



# Hudson River View

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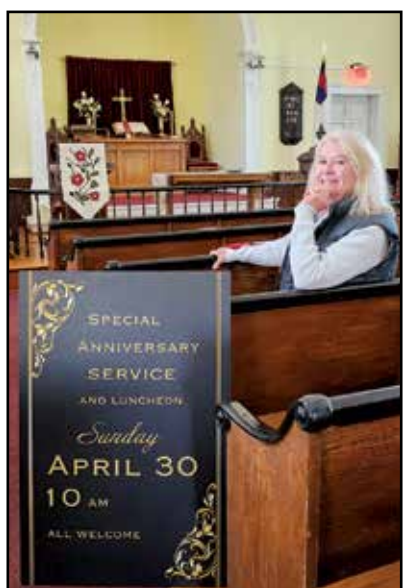
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Vol. VIII Number 2 - Serving Northern Dutchess & Southern Columbia County April 2023

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## MILAN CHURCH INVITES COMMUNITY TO 185 YEAR CELEBRATION

**Church Service:**  
Rowe United Methodist Church  
1376 Rt 199  
Milan NY 12571  
**April 30, 10:00 am**  
Special Service followed by Luncheon provided by the church  
**Second Program:**  
Rowe United Methodist Church  
1376 Rt 199  
Milan NY 12571  
**June 11, 2:00 pm**  
Vintage Visitors - Presentations  
Historic Interpretations



Susan Juchem

“Head to Toe - What they Wore, How They Wore it and Why it Mattered”

A historic church is inviting one and all to celebrate an important milestone on April 30th. The gathering is sure to be filled with interesting local history, insights into its long connections to its community, and reverence for its continued purpose in bringing people together in worship and fellowship. The place is Rowe United Methodist Church of Milan. The iconic white building gleams like a beacon, perched

on the hill across from the Town Hall. It was built in 1838, and is set to hold a special celebration on April 30th at 10 am, and all are invited to come and take part, says member Susan Juchem.

“At 185 years, Rowe Church is the oldest continuously running organization, in the Town of Milan, and one of the oldest in the area. It has continued a tradition that started in 1838, and we want people to know it’s still here to serve the community. It’s a beautiful little church, and it’s a real treasure. When one walks

Continued on page 7

## ICE CREAM for BREAKFAST

Holy Cows Annual Fundraiser for St. Jude.  
Sat April 1<sup>st</sup> and Sat April 15<sup>th</sup>  
9:00 - 11:30  
Special limited menu only includes:  
Shakes and Sundaes with waffles, cider donuts, blueberry muffins, oatmeal cookies, cereal, hot apple topping, homemade blueberry topping and more!  
Cost- Donation of your choice!  
YOU can help us support St. Jude one scoop at a time!



## IN FLIGHT, INC. CELEBRATES 30 YEARS

Not-for-profit innovator of developmental achievement showcases last 30 years and what is to come

2023 marks the 30th year of In Flight, Inc. a nonprofit organization which empowers people with intellectual and developmental disabilities, reach for their hopes and dreams, and support a meaningful quality of life. This has always been In Flight, Inc.’s strategic vision and continues to be the core mantra of the entire organization manifested through its diverse and inclusive person-centered programs. These programs teach new skills in communication, socialization, volunteerism, and employment which form the building blocks to be as independent and financially sustainable as possible.

The development of not-for-profit agencies stems from the rapid decentralization of state institutionalized developmental centers due to deplorable and inhumane conditions which then existed. To fill a gap of available services in the Hudson Valley region, In Flight, Inc. grew from being a Medicaid Service Coordination only agency to offering 24/7 residential and a variety of community-based programs. As time passed and the need for services continued to grow, so did In Flight’s service area to include Ulster, Dutchess, Columbia, and Greene counties.

Through various partnerships within the community, In Flight has been an active leader to progress advocacy, collaboration, policies, and legislation in the field of human services. As a

Continued on page 5

## Spencertown Academy Presents “Wild and Wacky” Spring Break Art Camp with Children’s Book Illustrator Jacqueline Rogers and Author Nancy Castaldo

**April 11 - 14**

Spencertown Academy Arts Center presents “Wild and Wacky: Creating Inventive Settings for Your Original Stories” with children’s book illustrator Jacqueline Rogers and author Nancy Castaldo from Tuesday, April 11 through Thursday, April 13, 10:00am to 2:30 pm, and on Friday April 14 from 1:00pm to 4:00pm. The workshop is for young people ages 8 to 12. Tuition is \$160. Scholarships are available. To inquire about financial support, email [info@spencertownacademy.org](mailto:info@spencertownacademy.org) and to register, see [www.spencertownacademy.org](http://www.spencertownacademy.org). “We are looking forward to the kids picturing places and creatures of their own imagination—and creating visuals and narratives of these extraordinary worlds,” says Academy Board Member Jill Kalotay. “Jackie and Nancy’s world-building activities will include games, drawing,



mixed media, and writing prompts designed to let the kids’ imaginations take flight.”

Jacqueline Rogers ([www.jacquelinerogers.com](http://www.jacquelinerogers.com)) has been writing and illustrating picture books for over 35 years. In 2012, she illustrated Beverly Cleary’s beloved *Ramona* series, as well as *The Mouse and the Motorcycle* and the *Henry Huggins* books. Her other works include illustrations for *New York Times* best sellers, *My Great Big Backyard* written by Laura Bush and Jenna Bush Hager (2016) and *Little Ree* written by Ree Drummond, *The Pioneer Woman* (2017). In 2019, HarperCollins published *Goblin Moon*, a Halloween poem that Rogers both wrote and illustrated.

Continued on page 5

## Spring Antiques at Rhinebeck, A Hudson Valley Tradition! Memorial Day Weekend

Saturday, May 27, 10am-5pm & Sunday, May 28, 11am-4pm  
Welcome to Spring Antiques at Rhinebeck where treasures blossom around every corner. Whether you are a beginning collector, advanced connoisseur, decorating a new home or just intrigued with beautiful objects, Spring Antiques at Rhinebeck has it all. From 18th century European and American furniture to sterling silver, fine Hudson Valley art, plush Oriental rugs, estate, vintage and designer jewelry, art pottery, iconic Mid Century Modern, folk art, quilts, samplers, Native American jewelry, textiles and baskets, outsider art, lighting, sculpture, garden



decor, architectural elements, folk signage, early toys and cast iron banks, prints, photography, stoneware pottery, early ceramics and much more await your visit. Comments Event Organizer, Frank Gaglio, “It is a privilege to welcome one and all to our annual spring show and sale in Rhinebeck spanning over three decades. Over the years, our goal is to keep Rhinebeck evolving into the event it has become where families plan their spring vacations around our show and come back year after year. What I find most exciting are the number of budding families who bring their “young collector” children to the show as a fun, educational and visually intriguing experience. Lastly, we endeavor to make the Spring Rhinebeck Show a welcome place for everyone including complimentary six passenger golf carts from the free parking lot to the ticket booth, admission is good for

Continued on page 4

## Berkshire Hathaway HomeServices Hudson Valley Properties Expands Northern Dutchess Footprint into Hyde Park with Mergers with Serino Realty and Pedatella Realty

**#GoodToKnow**  
Mid-Hudson Valley brokerage leader further expands in Northern Dutchess County market

Berkshire Hathaway HomeServices Hudson Valley Properties, the Mid-Hudson Valley real estate market leader, announces its merger with Serino Realty and Pedatella Realty in Hyde Park, NY, two long-standing and well-respected real estate brokerages serving Dutchess County for decades, and both cornerstones of the Northern Dutchess community.

“We’re excited to further strengthen our Northern Dutchess County presence and honored to join forces with Sue Serino and Joan Pedatella and their teams,” said Steven Domber, president of Hudson Valley Properties. “Both leaders are greatly respected in the REALTOR® community and the local communities at large, and have built strong companies with similar cultures and skilled sales teams. The union of these two companies together with ours heightens our legacy as the top broker in the Northern Dutchess market. We look forward to great successes as one company as we continue to serve our Mid-Hudson Valley marketplace with professionalism, integrity and trust.”



Steven Domber

With this merger, Hudson Valley Properties welcomes 25 real estate professionals to the company’s roster and a Hyde Park office to be based out of 4315 Albany Post Road, Pedatella Realty’s current location. Berkshire Hathaway HomeServices Hudson Valley Properties is now the only real estate company in the

Continued on page 14

## THE HUDSON RIVER VIEW ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.  
Hudsonriverview.net

The May Edition Of The Hudson River View Will Be In Area Homes On May 3rd The Deadline For Advertising And Press Release Submission Is April 19th



# ACCORDING TO QUACKERS

Once April 1st comes around, it's time to take out of storage those rain boots, umbrellas, ponchos and of course – vases for your spring flowers. The age-old saying “April Showers Bring May Flowers” still holds true today. But just how did this fun saying originate? The poem as we know it today originated all the way in 1157, in the form of a short poem written by Thomas Tusser. The poem can be found in the April section of a collection of his writings titled, “*A Hundred Good Points of Husbandry*.”

*Sweet April showers  
Do spring May flowers*  
Let's travel back in time a bit further to the end of the Fourteenth Century, where legendary poem Geoffrey Chaucer had his own say on the month of April in his famous collection of stories titled, “*The Canterbury Tales*.” **Chaucer's version goes as follows:**

**Original:**  
“Whan that Aprill, with his shoures soote  
The droghte of March hath perced to the roote  
And bathed every veyne in swich licour,  
Of which vertu engendred is the flour;”

**Translation:**  
“When in April the sweet showers fall  
That pierce March's drought to the root and all  
And bathed every vein in liquor that has power  
To generate therein and sire the flower;”

While Chaucer speaks of April in relation to March rather than April, it could certainly be said that while Thomas Tusser may be the father of this saying, Geoffrey Chaucer is certainly the grandfather.

of health conditions, including Alzheimer's, cancer, diabetes and neurodegenerative diseases and more. Oxidative stress can be associated with rapid aging, inflammation, arthritis, high blood pressure, heart disease, Parkinson's and male infertility!

Unfortunately, most of us on a daily basis eat inadequate amounts of fruits and vegetables and we eat mostly, processed and fast foods. Many of us are drinking alcohol, breathing polluted air and drinking polluted water (if you drink water from the tap, it is most likely full of chemicals, toxins and is polluted) We are absorbing pesticides on fruits and vegetables and maybe even the grass in your front lawn or nearby park.

Toxins (in almost every packaged food, including residues that leach from plastic food wrapping and bottled drinks into our bloodstream) are

embedded into just about every food we eat and there is little we can do about it. Unless we eat 100% raw, fresh, unprocessed fruits and vegetables that are not wrapped in plastics, we are likely eating and surrounded by toxins. Combine, lack of good nutrition, stress of daily life, contaminants on furniture and in clothing materials and even processed leathers in the cars we drive, plus add in all of the ubiquitous, electromagnetic frequencies being emitted from every cell phone, cell phone tower, every smart TV, and every electric outlet in our homes and our offices and guess what? Those EMFs also add oxidative stress to our cells and sadly, we are all absorbing more oxidative stress inside our cells and bodies than our cells can process out. Not one person on the planet today is immune from oxidative stress because

Continued on page 3

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## Oxidative Stress and why it's harmful to your cells and what you can do about it!

By Joseph V Cassarino - Founder, Best Immune Support  
[www.TheBestImmuneSupport.com](http://www.TheBestImmuneSupport.com)

### Everything in modern times causes Oxidative Stress

Almost everything we ingest into our bodies living in modern times results in the production of reactive oxygen species - oxidative stress and free radicals! The body produces free radicals during normal metabolic processes. However, oxidative stress can damage cells, proteins, and also play a role in development of a range

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Chris Leggett

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[www.TheBestImmuneSupport.com](http://www.TheBestImmuneSupport.com)

Google the word **Glutathione** and the name of whatever is troubling you and discover how **ProImmune®** could support your health.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**Oxidative Stress from page 2**

basically, everything we eat, breathe and touch is now toxic!  
**What can I do to protect myself from oxidative stress or how can I reduce oxidative stress?**  
 Lifestyle choices are some ways that help reduce oxidative stress. Making some changes to your daily lifestyle stress levels by making efforts to reduce stress is helpful. Meditating helps to calm the entire nervous system and that in itself helps reduce some oxidative stress. When you meditate you reduce cortisol levels and increase the healthy melatonin levels and this correlates with lower oxidative stress. Changing your diet and switching from processed foods and eating more fresh, raw and certified organic vegetables and fruits and seeds and nuts will also help reduce some oxidative stress. In reality, it is impossible to protect yourself fully from oxidative stress in

this highly toxic environment we are living in. Eating certified organic berries, cherries, citrus fruits, prunes, dark leafy greens, broccoli, carrots, tomatoes, olives, fish and nuts, vitamin E, C and turmeric plus drinking green tea and eating onions and garlic all help reduce oxidative stress. Even the spice, cinnamon helps reduce oxidative stress.

**Exercise regularly, do not smoke, decrease alcohol intake and sleep, sleep, sleep!**

Do you honestly want to live to a ripe old age in tremendous health and with quality of life? If you do, then make certain to exercise routinely, do not vape or smoke at all, limit or reduce alcohol dramatically and sleep longer! Rest is the period when your body detoxes naturally! However, if you do not sleep long enough or if you do not allow the cells to rest, your cells will form free radicals and oxidative stress and these are the nasty particles

of the cell that can contribute to all those terrible diseases. More people than ever have diabetes, high blood pressure and autism than in any time in history. In fact, diabetes is now considered a global epidemic.  
**One more thing you can do to reduce oxidative stress!**

It is no secret that glutathione is the peptide in the cell that reduces oxidative stress. A simple Google search of the word glutathione in front of the name of any illness will produce tens of thousands of research reports indicating how glutathione *depletion* is associated with almost every major illness. The science and data now shows that when you *replenish glutathione*, symptoms can improve. Glutathione if you are not aware is known scientifically for reducing oxidative stress, free radicals and toxins inside the cell. In fact, the origin of the immune system begins with glutathione and if glutathione did not exist, human life would not exist! This is how critically important healthy levels of glutathione is to life. **This brings us to ProImmune® - Immune Formulation 200®**  
 ProImmune® - Immune Formulation 200® is the scientific discovery and revolution by Dr. Albert B. Crum, M.D., M.S., D.Sci-Hon, Rhinebeck, NY - A graduate of Harvard Medical School, Dr. Crum gained renown both for his biochemistry research and a concern for humanity. He was awarded a Harvard Medical Student Research Fellowship and merited Honor grades for his research and holds a Master of Science degree from New York University, and a Doctor of

Science (Hon.) degree from the University of Redlands (CA). Dr. Crum has been called into counsel or Audiences with many world leaders, including an Audience with Pope John Paul II, now Pope Saint John Paul II, and with His Holiness the Dalai Lama and many others. In 1974, Dr. Crum, a nonsectarian, was awarded the Pope John XXIII (now Pope Saint John XXIII) Gold Medal with a sacred embedded Relic of Pope Saint John XXIII. Dr. Crum served as co-Chair of the U.S. Coordinating Committee Supporting the Nomination of His Holiness the Dalai Lama XIV of Tibet for the Nobel Peace Prize. Dr. Crum is also a 2018 Albert Nelson Marquis Lifetime

Achievement Award recipient. Dr. Crum made his groundbreaking scientific discovery over many years of laboratory research. Immune Formulation 200® is a scientific formula that he worked on to discover glutathione synthesis, and Dr. Crum's motivation was that he always felt that there should be a way, where the [human] cell could make its own glutathione exactly as nature intended. Dr. Crum since then has received many patents for his scientific work and for ProImmune® Immune Formulation 200®. Today, many medical centers and health professionals recommend ProImmune® -

**Continued on page 4**



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**ACROSS**

- Funds for the poor
- Sand hills
- Leave at a pawnshop
- Admit water
- Completely ridiculous
- Shaving-cream ingredient
- Being all ears
- It might let off some steam
- Miscalculation
- Desktop items
- Fix, in a way
- Per person
- Saucer-shaped gong
- Scotch or masking
- "Dropped" drug
- Correspondence sans stamp
- Fence opening
- Crystal-ball gazer
- Good remuneration
- Nonkosher
- Cucumber discard
- The Arcade Fire's record label
- Sound after a puncture
- Nods at the auction
- Bartending tool
- Drummer Krupa
- Pout
- Layered rock
- Espresso with milk
- Agey. that enforces indecency regulations
- Nixon proposal
- Certain emanation
- Freshman course word
- Ollie's partner in slapstick
- Glitzy rock genre
- See 23-Across
- What the Red Sea did

**DOWN**

- Matterhorn's home
- Ballerina's jete
- Yucatan native
- Race on snow
- Ph or ey, e.g.
- Having a single element
- Gp. headquartered in Brussels
- Begged
- Visualize
- Break out of one's shell?
- Stew or miscellany
- \_\_\_ dog (backwoods animal)
- Collectible male dolls
- Man from Katmandu
- Pleasant to be with
- Potent, as a potable
- Zoo attractions
- They'll question you
- One spelling for Arabian princes
- Tops (out)
- Mountain lakes
- Be the perfect student
- Worsted suit fabric
- Washer's companion
- Rule of thumb
- Aerodynamic
- Cheshire cat's trademark
- More plentiful
- Voicemail sound
- Beat cleverly
- Hint of light
- 5.2 cubic feet
- Ill-gotten gains
- Pull along
- Pearl Mosque locale
- "Hamlet" quintet
- Greek cheese
- Word with drug or energy
- Copper coin
- Get free (of)
- Mind-reading ability

**GET WHATS COMING** By Rob Lee

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**Oxidative Stress from page 3**

Immune Formulation 200® for a specific reason and that reason is they fully understand the importance of how glutathione replenishment effects the health of the cell. The scientists and health professionals realize that supplementing with the discovery that Dr. Crum made also helps people naturally protect their cells from obtaining oxidative stress perhaps better than anything else.

Why may you ask? The answer is simple says Joseph V Cassarino, the appointed global distributor of ProImmune® - Immune Formulation 200® by Dr. Albert B. Crum. ProImmune® - Immune Formulation 200® is the only formula in the world and the only glutathione precursor in

the world that induces each of the three hundred trillion cells in the human body to produce glutathione intracellularly and as nature designed and intended. No other glutathione product of glutathione precursor in the world permits the cell to manufacture glutathione *inside the cell* or to receive nutrition for optimal glutathione production inside of the cell. All other glutathione products have to attempt to make its way into the cell and other glutathione products or precursors lose a large percentage of glutathione making its way into the cell which is inefficient. Only Dr. Crum's miraculous scientific discovery works in a way, in which, cell's produces only as much glutathione that is needed,

while each cell discards any excess glutathione in order not to over-toxify the cell. If you have interest in ordering a jar or more of the life changing ProImmune® - Immune Formulation 200® you may order it at [www.thebestimmunesupport.com](http://www.thebestimmunesupport.com) with free shipping plus discounts on multiple combo packages.

Joseph V Cassarino is a business consultant in the licensing division of ProImmune Co. LLC and has sat in meetings with some of the top scientists and medical doctors in the world during scientific presentations of ProImmune - Immune Formulation 200®. Additionally, Joseph has researched glutathione for several years before becoming appointed global distributor. The Best Immune Support website is owned by Best Immune Support, a division of NAS Business Solutions, Rhinebeck, NY and also includes multiple research reports, health information and scientific data regarding the benefits that maintaining and restoring healthy glutathione levels inside the cells for optimal health. Best Immune Support will also be a distributor of ProImmune® - Immune Formulation 200® on Amazon around June 2023. Joseph V Cassarino is a published author, nature photographer, health advocate, business consultant and entrepreneur, residing in Rhinebeck, Hudson Valley, NY. Contact: 845-206-8104.

“Save Natural Resources, Looking forward to Buy Antiques!” seeing you at the show!

While in town for the show, take time to stroll our lovely, historic village where quaint shops, excellent restaurants, spas, Beekman Arms Antiques Center and much more make for a memorable weekend experience. Located at the Dutchess County Fairgrounds on route 9, in Rhinebeck, all indoors, rain or shine. Visit our website for exhibitor list at <http://www.barnstar.com> or call (914) 474-8552.



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**Spring Antiques at  
Rhinebeck from page 1**

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**Spencertown Academy  
Presents from page 1**

Nancy Castaldo ([www.nancycastle.com](http://www.nancycastle.com)) has written books to inspire, empower, and inform young readers for over 20 years. *The Story of Seeds* earned the 2017 Green Earth Book Award. Her 2022 books include *When The World Runs Dry* (Junior Library Guild Gold Selection), *The Wolves and Moose From Isle Royale* (Junior Library Guild Gold Selection), and *Buildings That Breathe*. Her research has taken her all over the world—from the Galapagos to Russia, and she loves sharing her adventures with her readers. Her latest book, *The World That Feeds Us*, releases in April.

This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a

landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York.

**In Flight, Inc. Celebrates  
from page 1**

founding member of Hudson Valley Services Providers, LLC, In Flight returned to its roots to help fill in program gaps with the start-up and launch of LifePlan CCO, LLC, in response to New York State's initiative to promote conflict free Medicaid service and coordination.

In Flight, Inc. is an innovator of developmental achievement and is always assessing the need for support to obtain independence. In Flight created In Flight's Success Academy for Independent Living to provide an added support layer to the skills learned in residential, pre-vocational, and supported employment programs with an additional focus on job retention. This unique program addresses the barriers to living independently and financial sustainability, promoting additional steps toward independence.

In celebration of 30 years,

In Flight, Inc. is redoubling its efforts to create innovative and relevant programming and support services to accommodate the ever increasing needs from the community, keeping focused always, on the high quality service delivery which In Flight has become synonymous with. When asked of In Flight, Inc.'s impact and desire for the future, Chief Executive Officer of In Flight, Inc., Matthew G. Bateman stated, "At In Flight, we strive for excellence, and from the immortal words of Sir Winston Churchill, 'Adequacy is no standard at all'. In Flight will continue for another 30 years and beyond, empowering people with disabilities far past what is adequate so all people can have the best quality of life and live as independent and financially sustainable as possible."

As time progresses, In Flight, Inc. will continue to assess the needs of people with disabilities and create programming to empower their independence. Together with the community,

we will create a world where everyone can strive for the best quality of life, in a supportive and fulfilling environment.

**Researching Your  
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On Wednesday, April 12th at 6:00 pm, Holly MacCammon will lead a hands-on workshop at the Claverack Free Library. Attendees will get professional guidance on conducting online genealogy research through this free 1-hour workshop. The computer-based training

will provide participants with the tools needed to find web resources available for documenting their Columbia County ancestors, on both free and subscription websites. Recommended for those who have basic to moderate online research skills and have accounts with FamilySearch and/or Ancestry.com. Workshop is limited to between 8 and 10 participants. If you want to bring your own laptop, please come at 5:30 pm to set up and connect to the library wifi. *Registration required: 518-851-7120 or email: [info@claveracklibrary.org](mailto:info@claveracklibrary.org)*



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## Lily Toxicity in Cats

By: Julianne Porter, DVM

As winter makes way for spring, many of us cannot wait to bring life back into our homes in the form of flowers. A common flower in many bouquets, often included for Easter or Passover, is the Lily. While these flowers are gorgeous and fragrant, they can be deadly to a particular pet—cats.

The lilies in reference in this article come from the species Hemeroacallis (day lilies) and Lilium (true lilies). See below for the specific plants.\* All parts of the lily plant are toxic to cats. While the toxin has to be

ingested to cause damage, it only takes a very small amount to have a serious impact. Cats have even died indirectly from grooming their fur that has lily pollen on it or from drinking the water that the lilies have been sitting in. Of course, chewing the flower, stem, bulbs, etc., will also be deadly.

The toxic principle is actually still unknown, but studies have determined it is likely a complex mixture of steroid glycoalkaloids. The toxin will cause renal tubular degeneration, resulting in kidney failure. This can begin to happen in as little as two hours, with most cats showing signs in 12-

36 hours (sooner with higher doses), and death within 3-5 days following ingestion. Lily toxicity can also cause liver changes.

Signs that a cat has ingested lilies include vomiting, decreased appetite, lethargy, hypersalivation, abdominal pain, increased or decreased drinking, increased or decreased urination, tremors, and seizures. Lab work will often reveal elevated kidney values, electrolyte disturbances, and dilute urine.

Early and aggressive treatment of lily toxicity is critical for survival. If lily exposure is known or highly suspected, vomiting should be induced immediately to try to prevent toxin absorption. This action is typically followed by activated charcoal, especially if it has been an extended amount of time since ingestion, in hopes to bind any remaining toxin that was not vomited. Intravenous fluids are then initiated to correct dehydration and flush the kidneys in hopes of preventing permanent damage. Fluids are often continued for 48-72 hours and only discontinued as long as the kidney values are normal.

Prognosis depends on how much toxin is ingested and how long before treatment is started. Generally, if a cat is treated early and aggressively, the prognosis is very good. However, if treatment is delayed, the prognosis is grave and is essentially 100% fatal.

It is important to note that some cats actually seem to be attracted to lilies. This means that they may seek out lilies to ingest – even if they are put on a shelf where the cats generally do not go. This also means that cats that go outside are at risk for exposure as well.

Interestingly, dogs can get gastrointestinal upset (vomiting, diarrhea, decreased appetite, abdominal pain) but will not have the life threatening kidney failure that cats will get.

While many of us enjoy the presence of these flowers, be cautious – any home with a cat should avoid lilies. \*Hemeroacallis spp. include H. dumortierei /H. fulva (day lily), H. graminea (orange day lily), and H. sieboldii (early day lily). Lilium spp. include L. asiatic (Asiatic lilies), L. elegans (Asiatic hybrid lily), L. lancifolium (tiger lily), L. longiflorum (Easter lily), L. orientalis (stargazer lily), L. speciosum (Japanese show lily), L. speciosum var. rubrum (rubrum lily), and L. umbellatum (red lily, western lily, wood lily). Also visit: <https://www.aspc.org/news/which-lilies-are-toxic-pets>

overwhelm your dog by letting him meet too many dogs at once. If your dog has not interacted regularly with other dogs, perform a test run in a controlled environment to find out how he will react to unfamiliar dogs. **KEEP YOUR DOG HEALTHY** - Be sure your dog isn't vulnerable to picking up infections from other dogs by keeping him up to date on his vaccinations and worming medications. **BE OBSERVANT** - Consider visiting the dog park without your dog for the first time to familiarize yourself with the park and the dogs that play there. Before bringing your dog inside the park, spend a few minutes watching the other dogs and how they interact before you decide to allow your dog inside. And watch the other owners. Make sure they

are also supervising their dogs. **START OUT SLOWLY** - The first few visits to the dog park should be short, try to keep it to under 30 minutes. Gradually increase the length of your stay as your dog becomes more comfortable with the dog park atmosphere. **CHOOSE A TIME THAT IS LESS BUSY** - Weekday evenings are generally peak, high traffic times at dog parks. Weekends and holidays tend to be busy all day long. **CLOSELY SUPERVISE YOUR DOG** - Don't get distracted while talking to other owners. Keep an eye on your dog at all times to make sure his interactions with other dogs are safe. Watch his body language to help you avoid any trouble before it begins.

Continued on page 11



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### DOG PARK SAFETY TIPS

Presented by Barbara Sweeney Fassett And Bark Busters Home Dog Training Dutchess County

For many dogs, dog parks can be a great way to socialize – but they can also be unsafe if proper measures aren't taken. The following tips are intended to help you keep your dog safe and happy at the dog park. **KNOWYOURDOG**-Not all dogs enjoy meeting new dogs. Don't

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# God's Corner

## The Cost of Revival

By Naomi Fata

Have you seen the news? Not the bad news, but the good news. The news that is filled with hope.

In February a revival broke out on the campus of Asbury University in Kentucky. What exactly does it mean to have a revival? Revival has to do with hearts seeking after God, awaiting his work and his presence. Most commonly it starts with obedience and repentance. But also, there is a true hunger for God.

Simply put revival is a renewed attention or interest in something. In this case revival is a renewed attention to God.

If you are in a relationship, especially in dating, the significant other wants attention. They want to know that you are excited to be with them, that you can't wait to spend time with them. Perhaps also they would like to know that you are setting time aside to talk to them.

Recently a friend was telling me about a couple facing marriage problems because one party in the marriage was addicted to his/her cell phone. The other party felt unloved, unseen, and uncared about. The couple frequently spends time in the same room, but no connection is being made. Quality connection would involve intentionally setting aside the phone to be present with each other. Revival in this marriage would begin with renewed attention to the other partner rather than to the cell phone.

In order to have renewed attention in something (whether it be marriage or God), the focus of attention will have to be taken off other things. This requires some element of sacrifice. It could be sacrificing time or habits. In Asbury part of the sacrifice included setting aside the planned academic schedule, and sacrificing on sleep, among other things.

This promise from Jeremiah 29:13 comes to mind, "If you seek me, you will find me if you search for me with all your heart." The simple truth is that you cannot search for God with your whole heart when focused on other things.

Perhaps you wonder why we

should have to seek or search for God, when He is omnipresent and always around us. I think it has more to do with pursuing Him. God wants to be known, but there has to be some effort put forth in the process.

Setting aside a cell phone or other distraction could also be a form of "searching" for God. Let's face it, phone use in the form of texting, video chat, gaming, and social media turn out attention away from the present situation. God is looking at the heart. He wants to know that our hearts are focused on Him - that He is our first love.

Is revival something that will just happen in Asbury or can revival also happen in our own lives, families and workplaces? How much of the responsibility lies within us? The promise is "if you seek me, you will find me, if you search for me with all your heart." Will you search for Him with all your heart?

Naomi is the Author of Beyond Head Knowledge: Knowing Christ who Satisfies our Hearts available on amazon, both e-reader and print format.

## The HEART OF THE GOSPEL: The Death, Burial, and Resurrection of the Lord Jesus Christ!

"And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified. He is not here: for he is risen, as he said. Come, see the place where the Lord lay" (Matthew 28:5,6).

On April 02 we celebrate the Triumphal Entry of the Lord Jesus Christ into Jerusalem on the first Palm Sunday. On Good Friday, April 07 we remember that Jesus gave His life on the Cross for our sins. On Resurrection (Easter) Sunday, April 09 we celebrate the glorious Resurrection of the Lord Jesus Christ over death and the grave.

Jesus was born of Mary the Virgin in Bethlehem. The Eternal Word became a Man: Perfect God-Perfect Man. "In the beginning was the Word, and the Word was with God, and the Word was God (John 1:1). "And

the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth" (John 1:14).

The Lord Jesus came into the world to Glorify the Father, live a perfect life, do many miracles, reach out to those in need, speak with authority, and to give His life a ransom sacrifice for our sins. The four Gospels (Matthew, Mark, Luke, and John) cover His wonderful life, His dynamic ministry, and His death, burial, and resurrection.

When Jesus was approximately 33 years old He willingly gave His life on the Cross. He paid the price in full by giving His life and by shedding His precious blood for our sins. Jesus said, "Therefore doth my Father love me, because I lay down my life, that I might take it again" (John 10:17). From the Cross Jesus said, "It is finished" (John 19:30). The work of salvation was complete by His sacrifice for our sins on the Cross of Calvary.

When the women when to the tomb on that first day of the week on the Resurrection Morning they were talking about how to roll the stone away from the tomb. They thought that Jesus was dead and still in the tomb. They were on their way to the tomb to assure that His body was properly anointed for burial. When they got to the tomb the angel said to them, "For I know that ye seek Jesus, which was crucified." He was crucified is past tense. The angel went on to tell them, "He is not here, for he is risen." Jesus rose bodily from the grave. Christ the Lord is Risen today! We serve a Risen Savior! After He Rose from the grave He spent 40 days on the Earth, then Ascended to Heaven (Acts 1:9-11). He is seated at the Right Hand of God as our Great High Priest. He is coming back some day as KING OF KINGS, AND LORD OF LORDS (Revelation 19:11-16).

Brethren, we are Blessed to know that Jesus died for our sins and Rose victoriously over death and the grave. We are blessed

to know him personally, and to live our lives for Him every day. "Greater love hath no man than this, that a man lay down his life for his friends" (John 15:13).

I trust that you Heart is moved by what Jesus did for you on the Cross of Calvary, and that you are Rejoicing in His victorious Resurrection. Because He lives we can face tomorrow. When a person believes on the Lord Jesus Christ as their personal Savior and Lord they are guaranteed Eternal Life! Now is the day of Salvation. I encourage you to believe on Him and receive Him into your life now! "For Whosoever shall call upon the name of the Lord shall be saved" (Romans 10:13).

If you would like to know more about the death, burial, and resurrection of the Lord Jesus Christ and/or how to become a Christian, please Email us at fdcirone@aol.com or phone us at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, N.Y. Frank L. Cirone, Pastor.

## Milan Church Invites Community from page 1

through the door, there is a sense of all that has happened here. One can imagine these pews filled with people, voices raised in hymns and the murmurings of prayers for others in support of the community."

Many locals have the kinds of associations with Rowe church that are centered around seminal life moments like marriage, coming together for important liturgical celebrations, and for solace in times of the passing of loved ones. The church also is woven into the fabric of its community via charitable and civic minded activities, including things like holding benefits for local food pantries, and overseeing community church yard sales.

The upcoming celebration serves as witness for one of the most essential and uplifting aspects of this special place. It has

to do with sharing and partaking in a generational connection that is important to keeping any community vibrant. She says that part of the aftermath of the COVID pandemic, has been a residual lessening of face-to-face socializing and gathering. But she believes those kinds of interactions are crucial not only for a church, but for communities.

"Rowe is a welcoming church for all people, and all people can find support here. They can connect with those who are facing some of the same things that they're facing, and people who want to listen and help. There's a camaraderie among everyone here that's certainly valuable.

## A Church of Determination and Timely Benefaction

Johannes Rowe, a Palatine German immigrant, became the first European descended settler in what is now Milan, when he purchased 911 acres from Robert Livingston, 3rd Lord of Livingston Manor, in 1760. The parcel, known as the Upper or Little Nine Partners Tract of Land, became the site of what is now the Town of Milan. Rowe met Bishop Francis Asbury, the founder of the Methodist movement in America, and became involved in the Methodist movement. After his death in 1771, his son John I. Rowe continued that legacy.

The first Methodist Church in Milan was established in 1790. Up until the first Church was completed in 1800, early services were probably held in John's home with circuit pastors. After a church fire, construction of the current Rowe church was overseen by John I. Rowe and completed in 1838. At that time Milan, officially founded in 1818, contained around 1,700 residents.

As a history compiled by Ryan J. Orton in 2013 noted, when the newly completed Rowe Church held its first service, Martin Van Buren, a Kinderhook, Columbia County, native, was President. There were 26 states

Continued on page 10

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# WE ARE BUSY AS?????

By Pat Owens

Yes, we are busy as bees. So much to buzz about at the Old Dutch Village Garden Club. Our most recent meeting on March 9 had one of our own members Felice Gelman give a presentation on "All About Bees". This well attended meeting provided the club with everything one could possibly imagine about our beloved bees, just short of becoming beekeepers themselves. She is also a member of the Northern Dutchess Beekeepers Club. Felice had delightful and informative slides to illustrate her talk and provided a handout, lest we forget what was said. A distinct possibility. I speak for myself.

Foremost to realize is that of the 100 crops providing 91% of the world's food, 71 of them are pollinated by bees. There is an alarming decline in honeybees.

I was aware of this and attempt to plant flowers, etc. that will be beneficial but there are other things going on that I did not know. For example, I know about pesticides and pollution but there is also colony collapse that usually happens to commercial beekeepers and thought to be related to the stress of transport on trucks. I did not know that bees are transported to other areas for pollination. This may be helpful to people but apparently not to bees. And, of course, there is also commercial and residential land development and abandoned farmland returning to woodlands and thus reducing the number of flowers necessary for pollen and nectar. Did you know that some flowers are being developed to be pollenless to avoid allergies to customers? Here I would be thinking that I'm doing a wonderful thing for the bees and there is no pollen! Bummer.

Bees also have an active social

life. They "dance and wiggle" to signal where they have found pollen; they "see" ultraviolet, yellow, blue and purple but not red. That surprised me. Some flowers have ultraviolet patches called nectar guides to show bees they have something to offer. I'm hoping that would help the red flowers. Ancient Egyptians kept beehives and then honey bees were brought to Europe and then to the United States.

And, then there's the Queen bee. It's good to be Queen. Unfortunately, she's laying up to 1500 eggs a day in the spring which sounds tiring. On the other hand all those worker bees are busy helping and in winter they even have to surround the queen and vibrate to keep her warm. Those drones had better not act up because if food is short, they are kicked out. I guess all families have some problems. Finally, consider plants that help bees such as asters, herbs, fruit trees and read the labels. No pesticides and wait until May when the ground warms up to rake leaves. Many insects are hibernating in there.

While you are planning for your garden this spring, consider the Annual Plant Sale of the Old Dutch Village Garden Club which will take place at the Memorial Garden across from CVS on May 20 at 9:00 AM. There will be hundreds (yes) of plants and some gardening accessories and books. If anyone has an abundance of plants, please give us a call. The club would welcome them and even dig if you're not up to it. We'd love to have them at least two weeks ahead to get them

into their pots and healthy for the sale. It helps if you know the name and color of your plants. All proceeds from the sale go to local scholarships, community projects, and to maintain civic pride and our own Memorial Garden. Feel free to call Linda Lawson at 845-399-9532. She is a wealth of information on the club and on the Plant Sale. Our next meeting is our Anniversary Luncheon but on May 11 we have a presentation on "Be a Better Backyard Birder" by Cathy Michael. We meet at St. John's Reformed Church in Upper Red Hook at 12:30 on the second Thursday of each month, except for August. Please try to come. New members and visitors are always welcome, and we have snacks!

## Germantown Garden Club Helps Baby Boomers Continue Gardening

At the last meeting of the Germantown Garden Club Columbia-Greene Cornell

Cooperative Extension Master Gardener, Chris Ferrero presented a program titled "Ten Ways to Garden Smarter as We Get Older". Ms Ferrero discussed substitutes in flowers and plants that can be made to make gardening easier. She spoke on how to maintain our aesthetic standards in our gardens while accommodating our physical limitations. The subject of the program generated a wide public interest and garnered three new members for the club. Also discussed at the meeting was the club's upcoming annual plant sale in May and flower show in September. The April meeting will feature "Birding 101" by bird book author Kathryn Schneider. The Germantown Garden Club meetings are free and the public is always welcome. The Germantown Garden Club is a member of District Three, Federated Garden Clubs of New York State, Inc., Central Atlantic Region, and National Garden Clubs.

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### Milan Church Invites Community from page 7

in the Union. Hudson Valley inventor Samuel F. B. Morse was publicly demonstrating his new invention, the telegraph. Edgar Allan Poe was publishing his first novel. Frederick Douglass was embarking on his perilous journey to freedom from the bondage of slavery. And across the Atlantic, the coronation for a new Queen, Victoria, was commencing England.

The years that followed saw many weddings, funerals,

celebrations, observances, and services, as Orton's history recounts. One of the most important benefactors ensuring the church survived as a physical structure in the 20th century, was Irene Kilmer Wilcox. A local native, she married Frederick Wilcox, the son of a silver-plating inventor and tycoon, and they lived in the Milan area for many years. Frederick was involved in extensive local reforestation projects that were crucial to local preservation.

When Irene lost her husband,

and then, soon after, her son Frederick Jr., in a small plane accident in the 1940's, she responded with remarkable fortitude. She decided to make a number of endowments and grants of her estate holdings while still alive. As a result, lands that have been long enjoyed by Hudson Valley residents such as Wilcox Park, were gifted to Dutchess County.

She also gave the Town of Milan its beautiful Town Hall, which was designed in the same Greek Revival style as the church she loved across the road. And in the 1960's, Irene funded a major renovation of Rowe Church that gave the dwelling a basement and made other improvements. Her charitable endowments still help the church to this day.

There have been many other church members that have contributed generously of themselves and their talents over the years. A few other notables mentioned in the Rowe Church history include Anna Jacoby, a long-time Milan Sunday School teacher, who supplied flowers from her garden to Church Services over many summers. Ferris Jackson, an African American, is remembered as an organist and gifted singer who would arrive early on Sundays to provide beautiful music as the congregants arrived. Ferris also served as Church Treasurer.

Susan Juchem has her own personal memories of how a relatively sparse and spread-out Milan community managed to keep making the effort to come together at Rowe Church over the years. "I live on land that my grandparents bought back in the, I believe it was the thirties. My grandfather had a hundred and 70 acre farm. People lived through some tough, tough times like the Great Depression during that time. They all worked very hard on their farms, and they survived by helping each other. But one thing my family did was they went to the Rowe church. They would use their horse and wagon or cutter and wagon in winter. I believe attending church helped them spiritually and socially to make it through those hard times. Over the years, the farm was sold but we kept a piece of it, which I live on. Through it all, the church is still there and I'm still attending."

Rowe is joined with four other Churches, Pine Plains, Elizaville, Millerton, and Pleasant Valley, in a Parish, called Mid-Hudson Methodist Ministries. For the 185 year celebration, local sister churches will be on hand. Pastor Nathan Badore will lead the celebration service.

In the rich history of the Town of Milan we find evidence of how important the Rowe Methodist Church has been, and that's the point of the upcoming 185 year celebration. It's not just about the past, or the present moment. It's also about the future.

Asked why the Rowe Church is important, Susan said: "If a person is troubled, they can find solace there. I think going to church would show you that being kind and caring about other people is a much better way than being angry. If a person feels

better about themselves, they can feel better about others. And that's something important to our church."

Rowe Methodist Church 185 Anniversary  
Sunday April 30, 10:am  
Followed by a luncheon provided by the church  
Rowe United Methodist Church, 1376 Route 199, Milan, NY  
<https://www.facebook.com/RoweUMC>

### Spencertown Academy Announces Young Writer's Contest

Deadline for submissions: May 1, 2023

Spencertown Academy Arts Center announces its eighth annual Young Writers' Contest. Held in conjunction with the Academy's Festival of Books, the contest is open to students in grades 9 through 12 (including homeschoolers) in Columbia County, NY, and Berkshire County, MA. This also includes high school students residing in these counties during the 22-23 school year who studied online elsewhere. Works will be judged in an anonymous process by published authors and publishing professionals, volunteering their services

for this contest. The top three fiction and nonfiction winners will receive cash prizes (\$250, \$150, and \$100 respectively). "The Academy wants to support and encourage creative writing in our local youth," says Carol Essert, contest coordinator. "We have been delighted with the entries in recent years and we look forward to reading another round of interesting and creative submissions."

The deadline for submissions is Monday, May 1, 2023. Full details, as well as samples of prior winning entries, can be seen at [www.spencertownacademy.org](http://www.spencertownacademy.org).

Prizes will be awarded before the end of the 2023 school year. All winners will be invited to read from their work at the Festival of Books in the autumn. Spencertown Academy Arts Center's programs are made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York.



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**Crustless Spinach Quiche**



**Ingredients**

- 1 cup chopped onion
- 1 cup sliced fresh mushrooms
- 1 tablespoon canola oil
- 1 package (10 ounces) frozen chopped spinach, thawed and well drained
- 2/3 cup finely chopped fully cooked ham
- 5 large eggs
- 3 cups shredded Muenster or Monterey Jack cheese
- 1/8 teaspoon pepper

**Directions**

In a large skillet, saute onion and mushrooms in oil until tender. Add spinach and ham; cook and stir until the excess moisture is evaporated. Cool slightly. Beat eggs; add cheese and mix well. Stir in spinach mixture and pepper; blend well. Spread evenly into a greased 9-in. pie plate or quiche dish. Bake at 350° for 40-45 minutes or until a knife inserted in center comes out clean.



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 — Michael Palin

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**Barkbusters from page 6**

Watching his actions also enables you to quickly clean up after your pet when he toilets, which is both courteous and expected. **LET YOUR DOG OFF LEASH AS SOON AS YOU ENTER UNLEASHED AREAS** - Mixing leashed and unleashed dogs can create a hostile situation. Leashed dogs cannot make the choice his natural instinct tells him of "fight or flight" in uncomfortable situations - if he cannot take flight, he may have to fight. **POTENTIAL HAZARDS** - Be aware of potential hazards that may be in the park, such as toxic chemicals or garbage. Be sure to wash any chemicals, such as fertilizer or pesticides, off your dogs feet and legs to ensure they aren't licked and ingested. **LEAVE SMALL CHILDREN AT HOME** - Don't bring small children with you to the dog park. You will not be able to safely watch your kids and your dog at the same time. Dogs and children both frighten and excite easily; they react differently and can create a potentially dangerous atmosphere. **LEAVE YOUNG PUPPIES AT HOME** - Puppies less than four months old aren't fully immunized yet and are at higher risk for contracting diseases. They are also very vulnerable

to being traumatized by another dog's aggressive behavior. **DO NOT BRING TOYS OR FOOD** - Most parks are already littered with balls and toys that other people have brought. Rewarding your dog with treats or giving him toys in front of other dogs can create jealousy and aggression. Don't do it! **BODY LANGUAGE** - Educate yourself about dog body language and communication signals so you can tell the difference between fear, play and anger. **KNOW WHEN TO LEAVE** - You should remove your dog from the park if he is being threatened or bullied and seems fearful; begins to display aggressive behavior by becoming overexcited or threatening toward other dogs; is panting heavily or seems overly tired. Keep your dog's welfare a top priority. **DO NOT PHYSICALLY INTERVENE IN A DOG FIGHT** - Never reach in to breakup fighting dogs. Keep a water bottle close by to squirt the dogs in the face, if necessary, or try to distract them by throwing something near them but never physically intervene. I like to use larger water bottles with the sports top that give a bigger gush of water when you need it. Preparing a couple of water bombs (sandwich size zip lock

bags, 2/3 full of water, NOT LATEX WATER BALLOONS) will create a bigger distraction if you need to discourage an aggressive incident. **PREVENT INJURIES** - Be aware of the signs of a possible dog fight before it might happen. If your dog injures a person or dog, give your name and phone number to the injured party. Responsible dog ownership includes taking responsibility for what your dog does.

An outing at the dog park can be lots of fun, provide your dog with the opportunity to socialize with other dogs, give him some exercise and an opportunity to release some energy. The results? Happy Dogs = Happy Families Barbara Sweeny Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County and has conducted business in the mid-Hudson Valley for the past 17 years. For more information about Bark Busters, please visit our website at [www.BarkBusters.com](http://www.BarkBusters.com) where you can take a free quiz to rate your dog's behavior. You can also reach Barbara directly by phone or text at 845-489-0764 and you can join in the fun by "liking" us on Facebook at <https://www.facebook.com/>

**The Claverack Free Library is delighted to present Beer Stained Fiddle on Sat., April 27th, 2023 at 6:00 PM.**

Beer Stained Fiddle is a high energy rhythm driven seven piece bluegrass fusion band. Weaving vocal harmony, powerful rhythm and creative instrumentals together to create a unique sound. The band is founded on the fundamental principles of



fun and friendship. All are local to the area. The musicians in the band have all been playing together in one form or another for well over a decade but it was

about 8 years ago that they came up with the name, a derivative of the following joke: "What's the difference between a violin and a fiddle? A violin is a fiddle that's never had beer spilled on it."

Along with great music and dancing, those donating \$20 will receive a free flight of four local beers, including but not limited to Chatham Brewery, Old Klaverack Brewery and The Depot. For those who prefer an alternative there will be non-alcoholic "Athletic

Beer" and seltzer. Tickets are pay-what-you-like, with a suggested donation of \$20.00. To reserve seats email: [info@claveracklibrary.org](mailto:info@claveracklibrary.org) or call 518.851.7120.

The Claverack Free Library is located at 9 Route 9H at the intersection with Route 23B. This event is for those over the age of 21.

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## What: THE BLESSING of the ANIMALS

Who: IN CONJUNCTION WITH "BE KIND TO ANIMALS WEEK"

When: May 6th, noon to 4pm//rain date May7th, 1pm to 5pm  
Where: Third Evangelical Lutheran Church in Rhinebeck

For 108 years Americans have been celebrating "Be Kind to Animals Week", the oldest commemorative week in US history. Traditionally, the first week in May is designated to honor the human-animal bond and we mark this week across our Nation with many loving events.

On May 6th, Third Lutheran Church at 31 Livingston Street in Rhinebeck will be joining this special spring event with a "BLESSING of the ANIMALS". The BLESSING is a free, outdoor event for the whole family.

At Noon, there will be a brief opening ceremony. Pastor Jim Miller will welcome the participants and WINGS AND MEMORIES will do a white dove release calling for peace and humanity in the world. All furred, finned, scaled and feather friends are invited to bring their companion people to this BLESSING. Our goal is to strengthen the human-



Carter loving Tootsie



Karie & Tillie enjoying the water



Evelyn & Floyd with Luna & Bella at a party



Kevin & Rufus enjoying the shade



Pussycat LUCY. She turns 3 in May and is celebrating her birthday at THE BLESSING!

animal bond and foster a more humane culture. To ensure the safety of ALL, animal ambassadors must be properly escorted, leashed, kenned or harnessed. P o o p e r scooper laws do apply. In addition to the BLESSING there are several other family friendly activities to enjoy \*\* Kids can meet and interact with the two "Lucky Orphans" ponies \*\* Browse the puuuuurfec tly wonderful TAG SALE just in time for Mother's Day \*\* Meet and greet Animal Ambassadors representing local shelters and rescue groups \*\* Interact with local service animals including representatives from the police canine and mounted horse units \*\* Take a chance in an onsite



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raffle to support the charity AMERICAN\*HUMANE. (Prizes donated by HighHopes Pet Treats and The Emporium, LTD.) Come and enjoy a special afternoon and bring your

cameras .... there will be many loving moments to capture.

## Rhinebeck Garden Club

April 26, 10am, Rhinebeck Garden Club Monthly Meeting. Program: "What's the Buzz?" Native Plants/Cultivars/Pollinators: Planning Your Garden. Presenter: Joyce Tomaselli, Dutchess County Cooperative Extension. Refreshments will be served and visitors are welcomed. Every year the Rhinebeck Garden Club puts together a series of meetings, field trips and events which are mostly open to the public. For meeting location and further information, call 914-263-5298, or 845-309-3181. Or [Log into Facebook](#)



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# COLUMBIA COUNTY RECOVERY KITCHEN HONORS THE FARMERS AND PRODUCERS WHO CONTRIBUTE FOOD

Farmers and producers who contribute food for meals served each week by the Columbia County Recovery Kitchen were recognized at an event on March 18 at Christ Church Episcopal where the kitchen used to prepare the food each week is located.

Started in the beginning of COVID by Carole Clark and Pam Kline to address food insecurity in the county, the all-volunteer organization with its chef, the only paid employee,

has grown from delivering 200 meals a week to over 1150. And it has done so without reliance on commodity or USDA surplus food. Working with the local agricultural community, CCRK now has relationships with over 26 farms. "It is the CCRK's connection to the land and the farms that makes us different," says Kline.

According to chef Tommy Carlucci, "Very often we don't know what's coming into our kitchen each week. There might be greens from Wally Farm or pork from Fat Apple Farm. The product is always fresh, well raised and exciting to work with. It allows for creativity and the pleasure of knowing that we are providing healthy and good

tasting meals to our recipients." The menu featured dishes highlighting some of the donated foods including Swedish meat balls, beer braised beef kielbasa, pulled pork sliders, mini frittatas and pork belly with hoisin sauce, farmstead cheese and local beers. "The party was a grand, beautiful team effort and important event for CCRK," said Clark who from the start said: "We are not going to deliver food that I would not serve in my restaurant or home. A significant expression of our appreciation for the farmers who make this happen was long overdue."

offered to sponsor all adoption fees for the month of April. During the month of April, all adoption fees at CGHS/SPCA will be waived. The goal during this time is to empty the shelter.

The sponsored adoption fees cover cats, dogs, and pocket pets (rabbits and guinea pigs). "As we enter spring, it's the perfect time to invite a new  
**Continued on page 15**

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### Columbia-Greene Humane Society/ SPCA waives all adoptions fee for the month of April

A longtime friend of the Columbia-Greene Humane Society/SPCA (CGHS/SPCA) who wishes to remain anonymous has generously

The *Hudson River View* is published monthly and distributed on the 1st Wednesday of the month.

The View is a privately owned, independent, Partnership publishing business. The View is mailed at the Newburgh, NY Post Office to homes in the Northwest part of Dutchess County.

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1/2 mile south of the traffic light in Red Hook

**Berkshire Hathaway HomeServices from page 1**

historic town of Hyde Park, minutes from the Hudson River, the Vanderbilt and Franklin Delano Roosevelt estates, the Culinary Institute of America and Vassar and Marist Colleges. "Combining forces with Steven and the Hudson Valley Properties team primes our organization for growth," said Sue Serino, who brings her knowledge and expertise of 25+ years of local real estate experience to the union. "The Berkshire Hathaway HomeServices brand

has a dominant presence in the region and we know it will bring exponential value to our agents, customers and clients."

"We are honored to have been asked to join the Berkshire Hathaway HomeServices team," said Joan Pedatella. "I know the high standards that Steven and his team hold and how they conduct their business, and my company has worked and grown under the same core values. This is a natural union, not only with Steven but with Sue as well. We have all worked together through the years and I couldn't

be prouder to now be working under the same banner."

Ms. Serino is as equally passionate about the union. "Serino Realty and Pedatella Realty offices have had solid foundations and successes in the Hyde Park market for many years. We have always worked well together and respected each other's achievements," says Ms. Serino. "Our associates now have the best of all worlds...



**Joan Pedatella**



**Sue Serino**

greater local strength, a valuable regional presence and a global name supporting us."

As part of the Berkshire Hathaway HomeServices brand, Serino Realty and Pedatella Realty associates gain access to the network's Global Network Platform, a powerful real estate suite of tools and services that offer high performance lead generation, marketing support, social media and more. The brand also provides international listing syndication, relocation referrals, professional education and the exclusive Luxury Collection marketing program for high-end listings to better serve customers and clients.

"Our top priorities through this transaction are to support our agents to grow their businesses and continue providing an exceptional service experience for our customers and clients," said Domber. "Without question, we deliver on these priorities."

With its new Hyde Park office included, Hudson Valley Properties counts among its ranks over 460 sales professionals and 13 offices covering every corner of the Mid-Hudson Valley. In 2022, its sales volume reached \$1.2 billion and transactions totaled 2,485. Hudson Valley Properties is a perennial member of Berkshire Elite Circle, a group composed of Berkshire Hathaway HomeServices' top 50 brokerages, ranking #5 in the global network in 2022. In 2023, Hudson Valley Properties marks 31 consecutive years as the leading broker in the Mid-Hudson Valley.

**About Serino Realty**

Founder Sue Serino is a former New York State Senator, serving the public in the 41<sup>st</sup> District from January 1, 2015 through December 31, 2022. Having grown up in Dutchess County with an appreciation for the uniqueness of the area and its

**Continued on page 16**

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- Take the dog to the vet
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- Run to the pharmacy
- Run to the post office
- Grocery shopping
- Everything else
- Call Hudson valley Errand Service
- Relax
- Take a nap

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## 44<sup>99</sup>

**150' Capacity SunCast Hose Hideaway**  
7025324 Limit 2.

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**50' Ace SmartFLO Max Premium Garden Hose**  
7637085 Limit 2.  
**100' 7637028 Sale \$49.99**  
**Save \$10.00 You Pay \$39.99 Limit 2.**

**6<sup>99</sup>**

**Ace 3' x 50' Landscape Fabric**  
7024620  
**3' x 100' 7024622 \*\$12.99**

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## 18<sup>99</sup> each

**4 Lb. BioAdvanced All-in-One Rose & Flower Care**  
7284060, 7798234 Limit 5.

**46<sup>99</sup> -10 WITH CARD\***

## 36<sup>99</sup> each

**10 Lb. Scotts EZ Seed**  
7206436, 7229404 Limit 2.

**99<sup>99</sup>**

**Ace 6 Cu. Ft. Steel Wheelbarrow**  
7331705

**19<sup>99</sup> each**

**Ace Yard & Garden Tools**  
70018, 70093, 7012867, 71752, 7502925, 70024

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**Fiskars PowerGear Bypass Pruner, Telescoping Hedge Shears OR Bypass Lopper**  
7100365, 7288509, 7218423

**4<sup>99</sup> each**

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7795651

**19<sup>99</sup>**

**25' Pocket Hose Silver Bullet**  
6000920  
**50' 6809263 \$29.99**  
**75' 6809271 \$39.99**  
**100' 6809289 \$49.99**

**29<sup>99</sup> -5 WITH CARD\***

## 24<sup>99</sup>

**Ace Heavy Duty Oscillating Sprinkler**  
7095581 Limit 2.

**Columbia-Greene Humane Society/SPCA from page 13**

four-legged family member into your home. Currently, we have a wonderful selection of cats, dogs, guinea pigs, and rabbits. We are very grateful to our sponsoring donor for helping us to empty the shelter and find dozens of animals their new forever homes free of charge. I'd like to invite everyone to view our animals that are available for adoption on our website, [cghs.org](http://cghs.org)," said CGHS/SPCA President/CEO Ron Perez.

Those who are interested in adopting can get a pre-approved application on file by visiting our website at [cghs.org](http://cghs.org) or by calling (518) 828-6044. For questions, please email [info@cghs.org](mailto:info@cghs.org) or call (518) 828-6044.



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37 West Market St., Red Hook, NY 12571  
Phone: (845) 758-5555

[www.mondellore.com](http://www.mondellore.com)

**Have You Heard?**



After calling 7 West Market Street our HOME for the past 15 years, Mondello Upstate Properties, LLC has finally found OUR FOREVER HOME! We've officially moved just a few doors up and are now located at 37 West Market Street in Red Hook. We're excited about this change and for our clients to see our FRESH, NEW OFFICE!

Stop by and say "Hi" next time you're out and about!



**Business for Sale: Red Hook:** Looking for a turnkey business in a fabulous location, w 30+ years of success? Look no further, this low maintenance printing business has been a part of the Red Hook community for over 36 years w great success by the sole owner. He is now ready for retirement & looking to turn it over to a new owner. Unbeatable main street location, large windows for advertising & low costs. The owner subleases a portion of the business which additionally reduces costs. This wonderful printing business has been a part of the Red Hook community for decades & is an asset to its next owner who can take the hard work & integrity it has been built on & take it to the next level. Contact listing agent for income & expenses. **\$65,000**



**Rare Investment Opportunity: Milan:** Freshly renovated 2 family, minutes from the TSP, & 5 minutes

to Red Hook / Rhinebeck villages. Easy to manage quarter acre lot, w 2 separate yard spaces for each unit maximizing privacy & possibility. Each unit pays electric & has updated split units. Unit A has an open concept w high beamed ceiling, 2 BR's, an updated FB & laundry. Unit B has an EIK that flows into the LR. One large BR w WIC off LR & an add'l BR suite upstairs w WIC. Would make an ideal live in one unit, rent the other to maximize your assets. For investors, low maintenance costs maximize your return, Red Hook has no shortage of need for rentals between residents seeking Red Hook Schools and College students. **\$425,000**



**Excellent Investment w Potential Future Growth: Red Hook:** 5-family situated on two separate parcels w mobile home site & large GAR that could add add'l income. 3 wells & 3 septic's. Unit 1 is a 3 BR farmhouse w loads of charm. Unit 2 is a 2 BR duplex w loft, Units Three/Four & Five are 1 BR apartments w electric heat. Large GAR in 3 family building for storage or possible expansion. Fabulous investment for someone looking for an income generating compound. High visibility location within 2 miles to Red Hook Village, 10 minutes to Bard College. **\$675,000**

**Catskill Mountain Views Every Morning: Clermont:** "The Shepherds Way" Farmstead c. 2006 has brought many happy memories to the Owners/Builders & their brood. Meander up the PVT drive & admire the fabulous front porch, great for watching sunsets over the Catskill Mtns. It also leads you into a bright & sunny wide-open FP that incl. FR, DR & country KIT. Cook & entertain while your friends & family enjoy conversations & appetizers at the breakfast bar. Relax, watch a movie or play board games in the LR w/sliders to an expansive covered deck great for BBQ's, a good book on a warm day, or watch the kids splash in the ABG pool. The remodeled MBR features an ensuite, a PVT deck w/hot tub to soak under the stars. Downstairs has its own PVT entrance & hosts 2 more versatile rms w/a Game Rm w/woodstove, FB, laundry, WKSP & GAR. This could make a great office or in-law. Outside there is over 9 rolling acres of privacy, plenty of room to run & roam w/ample space for lge garden & chickens. A Barn w/electric, water & fencing for livestock as well as a great camping area w/firepit. Also incl is a 2.3 acre building lot w/Catskill views, BOHA & ready to go! Located in Town of Clermont. Columbia County known for its wineries, distillery & breweries. **\$849,900**



**Immaculate & Move In Ready! Red Hook:** Lovely one level Ranch just minutes to the

villages of Red Hook/ Rhinebeck without Village taxes! This perfect starter or retirement home has been lovingly maintained & is move in ready. Bright & open FP w sunroom leading to large backyard. The MBR is generous in size w double closets. Full finish able BSMT, attached one car GAR. Quiet, well-maintained neighborhood in the RH SD. Motivated sellers have found another home & are ready to go! **\$384,500**



**Home Sweet Home! Red Hook:** Situated in a nice neighborhood this 3 BR Doll House is a great place to start or

scale down. Enter from the charming, covered porch into a comfortable LR that flows into the KIT w DA, pantry & laundry. Quality Pergo flooring throughout LA. Primary BR fits a full suite of furniture & 2 extra BR's are great for guests. Updated FB. The side door leads to a petite deck, patio & PVT backyard w pool for summer fun. Double outbuilding for tools and toys. Close to schools, parks & Bard College. Great income potential as well! 5 minutes to Village of Red Hook. **\$325,000**



**Great Potential in Prime Location: Red Hook:** In the same family for over 50 years this sweet Cape needs some TLC but well worth the effort. Large LR w DR off

KIT w access to large deck overlooking PVT backyard. 4 BR's w HW floors in most rooms. Great project for investment or live in situation. Quiet neighborhood just a few minutes from Red Hook & Rhinebeck. **\$279,000**

**Land for Sale:**  
**Red Hook:**  
16.1 Acres **\$189,000**  
16.27 Acres with Garage **\$279,000**  
**Clinton Corners BOHA:**  
7.71 Acres **\$135,000**  
9.22 Acres **\$139,000**  
16.93 **\$259,900**  
**Hyde Park BOHA:**  
2.2 Acres **\$67,500**  
2.8 Acres **\$69,000**  
**Red Hook BOHA:**  
5.86 Acres **\$149,000**  
**Owner Financing Available: Clermont:**  
2.6 Acres **\$125,000**

*Locally Family Owned*  
**Serving the Hudson Valley Real Estate Market for Over 45 Years!**

**Berkshire Hathaway HomeServices from page 14**

homes, and with an understanding that homeownership was a critical component of achieving the "American Dream," Sue began working in the real estate industry in 1996. She opened her own office in the City of Poughkeepsie shortly thereafter, moving to Hyde Park in 2003. With a drive to make a difference

in our community with a focus on the small business owner, Sue was elected to the Hyde Park Town Board in 2010 and then to the Dutchess County Legislature in 2011. Sue resides in Hyde Park with her husband, Mark. **About Pedatella Realty** Joan Pedatella has lived in Dutchess County, NY for her entire life and has raised her family here. A pillar of the real

estate community for over 40 years, she took over the reins of the company from her in-laws in 1977 and built it into a premier agency, known for its personal service and commitment to a quality customer experience. Joan has been on the Board of the Mid-Hudson MLS since 1991, and has witnessed the rewards of helping a multitude of people realize the great American dream...home ownership. Joan resides in Hyde Park with her husband, Warren.

**About Berkshire Hathaway HomeServices Hudson Valley Properties**

Berkshire Hathaway HomeServices Hudson Valley Properties is the Mid-Hudson Valley's leading real estate company for 31 consecutive years serving buyers, sellers and investors in Dutchess, Ulster, Orange, Putnam, Westchester, Columbia and Greene counties. Visit [www.bhshudsonvalley.com](http://www.bhshudsonvalley.com). Berkshire Hathaway HomeServices Hudson Valley Properties is part of the real estate powerhouse of New England, Westchester and Manhattan companies serving the northeast region, 2,600 agents and 63 offices strong.

**About Berkshire Hathaway HomeServices**

Berkshire Hathaway HomeServices, based in Irvine, CA, is a real estate brokerage franchise network built for a new era in residential real estate. The network, among the few organizations entrusted to use the world renowned Berkshire Hathaway name, brings to the real estate market a definitive mark of trust, integrity, stability and longevity. It's the "FOREVER Brand." Irvine, CA-based HSF Affiliates LLC operates the Berkshire Hathaway HomeServices and Real Living Real Estate franchise networks and is owned by HomeServices of America, Inc., the nation's

largest, full-service residential brokerage firm for transactions. HomeServices of America, Inc. is an affiliate of world renowned Berkshire Hathaway Inc. Visit [www.berkshirehathawayhs.com](http://www.berkshirehathawayhs.com).

**SCULPTURE AND CERAMIC SHOW**

April 28 - May 28, 2023

Opening reception Saturday April 29, 5 - 7pm

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will include an exploration of forms from clay, wood, marble, metal or found objects. This will be an elegant balance of complex designs and objects. Three traditional methods of sculpture whether abstract or representational include modeling, carving or joining. Figurative pieces capture the gestures and mood of the model. Pottery can be functional or visually imaginative. Visit during weekend hours or make an appointment for a personal weekday tour. Hours: Friday 5 - 8:30 pm, Saturday 12 - 8 pm, Sunday 1 - 5 or by appointment at [www.tivoliartistsgallery.com](http://www.tivoliartistsgallery.com)

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