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Vol. VI Number 7 - Serving Northern Dutchess & Southern Columbia County September 2021

Postal Customer

"Golf with a Shotgun" is a Blast for Local Boy Scout Council

Rip Van Winkle Council's 13th Annual Sporting Clays **Tournament to Benefit Scouting** The Rip Van Winkle Council, Boy Scouts of America has announced its thirteenth annual Sporting Clays for Scouting tournament will be held Friday, September 24th at the prestigious Orvis Sandanona Shooting Grounds in Millbrook, NY. This action-packed fundraising event will serve to support more than 600 area youth active in the council's Scouting programs and is generously underwritten by UBS Financial Services of Albany. Sporting clays has been described as "golf with a shotgun," where clay targets are throwninavarietyoftrajectories, speeds and elevations. "The Orvis Sandanona staff has

once again done a great job in maintaining COVID-19 Safety Protocols to help make this a it's important to note you do shooter, or even own a shotgun, to participate in this event-



it is for shooters and nonshooters alike," stated Kuhns.

The Orvis Sandanona course is the oldest permitted shooting club in the country and was listed in Esquire magazine as one of the top ten courses in the United States. The cost of the tournament is \$325 and participants will receive breakfast and lunch, and 100 rounds of ammunition for the safe fun-filled event," said Scout course. Scoring will be conducted Executive, Dana Kuhns. And using a Modified Lewis Class System, with prizes awarded for not have to be an experienced different skill levels. There will also be raffle drawings and **Continued on page 2**

IN FLIGHT GOLF TOURNAMENT BENEFITS **INDIVIDUALS WITH** DISABILITIES

Proceeds benefit In Flight's I-SAIL & SEMP programs, providing life skill and job skill training for adults with intellectual

and developmental disabilities. In Flight, Inc. will be hosting their 2nd Annual Golf Tournament on September 20th at Copake Country Club. The tournament is sponsored by Dave's Tree Service, KeyBank, McCarthy's Pharmacy, MVP Healthcare, and UHY, LLP.

Registration will begin at 8AM and golfers will enjoy a complimentary breakfast and can participate in the silent auction. Auction items include a Pit Boss Grill Basket, tickets to LEGOLAND NY, Palisades Mall

Paradise Basket, and more! Tournament will begin with a shotgun start at 9AM. Golfers will play 18 holes, with contests such as Hole-In-One and longest drive. Beer and lunch will be complimentary and served on the course. After the tournament ends, dinner will be provided

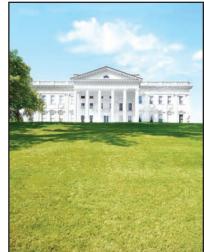
during the awards ceremony. will benefit In Flight's I-SAIL & SEMP programs. I-SAIL provides life and job skill training as well as community integration opportunities for individuals with intellectual and developmental disabilities. SEMP partners participants with a job coach who helps the person obtain employment and continues support throughout employment in partnership with the employer. Golfers can register as a foursome (\$500) or as an individual (\$150). by phone.

AUTUMN HOUSE TOURS IN SEPTEMBER & OCTOBER BY RESERVATION AT STAATSBURGH STATE HISTORIC SITE

Staatsburgh State Historic Site, will be open for tours Thursdays through Sundays in September and October, and will also be open on Labor Day and Columbus Day. Tours will be offered by advance reservation only; reservations can be made at www. bookeo.com/StaatsburghSHS The cost for a tour is \$6; \$4 for seniors and students; children age 12 and under are free, and payment is onsite upon arrival.

The 30-minute tours of the mansion's main floor will cover the part of the house designed for entertainment at Ruth and Ogden Mills' frequent and very luxurious house parties. Due to a capital project, the dining room and the library-the mansion's two largest currently partially de-installed.

The 79-room mansion overlooking the Hudson River is in the hamlet of Staatsburg, between Hyde Park and Rhinebeck. A time capsule of the Gilded Age, Staatsburgh retains its original furnishings and opulent décor. The historic



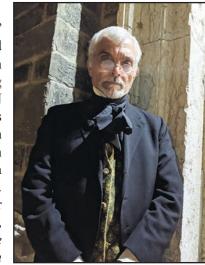
estate grounds surrounding the mansion, now Mills Memorial State Park, offer scenic walking paths as well as woodland trails and picnic opportunities.

Staatsburgh was the autumn rooms-are home of Ruth Livingston Mills, a prominent figure in New York Society, and her husband, industrialist and philanthropist Ogden Mills. The mansion was redesigned by the famous architect Stanford White in 1895 and decorated in the styles of 17th and 18th century France. In this

Continued on page 3

THE OLD DUTCH CHURCH PRESENTS ITS 7th ANNUAL LIVING HISTORY CEMETERY TOURS

For their Fall 2021 "living history" presentation Theatre on the Road and the Old Dutch Church in Kingston will offer a new living history tour, BOOM TOWN In addition to the usual tours on Saturdays in October at 7 pm in the cemetery of the church tours will also be conducted on Saturdays in September at 1 pm. Theatre on the Road researcher and writer, Jessica Boyd, offers, "Boom Town is a timely theme considering the current growth in the uptown Kingston area.



out of the Barmann Brewery in We will be giving our guests Kingston. Vistors will also witness an opportunity to step back in the banter between Freddie and Fae, two quirky vaudeville performers who appeared at Keeney's Theatre on Wall Street. Jay Klock the publisher and editor of the Kingston Daily Freeman, will make an appearance, along Sarah Leventhal, with the owner of Leventhal's Furs on Wall Street who will talk about Kingston's booming retail trade. Harry Saunders, an African American WWI veteran, will tell us about life working in the local brickyards and Augustus Van Buren, a celebrated attorney in KIngston, will give us the skinny on a racially charged murder trial. Live tours will take place on September 4, 11, 18 and 25 at 1 pm and October 2, 9, 16, 23 and 30 at 7pm. The location will be The Old Dutch Church, 272 Wall Street, Kingston, **Continued on page 4**

Proceeds from the tournament OLANA's Young at HeART Returns this Fall for Plein Air Pastel Painting and Memoir Writing

The Young at HeART series is set to return this September in-person landscape for inspired plein air painting and virtual memoir writing. Join The Olana Partnership at the Olana State Historic Site for one or both creative aging courses for adults ages 55+. Esteemed plein air painter Shawn del Joyce connects students' Registration can be done online at developing plein air painting www.inflightinc.org/golf.php or skills with the work of Frederic Church, Martin Johnson Heade, Do you own a business? In and the Hudson River School Flight is still accepting hole of Art. This course is offered in conjunction with Olana's 2021 exhibition, Cross Pollination: Heade, Cole, Church, and Our Contemporary Moment, which explores the connections between art and nature through the work of Martin Johnson Heade, Frederic Church, Thomas Cole, and contemporary artists who engage with themes of nature, ecology, and the natural world. During this eight-week, plein air painting course, while using pastels, participants will develop a working knowledge of painting, make a finished work and several studies each class, and gain the ability to independently paint plein air. The course will be held during multiple times of day to give students an opportunity to observe the ways quality of light in the landscape affect their plein air creations.



Instructor Shawn del Joyce's plein air pastels have been featured in Plein Air Magazine, on Plein Air Podcast with Eric Rhoads, Pastel Journal Magazine and Tampa Bay Magazine. Shawn del Joyce founded a plein air school with an arts and agricultural mission based on the historic Hudson River School, called the Wallkill River School of Art, which currently runs as a nonprofit arts organization. She is a signature member of New York

time, to the roaring 20s, where they'll meet 7 characters who really made Kingston roar."

During the one-hour BOOM TOWN tour guests will meet Legs Diamond, a notorious Prohibition era gangster who bootlegged beer

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sponsorships and silent auction donations. These donations are tax-deductible.

For more information about In Flight's Golf Tournament, please contact Jill Rodriquez at 845-835-6060 x 143 or <u>JRODRIQUEZ@</u> INFLIGHTINC.ORG.

The World Goes 'Round at The Mac-Haydn Theatre

Sept. 10 - Oct. 3, 2021 Showtimes:

Friday, Sept. 10 at 2:00pm Saturday, Sept. 11 at 3:00pm Thursday, Sept. 16 at 2:00pm Saturday, Sept. 18 at 7:00pm Sunday, Sept. 19 at 2:00pm Thursday, Sept. 23 at 7:00pm Friday, Sept. 24 at 2:00pm Saturday, Sept. 25 at 3:00pm Thursday, Sept. 30 at 2:00pm **Continued on page 5**

Continued on page 4

The October Edition Of The Hudson River View Will Be In Area Homes On October 6th The Deadline For Advertising And **Press Release** Submission Is September 22nd



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ACCORDING TOQUACKERS

As the ninth month of the year, September marks the beginning of autumn in the northern hemisphere (and the start of spring in the southern). Traditionally considered the month that marks transitions between seasons, it is often one of the most temperate weather-wise. The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day

Open Labor

Day Weekend

for the 2021

of the week as December each year but does not end on the same day of the week as any other month in the year. September has three birth flowers: the forget-me-not, the morning glory, and the aster. Forget-me-nots represent love and memories, asters represent love as well, and the morning glory represents unrequited The birthstone for love. the month is the sapphire.



TunnelTeller by Alicja Kwade Opening Reception at Art Omi on Sept. 11 On view now in the Sculpture

Architecture Park & Art Omi announces the addition of TunnelTeller, immersive outdoor an Alicja sculpture by Kwade, to the Sculpture & Architecture Park. An opening reception will be held during the Fall Opening in the Sculpture & Architecture Park on Saturday, September 11, from 3 to 6 PM. The Fall Opening also commemorates the opening of To Feel Myself Beloved on the Earth, a solo exhibition by Jeffrey Gibson in the Newmark Gallery. TunnelTeller will remain on view at Art Omi through 2026. TunnelTeller is an immersive, interactive structure designed to challenge the viewer's notions of space and perception. This large-scale maze consists of concrete walls and steel, emphasizing human intervention and industrial construction, opposing the surrounding idyllic landscape. Walking around and through the structure, viewers are confronted by polished surfaces that distort their reflections, and large steel tubes that intersect the walls and walkways, inviting the viewer to look through them as telescopes. Through these openings, and dispersed through the maze are both natural vistas and thoughtfully placed blue stone spheres, reminiscent of the sky. With their placement inside the tubes and just outside of certain openings, it appears

that the sky is falling through the structure, resulting in a kind of "world-making machine." Kwade About Alicja Based in Berlin, Alicja Kwade (b.1979, Poland) has long been engaged with value systems, philosophical questions about the essence of reality, and with attempting to examine, if not resolve, issues of inherently subjective concepts such as space and time. In her sculptures, installations, photographs, and

films, Filotographs, and films, Kwade probes the structural properties of everyday objects and the veracity of matter. Through this work, she aims to reveal possibilities for alternate realities while examining social agreements and supposed truths. **About Art Omi**

Sculpture & Architecture Park

Art Omi presents the works of contemporary artists and architects over 120 acres of fields and forest, offering the opportunity to experience a range of large-scale works in a singular outdoor environment, as well as in the Newmark Gallery. The Sculpture & Architecture Park currently offers more than 60 works of art and architecture on view, with pieces added exchanged each or year.

Golf with a Shotgun from page 1

numerousotherprizesawarded.

All proceeds from the tournament will be used to directly support youth and Scouting programs in the Hudson Valley. The Rip Van Winkle Council provides leadership development programs for more than 600 area boys and girls through its Scouting and Explorer programs in Ulster and Greene counties. The council also provides yearround camping opportunities for Scouts and other community groups at Camp Tri-Mount, its 480-acre camping facility in East Jewett, NY. Kuhns noted that "COVID-19 has had a profound impact on our Council and the local Scouting program. This fundraiser is vital in order for us to continue to serve and grow the youth in Ulster and Greene Counties."



For further information or to reserve a place in the <u>tournament</u>, <u>contact</u> the Council Service Center by phone at <u>(845) 339-0846</u>; by email at dana.kuhns@scouting. org;orvisitthe council's website at w w w . r v w b s a . o r g .





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Autumn House from page 1

lavish setting, Ruth Livingston Mills hosted parties for the elite of Gilded Age Society. Guests included people such as her cousin John Jacob Astor, her neighbors Fredrick and Louise Vanderbilt, and her twin daughters' close friend Alice Roosevelt. President Theodore Roosevelt's eldest daughter. Visitors to Staatsburgh see a remarkable relic of a vanished era. Still decorated with the Millses' antique furniture, gilded decoration, Asian carpets and art, the mansion vividly recalls the atmosphere of the Gilded Age. Visitors learn what it was like to be among Society's elite, to attend one of Ruth Mills' exclusive weekend parties, and to be looked after by an army of servants. Staatsburgh received the History



Award for Distinction from Dutchess Tourism, Inc., and is a Trip Advisor Site of Excellence.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic

Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at Parks.NY.gov, Facebook, and Blogger. Staatsburg's events are listed at Parks.NY.gov/ Events. New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual parks, historic sites, recreational trails and boat launches, which were visited by a record 78 million people in 2020. A recent university study found that spending by State Parks and its visitors supports \$5 billion in output and sales, 54,000 privatesector jobs and more than \$2.8 billion in additional state GDP. For more information on any of these recreation areas, call 518-474-0456 or visit parks. ny.gov, connect on Facebook, or follow us on Twitter. The free New York State Parks

Explorer mobile app is available for iOS and Android devices. To download, visit: <u>Google</u> <u>Play Store, NY State Parks</u> <u>Explorer App or Apple Store,</u> <u>NY State Parks Explorer App.</u>

Still Within the Sound of My Voice: The Songs of Linda Ronstadt at The Mac-Haydn Theatre, featuring Elizabeth Ward Land Aug 18 - Sept 17, 2021 Showtimes:

Hudson River View - September 2021- 3 Wednesday 8/18 at 7pm Friday 9/10 at 7pm Friday 9/17 at 7pm Price: \$42.00 Address: 1925 NY-203 Chatham, NY 12037 United States Phone Number: 518-392-9292 Website: www.machaydntheatre. org Ticketing Information: <u>http://</u> www.machaydntheatre.org/ still-within-the-sound-of-myvoice-2021/ Facebook: https:// www.facebook.com/

MacHaydnTheatre/



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Old Dutch Church from page 1

New York, and all CDC Covid regulations will be followed. A virtual version of the tour will be available on <u>www.livinghistoryny.com</u> beginning November 1. Tickets are \$15 per adult, \$10 students and seniors, 12

and under are free and must be purchased by visiting <u>www.</u> <u>livinghistoryny.com</u>. For information: 845-475-7973. In addition to the Old Dutch Church, the sponsors for this year's living history tours are Stewart's Shops, Bosch & Keegan Attorneys and Humanities NY.

Theatre on the Road is the creation of actor, writer, and director Frank Marquette and his wife, Kristen. Theatre on the Road offers original scripts, professional actors, period styling, and handmade costumes. Original productions include, *Poe's Last Mystery, Voices from the Past, A Taste of Shakespeare, Whiskey Women*, and seasonal "living history" tours at the Old Dutch Church in Kingston.

Olana's Young at Heart from page 1

Plein Air Painters (NYPAP), and International Plein Air Painters (IPAP), and currently teaches workshops in pastel and plein air techniques across the country.

The Olana Partnership's virtual Young at HeART: Memoir as Sight and Sound course will explore Martin Johnson Heade's 19th century paintings by studying the artist's commitment to the vivid representation of the natural world and applying it to their own writing. During this six-week course, Emily Sachar will teach participants to craft a memoir essay of 1,500 words that will consider such essential topics as: the narrative arc, describing a setting, creating a reliable narrator, and writing dialogue.

Emily Sachar is a Pulitzer Prize-winning journalist and the author of the memoir, Shut Up and Let the Lady Teach (Poseidon Press/Simon & Schuster). which chronicled the author's year teaching public school in one of the most challenging urban New York City districts. Ms. Sachar has also written travel memoir for Newsday, the Long Island newspaper, and Cowboys & Indians, a West Coast lifestyle magazine. Her 15 years' experience as a reporter at Newsday earned her more than 25 writing awards, including two as the prestigious grand prize winner of the Education Writers of America. Ms. Sachar teaches writing and art history through Bard College, NYU and the State University of New York.

Plein Air Pastel is funded by Aroha Philanthropies and part of a two-year grant to fund creative aging courses at Olana. Creative aging courses are designed to engage older adults in participatory, professionally run arts programs with a focus on social engagement and skills mastery, according to the nonprofit organization Lifetime Arts, a partner of Aroha. The creative aging movement responds to a major demographic shift in the United States. With millions of baby boomers entering their third act of life, creative aging has grown into a full-scale

LESSCLAMPAREFAST

movement designed to provide opportunities for meaningful creative expression through visual, literary, and performing arts workshops. *Memoir as Sight and Sound* is generously funded by a two-year grant directed by Kate Gubelmann to formalize a ladder of lifelong learning and engagement at Olana.

The virtual Young at HeART: Memoir as Sight and Sound course will be offered on Tuesdays, from September 21 through November 9 at 6:30 PM. The cost to participate is \$200 per person or \$150 for members of Olana. Students must attend all sessions. The Young at HeART Plein Air Pastel course runs Tuesdays from 9 AM to 12 PM (Tuesday, September 28th will be held at 5:30-8:30 PM) and Wednesdays from 1:00 PM to 4:00 PM, September 14 through October 6. To participate in the workshop, students must plan to attend all eight sessions. Cost for this course is \$200 person or \$150 for members of Olana. Drawing paper for this course has been generously donated by Legion Paper.

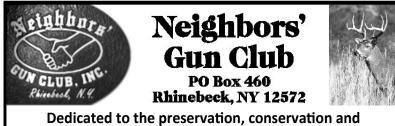
Capacity for both courses is limited and advanced registration is required at OLANA.org. Full scholarships are available. For more information, please contact education@olana. org or call (518) 567-2170.

Germantown Garden Club Celebrates Gardening with a

Flower Show

For over 90 years, the Germantown Garden Club has held an annual Standard Flower Show. This year it will take place on Saturday, September 11 from 1-4 p.m. and on Sunday, September 12, from 1-3 p.m., at the Kellner Community and Activities Building, Palatine Park Rd, Germantown. The show will feature flower arrangements, educational displays, and horticultural specimens. This year the title of Germantown Garden Club's show is "The Flower Power of Gardening." The design and horticulture classes will offer this theme for their entries. The design division features fresh and dried flower arrangements in eight major groups. The horticulture specimens division will include individual flowers, herbs, branches, and containergrown plants as well as vegetables. The show is open to the public and admission is free. It's a great opportunity for the community to see different type of horticulture available at this time of year, to enjoy inspiring flower arrangements, and maybe learn something new, too! For more information, please contact Fran Bufi at 518-537-4868.

The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc. For more information on the club and their activities visit their website: <u>www.</u> <u>germantowngardenclub.org</u>.

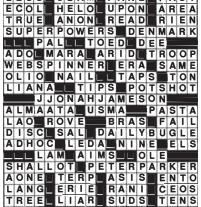




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Saturday. Sept. 18, 2021 1:00-5:00 pm

The afternoon event will feature the Hudson Valley Gospel Festival Choir directed by Dr. Mary McLymore with music directed by Reverend Tarrence Motley-Epps. Sharing the stage with the Festival choir will be the Jazz Pioneers, the West Point Gospel Choir, the Bethel Church of God in Christ Praise Team, Angels Without Wings from the Bethel Missionary Baptist Church, and more. Returning to the festival is the "Walk Through Gospel History," taking us on a musical journey Veterans, Active Military Location: Bowdoin Park, 85 Sheafe Road, Wappingers Falls, NY.

GALLATIN CHURCH HAS JUST RECEIVED "NATIONAL HISTORIC REGISTER" DESIGNATION. IN HONOR OF THIS OCCASION, WE WILL BE HAVING A CELEBRATION!!! SUN. OCT. 3rd THERE WILL BE A MUSICAL REDEDICATION OF THE



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WE ARE FEATURING A GUEST PASTOR AT THE 11 AM SERVICE. COFFEE HOUR FOLLOWING AFTER MUSIC! FEEL FREE TO ATTEND THIS AS WELL. WE LOOK FORWARD TO SEEING YOU!!! Donations will be accepted!

Town of Clinton Democrats Host Town Social with Candidate Meet and Greet

Join the Town of Clinton Democrats and your friends and neighbors for a Community Get-Together event on Saturday, September 4, from 1:00pm to 4:00pm at Francis J. Mark Memorial Park at 337 Clinton Hollow Road. You'll meet Democratic candidates running for local and county offices, learn about their platforms, and get your questions answeredwhile all enjoying light refreshments. Information will be available on the upcoming elections calendar, how to identify your voting district, and where and when to vote.

"Our community is changing and growing and our Democratic candidates are committed to being responsive to the needs of all our residents," says Sam Moyer, president of the Town of Clinton Democrats. "I'm looking forward to hearing our candidates' platforms and

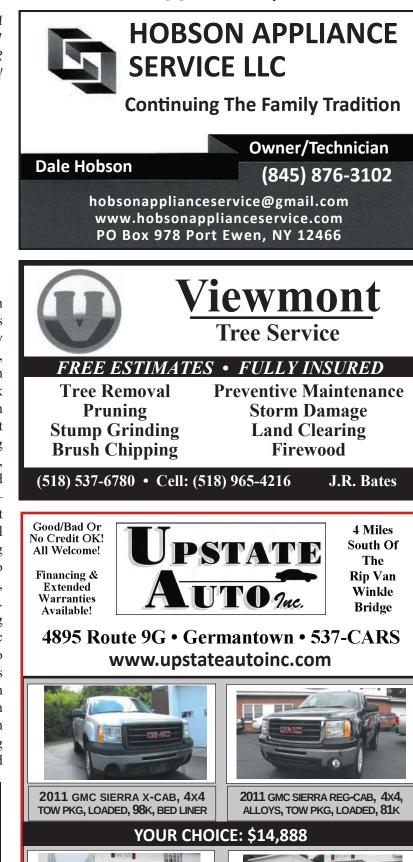
The Hudson River View is published monthly and distributed on the 1st Wednesday of the month. The View is a Privately owned, independent, Partnership publishing business. The View is mailed at the Newburgh, NY Post Office to homes in the Northwest part of Dutchess County. Doreen Baretsky, Publisher John Vogt, Publisher. (518) 828-0333 or (518) 929-9579 hrview@yahoo.com The Hudson River View accepts no financial responsibility for errors that occur in advertisements beyond the cost of the space occupied by the error. The publishers reserve the right to reject any advertising. The total editorial content of this newspaper does not necessarily reflect the views/opinions of the owners. The advertising and editorial content of this paper, in whole or in part, may not be reproduced without the explicit permission of the publishers.

their views of what's most important to our community. The Town of Clinton Democrats is a non-profit organization of local citizens working to elect local, state, and national candidates whose policies support thriving communities and sustainability at a fiscal, environmental, and quality-of-life level.

For more information visit townofclintondemocrats.org. **The above press release does not necessarily reflect the views or support of the Hudson River View Newspaper** Hudson River View - September 2021- 5

The World Goes Round from page 1

Saturday, Oct. 2 at 7:00pm Sunday, Oct. 3 at 2:00pm Price: \$42.00 Address: 1925 NY-203 Chatham, NY 12037 United States Phone Number: 518-392-9292 Website: <u>www.machaydntheatre.org</u> Ticketing Information: <u>http://</u> <u>www.machaydntheatre.org/theworld-goes-round-2021/</u> Facebook: <u>https://</u> <u>www.facebook.com/</u> <u>MacHaydnTheatre/</u>





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Spencertown Academy Virtual Festival of Books October 7 through October 31 Zoom events with distinguished authors, children's programs,

and online book sale

Spencertown Academy Arts Center's sixteenth annual Festival of Books will take place online this year, with virtual events running from Thursday, October 7 through Sunday, October 31. The Festival will feature Zoom programs with distinguished authors, children's events, and a "Special Book Room" online sale. Featured authors include Ayad Akhtar, Nancy Castaldo, Michael Kupperman, Clare Mulley, Sonia Purnell, Rishi Reddi, Rick Rodgers, Russell Shorto, and Peter Sis. Admission is free to all events, but advance registration is required. For program details, please see www. <u>spencertownacademy.org</u>.

The Festival, which began in 2006 as a book sale to raise funds for the Academy's community arts programs, has grown into one of the biggest and most eagerly anticipated cultural events of the year. Academy Board members David Highfill and Jill Kalotay co-chair the Festival.

"This year, in spite of the hopes we had for almost everyone to be protected with vaccines by this fall, we will again hold a virtual Festival of Books," says Highfill, vice president and executive editor at William Morrow, an imprint of HarperCollins Publishers. "The challenging logistics of our space, and our foremost wish to protect the health of our community and our treasured volunteers, have led us to the decision to err on the side of caution."

"We are really happy about the variety and quality of the works we are presenting, with several prizewinning authors represented," says Kalotay. "Also, we have some 'firsts' that should be fun: a live cooking demonstration by Rick Rodgers, a graphic memoir by Michael Kupperman, and an interview with worldfamous children's book authorillustrator Peter Sis, followed by a program for children featuring one of his books." **ONLINE BOOK SALE**

The "Special Book Room" online sale will open to Academy members on Friday, October 8 at 10:00am and to the general public on Saturday, October 9 at 10:00am; it will run through Sunday, October 31 at midnight. More than 400 carefully selected volumes in like-new condition, as well as CDs, DVDs, vinyl LPs, and ephemera will fill the virtual shelves. The collection includes art, architecture, design, biography/memoir, children's/ young adult, cookbooks, fiction, history, music/film, photography, signed books, and other offerings. Quirky or collectible, rare or simply stunning, all are

priced accordingly from \$5 to \$1,000 and everything in between. Note: Purchases must be picked up by appointment at Spencertown Academy; there will be no shipping.

Volunteer Wayne Greene has expertly examined covers and spines, scanned pages for signatures or marginalia, and assessed each book's value in antiquarian or contemporary circles. Among the most valuable treasures to be offered are a first edition, second printing of Mark Twain's 1875 Sketches New and Old, which is filled with engraved black-and-white illustrations (\$1,000); John Singer Sargent's Portraits, Figures and Landscapes, a rare set of seven beautifully illustrated coffee table books (\$750); a limited and numbered edition of Francoise Gilot's Three Travel Sketchbooks, depicting Venice, India, and Senegal (\$495); a 1904 first edition Italian Villas and Their Gardens by Edith Wharton with illustrations by Maxfield Parrish (\$250); and The Great War by Winston Churchill, three volumes in red cloth with embossed gilt lettering on spine (\$150).

ZOOM EVENTS Thursday, October 7

The Festival kicks off at 7:00pm with authors Rishi Reddi and Dexter Palmer discussing their works of historical fiction. Reddi's debut novel, Passage West, tells the story of a Punjabi family, their Mexican in-laws, and their Japanese neighbors at the onset of World War I in California. It was an L.A. Times "Best California Book of 2020" and a finalist for the New England Independent Booksellers Association's New England Book Award in fiction. Palmer's Mary Toft; or, The Rabbit Queen fictionalizes the unlikely but true event of a woman giving birth to 17 rabbits in 18th century England, confounding apprentice and experienced surgeons in rural England and London, and intriguing King George I. It was long-listed for the Dublin Literary Award and shortlisted for the Joyce Carol Oates Prize. The authors will joined in conversation be with Daphne Kalotay, whose latest novel is Blue Hours Saturday, October 9 At 3:00pm, culinary professional and author Rick Rodgers will conduct a cooking demonstration while being interviewed by Madaline Sparks, Festival

Committee member. On the menu will be Almas Pite, or Hungarian apple pie, a classic pastry featured in his book, Kaffeehaus: **Exquisite Desserts from Classic** Cafés. Their conversation will range from baking tips to celebrities and famous chefs he's worked with, to challenges unique to publishing cookbooks. As an author, editor, or ghostwriter, Rodgers has published over 75 books, several of which landed on the New York Times bestseller list or went on to win James Beard and IACP Cookbook Awards. Sunday, October 10

4:00pm, internationally At acclaimed children's book author and illustrator Peter Sis will discuss his latest work, Nicky and Vera: A Quiet Hero of the Holocaust and the Children He Rescued, with Carl Atkins, Festival Committee member. This true story of the Holocaust was written for children, but carries a message of decency, action, and courage for all ages. Born in the Czech Republic, Sis has won the New York Times Book Review Best Illustrated Book of the Year award seven times, the American Library Association's Caldecott Honor three times, the Hans Christian Andersen for illustration, and medal а MacArthur Fellowship. **Tuesday, October 12** At7:00pm,PulitzerPrize-winning author and playwright Ayad

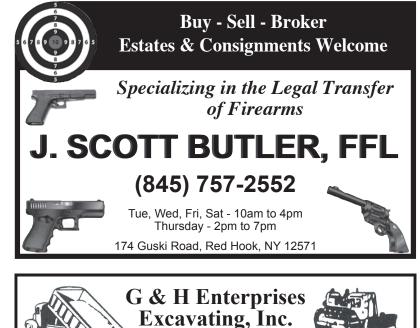
Akhtar will discuss his nationally bestselling book, Homeland Elegies, with Julie DeLisle, former director of the Chatham Public Library. Blending fact and fiction, Homeland Elegies is the story of a Pakistani immigrant and his American-born son in post-Trump America. The New York Times selected it as a Top 10 Book of 2020 and Barack Obama named it one of his favorite books of the year. Akhtar is currently adapting the work into a limited series at FX, with director Oren Moverman and starring Kumail Nanjiani. **Thursday October 14**

At 7:00pm, historian and author Russell Shorto will discuss his latest book, *Smalltime: A Story of My Family and the Mob*, in which he reveals how his grandfather and great-uncle ran the mob in his hometown in Pennsylvania. He is a contributing writer to *New York Times Magazine* and the author of six books, including the national bestseller *The Island at the Center of the World*. David Cudaback, Festival Committee member, will join the author in conversation. **Saturday, October 16**

Children's Program At 10:00am, author Nancy

Castaldo will give a presentation about her book, *Sniffer Dogs: How Dogs (and Their Noses) Save the World*. Castaldo turns her own fascination with the natural world into science-themed

Continued on page 7



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Spencertown Academy from page 6

books that inform and engage children. She has written awardwinning books about the earth for over 20 years, including The Story of Seeds, which earned the Green Earth Book Award, Junior Library Guild Selection, and other honors. In Sniffer Dogs, children learn about dogs' exquisitely sensitive noses, and how their handlers train the animals to detect bombs or drugs, save people from rubble, or detect diabetics' blood sugar levels. This program is suitable for children age 10 and up. Sunday, October 17

Children's Program

At 10:00am, Ann Gainer, storyteller and librarian at New Lebanon and Altamont Libraries, will read aloud and discuss with children, Peter Sis's Nicky and Vera: A Quiet Hero of the Holocaust and the Children He Rescued. Nicky was a young Englishman who went to Prague to help refugees from the Nazis; Vera, one of the children he saved. His efforts to raise money, find foster homes

in England, and ultimately transport over 600 children are told with luminous, poetic images. This program is suitable for children age eight and up. Sunday, October 17

At 4:00pm, Sonia Purnell and Clare Mulley, two historians and authors whose books focus on remarkable women and their roles in WWII, will discuss their works with David Highfill, Festival co-chair. Purnell's A Woman of No Importancetells the story of an American heiress, injured in an accident, who broke disability and gender barriers to spy for the British and lead a core unit of French resistance. It was a New York Times bestseller and won the Plutarch Prize for Biography. Mulley's biography, The Spy Who Loved, relates the ventures of a Polishborn part Jewish countess called Churchill's favorite spy who served behind enemy lines in Nazioccupied France. Publication of this book led to Mulley being decorated with Poland's national cultural honor, the Bene Merito. **Tuesday, October 19**

At 7:00pm, Eisner Award-



winning writer and artist Michael Kupperman will speak with journalist Virgil Texas about his graphic memoir, All the Answers. In it, he tells the story of his famous father, a child prodigy on the TV show "Quiz Kids." With wit and heart, he presents a fascinating account of mid-century radio and early television history, the pro-Jewish propaganda entertainment used to counteract anti-Semitism, and the early age of modern celebrity culture. NPR, Vulture, Publishers Weekly, Library Journal, and the New York Public Library all named it a best book of 2018. Kupperman's work has appeared in the New Yorker, Fortune, and the New York Times. He has published comic books for DC, Marvel, and others, five of his own books, and animated for Saturday Night Live, Adult Swim, and Comedy Central.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@ spencertownacademy.org.

The "Lasagna Method" of Gardening By Pat Owens

The Old Dutch Village Garden Club is honored to present the August/September Garden of the Month Award to Linda Disgasper at 30 Aspinwall Road, Red Hook.

Four years ago, Linda, who is a master gardener volunteer at Dutchess County Cornell Extension, relocated some forsythia shrubs from her front yard. Believing that "a garden is a journey, not an end", she has since created several wonderful garden spaces on her own journey around her property: flowers in the front and side and vegetables in the rear.



Within a basic structure of shrubs, including boxwood and Alberta spruce, she has sprinkled varieties of perennials and annuals. There is a beautiful bed of sunflowers, dedicated to her partner and garden companion. A combination of sun and shade gardens line the walkways.

Linda is currently cultivating a slope garden to avoid difficult mowing. She makes a twofoot-deep layer composed of cardboard, dried leaves, and grass clippings which she calls the "lasagna method" which she will plant with various ground covers.

She uses Neem oil for Japanese beetles, Green Gobbler, vinegar-based herbicide, а and Plant Tone fertilizer in all gardens.

Being a volunteer herself, Linda encourages "volunteer" flowers in her garden and often swaps plants with neighbors.

The Old Dutch Village Garden Club meets on the second Thursday of each month, except for August, at St. John's Reformed Church in Upper Red Hook at 12:30. Due to all the recent restrictions, we may be meeting in another spot. Should you wish to join us, and we hope that you will, please contact Linda Lawson at 845-758-5653 for additional information. New members and visitors are always welcome. Remember, there are no requirements: you do not have to know anything, you do not even need a garden!



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JAMES BENJAMIN RODGERS TO PRESENT THE MUSIC OF KURT WEILL AT THE MAC-HAYDN THEATRE NEXT MONTH

The Mac-Haydn Theatre's Performances series Limited with Exiled: The continues Weill, Evolution of Kurt Mac-Haydn featuring favorites James Benjamin Rodgers and Jillian Zack,

Exiled from Germany in 1933 at the height of his popularity, Kurt Weill's remarkable music was banned in the country for the next twelve years. In this limited performance, Rodgers and Zack follow Weill's remarkable journey from Berlin to New York as he adapted to survive as an artist and as a human being.

presented September 1 and 29.

"Since winning the Kurt Weill Foundation's Lotte Lenya Competition in 2007, Weill's music has become a constant presence in my life," said Rodgers. "The more time I have spent with

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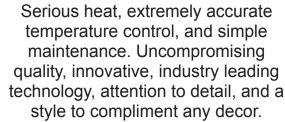
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addition to in her work as a music director and vocal coach. Most recently she performed as the onstage organist for To Kill A Mockingbird on Broadway. "For me,

Exiled

The Evolution of Kurt Weill

his music, and the more I have

discovered about his life, the

more fascinated I have become."

Rodgers for his performances at

the Mac-Haydn as Curly in the

2019 production of Oklahoma!,

in

including

and

Quasimodo

shows

Todd

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the

understanding how Weill's music corresponds to the various stages of his life greatly enhanced

my understanding and respect for his output," said Rodgers, who hopes audiences will gain the same appreciation of Weill through his performance.

The Mac-Haydn Theatre Limited Performances series

runs August 18 through October 1 and features artists including Elizabeth Ward Land, James Benjamin Rodgers, Laura Helm, the Mac-Haydn 2021 company and toUch Performance Art.

Vaccination is required for all patrons. For tickets and details on COVID-19 protocols, please visit www.machaydntheatre.org or call the box office at (518) 392-9292. About the Mac-Haydn Theatre Founded in 1969, the Mac-Haydn Theatre strives to present innovative, diverse and professional musical theatre productions to the residents of Columbia County and beyond. We aim to cultivate young talent for careers in theatre and seek to provide a supportive environment for the creation of new musical theatre works.



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Morton Memorial Library Event Announcement

Baerhand's Theater presents Three Nights of Showcase Performances! Samuel Clemens: Tales of Mark Twain An Original One Man Show by Joe Baer Free Admission with RSVP Saturday, Sept. 18, 8pm Sunday Matinee, Sept. 19, 2pm Friday, Sept. 24, 8pm Morton Memorial Library 82 Kelly St. Rhinecliff, NY 12574 Call to Reserve Your Seat at

845-876-5738 www.BaerhandsTheater.com Don't Wait! Seating is Limited!

Morton Memorial Library Announcement

Morton Fiber Show, Call for Art



We are asking textile artists: knitters, quilters, rug hookers, embroiderers, crocheters, spinners, etc. weavers, to share their creations with the Morton community for an art opening and exhibition. The opening will be two weeks before the Sheep and Wool Festival – an appetizer to the festival. (October 16 and 17) It would be lovely to see creations ranging from freshly carded wool to colored skeins of yarn, to quilts, rugs, scarves, and beyond! You will have until September

28th to create/gather your piece. The opening will be Friday, October 8th. This is open to everyone, kids' creations are welcome! Contact Sandy if interested. October 8, 2021, 6:00-8:00 Morton Memorial Library & Community House 82 Kelly Street Rhinecliff, NY 12574 845-876-2903

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Wednesdays, Thursdays, and **Fridays through October Red Barn Discovery Center -**Reservations

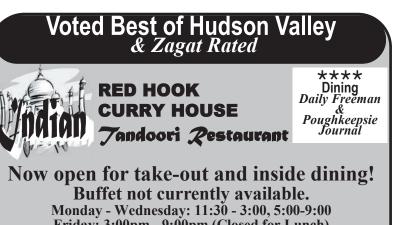
10-11:30am and 2-3:30pm

Each 90-minute session is a private experience for your family group of up to 15 people. Advanced reservations are required. Due to social distancing requirements, we are strictly capped at 15 people per group, including children and infants. If COVID-19 related regulations change, and we are forced to cancel or change this event, you will be notified by email. Private Red Barn Discovery Center experiences are scheduled on Wednesdays, Thursdays, and Fridays, May through October. Free admission.

Wednesday, September 1 & Wednesday, September 15 **History Tidbits**

Join us out on the grounds of the historic site for tidbits about our history. On the first and third week of each month, May through October, we'll explore a different area of the Homestead. Saturdays through October Farm Market & Play Days @ Jay (Farm Market) 9am-2pm

Purchase locally produced



healthy food and support local, sustainable agriculture. This weekly market also offers musical entertainment, featured community organizations, demonstrations, and workshops. During our Farm Market, stop by the Play Days @ Jay booth for a fun activity or craft. Free admission.

Friday, September 10 Homestead Seek & Find Game 12pm-2pm

Visit our Carriage Barn to pick up a copy of this month's Seek & Find game. Bring your completed game sheet back to the Carriage Barn to claim a prize! Free admission. Come back for a new game on the second Friday of every month, May through October.

Friday, September 17 Meat the Pigs – Barn Dance **Preview Partv**

5-7pm

A private preview party to the Barn Dance, by invitation only.

Friday, September 24 **Family Sensory Walk** 1pm

This approximately 25-minute educator-led walk for families with young children will encourage exploration and mindfulness as we use our senses to discover many of the hidden natural wonders on the Homestead's property. All children must be accompanied by an adult, and all adults must be accompanied by a child; please leave your pets at home. These experiences are free, but reservations are required. Rain or Shine.

OLD CROTON AQUEDUCT // 914.693.5259

The Keeper's House is back! Located at 15 Walnut Street, Dobbs Ferry between the Aqueduct Trail and Broadway, it will be open every Saturday and Sunday, 1-4 pm. Its awardwinning permanent interactive exhibit about the history of the Croton System and the NYC water supply is joined by the temporary exhibit by Tom Tarnowsky, also still available as a virtual tour (described below). Docents are available to answer questions, information provide about walks & tours and sell NYC and Westchester Aqueduct maps/ guides, shirts and caps. (From Dobbs Metro-North Ferry Train Station, a 5-10-minute uphill walk.) As always, the Aqueduct trail is available for your use and enjoyment, consistent with whatever the current advisories are at the time. GO THE EXTRA MILE! TAKE THIS OPPORTUNITY TO EARN A CERTIFICATE AND BADGE FOR WALKING OR RUNNING EITHER THE **26 MILE PORTION OR ALL** OF THE 41 MILES OF THE OLD CROTON AQUEDUCT. HAND AQUEDUCT TRAIL MAPS MAY BE PURCHASED VIA OUR WEBSITE STORE at aqueduct.org. The Friends will recognize walkers/runners who complete the Westchester portion or the entire Old Croton

Aqueduct with a 26- or 41-mile certificate and patch (free to members). Details and maps and recognition forms are available on the website. Inquiries: Sara saraakelsey@gmail. Kelsey, com, or text - 646-303-1448. Online Exhibit: How New York Became the Empire City Welcome to our virtual tour of Tom Tarnowsky's exhibition at the Keeper's House. This exhibition was the culmination of years of research and collecting material related to the construction of this engineering marvel. Online https://aqueduct.org/ Exhibit: how-ny-became-empire-city

ROCKEFELLER STATE PARK PRESERVE // 914.631.1470

Rockefeller is a designated STATE PARK PRESERVE. A Park Preserve is a protected area of importance for flora, fauna, or features of geological or other special interest, which is reserved

Hudson River View - September 2021-9

and managed for purposes of conservation while also allowing for passive recreation such as walking, jogging, photography or wildlife viewing. Come to Rockefeller to walk our trails/ carriage roads, enjoy our magnificent trees, plants, and wildflowers - and maybe get lucky and catch a glimpse of some of our animal residents including deer, fox, coyote, racoon, lots of birds (we are a recognized Audubon site), turtles, squirrels, trout. chipmunks, skunks, snakes, rabbits, and maybe even bobcats! Please leave the picnic and park games at home. Thank you for your cooperation! We follow NY State guidelines for COVID at all events. Please register for all events Eventbrite through at **Rocky's Ride & Raffle** September 1-30, 2021 The carriage roads of Rockefeller State Park Preserve were designed for horses and

Continued on page 16



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Ingredients

2 packages (6 ounces each) reduced-sodium stuffing mix 1 can (10-3/4 ounces) condensed cream of chicken soup, undiluted 1 cup 2% milk

8 cups cubed cooked chicken

1/2 feaspoon pepper

3/4 pound sliced deli ham, cut into 1-inch strips

1 cup shredded Swiss cheese 3 cups shredded cheddar cheese

Directions

Preheat oven to 350°. Prepare stuffing mixes according to package directions. Meanwhile, whisk together soup and milk.

Toss chicken with pepper; divide between 2 greased 13x9-in. baking dishes. Layer with ham, Swiss cheese, 1 cup cheddar cheese, soup mixture and stuffing. Sprinkle with remaining cheddar cheese.

Bake, covered, 30 minutes. Uncover; bake until cheese is melted, 10-15 minutes. Freeze option: Cover and freeze unbaked casseroles. To use, partially thaw in refrigerator overnight. Remove from refrigerator 30 minutes before baking. Preheat oven to 350°. Bake, covered, until heated through and a thermometer inserted in center reads 165°, about 45 minutes. Uncover; bake until cheese is melted, 10-15 minutes.

God's Corner

Walking in the Dark By Naomi Fata

Since March of 2020 the world has been rattled by the COVID pandemic, coupled with political uncertainty, and social unrest. We all hoped it would end, or at least that the end would be in sight. Yet in the midst of seeming chaos, we all have decisions to make, whether it be concerning a job, education for our children, whether or not be vaccinated, where to live, whether to invest, or a myriad of other decisions. Decisions are a normal part of daily life, but have you noticed how much uncertainty complicates decision making? Right now, we all live in a world of unknowns. No one knows when the pandemic will end. No one knows what political and social disturbances will take place. Last year it was the riots over George Floyd's death, in January riots in Washington, and more recently the Taliban take over in Afghanistan. (Not that these three have equal weight or are even comparable matters - but all have brought unrest and anxiety into the news). Trying to decide without knowing the future feels like walking in the dark. All around me I hear people wondering if they made the right decision, or if they are doing the right thing. Change is inevitable

because everyone is forced to make choices about something right now. And often these choices aren't easy, or comfortable.

Our only hope is in God. In Proverbs 3:5 -6 He reminds us to not trust our own understanding but to acknowledge Him and let Him direct our path. In times like these there are so many important things to consider. One is that fear can be an influencing factor in decision making. Responding out of fear is not healthy and can cause hasty decisions that might later be regretted. God cares about our fears, He know that this time and season of the world is hard. Before making a big decision spend time in prayer, ask advice from a godly friend you trust. Psalm 119:105 also reminds us that the words of Scripture are a lamp to our feet and a light to our path. Scripture contains wisdom that we need for this life, to give us the confidence and courage to move forward. Decision making is part of trusting God, remembering that He sees the whole picture, He knows the end from the beginning. And in the end if your faith and hope is in Jesus you know that your eternal home is already being prepared for you in heaven. Perhaps you may say that you feel like God has not answered your request for wisdom. In that

case, wait patiently, doing the next right thing, one step at a time, until you sense clear direction. Though it may feel like you are walking in the dark, because of the uncertainty of the world, remember He is there right besides you. Trust Him. One step at a time.

LIVING A STEADFAST LIFE IN CHRIST IN **CHANGING TIMES!**

"As ye have therefore received Christ Jesus the Lord, so walk ye in him. Rooted and built up in him, and established in the faith, as ye have been taught, therein abounding with thanksgiving" (Colossians 2:6,7).

We are living in critical days and things are changing at a rapid pace. It is imperative that Believers remain steadfast in Christ in these changing times. It is encouraging to know that in changing times that the Lord God doesn't change. "Jesus Christ the same yesterday, and today, and forever" (Hebrews 13:8).

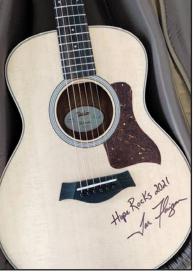
It is also comforting to know that God is True and Faithful in His Person and Work. Great is His faithfulness. His mercies are new every morning (Lamentations 3:22, 23). Since the Lord God is trustworthy the Believer can rely on His presence to live a a steadfast life in Christ. It is important to have a Personal Relationship with the Lord Jesus Christ. I encourage you believe on and to receive Jesus Christ by faith as your Personal Savior and Lord, and then to walk by faith. "(For we walk by faith not by sight:)" (2 Corinthians 5:7). In order to live a steadfast life, the Believer needs to be totally dependent on the Lord Jesus Christ.

It is vital to be rooted and built up in Him. To be rooted means that the Believer is anchored in Christ and in the Word of God, the Bible. To be built up in Him means be become stronger in Christ and to be continually growing Christ. This in requires you to be committed to the Lordship of Christ and to live a disciplined life in Worship, in God's Word, in Prayer, and in Fellowship with God and His people.

To be established in the faith means that you will be strong in the things of the Lord and the priority of your life will be centered in the Lordship of Jesus Christ. "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you" (Matthew 6:33). Living a steadfast life in Christ will also be evident by living an abounding life of Thanksgiving.

If you would like to know more about Living a Steadfast Life in Christ and/or how to become a Christian, please contact us by email at cdfcirone@aol.com or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 & Route 9G, ¹/₄ Mile North on Route 9 in Rhinebeck, N.Y. Pastor Frank L. Cirone

Benefit Raffle of lan Flanigan Autographed Taylor Guitar



The First Congregational Church in Saugerties is sponsoring a benefit raffle of a Taylor Acoustic guitar, autographed by the well-known local singer and songwriter, Ian Flanigan. Earlier this year, Flanigan was a celebrated finalist on NBC's The Voice and most recently performed at the Hope Rocks Festival in Saugerties.

Tickets are \$5 each or 5 Tickets for \$20 and are available at the First Congregational Church, 333 Main Street in Saugerties on Wednesday evenings from 6pm -8pm; and immediately following worship services on Sundays from 11:30am to 12:30pm.



Tickets are also available during normal business hours through Friday) (Monday at Glasco Abstract in the Governor Clinton Building, 1 Albany Avenue in Kingston.

For further information, visit the First Congregational Church website at www.1stchurch12477. org; or contact a church representative through email churchcongregational@ at: gmail.com. The drawing will be held during Saugerties' annual Holiday in the Village event on Sunday, December 5th.

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Rev. Susan DeVuyst, Pastor

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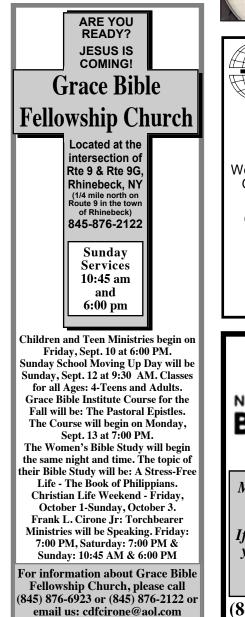
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New Beginnings Assembly of God

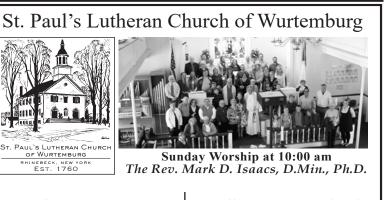
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<u>Is It Bacterial</u> or Viral? by Charlotte Michos, RN,

MS, CNS, CLNC

How can you tell the difference between a bacterial and a viral infection? It is hard to judge, based on symptoms, since they can cause similar outcomes such as coughing, fever, fatigue, inflammation, sneezing, headaches and even vomiting or diarrhea (https://www.webmd. <u>com/a-to-z-guides/bacterial-</u> and-viral-infections). Although bacteria and viruses are both categorized as microbes and can spread infections in the same manner (coughing, sneezing, skin contact etc.,) they are significantly different structurally and the treatments are not the same. Bacteria are complex, tough organisms, single-celled, and have rigid-walls with rubbery membranes for protection. An important difference from viruses is that bacteria can reproduce on their own. Also noteworthy is that most bacteria are harmless and many are beneficial; the bacteria on our skin and inside our body have a protective role and fight off disease. They can also survive extreme environments, whether it is variation in temperature or even radioactive waste materials. Bacteria have existed for over 3.5 billion years (https://www. webmd.com/a-to-z-guides/ bacterial-and-viral-infections). Viruses in contrast are small; they do not have a strong cell wall. They cannot survive on

their own; they require a host in order to replicate and survive. Most viruses are harmful to humans, and these pathogens attack specific cells in the body such as the lungs, blood and liver. Diagnosing: Is it a viral or bacterial in origin? With some illnesses, such as colds, a distinction as to whether it is bacterial or viral in origin is not critical; you can "ride out the common cold." Sometimes a simple examination can determine the source of an infection such as chicken pox (viral) or a staph skin infection (bacterial). Other times a good history can determine the likely infection: influenza during flu season. However, there are other times that a determination has to be made in order to treat a condition such as meningitis, pneumonia, or a serious gastrointestinal infection. The detection approaches are too complex to discuss here, but in general bacterial cultures are more routine since bacteria reproduce on their own and will continue to grow in the petri dish in the lab. Since viruses require a host to reproduce and survive, viral testing often involves eliciting an antibody response, by utilizing such tests as DNA/RNA (PCR) or antigen detection (https://ec.europa.eu/ research-and-innovation/en/ horizon-magazine/pcr-antigenand-antibody-five-thingsknow-about-coronavirus-tests). Treatments: Typically antibiotics are used for bacterial infections and antivirals are used for viral infections. Examples of familiar bacterial infections are: strep throat, Lyme disease, cellulitis, mycoplasma, bacterialmeningitis, gonorrhea, TB and tetanus. Well-known viral infections include influenza, common cold, warts, HIV, chicken pox, viral meningitis, viral hepatitis, and of course, now we all know about Covid-19 (https://www. healthline.com/health/bacterial-

<u>vs-viral-infections#viral-</u> infection-examples). Antibiotics fight off bacterial infection vs antivirals, which help to alleviate the symptoms but do not totally ward off the viral infection. We tend to take antibiotic treatment for granted. Historically, the discovery of antibiotics was literally revolutionary. Prior to WWII, infections struck down children, the elderly and even adults in the prime of life (http:// www.remappingdebate.org/ article/return-our-old-enemiesuntreatable-formantibiotics). But now we have to be careful with overuse because it can lead to the development of resistant organisms. Remember, bacteria have been around for billions of years. These antibiotic-resistant bacteria (now even stronger) can easily be transmitted to others, and for some people the result is severe disability or even death (https://www.hopkinsmedicine. org/health/wellness-andprevention/antibiotics). We are in constant need of new antibiotics to counter this problem, but antibiotic development is not a big money-maker. Pharmaceutical companies profit with the production of drugs that have to be taken long-term (i.e., statins) rather than with antibiotics, which are taken predominantly on a short-term basis (https:// hopkinsinfectiousdiseases. jhmi.edu/research/researchareas/antibiotic-resistanceand-stewardship/). Here is a list of the most serious life-threatening infections that the Infectious Diseases Society of America (IDSA) has identified as a group of drug-resistant bacteria. The acronym - ESKAPE - is used to represent the fact that these pathogens are "escaping" the effects of antibiotics: E= Enterococcus faecium... causes a variety of wound, heart and urinary tract infections S=Staphylococcus causes MRSA aureus ...

K= Klebsiella Escherichia coli K pneumoniae... causes common urinary tract infections A= Acinetobacter baumannii... causes pneumonia and infections in the blood P= Pseudomonas aeruginosa... causes pneumonia or infections the body after surgery in E=Enterobacter species.... causes colon, other intestinal and abdominal infections Although there are vaccines for bacterial infections, vaccine associate we use with viruses. Vaccines are preventative; they are not a form of treatment like antibiotics or antivirals. Let's go back to the beginning when I said that viruses (pathogens) need a host (like us for example) in order to live. "The pathogen's job is to evade the immune system, create more copies of itself, and spread to other hosts." (https://www. historyofvaccines.org/content/ articles/viruses-and-evolution). We can build antibodies to fight off viral infections (like the common cold), but if mutations occur then the virus' outer surface changes and the previously

produced antibodies cannot fight the mutated virus. Because vaccines are given less frequently (prevention) than repeated antibiotic-usage, (treatment) there is not an overuse problem. In contrast, to regular influenza, the Covid-19 virus is atypical because it jumped from the animal-to human kingdom and it has the potential to cause serious symptoms and death. As we know, the bad news is that this resulted in a pandemic; the good news is that scientists at the National Institute for Health (NIH)Vaccine Research Center (VRC) were already carrying out vaccine studies for years in order to figure out how to develop protection against coronaviruses, which is what Covid-19 is (https://covid19.nih. gov/news-and-stories/vaccinedevelopment). The outcome of those years of research was the development of an effective vaccine. Basically, the mRNA in these vaccines "teaches" our bodies how to build proteins, which triggers an immune response to fight the Covid-19 infection. Unlike other vaccines, no form of a virus (live or attenuated) is used. The mRNA is synthetically produced and cannot enter our body cells. Soon after the mRNA "teaches" our body to produce an immune response against Covid-19, it dissolves. It cannot exist in body temperatures of 98.6 F; remember that these type of vaccines have to be stored in extremely cold temperatures or they begin to break down. It helps to know how viruses and bacteria are different! Charlotte Michos is a clinical nurse specialist who serves as a Healthcare Consultant in helping others make informed decisions about their health. For more information, products, and to view previous articles visit www.besthealthconsultant. email com or <u>charlottemichos@icloud.com</u>

Nuvance Health requires COVID-19 vaccinations for its workforce

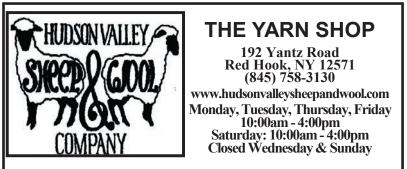
Nuvance Health fully is committed to ensuring the health and well-being of its employees, patients and community members

Nuvance Health announced that all members of its workforce are now required to receive COVID-19 vaccinations as a condition of employment or the provision of services at Nuvance Health. requirement The applies to employees, medical staff, volunteers, students and contractors and is consistent with the policies of many health systems and hospitals nationwide who have adopted a similar requirement.

As hospitalizations from COVID-19 rise, and variants present a higher risk of spread, Nuvance Health launched the mandatory COVID-19 vaccine program in order to maintain the safest environment possible for employees, patients and visitors.

"We are convinced that having a fully vaccinated workforce is critically important to ensuring the health and well-being of our employees, patients and community members," said Dr. John M. Murphy, president and CEO of Nuvance Health. "We have proven throughout the pandemic that we can conquer even the toughest challenges when we work together. We need to continue working together by getting immunized against COVID-19 so we can have a safe environment for our patients and each other."

Current workforce members must provide documentation that they are fully vaccinated by October 1, 2021. Effective August 23, 2021, new hires must provide documentation COVID-19 vaccination of **Continued on page 15**







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What do I feed my pet?

By Dr. Julianne Porter

"What do I feed my pet?" It's a common question that we are asked at almost every new pet exam. It seems that everyone you ask will have a different opinion on the best food to feed. There is a lot of marketing involved in pet foods (it is literally a \$99 billion dollar industry) and it can be completely overwhelming trying to pick – especially

when every brand is vying for your money. So, how do you know what food is the best? In simple (but vague) terms,

pick a food that provides all the essential nutrients in all the right amounts and proportions for your pet's species and life stage. And make sure it is from a reputable company. Easy, right? The first step is to make sure it has an AAFCO statement. AAFCO (The Association of American Feed Control Officials) sets the standards for a pet food, defines the ingredients, standardizes the feeding trials, and determines the minimum/ maximum nutrition required for different life stages. Without this statement, we don't know if the pet food is adequate or even safe. Look for companies who employ a veterinary nutritionist and whose diets were formulated by a veterinary nutritionist.

Also, try to look past the trigger words/statements such as "no fillers", "no corn", "no byproducts", "natural", "human grade" etc. Nothing in pet food is a filler - every ingredient has a purpose (a true filler would have no nutritional value). Corn is a well-rounded grain that provides energy while being high in essential fatty acids, vitamins, and is highly digestible when cooked. By-products are defined as something that is produced in the making of something else (i.e. molasses is a byproduct of refining sugar). In pet food, byproducts are the edible parts of the animal other than muscle meat. It is not feathers, beaks, horns, hooves - those are illegal to add to pet foods. Liver is a by-product. The claim "natural" only means the ingredients came from plants, animals or mined sources and were not chemically/ synthetically made. The ingredients can still be processed. And there is no definition for what human grade means – it has nothing to do with the quality of the ingredients. When companies put these claims on the label, it is a marketing strategy.

Lastly, many people think feeding grain free is better. For a few pets this can be true, but it is not always beneficial. In some instances, it can be detrimental. Most food allergies/sensitivities in our pets come from the protein sources and grains are highly digestible when cooked. Some grain free diets are balanced using higher fat content and can have more calories. Some use refined starches (i.e. potatoes) which can be less nutritious and more expensive than grains. There is also a possible link between grain-free diets and heart disease in some dogs.

In summary, there are an overwhelming number of pet foods to choose from and a lot of money goes into marketing those foods. Have a discussion with your veterinarian or contact a board-certified veterinary nutritionist if you have questions or if your pet has special needs due to an underlying illness. but my back has been sore and I didn't want to stoop over with my back so we took a trip to a local self serve dog wash store.

For those unfamiliar with the concept, it's like a self serve car wash except you wash your dog there. They have professional tubs, dryers, various shampoos, and other tools which you use to wash, dry and groom your own dogs.

Dakota loves going places and meeting people so I didn't anticipate any problems. The place was actually busy with a number of people in various stages of bathing their dogs.

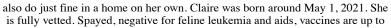
Dakota was a little unsure of what was going on. Some dogs were barking and others were showing some signs of stress by panting and trying to get away. I spent a little time making sure she was calm and let her get used to he surroundings. The wash basin is a tub a couple of feet deep and about five feet long. It's mounted so that it's about four feet high. Next to the tub is a narrow set of steps up to a platform about four feet high. There is a BIG step down into the tub. Dakota is used to stairs so I told her to go up. She sat down. I tried once more. "Dakota up.", I said while giving the leash just a little pull. She wasn't budging. The clerk came over and asked if I needed help. I thanked her for her offer but declined her assistance. I did however ask if the tub would support both Dakota and me. I think she was going to ask if I was going to take a bath too, but she just smiled and said it should.

I knew right away that I would have to show Dakota that it was ok. I climbed the narrow steps to the platform and she happily climbed up after me. Luckily the platform was big enough for both of us, although not by much.

I stepped down into the tub and called Dakota to me. She tentatively started to step towards me but stopped and lay down on the platform. I stood up, gave her a calm, quiet correction and called her again. As she reached a paw towards the tub I encouraged her. "That's it, good girl" and

Continued on page 14







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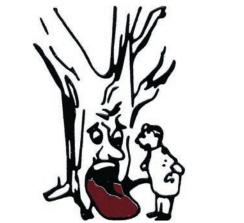
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Barkbusters from page 12

when she stepped down into the tub she was welcomed by lots of happy praise. I petted her and scratched behind her ears, which she loves. I stayed in the tub with her until I was sure she was happy, calm and relaxed. I told her to "stay" and then I climbed out of the tub and down the stairs. Dakota actually likes baths so

she was happy throughout the bath. After the bath it was time to have her climb out and get dried off. She readily climbed out of the tub onto the platform. She shook off and I got soaked and she seemed to enjoy the fact that I was as wet as she was. She had that twinkle in her eyes that she gets when she's being mischievous. I'm guessing it was her way of making sure I got a bath too. She's used to being toweled off because it's a daily event when it's warm enough for her to swim. She wasn't used to a blow dryer though. I turned it on and held it a

little way away letting her get used to the sound. I turned it towards me and partially dried myself before I aimed it towards her paws from a distance. She stood there calmly so I proceeded to blow dry her off. She was certainly fluffy by the time we were done.

Throughout the entire process I made sure that she was not getting upset or stressed. I gave her a lot of praise and positive feedback for remaining calm. I slowed things down and gave her a calm quiet correction any time she started to get nervous. Over all we had a great time.

It seems so simple yet of all the people that I watched come in to use the self serve baths, no one else climbed the stairs and into the tub. Everyone picked their dogs up and put them in the tubs. I didn't see one other dog climb the stairs or enter a tub by his own decision. One young puppy was very scared and was doing her best to crawl back out the door. Her owner grabbed her around the stomach, lifted her up off the floor and swung her into the tub. That was not a pleasant experience for the pup. As we were leaving I saw the pup's tail was tucked completely under and she was lying down on



the bottom of the tub as though trying to make herself disappear.

If I had pushed Dakota too fast or not taken the time to show and guide, Dakota would likely have been nervous or scared. She trusts me and I try very hard not to violate her trust. Trust has to be earned and needs reinforcement with each new situation. I could have picked her up and put her in the tub, but that could have damaged that trust. I know that if I'm patient and can show her what to do she'll do her best to follow my direction.

When you take the time to build trust with your dog and you're careful not to break the trust, the bonds grow stronger. Dakota is a dog, not a person, but just as trust is important with our human relationships, it's also important with our canine ones. With people you can talk things out and explain your reasoning, with dogs you can only show them. Take the time to teach your dog. Each new situation is an opportunity for both of you. And the results? Happy Dogs = Happy Families

Bark Busters is the World's Largest and Most Trusted Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build а relationship with the dog based on trust, respect and bonding.

Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 15+ years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at www.BarkBusters.

<u>com</u> where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-489-0764 and join in the fun by "liking" us on Facebook at <u>https://www.facebook.com/</u>

ABILITIES FIRST AND IN FLIGHT, INC. LAUNCH PARTNERSHIP CORPORATION

Abilities First, Inc. and In Flight, Inc., both non-profit entities that provide services and support to people with Intellectual and Developmental Disabilities, announce the establishment of a new parent corporation called Abilities Partnership of the Hudson Valley, Inc. (APHV).

APHV was incorporated as a non-profit entity on August 11, 2021 with a primary purpose "to serve as a governing body for one or more affiliates that provide services and support to people with intellectual and developmental challenges." Abilities First, Inc. and In Flight, Inc. will be the first affiliates of APHV. This affiliation model will be a vehicle for sharing and achievement resources efficiencies operational of not conceivable without such partnership. Over time, APHV may take on additional affiliates as those possibilities present themselves.

Combined, Abilities First and In Flight support over 1,600 individuals, birth through endof-life, in educational and adult services programs across Orange, Sullivan, Putnam, Dutchess, Ulster, Columbia, and Greene counties. The combined workforce is over 900 staff members. Both organizations are headquartered in Dutchess County.

Initially, APHV will be led by Matthew G. Bateman as Chief Executive Officer and Dr. Jeffery Fox as President. APHV will be governed by a new Board of Directors that will include members of the respective Boards of Abilities First and In Flight. Over several years, each affiliate will gradually consolidate its operations and services with the other until a time when merger will be contemplated.

"This partnership is made possible by the acute vision of my friend and counterpart, Matt Bateman, who is at the height of an inspiring career in nonprofit leadership. Affiliation and consolidation will enhance the strength and positioning of two already exceptional organizations and solidify our common missions for the future and for the benefit of those we support," said Jeffery Fox, President and CEO of Abilities First.



Matthew Bateman, Executive Director & CEO, In Flight, Inc. and Jeffery Fox, CEO & President, Abilities First, Inc.

"In Flight's collaboration with a long-established high-quality organization is strategically sound and prudent to navigate the volatile and seemingly uncertain environment IDD providers find themselves in," stated Matt Bateman, Executive Director and CEO of In Flight. "Under Dr. Jeffrey Fox's leadership, Abilities First has taken the lead in providing the highest levels of service delivery to hundreds of people daily, with a strong, always present conviction of mission. We at In Flight are honored to be affiliated with Jeff and his highly skilled team".

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Nuvance Health from page 11

prior to starting employment. Members of the workforce who are not fully vaccinated by the deadline or do not have an approved request for accommodation, such as for medical or religious reasons, will be unable to continue employment provide or services at Nuvance Health. "We believe requiring vaccinations is the right thing to do because we have an ethical obligation to protect our patients and each other. Furthermore, there is abundant evidence that COVID-19 vaccines are safe and effective at preventing severe illness, hospitalization and death from COVID-19 in a majority of people," said Dr. Murphy. Nuvance Health is providing communications ongoing and support for employees reasoning, address the to process, and expectations in preparation for full vaccination. The health system also encourages workforce members with concerns or questions about COVID-19 vaccines to seek guidance from

their primary care provider. Many leading healthcare organizations have endorsed mandatory COVID-19 vaccinations protect to employees and patients, including the American Hospital Association, American Medical Association, American Nurses Association, Connecticut

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Hospital Association and the U.S. Department of Veterans Affairs. **CONTACTS**

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O: (203)739-7478 M: 279-4673 (475) <u>Amy.</u> <u>Forni@nuvancehealth.org</u> **About Nuvance Health**

Nuvance Health is a family of award-winning nonprofit hospitals and healthcare professionals in the Hudson Valley and western Connecticut. Nuvance Health combines highly skilled physicians, advanced facilities and technology and compassionate caregivers dedicated to providing quality across a variety of care services including the Cancer Institute, Heart and Vascular Institute, Neuroscience orthopedics, Institute and

Established 1987

primary care and surgery. Nuvance Health has convenient hospitals and outpatient locations including Danbury Hospital and its New Milford campus, Norwalk Hospital and Sharon Hospital in Connecticut; Northern Dutchess Hospital, Putnam Hospital and Vassar Brothers Medical Center in New York; and many primary and specialty care practices including The Heart Center — a leading provider of cardiology care and three urgent care offices. Nuvance Health affiliates offer non-acute care including Home Care and the Thompson House for rehabilitation and skilled nursing services. Visit <u>nuvancehealth</u>. org for more information. TTY: 1-800-421-1220

"Shelter at Home" Raffle

The Columbia-Greene Humane Society/SPCA is once again hosting a "Shelter at Home" Raffle this year. There are three package spectacular raffle opportunities to choose from: Grill Lovers Package: Includes a Weber Grill, Yeti Cooler, \$100 Gift Card, and a gift package from the Berry Farm. Value: \$1,400.



Around the House Package: Includes a Hannay garden hose reel, 100-foot hose, Mantis gas-powered garden tiller, and a Makita 18V LXT lithiumion combo kit. Value: \$1,300.



Wine lovers Package: Six carefully selected and highly sought-after French wines from a private collection, and a Rogar Estate wine pull with granite base. Value: \$5,000.



The raffle will be drawn on September 18th. Entries should be placed by September 15th. Chances are \$1 each or 100 for \$50. The CGHS/SPCA Summer Event Committee will fill out and submit all entries on behalf of participants. To participate, please visit our website at cghs. org or call us at (518) 828-6044 ext. 100. One hundred percent of funds raised from the Shelter at Home Raffle will benefit the Columbia-Greene Humane Society/SPCA.

Beehive: The '60s Musical at The Mac-Haydn Theatre Sept. 11 - Oct. 2, 2021 Showtimes: Saturday, Sept. 11 at 7:00pm

Hudson River View - September 2021-15

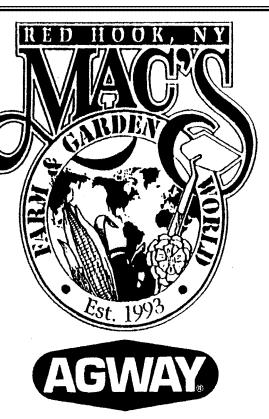
Sunday, Sept. 12 at 2:00pm Thursday, Sept. 16 at 7:00pm Friday, Sept. 17 at 2:00pm Saturday, Sept. 18 at 3:00pm Thursday, Sept. 23 at 2:00pm Saturday, Sept. 25 at 7:00pm Sunday, Sept. 26 at 2:00pm Thursday, Sept. 30 at 7:00pm Friday, October 1 at 2:00pm Saturday, Oct. 2 at 3:00pm Price: \$42.00 Address: 1925 NY-203 Chatham, NY 12037 United States Phone Number: 518-392-9292 Website: www.machaydntheatre.org Ticketing Information: http:// www.machaydntheatre.org/ beehive-2021/ Facebook: https:// www.facebook.com/ MacHaydnTheatre/

Morton Food Drop-Off Location Mondays 12:00 pm - 4:00 pm

Too many peppers, too much lettuce, too many tomatoes, is there such a thing? Dirty Gaia has developed a system to facilitate donations of produce from backyard gardeners to the Rhinebeck Reformed Church Food Pantry. The Morton drop spot will be 'open for drop off' every Monday. The coolers will be located beside the lower entry door. Got Extra Garden Veggies? Help a Neighbor in Need!



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Rockefeller State Park Preserve from page 9

preserving that tradition is the inspiration for our annual ride. Riders can visit on the day of their choice and go at their own pace, enjoying the sights and sounds of the Preserve. Carriage drivers are welcome! *All proceeds go to carriage road maintenance*.

https://www.

friendsrock.org/trail-ride 914-762-0209

September 4 | 11 am – 12 pm | Go Nuts for Walnuts!

Join our nut expert, Jerry Henkin, on an edible adventure

as you learn about the nutproducing trees in the Preserve. There will be samples for you to taste as you learn about the black walnut and a handful of others. The group will meet in the Visitor's Center courtyard and venture a short distance to hug a couple of our beloved black walnut trees and learn more about them. In the event of rain, the event will be canceled and a full refund will be issued.

If you have a nut allergy,

please do not attend. Cost: \$3 + Eventbrite fees. Maximum: 20 people. September 4, 11, 18, 25 | 9:30 am



- 10:30 am | Yoga at Rockwood

Relieve stress and connect with nature during our outdoor yoga sessions at Rockwood Hall. Flow through moving meditation with instructor, Shivani Singh, and start your weekend on a positive note. Classes are appropriate for all levels of experience. In the event of rain, the class will be canceled and a full refund will be issued. You will be notified via email the day before. *Please bring a yoga mat and water and arrive 10-15 minutes early.*

PLEASE NOTE: THE CLASSES ARE AT ROCKWOOD HALL! (1 Rockwood Road, Sleepy

Hollow, NY) Cost: \$9 per class + Eventbrite

fees. Maximum: 20 people. September 7 | 9 am – 2 pm | Restore the Ruins!

Inspired by "National Trails Day", this stewardship event is an opportunity for the public to contribute to preserving natural and historic landmarks for future generations to enjoy. The group will meet at the Rockwood Hall parking lot at 9 am; however, you may come and go as you please. You will find the group at the Rockwood Hall foundation pulling vines and tending to the vegetation to help revive this beautiful landmark. From the parking lot, cross the street and walk up the hill, stay to your right as you pass the kiosk. If the parking lot is full, you may park in the Phelps parking garage free of charge. **PLEASE NOTE: THIS EVENT IS AT ROCKWOOD** HALL (1 Rockwood Road, **Sleepy Hollow, NY)** DO NOT GO TO THE MAIN **PARK ENTRANCE!**

Cost: FREE! Please register via Eventbrite so we know how many people to expect. September 9 | 10 – 11:30 am | What's Attacking All the

Beech Trees?!

If you've wondered why many of the Beech trees in the Preserve have shriveled and discolored leaves, here's your answer: nematodes! These tiny parasitic worms are infecting the Beech trees and causing damage that could eventually lead to an untimely death. Join our plant expert, Devyani Mishra, on a short walk to see infected Beech trees planetary neighbors. Meet at the Visitor's Center courtyard. Rain date: September 17. Cost: \$3 + Eventbrite fees. Maximum: 20 people. September 11 & 17 | 8 – 10 am Birdwatching with the Saw Mill River Audubon Society

Get to know our feathered residents! Join experts from the Saw Mill River Audubon Society on a bird walk around the Preserve. Great for all levels of birding experience, beginners welcome! We typically go rain or shine except if very low temperatures, heavy precipitation or high winds are forecasted and/or if travel is not advised. If so, you will receive a cancelation email two hours before the scheduled walk. SUBJECT TO NY STATE COVID-19 RESTRICTIONS: Completed vaccinations are required to attend.

Bring a mask in case of close contact with other visitors. Cost:FREE.Maximum:20people. Please register for this event at: <u>https://www.</u> <u>sawmillriveraudubon.org/</u> <u>register-trips/</u> September 13 | 2 – 4:30 pm |

Bird Photography Workshop Learn the best techniques for photographing birds in their natural habitat. Join wildlife photographer Bill Golden for a bird photography workshop beginning with an instructional overview, followed by a walk through the Preserve to put your newfound skills to the test. Learn what settings are most effective in photographing birds and other wildlife including how to photograph birds in flight. Meet in the Visitor's Center courtyard. In the event of heavy rain, the workshop will be canceled and a full refund will be issued. You will be notified via email at least 2 hours before. Cost: 3 + Eventbrite fees. Maximum: 20 people. September 19 | 12 – 2 pm

History of Rockwood Hall: Hudson River Valley Ramble!

Join our historian, David Teich, on an adventure into the past as we explore Rockwood Hall and its rich history through stories of the land and the people who called it home. Once the estate of William Rockefeller, this site boasts scenic views overlooking the Hudson, lush forests, and remnants of 19th century luxuries. Gather at the Rockwood Hall parking lot on Kendal Way. Leashed dogs are welcome. In the event of heavy rain, the tour will be canceled and a full refund will be issued. You will be notified via email at least 2 hours in advance. PLEASE NOTE: THIS HIKE IS AT ROCKWOOD HALL (1 Rockwood Road, Sleepy Hollow, NY) DO NOT GO TO THE MAIN **PARK ENTRANCE!** Cost: \$3 + Eventbrite fees. Maximum: 40 people.

Continued on page 18



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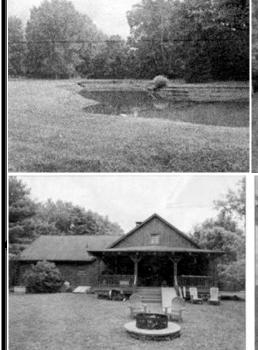
Hudson River View - September 2021-17

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CLINTON. Wonderful 5 BR, 3 BA, on 40 PRIVATE ac, 5 minutes from Rhinebeck Village. New kitchen w/top quality cabinets and granite counters, new master BA w/tile and glass shower, wood floors and new gas fireplace. Property offers a wonderful forest and picturesque rock outcroppings. Can be subdivided! ALSO home offers a beautiful attached 2 BR, 1 BA apartment and a 2-car garage and a barn workshop, for horses or studio. Schultz Hill is a peaceful & picturesque road. A wonderful property. Rhinebeck Schools.Offered at \$795,000.

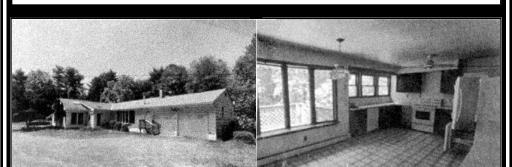




RED HOOK

A wonderful 3 BR, 2 bath log on 7.5 pastoral acres yet close to village. Home offers an open floor plan w/vaulted ceiling& stone fireplace on first level. A home office area & unattached 3 car garage & a workshop studio. Grounds are manicured & back deck overlooks small pond. Home was custom built by a master craftsman & is in immaculate condition. If you are looking for a charming country home look no further. Beautiful hickory cabinets & whole house generator. Top quality craftsmanship throughout. Grounds are park like, home needs nothing. A very quiet tranquil setting very quiet. A must see home. \$775,000.

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Red Hook: Welcome to the farm! 7+ acres of flat, usable land mostly fenced in w 24 x 24 GAR. Raise your honeybees &

chickens or grow some corn. Beautiful open land just minutes to village, Bard College &Schools. 2 Br / 2 Bth Mobile Home w/ Fireplace is in great shape a& has been well naintained over the years. Live in it while build elsewhere on the property, or replace existing mobile home w updated version. So many possibilities here in a prime location. Truly unique in this market. \$379,000



Office/Den . 2 car Garage w loft perfect for studio or storage. Fenced level back yard w leck. Nice road within short commute to town & Bard College. \$375,000





Elizaville: Lake Home: Beautifully cared for w great FP. MBR en suite w soaking tub!

Laundry area off EIK & wood stove that heats

entire house. Down the hall there are two spacious guest BR's & FB. Full Bsmt could be finished for extra living space. Large corner lot

w fenced in garden & fire pit. Parcel also extends across the street where you could add a Barn/ GAR. Nestled in the beautiful twin lakes community, you are mere feet from the private lake & club house. Updates include: roof, water softener & windows! \$325,000



Red Hook: Opportunity to own a legal 3 family, within walking distance to Village center Easily converted back

to a single family as well. Recently renovated, full of exquisite charm & attention to detail throughout. Set on bucolic 1/2 acre of mature trees & beautiful landscaping off a no outlet road. This is an ideal opportunity for an extended family or investment opportunity or one looking for village living. **\$579,000**



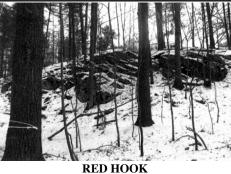
& nothing to do but move in. Super chic cottage on 3 acres woods & lawn is located at the end of a private road,

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3 Bedroom modified ranch on 5 wooded acres, private setting in a great area. Garage converted to a legal apartment. Home needs work but has great potential. First time on market in 25 years. Asking \$508,000.



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48 wooded acres in 2 parcels, great potential for subdivision or family compound. Frontage on 199 and Willets Woods Drive. Has a rolling topography and owner says on top property has a wonderful CATSKILL VIEW and you can see the bridge. Lower side has a view of the golf course. Has small barn and paddock. Priced to sell at \$350,000.

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Red Hook Village: Multi-Family W Lake /iew. Two Family W Accessory Apt Attached. Live in one & rent out the

units. Lovingly maintained & owned by the original family for decades. Various renovations throughout including new septic & oil tanks. Barn on the property that overlooks the lake & w some renovation, has fantastic potential for tudio / hobby space. Set on almost 1 acre in the heart of the Village, off a quiet side street & walkable to all. Bard shuttle & public transportation just a stroll away. \$429,000

armhouse in Red Hook Schools &

designer furniture & great details throughout. Open concept, large windows & bamboo floors w radiant heat Hot tub provides for great outdoor enjoyment year round as does the private camp fire location in the woods. Enjoy dinner on the spacious deck & quiet seclusion in nature. Or venture out to the great restaurants, antiquing, & outdoor activities in the area. Easy living & ready for you to call home or perhaps use as an Air BnB opportunity. Back up generator is an added plus! \$539,000

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Land For Sale Germantown: Foundation W Dry Well. BOHA. \$122,500 Germantown: 23 Acres. Walking Distance To Village. **\$349,900** Taghkanic: 42 Acres of Woods & Stone Walls. \$275,000 Red Hook: 16 Acres. Subdivide into 4 lots. **\$225,000** Clinton Corners: BOHA. 7.71 Acres. **\$195,000** 9.22 Acres. \$199,000. 16.93 Acres. \$389,000

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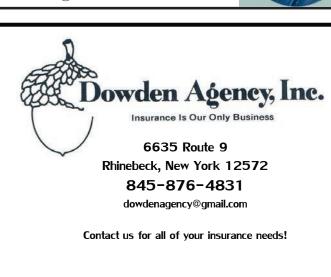
Rockefeller State Park Preserve from page 16 September 25 | 9 am – 12 pm Hike with Mike: Hudson River Valley Ramble!

Enjoy a hike guided by our historian, Michael Miernik, and learn about the river, brooks, and other water features within the Preserve. Witness the cascades of the Pocantico River and learn

about the Old Croton Aqueduct and other historical facts along the way. The walk will start and end at the Visitor's Center courtyard. Make sure to bring water with you. The hike will continue in light rain; however, in the event of heavy rain, the hike will be canceled and a full refund will be issued. You will be notified via email the day before.

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Schools are Open! Be extra safe and careful while you are driving. Do not pass a stopped school bus while its red lights are flashing. Watch for children crossing the road.



Cost: \$3 + Eventbrite fees. Maximum: 25 people. **September 20 | 7 – 9 pm Full Moon Hike "Harvest** Moon": Hudson **River Valley Ramble!** Tickets available on September 1st, 2021 at 10:00 am ET

Every month we give hikers an opportunity to experience the Preserve after dark in our "Full Moon Hike" series. Join us for this very popular and special event! Please bring water, a flashlight or headlamp, and dress according to weather conditions. Leashed dogs are welcome. Meet at the Visitor's Center courtyard. IMPORTANT: We leave promptly at scheduled times. This is a night hike, after the park has officially closed. Latecomers will not be allowed to enter the park after the group has departed. In case of bad weather, the event may be canceled; please watch for notices from Eventbrite. Cost: 3 + Eventbrite fees. Maximum: 40 people. PLEASE NOTE: If you purchase tickets and cannot make it, we ask that you cancel your reservation through Eventbrite so the tickets may be made available to others who are wait-listed. Thank for your cooperation. you September 23 | 9 – 10:30 am **Tree Identification Hike**

Come join Flora Steward, Devyani Mishra, on a walk through the Preserve to learn more about trees and other plants in the area and how to identify them. Meet at the Visitor's Center courtyard. The hike will be short with frequent stops for discussion. In the event of heavy rain, the hike will be canceled and a full refund will be issued. You will be notified via email the day before. Cost: \$3 + Eventbrite fees. Maximum: 15 people.

September 23 | 6 – 7:30 pm | **Sunset Hike: Hudson River** Valley Ramble!

Come join us for a sunset hike at Rockwood Hall for what we hope will be a spectacular view over the Hudson and the Tappan Zee Bridge. Please dress according to weather conditions and bring water. We will gather at the main kiosk at the top of the hill and will leave ON TIME. The parking lot is right below Phelps Hospital, off Route 117. The path that leads to the park is across the street from the parking lot. Leashed dogs are welcome. In case of bad weather, the canceled event may be (including overcast skies when we know there will be no visible sunset). Please watch for notices from Eventbrite. PLEASE NOTE: THIS HIKE **IS AT ROCKWOOD HALL** (1 Rockwood Road, Sleepy Hollow, NY)

DO NOT GO TO THE MAIN **PARK ENTRANCE!**

Cost: \$3 + Eventbrite fees. Maximum: 40 people. Learn more about the Hudson River Valley Ramble: www. hudsonrivervalleyramble.com/ ramble

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Continued on page 20





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A CLASSIC RETREAT, this 2-3 BR 1830s Colonial has been updated for today w/a great Kitchen & 1.5 redone baths. There's a large LR, first floor BR or office, K, & Yz bath down, 2 nice BRs & a full bath up. Floors are WB pine on both floors & there's great light. The lower level is walk out w/2 more rooms that can be whatever you like. 2 acres, close to TSP, priced to sell. **\$279,900**



THIS RHINEBECK ONE STORY is quite lovely w/a redone custom K & tiled bath, two bedrooms, a 15 x 21 LR, a Den w/a FPL, DR, plus a 17 x 26 FR w/bookshelves around the room. Floors here are oak & tile, there's CA, a walk-up attic, foam insulation, & great mechanicals. At Lake Sepasco, swimming, boating, fishing, & the beach are just steps away & Rhinebeck Vis just 6 minutes. Just listed. **\$379,000.**



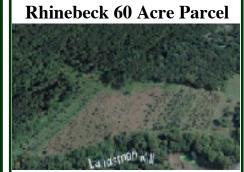
ARCHICTECT REDESIGNED in 2010, this 4 BR, 3 bath 3178 SF Rhinebeck Contemporary home has wonderful indoor & outdoor spaces. Outside is an inground pool, custom decks, a stone patio, & flowing lawns. Inside there's a marvelous K, 18 x 22 LR, 3 stone FPs, a grand primary suite, a guest suite, DR, a 16 x 27 FR, 2 offices, & a heated porch. This is the perfect retreat where you can host in style! Just listed. **\$825,000.**



BACK ON 26 ACRES for complete privacy & quiet, this 2 BR Contemporary home overlooks a scenic pond & has trails for hiking or your four-wheeler. The 20 x 20 LR is vaulted, has 9 windows w/three huge picture windows, & a floor to ceiling stone FPL. There's an open DR & a great K w/a dishwasher. The bath is vaulted w/a skylight. There's a garage, propane heat & lots of storage. If you need peace & quiet this is the perfect home! **\$400,000**.







60 Sub dividable acres located 3 miles east of the Historic Rhinebeck Village in the Rural Country Side 5 Acre Zoning district. This parcel has a rising ridge that overlooks the 18 acre meadow that is currently home to Christmas trees and is home to a meandering stream that trickles through the property. Asking **\$929,000**



Located just a short drive from the Historic Rhinebeck Village is this 91 Acre Farm with Barn Complex and 3 BR, 2 bath Colonial. Property currently a Christmas Tree Farm and CrossFit Gym.

Proudly offered at \$1.2 Million



Some possible uses are: Private Estate, Minor/Major Residential Subdivision, Agricultural Use, Home Occupation and/or a Bed & Breakfast, just to name a few. Owner financing with terms...Asking **\$1.9 Million**



and walking distance of the historic Rhinebeck Village is this lightly wooded 2.70 ages flag lot that abuts 100 plus ages



The first floor of this 4400 sqft building is home to finished office space and is current leased. 2 stair cases lead to the 2200 sqft unfinished 2nd floor that currently has 2 roughed in baths, vaulted ceiling and could be finished into 2 apartments...Asking **\$439,000**



Located just minutes from the Pine Plains Village and Millbrook. This 2002, 3,000 SF cape offers radiant heated floors, 3 large bed rooms, 2.5 baths, family room, office, 3 season porch, bonus room with pellet stove, heated attached 2 car garage. 12.82 acres and a 30 X 40 workshop with 12' high garage doors and radiant heated floor. Asking **\$784,000.**

1.5 MILES FROM RHINEBECK VILLAGE, this 3 BR, 2 bath Cape is privately sited on 1.56 acres, has wonderful gardens, & a stone waterfall w/rushing water into a large pond, very special & beautiful. Inside is an EIK, first floor BR & bath, an open DR & LR, plus a heated den w/3 exposures. Upstairs are 2 BRs & a redone bath. There's a FR, garage, carport, & a 1300 SF wrap around deck. **\$445,000.**



AT THE RED HOOK GOLF COURSE, 18 holes of fun are right outside. This 3 BR, 2.5 bath Townhouse has CA, a large, vaulted primary bedroom suite w/ a sizeable walk-in closet, 2 guest BRs, & a 2nd full bath up, a great K, DR, LR & half bath down. There's a full basement, garage, deck, & the small monthly fee takes care of the outside maintenance summer & winter for easy living. **\$349,900.**

2.79 acre flag lot that abuts 100 plus acres of farmland. This property is located in a flood zone and will require flood insurance. Enjoy piece and tranquility with access to all that Rhinebeck has to offer...**\$99,500**



within walking distance to Schools, Parks and Restaurants is this 1930 single level, 2 bedroom, 1 bath, 1064 sqft ranch on 0.21 acres. This home boasts a den/office and the window and heating system have been updated. wood floors, galley kitchen, full bath with tub and 2 nice sized bedrooms all compliment the property. The house sits far back off the road and is also home to a 1 car detached garage and storage shed....Asking **\$459,000** **Rhinebeck Ranch**



2 bedroom 1 bath Rustic Single Level Ranch with a nice size custom kitchen located just minutes from the Rhinebeck Village. This home boast living room-dinning room combo, wide board pine wood floors, 2 car detached garage with 2nd floor studio...Asking **\$329,000** 20 - Hudson River View - September 2021

Bannerman's Island from page 18

<u>www.bannermancastle.org</u> **On-going through September** 5th, "Sunset on Bannerman's Island" Art Exhibition at the Bannerman Island Gallery, located at 150 Main Street, Beacon, NY. Featuring paintings, pastels, watercolors and photographs of Bannerman's Island, castle and the Hudson River by over 25 artists! All works are for sale. Gallery Hours are Saturdays & Sundays from 12:00 noon-5:00pm and most weekday afternoons and early evenings by chance or appointment calling 845-416-8342. by Friday, September 3 Bannerman Island Movie Night presents preview of the new film

"BANNERMAN".

Over the past 12 years, film producer and director Bayley Silleck visited Bannerman Island to gather material for his new film, BANNERMAN, which chronicles the Bannerman business and amazing BANNERMAN history of ISLAND. A must see event for Island enthusiasts and Hudson Valley history buffs. Visit www. bannermancastle.org for tickets. Saturday, September 4th – Annual Chef's Farm Fresh Dinner on **Bannerman's** Island! The Bannerman Castle Trust and the Chef's Consortium present their Annual "farm to table dinner and fundraiser" on Bannerman's Island. Chefs Noah Sheetz, Rebecca Joyner and five other guest chefs create

CONTEMPORARY & VIEWS

Down a country road, this private, lightfilled residence has panoramic views looking toward Pine Plains. Sited on over 5 acres, this home offers a main level open floor plan with large kitchen, vaulted great room with fireplace, enclosed porch and primary BR. Second floor has 2 BRs, BA and office. Min. to Rhinebeck, Red Hook and Bard. \$695,000.





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This is a fantastic opportunity to enjoy the island's peak summer garden bloom and witness the amazing restoration progress being made on the island. Event includes: cruise, dinner, island tour, live music and fine art sale. Music provided by guitarist Tony Depaolo and the Storm King Duo. Boat departs from the Beacon Institute Ferry dock across from the Beacon Train Station at 2 Red Flynn Drive. Visit www. bannermancastle.org for tickets. Friday, September 10 -**Bannerman Island Movie** Night - KING KONG, 1933 - Released in 1933, "King Kong" was the first of the animal monster movies, and is considered to be one of the 50 most influential films of all time. The film features cutting-edge innovation in script, photography, special effects, musical score, sound effects and sound recording. Directed and produced by Merian C. Cooper and Ernest B. Schoedsack. The screenplay, by James Ashmore Creelman and Ruth Rose, was developed from an idea conceived by Cooper and Edgar Wallace. Music by Max Steiner. Visit www. bannermancastle.org for tickets. Sunday, September 19th -Harpist and Singer Thistle - Beautiful and ethereal music by acclaimed composer, singer and harpist, Thistle. Part of the Third Sunday Concert Series (Sponsored by Mark Adams Greenhouses of Adams Fair Acre Farms). \$40 Adult, \$35 children – Includes cruise to Bannerman's Island, tour and concert for island visitors between 11:30 – 2:30pm. For tickets visit www.bannermancastle.org

a delectable five-course meal.

WALKWAY OVER THE HUDSON STATE **HISTORIC PARK //** 845.834.2867 Walkway Talk: Rowing &

Regattas on the Hudson River

Sunday, September 12 6:30 pm - 7:30 pm

Join Bill Davies and Josh Stratton for an interesting and informative look at the history of rowing and regattas on the Hudson River. This event can be accessed from the comfort of your own home online via Zoom at the following https://bit.ly/3dfKWen. link: Zoom is free to download, and the lecture is complimentary to attend. This lecture is funded in part by the Hudson River Valley National Heritage Area. Walkway At Night Friday, September 17 7:00 pm – 8:30 pm The Friends of the Walkway nonprofit organization is pleased to once again offer the opportunity to enjoy amazing Hudson Valley views after dark from 212 feet above the Hudson River at Walkway at Night. With the moon hanging high in the sky and the Mid-Hudson Bridge twinkling in the distance, there is truly nothing like a moonlit evening on the World's Longest Elevated Pedestrian Bridge. This event

takes place from 7-8:30 p.m. Everyone, including children, must reserve a ticket for entry walkway.org/ at walkwayatnight and check in at the appropriate gate upon arrival.

"Inspired in Defiance" **Art Exhibition**

August 31 - September 17

Thank you to the RHPL and the sixth-grade students of Mrs. Jeffress, project director & Mrs. Fraleigh for sharing this exhibit. Linden Avenue Middle School sixth graders learned the history of slavery in the Hudson Valley by connecting with individuals. Based on articles from Susan Stessin-Cohn and Audrey Hurlburt-Biagini's book In Defiance: Runaways from Slavery in New York's Hudson Valley, 1735-1831, students painted portraits and wrote poetry. We will be displaying these in Morton Hall and will have tools available for others to make their own yakamashii!

Zonta Club of the **Upper Hudson Valley** Announces the Raffle Winner

At Chatham's Summerfest, Lenore Gensburg (left) of Old Chatham was the winner of the Zonta Club of the Upper Hudson Valley's "Tanglewood Basket". Patricia Corbett presented the basket which contained \$600 of goodies to enjoy a lawn concert at Tanglewood. Zonta always welcomes new members to support its mission to empower women worldwide. Contact Celeste Alexander emonte303@aol.com at to about membership. inquire





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Amazing Lakefront Views

Relax on your enclosed porch or in your living room sipping your morning coffee or tea and enjoy spectacular views of the lake. This two bedroom house with renovated interior, central air, a fireplace and the possibility to expand is an ideal place to unwind while fishing, swimming and kayaking. Comes with an extra lot with a two car garage. . Elizaville \$450,000

and restaurants, boasting plenty of period charm, built-ins and gleaming Hardwood floors! So many of the rooms can be arranged differently to fit your specific lifestyle; they include a Living room Casual Dining area or 2nd parlor * Kitchen * Large Formal Dining room with Fireplace * Family room with Skylight * 3 Bedrooms * 1.5 Baths * Deck with awning that overlooks the fenced portion of the grounds * Detached Garage and so much more! Move in, Excellent condition, a true pleasure! \$379,900



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