



Hudson River View

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Postal Customer

**Now Open:
Catalina's
Italian Deli and
Market in
Red Hook
For Authentic
and Traditional
family
atmosphere,
affordability
and
convenience**

By Lisa Dudley

After Catherine Ackert, owner and operator of Hudson Valley Estate Management, noticed that people coming up from the city were missing their daily access to an authentic Italian deli, she and her close friend of many years, Dionta Ryan, “who has years of experience of operational and daily function of a sandwich shop” combined their vision of “bringing family, affordability and convenience” to the area - and opened Catalina's Italian Deli and Market at 46 W Market St. in Red Hook.

With convenient parking, Catalina's Deli and Market is



well received. “We have 1,200 likes/friends on Facebook” – in one month, “and we have already gotten 45 five-star reviews” and positive comments.

All praise is due to the Italian bread, cheeses and meats that create the authentic flavors creating a warm feeling of history and harmony. “We are a fully-staffed team of 6 women – mothers and grandmothers - running the show.” Folks are admiring the home-made home-town Italian atmosphere and “we’re enjoying ourselves as well. Our guests feel the love and we appreciate our

Continued on page 2

A Natural Approach to Wellness

by Joseph V Cassarino

In a world where maintaining robust health is more important than ever, a groundbreaking solution to support and optimize immune function has been discovered by a Harvard Medical School Graduate and Scientist, Dr. Albert B. Crum, M.D., DSc, (Hon), M.S. and is emerging as a top health supplement across America recommended by physicians, health centers, pharmacies and health food markets. This unique patented formula known as ProImmune - Immune Formulation 200 supports the body's natural production of intracellular glutathione and is lauded for its antioxidant properties.* Glutathione nutrition helps reduce oxidative stress and supports healthily inflammation responses, both of which are relevant to overall health and wellness.*

What Makes ProImmune Immune



Formulation 200 Different? At the heart of ProImmune Immune Formulation 200 lies a patented blend of amino acids and a water-soluble mineral cofactor designed by the renowned scientist Dr. Albert B. Crum. Unlike synthetic glutathione or precursor products like N-Acetyl Cysteine (NAC), which provides glutathione into the diet; ProImmune works by providing optimized building blocks of glutathione allowing the body's natural ability to synthesize glutathione within cells as needed and when needed.* This natural abundancy approach allows the body to detoxify, process healthy inflammation and combat daily oxidative stresses more efficiently.* Part of the ProImmune many patents is for the how it supports detoxifying heavy metals from inside cells membranes.*

As mentioned above, one of the standout features of ProImmune is its ability to support glutathione production from within and on-demand addressing daily various cellular damages we are exposed to.* The body naturally produces glutathione, but factors like age, diet, lifestyle, stress and environmental toxins will deplete its levels. By facilitating *intracellular*

Continued on page 19

14th Annual Community Thanksgiving Dinner

Friends, Family and Food without a FEE!

Enjoy a traditional Thanksgiving Buffet without the Hassles of cooking and cleaning up, Plus, plentiful desserts!! YUM

**WHEN: Thursday
November 23 at 12 NOON
(ONE SEATING ONLY)**

**WJERE: Red Hook Firehouse –
Firehouse Lane**

RESERVATIONS are encouraged by **November 21**

**Please call Holy Cow at
(845) 758 – 5959.**

Reservations for take outs are **Required** and need to be made by

November 21

TAKE OUTS AVAILABLE AT

2pm ONLY

VICTORIAN GILDED WALNUT ORNAMENTS A CRAFT WORKSHOP AT STAATSBURGH STATE HISTORIC SITE

Have you ever tried your hand at gilding? Visit the Gilded Age mansion at Staatsburgh State Historic Site to create lovely small ornaments—a beautiful item to gift or for your own home.

The 90-minute “Victorian Gilded Walnut Ornaments” workshop is on Friday, November 15 at 6:00pm and is recommended for ages 15 and up. Tickets can be purchased at <https://GildedWalnuts.Eventbrite.com/> The cost is \$12 per person (plus Eventbrite fee).

Inspired by the Victorian-era short story, “The Gilded Walnuts,” participants in this workshop will learn to apply gold leaf paper to empty walnut shells and fill them with tiny treasures. All the materials and instruction will be provided to make these delicate period ornaments, while enjoying light refreshments. The mansion's gift shop will be available for early holiday shopping.



Gilded Walnut Ornaments PD

Staatsburgh State Historic Site is open for guided mansion tours Thursdays through Sundays, through October 25, and re-opens for self-guided holiday touring on November 29. To attend a mansion tour, please make advance reservations on www.Bookeo.com/StaatsburghSHS; admission is charged upon arrival. Visitors may also enjoy a picnic or stroll by

Continued on page 4

NEW LEAGUE PLAY, TRAINING WITH PROS, AND CHARITY EVENTS MAKE FOR AN EXCITING “WINTER SEASON” AT HUDSON VALLEY INDOOR GOLF

by Joe Doran

Golf season never ends in some fair weather places.

Thanks to Hudson Valley Indoor Golf, in Valatie, it doesn't have to end for enthusiasts or interested beginners to the sport in the Northern Mid-Hudson region, either.

With exciting winter charity tournaments, golf leagues and championships, and new eight week training courses conducted by pro instructors, Hudson Valley Indoor Golf owner Evan Silkworth, PGA says it's all about growing the sport, developing skills and having fun.

Hudson Valley Indoor Golf offers options for players of every interest level. Players can book tee times for virtual golf, sign up for individual lessons, group clinics and development



Evan Silkworth, Owner & Head Golf Professional at HVIG

programs, get fit for clubs, join leagues and tournaments, and generally enjoy any part of the golf experience.

With state-of-the-art technology, every player or group can hone their putting skills on a 450 square foot augmented reality putting green that features advanced metrics feedback and analysis, or play one of the 250,000 real world golf and gamified courses in an oversized simulator bay.

Winter Charity Events Getting a Golf Boost

Since opening Hudson Valley Indoor Golf in 2021, Evan has been building out his vision of an indoor golf mecca where area golfers can experience the kind of

Continued on page 20

Spencertown Academy Presents Small Works 2024: Regional Fine Arts and Crafts November 16 – December 15

Spencertown Academy Arts Center presents Small Works 2024: Regional Fine Arts and Crafts featuring more than 150 small artworks, including acrylic, gouache, oil, pastel, and watercolor paintings, pen and ink and charcoal drawings, encaustics, ceramics, printmaking, collage, mixed media, photography, fiber art, wood, metal, and basketry. On Saturday, November 16, there will be an opening reception from 3:00pm to 5:00pm and the exhibit will remain on display through December 15. Gallery hours are Saturdays and Sundays from 1:00pm to 5:00pm. Admission is free and the artworks are for sale; a portion of the proceeds benefits the Academy.

“This is a different format for a Spencertown Academy exhibition. In many of our shows, the larger works take over. Here, we are allowing the smaller works a center stage,” says Curator Meryl Enerson. “The combination of 2D and 3D works, including an array of fine crafts, presents a great diversity of media. The show's focus is on quality arts and crafts measuring 12-inches or less in any dimension.”

Spencertown Academy's Gallery Curatorial Committee selected the



“Saggar Fired Vessel with Lid” by Barbara Patton (ceramics, 9 x 5 x 5 inches)

works from over 300 submissions to an open call for art earlier this year. The 73 artists include Carolyn Abrams (Lenox, MA), Jeffrey All (Spencertown, NY), Fern Apfel (Kinderhook, NY), Holly Aragi (Sheffield, MA), Deborah Bayly (Poestenkill, NY), Leslie Blank (Ghent, NY), Stephanie Blumenthal (Sheffield, MA), William Bracken (Averill Park, NY), Elizabeth Buttler (Housatonic, MA), Deborah Carter (Lenox, MA), James Coe (Hannacroix, NY), Howard

Continued on page 3

*The December
Edition Of The
Hudson River View
Will Be In
Area Homes On
December 4th
The Deadline For
Advertising And
Press Release
Submission
Is November 20th*

THE HUDSON RIVER VIEW ONLINE!

Visit our website to read our current edition, view our advertising rates and distribution, publication schedule and deadlines. Visit often to view updated and additional editorial received after publication and throughout the month.

Hudsonriverview.net

ACCORDING TO QUACKERS



What the Birds Teach Us

by J. R. Eastwood
November now is here,
With skies of leaden hue,
And gloomy days and drear,
And winds that pierce us through.
And on the hedge the rose,
With leaves of tender green,
No more in beauty grows,
And frost and snow are seen.
But still the Birds contrive,
By hardship unsubdued,
To keep themselves alive,
And keenly seek their food.
And thus they teach us still,
However dark the day,
“That where there is a Will
There always is a Way.”

Now Open: Catalina’s Deli and Market from page 1

neighbors showing up for us.”
Mostly, the patrons are appreciating quality Italian food: Italian Levoni meat, Prosciutto, Genoa salami, fresh provolone, mozzarella, pepperoni, soppressata, spicy salami, capicola salami, spicy-picante salami, mortadella with pistachios, Grana Padano Italian cheese originated in the Po Valley, stuffed chili peppers and our signature Catalina chopped Italian sandwich.
Adding to all that deliciousness is their “top salad bar” consisting of 46 items. “It is all food from an Italian market you can’t get anywhere nearby,” she adds. “We bring it in.” Plus, “We sell fresh loaves of Italian breads from Rockland Bakery.” Every morning the truck arrives at 4:30 am and “I am here to greet them. The coffee is ready by 6am.

“6 am is our carpenter’s coffee hour with grab and go pre-made morning meals. We serve a variety of egg sandwiches and yes, we serve decaf and half caff.” One outstanding item of note: according to their web site, Catalina’s Deli and Market sold 450 fresh rolls in one day, serving 750 people.
“We love seeing our customers so excited,” she declares. If you go to their Face Book page, @catalinas.deli.and.market you will see photos of different breakfast sandwiches, take-away



incentives for good grades, winning championships, and “truly bringing a sense of community and affordability back - like in the good old days.” Our slogan is: An Italian deli with a twist. We look forward to feeding your cravings and keeping ya’ bellies full.
Both Catherine and Dionta have children of their own and they are committed

to bringing “Family” back to the community and “a sense of everybody bringing their own history and love of food - be it from Brooklyn or Philadelphia - using whatever words create a warm feeling of harmony: hoagies, subs or grinders. With offerings of breakfast, lunch, salad bar and out-of-town specialties, Catalina’s Deli and Market is sourcing as much as possible from local farms including vegetables, fresh local meat products and micro greens.
For more information about Catalina’s Italian Deli and Marketplace, visit their website <https://www.CatalinasDeliAndMarket.com>, like them on Face Book @catalinas.deli.and.market or call 845-758-DELI to order ahead. Hours are Monday through Saturday 6am- 4pm. Closed Sunday – “just like the true Italian tradition – Sundays are for family!

food offerings, photos of the layout inside, sample menus and photos of the super-clean kitchen.
“We are looking forward to more community blessings including a program to honor the accomplishments of community members. “This is something I’ve tried to bring to the community for many years,” she insists. “We absolutely want to showcase how we were brought up and how we would like to see our children follow suit.” Catherine is specifically talking about rewarding good behavior, providing food and beverage

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Hours: Monday - Saturday 6:00 am - 4:00 pm
Catherine Ackert and Dionta Ryan Look Forward to Seeing You!

Spencertown Academy
Presents from page 1

Danelowitz (Hillsdale, NY), Amanda Filli (Kinderhook, NY), Katy Flammia (Hudson, NY), Meryl Freeman (Ghent, NY), Cecilia Friederichs (Valatie, NY), Pat Frik (Housatonic, MA), Gail Giles (Chatham, NY), Robin Guthridge (North Chatham, NY), Terrence Hanlon (Pittsfield, MA), Nicholas Haylett (Kinderhook, NY), Nancy Henry (Albany, NY), Catherine Herman (Glenmont, NY), Shaari Horowitz (Sharon, CT), John Huffaker (Stephentown, NY), Marcelene

Isaacson (Lenox, MA), Yoko Izu (Catskill, NY), ML Kammel (Tyringham, MA), Lisa Kaplan (Crarryville, NY), Morgan Kent (Richmond, MA), Bruce Laird (Lee, MA), Mara Lefebvre (Latham, NY), Sue LeGere (Rensselaer, NY), Pattie Lipman (Stephentown, NY), Shaina Loew-Banayan (Austerlitz, NY), Allison Marchese (Old Chatham, NY), Ellen Marsh (Hudson, NY), Adrianna Maselli-Therault (Palenville, NY), Joshua McKeon (East Chatham, NY), Suzanne Michael (East Chatham, NY), Melanie Mintz (Germantown,

NY), Kevin Mooney (Troy, NY), Jan Moseman (East Chatham, NY), Lauren Nelson (Rhinebeck, NY), Wendy Nooney (Albany, NY), Susan Nowogrodzki (East Greenbush, NY), Moira O’Grady (Chatham, NY), Joan Oliver (Rensselaer, NY), Clarke Olsen (Spencertown, NY), Barbara Patton (Pittsfield, MA), Andrew Pellettieri (Kinderhook, NY), Sybil Perry (Cornwall Bridge, CT), Amy Pressman (West Stockbridge, MA), Catherine Ramey (Stephentown, NY), Diane Reutter (Chatham, NY), Julie Scott (Great Barrington, MA), Ruth Seidler (Great Barrington, MA), Israel Singer (Castleton-on-Hudson, NY), Margo Singer (Castleton-on-Hudson, NY), Margie Skaggs (West Stockbridge, MA), Audrie Sturman (Slingerlands, NY), Laurie Sussman (Hudson, NY), Santina Tirone (Ancram, NY), Maggie Tobin (Chatham, NY), Marsha Lia Walton (Delmar, NY), Celeste Watman (Otis, MA), Steven Wildermuth (Ghent, NY), Emily Willcut (Pittsfield, MA), Denis Wogan (Easthampton, MA), Nina Yankovic (Williamstown, MA), Rebecca Zeh (Ballston Lake, NY), and Denee Zeigler (Troy, NY).

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

Chancellor
Livingston Chapter
NSDAR

spent two mornings fulfilling their day of services sorting their collected donations of everyday, personal items to ship to our service members. Some donations were earmarked for an Army Chaplain to distribute to a deployed Army unit in the Middle East, aka the Sandbox Unit, consisting of 400 men and 250 women. Items were also mailed

or delivered to two active local service members, to the Castle Point VA Medical Center, and to the Pfc Dwyer Peer-to-Peer Program food pantry in Hudson.



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J.R. Bates

ACROSS

- 1) "Dancing Queen" pop group

5) Shoe securers

10) Bobby in England

13) Runners' place

14) Certain rial spender

15) Chanel who made scents

16) Supposed fortune-teller

19) Exasperate

20) Lock-fastening devices

21) Utilize a microphone

22) Caulks again, e.g.

24) Squirrel's quest

25) Abhor

26) Goldman's Wall Street partner

28) Speaker's platform

30) Bad thing to marry in

31) New Zealand parrot

34) Leave the nest
- 38) Golf expendable

39) "Alice" star Lavin

40) Mawkish sentiment

41) Bowling ball paths

42) Garbage-hauling boat

44) Dentist's reminder

46) Drawn Brown

49) Smart ____ (wiseacre)

50) Data processor?

52) Respond conclusion

53) Just barely

56) Subtracted by

57) What's unearthed on a golf course?

58) "Let Us Now Praise Famous Men" author

59) Before, in old poems

60) Third-quarter mos.

61) Retail well

DOWN

- 1) Up and buzzing about

2) Harsh bugle sound

3) Variety of 12-Down

4) Goings-on or commotions

5) Place or site

6) Build, as a fortune

7) Raise trivial objections

8) Certain gridiron positions

9) Knight's address

10) Programming whiz

11) Indian, for one

12) Kind of roast

15) Guitar attachments

17) Not this

18) Abstain from

23) "With the greatest of ____ ..."

24) Play divisions

26) Does a woodworking chore

27) On a deck on 11-Down

28) "Spring ahead" letters

29) Zoo creature

30) Better an edge

31) Cognition

32) Trip taken in vain?

33) Certain venomous snake

35) Iditarod state

36) Earsplitting noises

37) Composer Stravinsky

41) Some Scottish waterways

42) Tees and button-downs

43) Sugar in the field

44) Simple brochure (Var.)

45) Non-buying arrangement

46) "Murder, She Wrote" locale ____ Cove

47) Noted chip maker

48) Lucy's sitcom friend

49) Equipped

50) French cheese town

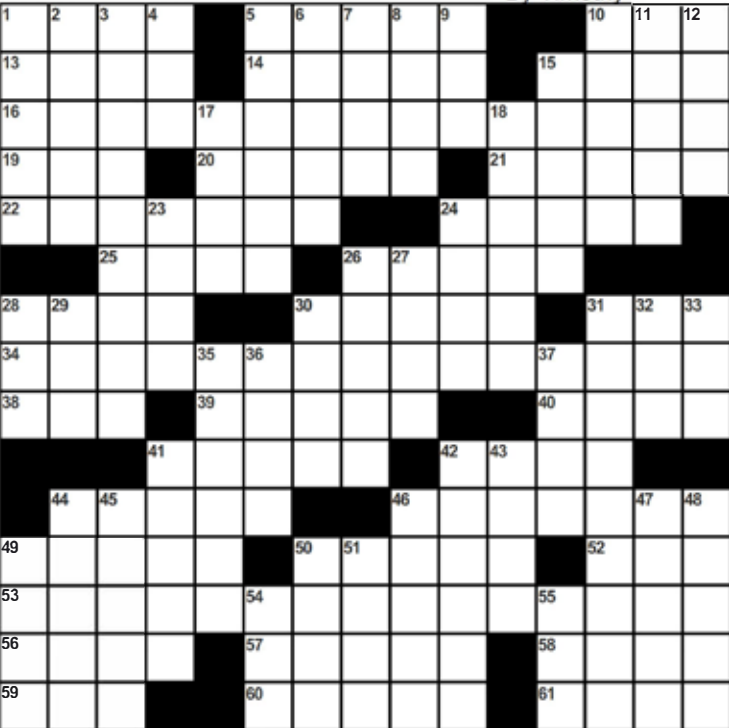
51) "Let us know," to an invitee

54) Name tags, e.g.

55) ____ in "apple"

READ ALL ABOUT IT

By Timothy E. Parker



Solution on page 4

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Victorian Gilded
Ornaments from page 1

the Hudson River, or a hike along the woodland trails in adjacent Mills Memorial State Park.



Christmas Tree.
Courtesy of Karl Rabe.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh’s websites at, <https://www.Bookeo.com/>

[StaatsburghSHS](#), [www.facebook.com/StaatsburghSHS](#), and [www.staatsburghstatehistoricsite.blogspot.com](#). Staatsburgh’s events are also listed at [parks.ny.gov](#)

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas, visit [parks.ny.gov](#), download the free [NY State Parks Explorer app](#) or call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, [X](#) (formerly Twitter), and the [OPRHP Blog](#).

Luciano Valdivia
Named President
of Rhinebeck
Area Chamber of
Commerce

Luciano Valdivia, owner of Market ST and several other local dining establishments, has been appointed as the new President of the Rhinebeck Area Chamber of Commerce. Valdivia brings extensive experience and a passion for local business to the role, focusing on enhancing the

community’s economic vitality. “I am honored to be appointed as the President of the Board for the Chamber of Commerce,” said Valdivia. “I look forward to working closely with our members and the local business community to foster growth, innovation, and collaboration. Together, we can build a stronger, more vibrant economy that benefits everyone.”



Luciano Valdivia

The Rhinebeck Area Chamber of Commerce Board of Directors for 2024 includes: **Luciano Valdivia**, President (Market ST. Restaurant) **Christopher Montalto**, 1st Vice President (The Montalto Law Firm) **Maureen Gates**, 2nd Vice President (Sharp Images Photographic) **John Grady, CPA**, Treasurer (Grady CPA, PC) **Sharon Whiteley**, Secretary (Rhinebeck Bank)

Board members also include Michael Babcock (Wineracks. com), Dawn Hopper (Dutchess Tourism), David Hughes (Dave’s Tree Service), Josh Kroner (Terrapin Restaurant), Lorrie Kruger (Rhinebeck Mercantile), Megan Martino-Guido (Rain Spa), Amanda N. Miller (Amanda N Miller, PLLC), Darlene Pedrosa (Pedrosa Wealth Management), Gail Saucier (Berkshire Hathaway Home Services), David Tellerday (M & T Banks), and Brian Zeidan (The Community at Brookmeade). Nancy Sheehan serves as the Chamber’s Executive Director. “Luciano’s vision for growth, combined with his deep understanding of local governance, makes him an outstanding choice to lead the Chamber Board,” said Nancy Sheehan, Executive Director of the Rhinebeck Area Chamber of Commerce. “His commitment



to ensuring that Rhinebeck continues to thrive as a vibrant, collaborative community is inspiring. We are excited to work with him as he brings fresh ideas to support our businesses and strengthen our local economy.”

The Rhinebeck Area Chamber of Commerce, established in 1957, is dedicated to supporting local businesses through advocacy, promotion, and community engagement. As the voice of the business community, the Chamber collaborates with local government to influence policies that promote economic growth. Through marketing, events, and networking opportunities, the Chamber helps businesses thrive while organizing community activities that enhance Rhinebeck’s cultural vibrancy. The Chamber also provides resources, education, and mentorship, ensuring Rhinebeck remains a dynamic place to live, work, and visit. For more information, visit [rhinebeckchamber.org](#).

2024 Shelter Sweeps

The Columbia-Greene Humane Society/SPCA would like to thank everyone who participated in our 2024 Shelter Sweeps. This year’s Sweeps raised over \$80,000 to help provide programs and services to more than six thousand animals every year. This year’s Shelter Sweeps

winners are:
John Deere Tractor Package:
Alfred Turek
Costa Rica Package: Roni Brower
Electric Bike Package: Ann Singleton
We’d like to offer a heartfelt thank you to our 2024 Sweeps Sponsors:
Best in Show: Duncan Calhoun & Russell Gibson, Freeman and Howard, P.C., Michael and Elaine Gruener, Patricia A. Kenehan
Best of Breed: Anonymous Friend of CGHS, Anonymous – Friend of CGHS, AOW Construction LLC, Bank of Greene County, Evelyn Bordewick Foundation, Peter and Diane Hogan, Charlene Marchand, Richard and Debra Oliver, Pro Printers
Blue Ribbon: Ghent Dairy Queen, In honor of and Sydney and Raven, Kimberly Peregrim, DO, James and Kate Schneider, Scott Shallo, S.T Hudson’s Son
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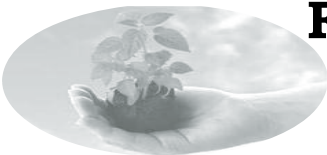
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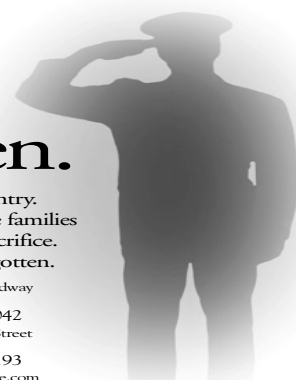
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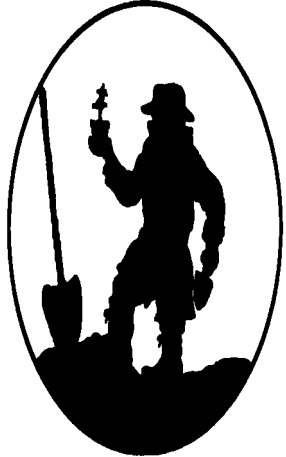




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KEEPING THE HOLIDAY SEASON FUN & SAFE FOR YOUR DOGS

Presented by Barbara Sweeney Fassett and Bark Busters Home Dog Training Dutchess County

It is hard to believe but the holiday season is once again rapidly approaching, and I would hope that we can all have happy and safe celebrations. Please keep in mind that good times with family and friends; decorations, parties, gifts and all the excitement that goes along with the holidays can be stressful for our dogs that don't quite understand what is going on. While we humans try to get more done in the time we have, our dogs may only see an upset to their normal routine, trees growing in the living room and, in many homes, an unusual amount of kitchen activity that produces amazing aromas.

HOLIDAY FOODS

While the array of food that comes from our kitchen are treats to be had by the humans, they can be dangerous when consumed by our dogs. These include fatty or spicy foods, bread dough, fresh herbs, alcoholic beverages and sweets of all kinds, especially those with chocolate or xylitol.

Particularly dangerous are cooked poultry bones that easily splinter, and bone shards can cause choking or get stuck in your dog's gums. Ask your trainer or veterinarian for suggestions.

Secure all trash cans and discourage your dog from foraging. While a small taste of turkey or sweet potatoes can make your dog happy, don't over do it. **DECORATIONS ARE NOT PLAYTHINGS**

Many holiday plants are poisonous, such as holly, mistletoe, poinsettias and amaryllis. Keep them out of reach from your dog.

Snow globes can contain antifreeze, which is extremely toxic to dogs. Keep any antifreeze products away from your happy, tail-wagging dog. If there is an antifreeze spill, send your dog out of the room while you clean up the liquid. Dilute the spot with water and floor cleaner to ensure your dog does not lick the area later.

Don't leave lighted candles unattended. A lit candle knocked over by a swinging tail can burn your pet or cause a fire. **CHRISTMAS TREES CAN BE HAZARDOUS**

Anchor the tree to the ceiling or wall to prevent it from tipping over.

Hang non-breakable ornaments near the bottom of

the tree. If ingested, tinsel can twist in your dog's intestines and be deadly. Don't use it!

Christmas tree water may contain preservative chemicals, which can trigger severe indigestion in dogs. Stagnant clean water can breed bacteria and cause nausea or diarrhea to the pet which imbibes. Don't let your dog drink water from the base of your tree.

Sweep up fallen pine needles regularly, as they can puncture holes in a dog's intestines if ingested. **HELP YOUR DOG FEEL SAFE AND RELAXED**

Most dogs get excited when guests arrive. To help your dog be calmer, exercise him prior to the festivities. After 30 minutes of walking or playtime, your dog will likely be relaxed or want to nap.

As a general rule, don't allow the family dog to greet unfamiliar guests since unusual activities and commotion can cause him extra stress.

Give your dog a break from the hub-bub by putting him in his crate or in a quiet room with his bed. Allow him to rejoin the festivities after guests have arrived. Don't put your dog outside, especially in cold temperatures, where you might forget about him.

Pets stressed by unfamiliar events typically pant more, so keep your dog's water bowl filled with freshwater. **PETS LIKE PRESENTS TOO**

Help your dog stay busy and out of the holiday trimmings by giving him fun, safe gifts.

Shop for puzzles, games and toys that require your dog to think and keep him entertained. **A FINAL NOTE**

Please, please, please don't give a pet as a surprise gift.

A cute puppy might seem like the perfect gift choice, but many of these holiday presents end up in animal shelters. Owning a dog takes a genuine commitment of time and responsibility, and adoptive owners must be ready to participate in training and other activities. If you are certain the recipient is up to the challenge and wants the responsibility, seriously consider giving a leash and a collar or a note saying a dog of the recipient's choice will come with it. This helps ensure the lucky person gets just the right pet to bring into the family.

Caution and common sense in caring for your dog during the holidays will help ensure a safe and happy holiday season for all. And the results? Happy Dogs = Happy Families

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relationship with the dog based on trust, respect and bonding. Barbara Sweeney Fassett is the Owner of Bark Busters Home Dog Training, Dutchess County. As such, she has done business in the mid-Hudson Valley for the past 18+ years. For more information about Bark Busters, please visit our website at www.BarkBusters.com where you can take a free 20 question quiz to rate your dog's behavior. You can also contact Barbara directly by phone at 845-535-5302 and join in the fun by "liking" us on Facebook at <https://www.facebook.com/>

Keeping Your Pet Home When You Travel

By Julianne Porter, DVM

Many people take their pets with them while they travel during the holidays, but for some, this is not an option. It is important to know how to prepare your pet if you do not take them with you when you travel.

There are many factors that go into deciding whether your pet stays home, stays with a boarding facility, or goes to someone else's house. This decision should be made taking into consideration the physical and mental health of the pet, as well as the options in your area. Will they be stressed out at a new location, or will it be more stressful if they are home alone? Where will the pet get enough exercise or environmental enrichment? Do they have a medical condition that requires close monitoring and treatments? Can they be at a place with other pets?

Regardless, it is important to be prepared. Check to see if your pet requires any vaccinations or preventatives before their stay at a boarding facility or with a private home. If your pet is on any medication, be sure you have enough to last while you are away. If you are sending your pet to stay somewhere else, be sure you send them with enough food. If your pet is an exotic (i.e. reptile or small mammal), be

Continued on page 18



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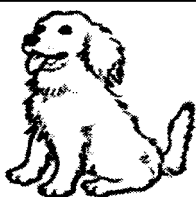
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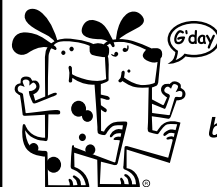


Ivy is a delightful, fun loving and energetic baby born around 8/23/24. She is a beautiful brown tabby female. Ivy loves to play tag with her siblings. They are always on the go, go, go. After a good play session, they will crash and want to cat nap in your lap. Ivy will be spayed, negative for feline leukemia and aids, vaccines are up to date, and dewormed. Complete an online application at www.pant.org under "Adoption Center." If you would like more information, you can send an email to info@PANT.org or call (845) 486-7075.



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2024 Shelter Sweeps from page 4

Aviation (Sharyn Marks) White Ribbon: David Emanatian, Mr. and Mrs. Alfred Ramm, Robert Ricketson, Lisa Zaretsky Award of Merit: Indian Ridge Accounting, The Interlaken Inn A special thanks to our Sweeps Committee: Phyllis Carito, Jennifer Donoghue, Pat Kenehan, Peggy Rouse.

Spencertown Academy Presents Laura Anglade Quartet Vintage Jazz Concert Saturday, December 7

Spencertown Academy Roots & Shoots Concerts Series presents a jazz concert by the Laura Anglade Quartet on Saturday, December 7 at 7:30pm at the Academy's Blanche Grubin Auditorium. The concert will feature vintage jazz from Broadway, the Great American Songbook, and Tin Pan Alley, along with classic French Chanson. General admission tickets (\$25 public, \$20 Academy members) are available via www.spencertownacademy.org.

"The Laura Anglade Quartet bring their unique style of jazz and French/American songs back to the Academy after a brilliant sold out show last year," says Michele Quigley, who co-chairs the Academy Music Committee with Wayne Greene. "Laura will be joined by her usual group of stellar musicians, including Ben Rosenblum on piano and accordion, Marty Jaffe on bass, and drummer Ben Zweig. We look forward to enjoying hits from the Great American Songbook, Tin Pan Alley, and French classics."

Anglade's voice is reminiscent of the great traditional vocal stylists of the 20th century, but is uniquely her own. As she digs

emotionally and eloquently into a lyric, her storytelling abilities portray a soul beyond her years. Her albums include "I've Got Just About Everything" (Justin Time Records, 2019) and "Venez Donc Chez Moi" (Justin Time Records, 2022). She leads an active international touring schedule and has performed at such prestigious venues as Olympia (Paris), Royal Festival Hall (London), Town Hall (New York City), the Ace Theatre Hotel (Los Angeles), and the main stage at the Festival International de Jazz de Montreal. She opened for Gregory Porter at the Victoria Jazz Festival (summer 2022), and Melody Gardot (fall 2022), joining her across the east and west coasts of the US and Europe. She is currently based in Toronto.

Pianist and accordionist Rosenblum has toured extensively throughout the United States and internationally in Canada, Europe, and Japan, performing at such venerable venues as the Appel Room at Lincoln Center, Kuumbwa Jazz Center, Ravinia, Himawari-No-Sato Concert Hall in Yokohama, Bird's Eye in Basel, and the Library of Congress. His musical interests also extend beyond jazz to include work in numerous world music scenes, including musical styles from Brazil, Peru, Croatia, Bulgaria, India, Ireland, Jewish traditions, and more.

Bassist, composer, and improviser Jaffe's musical roots are in the jazz tradition, however, he also has a deep background in classical and Brazilian music. He has shared the stage with musical icons Wynton Marsalis, Marcus Roberts, Ingrid Jensen, Karrin Allyson, Harold Mabern, Sullivan Fortner, Sergio Mendes, and Steve Wilson. He has also performed in interdisciplinary productions directed by choreographers Bill T. Jones and



Laura Anglade

Debbie Allen. When not in NYC, he tours throughout the US and the world with numerous groups.

Drummer and percussionist Zweig has played around the world in places such as Japan, China, the Netherlands, Germany, Israel, Chile, Cameroon, across North America, and locally at venues in his native NYC. He draws inspiration from the musical traditions of American jazz, West and Central African, Brazilian, Caribbean, and European classical music and earned B.M. and M.M. degrees from the Manhattan School of Music.

Roots & Shoots Concerts is an ongoing Academy series that showcases artists who reach back to earlier traditions in music (Americana, jazz, blues, rock, and world music) for inspiration while incorporating more recent forms and influences of the present.

This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the

Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

Fifty Years of Shooting Film: Color and Black & White Photography by Bill Jacobs

Art Gallery 71 is pleased to invite the public to view the photography of this month's featured artist, Bill Jacobs. Bill's photos are a collection of stand-alone images. His diffusion pictures are taken through a glass filter and appear impressionistic. He also hand-tints black & white photos for a unique look. You can view this exhibit from November 8–December 1, during gallery hours listed below. Please join us for the opening reception on Sunday, November 10, 1-3pm. Gallery address: 71 East Market Street, Rhinebeck, NY 12572

Gallery hours: *Fri: noon-6pm; Sat: noon-6pm; Sun: 10am-4pm* For more information, visit our website: <https://www.artgallery71.com>.



CHILDREN'S LANTERN MAKING WORKSHOP AND SUNSET WALK AT STAATSBURGH STATE HISTORIC SITE

What do a goose, a cloak, a sword, a lantern, and the weather have to do with one another? Martinmas, of course! This celebration of light dates to medieval times and is celebrated throughout Europe, signaling the end of the harvest and the start of winter. It reminds us to keep warmth and light in our hearts as we enter the darkest time of the year.



Come join us for "This Little Light of Mine", a family-centered workshop where child participants will turn a mason jar into a decorated lantern to take home. Children will learn the rest of the story behind Martinmas and parade with their lanterns on the grounds of Staatsburgh State Historic Site, singing songs about light as the sun sets over the Hudson River. Appropriate for children ages three and older with an accompanying adult. Participants should dress for an outdoor

Continued on page 11



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Children's Lantern Making from page 10

walk. All materials are provided. "This Little Light of Mine: A Martinmas Lantern Workshop and Procession" will be held on Saturday, November 9 at 3:00pm. Tickets can be purchased at <https://Martinmas.Eventbrite.com/>. The cost is \$5 per person or \$12 for families of 3-5 people (plus Eventbrite fees).



Evening on the Baltic Sea

Staatsburgh State Historic Site is open for guided mansion tours Thursdays through Sundays, through October 25, and re-opens for self-guided holiday touring on November 29. To attend a mansion tour, please make advance reservations on www.Bookeo.com/StaatsburghSHS; admission is charged upon arrival. Visitors may also

enjoy a picnic or stroll by the Hudson River, or a hike along the woodland trails in adjacent Mills Memorial State Park.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at, <https://www.Bookeo.com/StaatsburghSHS>, www.facebook.com/StaatsburghSHS, and www.staatsburghstatehistoricsite.blogspot.com. Staatsburgh's events are also listed at parks.ny.gov

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information

on any of these recreation areas, visit parks.ny.gov, download the free NY State Parks Explorer app or call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, X (formerly Twitter), and the OPRHP Blog.

November Events at Clinton Community Library

Cozy up at the library this November! Crads, crafts & music getusreadyfortheholidayseason! For more specific information about any library programs, or to register, please call (845) 495-0855 or email larnold@clintoncommunitylibrary.org **All programs are in person unless otherwise noted** **Ongoing Programs:**

Qi Gong with Vince (online)
Mon. 11/04, Mon. 11/11, Mon. 11/18, Mon. 11/25, at 9:30 AM
Wed. 11/06, Wed. 11/13, Wed. 11/20, Wed. 11/27, at 9:30 AM
Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension.

Audience: Adults & Seniors

Storytime on the Dot

Tue. 11/12, Tue. 11/19, Tue. 11/26, at 10:30 AM

Join us every Tuesday at 10:30 for Story time! Listen to fun stories, sing songs, and have fun, all centered around a different theme every week.

Audience: Children & Caregivers

Mah Jongg

Tue. 11/12, Tue. 11/19, Tue.

11/26, at 2:00-4:00 PM

If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll want to give Mah Jongg a try! Players of all levels are welcome. (*Optimistic Aging*)

Audience: Adults & Seniors

All Level Yoga (in person & online)

Wed. 11/06, Wed. 11/13, Wed. 11/20, Wed. 11/27, at 9:30 AM (ONLINE ONLY)

Sun. 11/10, Sun. 11/17, Sun.

11/24, at 10:00 AM (IN PERSON & ONLINE)

Join Mia Tomic for All Level Yoga Online and explore classical seated, standing and supine yoga poses linked with breath in a creative way to stretch, strengthen, and rejuvenate your body, breath, and mind.

Audience: Adults

Chair Yoga, (in-person or online)

(*Optimistic Aging*)

Fri. 11/08, Fri. 11/15, Fri. 11/22, at 11:00 AM

Join Samantha for Chair Yoga for ALL. Learn the basics of breath, meditation, and movement. This

class will help you stretch and strengthen. Registration required so that you can get the link. Please register online or call the library at (845)-495-0855.

Audience: Adults & Seniors

Zumba

Sat. 11/02, Sat. 11/09, Sat. 11/23, Sat. 11/30 at 9:00 AM

Join Ginny Morrow for a fun fitness routine every Saturday at 9 AM. Pre-registration is not required. You may sign in at the door.

Audience: Adults

Free Tech Help

Sat. 11/02, Sat. 11/09, Sat. 11/16, Sat. 11/23, Sat. 11/30 1:00 PM - 5:00 PM

Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime on Saturdays from 9 AM - 1 PM or call the library at (845)-495-0855 to book an appointment.

Book Club Meetings:

Never Been in a Book Group, Book Group

November Selection: *The Adventures of Huckleberry Finn* by Tom Sawyer

Thursday November 7th, at 1:30 PM


Continued on page 12



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Clinton Community Library from page 11

Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.

Audience: Adults & Seniors

Tea Time Book Club

November Selection: *In Five Years* by Rebecca Serle
Thursday November 14th, at 2:00 PM

Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.

Audience: Adults & Seniors

Global Literature Book Club
November Selection: *The Little Red Chairs* by Edna O’Brien
Monday November 18th at 7 PM
The Global Literature Book Club focuses on exploring the world through literature. We discuss novels from around the globe, selected by members of the club. These works provide insights into a wide variety of nations, cultures, and styles of writing.
Audience: Adults
SPECIAL PROGRAMS & EVENTS
Concert: Bernstein Bard Trio
Friday November 8th, 6-7:30 PM
Known for their imaginative arrangements, diverse repertoire,

and infectious grooves, BBT performs a variety of music including jazz, pop, waltz, and more. Enjoy a cozy evening and great tunes!
Registration is appreciated, but not required.

Audience: Adults & Seniors
Crafts & Coffee

Monday November 11th, 2:30 PM

Join us for a lovely afternoon of coffee, crafts (and conversation!) On the second Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more. *Note: You must register for each individual who is attending and would like to participate. Materials are limited and there will not be extra!*

Audience: Adults & Seniors
Holiday Card Making

November 23, 10:30 AM-12:30PM

November 25, All Day
November 26, All Day

The holidays are right around the corner and Clinton Community Library is spreading community cheer. We have partnered with Brookmeade, a local senior living community and will be making holiday cards for their residents. We invite all community members to join us in this cheerful mission of making 130 cards for the Brookmeade residents. Of course while you are here, feel free to make some for yourself too!

Audience: All Ages

About Clinton Community Library

Clinton Community Library was established in 1965. It is located at 1215 Centre Rd. in Rhinebeck, NY, adjacent to the Clinton Town Hall. The library is open Mondays, Tuesdays, and Thursdays from 9AM-5PM, Fridays from 10:30AM-6:30PM, and Saturdays from 9AM-1PM. The Clinton Community is the recipient of the Joseph F. Shubert Award for Library Excellence. The Library is the cornerstone of our community, enriching lives through free resources for learning, fun, and opportunity. For more information, call (845) 495-0655 or visit www.clintoncommunitylibrary.org

Annual Holiday Gift Show at Tivoli Artists Gallery

The Tivoli Artists Gallery (TAG) is pleased to announce our Annual Holiday Gift Show, featuring work by gallery members and other local artisans. This popular show will feature a wide variety of affordable products, suitable for gift-giving and holiday decorating. Locally created pieces include artwork, ceramics, jewelry, wood and leather works, fabric arts, crocheted items, wreaths, ornaments and many more unique handicrafts. The show will be open every weekend between November 15th to December 21st, Fridays 5-8:30, Saturdays 12-8, Sundays 11-7 and as many additional days that we have coverage at the gallery.

Please join us for the opening reception on Saturday, Nov 16th 5-7 pm Tivoli Artists Gallery is located at 60 Broadway, Tivoli NY 12583 Phone: (845) 757-2667 Email: tivoliartistsgallery.com

Learn About Decorating with Natural Materials with the Germantown Garden Club

The Germantown Garden Club will hold its next meeting on Saturday, November 9, at the Hover Room at the Germantown Library, 31 Palatine Park Rd., Germantown. The meeting begins at 10:30 a.m. On the agenda is a presentation by garden club member Triona Fritsch. Triona will give a presentation on “Natural Decorating for

the Winter Months.” She will discuss and demonstrate how to use natural materials from the garden (often overlooked in the off-season) to decorate during the winter months. Incorporating elements of the garden in wreaths, garlands, dried arrangements, and even Christmas trees is a fun way to have a “fresh” take on interior spaces during the holidays and beyond.

This Saturday meeting is open to the public and is a great opportunity for people interested in garden clubs who usually can’t attend weekday meetings. New members are always welcome. Refreshments will be served. For more information, please call Irene Clum at 518-537-4793. The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.




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Monterey Chicken



Ingredients

4 (5 ounce) skinless, boneless chicken breast halves
1 cup teriyaki marinade sauce
½ pound bacon
2 tablespoons butter
1 small onion, cut into long slices
1 small green bell pepper, cut into thin strips
1 (8 ounce) package fresh mushrooms, coarsely chopped
4 slices mozzarella cheese

Directions

Gather all ingredients.
Marinate the chicken: Place chicken in a nonporous glass dish or bowl. Pour teriyaki marinade over chicken and toss to coat. Cover and refrigerate for 1 to 2 hours.
Preheat the oven to 350 degrees F (175 degrees C).
Remove chicken from the marinade and place in a 9x13-inch baking dish. Reserve 1/3 cup marinade and discard the rest.
Bake chicken in the preheated oven until cooked through and juices run clear, 20 to 30 minutes.
Meanwhile, place bacon in a large, deep skillet. Cook over medium-high heat until evenly brown. Drain and set aside.
Melt butter in the same skillet over medium-high heat. Sauté onion, bell pepper, and mushrooms for about 3 to 5 minutes. Add reserved 1/3 cup marinade and simmer until soft. Drain and set onion mixture aside.
Top baked chicken with bacon strips. Add onion mixture and top each breast with a slice of cheese. Bake until cheese is melted and bubbly, another 10 to 15 minutes.
Serve and enjoy!

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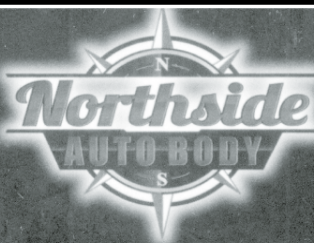
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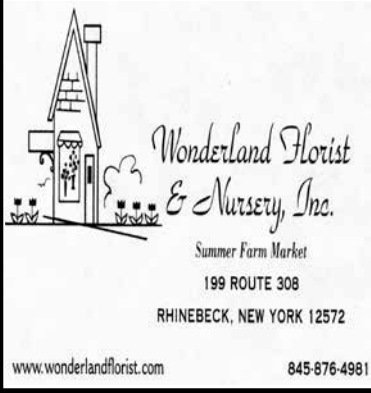
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November 11, 2024



God's Corner

Marvel at the Blessings Big and Small

By Naomi Fata

As we enter the month of November, we all tend to think a little more about thanksgiving than we do the rest of the year. Although sometimes the focus on football, pies, and holiday shopping can rob the moments of thankful reflection.

Have you ever wondered what deep-seated, long-term thankfulness looks like? None of us intentionally become chronic complainers, but without becoming intentionally thankful, a negative mindset easily sets in.

In the book of Luke, chapter 17, we read the account of 10 lepers that called out to Jesus while He was traveling by. During Bible times leprosy meant being ostracized from society because under the law lepers were considered unclean. The disease was also highly contagious and disfiguring. To be a leper was to be untouchable; cut off from your family and community. These 10 lepers called out to Jesus, petitioning Him for mercy. They wanted to be delivered from the disease which ruined their life. Jesus told them to go show themselves to the priest, which they did, and all 10 were healed. However, only one leper came back to thank Him. Why would only one come back? Did they so quickly forget that their lives were ruined by disease until Jesus healed them? Maybe they were so eager to see their families that they forgot to go back to find Jesus. The Bible doesn't tell us why the other nine didn't go back to say thank you.

Do we forget so quickly the blessings of God?

Perhaps the lack of thanks can be linked to busyness or distractions. In my own life, I have been guilty of praying for something for a long period of time. When the prayer is answered I quickly move on to the next urgent prayer on my list, complaining that life is not perfect, or stressing about the added responsibility that answered prayer brought.

Think about it. We pray for a good job. When the job comes, we complain about the hours or the co-workers. We pray for a child. When the child comes, we complain about the sleepless nights during infancy and the rebellion of the teen years.

Would not long-term thankfulness involve turning our thoughts back to the provision He made? We can be so fixated on the next thing, that the wonder of His provision passes us by. A thankful heart means coming back to Him to say thank you, pausing to reflect on the answered prayer, and of His goodness we see every day.

Take time to marvel at His blessings big and small. Not just this month but all year round.

THE LIFE OF THANKSGIVING!

"In everything give thanks for this is the will of God in Christ Jesus concerning you" (1 Thessalonians 5:18).

On Thursday, November 28 we celebrate Thanksgiving. While one day has been set aside each year called Thanksgiving Day, for the Believer every day is a Thanksgiving Day. In fact it could be called a Thanks living Day. We have much to give Thanks to God in our lives every day. Let's take time to give thanks for all the blessings that we receive from God each day. "Blessed" be the LORD, who daily loadeth us with benefits, even the God of our salvation" (Psalm 68:19).

GIVING THANKS FOR OUR PRECIOUS LORD!

We are Thankful for who God is! He is our Creator. Just think of the Earth and the Universe. "The heavens declare the glory of God; and the firmament sheweth his handywork" (Psalm 19:1). When we consider that we are here as a result of His creation it should cause us to give thanks. We can give thanks that we are made in the image and likeness of God.

WE ARE THANKFUL FOR THE LORD JESUS CHRIST!

The Lord Jesus Christ is Perfect God-Perfect Man. He was born of the Virgin Mary in Bethlehem. The Lord Jesus is precious to all of us that believe on Him. When we trust Him as our Lord and Savior by Faith in what He has done for us by dying for our sins on the Cross and by His glorious Resurrection we receive the gift of eternal life. "For God so loved the world that he gave his only begotten Son that whosoever believeth in him should not perish but have everlasting life" John 3:16). I am sure that we are all thankful for our salvation in the Lord Jesus Christ and can live each day of our lives by giving thanks to Him. "Thanks

be unto God for his unspeakable gift" (2 Corinthians 9:15).

WE ARE THANKFUL FOR OUR HOMES AND OUR FAMILIES!

Children, obey your parents in the Lord: for it is right. Honour thy father and mother; (which is the first commandment with promise that it may be well with thee, and thou mayest live long on the earth. And fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord" (Ephesians 6:1-4). The Home: marriages and families are so important for harmony in society. The need for strong Biblical homes, marriages, and families is essential for the well-being of life. We need to be thankful for our families and to be supportive of one another as we raise our children and teens in the Lord.

WE ARE THANKFUL FOR THE LORD'S CHURCH!

The Lord Jesus Christ said, "I will build my church; and the gates of hell (hades) shall not prevail against it" (Matthew 16:18b). The church is the Spiritual body of Christ. It is made up of all True Believers that have been Born Again. People from every nation, tribe, kindred, and tongue. As a Pastor of the Lord's beloved church I am Thankful that I have been called to minister to the Lord's Sheep and Lambs. It is not a job, but a calling.

PALM OF THANKSGIVING: PSALM 100!

Psalm 100 is a Psalm of praise, joy, and the giving of thanks. Make a joyful noise unto the LORD, all ye lands. Serve the LORD with gladness; come before his presence with singing. Know ye that the LORD he is God: It is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture. Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name. For the LORD is good; his mercy is everlasting; and his truth endureth to all generations (Psalm 100:1-5). You may like to read Psalm 100 together as a family at your Thanksgiving table. If you would like to know more about the life of Thanksgiving in

Christ and the Blessing of being a Christian, please contact us. We are here to help and support you in what it means to be Christian, and the way in which to live the Christian Life. We have excellent Christian material for all ages. If you would like to know more about the Ministries at GBFC, please contact us by Email at fdcirone@aol.com or by telephone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is an Independent Bible Church. We are located at the intersection of Route 9 & Route 9G, 1/4 mile north on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

CLINTON HISTORICAL SOCIETY ANNUAL HOLIDAY CRAFT FAIR

The Clinton Historical Society will hold their annual Holiday Craft and Gift Fair on Saturday, December 7, from 10 AM to 4 PM at the Creek Meeting House, 2433 Salt Point Turnpike, Clinton Corners, NY. Talented local crafters will be selling their handmade, one-of-a-kind items. The Society will be selling holiday decorations PLUS, their famous homemade baked goods. There is also homemade soup for lunch, to eat in or take out. So come, do some early holiday shopping, enjoy a delicious baked treat or soup and visit with your neighbors! The fair is always a great community event. Proceeds from the sale go to support their mission. It is the Mission of the Town of Clinton Historical Society to preserve, educate and encourage an appreciation for the history of the Town of Clinton (founded in 1788) and its historic sites and structures with a focus on preserving and restoring the 1777 Creek Meeting House. The purpose of this effort is to benefit our town residents, visitors, and all future generations. Contact Information: Cathy McMahon Ph: 845-266-0071 Email: cmcmahon137@optimum.net

Germantown Garden Club Receives Awards

Culimating a year of hard work, the Germantown Garden Club was recognized by receiving a total of 9 awards. The awards were presented at the Fall Meeting of the Third District, Federated Garden Clubs of New York State .

The meeting and luncheon is held each fall and spring and this meeting was titled 'Fall! Foliage Flowers and Friends' and was held at the Best Western Plus in Kingston. The day included a presentation of flower arranging by Dorothy Chebevert, President NE Chapter AIFD.

The business part of the day included elections of officers for the 2025-2027 term.

There are three level of awards, the District, the State, the Central Atlantic Region and Nationally.

The following awards were presented to the Germantown Garden Club:

FGCNYS District III Citation:

2024 Yearbook, First Place

FGCNYS 2023 Yearbook: First Place

FGCNYS World Gardening Citation 2023

FGCNYS Certificate: 90th Anniversary 1933-2023

FGCNYS 2023 Flower Show Schedule: First Place

CAR: Publicity/Press Book: 2nd Place

CAR: Flower Show Schedule: 2nd Place

FGCNYS: 2023 Club Recognition Award

FGCNYS: 2023 Flower Show: 2nd Place

The Germantown Garden Club will soon begin planning the programs for 2025 which will once again include a Standard Flower Show.

The Germantown Garden Club meetings are free and the public is always welcome. The Germantown Garden Club is a member of Third District, Federated Garden Clubs of New York State, Inc., Central Atlantic Region and National Garden Clubs.

For more information about the club and its activities call President Irene Clum at 518-567-2191.



Pictured l-r. Members Karin Janson, Melanie Nelson, Linda Levitt, club Vice-President Maureen Lockwood, member Fran Bufi and club President Irene Clum.




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Keeping pets safe from page 9
sure the person caring for your pet understands the individual pet's heat, humidity, and bedding requirements in addition to their dietary needs and medications. Whether your exotic is staying home or going somewhere, make sure the person in charge is familiar with their specific needs. If your pet is staying home and someone is coming to your house, make sure that person knows how to secure your house when they leave. Some cats will hide if someone comes over, making it difficult to know

if they are sick or injured. Have the people check the litter box and food dishes daily and ideally give tips on how to find the cat so they can "put eyes on them". Pets can become disoriented or scared when they are in new surroundings or with new people. Be sure your pet can be identified easily. This typically means wearing a collar with your phone number and ideally a microchip. There are even some tracking tags that pets can wear which are monitored by GPS. Being away from home can cause anxiety in many pets. Try to mitigate the

stress by leaving something with them that has your scent or brings them joy i.e. a piece of clothing or a favorite toy. Some pets benefit from calming supplements and even medications in certain cases. We don't like to think about it, but it is best to have a plan available for whoever is watching your pet should there be an emergency. This is not only leaving your contact information, but the name/contact details for someone who is local that can step in on your behalf to take the pet or make decisions. It is also good to leave written instructions in case of an emergency. Some pet owners will leave an emergency credit card for unforeseen expenses. These are important aspects to consider if you are not reachable during an emergency. Making arrangements for pets while we prepare for vacation is a common consideration for most people. The duration of the trip as well as the overall behavior and health of your pet will factor in whether they stay home, stay at someone else's home, or go to a boarding facility. The most

important point is to be prepared. Secure your pet sitter or boarding facility in advance. Make sure your pets have what they need while you're away, are easily identified, and that there is a clear emergency plan. The last thing we want while on vacation is for our furry family members to become sick or stressed. Talk to your veterinarian to help create a plan if needed.

PHILIPSE MANOR HALL STATE HISTORIC SITE //

914.965.4027
Saturday, November 30, 2024
Lecture: Sugar & Spice: A Global History 2:00 PM | in-person at Philipse Manor Hall State Historic Site, \$3-6/person | Virtual, free Pumpkin pie, gingerbread, mulled cider - these are just a few of the spiced sweet treats that dominate the fall and holiday season in America. But where do all these foods come from? And how did tropical plants like nutmeg and sugarcane end up on American shores? Join us for a deep dive into the global history of the spice trade, the sugar trade, and the development of our favorite holiday foods. To register for in-person, email philipsemanorhall@parks.ny.gov or call 914-

965-4027. Refreshments provided by the Friends of Philipse Manor Hall. Virtual access via WebEx is free, but registration is required. Register at www.philipsemanorhall.com/programs-and-events. Saturday, November 9, 2024 Revolution on the Hudson! Living History Experience 11:00 AM – 4:00 PM | Free Philipse Manor Hall State Historic Site will join reenactors, demonstrators, and other heritage organizations at this special event hosted by Revolutionary Westchester 250 at Croton Point Park in Croton-on-Hudson, NY. Stop by our booth to see our traveling "Revolution in New York" exhibit! For more information, visit www.rw250.org.

WALKWAY OVER THE HUDSON STATE HISTORIC PARK //

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Flag Changing Ceremony Sunday, November 17 – 12-12:30 p.m. Center Overlook, Walkway Over the Hudson The American Legion Post 739 organize and present monthly Flag Changing Ceremonies on the Walkway to honor our region's veterans and their service to our country. These events, organized and presented by these local veterans' organizations, are open to all who wish to attend.

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The Tick Population Is Up This Year!
We Can Help Make Sure You Are Protected!

A Natural Approach To Wellness from page 1
glutathione synthesis, not simply supplementing only the bloodstream with a theoretical desired end nutrient. ProImmune offers a more effective and efficient, sustainable and useful way to maintain healthy immune function and overall well-being.* In a world of excessive toxic overload, today it is more important than ever to reduce toxicity to maintain optimal health.

Understanding Oxidative Stress and Glutathione’s Role
Oxidative stress occurs when there is an imbalance between electrons, free radicals and antioxidants in the body. Free radicals are reactive molecules that can disrupt cellular signaling that may lead to toxin accumulation, cell damage, inflammation, aging and various dysfunctions. Antioxidants like the master antioxidant glutathione help neutralize free radicals, reducing oxidative stress and supporting natural control of cellular damage.*

When the body’s glutathione levels are insufficient, cells struggle to manage stresses, leaving the immune system potentially compromised and more susceptible to damage and illness. ProImmune Immune Formulation 200 targets this core nutritional issue by providing complete nutrition to produce glutathione inside cells, helping to strengthening the body’s defense system at the cellular level.*

“ProImmune stands as a nutritional scientific breakthrough, helping thousands across America address their

health goals such as—oxidative stress inside cells and the resulting inflammation responses, I recommend ProImmune to all of my patients” - Dr. David Hartsuch, MD, Davenport, IA. Another respected advocate of immune health. Dr. Edward Fogarty, MD a Midwest, Hyperbaric Air Therapy expert, Radiologist and Health Radio Show personality claims “Most chronic health issues are a result of two critical factors, depleted glutathione inside cells and oxidative stress that results from depleted glutathione.” Dr. Joseph Malak, MD - Founder of Bambini Pediatrics in Poughkeepsie, NY recommends ProImmune in his pediatric center and says “ProImmune boosts glutathione levels better than synthetic glutathione or NAC supplements. Additionally, it is a semi-sweet tasting powder that children like or it can be added to food being cooked since it is heat-stable”. “We trust and believe in ProImmune and know how important it is for detox and cellular repair...especially when used with Hyperbaric Oxygen Therapy!” Kristy Andrews, Development Manager for HBOT4Heroes – Durham, NC. “Concerning the MTHFR mutation alone, approximately 30-60% of the population is glutathione deficient. ProImmune is a very effective way to boost glutathione levels and it allows the body to convert to glutathione more efficiently than NAC”. – Dr. Carey Wennerstrom, McDonagh Medical Center – Gladstone, MO. - The following is a statement by Dr. Albert B. Crum, M.D., In the course of reading about certain scientific

discoveries and inventions that I made, some may come across words about which are unfamiliar. I am herewith offering assistance with the following clarifications: OXIDATION is a damaging process by which the element oxygen, via its metabolic property, disrupts the electronic balance or neutrality of an atom, molecule or bodily cell by removing one or more of those entities orbiting electrons. The orbiting electrons also act like a guard rail preventing direct penetration to the entity’s nucleus. Leaving an electronic imbalance between that entity’s electrons and protons is the condition that is called OXIDATIVE STRESS. ProImmune Formulation produces the “master antioxidant” Glutathione (GHS) which replaces the electronic imbalance by transferring the needed replacement electrons to the wounded entity. ProImmune formula protects against the spread of a systematic chain reaction by its ability to neutralize the cause of oxidative

stress via Glutathione. THE TERMS REDUCED AND OXIDIZED GLUTATHIONE (GSH) are here with explained. ProImmune’s formula produces physiologically synthesized Reduced Glutathione. It is termed reduced Glutathione because it reduces the electronic imbalance that is causing oxidative stress. ProImmune’s formula is also termed physiologically synthesize because it does not bypass the substate specific enzymes, as nature intended.

ProImmune is effective, in that it is absorbed directly into the bloodstream and into the cell and is a free form, precursor molecule, because they do not have to be broken down in order to be absorbed by the cell. That is what FFAAP stands for, “free form amino acid precursors”. Georgia State Virology Lab also completed research on ProImmune that describes the science about the effectiveness of the FFAAP formula.

What is free form referring to:

free form is referring to the amino acids that are part of the formula that are absorbed directly into the cell. When they are absorbed into the cell, they undergo synthesis to form glutathione intracellular! Glutathione can only be formed intracellularly! This is the basis of Dr. Crum’s research and scientific breakthrough. \$88M and 18 Universities performed research on the \$88.5M NIH contract and confirmed all of the above.

Supplement Facts

Serving Size: 1 Level Scoop (approximately 1.6 g)
Servings Per Container: Approximately 61

	Amount Per Serving	% Daily Value
Selenium (from selenomethionine)	4.5 mcg	8%
Proprietary Amino Acid Blend	1.45 g	
Glycine		**
L-Glutamine		**
L-Cysteine		**

** Daily Value not established.

Other Ingredients: Dicalcium Phosphate

Only a miniscule amount - a microgram of Dicalcium Phosphate- less than 1000th% - is included to facilitate the production of Selenium. The Benefits of ProImmune Immune Formulation 200 ProImmune is designed to support immune health and overall wellness*, offering several

Continued on page 23

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ProImmune boosts glutathione levels better than NAC. Additionally, it is a semi-sweet tasting powder that children like. I highly recommend it. - Dr. Joseph Malak, MD - Founder Bambini Pediatrics

Hudson Valley Indoor Golf from page 1

sustained involvement that other sports like baseball and tennis enjoy year round.

This winter season, Hudson Valley Indoor golf is launching several new offerings, including the ability for organizations in the region to host charity and fundraising tournaments at the facility. Evan explains, “A local fire department is doing a fundraiser for their scholarship or a hospital raising funds for their charitable arm, and wants to host a Monday outing at a golf course. That scenario is going to require a minimum number of golfers between 72 and 144 golfers at an expense of \$100 or more per player to the charity, taking a huge bite out of how much they can raise for their cause. They really rely on silent auctions and tee sponsorships to make it worthwhile.”

“There are a lot of businesses, charities, organizations that can’t get enough people, or don’t feel comfortable charging a high entry fee, so there’s no real option for them to do a 30 or 50 player tournament. That’s where

we come in, offering indoor golf outings, which will take place throughout the day, available to much smaller groups at a lower price point. Groups will still be able to do raffles, prizes close to the pins, not to mention, sell sponsorships to different bays instead of different holes. Since you can do it at a much lower price point, the charity can charge less money to have people participate.

It’s also a smaller time commitment because a lot of times a charity golf outing is a six or seven hour day between breakfast, golf, awards, prizes and dinner. Indoor outings only take a fraction of that time since players can easily eat, do raffles and contests, and play a faster round of golf.”

Evan says his experience as a PGA professional with PGA Golf Club in Florida, and then Head Pro/Director of Golf at Columbia Golf and Country Club in Columbia County, gave him an understanding of how to facilitate event planning.

“One of the things I’ve always prided myself on, both when I was at a private club working



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the traditional golf scene before I got into the indoor golf space, was making sure that everyone else’s job was easier than any other place they went. I wanted to ensure that all the operational and organizational things were handled so that they could just focus on selling their event.”

Winter Indoor Leagues Promise Competitive Fun

If the essence of sport is competing, then it just makes sense to offer competitive options for golfers over a winter season.

And a new initiative for league play over the winter is now on tap at Hudson Valley Indoor Golf.

“One of the other focuses this year is to elevate the league experience,” says Evan. “I’ve

made an investment in a software platform that does online season-long leaderboards and keeps everything synchronized with the handicap system. This allows players of various skill levels to utilize their handicaps and make competitions more fair.” Evan also has plans to make leagues more diverse: “There are leagues that have been here for years and are up and running. But we’re doing a women’s league on Tuesdays which will include weekly and season long games that are going to be very popular. We are also going to do a “Drop-in” league where players can get in on the fun without a long term commitment.

Evan hopes to add high school league play that’s geared toward JV and Varsity level golfers from surrounding school districts since some of these students are already partaking in Hudson Valley Indoor Golf’s offerings.

“We have really good junior golf here locally. There are quite a few strong players in Columbia and Rensselaer Counties, which also have some very strong teams, for both boys and girls.

Continued on page 22

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Hudson Valley Indoor Golf from page 20

My idea is to have a co-ed high school league and we'll do tee length adjustments to keep it fair."

From Absolute Beginner to Confident Play, in 8-Week Sessions

As a longtime instructor, Evan's passion for that aspect of his business is evident.

He and his wife Elisabeth made a decision that they wanted to open their own facility, just before COVID hit the world scene. "I started working on it and found this space, which is in a commercial building. We converted the whole thing in 2020, when Covid was happening, and a "soft opening" in January of '21."

To further build on Hudson Valley Indoor Golf's instruction offerings, Evan is implementing a new golf learning curriculum, taught by several new pro instructors, in eight-week sessions.

"I have a few fellow PGA professionals coming in to teach with me this winter and we're going to have expanded programming using a really wonderful curriculum called Operation 36. It's a highly structured program designed for beginners, and it teaches you fundamentals of every area of the game in a well thought out curriculum driven program. We're going to do several different programs that run in eight week segments, with the ultimate goal of players shooting even par '36' from different yardages.

"That's the goal. As a former classroom teacher, I understand curriculum design and goal setting. One of the things that really got me excited about this program is the curriculum."



Celebrating Birthdays with Golf Fun

Evan says Operation 36 has best practices and techniques that are universally applicable, no matter one's age. He notes the course doesn't involve "testing" per se, but allows participants to work toward achieving skills, then building on those skills in a structured, synergistic way.

"So you keep refining and working on those skills. When you have those fundamental movements down, it sets you up for success at all the subsequent positions.

Though the exact schedule for the eight-week sessions is still being worked out, Evan says there will be options and flexibility.

"The plan is to do a ladies specific one where it's just for women and then I'll do an open enrollment one that's for anybody. It could be couples or a few friends or maybe a family where you've got the kids and a mom and a dad and they all sign up and come in together. They can go through the program as a group. We're going to have a lot of options available to make the game accessible. I'm really excited about the structured programming and curriculum because it'll allow people to jump in and start playing right away."

Technology and a Human Touch

Due to the nature of the game, it was always going to take a certain level of technology for golfers to be able to experience an in-game feeling that has been easier for other sports to simulate in an off-season setting.

From the beginning, Hudson Valley Indoor Golf has been on the cutting edge of augmented and virtual reality technologies, video analysis and metrics, and other features that give golfers opportunities to build skills in a state-of-the-art facility and have fun in the process.

Golfing bays offer groups of up to five players the chance to play virtual rounds where the swings are real, the metrics are incredible, and the courses are as varied as the great golfing venues around the world. And popular fantasy courses offer even more opportunities for gamified golfing fun.

As far as honing that most crucial golfing skill--the short game--Hudson Valley Indoor Golf invested in a next-level augmented reality putting green that has paid dividends for those who have experienced it.

"It's been terrific," notes Evan. "There were five different people

who all joined the summer membership--pretty much exclusively to use the PuttView putting technology. And every single one of those people won one or more tournaments this year, from club championships to New York State Golf Association events, because their putting improved so dramatically. It's amazing how they putted through the roof and took home victories in competitive golf because their putting got so much sharper."

Evan says the focus on the short game provided by the putting green has allowed him to leverage his own experience in assessing important aspects of that part of the game for players.

"I've done a ton of putter fittings and a number of people who come in and don't realize that they can't start the ball online with their putter and then we put them in the correct equipment because the technology makes it so clear that a change needs to be made. You might say to a player, "you miss everything to the right because this is weighted incorrectly and you change the style of the putter so that it's balanced for his/her swing and all of a sudden they hit their target more often."

Evan says pairing a player's putting style with the right putter is something that can transform their game, and explains that the process involves a combination of the eye of a pro, and the capabilities of Hudson Valley Indoor Golf's putting green technology.

"So the technology helps to diagnose what's wrong. Let's say a player keeps missing left, and as a coach you can tell it's because they can't set the putter up correctly. The technology will diagnose those issues, but

then it's up to the professional having knowledge of how putters work to be able to say, okay, well if we change this, you'll be able to set it up correctly. There's a lot of variables that can go in and when you do it right, players say--"that's what I'm looking for'."

Add it all up, and there's no question that for lovers of the game who want year round enjoyment, and a chance to keep building skills instead of letting them ebb over the long winter months in the mid-Hudson region, Hudson Valley Indoor Golf continues to offer something unique and special.

Hudson Valley Indoor Golf
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Ghent Reformed Church

The following events will take place in November and December at the Ghent Reformed Church, 1039 County Route 22, West Ghent, NY. Worship service begins at 9:00am every Sunday and Sunday School follows at 10:15am. All are welcome. We will be having a free Community Dinner on 11/15/24 at 6pm which will be a pasta dinner. In December we will have a Soup & Sandwich free Community Dinner on 12/13/24 at 6pm. Blue Christmas Service will be on 12/22/24 at the Ghent Reformed Church at 5:30pm. Please join us for soup and sandwiches between 4-5pm, then service, and following service will be desserts and refreshments. Christmas eve service will be here at GRC at 6pm on 12/24/24. Have a very Merry Christmas. Any questions, please call the church at 518-828-5946. Have a blessed day.



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A Natural Approach To Wellness from page 19

features that may set it apart from other supplement products. Here are some of its key attributes: Nutrition that strengthens the immune system, enhancing defense against invader.*

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Aids in nutritional tissue repair and regeneration.*

Reduces oxidative stress and helps with natural inflammation responses.*

Skin health combating oxidative damage and supporting collagen production.*

Supports energy production at the cellular level, reducing feelings of fatigue and enhanced vitality.*

Optimizes cognitive function and mental clarity.*

Supports liver function by aiding in detoxification processes.*

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Modern pollutants and processed foods deplete glutathione, emphasizing its replenishment's importance.

Natural Glutathione Production:

ProImmune utilizes the body's natural processes to produce glutathione, which may provide a more sustainable approach to managing oxidative

stress and inflammation responses compared to other supplement nutrient options.

Immune System Support: By supplementing factors that can affect immune function, ProImmune may help maintain a healthy immune response, potentially aiding the body in managing damage and recovery.*

Detoxification: Glutathione is involved in detoxifying the body and supporting liver function by helping to eliminate harmful substances.*

Inflammation Response: By targeting natural inflammation response at the cellular level, ProImmune can contribute to overall health by providing optimized nutrition reducing the risk of issues associated with daily stresses and inflammation.*

Research Support: ProImmune has been backed by peer-reviewed research and federal CARES Act funding, which support its credibility as a natural option for supporting immune health. A Healthier Safe Alternative to A Non-Natural Approach Many immune support products available today, such as glutathione and the precursor-NAC chemical, do not offer the same level of long-term effectiveness as natural solutions like ProImmune supplementation. While NAC purports to provide glutathione precursors on a laboratory benchtop setting, it does not utilize the body's natural ability to produce glutathione within the cell only where and when it is needed. ProImmune's formulation takes a different natural approach by working directly with the body's processes inside the cells, leading to more efficient supplementation. If you are interested; Charles Drew University of Medicine and Science evaluated ProImmune performance compared to NAC glutathione precursor. You can find that article on the world-wide web or on TheBestImmuneSupport.com website in the science section. The unique combination of amino acids and mineral cofactor in

ProImmune Immune Formulation 200 supports not only immune function but also cellular repair and detoxification.* This comprehensive approach makes it a superior option for those looking to meet their overall health goals as efficiently as possible.*

The Science Behind ProImmune Developed by Dr. Albert B. Crum, an expert in immunology and biochemistry, ProImmune Immune Formulation 200 is based on extensive research into *in vivo* glutathione synthesis and its role in human health. The product features a patented formulation designed to support the body's natural ability to produce glutathione, which may contribute to immune response, help manage oxidative stress and promote overall wellness.*

ProImmune's development has garnered attention from both the scientific and clinical communities, with endorsements from renowned doctors and healthcare professionals. The product's unique approach to supplementing cellular health has made it a preferred choice for those seeking safe, long-term practice to maintaining immune health.

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Spencertown Academy Presents "The Willows" Supernatural Psychedelic Horror Story November 23

Spencertown Academy Arts Center presents "The Willows," a theatrical conjuring of Algernon Blackwood's 1909 supernatural psychedelic horror story, on Saturday, November 23, 7:30pm at the Academy's Blanche Grubin Auditorium. Performed by celebrated British actress and voiceover artist Victoria Finney and adapted and directed by Alex Harvey, this storytelling performance saturates audience members in an eerie odyssey to otherworldly realms guided only by the simple elements of sound, candlelight, and spoken word. General admission tickets (\$20 public, \$15 Academy members) are available via www.spencertownacademy.org.

"We are excited for this first collaboration with the ever creative Alex Harvey,"

Continued on page 24

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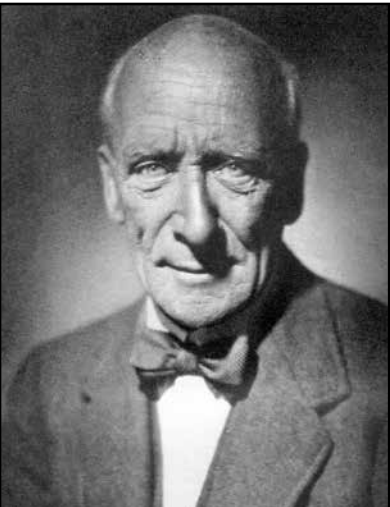
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Spencertown Academy Presents “The Willows” from page 23

says Eve Zatt, Academy administrator. “The combination of classic literature, a talented performer, and a moody setting is sure to provide a memorable evening of theater.”



Algernon Blackwood

Born in 1869, Blackwood was the a pioneer of Supernatural Fiction and is renowned for his masterful atmospheric settings in his paranormal tales, which submerge readers in the experience of the story itself. A member of the Hermetic Order of the Golden Dawn—a secret society devoted to the study of the occult and esoteric knowledge—he had an outsized, though often underappreciated, influence on the horror genre. “The Willows” creates a narrative bridge that connects gothic horror of the 19th century to psychological horror of the modern age. Blackwood’s ability to evoke dread from natural settings and his use

of the unseen to generate fear lays the groundwork for modern horror’s exploration of existential dread. He was a major influence on H.P. Lovecraft, who praised “The Willows” as “the finest supernatural tale in English literature.” Finney performed all over the UK and Europe for many years with theater companies, including The English Shakespeare Company and Shared Experience, appeared in several TV drama series, and was a storyteller and Radio Rep actor for the BBC. Eventually, she moved to New York, where she has been part of the Lake Lucille Chekhov project, including the film “I am a Seagull,” and has performed at The Lincoln Center and off Broadway. She co-adapted/directed “All American Boys” (now published and available from Playscripts) and co-adapted “White Rose” by Kip Wilson supported by The New Victory Theater, NYC and The Alliance Theater, Atlanta. She is currently featured as the narrator and storyteller on two popular children’s podcasts and plays a bunch of instruments and sings with Brooklyn based band, The Retro Fits. Harvey is a filmmaker, editor, producer, writer, theater director, musician, end-of-life doula, and currently the arts programmer at Race Brook Lodge in Sheffield, MA. He created, produced, and directed the feature film, “Walden: Life in the Woods,” starring Academy Award nominee Demián Bichir, which played at many domestic



Victoria Finney

and international festivals and was picked up by Virgil Films and released on Amazon Prime. His other films include the pandemic-themed sci-fi feature, “space//space,” which premiered at NYC’s Anthology Film Archives; “The Unsilent Picture,” a black-and-white silent film starring the world famous clown, Bill Irwin; and “I Am A Seagull,” a documentary-narrative hybrid film made by the art collective Lake Lucille Chekhov Project, which was the first feature film to play at the Public Theater’s Under the Radar Festival in New York. Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

FREE OUTDOOR HISTORY HIKES & LANDSCAPE TOURS AT STAATSBURGH STATE HISTORIC SITE

This autumn, enjoy the fall foliage of the Hudson Valley with two free guided tours of the historic Gilded Age estate of Staatsburgh. Their “What You See ... And What You Don’t See” landscape tour and “History Hidden in the Woods” guided trail hike, covering two different areas of Staatsburgh’s history, take the public outside the Staatsburgh mansion to experience the beautiful grounds, explore other forgotten Gilded Age estates, and learn more about our region’s history set among the backdrop of the autumn leaves. Advanced reservations for both tours are required at <https://www.Bookeo.com/StaatsburghSHS>. The landscape tour, entitled “What You See... and What You Don’t See,” shows how Staatsburgh’s landscape architect designed a glorious setting that showcased the good life in the Gilded Age, while deliberately using landscape elements to hide the technology and labor that made a turn-of-the-century estate run. Using historic photos of the grounds, the free tour will reveal what visitors would have seen at the turn of the 20th century, but also step behind the curtain to show what was hidden from them. “What You See ... And What You Don’t See” will take

place on Friday, October 11 & 25 at 10:00 a.m. Reservations are required and can be made at <https://www.Bookeo.com/StaatsburghSHS>. The walk will be about one mile of mostly level terrain, with some uphill walking. For those wishing for a longer outdoor experience, Staatsburgh’s free “History Hidden in the Woods” guided trail hike follows one main trail through this landscape that, a century ago, was the setting of multiple grand Hudson River-front estates. This 90-minute guided hike will lead visitors from Staatsburgh through the park, exploring the history of three historic estates: from Staatsburgh’s founding as a gentleman’s farm in the 1700s to the development of



History Hidden in the Woods guided trail hike

The Point and Stonehurst estates in the 19th century. “History Hidden in the Woods” will take place on October 13, 19, 26 & 31 at 10:00 a.m. Reservations are required and can be made **Continued on page 25**



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Free Outdoor History Hikes from page 24

at <https://www.Bookeo.com/StaatsburghSHS>. This hike is approximately 1.5 miles of uneven terrain, requiring sturdy footwear. Staatsburgh State Historic Site is open for guided mansion tours Thursdays through Sundays, through October 27, and re-opens for self-guided holiday touring on November 29. To attend



What You See & What You Don't See Landscape Tour

a mansion tour, please make advance reservations on www.Bookeo.com/StaatsburghSHS; admission is charged upon arrival. Visitors may also enjoy a picnic or stroll by the Hudson River, or a hike along the woodland trails in adjacent Mills Memorial State Park.

Staatsburgh State Historic Site and the Ogden Mills & Ruth Livingston Mills Memorial State Park are located on Old Post Road in Staatsburg, off Route 9 between Rhinebeck and Hyde Park. The historic site is one of 6 sites and 15 parks administered by the Taconic Region of New York State Office of Parks, Recreation and Historic Preservation. For more information, call 845-889-8851, or visit Staatsburgh's websites at, <https://www.Bookeo.com/StaatsburghSHS>, www.facebook.com/StaatsburghSHS, and www.staatsburghstatehistoricsite.blogspot.com. Staatsburgh's events are also listed at parks.ny.gov

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas,

visit parks.ny.gov, download the free NY State Parks Explorer app or call 518.474.0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, [X](https://www.x.com) (formerly Twitter), and the OPRHP Blog.

Sage City Symphony to Present Fall Concert November 10

On Sunday, November 10, at 4:00 p.m. Sage City Symphony will present a Fall Concert at Greenwall Auditorium in the VAPA Building at Bennington College. Admission is free and open to all. This concert is sponsored by Southern Vermont Medical Center and M&T Bank.

On the program: Symphony No. 1 in C Minor, by Anton Bruckner; Piano Concerto in G Major, by Maurice Ravel, with soloist Yoshiko Sato; and Old Wine in New Bottles, by Gordon Jacob. About Pianist Yoshiko Sato

Pianist Yoshiko Sato studied at Keio University in Tokyo, at the Hartt School of Music in Connecticut, and at École Normale de Musique de Paris in France. She has won numerous prizes in several competitions. She has given recitals in Japan, the United States, France, and Switzerland and has appeared as soloist with the Orquestra de Cambra de L'Emporda in Spain, the Hartt Symphony Orchestra, and Sage City Symphony. In 2009, Sato and tenor Thomas Bogdan released a recording of Hungarian folk song settings by Bartok and Kodaly on the Centaur label. Sato has also recorded three piano works by her husband, Allen Shawn, all for Albany Records: Childhood Scenes, Nocturne for Y, and Book II of his Piano Etudes, which will be released later this year. (All three works were dedicated to her.) In 2014, Sato performed Childhood Scenes and Jazz Prelude No. 2 for the Antonia Franceschi Dance Company at the Ailey Center in New York City and in performances on the island of Malta. Since moving to

Vermont, Sato has performed frequently in recitals throughout the region, including presenting a series of the complete Beethoven Piano Sonatas with her colleague Christopher Lewis, recitals at the Park-McCullough House, a recital with violinist Joana Genova-Rudikova presented in Bennington, and a concert in the Bennington Music at the Museum series with cellist and Sage City Symphony music director Michael Finckel. Sato has been a piano instructor and accompanist at Bennington College since 1999. About Music Director Michael Finckel

Having served as principal cellist during Sage City Symphony's early years in the 1970s, and later as a commissioned composer and cello soloist, music director Michael Finckel continues the unique traditions and musical standards of the orchestra's co-founder, Louis Calabro.

A native of Bennington, Vermont, Finckel's formative studies were with his parents, both prominent musicians well known throughout the state. He later attended Oberlin College Conservatory of Music and Bennington College, where he

Continued on page 26



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Red Hook, NY: Charming Farmhouse Situated on 5+ ac., just minutes to the village! A charming front porch greets you as you walk into an EIK

w gleaming HW Floors & plenty of cabinet space. Off the KIT is a Bonus Room, perfect for an Office / Playroom. Separate Laundry Room w abundance of closet space. The spacious LR guides you to a first-floor Primary En suite & a separate Sunroom to enjoy outside in all weather! This home has an array of charming details while also having modern updates including new furnace, C/A, charcoal water filter & electrical system. Want more land? Boarding 4+ Acres is also for sale, Let's Make a Deal! Asking **\$499,000**



Red Hook, NY: Set at the end of a picturesque cul de sac, this treasure is just a stone's throw away from the rec park, & within walking

distance to schools & village attractions! This lovely single level features a spacious entryway that flows seamlessly to open LR, DA & bright, cheerful KIT that boasts plenty of work & cabinet space, pantry & glass doors to deck. Primary En-suite is located on the opposite side of home making for its own pvt retreat. Gorgeous HW floors & soaring ceilings create a light & airy, pleasant ambience. Oversized 2 car GAR with plenty of space. The beautiful 1+ AC lot is a gardener's dream with a garden shed, mature perennial gardens galore, vegetable garden, magnificent age-old shade trees, fruit trees & woodland. Asking **\$485,000**



Red Hook, NY: Privately set on 1+ ac., is this one level 3 BR/ 2 BTH Ranch. Chilly winter nights have been

spent cuddled up to the Brick FP in the spacious LR, Festive holiday meals in the formal DR & large Country KIT w Skylights & plenty of workspace. The screened porch invites you on a sultry summer day to sip lemonade with a good book. The full bsmt allows for future growth & 3 Car DET GAR is perfect for studio/ wkshp. The level yard is a perfect place to play / garden & backs up to a lovely forest. 5 minutes to Bard, Village, & Kingston. Asking **\$449,000**



Livingston, NY: Steps to Private Lake Front. Set on 1/3 acre partially wooded corner lot & blends in beautifully with the landscape. Built with great attention to quality &

detail. Open & light filled LA w electric FP provides heat, ambiance & the sound of a blazing fire. Gorgeous HW throughout. The KIT open to the DR is functional w granite & workspace. The DR leads to a deck, perfect for entertaining. 3 BR's includes Primary w FB. Stairs to upper unfinished area, roughed in for add'l living space & FB. This gem is located directly across from gorgeous pvt lake access for swimming, kayaking, eagle watching & fishing. Plus, rights to pvt community beach & picnic area. Existing outbuilding perfect for office, studio/wrkshp. Convenient to TSP, Red Hook, Rhinebeck & Hudson. **\$619,000**



Village of Red Hook, NY: Two Family Investment! Spacious duplex on corner lot, plenty of yard with 2 car

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Red Hook, NY: Set down a long driveway on 1+ ac. boasting sprawling lawns & glorious ancient trees

sits this Whimsical Country Cottage. Enter a large Mud Room to hang your hat & remove those boots! The bright, cheerful KIT is the hub of the home with Vaulted Ceilings, Skylights & open to DA. The spacious LA with Propane Stove is perfect on those chilly nights. Also, on the main level, you'll find a Guest BR with Separate Entrance, FB, plus Office/4th BR. Lovely sunroom off the LA looks out at the beautiful backyard to watch the birds & wildlife. Upstairs features a spacious Primary with Soaring Ceiling, Skylights, FB plus another BR. Oversized 2 car GAR & New Roof! Walk to movies, shopping, restaurants & village. Asking **\$495,000**



Amenia, NY: Located in the picturesque, storybook town of Amenia is this Vintage 1930's charmer featuring modern updates with a comfy country home vibe. Enter a welcoming entryway & enjoy convenient built-ins to store coats & shoes. An open

LR & DA with pellet stove for cozy efficient heating, floats effortlessly into a sparkling KIT with Quartz Counters, New Cabinets & Updated Appliances. Gorgeous HW floors, new windows, & recessed lighting create a bright & airy space. Off the KIT is a spacious LA, guest BTH, & back door opening to a Trex deck, blue stone patio, & fenced yard. Mature shrubbery & plantings create a PVT oasis where the whole gang can gather around the firepit. A large Primary, FB & 3rd BR complete the picture. Walk to the Rail Trail, shops, & restaurants, just a short drive to Metro-North. Asking **\$439,900**



Rhinebeck, NY: Located in a friendly neighborhood & tucked at the end of a cul de sac sits this

1960's Ranch. A bright & sunny LR welcomes you in & has a brick FP that will warm your chilly nights. The formal DR is a place to gather & enjoy a great meal prepared in the "Betty Crocker" KIT overlooking the yard. Three cozy BR's where sweet dreams are made, & 1 1/2 BTH. The full w/o basement allows for add'l living. The level yard backs up to woods for privacy with room for swing set, garden & pool. 5 minutes to the Village, 10 minutes Kingston Bridge & TSP. Asking **\$449,900**



Red Hook, NY: Retro 1956 Ranch has a Mediterranean flare w a SPECTACULAR VIEW OF THE CATSKILL MOUNTAINS & Borders 1700 acres of "forever

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Sage City Symphony from page 25

studied composition, conducting, and orchestration with Louis Calabro and Henry Brant. He has taught cello and composition at Bennington and Marymount Colleges, and at Princeton and Cornell Universities. As a member of the faculty of the Vermont Governor's Institute on the Arts, he taught gifted junior and senior high school students from around the state. Currently living in New York City, Finckel is engaged in an active multiple career as soloist, chamber musician, composer, teacher, and conductor. As a cellist he has performed with orchestral and chamber ensembles in venues from coast to coast and across Europe. He performs and coaches each summer at the Composers Conference and Chamber Music Center in Wellesley, Massachusetts, and

the Chamber Music Conference and Composers Forum of the East at Bennington College. About Sage City Symphony Cofounded in 1972 by composer Louis Calabro and Christine Graham as a community and college orchestra with close ties to Bennington College, Sage City Symphony gave its first concert in 1973. At the time, it was one of only a handful of orchestras in the country to commission and premiere new works. Today the symphony performs the traditional classical repertoire as well as contemporary music, commissioning and premiering new pieces each season, with the mission of presenting programs that are beyond the usual ambition of community orchestras and that offer a challenging playing opportunity to local musicians. The symphony attracts a high caliber of dedicated amateur and professional players who travel from throughout Vermont, New York, and Massachusetts for weekly rehearsals during the concert season. Auditions are not required, and academic credit is available for Bennington College students who participate. Information about joining the symphony, as well as COVID protocols observed at rehearsals and concerts, is available at www.SageCitySymphony.org. Sage City Symphony is a registered federal non-profit organization in the State of Vermont that relies entirely

on generous donations, gifts in kind, grants, and volunteer services from individuals, local foundations, businesses, and sponsors. Donations are gratefully received by mail at Sage City Symphony, PO Box 547, Shaftsbury, VT 05262 or online via www.SageCitySymphony.org. Concerts are always free and open to all.

CGHS/SPCA

CGHS/SPCA would like to extend a heartfelt thank you to everyone who joined us on Saturday, October 19th, for the 110th Anniversary Celebration of Lacy Subaru in Catskill. Subaru has been a steadfast and generous supporter of CGHS/SPCA, and this year, through their Subaru Loves Pets program, they once again demonstrated their commitment to animals in need.



left to right: Troy Lacy, Nicole Lacy-Rask (with Sammie), Alexa Caunitz (with Kiwi), Daniel Lacy, Dylan Lacy, and Rebecca Warner (with Roxanne).

In honor of this milestone, Subaru sponsored our pet adoptions leading up to the event, and we are thrilled to announce that 42 animals found their forever homes! Thanks to their sponsorship, 11 dogs, 30 cats, and 1 rabbit now have loving families to call their own.

We are incredibly grateful for Subaru's partnership and for the community's support in helping these animals find their new homes!

Spencertown Academy Presents Classical Sunday with Cellist Anneke Schaul-Yoder and Pianist Derin Oge November 17

Spencertown Academy Arts Center presents Classical Sunday with cellist Anneke Schaul-Yoder and pianist Derin Oge on Sunday, November 17 at 3:00pm at the Academy's Blanche Grubin Auditorium. The unusual and



(left) Anneke Schaul-Yoder photo by Adrian Buckmaster; (right) Derin Oge photo by Ali Emre Oge

virtuosic program will include the spiritual and intricate music of JS Bach's "D Major Gamba Sonata,"

Lena Auerbach's charming and surprising "Preludes," and Beethoven's heroic yet contemplative "A Major Sonata." General admission tickets (\$25 public, \$20 Academy members) are available via www.spencertownacademy.org.

"Anneke Schaul-Yoder and Derin Oge are bringing an exciting program of repertoire for cello and piano having performed in both period instrument and modern ensembles at Carnegie Hall, Lincoln Center, and other venues in New York and beyond," says Jan Douglas, member of the Academy Music Committee and head of Classical Sunday programming. "We are in for a wonderful afternoon!"

Schaul-Yoder and Oge have been making music together since 2008, first as members of the Piano Music & Song Trio (with composer Jordan McLean on trumpet) and later in the trio Eudemonia (with Alice Jones on flute), as well as a piano/cello duo. They focus on eclectic programs of music with vibrant rhythms and elegant textures. "Green Age," the duo's record of works by Martinu and McLean, is available from System

Dialing Records.

A native of Istanbul and longtime resident of Brooklyn, Oge brings a worldly and eclectic view to the music that she plays. With classical and contemporary training, she is at home on the concert stage and

in the club. She was trained at Mimar Sinan University, and

Continued on page 27



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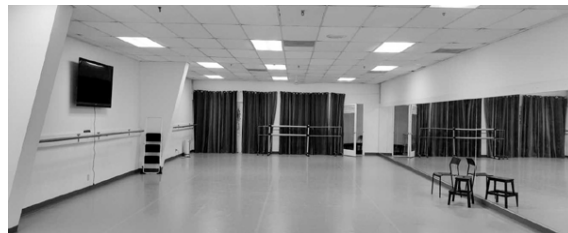
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Associate Real Estate Broker, ABR, SRES, SFR

A resident of Red Hook, Allison has helped hundreds of homebuyers and sellers across the Hudson Valley. She's known for her creativity, attention to detail, and follow-through. Whether you're selling your fifth home or are a first-time homebuyer, call Allison for the very best representation.



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Spencertown Academy Presents Classical Sunday from page 26

holds a Masters degree from Purchase Conservatory under the tutelage of Paul Ostrovsky, where she later served on piano faculty. She has played extensively with Piano Music & Song Trio, a chamber ensemble that performs arrangements of Impressionist and Romantic songs for trumpet, piano, and cello. Oge is also a founding member of Occasional Noise Trio with trombone and percussion. She has played at such venues as Cornelia Street Café, Mozarteum University, Peter de Grote Festival, The Stone, Flushing Town Hall, Barbes, Roerich Museum, and Symphony Space. In addition, her performance of Mozart’s “Sonata in Bb Major” has been recorded for the European Broadcast Union.

Schaul-Yoder has performed in period-instrument and modern ensembles at Carnegie Hall, Lincoln Center, the Brooklyn Academy of Music, and the 92nd Street Y. A chamber musician across the genre spectrum, she plays regularly with the Piano Music & Song Trio; Eudemonia, which presents eclectic programs for flute, cello, and piano; the soprano/continuo Suore Project, which aims to research and record a comprehensive survey of works by 17th-century Italian nuns; and SIREN Baroque, the internationally acclaimed early music ensemble. Schaul-Yoder has been a featured guest on “A Prairie Home Companion,” and appeared on Lincoln Center’s “American Songbook” series, televised on PBS. She has also recorded with the Lumineers, Shawn Mendes, and members of Arcade Fire and Antibalas. She studied with Julia Lichten and Marcy Rosen at Yale, Purchase Conservatory, and Mannes and she plays on a French cello

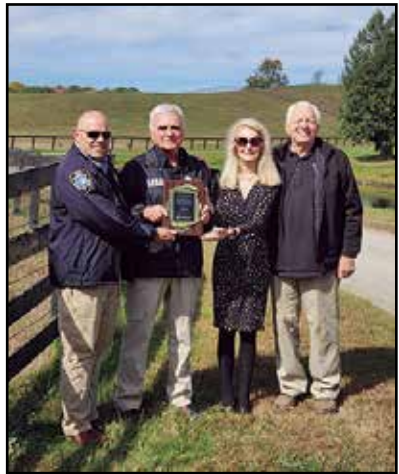
from 1713 by Jacques Boquay.

This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

The Columbia-Greene Humane Society/ SPCA presents the 2024 Bilinski Award

The Columbia-Greene Humane Society/SPCA’s Bilinski Award is the highest award bestowed on a person, business, or organization whose passion and commitment to the well-being of all animals is embodied by their generosity and devotion demonstrated by Dr. Jerry Bilinski.



left to right: CGHS/SPCA President/CEO/Investigator Ron Perez, CGHS/SPCA Chief Investigator Lee DeLisle, CGHS/SPCA Board Chairperson Charlene Marchand, and Dr. Jerry Bilinski.

CGHS/SPCA Chief Investigator Lee DeLisle is the recipient of the 2024 Bilinski Award. Lee has been with the CGHS/SPCA Cruelty Unit since 1991, and investigated hundreds of cases throughout his career.

“I’d like to congratulate and thank Chief Investigator DeLisle for his tremendously consistent and generous support of the Columbia-Greene Humane Society/SPCA. Lee has liberated hundreds of animals in our two counties from pain and suffering over his 33 year career. We are grateful for the opportunity to present him with the 2024 Bilinski Award,” said Ron Perez, President/CEO of CGHS/SPCA.

Lake Taghkanic State Park Draft Master Plan Comment Period - Public Meetings Scheduled

The NYS Office of Parks, Recreation and Historic Preservation (OPRHP) invites all interested parties to provide input on a Draft Master Plan (Draft MP) for Lake Taghkanic State Park, located in the Towns of Taghkanic and Gallatin, in Columbia County, NY. Two public meetings will be held to discuss the Draft MP, one virtual (online) and one in-person. At both meetings, OPRHP will provide an overview of Draft MP content and participants will have the opportunity to ask questions and provide their comments. Virtual (online) Meeting Thursday, November 14 from 2:30 p.m. – 4:00 p.m. To participate, please register online at <https://forms.office.com/g/WvRWtcrUXe> or send an e-mail with your name

to: LakeTaghkanic.Plan@parks.ny.gov no later than 5 pm Wednesday, November 13. In-Person Meeting Thursday, November 14 from 6:00 p.m. – 7:30 p.m. Taghkanic Fire Co. #1, 631 Old Route 82, Taghkanic, NY **The same content will be presented at both meetings** The Draft MP will be available on the OPRHP website on Thursday, October 31st, 2024 (<https://parks.ny.gov/inside-our-agency/master-plans.aspx>). The public meetings are accessible to people with disabilities. Anyone who requires a reasonable accommodation for effective communications should contact Owen Gilbo at Owen.Gilbo@parks.ny.gov or at (518) 402-2648, preferably within fourteen (14) days of the meeting date on which that the requestor will need such auxiliary aid or service. OPRHP welcomes all input and

encourages interested parties to attend these meetings. We hope that your schedule will allow you to participate. However, if you are unable to join at either time, a recording will be available on the OPRHP website (<https://parks.ny.gov/inside-our-agency/master-plans.aspx>). In addition, questions/comments on the Draft MP may be submitted by Friday, Dec. 5, 2024 to: LakeTaghkanic.Plan@parks.ny.gov or mailed to: Megan Zimba, Park Planner, Division of Environmental Stewardship and Planning, NYS Office of Parks, Recreation and Historic Preservation, Albany, NY 12238. We thank you in advance for your interest. If you have any questions, please email us at LakeTaghkanic.Plan@parks.ny.gov or contact Linda Cooper, Regional Director for the Taconic Region at: Linda.Cooper@parks.ny.gov.

Continued on page 28

Summer Stuff looking tired and worn? Be Ready for this Spring! Before you put it away for the winter, bring it in for a fresh, new look...



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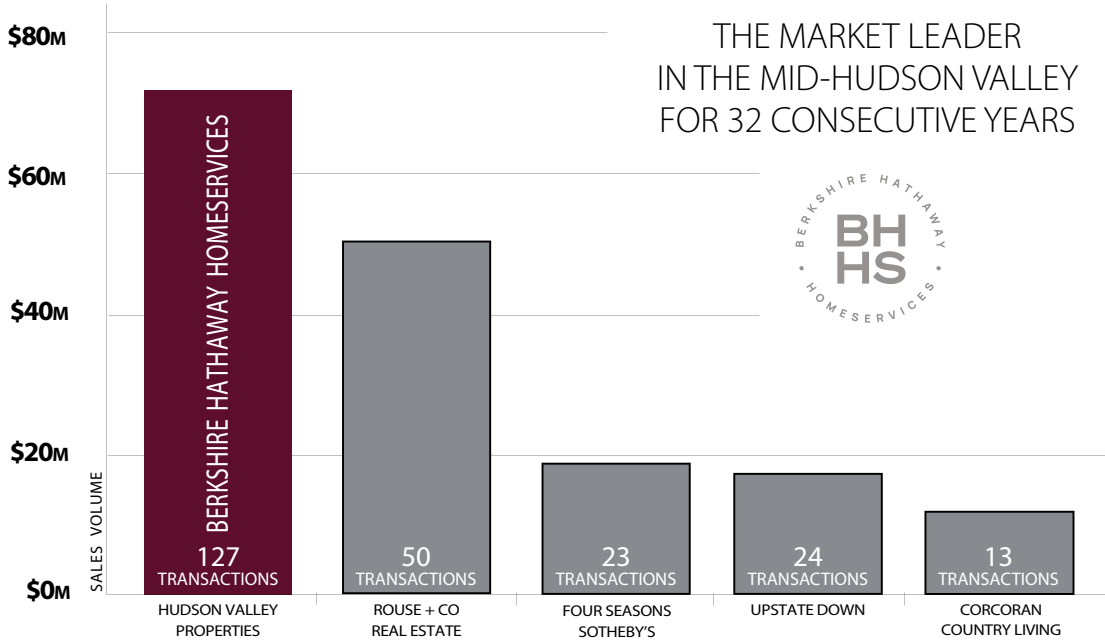
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Lake Taghkanic State Park- from page 27

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 parks, historic sites, recreational trails, golf courses, boat launches and more, which saw a record 84 million visits in 2023. For more information on any of these recreation areas, visit the [New York State Office of Parks, Recreation and Historic Preservation](#) website and download the free NY State Parks Explorer app or call 518-474-0456. Join us in celebrating our Centennial throughout 2024, and connect with us on Facebook, Instagram, X (formerly Twitter) and the OPRHP Blog.

MORTON MEMORIAL LIBRARY

**Yin Yoga
with Danika Marie
Saturdays in November @
10:00 am**

(2, 16, 23, and 30th)

Relax and rejuvenate your body *mind *spirit *through a practice of slow, gentle movement and longer held floor postures designed to ease tension, increase flexibility, and restore well being. Please bring your own mat or thick towel suitable and comfortable for practicing yoga on the floor. Any props that may offer additional support are welcome but will not be provided (yoga

blanket, block, eye pillow, etc) \$15 - \$20 suggested donation. Astrological insights will also be offered. No experience to yoga necessary. 18yr +to attend.

**MakerSpace
Saturdays @ 2:00 pm**

MakerSpace is offering a Fall class for neurodivergent kids and their parents/caregivers. Parents are invited to be on hand to help support their children as needed. All projects and activities will take into account the individual needs of the children. A few spaces have opened - Please contact Judy at [MakerSpace@mortonrhinecliff.org](#) to register.

**Yoga with Kristin
Sundays @ 10:00 am**

All levels welcome in peaceful Morton Hall. The classes are breath-based with an emphasis on thoughtful sequencing and alignment so that practitioners can move with stability, awareness, and grace. This is a drop-in class and all are welcome. Please bring your yoga mat, a blanket, and blocks if you like. \$12 suggested donation You can purchase a prepaid card for 10 sessions and get a free 11th class via check or [PayPal](#).

**MakerSpace
Sundays @ 10:00 am**

MakerSpace will be offering a class for 9-13 year olds. We appreciate that Sundays are often busy and filled with birthday

parties and sports etc. We will not necessarily expect kids to show up consistently but will prep more open ended projects. A few spaces have opened - Please contact Judy at [MakerSpace@mortonrhinecliff.org](#) to register.

**Rockin' Rooks Youth Chess at
Morton**

Mondays @ 5:30 pm

Join the award-winning Rockin' Rooks every Monday from 5:30-7:00 with D. Suris and Cathy Young! Students in grades K - 12 are welcome to join for fun, learning, and tournament competition. To sign your child up, for more information, or to volunteer contact: D. Suris 845-416-3287 or email [racersplace\[at\]hotmail.com](#)

**Knit 'n Knatter
Wednesday, November 6 @**

**3:00 pm
(First and third Wednesdays of
each month)**

Come to knit, crochet or just for the confab. We will drop purls, collaborate on projects, and work on our own. We'll meet in Morton Hall where there is plenty of room to spread out. See you there! All are welcome.

**SANDIPITY
a hands-on adult art workshop
with Fedora Maier
Thursday, November 14 @
4:00 pm**

Want to...get elemental? *...flex your word-and-picture muscles?...experience the

pleasures of accidental creativity? ...be part of a community project? Join artist/writer Fedora Maier to explore a quirky way to make art and/or Visual Poetry based on a prompt (or not...). The technique and result are ephemeral, so to capture your image you'll need your phone or iPad or a camera. * OK, we know sand is not an element, or even a compound. It is, rather, a heterogeneous mixture. Most of the [quartz] sand we encounter is composed of SiO₂, Silicon Dioxide. But hey, it's pretty basic stuff.

"Sandipity" is a workshop where we follow that eye-brain-fingers path. It's like the Surrealists' Exquisite Corpse drawing/writing game... played solo, then combined into a community project. It's a very specific amalgam of chance and control. It's a tad challenging, but mostly...It's fun! And 'talking' to each other, no matter the medium, seems key... Lightboxes, tools, materials provided, and it's free! [Registration requested.](#)

**Richard's Rhinecliff Acoustic
Show**

Friday, November 15 @ 8:00 pm

Featuring: Hudson Crossing, Ned & Lynn, R.V. Henninger Donations to benefit Morton are suggested. Sponsored by THOMPSON LOL and Morton Present **"Threshfest"**

Tuesday, November 19 @ 6:00 pm

Join the Morton Seed Library in our quest to learn more about

saving seeds. We have planted, watered, thinned, and patiently waited to harvest the seeds from our Tithonia, lettuce, Butternut squash, and Malabar spinach. On Tuesday, we will be separating the seeds from the pods and will find out what happens next. Bring seeds/plants that you have saved or just come and learn with us. Free to the public. Sponsored by Library of Local, Dirty Gaia, and the Morton Seed Library.

**Morton Book Club
West with Giraffes
Thursday, November 21 @
7:30 pm**

Read, ponder, discuss, broaden your horizons, and have fun - all in a very casual and low key style. West with Giraffes by Lynda Rutledge. Books available at the library. We'd love to have you join! Potluck encouraged!!

**Nivedita ShivRaj
"Neer Amudu-Nectar of Life"
Concert**

**Saturday, November 23 @
2:00 pm**

Nivedita ShivRaj is a south Indian Classical musician and a recipient of a grant from Arts Mid Hudson for a music composition. Her final presentation of the project is a public concert in Rhinecliff. The project involves music composition for poems in ancient Tamil (South Indian language) literature, on the importance of water and its conservation, so the hamlet by the river seemed like the perfect venue. Free and open to the public.

Better late than never? (Not always.)

When you think about it, every season is tax season.



OK, we get it – you *don't* want to think about it. But it's noteworthy that **"IRS"** is in the word **"THEIRS."**

So, it's never too early to start planning for next tax season. Early planning provides opportunities to seek professional advice, make informed financial decisions, and effectively manage any changes in tax regulations.

Proactive preparation throughout the year allows for ample time to organize financial documents, explore potential deductions and credits, and implement tax-saving strategies.

Call now for your **free consultation**, and we'll help **YOU** keep more of **"YOURS."**



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