Vol. IX Number 3 - Serving Northern Dutchess & Southern Columbia County May 2024

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# **NEW TECH AT HV** INDOOR GOLF HELPS PLAYERS **UP THEIR SUMMER** GAME

By Joe Doran

As a PGA professional, Evan Silkworth knows the game. But it's his indoor golf facility with unparalleled cutting-edge technology that makes Hudson Valley Indoor Golf a one-of-a-kind local mecca for golf enthusiasts looking to hone their skills.

As golfers are welcoming the spring weather and getting back outdoors to the links at courses throughout the region, Silkworth says there are even more reasons to complement that outdoor time with the data-driven skills training that his facility uniquely offers. To that end, Hudson Valley

Indoor Golf recently unveiled a 400-square foot, high-tech putting green to go along with five state-of-the-art simulator bays the facility already offers.

From May through October, golfers can take advantage of special monthly pricing of \$125 for anytime access (limited only by reservation availability) to the

AT STAATSBURGH STATE

New to bird watching and don't

know where to start? Or perhaps

you're a seasoned veteran looking

for a new favorite birding spot in

the Hudson Valley? This May,

Staatsburgh State Historic Site is

hosting free, guided birding walks

through Mills-Norrie State Park.

Staatsburgh and the surrounding

Mills-Norrie State Park is an

ideal area for birding, possessing

a great variety of environments

in close proximity. Local birder,

volunteer guide who has been

for the last 35 years. Staatsburgh's

two-hour birding walk is open to

bird enthusiasts with all levels

of experience - from beginners

to experts! Experienced birders

will enjoy a walk through several

interesting environments while

FREE BIRDING

WALKS IN MAY

HISTORIC SITE



Evan Silkwood PGA Pro

facility's unique recreational and competitive training offerings. Putting is Half the Gameand the Tech to Improve is within Easy Distance

Talking with Evan, it's clear he's excited at the new opportunities that the latest technology at Hudson Valley Indoor Golf can now provide to golfers. installed a new, state-of-the-art indoor putting green that has built-in slope and undulations, but what's really groundbreaking is that it includes PuttView technology, which is a camera

Continued on page 4

encouragement and a helping hand.

May Birding Walks are free to attend, but reservations are required at www.Bookeo.com/ StaatsburghSHS. This program will be offered on Sundays, David Lund, is an experienced May 5, 19 & 26 at 9:00 a.m.

Please bring your own birding in Mills-Norrie State Park binoculars. If you would like to borrow a set, binoculars can be checked out using a Mid-Hudson Library System library card at the nearby Staatsburg Library: https://staatsburglibrary.org/

> Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's https://parks. websites www.facebook.com/ ny.gov, StaatsburghSHS, and WWW. staatsburghstatehistoricsite.

blogspot.com. Staatsburgh's Continued on page 2

Then & Now Festival: Staley Real Estate, LLC Celebrates 75 Years Farms, Food, & Families Saturday, June 11:00 AM to 4:00 PM Elmendorph Inn and Green 7562 N Broadway, Red Hook, NY date June Join Historic Red Hook for this summer festival and explore the farms, food, and families past and present that shape our town's unique character. Experience displays, food, vendors, and Red Hook memories that'll make you smile! As part of this event, Historic Red Hook will be launching a self-guided driving tour and family-friendly scavenger hunt which will be available on their website on May 11. In addition, on May 30 at 7 PM at the Elmendorph Inn Historic Red Hook will host a panel discussion on the Future of Farming. For more details visit www. <u>historicredhook.org/thenandnow.</u>

# Art Gallery 71

is pleased to invite the public to view the paintings of this month's featured artist, Wendy Sheasby. Wendy is originally from the Adirondacks, and the Blue Line exhibit is an exploration of the soaring peaks and cascading falls of that region. Wendy now resides in Rhinebeck. You can see The Blue Line from May 10 through June 2 during gallery hours listed below. Please join us for the opening reception on May 11. Gallery address: 71 East Market Street, Rhinebeck, NY 12572

Gallery hours: Fridays: noon-6pm; Saturdays: noon-6pm; Sundays: 10am-4pm For more information, visit

our website: https://www. artgallery71.com.



# "Fleece To Fiber"

May 1 - Freedom Plains United Presbyterian Church, 1168 Rte. 55, Lagrangeville - Skyllkill, a local chapter of the Embroiderer's Guild of America, presents an inperson presentation by Andrea Parent-Tibbetts who will explain the process of how fiber is made from fleece. Andrea is the owner of Clover Brooke Farm in Hyde Park, NY - a beautiful homestead dating back to 1850 on 25 bucolic pastured acres raising alpacas, llamas, sheep and goats. This program begins at 12:30pm. Join other needleworkers for fun and learning beginning at 10AM or, come for this program only beginning at 12:30pm. For more information visit www.facebook. com/SkyllkillEGA or email EGASkyllkill@gmail.com.

# and Three Generations of Excellent Community Relations and **Real Estate Services**

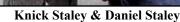
By Lisa Dudley

Staley Real Estate, LLC was founded by its first principal broker, Homer Knickerbocker Staley Sr., and currently, the business is run by his son Homer Knickerbocker Staley Jr. (Knick), along with one of now serve on his grandsons, Daniel L Staley. multiple boards

Father and son – Knick Staley and Daniel Staley continue of honor Homer Staley -with excellent service to the Realtors people of Rhinebeck as well as industry maintaining the highest standards associations in the real estate community. --

Real Estate upholds the legacy monitoring of Homer Staley? Because Knick and that housing is the pinnacle the American economy the American Dream.

Knick (U.S. Army Corps of Engineers) and Daniel Staley (Gulf War Veteran) are both proud American veterans and Daniel was posted overseas. They both



and committees the Association of advocating



Staley Sr.

Why does it matter that Staley to protect property rights and legal

"There is a serious housing Daniel believe crisis in the United States," declares Daniel Staley, "mostly due to a lack of inventory.' Daniel supports allowing empty commercial properties to be more easily converted into residential housing. This is an example of the need for community

Continued on page 16

# Frederic Church's Rarely Seen Memorial Landscape Paintings **Debut at Olana State Historic Site in New** Exhibition, Afterglow Afterglow Considers **How Landscapes Provide** Reflection and Healing

The Olana Partnership announced today that this season's special exhibition Afterglow: Frederic Church and Landscape of Memory will open May 12 in the Sharp Family Gallery at Olana State Historic Site. *Afterglow* brings together for the first time a series of intimate memorial landscapes painted by Church, 19th-century America's foremost landscape painter, and highly personal family artifacts - never before exhibited -- from Olana's collections.. The theme of landscape as a vehicle for personal reflection and healing continues outdoors at Olana with Memories in the Landscape, self-guided tour of Olana's dedicated rustic benches that bring to life the stories and memories around loved ones.

The centerpiece of Afterglow is To the Memory of Cole (1848), the painting that Frederic Church painted and exhibited three months after the sudden death of his mentor, Thomas Cole. This and The Evening Star (1858) are on loan from private collections. exhibition marks the first time this significant memorial painting

will be on public view in the region which includes the home and studios of artists Thomas Cole and Frederic Church. The exhibition is accompanie a full-color catalogue

"I'm thrilled to share many o Frederic Church's rarely seen memorial paintings with ou visitors this year," said Allegra Davis, The Olana Partnership's Associate Curator. "By bringing these pieces together, we'll be able to shed light on not only as overlooked theme of Church's career as an artist, but also the wider role of landscape in grief remembrance, and healing in the nineteenth century and today.

While Church is best known for his monumental, panoramie paintings of natural wonders, he also created smaller, intimate works full of personal symbolisn for a primary audience of friend and family. As he experienced personal losses, Church expressed grief through his painting and immersed himself in the natural world to heal, gaining a reputation as a maker of memoria

Continued on page 3

The June Edition Of The Hudson River View Will Be In Area Homes On June 5th The Deadline For Advertising And Press Release **Submission** Is May 22nd

# those new to the hobby will find THE HUDSON **RIVER VIEW** ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

Hudsonriverview.net

# **ACCORDING TO QUACKERS**



The name May is the modernday English adaption of the Latin word Maius, which has origins going back to the time of the ancient Greeks. They named the month of May (or Maius) after the Greek goddess of growth. A Roman poet by the name of Ovid had different ideas surrounding the etymology of the naming of May. He claimed that it was from the word Maiores, the Latin for "elders," that the month gained its name. word May wasn't actually used until the middle ages were on their way out, around the 15th Century AD. Up until then, the Roman word Maius was still used. May used to have a very different name in Old English. Back then, the month was

referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!

### Free Birding Walks in May from page 1

events are listed at https:// <u>parks.ny.gov/events</u>

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas, visit parks.ny.gov, download the free NY State Parks Explorer app or call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, (formerly Twitter), the OPRHP Blog.





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# FREDERICK W. **VANDERBILT GARDEN ASSOCIATION, INC**

In the month of May, 2024 the Vanderbilt Garden Association's Interpreters will be in the formal gardens on Saturday, May 25 and Sunday, May 26 from **1:00pm to 3:30pm** (weather permitting) to talk to visitors about the gardens and their history. Beginning on Sunday, June 15 and every third Sunday of the month thereafter through and including Sunday, September 21, the Interpreters will offer regular Free monthly tours from

1:00pm to 3:30pm. Tours meet outside the Tool House building. Interpreters will discuss the history of the gardens, with a focus on the 40th Anniversary of the F.W. Vanderbilt Association, the Vanderbilt ownership and the mission of the not-for-profit Vanderbilt Garden Association to rehabilitate and maintain the plants, shrubs and trees within the formal gardens as they were in the 1930's just prior to Frederick Vanderbilt's death in 1938. further information, e-mail <u>info@vanderbiltgarden.</u> org or visit our website at http:// www.vanderbiltgarden.org.

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### Frederic Church's Rarely Seen Memorial Landscape Paintings from page 1

art. These landscapes are key documents of nineteenth-century America's search for spirituality in nature as a source of comfort. health, and spiritual well-being. "Afterglow promises to be a fascinating exhibition examining a little-known but very important element of Frederic Church's career as a painter. The Olana Partnership is also planning dynamic programs that will engage all visitors in his masterwork, Olana's living landscape," said

**ACROSS** 

time"

16) Attempt

20) Ideal finish?

woman 22) Satisfy the munchies

legends

1) Astronomical scales?

6) Public boulevard

14) "Thanks, I've had \_

15) College class hours

23) Large irregular spot

29) Surname among boxing

36) Sesame seed and honey

30) Geological timespan (Var.)

27) Poseidon's spear

32) Short, erect tail

34) Kidney-related

39) Bangkok coin

41) Some extinct birds

33) Eldest March sister

17) It makes a dinner romantic

19) Handwoven Scandinavian rug

21) Utterance when pointing to a

11) Didn't overlook

Sean Sawyer, Washburn and Oberwager President Susan of The Olana Partnership. Programs will be presented in connection with both Afterglow and the Centennial of New York State Parks, including a series of wellness walks and workshops in the landscape focusing on topics like forest bathing, agricultural mindfulness, and art and wilderness therapy; a series of artmaking; and webinars focused on public parks and rural cemeteries.

The Olana Partnership is very grateful to the generous

lenders and funders who have Afterglow made possible, including the Asbjorn Lunde Foundation and the Felicia General support for Olana Partnership's programs is provided by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

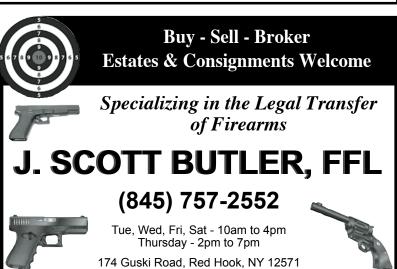
The exhibition will open May 12 and run through October For more information and to purchase tickets visit, OLANA.org/Afterglow.



Refreshments

1) Lancelot du (Round Table knight)





# Join Us For This Free Program!

DOWN

- 43) Tells it like it isn't 44) Noted capitalist John Jacob
- 46) Fair attractions 48) A country's output, for short
- 49) Cup part
- 51) Not imaginary 52) Rainbow gradation
- 53) Achieves success
- 56) Kiddie transport
- 58) Payable
- 59) Exist as a group 60) Have free and clear
- \_\_ if by land ...'
- 62) Person of little importance
- 68) Show \_\_\_\_ (entertainment industry)
- 69) Cause of many yawns
- 70) Frighten
- 71) 67.5 degrees, on a compass 72) Brings to ruin
- 73) Brief in speech

	- ,													
FOR BRIGHT SOLVERS By Carl Cranby														
1	2	3	4	5		6	7	8	9	10		11	12	13
14	$\top$	$\top$	$\top$	$\top$		15	$\top$	$\top$	$\top$	$\top$		16	$\top$	$\top$
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			20	$\top$	$\top$			21	T	T		22	$\top$	$\top$
23	24	25	┱	$\top$	$\top$	26	1	27	$\top$	T	28	┪	$\top$	$\top$
29	T	$^{\dagger}$		30	$\top$	T	31	١	32	T	$^{\dagger}$	T		
33	$\top$	$\top$		34	$\top$	T	T	35	1	36	$\top$	T	37	38
39	$\top$	$\top$	40	1	41	T	T	$\top$	42	1	43	T	$\top$	$\top$
44	$\top$	$^{\dagger}$	$\top$	45	1	46	T	T	T	47	1	48	$\top$	$\top$
		49	$\top$	$\top$	50	1	51	T	T	T		52	$\top$	$\top$
53	54	┪	$\top$	$\top$	$\top$	55	1	56	$\top$	T	57	┱	$\top$	$\top$
58	$\top$	$\top$		59	$\top$	$\top$			60	$\top$	$\top$			
61	T	$\dagger$		62	$\top$	$\dagger$	63	64		+	T	65	66	67
68	T	+		69	$\top$	${\dagger}$	T	+		70	+	T	+	$\top$
71	+	+		72	+	+	+	+		73	+	+	+	+

### 2) Popular savings plan 3) Jerry's ice cream partner 4) "A face made for \_ 5) Outstanding player 6) Afghan coin 7) Nickname in the "Star Wars" prequels 8) Glimpse 9) Old-time anesthetics 10) Earthbound bird 11) Nighttime illuminator 12) Indo-European, formerly 13) OK Corral first name 18) Hosted, as a game show 23) Bossa-nova relative 24) They are entered in court 25) Summer cooler 26) Nice roll to be on in school 28) Two-part 31) Bottommost point 35) Ore sources 37) Show's place 38) On the say 40) Actress Spelling 42) Dugong or manatee 45) Matched, as in skill 47) Last at Belmont Park 50) Choice breed of sheep 53) Southwest building brick 54) Angry encounter 55) Musical repetition mark 57) Chilling? 63) Engine sound 64) "... \_\_\_ of thee"

65) Alligator-snouted fish 66) Sluggers' stats (Abbr.)

67) Ball holder

Solution on page 6

# SPRING GARDEN SALE

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congregation have prepared hanging baskets and potted floral arrangements and crafted garden ornaments, birdbaths and fountains. Browse local craft vendors or pick up lightlyused garden tools, furnishings, other outdoor treasures and even Hot dogs, pet accessories. snacks and cold drinks will be available...and of course there's the famous RRC bake sale! 845-876-3727 Call rhinebeckreformed. email org for information. more



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### **Hudson Valley Indoor Golf** from page 1

and laser projection system that can transform your putting. Using this technology, we can identify if there's something wrong with a player's stroke, alignment, equipment, or how they are reading the green. Based on that information, we can make adjustments very efficiently, and help players hole more putts." The system can also

gather metrics for a player over a period of time, allowing players to identify trends and embark on a data-driven practice plan.

The new putting green is different than the virtual golf bays the facility is already wellknown for. "The bays project everything onto a screen, and the courses you play are all digital, whereas this is an actual green, so it's a physical space. You walk on it and you hit an actual golf

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ball into an actual hole using your actual putter. The green rolls at an 11 on a Stimp meter (meaning it's a fast putting surface). It's not a virtual computer game. It's more like augmented reality with an actual putt on a true putting surface, and the projectors display images on the putting surface indicating where you are aiming, where your feet go, and what the break of the putt is. Once you strike the putt, you can see if the putterface was square, if you started it on line, and there is a projected line that traces your putt. It's amazing how quickly a player can tell if they are rolling the ball well or not. This also makes it really simple to learn the break and slope."

"The other amazing part of this is how it helps you practice your putting by gamifying it. There are a number of games,

including one called 'Splash'. Similar to 'Tetris', you play by putting into different shapes and blowing them up. It works like a puzzle. Without even realizing it, you are working on speed control and direction. There is another game called 'Shooter' where you putt to targets all over the green; however, there's a timer

which counts down the seconds

so you have to just react without overthinking. It teaches you to putt instinctively and quickly. It's really fun and before you know it, you've been practicing high impact putting for 45 minutes that feels more like 5!"

Evan recognizes that with driving ranges and the lure of "hitting the long ball", golfers often don't pay enough attention to their short game and specifically the putting green. He stresses that with putting being almost 50 percent of the game, leveraging technology to hone those skills is a no-brainer. "As I've continued investing in the business, I realized I can do a lot with the full swing in my teaching bays. The high speed cameras and pressure plates can break down a player's swing and movements to help him/her hit it better than ever before. But when

Continued on page 8

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Craryville Gulf Station

# **Living With Your** Senior Pet

By Julianne Porter, DVM

One of the most difficult aspects of being a parent to our four-legged family members is that they don't live forever. However, our pets are living longer, and with that comes caring for them as they age.

Older dogs and cats are prone to various health issues such as arthritis, heart disease, dental disease, metabolic disorders (thyroid disorders, diabetes mellitus, kidney disease, etc.), and even cognitive dysfunction. More frequent exams by a veterinarian and blood work as they age will help to keep our pets as happy and healthy for as long as possible. Early detection is key - many issues are easier (and less expensive) to prevent than they are to treat. Arthritis is not always recognized until it is advanced. Studies have found upwards of 80% of dogs over 8 years and 90% of cats over 12% have evidence of arthritis. Our pets can communicate with us, but they can only say so much. A thorough physical examination and radiographs are typically needed to see that there is joint disease. Signs at home can include: stiffness, not jumping up, trouble with stairs, limping, and even aggression/ irritability. Cats with arthritis may not groom, have trouble

with the litter box and may hide. Whining/crying are not common signs of a pet in pain from arthritis. Unfortunately, we cannot cure arthritis, but we can take measures to slow its progression and keep our pets as comfortable as possible. Keeping pets lean will avoid unnecessary strain on their joints and muscles. Joint supplements (glucosamine, chondroitin and polysulfated glycosaminoglcans) are aimed at protecting the cartilage by slowing the destruction and providing building blocks to cartilage and joint fluid formation. Physical therapy and rehabilitation techniques are aimed at strengthening muscle and keeping joints flexible. As arthritis progresses, anti-inflammatory and pain medication may be necessary. Cognitive dysfunction is another age-related ailment that is underdiagnosed, often because it is associated with other diseases or just our pets "getting old." This is a neurological degenerative disorder similar to types of dementia in people. It causes brain atrophy, amyloid plaque buildup, and neurotransmitter imbalances. This can manifest as disorientation (wandering, staring into space), memory loss (forgetting familiar faces, accidents in the house or outside of the box), altered sleep-wake cycles (waking up

at night, acting restless) and increased anxiety. Diagnosis is based on clinical signs, ruling out other medical causes, and demonstrating positive response to therapy. As with arthritis, this is not a curable disease, but steps can be taken to improve cognitive function and slow the progression of the disease. Environmental enrichment such as regular exercise and offering new toys, as well as providing a diet high in antioxidants, essential acids, mitochondria cofactors and medium chain triglycerides, have been shown to be effective methods of cognitive decline. In addition, there are several medications and supplements/ neutraceuticals with promising results. These include selegiline (Anipryl), S-adenosylmethionine (SAMe), melatonin, dogappeasing pheromone (DAP), feline appeasing pheromones (Feliway or similar), antianxiety medications and even anti-inflammatory medications. [It is important to note that there are no published studies evaluating these treatments specifically in cats – potential options are extrapolated from studies in dogs and humans.]

As pets reach their senior years, they can be met with many different ailments. It is up to us to recognize them as early as possible to help provide them with a happy and comfortable life.

# **HOW TO CHOOSE A PUPPY**

Presented by Barbara Sweeney Fassett and Bark **Busters Home Dog Training Dutchess County** 

Finding a new canine companion should be carefully Adopting a dog considered. because you like the way it looks might not be the best the best strategy. Think about the dog's breed, its adult size, its exercise requirements and, if you are an inexperienced dog

owner, the dog's "trainability". People often ask me what the most difficult breed is to train and my answer is always the same: "It's the dog that is not a good fit for the owner(s)." I cannot be too emphatic when I say that when a prospective owner considers adding a canine member to the family, he or she needs to research the breed and be sure the puppy is a good fit for the family's lifestyle.

So, what does it mean when I say that the breed and the owner need to be a good fit? A dog's age, breed and temperament, combined with your lifestyle and personality, all play an important role in determining what kind of dog is the best fit for you. Adopting a puppy has certain advantages - you can choose the best temperament for you and ensure he gets a proper early education. But puppies bring added responsibilities too, requiring more of your time than an older dog for house training, socialization, feeding and entertainment. If you do not have the time for a puppy, consider adopting a full-grown

dog. But if you're sure that you are ready for puppy ownership, consider the following: S T E P 1 : B R E E DAre you: Active and Outgoing? Do you have a large home, yard or park nearby? If so, a larger-breed dog may be the best choice for your family.Less outgoing? Do you live in an apartment or condo or have other small pets? You may want to consider a smaller dog.

Do your research on the characteristics the different breeds tend to display. Remember that while breed can have an impact on a dog's personality, you should base your decision primarily on what you know about the puppy's background and what you observe about his temperament. STEP 2: TEMPERMENT

Temperament has less to do with the dog's size, breed upbringing. Temperament something innate in the dog. And while good training can improve certain traits in dog, training does not change the dog's temperament.

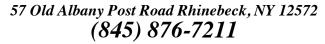
There are clues to what a

young pup's temperament might be: Within the litter, watch how the puppies run and play to determine where each puppy stands in the litter's pecking order. More confident puppies act assertive by standing over the other littermates. Less confident puppies act submissive by rolling over or lowering their heads.If you are considering a puppy at a shelter or rescue, find out as much as you can about his background and behavior from staff members and volunteers, ask whether he's been socialized with other dogs and how he behaves in a variety of situations, such as during feeding, walking and being put in a crate or kennel. Also observe the individual puppy you are considering when he's alone with you.Drop your keys or even a soft cloth near the puppy and watch his reaction:A confident puppy will approach the object immediately to investigate. While this puppy could grow up to be a well-adjusted dog, he

is likely to be strong-willed and Continued on page 14

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# May Events at Clinton Community Library

May programs are flowering library! For at the more information specific about any library programs, register, please call (845)495-0655 or email <u>larnold@</u> <u>clitoncommunitylibrary.org</u>

Ongoing Programs: Qi Gong with Vince (online) Mon. 05/06, Mon. 05/13, 05/20, Mon. 05/27, Mon. 05/27 at 9:30 AM Mon. Wed. 05/01, Wed. 05/08, 05/15, Wed. 05/22, Wed. Wed. 05/29 at 9:30 AM

Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension. <u>Audience: Adults</u> & Seniors **Storytime on the Dot** (in-person) Tue. 05/07, Tue. 05/14, Tue. 05/21, Tue. 05/28 at 10:30 AM Join us every Tuesday at 10:30 for Story time! Listen to fun stories, sing songs, and have fun, all centered around a different theme every week. <u>Audience: Children & Caregivers</u> Mah Jongg (in-person) Tue. 05/07, Tue. 05/14, Tue. 05/21,



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Tue. 05/28 at 2:00-4:00 PM If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll want to give Mah Jongg a try! Players of all levels are welcome . (Optimistic Aging) Audience: Adults & Seniors AllLevelYoga(inperson&online) 05/08, Wed. 05/15, 05/22, Wed. 05/29 6:00 PM(online) Sun. 05/05, Sun. 05/12, Sun. 05/26, 10:00 AM (in person or online) Join Mia Tomic and explore classical seated, standing and supine yoga poses linked with breath in a creative way to stretch, strengthen, and rejuvenate your body, breath, and mind. You may also participate online. Please plan according to your comfort and needs as class is held indoors. <u> Audience: Adults & Young Adults</u> Chair Yoga, (in-person or online)

(Optimistic Aging)

Fri. 05/03, Fri. 05/10, Fri. 05/24, Fri. 05/31 at 11:00 AM Join Samantha for Chair Yoga for ALL. Learn the basics of breath, meditation. and movement. This class will help you stretch and strengthen. Registration required so that you can get the link. Please register online or call the library at (845)-495-0655. Audience: Adults & Seniors Zumba, (in-person)

05/04, Sat. 05/11, 05/25, at 9:00 AM Join Ginny Morrow for a fun fitness routine every Saturday at 9 AM. Pre-registration is not required. You may sign in at the door. <u> Audience: Adults</u>

Free Tech Help (in-person) Sat. 05/04, Sat. 05/11, Sat. 05/18, Sat. 05/25 9:00 AM- 1:00 PM Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime on Saturdays between 9AM-1PM or call the library at (845)-495-0655 to book an appointment.

**Book Club Meetings:** Never Been in a Book Club, Book Club (in person) May Selection: Larger than Life by Jodi Picoult Thursday May 2, at 1:30 PM Never been in a book club? This is your chance! Join a new group of people new to the book club world! Come with your thoughts, feelings and anything vou'd like to share about the monthly selection. Don't be shy, everyone is new just like you!

Audience: Adults Tea Time Book Club (in person) May Selection: Be Frank with Me by Julia Claiborne Johnson Thursday May 9, at 2:00 PM Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club. <u> Audience: Adults & Seniors</u>



Global Literature Book Club Selection: TheGringo by Carlos Fuentes at 7 PM Monday May 20 One of Carlos Fuentes's greatest works, The Old Gringo tells the story of Ambrose Bierce, the American writer, soldier, and journalist, and of his last mysterious days in Mexico living among Pancho Villa's soldiers, particularly his encounter with General Tomas Arroyo. In the end, the incompatibility of the two countries (or, paradoxically, their intimacy) claims both men, in a novel that is, most of all, about the tragic history of two cultures in conflict. <u>Audience: Adults</u>

### **SPECIAL PROGRAMS & EVENTS**

**Author Visit: The Art of Martin** and Alice Provensen (in-person) Saturday May 11 at 10:30 AM Karen Provensen Mitchell, daughter of Alice and Martin Provensen (award-winning children's book illustrators who resided at Maple Hill Farm in the Town of Clinton from 1951-2008) will be speaking about growing up in the Town of Clinton, how her parents met, why they

switched from animation to illustrating children's books, buying Maple Hill Farm and building their art studio in the barn, their love of animals, her parent's wonderful collaboration and artwork, the many books they illustrated about the farm. There will be a presentation including photos of the Provensens and Maple Hill Farm and illustrations from their beautiful books. Audience: All Ages

Crafts & Coffee (in person) Monday May 13 at 1:30 PM Join us for a lovely afternoon of coffee, crafts (and conversation!) On the second Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more. Note: You must register for each individual who is attending and would like to participate. Materials are limited and there will not be extra! Audience: Adults & Seniors **Plant** &

Thursday May 16-Sunday May 19 May 16th 5 - 7 PM: Preview Night (for used book sellers)

Continued on page 7







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# **Honey Mustard Chicken Thighs**



# Ingredients

1/4 cup Dijon mustard

1/4 cup grainy mustard

½ cup honey

1 teaspoon soy sauce

2 teaspoons chopped fresh tarragon 1 tablespoon finely grated ginger root

8 skinless, boneless chicken thighs, trimmed of excess fat

# Directions

Preheat the oven to 350 degrees F (175 degrees C).

Combine Dijon mustard, grainy mustard, honey, soy sauce, tarragon, and ginger in a large bowl.

Rinse chicken thighs under cold water and pat dry with paper

towels. Add chicken thighs to the bowl and toss to coat

Transfer to a baking pan and spoon sauce over the thighs. Bake in the preheated oven until chicken is no longer pink in the center and the juices run clear, about 45 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C).

Spoon cooked sauce from the pan over chicken thighs before serving.

### **Clinton Community** Library from page 6

May 17th 1 - 6 PM: Book Sale May 18th 9 AM - 3 PM: Book & Plant Sale May 19th 11 AM - 3 PM: Book Sale Bag Day (\$5 fill a bag!) Lunch & Learn: Summer Birds of Dutchess County Thursday May 23 12:30 PM Alan Peterson, education chair for the Ralph T Waterman Bird Club of Dutchess County, will be presenting a slideshow on the Summer Birds of the Hudson Valley. We will review the field marks, songs, and habits of the more common species of birds

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found in the Spring and summer in an effort to improve your ability to find and identify these species. Audience: Adults & Seniors Watercolor **Exploration** Saturday May 25 10:30 AM Learn to use watercolor! Build layers and color to make an image of your own choice! Explore the calming effect of using paint, color and value to express yourself. <u>Audience: All Ages</u>

### **About Clinton Community** Library

Clinton Community Library was established in 1965. It is located at 1215 Centre Rd. in Rhinebeck, NY, adjacent to the Clinton Town Hall. The library is open Mondays, Tuesdays, and Thursdays from 9AM-5PM, Fridays from 10:30AM-6:30PM, and Saturdays from 9AM-1PM. The Clinton Community is the recipient of the Joseph F. Shubert Award for Library Excellence. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 495-0655 or visit www. clintoncommunitylibrary.org

# Rhinebeck Garden Club

New members

Clum,

Wednesday, May 22, 10am. The Rhinebeck Garden Club will meet at the pavilion behind the

will be served. For more

information, please call Irene

The Germantown Garden Club

is a member of the Federated

Garden Clubs of NYS, Inc. and

National Garden Clubs, Inc.

at

Starr Library (68 West Market Street). Program: "Songs of our Birds". Presenter: Alan Peterson, The Waterman Bird Club. Please bring a folding chair. Visitors are welcomed. Refreshments will be served. Every year the Rhinebeck Garden Club puts together a series of meetings, field trips and events which are mostly open to the public. For information, call Hannah at 914-263-5298 or logon to <a href="https://www.facebook.">https://www.facebook.</a> com/p/Rhinebeck-Garden-Club-100064834505072/



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# Learn about **Gardening for** Pollinators or Put a Bee in Your Yard

The Germantown Garden Club will hold its next meeting on Tuesday, May 14 at the Hover Room at the Germantown Library, 31 Palatine Park Rd., The meeting Germantown. begins at Noon. On the agenda is a presentation by Tim Kennelty, a Master Gardener and Master Naturalist volunteer through the Cornell Cooperative Extension of Columbia and Greene Counties. Tim will give a presentation on "Gardening for Pollinators." including Pollinators butterflies, moths, flies, and beetles provide an ecological essential to environment's health. Yet, with habitat loss, climate change, and the increase of invasive species, the threat to pollinators has never been greater. This talk will provide an introduction to the basics of pollinators, as well as the plants that you can incorporate into your garden to support them.



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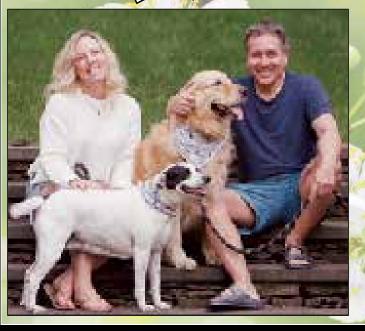
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# **Hudson Valley Indoor Golf** from page 4

it came to scoring, I didn't have an effective way until now to help players shoot dramatically lower scores. It always astonishes me that in a round of golf, the club you use the most is your putter. As many as one-half of all your shots are taken with the putter, yet there's so little emphasis placed on practicing your putting in a controlled environment." How Combining Indoor and

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While there's nothing that can replace the experience of playing the beautiful golf courses around the Hudson Valley region on a nice day, golfers can sometimes fritter away practice time that could be more valuably As Evan explains:

"Part of the allure of golf is the big open spaces and the natural beauty of golf courses. But when it comes to practicing and teaching, I don't understand why anyone would hit balls at a driving range for practice. There's no data. And you're hitting--not all ranges, but many ranges may have--old, junky golf balls, and you're aiming at targets that are an estimated distance away, but you don't really know exactly how far you hit it. You're guessing, whereas when you come inside to our bays, you know the precise distance, swing path, clubface angle, etc. You have all that information, and it makes your practice much more impactful."

"With the cameras and data that are available from the cutting-edge technology have, you can learn much more, and more quickly when you're taking lessons in a simulator environment. The practice and information translates really well when a player moves outside onto a course, which is why every Tour pro uses technology similar to what we have."

One of the most gratifying outcomes of teaching golfers using the technologies available at Hudson Valley Indoor Golf, is "seeing the progress when players do get onto golf courses," says Evan. One golfer recently took a trip to Myrtle Beach and played 10 rounds of golf over seven days and when he returned, he told Evan, "This is the best golf I've ever played. It's amazing!" Evan was thrilled he had made so much progress. "To see him validate all the work we did inside over the winter was exciting and I'm pleased that all the technology translated to my student's success as well as it did. This only confirms and reinforces my belief that this approach works."

# A Love for Teaching the Game

Evan's personal journey in the sport started relatively late, for someone who managed to become a PGA professional. He started at age 13, after discovering an old set of golf clubs in the family garage. He played on his college golf team at St. Rose. While there, he graduated summa cum laude with a BS in English education.



Later on, he received his Masters in educational leadership from University of New England. After spending some time after college teaching an eighth grade English class in Brooklyn, Evan developed a passion for giving golf lessons into a full time job, including working for

the PGA of America at PGA Golf Club golf for five years. "I received my PGA certification and learned a ton there," he stated. "Then it was time to have kids. My wife and I returned to New York, and I became the Head Pro/Director of Golf at

Continued on page 12



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# RED HOOK ROD & GUN CLUB

**RESULTS OF THE 36th ANNUAL TROUT FISHING CONTEST** 

**THE WINNERS IN THE 5-9 AGE GROUP** 1st - Aria Stribe ⇒ 18¼" 2nd - Gabe Chorney ⇒ 18¾" 3rd - Ellie Tomlinson ⇒ 17¾"

**THE WINNERS IN THE 10-15 AGE GROUP** 1st - Gage Thompson ⇒ 16¾"

2nd - Cooper Cancilla ⇒ 16¾" 3rd - Thomas Crisei ⇒ 15¾"

The Red Hook Rod & Gun Club held its 36th annual community Trout fishing contest with 71 young anglers participating.
Chairman Pete Heitmann commented that it is community support that makes the event possible and would like to extend a special thank you to Hannaford of Red Hook, The Red Hook Fire Company & Rescue Squad. A special thank you goes out to Nikki North who, when she realized we were short of manpower, stepped up to the plate when she didn't have to. And for that, we thank you Nikki.

Pete also thanks the volunteers and community supporters

Pete also thanks the volunteers and community supporters. They are as follows:

Village Pizza Triebel's Garage, Inc. The Award Shop The Bagel Shoppe The Grand Dutchess Rhinebeck Bank Beverage Way Hook, Line & Sinker Red Hook/Rhinebeck Elks Club Hannaford of Red Hook J.S. Butler, FFL Bubby's Walk Away Kitchen Richard Denu Minute Man Press VFW Aux Red Hook Post 7765 Sons of the American Legion 429

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Red Hook VFW Post 7765 Todd Abrahams Plumbing F.W. Battenfeld Xmas Tree Farm Holy Cow William's Lumber, Inc. Hobson Window, Inc. **Ulster Savings Bank Hudson River View** Town of Red Hook Tim Hart Auto Recovery **Burnett & White Funeral Homes** Kev Bank Northern Dutchess Hardwoods Red Hook Dental Wonderland Florist Red Hook Volunteer Fire Co. John & Karen Smythe



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# Old Dutch Village Garden Club Greets Spring with Plant Sale and Luncheon

By Nancy Bendiner and Felice Gelman MARK YOUR CALENDARS! Don't miss the Old Dutch Village Garden Club annual Plant Sale, Saturday, May 18, at Memorial Park across from CVS. Start

time is 9 AM sharp (no early birds!) Be assured, there will be plenty of plants at bargain prices to go around, though last year we sold out by noon. We will have a few wagons to use for larger purchases if you can't carry a lot of plants at once.

While you wait for the Plant Sale, please take a look around your own yard and garden. If you

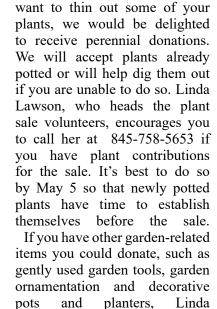
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Lawson would like to know. The plant sale will also include a raffle for a stunning garden cart replete with garden related items! Raffle tickets will be available at the plant sale or can be purchased at the Old Dutch Village Garden Club display on Apple Blossom Day, May 11, in Red Hook Village.

The club's May meeting, on

which once predominated in our forests, was driven to the brink of extinction by blight and logging. We will learn more about efforts to bring it back. The Old Dutch Village Garden Clubs meets the second Thursday of most months at 12:30 pm, at St. John's Reformed Church in Upper Red Hook. Our meetings are open to the public and we look forward to seeing you. Go to our Facebook page (https:// www.facebook.com/ODVGC/) for updates and future plans

The Ghent Reformed Church, 1039 County Route 22, West Ghent, worships at 9am Sundays. Communion is celebrated the first Sunday of the month. Sunday school begins at 10:15am. Following service is our coffee hour and all are welcome. We will be having a free Community Dinner in May on 5/17/24 at 6pm. There will be hamburgers and hot dogs, assorted salads, baked beans and dessert. All are welcome. We look forward to seeing you. For information, call 518-828-5946.

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Proceeds from the plant sale go to a high school scholarship, maintenance of our Memorial Garden, and other causes that promote civic pride. On April 11, members celebrated the Old Dutch Village Garden Club's founding 71 years ago with a very delicious luncheon at Brigitte Bistro on Market Street in Red Hook. Luncheon chairpersons Ann Mancini, Kayla Bell, and Vera Tsumagari created a lovely display of flowers and gifts including garden gloves for all so everyone could get their spring planting underway.

Thursday May 9 will feature John Lobotsky, owner of Wonderland Florist, Nursery and Farm Market in Rhinebeck, speaking on the American Chestnut. This tree, native to our area and

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Focuses

# God's Corner

# A Life Well Lived

By Naomi Fata

As I write this, I just received word that a dear friend of 92 passed away. I met her close to twenty years ago, when I needed prayer. She was one of those people who always had her house open. One could feel God on her, even if she never opened her mouth. Typically, when I hear of someone passing, there is sadness. However, this time, there was no room for sorrow. In its place, I felt her joy. She had lived so well. Her life was evidence of the transforming power of Christ, who lived inside her. I could almost feel her joy, as she was liberated from the pain of earthly disease and started worshipping in heaven. We will all come to the end of life one day. Yet, what will they say of us when we are gone? Instead of comparing yourself to someone else and wondering if you are living as well as they are, let's search the pages of the Bible for life. In Philippians

that I could gain Christ"(NLT). Paul wasn't following Christ because he had to. He was following because he had a transformation take place inside him. He knew from deep down that the only thing worthwhile in this life was the pursuit of Christ.

3:8, the apostle Paul writes of

his experience coming to know

Christ, saying, "Yes, everything

else is worthless when compared

with the infinite value of knowing

Christ Jesus my Lord. For his

sake I have discarded everything

else, counting it all as garbage, so

Society tells us that pursuit of our dreams will lead to a life well lived- that we should become someone, better ourselves, be the best that we can be. But God's wisdom about living well is quite the opposite, as seen in Paul's writing. C.S. Lewis also echoes this writing "The more we get what we now call "ourselves" out of the way and let Him take us over, the more truly ourselves we become.....It is when I turn to Christ, when I give myself up to His Personality, that I first begin to have a real personality of my own." Do you want to live well? The solution lies in pursuing Christ, who transforms our brokenness into beauty and grants us the supernatural ability

to love beyond ourselves. He is

inviting you to come and live

well. The choice is up to you

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"As ye have therefore received Christ Jesus the Lord, so walk ye in him: Rooted and built up in him, and stablished in the faith, as ye have been taught, abounding therein with thanksgiving" (Colossians 2:6,7). **RECEIVING CHRIST JESUS** 

THE LORD BY FAITH!

When a person realizes that they need the Lord Jesus Christ as their Personal Savior and Lord, the Holy Spirit will draw them by faith to believe on and receive the Lord Jesus for salvation. Salvation is all of grace! It is a gift of God received by faith. "For by grace are you saved through faith; and that not of yourselves: it is a gift of God: Not of works, lest any man should boast!" (Ephesians 2:8,9). THE BELIEVER IS TO WALK

**SPIRITUALLY IN CHRIST!** When a person becomes a Believer, their life will be changed. Repentance of sin is involved in the life a person when they believe on and receive the Lord Jesus Christ. The Believer is to live differently from the ways of the world. The Bible uses the term "Walk" as the way the Believer is to live. Believer is to Walk in Him. As a person has received Christ by faith they also are to walk in Him by faith. "For we walk by faith, not by sight:" (2 Corinthians 5:7). THE BELIEVER IS TO BE ROOTED AND BUILT UP IN

**CHRIST!** The life in Christ begins at the moment when a person is saved. After Salvation the Believer is to continually grow in the Lord. In order to grow properly they need to be rooted in Christ. As their spiritual roots are deep in Christ, they will be built up in Him. Just as a properly rooted tree will grow strong and tall, likewise a Believer rooted in Christ will grow strong in the faith and the evidence will be seen in a fruitful life. "So then faith cometh by hearing, and hearing by the word of God (Romans 10:17). THE BELIEVER IS TO BE **ESTABLISHED** IN FAITH!

The Christian needs to be established in the faith. be established means to be confirmed and steadfast in the truth which is in Christ Jesus and the Word of God. An established Christian will not be a "hit or miss" Christian. Being a stable and steadfast Christian is essential for positive Christian living even when faced with trials and tribulations. "But the God of all grace, who hath

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7412 So. Broadway, Red Hook

Memorial Lutheran - 8:30 am

St. Paul's Lutheran - 11:00 am

called us unto his eternal glory in Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you" (1 Peter 5:10). THE BELIEVER IS TO LIVE A LIFE OF THANKSGIVING AND BE

**CONTENT!** Being thankful as a Christian is evidence of a Spirit-filled life and a Christ-like walk. The Apostle Paul commanded Believers to be filled with the Spirit, which means to be controlled by the Holy Spirit. "In everything give thanks: for this is the will of God in Christ Jesus concerning you" (1 Thessalonians 5:18). NOW IS THE TIME TO RECEIVE THE LORD **JESUS CHRIST INTO YOUR** 

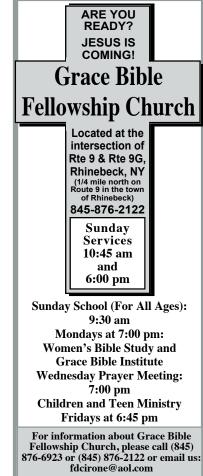
**HEART!** Now is the time to turn your life over to the Lord Jesus Christ and become a Christian by believing on and receiving the Lord Jesus Christ as your Personal Savior and Lord! "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new" (2 Corinthians 5:17).

If you would like to know more about being rooted and built up in Christ or how to become a Christian please If you would contact us. like to know more about the Ministries at GBFC, contact us by Email at fdcirone@aol.com or by telephone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is an Independent Bible Church. We are located at the intersection of Route 9 and Route 9G, 1/4 mile north on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

# WHAT: "The Blessing of the Animals" and **Community Adorned** "Pet Remembrance Tree"

WHEN: Sat., May 18th, noon to 4pm/// Rain Date, Sun. May 19th, 1pm to 5pm WHERE: Third Evangelical Lutheran Church, 31 Livingston Street in Rhinebeck, NY 12572. (845) 876 4471

For 109 years Americans have been celebrating "Be Kind to Animals Week", the oldest commemorative week



in US history. Started by AMERICAN\*HUMANE honor the human-animal bond, Americans mark this May event with many loving "happenings".

This year, in addition to our "Blessing of the Animals" there will be a community "Pet Remembrance Tree". community is invited to adorn this 6-ft tree with loving tributes to "family" members they have lost. Items can be a special pet toy, leash, photo, note, paw print, a card or children can make decorations, etc. The actual tree will be placed in front of the church on Sunday, May 5th. so items can be placed directly We are starting on the tree. to collect these items now. In advance of May 5th, there will

be a marked drop off box under the covered office entrance, near the church's mail box. Tributes can be placed in the marked box, hand delivered to church on Sunday mornings or mailed to the church office. Sunday morning service begins at 9:30 with Pastor James Miller. If there are any questions about this memorial tree please call our Tree Captain, Rosemary, at 845 478 2452. "The Blessing" will start at Noon with a brief opening ceremony. All furred, finned, scaled and feathered friends are invited to attend with their companion people. To ensure the safety of ALL, animal ambassadors must be properly escorted, leashed, kenneled or harnessed. Pooper scooper laws do apply and pick up bags will be available. In addition to "The Blessing" there will be several other free, family friendly events to enjoy: and greet Animal Ambassadors representing local shelters and rescue groups. Interact with local service animals including a representative from the police canine unit Take a chance in an onsite raffle to support the charity, AMERICAN\*HUMANE "It's A Party" raffle prizes have been donated by The Emporium LTD., Harney & Sons and Adams Fairacre Farms some time rescued farm animals ... pigs, goats, bunnies, horses, etc. the Check out various groups who environmental focus on bees, butterfly gardens, creating a safer haven for birds, etc. **Exhibitor List:** 

Dr. LAURA JAWORSKI and LAZARUS... Dr. Laura a veterinarian, wildlife rehabilitator, educator and falconer. At her table, folks can meet and greet LAZARUS, a 7 year old Eurasian eagle owl. THE RIDGE SCHOOL... Staff specialists, focusing on autism, will be available to discuss the school's relevant and caring programs. SHILO, their specially trained autism therapy dog, will be available for belly rubs and educating the community about this unique type of companion canine. HOPE FARM ANIMAL

RESCUE, INC....

on rescuing farm animals and providing them with a safe haven to heal and thrive. **BLIND DOG RESCUE** ALLIANCE... one of their missions is to place blind canines in loving homes. Being visually challenged does not restrict a dog's ability to live rewarding lives and be loving companions.

\* HOLLY MENTZER... is a

board certified music therapist working for Hudson Valley Hospice. Uniquely trained, Holly has experienced the power of music to enhance the lives of homebound patients and calm anxious animal. Holly travels with a portable harp. \* COUNTRYSIDE ANIMAL **HOSPITAL...** Free "Ask The Vet" table. A mainstay of the community, providing quality

care throughout the life of your

dog, cat or pocket pet. They are

waiting to answers questions about medical issues, general care and grooming... bring your list! \* P.A.N.T.... "Partnership for Animals Needing Transition" is an all volunteer community group working to reduce feral and abandoned cat populations. They support early neuter and spay and always have felines looking for loving homes. \* INCREDIBLE PUPS PET

**RESCUE...** Founded by a

Marist graduate, this is a foster

based rescue focusing on dogs in

disaster areas and in kill shelters. Their goal is to transition dogs into forever homes. \* STATE POLICE CANINE The department's participation is a very exciting addition. From the moment the transport vehicle arrive everyone will be very excited to meet the team, 2 and 4-legged officers,

representing the canine unit. **ANIMAL FARM** FOUNDATION.ORG.... AFF was founded in 1985 and built on the principle that "all dogs are individuals". Promoting animal and human welfare their focus is to help people and pets in their communities by supporting local shelter programs, rescuing and placing at risk breeds, esp. pit bulls. Their "Old Friend" program focuses on senior shelter dogs. Come and enjoy this special and bring your cameras. There will be many

loving moments to capture.



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# **Hudson Valley Indoor Golf** from page 8

Columbia Golf and Country Club in Columbia County, right outside Hudson." He has since added to his list of accomplishments, acquiring a Level 2 Trackman certification in swing data analytics, becoming a certified fitter for top golf equipment companies, and earning his Certification PGA Hope for teaching adaptive golf. Evan and his wife Elisabeth made a decision that they wanted to open their own facility, just before COVID hit the world scene. "I started working on it and found this space, which is in a commercial building. We converted the whole thing in 2020,

when Covid was happening, and we had what I call a "soft opening" in January of '21."

Evan says one of the primary personal reasons for starting his own business was to pursue his passion of teaching. "I'm passionate about growing the game and helping people play better and introducing new people and developing more golfers. I believe the best way to do that is by removing the obstacles. As I rededicate myself to my first love of teaching, I'm investing in this technology in a way that nobody else is doing locally. I'm working on offering programs for beginners, women, and companies to create corporate clinics as part of professional development." Evan also is involved with PGA HOPE (Helping Everywhere) Patriots veterans. "It's a wonderful program developed by the PGA of America and it provides an essential community service."

Evan encourages all new and existing golfers to visit him at his facility at 3143 Route 9, Suite 6, in Valatie-just north of Golden Harvest Farm Stand-or online at HVIGolf.com or call him at 518.610.8240. is something for everyone. Hudson Valley Indoor Golf 3143 Route 9 Suite 6 Valatie, NY 12184 (518) 610-8240 https://www.hvigolf.com/

HILLSDALE FLEA **MARKET RETURNS** TO HAMLET PARK

**Vendors Sought for** 

**Memorial Day Weekend Event** The Town of Hillsdale's popular flea market returns on May 25, the Saturday of Memorial Day weekend. Organizers of the town-sanctioned event seeking vendors to sell a wide variety of goods, ranging from kitchenware, furniture, toys, garden items and clothing to antiques and collectibles. "It's a great opportunity to let some of the treasures you've been hanging on to find a new home" said Tim Stookesberry, a co-

encouraged to sell their wares, such as makers of wooden bowls, birdhouses, pottery, pillows and hand-tooled jewelry. The flea market will again take place in the Hillsdale Hamlet Park, located just southwest of the traffic light at the intersection of N.Y. Routes 22 and 23 in Columbia County. For more information or a vendor application, contact the organizers at hillsdalenyparks@gmail.com. Vendors have two options: a \$40 donation for a 15-by-15foot space, with one parking spot next to the booth, or \$25 for a 10-by-10-foot space, with the requirement that vehicles be unloaded and parked in a designated spot. Vendors must supply their own table, small tent or other items. Note that the market is held on grass. The market will open at 9 a.m. for early-bird shoppers, at a donation of \$10 a person. Money raised from the early birds will benefit the Hillsdale Fire Company #1. The Fire Department will also be raising funds by serving breakfast sandwiches and coffee at the event. The market will be open free to the public from 10 am to 3 pm. As this is an outdoor event, a rain date for severe weather is set for Sunday May 27, with the same times. Notice of a rain delay

will be posted on Hillsdale's

organizer of the event. Artisans

who create works by hand are also

various Facebook pages as well as the Town Website and other social media outlets.

# **Spring Book Sale** & Plant Sale at the **Clinton Community** Library

SAVE THE DATE! Clinton Community Library's annual book sale will be happening from May 16-May 19, just in time for you to stock up on summer reads! The selection includes history, popular fiction, cookbooks, children's books, biographies, paperbacks, specialty books, and more. On Saturday, a Plant Sale will be held alongside the book sale. A selection of seedlings and divided perennials will also be for sale outside, along with a selection of home and garden books. All books and plants are priced as marked unless stated otherwise. Costs from 50 cents to \$5.00, with some specialty books priced higher. \$5 Bag Sale on Sunday 6/19. Plant prices range from \$3.00-\$12.00 Credit cards are accepted along with cash and checks. The dates/times of the follows: sale are as

- Thursday, May 16, 5PM-7PM Preview night with \$10 entry fee. Books priced as marked.
- Friday, May 17, 1PM-6PM - Books priced as marked. Continued on page 13

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**Check our Website** or Facebook for Upcoming Specials!!!

### **Spring Book Sale & Plant** Sale from page 12

Saturday, May 18: 9AM-3PM - Books priced as marked. Plant sale outdoors. Sunday, May 19: 11AM-3PM - Bag Day: Fill a bag of books for just \$5! Physical Address:

Clinton Community Library Centre 1215 Road \*Rhinebeck, 12572 \* Please note that the library is not located in the village of Rhinebeck, it is located in the Town of Clinton, adjacent to the Clinton Town Hall. About Clinton Community

Clinton Community Library is located at 1215 Centre Rd. in Rhinebeck, NY. The library is open Mondays, Tuesdays, and Thursdays from 9-5, Fridays from 10:30-6:30, and Saturdays from 9-1. It is adjacent to

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the Clinton Town Hall. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 266-5530 or visit www. clintoncommunitylibrary.org.

# Spencertown **Academy Presents Nature Writing: Poetry and Prose** Workshop with Donna Kaz

Spencertown Academy Arts Center presents Nature Writing: Poetry and Prose Workshop with Donna Kaz on Saturday, June 15 from 10:00am to 3:00pm. Tuition is \$30 for Academy members and \$35 for non-members. To register, please see www. spencertownacademy.org

Participants will explore

Serving the

**Hudson Valley** 

the unique landscape summer and will be guided through examples of how poets like Mary Oliver and Robert Frost use their environment to inspire their writing styles. The class will take a stroll through the great outdoors of a nearby Columbia L a n d Conservancy and return to the Academy for lunch (BYO) writing exercises. "Nature is full of inspiration and can easily serve as a muse for writers," Kaz, says director of the

Academy's Write Columbia

Writers

Conference, activist, and author of "The Sweetgum Trilogy"—a cycle of plays

explores that invisible thread between humans and

natural world. "Bring paper and pen and leave with a short journal

entry, prose piece, or poem about how you connect to

around you. No writing experience necessary-

and

the landscape

only a love of reading writing about the

beauty wonder nature." Founded 1972, Spencertown

Academy Center is a cultural center community resource serving Columbia County, the Berkshires, and Capital region. Housed in a

landmark 1847 Greek Revival schoolhouse, the Academy located at 790 State Route 203 in

New

spencer

t o w n academy.org

For

Spencertown, York. more information, please contact info@

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# Barkbusters from page 5

might be a challenge for a soft natured person. A less confident pup may jump and move away when the object is dropped, but will usually return fairly quickly to investigate. Less bossy than the more confident puppy described above, this puppy will most likely make a great pet. The puppy that takes longer to approach and runs around the object acting as if it is alive and may attack, is a little timid, but should still make a wonderful pet with proper, gentle training. The puppy that barks at the object, runs away and crouches down or refuses to return to the spot has a more nervous temperament and could be a difficult pet. More patience will be required during training. Finally, lift and hold the puppy in

your new addition to the family, be sure to start training as soon as you bring him home. By introducing the expectations and rules of your household early, he will quickly acclimate and feel more comfortable and secure.

Just like people, puppies come in all shapes, sizes and temperaments. Do a bit of research first, then visit your local shelter. Determining what breeds and temperaments would be the ideal fit for your family will help ensure that the puppy (or dog) you bring home will

Dog Training Company. Our techniques have been used to train more than 1.1 million dogs worldwide without the use of treats or physical force and we provide Guaranteed Support for the Life of the Dog. We teach our clients how to view the world through the eyes of the dog and to "Speak Dog". By learning how to effectively communicate with a dog and tapping into what the dog already instinctively understands, you build a relationship with the dog based on trust, respect and bonding. Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 18 years. On the eastern side of the Hudson River, her territory includes all of Dutchess County and on the western side of the Hudson her territory extends from Saugerties on the north to Newburgh on the south and Kerhonkson on the west. For more information about Bark Busters, please visit our website at www.BarkBusters. com where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-535-5302 and join in the fun by "liking" us on Facebook https://www.facebook.com/



# remains still is likely to be calmer and more easily trained than one that wriggles and tries to escape. STEP 3: TRAINING Once you have chosen

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# CLINTON HISTORICAL SOCIETY ANNUAL SPRING TAG SALE

The Clinton Historical Society will hold their annual SPRING Tag Sale on Friday, May 10 and Saturday, May 11, from 9 AM to 4 PM at the Creek Meeting House, 2433 Salt Point Turnpike, Clinton Corners, NY. The Society will have all kinds of great items PLUS, their famous homemade baked goods and coffee will be available for purchase. So come find a bargain, enjoy a delicious baked treat and visit with your neighbors! Proceeds from the sale go support their mission. It is the Mission of the Town of Clinton Historical Society to preserve, educate and encourage an appreciation for the history of the Town of Clinton (founded in 1788) and its historic sites and structures with a focus on preserving and restoring the 1777 Creek Meeting House. The purpose of this effort is to benefit our town residents, visitors, and all future generations.

# NOT TO BE MISSED ANNUAL PLANT SALE

The Germantown Garden Club will hold its very popular Annual Plant Sale on Saturday, May 18 from 8 am-1 pm at Palatine Park, Germantown. There will be locally grown nursery plants available for purchase. selections include annual flowers, perennials, vegetables, and herbs. Garden club members will provide houseplants and seedlings. The club will also offer a Gardening Tag Sale and a delicious Bake Sale. This event coincides with the Germantown Town-Wide Yard Sale event. Get here early, as the most desirable plants sell out fast! Funds raised at this event support the club's Germantown High School Scholarship Fund and other vital donations and projects for the town that the club provides. For more information, please call Joyce Vale at 518-821-2955. The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.





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# The 2024 4-H "A-Fair to Remember" is Nearly Here!

Why wait until August to meet the 4-H animals, join in activities and drink a real Dutchess County "Fair **Shake" milkshake?** The 4-H A-Fair to Remember 2024 will be held on Sunday June 2nd, at Wilcox Memorial Park, Rt. 199 Stanfordville from 10am -3:30pm, courtesy of Dutchess County Parks.

Entry to the event is free and everybody is welcome! Festivities to celebrate the opening of the season will start with a ribbon cutting at 10am by the lake where the brand-new splash pad is situated. 4-H'ers will be there from 10am until 3:30pm, showcasing their projects and welcoming the public to explore what they do. 4-H projects cover a wider range of subjects than most people realize! Join us for a fun-filled day with food trucks, beverages, music and more.

Meet the animals, get up close, pose for photos and learn about the care that goes into raising them, test your knowledge: animal-related games/quizzes for









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all ages with fun prizes, learn archery and try your hand at air rifle with our trained shooting sports instructors and state-of-the-art equipment, participate in arts and crafts of many types, play fair-style games and purchase local products and those made by the youth. Scan the code or visit the website https://dutchesscounty4h.weebly.com/ to learn more.

# Staatsburgh State **Historic Site's** I Love My Park Day of Volunteerism

Staatsburgh State Historic Site, within Mills Memorial State Park, will present its annual *I Love My* Park Day volunteer event on Saturday, May 4, from 10a to 2pm. *ILove My Park Day* is a statewide event to improve and enhance New York's state parks and historic sites and bring visibility to the entire state park system and its needs. Volunteers from across the state will participate in cleanup, improvement, and beautification events at New York State parks and historic sites. At Staatsburgh, volunteers will be helping site staff prepare the grounds for the season by raking, removing vegetation and debris, and mulching and planting areas near the mansion. Those interested in volunteering for the project at Staatsburgh can register to volunteer by visiting www.ptny.org/ilovemy

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Volunteers for Staatsburgh's I Love My Park Day will receive an event T-shirt (while supplies last), and lunch and a complimentary tour of the site's Gilded Age mansion are provided by The Friends of Mills at Staatsburgh.

Refreshments are provided by our community partners, Tops Friendly Market of Rhinebeck, and Stop and Shop of Hyde Park. Home Depot of Poughkeepsie and Williams Lumber of Rhinebeck generously providing event supplies. Thanks to all our local business supporters!

Staatsburgh was the Gilded Age country estate of prominent social hostess Ruth Livingston Mills and her husband, financer Ogden Mills. The 79-room mansion on the Hudson River showcases the opulent lifestyle enjoyed by the wealthy elite of the early 20th century, and the lives and roles of the servants who made the estate function. The house was remodeled by the famous architect Stanford White in 1895. Staatsburgh is within Mills Memorial State Park,

located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. offers Staatsburgh house tours, special programs and events throughout the year, by online reservation: www. Bookeo.com/StaatsburghSHS

Parks & Trails New York is the leading statewide organization working to preserve and enhance a network of parks, trails and greenways for all New Yorkers for generations to come. Since 1985, our influential reports and advocacy efforts have been critical to keeping parks and historic sites open and protecting New York's natural, recreational, cultural and historical resources. For more information, visit www.ptny.org.

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas, visit parks.ny.gov, download the free NY State Parks Explorer call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram,X (formerly Twitter), and the OPRHP Blog.

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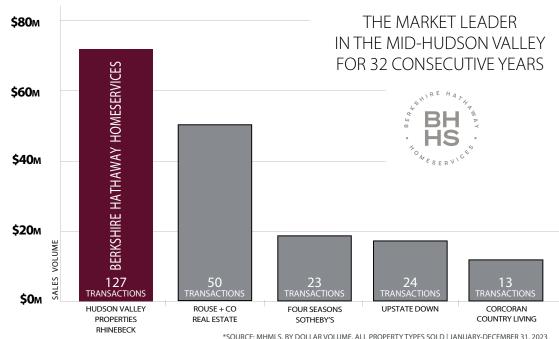
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# **Staley Real Estate, LLC** from page 1

involvement in decision making because zoning is a "home rule" matter – meaning local municipalities make zoning laws including the hot-button issue of allowing homeowners to rent their accessory dwellings.

Staley Real Estate is more than helping clients to buy, sell or rent properties. "We are dedicated to representing our landlords' interest with professionalism and within the always changing New York State Landlord/ Tenants Laws," Knick Staley states. "We are active members of the National Association of Realtors(NAR) & New York State Association of Realtors (NYSAR) and attend the NAR Legislative meeting in DC every year and NYSAR's Lobby Day in Albany to meet with legislators to advance the pro real estate agenda and to protect private property rights. We believe that having a seat at the table is important for our clients and their interest."

Knick Staley says even though there is an inventory shortage, "houses are still moving and interest rates, at 6.5%, are still lower than in the 1980's. People are moving up from the city. attracted by the ability to work from home and the ease of travel by Amtrak. Many out-oftowners and internationals are

renting first and buying later." Staley Real Estate helps landlords find qualified tenants. They will advertise the property, conduct phone interviews to prequalify prospective applicants, show the property to preapplicants, qualified applications and process them to make sure the applicant is qualified (credit reports, confirm employment, call references etc.) present application to owners/landlords for approval, handle lease signing and collecting all funds, forward all funds and documentation to owner/landlord. Furthermore, Staley Estate is a trusted Property Management Partner to property owners looking for stress-free management solutions. "We understand the challenges of property management. That's why we offer comprehensive services tailored to meet your needs, whether you own a single rental property or a portfolio of investments," Knick

"Our goal is to help you maximize your returns while minimizing your workload. We are happy to handle the day-today management tasks so you can focus on what matters most to you. We offer personalized service. We take the time to understand your goals and develop a customized management plan that suits your unique needs. We will keep you informed every step of the way with our transparent communication and regular updates on your property's performance. "From screening tenants to

handling maintenance requests, we prioritize tenant satisfaction to ensure long-term occupancy and positive rental experiences. With years of experience in the real estate industry, our team has the knowledge and skills to maximize property's potential. The Staley family has extensive knowledge in local zoning and a love of the rich history of Rhinebeck and the Hudson Valley communities. know the history, and have experience that comes with a deep connection to the region. In fact, they're part of that history. Knick and Daniel both served on Rhinebeck town boards and are currently on the board of directors at Ferncliff Forest, founded by Homer in 1964.

"I'm the third generation, Daniel shares. My grandfather (Homer) laid the foundation and Dad (Knick,) since 1993, has been carrying the torch -following his father's love of real estate and community service."

From the Ferncliff Forest Preserve, to major subdivisions, to the origination of planning boards, zoning laws and comprehensive plans, the Staley's have been a part of Rhinebeck's ever evolving landscape including development of the Sepasco Village and lake. Daniel prides himself on his attention to detail and his customer service skills. Knick is active in scouting and the Scouts earn their badges and help maintain the Ferncliff Forest Preserve.

Daniel anticipates the future of Staley "will remain as a small business highly in-tune with local history, a deep commitment community involvement and betterment." And with Staley Real Estate, "that's our name on the sign, which we take a lot of pride in.

"Our future is grounded in community connection, and we continue to operate as a go-to agency with a breadth and depth of local experience like no other. Technology allows us to compete with bigger regional and nationalbrand agencies, but our years of experience and service gives us an additional advantage." Clearly, after 75 years, Staley Real Estate is a good team to have on your side when buying, selling, or renting residential or commercial/industrial property. Five-star reviews reveal clients trust and respect the Staley name. For more information about Staley Real Estate, visit www. 845-876-3196, StaleyRealEstate.com or stop in one of the two offices located at 400 Rt. 308 in Rhinebeck at the Route 9G exchange -- where the road meets Route 308 -- or check out their 2nd Rhinebeck office located at 58 East Market in the Village of Rhinebeck across the street from the village parking lot. Staley Real Estate is committed to upholding all fair housing rules and regulations. Serving the Northern Dutchess Southern Columbia



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