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## Ward's Collision Center: they do it all, and do it Gold Class well

By Hilary Hart

The saying on Ward's Collision Center's literature is "Striving to be the best part of a bad situation for over 30 years," and that is what hundreds of patrons have blessed them for over these years. Owner Don Ward is proud of this fact, pointing out that their Gold Class Shop designation is only carried by about ten percent of repair shops, and is the industry standard for training that contributes to complete and safe repairs. These rigorous standards require his repair technicians to train every year and to have in-house experts in each repair specialty. There are letters, awards and testimonials all over the office attesting to the high quality of their services.

Even though this family business is a three-prong affair, with a service component and a pre-owned sales line, along with many other adjunct services, the collision center makes up about 85 per cent of their business. Don's father, the first Don Ward, started the business down in Hopewell Junction in 1959 (making last year really their



Don Ward

sixtieth year in business!), but moved up to Columbia County thirty years ago in 1990, where they have been ever since. Don was second generation in the business, one of three sons, and since has had three daughters of his own, all now grown and all of whom have participated in the growth of the business in some capacity. One of his daughters and a son-in-law did their website in January for instance. So, along with his staff, who really do operate like a family as well, this really is a family business.

Their pleasant and easy-to-access location at the top of a grassy knoll on the south side of Route 9 at 3745 Route 9 is

Continued on page 12

## Unlimited Care, Inc. Leads the Way for Home Health Care Services in Uncertain Times

By Joe Doran

Unlimited Care, Inc. provides a wide range of in-home and related healthcare services throughout the Hudson Valley. Those services have been especially crucial and in demand during the ongoing COVID-19 Pandemic.

For potential patients, all it takes is a phone call to start the process of securing care. For people looking to work in the field, there are opportunities right now to be a "healthcare hero", says Unlimited Care's Regional Director for the Hudson Valley, Paula Pecchia. "Our staff have been out there throughout all this, and they continue to service our patients, and go to work every single day, and I am so impressed with them. We have the best of the best here, and they've really proven that to us."



### Providing Front-Line Care in Uncertain Times

Home healthcare, like every other aspect of life, has been impacted by COVID-19. Unlimited Care, Inc. has responded to the needs of both patients and employees with updated protocols and strategies.

"We have all our employment-related applications online, from applying, to orientation, to the in-services, so that we can encourage more people to learn about and join our industry," says Paula. As an equal opportunity employer, Unlimited Care provides equal employment and advancement opportunities to all individuals. "And of course, we supply all

Continued on page 11

## DATE CHANGE Census Response Date changed to September 30, 2020

We have less than 2 months to fill out the census!! Remember, this is the way to make ALL VOICES heard!

The 2020 Census will determine congressional representation, inform hundreds of billions in federal funding every year, and provide data that will impact communities for the next decade. From disaster planning to small business development, Medicare Part B to highway construction to political redistricting, policymakers use census data to plan and fund many programs that affect rural communities.

There is still plenty of time to fill out your Census form. Visit [www.2020Census.gov](http://www.2020Census.gov) for the online version.

The phone number to complete the Census in English is 844-330-2020, but there are 14 other spoken languages and options for phone response.

Check Out Your Community's Response Rate - WE CAN DO BETTER!

This map is updated each day with self-response rates to give you a quick look at how many people have responded to the Census. The national self response is 64%, New York state is 59.8%, Dutchess County is 62.8% and Rhinebeck has a self response rate of 66.9% - that means 33.1% still need to respond.

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## Jade Platania – Real Estate Attorney Opens New Office at Rhinebeck Office Park

By Lisa Dudley

Real Estate attorney, Jade Platania is pleased to announce she has opened a new office at the Rhinebeck Office Park, located at 187 East Market St., in Rhinebeck, NY – across from Wonderland Florist.

"I like being a solo practitioner because it provides me with the ability to give individual service. My clients know that I will be handling all parts of the process. They know that I will be familiar with all the details of their transaction from start to finish," she declares. "My clients can always reach me.

"I believe in personal attention," she adds. "When it comes to real estate – whether buying or selling – it can be an emotional experience. When you are selling your home there are often many memories attached to that home. When you are buying, it is often one of the most expensive investments you will make. It can be stressful and overwhelming to navigate the process. I try to make that process as easy as possible."



Jade Platania

New York is an attorney-review state which requires an attorney to complete the closing transaction for any sale of property. Jade, along with fellow local attorney Kevin Wade, are owners of Hudson Valley Land Services, Inc., a title insurance agency for Fidelity National Title Insurance Company. Having a real estate practice and title insurance company greatly compliment each endeavor."

With the local boom in real estate sales, Jade is in high demand. "My nephew recommended her," says Jane Casazza, who closed on the sale of her house

Continued on page 3

## Pro Printers: so much more than meets the eye

By Hilary Hart

It would be hard NOT to be impressed with all that Pro Printers is and does, especially during these last crazy months during the health and economic crises in the country. Owners Ryan Scott and his wife Kari already were involved with the family business Ryan's father David Scott had started in Hudson way back in 1989 but only took over the business a few years ago. Therefore, they only have had that few years to build it to a level that it could successfully stand on its own during the onslaught of the present. Ryan attributes some of his knowledge and planning about what to do in a crisis with what he learned from his father who had weathered the 2008 recession wisely, but they have gone even above and beyond that wisdom. They manage their business superbly well, which has stood them in good stead.

Pro Printers is so much more than meets the eye, literally and figuratively. Yes, they do all the regular printing jobs you would associate with a print shop, from the smallest labels and decals to the largest posters and banners, and everything in between. But they also are a creative and advisory shop, with expert in-house designer people ready to help launch new ventures or promote established businesses. The range of what they can assist with is mind boggling. There



Ryan and Kari Scott

is a wealth of information to be found at [www.pro-printers.com](http://www.pro-printers.com), which is a good thing, since their services are almost too lengthy to list. They even have a 42-page booklet available

Continued on page 2

## THE HUDSON RIVER VIEW ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

Hudsonriverview.net

The October Edition Of The Hudson River View Will Be In Area Homes On October 7th The Deadline For Advertising And Press Release Submission Is September 23rd

**ProPrinters from page 1**  
 which catalogs their specialty services, and of course, they have always done and continue to do customized work. They even carry promotional products for your business, from apparel to umbrellas, totes, pens, etc. as well as doing plaques and awards. Their physical shop is impressive itself, well designed and with a good flow. At even the slightest

tour, you can see some of their massive capability including their wide format department in the rear of the building which on the day I was touring (see picture) was printing and preparing for use thousands and thousands of labels for New York Steelhead Hudson Valley Fisheries. "We have fabulous customers and clients," say the Scotts, "and we appreciate them." Some of their

larger clients include Columbia Memorial Hospital, Hawthorne Valley Farm, Columbia Greene Community College, Ginsberg's, the NY Rural Water Association, Cornerstone Services, the Olana Partnership, the Catskill Animal Sanctuary, and many more. They do much work for non-profit organizations and have added customized lines for the business community to go with the increasing need for special distancing signage and masks and the like. They always want to make sure they have a satisfied customer, whether that is for a large or small client, and their loyal repeat business speaks volumes to how well they achieve this goal. The Scotts are a good team. They praise each other and complement each other's skills. Before doing the shop full time, Ryan says he "liked science" so got a degree in Chemistry from New Paltz and worked at IBM in Fishkill.

"Ryan really got us into this cutting-edge technology. We have the latest," says Kari, "so our digital processes in house are top of the line and we have a fast turn-around time. We can do so much more for our customers now. This is all his doing." Kari was a teacher at a small private school in Kingston before taking over the shop full time with her husband. "Her organizational skills are what really keeps this place going," says Ryan, "and that's why she's not only co-owner but production manager." They both take responsibility for 19-year-old Libby and 17-year-old Ryan Jr., who also help out when needed at Pro Printers. They even both own up to responsibility for the company puppy, Princess, a Black Lab/hound mix beloved by all. This is all good to see. In addition to all this, Pro Printers has many helpful and

informative flyers available with tips on many things, like the One to One Bulletin picked up with five tips for developing and using a more effective envelope for your business! These marketing and advertising ideas are priceless, and the result of more than thirty years of expertise, some so simple they

have been overlooked for years but are valuable tools to learn. The Scotts say that lots of the events they used to do business around could not be held this year, so they lost out on that same segment of business that everyone else did, but they are back up to three-quarters of

**Continued on page 5**

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**Jade Platania from page 1**  
 in July. "I had confidence in Jade from our first conversation. She is a very competent and poised individual. I admire her ability to multi-task. She made the whole process simple."  
 In light of recent events concerning Covid-19, Ms. Casazza was able to maintain social distancing. "I was able to scan and send documents by email," she explains. "We were not required to be present at the closing" as most real estate closings can now be done remotely with one or more parties agreeing to hold original (or electronically) signed document until the closing of the transaction. While much of the process can be done remotely/electronically -- especially for sellers -- when in-person meetings are needed -- such as for a closing -- local attorneys and lenders seem to

have done a great job of social distancing and keeping safety a priority," Jade explains, "while being able to successfully complete the real estate transaction for our clients."  
 Most of the county clerk offices in NY now accept electronic recording of deeds and other legal documents. This existed pre-Covid 19 but has recently become much more widely practiced during the pandemic.  
 Also, for the time being, notary can be done via audio-video technology, where signatures are witnessed via zoom and recorded by video for proof of signature. Documents are then emailed, stamped, scanned and returned via email.  
 According to local property manager, Jon Prezzano, "I trust Jade Platania. I know she will steer me right. I trust her judgement, her legal acumen, and

her experience. She is organized and has a plan for everything. She is such a wonderful person." Mr. Prezzano uses Jade Platania for real estate closings, for real estate contracts -- such as leases -- and for other business matters for which an attorney's input is helpful.  
 "Jade was born and raised in Rhinebeck and she knows everyone. She has a solid knowledge base of the neighborhood. If she can't help you, she knows who can. She is a tangible asset and a valuable partner when buying or selling property," he advises.  
 "In addition to document preparation, Jade can help provide legal advice, resolve disputes, navigate complications, or even just provide general guidance."

According to veterinarian, Danielle St. Pierre, "Jade Platania has done all my legal contracts from buying a house to incorporating my business." (Full disclosure: Dr. St. Pierre is married to Jon Prezzano.) "She makes herself available, without hesitation, and that is important to me. Working with her is streamlined."  
 "I am a veterinarian, what do I know about banks, mortgages or contracts? But I never worry. Jade takes care of it all. She is always willing and always smiling."  
 "The real estate attorney you select is important," Ms. Casazza affirms. "I highly recommend Jade Platania."

For more information, call Jade Platania at 845-876-0880, like her on Facebook at Law Office of Jade Platania, email her at [Jade@jhp-law.com](mailto:Jade@jhp-law.com) or visit her website [www.jhp-law.com](http://www.jhp-law.com).

**OLANA RECEIVES RENEWED FUNDING FOR CREATIVE AGING PROGRAMS**  
 Courses will launch in September with Memoir Writing

The Olana Partnership (TOP) announced today that it will launch a second year of its successful multi-disciplinary arts education programming for adults ages 55 and older with renewed support from Aroha Philanthropies, through the foundation's national program to foster creative aging  
 "Olana is so pleased to continue our groundbreaking creative aging courses," said Carolyn Keogh, Director of Education

and Public Programs at The Olana Partnership (TOP). "By conducting the course virtually, we'll be able to expand our reach to a wider audience geographically and can include older adults who are homebound during this challenging time. I'm thrilled we've found a way to increase and continue access during the ongoing COVID-19 crisis."  
 Creative aging is the practice of engaging older adults in participatory, professionally run arts programs with a focus on social engagement and skills mastery. The creative aging movement responds to a major demographic shift in the United States. People are living longer, which means that the population of older adults in this country

is growing. It's projected that by 2030 more than 70 million people -- that's 28 percent of Americans -- will be 65 or older. With millions of baby boomers entering their third act of life, creative aging has grown into a full-scale movement designed to provide opportunities for meaningful creative expression through visual, literary, and performing arts workshops.  
 "Aroha is proud to support the innovate creative aging work at Olana. Offering online *Vitality Arts* programs for older adults helps combat social isolation, encourages active art-making during COVID-19 and continues the momentum of Olana's in-person programs for older adults."

Continued on page 4



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**Olana Receives from page 3**  
 -Teresa Bonner, Executive Director, Aroha Philanthropies  
 The Olana Partnership's second year of creative aging programs will launch on September 17 with Young at HeART: Memoir-Writing. This

course will be offered through live teleconference and will teach narrative story-telling techniques as students progress to crafting a 1,500-word memoir essay. The virtual memoir course has a multidisciplinary focus and anchors the experience of

writing memoir in the notion of inspirational places, to the life and work of 19<sup>th</sup> century artist Frederic Church. Students will read brief selections from model essays by noted memoirists and learn about Church's Olana, as they develop their own skills at crafting dialogue, telling stories, and descriptive writing. The memoir course will be taught by Emily Sachar (MA, art history), founder of the Hudson Valley Memoir Collective and an award-winning journalist. Ms. Sachar's first memoir, *Shut Up and Let the Lady Teach*, was nominated for the Pulitzer Prize. All courses in The Olana Partnership's creative aging series are taught by professional teaching artists and expert educators  
 Young at HeART: Memoir-Writing was one of three courses offered in Olana's first year of creative aging programming. "The Young at HeART Memoir Writing Course was absolutely life-changing. Revisiting past memories through the art of writing was truly therapeutic for me," says Allison Parke, a student of the 2019 Young at HeART: Memoir Writing Course. "It has helped me discover new things

about myself and my writing." No prior writing experience is required to participate in the Young at HeART: Memoir-Writing course. Students commit to attend eight Thursday morning sessions from 10 AM to noon on September 17 & 24, October 8, 22 & 29, November 5, 12 & 19. The program culminates with a final virtual reading and celebration on an additional date TBD by

participants. Registration is open to interested students ages 55+ from around the world. Participants should have access to a computer with a strong internet connection. No prior writing experience is required. The fee for all eight sessions is \$100. Call (518) 751-6938 or go to [OLANA.org](http://OLANA.org) to register. Scholarships are available. To inquire please contact, Carolyn Keogh at [ckeogh@olana.org](mailto:ckeogh@olana.org)



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**ACROSS**

1) "The ___ Reed Show"	43) Viral internet item
6) Garden bulb	44) Fiery funeral mounds
11) Impressive degree	46) Trials and tribulations, essentially
14) Steer clear of	48) Subsidy
15) Protective layer	49) Part of a foot
16) Apiece, in scores	51) Protein, often
17) Wood lighters?	52) Genetic material
19) Game for "it"	53) Freeway catastrophe
20) "Yo!"	56) Offspring acquired by marriage
21) Shake a leg	58) "Aviv" header
22) Dream Team country	59) Bird that can't take flight
23) Involve deeply	60) Address for a dot-com
27) Emancipate	61) Foreman vanquisher
29) Secret agent org.	62) Old cinema star
30) Carve in stone	68) Felt topper
32) Like a pink steak	69) "+" pole
33) Guinness World Records suffix	70) Barely leading on the scoreboard
34) Put off	71) Service charge
36) Health store beans (var.)	72) Have a hunch
39) Brought into play	73) Three-player cardgames
41) Some bays	

**DOWN**

- 1) Beaver's work
- 2) Egg cells
- 3) "Ask \_\_\_ what your country ..."
- 4) Corner of the market
- 5) Clung
- 6) Young'un
- 7) Certain machine gun
- 8) Ness and Lomond
- 9) More like a squid's defense
- 10) Former Spanish coins
- 11) Time for the elderly?
- 12) World-weary
- 13) Pond buildup
- 18) It may be beaten or bucked
- 23) Become frozen
- 24) Hip-hop's Elliott
- 25) Appear in thin air
- 26) Brilliant acclaim
- 28) Gift tag word
- 31) Female seal group
- 35) Affirmative responses
- 37) Acid type
- 38) It's hardly a convertible
- 40) Some animal shelters
- 42) Lady Liberty, for one
- 45) Frameworks
- 47) Common sound systems
- 50) Caring and decent to others
- 53) Group on the payroll
- 54) Donnybrook
- 55) Stage, as a show
- 57) Sound of a BB striking tin
- 63) Things displayed at checkpoints
- 64) "Originally named"
- 65) Narc's org.
- 66) Caught off base
- 67) CD predecessors

**PIN CUSHION?** By Timothy E. Parker

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71				72						73		

Solution on page 9

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| Germantown Gulf Station           | Copake Front Porch Market      | Claverack Post Office           | 66 Fine Wine & Spirits        | Goodwill Industries Store |
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| Otto's Market                     | Dad's Copake Diner             | Cobble Pond Farms Route 9H & 66 | Columbia Memorial Hospital    | A Cut Beyond              |
| Upstate Auto                      | O's Hillsdale Diner            | Hudson Subway Mobil Station     | Cavell Center                 | Hudson Red Barn           |
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**ProPrinters from page 2**  
 their previous staff now and hope to continue to grow as they provide new services relevant to the changing business climate. Luckily, because of good

staff and excellent equipment. Folks from near and far can send Pro Printers print-ready files by going to the website and clicking the "send files to Pro Printers" button at the top of the

home page. Naturally it is a good idea to conference with them first by calling them at (518)828-3278, or even visiting them at 59 Fairview Avenue; Hudson NY 12534. Their doors are open 10 to 2 currently with masks required for in-person visits, but they are there for calls during regular business hours. Again, too many services to mention, so visit their website above.

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business planning, they went into the pandemic after two record-breaking successful years, so even though their 2020 business is still only at 70 per cent of what they did last year, they are still functioning well. Their growth is primarily due to their versatility, flexibility and wise investment of their resources!! It doesn't hurt that they have an excellent



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multi-service business, that seems to be doing all three of those items impressively well.  
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Wendy Sheasby, Art Gallery 71's featured artist for August, had a well attended Aug 17 afternoon reception. Her painting of people and times from the past touches a core in people. She has charmingly captured a delicate and delightful reverence for family and remembering past good times. Surprisingly, she also does abstracts. Some of her paintings will continue to be shown throughout the year.

Richard Chianella, is September's featured artist. He has recently delved into pour painting and donated a bird house done in this medium to RhinebeckResponds.org for their auction which ends Sep 14 to help local businesses. His excellent photographs are beautifully framed and capture landscapes, wildlife and various scenes. AG 71, 71 E Market St. (right across from the fire station), 845-516-4878.

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## Gardening is still permissible!

By Pat Owens  
 With all the restrictions, social distancing and mask wearing, gardening is still an enjoyable pastime for people of all ages. The Old Dutch Village Garden Club has chosen St. Christopher & St. Sylvia Catholic Church as the August Garden of the



side. "We do it for God and each other." For that the parish and the community are thankful as well. The Old Dutch Village Garden Club meets on the second Thursday of each month, except for August, at St. John's Reformed Church in Upper Red Hook at 12:30. New members

and visitors are always welcome. Please contact Linda Lawson at 845-758-5653 for additional information. Remember, there are no requirements: you do not have to know anything, you do not even need a garden! Do you have a windowsill that would love a flowering plant?

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Month. Located at the corner of Route 9 and Garden Street in Red Hook the historic church has well maintained and beautiful grounds. All these lovely flowers are due to the care taken by some wonderful parishioners. Currently, they are Barbara Yannette, Harriet Rossi, Ronnie Garger, Heddy Fowler, Gina McCrudden, and Betty Carr. None of them claim to be "real" gardeners but from where I stand, they are doing a rather good job! It all started about ten years ago when parishioner Ellen Hogan decided to spruce up the flower beds outside of the church. Even though Ellen died last fall, these ladies continue to work on the gardens hoping she is pleased with their efforts to keep this tradition going. Every spring they take pride in planning the purchase of suitable plants and then head out to Holmquest to purchase their selections. From there it is planting, weeding, and fertilizing until you see the finished vista. There is also another vital group who take care of the watering, also of paramount importance. Gardening takes place every Friday morning. You may see them out front enjoying their task. They love being with each other and working side by



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stories will be read at each story hour. A wonderful outing for families! Our youngest visitors are invited to join us in costume. Children must be accompanied by an adult. This event is free of

charge, but visitors must register in advance on [Eventbrite](#). PLEASE NOTE: Clermont follows all NYS Department of Health guidelines for safety during the COVID 19 pandemic. Masks and social distancing will be required of all participants until these guidelines are lifted by New York State Parks.

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 September 10 - Dress for Success  
 September 17 - Miniatures  
 September 24 - It's Music to my Ears



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# GILDED AGE STORYTIME FOR CHILDREN SATURDAYS IN SEPTEMBER AT STAATSBURGH STATE HISTORIC SITE

Staatsburgh State Historic Site will present stories for children outdoors on the mansion's front portico on Saturday afternoons at 3pm in September. The 30-minute programs will feature stories from or about the Gilded Age. Selections from stories by Beatrix Potter (the author of *Peter Rabbit*) will be offered for children ages 5 to 7 on September 5 and 12. On September 19 and 26, selections from the story *I Survived the Sinking of the Titanic, 1912* by Lauren Tarshis will be offered for children ages 8 to 11.



Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at [parks.ny.gov](http://parks.ny.gov) and [www.facebook.com/StaatsburghSHS](http://www.facebook.com/StaatsburghSHS). Staatsburgh's events are listed at [parks.ny.gov/events](http://parks.ny.gov/events)

The New York State Office of Parks, Recreation and Historic Preservation oversees 180 state parks and 35 historic sites, which are visited by 77 million people annually. A recent study found that New York State Parks generates \$1.9 billion in economic activity annually and supports 20,000 jobs. For more information on any of these recreation areas, call 518-474-0456 or visit [www.nysparks.com](http://www.nysparks.com), connect on Facebook, or follow on Twitter.

## Funding Available for Arts and Cultural Activities

### Dutchess, Orange and Ulster Counties

**Contact:** Lilia Pérez: 845-454-3222; [grants@artsmidhudson.org](mailto:grants@artsmidhudson.org)  
Arts Mid-Hudson announces the Decentralization Grant Program, a funding program with over \$100,000 in funds to support the arts in Dutchess, Orange, and Ulster Counties. This funding is available to individual artists to create new work in 2021,

and to nonprofit organizations, individuals artists, libraries, and municipalities for arts and cultural activities in 2021. Eligible projects may include, but are not limited to: exhibits, performances, concerts, festivals, workshops, screenings, readings, cultural programming, and the creation of work. The deadline to apply is October 28, 2020. Informational videos are available at [www.artsmidhudson.org](http://www.artsmidhudson.org)

The Decentralization Grant Program is a re-grant program of the New York State Council on the Arts (NYSCA) and is designed to support community-based arts activities in an effort to make quality arts programming available and to support local cultural expression. There are two distinct grant programs:

**Community Arts Grants** provide project support for arts and cultural activities open to the general public. Nonprofit organizations, unincorporated groups, and individuals located in Dutchess, Orange, or Ulster Counties are eligible and encouraged to submit a grant proposal. Grant awards are determined by a peer review panel made up of community members. **Note: This grant opportunity was previously called the "Project Grant".**

**The Individual Artist Commission** supports the creation of **new work** by an artist. The project must engage a segment of the community through a small-scale public presentation of the work or community involvement during the creative process of the artists' project. Presentations and community involvement may be done in-person or virtually. Grant awards are determined by a peer review panel made up of artists. Contact AMH with accommodation requests. AMH provides free in-depth support including informational videos, resources, one-on-one appointments, and draft review. Informational videos are available for applicants to review at their own pace. Frequent Q&A Sessions will be held via Zoom and are open to the public. View the Q&A Schedule and RSVP at <https://tinyurl.com/QA-RSVP>

If you are unable to attend any of the sessions, and still wish to apply, please contact the AMH Grants Team well in advance of the deadline, at 845.454.3222 or [grants@artsmidhudson.org](mailto:grants@artsmidhudson.org). This grant program is made possible with funds from the Decentralization Program, a regrant program of the New York State Council on the Arts, with the support of Governor Andrew M. Cuomo and the New York State Legislature, and

administered by Arts Mid-Hudson. The mission of Arts Mid-Hudson is to provide vision and leadership to support thriving and diverse arts in the Mid-Hudson Valley. Fostering a diverse offering of arts and cultural programs, many free, attract a range of age groups, and are produced across a broad geographic area. For more information on Arts Mid-Hudson: [www.artsmidhudson.org](http://www.artsmidhudson.org), visit AMH on Facebook or Tumblr, or call 845-454-3222.

## OLD CROTON AQUEDUCT // 914.693.5259

**GO THE EXTRA MILE!  
TAKE THIS OPPORTUNITY  
TO EARN A CERTIFICATE  
AND BADGE FOR WALKING  
OR RUNNING EITHER THE  
26 MILE PORTION OR ALL  
OF THE 41 MILES OF THE  
OLD CROTON AQUEDUCT:**



HANDY AQUEDUCT TRAIL MAPS MAY BE PURCHASED VIA OUR WEBSITE STORE at [aqueduct.org](http://aqueduct.org). The Friends will recognize walkers/runners who complete the Westchester portion or the entire Old Croton Aqueduct with a 26- or 41-mile certificate and patch (free to members). Details and maps and recognition forms are available on the website. Inquiries: Sara Kelsey, [saraakelsey@gmail.com](mailto:saraakelsey@gmail.com), or text - 646-303-1448. Covid-19 Update: NYS Parks now advises

that we may begin a cautious resumption of safely controlled walks and tours. We will begin to offer open-air walks and tours involving small groups, with masks and proper social distancing required. Participation will be by reservation only. Notices of any such walks and tours will appear on our website, Facebook, Instagram and in our eBlasts. The Keepers House is still closed until further notice. Maps of the Westchester and New York City portions of the trail are available for purchase on our website. Retail locations also are listed there. Of course, the Aqueduct trail is still available for personal use and enjoyment, consistent with whatever the current health advisories are at the time. We are especially lucky to have the trail readily at foot during this time.

## JOHN JAY HOMESTEAD STATE HISTORIC SITE // 914.232.5651

**Play Days @ Jay (@ Home) // Fridays // 1:00pm**  
We've missed seeing you at our usual Friday afternoon Play Day's @ Jay program! While we wait to play together again, you can have your own Play Days @ Jay (@ Home) - join us on Instagram Live for an activity, craft, or mini-tour. Check our website for details on each week's program, which will include a list of supplies you'll need to participate. Our website also features lots of fun at-home activities for your whole family! This month's programs include: September 4 - Mini Tour of the Kitchen  
September 11 - Flower pressing  
September 18 - Mystery Object  
September 25 - Mini Tour of John Jay's Bedroom



There is no charge to attend, but visitors must register in advance. Children must be accompanied by an adult. To make reservations, visit [www.staatsburgh.eventbrite.com](http://www.staatsburgh.eventbrite.com). Families may also wish to hike the woodland trails beginning at Staatsburgh, have a picnic, or stroll along the Hudson River before or after storytime. Guidelines for COVID safety will be followed: masks and social distancing will be required of all attendees, and attendance will be limited. As it is an outdoor program, it will be cancelled in the event of rain.

## 2 Minute Slaw



### What You'll Need

- 1 cup mayonnaise
- 1/4 cup apple cider vinegar
- 1/4 cup sugar
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 6 cups shredded cabbage (about 1 small head)
- 1 cup shredded carrots (about 2 large)

### What to Do

In a large bowl, combine mayonnaise, vinegar, sugar, salt, and pepper. Add shredded cabbage and carrots; toss to coat well. Serve immediately or chill until ready to serve.



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- Cathy R.
- Batman
- Ginny
- Ian
- Linda
- Rob
- David
- Regina
- Justin
- Phil
- Mara
- John W.
- Devon
- Jill
- Terry
- Patti
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- Cassandra

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&  
Poughkeepsie  
Journal**

Due to the Corona Virus outbreak and in an effort to slow its progression, we will be doing take-out only until further notice.  
Saturday - Thursday: 11:30am - 8:30pm  
Friday: 3:00pm - 8:30pm

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# God's Corner

## Insurmountable Obstacles

By Naomi Fata

Over the past month in talking to friends and acquaintances I have found that so many are facing what might be considered insurmountable obstacles. In March when the world as we knew it came crashing down, we all entered emergency response mode. Adrenaline spurred us on to be able to meet the challenges we faced as schools and businesses closed. We had to rush to change schedules, figure out childcare, online schooling, safe grocery shopping, keeping elderly family members safe and so much more. Now the adrenaline is gone leaving in its wake a weariness, yet the

similar challenges continue. Matthew 6:33-34 brings us the reminder of where our focus should be. He writes saying, "Seek first the kingdom of God and His righteousness." This means to keep our focus on God, who is holding the world in His hands. Faith and trust in God are not something that can be seen with our human eyes. Sometimes faith and trust don't make sense but they should be birthed out of a personal relationship with God that knows more than the facts of the Bible and instead come from a personal encounter with the God you can trust. Hebrews tells us to walk by faith and not by sight, because faith is a surety of what we hope for and a certainty of what we don't see. Right now, we don't see

eternity. We don't see what good can come out of a worldwide pandemic and the economic crisis that has come on many. But Matthew 6:34 continues to remind us that when we seek God first, we don't need to worry about tomorrow because today has enough trouble of its own.

Don't stress yourself out worrying about the future. For all of us it is unknown. Focus one day at a time, leaning into Jesus and asking for the wisdom and grace you need for today. A friend shared with me the August 10 devotional from *Jesus Calling* by Sarah Young. Young writes as if it is Jesus speaking, "As your thoughts center more and more on Me, trust displaces fear and worry. Your mind is somewhat like a seesaw. As your trust in Me goes up, fear and worry automatically go down. Time spent with Me not only increases your trust; it also helps you discern what is important and what is not." When you are feeling the burden of insurmountable obstacles draw close to Jesus, let Him fill Your heart with peace so you can discern your next right step. Naomi is the President of Christian Resource Ministry Inc. (CRM) [www.christianresourceministry.com](http://www.christianresourceministry.com)

## HOLD FAST TO SOUND WORDS AND BE COMMITTED TO THE TRUTH!

"Hold Fast the form of sound words, which thou hast heard of me, in faith and love which is in Christ Jesus. The Good thing which was committed unto thee keep by the Holy Ghost which dwelleth in us" (2 Timothy 1:13,14).

There are a lot of words being spread around today about a lot of different things. We hear words from Politicians, New Reporters, Talking Heads, Family Members, People of the Community, and from our Brothers and Sisters in Christ. A lot of what is being shared is said with the added opinions that people added to it. Much of what we have heard over the past five months needs to be examined closely as to whether it is the truth or someone's opinion! Hopefully, what we hear from the lips of those that claim to Believe and are the Followers of the Lord is Truth, and not their own Opinion! The Apostle Paul said that we are to hold fast to Sound Words and be Committed to the Good thing

which we are to keep by the Holy Ghost who dwells in us! We are to rely on the Lord completely for everything! The Lord always spoke the Truth. The Lord, by definition, is Truth! Jesus is the Truth! The Lord Jesus said, "And ye shall know the truth and the truth shall make you free" (John 8:32).

It is good to have Solid Christian Men and Women around us; those that you can Respect and Trust. I am Thankful for my Family and Members of my Church Family at GBFC that I can highly trust and that I know that they hold fast to Sound Words - Words of Truth! BRETHREN, LET US USE WORDS OF TRUTH AND BE COMMITTED TO THE LORDSHIP OF JESUS CHRIST IN EVERY THING THAT WE SAY AND DO! "Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer" (Psalm 19:14). Let's use Words today: To Praise the LORD! To Encourage our Brothers and Sisters in Christ! To share the Gospel of the Lord Jesus Christ with those who need Christ! To Encourage One Another along the Path of Life! To Pray to our Wonderful Lord and bring Words of Prayer to the Throne of Grace! Let's be very careful not to use words of criticism or finding fault with others or complaining about things in life! We have so much to be Thankful for in our lives every day! Give Thanks to God with a Heart Filled with the Holy Spirit and always speak the Truth in Love! What a difference life is when we live with a Grateful and Thankful Heart! In everything give Thanks: for this is the will of God in Christ Jesus concerning you" (1 Thessalonians 5:18).

If you have never received the Lord Jesus Christ as your Personal Savior and Lord, I urge you to call upon Him now to be

Save (To be a Genuine Christian). "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation" (Romans 10:9,10).

If you would like to know more about being a Christian and/or the proper use of Sound Words contact us by Email at [cdfcirone@aol.com](mailto:cdfcirone@aol.com) or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile North on Route 9 in Rhinebeck, N.Y. Pastor Frank L. Cirone



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11:00 am – St. Paul's, 7412 So. Broadway, Red Hook  
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In addition to meeting Sundays, we continue to record (video) the Sunday messages. You can find the link to them on our Facebook page: Northern Dutchess Bible Church. Take a look. And remember...Hold fast to Christ.

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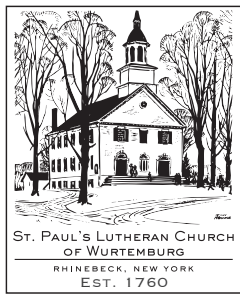


**Service Times:**  
Sunday Worship @ 11:00 am  
Wednesday ZOOM Prayer Meeting @ 7:00 pm

**Contact Information**  
Office Phone 845-758-2628

**The Web:**  
[www.newbeginningsassemblyofgod.org](http://www.newbeginningsassemblyofgod.org)  
<https://www.facebook.com/NBassemblyofgod/>

## St. Paul's Lutheran Church of Wurtemberg



Sunday Worship at 10:00 am  
The Rev. Mark D. Isaacs, D.Min., Ph.D.

**5:00 pm Saturday** evening Worship  
Service will continue as allowed following all current guidelines.

**10:00 am Sunday** Drive-In Worship  
Service continues into Sept/Oct.

Please follow us on Facebook at St. Paul's Lutheran Church of Wurtemberg for updates. We are praying for our schools and families to stay safe!

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## 6th Annual HUGE TAG SALE

Our Volunteers have been Collecting & Organizing Items for over a Month!

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**Saturday, September 12th, 9-3**

**Sunday, September 13th, 1:30-3:30**

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Regretfully, we will not be featuring Charlotte Michos' health and wellness column this month while she takes a short vacation. All her loyal readers can look forward to her return in the next edition.

### Walkway Lecture Series Online

The Friends of the Walkway are hosting their popular lecture series online. Recent topics have included the story of the transformation of the Poughkeepsie-Highland Railroad Bridge into Walkway Over the Hudson, the making of Joseph Bertolozzi's "Bridge Music", what can be found in the night sky above the Walkway, and more. To access the series for on-demand viewing, visit <https://bit.ly/WalkwayLectures>.

### Flag Changing Ceremony Sunday, September 20 @ 12:00 pm - 1:00 pm

The American Legion Post 739 organize and present monthly Flag Changing Ceremonies on the Walkway to honor our region's veterans and their service to our country. These events, organized and presented by these local veterans' organizations, are open to all who wish to attend. **Contact:** [Ross Hartlipp](mailto:Ross.Hartlipp@americanlegionpost739.org) with American Legion Post 739 for information and updates. **Location:** Center Overlook of the Walkway Over the Hudson State Historic Park

**Unlimited Care from page 1** of our employees with infection control education and the proper Personal Protective Equipment (PPE) that is necessary for them to be able to do their jobs safely."

Paula confirms that some parts of providing care have been virtual when that option makes sense. "Our nurses can virtually review care plans, and they can conduct patient assessments, including verbal assessments, by asking questions. They can instruct Personal Care Aides/Home Health Aides, to make sure that they have proper directions to follow. So virtually, the nurses can go on and see if an aide has any questions, or to assist them in understanding the patient plan of care. The family and the patients are also involved in developing and changing the patient care plans."

"Our Personal Care Aides (PCA) and Home Health Aides (HHA) are on the front lines of care and have also been out there in the real world every day. "We still have our PCAs and HHAs assisting individuals in the home with activities of daily living, some patients are bed bound, some might require help with things like bathing and dressing. We have some patients that just need assistance preparing lunch, and walking. Throughout this pandemic, some just need a friendly face to let them know it's all going to be okay."

Unlimited Care, Inc. typically provides long-term care for patients, many of whom have chronic conditions like diabetes, hypertension, cardiac disease, cancer, or respiratory disease. The conditions and circumstances are different than a short-term rehabilitative scenario, which a Medicare Certified Home Health Agency might typically provide. Unlimited Care, Inc. contracts with many certified home health agencies, hospice, managed care companies, managed long-term care companies, and insurance carriers. They perform

nursing home type care within a patient's home environment.

Paula explains that Unlimited Care, Inc. also has a pediatric division, with nurses who specialize in taking care of pediatric patients. New York State has an approved private duty nursing program paid by Medicaid to assist those families with medically fragile children. The children tend to have complex medical conditions, and through the specialized nursing care, the program allows the child to be at home with family.

"We also contract with many the schools," Paula notes. "We provide staff during the bus rides to and from the school, for handicapped children. We assign bus monitors on the school buses. We accompany young adults with health challenges that require assistance to college. We participate in this program throughout all of our offices.

The company participates in several New York State waiver programs including the Nursing Home Transition and Diversion Waiver Program, the Traumatic Brain Injury Medicaid Waiver Program and the Consumer Directed Personal Assistant Program (CDPAP).

### Offering Opportunities For "HealthCare Heroes"

Unlimited Care, Inc. offers training and certifications for its workers, and there is an increased demand right now for workers in the industry. "You could come to us to work in a number of different ways," Paula says. "You can come to us if you have a valid PCA or HHA certificate, or if you have experience taking care of individuals privately and have not attended a paraprofessional approved training program Unlimited Care can provide the training required for you to become certified a PCA or HHA. We will make sure you have the knowledge and proper skills to be in the home to take care of the individuals."

Most of the company's care field staff are paraprofessionals who work as either personal care aides, or home health aides. Unlimited Care, Inc. is a NYS Department of Health approved provider for Home Health Aide and Personal Care Aide training. There is no cost to recruits for the training.

"If you have no experience whatsoever, we can provide a full New York State approved training class. It's a two-week training program for HHA's and one week program for PCA's. You will also have orientation, skills and additional training to be able to work in the Nursing Home Transition and Diversion or Traumatic Brain Injury waiver programs."

### A Pioneer in Home Healthcare

When Unlimited Care, Inc. was founded in 1975, the long-term care trend was moving in the direction of institutional care in nursing homes. Home visits by medical professionals were becoming a thing of the past, and nursing homes were on the rise. Unlimited Care, Inc. helped introduce and broaden managed home care. Since

then, they have diversified, offering specialized services, but all their services have one goal in mind: to help support as much independence for their patients as possible to enable them to remain at home.

One of the best parts of Paula's job is bringing her experience to bear in helping patients and families navigate the complex home care system. "The home care system we have in New York can be very confusing. Those who need home care so desperately, don't know how to maneuver through the system to find the program that best suits their situation. Since I've been in the industry for more than 35 years, I know what direction to point them in."

Paula acknowledges that the dedication of many longtime employees lies at the heart of Unlimited Care's success. "Every one of Unlimited Care's staff members from the human resource department, to payroll, to the staffing coordinators and the managers, that work in the office have been with Unlimited Care for a very long time, because they really care about what they do. They really care about taking care of the patient, and the family. Because it's not just the patient; it's also family. UNLIMITED CARE, INC.

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Tel: 845-876-1976  
<https://www.unlimitedcareinc.com>

### ROCKEFELLER STATE PARK PRESERVE //

**914.631.1470 x 106**

We are welcoming many new visitors to the Preserve these days as all try to get out and have very few options.

Unfortunately, many are not aware of the very special place that is Rockefeller and why it is at Rockefeller we have a very strict rule to STAY ON THE TRAILS/CARRIAGE ROADS AT ALL TIMES.

That means, no picnics (only allowed at designated picnic table areas and Rockwood-see website for details), no games (i.e. baseball, badminton, etc.), no bikes, no scooters, no fires, and no off-leash dogs. Why is this? Are we just spoilsports? No, it is because Rockefeller is a designated STATE PARK PRESERVE. A Park Preserve is a protected area of importance for flora, fauna, or features of geological or other special interest, which is reserved and managed for purposes of conservation while also allowing for passive recreation such as walking, jogging, photography or wildlife viewing. We are NOT a park or playground. And there really is a very important distinction. Humans have LOTS of places they can go to play (okay, outside of pandemic days.) Wildlife, on the other hand, has less and less land available to it. So come to Rockefeller to walk our trails/carriage roads, enjoy our magnificent trees, plants, and wildflowers - and maybe get lucky and catch a glimpse of some of our animal residents, including deer, fox, coyote, racoon, lots of birds (we are a recognized Audubon site), turtles, squirrels, chipmunks, trout, skunks, snakes, rabbits and, maybe even bobcats! But please, leave the picnic and park games at home. Thank you for your cooperation! RangerSu




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### Ward's from page 1

exactly in between Bell's Pond and Buckley's Corner (one and a half miles from each) and five miles from the Rip Van Winkle Bridge. It is very easy to access from any direction. There are directions and tons of information on their website at [www.WardsCollisionCenter.com](http://www.WardsCollisionCenter.com) and the number to reach them directly is (518)828-2942

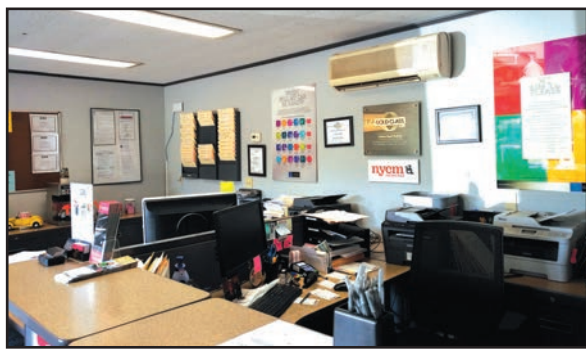
The excellent, friendly and professional staff at Ward's are a wonderful group. "We have a young and talented crew here," says Don, "and each of them and all of them together contribute to our being a one-stop shop." Most of their employees are full time, from Lexi at the front desk who handles the phones,

answers questions and schedules appointments, to John, Eric, Brandon and Dan in the shop. Nick is their tech savvy parts guys and knows everything about procuring whatever is needed for each repair or service job. Denny is their principle Mechanic and is there several days a week. They do state inspections five days a week and additional services like auto detailing and 24-hour towing when available.

They can give photo estimates on accident repair from the website, but there is free pick up and delivery within reasonable range and, really, how are you going to know that your vehicle doesn't just look pretty on the outside after a repair but is really not safe to drive? When your



vehicle is at a Gold Class shop, they are trained to know how and where to look for hidden damages you may not be able to see, and they have the latest technology



available to inspect and repair everything, even air bags and seat belts. You can see the crumpled hood, missing bumper and broken headlight, but you may not be able to get the three-dimensional measuring needed to ensure the vehicle basic structure is still correct or that there are not damaged suspension parts that compromise the car's safety.

Their service center handles Oil Changes, Struts and Shocks, A/C Service, Tune-Ups, Brakes and Rotors, Batteries, Tire Rotations/Mount and Balance/Pressure Resets and 4-Wheel Alignments, Computer Diagnostics, Pre-Sale and Post-Sale Inspections, and more. They have their own website at

[www.WardsServiceCenter.com](http://www.WardsServiceCenter.com) Likewise, the pre-owned sales division includes an inventory of vehicles spanning all years, makes

and models and can be reviewed at [www.WardsAutoSales.com](http://www.WardsAutoSales.com)

Don says the trend lately, in particular since the pandemic that is gripping the country and causing so much economic grief, is to try to salvage what people have, even paying for it out of their own pocket sometimes. People are more maintenance conscious because they know they want what they have to last. Naturally, all COVID 19 safety measures have been and continue to be in place and all vehicles handled for any reason and from any department are thoroughly sanitized and returned to the customer in totally safe condition that way also. Masks are required at Ward's to enter the premises.

Ward's is very community conscious and strives to give back to its friends and customers whenever possible. Aside from

**Continued on page 13**



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**Ward's from page 12**  
 all the letters from school children thanking Ward's for participating in Career Days and from various charitable organizations in and around Hudson thanking Ward's for donations and participation, there are other "signs" on the walls of Ward's that say much about the nature and direction of the business. There is a lot of literature and many tips on vehicle care and maintenance, as well as their rates and "We Aim to Please" poster. Even their spacious front office and

waiting room are comfortable and full of useful information – and even a TV and coffee!  
 A featured sign that catches the eye reads: "Wrong is wrong, even if everyone else is doing it. Right is right, even if no one else is doing it." From observing this operation on several visits and listening to the interactions with customers past and present, it would seem that this is a saying they adhere to, totally. They cover all the basics and are down-to-earth people, but such a class act!!

**Spencertown Academy Festival of Books Goes Virtual September 4 through October 12**

*Zoom events with distinguished authors and documentary filmmakers, children's programs, and online book sale*

Spencertown Academy Arts Center's 15th annual Festival of Books will take place online this year, with virtual events running from September 4 through October 12. The Festival will feature Zoom events with distinguished authors and documentary filmmakers, children's programs, and an online book sale. Featured authors include Joyce Carol Oates, Robert Kolker, Richard Gehr, Ed Ward, and Jacqueline Rogers, plus the team behind the acclaimed documentary film, *The Booksellers*, including director D.W. Young and producers Judith Mizrachy and Dan Wechsler. Admission is free to all events, but advance registration is required as Zoom capacity is limited. Registration is open now for most sessions; others will follow soon. The online book sale will open for Spencertown Academy members on Friday, September 4 at 10:00am and for the general public on Saturday, September 5 at 10:00am. For details, please see [www.spencertownacademy.org](http://www.spencertownacademy.org).

The Festival, which began in 2006 as a book sale to raise funds for the Academy's community arts programs, has grown into one of the biggest and most eagerly anticipated cultural events of the year. Academy Board members David Highfill and Jill Kalotay co-chair the Festival. "We have a stellar line-up of authors for 2020," says Highfill, vice president and executive editor at William Morrow, an imprint of HarperCollins Publishers. "Joyce Carol Oates, surely one of our most ambitious and prodigiously talented novelists, will discuss her new novel about a troubled family; journalist Robert Kolker will talk about his number one *New York Times* bestseller about the trauma of schizophrenia running through one family; David Gehr will explore the work of several brilliant *New Yorker* cartoonists;

and Ed Ward will entertain us with stories of 1960s and 70s rock & roll, the most evergreen of pop culture topics; and much more."  
 "Funds raised by the Festival of Books contributed a substantial amount to the Academy's annual budget, and we hope to garner a small portion of that through our online book sale this year. Please note that Academy members have

early access to the online sale. Make sure your membership is current or you may miss out on this special opportunity," adds Kalotay. "It's been a real learning curve, for sure, and I think the result is terrific. Much as we'll miss gathering in person, we look forward to enjoying stimulating literary events at home and,

**Continued on page 19**

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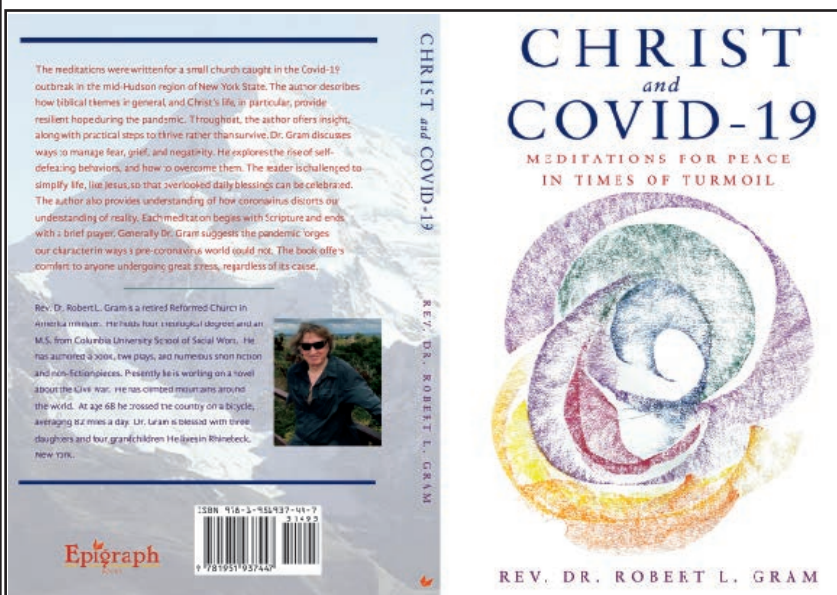
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"Gram's lucid writing style is that of a seasoned and intellectual yet nurturing pastor...An uplifting, relevant devotional for finding hope in darkness." Kirkus Reviews

"With the world as it is, this book is sorely needed. The author has written with all the love and compassion you would expect from a man of God. His positive thinking and comforting reassurance that God does love us all." Susan Keefe, Midwest Book Review. 5 Stars.

"If you're suffering under the weight of Covid-19, I highly recommend this book." Rachel Song, Writer and Editor. 5 Stars.

"The diverse and distinct range of topics are truly phenomenal....These meditations are a cool balm to soothe the soul, and keep those of faith on the right track. They offer peace, better decision-making and compassion for all. John Kelly, Detroit Free Press.

## Epidemiology

By John Van Demark, DVM

Epidemiology is the study of diseases and how they spread through a population. The veterinarian has played a key role in the development of epidemiology. In the midst of our current pandemic, here are a few examples of disease outbreaks, and responses with successful outcomes: Canine parvovirus, New world screwworm, rabies, and Rinderpest.

If you are a dog owner, you are likely familiar with the vaccine against canine parvovirus as it is one of the "core" vaccines most dogs receive. Canine parvovirus is a highly contagious disease targeting white blood cells, the cells in the gastrointestinal tract, and in some cases cardiovascular cells. It has an 80% fatality rate in infected dogs and puppies. Canine parvovirus is a relatively new disease, showing up in the 1970s and being formally

recognized in 1978. The disease is believed to have jumped from the feline disease panleukopenia virus, being nearly identical genetically (only differing by two amino acids). When this disease first jumped species, people were unsure of what was going on; why were so many dogs becoming sick and dying? Within two years the disease was worldwide, infecting and killing millions of dogs. In 1979 Drs. Leland Carmichael, DVM and Max Appel, DVM developed the first vaccine for the disease, and by 1981 it was commercially available and widely distributed. Today we only see canine parvovirus sporadically in unvaccinated dogs as the vaccine is nearly 100% effective.

New world screwworms (*Cochliomyia hominivorax*) are a species of fly whose larvae (maggots) feed on living tissue of animals. The screwworm's main host is cattle. They plagued

the early settlers of the United States by feeding on their cattle, causing many cows to become ill or die. The disease continued to be a serious problem into the mid-1900s as the U.S. Department of Agriculture was spending millions of dollars to try to treat and control infections in the nation's cattle population; it seemed like a losing battle. Then, in 1958, scientists and entomologists F. Knippling and Raymond C. Bushland studied the flies' life cycle and proposed a revolutionary idea called the "sterile insect technique". These scientists discovered that the female screwworm only mates once, lays eggs, and dies. They proposed that if they could release large numbers of sterile males, these females would mate, lay sterile eggs, and die, and over time, the populations of screwworms would decline. The U.S. Department of Agriculture was willing to try anything and did the first large-scale test in Florida. By 1959 the fly population had been eradicated from the state. The rest of the United States quickly adopted the technique, and by 1966, the screwworm had been eradicated from the United States.

Rabies has been known to humans for over 4,000 years with the first written records in Mesopotamia in 1930 BCE. The virus infects many mammals such as dogs, cats, foxes, raccoons, skunks and bats. The virus spreads through the saliva of infected animals. When an infected animal bites a host, the virus causes a local infection in the muscle and then moves through the nervous system into the brain, where it starts to cause erratic aggressive behavior. At the same time, it replicates in high numbers in the salivary glands. At this point the animal bites another animal or human and the cycle continues. After the onset of clinical signs, there is a near 100% fatality rate. In the early 1990s, about 50,000 human cases/deaths occurred annually worldwide. Most cases of human rabies in the world occur from the bites of dogs, most often in children under the age of 15 in developing countries in Asia, Africa and South America. In 1885 Louis Pasteur and Émile Roux, developed the first rabies vaccine from the neural tissue of an infected rabbit. Over the next few decades the vaccine was developed. Post-exposure immunoglobulin was also introduced to treat people before the onset of clinical signs and prevent them from becoming sick. Vaccination of pets in the U.S. became widespread in the 1940s and 1950s, which coincided with a marked decrease in human cases nationwide. Due to the development and mandated nature of the rabies vaccine in domestic pets (dogs and cats), and the development of post-exposure immunoglobulin, the United States rarely sees any human cases of rabies. These vaccination strategies are also being applied worldwide, and the incidence of rabies in humans has dropped to about 24,000 as of 2010 with the goal being zero cases of human rabies by 2030! Rinderpest, also known as "cattle plague", was a viral disease of even-toed ungulates (hoofed

animals). The virus is similar to the human measles virus and the canine distemper virus. The main animal of human significance it impacted was; though it also infected a myriad of wild animals such as bison, deer, antelope and warthogs. The disease spread by contact of animals with each other and communal bodies of drinking water. Clinical signs were usually fever, lethargy, diarrhea, ulceration of the mouth, and within 6-12 days, most infected animals were dead. In native populations, the disease could have a 100% fatality rate, effectively wiping out whole populations of cattle and causing widespread famine. The disease plagued human civilization since the time of the ancient Egyptians, and is even cited as a factor in the fall of Rome. It continued to plague Europe throughout the Middle Ages and into the nineteenth and twentieth century. It seemed there was no hope until veterinary pathologist William Hutchins Boynton developed the first vaccine for the disease in 1918. After about 10 years of working on the vaccine, a worldwide vaccination campaign began to eliminate Rinderpest.

For the next several decades, most eradication efforts were on an individual-country basis. Then, nations started working together, and the Global Rinderpest Eradication Programme initiated in 1994. The last documented case of Rinderpest was in Kenya in 2001. Since then, all surveillance efforts have not shown a single case and the disease is believed to be completely eradicated.

These diseases are all very different in how they infect and how they have been managed. However, there are a few key points that carry through. First, the focus on science; critically studying the disease, whether it is the pathogens, DNA, or reproductive strategy, and figuring out a way to outsmart them with vaccine development (or sterile male flies). Secondly, working together as one; it was not until the whole world came together in one effort that the eradication of Rinderpest was achieved, or that the number of rabies cases in humans has drastically decreased. Finally, not giving up; for thousands of years, rabies and Rinderpest plagued our animal civilizations, but eventually we came up with a way to fight back!

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## Seniors Guide to Selecting and Owning a Dog

Presented by Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

All of us have the opportunity to enjoy the unconditional love a companion dog offers. This is especially true for senior citizens, as they typically have the time available to nurture and develop a strong emotion human-canine bond. Dogs can make ideal companions for senior citizens. Canine companions offer loyalty, provide joy, and give unconditional love. Dogs are totally accepting of their elderly owners. They don't see any wrinkles or physical limitations. Instead, they only see someone to love and who loves them back. A dog's devoted and affectionate nature can make a senior owner happier and even healthier.

Medical professionals who work with seniors have long noted the benefits a pet can make in the life of an elderly person: A dog offers a sense of well-being and independence, helping to prevent stress, depression and loneliness. Being responsible for another living creature can add new meaning and purpose to a senior's life. Caring for a pet with activities such as feeding, grooming and walking helps a senior stay active, both mentally and physically, and thus enhances and increases the quality and quantity of her life. Owning a dog can benefit a senior's physical health, resulting in lower blood pressure, decreased stress, reduction in bone loss, lower cholesterol levels, and improved blood circulation.

**Stepping Up to Dog Ownership**

Not just seniors, but people of all ages need to understand that caring for a pet comes with responsibilities, commitment and time, as well as physical

and financial requirements. A dog's basic needs include food, exercise, entertainment, safety and shelter. He also requires veterinary care and grooming—brushing and coat care, bathing, nail trim and dental care. If you are not able to provide some aspect of these care basics, know whom to ask for help, whether a family member, friend or professional. This is particularly true with regard to exercise both physical and mental exercise. If you are not able to walk a dog frequently, consider exercise options such as teaching the dog to play fetch or practicing obedience. Consider a dog walker who can take your dog for a stroll or romp. And don't forget the value of mental stimulation. Give your dog toys that stimulate his thinking and require him to use his brain. Whether or not your dog stays mainly indoors, be sure he always wears identification. Affix ID tags to his collar and ask your veterinarian about getting the dog microchipped, which is a permanent form of ID that will help ensure he will be returned to you if he becomes lost.

If you or a senior you know are seriously considering getting a dog, you need to ask these questions: Can you financially afford to keep a dog? Caring for another living being does cost money, for food, veterinary care (with annual shots and check-ups as a minimum), pet supplies (toys, treats, bed, crate) and grooming (whether you do it yourself or pay a professional for the service). Costs can vary widely, based on size and how much care and grooming you provide, but can range between \$650 - \$1000 a year. Can you physically care for a dog? Caring for a dog, no matter how small and docile, requires some measure of physical ability. If you have physical limitations—e.g., you use a wheelchair or walker—you need to be mindful of the dog's basic requirements for care. This is another reason why it is important to make a carefully considered match between dog owner and canine.

**Tips for Selecting a Dog**

While you may be enamored with a particular dog breed,

choose the individual dog for its personality and other characteristics, not because of its breed alone. Opt for a dog that matches your particular lifestyle and abilities. Size and temperament are the most frequently cited factors that matter most when selecting a dog for a senior. Other qualities may also be important; for example, an allergy sufferer may want to consider how much the dog sheds before making a selection. The guidelines below will help you make a thoughtful decision when selecting a canine companion.

**Choosing an Appropriate Size**

For practical reasons, smaller breeds tend to be more suitable for elderly people (except, perhaps, for the over-exuberant terrier breeds). A small dog is simply easier to handle, which means: You can transport the dog in a pet carrier to take him to the vet or on plane trips. You can bathe the dog in a sink, and not have to stoop over a tub. Your canine companion will fit comfortably in your lap, if you so desire. You will need less food, which reduces cost and also means you'll have less waste to pick

Continued on page 16



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**Barkbusters from page 15**

up. You will enjoy (typically) more manageable walks and other outdoor adventures. Remember, a dog breed you owned or knew in your younger years may not be an appropriate choice for your current lifestyle and abilities. While a boisterous yellow Labrador retriever may be a perfect companion for families with growing children, the breed's high energy needs would probably not be a wise choice today for most sedentary

seniors. In addition, you may now live in a smaller home which is more suitable for sharing with a smaller pet. Many animal shelters encourage senior citizens to adopt older dogs as canine companions. Most senior dogs tend to be calmer, have lower activity needs and more predictable behaviors, and, in most cases, are already housebroken. Thus, the older dog is more manageable for an elderly person, and yet still brings the same emotional and

medical benefits to his owner. If you do adopt from a shelter, ask the shelter staff if they will let you get to know the dog over a few days to help you develop a trusting relationship with him and to help you determine his needs for training. **Temperament Matters, Too** Also of importance in choosing a dog is temperament. A dog's temperament is his personality, the inherent characteristics that makes that animal unique among others. Temperament is due to a number of factors, from breed and age to external influences such as how well the dog was socialized as a puppy, how he has been treated by people, etc. In general, most seniors seek a dog known to be affectionate, companionable and even-tempered. The ideal dog will also be friendly and sociable to other dogs and people of all ages.

Another factor to consider is the dog's trainability, or his willingness to please you, whom he looks to for leadership, safety and affection. Whatever the dog's temperament, understanding how to manage his behavior through proper training will ensure a more companionable relationship between you and your canine pal. **Training Assures Your Safety** Training is essential to helping a senior remain safe around his or her pet and ensures the dog's safety as well. As pack animals,

dogs naturally need a leader in their lives. If they don't find one, they will try to become the leader, which can create numerous behavioral problems. Thus, the human in the home needs to be the pack leader. To become the leader, you must practice obedience, set rules and apply them consistently, and praise your dog's good behavior. A good place to start training is by teaching your dog to follow you, such as through doors, into the car, and on stairways. When your dog is behind you, you not only decrease the chances of tripping over him, it also teaches good manners which form the basis for effective training. Following are some common behavioral issues and training tips to help manage your dog's bad behavior. **Barking** Many seniors live in apartments

or assisted living facilities in close proximity to other people. While some breeds tend to be noisier than others, any dog can quickly become a nuisance barker if he is not taught good manners. While his ability as a watchdog may be a plus for a hearing impaired senior, a dog that doesn't know when to stop barking becomes a problem for everyone. However, if he regards you as his leader, your dog can be taught to bark to alert you to a disturbance, and then be quiet when he sees that you have the situation under control. **Boundaries** Keep the dog out of certain rooms where he can get underfoot. For example, training your dog to stay out of the kitchen—where most household accidents occur—is a good safety measure. It also helps to prevent your dog from begging for food.

**Continued on page 18**

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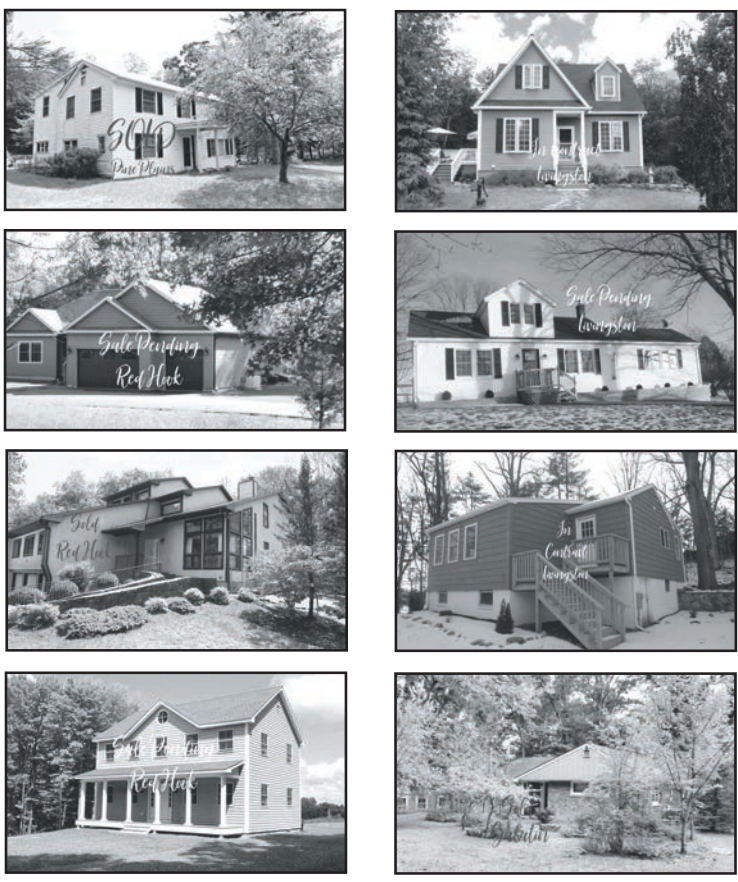
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**Rhinebeck:** Circa 1920. Distinctive 5 unit building is fully occupied & located on the outskirts of Rhinebeck Village. Built like a fortress, this building sits on 5+ acres of flat usable land comprised of lawn & woods. Wonderfully maintained over the years & non-spoiled, the current owner has kept it in very good condition. A solid investment in many ways whether you convert the lower level into one large apt & have the upper units pay your mortgage or just keep as is & collect the income every month. Location is very convenient to all. **\$429,000**



**Gallatin:** Legal two family home in excellent condition offers many options. Live on one side & rent out the other side. Ideal Mother/daughter situation. Great investment return at \$21,900 annual (gross). Low operating costs. Tenants pay all utilities, snow & lawn removal. Full bsmt offers finishing potential. Privately situated on 2+ acres. Many improvements in past 10 years include: Carpets & floors, New bathrooms, 2 hot water heaters, 1 furnace, 1 new oil tank, Chimney sleeved, Humidex system in basement, New water expansion tank. **\$335,000**



**Livingston:** 100% occupancy! \$4075.00 monthly gross income. Main House - TWO 2 BR units and TWO 1 BR units. Barn/apt (2 story) has 1 BR, Mobile home has 3 BRs. Great investment or extended family opportunity. 6 units total, all rented & located off a dead end street in the quiet hamlet of Livingston. Well maintained & loved over the years by the same family. Great opportunity & solid investment. **\$325,000**



**Clermont:** This Rustic style home is perfect for those who crave nature, peace & quiet. A covered porch welcomes you into the open LR featuring cathedral ceilings, wide board floors, exposed beams & a cobble stone hearth w/wood stove. ELK w/breakfast nook & laundry. Newly remodeled 1st flr Bth & BR. The 2nd floor features huge MBR w/private porch & bath w/whirlpool tub & radiant heated floors. Heated two car GAR w/bathroom & Pole barn w/electric & water. Enjoy total privacy on 3+ acres w/lightly wooded trails, stone walls & views of the Berkshires. 10 mins to Red Hook & TSP. **\$289,900**



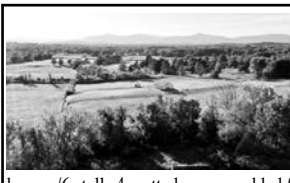
**Red Hook:** Charming 1900s Farmhouse w/original woodwork & HW floors features include updated cherry Kit, comfortable LR, huge MBR, cozy guest BR & the possibility of 3rd BR. Two modern baths plus enclosed porch, laundry & mud room. Renovated in 2007, this home is energy efficient w/blown in insulation & solar hot water. Whole house generator gives extra security. Fabulous two story barn w/studio has water, heat & electric on second floor while set up for horses & dogs on first level. Various paddocks, run in sheds plus riding rink & 43+ acres w/2 acre pond. Perfect for livestock. Short distance to Bard, Red Hook, Hudson & Amtrak. **\$499,900**



**Germantown:** Immaculate one level home w/1 BR Guest Apt in bsmt w private entrance. Open floor plan w Kit, DR, LR & FR all flowing into each other. MBR Suite is separate from other BR's w/private bath & WIC. 2 gracious guest BR's w/FB. Massive 20x30 deck looks over the spring fed pond & beautiful vistas. The land is abundant w lilacs & embraced by stone walls. 5+ acres of green space may accommodate a horse. 5 mins to Hudson River for boating & Germantown Center. **\$425,000**



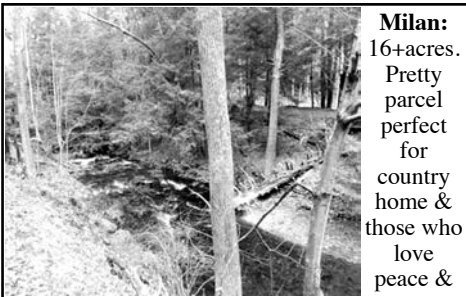
**Tivoli:** Diamond In The Rough best describes this jewel located within walking distance to the center of the Village Of Tivoli. Enjoyed by same family for over 25 years this home has been well loved. Vintage details include hardwood floors, beautiful brick hearth & exposed beams. Rare setting w over 3 acres that roll down to private stream frontage. Huge GAR w heat & electric plus 12 foot ceilings ideal for hobbyist or car buff. Excellent Opportunity to create your own vision here in the great Hudson Valley! **\$310,000**



**Clermont:** Spectacular sunsets over the mighty Catskill Mountains. Hudson Valley horse farm features Brescia barn w/6 stalls, 4 matted w one padded foaling stall, a tack room w bath & bath stall. 1 BR apt. w/lovely maple floors & Joule wood stove in LR, Country Kit, full tiled bath & bonus room on the second story. Each of the 4 paddocks has it's own water supply & electric. There are two run-in sheds, 2 acres of Dog Watch fencing PLUS the most gorgeous building site set in the back. Excellent opportunity to live in apartment while you build your castle. This is a very special property lending itself to many possibilities. Almost 15 open acres w a view from every angle bordering conservatory property. **\$425,000**



**Rhinebeck:** 22+ Acres. Open to all offers! Great location, just minutes to Rhinebeck village. Lightly wooded, corner lot. Abundant road frontage on Kerr & 9G. Driveway going in off of Kerr. **\$179,000**



**Milan:** 16+ acres. Pretty parcel perfect for country home & those who love peace & quiet. Located off quiet country road w/land on both sides w mountain stream. Geological surveys done revealed high gravel content. Subdivide possible. Easy access to TSP. **\$105,000**



**Tivoli:** Affordable! 5+ private acres ready to build on! Fantastic location just a stone's throw from Tivoli Village. BOHA w brand new field already installed!! Driveway in. Level w nice combination of woods & open meadow. Municipal water. Come envision your new home! **\$95,000**



**Commercial Space Pine Plains:** Opportunity knocks at the door of this well maintained building set in the heart of bustling Pine Plains. Formally leased as a thriving diner but lends itself to many uses. Owner has updated the 3 bathrooms as well as windows, electric & septic. Kit is equipped w Ansul exhaust system, propane industrial 6 burner stove, ice machine & refrigerator. There is seating for 53 including bar & table sets. Outside awning allows for additional seating. This is charming place to realize your dream. **\$184,000**

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**7370 SOUTH BROADWAY, RED HOOK**  
Charming 1900 ft Cape, 4 BRs, 2 bath, nice condition has 1600 ft shop/studio/garage on rear property, is TND zoned that allows residential and commercial/apartment uses. A great set up for live work or income. Shop could easily be converted to apartments or professional office, this is a great opportunity. **\$395,000.**



**Rhinebeck**  
**NEW CONSTRUCTION** - 4 BR, 3 bath, 4500 ft Cape on 20 private acres. Top quality construction with all the best finishes: wood floors, tile baths, top quality cabinets with granite counters. Large porch on front and 2 car oversized garage. Nestled in the woods within walking distance to village and schools. Privacy plus. Offered at **\$1,075,000.** We have plans in our office.



**RHINEBECK**  
First time on market. Custom 4 BR Cape on 11.5 pastoral acres. Surrounded by farm land in one of Rhinebeck's most quiet areas. Large, set back from road and totally private setting. Large 4 car garage with upstairs studio/office and large barn. Long driveway gives property an estate like feel. Home is immaculate and in move-in condition and grounds are groomed. Offered at **\$785,000** a must see home.



**Spectacular property.** 97+ acres mostly cleared and in hay. Has panoramic Catskill VIEWS, is sub dividable and in RED HOOK SCHOOLS! Development rites are included in the sale. No nicer land parcel available today. Has 3 premium house sites with world class Catskill views. A must see property. **\$695,000.**



**COUNTY ROAD 19, LIVINGSTON**  
Green Pastures Farm, 196 acres, privacy plus about 80 acres is cleared and in agriculture. Stream goes through property and there is a nice pond also. Soil is sand and gravel. Soil is well drained, great for crops or animals. Property is subdivable and in a nice quiet area, yet only 10 minutes or so from town. This is a gem of a property and it is getting hard to find this large a parcel in one piece. Call Tom for a look. The Western portion has wonderful CATSKILL VIEWS. **\$1,799,000**

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**WILLIAMS ROAD, RED HOOK**  
Beautiful 23 acre wooded parcel. Located on one of Red Hooks most quiet and scenic roads. Nice forest and ample road frontage. It is in 2 parcels, both are included in sale. **\$250,000.** Call Tom.



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**Barkbusters from page 16**  
 Teach your dog to “stay” in a certain place. If he is tempted to break from this invisible boundary, use baby gates to block off no-go areas. A crate or pet carrier provides a natural safe haven for your dog. Keep a crate or dog pillow in a quiet area of the home, and direct your dog to go there when you need to set boundaries. While he may not like being separated from you, he will still feel secure. A crate/carrier also helps your dog be a more relaxed traveling companion, since “home” is wherever he finds you and his familiar bed.

**Housebreaking**  
 Teaching reliable toileting habits is necessary for good health, cleanliness and safety. A “puddle” on a tile floor is a slip hazard, not just for seniors, but for anyone visiting the household.

**Separation anxiety**  
 This is a common behavioral issue among dogs, especially “single” dogs who live with one person. Because dogs are social creatures, they generally do not

like to be left alone. When alone, they can show a variety of signs of distress, such as barking and whining, destroying things, soiling the house, digging, and scratching at the door. One way to help reduce a dog’s tendency to be stressed when left alone is to leave him at home frequently, in his crate or a room where he cannot hurt things or himself, for varying lengths of time. It is actually unhealthy for a dog to never be left alone, because there will invariably come a time when he cannot be with you. Dogs need to learn they can be left alone and will still be safe.

**Recall (coming when called)**  
 A dog which ignores his senior owner poses a serious danger. You can get hurt if you are forced to chase after your dog in attempts to catch him. In the saddest of situations, a dog that runs into traffic and is injured or killed will bring great grief (and expense) to the elderly owner.

**Walking on leash**  
 A walk for exercise and fresh air should be a pleasant experience. In order to give you safer

control of the dog, use specially designed equipment to manage his behavior. Remember, a well managed dog on a walk does not set the pace—the owner does. Never use a retractable leash. They can cause eye and face injuries, cuts and burns. They do not help your dog to understand boundaries and leadership. A six-foot cotton leash is the safest choice for walking your dog.

**Jumping up**  
 Jumping up is both annoying and dangerous. A large dog that jumps up can knock over an elderly person, and even a small jumping dog can tear fragile skin with his claws.

**Front door behaviors**  
 A knock on the door can be an exciting event for a dog, whether he sees it as fun or alarming. If he doesn’t have sound leadership in place, it is natural for a dog to want to know who the “intruder” is, to determine whether the person is safe or dangerous, and to protect his territory and pack. However, an-out-of-control dog at the door is undesirable for many reasons—he may dash out the door and run into harm’s way, he may get underfoot and become a trip hazard, or he may become aggressive to the visitor. While these are some of the more common dog behavioral issues, each dog, owner and situation are unique. Individualized training with an experienced dog behavioral therapist, such as a Bark Busters trainer, helps to make for a well-behaved dog and ensures your own safety.

**A Socialized Dog is a Happy Dog**  
 A well socialized dog is comfortable meeting and being with others, including dogs, other pets, and people of all ages. He has been introduced to a variety of situations and yet knows he and his pack have remained safe through them all. An insecure dog, on the other hand, may become a fear biter. Because he does not know how to act when he encounters someone new, his defensive reaction is to bite. This dangerous behavioral pattern can be addressed with training. Dogs are typically protective of

their elderly owner because of the emotional bond and because they may see the person as a weaker member of the pack. A dog’s deeply rooted sense of loyalty will drive him to protect his owner. No matter the size or breed, if a dog feels threatened, he may demonstrate aggressive behavior and even bite.

Your dog needs to learn to feel comfortable with all visitors to the home, from family members and neighbors to your housecleaner or building janitor.

If you require assistance from a personal caregiver or home health care provider, your dog must learn to understand that this stranger will not harm you. Should you voice discomfort or flinch when a health care provider treats you, the dog may perceive that the caregiver is hurting you. Be sure to reassure your dog that you are okay. Allowing your dog to continue this misperception can contribute to aggressiveness to all visitors.

The chaos created by young visitors like grandchildren will inherently raise the energy level in the house, bringing new stress to the dog. Here are some ways to control such situations. If your dog begins to bark or nip at visitors, remove him from the area and place him in his safe crate or pillow. Have children of school age drop a piece of food near the dog. The dog will see this as a friendly gesture and will know the child is not to be feared. With very young children, parents need to remain vigilant to monitor their youngster’s interactions with the dog and teach her to treat the dog with respect and gentleness. Never invite a child to feed the dog by hand—this teaches the dog it is acceptable to take any food from a child. Because of a child’s small size, the dog may view her as an equal, and thus may try to take advantage of the situation. Never leave a young child and any dog alone together. This is when most dog bites to children occur.

**Bringing Home Your New Dog**  
 Prepare to have ready the things your dog will need from the start. An ideal supply list includes ID tags, a collar and six-foot leash, food and water bowls, dog food, dog toys, a crate and bedding, and basic grooming tools.

You will also need to pet-proof the home to ensure your dog will be safe in his new environment. Keep him away from household dangers such as electrical wires and outlets, plants, pools, balconies and open doors. Put away those things your dog may find tempting to chew. Remember to immediately pick up anything you drop on the floor.

Ask your vet for a list of poisonous foods and materials that should be kept away from your pet. Keep lids on trash cans. Within the first two weeks, take your dog to a veterinarian for a health check and necessary vaccinations. Arrange for the dog’s spay/neuter surgery, if needed. Your vet can make recommendations regarding your pet’s food, exercise needs and other care tips to help you get started on the right paw with your new pal. And the results?

**Happy Dogs = Happy Families**  
 Bark Busters is the World’s Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to “Speak Dog”. By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding.

Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 12+ years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west.


For more information about Bark Busters, please visit our website at [www.BarkBusters.com](http://www.BarkBusters.com) where you can take a free 20 question quiz to rate your dog’s behavior. You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by “liking” us on Facebook at <https://www.facebook.com/>

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**Spencertown from page 13**

of course, still shopping for fabulous books. The Academy is even going to share its Cookbook Café recipes for To-Die-For, No-Alarm Vegetarian Chili, Northern Cornbread, and Lemon Cake—the beloved signature fare of our Festival of Books.”

**ONLINE BOOK SALE**

Traditionally, the heart of the Festival is a giant book sale featuring more than 15,000 new and gently used books. This year’s online edition of the sale will focus on “The Special Book Room” collection of about 250 books, plus a sprinkling of CDs, DVDs, and ephemera. Volunteer Wayne Greene has expertly examined covers and spines, scanned pages for signatures or marginalia, and assessed their value in antiquarian or contemporary circles. The offerings feature richly illustrated, large format volumes in like-new condition, and include art, architecture, biography/memoir, cookbooks, fiction, history, music/film, photography, signed books, and others. Quirky or collectible, rare or simply stunning, all are priced accordingly but affordably—ranging from \$5 to \$350 and everything in between.

Among the most valuable treasures to be offered are *The Complete Works of Abraham Lincoln*, a 1905 12-volume collection of Lincoln’s letters, lectures, and speeches (including a fold-out facsimile of Gettysburg address) edited by John G. Nicolas and John Hay (\$350); a folio-sized coffee table book titled *Muhammad Ali Memories - Photographs by Neil Leifer*, signed by Muhammad Ali (\$250); and *Tales of Mystery and Imagination* by Edgar Allan Poe with illustrations by Harry Clarke, a 1933 hardcover

in near fine condition (\$275). The latter is considered one of Clarke’s greatest works and his Gothic style sits eerily well with Poe’s brilliant prose. The online book sale will open to Academy members on Friday, September 4 at 10:00am and to the general public on Saturday, September 5 at 10:00am; it will run through Monday, October 12 at midnight, or until the shelves empty. Note: Purchases must be picked up by appointment at Spencertown Academy; there will be no shipping.

**ZOOM EVENTS**

**Saturday, September 5**

The Festival kicks off at 10:00am with children’s book author and illustrator Jacqueline Rogers reading from her latest book, *Goblin Moon*, a spirited story that captures Halloween fun. She will then lead a related workshop in which participants draw goblins and create a Halloween scene using the shapes in the alphabet. Bring a pencil with eraser, some blank paper, and your imagination. Ages 5 and up. 30 minutes. At 4:30pm, *The Booksellers* director D.W. Young and producers Dan Wechsler and Judith Mizrachy will discuss their documentary film about antiquarian booksellers, the impact of technology on the trade, and the importance of books as physical objects. Parker Posey, who served as executive producer for the film, hopes to pop into the chat if her schedule permits. The film is both a loving celebration of book culture and a serious exploration of the future of the book. It features interviews with important dealers, prominent collectors, and writers such as Susan Orlean and Gay Talese. To view *The Booksellers* in advance at home, please see [www.booksellersmovie.com](http://www.booksellersmovie.com)

[www.booksellersmovie.com](http://www.booksellersmovie.com) for streaming options.

**Sunday, September 6**

At 4:30pm, novelist Joyce Carol Oates will discuss her latest book, *Night. Sleep. Death. The Stars.*, in which she examines the current state of the nation through the prism of a family tragedy. Stark and penetrating, the novel is a vivid exploration of race, psychological trauma, class warfare, grief, and eventual healing, as well as an intimate family novel in the tradition of the author’s bestselling *We Were the Mulvaney’s*. She will be joined in conversation with writer Daphne Kalotay, whose latest novel is *Blue Hours*.

**Wednesday, September 9**

At 7:30pm, journalist Robert Kolker will discuss his narrative nonfiction book, *Hidden Valley Road: Inside the Mind of an American Family*. It’s the heartrending story of a midcentury American family: six of Don and Mimi Galvin’s 12 children were diagnosed with schizophrenia. This medical mystery was so extraordinary that they were one of the first families studied by the National Institute of Mental Health. With clarity and compassion, Kolker weaves the science of schizophrenia, the era of institutionalization and lobotomy, and the search for genetic markers with one family’s legacy of suffering, love, and hope. He will be joined in conversation with journalist Seth Rogovoy, editor of *The Rogovoy Report*.

**Saturday, September 12**

At 10:00am, children’s book author and illustrator Jacqueline Rogers will return with a second workshop titled “Create a Halloween Book Cover.” Participants will follow along as Rogers draws a Halloween character, a brief story line, and a title in block letters. They will be encouraged to bring their own details and ideas into their drawings. Ages 8 and up. 45 minutes.

**Sunday, September 13**

At 4:30pm, Richard Gehr will briefly discuss his book, *I Only Read It for the Cartoons: The New Yorker’s Most Brilliantly Twisted Artists* and then interview two current *New Yorker* cartoonists, David Sipress and Emily Flake. The richly varied styles and personal stories of a dozen *New Yorker* cartoonists are featured in his book, along with a brief history of the *New Yorker* cartoon itself. Sipress’s work has appeared in the magazine since 1998 and Flake has published more than 100 cartoons in the magazine since 2008.

4:30pm, Ed Ward will discuss his book, *The History of Rock & Roll, Volume 2: 1964–1977: The Beatles, the Stones, and the Rise of Classic Rock*. One of the deans of pop music criticism, Ward has been in and around music journalism for decades. He is well known to fans of NPR’s “Fresh Air,” where he was rock-and-roll historian for more than 30 years, and to readers of *Rolling Stone* and a host of other publications. He will be joined in conversation with

Gerald Seligman, who has over 35 years experience in the music industry in the US and abroad. Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact [info@spencertownacademy.org](mailto:info@spencertownacademy.org).

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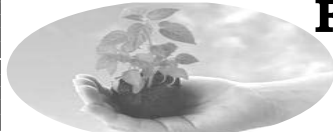
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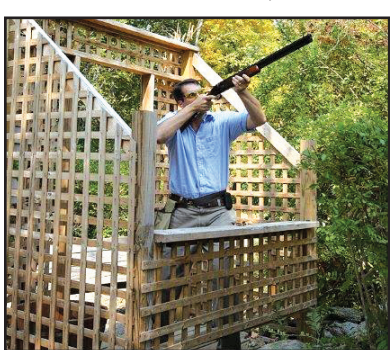
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# "Golf with a Shotgun" is a Blast for Local Boy Scouts

Enhanced COVID-19 Safety Protocols Established for Rip Van Winkle Council's Annual Sporting Clays Tournament to Benefit Scouting



The Rip Van Winkle Council of Boy Scouts has announced its twelfth annual *Sporting Clays for Scouting* tournament will be held Friday, September 25th at the prestigious Orvis Sandanona Shooting Grounds in Millbrook, NY. This

action-packed fundraising event will serve to support more than 2,000 area youth active in the council's Scouting programs and is generously underwritten by UBS Financial Services of Albany. Sporting clays has been described as "golf with a shotgun," where clay targets are thrown in a variety of trajectories, speeds and elevations. "The Orvis Sandanona staff has

done a great job in establishing numerous COVID-19 Safety Protocols to help make this a safe fun-filled event," said Scout Executive, Dana Kuhns. "And it's important to note you do *not* have to be an experienced shooter, or even own a shotgun, to participate in this event- it is for shooters and non-shooters alike," stated Kuhns. The Orvis Sandanona course is the oldest



permitted shooting club in the country and was listed in *Esquire* magazine as one of the top ten courses in the United States. The cost of the tournament is \$325 and participants will receive breakfast and lunch, and 100 rounds for the course. Scoring will be conducted using a Modified Lewis Class System, with prizes awarded for different skill levels. There will also be raffle drawings and numerous other prizes awarded.

All proceeds from the tournament will be used to directly support youth and Scouting programs in the Hudson Valley. The Rip Van Winkle Council provides leadership development programs for more than 2,000 area boys and girls through its Scouting and Explorer programs in Ulster and Greene counties. The council also provides year-round camping opportunities for Scouts and other community groups at Camp Tri-Mount, its 480-acre camping facility in East Jewett, NY. For further information or to reserve a place in the tournament, contact the Council Scout office by phone at (845) 339-0846; by email at [dana.kuhns@scouting.org](mailto:dana.kuhns@scouting.org); or visit the council's website at [www.rvwbsa.org](http://www.rvwbsa.org).

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**WALKABLE TO RHINEBECK VILLAGE,**

**IN MILAN**

on a dead-end street & walkable to Wilcox Park, 9 scenic acres here ensures total privacy. There's pond, lawns, woodlands, & a marvelous 3 BR, 2 bath home w/CA in perfect condition. What a retreat! **\$429,900.**

**MODERN, LIGHT FILLED, & PERFECT,**

this 3 BR, 3 bath, 2240 SF Red Hook Contemporary has a brand new K w/an island, quartz counters & beautiful cabinetry + there are 2 new baths w/beautiful tile work & walk in showers. **WOW! \$495,000.**

**TOTALLY REDONE & BEAUTIFUL,**

this 5 BR, 2.5 bath Red Hook Colonial has a large, marvelous new K w/granite, redone baths, polished oak floors, a LR, FR, sunroom, + a FPL & CA. What a perfect home for your family. **\$499,900.**

**A COUNTRY MASTERPIECE,**

this 4 BR, 2 bath, 2700 SF Colonial is a wonderful mix of old & new w/FPLS, WB floors, walls of glass, a new granite K, immense stone patios, waterfall views, & 20 acres where you can roam. **\$524,900.**

**THIS RHINEBECK CONDO**

is in Phase 3 & is stunning. Here are 9 & 10 ft. ceilings, an open floor plan, CA, a FPL, incredible K, first floor MBR suite + there is a BR, den, & bath on the 2nd floor. Clubhouse & pool, too! **\$599,000.**

**THIS COUNTRY CAPE W/2977SF**

was thoughtfully executed w/marvelous amenities. Here we have an open floor plan, 2 MBR suites, one up, one down. There's a FR, studio, theatre room, a huge deck & 9.4 private acres w/trails. **\$679,000**

**IF RHINEBECK VILLAGE**

is your destination, this 1858 2 story may be the perfect home. Here there's vintage charm, light, a FPL, 9 ft. ceilings, a large LR & DR, & a location on one of the finest street. Wood floors, screened porch, too. **\$665,000.**

**A LARGE HOME**

with spaces for everyone to spread out, this 4700 SF Contemporary has 6 BRs, 4.5 baths, multiple MBR suites, a huge chef's K w/an island, vaulted ceilings, huge windows, + there's a 3 car garage w/a studio loft. **\$765,000.**

**A GRAND RHINEBECK HOME**

this 3900 SF Greek Revival Farmhouse has 5 BRs, 2 full, 2 1/2 baths, refinished wood floors up & down, 4 bay windows, a 1.6 acre lot w/huge trees for shade, & a quiet location walkable to he Village. **\$799,000.**

**ONE OF THE MOST SPECIAL HOMES**

**IN RHINEBECK V,** this 1865 Colonial is sited in grand style back on 2.2 acres w/ huge trees, flowing lawns, & gardens. There are 5 BRs, 4 full baths, a library, & lovely redone K. **WOW! \$1,050,000.**

**ON THE BANK OF THE HUDSON RIVER,**

this 12.98 parcel is the perfect & special place for you to build a wonderful new home. Close to Amtrak & Rhinebeck Village there is total & complete privacy here. So special. **\$838,000.**

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Located in the Rhinebeck Village within walking distance to shops & restaurants is this 2 BR and 2 bath Ranch that boast central air, large LR w/fireplace, master BR with in suite bath w/shower, hardwood and ceramic tile floors plus much more. Asking **\$409,900**

**Rhinebeck 91 Acre Farm**

Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm w/Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm & CrossFit Gym. Proudly offered at **\$1,290,000**

**Bowling Alley For Lease**

Located in the Town of Red Hook in high traffic corridor of the Kingston/Rhinecliff bridge close to BARD Collage is this 20 lane, 18000sf bowling alley constructed of 12 inch block & steel trusses that offers 20 lanes, arcade, miniature golf course, lunch counter w/liquor license & has parking for 100+ cars. Asking **\$6,000.00** per month

**The Veranda House**

Opportunities abound with this Rhinebeck Village 6 BR, 6 bath historic 1840 Federal Colonial known as the Veranda House. This former Bed & Breakfast is Located just 3 blocks from the Village Center and offers many Opportunities...Asking **\$1,500,000**

**Rhinebeck-3BR Colonial**

Located just a stone's throw from the Historic Rhinebeck Village is this warm, 3 BR, 2.5 bath, 1910sq.ft. Colonial with detached garage and stream. Asking **\$259,500.**

**Tower House**

Located at the base of the Catskill Mountain's in the Woodstock area is this one of a kind, hand built masterpiece. This home was the work of Artist John Kahn and was constructed with the finest materials including walnut, copper, and bamboo. Connect with us today to find out more about this spiritual retreat where the vibe is positive and the mood is chill...Asking **\$750,000**