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Postal Customer

Future Homes - Getting Clients into Country Homes of Their Dreams

By Joe Doran

Country life has never looked better to many former city dwellers in the tri-state area. And Future Homes, based in Cairo NY, is uniquely positioned to help transition people into beautiful customized manufactured homes in the Catskills and surrounding locales. Future Homes President Lucille Bertone says the trend of downstaters looking to escape NYC and other urban environs has only gotten stronger over the past year. "The increase in business started going on last year for me. Overall, 2019 was fabulous. When the corona-virus first came, things stopped a little bit. But I was still getting numerous phone calls and inquiries for homes. And people would make appointments. So, I was busy all throughout this whole situation. In some cases, people would come over, and I would have my mask on. Because people realized the value, and the fact that my



Lucille Bertone

reputation is number one. I have a very good word of mouth." There are few other players as well-positioned as Future Homes to guide clients efficiently every step of the way into planning, purchasing and moving into an affordable new home. Even with lockdowns and slowdowns of businesses and government services, the process can still be accomplished in under three months. It's a testament to Lucille's experience. Future Homes has been in business for close to a half century, and Lucille has been an integral part of that since she was a very young woman, working with her father, and then

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New Artist At A Cut Beyond

By Hilary Hart

When Patti Whitney moved her popular hair salon, A Cut Beyond, from her long-time Green Street location last year to her current location at 160 Fairview Avenue, many of her customers followed her and she took on a bunch of new clients as well. She has been in the full-service hair salon business for decades and mostly as a one-woman show, with wonderful and loyal family and friends pitching in during busy times with the prep and "accessory" duties, but without another fully licensed professional person with her. Now, this month - exciting news!! - she IS going to have a new person with her. Shannon Thorsey, a personable and professional young woman who also happens to be Patti's daughter, is graduating from the prestigious Paul Mitchell school in Schenectady as a fully Licensed Barber. She will be able to not



Shannon Thorsey

only do all the regular cuts, colors, highlights, perms, etc for men, women and children, but also the specialized hot towel/straight razor old-time barbering services, with the latest in products and routines, as well as with a unique and creative approach. This harks back to a time when men were really pampered at the barber shop and it was a restorative experience! It's the best of the old-time service along with the latest in products and technology. Shannon's background is totally in the visual arts, and her previous work experiences, retail and otherwise, all center around that. Even growing up around the hair salon business, she didn't think her creative leanings would lead her to being licensed in the field. Born and raised in Columbia County, she graduated from Hudson High heavily involved in the Arts programs there, and everything she has done since has been with that design career path in mind. Having used her

Continued on page 8

If you've been stark raving, Covid crazy, then we have the perfect remedy! The 1st annual AnimalKind online auction!

For all you shoppers and non-shoppers alike, there is a little something for everyone.

Starting August 15th, AnimalKind will host a fabulous online auction to raise much-needed funds for our cat and kitten rescue. Our goal is to raise \$10,000 in donations by offering 90+ items from paintings and prints, to a one week stay in Costa Rica. It's easy to bid, and it's easy to win!



Please check out our auction and bid generously! Bidding will close on August 30th, and items can be picked up in Hudson, NY, by the highest bidder or, in some cases, can be mailed. All proceeds will benefit AnimalKind, so we can keep saving the lives of stray, abandoned, injured, and abused cats and kittens and keep providing desperately needed services to our communities in need during this challenging time. Watch our social media channels for auction item spotlights! Check out our auction - and Raise a Paw! AUGUST 15TH - 30TH 2020 <https://www.biddingforgood.com/animalkindny>

Red Hook Public Library Open Hours Monday through Saturday from 11 a.m. until 4:30 pm

Red Hook Public Library's hours have changed due to the pandemic. Currently the building is open to the public Monday through Saturday from 11 am - 4:30 pm. Occupancy limits are reduced to allow for social distancing and masks are required. Patrons may also continue to use contactless pickup during open hours. ADDITIONAL INFORMATION Red Hook Public Library has been serving the community of Red Hook and its need for lifelong learning since 1898. It has been designated a five-star library by *Library Journal* each year since 2013. The library was chosen as a finalist for the Best Small Library in America award, given by *Library Journal* and the Bill and Melinda Gates Foundation, in 2015. FOR MORE INFORMATION: Call the Red Hook Public Library, 845-758-3241, email director@redhooklibrary.org, or visit www.redhooklibrary.org.

Robert Patterson, CPA: A Good Man To Know

By Hilary Hart

With the current economic climate of late, it is probably fair to say that more people are nervous about their finances than ever before. Even if you are one of the luckier ones whose lives have not been directly impacted (yet) by economic or health issues, the fact is that the whole world is different now. Everyone is having to re-evaluate what is important to them and what they are going to do now with their lives, and how and where they are going to do it. A huge number of people are changing jobs, even changing professions. And many more have no idea what they will be doing a year from now. Naturally, the CPA designation after Robert Patterson's name stands for Certified Public Accountant - as well it should, since he worked very hard and earned his degree from the College of Saint Rose to attain that status. In his case especially, though,



Robert Patterson

that CPA could stand for many other things as well - Competent Personal Advisor, Committed Professional Assistant, Caring Peoples' Advocate. He definitely is not your typical accountant, public or otherwise. Originally from downstate New York, he understands first hand how it is to have money and to not have money. He was brought up as one of four siblings in a single parent home, but certainly not one where college was an assumed right. He chose instead to go to work at a young age, earning his GED before he would have

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Christ and Covid 19 Local Pastor Authors A Book of Meditations to Bolster Faith in Troubled Times

By Joe Doran

For many people, one of the most essential activities of their lives—gathering together in religious worship—has been usurped in this time of the Covid-19 pandemic. Local pastor Rev. Dr. Robert L. Gram has felt the pain of parishioners experiencing isolation when no one should have to, cut off from family members and friends in times of serious illness and dying. He's noted the physical ravages in susceptible populations including people his own age, and also the psychological and spiritual suffering that has touched many who have less to fear from the virus itself. Serving temporarily at St. John's Reformed Church in Red Hook, when the pandemic rived in our area in March, the pastor felt as helpless and frustrated because he could not care for people in the customary ways he had performed during his 45 years as a pastor. He responded by reaching out differently, via a book of meditations written with his congregation in mind, but applicable to anyone searching for solace in a troubled age. It's called *Christ and Covid 19: Meditations for Peace in Times of Turmoil*. "I was serving the Red Hook Reformed Church as a part-time minister, because their full-time



Rev. Dr. Robert L. Gram

pastor had undergone serious surgery, and was out for several months," Rev. Gram explains. "The Coronavirus really exploded here in March, and I couldn't do what ministers normally do. I couldn't visit people at home, in hospitals or nursing homes. The Meditations ensued. I write about how God helps us deal with the

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Hudsonriverview.net

The September Edition Of The Hudson River View Will Be In Area Homes On September 2nd The Deadline For Advertising And Press Release Submission Is August 19th

ACCORDING TO QUACKERS



*Summer declines and roses have grown rare,
But cottage crofts are gay with hollyhocks,
And in old garden walks you breathe an air
Fragrant of pinks and August-smelling stocks.*

—John Todhunter (1839-1916)

THE MONTH OF AUGUST

August was named to honor the first Roman emperor (and grandnephew of Julius Caesar), Augustus Caesar (63 b.c.–a.d. 14).

Notable Dates in August

“After Lammas Day, corn ripens as much by night as by day.”

August 1, traditionally known as **Lammas Day**, was a festival to mark the annual wheat and corn harvest. Lammas also marked the mid-point between the summer solstice and autumn equinox, and was a cross-quarter day.

August 5 is a Civic Holiday in parts of Canada.

August 10 is **St. Lawrence’s Day**. “Fair weather on St. Lawrence’s Day presages a fair autumn.”

August 11 marks the end of the **Dog Days of Summer**, which began on July 3.

August 17 is when the **Cat Nights** begin, harking back to a rather obscure Irish legend concerning witches; this bit of folklore also led to the idea that a cat has nine lives.

August 19 brings **National Aviation Day**, chosen for the birthday of Orville Wright

who piloted the first recorded flight of a powered heavier-than-air machine in 1903.

August 19 also starts the Islamic New Year, or the **First of Muharram**, beginning at sundown. Traditionally, it begins at the first sighting of the lunar crescent after the new Moon.

August 24 is **St. Bartholomew Day**. “At St. Bartholomew, there comes cold dew.”

August 26 is **Women’s Equality Day**, which celebrates the 1920 ratification of the Nineteenth Amendment and, with it, women’s right to vote in the United States.

“**Just for Fun**” Days Have fun with these strange celebrations!

Aug. 1–7: International Clown Week

Aug. 8: “National Sneak Some Zucchini Onto Your Neighbors’ Porch Day”

Aug. 10: National S’mores Day

Aug 12: Vinyl Record Day

Aug. 13: **International Left-Handers Day**

Aug. 17: International Geocaching Day

Aug. 17: World Honeybee Day

Aug. 25: Kiss-and-Make-Up Day

August’s zodiac signs are Leo (July 23–August 22) and Virgo (August 23–September 22).

AUGUST ASTRONOMY

Full Sturgeon Moon

August’s full moon, the **Full Sturgeon Moon**, reaches peak illumination on Monday, August 3. For the best view of

the (nearly) full Moon, look skyward on the night of the 2nd!

Perseid Meteor Shower

August is a wonderful month for star gazing! It’s the month of the **Perseid meteor shower**, which peaks between August 11 and 13. This year, they peak right around the last quarter Moon, which means that the Moon shouldn’t wash out too many of the “falling stars.”

August Moon Phases

Full Moon: August 3, at 11:59 a.m. EDT

Last Quarter: Aug. 11, at 12:45 p.m. EDT

New Moon: Aug. 18, at 10:42 p.m. EDT

First Quarter: Aug. 25, at 1:58 p.m. EDT

To us, **August** brings the best bounty of the season—ripened tomatoes, ripe melon, sweet corn on the cob, and zucchini are just a few of our favorites.



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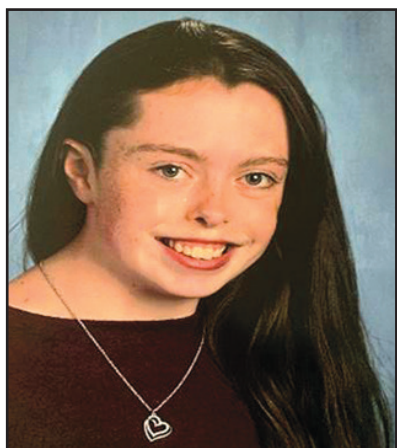
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DUTCHESS COUNTY AGRICULTURAL SOCIETY, INC. ANNOUNCES AGRICULTURE SCHOLARSHIP WINNER

Dutchess County Fair President/CEO Andy Imperati announced today that Faith Shultz was chosen to receive the DCAS Inc. scholarship. Faith is seeking higher education at an accredited two or four Year College or university in the Fall of 2020. "We continue to support our youth who choose to pursue a career in agriculture or a career related to agriculture or horticulture," stated Tom Angell, Chairman



of the Scholarship Committee. Scholarship applicants were evaluated by a scholarship committee and scored in a variety of areas including Dutchess County Fair participation, grade point average, community involvement and leadership roles. The scholarship is funded through

the generosity of the Dutchess County Agricultural Society, Inc., a 501c(3) non-profit organization. Faith Shultz, of Millbrook, was selected to receive the \$8,000 scholarship. Faith will be attending Dutchess Community College with a transfer to SUNY Cobleskill. She will be pursuing a degree in Agricultural Business Management with a minor in Agricultural Education. For more information about the Dutchess County Agricultural Society/Dutchess County Fairgrounds, visit www.dutchessfair.com. Follow the Dutchess County Fair on [Facebook](#) and [Twitter](#)

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Farm Market
Saturdays through October 10am-2pm
Purchase locally produced healthy food and support local, sustainable agriculture. Connecting to Collections Virtually
Thursdays, 12:00pm
The Homestead's expert staff offers a guided exploration of our collection – join us on Instagram Live for short curatorial talks.

This month's programs include:
August 6 – Women's Objects from Everyday Life
August 13 – Amusements
August 20 – Pardon My French
August 27 – Objects from Everyday Life
Play Days @ Jay (@Home) Fridays, 1:00pm
We've missed seeing you at our usual Friday afternoon Play Day's @ Jay program! While we wait to play together again, you can have your own Play Days @ Jay (@Home) – join us on Instagram Live for an activity, craft, or mini-tour. Check our website for details on each week's program, which will include a list of supplies you'll need to participate. Our website also features lots of fun at-home activities for your whole family!

This month's programs include:
August 7– Mini-tour of the Dining Room
August 14 – Make a rag doll
August 21 – Make a potato stamp
August 28 – Make sachets
Drive In Movie –The Goonies Friday, August 7 & Saturday, August 8*
Join us as we partner with Bedford Playhouse to present our Second Drive In Movie at John Jay Homestead, with *Ferris Bueller's Day Off* on the big screen. Tickets are limited and must be purchased before the event. \$30/car. Gates open at 8:00 | Movie begins at 8:45. Concessions are also available for purchase through our website. *Rain Date for August 7th is August 11th; rain date for August 8th is August 12th.



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"CONGRATULATIONS TO THE CLASS OF 2020"

The PPP Committee would like to Thank the Businesses & Individuals that gave an "Adopt a Senior Gift" to every Senior this year!! The cash donations were given to the Red Hook Responds Fund because we did not have a Prom or Post Prom Party! Our wish for you is that you Always Follow Your Dreams & Remember the Town you Lived in

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Robert Patterson from page 1 received his high school diploma. In spite of this (or maybe partially because of this), he calls himself a "late starter," since he didn't go on to get that college degree until he was in his thirties and already married. His wife is a dog person, working in the vet clinic arena and has been involved with show dogs and grooming for decades, in her own business as well. Of course, she was also instrumental in being there for him getting his advanced schooling. They

migrated up to this area in 2003 and have two sons now who are eleven and thirteen. Bob is very focused on training, and spent the last decade (before "hanging up his own shingle" last year at his current location at 2602 State Route 23 in Hillsdale) working and learning at a local accounting firm in Hudson. At the College of Saint Rose, Governmental Accounting was mandatory, and much of his work in Hudson was municipal accounting. Work for villages,

towns, fire districts, and some non-profit entities still comprises about fifty per cent of his client base in his own office today. You might think – as I did at first - that this would mean he WAS more of a "numbers guy" than a "people person," but not so. The reason he enjoys this governmental work is that more than just helping one individual, he considers it watching the funds for ALL of the taxpayers to make sure their monies are being allocated to the right places according to the budget!

Bob hastens to explain that he is not a Financial Advisor who manages investments for people. He does a lot of tax planning and preparation work for individuals, corporations, partnerships, estates, trusts, etc. and knows much about tax implications for people, however, on occasion, he does the bookkeeping end of it and someone else does the actual taxes. He prepares individual tax returns and financial statements for people for a variety of reasons, but it's a different kind of work than that done by financial advisors. He does a lot of consulting work for people who are starting their own businesses, or would like to do so.

When asked about the changes this last year has brought to the business, he says that while there isn't as much delay and "closing" of business, even more and more than before, it is often handled electronically. Bob doesn't really like this at all, as he enjoys meeting his clients and getting to know them face to face, and he misses that aspect of the business. He is, of course, set up to do that hands-off type of transaction, and will continue to do so. He always did have some clients who were out of state anyway and had to electronically review and sign documents, etc. Not very "people friendly" but that's the way of

Continued on page 12

Dear Adopters, Consumers, Clients and Visitors

I'm happy to report that on July 1, the Columbia-Greene Humane Society/SPCA will open their lobby to the public. CGHS/SPCA's lobby has been closed since March 15 due to the COVID-19 outbreak. During the shutdown, the shelter continued to offer services to animals and people with newly designed procedures to ensure that all clients and staff remained safe and healthy. Our lobby opening brings yet again a new set of responsibilities. All visitors to the Columbia-Greene Humane Society/SPCA will be required to wear a mask while inside the facility. CGHS/SPCA staff will limit the number of visitors in each designated area to adhere to current safety recommendations. Details on our services are as follows:

- **FOOD BANK:** Our Food Bank is open daily from 11:30 a.m. to 4 p.m. If you are quarantined and need food for your pet, please call (518) 828-6044 ext. 100 or

108, or email jessica@cghs.org.

- **SURRENDERS:** All animal surrenders are accepted by appointment only. To set up an appointment, please call (518) 828-6044 ext. 100, or email at jessica@cghs.org.
- **ADOPTIONS:** We are open for adoptions.
- **GROOMING:** For grooming appointments, please call (518) 828-6044 ext. 103.
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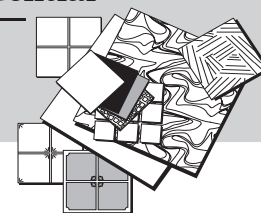
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America, Put Your Mask On – Before It Is Too Late

by Charlotte Michos, RN, MS, CNS, CLNC

If all of us wore masks, we could bring the COVID-19 cases under control within a month or two (Centers for Disease Control and Prevention) and save the U.S. economy \$1 trillion (www.forbes.com). At the early onset, people were initially confused about the necessity of masks because we did not know how the infection rate would impact the U.S., and there was also a shortage of supplies. **Now there is no excuse. Masks are a necessity for both our public health and our economy.** How foolish and naïve that Americans are making masks a political issue! As a healthcare provider, I find the current behavior of Americans, who are mismanaging this pandemic, both disrespectful, dangerous and selfish, especially toward the health field. **Masks work. You can choose cloth or surgical masks. Although bandanas are not as effective, it is better than nothing. It is not necessary for the general public to wear N95 masks. There are also many misconceptions about the subject. Here are the facts: Many people foolishly think that cloth masks cannot be effective because they can't filter out the tiny viral particles. These particles expel from the mouth and nose in much larger droplets that become smaller as they move away from the body. Masks trap the droplets and therefore, fewer viral particles escape. "So, when all parties in a gathering are wearing well-constructed, well-fitting masks, it provides an extra layer of safety for everyone. If two people are wearing masks, the viral particles can travel about 5 feet away from each individual. When an infected**

person is not wearing a mask, those particles can float through the air 30 feet or more and stay alive for up to 30 hours." Yes of course the transmission rate is also a consideration, but overall the infection risk increases when one person takes his/her mask off (<https://med.stanford.edu/news/all-news/2020/06/stanford-scientists-contribute-to-who-mask-guidelines.html>).

Some people think that if you wear a **mask for long periods** of time you will trap and breathe in excess amounts of carbon dioxide, which could lead to brain damage. **That's just not true.** A properly constructed mask provides more than enough ventilation (*Medscape*, July 15, 2020).

We know that people can spread the virus before they have symptoms. **By using masks, we reduce the spread from these potentially infected people. It is called "source control"** (*Medscape*, July 8, 2020)

The CDC recommends all people 2 years of age and older to wear a cloth face covering in public settings and when around people who don't live in your household, especially when physical distancing is difficult to maintain (<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>).

In a recent study (published in *Health Affairs*) **mask mandates led to a slowdown in daily COVID-19 growth rate.** With 5 days of mandate, the daily growth rate slowed by 0.9 percentage and after three weeks, the daily growth rate slowed by 2 percentage points (<https://www.ucsf.edu/news/2020/06/417906/still-confused-about-masks-heres-science-behind-how-face-masks-prevent>)

In addition to masks the other two parts to the equation in protecting ourselves from the spread of the virus are physical distancing (in general 6 feet apart) and washing our hands. **These three simple measures – 1. Wearing masks, 2. Physical Distancing, 3. Washing hands – have shown that the resurgence of the disease can be prevented** (<https://med.stanford.edu/news/all-news/2020/06/stanford-scientists-contribute-to-who-mask-guidelines.html>).

The pandemic is a crisis, and like other crises, denial does not work in managing it. We must see transformations in two areas: The federal

government's initiatives and the American public's behavior. **Federal government:** Why isn't the federal government implementing an effective use of *The Defense Production Act*, so that we produce and distribute adequate supplies to our hospitals and other health facilities in order to control this pandemic? The U.S is way behind in testing, tracking the virus, and we are ill prepared for the next wave. The blunders have already occurred (Read about "The US Paid Millions for Test Tubes – and Got Unusable Soda Bottles Instead." – <https://meteor.news/2020/06/18/the-trump-administration-paid-millions-for-test-tubes-and-got-unusable-mini-soda-bottles/>). Why isn't there an overall federal plan for the management of this health crisis? I find it astounding that we don't have one. Would you accept having no plan from your physician if you were dealing with a diagnosis of heart disease, cancer or some other health trauma in your life?

1. The American Public: Why are Americans being so childish and irresponsible by not wearing masks? If your doctor offered a solution to prevent you from getting sick or dying, would you go out in the streets and protest this, claiming it was taking away your freedom? It is a very simple solution; otherwise the result is a spread of the infection, more deaths and a worsening economy. We have already witnessed what happens when our hospitals and our healthcare providers are overwhelmed with the onslaught of this virus. The surges are happening all over

the country and this fall we will be seeing the co-occurrence of COVID-19 and influenza (regular flu season). This means our healthcare system will be overextended even more than what we have already witnessed. **If the federal government does not change its approach to the management of this pandemic and the American public continues its infantile behavior, we will have absolute bedlam this fall, and into the winter.** In addition to the resurgences of the virus occurring in an unpredictable manner, our economy will go in the opposite direction – a direct and predictable decline. We will likely see more violence, increased mental illness, conspiracy theories, panic and shortages in such necessities as food products, toiletries and medications. **How can we educate the public about the benefits of masks?** Many healthcare providers are becoming proactive on social media, as well as petitioning

the government to develop a federal mask mandate. "As this conversation gathered steam through retweets, likes, and comments, Helen Burstin, MD, chief executive officer of the Council of Medical Subspecialty Societies (CMSS), took notice. She tweeted out that she would look into this issue with the leaders of the 45 medical subspecialty societies representing 800,000 doctors. The following day, she shared CMSS's *unequivocal statement* advocating for the need to respect science and implement a national mandate for universal masking" (https://www.medscape.com/viewarticle/933604?nlid=136389_785&src=WNL_mdplsfeat_200714_mscpedit_nurs&uac=64796DZ&spon=24&impID=2460461&faf=1). Recently, "three powerful healthcare organizations followed suit supporting masks: The American Medical Association, the American Hospital Association, and the American Nurses

Continued on page 6

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ACROSS

- Guitar relative
- Ewelike
- Yang's opposite
- "___ a Grecian Urn" (Keats)
- Helped
- "Double Fantasy" artist Yoko
- Comment to a sneezer
- Flying saucer, for short
- Door frame part
- Blackens, as steaks
- Insults
- Animal life of various regions
- Handbags
- Addressed a crowd
- Winged Greek god
- Sharp mountain ridge
- Sharp bark
- "CD" follower
- Put into action
- Hockey great Bobby
- Supply with weapons
- Kind of jar
- Enormous
- Nightly news hour, often
- He flew too close to the sun
- Extensive landed property
- Barley and rye, for two
- Live like a parasite
- Puddle-stomping boot
- At-cost connection
- "I'm not the only one!"
- Wedding declaration
- Figures in Iranian history
- Ulnas' partners
- Basic unit of Romanian currency
- Large books
- City near Salt Lake

I'M MODEST

By Kenneth Holt

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15					16		
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46	47							48				
49						50	51					
52					53	54				55	56	57
58					59					60		
61					62					63		

DOWN

- Cranberry field
- "Much ___ About Nothing"
- Beatty of Hollywood
- Unemployed
- Using a Web browser
- Drying kilns
- Strong grip, metaphorically
- Pastoral composition (Var.)
- Classic introduction?
- Taught
- Who to wish "Merry Christmas" to
- Prefix with "red" or "sound"
- Hangman's knot
- Concludes
- Crayola gradation
- Diva's setting
- Angry display
- Where a tip may travel
- It may have a twist
- Fabric introduced by DuPont
- Bridle strap
- Church alcove
- Dispute
- Decrease?
- Purple birthstone
- Surface, as a road
- # in a tweet
- Fond du ___, Wis.
- See 34-Down
- Cuba's Fidel or Raul
- Internet messages
- Balloon probe
- Water holder
- Island discovered by Magellan
- Exercise aftermath, sometimes
- "Eureka!" relative
- Find sums
- Be dishonest, in a way
- Relatives

Solution on page 13

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America from page 5

Association released an 'official letter' to the public strongly encouraging the use of cloth masks" - see this link for the actual letter (<https://www.aha.org/lettercomment/2020-07-06-aha-ama-ana-open-letter-urging-public-wear-mask-stop-covid-19-spread>).

Here is my personal message to my fellow Americans:

Get over ourselves: Too bad that masks have not been part of our culture; it's time to change in order to protect ourselves. Since two masks are better than one when we are in public, it doesn't help to hear from the non-masked person, "Thank you."

Cease the whining: Today I walked out of a store and I listened to a woman complaining about having to wear a mask

for minutes of her day while shopping. Yet our healthcare providers wear masks and other PPE for up to 24 hours at a time, and they are not shopping. They are saving our lives. **Put an end to being misled:** The governor of Georgia, Brian Kemp, banned Georgia's cities and counties from ordering people to wear masks in public places. That is not only an ignorant action, it is an act of spite. This misguided behavior results in negligence and public endangerment (<https://www.aol.com/article/news/2020/07/16/georgia-gov-explicitly-voids-mask-orders-in-15-localities/24563447/>). We have to ask ourselves, "How many more political traps are we going to fall into before it is too late?"

Start caring: We - fellow Americans - go running to the hospital with our heart attacks, cancer, appendicitis, our many injuries and traumas and expect immediate care. Yet, we are failing to carry out three simple tasks: wear a mask, distance ourselves and wash our hands, in return for the care we are given. **"It's not that hard."** That's what a 5 y.o. said to a group of people not wearing masks (https://www.huffpost.com/entry/my-5-year-old-can-handle-wearing-a-mask-you-can-too_15ef11b7ec5b6be4e89870013). In contrast to what the American public has to sacrifice (and for some individuals it is much more than others), **few stories can compare to what healthcare providers are enduring:** I strongly recommend that everyone read the following: "A day-in-the-life of a nurse during the pandemic in taking care of you - America." It might bring you to your knees - in tears (https://www.wamc.org/post/our-grief-nurses-experience-during-covid-19-pandemic?fbclid=IwAR38dDe-AJoR_eXcC2ft-fuoBV_MkOsQRRhzdgUicE_pXSGxd7w1IBRLvzf6c). Co-workers talk about what happened in NYC hospitals when the pandemic first hit: "It was terrifying not knowing whether we would have enough protective gear (Now we know that our healthcare workers do not get infected if they have the suitable PPE). We watched

young and healthy co-workers get critically ill and die. My colleagues discussed drawing up wills (*Medscape*, June 18, 2020). A physician's assistant "recalled her husband leaving food on the cellar stairs while she isolated herself for months for fear of infecting her family: 'I felt like an animal,' she said, her voice cracking" (*Medscape*, June 18, 2020). "It is haunting to think it may all happen again... I feel like it's a calm before a second storm," said an emergency room physician who lost a relative to the virus" (*Medscape*, June 18, 2020). **Wake up America, before it is too late; put your masks on!** Note: *Medscape* requires a login registration; it is free. Charlotte Michos is a clinical nurse specialist who serves as a Healthcare Consultant in helping others make informed decisions about their health. For more information, products, and to view previous articles visit www.besthealthconsultant.com or email charlottemichos@icloud.com.

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Christ & Covid 19 from page 1
 stressors of Covid-19. And how ironically the pandemic may help us to grow in character, and strength. When we examine Jesus' life, we glimpse what is truly valuable in our day to day living, insights easily overlooked before the pandemic." Though Rev. Gram was technically retired, his past experiences and training made him well suited to the dilemma at hand. In addition to his theological degrees from three different seminaries, including a doctorate, he also has an MS from The Graduate School of Social Work at Columbia University. The book he has authored is rich with everyday details, psychologically insightful, and infused with actionable wisdom gleaned from biblical texts.

"You know, in Scripture, God states, 'Be still and know that I am God,'" Rev. Gram relates a bit about one the meditations found in his book. "And what's happened with Covid-19, is that it has produced a restlessness in all of us. Which is probably magnified when we are in quarantine or lockdown. So, what happens is that we find ourselves in a panic because of the viral threat, and we race around, often not knowing where we're going, or what we're doing. When in fact, what we're called to do, is just be still. Just sit in a straight-backed chair and focus on your breathing, and sense that God is in every in-breath and out-breath. He is always present in the basics of respiration, and the basics of reality. That calms. Our minds can be as restless as our bodies, sometimes more. The Buddhists have a wonderful phrase for

skittering thoughts. They call it 'monkey mind'. And the practice of meditation and prayer becomes a way of stilling ourselves. An added benefit is that honoring God in such simplicity helps others to see that a wonderful way to honor God and provide a positive example is to sit still. Meditations *Christ and Covid-19* are divided according to church seasons. Rev. Gram points out that living mindfully within church seasons—like Lent, Holy Week and Easter-- orders life, particularly at a time when pandemic upends our calendrical sense, including when or even if traditional events, past times, and celebrations can even occur. Just speaking locally, the Dutchess County Fair in Rhinebeck, among many other customary activities, will not take place this year.

In the mid-Hudson Valley, the coronavirus spread perniciously during Lent, and the meditations in *Christ and Covid-19* begin with that season. Meditations for holy week focus primarily on Jesus's dying words from the cross. With Easter, the church turns to resurrection. The book concludes by coinciding with Pentecost, a time when the disciples were graced by the Holy Spirit to be able to speak foreign languages they could not have learned on their own.

Grappling with fear, whether of a virus, or losing loved ones, or an uncertain future, is one of the toughest battles Rev. Gram has seen people face. "The psalmist writes that God delivered him from all of his fear. And I note that fear is hardwired into humanity. And it's a positive thing. Primitive man, because of fear, could sense carnivores

which were faster than he was, and he could mobilize his resources. He could get away, or do whatever he needed to do.

"But the bible also talks about a fear which overwhelms our rational and coping capacities, and that's understandable. Because the Neanderthal could at least spot the leopard in the distance, who was eyeing him for lunch. But how do we outwit a predator who carries off his victims in an invisible maw? That's more terrifying."

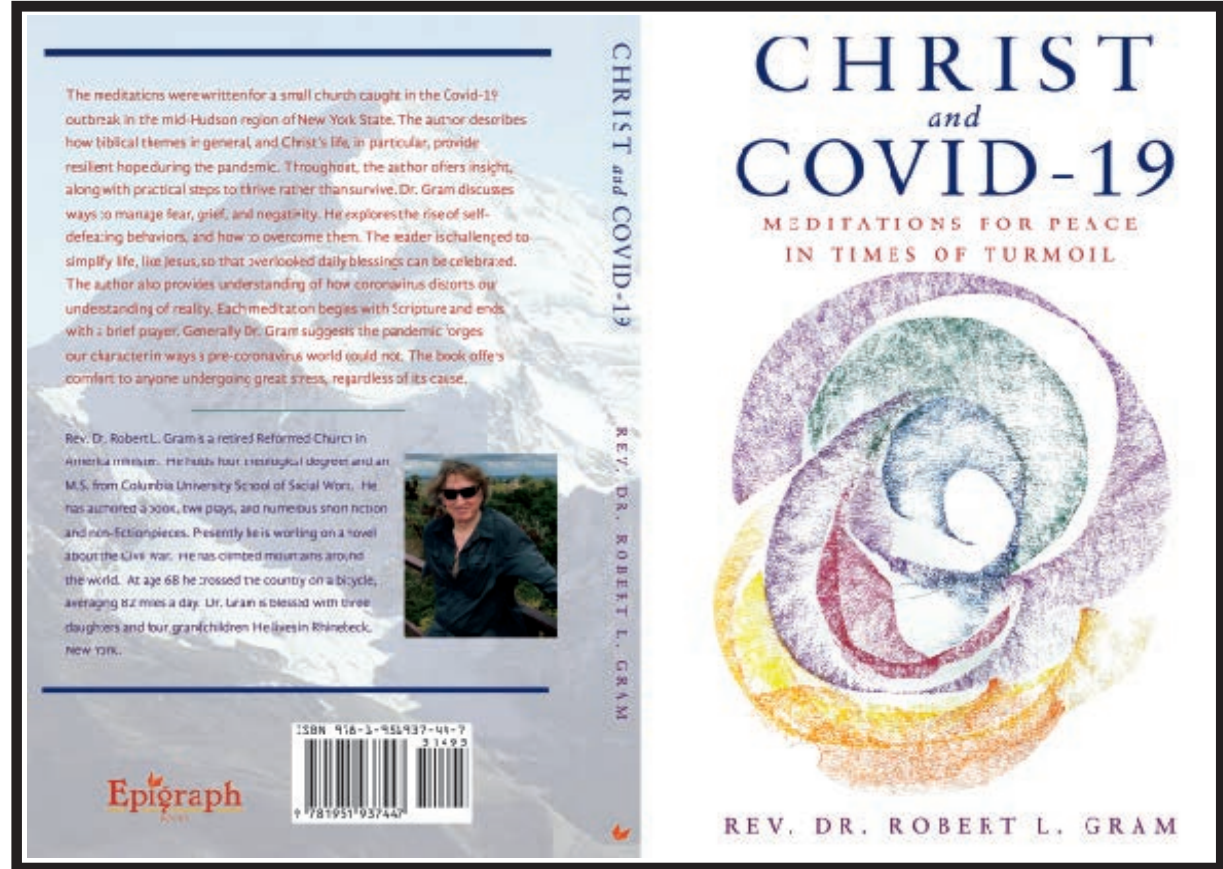
The Reverend says the best spiritual response to fear...is faith. "What we need to do, and what the psalmist tells us to do, is that we need to look back at our past, and see how God has helped us in the past. How God has delivered us from fears in the past. And so we have to

develop our capacity to recollect. Because I think when we do, we can understand that God has been with us in times past. And we need then to transpose that to the present, and know that God's continuing love for us does not end, but will continue."

Perhaps the central purpose of *Christ and Covid-19* is to engage readers with a supportive spiritual dialogue that can help them overcome the anxieties of this time. "You know, the book helps people manage fear, grief and negativity. And it explores self-defeating behaviors, which Covid-19 gives rise," says Rev. Gram. "One of the insidious self-defeating behaviors is that we minimize or dismiss the psychological burden which Covid-19 places on us. We don't allow ourselves some slack here.

So if we do not perform the way we did in our pre-coronavirus period, we get down on ourselves. We say, 'What's wrong with us?' Well, what's wrong with us, is that we are living in a reality danger fraught. And if we can understand that, then it seems to us we can be gentler with ourselves. 'Cut yourself some slack' the expression goes. In the book, I say in jest that Jesus may said those very words: 'Cutteth thyself some slack'. And while he may not have said those words, he certainly intended the sentiment. And it's gospel for all of us."

Christ and Covid 19: Meditations for Peace in Times of Turmoil is available locally at Oblong Books in Rhinebeck. It can also be found on the web at Amazon, Barnes & Noble, Indiebound and Bookshop



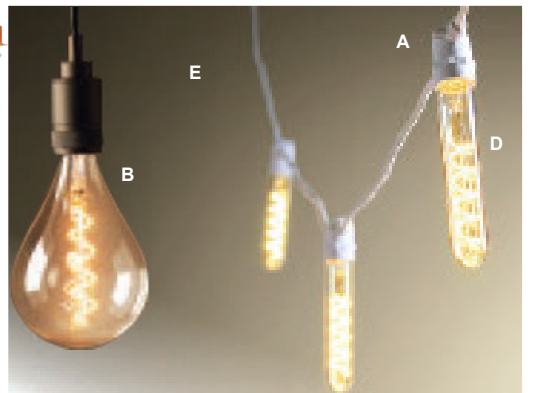
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A Cut Beyond from page 1

creativity in many positions in the more than a decade that she has been out of high school, she just decided to go to school for this, as a new and great way to practice her artistic talents.

"If you find that you have the opportunity to do something you love doing," says Shannon, "it becomes a mutually beneficial thing for both parties, a personal service more than just a routine job, and much more than just following in your mother's footsteps."

There has been a huge resurgence in the wearing of beards in the past few years, even before the recent pandemic when barber shops had to close their doors. Not only are there many more styles of facial hair of all kinds but also LOTS of new products to take care of beards



and the like. Shannon says that even though the health situation has changed the way they are able to do certain services, and harder to do clean shave procedures etc., the options are many. She will be bringing in whole new lines of hair and beard products, from Paul Mitchell and Johnny B, with not overwhelming but nice clean scents, and will be constantly investigating new products as

well. A Cut Beyond will of course continue to offer a full array of hair products as it has always done, and they will continue to do all the unisex salon services they always have provided.

Naturally, the shop follows all health guidelines and procedures and

if you have a specific time you would like a speedy appointment with either Patti or Shannon to make sure they aren't booked up and your wait will be long. If you call their number at (518)828-5114 and they do not answer, they will certainly call you back at their earliest opportunity.

In this day and age, women have already adopted many new creative ways of styling their hair and taking care of it,

look at any high school yearbook from the fifties or even the sixties, you will notice that the great majority of both girls and boys have their hair cut exactly alike, no matter their personal shape of face or what that "look" might do for them!) Now men can have their own turn and investigate different stylings of their beards! Shannon has special training just for this, so check it out!

This salon has always been adaptable to new ideas and has listened to their clients' wishes before forcing certain set cuts or treatments on them. At A Cut Beyond, each individual's hairstyle is for that individual. With all their combined experience and training, however, they can certainly recommend different ways and means to handle your hair in keeping with your lifestyle. They do men, women and children, and have lots of experience with styling hair for the elderly, too.

There truly IS a new artist at A Cut Beyond, and many new products to help you take care of your own hair, no matter what style you choose. See if you can create something old or new in 2020!



practices, being super careful to disinfect and clean everything in between and during clients and distance as much as possible. Mask wearing is required before even entering the shop. This has, of course, been true throughout this COVID ordeal, especially since it's a hands-on personal service.

They have always tried to keep their hours flexible for the different schedules of their clients, and they still accept walk-ins (masked of course) but it is probably a good idea to call

and everyone feels that the way someone wants to have the hair on their head or on their face is a matter of personal choice - no more cookie cutter looks!! (If you

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God's Corner

Peace Instead of Anxiety

"Let the peace of Christ rule in your hearts."

(Colossians 3:15a)

By Naomi Fata
President of Christian Resource Ministry Inc. (CRM)

Peace is something we all want. Peace in our emotions, in our thoughts, in our homes and in our world. Peace is God's will for us but it doesn't happen automatically. Think of the home you live in. If you don't clean it, it continues to get dirty. It takes work to clean and to make your home a place that you want to live. In the same way if you don't clean your mind and heart, they will become anxious. Anxiety is like dirt and disorder that comes in by natural result of us living.

With the current state of our world anxiety is on the rise. Simply passing someone on the street without a mask or going into the grocery store can cause you to feel anxious.

This anxiety must be confronted, or it will begin to take over your life, affecting your relationships and your decisions. A first step toward confronting anxiety is the simple awareness or recognition that you are struggling with it. Sometimes it helps to name the thing you are anxious about rather than letting it be just a feeling. Right now, maybe you are anxious about the health of a certain person, or the changes in life due to the pandemic. I have found that I can become anxious even in the small things, like hiking with children and having to pull them off the path, at a 6-foot distance just so another group can pass.

Anxiety can also come from suppressed grief. Grief is a real emotion that many of us are feeling. We have lost a way of life, lost graduations, celebrations, vacations, and

finances. We have lost control, predictability, and stability. Denying that our hearts are heavy with it all brings further anxiety.

Colossians 3 offers us the promise of God's peace that will rule our hearts, but there are instructions that come with it. In Colossians 3:1 the apostle Paul reminds us to set our sights on the reality of heaven. When our focus is on the circumstances of the world, looking for peace to come, for our family to be healthy, for our finances to be secure, or for the political parties to get along, we will be disappointed.

Besides looking for our hope in heaven, this passage of Colossians also encourages us to be thankful. Be thankful in the small things. Be thankful for the everyday joys. Be thankful for the presence of Jesus who is always with you and will never forsake you.

Jesus came to be our help and comfort in trouble. Rather than letting anxiety rule your heart, come to Jesus. Ask for peace. Meditate on His word (the Bible). Rest in His presence. Contact Naomi at www.christianresourceministry.com

THE CHURCH'S ONE FOUNDATION IS JESUS CHRIST HER LORD!

"The Lord Jesus said, "I will build my Church." The Apostle Paul wrote, "For other foundation can no man lay than that is laid, which is Jesus Christ." 1 Corinthians 3:11).

The Church is not built on men or on religious movements, but it is built on the Lord Jesus Christ. Jesus is the Foundation and the Cornerstone of the Church. He is the Living Head of the Church! The Church is not a physical building but is the Living Body of Christ. It is also called the Spiritual House of God (1 Peter

2:5). The Greek word for Church is "ekklesia" which means a called-out assembly. Jesus said, "I will build my Church; and the gates of hell (hades) shall not prevail against it (Matthew 16:18).

In order to be a member of the Lord's Church you must be Born Again. A person can join an organization, but the only way they can become a Member of the Church is by having a Personal Relationship with the Lord Jesus Christ.

The word "Church" is found only three times in the Gospels but is mentioned several times in the Epistles. Many of the Epistles were written to Local Churches throughout the Mediterranean Sea Area and to us today. The Church began on the Day of Pentecost (Acts 2) and began to spread from Jerusalem beyond throughout the Roman Empire. Today the Church is found throughout the World. The Lord is continuing to add more people from every tribe, kindred, and tongue to His Church. He will continue to do so until the Lord Jesus Christ comes back to present the Church to Himself without spot or wrinkle. "That he might present it to himself a glorious church, not having spot or wrinkle, or any such thing; but that it should be holy and without blemish" (Ephesians 5:27).

The Lord Jesus Christ has two Bodies; her Personal Body which was raised from the grave and has ascended into Heaven. He presently is seated at the Right Hand of God, the Father, interceding for us. He also has a Spiritual Body, which is the Church, and it is made up of all True Believers in the Lord Jesus Christ from around the world. There is only One True Church, but there are many expressions of His Body which are called Local Churches.

The Church is to Glorify and Worship the Lord, Edify the Believers, and reach out into this world with the Gospel. The Word of God, the Bible, is to be preached and taught

with all Authority and Power. The Holy Spirit is guiding and directing the Church so that Jesus Christ will be exalted!

Brethren, if you don't know the Lord Jesus Christ, I urge you to come and receive Him now as your Personal Savior and Lord. The moment you do, you will become a True Believer and will become a Member of His Church. I Encourage you to identify with a Strong Bible Believing Christ Centered Church and to be actively involved in the Ministry of the Church by using your Gifts and Talents to help Edify One Another in Christ and to Glorify the Lord!

If you would like to know more about what it means to be a Christian and about the Lord's Church, please Email us at cdfeirone@aol.com or phone us at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at Route 9 and Route 9G. 1/4 Mile North on Route 9 in Rhinebeck, N.Y. Pastor Frank L. Cirone

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Contact: [Ross Hartlipp](mailto:Ross.Hartlipp@americanlegionpost739.org) with American Legion Post 739 for information and updates.
Location: Center Overlook of the Walkway Over the Hudson State Historic Park

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TEN REASONS WHY YOU SHOULD NOT USE A RETRACTABLE LEASH

Presented by Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

A retractable leash is not so much a leash as it is a length of thin cord or stiff, woven nylon wound strapping wound around a spring-loaded device housed inside a plastic handle. The handles of most retractable leashes are designed to fit comfortably in a human hand. A button on the handle controls how much of the cord is extended. Retractable leashes are popular primarily because they aren't as confining as regular leashes, allowing dogs more freedom to sniff and poke around on walks.

But unfortunately, there are many downsides to this type of leash. **10 Reasons Not to Use a Retractable Leash**

1. The length of retractable leashes, some of which can extend up to 26 feet, allows dogs to get far enough away from their humans that a situation can quickly turn dangerous. A dog on a retractable leash is often able to run into the middle of the street, for example, or make uninvited contact with other dogs or people.
2. In the above scenario, or one in which your pet is being approached by an aggressive dog, it is nearly impossible to get control of the situation if the need arises. It's much easier to regain control of - or protect -- a dog at the end of a six-foot standard flat leash than it is if he's 20 or more feet away at the end of what

- can amount to a thin string.
3. The thin cord of a retractable leash can break - especially when a powerful dog is on the other end of it. If a strong, good-sized dog takes off at full speed, the cord can snap. Not only can that put the dog and whatever he may be chasing in danger, but also the cord can snap back and injure the human at the other end.
4. If a dog walker gets tangled up in the cord of a retractable leash, or grabs it in an attempt to reel in their dog, it can result in burns, cuts, and even amputation. In addition, many people have been pulled right off their feet by a dog that reaches the end of the leash and keeps going. This can result in bruises, "road rash," broken bones, and worse.
5. Dogs have also received terrible injuries as a result of the sudden jerk on their neck that occurs when they run out the leash, including neck wounds, lacerated tracheas, and injuries to the spine.
6. Retractable leashes allow dogs more freedom to pull at the end of them, which can look like aggression to another dog who may decide to "fight back."
7. The handles of retractable leashes are bulky and can be easily pulled out of human hands, resulting in a runaway dog.
8. Along those same lines, many dogs - especially fearful ones - are terrorized by the sound of a dropped retractable leash handle and may take off running, which is dangerous enough. To make matters worse, the object of the poor dog's fear is then "chasing" her, and if the leash is retracting as she runs, the handle is gaining ground on her - she can't escape it. Even if this scenario ultimately ends without physical harm to the dog (or anyone else), it can create lingering fear in the dog not only of leashes, but also of being walked.
9. Retractable leashes, like most retractable devices, have a tendency to malfunction over time, either refusing to extend, refusing to retract, or unspooling at will.
10. Retractable leashes are an especially bad idea for dogs that haven't been trained to walk politely on a regular leash. By their very nature, retractables train dogs to pull while on leash, because they learn that pulling extends the lead.

If your dog is well trained, gentle mannered and smart enough to master a regular leash and a retractable leash without being confused, you could be one of the rare guardians that can walk your pooch on any kind of leash without increasing risks to either one of you. And the results? **Happy Dogs = Happy Families**

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Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the **past 14+ years**. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at www.BarkBusters.com where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at **845-489-0764** and join in the fun by "liking" us on Facebook at <https://www.facebook.com/>

Microchip: A Small Investment that Promises Big Return for Pets

By Dr Greg Tumolo

By now, most of us have heard of at least one tearful success story in the national news of a lost pet reunited with its family only after having been identified by an implanted microchip. Most of these stories garner media attention only when the animal has made an extraordinary journey. It is less recognized, however, how often these devices assist locally displaced or wandering animals. At our hospital, we are asked with increasing frequency, often several times a week, to scan for and identify lost and wandering pets by their microchip.

Pet microchips utilize radio frequency identification technology (RFID), similar to the technology most of us use daily in our E-Zpass® toll devices. The implanted device is about the size of a grain of rice and is injected under the skin between the shoulder blades where it remains inert until activated by

Continued on page 11

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Microchip from page 10

a scanner targeting a specific frequency. When scanned, radio waves generate an electrical impulse that is processed by the microchip and relayed back to the scanner in the form of a numeric identifying number.

Over the years, the safety of implanting microchip devices has been closely scrutinized by the public, animal health providers and scientists alike. There have been several sensationalized stories in the media linking microchip implantation to cancer. While there are rare instances in which microchips have been suspected of causing a localized tumor, this risk is infinitesimally small--no greater than the risk of developing a tumor from a splinter, other medical implants or even routine injections.

The British Small Animal Veterinary Association has been tracking adverse reactions related to microchip implantation since 1996, and in over 3.7 million registered pets there have been just two cases of a tumor developing at the site of injection. The most common issue noted, although also infrequent, is migration of the microchip. This is improving with newer generation microchips designed to attach to tissues more quickly and securely. Other

reactions reported are rare and consistent with that of any injection, and include localized infection, hair loss or swelling.

While microchips are often implanted by non-veterinarians, under New York State law it is considered a veterinary practice and should be performed by, or under the supervision of, a veterinarian. Having your veterinarian implant the microchip also has added safeguards: it significantly decreases the potential for adverse reactions, ensures the use of a reputable ISO standardized 134.2 mHz microchip and provides a fail-safe when databases do not have current contact information for pet owners. In the event of inaccurate owner contact information, microchips can be tracked to the veterinary office where this vital information is maintained.

Combined with traditional ID tags and collars, microchips are a safe and important tool in preventing pet theft, tracking their health, and most importantly reuniting lost animals with their families. If you have not yet had your pet microchipped, please consider this potentially life-saving procedure. Talk to your veterinarian to determine if microchip implantation is the right choice for you and your pet.

A Message from Morton

We certainly hope that you are keeping cool with a good book during these summer days. Not sure what to read? Check out our [catalog](#), or [Overdrive](#), or give us a call and we can assist you. Follow us on [Instagram](#) or [Facebook](#) to discover other interesting events virtually taking place. And speaking of keeping in touch... Kate Cox, one of our wonderful board members, has come up with a way for us all to stay connected. We are going to put together an old fashioned local 'phone book' This way, if something happens and we need to get the word out quickly, we can. It can also be used in less dire situations to keep the community informed of a great pop up concert. You get to choose how you are contacted and in which events you are contacted. Check out below for [details](#), we hope to connect with everyone.

It's also the time of profusion in the garden and we are happy to be the drop-off spot for produce for Backyard to Table's facilitation of donations to the local food pantries. Just so there is no confusion: you may drop off your extra produce here at Morton, but the pick up/pantries are at The Church of the Messiah on Saturdays from 10:00 - 1:00 and Rhinebeck Reformed Church on Tuesdays from 10:00 - 12:00. If you have non-perishables, those may also be dropped off with us!

We are offering garbage bags, gloves, and our garbage can for anyone who is interested in tidying up Rhinecliff. We are thrilled that everyone is using proper PPE but ask that you throw them away in the proper receptacles rather than littering our lovely hamlet. Our hours for curbside pickup are: Tuesday & Thursday: 10:00 - 2:00 Wednesday & Friday: 2:00 - 6:00 You can go online, make your selections and we will let you know when your items arrive. We ask that all items be returned in the book drop and we are quarantining everything for 72 hours out of an abundance of caution. Thanks again for being the best patrons ever!!

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fishing pole and see what you can catch in the ice pond. Stretch your legs and breath some fresh air on a self-guided landscape tour. Take in the beauty of our various gardens. We encourage you to visit our spacious site while keeping social distancing in mind and wearing a mask.

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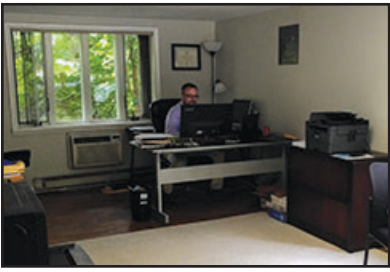
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Robert Patterson from page 4
the world now and the type of profession he's in is lucky that they were already set up to carry on without going through all the changes of social distancing and sanitizing that many other



businesses have had to do. The main thing one comes away with from encountering Bob Patterson is that here is a



good guy to know. Aside from just being an incredibly nice guy, his training and life experiences have made him a person who knows a lot about a lot of things. He didn't grow up in a family of bankers with a silver spoon in his mouth. He didn't just fall into this line of work right out of school. He has learned and earned every bit of his expertise.

He is as friendly as he is knowledgeable, and will answer your call soon if you leave a message. All his work is strictly confidential and he will tell you on initial free consultation whether or not he is the one who can help you, or perhaps it is a different kind of person who would be best for you. He can be contacted at (518)755-6233 or through his email at rhpatricksoncpa@gmail.com.

Nobody on earth knows all the answers to what to do these days, but he at least knows all the right questions for you to ask yourself to discover what is right for your own particular circumstances. Sometimes knowing the right questions you should be asking yourself is worth way more than just being told an answer of what to do. As mentioned above, a good guy to know – for now and for the future.

Shoppers Save Big On Groceries With Healthy Savings® Powered By AARP Foundation

Good nutrition is important at any age. But for older adults on a tight budget, regular access to nutritious foods can be limited—and expensive. A new program aims to change that by making it easier to get healthy foods at the local grocery store for an affordable price. With Healthy Savings® powered by AARP Foundation, shoppers pay

a small fee of \$4.99 per calendar year for a card that can save them up to \$200 a month on groceries. The program is part of AARP Foundation's work to help people over 50 with limited income eat more nutritious foods, ultimately improving their well-being. Research shows that more than 10 million older adults don't get enough nutritious food on a daily basis, most often because they can't afford it. Eating healthy is about more than affordability, however. Not only does Healthy Savings

Continued on page 19



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HudsonUP

UBI Pilot

Virtual Program: "An Introduction to HudsonUP & the History of Universal Basic Income" by Albert Wenger

The Hudson Area Library and The Spark of Hudson present an informational meeting on the history of Universal Basic Income (UBI) and HudsonUP, a current UBI pilot program,

on Thursday, August 20, from 6 to 7pm. To register, email programs@hudsonarealibrary.org or call 518-828-1792 ext 101.

HudsonUP is a basic income pilot created by The Spark of Hudson and Humanity Forward and based in Hudson, NY. The initiative is being designed in collaboration with the community and is championed by Mayor Kamal Johnson.

In the virtual program, Albert Wenger and Susan Danziger, co-founders of The Spark of Hudson and HudsonUP, will talk about the history of UBI and the value of the

UBI pilot program for Hudson. Many advocates of basic income have long maintained that the coming technological shift and wave of automation would wipe out millions of traditional jobs and leave everyday Americans without a safety net. The concept of a universal basic income is a simple one: unconditional, regularly recurring payments made to everyone. With HudsonUP, The Spark of Hudson & Humanity Forward aim to partner with the Hudson community to test this simple concept by providing \$500 each month to 22 randomly-selected Hudson residents for five years.

Universal Basic Income has a longer history than some realize. One of the first proponents of Universal Basic Income in the United States was Thomas Payne, author of the *Common Sense* pamphlet, and individuals as varied as Martin Luther King, Jr. and economist Milton Friedman have spoken in support of the concept. Andrew Yang's recent presidential campaign highlighted the importance of a national UBI program for the United States.

Albert Wenger is a managing partner at Union Square Ventures (USV), a thesis-driven venture capital firm. USV backs trusted brands that broaden access to knowledge, capital, and well-being by leveraging networks, platforms, and protocols. USV's current portfolio companies include Coinbase, Duolingo, Nurx, Skillshare, Stash. Past portfolio companies include Etsy, MongoDB, Twilio and Twitter. Before joining USV, Albert was the president of del.icio.us through the company's sale to Yahoo and an angel investor (Etsy, Tumblr). He previously founded or co-founded several companies, including a management consulting firm and a healthcare data analytics company. Albert graduated from Harvard College in economics and computer science and holds a Ph.D. in Information Technology from MIT. In his book, *World After Capital*, Albert describes the shift to a Knowledge Age — and its implications not only for businesses but all of us. He blogs at Continuations and is @albertwenger on Twitter. Susan Danziger, founder/CEO of Eutopia Holdings, is an entrepreneur and investor focused on building models for living, learning and giving. Her most recent initiatives include The Spark of Hudson, an innovative community learning center set to launch in Hudson, New York as well as Wally Farms, an innovation hub for

growing climate solutions. Susan previously founded Ziggeo, an award-winning video technology company, and DailyLit, a pioneer in digital serialization. Named a Fellow of The Royal Society of Arts, Susan received a B.A. as a College Scholar from Cornell University and a J.D. from New York University School of Law.

The Spark of Hudson is an innovative, community learning center launching in Hudson, NY. A model for education and community development, The Spark is dedicated to supporting individuals from all corners of Hudson and beyond to learn, teach

and grow. Founded by Susan Danziger and Albert Wenger, The Spark has recently spearheaded and supported a number of community initiatives in the wake of the COVID-19 crisis. The Hudson Area Library is located at 51 North Fifth Street in Hudson, NY. The mission of the library is to enrich the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn and grow. For more information visit hudsonarealibrary.org.



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What You'll Need

- 4 pounds red potatoes with skin, washed and cut into medium chunks
- 1/2 cup finely chopped red onion
- 1/3 cup seasoned original flavor rice vinegar
- 3 tablespoons olive oil
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 2 hard-boiled eggs, finely chopped
- 1/3 cup packed cilantro leaves, chopped
- 1/4 cup mayonnaise

What to Do

In a large pot of boiling water, cook potatoes 15 to 20 minutes, or until fork-tender; drain. Meanwhile, in a large bowl, combine onion, vinegar oil, salt, and pepper; mix well. Add warm potatoes to bowl and toss gently to coat. Cover and chill 30 minutes. Stir in eggs, cilantro, and mayonnaise; mix well. Serve immediately or refrigerate until ready to serve.

OLANA LAUNCHES FAMILY EXPLORER TOURS AND VIRTUAL SCHOOL FIELD TRIPS INITIATIVE AND ANNOUNCES NEW DIRECTOR OF EDUCATION & PUBLIC PROGRAMS

The Olana Partnership (TOP) announces the launch of all-

new Family Explorer Tours and a Distanced Learning plan to engage schools across the region. Carolyn Keogh will lead these initiatives as Olana's new Director of Education & Public Programs. TOP welcomes Carolyn as she works to realize its shared vision to make Frederic Church's OLANA the most widely recognized artist's home and studio in the world, vibrant with the activity of visitors,

students, scholars, and artists.

"We are thrilled to have Carolyn Keogh join our team at Olana at a time when, more than ever, teachers and families are in need of robust and engaging programs," says Sean Sawyer, The Olana Partnership's Washburn and Susan Oberwager President. "Education and public programs are at the core of our mission, and Carolyn brings a dynamic, inclusive approach to her work that will ensure that Olana's rich educational resources are brought forward to communities near and far."

Carolyn Keogh comes to Olana from the Solomon R. Guggenheim Museum, where she worked the Manager of School, Youth, and Teen Programs since 2012. In her previous role, Carolyn oversaw gallery and studio programs, coordinated professional development for educators and assisted with teaching and curriculum development. Carolyn received her MA in Art History with a focus on Art Museum Education at City College and graduated with honors from New York University with a BA degree in Art History. She is passionate

about making cultural sites welcoming, accessible places for diverse learners of all ages. Her research on the connections between empathy-building and art museum education was recently published in *Theory and Practice: The Emerging Museum Professionals Journal*. Carolyn has family roots in the Capital Region, and she and her partner, Lakshmi Subramanian, are excited come to Hudson. Carolyn says, "Moving to the

Hudson Valley simultaneously feels like a new adventure and a homecoming. I'm looking forward to learning more about the local community and engaging a range of audiences in Frederic Church and Olana's legacy."

Beginning in August, Family Explorer Tours at Olana will introduce families to the artistic adventures of Frederic Church on an easy, ¼ mile walk exploring Olana's historic landscape. This

Continued on page 15



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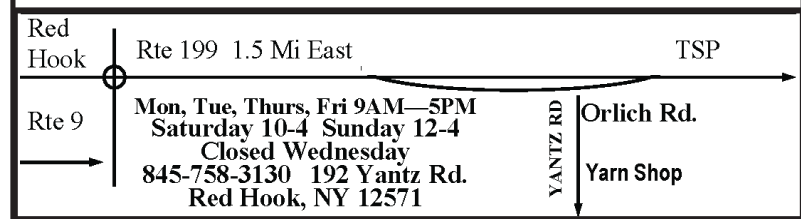
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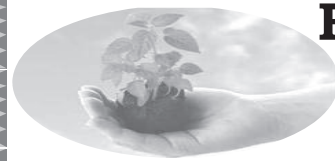


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Olana Launches from page 14
 tour series, designed for families with children ages 5 and older, promotes discovery of Olana's designed landscape and unique architecture on an outdoor walk filled with a family-friendly discussion and activities.
 "In addition to providing families with an opportunity to explore Olana's unique landscape and views, this program will give adults and children a chance to learn alongside one another," says Carolyn. "I'm excited to showcase how Olana can inspire creativity and exploration

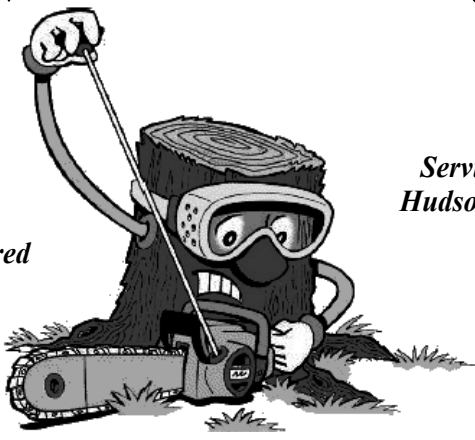
for families of all kinds and for multiple generations."
 Family Explorer Tours will be held August 1, 8, 22 and 29 from 10AM-11AM. Tickets cost \$25 for a family of up to 4 people and \$15 for a family of up to 4 for Olana members. Due to limited availability, advance ticket purchase is strongly recommended. If you have more than four people in your family or would like further information, please contact education@olana.org or call (518) 751-6938.
 The introduction of live, virtual "field trips" for K-12 students was

one of Carolyn's first projects at Olana. While current COVID-19 restrictions make visiting on-site more difficult for groups of students, Olana's launch of virtual field trips, will help expose students to the history and legacy of Olana in a safe, distanced way while also bolstering teachers' developing digital curriculum. Olana's Education Department led a needs assessment which surveyed over thirty teachers throughout New York State and 100% responded that they would be interested in live virtual instruction for their students.
About Olana State Historic Site and The Olana Partnership: Olana is the greatest masterpiece of Frederic Edwin Church (1826-1900), a preeminent American artist of the mid-19th century and the most important artist's home, studio, and designed landscape in the United States. Church designed Olana as a holistic environment integrating his advanced ideas about art, architecture, landscape design, and environmental conservation. Olana's 250-acre artist-designed landscape with five miles of carriage roads and a Persian-inspired house at its summit embraces unrivaled panoramic views of the Hudson Valley and Catskill Mountains and welcomes more than 170,000 visitors annually. Olana is a public park, and access to the 250-acre artist-designed historic landscape is free of

charge. Olana is open daily from 8:30 AM to sunset. Visitors are welcome to enjoy the five miles of carriage roads during these hours, take advantage of the free virtual tours, experience the flower garden or watch the sun set over the Hudson Valley. Stop the spread. Wear a mask and keep 6 feet apart. Olana welcomes all including leashed dogs. Olana is carry in, carry out park. For more information to purchase tour tickets online, visit www.OLANA.org. Olana State Historic Site,

administered by the New York State Office of Parks, Recreation and Historic Preservation, is a designated National Historic Landmark and one of the most visited sites in the state. The Olana Partnership, a private not-for-profit education corporation, works cooperatively with New York State to support the restoration, conservation, and interpretation of Olana. The Olana Partnership operates Olana State Historic Site in a cooperative agreement with New York State Parks.

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Brookmeade Community Open for Visitation

For senior citizens in the skilled nursing facilities, the COVID-19 pandemic can be particularly tough as visitation was suspended at the start of the pandemic. The New York State Department of Health and the Governor's office issued guidance and requirements for nursing homes visitation. Dr. Howard Zucker, NYS Health Commissioner, announced that visitation will be permitted in nursing homes and other long-term care facilities that have been free of COVID-19 for at least 28 days. In order to open up for visitation, the guidance requires that:

- *Any Plan of Correction must be submitted and resolved; and
- *There can be no positive staff or resident COVID-19 results within 28 days. Any visitation must end if any staff person or resident tests positive

subsequent to allowing visitation. Nursing Homes will also require the logistics, manpower, excellent infection control measures and an impeccable track record. Under these conditions, only 10 percent of providers will be in a position to allow visitation given the restrictive guidelines.

At this time Brookmeade Community does meet the requirements and visitation plan has been approved by the NY State Department of Health. Brookmeade Community is excited to connect our residents and loved ones during a time of social distance and isolation. A multi-faceted effort, Brookmeade visitation started on July 21st with great success. In addition to opening up outdoor visitations, families and loved ones can still visit residents via video chat or window visits.

Brookmeade Community families felt the incredible kindness and support as cars paraded around visitation lot



to see their loved ones assisted by staff. Family members have expressed their appreciation. Nancy on social media commented "A HUGE thank you to each and every one of you for coordinating these visits. It was so wonderful to see my Mom today. And thank you to Nicole for helping us during the visit. She is truly a treasure!" Joan commented "Thanks to everyone at Brookmeade for working so hard on today's visiting event. It was pure joy for us to see our Aunt...for the first time since the Covid crisis. Thank you so much! This was truly a lovely gift to all participating residents and their families. Your hard work is enormously appreciated."

"We want to recognize and say thank you to the nurses and staff for their skill set, compassion and kindness and to get us back to having families visit their loved ones" said Karen Zobel, CEO & Administrator "We proactively closed our doors early March prior to the mandated closing and our residents have been unable to receive visitors in person as a consequence of the COVID-19 pandemic. With the assistance of Social Services and dedicated staff our residents have become accustomed to visiting their families and loved one through video chatting platforms but nothing beats the joy of seeing your loved one in person. Being able to gain visitation eligibility is an absolute demonstration of the pride and strength of Brookmeade and the competency of our healthcare professionals." About The Brookmeade Community: The Community at Brookmeade, located on 75 country acres just outside the Village of Rhinebeck, is a senior living retirement community serving the Hudson Valley and surrounding areas. Arbor Ridge offers independent living, The Terraces offers assisted living, and Meadows provides long term care, sub-acute rehabilitation, palliative care and Out-Patient Rehabilitation Services. Meadows Adult Day Healthcare Program, medical & social model, providing independence and wellness.

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7 Pines Farm Subdivision - Lot #1 - A special property offering 39 private acres with a large wet land habitat - This property will make your environment a part of nature - wooded with forest of large oak and maple trees, stream runs through property, extreme privacy! There is a conservation easement in place to protect all the natural beauty and features of this farm as well as the rural character. We have maps in office. Call anytime.



Spectacular property. 97+ acres mostly cleared and in hay. Has panoramic Catskill VIEWS, is sub dividable and in RED HOOK SCHOOLS! Development rites are included in the sale. No nicer land parcel available today. Has 3 premium house sites with world class Catskill views. A must see property. **\$695,000.**



7370 SOUTH BROADWAY, RED HOOK
Charming 1900 ft Cape, 4 BRs, 2 bath, nice condition has 1600 ft shop/studio/garage on rear property, is TND zoned that allows residential and commercial/apartment uses. A great set up for live work or income. Shop could easily be converted to apartments or professional office, this is a great opportunity. **\$395,000.**



First time to market in 60 years a charming Victorian farm house. 1890's in wonderful condition with outstanding wood work and most of the original detail has been retained. Situated on 37+ acres that is all cleared and drained in a hay crop. 3 large barn structures, great for a mini farm or animals, organics, etc. This is one part of a larger package, all are listed in this MLS. A wonderful location 10 minutes to Red Hook. 10 minutes to Bard College. County 6 is a picturesque road in the heart of farm country. **\$695,000.**



COUNTY ROAD 19, LIVINGSTON
Green Pastures Farm, 196 acres, privacy plus about 80 acres is cleared and in agriculture. Stream goes through property and there is a nice pond also. Soil is sand and gravel. Soil is well drained, great for crops or animals. Property is subdivable and in a nice quiet area, yet only 10 minutes or so from town. This is a gem of a property and it is getting hard to find this large a parcel in one piece. Call Tom for a look. The Western portion has wonderful CATSKILL VIEWS. **\$1,799,000**



WILLIAMS ROAD, RED HOOK
Beautiful 23 acre wooded parcel. Located on one of Red Hooks most quiet and scenic roads. Nice forest and ample road frontage. It is in 2 parcels, both are included in sale. **\$250,000.** Call Tom.



RT 9G, RED HOOK
Private 9 acre lot, Red Hook Schools. BOHA, sale includes it. Long drive going in estate like feel. Lot offers great privacy and close proximity to villages, bridge and Bard College. **\$79,000.**

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For Rent: Red Hook: 2500 SF of large, open space would be ideal for dance, martial arts, daycare or divide up into cubicles. The list goes on & on. Prime spot just minutes to Red Hook Village. Abundant parking. There is lawn space out back for lunches or just taking a break. Located in a complex w/other thriving businesses. **\$2300/mth**



Germantown: Immaculate one level home w/1 BR Guest Apt in bsmt w/private entrance. Open floor plan w/Kit, DR, LR & FR all flowing into each other. MBR Suite is separate from other BR's w/private bath & WIC. 2 gracious guest BR's w/FB. Massive 20x30 deck looks over the spring fed pond & beautiful vistas. The land is abundant w/lilacs & embraced by stone walls. 5+ acres of green space may accommodate a horse. 5 minutes to Hudson River for boating & Germantown Center. **\$425,000**

Red Hook Village: Built in 1868, The James B. Fisk house - was surely the talk of the town. One of the most unique homes in the Village in all it's splendor, sitting pretty on 4 acres off a quiet side street among wild flowers & fruit trees. Once a boarding house, it was a popular destination for those wishing to escape the city life. It's architectural details & wrap around porch are still exquisite, commemorating the charm & grace of it's era. With only 4 owners since being built, this home has maintained it's spectacular allure & now boasts 5 BR's in the main house, 2 FB's, a country KIT, formal DR, inviting parlor & lovely LR. 10 ft ceilings on main floor give the space & light that so many desire. The third floor was renovated in 2000 & designed into a 2-3 BR apt w/KIT, DA & LR. Full BSMT equipped w/sauna, laundry & workshop. Barn w/loft provides room for a studio or storage & classic pole barn. This home incorporates yesteryear w/today's conveniences; solar panels & electric car charging station. RV hook up & pad all ready to go. And if you don't have a need for all the acreage, slice off 2 acres for a potential investment opportunity as there is frontage on 3 streets. Nothing else compares to this property. Come experience what country life feels like while enjoying all the conveniences the village has to offer. Asking: **\$775,000**



Red Hook Village: Sweet & stylish Village home, flooded w natural light. The main floor offers an open FP of LR,

DR & Kit, office & 1/2 bath. The upper level consists of a large MBR w/cathedral ceiling, skylights, exposed beams, guest BR & 1 FB. Relax w a book on the enclosed 3 season porch or enjoy summer get togethers w friends on the back deck. Conveniently located off a quiet side street within strolling distance to restaurants, cafes and library. Fenced in yard ensures Fido & children are safe at play. Easy living for weekends or full time. Come see this little gem today! **\$299,000**



Price Reduced! Red Hook: This Contemporary home with stream frontage is perfect for those who love a unique design & crave light. Artist owned & inspired special features include a LR w/fireplace,

soaring ceilings, plank flooring, skylights and French doors to a wrap round deck. Open Kitchen and Dining room opens to a Sunroom perfect for studio. BR 1 has access to full Bath on main level. Up the whimsical staircase there is a mezzanine which leads to 2 more lovely BR's w/vaulted ceilings & transom windows, Huge Full Bath & French doors to a romantic Juliette balcony perfect for star gazing. Garage and full dry Basement. Private bucolic setting with shade trees, flowering shrubs. Walk to Bard College, Easy commute to parks, schools and village center. **\$385,000**



Red Hook: NATURE LOVERS PARADISE! Unique country homestead set on 10+ acres. Lovingly maintained where pride of ownership shows!

Well kept w/3 BR, 2 Bths, a cozy LR w/woodstove & a galley kit that can be expanded. Relax w/a good read on the lovely screened porch! Original hw floors under the carpet. Venture outside for some gardening, to feed the chickens or play a game of soccer. Plenty of ATV fun to be had on your nature retreat of woods & trails. Spy on the blue heron as he fishes in the wetlands next door. The hobbyist will find the outbuildings useful & the basement is set up for woodworking. The generator hook up is very convenient! So many possibilities here! **\$389,900**



Livingston: Country charmer w/lake rights! Not your average one story Ranch. MBR suite

w/garden tub & shower, plus 2 other BR's & FB. Open concept LR, DR, lovely Kit w white cabinetry & stainless steel appliances. Vaulted ceilings, glistening cherry flooring, upgrades throughout. Finished WO lower level makes huge rec/media room w add'l space for extra bathroom. 5 minutes to lake front park, great weekender, first time or retiree. **\$269,000**



Livingston: 100% occupancy! \$4075.00 monthly gross income. Main House - TWO 2 BR

units and TWO 1 BR units. Barn/apt (2 story) has 1 BR, Mobile home has 3 BRs. Great investment or extended family opportunity. 6 units total, all rented & located off a dead end street in the quiet hamlet of Livingston. Well maintained & loved over the years by the same family. Great opportunity & solid investment. **\$325,000**



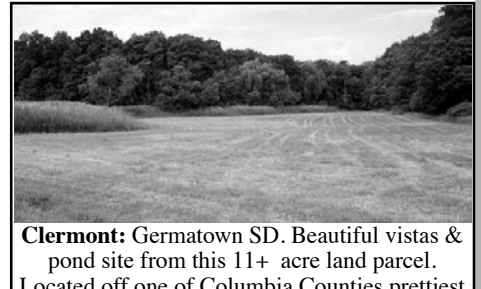
Livingston: Picture spending long summer days at the lake! This sweet & cozy chalet has been lovingly maintained & updated within the

past few years. Open concept includes eat in KIT w/pretty bay window & comfortable LR. Spacious office & FB on first floor. Second floor includes guest BR, 1/2 bath & MBR w/sweet balcony where you can sit and enjoy your morning coffee & paper. Spend the days fishing at the lake & then head back for a summer BBQ on the deck. The yard has plenty of room for both a garden & play. New roof, hot water heater & electric. Perfect weekend getaway or full-time living. **\$224,900**



Tivoli: Affordable! 5+ private acres ready to build on! Fantastic location just a stone's throw from Tivoli Village. BOHA w/brand new field already

installed!! Driveway in. Level w/nice combination of woods & open meadow. Municipal water. Come envision your new home! **\$95,000**



Clermont: Germantown SD. Beautiful vistas & pond site from this 11+ acre land parcel. Located off one of Columbia Counties prettiest roads this is the perfect place to start a homestead; have livestock or grow your own produce. Subdivide possible. Easy proximity to Red Hook, Hudson, Bard and NYS Thruway. **\$149,900**

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Future Homes from page 1

assuming the reigns herself. Even with all that history, the current migration flow is unlike anything Lucille has seen before. "It's from New York City, Long Island, New Jersey, and even Connecticut. The Catskills is a locale they're coming to. Schoharie County, and Greene County and Sullivan."

Customized, Quality Homes Offering Rural Settings and Connected Essentials

There's no doubt that the upheavals accelerated by the Covid-19 pandemic is changing the landscape of the mid-Hudson and Catskill regions. The local economic outlook will almost certainly be stronger for it, even if many area businesses continue to struggle at the moment.

The move of more of the workforce to working from home via connected solutions, has distinct positive aspects. But it's more important than ever that homes be adapted to effectively accommodate the shifts, says Lucille. "As more people awakened, I guess, from this situation, they've started realizing, 'You know what? The country, upstate, is the best place to live.' We have all of the computer technology up here, we have fabulous businesses, and it taught them a lesson. That they can work from home for their businesses and the companies that they work for. So, a lot of the homes I'm customizing for them are for the inclusion of a home office."

Future Homes offers manufactured homes that are

highly customizable in terms of features, layout, number of bedrooms and bathrooms, and inclusion of spaces like family rooms and the trending must-have--the home office. Lucille and her dedicated professionals work with and guide clients through the process of obtaining a mortgage, often from local banks such as Mid-Hudson Valley Federal Credit Union or the National Bank of Coxsackie. Much like any construction loan, the mortgage includes the cost of well drilling, masonry, excavator, electrician, plumber, etc. and Lucille acts as project manager for no additional cost. Cabinets, flooring, fixtures and furnace are all included in the price as are all major appliances and central air conditioning. The disruptions of the

clients immediately into a new home, there was much that she could help them accomplish.

"We would discuss features. We would go over the process of getting the land cleared, what has to be done in terms of protocols to get the building permits, and what's necessary. The engineering that's involved in getting a work test(?) done."

The fact that applications for things like building permits were available online for different locales, was especially helpful, says Lucille. "So behind the scenes, the engineer was able



pandemic have actually worked in some ways to focus clients on working out the planning and approval processes of obtaining a new home, says Lucille. Even when she wasn't able to offer full services to get

to make up plans, so that when they were ready, they had that, they had all of their paperwork in order. So, it made it very streamlined for people. And as soon as the corona-virus pandemic restrictions were eased, they had all their ducks in a row. They knew what needed doing with the local authorities, like the town clerk and everything."

Why Manufactured Homes Are the Cutting Edge of the Homebuilding Industry

Lucille says clients are invariably impressed when they learn about just how much precision craftsmanship goes into the making of the homes her company offers. Manufactured homes use the same materials as other home construction, including lumber framing, fiberglass insulation and wood flooring, etc. But materials are ordered in bulk by manufacturers like Champion Homes, the exclusive home supplier for Lucille's company. That results in cost savings. And all materials are stored and used in an indoor, temperature-controlled building environment, which is another advantage compared with outdoor site construction contracting.

Buyers can be assured that manufactured homes are among the most highly inspected types of residential dwelling. They have often led the way with energy efficiency standards and other technical innovations.

The homes implement rigors of construction that surpass the average stick-built home. Every manufactured home has a steel sub-floor frame, or chassis, which makes up the foundational frame for the home. A wood frame floor is usually composed of sheet plywood or wood composite, with 2x4 or 2x6 connectors,

and the floor system must meet Department of Housing and Urban Development (HUD) rigidity inspection requirements.

Roofs use a gusseted truss and plate system. A vapor barrier and ridge vent prevent condensation. Sleeping areas of a home have egress windows, and there are options for storm windows and performance glass that limits energy exchange between indoor and outdoor conditions.

Options like interior paneling or drywall, exterior wood composite, vinyl, or prefinished aluminum siding are all available.

Just as with other homes, there are many options in terms of customizations of cabinetry, counter surfaces, carpeting, etc. But manufactured homes especially excel when it comes to quickly implementing "big design" elements like numbers and types of rooms, and layout options. That's a boon in the current environment, when buyers want flexibility in terms of getting exactly what they want, in a time-frame that truly is remarkable.

On Schedule Despite Pandemic

Though the effects of the pandemic have created some slowdown, Lucille says overall the impact has been minimal for her business. "Our supplier is doing pretty good. There is some backlog. It currently takes me ten weeks to get a home in. In general, their supply is good, though. They have a strong supply."

With most of NY reaching phase 4 re-opening, the time is definitely now to make a country move that will ensure more

stability and tranquility through whatever comes next. Future Homes has the experience to make it happen. Their client satisfaction and reputation in their industry is second to none. Lucille recently received an award from the National Buyers Association for being the most loyal, committed businesses in the manufactured home industry.

"I received a beautiful crystal award that sits on my desk. I also received a beautiful piece of white gold jewelry in the shape of a house."



A fitting emblem for a local company that has made its name delivering quality dwellings nestled in idyllic settings throughout the Hudson and Catskill regions.

Future Homes
Lucille Bertone
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Shoppers Save from page 12
 reduce costs, it also identifies healthy options in the store. All products available through Healthy Savings are scored against the USDA's Healthy Eating Index to make sure they qualify as nutritious. The index makes it convenient to choose the healthiest foods, which include lean meats, eggs, yogurt, whole grains, and a wide range of other options. The typical over-50 diet scores low in key food groups like whole grains and dairy. By encouraging the purchase of more of these nutrients through coupon discounts, Healthy Savings can help older adults:

- Lose weight or maintain a healthy weight.
- Reduce the risk of developing chronic diseases such as high blood pressure, diabetes and heart disease.
- More easily manage a chronic disease.
- Increase or maintain energy levels.

Shoppers who sign up for Healthy Savings receive a card in the mail and can download a mobile app, both of which can be used at 22,000 grocery stores across the U.S. for instant savings at

checkout. The savings come on top of any from store loyalty cards and manufacturers' coupons (so long as coupons don't add up to more than the price of the item). Each week, new coupons are automatically loaded onto the card and app—no coupon clipping required. Over the course of a year, Healthy Savings can save shoppers as much as \$2,400. More information, including recipes and tips for shopping smart, is at aarpfoundation.org/save.

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 In our sensory hike series, talking is kept to a minimum. We walk in presence through the woods, stopping at times to explore what we are seeing, hearing, smelling and feeling through observance of nature, we seek to become more centered and connected with the world around us. Leashed-dogs welcome. Meet in the park office courtyard. We leave promptly at scheduled times. In case of bad conditions, event may be cancelled, please watch for notices from Eventbrite. Please register this event at www.rockefellerstateparkpreserve.eventbrite.com
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JUST LISTED

 This 2744 SF Rhinebeck Colonial has an appealing & open floor plan, fabulous Arts & Crafts inspired K, wonderful MBR site, CA, wood floors up & down, & 1.58 acres of a cul-de-sac. Immaculate, precise, beautifully decorated. **\$595,000.**

IN RHINEBECK VILLAGE

 Back from traffic on Livingston Street, this 4 BR, 1.5 bath 2 story is 1 block from the Village center. Here are large spaces, 9 ft ceilings, wood floors, a WB fireplace, an office, 2 porches, a garage, even a standup attic. **\$695,000.**

JUST LISTED

 This 5 BR, 2.5 bath Red Hook Colonial has been totally transformed w/a fabulous new K & a new master bath. Wood floors up & down are shining, there's CA, a FPL, LR & FR & a 15x20 glassed 3 season room. Nothing to do here but move in & enjoy! **\$529,900.**

A GRAND HOME

 This 3900 SF Circa 1891 Greek Revival Farmhouse in Rhinebeck has 5 BRs, 2 full, 2 1/2 baths, wood floors up & down, 4 bay windows, FR, DR, butler's pantry, & 2 offices. 1.6 acres, circular drive, huge trees, walk to the Village. One of a kind! **\$799,000.**

SITED BACK ON 2.2 ACRES


 in Rhinebeck Village, this 3952 SF 1860s Colonial has the charm of a vintage home w/modern amenities for today. Here are 5 BRs, a MBR suite, 4 baths, a library, formal DR, & granite K w/an island. Estate-like grounds w/huge trees. **\$1,125,000.**

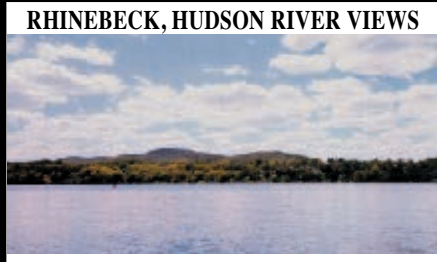
THIS RED HOOK EXECUTIVE HOME

 has 5 BRs, 4.5 baths, 4700 SF w/a first floor MBR suite, a guest suite, huge chef's K, cathedral ceilings, wonderful light, + there's a 28x40 3 car garage w/a loft & a very special & private setting at the end of a dead-end street. **\$765,000.**

A WONDERFUL COUNTRY RETREAT,

 this 1800s 4 BR, 2 bath, 2700 SF Colonial has been updated for today w/a new granite K, walls of glass, & vaulted ceilings. 20 Acres includes views of a waterfall, huge stone patios, 3 outbuildings, & a special, serene, & private setting. **\$549,900**

RHINEBECK, BOHA LOT

 Close to & Omega & on a side road back from traffic, this 1.10 acre level lot is the perfect place to build your smaller dream home. Clearing, driveway, & utilities are easy to install. Now is the perfect time to build & Rhinebeck is the place! **\$69,900.**

RHINEBECK, HUDSON RIVER VIEWS

 12.98 acres here overlook the mighty Hudson on Morton Road where Hudson River views are cherished & so special. Close to Rhinecliff & Amtrak, this is the perfect place to build a wonderful home or to invest for later. **\$838,000.**

FABULOUS CATSKILL VIEWS

 Follow the driveway to a wonderful 6.2 acre site, up high, & totally private where there are wonderful views & QUIET. This tranquil lot is BOHA & ready for you to build a fabulous retreat. Close to BARD, Red Hook & Rhinebeck Villages. **\$179,900.**

STARTING OUT?

 Why rent when you can purchase this BRAND NEW 2 BR, 2 bath manufactured home on a dead-end street, just outside Rhinebeck Village where it's quiet & there are country views. Here there are 2 MBR suites & an open K/DR/LR. Nice! **\$69,900**

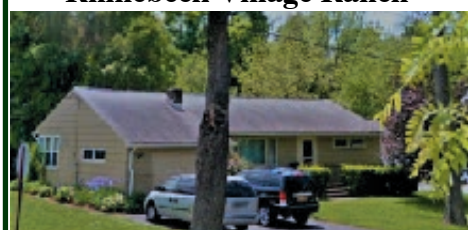
THIS 3 BR, 2 BATH CAPE


 has oak floors up & down, a first floor BR & bath, an office, a 10x19 glassed 3 season room, full basement, attached breeze way & garage, & a level & useable yard w/mature landscaping. Large LR w/FPL, DR, CA. Move in & enjoy. **\$265,000.**

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WE HAVE MANY RENTALS AVAILABLE

Rhinebeck Village Ranch

 Located in the Rhinebeck Village within walking distance to shops & restaurants is this 2 BR and 2 bath Ranch that boast central air, large LR w/fireplace, master BR with in suite bath w/shower, hardwood and ceramic tile floors plus much more. Asking **\$419,900**


Rhinebeck 91 Acre Farm

 Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm w/Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm & CrossFit Gym. Proudly offered at **\$1,165,000**


Bowling Alley For Lease

 Located in the Town of Red Hook in high traffic corridor of the Kingston/Rhinecliff bridge close to BARD Collage is this 20 lane, 18000sf bowling alley constructed of 12 inch block & steel trusses that offers 20 lanes, arcade, miniature golf course, lunch counter w/liquor license & has parking for 100+ cars. Asking **\$9,000.00** per month

Rhinebeck 4 BDRM Colonial

 4 bedroom 2.5 bath Colonial located on a park-like 3 acres. This home boast hardwood floors, rear deck, 2 car attached garage, family room with fireplace and a full walk out basement. Asking **\$398,000**

Reduced! Rhinebeck-3BR Colonial

 Located just a stone's throw from the Historic Rhinebeck Village is this warm, 3 BR, 2.5 bath, 1910sq.ft. Colonial with detached garage and stream. Asking **\$274,900.**

Red Hook 3 Acre BOHA Lot

 with septic fields in place for a 3 BR house with 4 BR being an option with added lateral. The driveway base is in place and the house site is cleared and offers seasonal Catskill Mountain views. **\$119,000.**

The Rhinebeck Chamber announces special village-wide Ribbon Cutting along with "Music on Market" live instrumental series

Events to spotlight community, business resurgence and good will.

The Rhinebeck Area Chamber of Commerce announces a special village-wide **Ribbon Cutting** to officially re-open the business community as the Covid-19/Phase IV efforts continue to successfully roll out. This feel-good event is being created to shine a spotlight on Rhinebeck

and its businesses, support the business community with a symbolic official opening that celebrates and signifies growth, and shares a message of unity among Chamber members and the community.

The Ribbon Cutting event will take place on Friday, August 7, 2020 starting at 4pm, with formal ribbon cutting at 4:30pm; the festivities will kick off on the lawn at the Beekman Arms, with the actual ribbon cutting to span across the main intersection of Market and Montgomery



by The Duo (comprised of musicians Steve Gravino, Red Hook and Rick Winne of Rhinebeck), and sponsored by former Chamber board president and longtime community supporter Vicki L. Haak, CFP®.

"We felt it was time to extend a symbolic hand to our hard-working businesses and employ a ribbon cutting, a gesture of celebration and positivity, to officially say we are open and ready" states Chamber executive director Bernitt. "The music series lends a nice artistic touch as well. We are all in this together and this will help us convey a message of unity and support for our members and beyond" she adds.

Rotary Club, will be in attendance. Members of Rhinebeck Responds will also partake in the occasion.

Directly following the Ribbon Cutting will be the launch of a new music series called **Music on Market**, designed to provide ambient street music to fill the air of Rhinebeck's downtown shopping and eating destinations. Live light-music instrumental arrangements will be played at a select location in the village, from 5pm - 7pm each Friday evening, beginning on Aug. 7. A proposed four week series is being planned, with sponsorship opportunities available to help cover the costs of the series; the first evening will be performed



Streets (aka Route 9 and Market). Village of Rhinebeck Mayor Gary Bassett will do the official ribbon cutting honors. Current safety precautions will be strictly enforced, and face coverings will be available should any gatherers need protection; no participants will be allowed without proper facemasks, and the six-foot distance protocols will be observed. The event will be coordinated with local agencies and police, who will briefly direct and hold traffic at Rhinebeck's main Route 9 and Market Street intersection for the momentary emblematic ribbon cutting.

Other guests include Rhinebeck Chamber out-going president Philip Meltzer, Vice President Kristin Hutchins and Executive Director Carolyn Bernitt (new Chamber president David Tellerday is unable to attend). Additional invited guests include Dutchess County Executive Marcus Molinaro, Rhinebeck Town Supervisor Elizabeth Spinzia, and Dutchess Tourism. Mayor Bassett, business owner Lila Pague (Winter Sun & Summer Moon and co-founder of Enjoy Rhinebeck) and Bill Schaeffer, President Rhinebeck

Rotary Club, will be in attendance. Members of Rhinebeck Responds will also partake in the occasion. Directly following the Ribbon Cutting will be the launch of a new music series called **Music on Market**, designed to provide ambient street music to fill the air of Rhinebeck's downtown shopping and eating destinations. Live light-music instrumental arrangements will be played at a select location in the village, from 5pm - 7pm each Friday evening, beginning on Aug. 7. A proposed four week series is being planned, with sponsorship opportunities available to help cover the costs of the series; the first evening will be performed

Rhinebeck Ribbon Cutting and Music on Market, Fri. Aug. 7 starting @ 4pm. For more info, please contact rhinebeckchamber@gmail.com or call (845) 876-5904.

The Rhinebeck Area Chamber of Commerce represents more than 400 businesses in the region. To help enhance their business success, the Chamber strives to be a comprehensive resource for its members in the areas of networking, marketing, education, growth and advocacy.

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