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Vol. VIII Number 7 - Serving Northern Dutchess & Southern Columbia County September 2023

Dr. Cindy Hoffman Expands Hyde Park Office Hours State of the art Dermatology including CoolSculpting and Microneedling

By Lisa Dudley

Dr. Cindy Hoffman, D.O., FAOCD, is a highly respected doctor of Dermatology who is expanding her Hyde Park office, located at 4 Crumwold Place, just across the road from Emergency One in Hyde Park to include Monday, Tuesday, and Thursdays - to better handle the overflow of referrals and repeat patients to her practice.

In case you were unaware, it's very important to include a yearly visit to a dermatologist for an annual skin cancer screening as well as to check on any moles that have grown or changed in color and to get a head start on facial rejuvenation and hair loss.

Dr. Hoffman and her Physician's Assistant, Nadine Bedrosium, PA-C who has over 15 years of experience assisting in various



Dr. Cindy Hoffman, D.O., FAOCD

surgical subspecialties, both consult on many skin conditions including rashes, poison ivy, acne, psoriasis, warts, Botox fillers and wrinkles. They also do surgical procedures, cosmetics procedures, facial rejuvenation, and laser for psoriasis and hair loss.

Dr. Hoffman's dermatology practice specializes in diseases of the skin, hair, and nails, in all age groups but, she says, "Kids are a big part of my practice." Dr. Hoffman believes in early and preventative skin care because, "a healthy body begins with

Continued on page 7

Sage City Symphony Seeks Musicians

Sage City Symphony is seeking musicians interested in playing for the 2023-24 season, which runs from September through May. No audition is required, but musicians should be able to play works of moderate difficulty. Commitment to all concerts throughout the entire season is not required; however, it is expected that players will participate in all rehearsals scheduled for each concert in which they intend to participate. Rehearsals for the first concert on Sunday, November 12, begin on Sunday, September 17.

Rehearsals are held in Greenwall Auditorium in the VAPA Building at Bennington College on Sunday afternoons 2:45-5:30 PM, with occasional changes to accommodate Bennington College events. Performances are on Sundays at 4 PM, following a 2 PM warmup, and there is an additional dress rehearsal the day before (on a Saturday).

After the Fall Concert in November, the symphony is off between Thanksgiving and the New Year and then starts up again in January for a Winter chamber orchestra program in February, followed by a Youth Concert in March, and then a final Spring Concert in May.

The program for the November 12 concert includes Symphony No. 5 by Mendelssohn ("The Reformation"), the premiere of Concerto for Contrabassoon by Shawn, two premieres by Bennington College students, and Pavane pour une Infante Defunté by Ravel.

As a community orchestra, Sage City Symphony welcomes new players of all ages—particularly violinists, violists, and cellists—who share a love for the orchestral repertoire. Sage City usually has 45 to 55 players from nearby Bennington and Shaftsbury as well as northern Berkshire County in Massachusetts and the Albany area in New York State and beyond.

Further information about Sage City Symphony is available at <https://sagecitysymphony.org>. Any questions may be directed to Symphony Manager Gail Smith via email to gailadgc@sover.net or phone at (802) 733-3382. About Music Director Michael Finckel

Having served as principal cellist during Sage City Symphony's early years in the 1970s, and later as a commissioned composer and cello soloist, music director Michael Finckel continues the unique traditions and musical standards of the orchestra's cofounder, Louis Calabro. 2023 marked Finckel's 30th year as music director of the orchestra.

A native of Bennington,
Continued on page 4

'BIG POLAROID'S' ART EXHIBIT BY FRANC PALAIA TO OPEN AT CO ON SEPT. 8

CO is pleased to announce the opening of "Big Polaroids," an exhibit by noted artist Franc Palaia, from 6-8 p.m. on Friday, Sept. 8. The show will run through Oct. 31.

"Big Polaroids" is a solo exhibition of large-scale color photographs based on Palaia's award-winning hand-colored SX-70 Polaroids. Palaia is the recipient of two Polaroid Sponsorships for his original technique of hand coloring SX-70 Polaroids with oil-based crayons. He is a painter and photographer who treats his photographs like paintings. The original Polaroids are only 3 inches by 3 inches in size, but after Palaia's hand colors the photographs, they resemble miniature oil paintings. His process continues by scanning the small Polaroids and enlarging them to 3 feet by 3 feet. The final results are large vibrant and colorful images with the appearance of blended oil



Franc Palaia

paintings with simulated brush strokes and textured pigments.

Palaia said he came up with the technique more or less by accident. "I came up with the hand coloring idea because I took some Polaroid photos but the colors were off and kind of dull, and because the film was expensive, I didn't want to waste the film, so I tried to salvage the photos by coloring them to enhance the colors," Palaia said. "I noticed that it was fun coloring

Continued on page 2

NELLIE BLY AROUND THE WORLD

A Tour of her Extraordinary
Trip Around the World
Presented with a 19th-Century
Magic Lantern

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Saturday, September 9, 7:00
PM

From the beautiful portico of Staatsburgh's mansion, on a late summer evening, enjoy a world-wind tour around the globe, tracing the record-setting and extraordinary trip of Nellie Bly in 1899. Presented on a 19th-century magic lantern, with original glass slides, see images of the many exotic locations Nellie visited, alone, in a period when unmarried women rarely ventured anywhere without an escort. Refreshments and Nellie Bly trivia with prizes included in the ticket price; perfect for ages 14 and up!

The program starts at 7pm



Middle East Street Scene

on Saturday, September 9. Tickets are \$5/person, or \$12 for a family of 3+ Ages 13 and under free. Purchase tickets at <https://NellieBly72.Eventbrite.com> This program is presented by The Friends of Mills at Staatsburgh with support from The Pomeroy Fund for History.

A smalltown girl with little education, but possessing blazing ambition and talent, Nellie Bly rose from obscurity to worldwide fame by the age of 23. Following her groundbreaking muckraking journalism, exposing the horrors of a mental asylum by going undercover as an inmate, Bly continued to harness the power of sensational journalism by embarking on a journey around the world, setting out to beat the fictional record of Jules Verne's novel, *Around the World in 80 Days*.

Presented with original 19th-century glass magic lantern slides capturing views of New York, London, Port Said, Aden, Colombo, Hong Kong, Yokohama, San Francisco, Chicago,

Continued on page 3

DRACULA, the original Broadway version, returns to the Widow Jane Mine in Rosendale.

Theatre on the Road, a traveling company based in Rosendale, New York, will produce and stage Dracula at the Widow Jane Mine in Rosendale on Thursday, September 28th and Friday, September 29th at 7:00 pm and on Saturday, September 30th at 3 pm. Written by Hamilton Deane and John L. Balderston, has been described by Newsweek as "as evening of high class fun".

From the Bram Stoker novel, this is the original Broadway production that premiered in 1927 and was revised in 1997 starring Frank Langella. In September 2022 Theatre on the Road brought this production to the Widow Jane Mine and it sold out all three performances.

Director Frank Marquette describes the play as follows: "Lucy, whose father is in charge of an English asylum, has been attacked by a mysterious illness. Dr. Van Helsing believes Lucy is the victim of a vampire — a certain Count Dracula. Renfield, an inmate, suffers from delusions and is under the spell of the Count. Will he be found and finally laid to rest?"

Frank also offers, "I can't think of a better marriage of play and location. Who wouldn't like to experience Dracula live? I'm setting this in the 1920s with period costumes and making



David Smilo as Dracula

full use of the spooky wonders of the Widow Jane Mine."

The cast features a roster of accomplished actors all of whom live and work in the Hudson Valley area of New York. They include David Smilo as Dracula, Michelle Kafel as Van Helsing, Joe Maxwell as Jonathan Harker, Dan Anderson as Dr. Seward, David Britton as Renfield, Heather Roland-Bianco as Lucy, Ellen Pavloff as Miss Wells and Frank Marquette as Butterworth. Sue Regan will stage manage. Kristen Marquette, Theatre on the Road's co-owner, will provide costumes and styling.

Continued on page 4

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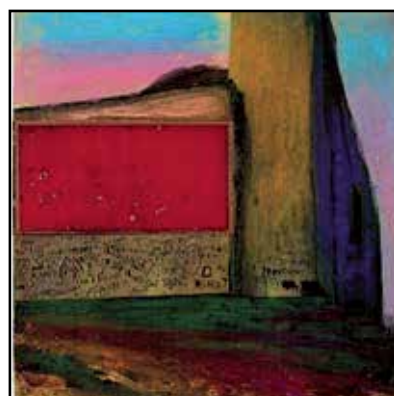
September's name is really quite inaccurate these days. It was originally the seventh month of the ancient Roman calendar, and as such is was named Septem, which translates into "the seventh month". It wasn't until 451 BC that the months of January and February were added to the calendar, making September the ninth month. September also used to only

have 29 days. Thanks to Julius Caesar's reform of the Roman calendar in 46 BC the month now has an additional day! The Romans would quite often associate different months with different gods. The month of September is associated with Vulcan, the Roman god of fire, quite possibly because it was a fiery hot month back when it was the seventh month of the year. Back in the days of the Anglo-Saxons September used to be called Gerst Monath, which translates into "barley month". It was given this name because it was the time of year that the barley crop was harvested, and it was a special time as they brewed a popular drink out of it. September 1, 1939, was a dark day for the world. It was on this day that Hitler invaded Poland, consequentially beginning World War II. September 11, 2001, changed the shape of the world forever. It was on this fateful day that the worst terrorist attack on US soil happened when four commercial airliners were hijacked. Two of the planes were flown straight into the Twin Towers of the World Trade Center, and another was crashed into the Pentagon. The fourth plane crash-landed into a field in Pennsylvania after the passengers of the flight attempted to regain control of the plane from the terrorists.

"Big Polaroids" from page 1

them because it was like painting tiny little oil paintings, and I could blend the oil crayons and the colors were brilliant. So, this started a new series which I kept doing for almost 30 years. I ended up getting two grants from Polaroid for this technique. So, it was kind of an accident and my frugal thinking." Community Manger Claudia Cooley said she was glad to

Palaia's photographic imagery in this show includes Roman and Greek antiquities, urban walls, unusual exotic architecture and by using expired Polaroid film achieves



strange coloration and ghostly, unpredictable compositions. Palaia is an accomplished multi-disciplinary artist with more than 45 solo shows and 350 group shows nationally and internationally. He is also a recipient of more than 20 grants, fellowships and residencies which include the prestigious Rome Prize, and L.C. Tiffany grants, several New Jersey and New York State grants, two NYFA grants and a Puffin grant, to name a few. Palaia has exhibited at the Metropolitan Museum of Art, the L.A. MoCA, O.K. Harris gallery,
Continued on page 3

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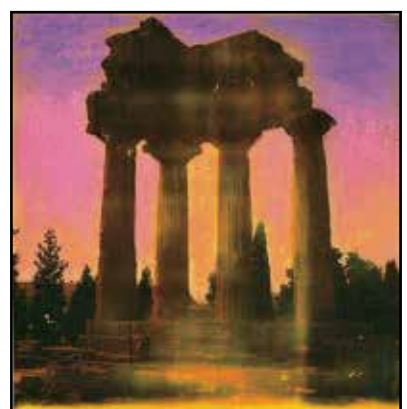
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have CO host another art show. "We are so thrilled to have Franc's work at CO, and excited to have people come see the opening," she said. "It's been a pleasure having so many great local artists displaying their work at our venue."

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"Big Polaroids" from page 2

the Saatchi Museum, London, the High Museum, Newark Museum, Dorsky Museum, Vassar College, Salvador Dali Museum, in Spain, American Academy in Rome, PS 1, and the New Museum among others. His works have been reviewed in the New York Times, Chronogram, Hudson Valley Magazine, and the Village Voice, to name a few. In October, Palaia will participate in an international mural festival in London where he will paint a mural in the London Metro and lecture on N.Y. Street art.

About CO
CO, located at 6571 Spring Brook Ave. (Route 9) across from the Dutchess County Fairgrounds in Rhinebeck, opened in 2018 after a two-year re-design and renovation led by local architect Frank Mazzarella.

Since its inception, CO has co-hosted numerous innovation sessions and community-related events, ranging from professional meetings, workshops and training, to parties, mixers and nonprofit galas. Local businesses and organizations that have utilized the space include Corcoran Real Estate, Data Stories, Hudson Community Incubator, Hudson Valley Women in Business, Rhinebeck Area Chamber of Commerce, Rhinebeck Rotary Club, Stockade Works and Winnakee Land Trust. A locally-owned center for entrepreneurship, CO's members run the gamut from entrepreneurs, to startups and freelancers. CO is open to the public Monday through Friday from 9 a.m. to 5 p.m. Return visitors are invited to become CO365 members to gain access to all CO's community events. To learn

more, contact **Community Manager Claudia Cooley** at Hello@coworkwith.co

Nellie Bly from page 1

railroads, steamships, etcetera, Nellie Bly's dramatic account of her race to beat the 80-day record contains many picturesque descriptions of a bygone world, documenting one of the most extraordinary feats of the time by a woman who broke one barrier and expectation after another.

Nellie Bly Around the World in 72 Days is presented with an 1890s stereopticon magic lantern projector, manufactured by McIntosh Co. of Chicago. Live sound effects and incidental music accompany this illustrated talk.

Magic lantern performers Dawn Elliott and Joel Schlemowitz are

each well-established in the fields of museum interpretation and filmmaking. Their magic lantern presentations have received awards from the Victorian Society NY and the Magic Lantern Society UK. For more info on their work, see: <https://www.magiclanternexhibition.com/about>

Staatsburgh was the autumn home of Ruth Livingston Mills, a prominent figure in New York society, and of her husband, industrialist and philanthropist Ogden Mills. When the mansion was redesigned in 1895 by famous

Continued on page 4



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Nellie Bly from page 3

architect Stanford White, Mrs. Mills hosted parties for the elite of Gilded Age society in this lavish setting. The lives of those whose labor made this opulent setting possible – the servants, the staff, and the laborers – are highlighted through programs and exhibitions alongside the lives of the Mills family and their social peers. To see all of Staatsburghs tours and programs, and reserve a timed entry, visit: www.Bookeo.com/StaatsburghSHS Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic



Oceansteamer

Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at Parks.NY.gov, [Facebook](https://www.facebook.com/staatsburgh), and [Blogger](https://www.blogger.com/blog-posts/staatsburgh-events). Staatsburgh's Events are listed at Parks.NY.gov/Events. New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual parks, historic

sites, recreational trails, and boat launches, which were visited by a record 79.5 million people in 2022. For more information on any of these recreation areas, call 518-474-0456 or visit parks.ny.gov, connect on [Facebook](https://www.facebook.com/staatsburgh), or follow us on [Twitter](https://twitter.com/staatsburgh).

DRACULA from page 1

General admission tickets are \$22 and \$16 for Century House members and can be purchased by visiting www.centuryhouse.org. For information call 845-658-9900 or 845-475-7973.

Theatre on the Road is the creation of actor, writer and director Frank Marquette and wife and producing partner, Kristen. Producing plays for educational, charitable and private events since 1998, they offer original scripts, professional actors, period styling and handmade costumes. Original productions include, *Poe's Last Mystery*, *Voices from the Past*, *Whiskey Women*, *A Taste of Shakespeare* and seasonal "living history" tours in Kingston, Hurley and Rhinebeck.

Sage City Symphony from page 1

Vermont, Finckel's formative studies were with his parents, both prominent musicians well known throughout the state. He later attended Oberlin College Conservatory of Music and Bennington College, where he studied composition, conducting, and orchestration with Louis Calabro and Henry Brant. He has taught cello and composition at Bennington and Marymount Colleges, and at Princeton and Cornell Universities. As a member of the faculty of the Vermont Governor's Institute on the Arts, he taught gifted junior and senior high school students from around the state. Currently

living in New York City, Finckel is engaged in an active multiple career as soloist, chamber musician, composer, teacher, and conductor. As a cellist he has performed with orchestral and chamber ensembles in venues from coast to coast and across Europe. He performs and coaches each summer at the Composers Conference and Chamber Music Center in Wellesley, Massachusetts, and the Chamber Music Conference and Composers Forum of the East at Bennington College. About Sage City Symphony Cofounded in 1972 by composer

Louis Calabro and Christine Graham as a community and college orchestra with close ties to Bennington College, Sage City symphony gave its first concert in 1973. At the time, it was one of only a handful of orchestras in the country to commission and premiere new works. Today the symphony performs the traditional classical repertoire as well as contemporary music, commissioning and premiering new pieces each season, with the mission of presenting programs that are beyond the usual ambition of community orchestras and

Continued on page 5

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Germantown Gulf Station	Dad's Copake Diner	Claverack Post Office	ShopRite	Salvation Army
Bank of Green County - Germantown	Sweet Peas	Cobble Pond Farms Route 9H & 66	66 Food Mart	A Cut Beyond
Blue Stores Xtra-Mart	Hillsdale 4 Brother's Pizza	Hudson Subway Mobil Station	66 Fine Wine & Spirits	Morabito's
Livingston Post Office	Hillsdale Cobble Pond Farms	Wash & Dry Fairview Ave	Mountain View Animal Hospital	Restore
Bell's Pond Xtra-Mart	Hillsdale IGA	Plaza Diner	Trustco Bank - Hudson	All Town Fresh
West Taghkanic Citgo	Craryville Ameri-Stop	Bank of Greene County - Hudson	The Antique Warehouse	Craryville Gulf Station
Church Street Deli Copake	Craryville Xtra-Mart	Fairview Wine & Spirits	Speedway Gas Station	

God's Corner

THE FIELDS ARE WHITE UNTO HARVEST!

The Lord Jesus Christ said, "Say not ye, There are yet four months, and then cometh harvest? Behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest" (John 4:35). Jesus is telling his Disciples that the Harvest is ready now! The time is now to go into the harvest and to be used of the Lord to bring souls to a saving knowledge of salvation in the Lord Jesus Christ. I grew up on the Wilber Farm on the Peak Road in Stone Ridge. As a young child I knew when it was time to gather in the harvest. It was not to be put off for another time.

The Lord Jesus Christ is coming back some day. We can't set a date for His Return, but it is getting closer every day. As Christians we need to be involved in spreading the Word. The last command Jesus gave before he ascended back to Heaven was to be His Witnesses (Acts 1:8). The Lord gave the Great Commission to His Disciples which was to go into all the world and preach the Gospel (Matthew 28:18-20). Believers today are included to be involved in the Great Commission! We need to spread the Word of God by our mouth and by the way we live. We are called to Minister in the Rhinebeck and Red Hook Area, in Dutchess County, in Ulster County, in Columbia County and beyond. There is a great need for Believers to go into the harvest to proclaim the truth of the Gospel of the Lord Jesus Christ in these critical days in which we live! The fields are white unto harvest!

The Lord Jesus Christ saw the multitudes and He was moved with compassion on them, because they fainted, and were scattered abroad, as sheep having no shepherd. He said to His Disciples, "The harvest truly is plenteous, but the labourers are few; Pray ye therefore the Lord of the harvest, that he will send forth labourers into the harvest" (Matthew 9:37,38).

Believers are Ambassadors for Christ and are given the Commission, "Now then ye are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God" (2 Corinthians 5:20). The Lord has entrusted Believers with the Gospel. The Gospel is the power of God unto salvation (Romans

1:16). We are to share the Lord Jesus Christ with whosoever we come into contact with. People need the Lord! The fields are white unto harvest. The time of the harvest is now. The Lord Jesus Christ is coming back and Believers need to be about the Father's business. The Lord has given Believers the Holy Spirit to lead and guide them in the work He has called them to do. He will enable Believers to share the truth of God's Word to others!

At GBFC we firmly believe that Believers need to be built up in Christ and equipped to share the Good News of the Lord Jesus Christ with others. Salvation is in Christ, and in Christ alone. "Neither is there salvation in any other for there is none other name under heaven given among men, whereby we must be saved" (Acts 4:12).

If you would like to know what it means to be a Christian and a Follower of the Lord Jesus Christ, please contact us or if you would like to know more about the Ministries at GBFC, contact us by Email at fdcirone@aol.com or by Phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 mile north on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

Speak Life

By Naomi Fata

Last month I wrote about choosing life. Both eternal life and the life that you presently have.

In her book, *The Battlefield of the Mind*, Joyce Meyers relates her own story, that one of the greatest revelations of life, was realizing that she could choose her thoughts and her words. We don't have to accept every thought that comes into our heads.

When I learned this principle, nearly two decades ago, it was a game changer for me. I had always had a wondering mind, filled with fears of the future. Having lost my (biological) father at a young age, faced a multitude of moves, financial insecurity and more, fear was deeply engrained in me.

But when I read the pages of the Bible that promised God had a good plan for me, I wanted to choose life! Reminded of the passage from John 10 when Jesus said, "My purpose is to give them [you] a rich and satisfying life. (John 10:10, NLT) I desperately wanted to know what LIFE was.

As I began to study more about the connection between our

words, actions, and life. I realized that choosing life with our words and thoughts wasn't about the philosophy of speaking positive things into the air, or just saying, "everything will be fine." Instead choosing life meant wrestling with the words of the Bible that gave the promise of life. For example, Jeremiah 29:11, when God promises that He has plans to prosper us and not to harm us. Romans 8:28, when God promises to work all things for good.

I had real questions. Life as an adolescent was anything but good. And then there was the age-old question of why bad things happen to good people, like the man Job in the Bible who lost all his wealth and whose children died, yet by the end of his life God restored his wealth and beyond, additionally blessing him with more children.

Let's be honest - choosing life giving thoughts and words when we don't see it, when our own life feels like a mess is not an easy task. Our natural response is to say what we see and feel in our present situation. When there are circumstances in our life that don't seem like they fit into God's good plan for us, it doesn't mean that we expect them as good, but it also doesn't mean that we should be speaking out negative statements.

Rather than verbalizing, "My life is just one series of disasters after another," there are more constructive ways of speaking life by saying, "Right now I'm going through a challenging season, but I believe God is going to bring me through and work it for good." Not only does this turn our focus back to God, but this gives our brains permission to hope and have expectation of a positive outcome as well.

Choose words that expect LIFE, that give you the expectation that your story is not over, God is still doing a work. Don't lose hope, don't give up.

Naomi Fata is the Author of *Beyond Head Knowledge: Knowing Christ who Satisfies our Hearts*.

**ARE YOU READY?
JESUS IS COMING!**

Grace Bible Fellowship Church

Located at the intersection of Rte 9 & Rte 9G, Rhinebeck, NY (1/4 mile north on Route 9 in the town of Rhinebeck)
845-876-2122

Sunday Services
10:45 am and 6:00 pm

Sunday School 9:30 am
Prayer Meeting Wednesdays 7:00 pm
Children and Teen Ministry will begin Friday, Sept 8 at 6:00 pm
The Fall Term of Grace Bible Institute will offer the Course Church History. The Fall Term begins Monday, Sept 11 at 7:00 pm. For more information or if you are interested in attending GBI, please contact us.
A Women's Bible Study, Developing a Servant's Heart, will also be offered starting Monday, Sept 11 at 7:00 pm.
All Are Welcome

For information about Grace Bible Fellowship Church, please call (845) 876-6923 or (845) 876-2122 or email us: fdcirone@aol.com

Sage City Symphony from page 4

that offer a challenging playing opportunity to local musicians. The symphony attracts a high caliber of dedicated amateur and professional players who travel from throughout Vermont, New York, and Massachusetts for weekly rehearsals during the concert season. Auditions are not required, and academic credit is available for Bennington College students who participate. Information about joining the symphony, as well as Covid protocols observed at rehearsals and concerts, is available at www.SageCitySymphony.org. Sage City Symphony is a registered federal non-profit organization in the State of Vermont that relies entirely on generous donations, gifts in kind, grants, and volunteer services from individuals, local foundations, businesses, and sponsors. Donations are gratefully received by mail at Sage City Symphony, PO Box 547, Shaftsbury, VT 05262 or online via www.SageCitySymphony.org. Concerts are always free and open to all.

"Japanese Embroidery Traditions and Transitions"

September 6, Freedom Plains United Presbyterian Church, 1168 Rte. 55, Lagrangeville, NY - Skyllkill, a local chapter of the Embroiderer's Guild of America, presents Pamela Reading from Raleigh, NC, an embroiderer, teacher of needlework and a researcher with a special focus on the art of Japanese embroidery. Pamela will join this meeting via Zoom to speak on how traditional silk embroidery started over 1,000 years ago and is still relevant in the modern era. What has changed and what remains? This program begins at 12:30 p.m. Join other needleworkers for fun and learning beginning at 10 a.m. (bring your own morning project and bag lunch) or, come for this program only beginning at 12:30. For more information visit www.facebook.com/SkyllkillEGA or email to EGASkyllkill@gmail.com.

AUGUST GARDEN OF THE MONTH CULTIVATES TRADITION

By Linda Glowienka
Each summer month, the Old

Dutch Village Garden Club highlights outstanding gardens in Red Hook. The club, which meets the second Thursday of the month (except August) at St Johns Reformed Church in Upper Red Hook encourages and informs home gardeners and works to support natural beauty in the community. Each summer month, we feature outstanding Gardens of the Month. Take a drive by the August Garden of the Month on Echo Valley Road in Red Hook. It's a lovely inspiration to all home gardeners. Twenty-seven years ago, when Lisa and Bill Murray's house at 24 Echo Valley Road was built, the only 'garden' was a row of dahlias at the front porch. Today the 2+ acres abound in numerous gardens. The front garden stretches the width of the house, with a large Japanese maple and oak leaf hydrangeas at one end and a tall ornamental fruit tree at the other. There is a curving fieldstone walkway that includes several images (one is a guitar) created by the owner who formed them from smaller pieces of fieldstone.



Butterfly Seat August GOTM

The walk itself is framed with decorative lighting on both sides. The garden is enclosed with low fieldstone walls, which now have ample stoncrop hanging over. The beds consist of a patchwork of plants (tall daisies, spiderwort, ground-hugging shrubs, sedum, irises and black-eyed susans), making for a



Focal Point August GOTM

delightful visual palette. In the Spring, this garden is abundant with tulips, daffodils and other colorful seasonal flowers. On the front lawn, not far from

Continued on page 6

Lutheran Parish of Northern Dutchess

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Memorial Lutheran - 8:30 am
1232 Rte. 308, Rhinebeck

Third Lutheran - 9:45 am
31 Livingston, Rhinebeck

St. Paul's Lutheran - 11:00 am
7412 So. Broadway, Red Hook

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Parish Office: 845-876-4471

Visit us on our Facebook page or www.lutheranparishnortherndutchess.org

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Sunday Morning Service 10:30am
Wednesday Night Prayer Service 7:00pm
Youth Nights on Fridays at 6:30pm

August Garden of the Month from page 5

the large porch, is a 20-foot diameter circular garden of day lilies and variegated ivy. In its center sits a large blue ceramic pot with creeping jenny and pink begonias. Nearby is a whimsical wrought iron bench

garden surrounded by a hand-crafted cedar fence guarded by a tall wrought iron gate. The family designed and maintains the gardens themselves ... all without an underground sprinkler system! Congratulations to these dedicated gardeners who have created a beautiful



August Garden of the Month 2023

in the shape of a butterfly. In the back of the house, burgundy rhododendrons and multi-colored peonies line the beds. Additionally, there is a large flower and vegetable

spot we all can admire. For more information on Old Dutch Village Garden Club programs, follow us on Facebook <https://www.facebook.com/ODVGC/>

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www.hvfa.com

September Events at Clinton Community Library

Back to school and back to the library! Fall programming begins in September, make sure to sign up and stop by! For more specific information about any library programs, or to register, please call (845) 495-0655 or email larnold@clintoncommunitylibrary.org

Ongoing Programs:

Qi Gong with Vince (online)
Mon. 09/04, Mon. 09/11,
Mon. 09/18, Mon. 09/25 at
9:30 AM

Wed. 09/05, Wed. 09/12, Wed.
09/19, Wed. 09/26 at 9:30 AM
Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension.

Story time on the Dot (in-person)

Tue. 09/05, Tue. 09/12,
Tue. 09/19, Tue. 09/26 at
10:30 AM

Join us every Tuesday at 10:30 for Story time! Listen to fun stories, sing songs, and have fun, all centered around a different theme every week.

Mah Jongg (in-person)
(Optimistic Aging)

Tue. 09/05, Tue. 09/12,
Tue. 09/19, Tue. 09/26 at
2:00-4:00 PM

If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll

want to give Mah Jongg a try! Players of all levels welcome
All Level Yoga (in person & online)

There will be no All Level Yoga in September

Chair Yoga, (in-person or online)

(Optimistic Aging)

Fri. 09/01, Fri. 09/08, Fri.
09/15, Fri. 09/22, Fri. 09/29
at 11:00 AM

Join Samantha Free on zoom for Chair Yoga for ALL. Learn the basics of breath, meditation, and movement. This class will help you stretch and strengthen. Registration required so that you can get the link. Please register online or call the library at (845)-495-0655.

Zumba, (in-person)

Sat. 09/02, Sat. 09/09, Sat.
09/16, Sat. 09/23 at 9:00 AM

Join Ginny Morrow for a fun fitness routine every Saturday at 9 AM. Pre-registration is not required. You may sign in

at the door.

Free Tech Help (in-person)
Sat. 09/02, Sat. 09/09, Sat.
09/16, Sat. 09/23, Fri. 09/30
9:00 AM- 1:00 PM

Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime on Saturdays between 9AM-1PM or call the library at (845)-495-0655 to book an appointment.

Book Club Meetings:

Tea Time Book Club (in-person) *September Selection: The White Lady* by Jaqueline Winspear

Thurs. September 14 at 2:00 PM

Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.

Global Literature Book Club (in person) September Selection: *Trick* by Domenico Starnone

Continued on page 8

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<http://www.craigaundermatology.com>

Dr Hoffman from page 1
 healthy skin." She also believes healthy skin is "important in maintaining self-confidence and good mental health."
 Most people don't realize how important skin is to optimum health. "The skin is considered to be the largest organ in our body and makes up about 16 percent of our overall body mass."
 The function of skin is to protect the body from environmental stressors like germs, pollution, radiation from the sun, and more. It regulates body temperature, receives sensory information (from touch or air), stores water, covers fat and muscle and absorbs vitamin D. (Wikipedia)
 "It's very important to protect your skin from sunburn," she insists. "Even though summer officially ends on September 23rd, Autumn is still sunburn season because the weather can be cooler and we are less likely to pay attention to the possibility of sunburn."
 Gone are the days of just putting baby oil on our skin to get a quick tan. Dermatologists agree that using baby oil for tanning is unsafe because it attracts and absorbs UV rays, and it offers no sun protection. "A bad sunburn can damage the skin and potentially lead to skin cancer

with cumulative exposure." This is why Dr. Hoffman is passionate about protecting children and teenagers. "They often feel invincible and are less likely to understand that one in five Americans will develop skin cancer by age 70. Sun exposure can hasten the aging process," she adds.
 Dr. Hoffman's office offers a surgical procedure called Mohs micrographic surgery for patients with skin cancers. The procedure involves the immediate removal and microscopic analysis of skin cancers at the tumor site until all the affected tissue is gone. Since only the cancerous tissue is removed, wound size and the chance of regrowth are minimized. Mohs surgery is ideal for areas on the body that are cosmetically important such as the face and neck. The procedure is most commonly used for basal and squamous types of skin cancers.
 Dr. Hoffman also specializes in state-of-the-art cosmetic procedures and Laser treatments. These include Botox and fillers such as Juvederm, laser hair removal, leg veins and IPL Photorejuvenation, CoolSculpting and Kybella. She also performs Fraxel laser and Clear and Brilliant for wrinkles and brown spots. She employs an

aesthetician who performs peels and microdermabrasion. Dr. Hoffman also uses the Lumenis One laser procedure which encompasses three lasers in one. "Light Sheer laser hair removal is designed to achieve long lasting hair reduction quickly and with minimal discomfort. Patients can also have leg

veins treated with nd:Yag. "Photorejuvenation is performed with our IPL technology. This is used to treat imperfections from sun damage, photo-aging and age spots, facial capillaries and rosacea," she explains.
 Dr. Hoffman's website, DrHoffmanDermatology.com features many informative

blog posts about an array of skin treatments to help achieve skin-care goals including laser hair removal, laser skin treatment, fillers, chemical peels, microdermabrasion, scars, acne, wrinkles, skin cancers, poison ivy, hair infections, moles, rashes, eczema, cysts, psoriasis, rosacea,
Continued on page 10



Dr. Hoffman Dermatology

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ACROSS

- 1) "Beg pardon ..."
- 5) Much, slangily
- 10) It's far from a flattop
- 14) Handed-down history
- 15) Hole-___ (golf coup)
- 16) Common roller-coaster feature
- 17) They include numerators and denominators
- 20) Providing bearings
- 21) Tiny carpenter
- 22) Thing picked up at the beach
- 23) Animated Olive
- 24) Drunk, in slang
- 27) Not us
- 29) Short choral composition
- 32) Tokyo of long ago
- 33) "Much ___ About Nothing"
- 36) Fence for defense
- 38) It includes angles and shapes
- 41) Jon Bon Jovi, for one
- 42) "What ___ the odds?"
- 43) Notable period of history
- 44) Golden Horde member
- 46) D.C. veterans
- 50) Spanish capital
- 52) Clairvoyant's favorite letters?
- 55) Lobster eggs
- 56) Moray, e.g.
- 57) Evolution adherent
- 60) X = 3, X + 2 = 5, and others
- 63) Pavarotti solo
- 64) Tossed with force
- 65) Singing club
- 66) Like much lingerie
- 67) Make fun of
- 68) Half a matched set

MATH IS NOT HARD By Timothy E. Parker

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
17			18					19				
20								21				
22			23					24		25	26	
27		28		29	30	31			32			
		33	34	35		36			37			
	38	39			40							
41							42					
43			44				45		46	47	48	49
50			51				52	53	54		55	
			56			57	58			59		
60	61			62								
63				64						65		
66					67						68	

DOWN

- 1) March family creator
- 2) "Yippee!" alternative
- 3) Ferret's cousin
- 4) Humorous internet image
- 5) Full of dryer fluff
- 6) Photographed or taped
- 7) In a quandary
- 8) It might produce a run
- 9) Former nuclear power agcy.
- 10) Flared dress style
- 11) Shoes, sandals, sneakers, etc.
- 12) Director Howard
- 13) Photo ___ (media events)
- 18) Plastic ___ Band
- 19) More moth-eaten, e.g.
- 24) Historic Alabama city
- 25) Challenge to a canoer
- 26) Bambi's mother, e.g.
- 28) Bit of Halloween attire
- 30) Musical with its own glasses?
- 31) "The ___ of Pooh"
- 34) Concentrate, in a way
- 35) Group of eight
- 37) It's used to take flight?
- 38) When doubled, a Society Island
- 39) Campus VIP
- 40) Gangster's gun in old films
- 41) Sleep phenomenon
- 45) "The Twilight Zone" telecasts, today
- 47) Baltimore's bird
- 48) Body shop convenience
- 49) Has a hunch
- 51) One way to get out of debt
- 53) Metal-shaping tool
- 54) Place for an orchestra
- 57) Take out, to an editor
- 58) Lung opening?
- 59) Approaching, in romantic poetry
- 60) "Do the Right Thing" pizzeria owner
- 61) Common savings vehicle
- 62) Little salamander

SOLUTION ON PAGE 4

September Events at Clinton Community Library from page 6

The Global Literature Book Club discusses novels from around the world, often in translation, selected by members of the club. These works are challenging, but gratifying, and provide insights into a wide variety of nations, cultures, and styles of writing.

Never Been in a Book Group Book Group (in person)

Thurs. September 7 at 1:30 PM

Everything you ever wanted to know about book clubs but were afraid to ask! Now's your chance! This book group is for

anyone who is dipping in for the first time. At our first meet-up, let's talk about what books we are interested in and how the group will run.

SPECIAL PROGRAMS & EVENTS

Monday September 18 at 1:30 PM (in-person)
Crafts & Coffee

Join us for a lovely afternoon of coffee, crafts (and conversation!) For September we will meet ONCE on the Third Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more **Space is limited. Register Online.**

Saturday September 16 at 10:30 AM

Origami Kimono Cards

Learn how to fold miniature kimonos using origami paper with colorful patterns and make them mailable cards. Envelopes that you can decorate and embellish with markers will be provided! Taught by artist Ruby Silvious. **Space is limited. Register Online.**

Thursday September 28 at 12:30 PM

Lunch & Learn: The Immigrant Experience

Hildegard Pleva will present for our September Lunch & Learn and talk about her aunt's immigration experience. Come learn about what many people have personal knowledge of, regardless of race or ethnicity and can relate to the universal themes in this story.

Friday September 22 at 6:00 PM

Ribbon Cutting Ceremony

Join Clinton Community Library to officially unveil our new ADA ramp and entrance. Followed by refreshments in the library and music from The Glass Hours 6:30 PM

Fall Concerts

To extend on the musical fun of Summer, join the library for some music in the Fall. We have some wonderful groups joining the library, check our website for updates and details

Schedule of musicians:

September 22 - The Glass Hours, 6:30 PM

September 23 - The Avila Ensemble, 10:30 AM

About Clinton Community Library

Clinton Community Library was established in 1965. It is located at 1215 Centre Rd. in Rhinebeck, NY, adjacent to the Clinton Town Hall. The library is open Mondays, Tuesdays, and Thursdays from 9AM-5PM, Fridays from 10:30AM-6:30PM, and Saturdays from 9AM-1PM. The Clinton Community is the recipient of the Joseph F. Shubert Award for Library Excellence. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit www.clintoncommunitylibrary.org

Spencertown Academy Presents Fiction Writers Conference

November 9 - 12; Application Deadline September 22

Spencertown Academy Arts Center presents All Write, Columbia, Fiction Writers Conference, which will begin Thursday, November 9 and take place through Sunday, November 12. This four-day intensive writing conference will focus on both the

craft and the business of writing fiction. It will include writing workshops, craft and creativity talks by esteemed guest authors, and a publishing/PR panel.

The conference is open to all levels of fiction writers—from beginners who are just starting to write short stories to more advanced writers working on a novel. Tuition is \$500 with some scholarship funds available for local writers from Columbia County. It is open to writers ages 18 years and up. The deadline to apply is Friday, September 22. For submission guidelines, see www.spencertownacademy.org.

“Our inaugural All Write, Columbia: Nonfiction Writers Conference was a great success last year. We look forward to an equally inspiring and productive time with fiction writers this fall,” says Conference Director Donna Kaz, who will co-facilitate the workshops with authors Pramila Venkateswaran and Melissa Holbrook Pierson at Spencertown Academy. Past faculty has included writers Rahne Alexander, Vanessa Mártir, and Taylor Harris. Participating publishing professionals have included publicist Michelle Blankenship (Blankenship Public Relations), agent Priya Doraswamy (Lotus Lit) and Naye Rundquist (publisher). 2023 faculty will be announced in early September.

The goal of the All Write, Columbia, Fiction Writers Conference is to encourage, challenge, and foster a writers' community that continues beyond the workshops. Participants will develop both their literary skills and creative marketing savvy in this uniquely small, focused conference.

“The All Write, Columbia Conference was a supportive, educational, and creative time spent with engaging writers whose work I hope to see in print soon! The conference gave me motivation to get my project organized and finished,” says Abigail Easley, 2022 alum. “I feel more confident than ever that I can get published, due to the content presented by the speakers and the encouragement from the participants. It was a great experience in a beautiful part of the country.”

This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org

Spencertown Academy Presents Laura Anglade Quartet

Vintage Jazz Concert Friday, September 22

Spencertown Academy presents a jazz concert by the Laura Anglade Quartet on Friday, September 22 at 8:00pm at the Academy's newly christened Blanche Grubin Auditorium. The concert will feature vintage jazz from Broadway, the Great American Songbook, and Tin Pan Alley.

Continued on page 10

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Stuffed Zucchini Boats



Ingredients

- 3 tablespoons extra-virgin olive oil
- 4 zucchinis (about 2 1/2 pounds), halved lengthwise and seeds scooped out
- Kosher salt and freshly ground pepper
- 1 onion, diced
- 2 teaspoons ground cumin
- 1 pound ground turkey
- 3 tablespoons tomato paste
- 1 cup low-sodium chicken broth
- 3 ounces feta cheese, crumbled

Directions

Preheat the oven to 400° F. Drizzle a rimmed baking sheet with 2 tablespoons olive oil. Season the zucchini halves with salt and pepper. Add to the baking sheet and turn to coat with the oil. Arrange the zucchini cut-side down in a single layer. Roast until crisp-tender, about 15 minutes.

Meanwhile, heat the remaining 1 tablespoon olive oil in a large skillet over medium-high heat.

Add the onion and cook until translucent, about 4 minutes. Stir in the cumin and 1/2 teaspoon each salt and pepper; cook 30 seconds.

Add the turkey and cook, breaking it up with a wooden spoon, until browned, about 5 minutes. Stir in the tomato paste and chicken broth until combined.

Cook until the broth is reduced to a thick sauce, 4 to 5 minutes.

Turn the zucchini boats cut-side up and fill with the turkey mixture, packing it in. Sprinkle with the cheese and roast until the zucchini is tender and the cheese is softened, about 10 minutes.

Meanwhile, stir together the yogurt and lemon juice; season with salt and pepper. Drizzle the zucchini boats with the yogurt mixture and top with the dill.

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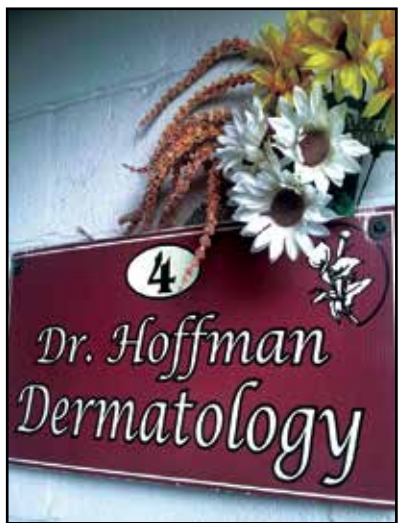


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Dr. Hoffman from page 7
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call 845-229-2990, or visit DrHoffmanDermatology.com or like them on Facebook @CindyHoffmanDermatology. All are welcome.



Spencertown Academy from page 8

along with classic French Chanson. General admission tickets (\$30 public, \$25 Academy members) are available via www.spencertownacademy.org.

"There will come a time when the Spencertown community will look back and say, 'We saw them first.' French-American jazz vocalist Laura Anglade and the Ben Rosenblum Trio are rising fast," says Gerald Seligman, member of the Academy's Music Committee.

Anglade's voice is reminiscent of the great traditional vocal stylists of the 20th century, but is uniquely her own. As she digs emotionally and eloquently into a lyric, her storytelling abilities portray a soul beyond her years. Her albums include "I've Got Just About Everything" (Justin Time Records, 2019) and "Venez Donc Chez Moi" (Justin Time Records, 2022). She leads an active international touring schedule and has performed at such prestigious venues as Olympia (Paris), Royal Festival Hall (London), Town Hall (New York City), the Ace Theatre Hotel (Los Angeles), and the main stage at the Festival International de Jazz de Montreal. She opened for Gregory Porter at the Victoria Jazz Festival (summer 2022), and Melody Gardot (fall 2022), joining her across the east and west coasts of the US and Europe. She is currently based in Toronto.

At Spencertown Academy, Anglade will perform with New York City jazz pianist and accordionist Ben Rosenblum's trio. Rosenblum has toured extensively throughout the United States and internationally in Canada, Europe, and Japan, performing at such venerable venues as the Appel Room at Lincoln Center, Kuumbwa Jazz Center, Ravinia, Himawari-No-Sato Concert Hall in Yokohama, Bird's Eye in Basel, and the Library of Congress. His musical interests also extend beyond jazz to include work in numerous world music scenes, including musical styles from Brazil, Peru, Croatia, Bulgaria, India, Ireland, Jewish traditions and more.

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Upcoming Events
 We have a variety of special events coming up in addition to our wonderful weekend airshows! Take a look at what is happening:
Aug 5-6 Educator's Weekend - Educators receive free admission with School ID
Aug 12-13 First Responders

Weekend - First Responders get free admission with ID. Displays and demos from local first responders on site both days.
Aug 16 - Flights Food & Fun 5-8pm - The Local Jam Band, Biplane Rides and Max's Melts Food Truck
Aug 19-20 Military and Veterans Weekend - Active and Retired Military receive free admission with ID.
Aug 22-27th Come see us at the **Dutchess County Fair!**
Aug 23 Flights Food & Fun 5-8pm - Joe Mondello, Biplane Rides and Black Raven Food Truck
Aug 26-27 Kids Fly Weekend - Special events for kids ages 5-17
Sept 2-3 Women in

Aviation Weekend - Speakers and other features.
Sept 6 - Flights Food & Fun 5-8pm - The McCann Brothers, Biplane Rides and iMorsi Food Truck
Sept 9-10 RC Jamboree Weekend - Fall Fundraising Dinner Event 9/9.
Sept 16-17 American Society of Aviation Artists
October 1 Vert Fest - Convertible Saab Club
Oct 7-8 Fall Festival and Pumpkin Bombing
Oct 14-15 Final Show Weekend



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LEFT ON THEIR OWN, DOGS WILL BE DOGS

Presented by Barbara Sweeney Fassett And Bark Busters Home Dog Training Dutchess County

If you read my articles regularly, there is often a common theme that by now you should recognize: there are differences between dogs and people. It's pretty obvious that this is true. What may not be as apparent is that many of the issues that people call for help in training are "natural" dog behaviors. They are not human behaviors. When the dogs that live with us do these things there is a disconnect between our world and Rover's. But dogs are dogs so these things are natural to them. Let's look at some examples.

Jumping up is an activity that starts with puppies playing with each other. They jump on and wrestle each other to prepare themselves for adult life when they'll have to figure out their place in their pack. Jumping can be an expression of dominance. If Rover jumps on you or a guest, he's not just saying hello, which is what a lot of people think. He's actually saying that the house is his and that he is making the rules or he may be challenging to "play" for leadership.

Barking is a natural behavior. Almost every dog will bark. Dogs bark for a variety of reasons. It is part of their normal communication technique. But when dogs bark inappropriately it can drive us crazy. One thing I find really interesting is that in a pack consisting of only dogs, there is usually very little barking but in the human-canine packs, our families, there is often a lot of barking.

Mouthing and nipping are also behaviors that dogs learn to do as puppies. It's very similar to the jumping. Puppies and dogs are designed with thick loose skin to handle that kind of play. We're made differently however. Pups will usually learn bite inhibition from the reactions of their littermates or from the older dogs. We however, don't react the same way. They don't get the message from us that nipping is inappropriate.

These activities and many others that we're called to help people with are all natural activities from Rover's perspective. They don't understand that there is anything wrong with doing them. They aren't doing them to make us mad, although that is often the result. They are just doing things that are either instinctual or behavior often learned as young puppies.

When we work with

people and their puppies and dogs, we start by helping them understand Rover and how he looks at the world. If you can understand why Rover behaves the way he does, you are then in a better position to deal with his behavior. His world view is different than our's. When you yell at Rover to stop barking, he might be thinking that you are joining him in his attempt to chase away an intruder. When Rover is allowed (or encouraged) to go through the door ahead of you, in your human brain you are thinking that you need to close the door behind you and its easier if Rover goes out first. However, Rover's dog brain tells him that if you are sending him out ahead of you, you have just assigned him the role of being the leader because the leader always leads.

We know Rover is a dog. Rover however, also thinks WE are dogs. We're handicapped dogs to Rover. He's faster, his hearing is about 10 times better; his sense of smell is 100 times better and he's often stronger. We usually prove our disabilities to him over and over.

Once we understand Rover's world we can then modify how we interact in his world. Rover is a dog; he can't consciously just decide to modify how he interacts with us. He can LEARN to modify how he interacts but its learned behavior not his "natural" behavior. Left alone Rover will always act like the dog he is.

Even when his behavior changes, he'll still be a dog. He's never going to be a person. Once everyone understands the rules it's much easier to play the game. Once everyone is playing together instead of being at odds, you know what happens. You communicate effectively and understand each other better. And the results? Happy Dogs = Happy Families

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Continued on page 12

AAHA Accreditation

By:Julianne Porter,DVM
AAHA Accredited. You may have seen this statement on your veterinarian's website, or on a plaque in their waiting room, but you may not be aware of what it means. AAHA is the American Animal Hospital Association, an organization developed to create a Standard in Veterinary Excellence. Hospitals wishing to be accredited must adhere to specific guidelines. It is important to note that animal hospitals are not required to be accredited. It is something the hospital seeks to achieve to better themselves and ensure they are practicing the highest standard of

care. AAHA accreditation shows that your veterinary practice has met or exceeded stringent quality standards that encompass all aspects of veterinary medicine. An AAHA Accredited hospital typically holds themselves to a high standard of care.

AAHA was officially founded in 1933 by seven veterinary professionals in order to raise the bar of veterinary excellence. This was in response to the growing need of quality care for companion animals. After WWI and the 1929 Depression, there was an increase in companion animals. More households included pets, and veterinarians found themselves treating dogs and cats whereas before they had focused mainly on agricultural animals. Since its inception, AAHA is continuously updating to reflect current standards.

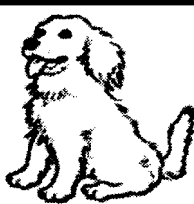
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hospitals are evaluated on 900 standards, including anesthesia, pain management, pharmacy, medical management, record keeping, safety, x-ray techniques, to continuing education. To maintain accreditation status, each animal hospital undergoes a vigorous, comprehensive on-site evaluation every three years.

Currently, there are more than 4,500 animal hospitals accredited in the United States and Canada. That accounts for approximately 15% of all animal hospitals in these countries. The Rhinebeck Animal Hospital is proud to be an AAHA Accredited Hospital since 1979. Earlier this year, we celebrated another passing AAHA evaluation. AAHA Accredited hospitals are considered among the finest in the industry and are consistently at the forefront of advanced veterinary medicine.

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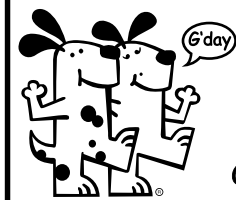


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Barkbusters from page 11

communicate with a dog and tapping into what the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding.

Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County.

As such, she has done business in the mid-Hudson Valley for the past 12+ years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west.

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BRIDGE AUTHORITY AND STATE PARKS ANNOUNCE JOINT "BRIDGES TO PARKS" HIKE EVENT

Sept. 9th Event Will Showcase Mid-Hudson Bridge and Nearby Parks

Event Being Supported by Walkway Friends and Scenic Hudson

The New York State Bridge Authority (NYSBA) and the New York State Office of Parks, Recreation and Historic Preservation (State Parks) have announced an upcoming "Bridges to Parks" hike event to showcase the connections between the Hudson Valley's bridges and nearby state parks and historic sites. The event will highlight the Mid-Hudson Bridge, Walkway Over the Hudson State Historic Park, and Franny Reese State Park, as well as the trails and views that connect them. Members of the public are welcome to register online on a first come, first served basis.

The event is scheduled for Saturday, Sept. 9 at 9 a.m. and will kick-off at Victor C. Waryas Park, a municipal park nestled along the City of Poughkeepsie waterfront between the Mid-

Hudson Bridge and the Walkway Over the Hudson. Multiple guided hike options of varying difficulty will be offered, including a tour of the full Walkway Loop Trail and a hike into Franny Reese State Park. Participants are asked to indicate which hike they are interested in when they register on the website. Registration can be completed by visiting <https://nysbridgeauthority.ticketspice.com/bridgestoparks>.

State Parks Commissioner Erik Kulleseid said, "This celebration joins the Bridge Authority, our Friends groups, and many of our parks we share along the Hudson River. It's no coincidence that as we each mark milestones, we are looking back at what we've built and making newer, stronger connections. We hope that as people hike, they enjoy all the beauty of the Hudson Valley and return again and again."

Dr. Minosca Alcantara, Executive Director of NYSBA, said, "Our bridge crossings have long been connectors to

the Hudson Valley's treasured recreational assets, starting with the opening of the Bear Mountain Bridge in 1924 and continuing to the present day with paths like the Walkway Loop Trail, which goes over the Mid-Hudson Bridge. NYSBA is proud to partner with our friends at State Parks in celebrating this legacy and our continued connections to the region's history and natural beauty."

The event is being held with support from the Friends of the Walkway Over the Hudson, the nonprofit partner for the Walkway, as well as Scenic Hudson, who maintains Franny Reese State Park.

Lori Robertson, Executive Director for Friends of Walkway Over the Hudson, said, "The Walkway Loop Trail, connecting Walkway Over the Hudson with the Mid-Hudson Bridge and its surrounding rail trails, is a true gem in the Hudson Valley. Showcasing amazing river views and linking several parks, the trail provides a unique

Continued on page 13

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Bridge Authority And State Parks from page 12

place to exercise, explore, and connect with nature. We're proud to partner with New York State Parks and the New York State Bridge Authority on Bridges to Parks and to have our volunteer Ambassadors on hand to provide interesting facts and bits of history when hikers cross over the Walkway."

Seth McKee, Executive Director of The Scenic Hudson Land Trust, Inc., and Land Programs, said, "Scenic Hudson is delighted to partner with New York State Parks and the Bridge Authority to celebrate how the Mid-Hudson Bridge and Walkway Over the Hudson link so many parks and cultural sites on both sides of the spans. Perhaps most important, the bridges make it possible for Poughkeepsie residents without cars to access the trails at Franny Reese State Park, so all have an opportunity to enjoy the benefits of outdoor recreation and exploring nature."

Both New York State Parks and the Bridge Authority will be celebrating significant anniversaries over the coming

year. State Parks will be celebrating the 100th anniversary of the creation of the State Council of Parks in 1924 and citizen approval of a \$15 million bond act to build and enlarge a network of State parks. Meanwhile, the Bridge Authority recently kicked off its "BMB100" centennial to celebrate 100 years since the opening of the Bear Mountain Bridge, a span constructed in part to connect with state parks in the lower Hudson Valley. Future installments for the "Bridges to Parks" series are being planned for 2024. Those who are interested in learning more about these upcoming centennials can visit www.parks.ny.gov/100 and www.bmb100.com. **About the New York State Bridge Authority** The New York State Bridge Authority operates the Bear Mountain, Newburgh-Beacon, Mid-Hudson, Kingston-Rhinecliff and Rip Van Winkle Bridges. It also owns and maintains the structure of the Walkway Over the Hudson pedestrian bridge. The Authority receives no operating funding through state or federal tax

dollars, with nearly all of its revenue coming through tolls. Tolls are reinvested back into capital improvements on the Authority's spans, ensuring these critical pieces of infrastructure can continue serving the Hudson Valley for decades to come. Connect with the Bridge Authority on [Facebook](#) and [Twitter](#). **About New York State Parks** The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 79.5 million visits in 2022. For more information on any of these recreation areas, visit parks.ny.gov, download the free *NY State Parks Explorer app* or call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, Twitter, and the OPRHP Blog.

Book Event: Poetry Reading featuring Linda McCauley Freeman (author of The Family Plot) & Raphael Kosek (author of Harmless Encounters) + Open Mic

Join us at Arts Mid-Hudson located at 696 Dutchess Turnpike, Suite F in Poughkeepsie on Thursday, September 21 at

7:00 pm for a Book Event: Poetry Reading featuring Linda McCauley Freeman (author of *The Family Plot*) & Raphael Kosek (author of *Harmless Encounters*) + Open Mic. Linda McCauley Freeman is the author of the full-length poetry collection *The Family Plot* (Backroom Window Press, 2022) and has been widely published in international journals, including in a Chinese translation. She was nominated

Continued on page 14

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Red Hook, NY: Come fall in love w this well-maintained Contemporary Ranch. Bright & sunny, Open FP w fireplace, updated KIT w Quartz Counters & Stainless Appliances, spacious Living / Dining area w sliders to a lovely, covered Porch. The lower level hosts a large FR w Woodstove H/U, Laundry & FB. Gorgeous Elm HW FLRS run throughout the home. Two Car GAR plus Storage Shed. Set back off pretty country road on 3 Open & Rolling Acres. Located in the beautiful Hudson Valley and convenient to Village of Red Hook, Rhinebeck & Taconic Parkway. Asking **\$599,900**



Livingston, NY: Exciting Brand-New Home! First Floor features an Open Living Concept w DA, KIT, Full Tiled BTH & access to Covered Front Porch. Upgrades include LG Stainless Steel Appliances, Quartz Countertops & Diamond Cabinets. HW Floors run throughout the home & windows are abundant to bring in natural sunlight. The Second Floor features the Primary BR w Tiled Ensuite & Second BR. Top Notch Utilities & Foam Insulation are energy efficient & bring extra comfort. Two Car Detached GAR plumbed for water. Set on Pretty Knoll w 4+ Bucolic Acres of open yard to play plus vintage shade trees & flowering shrubs. Plenty of place for a pool, garden or chickens! Storage Shed for tools/ lawn equipment. Perfect for those weekends getaways or full-time country living. Convenient to Hudson, TSP, Red Hook & Rhinebeck. Asking **\$549,900**



Village of Red Hook, NY: Circa 1950 gem. Rare opportunity! One level, solid, low maintenance home located in the Red Hook Village. Meticulously maintained w many recent updates including roof, oil tank, furnace, septic, blacktop driveway & more...big ticket items check! Just the fun stuff left to do to make it your own. 3 generous BR's, High Ceilings & Full Basement. Lovely front porch wraps around to side deck overlooking sunny level yard for gardening enjoyment. Historic, quiet street a minutes' walk to the Village! Asking **\$374,500**



Life on the Lake! Livingston, NY: Get Ready for Summer at the lake! 3 BR/ 2 BTHS located on a double lot. Enjoy the peaceful lake community & fresh upstate air. Turnkey & wonderfully maintained home. Features include a Wood Fireplace & Vaulted Ceiling that make for luxury living space. Lots of natural light throughout. Spacious outdoor deck perfect for summer BBQs & admiring the lush lilac bushes. Bring your swimsuit & maybe a canoe because lake life is calling you! 15 Min to Rhinebeck, Red Hook, & Hudson for everything you'll need for your fun Upstate weekends at the lake! **\$345,000**



Lake Life: Livingston, NY: Cute & cozy Lake Cottage on oversized, double lot. Walk into the large LR w wood stove that flows nicely into the open & updated KIT. W/D off kitchen & two large BR's off LR. Cute loft area could be area for guests, a lucky kid or office space. Private, Upper-level BR w BTH, perfect for Primary Suite, Guest Quarters or In-Laws. Outside you have a spacious flat yard, ready for your imagination to create your perfect outdoor oasis. Double lot gives you ample privacy or possibility for expansion. Walk two minutes to the lake, park your kayak or rowboat. Lovely community to spend your weekends, or every day. Ten minutes to Red Hook, 15 to Hudson/ Rhinebeck there is no shortage of things to do near your new Hudson Valley Lake house! Asking **\$349,000**



Sweet & Cozy Dollhouse: West Hurley: Come fall in love w the simple but roomy FP that includes a comfortable LR that opens to the KIT w Breakfast Bar & lovely double window. Host holiday meals in the formal DR w sliders to gazebo, the perfect place to read a book or have a summer meal. Spacious MBR w custom WIC. Sparkling new FB w oversized shower. Updates include flooring, windows, & 3 split units. Outbuilding for all your tools/ toys. The home is nestled off a PVT drive & backing up to the Ashokan Preserve, perfect for hiking & nature lovers. A skip & a jump & you're on the Rail Trail great for biking / hiking. A short drive takes you to groovy Woodstock & 10 mins. to Kingston. Asking **\$339,000**

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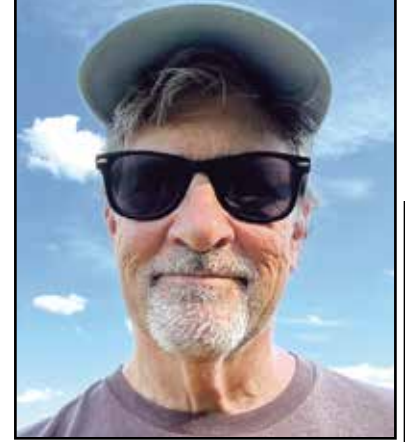
Hyde Park BOHA:
2.2 Acres **\$67,500**
2.8 Acres **\$69,000**

Book Event: Poetry Reading from page 13 for a Pushcart Prize 2022. Recently she was the featured poet in *The Poet Magazine*, and appeared in *Delta Poetry Review*, *Amsterdam Quarterly*, and won Grand Prize in StoriArts' Maya Angelou poetry contest. She received a grant from Arts Mid-Hudson and was selected for Poets Respond to Art 2020, 2021 and 2022 shows. She was a three-time winner in the Talespinners Short Story contest judged by Michael Korda. She has an MFA from Bennington College and is the former poet-in-residence of the Putnam Arts Council. She lives in the Hudson Valley, NY, where she is a swing dance teacher and yoga instructor. Her web page is <https://lindamccauleyfreeman.com>

Raphael Kosek's poems have appeared in numerous journals and magazines such as *Southern Humanities Review*, *Briar Cliff Review*, *Poetry East*, *Catamaran*, *The Chattahoochee Review* and many others. She also writes creative non-fiction and lyric essays, two of which have won first place awards at Eastern Iowa Review and Bacopa Review. *Harmless Encounters* won the 2021 Jesse Bryce Niles Chapbook Contest and was released in 2022, and *Rough Grace* won the 2014 Concrete Wolf Poetry Competition. *American Mythology*, a full-length book, was a finalist at *Brick Road Poetry Press* and released in 2019. She served as the 2019-2020 Dutchess County, NY Poet Laureate. She lives in the beautiful Hudson Valley with her husband and three cats where she teaches English at Dutchess Community College. Kosek graduated Vassar College with honors in English and a Distinguished Thesis, and also earned a Masters in American literature from Western Connecticut State College. Her web page is <http://www.raphaelkosek.com/> This event is free and open to the public but please RSVP to: <https://tinyurl.com/sba86hnj>

Arts Mid-Hudson is the preeminent nonprofit arts service organization serving the Mid-Hudson region. Since 1964 our initiatives have engaged and promoted the arts benefiting our artists, arts organizations, and communities. Arts Mid-Hudson provides vision and leadership to support thriving and diverse arts in the Mid-Hudson region. For more information about Arts Mid-Hudson and future art events, sign up for the monthly E-newsletter at www.artsmidhudson.org

The Claverack Library is pleased to host a series of children's authored workshops this fall.



On Saturday, September 16 at 11:00 am, James Preller, author of works such as *JigSaw Jones*, and more recently *Exit 13* will read from his book *Fairy House*, with children helping to choose what's next in the story. With thanks to the Ackerman Foundation, families who pre-register will receive a free copy of *Fairy House* and make a mini fairy house to take home.



On Monday, October 9, at 2:00 PM, Graphic Novelist Kayla Miller, best-selling creator of the graphic novels *Click, Camp, Act*,

Continued on page 15



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The Claverack Library from page 14

and *Clash* and co-author of the *Bestie* series will lead a one hour class about the anatomy of a comic page and different ways cartoonists use visuals to tell a story -- children will then use those techniques to create their own one page comic.



Saturday, November 4, at 11:00 AM, Hudson's own Mark David Pullen, author of *The Oasis King* will lead a creative writing workshop for the whole family! Attendees will learn

the elements of a story, identify tools authors use in a story to engage a reader and share their works. Both kids and adults will have fun with writing. To register, call 518-851-7120 or email info@claveracklibrary.org.

Germantown Garden Club Hosts Designing for Flower Shows

At the August meeting of the Germantown Garden Club, Master Gardener and former President of the Federated Garden Clubs of New York State, Inc., Barbara Campbell gave a demonstration of flower show designs. Her topic "Designing Arrangements For Flower Shows" included ideas and tips for creating arrangements with a special emphasis on the club's upcoming flower show designs. This year's show is titled "And A Thing Called Love" and features 6 different design classes of dried and/or fresh plant material.



Barbara Campbell

The flower show also features horticulture, educational and photography divisions. It will be held Saturday, September 9, 1 to 4 pm and Sunday, September 10, 1 to 3 pm. at the Kellner Activity Building in Germantown. The show is free and open to the public as are the club's meetings.

For more information about the club and its activities, call Fran Bufi at 518-537-4868. The Germantown Garden Club is a member of Third District, Federated Garden Clubs of New York State, Inc., Central Atlantic Region, and National Garden Clubs.

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Located on the outskirts of the Rhinebeck Village, this is a high traffic area, nestled off Route 9. Conveniently located across the street from the famous Dutchess County Fairs Grounds, this is a second story unit in the Spring Brook / MHV Plaza. This unit is 1500 square foot second floors unit that offer a tremendous amount of natural light. This space would be great for an Attorney, Accountant or any other kind of professional office space. \$1500 a month plus utilities. **\$1600 a month plus utilities. Long term lease preferred**

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Ro-Lin Lanes-Bowling, Arcade, Mini-Golf \$1,490,000

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“AN AMERICAN RENAISSANCE” AUTHOR EVENT & BOOK SIGNING AT STAATSBURGH STATE HISTORIC SITE

Sunday, September 10, 2:00 p.m.

Staatsburgh State Historic Site will host a book talk and signing with architect Philip James Dodd, author of *An American Renaissance: Beaux-Arts Architecture in New York City*, on September 10 at 2:00 p.m. *An American Renaissance*, painstakingly researched and beautifully photographed over many years, takes a close look at twenty of the finest examples of Beaux-Arts architecture in New York City. While showing public exteriors, its focus is on the lavish interiors that are associated with the opulence of the Gilded Age—often providing a glimpse inside buildings not otherwise viewable to the public.

Tickets will be \$16 for general admission; \$14 for Friends of Mills at Staatsburgh members. Reservations can be made at



Philip Dodd

<https://American-Renaissance.Eventbrite.com>. An optional \$8 tour of Staatsburgh following the talk is available during check-out on Eventbrite.

In the splendor of Staatsburgh’s marble dining room, Dodd will discuss a selection of Beaux-Arts landmark homes, as well as the patrons and architects who commissioned, designed, and built them. The Beaux Arts architects were among the most acclaimed of the Gilded Age, including Staatsburgh’s architect, Stanford White. Their

patrons included some of the most prominent millionaires in American history—Henry Clay Frick, Jay Gould, J.P. Morgan, John D. Rockefeller, and the Astor and Vanderbilt families.

A wine reception and book signing will follow the talk. Copies of *An American Renaissance* will be available for purchase at the event.

Visitors may also wish to enjoy a stroll or picnic along the Hudson River on the beautiful estate grounds, now Mills Memorial State Park. All of Staatsburgh’s tours and programs can be found at: www.Bookeo.com/StaatsburghSHS

Phillip James Dodd, an alumnus of the Prince of Wales’s Institute of Architecture in London, is the founder of the firm *Phillip James Dodd: Bespoke Residential Design LLC*. His designs can be found in New York, Greenwich, Palm Beach, and Bangalore,

India. With a rich academic and practice-based background, Dodd is recognized as an international authority on classical and traditional architecture. He has lectured extensively throughout the United States on the subject of classical, vernacular, and Beaux-Arts architecture.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills State Park are located on Old Post

Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh’s websites at Parks.NY.gov, [Facebook](https://www.facebook.com/staatsburgh), or follow us on Twitter.

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RED HOOK - 7578 North Broadway. 4500 Square Foot Rental. Large open space, well lit, high ceilings, was formerly a fitness center and now a dance studio. Has a full kitchen from when it was an adult day care. Adaptable for many uses. Only large space available in northern dutchess. Ample parking.

GERMANTOWN - 11+ acre building lot on a quiet country road, BOHA. Catskill views and there is a small pond on the property. Land cleared with great pasture area; a very special property. Germantown schools. Offered at **\$255,000**

ELIZAVILLE - 1191 County Route 19. Spacious home nestled in the woods w/gorgeous mountain views, very private, yet close to Taconic State Parkway. great home for a family! This is a gem w/some clearing you will have great views. House is set back and long driveway gives it an estate feel. Has a wonderful stone fpl that needs a liner. .36 acres that has quad trails but can easily be cleared. The house is somewhat dated but a solid home a real deal in a great location . I have a deed plot I can send electronically. **\$825,000**

RED HOOK - Sunrise Drive Lot 6. A wonderful 1.3 acre building lot in a wonderful quiet neighborhood close to both village’s. Sunrise drive is a lovely neighborhood with well kept homes and local traffic only yet minutes to Red Hook. Lot is wooded with some nice trees and doing selective clearing you can have nice privacy .A wonderful property. I have electronic survey. **\$135,000**

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