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Vol. VI Number 8 - Serving Northern Dutchess & Southern Columbia County October 2021

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**Postal Customer** 

### Fully Loaded Performance – NEW Towing

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By Lisa Dudley

Fully Loaded Performance just got a beautiful red tow truck. It's a 2008 Peterbilt. Everyone talking about Located just half a mile north Dutchess County line at 3541

the left side driving north, it's parked near the road. The buffed and shiny paint (@) Butch.Karlic on FB and @ bcustomdetailing on Instagram) All the fancy Fully catching. Loaded Performance lettering was done by Kevin P. Mowry Anyone who knows Ronnie

Cagliostro will be following his

Valley Properties

Acquisition further expands

HomeServices' footprint in the

HomeServices of America® Acquires

Berkshire Hathaway HomeServices Hudson



Ronnie Cagliostro, Chris Benjamin, Tucker Warman, Chris Renneman, Tracey Jurczyk, Logan McCarthy

Route 9G in Germantown on progress as the Fully Loaded Performance business and his reputation expands. The shop is legendary. Not only can they diagnose and fix anything you are driving with and fancy details are eye state-of-the-art-technology, they can restore antique cars and souped-up hot rods and trucks.

> "Everyday cars are our first HVMobilGraphics.com. priority before restoration," he reminds us. "People need their

> > Continued on page 7

### FRIENDS OF RHINEBECK CEMETERY PRESENTS ITS THIRD ANNUAL LIVING **HISTORY CEMETERY TOURS**

On Saturdays in October at 3pm, Theatre on the Road and Friends of Rhinebeck Cemetery will bring six spirits to life who each contributed to Rhinebeck's rich past. As guests move through the cemetery, they will hear these historic characters tell their unique stories. Characters will be in authentic costumes and played by members of Theatre on the Road. Guests will enter the cemetery at the Mill Road gate and follow the signs for parking. Guided tours will last one hour. This entertaining and educational experience is not to be missed!

century and end in the early 20th century. Guests will meet George Saltford, a florist who launched the Hudson Valley's violet industry and Susan Frazier, a teacher who fought for Africantour will be Andrew Frazier, a landowner and Susan Frazier's grandfather. Also returning from the hereafter will be Richard Library's Ghostly **Schell**, a U.S. Congressman who married into the Churchill family, Mary Miller, the founder of the Starr Institute in Rhinebeck and Elisha Holdridge, a drummer boy who went on to serve in both the War of 1812 and the Civil War. October 9, 10, 23 and 24. start at 3pm. tours Saturday, October there will be a 1:30 pm accessible tour and a 3 pm tour. \$15 Adults, \$10 Students (with valid ID), \$8 Seniors and under 12. Purchase tickets by visiting www. friendsofrhinebeckcemetery.org For information: 914-489-3668 or 845-475-7973

**About Theatre on the Road** Theatre on the Road is the creation of actor, writer and director Frank Marquette and his partner co-producer, and wife Kristen. They have been producing and performing plays for public, educational, and charity events since 1998. Original productions include Poe's Last Mystery, Kingston: Voices from the Past, Whiskey Women, and A Taste of Shakespeare. Since 2015 they have been producing living history tours at the Old Dutch Church in Kingston, NY. To learn more visit www.theatreontheroad.com. Jessica Boyd provides historical research and monologues for the living history programs. She did the research and monologues

Continued on page 4

### Finding the Best Medicare Plan in 2022 with **Palmiter Business Solutions** By Amy Byrne:

There are some changes major happening with healthcare providers and Medicare insurance plans that will affect many in the mid-Hudson region.

As Medicare's Annual Enrollment Period fast approaches, Palmiter Business Solutions



Aaron and Colleen Palmiter

is ready to guide Medicare higher cost sharing. Therefore, eligible clients in finding the best if a provider's not in-network for healthcare plan to suit their needs.

Colleen Palmiter says changes with providers and major insurance companies including Fidelis and Aetna will be impacting current medical plans.

"Some local healthcare providers Tours begin in the late18th are not going to be in-network, contracted with certain insurance companies for 2022. So, if somebody has a plan where their primary or specialist is not contracted with their insurance plan, when they go see them, American rights. Next on the they're potentially going to pay

the new year, and that provider has been in your current plan, then you either have to change your doctors or change your plan or understand you will potentially pay more to see that provider."

Caremount Medical Group, which has a significant presence in the region, is one of the healthcare providers changing their insurance contracting, notes Aaron Palmiter.

"Caremount is not accepting Aetna and Fidelis in-network for 2022 for some of their plans

Continued on page 8

## **Hudson Area** Gallop 5K

Runners & walkers can support the library by competing in the Ghostly Gallop Fundraising

The Hudson Area Library's Ghostly Gallop 5K will be contested virtually for the second straight year because concerns about COVID.

The run/walk event had been scheduled for Halloween, October 31, at the Hudson Jr./Sr. High School. Instead, participants can register online at ghostlygallop. October 16 and 31, and submit their time on the Ghostly Gallop website. The fastest men and women runners will receive a Cranna Cup, the traditional trophy for the race's top finishers. Every participant will receive a free t-shirt, which are available in men's and women's sizes.

"We wish we could meet on Halloween for a fun community event," race director Gary Sheffer said. "However, I hope all Ghostly Gallopers will consider competing virtually and will raise funds on their own for the library's programs for children and adults."

Library Director Emily Chameides said that over the years, the race has been an important fundraiser for the library, which needs to raise over 55 percent of its budget every year through these types of events. Over the



pandemic has limited the library's ability to hold fundraisers such as its annual summer celebration Gallop. Ghostly

As a result, this year the library is asking Ghostly Gallop participants to raise their own funds as part of participating in the race. It's easy to do: When participants register, they will be given instructions on how to set a fundraising goal. They'll be able to track their progress info, run, or walk a 5K between against others. Prizes will be awarded to the top individual and team fundraisers in the Ghostly Gallop Fundraising Contest.

> "Your support for the library is needed this year more than most," Chameides said. "We

Continued on page 2

### THE HUDSON **RIVER VIEW** ONLINE!

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Hudsonriverview.net

### Northeast residential real estate HomeServices of America, Inc., a Berkshire Hathaway

today announced the acquisition of Berkshire Hathaway HomeServices Hudson Valley Properties, the leading real estate company in the Mid-Hudson Valley market for 29 Financial consecutive years. disclosed. terms were not

LaGrangeville, New Berkshire HomeServices Valley Properties serves the counties of Dutchess, Ulster, Columbia, Putnam and Westchester with more than 400 agents in 13 offices. For the 12 months ending in June 2021, Hudson Valley Properties closed nearly 4,300

The November Edition Of The Hudson River View Will Be In Area Homes On November 3rd The Deadline For Advertising And Press Release Submission

Is October 20th

of sales volume, earning more than a 24% market share. The company joined the Berkshire Hathaway HomeServices network as an independent franchisee in 2014, and with this transaction, joins the HomeServices of America family of wholly owned companies. HomeServices has earned the ranking of the largest real estate company based on closed transactions since 2019. Hudson Valley Properties ranks Founded in 1980 by Steven #303 among top 350 real estate Domber and headquartered brokerages in the United States and is a member of the prestigious Hathaway Berkshire Elite Circle, ranking Hudson #31 in the top 50 brokers of the network worldwide. Domber, founder and president of Berkshire Hathaway HomeServices Hudson Valley Properties, is active in the real estate industry on both the state and national levels. He will continue in his current role as president running the day-to-day operations along with his sales

> HomeServices Hudson Valley and philanthropic contributions.

units representing \$1.53 billion management and leadership team.

Domber and his wife Debbie, vice president and director of marketing at Berkshire Hathaway Properties, are widely recognized for their community involvement Hudson Valley Properties is a founding sponsor of The Treehouse Foundation of the for the Rhinebeck Cemetery Hudson Valley, a fundraising tours in 2019 and produced

Continued on page 3

### **ACCORDING TO QUACKERS**



Halloween is also known by various other names such as All Hallows' Eve, The Feast of Dead, Samhain, The Day of the Dead, Snap- Apple night, summer's end, Witches night etc. Halloween the most

holiday commercial the USA after Christmas. Ireland is believed to be the birthplace of Halloween day that dated back to era 4000 BC. ancient Celtic people considered Halloween main holiday because it represents the New year. Orange and black are Halloween colors as orange is associated with the fall harvest and black color is associated with darkness & death. More than 93% of children go trick-or-treating each year. Jack-o-lanterns are originated in Ireland when people placed candles in hollowed out turnips to avert ghosts, and spirits on the holiday of Samhain. essential Halloween symbol pumpkin is not just found in orange color, but also white, green and blue, that gives people more options for unique and creative carvings. An owl is a famous Halloween image which was regarded to be a witch in Medieval Europe.

### **MEET THE CANDIDATES**

"The Rhinebeck Republican Committee will host a Meet the Candidates/Pasta Night event on Thursday, October 14th from 5:30 to 8:00 PM at Foster's Coach House Restaurant, 6411 Montgomery Street, Rhinebeck. Senator Sue Serino will be the guest speaker. More information is available at their website: www. rhinebeckrepublicans.com, or by email at <u>rhinebeckrepublicans@</u> gmail.com."

### **Ghostly Gallop from page 1**

hope businesses and individuals will consider joining the Gallop's virtual run and the Ghostly Gallop Fundraising Contest."

Sheffer said the library also is looking for sponsors to help offset the costs of the race and to provide prizes to winning fundraisers. Anyone interested

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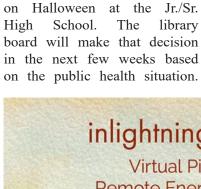
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Livingston, NY 12541

(518) 537-5027

melanien@valstar.net



in sponsoring the race can visit

the Ghostly Gallop website.

holding a small event for

children aged 12 and under

The library is still considering

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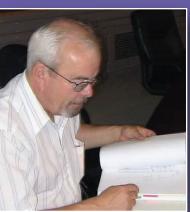
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# **Meet Our Town of Rhinebeck Team Election Day is November 2, 2021**



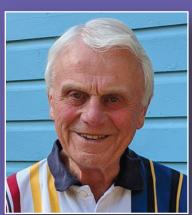
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- · WORKING with the Conservation Advisory Board, we will RE-ENERGIZE the roadmap to neutralizing Town Government's **ENVIRONMENTAL IMPACT** on our natural resources.
- · AUDITING the gross taxation inequities on homeowners, we will CORRECT excessive taxation failures and ensure our residents' are FAIRLY TAXED.
- · RESTORING focus on neighbors serving neighbors, we will ELIMINATE PERSONAL GAIN in Town Hall while SUPPORTING and THANKING our **COMMUNITY SERVICE** volunteers.
- · IDENTIFYING inefficiencies and waste, we will ensure that projects and programs provided by your Town government are **SUSTAINABLE**, so that your VALUE outweighs your TAX BURDEN.
- **CONDUCTING** the Town's business in front of the public, we will embrace **TRANSPARENCY** by regularly and **PUBLICLY** reporting the Town's **FINANCIAL** status, **PROJECTS'** progress, and **PROGRAMS'** results to you. We will **RE-OPI**

**Rhinebeck Republican Committee** PO Box 744 Rhinebeck, NY 12572 web: rhinebeckrepublicans.com FB: RhinebeckRepublicans to Donate by PayPal or Credit Card



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#### **Home Services of America** from page 1

organization that supports local children's charities, including The Sunshine Kids, raising

Hudson Valley Properties

and Westchester Properties, a leading real estate brokerage firm which now has more than 2,200 sales professionals spread throughout 63 offices in Connecticut, Rhode Island, Manhattan, Westchester County and Mid-Hudson Valley, N.Y.

"Steven, together with his executive team, sales managers, agents and employees, has built an extraordinary organization and demonstrated a longstanding commitment to exceptional service to their buyers and sellers," said Gino Blefari, CEO of HomeServices of America. "Joining Hudson Valley Properties with the New England Properties family of brands creates exciting opportunities continued growth."

everything I have strived for in building our company--strength, stability and integrity," said Domber, president of Hudson Valley Properties. "By joining HomeServices of America and partnering with Berkshire HomeServices New England, New York and Westchester Properties, we will now have access to greater resources and services, which will be a tremendous benefit to all of our associates as they better serve the real

"Berkshire Hathaway

"We are pleased to be expanding our footprint in the Northeast and are committed to its continued growth and success," concluded Blefari. "We are looking forward to working with Steven and his team of top professionals and are very proud to welcome them to the HomeServices family."

With this transaction, HomeServices has nearly 46,650 real estate professionals operating in more than 920

providing

"HomeServices stands for Hathaway estate needs of their clients."

HomeServices Hudson Valley Properties is one of the most highly respected independent brokerages in our global network," said Candace Adams, president and CEO of the New England Properties family of brands. "The team's rich local market expertise — coupled with its proven track record of success — makes Hudson Valley Properties an outstanding addition to our growing network of sales professionals now reaching from Manhattan to the Mid-Hudson Valley, underscoring our strength as a regional powerhouse."

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### **About Berkshire Hathaway HomeServices Hudson Valley Properties**

Berkshire Hathaway HomeServices Hudson Valley Properties, with over 400 sales professionals in 13 offices throughout Dutchess and Ulster counties, has been the leading real estate broker in the Mid-Hudson Valley market for 29 consecutive years. Covering all corners of the Mid-Hudson Valley market and serving a full spectrum of consumers, the company has set the standard of professional service through trust, integrity and commitment to extraordinary customer service. For more information, visit www. bhhshudson valley.com **AboutHomeServicesofAmerica** HomeServices of America, through its operating companies, is the nation's largest residential real estate company based on closed transactions and is the country's premier provider of homeownership services, including brokerage, mortgage, franchising, settlement, insurance, and relocation services. HomeServices of America is the owner of the Berkshire Hathaway HomeServices and Real Living Real Estate residential real estate franchise HomeServices is owned by Berkshire Hathaway Energy, a consolidated subsidiary Berkshire Hathaway Inc. For more information

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### Friends of Rhinebeck Cemetery from page 1

scripts for Theater on the Road's tours of the Old Dutch Church Cemetery in Kingston last year and this year. Jessica is a locally based writer, actor, and teacher.

**About Friends of Rhinebeck** 

Cemetery

Friends of Rhinebeck Cemetery, is a not-for-profit organization working to promote and optimize the history, design and ecology of the cemeteries under the Town of Rhinebeck's jurisdiction; Rhinebeck Cemetery on Route 9 and Mill Road, Kirchehoek Cemetery (Wey's Crossing) on Route 9; and Kerk Hof Cemetery in Rhinecliff. Nestled into the natural beauty of





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the Hudson River Valley, these gems are rich with national, state and local histories, architectural treasures, natural heritage, and remembrances of the dead. We exist purely for the benefit of these cemeteries, promoting their beauty and legacy by raising money for restoration, conservation and education efforts - things not included in the Town's cemetery budget. For additional information visit www. friendsofrhinebeckcemetery.org



The Claverack Library's Marilyn and Bob Lauirie Foundation Gallery presents the exhibition *Creativity Amid Chaos*: What did you make during the

pandemic? continuing until November 6. This show contains the work of 46 local artists and creators, professional and non-professional, in a wide variety of media. Artists created their own labels, explaining that they found themselves with time on their hands; that they were forced to work in

isolation; that they lost access to materials or studios; that they learned new techniques; that their thoughts altered in a time of grief and uncertainty; that their work expressed their longing for familiar places they were unable to visit; or that they made mementos for people they might never see again. The resulting works range from paintings of all



shapes and sizes to film, textiles, artist's books, 3-D structures and fantastical creations from found materials.

The Claverack Library is located at the intersection of Routes 9H and 23B. Masks must be worn inside the building. The gallery is open during library hours as posted www.claveracklibrary.org.

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### ACROSS

- 1) Start for "lock" or "iron"
- 5) Temple VIP
- 10) Like a useless tire
- 14) Vegas competitor
- 15) Milky gems
- 16) Whip end?
- 17) Opposing 18) Cowboy Bill of legend
- 19) Catch a glimpse of
- 20) Spooky residences
- 23) "Bud" or "pal" kin 24) Brisk energy
- -Wan Kenobi
- 28) Citi Field player
- 29) Jack of Sgt. Friday fame 33) Fixed portion

- 38) Dark, spooky place

**SCARE TACTICS** 

35) Fill with enthusiasm 37) Aardvark morsels

- 43) Affirm
- 44) Agreeable
- 45) Composed
- 48) Desperately need a bath 49) Khan's title
- 52) Rubble maker, big-time
- 53) Chinese restaurant quaff
- 55) Consume heartily
- 57) Spooky thing on the water
- 62) Ready and willing go-with
- 64) Bus rider's "coin"
- 65) Indication of a voicemail
- 66) One not using his brain 67) Made mistakes
- 68) Sign for the superstitious

By Timothy E. Parker

- 69) Healthy type of bean (var.) 70) Little darlings
- 71) Be literate, in a way

### **DOWN**

- 1) Kind of cracker
- 4) Executing
- 6) Imitated at a zoo?
- 7) "Goldberg Variations" composer
- 8) Softly hit single
- 9) Producer of magazines or credit cards
- 11) Activity performed on a dude ranch
- 13) " will be done"
- 21) Namely
- 22) Place that exists to pamper
- 26) Not just this one or that one
- 27) "Meet Me \_\_\_ Louis" (1944 film)
- 32) What a seller seeks
- 36) French door part
- 39) What one definitely isn't
- 41) Make it a new game
- 46) In-flight info, for short
- 50) Kind of pig
- 54) "O come let us \_\_\_ Him"

- 59) Item of Creole cookery 60) "... and
- \_\_ the twain shall meet"
- 62) Showstoppers?
- 63) "I don't like your performance!"

### 2) File menu option

- 3) Read between the lines

- 5) Rodeo tool

- 10) Run away
- 12) It could cause a death on the Nile

- 30) Before, long before now
- 31) Arctic floating chunk
- 34) Shadow, in a whodunit
- 35) Common houseplant
- 38) Boss of a first lieut.
- 40) Intellectually
- 42) Emulating a newborn
- 47) Not just dinged
- 49) Obeying a curfew
- 51) Add supplementary material to
- 56) Noted für trader John Jacob
- carotene
- 61) Stopping points

Solution on pg 7

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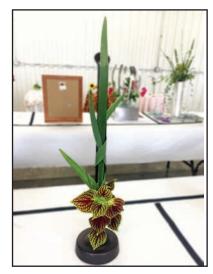
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### Germantown Garden Club Announces Flower Show Award Winners

The Germantown Garden Club has held a type of flower show for over 90 years. Despite the Covid pandemic the club was able to hold an in-person show for 2021. All safety protocols were followed. The theme for this year's standard flower show was 'The Flower Power of Gardening'. A standard flower show consists of a Design Division with 6 design classes, a Horticulture Division, Division III two Educational Exhibits and Division IV Botanical Arts,

Photography. This year there were 99 entries in the Horticulture Division. The show is judged by 6 Accredited Flower Show Judges. The top winners in the Design Division were; Andrea DiPace, Design Excellence, Tri-Color Award and Sweepstakes Award, Mimi Brauch, Designer's Choice Award. The top winners in the Horticulture Division Triona Fritsch, Horticulture Excellence Award and 2 Awards of Merit, Mimi Brauch, Grower's Choice Award and an Award of Merit, Sweepstakes Award, and Irene Clum, Arboreal Award. Mattie Gifford and Ann Bloom each won an Award of Merit. For more information about





the Germantown Club call President Bufi, at Germantown The Club is a member of District Three, Federated Clubs of New York State, Inc., Central Atlantic Region and National Garden Clubs.

### October Programs at Starr Library in Rhinebeck

Contact: Nan Jackson at njackson@starrlibrary.org **Children's Programs** 

Global Arts Weekly Program: Tuesdays at 5:15pm. Global Arts is a weekly, hands on, arts and crafts class led by Tara Foley, the Youth Programmer, at Starr Library (kids know her as Ms. Pockets!). We will look at folk art traditions from different parts of the globe, starting with Latin America, Africa, Australia and Japan in order to better understand the world that we live in today. Parents and guardians are welcome to work together on the projects with their children. We will make work inspired by artists and artisans from all over the world while learning geography and reflecting on cultural traditions. This is a program geared toward elementary school aged

Continued on page 6







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Starr Library from page 5 kids and we will be serving PIZZA! Registration required on the calendar at starrlibrary.org Storytime with Miss Robbie: Weekly on Thursdays at 10:30am. Ages toddler through Preschool. Graphic Novel Book Club with a Twist for Tweens: Monthly on the First Thursday of the month at 3:30pm. This will be a fun book club for middle school aged youth led by Youth Programmer, Tara Pockets Foley. We will read 5 graphic novels, get together to talk about them, and then we will make our

own! This book club welcomes all levels, you don't need to be a great artist or a great writer to be in this club, we will just try our best and have fun! Every month a different graphic novel will be voted on to read (by you!) from a list of popular titles. Also every month, we will chose our favorite scene (page) from the graphic novel we are reading and copy the page with our own drawing style, redesigning the characters to be whomever we want! This monthly drawing activity will be the practice we need to make our own graphic novels. Check

registration at starrlibrary.org Music Therapy for Elementary School Students: Three Thursdays at 4:30pm. October 14th, 21st and November 4th. Music and music therapy provide opportunities for children to develop and learn new skills through music experiences. Music experiences address cognition, language and the social skills of the child within a safe, nurturing and fun process. We will use instruments, dance, chants, puppets and much more to provide your child with a meaningful and fun experience. This class is part of a three-session series, sign up for all three! This class focuses on elementary aged vouth but can also go up to middle school if requested. This class is inclusive of children at all stages of development and functionality. This session will meet outside under the tent. Sessions facilitated by: Terry Watson, MA, CMT, LCAT, MS,

our calendar for information and

Special Education. To register go to the calendar at starrlibrary.org Dungeons and Dragons One Shot Game: Saturday, October 16th 2pm to 4pm. Starr Library is very excited to present an opportunity for youth to play a one shot game of D&D! We are thrilled to welcome experienced gamer, Carolyn Reid as the Dungeon Master. This D&D session will take place outside and for children ages 12 and up. There will be a limit of seven players. If we find there is excitement in the community around the opportunity to play, we can plan more games in the future! D&D is a wonderful way to build creativity, problem solving skills, community, math skills and much more. Space is very limited. Register on the calendar at starrlibrary.org Online Mandarin and Chinese Culture Club: Four sessions Tuesdays at 4pm starting Tuesday, October 19th through November

16th. Starr Library is very excited to present an opportunity for youth to play a one-shot game of D&D! We are thrilled to welcome experienced gamer, Carolyn Reid as the Dungeon This D&D session will take place outside and for children ages 12 and up. There will be a limit of seven players. If we find there is excitement in the community around the opportunity to play, we can plan more games in the future! D&D is a wonderful way to build creativity, problem solving skills, community, math skills and much more. These programs are brought to you by Starr Library, Morton Library, Red Hook Library, Staatsburg Library and Tivoli Library. To register go to the calendar at starrlibrary.org **Adult Programs** 

Saturday Chill with Classical Guitar Music: Saturday, October 2<sup>nd</sup> 1pm to 3pm. Local guitar

Continued on page 12

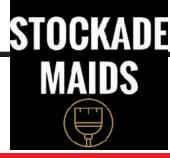


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### Fully Loaded from page 1

cars to get to work and be safe on the road," which is why having a flatbed towing service is so helpful to his loyal customers.

Flatbed tow trucks can better protect an expensive car. Flatbed towing is probably the safest option available for transporting vehicles and the risk of damage to bumpers and axles during transport is minimal. "It's helpful to have a tow truck," he points out. "We can now offer pick up and transport for our clients. It's more customer service. We can pick up after accidents or break downs."

They also move vehicles, having recently done a pickup in the Bronx and one in New Jersey from a collector who wants a full restoration on a 1970 Cutlass Oldsmobile. Another shop from Brooklyn sent a van they could not fix "because it required a lot of intensive work." Even a well-known dealership

sometimes drops off a vehicle "if they are stumped with how to repair it." Local companies trust the team at Fully Loaded Performance to keep their cars and truck fleets running smoothly because Ronnie Cagliostro and his team do excellent work. Tracey Jurczyk (pro: jur-sik) is the Fully Loaded Performance office manager for 3 ½ years. In a busy office where things are always hopping, Tracey is Ronnie's secret weapon. "She handles everything," he declares. "She keeps this place running so we can keep your cars running." Fully Loaded Performance is open M-F, 8am-5pm but they're also open Saturdays, 8-12, even though Saturday hours aren't really on the schedule. "The doors are open so people just stop in and make appointments," Tracey explains. When Ronnie Cagliostro is off-site in his flatbed tow truck picking up vehicles for valued

clients, his team of experienced are their magic in Germantown. Logan McCarthy is the newest hire. He came from a Dodge dealership after attending UTI in Pennsylvania to study dealershipspecific courses. He does a little of everything which means general maintenance. He likes doing lift kits to make the vehicle higher but mostly he is intuitive about what a vehicle needs and won't stop until he figures it out. "Ronnie is a great guy to work for," he shares. "We're a family. A team. Everyone gets along. Happier people do happier work." And happier work makes for a happier car. Chris Benjamin is a team who also everything but his specialty is performance modification and adjustments. He is a fabricator which means if they can't get the part he can re-create it. Or sometimes "We just make it if we want it. If there is no known part ever made, then I weld it to make it happen. " Apparently, this is common with exhaust systems where "they don't make them like we want them. So I piece metal together and get the job done." Chris Benjamin has known Ronnie for 20 years since they both worked at Rhinebeck Ford. "I started helping on Saturdays when the dealership was not busy due to Covid19." He joined Fully Loaded

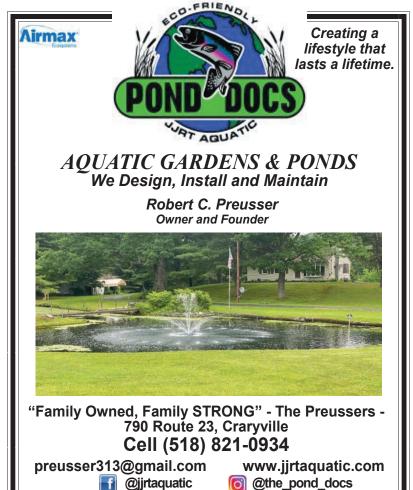


busy, "he needed me all the time." Chris Benjamin likes working for Ronnie because, "every day is different." He likes to do performance work for customers, "figuring out why it's so slow" or "just making it work better. A lot of mechanics can't do performance stuff," he says. "They only know how to swap out parts. They don't understand the dynamics or the science behind it" which he learned in the Army. His specialty was aviation. worked on helicopters he fully understands what a super-engine can do. Chris Renneman is a technician who does everything from oil changes to brake jobs, to engine and transmission swaps and rebuilding rear-ends. That means, "changing how power is put to wheels by replacing

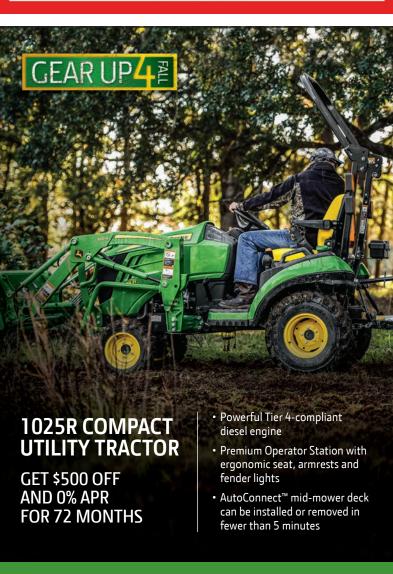
gearing in the rear end with a

different number of teeth." This may make it faster but it changes the torque output which allows a pick up truck to tow stronger, not faster. Mostly, he "likes to do electrical diagnosis and searching down bad wires and bad sensors." "I enjoy my work," he notes. Since Ronnie "takes all makes and models of vehicles, we different have challenges everyday. "We all get along. It's exciting to work here if you're into cars and trucks." Tucker Warman has worked for Ronnie for 9 years, since "when Ronnie was set up behind his house." He likes to work with older cars - Ford trucks and Mustangs are his favorites. "I just installed a Holly fuel injection system on an old 1974 Ford pickup," he proclaims. "I enjoy what I do. I experience a

Continued on page 15











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Come see us for answers to your Medicare coverage questions and for assistance exploring the many Medicare Advantage plan options offered by MVP Health Care for 2022.

### **MEETING INFORMATION:**

<u>Dutchess County meetings are being held at:</u>

Palmiter Business Solutions Inc. 4354 Albany Post Rd Hyde Park, NY 12538

October 20th, 2022 at 10 AM & 3 PM
October 22nd, 2022 at 1 PM
October 27th, 2022 at 10 AM & 2 PM
November 2nd, 2022 at 2 PM
November 10th, 2022 at 3 PM
November 12th, 2022 at 2 PM
November 10th, 2022 at 3 PM
November 10th, 2022 at 3 PM
November 17th, 2022 at 10 AM & 2 PM
December 3rd, 2022 at 2 PM

The Medicare Annual Enrollment Period is the perfect time to review your Medicare Health Plan needs.

<u>Ulster County meetings</u> <u>are being held at:</u>

Ulster Senior Center 1 Town Hall Rd, Lake Katrine, NY 12449 🎝

October 22nd, 2022 at 10 AM November 5th, 2022 at 10 AM December 3rd, 2022 at 10 AM

To RSVP for a meeting, or to make an appointment, please call:

Palmiter Business Solutions (845) 773-9164 (TTY: 711) Mon - Fri 9am - 5pm

MEDICARE ANNUAL ENROLLMENT ENDS ON DECEMBER 7th. A licensed health insurance agent will be present with information and applications. Enrollment in the plan depends on the plan's contract renewal with Medicare. For accommodations of individuals with special needs at meetings, call (845) 773-9164 (TTY: 711). This is an advertisment.

### **Palmiter Business Solutions** from page 1

offered in the Hudson Valley region. And that was their choice. So it's not so much the insurance carrier, it's more the provider facility. So those members are either going to have to stay with the insurance carrier on a PPO plan which allows them in and out of network access, or switch to a plan that has Caremount innetwork as a preferred provider, if that's your preferred provider."

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The good news is that Palmiter Business Solutions can guide Medicare beneficiaries adjusting their plans or finding a new one that meets their needs. And since Palmiter's brokerage service cost is already built into the insurance plan as a commission established by Medicare there's no cost to clients for the service if they sign up on a plan with them.

Agents at Palmiter can help clients sort out things like whether an HMO plan, which limits coverage to in-network doctors,

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or a PPO plan, which may cost more than an HMO, but which allows beneficiaries to see out-ofnetwork doctors, or a Medicare Supplement plan with a stand alone prescription drug plan is the right fit to their unique situation. Why Reviewing Healthcare

### **Coverage During Open Enrollment Always Makes** Sense

Even if a user's plan isn't impacted by company reshufflings, it's still always a good idea to review coverage during the Annual Enrollment Period, which takes place each year from October 15th to December 7th.

That's because many aspects of plan coverages can change from year to year, says Aaron.

"Different things happen each year. Benefits can change. Copays can change, too. Sometimes they get better, sometimes they get worse. There can be different diagnostic testing co-pays. Plus there might be additional benefits, like dental and hearing and vision, that sometimes are added onto plans, or taken off of plans.

"Essentially when we sit down with a member, we get a list of all of their providers, and we have to make sure they're in network with the carrier that they're looking at. So we'll go down each one, we'll check them online, and we'll call the carrier if needed. We'll even reach out to the health provider's Sometimes they'll suggest one plan over another, and we also like to just make sure that we know for a fact that their doctors are in-network, or not."

Colleen Palmiter says it's important to take the time to learn as much about a client's particular circumstances and needs as

possible, in order to match them with the right coverage. "We really want to make sure our clients are fitted into the plan that works best for their needs. That means their current year's needs, because their needs can change every year."

Though Annual Enrollment is the best time for users to meet with Palmiter Business Solutions to go over plans and possible changes, those who Medicare have Advantage Plans do have a second opportunity to change Medicare Advantage plans if needed. The Medicare Open Enrollment Period occurs annually from

January 1st to March 31st. "It's a second opportunity only for those on Medicare Advantage Plans," Aaron explains. "For example, those that are on plans where like say Caremount is going out of network, if someone forgets to make changes during the Annual Enrollment Period, well then they can actually meet with us, sit down with us in January or February or March, and we can switch them to something else within that time." **An Experienced And Evolving Brokerage** 

Colleen Palmiter has worked in the insurance field for close

Continued on page 9



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### What Does the Pandemic Look Like Now

by Charlotte Michos, RN, MS, CNS, CLNC

As of 9/20/21, the U.S has the highest number of COVID-19 infections (42.3 million) and deaths (over 691,000) the world-compared to any other nation (https://www. statista.com/page/covid-19coronavirus). The COVID-19 death toll has surpassed that of the 1918 flu pandemic. According epidemiologist, Kissler, PhD, of the Harvard T.H. Chan School of Public Health: "A lot of the mistakes that we definitely fell into in 1918, we hoped we wouldn't fall into in 2020 ... We did." Here is a list of some recent happenings: (If interested many of these stories can be found in Medscape. The online publication is free, but it does require a log-in process).

Death vs birth rates and ICU beds: "For the first time in Alabama's known history, the state's deaths have outpaced its births – a bleak consequence of the COVID-19 pandemic (Medscape 9/20/21). Only 40% of Alabama's residents are vaccinated. ICU beds in Alabama are being taken up by COVID-19 patients, and the rest of the population is suffering from the consequences. A man, who had a heart attack, found that they were unable to locate an available ICU bed for him in 43

hospitals. A hospital was finally found (200 miles from his home), but it was too late; the man died. Vaccines: "A nationwide study of more than 3,600 adults found the Moderna vaccine does a better job at preventing COVID-19 hospitalizations than the two other vaccines being used in the United States." Morbidity and Mortality Weekly Report vaccine effectiveness against COVID-19 hospitalization during March 11–August 15, 2021, was higher for the Moderna vaccine (93%) than the Pfizer-BioNTech vaccine (88%) and the Janssen vaccine (71%)," COVID-19 Boosters: boosters for older adults and immunocompromised population have been approved for those people who had the Pfizer vaccine. The protocol for the use of boosters with other types of vaccines is still pending. It is likely that nursing home residents and healthcare workers will be offered boosters, since the risk factors are higher for the elderly and the risk exposure is higher for healthcare workers. Good treatments: According to Lindsay Petty, MD, an infectious disease doctor at the University of Michigan: "A vaccine helps stimulate and prepare your immune system to respond if or when you are exposed to the virus. Your immune system is ready to create all these antibodies before they are needed. In comparison, monoclonal antibodies boost the immune system after you are already sick, speeding up your immune response to prevent COVID-19 from getting worse. But a vaccine does this much easier and much better." According to William Fales, MD, medical director of the Michigan Department of Health and Human Services Division of EMS and Trauma: You can think of monoclonal antibodies

stick around. While monoclonal antibodies are effective for about a month, they are long gone 6 months later, when a vaccine still offers significant protection." Monoclonal antibodies are also being utilized for short-term prevention in some exposure cases - if the timing is right (Medscape). Bad Treatments: It's not a

good idea to utilize products that

are not approved for COVID-19

treatment. Betadine (antiseptic

for the skin) and Ivermectin

(de-worming) are not approved

as COVID-19 treatments. It's

harmful to swallow random

medication for an unrelated

illness, as well as to swallow a

product that is meant for topical

use. Although we get frustrated with the regulation process at times, regulations do protect us. After all, who wants to drink contaminated water or eat unsafe foods or take in tampered medications? FYI: And it's worth noting that the US Food and Drug Administration (FDA), the World Health Organization (WHO), and even the drug manufacturer have all recommended against the use of ivermectin in COVID-19. Every health professional knows that you don't drink Betadine. Healthcare workers misleading the public: "The Oregon Medical Board has revoked the license of Dr. Steven Arthur LaTulippe's, who didn't follow COVID-19 guidelines in his office and even told some patients that wearing face masks could lead to carbondioxide poisoning. His advice to patients amounted to "gross negligence" in the practice of medicine and was grounds for discipline, the medical board said in a report. He also overprescribed opioids for some patients (Medscape 9/22/21) Crisis in Nursing: "The rapidly escalating surge in COVID-19 infections across the U.S. has caused a shortage of nurses and other front-line staff in virus hot spots, who can no longer keep up with the flood of unvaccinated patients and are losing workers to burnout and lucrative outtemporary of-state gigs.... Across the country, thousands of hospitals are overwhelmed with critically ill patients, prompting many overburdened nurses to change careers or retire early. The shortages are particularly dire in rural areas" (<u>https://www.pewtrusts.org/en/</u> research-and-analysis/blogs/ stateline/2021/09/01/ruralhospitals-cant-find-the-nursesthey-need-to-fight-covid). These are just a few pandemic highlights for this month. By the time this is published, there will likely be even more. We have a choice to learn from previous mistakes. What can you do to contribute to improve our public health? Charlotte Michos is a clinical nurse specialist who serves as a Healthcare Consultant in helping others make informed decisions about their health. For more information, products, and to view previous articles visit www. besthealthconsultant.com or email charlottemichos@icloud.com

### **Palmiter Business Solutions** from page 8

to 30 years. She formed Palmiter Business Solutions with her son Aaron in 2012, and Palmiter is a leading local brokerage for Medicare insurance plans.

Colleen says their business is always evolving, with the goal of meeting the needs of their members. Over the course of the past two years, she says the COVID pandemic has presented challenges, but that Palmiter has streamlined and adjusted services to meet client needs.

"I know with me, since COVID, we had to rethink how we do things. I do a lot of Zoom meetings with my more tech-savvy clients, who are comfortable with doing that. A lot of them like it, because then they don't have to leave their home, and we get a lot done on a Zoom meeting."

Aaron adds that brokers at Palmiter can often handle much of the process over the phone. "We're trying to make it easier for our members. So we can also do a lot of things over the phone if that works. So we have adjusted, as a result of the pandemic going on, and changes in technology."

Aaron says one of the most frequent questions he gets from clients is "What's the best plan?" "I always kind of laugh to myself when I hear that, because there is no best plan. In my mind, people kind of assume best is most expensive, and that's not always the case. A lot of people often get onto Medicare supplement plans, which we offer as well. And those have high monthly premiums, and no to low out of pocket costs. But they aren't necessarily suited for them. Either they can end up paying close to three thousand dollars a year, but only use the plan twice...when there are plans that are zero premiums a month, and they can essentially go to their

"So that's where we really like to kind of fit them...ask the right questions, and make sure that they're on the right plan. And just make sure that they know all of the options that are available to them, so they can see the difference." Appointments Available Now

With the Annual Enrollment Period just around the corner, now is the right time to call Palmiter Business to schedule a review of Medicare, Medicare Advantage, and Medicare Medicaid(Dual) combo plans. Doing so can ensure getting the best coverage from the right provider in the coming year.

For those who want to learn more in general about Medicare and different options, Palmiter is also hosting small group meetings to cover topics and questions.

"We primarily do a lot of education," says Colleen. "You know, when I meet with my clients, and Aaron does it too, we always try to review what are the aspects of original Medicare, and then from there, we can help make a real educated decision as to how a plan is going to work for you.

"This is the time of year for everybody who is in Medicare already, or moving into Medicare, to really look at what they may need, if they're having surgeries, or something they've been putting off. We really help them take a sit down and make a list and go from that point. You know, looking at medications and things like that. Looking at your personal situation. We have a lot of community meetings too, available for people to attend, where we're doing the education side of it. People are always welcome to come and learn about what their options are." Palmiter Business Solutions, Inc. 4354 Albany Post Road, Hyde Park NY 12538 1-845-773-9164 http://palmiterbusinesssolutions.



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### God's Corner

### The Beauty of the Seasons

By Naomi Fata

Red, orange, and yellow have transformed the landscape. It's that time of year again, with the leaves changing we see the beauty of the natural cycle of seasons. In the spring we celebrate new life, and in autumn it seems as if a preparation to put some life to rest for the winter season. Over the past 18 months we've felt the pain of a changing world; a pandemic, injustice and a country divided. The changes have been especially pleasant. Yet I think of the words from Ecclesiastes 3,

"There is a time for every event under heaven.

A time to give birth and a time to die:

A time to plant and a time to uproot what is planted....

A time to tear down and a time to build up.

A time to weep and a time to laugh.....

He has made everything beautiful in its time."

Perhaps we have all spent a significant amount of time lamenting the losses during this time, but it is a reminder that it is just a season. Change can bring with it new beauty. It can build character.

If the leaves did not change and fall to the ground in preparation for the winter season, the snow would be falling on leaf laden branches, making them too heavy. Like those occasional early snow falls, causing branches and limbs to crack from the weight. God's design for the leaves to fall before winter, was part of His plan for their protection, giving trees the storms without as much damage. I wonder if we have all spent enough time mourning the

changes and losses of this season. Not that we are to forget, but perhaps it is time to begin to beyond what is here now, knowing this is a season.

Like the rest of us, you have changed and coped in so many ways over the past year and a half. It was a time for that. Now it is a time to go forward. To find some beauty in this season knowing that season gives birth to season, and each has a hidden beauty in its own way. Take care that your heart does not become callous or bitter in the changes of the season. Ask God to use the season to bring about beauty in your own heart and life.

He has made everything beautiful in its

### LIVING OUR LIVES FOR THE GLORY OF GOD!

"Teach me thy way, O LORD; I will walk in truth; unite my heart to fear thy name. I will praise thee, O Lord my God, with all my heart: and I will glorify thy name for evermore" (Psalm 86:11,12).

It is a blessing to start every day by committing our lives and the day to the Lord. We need to have teachable hearts that desire to know God and His Word better. By God's grace and in the power of the Holy Spirit let's walk in the truth of God and live a life of freedom. Jesus said, "And ye shall know the truth, and the truth shall make you free" (John 8:32). The Lord Jesus is the living truth, and the Word of God is the written truth. The Lord Jesus Christ said, "I am

the way, the truth, and the life: no man cometh unto the Father, but by me" (John 14:6). The way to the Father is through Jesus Christ. He died on the Cross for our sins, and Rose Victoriously over death and the grave to guarantee Eternal Life to all who believe on Him and receive Him into their life as their personal Savior and Lord! "For whosoever shall call upon the name of the Lord shall be saved" (Romans 10:13).

I trust that you have a united heart that fears His name. To fear His name means to respect Him and to reverence His name. His name should always be lifted up and glorified. The name of God should never be taken in vain! His name is to be lifted up in worship, honor, and praise! "Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain" (Exodus 20:7).

Praising the LORD should be a big part of our lives every day. He is worthy to be praised. We have so much to praise him for every day! "Let everything that hath breath praise the LORD. Praise ye the LORD" (Psalm 150:6).

Finally, in all things we should glorify the LORD for evermore. "O magnify the LORD with me and let us exalt his name together" (Psalm 34:3). To God be the glory great things he has done! Glory to His name!

If you would like to know more about Living your Life for the Lord and/or how to become a Christian, please contact us by Email at cdfcirone@aol. com or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, N.Y. Frank L. Cirone, Pastor

### **ZONTA CLUB** OF UPPER **HUDSON VALLEY ANNOUNCES LOCAL** SCHOLARSHIP **WINNER**

The Zonta Club of the Upper Hudson Valley presented its Jean M. Coon Humanitarian Award to Hannah Braley, a recent graduate of Chatham Central High School. The scholarship is presented annually, to a high school junior or senior who performs outstanding community service. Ms. Braley was a member of many clubs and organizations throughout her high school years. She was active in the Class of 2020 by being a member of SADD (Students Again Destructive Decisions), and an integral part of the Yellow Suicide Prevention Team. She also was an active volunteer and mentor for younger players involved with Chatham Little League. In addition, Ms. Braley was integral in helping to organize and create the Columbia County Z Club serving as its first Co-President. Ms. Braley is attending the University of Rhode Island, studying Business.

Zonta International is a global organization of professionals empowering women worldwide through service and advocacy. With nearly 28,000 members belonging to 1,100 clubs in approximately 63 countries, Zontians volunteer their time, talents and support to local and international service projects focusing on achieving gender equality and empowering women and girls. Zonta clubs also sponsor Z clubs for high school students to develop leadership skills, promote career exploration and encourage members to participate in school, community and international service projects.

The Zonta Club of Upper Hudson Valley meets monthly conducts events fundraisers throughout the year working to improve the lives of women in its local communities. Zonta always welcomes new

members to support its mission. Celeste Alexander cmonte303@aol.com inquire membership. about



Deborah Otlowski awards the Zonta Club of Upper Hudson Valley annual scholarship to Hannah Braley, a Chatham Central High School graduate.

### Spencertown **Academy Presents** "Whimsy" Art **Exhibition**

Spencertown Academy Arts Center presents "Whimsy" art exhibition featuring paintings and sculptures by Gabe Brown, Keith Davidson, Ron Harrington, Dorothy Sabean, Audrie Sturman, and Elizabeth Wallin. The show will be on display from October 2 through October 31 on Saturdays and Sundays, 1:00pm to 5:00pm. Admission is free and all art is for sale with a portion of the proceeds to benefit the Academy.

Spencertown Academy Curatorial Committee Co-Chair Barbara Lax Kranz organized the exhibition. "In a world that seems more and more fractured and traumatized by a pandemic, the idea of a show focusing on whimsy seemed a necessity for the soul," she says. "Whimsy can be defined in many wayscapricious, fanciful, fantastical, imaginative, and unpredictable are just a few words that come to mind. We all need a little escape now and then. After all, fun and fantasy are necessary ingredients in living."

"Six very different artists have produced works that will bring

Continued on page 15

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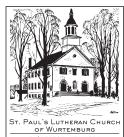
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Grace Bible Institute & Women's Bible Study: Mondays 7:00-8:20 PM

Wednesday Prayer Meeting 7:00 PM

Children & Teen Ministry: Fridays at 6:45-8:30 PM

Men's Bible Study: Saturdays at 7:00 ÅM

**Christian Life Weekend:** Friday, Oct 1-Sunday, Oct 3 Frank L. Cirone Jr: Torchbearers Ministries will be Speaking: Friday 7:00 PM, Saturday 7:00 PM & Sunday at 10:45 AM

For information about Grace Bible Fellowship Church, please call (845) 876-6923 or (845) 876-2122 or email us: cdfcirone@aol.com

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three households in the United States owning a dog, thousands of

people are looking for help to solve

their dog's behavior problems.

Understanding the keys to pack

behavior and following a few

simple guidelines can help owners

establish leadership and begin

controlling their dog's behavior:

strong leadership and know that

some one of the pack members,

needs to be in charge, if they don't

get it from their owners, they'll

• Because dogs crave

### Caring for cats

by Julianne Porter

With all the changes in the world today, the veterinary field has seen an increase in new pet adoptions. This is great news for our stray/ homeless pet populations, but it can come with some added tension for everyone involved. This is especially true for cats.

Whether the new cat is the first pet in your house, or you are introducing a new cat to a home with other cats, the change for the newcomer and the resident pets can be huge. The adjustment often must be done gradually and patiently, as the abrupt change can result in fighting, inappropriate urination, poor appetite, over grooming, and poor quality of life. The biggest part of the equation is time. Some cats will get along right away, but others will take more time. Most cats do not

like sharing their space with

unknown newcomers. This may

mean keeping the new cat in a

separate room for a few weeks

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and then slowly increasing the contact they have with the other cats. For example, keep them in a room where they cannot see, hear, or smell the other cats, and then move them to an area where they can be heard/smelled but not seen (i.e., on the other side of a door), and then allow them to see each other but not interact. Finally, allow them to be in the same room as each other. Throughout this, be sure each cat has access to their own set of food/water dishes, toys, litter box and scratching posts.

Another tip is to take an object that will have the scent of the other cat and place it in the other area. Do this for both the new cat and the resident cat(s). This can be a bed, blanket, toy or even a towel that you rub on the cat. Feeding time can be a good time to acclimate the cats, especially if they are food motivated. Feed them at the same time in an area where they can see each other but are not too close. Then, gradually move the dishes closer together. If either cat is upset during feeding, move the dishes back and keep

them at the further distance for longer. You can also offer tasty treats ONLY when the cats are in the same room as each other – that way they can start to associate a good thing with the other cat. If a fight does occur, try to safely break it up as soon as possible. Throw a blanket or towel over one of the cats, ideally over the instigator if you can tell which one it is. Keep the cats separate for the rest of the day to allow them to calm down. Do not startle them to break up a fight because this will likely cause them to associate the stress of yelling with the other cat in the future. If the kitties are able to cohabitate, be sure to allow vertical space (i.e., a cat tower) so they can get away from each other if they want to. Also, it is important to provide multiple litter boxes – the rule is 1 more box than number of cats. For example, if you have 4 cats, you should have 5 boxes. The boxes typically should be in separate locations. That will help avoid litter box bullying, which will hopefully help avoid inappropriate urinating.

For more resources, visit www. humanesociety.org, indoorpet.osu. edu/cats, and www.catvets.com.

### COMMUNICATION AND LEADERSHIP: **KEYS TO** CONTROLLING CANINE BEHAVIOR

Presented by Barbara Sweeney Fassett And Bark Busters Home Dog Training Dutchess County

Many of the pets that end up in shelters are surrendered because of behavior problems that their owners believe to be unfixable. Oftentimes, these animals end up being put down, making death from behavior problems the leading cause of pet mortality, ahead of trauma and disease. However, every year, many thousands of dogs are unnecessarily euthanized because owners are not equipped to properly train a dog to adjust to life in a mixed pack (humans and canines) and to be a happy addition to their household.

When a new dog owner acquires a dog expecting the dog to automatically fit in and become a member of the family, the owner has neglected to consider the time and effort that is needed to train the dog. Without training, the dog can be led to think that he is actually the head of the household. That belief on the dog's part can set into motion the possibility that the dog's instinctual behavior will kick in. What does all of that mean? It means that a dog instinctively understands that every pack needs leadership to survive; leadership to provide for and secure the pack's wellbeing. If you can inspire your dog's confidence in your ability to provide for the pack's needs, then your dog will happily fall into a subordinate position in the pecking order. Problem solved! However, if you are inconsistent, emotional and/or manipulated and controlled, your dog will NOT view you as the best qualified member of the pack

to be in charge. If that happens,

your dog may see himself as the pack member who is best suited to be in control. That's when problems arise because the dog's view of his position in the pack will then cause him to challenge, defy and disrespect your rules and expectations for behavior. This can lead to undesirable behaviors such as charging the door when the doorbell rings, barking, jumping, pulling on the leash and even aggression – which are the most commons reasons that dogs are mistreated, neglected and/or euthanized. With more than one of every

try to take charge themselves. Oftentimes, that pack member is Continued on page 14



### **Sunny Paws Veterinary Services**

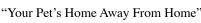
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but he will lay next to you for comfort and companionship. Tanner is looking for his forever home. He's a sweet boy. He is fully vetted. Neuter, negative for feline leukemia and aids, vaccines are up to date, and dewormed. Complete an online application at www.pant.org under "Adoption Center." If you would like more information, you can send an email to

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Starr Library from page 6 player Andrew Baffi will play as browse, read, work or just to come to listen. Stop by! Breast Cancer Awareness Month: Virtual Writing and Reflection Project. Mondays 6pm to 7pm. Starting Monday, October 4th. This year we mark breast cancer awareness month with a special writing and sharing program for everyone or anyone who has been affected by cancer. If you have a friend, family member or if you yourself have been affected by any kind of cancer please join us in this weekly sharing. Your sharing

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can include a journal entry, poetry, a portrait, a short piece of writing, an essay or maybe an article or poem you came across, or simply come and spend the time to reflect and remember. The weekly virtual sharing and examination to be facilitated by journalist and survivor Amy Wu will be on Mondays at 6pm. Registration required and participants will receive a journal provided by Starr. To register and receive a journal go to the calendar at starrlibrary.org Children's Author Ann E Burg on Writing: Tuesday, October



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### Vegetarian Spinach Pumpkin Lasagna



### **Ingredients**

For the noodles:

10 lasagna noodles

For the ricotta mixture:

1/2 tablespoon olive oil

6 ounces spinach (from 1 bag spinach) 1 (15 ounce) container part skim ricotta

½ teaspoon garlic powder

1/2 teaspoon salt
Freshly ground black pepper
For the pumpkin layer:

2 (15 ounce) cans pumpkin puree ½ cup milk (I like unsweetened almond milk, but any milk will work) ¼ teaspoon cinnamon

1/4 teaspoon nutmeg

¼ teaspoon ginger

1/4 teaspoon allspice 3/4 teaspoon salt

Freshly ground black pepper

3 cups shredded mozzarella cheese, divided (approximately 12 ounc-

1 cup grated parmesan cheese, divided To garnish:

Fresh chopped parsley or small sage leaves

Instructions

Preheat oven to 400 degrees F. Grease a 9x13 inch baking pan with nonstick cooking spray.

Bring a large pot of water to a boil. Cook the lasagna noodles for 5-6 minutes, then drain. Immediately lay the noodles flat on an oiled baking sheet or cutting board so you can easily assemble the lasagna when ready. Another option is to soak the lasagna noodles in very warm (hot) water for 20-30 minutes if you do not want to boil them. (You can also use no cook lasagna noodles, but they aren't my favor-

While the lasagna noodles are boiling, cook the spinach: add ½ tablespoon olive oil to a medium pan or skillet and place over medium heat. Add spinach, season with a little salt and pepper and cook until spinach wilts down. Add to a medium bowl and allow to cool for a minute or two

In the small bowl, add the spinach, ricotta, egg, garlic powder, salt and pepper. Set aside.

Next make the pumpkin mixture: add pumpkin, milk, cinnamon, nutmeg, ginger, allspice, salt and pepper to a large bowl. Mix to com-To assemble the lasagna, spread 1 heaping cup of pumpkin mixture over the bottom of the baking dish. Place 5 of the cooked lasagna noodles on top laying 4 vertically and 1 horizontally. Spread half of the spinach ricotta cheese mixture on top of the noodles, then top

with ¾ cup shredded mozzarella.

Next, add 1 heaping cup of the pumpkin mixture on top of the mozzarella and then sprinkle with 1/2 cup of parmesan cheese.

Repeat layers once more: adding remaining noodles, remaining spinachricotta mixture, ¾ cup shredded mozzarella, then top with any remaining pumpkin and ½ cup parmesan cheese. Finally, top with

remaining 1 ½ cups shredded mozzarella cheese.

Cover with foil and bake covered for 25 minutes. Remove foil and bake another 15-20 minutes until cheese starts to brown just a bit. Garnish with extra parmesan and either chopped sage or parsley. Cool for 15 minutes before cutting and serving. Serves 12.

5<sup>th</sup> 3pm to 4pm. Ann E. Burg author of Serafina's Promise, and Flooded: Requiem for Johnstown and other books for young children and middle schoolers will join us for a Meet the Author / Writers Reading Event. This program is for adults who are interested in books for children: teachers, parents, illustrators or simply people interested in learning about the process of writing and learning about how authors got their start. This is a Zoom program co-sponsored by Starr and Butterfield Library. Register for meeting information on the calendar at starrlibrary.org Mysteries Around the World Book Club: Tuesday, October 12<sup>th</sup> at 1pm. This group meets the second Tuesday of every month and discusses mysteries by writers from places far and wide. This month we are reading  $\underline{A}$ Small Death in Lisbon by Robert Wilson. Books are available through the Mid-Hudson Library catalogue. No registration needed. <u>A Big White Lie Movie Screening</u> and Discussion with Filmmaker Schwartz-DelGado: Lacey Wednesday, October 13th 7pm to 8:30pm. This program is part of our Community Read programs on Conversations About Race brought to the public by Starr Library, Red Hook Library, Staatsburg Library, Morton Library and Tivoli Library. The journey in this terrific personal documentary has Schwartz embracing the truth about her real identity and what it means for her as a woman who now identifies as being black, when she once identified as white. The screening will begin at 7pm with Lacey joining Judith Garten for an fascinating discussion. To register go to the calendar at starrlibrary.org. Medicare 101 with Nina Lynch: Tuesday, October 19<sup>th</sup> 4pm to 5pm. Nina Lynch will be presenting this program for newly eligible Medicare applicants as well as those who need to know the new 2022 Medicare options. Register on the calendar at starrlibrary.org Virtual Bake-Together with Holly: Thursday October 21st 6pm to 7pm. Holly Shelowitz will once again be joining us via Zoom. She'll be making: Firecracker Cornbread and Rosemary Savory Scones. To cook-a-long with her, recipes and a shopping list will be sent in advance of program. This program is brought to you by a collaboration with Clinton Community Library. Register on the calendar at starrlibrary.org FriendsBookSale:Friday,October 22<sup>nd</sup> 10am to 5pm and Saturday, October 23<sup>rd</sup> 10am to 4pm. Community Read: Virtual Discussion About Race: Tuesday, October 26th at 7pm. Join your neighbors in a moderated community conversation about race. Reserve a copy of one of the recommended titles at your library; our discussion will be informed in part by what you choose to read, as well as your lived experience. Ages 16 and up. For more information, ask at your library. Books include: Caste by Isabel Wilkerson, The Vanishing <u>Half</u> by Brit Bennett, <u>Kindred</u> the

Graphic Novel by Octavia Butler, When They Call You a Terrorist by Patrisse Khan-Cullers & Asha Bandele, and Punching the Air by Ibi Zoiboi & Yusef Salaam. This program is sponsored by Starr Library, Red Hook Library, Tivoli Library and Morton Memorial Library. To register go to the calendar at starrlibrary.org **Ongoing Programs For Adults:** Mondays: Outside Qigong 10am VirtualSoundMeditation11:30am The Play Must GoONline: 7pm A virtual play reading meeting the 1st and 3<sup>rd</sup> Mondays of the month. **Tuesdays:** Parkinson's Support Group: 2pm Wednesday of every month. Wednesdays: Mahjong Thursdays: Brain Games 1pm **Saturdays:** Teen Tech Help 1:30pm 3:30pm

### Tales from Hudson's Crypts: The Tour with Kelley Drahushuk

Hudson Area Library presents a special tour of Cedar Park Cemetery, Tales from Hudson's Crypts: The Tour on Sunday, October 24, 12-1:30pm (RAIN DATE: Saturday, October 30, 12-1:30pm). Registration required and participation is limited to 18 participants. Mask wearing and social distancing at all times is required. Register emailing brenda.shufelt@

hudsonarealibrary.org calling 518-828-1792 x106.

Kelley Drahushuk's talk at the library, Raising the Dead: Tales from Hudson's Crypts, was so popular we began this tour and it has become an annual event. Kelley once again acts as our tour guide and has added new graves and new stories to the tour.

Donations are appreciated but not required and they will support the archiving of the library's History Room collection based on the history of Hudson, Greenport and Stockport.

Attendees will meet in the cemetery office parking lot promptly at 12pm. As this is a walking tour, wear appropriate footwear & dress for the weather & conditions. We may encounter uneven ground, semi-steep hills, and mud and will not always be sticking to the paved pathways.

Long-touted as "a virtual treasure trove for historians and enthusiasts of American funerary art", the Hudson Cemetery includes over 10,000 grave sites for a wide range of interesting and notable individuals, including the Proprietors and their ancestors, war heroes, famous artists, paragons of industry, disaster survivors and much more. Learn about the history of the original cemetery, more recent history and discoveries as well as its

Continued on page 14

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### Barkbusters from page 11

not well suited to do the job which can lead to barking, jumping, aggression and pulling on the leash; all of which are examples of the dog taking charge. Whenever the dog attempts to take control, the owner needs to win all challenges to demonstrate that he/she is the best pack member to be in that leadership role.

• There are several ways to establish leadership. First, ignore all requests from the dog, such as nudges to be petted or played with. To do so, break eye contact. Then, when the dog has "given up," wait just a few seconds (10 or 15) and call him back to you to be petted or to play. When he responds to you (versus you to him), he sees you as the leader. If he misbehaves, such as chewing on a child's toy, correct his behavior verbally. As soon as it stops, offer pleasant, high-toned praise. The dog will understand its mistake and respect you as the pack leader. • In the wild, the leader

always leads the pack; literally!

down stairs, through doorways, and especially on walks. Remember, the leader always leads.

Too often, dog owners simply accept the disruptive, annoying or aggressive behavior of their dogs because they think it's normal or don't know how to change it. More clients than I can count have said to me, "dogs bark"! Well dogs bark when they have something to say such as "get out of my yard". If the dog thinks it is his job to chase away intruders, then he will bark because it probably has worked in the past. When the dog barks at the mailman, he does not know that the mailman was leaving any way. The dog thinks the mailman left because the dog told him to! Barking at the mailman becomes learned behavior that the dog will repeat under any circumstances when the dog feels threatened. Your job as a dog owner is to make your dog feel safe because you are in charge and he has nothing to worry about.

Learning pack leadership and canine communication is incredibly interesting for most dog-lovers. Gaining a better understanding

of the dog psyche strengthens the human-canine connection and learning how to communicate effectively with your dog in a language it understands – voice control and body language – is a critical step in establishing leadership and control. Through effective training, many dogs can be saved from being abandoned or unnecessarily euthanized. And the results? Happy Dogs = Happy Families Bark Busters is the World's Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding. Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 15+ years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at www.BarkBusters. <u>com</u> where you can take a free 20

question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by "liking" us on Facebook https://www.facebook.com/

### Tales from Hudson's Crypts from page 12

current layout. All attendees will receive a free map of Cedar Park with highlighted sites discussed in this presentation do your own walking tour and make new discoveries!

Kelley Drahushuk is a longtime resident of Hudson, NY with family history in the city dating back to the 1800s. She, along with her husband Alan, own The Spotty Dog Books and Ale, now in its 15th year of operation on Hudson's Warren Street in the former CH Evans Hook & Ladder building. She has served on the board of the Hudson Area Library and continues as a member of the History Room Committee. She earned a BS from Rochester Institute of Technology in Industrial Engineering. Two adorable children, a very chill cat, and two bossy guinea pigs keep her quite busy.

The Hudson Area Library History Room houses a collection that pertains to the history of the City of Hudson, Greenport and Stockport; as well as Columbia County and New York State. The History Room also hosts the Local History Speaker Series at the library, offering free monthly talks on diverse topics related to local history.

The History Room is by appointment only at this time but online research requests information on history are available at https://

hudsonarealibrary.org/historyroom/. This is a free service to the public. To inquire about an appointment email brenda. shufelt@hudsonarealibrary. org or call 518-828-1792 x106.



The Hudson Area Library is located at 51 North Fifth Street in Hudson, NY. The mission of the library is to enrich the quality of life by providing free and equal access to programs, services and resources, and by creating opportunities for all members of our community to connect, create, learn and grow. For more information hudsonarealibrary.org.

### Legends by **Candlelight Ghost Encounters at Clermont State Historic Site**

Come to Clermont State Historic Site on October 22, 23, 29 and 30 for Legends by Candlelight Ghost Encounters which are the highlight of Clermont's fall

Continued on page 16





### **Fully Loaded from page 7**

lot working here. This is a really good crew. We get along and we have fun. Everyone knows something different because we all have different backgrounds. Everyone contributes to problem solving." And they don't stop until they figure it out. "As always, we're keeping up to date on the latest technology and procedures for the ever-growing changing automotive world," Ronnie asserts, "while still keeping our roots in classic vehicle applications. We strive to be your one-stop shop." That's why so many dealerships and motor shops in other areas are sending their vehicles to Fully Loaded Performance. "Because we fix them," says Tucker. "And we fix them right. And once they are fixed they stay fixed."

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#### **Spencertown Academy** from page 10

smiles to your faces. They look at the world around them in a different way," continues curator Lax Kranz. "Some travel to an alternate universe while others create work that will just make you laugh or leave you delighted."

Gabe Brown (Elizaville, NY) searches for meaning in the unknown. "Art is like magic, an illusion created by the force of humanity. Our choices in life can be amazing portals for adventure," she says. Her paintings are narrative vignettes that are both alluring and mysterious. Brown has won national awards and was the 2018 recipient of a NYFA Fellowship in painting. She is an Adjunct Professor in Painting and Drawing at Fordham University.

A national award-winning artist, Keith Davidson (Egremont, MA) considers himself a self-taught artist. His work comes from his imagination. "The Fish Series" to be showcased in "Whimsy" presents playful, colorful forms

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creates characters from scraps of wood, debris, and interesting pieces of detritus. "Each unique sculpture comes with a name that reflects its personality," says Lax Kranz. "You have no alternative but to howl with laughter."

Dorothy (Dee) Sabean (Dalton, MA) is a visual artist who works in many different media. She got her training on the city streets. She dreamed and she drew in many street festivals throughout the United States, winning many awards along the way. In 2011, she began canvas painting and has had many solo shows since that time. Lax Kranz says, "Sabean's mural, 'A Beautiful Day in the Neighborwood,' which will be on display in 'Whimsy,' will take you, along with Mr. Rogers and numerous friends of the forest to untold places in the woods.

For sculptor Audrie Sturman (Slingerlands, NY), rhythms of nature ignite her creative vision. Her work is spontaneous and reflects her background in painting and printmaking. "Her sculptures in the show will include both two- and three-dimensional work on a small and large scale and incorporate her vision of stem cells and a Covid cell. "It's a more pleasant way to look at the disease," notes Lax Kranz.



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The illustrations of Elizabeth Wallin (Kinderhook, NY) are drawn from her imagination and life. She enjoys creating humorous characters, although she is equally comfortable with more sober subjects. Her published illustrations can be found in many books and magazines.



"Pooch In Pleats" by Ron Harrington (wood, faux pearl, venetian blinds, glitter, onion bag, and other detritus; 30" x 11")



Beautiful Day in the Neighborwood" (mural detail) by Dorothy Sabean (roofing paper, vintage stationery paper, acrylic paint, and crafting jewels; 6'x 11')

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please spencertownacademy.org.



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### **Legends by Candlelight** from page 14

season. This year guests will watch as some daring teenagers try to use a Ouija board to summon the spirits of Clermont past. Will they succeed and contact the other side? You'll have to make a reservation to find out!

Visitors will be seated on the Clermont's lawn surrounded by scarecrows and the flickering specters of Jack-o'-lanterns; hand carved by local school children. Visitors for the ghost encounter should bring their own chair or blanket as none will be provided. As the entire event is outside, please to dress for the weather.

Tickets go on sale for the is event on October 4, 2020. Three encounters will be presented each night at 6:00, 7:00 and 8:00 pm. Advanced tickets are required for this event and no walk-ins

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will be allowed. Tickets are \$12 for adults and \$5 for children ages 5-12. To reserve your tickets or for more information call (518)537-4240 please

Please note: Unvaccinated visitors should wear a face covering when unable to maintain social distance outdoors.

Clermont State Historic Site is located at 1 Clermont Avenue in Germantown, off Route 9G. The Historic Site features the mansion, formal gardens, scenic Hudson River views and miles of hiking trails. The Friends of Clermont is a private, non-profit educational corporation, founded in 1977 to support and supplement the museum education and historic preservation programs at Clermont State Historic Site. Designated a National Historic Landmark in 1973, Clermont is one of six historic sites and 15

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parks administered by New York State Office of Parks, Recreation Historic Preservation Taconic Region. New York State Office of

Parks, Recreation and Historic Preservation oversees more than 250 individual parks, historic sites, recreational trails, and boat launches, which were visited by a record 78 million people in 2020. A recent university study found that spending by State Parks and its visitors supports \$5 billion in output and sales, 54,000 privatesector jobs and more than \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit parks.ny.gov, connect on Facebook, or follow us on Twitter. The free New York State Parks Explorer mobile app is available for iOS and Android devices. To download, visit: Google Play Store, NY State Parks Explorer App or Apple Store, NY State Parks Explorer App.

The Franklin D. Roosevelt **Presidential Library** and Museum and the Roosevelt

The **Hudson River View** is published monthly and distributed on the 1st Wednesday of the month. The View is a Privately owned, independent, Partnership publishing business. The View is mailed at the Newburgh, NY Post Office to homes in the Northwest part of Dutchess County. Doreen Baretsky, Publisher John Vogt, Publisher. (518) 828-0333 or (518) 929-9579 hrview@yahoo.com The Hudson River View accepts no financial responsibility for errors that occur in advertisements beyond the cost of the space occupied by the error. The publishers reserve the right to reject any advertising. The total editorial content of this newspaper does not necessarily reflect the views/opinions of the owners. The advertising and editorial

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Institute present a virtual conference "Examining American Responses to the **Holocaust: Digital** Possibilities" with keynote speaker, American Holocaust scholar Michael Berenbaum Tuesday, October 12 through

Friday, October 15, 2021 More information: www. <u>accelevents.com/e/</u> mhcp-conference From October 12-15, 2021, the Franklin D. Roosevelt Presidential Library Museum's Morgenthau Holocaust Collections Project and the Roosevelt Institute will present an international, conference, public-facing "Examining **American** Responses to the Holocaust: Digital Possibilities," keynote speaker, American Holocaust scholar, Michael Berenbaum. Featuring sessions held over a four-day period, this virtual conference will examine the current state of Holocaust scholarship and the contemporary relevance of the U.S. government's response to the Holocaust, with a special emphasis on how the field of digital humanities and the increasing need for and access to digital research is changing the way Holocaust research is conducted and disseminated.

Registration is free but limited to 500 participants. For more

information and to register www.accelevents.com/e/ mhcp-conference. Unregistered participants will be able to livestream conference sessions available on the official FDR Library YouTube page at www. youtube.com/fdrlibrary. This conference was made possible with the generous support of the Krupp family -- dedicated supporters of the Morgenthau Holocaust Collections Project, contributing to ongoing digitizing efforts and a forthcoming exhibit.

Roosevelt Library Director Paul Sparrow said of this conference, "There is perhaps no issue from the Roosevelt period that generates as much interest, research and controversy as the Unites States' response to the Holocaust. The subject is complicated and filled with a variety of perspectives and narratives. This conference will bring together many of the leading scholars and historians of the Holocaust with top digital humanities experts to explore where we are today and chart a path to the future of Holocaust studies."

In 2017, with the support of Ambassador William J. vanden Heuvel and Robert Morgenthau, the FDR Library launched the Morgenthau Holocaust Collections Project -- a curatorial pathfinding initiative named in honor of Henry Morgenthau, Jr., FDR's friend, advisor, Cabinet member, and head of the War Refugee Board. Morgenthau's Papers and Diaries are part of the Library's archival collection,

Continued on page 18



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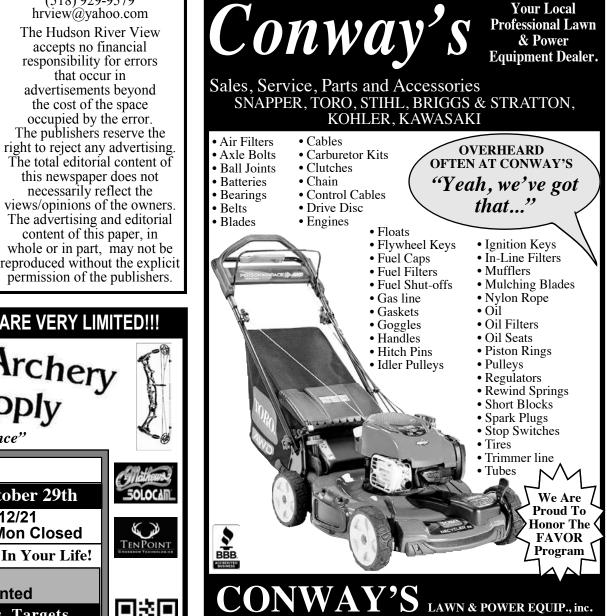
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bottom w designer furniture & great details throughout. Open concept, large windows & bamboo floors w radian heat. Hot tub provides for great outdoor enjoyment year round, as does the private camp fire location in the woods Enjoy dinner on the spacious deck & quiet seclusion in nature, venture out to the great restaurants, antiquing, & outdoor activities in the area. Easy living & ready for you to call home or perhaps use as an Air BnB opportunity. Back up generator is an added plus! \$527,000



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equipped restaurant w 1 BR apt. So many possibilities; Wine Bar, Office Space? Retail? Dog Grooming? Details include exposed brick, original wide board floors, fully stocked bar & commercial Kit. High visibility location in the heart of downtown RH. Major renovations w updates including septic & roof. Charming outdoor patio seats 40 patrons plus plenty of parking. Nothing to do but hang up your sign! \$399,900 or Lease \$1,500



Red Hook: The perfect opportunity to own a beautiful POOL home located within minutes to the park, the

schools &

village center. This home boasts an open & bright floor plan, a lovely country Kit & a lower finished level that is ideal for guests. Walkout to your private oasis pool enveloped v lush landscape, patio area & a fabulous pool house w loft. Located on just under an acre there's room to play or garden too! Just a grea home that is welcoming to all! \$469,000



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### Franklin D Roosevelt Library from page 16

and the Project uses research, digitization, public programs, educational resources, exhibits and scholarly conferences to bring awareness to underutilized primary source materials related to the Holocaust held at the FDR Library (<u>www.fdrlibrary.</u> <u>org/morgenthauproject</u>).

The Library's resident Morgenthau scholar Dr. Abby Gondek, who is organizing the conference said, "Panels, roundtables and workshops will explore topics such as 'Myths and Realities of American Responses to the Holocaust' presented by Richard Breitman and Rebecca Erbelding, 'The Last Mission – FDR, Ibn Saud and the question of Israel' presented by David Woolner, 'Forced Migration of Refugee Scholars' presented by Laurel Leff and Stefanie and 'NGOs Mahrer, rescue/relief during and after World War II,' focusing on the

Joint Distribution Committee (JDC), Friends American Service Committee, American Jewish Committee, and the Hebrew Committee of National Liberation. Anne Knowles from the Holocaust Geographies Collaborative will present on GIS (Geographic Information System) and ghetto geographies."

Dr. Gondek continued, "This conference will introduce participants digital to the Holocaust-related resources available at the FDR Library, the National Archives, the United States Holocaust Memorial Museum and the JDC Archives. Richard Marciano and his team at the University of Maryland's Information Advanced Collaboratory will lead a workshop on computational methods used in curating the Henry Morgenthau Jr. Diaries at the FDR Library. Several will explore presentations how digital technologies can be used to map and link

artifacts, film, photographs, documents, newspaper articles, oral histories and witness testimonies in order to actively engage audiences as citizen historians of the Holocaust." The 2021 conference brings

wider conversation Holocaust-related resources at the Roosevelt Library full circle. Roosevelt historian and conference presenter Professor **David B. Woolner** remarked, "In November 1993, the Library hosted a conference of scholars entitled, 'Policies and Responses of the American Government Toward the Holocaust.' This year's conference will build on that earlier work and thanks to the remarkable degree of research that has been carried out by scholars in the past two decades, will significantly understanding expand our of the American response to this unprecedented tragedy."

### Franklin D. Roosevelt Presidential Library and Museum

Designed by Franklin Roosevelt and dedicated on June 30, 1941, the Franklin D. Roosevelt Presidential Library and Museum is the nation's first presidential library and the only one used by a sitting president. Administered by the National Archives and Records Administration since 1941, the Library preserves and makes accessible to the American people the records of FDR's presidency. The Roosevelt Library's mission is to foster a deeper understanding of the lives and times of Franklin and Eleanor Roosevelt and their continuing impact on contemporary life. This work is carried out through the

Library's archives and research room, museum collections exhibitions, innovative educational programs, and engaging public programming. For information about the Library or its programs call (800) 337-8474 or visit www.fdrlibrary.org.

over \$100,000 The Columbia-Greene Humane Society/SPCA (CGHS/ SPCA) would like to thank all the sponsors, participants, and volunteers who supported the 2nd Annual Shelter at Home Raffle. We are happy to report that over \$100,000 was raised to support the 5,000+ animals served by CGHS/ SPCA each year. Below is a list of the sponsors and volunteers who helped make this year's raffle a tremendous success: Best in Show - \$4,000+: Anonymous - Friend of CGHS; Anonymous - Friend of CGHS; Freeman & Howard, P.C.; Michael, Patricia Kenehan; Inna and Kieran McLoughlin; Kimberly Peregrim,

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Hosie Again, thank you to all that participated and GOOD LUCK next year! On behalf of the Board of Directors, volunteers, staff, and - of course - our animals, we extend a heartfelt thank you! (For questions or comments surrounding this release, please contact Ron Perez by phone at (518) 222-4218 or by email at <u>ronperez@cghs.org.</u>)

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### IN FLIGHT GOLF TOURNAMENT RAISES MONEY FOR PROGRAMS FOR DEVELOPMENTAL DISABILITIES.

Proceeds benefiedt In Flight's I-SAIL & SEMP programs, providing life skill and job skill trainingforadultswithintellectual and developmental disabilities. In Flight, Inc. hosted their 2<sup>nd</sup> Annual Golf Tournament on September 20th at Copake Country Club. The tournament sponsored by Dave's Tree Service, KeyBank, McCarthy's Pharmacy, MVP Healthcare, Hudson Regional LTC Pharmacy, Main Care Energy, UHY LLP, and Marshall & Sterling Insurance benefited In Flight's I-SAIL & SEMP programs that provide work/life skill training for individuals with intellectual and developmental disabilities.

Registration began at 8AM as golfers signed in and enjoyed a delicious breakfast. Golfers then took to the course and competed in additional contests including longest drive and hole-in-one. Golfers returned for lunch where they were greeted by attendees of In Flight's I-SAIL and SEMP programs where they received complimentary cookies made in program and learned how I-SAIL and SEMP have impacted their lives. completion of the tournament, golfers returned for a buffet dinner and awards were given to the winning team sponsored by Todd Halkett. Mr. Halketts team was awarded First Place flasks for their tournament victory. While no one won the award for the hole-in-one contest, Seth McClanahan Jr. stole the show with his impressive longest drive. Golfers finished the day with a silent auction featuring items from Danson's,









I-SAIL provides life and job skill training as well as community integration opportunities for individuals with intellectual and developmental disabilities. SEMP partners participants with

a job coach who helps the person obtain employment and continues support throughout employment in partnership with the employer. "We had an incredible day of golf, and the weather was beautiful!" says Jill Rodriquez, Director of Development for In Flight, Inc. "We look forward to growing our tournament each year to raise awareness of In Flight's mission and raise funds for the programs we offer that provide opportunities to people with developmental disabilities. We are grateful for all of the sponsors and golfers who came out to make a difference." For more information about In Flight's Golf Tournament, please contact Jill Rodriquez at 845-835-6060 x 143 or JRODRIQUEZ@ INFLIGHTINC.ORG.





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### "LAND-ESCAPES" JOSEPH KEIFFER -JANET LIPPMANN

These renowned artists will be presented at the Art Gallery at the Rockefeller State Park Preserve, Pleasantville, NY. "Expressionism Their is thematic in a captivating exhibition of classic paintings and pastels, September 19 November 7, 2021. Joseph Keiffer has committed morethanfourdecadesdeveloping technical skills that began at the New York Studio School with studies of drawing, modernism, abstraction, expressionism and impressionism. His review of the Wallace Collection enthralled him with a desire to create landscapes that include rare and evanescent light effects, long views, sunrisesundown effects, waterways and a new color comprehension of his subjects. Joseph's subjects became more idealized, thus more inspirational. Janet Lippmann, painter, teacher, Gallerist, curator, author – a life in the world of art who has since 1991, established her own art studio at The National Arts Club in New York City.

Beautiful colors and changing shapes, patterns and formations have inspired her. She finds joy and contentment in revealing the beauty of natural landscapes that need no improvement and wishes to share her experience with the viewer. Janet's subjects are gardens, landscapes, and flowers produced in oil and pastels. Impressionists, Japanese artist Ukiyo-e and Monet are her inspiration as seen in her Giverny paintings. A Brooklyn College graduate, she also attended NYU, the Art Students League and Pastel Society of America. Janet has served on the Board and Exhibitions Committee of the National Arts Club. Both artists have shown in numerous one-person and group exhibitions throughout the USA. A reception for the artists will be held on October 3, 1pm -3pm. Curated by Audrey Leeds. New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual parks, historic sites, recreational trails and boat launches, which were visited by a record 77 million people in 2019. A recent university study found that spending by State

Parks and its visitors supports \$5 billion in output and sales, 54,000 privatesector jobs and more than \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit parks. ny.gov, connect on <u>Facebook</u>, or follow us on Twitter. The free New York State Parks Explorer mobile app is available for iOS and Android devices. To download. visit: Google Play Store, NY State Parks <u>Explorer</u> <u>App</u> or <u>Apple</u> Store, NY State Parks Explorer <u>App</u>.

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### **WE HAVE MANY RENTALS AVAILABLE**

### **RBK Village 14 Acre Parcel**



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Located on the East side of the Rhinebeck Village is this 14 acre vacant parcel that offers many opportunities. Some possible uses are: Private Estate Minor/Major Residential

Subdivision, Agricultural Use, Home Occupation and/or a Bed & Breakfast, just to name a few. Owner financing with terms...Asking \$1.9 Million

### Rhinebeck 90 Acre Farm



Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm with Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm and CrossFit Gym. Proudly offered at **\$1,150,000** 

### **Rhinebeck Village Victorian**



Historic 1870 Anglo Italianate Victorian with brick lined walls and period detailing including crown molding, plaster ceiling medallions and oak parquet floors in 2 rooms. The original 2 bay carriage barn has a walkup loft. You could create the crown jewel of Chestnut Street and Rhinebeck. There are 2 deeded parcels...Asking \$2.1

### **Located in the Rhinebeck Village**



within walking distance to Schools, Parks and Restaurants is this 1930 single level, 2 bedroom, 1 bath, 1064 sqft ranch on 0.21 acres. This home boasts a den/office and the window and heating system have been updated. wood floors, galley kitchen, full bath with tub and 2 nice sized bedroom all compliment the property. The house sits far back off the road and is also home to a 1 car detached garage and storage shed....Asking \$459,000

### **Country Cape on 12 Acres**



Located just minutes from the Pine Plains Village and Millbrook. This 2002, 3,000 SF cape offers radiant heated floors, 3 large bed rooms, 2.5 baths, family room office, 3 season porch, bonus room with pellet stove, heated attached 2 car garage 12.82 acres and a 30 X 40 workshop with 12' high garage doors and radiant heated floor. Asking \$784,000.

### Rhinebeck Ranch



2 bedroom 1 bath Rustic Single Level Ranch with a nice size custom kitcher located just minutes from the Rhinebeck Village. This home boast living roomdinning room combo, wide board pine wood floors, 2 car detached garage with 2nd floor studio...Asking \$329,000



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**JUST LISTED.** This 3 BR, 2 bath, Rhinebeck home has an open floor plan, light filled FR, MBR suite, bamboo floors, 2 car garage & is located at Lake Sepasco where you have private access to a glacial lake from swimming & boating. Our exclusive listing. \$359,900.





**JUST LISTED.** Looking for a home to improve? This 3 BR, 1 bath, Red Hook one story has a large vaulted LR, bath, open EIK, garage, level yard, & is close to the elementary school. New roof, thermopane windows, newer furnace. Our exclusive listing. \$190,000.



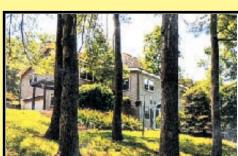


JUST LISTED. W/3024 SF, this 3 BR, 2 bath Rhinebeck home has spaces that work perfectly for a family, mother daughter, or weekender. Oak floors throughout, large windows, great room, 24 x 27 master retreat. Our exclusive listing. \$649,900.





JUST LISTED. This 4 BR, 2 bath very charming 1860s Colonial has a granite K, DR, LR, office, front & back stairs, wood floors, a huge porch, plus a fabulous 2.12 acre setting w/a stream & waterfall. 5 minutes from the TSP. Our exclusive listing. \$429,900.





W/A FABULOUS INGROUND POOL, 2.8 manicured, private acres, & 11 minutes from AMTRAK, this 4 BR, 3 bath, 3178 SF architect designed Rhinebeck Contemporary is very special. 5 split ACs, 3 FPLs, granite K, 27 ft. FR. Our exclusive listing. \$825,000.





TOTAL & COMPLETE PRIVACY is ensured @ this 2 BR Contemporary surrounded by 27 private acres. Here huge windows bring in the outside. Vaulted LR w/stone FPL, redone K, vaulted bath w/skylight, propane heat. Our exclusive listing. \$400,000.