allison both say it's important for The Angela Lanuto Team to create a 'joyful and triumphant opportunity to realize the American Dream of home ownership' for their clients. By asking buyer clients lots of questions, they can use what they learn to match a property to the client's unique lifestyle.

like to eat out? We want to give them what they want."

"We both believe in home



ownership. And we share that same feeling of accomplishment – and excitement -- when one of our clients successfully buys or sells a property," says Morelle.

Their client-focused approach has earned them national recognition. Angela Lanuto is a member of Coldwell Banker's prestigious International President's Elite, which is comprised of the top 3% of agents globally; and Allison Morelle is a member of Coldwell Banker's International Sterling Society representing the top 22% of agents worldwide. They are both office Top Producers at Coldwell Banker Village Green Realty, Allison for the Red Hook office and Angela for the Catskill office where Coldwell Banker Village Green is the number one selling agency in the county. Angela is also a Certified Coldwell Banker Global Luxury Specialist as well as the Columbia Greene Board of Realtors' 2020 Realtor of the Year.

While this is clearly impressive, they both remain modest and grateful. "Allison and I love what we do," Angela shares. "and our new YouTube show is just a way to share our team's passion with more people."

The Angela Lanuto Team at Coldwell Banker Village Green Realty matches Hudson Valley Properties to your individual lifestyle. Specializing in Residential, Luxury, and Commercial properties across New York State's Hudson Valley Region. To learn more, visit [AngelaLanuto.com](http://AngelaLanuto.com) or check us out on Facebook and Instagram by visiting "The Angela Lanuto Team".

To watch *Keeping It Real* with Angela and Allison subscribe to "The Angela Lanuto Team" channel on YouTube.

For more information or to learn about your home value or whether this is a good time for you to make a change in your life call The Angela Lanuto Team at 845-658-0536 (cell), email at [TheTeam@AngelaLanuto.com](mailto:TheTeam@AngelaLanuto.com) or visit the team website [www.AngelaLanuto.com](http://www.AngelaLanuto.com). Serving Columbia, Greene, Dutchess and Ulster Counties. For information on NY State Human Rights Law, visit [villagegreenrealty.com/ffh](http://villagegreenrealty.com/ffh).

## Landscape Re-imagined at Claverack Library

The Claverack Free Library is pleased to present a spring exhibition, *Landscape Re-imagined*, works by 8 artists in the library's Marilyn and Bob Laurie Foundation Gallery, open to the public during library hours. Co-curated by Cynthia Carlson and Jean Feinberg, this exhibit gives viewers the opportunity to contemplate what landscape can

be when seen through an artist's vision and interpretation, often influenced by the visually rich environment of the Hudson Valley and the Catskills. The artworks, in a variety of media, demonstrate new imaginative ways of approaching the landscape. The Claverack Library is located at 9 Route 9H, with parking around the corner at 629 Route 23B. For further information and library hours call 518.851.5667 or see [www.Claveracklibrary.org](http://www.Claveracklibrary.org).

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**JUST LISTED.** This fabulous 4 BR, 2.5 bath, 12 room, 3172 SF Red Hook custom built colonial is flooded w/light from huge windows & a truly open floor plan. Every amenity is here and this home is in perfect condition. 3 acres are private & buffered & there are distant Catskill views. Ceilings are 9 & 10 ft, there's CA, a stone FPL, 3 office spaces, large BRs all over 15 ft., 4 walk-in closets, & a fabulous 16x20 master. Granite K is a chef's dream. **\$749,900**



**JUST LISTED.** One story living is so easy & nice at this 2 BR, 2 bath home in Pine Plains. An outstanding Kitchen boasts abundant cabinetry, granite counters, & stainless appliances including a gas range & a separate wall over. There's an open floor plan, DR & heated sunroom, CA, vaulted ceilings, skylights, & a MBR suite., Outside is level & buffered & there's a hot tub. A 2 car garage is complimented by two carports for all the toys. Just move in enjoy. **\$320,000.**



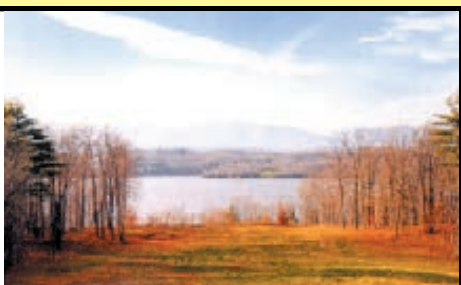
**IN RHINEBECK VILLAGE** on Chestnut Street, this Vintage Colonial is ready for your transformation. With 3049 SF, 4 BRs & 4 baths, this home has 9 ft ceilings, large windows, & wood floors. There's a full basement, two porches, a two-car detached garage, & a very beautiful level lot. Walk everywhere, to restaurants, shopping, to the fabulous library & recreation park. Adaptable to many lifestyles, this is the perfect home to make our own! **\$850,000**



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**JUST INTO COLUMBIA COUNTY** & in the Red Hook School District, this 2376 SF, 3 BR, 2.5 bath colonial home is exceptional. There are 9 ft. ceilings, CA, a great K w/a gas range, breakfast & DR, LR & FR, MBR suite w/a 5-piece bath & walk-in closet, a covered porch, 2 level deck, oversized garage, & full basement w/a 9 ft. ceiling & a separate entrance. On a cul-de-sac, there are 2.5 acres w/beautiful level lawns. **\$449,000.**



**THIS SECOND EMPIRE MANSION**, the childhood home of Eleanor Roosevelt, is sited back on 25 acres w/total privacy & dramatic views of the Hudson River & Catskill Mountains. Here there's individual heat & AC in every room, 8 working FPLs, 6 ensuite BRS, a grand staircase, ceiling heights to 16 feet, & dramatic rooms. Mechanicals are all new, the interior finishing is undone & remains to the astute buyer. **\$5,250,000.**

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60 Sub dividable acres located 3 miles east of the Historic Rhinebeck Village in the Rural Country Side 5 Acre Zoning district. This parcel has a rising ridge that overlooks the 18 acre meadow that is currently home to Christmas trees and is home to a meandering stream that trickles through the property. Asking **\$929,000**

### Rhinebeck 90 Acre Farm



Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm with Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm and CrossFit Gym. Proudly offered at **\$1,290,000**

### Rhinebeck Cottage



Located 2 miles south of the Rhinebeck Village is this 2 BRs, 2 baths cottage w/hardwood floors, gas fireplace, updated kitchen, 2 floor loft, central air, one car detached garage and storage shed. All located on a park-like 3.4 acres. Asking **\$439,000**

### Red Hook Mixed Use Building



The first floor of this 4400 sqft building is home to finished office space and is current leased. 2 stair cases lead to the 2200 sqft unfinished 2nd floor that currently has 2 roughed in baths, vaulted ceiling and could be finished into 2 apartments...Asking **\$459,000**

### Red Hook Village Lot



Red Hook Village .62 acre lot located in the Neighborhood Mixed Use Zoning District (NMU). This property offers a variety of permitted uses such as Residential, Single-Family, Two-Family, Multifamily, plus much more. Asking **\$119,000**

### Country Cape on 12 Acres



Located just minutes from the Pine Plains Village and Millbrook. This 2002, 3,000 SF cape offers radiant heated floors, 3 large bed rooms, 2.5 baths, family room, office, 3 season porch, bonus room with pellet stove, heated attached 2 car garage. 12.82 acres and a 30 X 40 workshop with 12' high garage doors and radiant heated floor. Asking **\$825,000.**

### 104 Acres W/Spring



This 104 acre property is located in the Town of Standforville and consist of a single family ranch house, a 2 family Colonial, a 2000 sqft building, a 1500 sq ft shed, a 5000 sqft watering plant. This property is also home to a spring that produces 3000 to 5000 gallons per minute. Asking **\$1,600,000**

### Estate-Like Ranch



located in the town of Red Hook a top of a grassy knoll is this 4 BR, 2.5 bathroom ranch with sunk in LR, FPL, HW floors, full unfinished basement, attached 2 car garage, detached 3 car garage w/electric and is located on a 3.02 park-like acres within a short drive to Bard College, Tivoli and both the Red Hook/Rhinebeck Villages. Asking **\$495,000**