



# Hudson River View

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Vol. VIII Number 5 - Serving Northern Dutchess & Southern Columbia County July 2023

Postal Customer

## RED HOOK CURRY HOUSE KEEPS IT FRESH AND TASTY

By Amy Byrne

Some like it sweet and some like it spicy. But everyone who visits the Red Hook Curry House is in for a taste of one of the more intriguing and unique cuisines to be



Nephew, Muhfuz Ruhman and Mohammed Haque

found anywhere in the region. Located at 28 East Market Street, the local favorite is celebrating 23 years of serving up delicious Indian dishes, including signatures like Tandoori Chicken Tikka Masala and Chicken Korma, as well as adventurous choices like the spicier Chicken Beef or Lamb Vindaloo. Owned by the Haque family, husband Mohammed handles the front of the house, while also assisting his wife Maksuda, who oversees the kitchen. Their nephew Muhfuz is also regularly on hand to greet and serve customers with a smile that adds to the welcoming atmosphere. In addition to serving

patrons during their regular restaurant hours, they are also available to host special business meetings and parties.

Red Hook Curry House has banquet facilities that accommodate everything from small affairs, up to groups of 100 people. They frequently hold wedding receptions on site, but can also do off-site catering for weddings and parties. Basic catering customers should call at least one week in advance.

### An Adventure For The Palette in An Inviting Space

One of the most unique aspects of Indian cuisine is the surprising combinations of elaborately

Continued on page 8

## Germantown Garden Club Awards Annual Scholarship

This year the Germantown Garden Club is proud to award a \$500 scholarship to Zoe Fox. Zoe, a senior at Germantown High School, will be attending Columbia-Greene Community College in the fall and upon graduation, will transfer to a four-year school to finish her bachelor's degree. She plans on pursuing a career as an Environmental Scientist. A High Honor Roll student, Zoe's excellence in high school and her future endeavors in college make the Germantown Garden Club proud to award her this scholarship. Her other activities in high school included serving as Captain for Modified Soccer, and participating in



Zoe Fox

JV Basketball, Varsity Soccer, Varsity Basketball, and the GSA Club. She also is a volunteer for the Germantown Fire Department and the Germantown After School Program. Zoe is the daughter of Renee Fox of Germantown. Each year, the Germantown Garden Club awards a scholarship to a graduating Germantown High School senior who intends to pursue college studies related to horticulture, floriculture, landscape design, botany, biology, plant pathology, forestry, agronomy, environmental concerns, city planning, land management, and/or allied subjects. Funding for scholarships is derived from many sources, including the club's Annual Plant Sale and the Holiday Open House. For more information, please call Fran Bufi, club president, at 518-537-4868.

## GOING PLACES

The Tivoli Art Gallery is excited to announce that our upcoming show will feature art related to the theme, *Going Places*. Visitors to the gallery will see images of places artists have been, places they're going, places in their imagination-- or ways that they have travelled through life.

Show: July 7th- August 6th, 2023

Reception: July 8th, 5-7pm

Gallery hours: Fridays 5-8:30, Saturdays 12-8, Sundays 11-7

Location:

60 Broadway, Tivoli, New York

Curators:

Elisabeth Barnett and Linda Lavin

Website: <https://tivoliartistsgallery.com>

For more information about this show, contact [barnettelisabeth1@gmail.com](mailto:barnettelisabeth1@gmail.com)



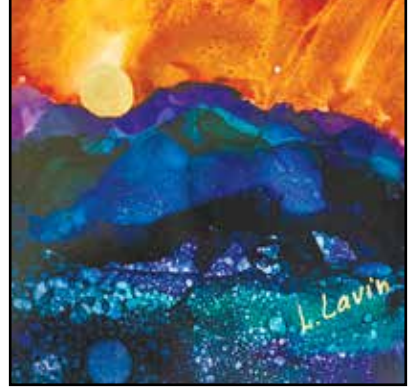
Ballerina Standing by Joleen Roe



Creek by Kathleen Gefell



Flock of Palms by Elisabeth Barnett



Sunset Ridge by Linda Lavin

## PHOTOGRAPHIC SCAVENGER HUNT AT STAATSBURGH STATE HISTORIC SITE FREE & FUN OUTDOOR FAMILY ACTIVITY THROUGH LABOR DAY

Through Labor Day, Staatsburgh State Historic Site invites you to explore the beautiful Hudson River landscape by taking a photographic scavenger hunt challenge! A camera and walking shoes are all that's needed to complete ten fun riddles on a loop through the grounds of the historic river-front estate. All ages are invited to participate – play solo or with a group. Learn about some of the highlights of the historic Gilded Age estate around the mansion while having fun! Find the signs on kiosks throughout Mills-Norrie State Park, and scan the QR code with your phone to get the clue sheet, or visit [MillsFriends.org/virtual/lets-go-outside/](https://MillsFriends.org/virtual/lets-go-outside/). Complete the hunt and submit your photographic answers via Facebook Messenger (@StaatsburghSHS) or email ([staatsburghshs@parks.ny.gov](mailto:staatsburghshs@parks.ny.gov)). Any group completing and submitting all 10 tasks will win coupons for ice cream



Kids at stone pedestal 2022

cones, courtesy of Stewart's Shops. Prizes will be available through September 4 or while supplies last. We invite you to post on Facebook or Instagram and tag us or use the hashtag #StaatsburghScavengerHunt. Families may also wish to hike the woodland trails beginning at Staatsburgh; have a picnic; or stroll along the Hudson River after enjoying the scavenger hunt. Staatsburgh State Historic Site is offering many free,

Continued on page 2

## Ruth Piwonka Scholarship Award Recipient Jonah Howard

The Jacob Leisler Institute for the Study of Early New York History (Hudson, NY) is pleased to announce it has selected Jonah Howard, a graduating senior from Chatham High School, Chatham, New York, as the 2023 recipient of the Ruth Piwonka Scholarship. Jonah demonstrated dedication to the study of history through his submitted essay supported by a strong letter of recommendation. Given the strength of his application, the board decided that Jonah was the candidate of choice for receiving the award. The scholarship, in memory of Columbia County historian Ruth Piwonka, will help to further Jonah's education at The College of Saint Rose in Albany. This scholarship is given annually in memory of Columbia County historian Ruth Piwonka, Trustee Emeritus of Jacob Leisler Institute, who passed away in August 2021. Former executive director of the Columbia County Historical Society, 1976-1983, and author of numerous works on Columbia County, Ruth was Kinderhook Village Historian at the time of her death. Her affiliations in Columbia County were broad, covering school districts throughout the county. The scholarship is open to students in the school districts that Ruth affected. Donations to the Ruth Piwonka Scholarship fund may be made to the Jacob Leisler Institute, PO



Jonah Howard

Box 86, Hudson NY 12534. For further information contact the Jacob Leisler Institute: [info@jacobleislerinstitute.org](mailto:info@jacobleislerinstitute.org).

## THE HUDSON RIVER VIEW ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

[Hudsonriverview.net](http://Hudsonriverview.net)

The August Edition Of The Hudson River View Will Be In Area Homes On August 2nd The Deadline For Advertising And Press Release Submission Is July 19th

# ACCORDING TO QUACKERS



## The Month of July

July is named after Roman dictator Julius Caesar (100 B.C.-44 B.C.). Caesar developed the precursor to the Gregorian calendar we use today. Find out the origin of each month's name.

### July Calendar

**July 1** is Canada Day, a Canadian federal holiday that celebrates the creation of the Dominion of Canada in 1867.  
**July 3** brings the start of the hot and sultry **Dog Days of Summer!** Read all about the Dog Days of Summer.  
**July 4** is **Independence Day** (U.S.). On the fourth of July, we celebrate the adoption of the Declaration of Independence in

1776. Don't forget to raise the flag! (See American Flag Rules.) See our full Independence Day page and enjoy trivia—plus, refresh your memory on the real meaning of this day.  
**July 14** is **Bastille Day**, which commemorates the storming of the Bastille and the start of the French Revolution.  
**July 18** marks Islamic New Year, which begins with the first sighting of the crescent Moon after the new Moon in the month of Muharram. This event signals the start of the Islamic lunar calendar year.  
**“Just for Fun” Days**  
**July 11:** International Town Criers Day  
**July 17:** World Emoji Day  
**July 22:** Spooner's Day  
**July 23:** National Day of the Cowboy  
**July 27:** Take Your Houseplants for a Walk Day

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 THANK YOU!

### Photographic Scavenger Hunt from page 1

outdoor family programs this summer. For a complete list and to register: <https://Bookeo.com/StaatsburghSHS> Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at [Parks.NY.gov](http://Parks.NY.gov), [Facebook](https://Facebook.com), or follow us on [Twitter](https://Twitter.com).

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### Do you have the “write” stuff? If so...

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For more information contact  
 Mark or Doreen at:  
[hrview@yahoo.com](mailto:hrview@yahoo.com)



## Churchtown Firehouse

2219 County Route 27 Claverack, NY

Saturday, July 15th  
 2:00pm - 4:00pm

Dinner Includes:  
 1/2 Chicken  
 Simple Sweet Corn w/a saute' pepper union  
 Baked Potato  
 Homemade Coleslaw  
 Dill Pickle, Corn Bread  
 David's cookies



Donations may be sent to Churchtown Fire company  
 PO Box 193 Claverack, NY 12513

### ALL PROCEEDS TO BENEFIT JEREMY BRANDT

Jeremy is 44 years old has recently been diagnosed with an aggressive form of TCC left distal ureter cancer, after passing a kidney stone and having a cyst removed from his ureter. He currently has a stent in his ureter to assure it stays open. Jeremy is married and has two sons ages 8 and 2, who are both very active. Jeremy has always been a hard worker and often works 7 days a week with his side jobs to support his family. Unfortunately, the cancer has limited his physical abilities at his job and at home. Furthermore, after his surgery to remove his left kidney, ureter and possibly part of his bladder, he will be completely laid up for at least 2-3 months. Jeremy does not have a where he accrues sick/paid leave and therefore, will only receive temporary for his recovery time. Although his boss is very supportive. Your support is greatly appreciated!

Tickets: (518) 821-0934 or (518) 821-4079

# THANK YOU!

## Michael C. Howard for Columbia County Court Judge

Thanks to everyone for all your support during the primary. I'm looking forward to the November election and the opportunity to serve as your County Court Judge.

- Michael C. Howard



[ElectMichaelHoward.com](http://ElectMichaelHoward.com)

Scan here or call  
**518-828-6110**  
 for more info



Paid for by Michael C. Howard for County Judge

### July events at the Kinderhook Library Summer Reading Kick Off Party!

Thursday, Jul 6 at 5:00pm  
 Rothermel Park  
 It's that time again! Come sign up for Summer Reading at our annual Kick-Off Party at Rothermel Park featuring the always popular Two by Two Animal Haven! We will have information packets and Reading Folders for when you

sign up that gives the rundown on our Summer Reading Program this year, the theme of which is "All Together Now!" Light refreshments will be served.  
**Teen Water Gun Painting**  
 Friday, Jul 14 from 2:00pm - 3:00pm  
 Grades 5-12  
 Who needs paint brushes when you could have chaos? We're painting outside today with water guns instead! Join us on the Library's front lawn to create

some unique pieces of art you can possibly even be proud of! Have something you want to add some color to? Bring it over and see if you can zhuzh it up! Side note: be sure to wear something you don't mind getting paint all over.

### Local Personal Two-Way Radio Workshop

Saturday, Jul 15 at 2:00pm  
 Learn about the importance of developing a strong, local two-way radio network! Developing a strong radio network is important for community resilience, but it needs support to strengthen it. Learn about the importance of personal two-way radios, how to get started on your own, and how these can help in situations where cell phones cannot.

### Family Performance: Mountain Dulcimer and more!

Thursday, Jul 20 at 11am  
 If you and your family love music and learning about unique instruments, be sure not to miss this performance by Deb Cavanaugh this summer! Deb will be playing and talking about

her mountain dulcimer, a unique string instrument originating in Appalachia. She'll also bring a crankie (a moving panoramic story) and a limberjack (no explanation—you've just gotta see it!) This is an event that the whole family can enjoy; come learn about these truly unique pieces of Americana together!

**Teen Library Takeover**  
 Friday, Jul 21 from 4:00pm-10:00pm  
 Grades 8-12  
 Registration Required at the Library by Jul 19 to attend!  
 You read that right. Teens are taking over the Library for a whole 6 hours this summer! We'll

Continued on page 4



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**ACROSS**

- Great divide
- Making waves on the Atlantic
- Aswan structure
- Type of race
- Rice dish (var.)
- Part of a post-work plan
- Leave for additional military duty
- Moo \_\_\_ pork (Chinese dish)
- Evening gala
- Of base eight
- Best way to drive
- Common sense
- Wise goat in "Animal Farm"
- Deli offering
- Elevator man
- Diamond unit
- Baseball necessity
- Part of prime time
- Alpine abodes
- "\_\_\_ as directed"
- Fraction of a joule
- Muddies up
- Eyelid affliction
- Elegantly designed
- Irish moonshine
- Plans, as a course
- Can't stand
- Jewish theologian
- Root vegetable
- Lennon's wife
- Risk having an altercation
- Former French coin
- "Waste not, want not," e.g.
- Like good dishwater
- Command to Fido
- Easygoing jogger
- Troops' rest area

**DOWN**

- Old computer screen
- Not him
- In the style of, on menus
- Third-generation Japanese-Americans
- Indian industrial city
- Impersonator's shtick
- Wheelbarrow necessity
- \_\_\_ gin fizz
- All the water in France
- Fast-food ventures of yore
- Dishes out
- Enlightened one, in Buddhism
- Really roughs up
- Jam-pack
- Sky-\_\_\_ (TV news vehicle)
- Clobbered, biblically
- Inner's opposite
- Causes
- Blind part?
- Noted explorer La \_\_\_
- Aphrodite's man
- Adam's boy
- Heretofore
- Young people
- Absolutely necessary
- Some males on the farm
- Leave the office temporarily
- Sphere
- \_\_\_-up rage
- Serving no purpose
- Vampire repeller
- Asian capital
- Clothesline alternative
- It may be set in the woods
- Persuade
- "Much \_\_\_ About Nothing"
- Cosmetic safety org.
- Deadly snake
- "The Catcher in the \_\_\_"

**MOVE IT ALONG** By Rob Lee

1	2	3	4	5	6	7	8	9	10	11	12	13
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49						50	51					
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58					59					60		
61					62					63		

Solution on page 5



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**July Events at the Kinderhook Library from page 3**

have movies, gaming, pizza, art, buttons, and more zany activities that this library can handle during normal business hours! Registration is required for this event; for more details on how to sign up, visit our website or email [teens@kinderhooklibrary.org](mailto:teens@kinderhooklibrary.org)!

**Sunday Concert ft. Sonny & Perley**  
Sunday, Jul 23 at 3:00pm  
Stuyvesant Town Hall  
Come down to the Stuyvesant Town Hall to hear the musical stylings of the inimitable Sonny & Perley with special guest Lou

Pappas on bass! Enjoy a range of music, from jazz standards to bossa nova to their picks from the Great American Songbook.

**Teen Pizza Portraits**  
Tuesday, Jul 25  
at 1:00pm-2:00pm  
Grades 5-12  
Stuyvesant Town Hall  
Recreate your face on a pizza! Join us at Stuyvesant Town Hall to build a pizza bagel in your own image. No registration required, but please alert the library of any food allergies we should be aware of by July 18!

**So You Want To Be a Citizen Scientist**  
Tuesday, Jul 25 at 4:00pm

For some of us, science is more of a hobby than a career. Did you know that there are many ways that us non-professionals can help the greater science community? Come learn about what it takes to become a "citizen scientist" and how you can get involved in gathering scientific data with real world results!

**Spencertown Academy Juried Art Show Call For Submissions**  
**Deadline for Entries: August 16**  
Spencertown Academy Arts Center announces a call for submissions to its annual

Regional Juried Art Exhibition. This year's theme is "Homes, Hamlets & Villages: Style and Lifestyle in Small Towns and Rural Communities." The guest jurors are Carrie Chen (Carrie Chen Gallery, Great Barrington), Linden Scheff (Carrie Haddad Gallery, Hudson), and Wednesday Nelena Sorokin aka Nelena Soro (artist and instructor at Berkshire Art Center and Springfield Museum). The deadline for submissions is Wednesday, August 16 and the exhibition will run from September 30 through October 29. "Centuries of settlement in the Hudson Valley (and nearby Berkshire hills) have resulted in a region that is rich in heritage and visual character. While our area is perhaps best known for its

tradition of landscape painting, in this show we're asking artists to go beyond the landscape and submit art inspired by the human imprint on our region—whatever you find iconic, distinctive, or visually compelling about small town and/or rural life," says Meryl Enerson of the Spencertown Academy Curatorial Committee. "We're excited about the 2-D and 3-D works we'll be able to exhibit, because we feel the theme offers artists a wide range of subject matter, from exteriors to still lifes, from crowd scenes to portraiture, with a theme that should feel close to home." There will be cash awards for first, second, and third places, audience favorite, and two honorable mentions. This exhibit

**Continued on page 5**

**THANKS TO ALL OUR SPONSORS!**  
Your time, donations, food and prizes helped make it a Great Post-Prom Party!!!

**CONGRATULATIONS TO THE Class of 2023**

- Red Hook High School •

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Burnett & White Funeral Home	Red Hook Little League	<b>Friends &amp; Family</b>
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Cascade Plumbing & Heating	Red Hook Faculty Assoc.	Barbara Blisko
Cavallo Fine Jewelry	Red Hook Raiders Sports	Robert Carruthers
Charlie O's	Red Hook Rotary Club	Joe & Lori Coon
C.J.'s Pizza	Red Hook Stationary	Daniel Freedman & Christine Chale
Conway's Lawn & Power Equipment	Red Hook Veterinary Hospital	Sharon Wilson Gallo
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Dutchess Optometry	Samuel's Sweet Shop	Michael and Bernadette McCrudden
Enzo's Ristorante & Pizza	Sante Fe Restaurant	Carol Ann Miles
Felicity Designs	Sew and Vac	Paul & Kate Peterson
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**Spencertown Academy  
Juried Art Show Call For  
Submissions from page 4**

is open to submissions from residents of Columbia County, NY and the following surrounding counties: Rensselaer, Albany, Schenectady, Ulster, Dutchess, Greene, and Saratoga in NY; Hampshire and Berkshire in MA; and Litchfield and Fairfield in CT. Entries must be original works of art created in the last three years, and not previously exhibited at the Academy. Art made with any media except giclees and AI-created

images will be considered. For the exhibition prospectus and submission guidelines, see <https://spencertownacademy.org/gallery/prospectus-regional-juried-fine-art-show/> Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact [info@spencertownacademy.org](mailto:info@spencertownacademy.org).

**"The End of an Era"**

By Frances Sandiford  
Without even a rumble of a drum, A.L. Stickle Variety Store, a longtime fixture on Market Street in the village of Rhinebeck, closed this May. The store had been in business for 76 years. For as many years, Rhinebeck residents and visitors alike could be sure to find something useful or interesting there, and friendly service, too.

Over the years, Stickle's survived many challenges: the advent of the big box stores in Kingston, and the ups and downs of the economy, but until now the owners had kept on. Currently the store windows have a "For Rent" sign, but we don't know what will fill that vacancy. We know only that the Stickle family is considering something new. Matthew Stickle, the current proprietor, and grandson of the founder, could not be reached for comment. Stickle's was a quirky store, It held items from the past, as well as stationary from the present. Village residents are reacting to the closure. Many have grown up with Stickle's or grown old with them! My last purchase was a large print



calendar with squares big enough for messages, my neighbor bemoans the loss of a place to get lace trimmed hankies. Knitters and crafters will miss the extensive yarn, wool and sewing notions. We in the community they have shared for so many years wish the family well!

Catskill Mountain Shakespeare presents: **AS YOU LIKE IT** featuring a Live Folk Rock Music Soundtrack. July 15-30. Evening shows @ 7:30pm. Matinees @ 2pm. Outdoors and under a tent at The Red Barn, Main Street, Hunter. Tickets \$35 adults/\$20 students & seniors. For tickets, the full performance schedule and more info: [catskillmountainshakespeare.com](http://catskillmountainshakespeare.com)

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## 4<sup>th</sup> of July Safety Tips for Dogs

Presented by Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

Independence Day celebrations can be great fun for humans, but the noise and visual stimulation can be traumatic for a dog. By following a few precautions and being aware of your dog's perceptions of the world, you and your dog can have a safe and happy holiday experience. Following are some Independence Day pointers to protect your dog and keep it safe! If you are going to a fireworks display, leave your dog at home where he will be the most safe and comfortable. If you do bring your dog to an event, don't leave him in the car. A partially opened window does no supply sufficient fresh air, and it creates an opportunity for your pet to be stolen.

Dogs don't generally like fireworks. The bangs, explosions and bright lights – accompanied by screams, sirens, and other howling dogs – create confusion and fear. It's not uncommon for a dog to run away from home after being frightened by fireworks.

Don't leave your dog outside. Bring your dog inside to protect it. If this is not possible, cover the crate or kennel with a blanket to offer your dog a little protection from the bright flashes and loud bangs. Always remember a dog's sense of hearing is acute – more than 10 times more sensitive than humans'.

Keep your dog away from doors. Your dog may be under significant stress, which could result in unnecessary injury to your dog and/or others or cause your dog to dart out the door and get lost or hit by a car.

Create a special area or "den" where your dog feels safe. A properly introduced crate or kennel can be a great den for your dog.

Keep windows and curtains closed to reduce noise and bright flashes.

Turn on a TV or radio to distract your dog from loud noises and help it to relax. Choosing soft, comforting music usually works best.

Some dogs become destructive when frightened. If you don't use a crate, be sure to remove any items in the room that your dog could destroy or that could hurt him if he chewed them.

Try to stay with your dog during the majority of the fireworks, if possible. A dog often reacts more intensely to loud noises and flashing lights when you are not there.

Always have identification securely on your dog, in case it gets out. Consider talking to your veterinarian about a micro chip that would be injected under your dog's skin to permanently identify him in the event he loses his collar and tags. Consider hiring a pet sitter to stay with your dog while you are away from home.

Independence Day is a great time for celebration. By taking some precautions, you and your dog can have a safe and happy holiday experience. And the results?

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Continued on page 11

## Seizures in Dogs and Cats

By Julianne Porter, DVM

If you have ever witnessed any animal or person having a seizure, it can be very frightening. This article will briefly outline the types of seizures that can affect dogs and cats and how we typically approach diagnosis and treatment.

Seizures are caused by excessive electrical activity in the cerebral cortex of the brain. This can result in widespread or focal effects. Generalized seizures involve the entire body. Pets generally will fall over, lose consciousness, and stiffen/contract their bodies. They may also paddle or kick their legs. Focal seizures typically involve only one body part. Pets often don't lose consciousness, but they will have an involuntary behavior (i.e. chewing or holding up a leg). The key here is involuntary – they cannot stop it and owners cannot coax them out of it. Psychomotor seizures result in abnormal behavior (vs. an abnormal movement). The pet could just stare blankly or have an episode of rage where it does not recognize anyone.

It is important to note that seizures can be difficult to tell from cardiovascular events/fainting. In both, animals can involuntarily fall to the ground, stiffen, and urinate/defecate. Often, seizures will be preceded by an aura (a feeling associated with an impending

seizure) and followed by a post-seizure period where the pet is disoriented or even blind. With fainting, they are usually up and normal quite quickly. However, there can be exceptions to both events, so it is not always clear.

Seizures can be caused by genetic predisposition, congenital defects, infections, toxins, tumors, and trauma. The age that a pet first has a seizure can clue us into the possible cause. In pets less than 6 months of age, infection (canine distemper, toxoplasma, neospora) and congenital problems (liver shunts) will fall into this category. Very young pets can have trouble regulating their blood sugar, and low sugar can cause seizures as well. If the pet's age is between 6 months and 6 years, the diagnosis is often primary epilepsy. In pets older than 6 years, tumors of the skull or brain would be the most common cause.

If your pet has a seizure, be sure they are in an area that they cannot hurt themselves – away from stairs or a cliff, away from sharp furniture. Do not try to pet them as you could be injured. If you must move them, use a blanket to protect yourself and avoid their face. The next best thing you can do during an event is video record them. If the seizure lasts more than 5 minutes or your pet has

multiple seizures in one day, it is best to take them directly to your veterinarian as some seizures will not stop without medical intervention. Prolonged seizure activity can cause the body temperature to rise dangerously.

Lab work is often performed to try to rule out metabolic and infectious causes of seizures. If infection is suspected, additional specific tests may be performed. The pet's history, age and breed can also help narrow down possible causes. Ultimately, an MRI and spinal tap may be indicated to determine the cause.

Treatment is focused on addressing the underlying cause, if one can be found. Anti-convulsant therapies may be indicated depending on how often seizures are occurring, how long they last, and how violent they are. There are a few different medications and supplements that may help – your veterinarian can discuss each to determine which is best for your pet. Diets with medium chain fatty acids as the fat source will have anti-seizure effects as well, so that should be a component of your pet's treatment.

Observing a pet having a seizure can be frightening. If this occurs, your veterinarian can help by providing diagnostic and treatment options.

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# God's Corner

## FREEDOM IN CHRIST

"If the Son therefore shall make you free, ye shall be free indeed" (John 8:36). On July 04, the United States celebrates Independence Day. 247 years ago, the Declaration of Independence was signed by fifty-six men stating the Independence of the Colonies from Great Britain. Nearly 2000 years ago the Lord Jesus Christ gave His life on the Cross willing to guarantee to all that trust in Him and Receive Him into their life as their Personal Savior and Lord Freedom from sin and the gift of Eternal Life.

## STANDING FAST IN OUR FREEDOM IN CHRIST!

"Stand fast therefore in the liberty wherewith Christ hath made us free and be not entangled again with the yoke of bondage" (Galatians 5:1). The Believer needs to stand fast in Freedom and enjoy all the Blessings that they have in Christ. It imperative for Believers not to be entangled again with the yoke of bondage or be placed under a legalistic system which will rob them of living a life by the grace of God and in the power of the Holy Spirit.

## THE PRIVILEGE AND RESPONSIBILITY OF FREEDOM!

"For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh: but by love serve one another" (Galatians 5:13). The Christian is blessed to be called unto liberty. It is a privilege to be free in Christ. While the Believer is free in Christ, they must never take their freedom in Christ for granted, and or live a life in the flesh. The Believer needs to understand that with freedom also it is required to live a responsible life before others and to serve others with a heart of love.

WE GIVE ALL PRAISE, HONOR, AND GLORY TO OUR PRECIOUS LORD!  
Remember this: "Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty" (2 Corinthians 3:17). I urge you to turn to the Lord Jesus Christ now and receive your only Hope of having Eternal Life. Jesus paid the price in full for your salvation on the Cross. "Greater love hath no man than this, that a man lay down his life for his friends." (John 15:13). When you truly believe on and receive the Lord Jesus Christ as your Personal Savior you will know true Freedom in Him!

If you like to know more about the Ministries at GBFC or want to know about what it means to be a Christian, feel free to contact us by Email at [fdcirone@aol.com](mailto:fdcirone@aol.com) or by Phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Rout 9 and Route 9G, 1/4 mile north on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

## Bonding With Our Father

By Naomi Fata  
One of my best friends adopted two small children from Ethiopia about ten years ago. Before the adoption she and her husband knew that frequently orphaned children have a challenging time attaching to adoptive parents. In part this is because they have not had two main caregivers; they have had many. Up until now, the children had not had parents to whom they belonged, so they viewed everyone as a potential "caregiver". After the children arrived, they frequently practiced babywearing, to help the children bond. That first year was primarily dedicated to forming that secure attachment.

Last month I wrote on how our attachment to our earthly fathers relates to our view of God. Much like children who have been adopted, we must learn this form of attachment to God. After all the Bible so frequently references our adoption into his family. Look at Romans 8: 15 "You received God's spirit when He adopted you as His own children."

Thinking of the practice of baby wearing to form that bond between parent and child, it is something that takes time. Time for the relationship to grow and attach. Within our culture, both secular and religious, there is a strong emphasis on accomplishment, productivity, and instant gratification.

However, growing in trust, forming bonds, and building relationship (both with God and with others) is a long-term investment that doesn't always have visible rewards. "Doing" often takes precedence over "being". Perhaps even in terms of "doing" for God, versus "being" with God.

I wonder if perhaps too often the next steps of faith are focused so heavily on learning doctrine and the moral way to live according to the Bible, with very little emphasis on truly bonding to God as our Father who loves us. One of the very first steps to forming this

bond is beginning to know from our hearts, not just our heads how much God wants to know us. We are the apple of His eye, created in His image. Just like parents are overjoyed when their adult children want to spend time with them, God is overjoyed when we truly enjoy being with Him.

One of the biggest challenges to being authentically in the presence of God, is ourselves. Think of Adam and Eve in the garden, after they had sinned, they felt shame and hid from God. In shame we often hide from our relationship with Him.

Sit with Him, let Him wash the shame away. Find identity in being called His child, through the miracle of adoption. Naomi Fata is the Author of Beyond Head Knowledge: Knowing Christ who Satisfies our Hearts.

## Cornell Cooperative Extension hosts the Christmas Tree Integrated Pest Management Field Scouting & Research Updates Twilight Meeting in July

Cornell Cooperative Extension Dutchess County is proud to present the annual Christmas tree Integrated Pest Management (IPM) Field Scouting and Research Updates Twilight Meeting on Wednesday, July 26, 2023, from 6:00 - 9:00 PM at Plains View Farm in Pleasant Valley. This event is generously hosted by Glenn Wade, 3rd Steward of Plains View Farm.

Cornell IPM Program specialists Dr. Betsy Lamb and Brian Eshenaur will focus on current effective and economical methods of managing pests, diseases, invasive species, and weeds. Participants are welcome to bring their own samples and/or photos for identification, discussion, and management.

"We are glad to be able to provide this annual workshop and information to our local Christmas Tree farmers, arborists, and landscapers," said Stephanie Radin, long-time Program Leader of Cornell Cooperative

Extension Agriculture and Horticulture programs. "We'll also be providing 2.5 NYSDEC Pesticide Recertification Credits (Categories 2, 3A, 10, 25) and 2.5 ISA (International Society of Arboriculture) CEUs pending approval."

Registration is required. \$40.00 per person, \$65 for two from the same business, \$30 for each additional person from the same farm. Registration deadline: July 21st, \$65 for walk-ins. Norefunds, but substitutions allowed.

Cash, check, money order, purchase order, VISA/MasterCard accepted. Credit card payment must accompany phone registration. To register by phone, call Francheska Kuilan at 845.677.8223 X115 To process your registration online, please visit <https://ccdutchess.org>

Please visit our website for more information on this event and the other programs and services Cornell Cooperative Extension Dutchess County.

## The 14th Annual CGHS Day Fundraiser

was held at the Ghent Dairy Queen on Saturday, May 13. The event raised \$1,800, bringing the cumulative total to over \$15,000 since it began. Our very special thanks to Owner of the Ghent Dairy Queen Martin Silver for his unwavering generosity, and, of course, to all the DQ customers who made this day such a success.



CGHS/SPCA Volunteer Special Event Coordinator Jennifer Newton, Owner of Ghent Dairy Queen Martin Silver, CGHS/SPCA President/CEO Ron Perez, and Honey the cat, who has now been adopted.

## The Claverack Free Library

is pleased to announce a series of free art classes running from July to October 2023. **Art Among the Stacks** will offer art classes for teens and adults. Classes are designed to teach the basics of drawing, painting and other art mediums as well as providing guidance on the use of various tools and materials.

The series will launch on July 15th with an **Introduction to Artistic Materials** taught by local artist Patricia Powers. This will be a hands-on class for the novice or evolving artist to

experience a range of mediums and tools for drawing and painting. Topics will include student versus professional grade media, which brush to use, surface prep, safe handling of materials, and more. Materials for demonstration will be provided.

On July 22 Alison Fox will lead a **Mandala Workshop for Creativity and Relaxation**. This workshop will teach the basics of mandala drawing in a relaxing setting that will allow creativity to flow. Materials will be provided. Suitable for ages 12 and up, no prior art experience is necessary.

In August, retired Hudson High School Art teacher Gary Finelli will teach two 3-session drawing classes. **Drawing for Beginners** will introduce students to the fundamentals of drawing through observation and technique; this series is suitable for beginning artists or for those who want to improve their skills. **Advanced Drawing** will offer more experienced students the opportunity to build on their knowledge of the principles of drawing and design. All art materials will be provided.

In September, local Artist Maryna Bilak will teach a four session **Fresco Painting Workshop**. Participants will be introduced to the theory and practice of the oldest method of painting. At the end of the course individual fresco pieces will be framed and shown in the Claverack Library Gallery. In addition, the entire class will create a final group project, a larger-scale mosaic fresco. No prior art experience is necessary. All materials will be provided.

In October, local artist Patricia Powers will lead a two session **Bookmaking Workshop**. Participants will be guided through the process of creating artistic pieces using fabric, paint, images, tools, and inspiration, and instructed in the use of materials both familiar and unfamiliar. All materials will be provided.

To register for any or all of these classes please call the library 518-851-7120 or email [info@claveracklibrary.org](mailto:info@claveracklibrary.org). Library parking is located at 629 Route 23B, Claverack NY.

This project is made possible with funds from the Statewide Community Re-grants Program, a regrant program of the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature and administered by CREATE Council on the Arts. The Claverack Free Library is grateful for this support.



## Lutheran Parish of Northern Dutchess

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For information about Grace Bible Fellowship Church, please call (845) 876-6923 or (845) 876-2122 or email us: [fdcirone@aol.com](mailto:fdcirone@aol.com)



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Youth Nights on Fridays at 6:30pm



### Red Hook Curry House from page 1

prepared dishes and fresh culinary counterpoints. The flavorful spices and sauces of Indian fare are also something that must be experienced.

Mohammed and his nephew Muhfuz say that customers definitely tend to develop favorites.

“So people mostly like the Chicken Tikka Masala,” says Muhfuz. “And Chicken Korma is a very popular one, everybody likes it. It’s very, very sweet. People like sweet, you know, we make it sweet. If people like spicy, we make it spicy. But it’s so delicious, there is coconut, almonds. So sweet.”

Mohammed adds, “Some people say ‘we don’t like spicy’. We have the mild food too. We have mild and hot, whatever they want, we can make it.”

Lamb, known as an especially healthful meat choice, makes another appearance as a central ingredient of a Lamb Mushroom Curry. Shrimp lovers will enjoy the Shrimp Biryani, which contains coconut milk and rice. And lentils, a staple of near eastern and mediterranean cuisines, is featured in dishes like Lentil Dahl, which is renowned as a healthful curry based soup.

There are other vegetarian entrees as well, such as Alu Motor Gobi (fresh cauliflower, potato and peas cooked with onion, tomato and herbs), Chana Shag (spinach and chickpeas) and a mixed vegetable curry.

House specialties include a wide selection of Indian Breads that are baked fresh to order. Garlic Nan is always a favorite, but there are also Paratha and Poori styles. And as the Red Hook Curry House menu says, “An Indian meal without breads is not complete.”

Their appetizers will also not disappoint. Choose from meat or vegetable Samosas, Bhujia (onion fritters), Kebabs, Papadum (spiced lentil wafers), to name a few, or try an assortment from one of their popular mixed platters.

Diners can opt to start a meal with Chicken, Vegetable, Coconut or Mulligatawny soup.

Mohammed says steaming pots of Indian Chai, made from a traditional family recipe, are popular no matter the weather or time of year.

Guests with special dietary concerns such as allergies can be accommodated, by letting their server know about any requirements or preferences. Mohammed says they avoid using cashews in their dishes, due to many people having a cashew allergy.

One of the great things about Red Hook Curry House is that Maksudha is always creative in the kitchen, making sure

the restaurant menu changes things up frequently so those dining “don’t get bored, but can always find favorites.”

Be sure to ask about the chef specials that are not on the regular menu. These can include Tamarind Chicken, Malai Kebab, Salmon Curry, and seasonal culinary surprises. Another standout feature of Indian cuisine is that with the emphasis on vegetables, intriguing sauces and surprising spices, there’s also less fat than many American restaurant go-to’s.

Mohammed shares that “Indian food is a popular food, because people who try it are sometimes more used to eating hamburgers, or something like that. And that is very fatty food. There are many Indian dishes that don’t have that kind of fat.”

Of course, good health doesn’t prohibit splurging now and then. And the desserts at Red Hook Curry House are worth the cheat.

Options include Rasmalai (homemade cheese with sweet cream), Glob Jaman (fried saffron rice-ball in syrup), Rice Pudding and Malai Kulfi (pistachio pudding cake).

And then there’s always one of Mohammed’s favorites: Mango Ice Cream.

**The People Are What Make It Special**

Mohammed says the part of the business he enjoys the most is

meeting the “very nice customers.”

There are many regulars, and the restaurant is also a favorite with Bard students.

He said Red Hook Curry House, like many small businesses, had to adjust to make it through a tough period, during the Covid pandemic, and economic downturn.

Restaurant hours were affected, and the restaurant still closes earlier now than in pre-pandemic days. Filling staff positions has also been more challenging.

But despite that, Mohammed and Maksudha can proudly say that they are celebrating 23 years in business operating their restaurant. Mohammed opened Red Hook Curry House in 2001. Prior to that, he owned another Indian restaurant just south of Rhinebeck, and also gained a lot of restaurant experience in New York City.

Mohammed and his family have resided in Rhinebeck for many years. But he felt that Red Hook was a great central Northern Dutchess location for an Indian Restaurant.

And they say they have the community to thank for their continued success. Of course, having amazing food and a welcoming vibe makes the Red Hook Curry House a place that’s easy to make a habit, whether spicy or sweet.

**Continued on page 12**

## Foster's Coach House Tavern

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### Grilled Firecracker Potato Salad



**Ingredients**  
 3 pounds small red potatoes (about 30), quartered  
 2 tablespoons olive oil  
 1 teaspoon salt  
 1/2 teaspoon pepper  
**dressing:**  
 1-1/2 cups mayonnaise  
 1/2 cup finely chopped onion  
 1/4 cup Dijon mustard  
 2 tablespoons sweet pickle relish  
 1/2 teaspoon paprika  
 1/4 teaspoon cayenne pepper  
**salad:**  
 6 hard-boiled large eggs, chopped  
 2 celery ribs, finely chopped  
 Minced fresh chives, optional

**Directions**  
 Toss potatoes with oil, salt and pepper; place in a grill wok or basket. Grill, covered, over medium heat 20-25 minutes or until potatoes are tender, stirring occasionally. Transfer potatoes to a large bowl; cool slightly.  
 In a small bowl, mix dressing ingredients. Add dressing, eggs and celery to potatoes; toss to combine. Refrigerate, covered, 1-2 hours or until cold. If desired, sprinkle with chives.

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## Inaugural Class of CMH Nurse Residency Program Celebrates Graduation

Program Prepares New Nurses to Provide Bedside Care and Lead Rewarding Careers

Columbia Memorial Health (CMH) today announced the graduation of 10 nurses from CMH's inaugural Nurse Residency training program. Nursing residency programs have been growing in hospitals across the nation as a means to better prepare new nurses to provide better patient care and enjoy greater job satisfaction.

The new graduates recently completed an intensive six-month curriculum at CMH focusing on a number of specific areas including quality improvement, patient safety, evidence-based care, professional development,



Pictured above is the inaugural CMH Nurse Residency class joined by several CMH nurse leaders.

communication skills, and adapting to and positively influencing workplace culture.

Stephanie Hisgen, CMH's Chief Nursing Officer and Vice President for Patient and Clinical Services, said: "Our nurse residency program was designed to help new nurses transition from

academic preparation to bedside competency. The nurse residency approach recognizes that new nurses need a far more structured and supported transition to bedside care so they can provide safer and higher quality care. The approach also better ensures new nurses can succeed, feel rewarded and advance in what is a dynamic and stressful environment."

According to the U.S. Bureau of Labor Statistics, new to practice nurses are leaving the nursing profession at rate of nearly 17 percent within their first year and up to 30 percent within their first three years. Nurse residency programs have proven to be an effective counter to these troubling trends.

A study published by the Institute of Medicine entitled *The Future of Nursing: Leading Change, Advancing Health* concluded: "Learning experiences that build professional relationships,

incorporate strong support from preceptors, mentors, and nursing leadership, provide respect, and build confidence, are all linked to positive perceptions of job satisfaction and are integral components of a healthy work environment which has been identified as a predictor of improved nursing retention."

CMH President and CEO Dorothy Urschel said: "The combination of an aging population and a considerable national workforce shortage has placed a great deal of burden on our nurses, especially those who have just started their careers. We developed this program to better prepare our nurses to succeed clinically and professionally, and to respond to the needs of our nurses and nurse candidates to help them lead rewarding and fulfilling careers as caregivers." The next class of new nurses will begin training in July, with subsequent classes every six

months thereafter.

### About Columbia Memorial Health:

*Columbia Memorial Health* has served the Hudson Valley since 1893. Comprised of a 192-bed acute care hospital in Hudson, New York, and more than 40 primary care and specialty care centers throughout Columbia, Greene and Dutchess counties, Columbia Memorial Health provides services to more than 110,000 residents, with a focus on primary care, health education and advanced surgery. Columbia Memorial Health is a member of the Albany Med Health System, which also includes Albany Medical Center, Albany Medical College, Glens Falls Hospital, Saratoga Hospital, and the Visiting Nurses. The region's largest locally governed health system, it has 1,520 beds, more than 800 physicians and 125 outpatient locations serving the region's three million people.

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**Barkbusters from page 6**

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Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 16 years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at [www.BarkBusters.com](http://www.BarkBusters.com) where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara by phone at 1-877-500-BARK (2275) and join in the fun by "liking" us on Facebook at <https://www.facebook.com/>

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By Joseph V Cassarino  
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Address Above. Did You Know That Oxidative Stress Plays A Pivotal Role In The Development Of Diabetes Complications? DO You Know Inflammation Is Caused By Oxidative Stress? Do You Know University Research With AN \$88M Grant Discovered ProImmune To Be More Effective And Efficient Than N-Acetylcysteine (NAC)? Did You Know ProImmune Activates The Nrf2 Gene And The Nrf2 Gene Promotes Resolution Of Inflammation Thereby Strengthening The Immune System?

**July Events at Clinton Community Library**

Stay fly, it's almost July! There are so many programs happening this July at the library! For more specific information about any library programs, or to register, please call (845) 495-0655 or email [larnold@clintoncommunitylibrary.org](mailto:larnold@clintoncommunitylibrary.org)

**Special Announcement**

The library now has a new phone number!  
To reach us please call: (845) 495-0655

**Ongoing Programs:**

**Qi Gong with Vince** (online)  
*Important Note: Qi Gong is taking a break! There will be no Qi Gong during the month of July. Class will resume in August.*

**Story time on the Dot** (in-person)  
Tue. 07/11, Tue. 07/18, Tue. 07/25 at 10:30 AM

Join us every Tuesday at 10:30 for Story time! Listen to fun stories, sing songs, and have fun, all centered around a different theme every week.

**Who's Got Game?** (in-person)  
Mon. 07/11, Mon. 07/18, Mon. 07/25 at 3:30 PM - 4:30 PM

We do, we do! Roll into the library for some Monday evening fun. We will have different stations with board games and puzzles for the whole family!

All ages welcome

**Mah Jongg** (in-person)  
**(Optimistic Aging)**

Tue. 07/11, Tue. 07/18, Tue. 07/25 at 2:00-4:00 PM

Fri. 07/07, Fri. 07/14, Fri. 07/21, Fri. 07/28 at 2:00-4:00 PM

If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll want to give Mah Jongg a try! Players of all levels welcome

**AllLevelYoga**(inperson&online)  
Wed. 07/05, Wed. 07/12, Wed. 07/19, Wed. 07/26 at 6:00 PM (ONLINE)

Sun. 07/02, Sun. 07/09, Sun. 07/16, Sun. 07/23, Sun. 07/30 at 10:00 AM (IN-PERSON)

Join Mia Tomic and explore classical seated, standing and supine yoga poses linked with breath in a creative way to stretch, strengthen, and rejuvenate your

body, breath, and mind. Contact CCL for registration information.  
**Chair Yoga**, (in-person or online)  
**(Optimistic Aging)**  
Fri. 07/07, Fri. 07/14, Fri. 07/21, Fri. 07/28 at 11:00 AM  
Join Samantha Free on zoom for Chair Yoga for ALL. Learn the basics of breath, meditation, and movement. This class will help you stretch and strengthen. Registration required so that you can get the link. Please register online or call the library at (845)-495-0655.

**Zumba**, (in-person)  
Sat. 07/01, Sat. 07/08, Sat. 07/15, Sat. 07/22, Sat. 07/29 at 9:00 AM

Join Ginny Morrow for a fun fitness routine every Saturday at 9 AM. Pre-registration is not required. You may sign in at the door.

**Free Tech Help** (in-person)

Continued on page 12

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### Red Hook Curry House from page 8

Note that while Red Hook Curry House has no liquor license, customers are welcome to bring their own beer or wine. Reservations are normally not required, but Mohammed said groups of ten or more should make a reservation. Take-out is also available (and very popular.)

Red Hook Curry House  
28 East Market Street  
Red Hook, NY 12571  
845-758-2666  
<https://redhookcurryhouse.com>  
Days / Hours of operation:  
Monday - Wednesday 11:30-3:00, 5:00-9:00; Friday 3:00-9:00 (closed for lunch); Saturday and Sunday 11:30-3:00, 5:00-9:00; closed on Thursdays

### July Events at Clinton Community Library from page 11

Sat. 07/01, Sat. 07/08, Sat. 07/15, Sat. 07/22, Sat. 07/29  
9:00 AM- 1:00 PM  
Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime on Saturdays between 9AM-1PM or call the library at (845)-495-0655 to book an appointment.

**Book Club Meetings:**  
**Tea Time Book Club** (in-person) *July Selection: The Summer Book by Tove Jansson*  
Thu. 07/13 at 2:00 PM  
Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.  
**Global Literature Book Club** (in-person)  
No meeting in July

### SPECIAL PROGRAMS & EVENTS

**Monday July 3 at 1:30 PM** (in-person)  
**Crafts & Coffee**  
Join us for a lovely afternoon of coffee, crafts (and conversation!) For July we will meet ONCE on the first Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more. NOTE: We're switching to a once-a-month meeting for the Summer. We'll gather on the first Mondays: July 3rd, and August 7th for some great seasonal projects (and of course cookies!) *Space is limited. Register Online.*  
**Friday July 7 at 12:15 PM - 2:00 PM**  
**Tie-Dye Day**

Summer is a great time for some funky bright colors! Why not DIY your own tie-dye item? Visit the library on July 7th from 12:15 PM -2:00 PM for tie-dye day. The library will provide all the dye and rubber bands but please bring your own item to dye. You can bring any white/light colored fabric item such as a shirt, small tote bag, pillow case or anything you can think of! For elementary-high school ages. *Space is limited. Register Online.*  
**Saturday July 8 at 10:30 PM**  
**Animal Menagerie**  
Animal life in its diversity is astounding! The Sharon Audubon Center will be at the library with some special guests of live birds, reptiles, insects and related props. Learn about each group of animals as they compare the biology, behavior, ecology,

and the behavioral and physical adaptations of different animals. **Space is limited, please register!**  
**Thursday July 13 at 11:30 AM - 1:30 PM**  
**Lots of Legos!**  
The library has Legos! Come to the library for our very first Lego creation day. We will have tables with special challenges you can try out or feel free to check out the free play table and create something with your own imagination. Every Lego creation will be displayed in the library for the community to see! All you need to bring is your creativity and imagination. For elementary and middle school ages  
**Thursday July 22 at 12:30 PM**  
**Lunch & Learn: Bitter Farewell: The Esopus Indian Experience in the American Revolution**  
**Continued on page 13**



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Limit 2 at this price.



**July Events at Clinton Community Library from page 12**

This lecture is presented by ethnoecologist Justin Wexler, a researcher of Hudson Valley indigenous culture, language, and history for over 20 years. The three decades between 1755 and 1785 were a time of major upheaval for the native peoples of the Hudson Valley, culminating in a war that forced them out of their ancestral homeland. This presentation tells the dramatic story of the Esopus Indians and their neighbors, including the Wappingers, during this turbulent period by weaving together an array of archival sources and little-known oral history.

**Fridays in July & August at 6:30 PM Summer Concert Series!**  
 Summer music is coming to Clinton! Every Friday in July and August the Clinton Community Library and Clinton Recreation Park are co-sponsoring a concert for all to hear! All concerts are bring-your-own chairs. Join for some summer fun!  
**Schedule of musicians:**  
 July 7 - Betty & the Baby Boomers (at CCL)  
 July 14 - Len Nelson (at Fran Mark Park)  
 July 21 - Bernstein Bard Trio (at CCL)  
 July 28 - 8:00 PM - Brad Cole (at Fran Mark Park)  
 August 4 - Grampa Joe's

Washboard Band (at CCL)  
 August 11 - Vito Petrocitto (at Fran Mark Park)  
**About Clinton Community Library**  
 Clinton Community Library was established in 1965. It is located at 1215 Centre Rd. in Rhinebeck, NY, adjacent to the Clinton Town Hall. The library is open Mondays, Tuesdays, and Thursdays from 9AM-5PM, Fridays from 10:30AM-6:30PM, and Saturdays from 9AM-1PM. The Clinton Community is the recipient of the Joseph F. Shubert Award for Library Excellence. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit [www.clintoncommunitylibrary.org](http://www.clintoncommunitylibrary.org)



Fran Bufi, President GGC, Lynn Place, Librarian Germantown Library, Maureen Lockwood, Vice-President GGC, Irene Clum, Member of GGC.

*Backyard* which ties in with the club's theme for 2023 'Birds Bees, Flowers, and Trees'. The club meetings are free and the public is always welcome. For additional information about the Germantown Garden Club call Fran Bufi at 518-537-4868. The Germantown Garden Club is a member of District Three, Federated Garden Clubs of New York State, Central Atlantic Region and National Garden Clubs.



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**Germantown Garden Club Makes Annual Library Donation**

In 1928, members of the Germantown Garden Club were instrumental in creating the Germantown Library. Starting as a way for the members to share gardening books, over a period of time the collection of books grew. The books were first housed in a local establishment. After a number of years the number of books grew too large to be stored there so the idea of starting a lending library was born. In keeping with the history of those members, the Germantown Garden Club has continued to support the library both financially, with magazine subscriptions and an annual donation of a book on gardening. In recent years, the book donation has been tied with the club's theme for the year. The title of this year's donation is "The Good Garden: How to Nurture Pollinators, Soil, Native Wildlife, and Healthy Food-All in your Own

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## Red Hook's Memorial Park is Garden of the Month

By Carol Annas

How did Red Hook's Memorial Park come to be? In 1942 Oakleigh Cookingham donated a long narrow strip of land to the Village of Red Hook. It sits close to downtown. The community came together and decided the best use of this park would be to create a memorial for Veterans of Foreign Wars and to those who had made the ultimate sacrifice for their country. Harold Fell and his wife volunteered to search the cemeteries that served the Red Hook area to determine who had served in a foreign war and who had died serving overseas. Next came planning the monuments

and garden that would honor these veterans. The first monument was wooden and began to deteriorate. Stone monuments were designed to replace the original wooden monument. Today there are stone monuments to honor those who served in each of the wars from WWI through Vietnam and for those who died during those wars.

There is a long brick path between two rows of monuments that bear the names of community members who wish to honor or remember family members and friends. Each brick is a \$100.00 donation. The funds from the brick donations will be used to create stone monuments to honor those veterans who served in the Desert Storm, Iraq and Afghanistan conflicts. There are bricks still available and may be obtained through Red Hook VFW Post 7765, 30 Elizabeth Street,



Red Hook, NY 12571, 845-758-6212, [www.vfw7765.org](http://www.vfw7765.org). VFW members have volunteered to create the garden that surrounds the monuments.

There are granite posts with a chain linking the posts that are placed a distance away from the first row of monuments. Lavender and yellow day lilies have been planted all along this chain which gives it a soft welcoming look. The distance between the lavender plants and the large monuments has created a space that creates a feel of reverence. During Memorial Day services this open space is used for placing wreaths and 31 American flags in remembrance of those who have died in foreign wars. Next to the first row of monuments there are perennials and annuals that give a splash of color. Along the

brick path more colorful flowers compliment the stone monuments.

Everyone is encouraged to visit this Memorial Park to see how many wonderful details have been placed among the monuments and flowers. There are benches, stone pavers for each branch of the military, flags on

tall poles and other details that depict the pride and reverence of the community for those who have served and died in Foreign Wars. This beautifully planned and executed garden has been honored as Garden of the Month for June 2023 by Old Dutch Village Garden Club. Nancy Bendiner, Bill Moore, Claudine Klose and the archives of Historic Red Hook provided the history behind the Memorial Park.

## Needlework Supplies Flea Market

On July 12 find just the right materials to add to your needlework stash or get started with a new needlework experience. Find notions, supplies, kits, and tools to support the project you enjoy. Come to the Skyllkill Chapter of the Embroiderer's Guild of America (EGA) annual flea market and find what you need for your next project whether it's threads for stitching, yarn for knitting or crocheting, fabric for quilting or books and patterns for inspiration. Visit the Specialty Shop for completed or nearly completed projects. Fill a bag for \$7 or two bags for \$10. This event is at the Freedom Plains United Presbyterian Church, 1168 Rte. 55, Lagrangeville. Doors open at 9 am and close at 1 pm. For more information visit [www.facebook.com/SkylkillEGA](http://www.facebook.com/SkylkillEGA) or email to [EGASkylkill@gmail.com](mailto:EGASkylkill@gmail.com).

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**MAC-HAYDN THEATRE CUTS LOOSE WITH 'FOOTLOOSE' NEXT MONTH**

The Mac-Haydn Theatre continues its summer season of hits with "Footloose," the Tony and Grammy winning musical based on the decade-defining film of the same name, running July 6 - 16. Coming to the Mac-Haydn stage for only the second time in its history, "Footloose" follows the story of Ren McCormack, who receives anything but a warm welcome in his new hometown when he learns of the local ban on dancing instituted by the controlling preacher. When the reverend's rebellious daughter sets her sights on Ren, his reputation is on the line as he skirts the law, leading his class down the path to a proper prom night. Director Erin Spears Ledford and Choreographer Bryan Knowlton, the team that earned rave reviews for their collaboration on last season's "Kiss Me, Kate," reunite to helm the production. They are joined by Music Director Eric Shorey and Assistant Music

Director Alessandra Alcalá. The production will feature scenic design by Erin Kiernan, along with lighting design by Andrew Gmoser, costume design by Bethany Marx, sound design by Sean McGinley, hair and makeup design by Emily Allen, and props design by Adriana Ayala. The theatre is delighted to welcome Stephanie Prestage and Matthew Stevenson as they make their Mac-Haydn debuts in the leading roles of Ariel Moore and Ren McCormack. Broadway veteran George Dvorsky returns to the Mac-Haydn as Reverend Shaw Moore. After his audience-favorite performance as Cladwell in "Urinetown" last season, Dvorsky will debut his solo show "Something Wonderful," as part of the Limited Performance Series later this summer in addition to his role as the Reverend. Dvorsky is joined by fellow Mac-Haydn alumni Liz Gurland ("Cabaret," "Pippin," "Urinetown") as Vi Moore. In supporting roles are Jonah Hale as Chuck, Kassi McMillan as Rusty, Jake Koch as Willard, Jeannine Trimboli as Ethel McCormack, Belle Babcock as

Wendy Jo, and Amber Mawandey actors as well as an ensemble of local actors to round out the cast. The "Footloose" hit score

includes iconic numbers "Holding Out for a Hero," "Let's  
**Continued on page 16**

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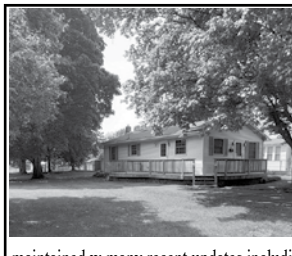
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**Lake Front! Livingston:** Come experience life by the water! So rare to find a sweet waterfront home w so many updates. Open FP boasts a light & airy KIT/DR overlooking views of the lake &

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**Mac-Haydn Theatre from page 15**  
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or call the box office at (518) 392-9292. **About the Mac-Haydn Theatre** Founded in 1969, the Mac-Haydn Theatre strives to present innovative, diverse and professional musical theatre productions to the residents of Columbia County and beyond. We aim to cultivate young talent for careers in theatre and seek to provide a supportive environment for the creation of new musical theatre works.

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