Vol. VII Number 9 - Serving Northern Dutchess & Southern Columbia County November 2022

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### The Angela Lanuto Team at Coldwell Banker Village Green Realty Matching Hudson Valley Homes to Your Lifestyle -Residential, Luxury, and Commercial By Lisa Dudley

If it seems like the economy is confusing right now, particularly the Real Estate market, Associate Real Estate Brokers, Angela Lanuto and Allison Morelle of The Angela Lanuto Team at Coldwell Banker Village Green Realty have lots of answers and positive things to say on the subject.

"Yes, it's true the market is undergoing a period of change, that doesn't mean it's not healthy," Angela proclaims. "It's actually stabilizing and returning to a place that's a lot closer to where it was before the pandemic when we saw unprecedented demand and competition. The conditions that prompted the pandemic market were extreme, and the market responded in an extreme way - now we're more

Lisa Dudley's Holiday

12 Noon at Old Dutch

Church, Kingston, NY

Local country-music singer/

songwriter Lisa Dudley will

be performing a full set of

Holiday & Gratitude songs in

the Sanctuary of the Old Dutch

Church in Kingston as the

final presentation of their Fall

Concert Series on Saturday,

Nov. 12<sup>th</sup> at 12 noon. Her

Lisa Dudley Band consists

of Barrytown resident, Ed

Kenny on mandolin, Andy

Shapiro from Hurley on lead

guitar and a special welcome

to Kingston resident, Drew

Lisa Dudley describes her

Martin Youmand on violin.

& Gratitude Concert

Saturday, Nov 12<sup>th,</sup>



time to sell," she adds. "The local market in the Hudson Valley is still a hot market. Supply is limited and demand is still outpacing it. Buyers want in and banks are finding ways to help them make it happen

Continued on page 27

### Left to right: The Angela Lanuto Team's Allison Morelle and Angela Lanuto at the Catskill 2022 Food Fest with the Cat'n Around Catskill People's Choice Award cat, Indigo Blues sponsored by The Angela Lanuto Team or less going back to normal – a healthy normal. This is a good

despite the rising interest rates."

Rents in the area are high right



Lisa Dudley

sound as "Spirit Country"-songs that are socially relevant, positive, heartfelt and often sung with a foot-stomping beat. "This concert will be little different as I plan to sing songs of gratitude in keeping with Thanksgiving and some holiday songs as we see the and Hanukkah Christmas season coming upon us."

Lisa Dudley promises to sing fan favorites like All is Well, Use Me in a Mighty Way, and All the Good - which she wrote as a theme song for the Good Work Institute located at 65 St James St in Kingston. Many of her power songs have hidden references to faith, gratitude and doing good deeds. She will also sprinkle in original holiday music with songs such as Soup Kitchen Christmas – an uptempo song about spending Christmas Day at a soup kitchen, "serving up

Continued on page 2

Responds, will take place this year **SERVICE** on Thursday, November 24th. The meal is free and open to all who love to eat, and without the Rhinebeck, hassle of cooking or clean up. Reservations will begin on November 1st, with cutoff date on November 21st. Please Hook 845-640-4788, Pick up will be at the "Red Lane at the **assigned** times. Please join us in celebrating Thanksgiving via take-outs with hope of safely returning to

The 13th Annual

Thanksgiving Dinner,

will once again be take-outs only.

In collaboration with Red Hook

Happy Thanksgiving!

food with fellowship next year.

and

healthy!

### WEST GHENT

Election Day Cafe will be held from 11am to 7pm on Tuesday, November 8th at the Ghent Reformed Church, 1039 County Route 22 in West Ghent. Lunch will be actively sold from 11am to 3pm and a roast beef dinner will be served from 4-7pm. You may eat in or take out. DON'T FORGET TO VOTE!

### **Public Invited to** Presentation on Women in the Military

In honor of Veteran's Day, the Chancellor Livingston NSDAR Chapter invites the public to attend a meeting at 2:00PM on Sunday afternoon, November 13, at the chapter house, <u>77</u> Livingston Street, Rhinebeck. The program is entitled "Women in the Military " and presented by LT Kristina Boland, Ret., US Navy Nurse Corps 1988-1994. Veteran's Day is celebrated every year on November 11. Originally it was called Armistice Day because WWI ended on the 11th Learning Delivery Specialist, together to advance the status hour of the 11th month on the classroom facilitator and virtual of women worldwide through 11th day. At the time, WWI was termed the "War to End All Wars."

### Home for the Holidays!

All pet adoptions will be sponsored for the entire month of November at the Columbia-Greene Humane Society/SPCA. All adoption fees will be waived! CGHS/SPCA would like to empty the shelter for the holidays. The sponsorships cover adoption fees for cats, dogs, and guinea pigs. Families interested in adopting visit our at cghs.org or call (518) 828-6044 ext. 106 to get a preapproved application on file. a strong belief in the rights of For more information or to schedule meet-and-greet session with one of our pets, please call (518) 828-6044 ext. 100 or email <u>info@cghs.org</u>. The November pet sponsorship event is made possible by generous donations from CGHS/SPCA

supporters. We thank you!

### **NEW LOCATION** AND CUTTING EDGE Out of extreme caution, with **EQUIPMENT ARE** COVIDstillarisk,thisyear'sdinner UPPING THE GAME FOR DAVE'S TREE

By Joe Doran:

With a new location right in and cutting-edge equipment and experience, there's no one better to handle the toughest tree care and maintenance needs than Dave's Tree Service. Dave Hughes and his crews are on call during this busy time of time between 9am-5pm or www. of year, making sure properties redhookresponds.org and use are ready for winter. Dave's the holiday meal request form. Tree service can handle virtually every common—and some not Hook Firehouse", on Firehouse so common-facets of tree care and maintenance, including Tree Removal, Stump Removal, Tree Surgery, Land Clearing, Storm Damage cleanup, and Tree Bracing, Cabling and Feeding.

Dave offers free estimates on work to be done, and discounts for veterans with present service. and New Location Means Even **Efficient** Service

A new location in Rhinebeck, that's close to Red Hook as well, is making servicing clients in Northern Dutchess more efficient for his business, says Dave.



Dave's Tree **New Innovative Tree Cutter** 

"My wife Michele and I built an 8100 sq foot shop on 13 Arborist Way that includes an office. Being centrally located now, we're able to cover Rhinebeck and Red Hook more efficiently."

The space is large enough to accommodate much of the heavy equipment, including trucks and cranes, that are the mainstays of arborist work crews. "It makes

Continued on page 20

### MEET THE **NEWEST MEMBERS** OF THE **ZONTA CLUB** OF UPPER **HUDSON VALLEY**

The Zonta Club of Upper Hudson Valley welcomed four new members to its active club. Sue Wallace is a teaching assistant

at the Chatham Middle School. producer at Ernst and Young. Laurie Johnson is an age-in-place providing personal assistance and connections to services available within the community. She is also certified to guide individuals and their families through the final chapter of life. Kim Keil has held positions in various wholesale industries related to energy currently holds a position with Bergquist, a national distributor propane equipment.

Each new member thrives on women to lead physically safe, productive, happy lives of their own determination without fear of reprisal or discrimination They have joined Zonta as a way to volunteer in their community and to meet other women who enjoy helping others.



Sue Wallace, Laurie Johnson, Catherine Forbes and Kim Keil have joined the Zonta **Club of Upper Hudson Valley** 

Zonta International is a global Catherine Forbes is a Senior organization of members working service and advocacy. Founded in 1919, in Buffalo New York, Zonta continues to be on the front lines of the fight for women's equal rights through local and global projects that promote economic self-sufficiency, political equality, access to education and healthcare, and the

Continued on page 2

The December Edition Of The Hudson River View Will Be In Area Homes On December 7th The Deadline For Advertising And Press Release **Submission** Is November 23rd

### THE HUDSON RIVER VIEW ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

Hudsonriverview.net

### **ACCORDING TO QUACKERS**



Veterans Day was first called Armistice Day to commemorate the ending of WWI. It was first proclaimed by Woodrow Wilson on November 11th, 1919. How did Armistice Day Become Veterans WWII Day?: A veteran, Raymond Weeks worked starting in 1945 tirelessly to expand Armistice Day to include all veterans. This holiday is a celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good. Here's one of those obscure Veterans Day facts you can use to impress your friends: In 1968, Congress passed the Uniform Holidays Act, which put Veterans Day on the fourth Monday in October. It took effect in 1971, but in 1975, President Gerald Ford signed a law returning it to Nov. 11.

### Lisa Dudley from page 1

the gravy and the bread – 'til everyone is fed.

"I have a passion for holiday music," she declares "and I like to write fun songs such as Grandma's Apron about a holiday gathering and grandma's favorite eggnog." This year Lisa Dudley plans to unwrap (pun intended) a new song called Christmas at the Old Dutch Church written, with deep gratitude, to celebrate, "this wonderful congregation, super positive energy and their great acoustics." As always, she will finish with her most requested song, Angel On My Shoulder, followed by a lovely rendition of Silent Night.

Located near the Kingston Farmer's Market, many people

make a day of it -- shopping for locally grown produce, cheese, meats, honey, bread and soaps -- and then popping into the Old Dutch Church for good music. Classically trained at Syracuse University's Crouse College of Music, Lisa Dudley went on to live in Nashville for several years while learning her songwriting craft. She has released five CDs of her popular music.

For more information about the Old Dutch Church and their concert series call 845-338-6759, email <u>info@</u> olddutchchurch.org, or visit their website www.olddutchchurch. org or find them on Facebook, Instagram and Twitter. The Fall Concert Series schedule for November includes: Nov 2<sup>nd</sup> – Ars Choralis and Nov 12<sup>th</sup> - Lisa Dudley Band. For more information about Lisa Dudley visit her website LisaDudley. com or find her on Facebook, Instagram and Twitter.

### **Zonta Club from page 1**

prevention of violence against women and children, primarily through the UN and other nonorganizations. governmental Nearly 28,000 members belong to more than 1,100 Zonta clubs in 63 countries and geographic areas.

The Zonta Club of Upper Hudson Valley meets monthly and participates in events and fundraisers throughout the year, working to improve the lives of women in its local communities and worldwide. Zonta always welcomes new members to support its mission. Please email zontauhv@gmail.com to about membership. inquire

### Spencertown **Academy Presents Author Emily Flitter**

Spencertown Academy Arts Center, in collaboration with Bookstore, Chatham New presents Times columnist Emily Flitter on her new book, The White Wall:

Continued on page 3





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### **Spencertown Academy** from page 2

How Big Finance Bankrupts Black America, on Sunday, November 6 at 2:00pm. She will be joined in conversation with author and former investment banker William D. Cohen. Advance reservations recommended. Tickets are (\$10) are available at <u>www.</u> spencertownacademy.org. . "We are delighted to be working with the Chatham Bookstore to bring this event to the Academy," says Academy Board Member Jill Kalotay. "Emily's book is deep dive into the well of systemic racism existing inside the world of American finance today." Emily Flitter covers banking and Wall Street for the New York

Times. Before this, she spent eight years at Reuters, writing about politics, financial crimes, and the environment. Flitter holds an MA in Near Eastern studies and journalism from New York University and a BA from Wellesley College. She began her journalism career as a freelance reporter in Cairo. The White Wall is her first book.

William D. Cohan, a former Wall Street M&A senior investment banker for 17 years at Lazard Frères & Co., Merrill Lynch and JPMorganChase, is a New York Times-bestselling author who has written eight nonfiction books, including several about Wall Street. His latest book, Power Failure: The Rise and Fall of an American Icon, about the rise and fall of GE, once the world's most powerful, valuable, and important company, will be published in November

ACROSS

Medieval fight club?

Complain about trifles

Home storage area, often

Specialized legislative body

21) Ballroom dance similar to

25) Mountain nymph of Greek

33) Get ready for a dubbing

State categorically

20) Jazz great Vaughan

22) Lugosi of "Son of

Frankenstein"

16) Part of BTU

the rumba

myth

Strive

34) Couple

Dance or dip

35) Body shop?

Bond, for one

Role in Bizet's "The Pearl

2022 by PenguinRandomHouse. Books by both authors will be for sale and the authors will be available for signing after the conversation. Ticket holders will receive 10% off books purchased at the event. The Academy has Blueair multiple

installed HealthProtect 7470 air purifiers in the building; masks are recommended. Academy leadership is closely monitoring the COVID-19 situation in Columbia County, as recommendations from health authorities, and will adjust protocols as necessary. This year marks the 50th

anniversary of the Spencertown Academy Arts Center and the 175th year since the Academy was built as a school in 1847. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please spencertownacademy.org.

### Germantown Garden Club Holds Workshop

Germantown Garden Club recently held a workshop which featured a program combining plant material and an art form. Garden club member Triona Fristch demonstrated 'cyanotypes' the art of dying using fresh plant material to create printed fabrics. This process includes the use of the sun to transfer the image of plant material to 'dye' pretreated fabric. The attendees were treated to what seemed like magic to watch the fabric when placed in



Germantown Garden Club Member Triona Fritsch with 'cyanotype' sample

the sun outdoors change color leaving behind the image.of the plant material. Triona also gave a tutorial on how to preserve fresh plant material by drying. On the agenda the nominating committee accepted nominations for the 2023 club officers. Voting will be at the November meeting. Germantown Garden Club is a member of the Third District, Federated GardenClubs New York State,Inc., Central Atlantic Region and National Garden Clubs. Interested in the Germantown

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- Drink mentioned in "Lola"
- Tool used in shop class
- 8) Life partner?
- Highest point
- Tomorrow, e.g.
- 12) Florence neighbor
- 18) Scheming factions
- 64) Steering station 65) Beauty pageant headpiece
- 66) Solo at the Met

60) Decision in a duel

42) It's in the spring

44) Arm of the sea

"Go back" computer

45) Kin of "blasted" or

"confounded"

47) Molecule makers

sometimes

53) Bad reception? 56) Stratosphere substance

48) Source for a movie,

51) Give a Bronx cheer to

- Big Band and gaslight
- 68) Kills, as a dragon
- 69) Gentleman's date

# **GET OFF THE FENCE** By Quint Jessup

### **DOWN**

- 1) Certain parents
- 2) Fifth and Sixth, in NYC
- Attractive pitcher
- Abbr. that saves time and space
- Judge who tried O.J.

- Correct knotted laces
- 13) Transport for the fairytale prince
- Grandpa Munster's pet
- 23) Bill of (shipping document)
- 24) Into separate pieces
- 26) Glance over
- 27) Tutor in "The King and I" 28) Tax
- 29) "Monkey \_\_\_\_, monkey do"
  31) Temple with an upcurved roof
- 32) Words spoken in front of witnesses
- 35) Cylindrical storage tower
- 36) Literary composition 37) Short six-footers?
- 39) Large cask for wine
- 40) Onetime Mets catcher Mike 41) Detonation maker
- 45) Gap fillers?
- 46) Tina's "30 Rock" boss
- 48) Specialized market segment 49) Pigment of iron oxide
- 50) Small, stringed instrument
- Larval crabs
- 54) They're designed in Hollywood 55) Where the worm turns?
- 57) Gem from Australia
- 58) Asta's lady
- 59) Wife of Geraint, in Arthurian lore Air traffic control agey.
- 62) Smacking of irony
- 63) Put into words

### Solution on page 4

Garden Club activities and attending meetings, call Fran Bufi at 518-537-4868. Meetings are free and the public is always welcome to attend.

### Sage City Symphony to present free Fall **Concert November 13**

Sunday, November 13, 4:00 p.m.

#### Free admission

Auditorium, Greenwall VAPA Building, Bennington College, One College Drive, Bennington, VT 05201-6003 Free concert by Sage City Symphony

ON THE PROGRAM: "Fantasia for Piano and Orchestra," by Geoffrey Gee, commissioned by Sage City Symphony, with the composer on piano; "Symphonie

Mathis der Maler" (Mathias the Painter), by Paul Hindemith; and Andante moderato Allegretto, from "String Quartet in G Major," by Florence Price. Covid Protocols: All current and evolving guidelines issued by the CDC, the State of Vermont, and Bennington College will be followed. Face masks and social distancing will be required ("pod" seating permitted), and proof of vaccination and ID will be requested at the door. In the event of a resurgence Covid infection rates, postponement or cancellation of this concert will be posted on the Symphony's website at www.SageCitySymphony.org. Lucy Gardner Carson SageCity802@gmail.com https://SageCitySymphony.org/ Phone: 716-870-0412

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### Inaugural Winter Exhibition Opens at Olana Chasing Icebergs: Art and a Disappearing Landscape, Frederic Church's Historic Art Expedition Shines New Light on Contemporary Climate Challenges

The Olana Partnership, in collaboration with the New York State Office of Parks, Recreation, Historic Preservation, presents Chasing Icebergs: Art and a Disappearing Landscape, the first winter exhibition at Olana State Historic Site. The exhibition, shown primarily in the Sharp Family Gallery at Olana, highlights Frederic

Clothing

Must Be

Clean

iceberg from his 1859 intrepid voyage to the Arctic. Risking his life, Church chartered a ship to the treacherous waters surrounding Newfoundland and Labrador an area known as Iceberg Alleyon a mission that made him the first American artist to explore the region for the purpose of painting icebergs, a landmark event in the history of art. The exhibit includes photographs and historic texts which Church collected about icebergs and Arctic exploration, as well as the work of four contemporary artists who contemplate the wonder and fragility of Earth's polar environments. Just as Church used his major work, The Icebergs, to reflect on the major crisis of his time—the Civil War—many contemporary artists reflect on the sublime

One

Please

Person at

a Time

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power of Arctic ice and use it to uncover the global crisis of our time—climate change and the immediate danger it poses to our future and that of these imperiled wonders of nature.

Joining Frederic Church's works in this exhibition are artworks and writings by his companions and fellow explorers Dr. Isaac Israel Hayes and Louis L. Noble, as well as photographs William Bradford's Greenland expedition in 1869. Many of the historic works come from Church's collection at Olana and illuminate Church's long fascination with the Arctic region. The exhibition delves into the history of exploration, artistic representation of the Arctic, and the Indigenous peoples of Newfoundland and Labrador—such as the Mi'kmaq, Innu, and Inuit.

"The Olana Partnership recognizes that Olana is a source of inspiration throughout the entire year," said Sean Sawyer. "In addition to our public tour program which continues in all seasons, this exhibition will be our first presented in the winter months, with more people in our region looking to places like Olana for increased cultural offerings."

Contemporary artists include Lynn Davis, Zaria Forman, Mark Igloliorte, and Kambui Olujimi, Lynn Davis is a worldtraveling photographer who in large format photography over five expeditions to Greenland captured icebergs, much the way Frederic Church did with vast oil on canvas paintings. Zaria Forman circumnavigated an iceberg in a similar way to Frederic Church,

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capturing details and sound through an immersive film. Mark Igloliorte draws from his heritage from Nunatsiavut, Labrador, and Inuktitut language in his interdisciplinary works of paint, performance, and installation. Alluding to the consequences of inaction, Kambui Olujimi challenges the concept of inevitability through installations of glass sculpture and water. "Frederic Church's early

attention to the subject of Arctic ice was an important moment in a global career that was defined by painting the unpaintable," says William L. Coleman, PhD., Former Director of Collections and Exhibitions of The Olana "Through Partnership. objects in this exhibition, visitors will see how Church's ideas took shape, how he shared them with national and international audiences, and how contemporary artists are continuing legacy new in ways."

In conjunction with the exhibition, and in collaboration with Black Dome Press, The Olana Partnership has reproduced a new edition of Louis L. Noble's 1861 book After Icebergs with a Painter, an engaging glimpse into the expedition he took alongside Frederic Church in 1859 to the waters of Newfoundland and Labrador. This important book, long out of print, features a new introductory essay and colored reproductions of most of Church's iceberg sketches

and paintings, as well as the first detailed map of his journey. The book is available online and at the Olana Museum Store. Chasing Icebergs: Art and a Disappearing Landscape was curated by William L. Coleman, Ph.D., Former Director of Collections & Exhibitions with support from Allegra Davis, Associate Curator, Ida Brier, Archivist/Librarian, all of The Olana Partnership, in collaboration with the New York State Office of Parks, Recreation, and Historic Preservation. The exhibition opens on November 20, 2022 and will be on view through March 26, 2023. For tickets additional information, visit OLANA.org/icebergs. This been exhibition has made possible by the donors to The Olana Partnership's Novak-Ferber Exhibitions Fund, with additional support from James and Janet Dicke. General support for The Olana Partnership's programs is provided by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature. About Olana and The Olana

**Partnership:** Olana is the greatest masterwork of Frederic Edwin Church (1826-1900), the preeminent American artist of the mid-19th century and the most important artist's home, studio, and designed landscape in the

Continued on page 10

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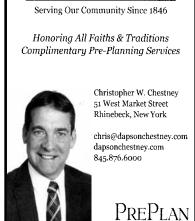


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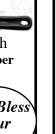
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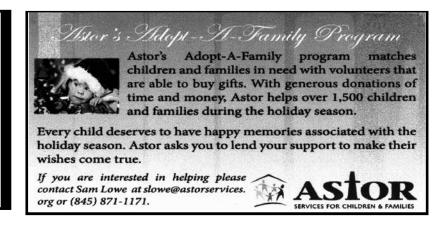
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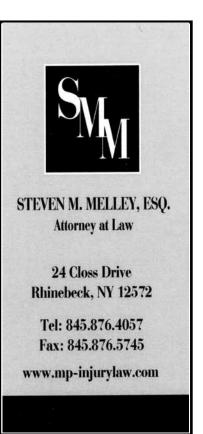
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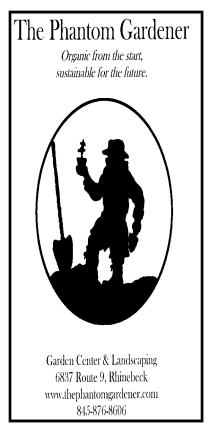
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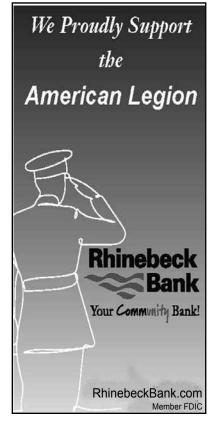
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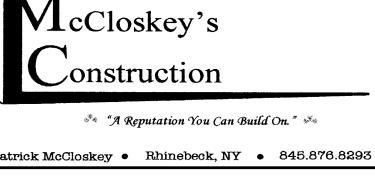
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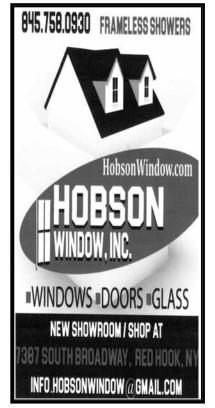
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### The Holiday Season

By: Julianne Porter, DVM

We all know that the holiday season can be as chaotic as it is joyous, and we can't forget to include our pets in that mayhem. From foods, to plants, to travel plans, the upcoming holidays can be a challenging time of year for our 4-legged family members.

There tends to be a lot of treats and cooking that occurs around this time, and many of our pets are quick to try to catch a bite. Be sure to keep uncooked dough, bones, fat trimmings, chocolates, and other candies out of reach. Don't forget that foods containing raisins and macadamia nuts can be deadly. If you are unsure if what your pet just ate is toxic or not, call your veterinarian or one of the poison control numbers listed below. You may be instructed to induce vomiting or bring your pet straight to a hospital for immediate care. Holly and mistletoe plants

are poisonous when

Poinsettias can cause gastric distress if chewed. While not a common flower at this time of year, it is important to remember that lilies are deadly to cats. Pine needles can be toxic and cause massive GI irritation if ingested. Pine trees themselves can also be problematic if your pets try to climb it or knock it over with their tail. Pets can also electrocute themselves or start fires if they chew the cords. Keep them away from the tree as best possible, and make sure your tree is anchored to the wall. If you have a real tree, don't allow them to drink the water and avoid adding any sugar, soda, bleach, preservatives aspirin to the water.

Ornaments, tinsel, and ribbon are enticing to our pets and their curiosity can lead to ingestion. Eating these decorations can cause intestinal obstructions, which are life threatening and require surgery. Broken ornaments can also cause injuries if chewed or stepped on. Lastly, some

homemade ornaments can contain toxic levels of salt and would be very dangerous if consumed.

Whether you're traveling or having guests over, this can be a stressful time of year for pets. Be sure that they have a calm space to retreat if they prefer to be away from people and make sure that they cannot accidentally sneak out of the house in all the commotion. If you are traveling with your pets, double check that you have all their medications and medical information if needed. If your pets become particularly anxious during this time of year, plan to have the appropriate calming supplements or medications at home to help them get through it. Update their collars with your contact information in case they manage to escape and always know your closest emergency veterinarian. Keeping these tips in mind should help your pets to enjoy a healthy, happy holiday season.

Here are some helpful resources during this time: https://www.aspca.org/ pet-care/animal-poisoncontrol/dogs-plant-list https://www.aspca.org/ pet-care/animal-poisoncontrol/cats-plant-list https://www.aspca.org/ pet-care/animal-poisoncontrol/people-foodsavoid-feeding-your-pets **ASPCA** Animal **Poison** 888-426-4435 https://www.petpoisonhelpline. **com/** - Helpline 855-764-7661





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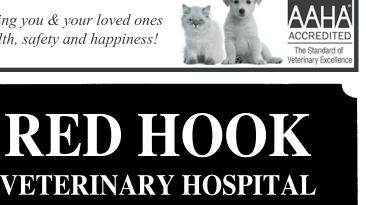
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### SO YOU SAY, YOU'VE "NEVER HAD A DOG LIKE THIS BEFORE?"

Presented by Barbara Sweeney Fassett and Bark **Busters Home Dog Training Dutchess County** 

Unless a prospective client is reaching out to me for help with a very young puppy or because they are first time dog owners, most of my new contacts will, at some point, tell me that they have "...never had a dog like this before."! And that's when we need to have a conversation about individuality. My usual response is to ask the owner if they have children and whether those children are all the same. Of course, the answer is that their kids are not the same. The children may be similar, but they are unique individuals.

Dogs, like people are individuals as well. No two are exactly alike. They each have their own personalities, things they enjoy or don't enjoy. They all learn at their own speed, and they all have their own quirks, just like us.

People will often tell me about a previous dog they had. Most of the time when they do they say something like, "Spot never had accidents in the house, he knew the rules from day one." Or, "Fluffy never left the yard, I could walk her without a leash and she never left my side."

These statements may or may not be true, I have no way of knowing. I do know that it's hard for me to remember how much we worked with Dakota before she knew our

rules and fit in to our lives the way we wanted her to. It seems like she's always known what to do, but I know this isn't true.

When we brought Dakota home, she was an 8-week-old puppy and she brought with her all the challenges of a puppy that had no idea how to behave properly in a mixed human/canine pack. She

naturally wanted to interact with us the way she had learned to interact with her litter mates and her mother. She had no manners, thought it was play time every time she saw another dog, wanted to chase our cat, and eat the cat food. She was horrible on leash, couldn't be trusted to come when

Continued on page 10



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Sadie is an absolutely gorgeous long hair tortishell young adult, maybe born around September of 2021. She was part of our trap, neuter, return (TNR) program where PANT assist the public with feral community cats, getting them spay, rabies vaccinated and then re-released with an ear notch for identification. In her recovery and holding period, we noticed she is actually sweet and gentle, not feral but maybe an abandoned cat. Therefore, PANT decided to place her into our foster home program Sadie is looking to be a companion for the

wants to be in the room where the action is and follows her foster mom as she moves about the house. Sadie gladly takes treats from her foster mother's hand, but she is not keen to be held. She tolerates being briefly petted and rewards her foster mom with sweet purrs. With time and patience, she will likely gain more confidence and trust her person more. Her foster home has three other adult cats that she wishes were more interested in playing, but alas, she is totally capable of entertaining herself with a myriad of toys or engages her foster parents with wand toys and mice. If interested in adopting

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### Barkbusters from page 9

called or not chase animals. We had to work with her a lot to get her to fit into our family the way we envisioned. But now, looking back, it hardly seems like we had to do anything.

If I really think about it, I can remember working on sit/ stays with Dakota on leash in the living room, then in the back yard of our house, then in the front yard to progressively increase distractions and keep her challenged. I really have to search my memory banks to remember all we worked on with her. I tend to forget all the work we did on leash before Dakota would walk next to me, without pulling, and with her head up, not down sniffing every scent she came upon. And that's a good thing, forgetting the challenges. means that the "pay off" is way more gratifying than the steps we take early on to get there. Young puppies and adolescent

dogs can be a LOT of work. Even

older dogs joining a new family

need to be taught how to fit in.

They won't necessarily know the

rules. Some might but most need

an education, and we aren't being

fair to them when we compare

them to our previous dog(s). Celebrate the uniqueness of your new canine companion. She or he is not Spot, Fluffy or Buster. S/he will be good at some things, not so good at others, but he or she will become a wonderful member of your family if you remain calm, patient and teach him or her how to fit in. Try not to get frustrated or angry because it might take him or her longer to master something. There might be some things s/he just never learns or is never really good at that your previous dog got right away. Look for those things s/

and that you can enjoy together. Dakota is special, she's not our

prior Golden Retriever, Shelby, and we've had to work with her, in fact we still do. We work on things or reinforce what she knows every day. We both enjoy the interactions. Dakota loves to learn, and I love trying to figure out how to teach her something new. As I said, Dakota is an individual. She learns in her own ways and at her own rate of speed. It's up to me to figure out how to teach her and to be consistent so she gets it. In your home it's up to you. Try to resist the urge to compare your dog to your previous dog(s). Enjoy him/her for who s/he is and take the time to teach your dog how to fit into your life. And the results? Happy Dogs = Happy Families

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Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 16 years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west.

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### **Inaugural Winter** Exhibition from page 4

United States. Church designed Olana as a holistic environment integrating his advanced ideas about art, architecture, landscape environmental and conservation. Olana's 250-acre artist-designed landscape with five miles of carriage roads and a Persian-inspired house at its summit embraces unrivaled panoramic views of the Hudson Valley and Catskill Mountains and welcomes more than 170,000 visitors annually. The landscape is open for guided touring, and reservations are highly recommended. The landscape is open daily 8 AM-sunset. Olana State Historic Site, administered by the New York State Office of Parks, Recreation and Historic Preservation, is a designated National Historic Landmark and one of the most visited sites in the state. The Olana Partnership, private not-for-profit education

is published monthly and distributed on the 1st Wednesday of the month. The View is a Privately owned, independent, Partnership publishing business. The View is mailed at the Newburgh, NY Post Office to homes in the Northwest part of Dutchess County. Doreen Baretsky, Publisher John Vogt, Publisher. (518) 828-0333 or (518) 929-9579 hrview@yahoo.com The Hudson River View accepts no financial responsibility for errors that occur in advertisements beyond the cost of the space occupied by the error. The publishers reserve the right to reject any advertising. The total editorial content of this newspaper does not necessarily reflect the ws/opinions of the owner The advertising and editorial content of this paper, in whole or in part, may not be

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The **Hudson River View** 

corporation, works cooperatively with New York State to support the restoration, conservation, and interpretation of Olana.

### Spencertown **Academy Presents** "Crafts: Art by Any Other Name" **Exhibit and Holiday** Pop-Up Shop

Spencertown Academy Arts Center presents "Crafts: Art by Any Other Name." Curated by Barbara Lax Kranz, the exhibition ceramicist JoAnn Axford, painter Shaari Horowitz, woodworker Alistair Jones, quilter Katharina Lichtman, basket maker Tina Puckett, and designer/metalsmith Munya Avigail Upin. The show opens on Saturday, November 19, with a festive reception with the artists from 4:00pm to 6:00pm, and will remain on display through Sunday, December 18. Gallery hours are Saturdays and Sundays from 1:00pm to 5:00pm. In addition to the gallery exhibit, all six of the artists will participate in a one-day pop-up shop on Saturday, November 19 from 1:00pm to 6:00pm on the second floor of the Academy, which is accessible via elevator. Shoppers will find one-of-a-kind holiday gifts. Admission is free to both the exhibition and pop-up shop.

"How often have you gone to a craft show and been amazed by the talent? As a curator, I've always found it astonishing that craftspeople were not referred to as artists and their work not prominently displayed in galleries," says Lax Kranz. "This show will dissuade the notion that crafts do not belong alongside other arts in a gallery setting. It will highlight their intrinsic artistic value, and the creativity and skill

that goes into their creation." Glenmont, NY-based ceramicist JoAnn Axford works exclusively in porcelain. While the beauty of the natural world is evident in her pots and vases, they also display themes such as endangered species, invasive plants, and root systems. Post-graduate studies in botanical illustration at the New York Botanical Garden inspired her to use a technique she developed to carve bas-relief onto her wheel-thrown pots. Her work is in many private collections and has been included in many craft shows, including the prestigious "Strictly Functional Pottery National" at the Smithsonian.

Artist Shaari Horowitz lives in Sharon, CT. She adorns wood bowls with layers of patinated gilding and hand-painted designs, creating one-of-akind works. A graduate of Pratt Institute, Horowitz is guided by an old-world color palette taking imagery from classical sources such as medieval tapestries, ancient textiles, and the frescoes of Pompeii. The wood bowls she adorns with her paint are sometimes revived from the past, while others are created by her woodworker husband, Alistair Jones.

Alistair Jones was born in England and apprenticed in the English woodworking tradition. In addition to turning bowls and building a plethora of unusual and practical boxes, his long career working in wood includes custom furniture and yacht interiors. Most recently, his passion is making traditional longbows, which will be on display at the Spencertown show.

Originally from Switzerland and now living in Jeffersonville, NY, Katharina Lichtman studied at Parson's School of Design. Her early quilts focused on the

Continued on page 11







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### Spencertown Academy Presents from page 10

interaction of color and pattern. Her more recent works feature a variety of flora and fauna subjects. These images resonate with her personal interest in the natural world and her efforts in support of conservation. She has been inducted into the Catskill Mountain Quilters Hall of Fame as the first art quilter and her work can be found in the permanent collection of the National Quilt Museum.

Based in Winsted, CT, Tina Puckett has long foraged for American bittersweet vine to incorporate in her weaving of baskets, wall sculptures, furniture, and ceiling hangings. Much of her color palette is influenced by the experience of being raised in South America. She weaves for the joy of creation and loves sharing her pieces with others. Her work has been seen in numerous publications, including Yankee Magazine, New England Crafts, and Connoisseur Magazine. Her weavings were also part of the Cheongiu International Craft Biennial in South Korea. For close to fifty years, Munya Avigail Upin of Lenox, MA, has been working with metals. Her diverse body of work includes jewelry, sculpture, vessels, and

traditional sacred items. Her

pieces have been featured in over

140 exhibitions in the United

States, Italy, Denmark, Sweden,

Ireland, and Germany. She is the

recipient of numerous awards,

including a Mid-America Arts

Alliance Fellowship, a Niche

Award, and a special commission

from the Jewish Museum in

NYC, where her work remains

part of its permanent collection.

The Academy has multiple installed Blueair HealthProtect 7470 air purifiers in the building; masks are recommended. Academy leadership is closely monitoring the COVID-19 situation in Columbia County, as well recommendations from health authorities, and will adjust protocols as necessary.

This year marks the 50th anniversary of the Spencertown Academy Arts Center and the 175th year since the Academy was built as a school in 1847. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please spencertownacademy.org.

### **FALL into Red Hook** with ODVGC

By Pat Owens

In keeping with the annual tradition of Hardscrabble Day in Red Hook, the Old Dutch Village Garden Club was invited by the town to decorate the four corners in the village. Naturally, we were excited to comply. It's what we do! Our club Hardscrabble Day Committee consisting of Mona Matthies, Cathy Michael, Janet DelRosario, Barbara Maleonskie, Kayla Bell, Lois Colin, Tamara Cookingham, Linda Gloweinka, Nola Weit, Rosalie Rossi and Linda Lawson put their heads together to do the job. Fantastic ideas came to fruition but not without the kindness of our local farmers graciously who donated



pumpkins, apples, cornstalks, hay bales and crates. We thank Kesickie wish to Farm, Mead Orchards, Greig Farm, Hardeman Orchards and Rose Hill Farm. We had the makings, we needed the fixins'. All kinds of silk flowers and ribbons festooned the squashes and hay bales. Directional signs were painted showing the way to each of the farms. It goes without saying that extra help was provided by some husbands and others who ferried the finished products to their destinations. The visitors strolling the streets of Red Hook throughout the day remarked on the ingenuity and festiveness of the displays. And since they had the "direction" we hope they took the time to also visit the areas orchards.

This year, as always, the orchards and farms have not disappointed with gorgeous arrays of imaginative mazes and super delicious apples in many varieties. If the weather cooperates, we will all have had fun outdoor days and full tummies filled with fruits, donuts and apple cider. The town asked that we leave the decorations up for a bit but when they're finished, we'll

12:30 on the second Thursday of each month, except for August. New members and visitors are always welcome. Please contact Linda Lawson at 845-758-5653 for more information.

### **HOLIDAY SHOW**

Nov 18 - Dec 18, 2022.

Opening reception Saturday November 19 4pm - 6 pm

Don't miss our famous annual Holiday show! New and exciting gifts will be available to fulfill your loved ones wish list.

The Holiday Show will offer unique, handcrafted items such as ceramics, jewelry, small paintings, ornaments, greeting cards, sculptures, textiles and photographs. These items will be part of a boutique of creative and wonderful treasures. Visit during weekend hours

or make an appointment for a personal weekday tour. Gallery Hours: Friday 5 - 8:30, Saturday 12 - 8, Sunday 1 - 5:00.

corner. All good wishes for a splendid and delicious Thanksgiving. Try not to notice the premature holiday displays blinking in your face until after the turkey. We're not ready. But, then again, are we ever? We meet at St. John's Reformed Church in Upper Red Hook at

transport some to

our community

garden on Route 9

for the remainder

of the season.

The garden was

particularly

year even with

the dearth of rain.

With the care and

watering by our

club members,

the plants came

spectacular form.

are around the

The holidays

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### Upcoming events at the Kinderhook Memorial Library

**Exploring Insects and Birds** at Ooms

Saturday, November 5, 1pm, Ooms Nature Preserve

Let's take a hike! Did you know that the library has nature exploration backpacks you can borrow? Thanks to the Columbia Land Conservancy, we have two theme backpacks which highlight bird watching and insects, and on Saturday, November 2nd, we'll take those backpacks out for a spin at the Ooms Nature Preserve! On our fall nature hike, kids will be on the hunt with binoculars and

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#### **Reading with Judy White** Staber Saturday, November 5, 2pm

Local author, actress, and director Judy White Staber will be joining us for a reading and discussion of her newest biography "Rise Above It, Darling", an accounting of her mother's life and career, in film and on stage. Joan White had an acting career that spanned six decades (and two continents), working alongside celebrated names such as Rex Harrison, Paul Scofield, and Laurence Olivier. At her reading, Judy will take us on a journey through

\*\*\*\*
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&
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her mother's exciting career and speak to what it was like growing up immersed in theater and film. For theater lovers, this is not an event to be missed! Refreshments will be served, and books will be available for purchase courtesy of the Chatham Bookstore.

#### **Dungeons & Dragons for Adults**

### 1st and 3rd Sundays, 2:00pm

Interested in learning Dungeons & Dragons? Are you a seasoned player looking for a local group? Stop by the Library on Sundays throughout the summer to learn the basics, explore new formats, meet new people, and develop your characters! Local Game Master David Park will be leading these sessions, which will be a combination of D&D, one-shot games, and other RPGs you may not have experienced before. Contact the Library for more information.

#### Yoga Storytimes with **Sharon Jensen**

Friday, November 11, 10:30am

Stuyvesant Town Hall

We're back with our popular Yoga Storytimes with Sharon Jensen! Join us for stories, movement and dancing, and a craft! Bring a yoga mat if you have one, no registration necessary.

#### **Teens & Tweens: Minute** to Win It

### Friday, November 11, 3:30pm

Can you eat an Oreo off your own face without using your hands? Stack 100 cups in less than 60 seconds? Perfectly flip a water bottle five times in a minute? Prove it! See who can complete the most Minute to Win It challenges in this teen and tween event! Open to Grades 5 and up.

### The Plight of the Elephant Saturday, November 12, 2pm

Renowned environmentalist and elephant expert Richard Chiger will join us at the Library for an in-depth presentation on the ecology and uncertain future of elephants in the wild, as well as their conditions in captivity. Join us to learn about the issues that these fascinating, endangered creatures are facing, and about the efforts in place to help preserve them. Attendees will have the opportunity to donate to Boon Lott's Elephant Sanctuary in Thailand.

### As Iz Concert

### Sunday, November 13, 2pm

Israel Singer performs and records as a one-man band under the moniker "As Iz", and we are pleased to be hosting this fantastic musician at our Library! Izzy, a multi-instrumentalist, writes and records his own material and will be bringing us original songs as well as cover tunes by artists such as The Beatles, Johnny Cash, and Tom Petty. Izzy has been releasing self-produced music since 1989. This event is administered by the Arts Center of the Capital Region and the Albany Musicians Association, Local 14, and is sponsored by the Friends of the Kinderhook Library.

### **Teens & Tweens: Super Smash Bros Tournament**

Saturday, November 19, 2pm Battle your way to the top in this

SSB Ultimate tournament for teens! We'll duke it out on the Library's Switch in the Meeting Room and see who's the ultimate champion. Space is limited, so be sure to register! Open to Grades 5 and up!

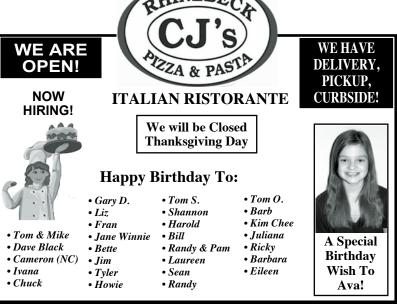
### **Botanicals in the** Garden with the Germantown Garden Club

The Germantown Garden Club will hold its next meeting on Saturday, November 19, at the Hover Room at the Germantown Library, 31 Palatine Park Rd., Germantown. The meeting begins at 9:30 a.m. On the agenda is a presentation by herbalist Aviva Skye Tilson, owner of Apis Apotheca, an herbal skin care company.

Aviva will give a presentation on "All About Botanicals." We will learn about the benefits of commonly found plants in our own gardens or in our local landscapes. She will explain how to forage for them, how to use them, and what ailments they help with. She will have products available to sell.

This Saturday meeting is open to the public and is a great opportunity for people interested in garden clubs who usually can't attend weekday meetings. New members are always welcomed. Refreshments will be served. For more information, please call Fran Bufi, 518-537-4868.

The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.



### 353 Old Post Rd. (at Route 9G), Rhinebeck, NY www.CJsRhinebeck.com

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### The Best Chicken Soup Ever



### **Ingredients**

1 (2 to 3 pound) whole chicken

10 cups water, or as needed to cover

3 stalks celery with leaves, chopped

1 pound baby carrots

2 onions, enopped

2 (14.5 ounce) cans low-sodium chicken broth

2 cubes beef bouillon, crumbled

1 packet chicken noodle soup mix

5 black peppercorns

2 bay leaves

1 pinch dried thyme

1 pinch poultry seasoning

1 pinch dried basil

1 pinch dried parsley 1 (8 ounce) package farfalle (bow tie) pasta

### **Directions**

Place chicken into a large pot; cover with water. Add celery leaves. Bring to a boil, then reduce heat and simmer until chicken is cooked through, 30 to 40 minutes. Remove chicken from the pot and place in a bowl until cool enough to handle.

Meanwhile, strain cooking liquid, discard celery leaves, and return cooking liquid to the pot. Place celery, carrots, onion, chicken broth, bouillon, and soup mix into the pot and bring to a simmer over medium heat. Season with peppercorns, bay leaves, thyme, poultry seasoning, basil, and parsley.

Bone chicken; cut meat into bite-sized pieces. Add meat to the pot. Simmer until vegetables are tender and flavors are well blend-

ed, about 90 minutes.

Stir pasta into the pot; cook until noodles are al dente, 10 to 15 minutes. Serve hot.

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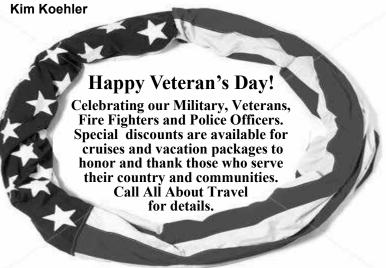
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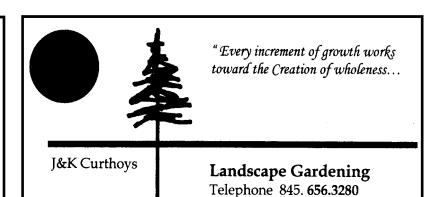
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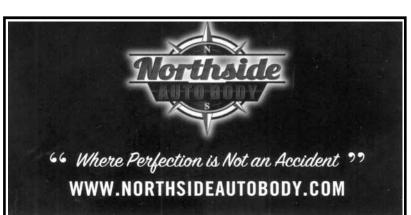
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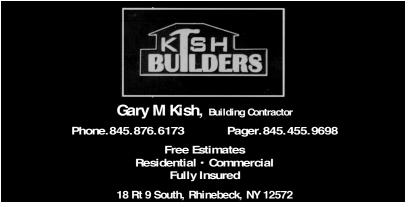


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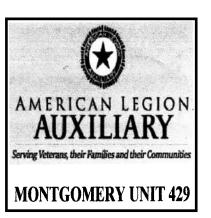














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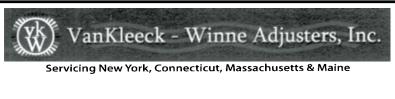
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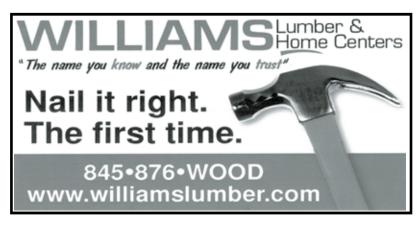
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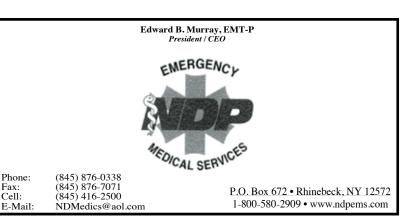
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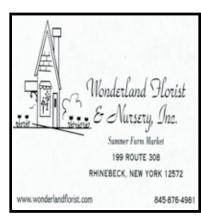
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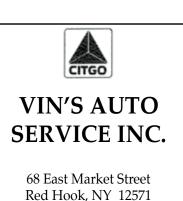












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### God's Corner

### Giving Thanks in Your Work By Naomi Fata

"I hate my job." "I can't wait for Friday." "I don't get paid enough."

"The people I work with are so aggravating."

For most of us, work is with us at least five days a week. Yet, how many negative thoughts and attitudes do we have towards the work that we do? These sentiments seem to be those of complaining, and dissatisfaction. Is it true that work is such a wearisome task. The Bible says that out of the overflow of the heart the mouth speaks, therefore if these are the things coming out of your mouth, are they true? And if you believe they are true, would you not want to learn to think differently? Perhaps the first step is a heart

of gratitude. Complaining is an age-old issue. In the Bible the Israelites complained when they were in slavery, and they complained when God delivered them out of slavery. More than likely, you will complain just as much if not more if you were without a job (unless you are at a point in your life in which you are financially unable to work.) Remember to be thankful. It is true that most workplaces

are not ideal. Being thankful amid an unpleasant workplace does not mean that we agree with the present situation. 1 Thessalonians reminds us to give thanks in all circumstances. There are days when I want to be like the Israelites, complaining that I have another job to finish before tomorrow, which means I will be staying up late again. I want to murmur, "What if I could be like other people who can relax in the evening?" But I am reminded that work also provides financially for the family, for which I am grateful. Work is a form of privilege, allowing us to participate in providing for ourselves and our families. Thankfulness comes from perspective, and obedience. Know that you are uniquely gifted.

1 Peter 4:10 says that you are uniquely gifted. That means that God has given you interests, purpose and abilities different from those around you. What if your attitude towards work was more about "what can I give?" Not even in terms of what you can give to the company but start with the people around you. If you work in a grocery store, what is it that you can give to the shoppers? Maybe you are uniquely gifted in encouragement, and you see a discouraged shopper - can you give them a smile, a funny story, or a listening ear? If you are a schoolteacher, uniquely gifted in helping kids learn – just think of the students under your instruction. There may be just one student who needs your special method of teaching to overcome learning obstacles. If you are an office manager uniquely gifted in organization, remember all the lives of clients and employees that you are keeping in order. Without your skills their lives would be turned to chaos. You are gifted.

In this season of Thanksgiving, we tend to focus on family, parties, food, and football. But may you also reflect on your work with a spirit of thanks.

### THE BLESSING OF THANKSGIVING!

"In everything give thanks: for this is the will of God in Christ Jesus concerning you" (1 Thessalonians 5:18). Thursday, November 24 is Thanksgiving Day. While Thanksgiving is a day set aside each year to give Thanks, in reality every day is a Thanksgiving Day. In spite of all the difficulties we are facing in this Country and in the World, we still have so much to be Thankful for in our lives. We need to take time to reflect on the Blessings that comes from God's Hand of Grace. A great Hymn of the Faith is Count Your Blessings. We are to name them one by one and it will surprise you what the Lord has done. "Blessed be the LORD, who daily loadeth us with benefits, even the God of our salvation" (Psalm 68:19). A Psalm that I encourage everyone to read at their Thanksgiving table each year is Psalm 100. It is called the Old One Hundredth. It is a short Psalm of five verses. It a Blessing to read, to memorize, and to meditate **PSALM** 100 1. Make a joyful noise unto the LORD, all ye lands. 2. Serve the LORD with gladness: come before his with presence singing. 3. Know ye that the LORD he is God: It is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture. 4. Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. 5. For the LORD is good; his mercy is everlasting; and his truth endureth to all generations. WEARE THANKFUL FOR THE LORD JESUS CHRIST, AND

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unspeakable gift" his (2 Corinthians 9:15). What a Blessing it is to know that the Lord Jesus Christ came from Heaven. Perfect God became a man when He was born of Mary, the Virgin in Bethlehem. Jesus lived a perfect life, He spoke with authority, performed many miracles, and reached out to those in need. At the appointed time He gave His life on the Cross for our sins. On the Third Day He Rose from death and the grave. Eternal Life is promised to all that believe on Him and receive Him as their Personal Savior and Lord! "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life" (John 3:16). If you have never believed on and received the Lord Jesus Christ into your Life, I encourage you to do so now. "For whosoever shall call upon the name of the Lord shall be saved" (Romans 10:13).

"Thanks

If you would like to know more about the Blessing of Thanksgiving, and/or how to become a Christian, please contact us by Email at fdcirone@ aol.com, or phone us at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, N.Y. Frank L. Cirone, Pastor.

### **COLUMBIA COUNTY Z CLUB ANNOUNCES NEW OFFICERS**

The Zonta Club of Upper Hudson Valley proudly sponsors a youth service organization called "Columbia County Z Club." Under the guidance of Sarah Braley and Sue Wallace, the Z Club kicked off their third year with the induction of new members and installation of officers at their September meeting. The officers for this year are: President Emma Braley, Vice President Tessa Wallace, Co-Secretaries Tula Haley and Phila Visconti and Treasurer Eliza Braley.

ARE YOU **JESUS IS** COMING!

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Thanksgiving Eve Service: Wed., Nov. 23 at 7:00 pm For information about Grace Bible Fellowship Church, please call (845) 876-6923 or (845) 876-2122 or email us: fdcirone@aol.com

of the Zonta Club of Upper Hudson Valley and officers of the Zonta Club were in attendance to welcome the new Z Club members and to offer support to the new officers.

God



especially

environmental

Columbia County Z Club Officers: Emma Braley, Tula Haley, Eliza Braley, Phila Visconti and Tessa Wallace (left to right)

Zonta International is a global organization of professionals empowering worldwide through service and advocacy. To truly change the lives of women and girls globally, investment in youth development and mentoring young leaders is vital. Z Clubs are designed to provide opportunities for young people to develop communication and leadership skills, explore career alternative and increase their international awareness and understanding through service. The objectives of Z Club members are service to local schools and community, improved international understanding and the development of leadership qualities. Since its inception, the Columbia County Z Club has actively worked to improve lives locally. Service projects included making homemade teddy care bears and small quilts for children in foster care and local domestic violence shelters, making and delivering hundreds of Valentine's Day cards for residents of local nursing/rehabilitation homes, creating a suicide prevention and awareness video and volunteering to serve beverages and refreshments to runners of

For their international service project, the Z Club adopted "Engaging Girls on Climate in Madagascar." Donations will help UNICEF enable children, particularly girls, to learn in a safe and inclusive environment and empower them to take actions to change and to build climateresilient communities. The Z Club will support Madagascar in meeting water, sanitation and hygiene (WASH) sustainable

Chatham's Annual Turkey Trot.

The Columbia County Z Club meets once a month throughout the year. Members must be of high school age and willing to work together to make our community a kinder, gentler New members are place. welcome. For more information email <u>ColumbiaCountyZclub@</u> g m a i l . c o m .

### November Events at **Clinton Community** Library

We're "Fall" about good times at the library! Check out these programs at Clinton Community Library in November! For more specific information about any library programs, or to register, please call (845) 266-5530 or email larnold@ clitoncommunitylibrary.org

### **Ongoing Programs:**

Qi Gong with Vince (online) (Optimistic Aging) Mon. 11/7, Mon. 11/14, Mon.

11/21, Mon. 11/28, at 9:30 AM Wed. 11/2, Wed. 11/9, Wed. 11/16, Wed. 11/23, Wed. 11/30 at 9:30 AM

Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension. Register to receive the Zoom meeting link.

### **Story time on the Dot**

(in-person)

Tue. 11/1, Tue. 11/8, Tue. 11/15, Tues. 11/22. Tues. 11/29

at 10:30 AM Join us every Tuesday at 10:30 for Story time! Listen to fun stories, sing songs, and have fun, all centered around a different theme every week. Mah Jongg (in-person)

(Optimistic Aging)

Tue. 11/1, Tue. 11/8, Tue. 11/15,

Continued on page 18



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> Rev. James Miller, Pastor Parish Office: 845-876-4471

### **November Events at** Clinton Library from page 17

Tues. 11/22. Tues. 11/29 at 2:00-4:00 PM

Fri. 11/4, Fri. 11/11, Fri. 11/18 at 2:00-4:00 PM

If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll want to give Mah Jongg a try! Players of all levels welcome All Level Yoga <u>(Online only for</u>

<u>the remainder of 2022)</u> Wed. 11/2, Wed. 11/9, Wed.

11/16, Wed. 11/23, Wed. 11/30 at

Sat. 11/5, Sat. 11/12, Sat. 11/19,

strengthen, and your body, breath, and mind. for registration

(Optimistic Aging) Fri. 11/11, Fri. 11/18 at 11:00 AM

Join Samantha Free on zoom for Chair Yoga for ALL. Learn the basics of breath, meditation, and movement. This class will help you stretch and strengthen. Registration required so that you can get the link. Please register online or call the library at (845)-266-5530.

Zumba, (online) Sat. 11/5, Sat. 11/12, Sat. 11/19, Sat. 11/26 at 11:00 AM

Join Ginny Morrow for a fun fitness routine every Saturday at 9 AM. Pre-registration is not required. You may sign in at the door. Free Tech Help (in-person)

Sat. 11/5, Sat. 11/12, Sat. 11/19. Sat. 11/26, at 9:00 AM- 1:00 PM Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime on Saturdays between 9AM-1PM or call the library at (845)-266-5530 to book an appointment.

**Monthly Meetings:** Monday 11/14 at 6:30 PM -**Board of Trustees Meeting** (in person)

The next Board of Trustees meeting will be held on Monday October 10<sup>th</sup> at 6:30 PM in the library. The public is always welcome to attend. You may view the current board packet on our website. Monday 11/28 at 4:00 PM-

Friends Group Meeting (Zoom) Our Friends of the Library group support the goals and programs of the Library through advocacy, hospitality & fundraising. This Fall they will be organizing our annual Election Day Raffle. In the early part of next year they will begin planning our annual Book Sale. If you love these events, come and learn how you can get involved!

**Book Club Meetings: Tea Time Book Club** 

(in-person) "The One Hundred Years of Lenni and Margot" by Marianne Cronin Thu. 11/10 at 2:00 PM Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.

**Global Literature Book Club** (in-person) "Gravel Heart" by Abdulrazak Gurnah

Mon. 11/21 at 7:00 PM

The Global Literature Book Club discusses novels from around the world, often in translation, selected by members of the club. These works are challenging, but gratifying, and provide insights into a wide variety of nations, cultures, and styles of writing.

#### SPECIAL PROGRAMS & **EVENTS**

Thursday November 3 at 3:30 **PM** (in-person)

### **Preschool Play Hour**

Did you know that imaginative play is an important early literacy skill? Come and enjoy an hour of free play and sensory fun in the children's area the first Thursday of the month! Little ones can socialize and caregivers can connect. Ages 2-5. Registration is appreciated, but not required for this program.

Monday November 7 & Monday November 21 at 1:30 **PM** (in-person)

### Crafts & Coffee

Join us for a lovely afternoon of coffee, crafts (and conversation!)

On the first and third Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more. Thursday November 10 at 6:00

PM (online) **Controlling Invasives in** Managed Landscapes and

Effective control of invasive plants should consider the 5 W's. Learn WHY and set goals. Determine WHERE to focus your efforts. Decide WHO will take action: you or a professional. Determine WHEN it is best to act. Consider WHAT control options are available. Then learn best practices for controlling some of the common and emerging invasives in our area. Joyce Tomaselli Cornell Cooperative Extension- Dutchess County. Sponsored by Town of Clinton -Conservation Advisory Council. Saturday November 19 at

**10:30 AM** (in-person) DIY Zine Workshop with The Art Effect

Students make and publish their own zines (mini-magazine) while gaining an understanding of zine culture and the self-publishing industry. Students generate content (fiction and nonfiction), use Adobe Photoshop InDesign, and analyze benefits and drawbacks

print media in the digital age. Registration is required and this workshop is intended for students grades 6th-12th and Adults **About Clinton Community** 

Library Clinton Community Library was established in 1965. It is located at 1215 Centre Rd. in Rhinebeck, NY, adjacent to the Clinton Town Hall. The library is open Mondays, Tuesdays, and Thursdays from 9AM-5PM, Fridays from 10:30AM-6:30PM, and Saturdays from 9AM-1PM. The Clinton Community is the recipient of the Joseph F. Shubert Award for Library Excellence. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit <u>www.</u> clintoncommunitylibrary.org

### **Germantown Garden** Club to Feature Bake Sale, Wreaths, and **Houseplant Show for** the Holidays

The Germantown Garden Club will be holding its annual House Holiday Open on Saturday, December 3, from 10 am to 3 pm and on Sunday, December 4, from 1 pm to 3 pm, at the Palatine Parsonage,

Continued on page 19

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### Germantown Garden Club to Feature from page 18

52 Maple Ave., Germantown. The show will feature 'Winter Container Plants.' Houseplants from members will be on display along with information about how to grow and take care of them and will offer viewers great ideas about what plants would be suitable to give as presents for the holidays. Some of them will be offered for sale. There will also be a bake sale of delicious home-made treats. Handdecorated, one-of-a-kind, fresh wreaths and table arrangements made by garden club members will be for sale. Come early. The wreaths are a best seller for the club and sell out quickly. There will also be a Boutique Sale with items to purchase. Also offered will be raffles of specialty baskets. Please attend to support us, as funds raised from this event benefit the club's local high school scholarship fund and other community donations and projects. For more information, please call Bufi, Fran

518-537-4868. Other holiday events that the club will be doing include the Annual Holiday Luncheon to be

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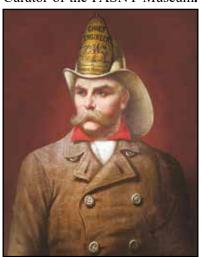
**Science Diet** 

held on Tuesday, December 6 at noon, at the Palatine Parsonage, 52 Maple Ave., Germantown. At this meeting, the installation of club officers will take place. Members are asked to bring a gift for one of the residents at the Livingston Hills Nursing Center. Before the meeting, the annual Adorn-A-Door contest take place. Each year, the club sponsors this holiday decorating competition for the senior residents at Palatine Manor in Germantown. Members will be judging this event where prizes will be awarded. The seniors are very enthusiastic about this and do a fabulous job decorating the doors to their apartments. For more information, please call Fran Bufi, 518-537-4868.

The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.

### **Local History Talk Celebrates Life of** Firefighter Harry Howard

The Hudson Area Library **FASNY** History Room, Museum of Firefighting, and the Greenport Historical Society present Forged by Fire: The Life and Legacy of Harry Howard on Thursday, November 10 at 6pm by Lauryn Czyzewski, Assistant Curator of the FASNY Museum.



In August 2022, the FASNY Museum of Firefighting unveiled an exhibit celebrating the 200th Birthday of Harry Howard, Chief of the New York City Volunteer Fire Department (1857-1860). Featuring artwork and documents from the age of Harry Howard, the exhibit recounts Harry's life, accomplishments, philanthropy and his legacy as it relates to Hudson, New York State, and beyond. This lecture will provide an overview of this exhibit, also titled Forged by Fire: The Life and Legacy of Harry Howard, on display through June 2023.

Lauryn Czyzewski is the Assistant Curator at the FASNY Museum of Firefighting in Hudson, NY. She recently curated two new exhibits that celebrate the 200th Birthday of Chief Harry Howard and the 150<sup>th</sup> Anniversary of the Firefighter's Association of the State of New York (FASNY). Lauryn graduated from SUNY Potsdam in 2019 with a Bachelor's degree in Archaeological Studies and minors in History, Anthropology, and Museum Studies. Lauryn's other historical interests include maritime history

of the 20th and 21st century. The Hudson Area Library History Room houses a collection that pertains to the history of the City of Hudson, Greenport and Stockport; as well as Columbia County and New York State. The History Room also hosts the Local History Speaker Series at the library, offering free monthly talks on diverse topics related to local history.

The History Room is open Saturdays, 10am-1pm and by appointment and online research requests for information on local history are available at <a href="https://">https://</a> historyroom.hudsonarealibrary. org/. This is a free service to the public. To inquire about an appointment email brenda. shufelt@hudsonarealibrary. org or call 518-828-1792 x106.

The Hudson Area Library is located at 51 North Fifth Street in Hudson, NY. The mission of the library is to enrich the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn and grow.

Established in 1925 with an original donation of four fire engines, the FASNY Museum of Firefighting in Hudson, New York has grown into an educational institution occupying more than 50,000 square feet

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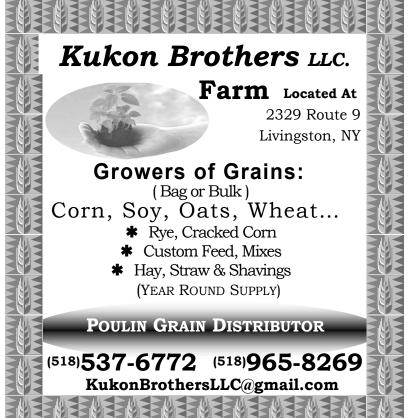
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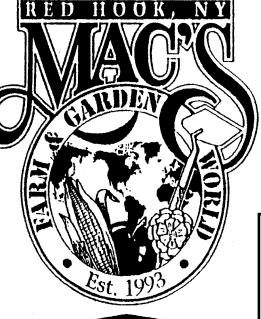
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and featuring 90 vintage and rare fire engines dating back to 1731.

The Museum houses, cares for and exhibits thousands of firefighting artifacts, from firefighting gear and equipment to photographs, art and a 6,000-volume library. Through interpretation of its unequaled collection — the largest of its kind found anywhere in the world — and its many fun, hands-on exhibits, events and activities, the Museum fascinates, educates and delights visitors of all ages.

The Greenport Historical Society was founded on April 25, 1985 when a Constitution and By-Laws were adopted and officers were elected. It was in January of that year that Marion C. Smith, the Town Historian at the time, called together a group of citizens to discuss the feasibility of forming a Historical Society. Needless to say, the interest was there and, within a few months, the Society was active and fulfilling a need in the town to cultivate an awareness of the rich history that existed in the Town of Greenport and its environs, and to record and preserve that history for future generations.





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#### Dave's Tree from page 1 things a lot quicker and easier."

says Dave. "We are operating more efficiently now. We still have our office in Kingston, that we use to cover Ulster County. But we were running from Kingston to Rhinebeck and Red Hook, having to cross the bridge. Now we're located on both sides of the river which means faster response time to our sick patients."

The chosen location, situated near the Kingston Rhinecliff bridge, is in Rhinebeck, but also right on the edge of Red Hook.

It's a perfect locale for the crews that make Dave's Tree Service ready at a moment's notice to handle any emergency situation, as well as everyday workloads.

"I run four crews," notes Dave. "Usually I run three crews in Rhinebeck and Red Hook. And then the fourth crew floats between Northern Dutchess, and Ulster County as well."

Dave says his business couldn't have realized the goal of providing timely and cost

effective service to the Northern Dutchess area without the help of the local communities involved.

"Michele and I really want to thank Rhinebeck, including the town supervisor, the whole town board, the Planning board, the zoning, and especially the community. Everyone has made us feel so welcomed. The experience was amazing and smooth." New at Dave's: The Game

It's not every day that a new

type of equipment emerges that can revolutionize an industry. That's why Dave honed in on a specialized tree cutting and grappling machine that he saw first being used in Europe.

"It's an all-terrain material handler, with 4-wheel drive, four-way steering, which goes off-road as well as on-road," explains Dave. "It has a reach of 114 feet, and has a 32 inch saw on the end of a grapple. It goes up, grabs ahold of the tree, cuts it off, and then brings the



**Dave's Tree New Location** 

top of the tree down to you."

The material handler offers superior safety for workers. "Now, you're literally inside of a cab, with remote controls, taking down these dangerous trees much more safely and efficiently. We will keep our 38 ton cranes, which still have their own uses. But instead of having numerous trucks and employees on a job, or going up and getting into a dead tree, or a dangerous situation over wires etc, we can now complete the take down from a safe location."

Coming by the machine wasn't easy, and Dave's Tree Service was able to score one of the first half-dozen that the state-side manufacturer, based in Syracuse, produced.

Dave says the machine required technical training for its use. "I assigned it to my foreman, Chad, who's been with me for 15 years. He's my main foreman, and he went out (to Syracuse) to train with them, and he's the only guy that runs it for me.

"It's a complicated piece of equipment, but it's so much easier, I call it the game changer. Because it literally changes the entire industry. It's all computerized, it knows exactly the size of the tree that you're grabbing a hold of, what angle, and what height it is. And before it will even cut, it knows the weight, and it can assess whether it's safe to take a given sized piece or not."

#### The Right Time To Prepare For A Northeast Winter

October and November is the right time to call Dave's Tree Service to make sure the trees on a property are prepared not only to survive a typically tough Northeast winter, but prosper come springtime.

"What you should do [at this time of year] is see to tree prep for winter," Dave advises. "We do a lot of cabling, bracing, feeding of your trees, in October and November, so that the fertilizer gets into the soil, starts to rot, and the tree picks it up in the spring. So it's

always good to feed in the fall." Cabling is a method of bracing trees appropriately, so they can withstand winter storms. "If you cable and structurally support them, and by reducing the canopy, removing any dead limbs, these all help in making your tree safer..., to help them get through the winter ice storms."

Dave says there's no doubt that inflation and supply chain issues have impacted his business. But he works with customers to make sure provided services are costeffective, and that clients have a clear idea of what the costs will be.

"Insurance goes up every year," Dave says about one of the major costs of doing business in a sometimes dangerous line of work. "That's just the way it is. We carry five million dollars in liability insurance and worker's compensation insurance for hazardous tree removal. And that goes up every year."

He says fuel and equipment costs have certainly been felt. "Fuel has doubled and that really

Continued on page 22



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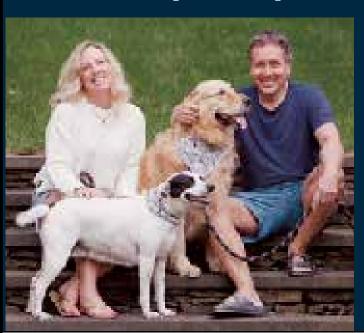
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#### Dave's Tree from page 1

hurts. Every single thing has gone up. Every aspect. If you get a bucket saw, which used to be 800 hundred dollars, it's now 1200. inflation has been crazy"

But Dave says customers have been understanding regarding "Nobody likes to pay more money, but when we go to the grocery store and buy a gallon of milk or eggs, or a bag of cherries, what it used to cost, and what it costs now. Inflation's a real thing, I think everybody fully realizes it at this point." Experience and A

#### Commitment to Local Communities

Dave's Tree Service has been a local mainstay since 1936, when Dave's grandfather, David E. Hughes, Sr., used handheld cross cut saws in his tree service company established in Ulster County--the first of its kind in the area, at the time.

Dave grew up in the business. He remembers one of his

first Christmas presents as a child was a chainsaw—a plastic one, of course.

Dave has worked hard to continue to grow the third generation family business, and provide a level of quality service and community involvement that is part of the legacy and history of what his grandfather father established. Dave's Tree Service is recognized for their involvement in local community endeavors including the Christmas lights for trees that line the main streets of Rhinebeck during the holiday season.

Dave and his business also contribute to children's causes including Autism Awareness, St. Jude Children's Research Hospital, juvenile Diabetes and support Breast Cancer Awareness Military Veterans.

In 2021, Dave received Rhinebeck's annual "Good Egg" awardinrecognitionforexemplary involvement.

With an unmatched track record

and experience in tree service, and deep roots in the local communities they serve, there's no better business for taking care of virtually any tree-related need, than Dave's Tree Service. Tree Service Arborist Way Rhinebeck, 12572 NY8 4 5 - 7 0 6 - 7 2 1 1 dave@davestreeservice.us https://www.davestreeservice.us/

### **Morton Memorial** Library and **Community House**

Morton's Homage to the Fiber **Creators** 

**Exhibition: October 7 -**November 5

Join us to see the community's fiber arts creations. We will have rugs, handmade garments, knitting, spun wool, fiber collage, felting, and much, much

Art purchases and donations for the library are welcome. Library open hours for exhibition.

#### Morton Yoga **Sundays (a)** 10:00 am

All levels welcome in cozy Morton Hall. The classes are breath-based with an emphasis on thoughtful sequencing and alignment so that practitioners can move with stability, awareness, and grace.

This is a drop-in class and all are welcome. Please bring your yoga mat, a blanket, and blocks if you like.

Suggested donation: \$12. You can purchase a prepaid card for 5 or 10 sessions via check

#### Rockin' Rooks Youth Chess at Morton

Mondays @ 5:30 pm

Join the award-winning Rockin' Rooks every Monday from 5:30-7:00 with

D. Suris and Cathy Young! Students in grades K - 12 are welcome to join for fun, learning, and tournament competition.

To sign your child up, for more information, or to volunteer contact:

D. Suris 845-416-3287 or email racersplace[at]hotmail.com "Stop & Take a Breath" with

#### Ellie Wednesdays @ 2:00 pm

The class will demonstrate how to use easy Oi Gong flowing movements and breath awareness which will help you to de-stress and bring calmness into your life. No experience necessary.

All are welcome.

Morton Craftwork and **Conversation Club** Tuesday, November 1 @ 3:00

#### (First and third Tuesdays of each month)

Come to knit, crochet or just for the convo. We'll be knitting hats and mittens to donate to local children in need. We've got the varn and patterns (for knit and crochet), but feel free to bring a project you're working on. We'll meet the 1st and 3rd Tuesdays of each month, 3:00 to 5:00ish, in Morton Library's cozy reading

room. See you there! All are welcome.

An Evening of Voice and Verse with Danielle Gasparro Friday, November 4 @ 7 pm

This autumn, come escape the dust of daily life as Brooklynbased poet and singer-songwriter Danielle Gasparro presents a vivifying "curation" of songs and poems to feed your soul. Gasparro's impassioned musical and literary voices pour forth from a wellspring of poetic sensitivity to powerfully illuminate how our inner-world contours of shadows and light can unite to take the form of an inspired, truth-fired life. Don't miss this special chance to experience Gasparro's compelling artistry in the warm and inviting space of Morton Hall-as enhanced by the resonance of our beautiful grand piano!

Doors open at 6:30, concert begins at 7:00 pm.

Suggested donation \$10.

**Oblong Books Presents** Robert Burke-Warren Cash on Cash

Thursday, November 10 @ 6:30 pm (at Morton)

As an interviewee, Cash was an exemplary communicator to an astonishingly broad spectrum of people: always open and

Continued on page 23



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### **Morton Memorial Library** from page 22

articulate, part friend, part spiritual authority, part flawed hero. Throughout a decadeslong career, as Cash took risks, embracing new technologies, formats, and attitudes, he cleaved to a simple, core message of unvarnished truth. Cash's story, told in his own words, shines unfiltered light on a journey of archetypal proportions that resonates still.

Robert Burke Warren is a published novelist, musician, educator, and journalist based in the Catskill Mountains. His music writing has been published in Vulture, Paste, Salon, the Woodstock Times, Longreads, The Rumpus, the Rock & Roll Hall of Fame's publications, and the 2006 Da Capo Press anthology "The Show I'll Never Forget."

Tickets are free. Registration is required. Oblong will have books available for purchase.

The meetings of the Morton Board are held on the first Thursday of every month at 5:30 p.m.. The public is always welcome.

Spencertown **Academy Presents** Christine Lavin and John Forster in Concert: "Anything Worth Doing Is Worth Overdoing"

Spencertown Academy Roots &

Shoots Concerts Series presents Christine Lavin and John Forster in an evening of shared musical mayhem titled "Anything Worth Doing Is Worth Overdoing" on Saturday, November 12 at 8:00pm. General admission \$20 tickets (\$25 public, Academy members) are available via <u>www.spencertownacademy.</u> org. Seating will be limited advance reservations are strongly recommended. "We are very excited to welcome

these two brilliant singersongwriters to the Academy. Their resumes are long and varied, and they have performed in many different musical genres, but there's this constant—their songs are always clever and often wickedly funny," says Wayne Greene, member of the Academy's Music Committee. "The audience is certainly in store for a rollicking evening of fun and laughter. We are planning to return to our pre-COVID cabaret-style seating, and we'll pouring complimentary wine and sparkling water to help keep the mood joyful."

singer-songwriter folk scene the world and even in space

working on her 26th solo album. She has also produced 10 compilations showcasing the work of nearly 100 songwriters she admires. For example, a food-themed compilation, "One Meat Ball," includes a 96-page cookbooklet that she edited with songs and recipes by Pete Seeger, Tom Paxton, Dave Van Ronk, and a surprise appearance by Dame Edna. Her songs have been performed by artists as diverse as Broadway stars Betty Buckley, Sutton Foster, Karen Ziemba, and Klea Blackhurst, cabaret divas Andrea Marcovicci, Barbara Brussell, and Colleen McHugh, and a capella group The Accidentals, winners of the National Harmony Championship. Sweepstakes

Forster

composer, lyricist, playwright, humorist, music producer. He is a four-time Grammy nominee whose musicals have played on

Lavin emerged from the NYC Broadway and Off, throughout in the late 80s and is currently (where his song "This Pretty Planet" was used as the astronaut wake-up on John Glenn's last mission). His songs have been recorded by Faith Hill, Rosanne Cash, Christine Lavin, Judy Collins, Dave Van Ronk, among others, and NPR's "Morning Edition" has featured his wicked comedy songs, many of which are collected on "Broadsides," a duet album with Tom Chapin. His theater work includes "How To Eat Like A Child" and the book and lyrics for "Freaky Friday" with composer Mary Rodgers.

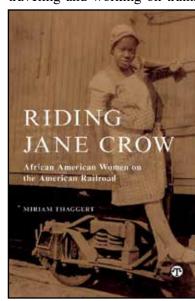
Roots & Shoots Concerts is an ongoing Academy series that showcases artists who reach back to earlier traditions in music (Americana, jazz, blues, rock, and world music) for inspiration, while incorporating more recent forms and influences of the present.

This year marks the 50th anniversary of the Spencertown Academy Arts Center and the 175th year since the Academy was built as a school in 1847. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York.

### **BOOKS WORTH** READING

Riding Jane Crow: Black Women And The Railroad (NAPSI)—How to measure freedom and equality American society? One way may be to look at how Black women are treated on the trains. **Hidden History** 

That's the idea behind Riding Jane Crow, (University of Illinois Press, \$22.95) a new book by Miriam Thaggert, author of Images of Black Modernism. It compellingly studies Black women's train travel and work in the 19th- and early 20thcentury United States (and even in the 21st). A fascinating hidden history of gender and race based on diaries of Black female passengers, court transcripts, and the archives of the Pullman Company, illuminating the discrimination Black women faced while traveling and working on trains.

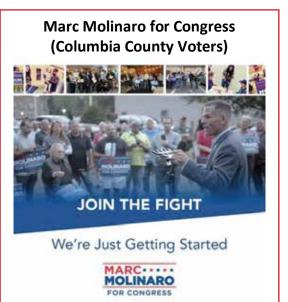


#### Railroad Stories

Thaggert highlights the perspectives of four distinct groups of Black women: intellectuals such as Anna Julia Cooper and Mary Church Terrell, who give written accounts of their own travel experiences; middleclass women of some means who enact their legacies through legal recourse; waiter-carriers who work serving food on the tracks;

Continued on page 24

### **NOVEMBER 8th - GET OUT THE VOTE FOR OUR REPUBLICAN CANDIDATES**



**Colin Schmitt for Congress** (Dutchess County Voters)





**Scan for Columbia County Voting Info** 

**Linda M. Murray for Supreme Court Justice** (Dutchess, Orange, Putnam, Rockland, & Westchester)



### **Kirk Imperati for Dutchess County Sheriff**



**Patrick Sheehan for Assembly** (Red Hook and Rhinebeck Voters)



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**Brandon Gaylord for Assembly** (Columbia and Dutchess Voters)







Scan for Dutchess County Voting Info

### **Books Worth Reading from** page 23

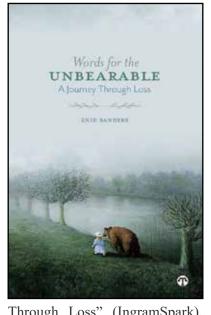
and the maids employed by the Pullman Company on their luxury cars. Each of these perspectives fundamentally contributes to the historical train-riding experience while each woman's story yields details about that experience that go largely unvoiced. Alongside letters and stories, Thaggert collects blueprints, schematics, and advertisements, constructing a door-to-door picture of the course that a train ride may have taken. She compares the celebratory train songs popularized by Black women to the lonesome masculine counterparts so deeply ingrained in the American musical tradition. The book has been called, by Pilgrim Magazine, a must-read for anyone interested in the life of the train in American history and especially the racial underpinnings that are less frequently the topic of its story. A Unique Train Of Thought It suggests it's the Black woman who most fully measures the success of American freedom and privilege, or "progress," through her travel experiences.

For further information and to order the book, go to www. press.uillinois.edu/books/?id =28 nsg 7 gk 9780252044526.egular donation habits.

#### **Poems That Can Help With Healing In Hard Times**

(NAPSI)—You may be able to bring some comfort to your friends and family members who have been grieving a loss in these difficult days. **Poetry And Emotion** 

There's a new book that can help heal the hearts and minds of people who have lost jobs, opportunities, homes, loved ones. Called "Words for the Unbearable: A Journey



Through Loss" (IngramSpark), it was written by psychologist Enid Sanders, who has had her own losses to deal with. When her first child, Keri, died, the young mother spilled out a series of poems and put them away in a drawer. Decades later, when her husband Andrew died, she took them out and started writing again. At first she wrote for herself, for Andrew and to Andrew. A poem would rise up out of nowhere and she'd jump up and scribble it down, not knowing how it would end until she wrote the last word. Little by little, she shared the poems with friends and fellow therapists who pushed her to turn them into a book. The title comes from a friend who read the poems and said, "These are words for me, words for the unbearable." Because it is poetry, the book reaches people at a deep level, helping therapists, patients, hospice workers, clergy, and anyone who grieves. Yet the book is not really sad. It's

helpful, engaging and even rather funny in spots because it tells the truth about grieving without selfpity—including the fact that it can make everyone a little crazy. Dr. Sanders also brings 34 years of experience as a noted clinical psychologist and bereavement counselor to writing book. Having trained internationally renowned child abuse expert Eliana Gil and specialized in helping abuse survivors for 18 years, she now focuses on helping clients negotiate grief and transition. **Doctor's Opinions** 

As Dr. Gil herself put it: "I am wiping tears so that I can write...I feel as though I've been seen and heard and understood. Each poem is a picture memory, a reminder, a suggestion, a loving gesture, words that attest to the author's love. I thought only I loved so deeply and hurt so profoundly, but she's captured and clarified grief so well, it was comforting to read her words, even though many hurt like hell...Enid Sanders' words evoke strong feelings and encourage reflection, while providing the strange comfort that

comes from being understood." psychiatrist Daniel Added Kostalnick, MD: "It is rare that an author can capture both the emotional and intellectual experience of grief, but Dr. Sanders has succeeded...Most of us find it impossible to express that experience, but Dr. Sanders uses her work as a psychologist—and a poet—to help the reader identify, name, and deal with the profound and universal aspects of grief...a work of compassion and understanding that comes from the soul of someone who has loved deeply." Many therapists recommend the book to grieving patients and it can inspire people to write their own poetry, or to paint or find another creative outlet for their feelings.

Learn More

For further facts or to order the book go to www. words for the unbearable. com. It's also available from Amazon and other booksellers.

Finding A Way Out

(NAPSI)—A new book, A Way Out of No Way, is a timely new resource that builds on

Continued on page 25

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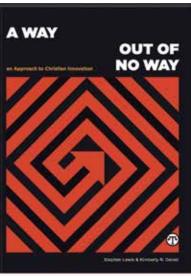
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### **Books Worth Reading from** page 24

the Christian tradition of making a way out of no way. It offers a six-step approach to innovation, lessons and stories from the trenches, and theological reflections with an approach to Christian innovation grounded in the life and ministry of Jesus, and African diasporic people's ingenious experiences.



The Authors The book is by Kimberly R. Daniel, senior director of communications at the Forum for Theological Exploration (FTE) and Stephen Lewis, the president of FTE. It's a leadership incubator that inspires young people to make a difference in the world through Christian communities, providing resources, events, networks, grants and fellowships to cultivate tomorrow's leaders, pastors and theological educators. Daniel and Lewis are also the co-founders of DO GOOD X, an inclusive community of Christian social entrepreneurs. They believe that for people in marginalized communities who work at the intersections of faith and entrepreneurship, innovation often begins with identifying the needs of the least among us.

#### The Inspiration

Back in 2017 the authors began hosting small gatherings with entrepreneurs, pastors community leaders at FTE. What they learned from more than 200 innovators around the country, and at DO GOOD X, inspired them to write the book. "We voice the wisdom gained from speaking to dozens of thinkers and doers who are working to create a more just world, where real solutions emerge to tackle stubborn problems," they explain. Learn More

For further facts and to order the book, visit <u>www.FTEleaders.org</u>.

### Be A Hero: Give Blood

(NAPSI)—As families plan their fall activities, the U.S. Department of Health and Human Services encourages you to make another plan—to donate blood.

Theneed for blood is constant every two seconds someone in the U.S. needs blood. That's why it's important to donate throughout the year, including this fall.

Generally, donors must be aged 17 or older, weigh at least 110 pounds, be in good health, feel well and not be taking antibiotics. Eligibility varies by location, so check with your local donation center.

#### Why should I donate?

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Donating blood helps cancer patients, accident and burn victims, transplant recipients and individuals suffering from blood disorders and chronic conditions. Plus, there is no substitute for blood. Donors

are the only way to ensure that blood is available when people need it.

### What happens during the donation?

Whether you choose to give through a mobile blood drive or at a donation center, the process is similar.

**1.Registration:** You will sign in, show your ID, and read some information.

2. Health History and Health Check: You will fill out a questionnaire about health, travel, and lifestyle to confirm your eligibility. Someone will also check your temperature, blood pressure, iron levels, and pulse.

3.The Donation: Your arm will be cleaned and sterilized, then blood will be drawn from your arm.

4.Snack Time: You can then enjoy a snack and a drink while waiting 10 to 15 minutes before you leave.

### Are certain blood types needed?

Blood banks need a diverse supply of blood and their needs change daily. Plus, blood types vary and can be more or less common in certain racial and ethnic groups, so we need a wide range of people with different blood types to donate regularly.

### Can I give blood if I had COVID-19?

If you tested positive for COVID-19, but did not have symptoms, you're eligible to donate blood 10 days after the positive test result. If you tested positive and had symptoms, then you must wait to donate until you are symptom-free for at least 10 days. If you were hospitalized, you may have received a treatment that requires you to defer your donation. For example, if you received a blood transfusion

Disease HIV/AIDS and Policy, part of the Office of the Assistant Secretary for Health, launched the new Giving = Living campaign to increase

awareness of the importance of donating blood and to encourage Americans to create new, regular donation habits.

### 7 Tips for Readying Your Outdoor **Power Equipment** for Winter Storage **Prep Equipment for** Season Changes, Save Time and Future **Headaches**

(NAPSI)—After your lawn gets its last cut before winter, it will be time to put away spring and summer outdoor power equipment, like lawn mowers, leaf blowers, and trimmers. What's next? Snow throwers, generators and other small engine equipment need to be readied for winter use. How and when you prepare your equipment for seasonal changes can save you time and money later, says the Outdoor Power Equipment Institute (OPEI). With record-breaking sales of outdoor power equipment, homeowners are spending more

time during the COVID-19 pandemic working or renovating family yards. This their means more people are using outdoor power equipment, and OPEI reminds everyone the importance of proper outdoor power equipment storage, maintenance and safe handling. "During this very challenging pandemic, we've learned our outdoor spaces are more important than ever," says Kris Kiser, President and CEO of OPEI and the TurfMutt Foundation, which encourages outdoor learning experiences, stewardship of our green spaces, and care for all living landscapes. "Our yards, parks and schoolyards are our safe space for connecting with friends and family, acting as outdoor classrooms and offices. Green space also contributes to the health and wellbeing of people, pets and wildlife, and having the right outdoor power equipment to take care of it is key. But preparation is -understanding everything how to store equipment and get it serviced, how to operate it safely, and how to ready your

Continued on page 27



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### R LeGrand Real Estate, Inc.

**4 Enterprise Drive** Rhinebeck, NY 12572 Phone: 845-876-2630 • Cell: 845-471-1670 email: legrandinc@aol.com

A charming farm house just north of Tivoli Village has all the charm and detail from original 3 BR, 2 bath and has a large room on first floor that has been used as a BR in the past. The house has had



many updates and is very charming and cozy. Also has an attached 1 BR apartment with separate entrace and deck. The sale includes the commercial building Ralph's Service a 3000 foot clear span building that is easily adaptable for many uses. Has 5 overhead doors and heavy concrete floor. High visibility location on busy 9G, has a large yard for outside storage or display zoned commercial and on a separate tax parcel sale includes parcels 765074 & 769091. Has Catskill Views and great view of Tivoli Water tower! The commercial building would be great studio or collectors space or any use that could use outside display or high traffic. An easily adaptable building.

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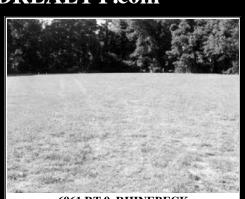
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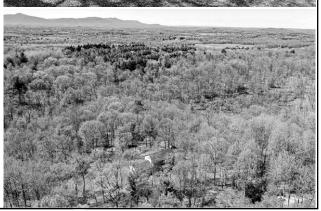
- 4 BR's / 2 FB
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- Welcoming & Bright LR With Cozy FP

& High Ceilings

- Deck Overlooking Serene Back Yard
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Warm, rich Brazilian cherry floors run throughout, open & bright w a picture window to take in the countryside views. The double-sided FP is cozy while visiting w friends in the LR or having breakfast in the bright open chef's KIT. The formal DR is large enough to host dinner parties & the Butler's pantry is handy indeed! Spacious office w French doors is ideal for working from home. The second level osts all sleeping rms including a Primary Suite w gas FP, ensuite FB w jacuzzi tub, water closet, walk in shower & 2 WICs. The finished lower level includes a FB, storage & walks out to lower gardens. Come fall in love w divine country living! \$825,000



Immaculate with Mini Farm: Clinton orners: Tucked away on 4+ acres, just outside Rhinebeck village, you'll find this immaculate picture-

perfect home. Open KIT, DA/LA, 3 large BR's & new FB. The lower level features a FR w fireplace, new FB & two car GAR. Nice sized deck off the DR to sit & enjoy coffee while you take in the sounds of nature. Dream of having chickens? Pigs? A cow or horse? A mini farm w barn & fence completes the upstate dream. Surrounded by lush forest, yet minutes to the village for dining & shopping. Minutes to TSP for optimal commuting. This is a true, rare beauty! \$565,000



Serenity, Space & Ready To Make It Your Own: Hvde Park: Midcentury ranch just waiting for someone to come reinvent it w modern touches. Features

include open FP w stone-faced fireplace, HW floors under carpet, 4 season porch, finished WO lower-level w 2nd bath opportunity. Beautifully landscaped w mature trees creating serenity & space. A seasonal stream runs the border of the home & the cul de sac location ensures peace & quiet. Mins to village, Culinary Institute, FDR Mansion, Marist College & Metro North Train. \$329,000



Handyman Special Livingston: Diamond in the Rough! Great Opportunity to

restore this sweet home to its former glory. Original details include HW floors, hardware, fixtures & moldings. Large EIK, DA, Large LR, BR on Main Level Plus FB. Two More BR's upstairs w Add'l FB plus office area. Located in Hamlet of Elizaville & set on pretty parcel w vintage shade trees. Detached GAR w Loft. Easy access to TSP. Come Make This Gem Shine Again! \$199,900





of two Sun Porches. Two staircases bring you to the KIT, Dining/Library, FB & access to 2nd Sun Porch, Third level hosts 2 more BR's & BTH. HW floors, ornate moldings & fixtures are some of the preserved period details. This Jewel is situated on a corner lot within a stone's throw to library, churches, shops/ dining along w access to Bard Shuttle/Loop bus. Opportunity for Bed & Breakfast, Income, home office etc. Come LIVE, LOVE & LAUGH in this beauty located in the heart of the village. \$499,900

Move in Ready with Heated, Saltwater Pool: Pine Plains: One level, spacious ranch features custom EIK w



loads of storage, Formal DR, Bright LR, Primary BR v ensuite FB, large BSMT features custom built ins & stand by generator. Park-like yard features a luxurious saltwater heated pool w a pergola & gazebo for alfresco dining. Two car DET GAR w workshop & two small barns. Walk to the village: dine at the Stissing House or grab your morning coffee at Rosey's, ride your bike for a dip in the lake, or hike Stissing MTN. You'll never be bored, fabulous location, a true gem of a house & all the amenities you need. \$439,500

Combine Home & **Business Red Hook:** Retro 3 BR/ 3 BTH Ranch home includes a studio w Bath. Main House features one level layout w



HW floors, FP in LR, bright & sunny KIT w DA, FB plus laundry. Enclosed porch is a nice place to relax on a warm day. Full bsmt is finished w playroom, office, add'l FB & potential for accessory apartment. Two Car Attached GAR. Great for home business or added income. Home & Cottage are set on 2.8 Pretty Acres w shade trees plus shed for added storage. Minutes to Red Hook, Bard Etc. Live, Play & Work from Home. \$349,900

Land for

Red Hook: 16.1 Acres \$189,000 16.27 Acres with Garage \$279,000

> **Clinton Corners: BOHA** 7.71 Acres **\$135,000** 9.22 Acres \$139,000 16.93 Acres **\$259,900**

Red Hook: BOHA 3.39 Acres \$165,000

5.86 Acres \$149,000 Owner Financing:

Clermont: 2.6 Acres \$125,000 Hvde Park: BOHA & Owner Financing:

2.8 Acres \$69,000

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### The Angela Lanuto Team from page 1

now. "It's still better to buy a house than to pay rent," Allison says, "and starter homes are still out there" including foreclosures from before Covid -- which are now being released since the moratorium on foreclosures is over. "Many banks have loans for first time home buyers," she shares. "And some banks are offering interesting programs that provide buyers with ways to manage the change in interest rates. Plus, there is always the opportunity to refinance when interest rates drop again."

Team partners, Angela Lanuto and Allison Morelle, are awardwinning experts, skilled at pricing houses "right." They know what the market will bear and have particular advice for sellers. "Don't wait until spring," Angela and Allison insist. "There are ways to showcase your home to make it look the most attractive during winter months by photographing exteriors now -- before the snow falls. Also, accentuate your interior spaces to make them look cozy and



Left to right: Allison Morelle and Angela Lanuto of the The Angela Lanuto Team at the DCRCC After Hours Networking Event at The Dutchess County Stadium Renegades Baseball Game.

inviting. Remember, There's always someone looking to buy during the Fall and Winter seasons, and right now buyers do not have a lot of available homes to choose from."

Angela and Allison admit to being data geeks who love to share the local real estate numbers they crunch for fun, calculated by quarters -- comparing last year to this year. In Dutchess County, median and average sales prices are up over last year, while the total number of sales is down, a consequence of a reduced

number of listings coming on the market. For those thinking of listing their home this means the outlook is rosy compared to what negative prognosticators would have believe. us "Houses moving quickly if they are priced appropriately."

A Realtor who serves as President of the Columbia Greene Northern Dutchess Multiple Listing Service, Angela is an enthusiastic advocate for homeownership. The Angela Lanuto Team helps their clients realize the American Dream by asking a lot of questions. "That's how we match a property to the client's unique lifestyle. We listen to them and find homes that will support them as they do the things they love. We are committed to giving them what they want, be it residential, luxury, land or commercial." This customer satisfaction is obvious in their multitude of industry awards including company Top Producers, Columbia Greene Board of Realtors' Realtor

of the Year, Coldwell Banker International President's Elite & President's Circle. The Angela Lanuto Team have pooled their talents and Coldwell Banker Village Green Realty's unique marketing strategies to provide homeowners the very best service and representation. Angela and Allison say that a large portion of their clientele are built from relationships they have created with people in their communities and past clients "We are so appreciative of all our happy buyers and sellers who call us repeatedly and send us referrals. It truly is the highest compliment we could receive."

For more information or to learn about your home's value call The Angela Lanuto Team at 845-658-0536 (cell), email at TheTeam@AngelaLanuto.

com, visit the team's website www.AngelaLanuto.com or find them on Facebook, Instagram or LinkedIn. Serving Columbia, Greene, Dutchess and Ulster Counties. For information on NY State Human Rights Law, visit villagegreenrealty.com/fh.

### 7 Tips for Readying from page 25

space to use that equipment."
He adds, "Always follow your manufacturer's guidelines, and remember to keep kids and dogs away from operating equipment at all times."
Here are a few tips from OPEI to ensure your lawn mower and other spring equipment will be available for use when warmer temperatures return,

Continued on page 28









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28 - Hudson River View - November 2022

### 7 Tips for Readying from page 27

and snow throwers and other winter equipment will be ready for use when the snow falls. 1.Review owner's manuals. Refamiliarize yourself with how to handle equipment safely. Lost manuals can be found online. Save a copy on your computer if possible, so it can be consulted when needed. Be familiar with your equipment, and all its features, including how to turn it off quickly and safely. 2.Service all equipment. Before storing spring and summer equipment, clean and service it or take it to a small engine repair shop. Drain and change engine oil and safely dispose of the old oil. Service the air filter, and do other maintenance as directed by the owner's manual. Check winter equipment and see if any maintenance and repairs are required. 3.Handle fuel properly. Unused fuel left in gas tanks over the winter can go stale and even

damage equipment. Before storing equipment, add fuel stabilizer to the gas tank, then run the equipment to distribute it. Turn the engine off, allow the machine to cool, then restart and run until the gas tank is empty. For winter equipment, buy the recommended type of fuel no more than 30 days before use. Use fuel with no more than 10% ethanol in outdoor power equipment. Use a fuel stabilizer if recommended by the manufacturer. Get more information on safe fueling for outdoor power equipment LookBeforeYouPump.com. 4.Charge the battery. Remove and fully charge batteries before storing. Don't store batteries on metal shelves or allow them to touch metal objects. Store them on a plastic or wood shelf in a climate-controlled structure. 5.Shelter equipment winter weather. Store spring and summer equipment in a clean and dry place such as a garage, barn or shed. Winter equipment should be kept away from the elements,

6.Prepare, prepare. Make space in the garage or basement before the weather changes, so there is room to store larger yard items. Clean up the yard of sticks, debris, dog and kid's toys and other items that can damage or destroy equipment. Clear the paths used regularly in your yard, especially during the winter when snow can "hide" things. 7. Have the right weather appropriate extension cord for your generator. Keep heavy duty weather proof extension cords on hand to use with it. Ensure the length of the cord is necessary to operate the generator a safe distance from the house or building. Never operate a generator indoors, in a garage, breezeway or under an open window.

but be easily available for use.

### **NUTRITION IN A NUTSHELL**

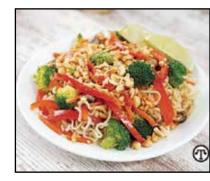
**Peanuts Deliver Good Food** Fast (NAPSI)—

> Life today often seems be overdrive, leading many Americans to make snack and meal decisions quickly without really thinking about the nutritional makeup what they're consuming but it doesn't have to be that way. Think Twice "Being mindful about what you eat each day can have a significant impact on so many aspects of your life. Food

choices can influence your mood, energy level, cognition and memory, as well as your overall health and being," says Samara Sterling, Ph.D., director of research The Peanut Institute. Unfortunately, most "fast food" is overly processed and relies on sugar, salt and saturated fat to make it taste good in the moment, but it can end up having detrimental effects down the road and may even increase the risk for certain cancers. **Food As Medicine** Peanuts and peanut butter, on the

other hand, are convenient and healthy superfood choices that satisfy immediate hunger while delivering lifelong benefits. According to numerous research studies, regular consumption of peanuts has been shown to: reduce Alzheimer's disease risk by 70%; reduce diabetes risk by 53% and cardiovascular disease risk by 13%; and aid memory, cognitive function and concentration. Daily consumption can even help reduce anxiety and depression. "Peanuts deliver such a plethora of benefits. A single serving of peanuts, which is about a handful, is packed with 19 vitamins and minerals and contains seven grams of plantbased protein," adds Sterling.

The Science The benefits of plant-based protein are becoming more and more apparent. Research that compared nuts and legumes to animal protein showed higher intake from meat was associated with increased mortality risk. Another study found that replacing animal-based protein with plant-based protein can substantially lower the likelihood developing diabetes. Finally, an interesting study of older adults found that faster walking speed was associated with a higher intake of plant protein, while slower walking speed was associated with greater animal protein intake. To easily incorporate peanuts and peanut butter into a busy schedule, check out The Peanut Institute's collection of simple yet tasty recipes.



**Tasty Peanut Ramen** 1 (3 oz.) package ramen 1 Tbsp shallot, diced 2 tsp minced garlic 1/2 cup shredded carrot 1/2 cup sliced mushrooms 1/2 cup coleslaw blend or chopped broccoli florets 1/2 cup red pepper, large dice 1/4 cup peanut butter 1/2 cup - 2/3 cup water 1 Tbsp soy sauce 1 Tbsp brown sugar 1 Tbsp Sriracha 1/4 cup roasted peanuts,

chopped 1 Tbsp cilantro, for garnish Cook ramen according to package directions. Strain noodles and set aside. In a medium sautée pan, warm 1 Tbsp of oil over medium high heat. Add shallot and garlic and cook until aromatic. Add mushrooms to pan, sautée until tender. Combine carrots, broccoli and red pepper into the pan and sautée about 2 minutes. Remove from the pan. Combine water, peanut butter, soy sauce, brown sugar and Sriracha in the pan. Simmer and reduce until sauce is thickened, about 2 minutes. Top ramen noodles with sauce and combine well. Top with vegetables, chopped peanuts, and cilantro. Learn More

For other recipes and further information, visit www. peanutinstitute.com or follow Peanut Institute on Instagram, Facebook or Twitter. • The Peanut Institute is a nonprofit organization supporting nutrition research and developing educational programs encourage healthful lifestyles that include peanuts and peanut products. It pursues its mission through research programs, educational initiatives and the promotion of healthful lifestyles.



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#### RHINEBECK FIXER UPPER



This Circa 1810 colonial has 3 bedrooms, 2 bath nome on 1 acre with a one car detached garage. Original wide board floors, 2 fireplaces and a wood stove hearth in the unfinished family room. The home needs total renovation and is being sold as is. Priced to sell at \$209,000

### RED HOOK LIQUOR STORE



Established turnkey liquor store in a high traffic area. Wonderful reserved pull up parking. Located in the Cornucopia Deli/gas station and Beverage Way Building. With its largest customer base (Bard College) shut down by Covid-19 the store gross was \$750,000 in 2020 & 2021. Long term lease available. Current average monthly rent is \$1,000. The asking price is \$429,000 plus inventory.

### **LAND**

### RED HOOK LOT WITH POND



Off a quiet country road in the town of Red Hook lies a lot with 3.02 acres. This land offers it all, sitting high above the road and gives you that grand feeling of seclusion and elegance. To the rear of the property there is a rock ledge that drops down to a pond that offers you a peaceful view to enjoy and watch nature at its best. This lot is BOHA and ready to go! Asking **\$92,500** 

### RHINEBECK VILLAGE 14 ACRE PARCEL



Located on the east side of the Rhinebeck Village is this 14 acre vacant parcel that offers many opportunities such as Private Estate, Minor/Major Residential Subdivision, Agricultural Use, Home Occupation and/or a Bed & Breakfast just to name a few. Owner financing with terms. Asking \$1.9 million

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to the Village of Rhinebeck, NY. The Beautiful and pristine Indian Creek runs through this undisturbed nature preserve with stone walls, ld growth orest, open meadows, spring fed pond, and a massive boulder rock ridge (with cave) in complete privacy and seclusion. These properties are cleared and ready to build with driveways and electric in and all approvals in place The 9.89 acre lot

Prime grade bilding lots six minutes

has a well in place. If these two parcels stay together it would make a wonderful mini estate or family compound. Must see, Builder/Owner available, possible owner financing.



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This one-story end unit luxury condo at The Gardens in Rhinebeck has it all! Adjacent, gorgeous pond, clubhouse with pool and owner's private gym, all with easy access to the Village and Amtrak. There's a granite kitchen, living room and open dining room, primary and quest suites, central water and sewer, central air, low utility bills and low taxes. Truly exceptional! Offered at \$610,000. Our Exclusive!



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