

# Hudson River View



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## Shoppe Girl Sets A Positive Vibe with Sustainable Fashion and Salon Services

By Amy Byrne:

Feeling out of circulation? There's a lot of that going around, but a refreshing bit of optimism is just around the corner. Shoppe Girl in Red Hook is out to help women get their groove back. It's more than a clothing store. It's a comfortable space with a nail salon, eclectic self-care products, and attentive service and advice from a mother-daughter team that knows how to help women look and feel their best.

Sarah Jayne says the idea to open Shoppe Girl with her mom Rebecca in the spring of 2020 was a natural synergy of their skill sets. Sarah had recently graduated from Marist College with her Fashion Merchandising Degree. And Rebecca had 20 years of experience in the nail salon business.

Sarah says the concept of Shoppe Girl isn't about aggressively pushing trends. It's about creating an inviting space and paying attention to things like sustainability and body positivity. "I decided to open up a more slow fashion kind of



Sarah Jayne

place where women could come, of all sizes. I carry extra small to 3x large. So, I just wanted to create an environment where women could come in and feel comfortable buying clothes, and just having the full retail experience that sometimes people don't get in the fashion world, being that it's so aggressive. So, I just wanted to create something comfortable and great."

### A Comfort Vibe For Stressed Out Times

Shoppe Girl, located on 14 East

Continued on page 3

## Spencertown Academy Announces Winter Writing Contest

Spencertown Academy Arts Center announces the "Community Writes" winter writing contest. Selected fiction and non-fiction pieces will be published on the Academy website in March. The deadline for submissions is February 28. "Our popular writing 'contest' is back. It is a competition only in the sense that we select the best submissions for publication on our website—there is no ranking involved," says Jill Kalotay, Spencertown Academy board member and co-chair of the Festival of Books. "The Academy's members and friends are a vibrant and talented community. We want to celebrate their creativity." Guidelines:



One submission per person  
Choose a category: fiction or non-fiction (essay, memoir)  
1500 words maximum

Submissions will be read and judged anonymously by a team of literary volunteers. If your piece is selected, you have the option of appearing anonymously. To submit your work, please: Send your entries (and questions) to [story@spencertownacademy.org](mailto:story@spencertownacademy.org). Send your work as an attachment in an unlocked document format, such as Word. Identify your work as fiction or non-fiction, with a title. Include your name and phone number in the body of your email (not on the work). Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please see [www.spencertownacademy.org](http://www.spencertownacademy.org).

## THE HUDSON RIVER VIEW ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

Hudsonriverview.net

## 7pm, 3rd Thursdays in 2021, Red Hook

### Public Library

**WHAT:** Red Hook Public Library general meetings are scheduled to take place on the 3rd Thursday of each month in 2021 at 7pm. All Library Board meetings are open to the public. Meetings will be virtual during the pandemic as allowed by law. Links can be obtained by contacting [director@redhooklibrary.org](mailto:director@redhooklibrary.org). Interim and committee meetings are posted on the library website as they are scheduled. Red Hook Public Library has been serving the community of Red Hook and its need for lifelong learning since 1898. It has been designated a five-star library by *Library Journal* each year since 2013. The library was chosen as a finalist for the Best Small Library in America award, given by *Library Journal* and the Bill and Melinda Gates Foundation, in 2015.

**FOR MORE INFORMATION:** Call the Red Hook Public Library, 845-758-3241, email [director@redhooklibrary.org](mailto:director@redhooklibrary.org), or visit [www.redhooklibrary.org](http://www.redhooklibrary.org).

## 2021 Will Be a Banner Year!

By Lisa Dudley

We thought it would be fun to re-visit some of our Hudson River View family and find out how they are doing and what they are up to in 2021.

**Elijah Bender, from Foster's Coach House** in Rhinebeck says, "In spite of the pandemic, 2020 was our best year ever. We are currently open for full-service take out (call ahead: 845-876-8052) and plan, once again, to put up our big parking-lot tent on April 1<sup>st</sup>, pending any Covid restrictions." He fully expects 2021 will top last year and he hopes to see everyone at their Foster's at the Fair restaurant at the Dutchess County fairgrounds. They plan to continue their tradition of "keeping food prices down" in spite of rising costs. For those who have been following his progress, Bender is finishing his last semester of law school. He reports his classes are completely online and tax law "is really hard to learn remotely!"

**Ronnie Caliastro, owner of Fully Loaded Performance** in Germantown, wants to "thank all of our customers, new and old, for

supporting us going into our fifth year." And he reminds us, "Be sure to have your oil changed, even if you are in isolation at home and not driving much." Apparently, taking short trips is actually much harder on oil than high miles spent on the freeway and most auto manuals specify oil changes in terms of time as well as mileage. Call them at (518) 537-7430.

**Nick Rooney** checked in and told us he is excited to see how much their business, **Blue Sky Landscapers** grew in 2020 and he's expecting to do as well or better in 2021 as spring is quickly upon us. "We really enjoyed helping our customers with their landscaping goals and property enhancements this past season," he shared. "We look forward to helping to create more welcoming outdoor spaces where friends and families can relax and enjoy." (845) 418-1822.

**Veterinarian, Dr. Danielle St. Pierre**, has been very busy - as you can imagine - because more and more people are adopting pets to keep them company during

Continued on page 4

## Claverack Library Presents Local Chefs

The Claverack Free Library is delighted to announce a series of free cooking classes, *From Local Kitchens to Yours*. Virtual classes will be "broadcast" on 4 Mondays, January 25, February 22, March 22, and April 26 at 6 PM. What's on the menu? In January Chef Kevin Pomplun teaches *All About Chicken* from his kitchen at Jackson's BBQ, demonstrating how to truss, brine, roast or home-oven smoke, and carve a chicken. Learn to make local corn meal & cheese polenta and grilled lemon sauce. In February join Local 111 Chef Josephine Proul in exploring how to *Cure Your Winter Blues with Citrus*. From pulp to peel, learn inventive ways to brighten everything from drinks to salads. The March class from the workshop of Atelier Ku-ki is a lesson in making *Omusubi*, Japanese rice balls. Atelier Ku-ki is a husband & wife team committed to traditional Japanese cuisine, based on respecting the seasons and selecting the perfect ingredients and tools to create harmony. April brings more international flavors as Chef Christopher Depew of This and That Food Truck invites us into his kitchen to watch him make *Falafel*, a staple Middle Eastern dish made from ground chickpeas, a popular street food around the world.

For more information or to pre-register see [www.claveracklibrary.org](http://www.claveracklibrary.org).

## 2020 Obie Award Winner for Sustained Excellence in Choreography Camille A. Brown To Develop New Work at PS21

**PS21**  
PERFORMANCE SPACES FOR THE 21<sup>ST</sup> CENTURY  
Beginning in February, we are thrilled to be welcoming

**Camille A. Brown & Dancers**, who will be in residence at our theaters and rehearsal spaces from February 15 to March 22, 2021. Celebrated Choreographer and Artistic Director Camille A. Brown and her 12 gifted dancers, 2 musicians, and a production/company manager and chef will inhabit a COVID-Bubble on our peaceful, rambling grounds in Chatham, living in our spacious guesthouses while developing *Queens*, a new solo work; reimagining *Matchstick*, inspired by the Great Migration and now more pertinent than ever; and engaging in creative play. Camille's artistic vision and commitment to community engagement through programs like the **Every Body Move** platform, adapted to virtual and socially distanced modes during the pandemic, and its virtual Social Dance for Social Change school dovetail perfectly with our own community service initiatives and our conceptions of the role of the arts in contemporary life. Hosting CABD is integral to shaping PS21's future and connecting us with the broader

national and international performing arts landscape. Last year **Camille** received the Antonyo Award for Best Choreography for *Colored Girls Who Have Committed Suicide/when the rainbow is enuf* and the 2020 Obie Award for Sustained Excellence in Choreography. Last fall she was also feted with the 2020 Dance Magazine Award and last week, the International Society for the Performing Arts (ISPA) honoring her with its 2021 Distinguished Artist Award. Camille was named Variety's Broadway of 2020 to Watch and to receive a Drama Desk Award Nomination and two Lucille Lortel Award Nominations for her work on *for colored girls* and *Toni Stone*.

**The March Edition Of The Hudson River View Will Be In Area Homes On March 3rd The Deadline For Advertising And Press Release Submission Is February 17th**

## ACCORDING TO QUACKERS



Februs, the Roman god was named after this festival. The most amazing fact about February lies in its odd original name. In Old English, February was called Solmonath (Mud month) or Kale-monath (Kale or cabbage month). February is amongst the most misspelt words.

### "THOUGHTS ON FREUD'S DEATH DRIVE DURING THE TIME OF THE PANDEMIC"

A virtual presentation of the Lacan Reading Group Sunday February 7, 2021, 3:00 pm Anna McLellan with Helena Gibbs, Chana Moses, and Andrew Stein During this time when death has come unannounced and unwelcomed as it did 100 years ago during Freud's own lifetime, when war and pandemic demolished the natural flow of life events, we turn to his thoughts to understand better the meaning of the Death Drive, and its relationship to our understanding and the importance of being able to "die one's own death." Our reflections on the nature of the Drive will include new research presented to us by Jacqueline Rose in The London Review of Books, an essay originally intended as this year's Sigmund Freud Lecture on the anniversary of his birth and postponed twice because of Covid-19 before appearing in print (<https://www.lrb.co.uk/the-paper/v42/n22/jacqueline-rose/to-die-one-s-own-death>).

This research adds a dimension of questioning and understanding to the relation between theoretical formation and the human search for meaning. Preregistration is required - sandy[at]mortonrhinecliff.org Upon registration you will receive your Zoom invitation! Anna McLellan is a psychoanalyst and founder of the Reading Lacan seminar. A presentation of The Lacan Reading Group as part of a series on Psychoanalysis and the Arts, sponsored by The Lacan Reading Group and the Morton Memorial Library, Rhinecliff NY. For more information: Anna McLellan: 917-270-8280

### Call for Talent: "Morton Community Talent Show"

**Friday, March 5, 2021  
@ 7:00 (online)**

It seemed impossible to not have the talent show just because we can't all be together in one room; we're

doing it, we are going virtual this year!!

Now's the time of year to dust off your talents!!!!

An evening of jokes, jug bands, storytelling, guitar playing, dance -- you name it, if it's your talent we want to see it. So please use your imaginations and share your immense variety of talents with our community. This show and our community are all about enjoyment and camaraderie -- never judgment!

Please contact Sandy if you are interested in participating: sandy[at]mortonrhinecliff.org. This year we will need you to record your performance and send it in so that we can create an incredible evening. Yes, Richard Kopyscianski has agreed to MC - woohoo!!

**CALL FOR ARTISTS**  
"Morton's VIRTUAL  
Talent Show Art Opening"  
Friday, February 26, 6:00 - 8:00  
It's NEVER too early  
to start thinking of your  
talent for the Talent Show.  
We will have our online art  
opening for the visual component  
of the Talent Show a week before  
the performance component.  
This means that our visual artists  
can be fully recognized and  
appreciated. The art will remain  
online for the month of March.  
Please contact Sandy  
by February 5th if you are  
interested in participating.  
Please send a jpg or pdf of  
your visual art to the library -  
sandy[at]mortonrhinecliff.org -  
by Saturday, February 20th.  
Please e-mail sandy[at]  
m o r t o n r h i n e c l i f f . o r g  
if you have questions.

*Wishing everyone a Healthy and Happy New Year!*



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Cody  
845-416-5266

**Shoppe Girl from page 1**

Market Street in Red Hook, offers second-hand "pre-loved" and new clothing, and regularly features fashion pieces by sought after brands, at prices that will please just about anyone in current cost-conscious times. Items sourced from vendors are either cruelty free, made in America, women owned products or sustainable products.

Some recent showcased items have included:

- \* A Free People cowl neck burnt orange sweater with an oversized look, perfect for winter and early spring.
- \* Soft and cozy elephant print leggings matched with a Tahari tee
- \* A LOFT long sleeve top with an accented neckline, ready to be paired perhaps with American Eagle Outfitters jeans, and brushed black shoes decorated with a white embroidered motif
- \* Caramel-leather Diba boots featuring an eye-catching flower pattern
- \* A light-coffee colored mesh cardigan by Wendy Bellissimo, paired with a check-patterned hair tie

Sarah's fashion knowledge definitely comes into play in the way she comes up with ensemble suggestions that create looks that are cozy, elegant and alluring, all at the same time. The shop operates on a consignment basis for some items, but Sarah also does some buying of new items.

She says some of the most sought-after items at Shoppe Girl are the self care products, sourced from different boutique producers and artisans. "I just got these sweet little goat soaps that are made from a woman in Tennessee, and girls have been loving those. I would say that the

self-care products in general are something that catches attention when people are looking around. Bath balms for example. Just things that help women to feel better or relax. Sometimes they'll ask what do you recommend I pair this with? People have definitely been coming in and making little kits for themselves, from the different unique items we have."

The ability to enlarge the experience by offering salon services in an individual tailored atmosphere is something that makes Shoppe Girl unique.

"My mom's salon is actually the home of the original ten dollar manicure, so that's one of her focuses," Sarah says. "She offers a variety of different services, including pedicures and acrylic full sets. She does it all, and it's one on one, so it's a really comfortable experience. It's not like a big salon, where you walk in and there's ten people in there. It's more of a cozy feeling, with more personal attention. That's the vibe here."

**Who Is That Shoppe Girl?**

Lockdown fatigue may finally be hitting a tipping point, and Sarah says she's definitely noticed women wanting to look and feel their best in the world, even if they're still spending quite a bit of time in virtual meetings, etc.

"I feel like women are coming in and either looking for, like for comfortable options for their at home work, so I'm finding women are not searching so much for jeans, but just like a comfortable alternative, like a nice shirt and a pair of leggings, compared to before, where it was all about what their shoes looked like, what their accessories looked like. Now, it's just more

about comfort, and a nice price, as well as second-hand. Because I feel like second-hand and being sustainable is on trend, so we're having success trying to go along with that. Definitely comfort is key right now."

When her business first opened, Sarah says she had a vision of her customer. But in the months since the store has been operating, that conception has evolved. "At first I was geared toward girls that were in their 20's, just starting out and maybe wanting a fashionable outfit, but might not be able to afford it yet, being that the world is kind of crazy. I just wanted to create a kind of affordable place. So my customer, I guess she's just trying to start out and be fashionable. I never really thought about it. I feel like she keeps changing, the girl who I envisioned in the beginning is now changing

to something different, which I think is interesting."

One thing that hasn't changed is Sarah and Rebecca's commitment to providing an in-person experience based on tailored and attentive service. Shoppe Girl does have digital presence, but it's not meant to be the focus of the business or just a generic sales experience.

"Right now I just have an instagram, facebook and Poshmark presence, where I sell to girls that are in the area," Sarah explains. "So, I'm trying to expand my Poshmark. Because I don't really know if websites are my demo. I don't personally look at websites, or social media. I'm just trying to create more of a social media story, and adding my own little personal touches to it."

In an effort to respond to

concerns surrounding Covid, Shoppe Girl does offer curbside pickup in conjunction with their online ordering. "I'm just trying to create a nice online experience that feels a little more personal than other brands or places that are a little more cut and dry, and like, about profit profit profit. I don't want to be that girl."

For a pick-me-up that is sure to do wonders for body and soul, it's nice to know a new local entrepreneurial start-up exists where women can get a beautiful outfit, a beautiful manicure, and feel fabulous when they leave. Shoppe Girl  
Consign Style Boutique  
14 East Market Street  
Red Hook  
845-392-0809  
<https://www.facebook.com/shoppegirl0629/>

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**DOWN**

- Word with "cross" or "crow"
- Action film staple
- Relative of 61-Across
- "While" lead-in
- Breaks a promise
- "Get out!"
- Florists' needs
- Boxing's "Greatest"
- Secret meeting
- Carve on, as a monument
- It may involve dogs and foxes
- Heretofore
- Complain about
- Cart pullers
- "We" may precede it
- Domingo
- Comparatively frosty
- '60s TV show (with "77")
- Vegas shooting game
- Encountered
- Angular hair wave
- Big name in electric shavers
- Biscotto flavoring
- Spell of forgetfulness
- Garden flower
- 180 deg. from WSW
- Warrior of old Japan
- Cause of ruin
- Always, in verse
- Breathe laboriously
- Pirate's plunder
- Distinctive atmospheres
- Symbol of Christianity
- Bit of matter
- Within reach
- After-school bake sale org.
- Pigeon's utterance
- Down Under bird
- Sample, as hot tea

**ACROSS**

- Word before "beware!"
- Extraterrestrial realm
- "If I only \_\_\_\_ a brain"
- Cloudless sky color
- Two points in time?
- "\_\_\_\_ it or lose it"
- Vigorous
- "The city that never sleeps." for short
- Amarillo's state
- Major impact evidence
- Venus, to Serena
- It may be cut or paste?
- Transparency
- Insight
- Horror director Wes
- Very good-looking people
- Unlike chickens?
- Guy's honey
- Campus concern
- Bellyache
- Sicilian landmark
- A miner matter?
- Clothes lines
- Slit open, ironically
- Be about to cry
- Granitelike rock
- One who's left holding the bag?
- Ungentlemanly type
- Wee Reese of baseball fame
- Beat to the finish line
- Felony fire
- Hockey legend Bobby
- Make confetti
- Half a cocktail?
- Turnpike travelers, briefly
- Mama Judd
- "Got that right"
- Islamic leaders
- Word with "singing" or "Bible"
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**IM TORN**

Solution on page 4

**2021 Will Be from page 1**  
 isolation. Dr. Danielle makes house calls with a specialty in managing pain relief for older animals. "I have lived in this area for 20 years and consider it my home," she says. "I have been fortunate and honored to be able to help families with end-of-life care for their pets for the past two years through Sunny Paws veterinary services." Dr. Danielle is a gentle and compassionate veterinarian who gets most of her business through referrals from grateful pet owners and recommendations from other veterinarians. (845) 597-6976.

If you're driving north on Route 9 G during her business hours, you'll see the OPEN sign on Mrs. Sew N Sew's window all lit up. **Ingrid Sillins** has a steady clientele of folks who want to make repairs -- rather than buying new -- especially in these difficult times when we are staying home. "I can fix anything that can be repaired with a needle and thread," she boasts. Ingrid also attaches leather patches to motorcycle vests and leather jackets. She suggests you call ahead (518) 567-9987.

**Denise VandenShay, from Seeds Design,** tells us she

is grateful to everyone and everything that has helped her business become what it is -- a landscape design company in high demand. "I look forward to seeing my clients and to knowing they are all healthy," she declares. "And I look forward to new clients and inspiring them to embrace the outdoors. It's happening," she promises. "Spring is arriving and we welcome the rain." (914) 456-4287.

**Real Estate broker, Dana Goldberg**, who is an Associate Broker with Houlihan Laurence located in Rhinebeck, is confident real estate will continue to be active -- especially with low interest rates and "sellers feeling more safe to sell." Buyers from the city "are still looking for homes upstate," she explains, "and we hope to have more inventory. As always, staying safe and getting through the pandemic is our main concern. We are the possibility for a strong community with neighbors who are good to one another." Call or text her at (845) 309-9333.

Lastly, a message from Dutchess County Executive, Marc Molinaro, as seen on his Face Book page describing another "Telephone and Facebook Live Town Hall" event. "No script. No screening. No staged questions. Just a conversation with you..." It's a good way to get answers about vaccinations and plans for the future and he often has a guest speaker who will discuss relevant topics of

merit. Live Town Hall events are usually held on Wednesdays at 5:30pm at this number: 845-765-7121. Check his Face Book page @MarcMolinaroNY for more information. Stay safe folks. Wash your hands, keep your distance, and wear a mask. We can do this. Together.

## Hoopla New to our collection

It is with special thanks to our sister, Starr Library, that Rhinebeck patrons of both Morton and Starr Libraries are able to access Hoopla to download films, television shows, audiobooks, and music. You may download

up to five items per month. You will need a valid library card, with a PIN. If you need help, call 845-876-2903. If you don't have a card, stop in and get set up. Hoopla is a groundbreaking digital media service that allows you to borrow movies, music, audiobooks, ebooks, comics and TV shows to enjoy on your computer, tablet, or phone -- and even your TV! With no waiting, titles can be streamed immediately, or downloaded to phones or tablets for offline enjoyment later. There are hundreds of thousands of titles to choose from, with more being added daily.

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# God's Corner

## Peace in Relationship

By Naomi Fata

This year I am going to be writing a series on peace. Given the unrest in our country right now peace is something we are all longing for. However, it is the inner peace that is far more important than expecting peace in the world around us.

Looking into the Bible only two people truly experienced unbroken peace—Adam and Eve before their sin. At the beginning of creation, they had a sweet fellowship with God. It was a relationship in which they were fully known.

We were created for intimacy and relationship. I believe we underestimate the importance relationship plays in our inner peace. When anger, bitterness or shame enter a relationship it brings tension to the soul. Dr. Caroline Leaf, well-known author and neuroscientist, would say this causes toxic memory trees to grow in your brain. True love doesn't have guilt or shame because there is nothing to hide.

Back at the beginning it says that Adam and Eve were naked and unashamed. (Genesis 2:25) This concept seems hard to grasp. To be naked before God and before a spouse, is to be vulnerable.

I think about meeting someone for the first time, whether it be a friend or a partner. At first it is awkward and uncomfortable because you don't really "know" the other person. Initially in relationships we often try to act a part or only show our good side, because we are afraid of judgement or are hiding secrets that we are ashamed of. Over time the more you get to know someone the more comfortable you become. We have more inner peace with people that know and accept us.

The love of God is a major theme in God's Word. The truth of God's love is found throughout the Bible. 1 Corinthians 13 and 1 John 4 are often called the love chapters of the Bible. Two Greek Words (agape and phileo) are used frequently in the New Testament for love. Agape is used to



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connected to him because there was a 'rift' in their relationship.

Relational conflict started when Adam and Eve became discontent with their relationship with God. Their attention diverted away from Him, to a longing for what they did not have. Instead of enjoying friendship with God, the serpent encouraged them that it would be more profitable for them to be 'like' God, and convinced them to eat the forbidden fruit. This brought dishonesty into their relationship with God and caused them to hide from Him.

Think about your own relationships. If there is lack of peace is it because you are trying to hide, or because you are trying to be 'like' the other person rather than enjoying the relationship you already have? Relationships are complicated and filled with challenges but even the apostle Paul encourages us that as much as possible we should attempt to live at peace with all men. (Romans 12:18)

As you think enter February, the love holiday, reflect on your relationships, whether they bring you peace or conflict and how you can work towards greater vulnerability in healthy relationship. Naomi Fata is the President of Christian Resource Ministry Inc. (CRM) [www.christianresourceministry.com](http://www.christianresourceministry.com)

### THE LOVE OF GOD!

"Beloved, let us love one another: for love is of God; and everyone that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love" (1 John 4:7,8).

The love of God is a major theme in God's Word. The truth of God's love is found throughout the Bible. 1 Corinthians 13 and 1 John 4 are often called the love chapters of the Bible. Two Greek Words (agape and phileo) are used frequently in the New Testament for love. Agape is used to

speak of God's Love and phileo is used to speak of man's love towards God and of brotherly love; love for one another.

The Apostle John wrote five books of the Bible under the inspiration of the Holy Spirit (the Gospel of John, the Epistles of 1,2 & 3 John, and the Book of Revelation). John referred to himself as the disciple whom Jesus loved (John 13:23). Every person that knows Jesus personally should also be able to say, "I am a disciple whom Jesus loves!"

The source of God's love is God Himself. The Apostle John wrote, "For love is God" (1 John 4:8b). Since God is the source of love we can be assured that His love is perfect. The Bible teaches us that God sent His Son, Jesus, who was conceived in the womb of the Virgin Mary, of the Holy Spirit, and He was born in Bethlehem. Jesus, is Perfect God, Perfect Man. He lived a Perfect life.

He came to speak with authority, performed Miracles, and to reach out to people in need. He offered Himself as the sacrifice for our sins, He rose from death and the grave, and then ascended back to Heaven. He is now seated at the Right Hand of God and is interceding for us. Jesus is Coming Again as King of kings and Lord of lords. "Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins" (1 John 4:10).

The Lord Jesus Christ paid the price in full for sins on the Cross so that a person that believes on Him and receives Him into their life can be saved and have Eternal Life. "Greater love hath no man than this, that a man lay down his life for his friends" (John 15:13). "We love him, because he first loved us" (1 John 4:19). The moment a person believes on the Lord Jesus Christ they receive the Holy Spirit into their life.

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The Spirit enables the Believer to live the Christian Life, to love God, to bear witness of Jesus and to love one another. any wonderful things occurs in the lives of those who believe. The life of hope and of love will be seen in a dynamic way through the Believer's Life. "And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Spirit

Many wonderful lives of those who believe. The life of love will be seen a dynamic way through the Believer's." And hope maketh not ashamed; because the love of God is shed abroad our hearts by the Holy Spirit which is given unto us" (Romans 5:5). The Believer will desire to the Shm and with a heart of's perfect love." There is fear in love; but perfect fear hath torment, that not in love" (1 John 4:18).

To know the love of God and to receive God's love into your life will make a tremendous difference in the way you live now and what you have to look forward to the future. If you haven't received God's love in your life, come to Jesus now and believe on Him. By His grace He will give to you the gift of Eternal Life. Now is the time to do so!" For God so loved the world, that gave his only begotten Son, that whosoever believeth in him should not, but have everlasting life" (John 3:16).

If you would like to know more about the love of God and/or what it means to be a Christian, please contact us by Email at [cdfcirone@aol.com](mailto:cdfcirone@aol.com) or call us at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is at Route 9 & Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, NY. Pastor Frank L. Cirone



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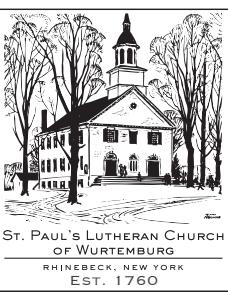
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The Ghent Reformed Church is restarting its drive-thru lunches, which, due to Covid, replaced our free community dinners.

Please feel free to join us on Saturday, March 20<sup>th</sup> at 1039 County Route 22 in West Ghent, just north of Love Apple farm, from noon until done. The current menu is turkey salad, egg salad and tomato bisque soup. Also available will be to-go communion. Come for all things will be ready.

## ITALIAN VALENTINE'S DINNER

Saturday, February 13<sup>th</sup> The Ghent Reformed Church, located at 1039 County Route 22 in West Ghent will present a TO-GO ONLY Italian Dinner from 4-6 p.m. There will be meat lasagna, meatless lasagna, meatballs, sausage and peppers, bread, salad and dessert. The cost will be \$12 per dinner. Please call Dick Leggett to reserve your tickets 518-392-2062. Also, due to the number of dinners we will have to process, please be aware that your dinner may not be as "hot" as you would normally get for a sit-down dinner. We are sorry for the inconvenience... we have little choice during this pandemic, but we're sure you will enjoy the dinner, though in a different manner.

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Saturday and Sunday, 11am - 3:30pm **Olana Visitor Center** Outdoor Olana tours of the historic landscape designed by Frederic Church are available on weekends all winter. The **Art and Environment Tour** provides a comprehensive introduction to Church's work as an artist and landscape designer expressed through his master work, Olana. The **Landscape and Architecture Tour** focuses on the integration of landscape and architecture in the siting and design of Olana's Main House.

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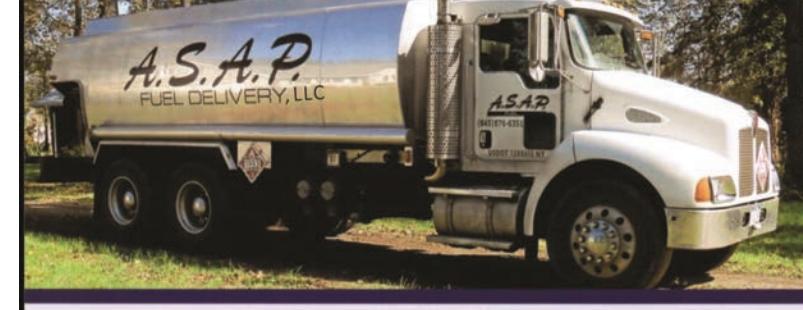
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Reservations are limited, so that all attendees can hear the guide and maintain social distancing.  
*Snow date – February 27.*  
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**Feline Diabetes**

By: Julianne Porter

Cats are unique creatures – from their varying coat colors to their diverse personalities – they are certainly different than their human cohabitants. They are obligate carnivores, meaning they have to eat meat, have 38 chromosomes (compared to 46 in people), and have a mechanism that allows them to purr. However, two areas of health that we can relate to them somewhat: diabetes and hyperthyroidism.

Diabetes mellitus in cats is similar to insulin resistance in

humans. With diabetes, the pancreas does not produce enough insulin, a hormone needed for the body to take up glucose from the blood. When the body does not have enough insulin, excess glucose builds up in the blood (high blood sugar, or hyperglycemia). Despite the excess glucose in the blood, the body feels as if it is starving. Common signs of diabetes in cats: weight loss despite a good appetite and increased drinking/urination. Unregulated diabetes can lead to severe illness and complications. Diabetes is

treated similarly in cats as well – administering insulin as well as feeding a diet low in carbohydrates. Some cats can be managed with a diet change alone. It is very important to monitor sugar levels while managing diabetes as levels that are too high or too low are very dangerous. Cats with diabetes are more prone to infections, pancreatitis, liver problems, and other diseases, so they must be monitored very closely.

Similarly to diabetes, cats with a condition known as hyperthyroidism tend to lose weight despite a good appetite and will drink a lot. The thyroid gland is a butterfly shaped organ that sits at the base of the neck and is responsible for producing thyroid hormones which help regulate our metabolism. Thyroid disease is common in humans. An estimated 20 million Americans have some form of thyroid illness. While an underactive thyroid is very common in people, especially in women, cats tend to have trouble with an OVER-active thyroid. In addition to the signs above, they may also have vomiting, diarrhea and may even be hyperactive. Unregulated hyperthyroidism can lead to heart disease, blood clots and other organ damage. Hyperthyroidism can be managed in several ways. Diet, medication, surgery and even radioactive iodine can be considered.

Understanding that these diseases can affect our feline friends can help us to better recognize when they are sick. Cats will often hide their illnesses until the disease is very advanced and more difficult to treat. This makes early intervention and lab work essential for successfully treating these conditions to keep our cats happy and healthy and in our lives for as long as possible!

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HANDLING**

Presented by Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

During your puppy's life, there will be many times when it is necessary for you or someone outside your family to handle him physically in ways that may seem strange to him. As a dog trainer, I am frequently asked for tips to make handling puppies easier. At home, during quiet times, you can help your puppy become more comfortable with being handled in these different ways – and the earlier you start, the more relaxed he will be when these situations actually occur. Veterinarian Examinations Consider what it will be like for your puppy when he meets the veterinarian and try to mimic the examination process. Gently pat your puppy on different areas of his body while he is in a relaxed state. Touch around his eyes and ears, gently hold his feet and toes, lift his lips and touch his teeth, hold your hand against his chest, gently move his legs, etc. Take

your time with this kind of touch, and do it often so that it becomes an agreeable experience for your pup both at home and at the vet. Teach him to sit and lie down while you are examining him; it will make your vet's job much easier if your pup is not squirming during his examinations. These days, as a result of Covid19 restrictions, most veterinarian's offices do not allow owners and their pets to enter the building and instead have veterinary office staff meet owners outdoors and the staff member will escort the dogs into the building. But someday, when health-related restrictions are lifted, and we are able to actually enter the vet's office, consider taking your puppy to the vet clinic at times other than for his appointments for vaccinations and check-ups (you may want to call your vet's office first to make sure this is OK and find out when they are less busy). Swing by with him

and put him on the scale, then ask the staff if they would like to pet him and/or give him a treat. This way, your puppy will start to associate visiting the vet as a more positive experience. Groomer Visits Start early with short sessions at home, using a brush well suited to your puppy's type of coat and always brushing the hair in sections and in the direction of the hair growth. Be consistent, make the experience pleasurable and go slowly. Keep some treats in your non-brush hand to distract your puppy. Stop brushing when he seems more concerned with the brush than the treats. Get your puppy used to the feeling of water by placing him in a bathtub or shower with a towel or rubber bath mat so that he doesn't slip. After he seems comfortable, gently turn the water on and dab a little on his back with a washcloth.

**Continued on page 10**



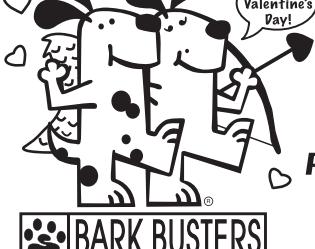
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forming an alliance of veterinarians, the general public, local governments and volunteer groups. Kitten Season will be on its way and the P.A.N.T. organization is in great need of foster families to provide a warm home, love and care to the abandoned cats and kittens we rescue. Please fill out a Foster Parent Application on our website [www.pant.org](http://www.pant.org) under "How you can help" or contact us at (845) 486-7075.

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## Spencertown Academy Presents The Magdalens Unplugged Virtual Concert

Spencertown Academy Roots & Shoots Streams will broadcast The Magdalens Unplugged, performing live on the Spencertown stage, via YouTube on Saturday, March 13 at 7:30pm. The Magdalens Unplugged is an alt-folk-rock band comprised of Renée DaVink (lead singer and songwriter), Britany Orlebeke (violin), and John Caplis (guitar). Based in Albany, New York, the band plays both original songs and covers a unique blend of Americana, post-punk, and indie classics. The performance is free (though tips are welcome via a virtual tip jar) and advance registration is not required. A link to the concert will be posted on [www.spencertownacademy.org](http://www.spencertownacademy.org). "While it's not yet safe for us to gather in person for live concerts, we're hoping to bring some of that joy into your homes by presenting Roots & Shoots concerts online," says Mike Zdeb, member of the Academy's Music Committee. "I got a sneak peek at The Magdalens Unplugged set list for the concert and what you're likely to hear ranges from traditional Irish fiddle tunes to the Pogues, Bob Dylan, and John Prine. They'll also play some

of their own original material." The Magdalens Unplugged is a subgroup of The Magdalens five-piece band, which also includes Al Kash (drums) and Moses Nagel (bass). The band's debut album titled "Lay Down Love" is available on all music streaming platforms. The Magdalens founder Renée DaVink has performed at several Lark Fests, the Albany River Fest, the Saratoga Dance Flurry, and local clubs, such as the Lark Tavern, Bogies, and Pauly's Hotel. She has also sung with an array of folk, jazz, and alternative rock bands, including Medusa Pleasure Werks and El Extreme. Britany Orlebeke performs a variety of violin/fiddle styles. She's played for contra dances around the northeast, recorded "Cat out of the Bag" with the Beverwyck String Band, and played with Miche Fambro on a live recording called "The Chapel Session." Guitarist John Caplis's musical influences range from traditional Irish to Bob Dylan to the 1970s New York City rock band called Television. He has appeared at numerous Albany music venues, including Lark Fest, Bogies, Pauly's Hotel, and QE2 with notable bands, such as El Extreme. Roots & Shoots Streams Concerts is a series that showcases artists who reach back to earlier traditions in music (Americana, jazz, blues, rock,

and world music) for inspiration, while incorporating more recent forms and influences of the present. Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact [info@spencertownacademy.org](mailto:info@spencertownacademy.org).

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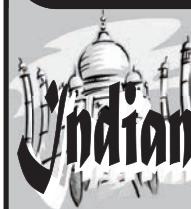
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### Spaghetti Squash Meatball Casserole



#### Ingredients

- 1 medium spaghetti squash (about 4 pounds)
- 1/2 teaspoon salt, divided
- 1/2 teaspoon fennel seed
- 1/4 teaspoon ground coriander
- 1/4 teaspoon dried basil
- 1/4 teaspoon dried oregano
- 1 pound lean ground beef (90% lean)
- 2 teaspoons olive oil
- 1 medium onion, chopped
- 1 garlic clove, minced
- 2 cups chopped collard greens
- 1 cup chopped fresh spinach
- 1 cup reduced-fat ricotta cheese
- 2 plum tomatoes, chopped
- 1 cup pasta sauce
- 1 cup shredded part-skim mozzarella cheese

#### Directions

Cut squash lengthwise in half; discard seeds. Place halves on a microwave-safe plate, cut side down. Microwave, uncovered, on high until tender, 15-20 minutes. Cool slightly.

Preheat oven to 350°. Mix 1/4 teaspoon salt with remaining seasonings; add to beef, mixing lightly but thoroughly. Shape into 1-1/2-in. balls. In a large skillet, brown meatballs over medium heat; remove from pan.

In same pan, heat oil over medium heat; saute onion until tender, 3-4 minutes. Add garlic; cook and stir 1 minute. Stir in collard greens, spinach, ricotta cheese and remaining salt; remove from heat.

Using a fork, separate strands of spaghetti squash; stir into greens mixture. Transfer to a greased 13x9-in. baking dish. Top with tomatoes, meatballs, sauce and cheese. Bake, uncovered, until meatballs are cooked through, 30-35 minutes.

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**Bark Busters from page 8**  
Don't rush into using a handheld shower and run the risk of frightening your pup. By taking it slowly he will help him enjoy the grooming experience. Be careful to use shampoos and conditioners that are pet friendly. Don't use shampoos that may strip the natural oils off his coat.

**Tooth Brushing**

Proceed slowly, over the course of days or even weeks. First, apply a little doggie toothpaste on your puppy's toothbrush and place it in his mouth. If he doesn't like the taste try another brand.

Next, apply toothpaste on your fingers and explore the inside of his mouth, without actually brushing. When your puppy is comfortable with the above, try lightly brushing his rear teeth, moving forward in his mouth to his front teeth. Trying to use a circular motion, be careful to massage but not scour his gums.

Your puppy may clamp down on the toothbrush, but resist trying to pry his mouth open. Instead, relax your hand. Eventually your puppy will have to change his bite on the toothbrush. With experience you can discern a rhythm in the puppy's oral motions as he opens, licks the brush and clamps down again. When you do, start brushing a few teeth at a time until you are able to apply the paste to all of his teeth. Generally, the enzymes in the toothpaste will do a lot of the scrubbing for you.

**Nail Clipping**

To prepare your puppy for a nail clipping, first let your puppy get used to the smell and sound of nail clippers and have his feet held, gently massage between his toes and nails. To start, just touch the clippers to your puppy's nail to see if he is comfortable with them. This may be enough for his first session. Following the above steps, trim the smallest possible amount

of nail, praising your puppy's calmness. You may need to distract him by holding a treat tightly in your hand while you clip; reward him with a treat when you are done. For some puppies, asking a friend or family member to hold or distract him may also be beneficial. If you opt to continue with do-it-yourself nail clipping, always make very small clips so as not to cut the nails' "quick" (the area where the nail's blood supply begins), which is difficult to see on dark nails. If you feel uncomfortable or unsure at all, stop and take your dog to a professional. Don't try to do all these handling activities in one session or by yourself. If your puppy is uncomfortable, just do one task at a time or ask for help from a trusted professional. Be sure to maintain a light and playful attitude; overly reassuring your puppy during the process may make him think there is a reason for him to become anxious. Respect any growls or defensive body language signs from your puppy, and always start with a call to your veterinarian if you suspect your dog is having an abnormal reaction to a situation that should not be causing him pain. Professional dog training will also help you establish a bond with your puppy as he grows in his trust of you and your relationship. Please know that every puppy has different needs when it comes to physical handling; when in doubt, ask your veterinarian, groomer or trainer for advice or assistance. Also, keep in mind that a tired puppy is more likely to be a well-behaved puppy. Handling him is

oftentimes easier after he's been active for a while. And the results? Happy Dogs = Happy Families Bark Busters is the World's Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding. Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 14+ years, since 2006. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at [www.BarkBusters.com](http://www.BarkBusters.com) where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by "liking" us on Facebook at <https://www.facebook.com/BarkBustersHomeDogTraining>

**The Outlook for 2021 is Brightening**

In our continuing effort to expand partnerships with regional and

local organizations in February, we again will welcome **Hawthorne Valley Farmscape Ecology Program** who in early February will conduct a Winter Botany course. PS21's 100 acres of trails, open spaces, meadows, woodlands, and orchards are a priceless resource for our artists and our community – and now is as good a time as ever to make use of the backyard near you, especially since we have recently broken new trails with the help of volunteers from Chatham Recreation and the Columbia County Mountain Bike Alliance. The grounds, open to the public from dawn to dusk, offer stunning views of the Catskills from the hills behind our theater. They are ideal for solitary walks or spending quiet, quality time with your pet or significant other.

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## John Jay Homestead offers lecture in honor of Black History Month

John Jay Homestead State Historic Site will present a lecture entitled, *Slavery and the Jay Family: A Seven-Generation Story* on Wednesday, February 24<sup>th</sup> at 7:00 PM. Founding Father John Jay was descended from three generations of enslavers. Jay himself is something of an enigma: he argued for abolition in the new state of New York as early as 1777 but did not abolish slavery in his own household for another four decades. His descendants include three generations who were abolitionists and civil rights activists. This illustrated program, presented via Zoom, examines the arc of slavery through seven generations of the Jay family. It is a story that goes back to the introduction of slaves into the Dutch colony of New Amsterdam and ends just months before the 13th

Amendment abolished slavery. The program is free, but registration is required. A Zoom link will be sent to registrants prior to the event. Register at [www.johnjayhomestead.org/events](http://www.johnjayhomestead.org/events). Additional digital programs in honor of Black History Month can be found on the Homestead's website, [www.johnjayhomestead.org](http://www.johnjayhomestead.org). New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual parks, historic sites, recreational trails and boat launches, which were visited by a record 77 million people in 2019. A recent university study found that spending by State Parks and its visitors supports \$5 billion in output and sales, 54,000 private-sector jobs and more than \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit parks.ny.gov, connect on Facebook, or follow us on Twitter. The free New York State Parks Explorer mobile app is available for iOS and Android devices. To download, visit:

Google Play Store, NY State Parks Explorer App or Apple Store, NY State Parks Explorer App.

## New fund opens to support the Columbia-Greene Humane Society/SPCA

The Zamboni Fund was conceived by Russ Gibson and Duncan Calhoun in honor of their beloved Shar-Pei, Zamboni,



who was adopted from the Columbia-Greene Humane Society/SPCA in 2013. Zamboni

– or “Zam,” as they called him – never stopped wagging his tail and brought joy and happiness to everyone he met. Zam filled their lives with unconditional love until his passing in 2020.

Russ and Duncan, who are local business owners, philanthropists, and ardent CGHS/SPCA supporters, wanted Zamboni’s memory to live on, so in 2020 they provided a seed gift to the shelter to begin a restricted fund called the Zamboni Fund. This restricted fund is dedicated to supporting CGHS/SPCA’s free Pet Food Bank and their Low-Cost Veterinary Clinic. Each year, CGHS/SPCA furnishes 35,000 pounds of free pet food to families in need and serves 1,500 animals through the low-cost clinic. The Zamboni Fund will provide a permanent funding source to help these animals in need.

Any pet-loving person can contribute to the Zamboni Fund. For more information about the details of the fund, please

contact Ron Perez, President/CEO of the Columbia-Greene Humane Society/SPCA by phone at (518) 828-6044 ext. 108, or by email at [rondperez@cghs.org](mailto:rondperez@cghs.org).

## Pleased to Announce

Bethany Wager McKee, Principal Broker of Agnes I. Wager Realty Inc. is pleased to announce that Karen Colin, NYS licensed Associate Broker, has joined the brokerage.

Colin, a veteran real estate broker, brings a depth of knowledge of the Hudson Valley, crucial to buyers and sellers at this pivotal moment, as the Hudson Valley’s residential market is transformed, as a result of the current pandemic.

In addition to her geographic familiarity with everything Hudson Valley, Colin brings significant negotiating acumen, along with an eye for style and a vision for landscaping. Our company is excited about Karen’s addition to the company!

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**CLERMONT STATE HISTORIC SITE****518.537-4240****Saturday February 6****2:00pm****Landscape Highlights: A walking tour of Clermont's grounds**

Have you ever walked the

grounds and wondered what the ruins once were? Or why there are two driveways? What's with all the cottages? Led by Clermont's staff, this moderate walking tour will take you to sites of interest all over the property. A great introduction to the property and the history of Clermont! This event is FREE.

**PLEASE NOTE:** Clermont follows all NYS Department of Health guidelines for safety during the COVID 19 pandemic. Masks and social distancing will be required of all tour participants until these guidelines are lifted by New York State Parks. Please dress for the weather and wear sturdy shoes. Weather dependent

**Sunday, February 7, 2021****2:00 pm****Honoria's Virtual Birthday Party**

Join us online for a virtual birthday party celebrating what would've been the 112<sup>th</sup> birthday of Honoria Alice Livingston. Expect family photos, interview footage, and a celebration of one of the ladies of Clermont. No gifts required. This is a Facebook Live event. <https://www.facebook.com/ClermontSHS>

**Sunday, February 14, 2021****2:00 pm****Livingstons in Love**

This Valentine's Day we'll be looking at some of the couples in Clermont's history. From the doomed romance of Janet Livingston and Richard Montgomery to the romantic letters written

by the Judge to Margaret

Beekman, romances among the staff and more, we will discuss the love stories of Clermont in this Facebook Live program. <https://www.facebook.com/ClermontSHS>**Saturday, February 20, 2021****2:00 pm****Comics, Diversity, and McCarthyism**

In the early 20th century, comic books were one of the few American industries that supported a diverse workforce of people of color and women. How did an article in Ladies' Home Journal and McCarthyism lead to the downfall of an industry and the blacklisting of thousands of creators? Join comic artist Emily Ree for this Facebook Live event <https://www.facebook.com/>

**Continued on page 13**

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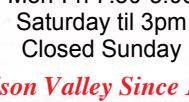
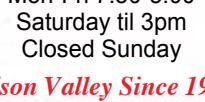
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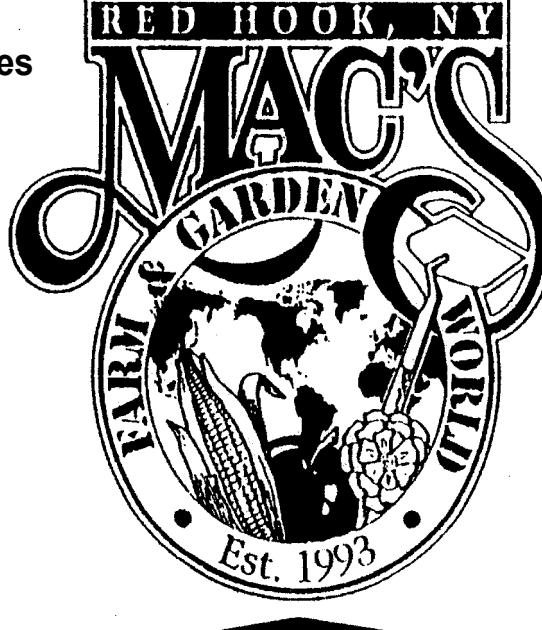
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SAT. 7:30 AM- 5:00 PM

**Clermont Site from page 12**ClermontSHS

Sunday, February 21, 2021

2:00 pm

**The Livingstons and Their Community in the Revolutionary War**

Join one of Clermont's interpreters for a walk-and-talk tour of Clermont's grounds. The tour will discuss the important role Clermont and the Livingston family played during the American Revolution, culminating in the British army assault on Clermont in 1777. Hear stories of the residents of the manor—the Livingston family, the enslaved people, local Palatine tenants and free holders. Comfortable shoes are suggested. There is no charge to attend the program, but visitors must register in advance on Eventbrite.

Attendance will be limited to aid in social distancing. This event is FREE. PLEASE NOTE: Clermont follows all NYS Department of Health guidelines for safety during the COVID 19 pandemic. Masks and social distancing will be required of all tour participants until these guidelines are lifted by New York State Parks. **Weather Dependent**

**Saturday, February 27, 2021**

2:00 pm

**History Storytime**

Whether there's snow on the ground or not, it's always a good time for some stories! Join one of Clermont's costumed interpreters as they read a story *in person or on Facebook Live* <https://www.facebook.com/ClermontSHS> in the case of extreme weather.

There is no charge to attend the program, but visitors must register in advance on Eventbrite. Attendance will be limited to aid in social distancing. This event is FREE. PLEASE NOTE: Clermont follows all NYS Department of Health guidelines for safety during the COVID 19 pandemic. Masks and social distancing will be required of all tour participants until these guidelines are lifted by New York State Parks.

**Sunday, February 28**

2:00 pm

**"I am not myself exempted from this misfortune": Henry Beekman Livingston at Valley Forge**

Come sit around the fire with Henry Beekman Livingston as he talks about his experience of the hard winter at Valley Forge. Listen to his pleas to anyone who will listen, for clothes and food for his men. Listen to Henry's thoughts on the mysterious Baron Von Steuben when he arrived in camp. Find out how Jack, Henry's enslaved servant, survived the long winter in the camp. There is no charge to attend the program, but visitors must register in advance on Eventbrite. Attendance will be limited to aid in social distancing. Please dress for the weather. This event is FREE. PLEASE NOTE: Clermont follows all NYS Department of Health guidelines for safety during the COVID 19 pandemic. Masks and social distancing will be required of all tour participants until these guidelines are lifted by New York State Parks. **Weather Dependent**

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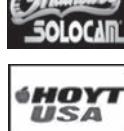
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### Poughkeepsie Colonial



1930's Center Hall Colonial located directly across the street from Vassar College in the Town of Poughkeepsie. This property is currently being used as professional offices and it is waiting to be brought back to its original glory. At current there is no kitchen but one can be easily added. The third floor is finished and has a bath with a tub and 2 nice sized rooms....Asking \$299,900

### Rhinebeck 90 Acre Farm



Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm w/Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm & CrossFit Gym. Proudly offered at \$1,290,000

### Rhinebeck Cottage



Located 2 miles south of the Rhinebeck Village is this 2 bedrooms, 2 baths cottage with hardwood floors, gas fireplace, updated kitchen, 2 floor loft, central air, one car detached garage and storage shed. All located on a park-like 3.4 acres....Asking \$439,000

### The Veranda House



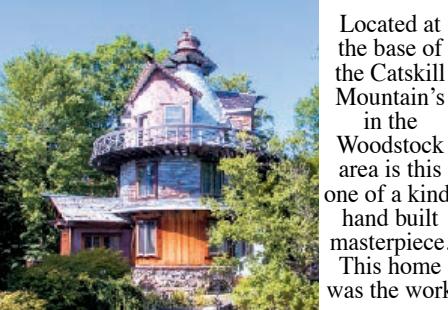
Opportunities abound with this Rhinebeck Village 6 BR, 6 bath historic 1840 Federal Colonial known as the Veranda House. This former Bed & Breakfast is Located just 3 blocks from the Village Center and offers many Opportunities...Asking \$1,475,000

### Red Hook Ranch



Located within a short drive to the Red Rock Village is this large 3 BR Ranch that boasts 3 nice sized BRs, 2 full baths, 2 half baths, large LR w/pellet stove, adirondack rm w/vaulted ceiling & woodstove, partial finished basement w/custom bar & fitness rm, CA, EIK plus much more. Asking \$485,000.

### Tower House



of Artist John Kahn and was constructed with the finest materials including walnut, copper, and bamboo. Connect with us today to find out more about this spiritual retreat where the vibe is positive and the mood is chill...Asking \$750,000

Located at the base of the Catskill Mountains in the Woodstock area is this one of a kind, hand built masterpiece. This home was the work

**LeGrand Real Estate, Inc.**

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### RED HOOK

NEW TO MARKET - Custom log on 7.5 secluded acres offers 3 BRs with master on main floor, 2 baths. Vaulted ceiling and stone fireplace. Large porch on front and large deck on rear overlooking a nice pond and green belt. Unattached 3 car garage and other outbuildings/studios. In quiet area. Red Hook Schools. First time on market, offered at \$775,000.



### NORTON ROAD LOT #6, RED HOOK

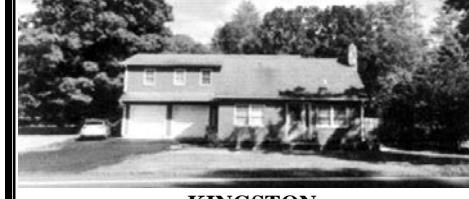
**7 PINES FARM SUBDIVISION-LOT#6** - A SPECIAL PROPERTY OFFERING 39 PRIVATE ACRES WITH view vista on top of driveway with cleared house site. No nicer property available in Red Hook. Privacy plus and driveway is roughed in and house site cleared. Board of health approved. Subdivision is a conservation subdivision that gives much protection to buyer. \$335,000.



### RHINEBECK VILLAGE

NEW TO MARKET - Charming 2 BR, 1 bath home in the heart of the village, walking distance to shops and restaurants. Large oversized lot has a pool and nice deck. Plenty of room to expand, water and sewer. A must see home. Offered at \$445,000.

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### KINGSTON

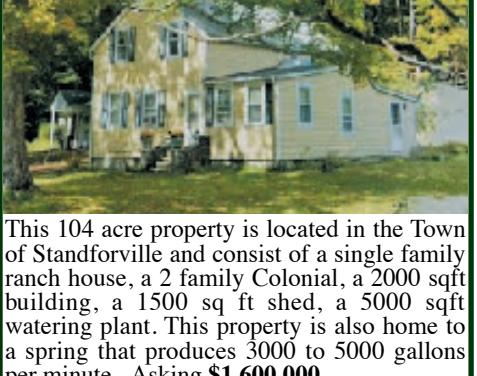
Unique waterfront 6 BR home boasts your own private swimming hole w/gorgeous waterfalls, where you feel like you are on vacation in your own backyard located in the pristine Catskill park. This immaculate home features a master suite on each floor & has 2 additional full baths. Significant upgrades. Beautiful open concept, great for large family. The entertainment extends to an expansive Trex Deck w/cable railings, Gazebo & large patio. Whole house automatic generator ensures uninterrupted comfort. Extra large 2 car heated garage is perfect for workshop or personal gym. Great potential for other/daughter or Bed & Breakfast. Conveniently located 6 min from both NYS Thruway & historic Woodstock. Mins from bridge.



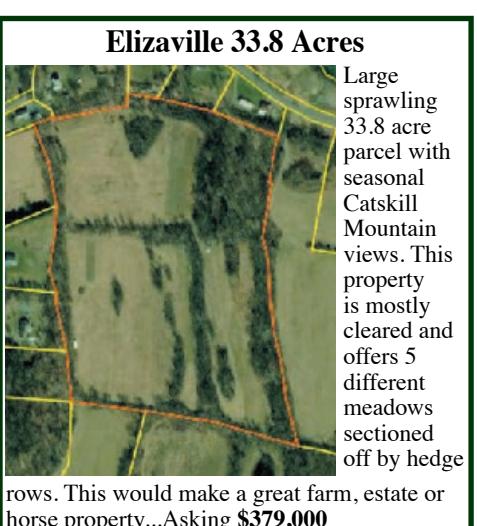
### 5 UNIT INCOME PROPERTY

A 4 family unit and a 3 BR single family home in great condition with a great cash flow. Buildings are modern and well maintained and fully occupied. Offered at \$550,000

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located in the town of Red Hook a top of a grassy knoll is this 4 bedroom, 2.5 bathroom ranch with sunk in living room, fireplace, hardwood floors, full unfinished basement, attached 2 car garage, detached 3 car garage with electric and is located on a 3.02 park-like acres within a short drive to Bard College, Tivoli and both the Red Hook/Rhinebeck Villages....asking \$529,000



**Elizaville 33.8 Acres**  
Large sprawling 33.8 acre parcel with seasonal Catskill Mountain views. This property is mostly cleared and offers 5 different meadows sectioned off by hedge such as Residential, Single-Family, Two-Family, Multifamily, plus much more...Asking \$119,000



### RED HOOK

23 wooded acres, subdivided in two lots, selling as a package. Red Hook Schools, wonderful quiet country location, 5 minutes from village, only local traffic, very picturesque. Offered at \$250,000.



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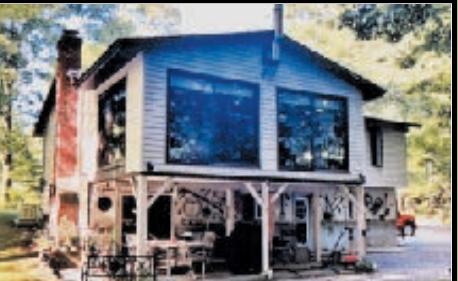
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**JUST LISTED.** This special country home in Rhinebeck, has 3 BRs, 1.5 baths, 2132 SF w/a marvelous K w/4 stainless appliances, an open K/DR/LR, a FR w/a FPL, an office, + there's a heated sunroom that overlooks the totally private setting. Dead-end street, whole house generator, garage, move in ready. **\$410,000.**



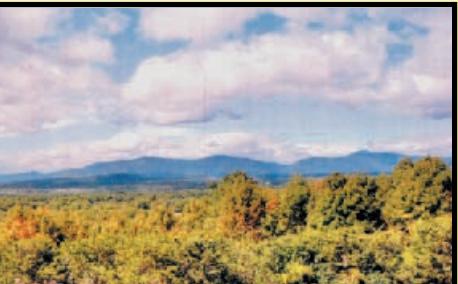
**MOVING TO RED HOOK?** Close to Bard & the Kinfston Bridge, this 2376 SF Colonial has 3 BRs, 2.5 baths, an open floor plan with a K w/an island & a gas range, a DR, LR w/FPL & a FR. There's CA, a porch, deck, & 2.5 acres@ the end of a cul-de-sac. Immaculate. **\$429,900.**



**A CLASSIC COLONIAL** in Rhinebeck Village, this 13 room, two family, has 9 foot ceilings, large windows, 4 BRs, 4 baths, a level useable lot & is just steps from restaurants & shops on one of the nicest streets. Park your car & walk everywhere. This is a rare opportunity for your transformation. **\$850,000.**



**THIS RHINEBECK ONE STORY** has a very special fenced lot where you can entertain, relax, or let the children & pets play. There are 3 BRs, 1.5 baths, oak floors, an open K/DR, Central Air, & a 22 ft. LR w/a woodstove. Amtrak is 1 mile away & the village is walkable. Low taxes utilities here. **\$379,000.**



**INCREDIBLE VIEWS OF THE HUDSON & CATSKILLS** make the 3.9 acre setting of this custom built Contemporary Tudor one-of-a-kind. Amenities here are superb w/CA, a stone FPL, vaulted ceilings, walls of glass, a top notch K, 4 ensuite BRs, + there's a 60 ft. walled terrace & incredible plantings. WOW! **\$995,000.**



**THIS SECOND EMPIRE MANSION** is on the/banks of the Hudson with remarkable views protected by 25 acres. The childhood home of Eleanor Roosevelt, this 6 BR, 6+ baths home is grand, elegant & special. All new mechanicals incl. CA are in place ready for you to finish the interior as you like. **\$5,250,000.**



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**Red Hook Village:**  
 This house is getting a face lift! It will have brand new light grey siding & sparkling new white GAR

doors. \$15k value added. Sun drenched 3 BR/2 Bth home located at the end of a no outlet street. Move in ready, this home offers a functional FP perfect for anyone looking for easy maintenance w/community living. Walk/bike to all amenities. Improvements include new Kit, roof 2019, tile & appliances 2020, bathrooms 2020, doors 2020, LVT floor on screened porch 2020 & more. The yard is flat & usable w/variety of plantings & lovely shade trees. Perfect mix of easy living in convenient location! **\$379,900**



**Red Hook:** Circa 1831, this sweet Farmhouse has been renovated w/ attention to detail, while keeping its charm & integrity of the era. Wide board pine floors, coffered ceilings, exposed beams & brick FP in Kit which could

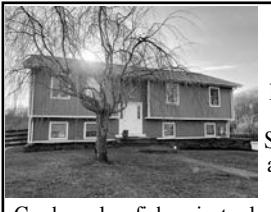
potentially be brought back to working order. Floorplan features a cozy DR for intimate dinners, a sunlit LR for conversation or relaxation, 3 BR's & 1 1/2 baths. Relax on the enclosed wood & flagstone porch or venture out to nature & enjoy a beverage on the top tier deck w/ your own brick grill. The side deck is perfect for tomato plants / herbs. MBR enters out to side deck for night-time star gazing. Move right in & enjoy the country life. This home would make an ideal Air BnB rental as well! **\$229,000**



**Milan:** This affordable country Cottage features 3 BR/ 2 FB, Large LR w/Wood Stove & large Kit w/heated Sunroom. Updates include fresh paint, flooring & mechanics. Two car detached GAR plus mini barn set on 3 pretty acres w/ seasonal brook off quiet country road. Minutes to the Taconic Pkwy, Red Hook & Rhinebeck. Pine Plains SD. **\$249,900**



**Village of Tivoli:** Back on the market after a holiday break this 3 BR/2 Bath Farmhouse needs a little TLC but worth every effort. Large LR w/pellet stove inserted into brick hearth & original tin ceilings, HW floors & exposed beams in country Kit w/Dining Area, bonus room could be office or pantry. Large outbuilding w/electric & set up for heat is perfect for studio, craftsman, or car buff. 3 acres w/trails & stream frontage on Clay Kill. **\$299,900**

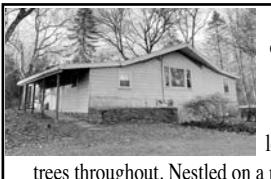


**Price Reduced!**  
**Germantown:** Well maintained country Ranch waiting for you to call it home. Situated on 5 sprawling acres overlooking your own private pond.

Garden, play, fish or just relax... you can have it all. Great natural lighting w/hw floors throughout. Spacious MBR w/FB. Lower level FR w/FB for extra space, walks out to gorgeous backyard area. Updates include HW heater, exterior & interior paint, rear sundeck, split rail fence & a whole house generator. Located in a convenient location minutes to Hudson, Red Hook, Tivoli & just 90 minutes to NYC. Supreme country living! **\$379,000**

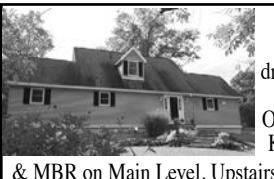


**Elizaville:** Perfect set up for the extended family. Live in the upper unit & have mom or dad below. Or visa versa. Upstairs is spacious w/ 3 large BRs, a FR w/FP, a large LR, EIK, an office & mud room. The lower level has its own entrance into a 2 BR apt w/LR & woodstove, EIK, 2 generous size BRs & FB. Loads of storage, workshop & garage. All on 4 peaceful acres. **\$320,000**



**Rhinecliff:** Charming country getaway waiting for someone to come & make it their very own. Located on 15 acres of level, open land w/mature

trees throughout. Nestled on a peaceful back road yet walkable to the story book village of Rhinecliff, Amtrak & Hudson River. Sunroom w/a stone FP for spending evenings by the fire, country eat EIK w/cabinets & features that give this home its cozy character. LR w/beamed ceilings & large windows that let the sunlight pour through & frame the peaceful meadow like views. The possibilities are truly endless w/this property; subdivide, build another home while you live here, or expand the current house. A must see in a priceless area. New Roof, well & furnace; move in & dream up the possibilities. **\$825,000**

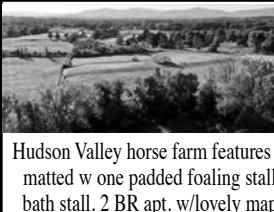


**Tivoli:** Privately set down meandering driveway this Cape home has so much to offer. Open LR & DR, Custom Kit w/breakfast bar, PR & MBR on Main Level. Upstairs features two generous guest BR's w/access to FB. BSMT w/potential for more living space & utilities are high energy efficient w/geothermal heat. Pvt 5 acre park, landscaped w/amazing trees & shrubs. Grow organic veggies & flowers in your own fenced raised bed garden. 18x24 Barn invites creativity & hobbyist. Enjoy listening to the peepers at night from the tadpole pond or the rushing sounds from your pvt stream frontage. Enjoy dining & drinks in the village or just relax in your own beautiful back yard without a neighbor in sight. **\$495,000**



**Livingston:** Welcome to Lake! Enjoyed by the same family for many years

this 3 BR/1.5 Bth features lovely LR w/FP, Open Kit w/formal DA, Den & FR w/wood stove & access to patio for cook outs & fire pit. Separate little cottage lends itself to studio/play house. Stroll to the private beach & enjoy swimming, boating or fishing. Home sits on a double lot w/easy access to TSP, Red Hook & Hudson. Come make your own memories here! **\$239,000**

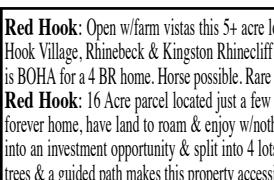


**Price Reduced!**  
**Clermont:** Spectacular sunsets over the mighty Catskill Mountains. Hudson Valley horse farm features Brescia barn w/6 stalls, matted w/one padded foaling stall, a tack room w/bath & bath stall. 2 BR apt. w/lovely maple floors & Joule wood stove in LR, Country Kit, FB & bonus room on the second story. Each of the 4 paddocks has its own water supply & electric. There are two run-in sheds, 2 acres of Dog Watch fencing PLUS the most gorgeous building site set in the back. Excellent opportunity to live in apartment while you build your castle. This is a very special property lending itself to many possibilities. Almost 15 open acres w/a view from every angle bordering conservatory property. **\$517,000**



**Commercial Space For Sale Or Lease: Red Hook Village:** Rare Opportunity Knocks!

Commercial/Multi Use zoning allows for a variety of ideas & possibilities in this one level handicapped accessible building. Formerly used as a thriving Chiropractic practice this building has nine offices, reception area & 2 bathrooms. Perfect for day care, medical facility, professional offices, dog grooming, Deli, Specialty Shop & MORE! Rent out space for extra income! Located on HIGH VISIBILITY Broadway in the Village of Red Hook. Asking **\$599,000 or Lease For \$3,750**



**Red Hook:** Open w/farm vistas this 5+ acre lot is located within minutes to Red Hook Village, Rhinebeck & Kingston Rhinecliff Bridge. Borders working farm and is BOHA for a 4 BR home. Horse possible. Rare Find! **\$169,000**  
**Red Hook:** 16 Acre parcel located just a few minutes to RH Village. Build your forever home, have land to roam & enjoy w/nothing around but nature. Or, venture into an investment opportunity & split into 4 lots. Rock outcroppings, large mature trees & a guided path makes this property accessible & interesting. Super cool stone foundation on the property that dates back to yester year. **\$249,000**  
**Clinton:** Off peaceful road w/lightly wooded trails & encompassed by stone walls this 7+ acre building site is for those who crave solitude. BOHA & Easy Access to TSP. **\$205,000**  
**Clinton:** Love Nature? Build your "forever" home on this very private 9+ acre sanctuary where deer, birds, & wildlife roam. Minutes from Rhinebeck, Hyde Park, Poughkeepsie & TSP. BOHA. **\$225,000**  
**Livingston:** Located off pretty country road in the Historic Town Of Livingston this 10 acre parcel is perfect for building your homestead to cultivate & commune w/nature. Short distance to Twin Lakes & within 15 minutes to Red Hook & Hudson. **\$175,000**

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## HAPPY TO HELP YOU!

Please contact me in the New Year for all your real estate needs



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### RED HOOK CAPE

This new 2400 s.f. cape offers a contemporary layout. Main level with kitchen that has island/pantry; DR with rear deck; LR; MBR with tiled shower/bath, addtl. bedroom, hall bath and laundry. Second floor offers bedroom, bath and office. Two-car garage, propane HVAC and CA. Min. to Village and walk to Bard. \$509,500.



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## PHILIPSE MANOR HALL STATE HISTORIC SITE

914.965.4027

The George and Mary Tour //  
Three dates available this month!  
Saturday, February 13th,  
1:00PM.  
Saturday, February 20th,  
1:00PM.  
Saturday, February 27th,  
1:00PM.

Mary Calvi's 2019 novel *Dear George, Dear Mary*, reignited the discussion surrounding the potential relationship between George Washington and Mary Philipse. Once written off and forgotten to history, Calvi's research shined a light on how much of a role Yonkers, the Philipse family and the daughter of a prominent Loyalist had on pre-Revolutionary War America, including impacting Washington's heart. Join us on a guided tour as we explore the narratives surrounding their relationship and lasting results that potentially altered two countries futures! \$5 for adults, \$3 for seniors and students. Free for Friends members and for children 12 and under. Spaces are limited and all guest must follow COVID-19 regulations.

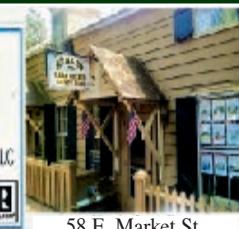
**1:00 PM-2:00 PM | Location:**  
Yonkers | \$5 | Ages: All Ages

### Meditation Group Sundays @ 5:00 pm (in home)

"Those in our meditation group who choose to do so are sitting in their homes at our meeting time between 5:00 and 6:00 on Sundays. Sunday morning I send out a short note and reading and we continue to sit together, if not in the same room." Email (susunray@gmail.com) to be put on the list for the Sunday mailings.



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## SPRINGBROOK PLAZA

Springbrook Plaza is located on the north side of the Rhinebeck Village across the street

from the DC Fairgrounds on the busy Route 9 corridor. High traffic counts, plenty of parking and surrounding business's offer ample exposure for any retail business or professional offices. At current there are several first floor and second units available for rent in a variety of sizes.

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