



Hudson River View

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Spencertown Academy Arts Center Presents “Art as Memoir: Regional Juried Art Show” Sept. 27 - Oct. 26

Spencertown Academy Arts Center presents “Art as Memoir: Regional Juried Art Show.” The exhibit was juried in a blind process by guest jurors Ian Berry (director of the Frances Young Tang Teaching Museum and Art Gallery at Skidmore College) and Sienna Patti (founder of Sienna Patti Contemporary Art Gallery in Lenox, MA). It opens on September 27 and will remain on display through October 26 with gallery hours on Saturdays and Sundays from 1:00pm to 5:00pm. In addition, there will be an opening reception and awards ceremony with the artists on Saturday, September 27 from 3:00pm to 5:00pm. Admission is free and artworks are for sale with a portion of the proceeds to benefit the Academy.

Artists living in Columbia County and nearby counties in New York, Massachusetts, and



“The Pond” by Janelle Sing
(oil, 12” x 12”)

Connecticut submitted works based on a personal memory or memories. The subject could be people, places, objects, or events from one’s past, and work submitted could be in any artistic style (representational or abstract) or medium. The juried exhibit features 72 works by 48 artists in a range of media, including oil, acrylic, and watercolor paintings, graphite and charcoal drawings, mixed media and collage, fiber art, printmaking, digital media, photography, ceramics, and sculpture. After the jurors made their selections, Spencertown Academy Curatorial Committee members Munya Avigail Upin, Meryl Enerson, and Alice

Continued on page 2

Historic Red Hook Announces Rev250 Fall Programs

As part of Dutchess County’s Rev250 commemoration, Historic Red Hook is hosting



Elmendorph Inn Tap Room

a series of free public programs this fall at the Elmendorph Inn, exploring how the American Revolution shaped the Hudson Valley and continues to influence community life today.

Fall Speaker Series
(Saturdays, 4:00–5:30 PM, in person & on Zoom)
Sept. 6 – BJ Lillis, *A Valley Between Worlds: Indigenous Land, Colonial Property, and Resistance to Capitalism in the Colonial Hudson Valley*

Oct. 4 – Dillon Streifeneder, *Red Hook, Rhinebeck, and the Revolution*

Oct. 18 – Hadrien Coumans & Joe Baker, *Lenape Perspectives on the American Revolution*

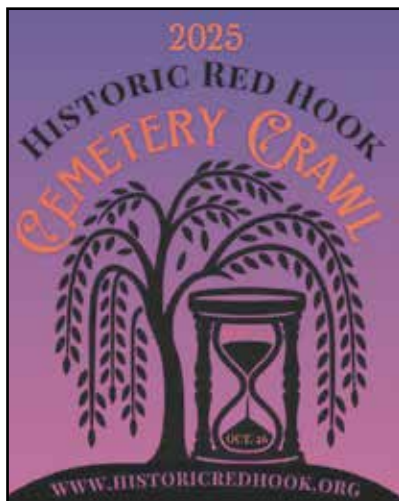
Nov. 22 – Kirsten E. Wood, *Accommodating the Republic: How Taverns Encouraged Travel, Innovations, and Civic Engagement in the New United States*
All talks are free with registration. Refreshments provided.

Hardscrabble Day Open House
Sept. 20, 10:00 AM–4:00 PM - Step inside Red Hook’s oldest public building for a day-long open house at the Elmendorph Inn. Enjoy tours of this historic site and a special cooking demonstration with Sara Evenson: *Harvesting Hudson Valley—18th Century Foodways*. The open house is free and requires no registration. For details and registration: www.historicredhook.org/rev250

Programs supported in part by Dutchess County’s Rev250 Programming Grant.

Historic Red Hook Cemetery Crawl

Event Description: Historic Red Hook’s Cemetery Crawl returns for its fifth season this fall! Part scavenger hunt, part self-guided tour, the Crawl takes you through six Red Hook cemeteries to uncover the stories of fascinating local residents and their memorials. With just your smartphone in hand, you can enjoy a crisp fall day exploring history in an engaging, family-friendly way.



Launch Date: Saturday, September 20, 2025, 10AM to 4PM

Launch Location: Village of Red Hook, Historic Red Hook table in front of Bliss Juice

End Date & Awards: Sunday, October 26, 2025, 3:00 PM at the Elmendorph Inn. Every participant receives a prize, with four grand prize baskets awarded.

More Info: www.historicredhook.org/cemeterycrawl

RHINEBECK GARDEN CLUB’S ANNUAL PLANT AND BAKE SALE

Saturday, September 27, 2025, 10am-2pm. Cordes Hall, Rhinebeck Reformed Church, 6368 Mill Street. Perennials, herbs, and houseplants. Selection is always varied and pricing is competitive. Bake sale to include muffins, quick breads, cakes, pies, and cookies. Proceeds enable the Club to remain a viable organization to educate community members interested in gardening, foster an appreciation of gardening, and maintain selected civic sites in Rhinebeck. To donate plants to sell, obtain more information about the sale, or become a member, call Sue at (845) 797-3226, or Hannah at (914) 263-5298.



Tivoli Village announces special international entertainment event,

an innovative family fun experience in collaboration with the DOWN TO EARTH festival | *Montreal-based the Kif-Kif Sisters to present their JAM SIDE UP! show at free community event in Tivoli’s Memorial Park, Saturday Sept. 6*

New York City’s DOWN TO EARTH festival, which brings world-class, international contemporary performance to diverse communities, will make Tivoli, New York a stop in its inaugural season (Aug. 29 -Sept. 7). A special show from the festival will come to **Tivoli’s Memorial Park, Saturday Sept. 6, 2025 @ 3pm-4pm** (arrive 2:30pm), free of charge, featuring Montreal’s **The Kif-Kif Sisters** called **JAM SIDE UP!** This dynamic performance duo - identical twin sisters - have been captivating audiences worldwide for nearly twenty-years with their innovative visual shows, both on-stage and in outdoor public spaces. The Kif-Kif Sisters mix crowd-pleasing comedy and audience interaction



Kif-Kif Sisters

with humor and interactivity (“Kif-Kif” is a French expression meaning “fifty-fifty” or “all the same”). Their creative approach celebrates the power of play, the unexpected and the imaginative repurposing of everyday objects. Each show invites the crowd to become an integral part of the experience, transforming every performance into a fun, memorable and interactive event - enjoyed by children and adults alike. Deeply influenced by their work in non-conventional spaces and the intimate magic of street performance, they foster a unique connection with audiences.

Continued on page 3

Anita Fina Kiewra International Printmaking Show

Sept. 18 - Oct. 11, 2025

Opening Reception

Sept. 20, 2025 5-7pm

“The Hudson River School” gets new meaning in Anita Fina Kiewra’s artwork – you are in the middle of the Hudson and you are rowing. Whereas the Hudson River School looked at the river from the shore, Anita finds her images in the middle of the river.

Anita’s practice of rowing serves as the lynchpin to her images and she has observed the atmospherics of the river over many years. This comes through in the action of many of her works which include her fellow rowers.

Anita’s printmaking practice includes intaglio, relief and screen prints. Additionally she oversees the Community Printmaking Studio (PUF Studios) at the Poughkeepsie Underwear Factory for Hudson River Housing, Inc., where she works as a project manager in Community Development.

While a cluster of her photoscreenprints and etchings centers the exhibition Anita has also invited fellow printmakers from far and near to join her including several of the printmakers from PUF Studios: Penny Dell, Emilie Houssart, Joan Belmar, and Xuewu Zheng. Thanks to Xuewu, we are able to include Maedeh Ojaghlo, Hayoon Jay Lee, Malgorzata Oakes, Huaxiang



On the Dock Anita Fina Kiewra
24x30 425

Wang, Liang Kong, Jiang Wu, Miao Jiang, Yiyang Yin, Grace LinHe, Yanchun Zhu, Mantian Chen, Yaming Zhu, Litao Qi, Shuyan Guan, Qing Qing, Fang Liu, Xiaoxue(Katie) Liu, and Zhaoman Zeng. The show is curated by Anita Fina Kiewra, Xuewu Zheng, Penny Dell, and Hayoon Jay Lee.

A free printmaking workshop will be held at the gallery on Saturday, September 27, 2025 from 2-4 pm. Registration not

Continued on page 3

*The October
Edition Of The
Hudson River View
Will Be In
Area Homes On
October 1st
The Deadline For
Advertising And
Press Release
Submission
Is September 17th*

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ACCORDING TO QUACKERS



September
Poet: Edgar A. Guest
September with her brushes
dipped in dazzling red and gold
Now comes to paint the valleys
and the hills;
And we forget completely that
the year is getting old
As we gaze upon the color that
she spills.
For all that we remember
Are the glories of September,
The bloom upon the peaches and
the gold upon the grain,
The apples red with blushes
From September's crimson
brushes,
The glory of the hill tops and the
splendor of the plain.
September - magic artist - comes
again to paint the trees,
Comes again to crown with
beauty Mother Earth;
And she'll touch with gold or
crimson every humble plant she
sees.
Without questioning its merit or
its worth.

And the eye that looks to see
On the frailest little tree
Will behold a touch of glory
where September it caressed.
And the poorest little bloom
That is soon to meet its doom
Will be nodding in the sunshine
with the proudest richly dressed.
And September makes me think
as I watch her splashing paints
Over every living thing
underneath the skies today,
That the poorest of us here,
when he goes to join the saints,
Will receive a touch of glory in
the very self same way;
That the humblest of the lot
In the end won't be forgot,
As September crowns with
beauty all the works of Mother
Earth,
So the gentle God above,
In His mercy and His love,
In the frailest of his creatures
will find something that's of
worth.

Spencertown Academy Arts Center from page 1

McGowan curated the show.

"It was a pleasure to jury "Art as Memoir. I was struck by the honesty and variety in the work—some pieces felt like confessions, others like quiet reflections or fragments of memory," says juror Patti. "Each artist approached the theme in their own way, using their materials to tell stories that were personal, layered, and deeply felt. Choosing was not easy, but it was meaningful. I'm grateful to have spent time with this work."

The featured artists include Fern Apfel (Kinderhook, NY), Alison Bachorik (Albany, NY), Dorene Beller (Great Barrington, MA), Daisy Benardo (Lee, MA), Brian "Scout" Buono (Chatham, NY), Joan Burkhard (Stockbridge, MA), Robert Calame (Great Barrington, MA), Rebecca Katherine Conroy (Hudson, NY), Ellen Crimmins (Salt Point, NY), Stephen Dallmus (Shutesbury, MA), Krista Edlund Dalton (North Egremont, MA), Mary Delaney Connelly (High Falls, NY), Julia K. Dixon (Julia

K Dixon, MA), Sarah Domoff (Albany, NY), Melissa J. Forbes (Philmont, NY), Tom Fox (Albany, NY), Tara A. Fracalossi (Valatie, NY), Peter Nicholas Fritsch (Copake, NY), Amy Gavaris (Chatham, NY), Douglas Gilbert (Williamstown, MA), Tom Gladd (Rensselaer, NY), Laurie Goodhart (Cambridge, NY), Betsy Jacks (Chatham, NY), Jude Kallok (Monson, MA), Irina Kaplan (Niskayuna, NY), Christine Kingery (Clifton Park, NY), Sue Muskat Knoll (Great Barrington, MA), Bruce Laird (Lee, MA), Judith G. Levy (Rhinebeck, NY), Monica Miller Link (Malden Bridge, NY), John MacGruer (Great Barrington, MA), Meagan Mason (Troy, NY), James McNamara (Stockbridge, MA), Linda McNutt (Hudson, NY), Nancy L. Meissner (Canaan, NY), Moira O'Grady (Chatham, NY), Philip James Palmieri (Loudonville, NY), Katherine Patterson (Chatham, NY), Andrew Pellettieri (Kinderhook, NY), Aleksandra

Scepanovic (Woodstock, NY), Joel Schiller (Chatham, NY), Lizbeth Shelley (Copake, NY), Janelle Sing (Hillsdale, NY), Kara Smith (Sheffield, MA), Randy Swann (Hurley, NY), Betty Wilde-Biasiny (Olivebridge, NY), Nancy Wood (North Adams, MA), and Kenneth Young (Ghent, NY).

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please see www.spencertownacademy.org.



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Tivoli Village from page 1

Through zany stunts, their unique blend of physical theater, circus arts, music, puppetry and performance art has been showcased over 1,000 times across 20 countries - having collaborated with Cirque du Soleil and appearing at numerous international festivals. Up next, Tivoli!

By partnering with the Village of Tivoli, the Tivoli Free Library and working collaboratively with dynamic cultural and community organizations, the *DOWN TO EARTH International Festival of Multidisciplinary Performance in Public Spaces* (a New York City based group) will present in the Hudson Valley with this special one-time performance in Tivoli. The mission of DOWN TO EARTH is to present contemporary multidisciplinary performance and street art as a way of reaching new audiences; they are powerful assertions of communal space that champion public assembly and provide arts access to local commons. According to Tivoli Mayor Emily Majer, “Tivoli is one of the funkiest communities in the Hudson Valley, full of families and friends who embrace a sense of fun. This event is absolutely perfect for us!”

With a goal to provide the arts to our broader community, regardless of social status, Tivoli-based Elena Siyanko heads the DOWN TO EARTH initiative and was responsible for last year’s successful Cirque Kikasse from Quebec - a highly popular

and dynamic event. “With Tivoli’s public park situated in the heart of the village, we aim to draw the community, neighbors and all who love our area to this energetic and engaging show. It will be a blast!” adds Siyanko.

By working together with unexpected arts groups, the goal is to embrace international cultural exchange and while broadening access for the entire community. In today’s divisive world, the hope is that these events foster community well-being and provide free, fun performances to all corners of our rural locales. Aligning with the Tivoli Free Library and its commitment to broadening audiences and presenting outstanding resources, free events and engaging programs for youth and families, the partnership to present the Kif-Kif Sisters aims to offer programming that is accessible and available to all. This event is made possible in part with support from Arts & Culture Project Grants, a program of **Arts Mid-Hudson** (artsmidhudson.org).

Anita Fina Kiewra from page 1

required. Participants under age 14 must be accompanied by an adult.

Gallery Hours: Friday 5:00 - 8:30 pm Saturday: 12:00 - 8:00 pm Sunday: 11:00 am - 7:00 pm Or by appointment.

Event: Sip Van Winkle: Prohibition and Bootlegging in the Hudson Valley

Date & Time: Thursday, September 25, 2025 - 5:30PM

Location: Hudson River Maritime Museum Homeport Barn - Kingston, NY Pricing:\$45/person,\$40/member

Event Description: Have you ever wondered what prohibition-era dramas may have played out in your own backyard? The Hudson River Maritime Museum has your answer! Come hear Kingston City Historian Taylor Bruck and Greene County Historian Jon Palmer tell the

wild and remarkable story of prohibition and bootlegging in the Hudson Valley. With a special focus on Kingston, Bruck and Palmer will give a sense of the causes and nature of the illicit alcohol trade fostered by the ratification of the 21st Amendment. This fascinating talk will be accompanied by a tasting of local spirits courtesy of Branchwater Farm from Milan, NY. Branchwater Farm grows their own wheat and rye for the base of their gin and whiskies, making for a truly local and unique experience. There will also be farm goods available for purchase, as well as full bottles if you taste something you particularly enjoy. See you there, and be ready to taste and learn! Our Presenters: Taylor Bruck is a lifelong resident of Kingston and Acting Clerk for the County of Ulster. He previously served as the Ulster County Archivist and has the privilege to serve as the Kingston City Historian, succeeding to the role previously held by his mentor Ed Ford.

Jon Palmer is the fifth Greene County Historian and current Ulster County Archivist. He was raised in Athens, New York and previously worked as the archivist for the Greene County Historical Society.

Rhinebeck Porchfest 2025: Music, Magic & Front-Yard Fun

Clear your calendars and tune your guitars—Rhinebeck Porchfest is back and ready to rock the porches on **Saturday, September 13, 2025!** This one-of-a-kind community music festival turns the charming streets of Rhinebeck into a patchwork of pop-up stages, where local talent takes center stage and neighbors become fans. Whether you’re grooving to jazz on a shady stoop or catching bluegrass in a blooming front yard, Porchfest is a **free, all-ages celebration** of music, art, and the joy of gathering. Expect a vibrant mix of genres—from

Continued on page 4

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ACROSS

1) English dude

5) Instrument with some heft

9) Not a heavyweight

14) Frau's partner

15) Got dirty going home?

16) Blotto

17) Jason's ship

18) Title character with the King of Siam

19) Battery terminal

20) Dilly-dalliers' activities

23) "Come in!"

24) "... and you know the rest"

25) Spigot

28) Perform incorrectly

32) Force out of office

34) Word with "photo" or "black"

37) Extremely long films

39) Voice in the choir

40) The art of putting things off for tomorrow

44) Member of the Jackson 5

45) Glitterati member, briefly

46) Bawl

47) Acted badly

50) Like illegally parked cars, often

52) Don'ts partners

53) "Much ___ About Nothing"

55) Come to mind

59) Delays leading to rescheduling

64) Bloodhound's guide

66) Material in a gym

67) Mine entrance

68) At a good clip, in poetry

69) Pre-owned

70) 5,280 feet

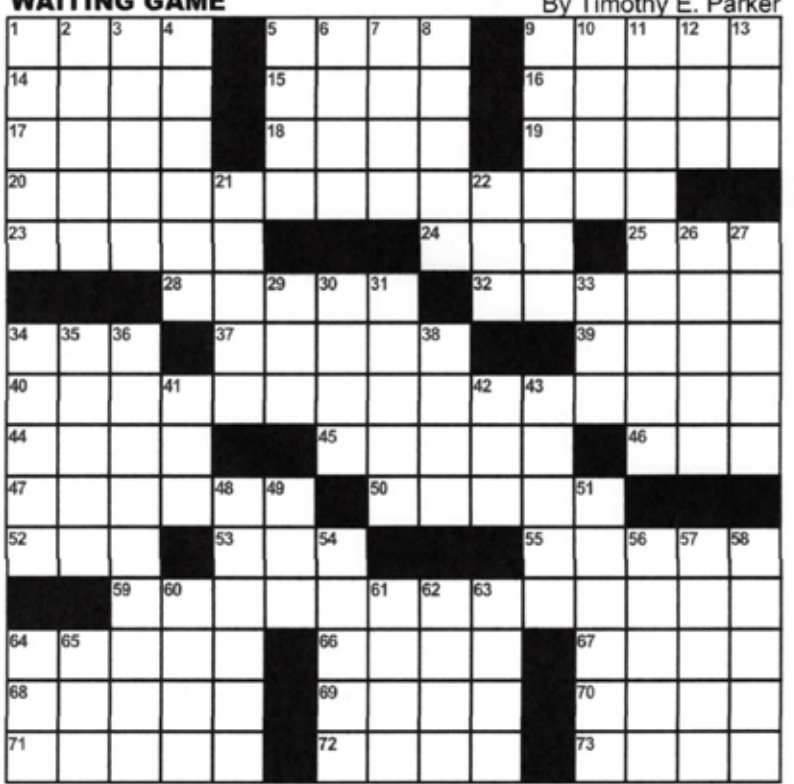
71) Word with "film" or "home"

72) Cushiony forest growth

73) Fortune-teller, supposedly

WAITING GAME

By Timothy E. Parker



DOWN

1) Make sore by rubbing

2) "Great white" bird

3) Slanguage

4) For the time being

5) The last one was Nicholas II

6) Arm bone

7) Type of cherry

8) "Love is blind," e.g.

9) Batting position

10) Type of valuable vase

11) Relating to the Pope

12) Hallucinogenic drug

13) Caustic drain opener

21) Less humid

22) "___ be an honor"

26) Mary of "The Maltese Falcon"

27) Indiana's state flower

29) Where to get a muddy face

30) LP or CD, e.g.

31) Santa's reindeer, collectively

33) Butter unit

34) Made a choice

35) First-rate, slangily

36) In a way

38) Fodder holder on a farm

41) Bunk

42) Not yet unwrapped

43) Crosswise, on deck

48) Resurrection Day

49) Banned bug killer

51) Enters REM sleep

54) Codeine source

56) Low-budget film, often

57) Attendance counter

58) Banana oil, for one

60) Fairy-tale opener

61) About

62) Words of denial

63) Concludes

64) First name on "Cheers"

65) Bean counter, for short

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long list this fall.

Rhinebeck Porchfest 2025 from page 3

folk and funk to classical and indie rock—as performers transform porches and public spaces into mini-concert venues. “Porchfest is fantastic fun,” say co-organizers Rick Nuzzo and Nancy McKay. “It’s about music and enjoying the talent and beautiful neighborhood!” A Nod to Hudson Valley’s Musical Soul Porchfest isn’t just a party—it’s a love letter to the Hudson Valley’s rich musical roots. Inspired by legends like Pete Seeger and the region’s thriving arts scene, the festival honors the spirit of community music-making and the artists who keep it alive.

What to Expect:

Live Music Everywhere: Dozens of performances across porches, lawns, and public spaces. **Local Flavor:** Artisans, food vendors, and crafts that showcase Rhinebeck’s creative scene. **Kid-Friendly Fun:** Face painting, street performers, and activities for the whole family. **Feel-Good Vibes:** A celebration of community, creativity, and connection. Porchfest is powered by the passion of local volunteers, generous sponsors, and the spirit of Rhinebeck itself. Attendees are encouraged to **walk or bike**—Parts of Livingston & Chestnut Street will be closed to cars to keep the vibe flowing and the music rolling. Proceeds and sponsorships

also support the ongoing development of the **Tommy Thompson–Sally Mazzarella Community Park**, a space built for gathering and growing. **Save the date, grab your friends, and get ready to dance down the sidewalks!** For sponsorship info, or event details, visit RhinebeckPorchfest.com or reach out to Nancy McKay at unmckay@gmail.com.



Hudson Valley Chiropractic

Hudson Valley Chiropractic Announces Grand Re-Opening & Patient Appreciation Day

Hudson Valley Chiropractic is excited to welcome the community to its **Grand Re-Opening and Patient Appreciation Day** on Saturday, **October 11, from 1–4 PM** at **37 Fire House Lane, Red Hook**. This special event celebrates the practice’s newly refreshed space and highlights the healing power of **Neurotonal Chiropractic**, a gentle and effective approach

to care with a special focus on **pediatrics and perinatal health**. Guests of all ages are invited to join in the fun, which will include: Complimentary **treats, games, and giveaways**
Face painting and activities for kids
Free screenings
A chance to **meet Dr. Emily and the Hudson Valley Chiropractic team**
“We’re thrilled to share this next chapter of Hudson Valley Chiropractic with our patients, neighbors, and friends,” said Dr. Emily Bobson, founder of Hudson Valley Chiropractic. “Our goal is to create a welcoming space where families can experience the benefits of Neurotonal Care together.” The event is **free and open to the public**.
Event Details:
Date: Saturday, Oct. 11, 2025
Time: 1–4 PM

Location: 37 Fire House Lane, Red Hook, NY
For more information, please visit hudsonvalleychiropractic.com or call (845) 835-6466.

ART OMI PRESENTS Fall/Winter 2025 Exhibitions

Art Omi welcomes a new commission to the Sculpture & Architecture Park, and two exhibitions in the Newmark Gallery this fall.

Art Omi presents three major projects this fall: **Eddie Rodolfo Aparicio’s** first East Coast outdoor installation examining colonial histories through botanical extraction, **YATTA’s** immersive exploration of Black wandering and West African musical heritage, and **Harold Stevenson’s** first New York

Continued on page 5



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Chocolate Toxicity in Dogs and Cats

By Julianne Porter

Chocolate is present in many of our lives in the forms of ice cream, baked goods, drinks, candy, and cooking ingredients. Often, our pets tend to like chocolate as much as we do! However, for dogs and cats, this can be very dangerous. Chocolate contains two methylxanthine compounds; theobromine and caffeine. Caffeine is also present in teas, soft and energy drinks, and some human medications, but our pets tend not to be drawn to those products as much as they are to chocolate. The primary source of chocolate comes from cacao beans. Through various growing conditions, strains of plant, and processing techniques, we get chocolate products containing varying degrees of methylxanthines. For example, unsweetened baking chocolate will have a much higher content of methylxanthines than milk chocolate. White chocolate has virtually no methylxanthines but can be a problem because of the fat content if a pet ingests it. The initial signs of chocolate toxicity will include vomiting, diarrhea, increased drinking, and restlessness. These typically occur within a few hours of ingestion. Then, hyperexcitability, agitation and tremors may develop. As the toxicosis progresses, fast heart rates, arrhythmias, and seizures can occur. Very high doses can cause problems with blood pressure, induce coma, or may even be fatal. In addition to the caffeine and theobromine, many chocolate products will contain high amounts of fats and/or sugars, which can also cause pancreatitis. This is inflammation of the pancreas that can lead to vomiting, diarrhea, abdominal pain, and can be very serious.

It can take up to four days for the effects of chocolate to work its way out of our pet's system. If it was ingested recently, vomiting can be induced in attempts to decontaminate the pet before the ingredients have a chance to be absorbed and cause toxicity. Following the induction of vomiting, activated charcoal can be administered orally to help bind the remaining chocolate to help prevent absorption as it moves through the digestive tract. If vomiting is not successful in removing the bulk of the chocolate product, or if the amount of toxic ingredients is very high, additional treatment is often required. This may include supportive care for any continued vomiting/diarrhea, sedation for tremors, medication for cardiac arrhythmias and even hospitalization for intravenous care depending on the severity of the toxicity. While both cats and dogs are susceptible to chocolate toxicity, it is less common in cats overall as they tend not to like the taste of chocolate as much as dogs do. However, it is important to note that cats are actually more sensitive to these toxins. It takes less chocolate to affect a cat than a dog of the same size. Due to the variety of these products, call your veterinarian or a poison control hotline if your pet eats any. Based on the weight of your pet, the type of chocolate, and the amount, the toxicity threat can be determined and treatment can be recommended. Sometimes, vomiting can be induced at home and no further intervention is needed. However, because even a small amount of chocolate can be extremely toxic depending on the type of chocolate, it is important to connect with a professional. Here are two hotlines that can help for chocolate and other toxin exposure. Please note that a

fee is incurred for these services:

1. ASPCA Animal Poison Control Center 888-426-4435. <https://www.asPCA.org/pet-care/asPCA-poison-control>
2. Pet Poison Helpline: 855-764-7661

If your pet has a HomeAgain Microchip, the service fee is waived when calling the ASPCA hotline.

Art Omi Presents from page 4

institutional solo exhibition, celebrating four decades of fearless figurative work.

Eddie Rodolfo Aparicio: Invernadero herido (para Huerta)

Opening: Saturday, October 11, 3-5:30 PM

Sculpture & Architecture Park
This autumn, Eddie Rodolfo Aparicio premieres *Invernadero herido (para Huerta)* [Wounded greenhouse (for Huerta)] (2025), a new commission by Art Omi and his first outdoor installation on the East Coast, centered around the Wardian case, a nineteenth-century device of colonial extraction that became the basis for the Crystal Palace in London. This apparatus was used to transport living plants from Central and South America to European collectors, and later became used as a model for the use of solitary confinement in hospitals and prisons. The glass enclosure points to entanglements between human and nonhuman histories and lives. Aparicio examines colonial histories of materials linked to pre-Hispanic cultures in Central America, particularly his family's homeland of El Salvador. Tracing the cultural and technological knowledge embedded in historical uses of rubber, amber, and tree bark, his work lingers on materials with medicinal properties that are mined by corporations today. This project continues his exploration of migration and modes of survival. Curated by Sara O'Keeffe, Senior Curator YATTA

Opening: November 15, 3-5 PM

Newmark Gallery

Art Omi presents a solo exhibition with YATTA on view from November 15, 2025 through February 1, 2026. An immersive installation comprising video, sound, digital collage, and a series of original interviews, the exhibition will reimagine the pastoral as a site of reckoning, rather than escape. The exhibition examines a Romantic, colonial notion of nature exploration and leisure that YATTA names "the white wander." For YATTA, the white wander is "unburdened, meadow, Walden, Thoreau. White wander scores earth music. Earth music is Fleet Foxes, Vampire Weekend, and Iron and Wine—music that reaches towards a rootedness that, I think, can only be found in a real, real way, on the continent of Africa." Using their music as a tool for worldbuilding, YATTA creates an expanded framework for those

historically excluded from access to an unburdened relationship to the earth full of ease, leisure, and the right to wander. The exhibition is rooted in the music of renowned Sierra Leonean guitarist S. E. Rogie, a pioneer of Palm Wine music and YATTA's great uncle. Palm Wine music, a hybrid of Portuguese fingerpicking and traditional West African folk, has informed the music of indie bands such as Vampire Weekend, Iron and Wine, and more. Inspired by their research into the connections between these sounds and their reflections on nature culture, YATTA seeks to posit West African guitar music and Black wandering as "a balm for the psychic wounds" of the transatlantic slave trade and the fraught relationship that Black people have had to land in the United States as a result

of forced migration and labor. Curated by Guy Weltchek, Curatorial Assistant
Harold Stevenson: Less Real Than My Routine Fantasy
June 28–October 26, 2025
Newmark Gallery
Art Omi presents *Harold Stevenson: Less Real Than My Routine Fantasy*, the late artist's first institutional solo exhibition in New York, on view from June 28 to October 26, 2025. The exhibition will trace forty years of Stevenson's exploration of the body as an expanded field across painting, drawing, and writing. In the pre-Stonewall era, Stevenson's unflinching commitment to the male nude led to trouble: a jail sentence for his gallerist, Iris Clert, in 1962; his work's removal from the Solomon R. Guggenheim Museum in 1963; and, in

Continued on page 6

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Wishing you & your loved ones health, safety and happiness!

Art Omi Presents from
page 5

response to an *Artforum* feature on his work in 1966, a published letter of complaint excoriating the magazine for promoting such “contemporary trash and moral depravity” in its pages. Stevenson’s career was filled with near breaks. He was invited to participate in the 1963 exhibition *Six Painters and the Object* at the Guggenheim Museum in New York, but when curator Lawrence Alloway saw a photograph of his painting *The New Adam*, he cut the work and replaced Stevenson with Robert Rauschenberg. Stevenson had painted the thirty-nine-by-eight-foot nude in modeling sessions with actor Sal Mineo, his lover (though started as an homage to another lover, Lord Timothy Willoughby, who mysteriously disappeared at sea); Alloway informed him the Guggenheim could not exhibit “a nude with a phallus the size of a man.” Stevenson, in turn, used Alloway’s rejection letter

in press materials while touring the painting across Europe. That same year, the artist installed a forty-foot painting of another lover, matador El Cordobés, atop the Eiffel Tower; it caused such traffic bottlenecks that he was forced to take it down after less than a week.

Much of Stevenson’s life was marked by waiting: for critics to contend with his work, for the American art world to shed its puritanism; for overdue checks to arrive. In 1999, at age seventy, he wrote that he was shocked to find these disappointments “less real than my routine fantasy...I am determined to go on living that fantasy a lot longer.” After all, he wrote, “Fantasy is what art is made from.”

Near the end of his life, Stevenson spent more than two years waiting for the Guggenheim to decide if they would acquire *The New Adam*, the painting they had rejected decades earlier. Grace Glueck had trashed the work in her New York Observer review of his exhibition at

Mitchell Alpus Gallery in 1992. Stevenson published a scathing response, titled “SoHo Rats”: “She will not be around when I show again in 30 more years, but by then there may be a critic unprejudiced toward the message of nobility and spirit *The New Adam* hopes to offer.” A little past Stevenson’s thirty-year prediction, his work returns to New York with a bang this year. Curated by Sara O’Keeffe, Senior Curator, with Guy Weltchek, Curatorial Assistant

ABOUT ART OMI

Art Omi is a not-for-profit arts center in New York’s Hudson Valley that is home to the Sculpture & Architecture Park and Newmark Gallery, international residency programs, and thriving arts education programs. Art Omi forms community with creative expression as its common denominator for artists and the public alike to celebrate the transformative quality of art. ART OMI: EXHIBITIONS is a laboratory for artists and architects to challenge conventions, take risks, and shape urgent cultural conversations. We champion artists and architects at critical moments of their careers, offering a platform to test new ideas. Through exhibitions, events, and publications, we foster projects where playful irreverence meets critical inquiry. Our program is designed to build community and provoke dialogue, self-reflection, and experimentation. We serve as an open invitation to all. ART OMI: RESIDENCIES offers five

discipline-specific residency programs for international architects, artists, dancers, musicians, and translators and writers. Since our founding in 1992, we’ve hosted more than 2,400 residents from over 114 countries. We invite the public to engage with our talented residents at free events throughout the year.

ART OMI:

EDUCATION engages people of all ages with contemporary art and ideas in a stimulating and dynamic environment through programs including camps and weekly workshops. Through creative exploration, experiential learning and making, collaboration, and critical thinking, our arts education programs—beloved by local families and children and praised by educators for their pedagogical innovation—instill understanding, appreciation, and lifelong curiosity in the arts.

Free to all, Art Omi is open year-round.

Follow Art

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FOR A CAUSE

For the first time in history, the skies over Catskill will come alive with a breathtaking drone light show on Saturday, September 20, 2025, at Dutchman’s Landing. Presented by Sky Stage, whose innovative displays have been featured in Forbes, New York Magazine, and The Times of London, this event promises to be a one-of-a-kind spectacle for the whole community.

Continued on page 7

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First-Ever Drone Light Show from page 6

The drone show will serve as the grand finale to In Flight’s Cornhole for a Cause, presented by Hudson Regional LTC Pharmacy, an all-day fundraiser. Benefiting In Flight, Inc., a nonprofit empowering people with intellectual and developmental disabilities, this year’s fourth anniversary of the event promises to be bigger than ever. Beginning at noon, the festival will feature a pay-to-play cornhole tournament, live music by The Second Chance Band, a 501st Legion Stormtrooper demonstration, local food vendors, raffles, auctions, costume contest, photobooth, and more — all leading up to the moment the Hudson River sky transforms into a canvas of dazzling lights.

“This is going to be a truly magical experience,” says Jill Rodriquez, Director of Philanthropy and External Affairs at In Flight, Inc. “We’re excited to bring something completely new to Catskill while raising vital funds for our programs.”

The event is free to attend, with registration required for those participating in the cornhole tournament. All proceeds directly support In Flight, Inc.’s mission to help individuals with disabilities live meaningful and fulfilling lives.

In Flight’s Cornhole for a Cause Saturday, September 20, 2025 12:00 PM – 8:00 PM (Drone show finale after sundown) Dutchman’s Landing, Catskill, NY

Free entry | \$50 per team to play cornhole

For more information, to register, or to view the full schedule, visit InFlightInc.org.

About In Flight, Inc.

In Flight, Inc. is a local nonprofit organization that empowers people with intellectual and developmental disabilities, to reach for their hopes and dreams, and support a meaningful quality of life. The organization has

programming and services in Dutchess, Columbia, Greene, and Ulster Counties. For more information about In Flight, Inc, please contact Jill Rodriquez at (845) 835-6060 x190 or jrodriquez@inflightinc.org.

ANDERSON CENTER FOR AUTISM TO HOST FOURTH ANNUAL RESOURCES FOR AUTISM & IDD INFORMATION SHARING EXPO (RAIISE) IN THE CAPITAL REGION

Anderson Center for Autism today announced details of its Fourth Annual Resources for Autism & IDD Information Sharing EXPO, also known as RAIISE, which is expected to attract hundreds of people seeking to explore the available services and resources for those with autism and other intellectual/developmental disabilities in the Capital Region.

Scheduled for Friday, October 24, 2025 from 5-8pm, the event will feature educational presentations, self-guided walks through exhibitor booths, and Anderson Early Learning Academy (AELA)’s Trunk or Treat (which will run from 5-7pm that evening).

RAIISE will take place at The Anderson Center Clinic and Anderson Early Learning Academy, located at 7 Century Hill Drive in Latham, NY.

Said Patrick Paul, CEO/ Executive Director of Anderson Center for Autism: “RAIISE gives families and caregivers a convenient, time-efficient, and meaningful way to discover comprehensive offerings that can help optimize the quality of life for their loved ones, saving them countless hours of research time by providing them a chance to meet various professionals in one room at

the same time. It will be our great honor to host event guests, RAIISE sponsors, and all of the booth exhibitors for this highly anticipated experience, which grows in popularity every year.”

In addition to describing its ‘trade show’ format, Paul said that RAIISE will also feature “presentations and breakout sessions which allow for a ‘deeper dive’ on a variety of topics relevant to this population.” Noted Dr. Tina Marie Covington, Chief Operating Officer at Anderson Center for Autism, “While most of the presentation and breakout session facilitators and topics have not yet been announced, we are very pleased to share that Director of Program Services at Anderson Center Consulting and Training (ACCT), Kathleen Marshall, will

be among those speaking. She will discuss how we can work to build a more inclusive world through the autism supportive training programs that ACCT offers to schools, first responders, healthcare organizations, businesses, organizations, families and caregivers. Her talk is designed to help attendees better understand what goes into these training programs, what the results have been, and how all of us can help promote a spirit of greater acceptance among our own communities, workplaces, and more.”

Eliza Bozenski, Chief Development Officer at Anderson Foundation for Autism, reflected: “A walk through the RAIISE event is a reminder that we are all in this together - and that nobody needs to go through

the journey alone. There are so many professionals who can help navigate whatever challenges arise, and make possible the positive outcomes that every family wants for their autistic or neurodivergent loved one.” And this year, Bozenski shared, “Those who join us will also get to meet other families, enjoying an added sense of community at Anderson Early Learning Academy’s Trunk or Treat - a fun event for the whole family which will take place in tandem with the event, but from 5-7pm while RAIISE itself runs until 8pm.” According to Bozenski, RAIISE event sponsorships are now available, along with exhibitor booth space. She emphasized that the event “offers a very unique branding opportunity -

Continued on page 8



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**Anderson Center For
Autism from page 7**

along with the chance to meet some of the growing number of people impacted by autism and other neurodiversities. Most who have participated in the past return each year, and bring new people and businesses into the mix; we believe that the momentum for this event will continue to grow, making it a win for everyone involved.”

visit andersoncenterforautism.org/raise or call (845) 889-9625

About Anderson Center for Autism

Our mission at Anderson Center for Autism is to optimize the quality of life for individuals with autism.

**Spencertown
Academy Presents
Free Family Arts
Kaleidoscope
Workshops**

Spencertown Academy Arts Center Family Arts Kaleidoscope program announces three fall art and music workshops. Admission is free, but registration is required via www.spencertownacademy.org. Academy Board Members Carol Essert and Phyllis Diamond co-chair Family Arts Kaleidoscope.

“The goal of the Academy’s Family Arts Kaleidoscope, a series of free arts workshops for toddlers, school age children and their adult companions, is simple: to bring the arts into family life,” says Diamond. “We believe that families sharing artistic experiences together enhances childhood development and social skills,” adds Essert.



On September 20 from 10:30am to 12:30pm, Karen Martin, director of the Art School of Columbia County, will present “Make It, Shrink It, Wear It.” Kids, 8 years old and over will create wearable art with their own designs and images on a sheet of polystyrene with markers, pastels, and paint. Sheets will then be baked in a low-heat oven -- and *voilà!* “shrink art.”

On October 18 from 10:00am to 11:00am, singer, songwriter, and recording artist John Farrell and his wife, guitarist and singer Ann Marie, will lead “The Earth is Our Home,” a participatory session of songs about nature, animals, and the planet Earth for children ages 3 to 7 and adults. Sign language and call-and-response songs will have audience members laughing while learning.

The Farrells will return on October 25 from 10:00 to 11:00 for “Let Your Heart Sing,” a program of singing that explores how kindness, empathy, and working together make the world a better place.

This program is made possible by grants from Stewart's Shops and the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

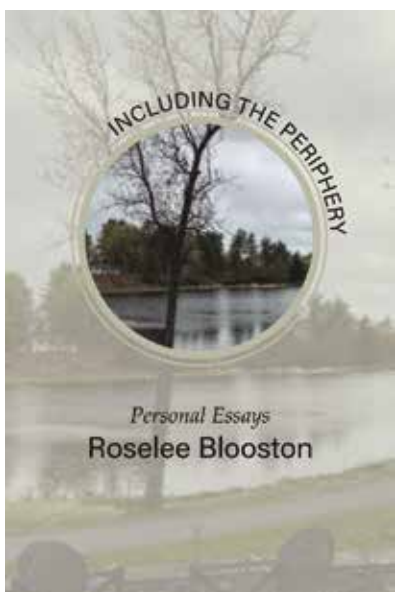
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serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

HUDSON VALLEY AUTHOR ROSELEE BLOOSTON LAUNCHES NEW BOOK

Award-winning Hudson Valley author Roselee Blooston has written a collection of personal essays on change, perspective, and renewal entitled *Including the Periphery* to be published on September 30th by Apprentice House Press.



Personal as the essays are, its subjects are universal: puberty, weddings, reunions, dating, and life transitions. The book is a companion piece to Blooston's first memoir, *Dying in Dubai*.

and begins with her adolescence and early fifties—before her husband's death—and extends into later life on her own. The essays explore the inner and outer landscape of her move to New York's Hudson Valley, mining the author's evolving priorities and self-awareness. The past informs the present, with youth and age in a dialogue that will resonate with readers of any generation. Deborah Kalb, author of *Off to Join the Circus* says, "Roselee Blooston's humanity, heart, and honesty are on full display.... she opens the doors of her life for her readers. And we, the readers, are the better for it!"

The Book Launch reading and signing for *Including the Periphery* will take place on Tuesday, September 30th at the Morton Memorial Library, 82 Kelly St, Rhinecliff at 6:30 p.m. Oblong Books will host the event. *Other local events include* An October 11th Reading and Signing at the Kingston Barnes & Noble at 1 p.m. An October 23rd Author Talk at the Red Hook Library at 5:30 p.m. A November 4th Reading and Signing at the Etling Memorial Library in New Paltz at 6:30 p.m. hosted by Inquiring Minds Bookstore. Roselee Blooston is the author of the novel *Trial by Family*, a Gold Medal Winner in the 2020 Independent Publisher Book Awards, and the memoir *Dying in Dubai*, a 2016 Foreword INDIES Book of the Year Winner and a 2017 Eric Hoffer Award Finalist, as well as the

Continued on page 10



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Zucchini Boats



Ingredients

- 4 (8 ounce) zucchini
- 1 teaspoon dried Italian seasoning
- 1/4 teaspoon ground black pepper
- 1 teaspoon kosher salt, divided
- 1 pound mild Italian pork sausage
- 1/2 cup minced yellow onion
- 2 teaspoons minced garlic
- 1/2 teaspoon crushed red pepper
- 1 1/2 cups marinara sauce
- 6 ounces shredded low-moisture whole-milk mozzarella cheese
- 1 ounce grated Parmesan cheese
- 1 tablespoon finely chopped mixed fresh tender herbs, such as flat-leaf parsley and basil

Directions

Gather the ingredients.

Preheat the oven to 400 degrees F (175 degrees C). Spray a 13-x9-inch baking dish with cooking spray.

Cut zucchini in half lengthwise; cut off and discard stem ends. Using a spoon, scoop and scrape out pulp from center of each zucchini half, creating a 1/2-inch-thick shell. Measure out 3/4 cup zucchini pulp, and discard or reserve remaining pulp for another use. Arrange zucchini halves, cut side up, in prepared baking dish. Sprinkle evenly with Italian seasoning, black pepper, and 1/2 teaspoon of the salt.

Heat a large skillet over medium-high heat. Add Italian sausage, cook, stirring and breaking up with a spatula, until browned and crumbly, about 5 minutes. Stir in onion, garlic, crushed red pepper, the 3/4 cup zucchini pulp, and remaining 1/2 teaspoon salt; cook, stirring occasionally, until vegetables are softened and liquid is absorbed, about 5 minutes. Stir in marinara, and bring to a simmer over medium-high heat. Simmer, undisturbed, until slightly thickened, 3 to 5 minutes. Remove from heat.

Spoon about 1/2 cup pork mixture into each zucchini half. Sprinkle evenly with mozzarella and Parmesan.

Bake in the preheated oven until zucchini is tender and cheese is melted and golden brown, 20 to 25 minutes. Sprinkle evenly with herbs; serve immediately.

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HAVE YOU HUGGED YOUR TREE TODAY?

God's Corner

The Patchwork of Your Story Part 2

By Naomi Fata

Last month I started a 3-part series, relating the pieces of a patch work quilt to the stories of our lives. There are parts of our stories that we don't want to include because they don't feel important or because we are ashamed of them. I point out that the apostle Paul had a story to tell, and that there are three main parts to his story which are also important to yours. The article last month focused on the first point: He knew who he was before he came to Christ.

This brings us to the second point: Know your encounter with God.

Acts 9:1-19 tells the dramatic account of Paul's encounter with God on the road to Damascus. Recall that at this time Christians were afraid of Paul (who at this time was named Saul) because he spent his time going from place-to-place working with the officials to throw Christians in jail or to facilitate their martyrdom. As he is on the road to the next town, Damascus, he is blinded by a light from heaven and falls to the ground. He hears a voice (from heaven) asking, "Saul why do you persecute me?". The men he is with take him into the city. Three days later a Christian man named Ananias is told through a vision to go to Saul and pray for restored sight. After this, Saul was changed. His name becomes Paul, and he becomes a follower of Jesus.

Most of us have not had an encounter with God quite as dramatic as Paul's. However, encountering God is important. An encounter with God might come through His still small voice—like a whisper—as it did in 2 Kings 19.

We need to know why we believe. Why do we choose to put faith in God? In part it is a mystery, but in part it should be because God has made Himself real to you. Have you had an encounter with God that you cannot explain away? When times of doubt come or when asked to share why you believe, this will be something you can look back on to say, "At that place and time God touched me. I believe because I know He is real."

If you struggle to know whether God is real, don't be afraid to bring His Word back to Him. Just as children like to remind their parents of promises,

we also can remind God of His promises. In Jeremiah 29:13 He promised, "You will seek me and find me when you seek me with all your heart."

Does God feel distant, aloof, evasive...? Seek Him. Seek Him with all your heart. And remind Him of His promise that He will be found.

BE STRONG AND OF A GOOD COURAGE!

"Have I not commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD God is with thee whithersoever thou goest" (Joshua 1:9).

After Moses, the Servant of the LORD died, the leadership of the Children of Israel was on the shoulders of Joshua. Moses was raised up by God to deliver Israel out of bondage in Egypt, but now the leadership passes on to Joshua.

Joshua was charged by God to lead the Children of Israel into the Promised Land. The LORD reminded Joshua that while the leadership had changed from Moses to himself, God's plan for Israel was the same. In the first nine verses of chapter one of the Book of Joshua, Joshua is reminded three times to be strong and of good courage, or very courageous (Joshua 1:6,7,9). The task ahead of Joshua and the Children of Israel wasn't going to be an easy one, but with God all things are possible. Joshua needed to rely on the guidance and strength of the LORD. He needed to be strong and of a good courage.

What are you facing in life that seems to be challenging and overwhelming? What are you facing now or will be facing in the future? I am sure you may feel like the task is difficult or too much for you! It is important for you to depend on the Lord for His strength. "I can do all things through Christ which strengtheneth me." (Philippians 4:13)

As you face the challenges of life or about to embark on a new endeavor, it is important to remember the promises of God's Word. There are several thousand promises recorded in the Word of God. Many of the promises apply directly to us individually. "For all the promises of God in him are yea, and in him Amen, unto the glory of God (2 Corinthians 1:20). Listed are some of the promises of God to claim when you are faced with the challenges of life:

1. "What shall we then say to these things? If God be for us, who can be against us?" (Romans 8:31).

2. "And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him" (1 John 5:14,15).

3. "And we know that all things work together for good to them that love God, to them who are called according to his purpose" (Romans 8:28).

4. "For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind" (2 Timothy 1:7).

5. "And be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me" Hebrews 13b,6).

Remember: Be strong and of good courage. The Lord will be with you and enable you to live the victorious life in Him. "Nay, in all these things we are more than conquerors through him that loves us" Romans 8:37).

If you would like to know more about living the victorious life in Christ and/or how to become a Christian, please contact by Email at fdcirone@aol.com or by phone at (845) 876-2122 or (845) 876-6923. Grace Bible Fellowship Church is located at the intersection of Route 9 and Route 9G, 1/4 Mile north on Route 9 in Rhinebeck, NY. Frank L. Cirone, Pastor.

Spinning Fiber for Fine Embroidery

Sept. 3 - Freedom Plains United Presbyterian Church, 1168 Rte. 55, LaGrangeville - Elmendorph Hand Spinners Guild will present a demonstration with several wheels spinning with wool, flax and silk. Mami Robbins Strong (EGA Member) is the President of the Pine Plains Guild. Along with her team welcomes us to view how our specialty embroidery floss is created.

ARE YOU READY?
JESUS IS COMING!

Grace Bible Fellowship Church

Located at the intersection of Rte 9 & Rte 9G, Rhinebeck, NY
(1/4 mile north on Route 9 in the town of Rhinebeck)
845-876-2122

Sunday Services
10:45 am and 6:00 pm

Sunday School 9:30 am (For All Ages) and two Adult Classes.
Wednesday Pray Meeting at 7:00 pm
Grace Bible Institute and Women's Bible Study begins: Monday, Sept. 8 at 7:00 pm
Children & Teen Ministry begins: Friday, Sept. 12 at 6:00 pm

For information about Grace Bible Fellowship Church, please call (845) 876-6923 or (845) 876-2122 or email us: fdcirone@aol.com

Skyllkill, a local chapter of the Embroiderer's Guild of America (EGA), presents this program beginning at 12:30pm. Join other needleworkers for fun and learning beginning at 10:00am or come for this program beginning at 12:30. For more information visit www.facebook.com/SkyllkillEGA or email to EGASkyllkill@gmail.com.

GHENT REFORMED CHURCH

The following will take place in September 2025 at the Ghent Reformed Church, 1039 County Route 22, West Ghent, NY. Worship service begins at 9:00 am every Sunday and Sunday School will follow at 10:15 am starting again 9/7/25. All are welcome. Our free community dinner will be on 9/19/25 at 6pm with breakfast for dinner. We hope to see you there. Any questions, please call the church at 518-828-5946. Have a blessed day.

Germantown Garden Club to Visit Clermont State Historic Site

The Germantown Garden Club will be visiting Clermont State Historic Site on Tuesday, September 16, 2025. The current site encompasses not only the mansion, rebuilt by Margaret Beekman Livingston and added onto by later generations, but over 500 acres of landscaped gardens, meadow, and woodlands, preserved for the enjoyment of future generations. The tour will cover the history of the site, a tour of the mansion, and the gardens, which have been recently restored. The tour starts at 11 am. Please contact Irene Clum for more information, 518-537-4793.

The Germantown Garden Club is a member of the Federated Garden Clubs of NYS, Inc. and National Garden Clubs, Inc.

Hudson Valley Author from page 8

collection *The Chocolate Jar and Other Stories* and the memoir *Almost: My Life in the Theater*. Her plays have been produced nationally and internationally. She lives and teaches in Red Hook, New York. For more information go to her website: <https://roseleeblooston.com>.

Goings on with The Rhinebeck Garden Club

The year so far has been packed with learning opportunities and social activities: meetings with

excellent speakers, tours of the gardens at Hollister House and of private ones. Off-site field trips or meetings usually include eating as a group at an area restaurant, helping us to become better acquainted. On site meeting refreshments, provided by two members, also provide a chance to socialize.



Speaker Amy Wu holding her book "From Farms to Incubators"



Member Jay Bell's bouquet making demonstration



Touring gardens at Hollister House



Lunch at PO Cafe after touring Hollister House



As guests of Riven Liebhaber's garden

Continued on page 11

FIRST BAPTIST CHURCH OF RHINEBECK

"Experience Peace and Hope in an Atmosphere of Faith Love and Worship"

Join us for our youth programs on Friday Nights from 6:30pm to 8:30pm. Programs include Awana for ages 3-12 and Youth Group for Teenagers. Call or email us for more details!

Christ Centered Bible Teaching, Fellowship and Worship

Located at 9 Astor Drive, Rhinebeck
Phone: 845-876-4300 www.firstbcrhinebeck.org
Sunday Morning Service 10:30am
Wednesday Night Prayer Service 7:00pm
Youth Nights on Fridays at 6:30pm

Lutheran Parish of Northern Dutchess

Join us at one of our churches for worship this Sunday

Three Loving congregations of the ELCA
Memorial Lutheran - 8:30 am
1232 Rte. 308, Rhinebeck
Third Lutheran - 9:45 am
31 Livingston, Rhinebeck
St. Paul's Lutheran - 11:00 am
7412 So. Broadway, Red Hook

Welcome to our Churches
Rev. James Miller, Pastor
Parish Office: 845-876-4471
Visit us on our Facebook page or www.lutheranparishnortherndutchess.org

Goings On With The Rhinebeck Garden Club from page 10

In addition to lectures and garden tours, The Rhinebeck Garden Club for over a decade has lovingly cared for the flower beds at The Dewitt Gurnell\”Doughboy” park. Visitors and residents alike often stop to compliment us while we are deadheading, watering, trimming, planting, and weeding the beds. The Club also maintains the spring border garden on Huntington Road. Our yearly philanthropy goal of donating at least 25% of our income was met by paying for a raised bed planter for a new pollinator garden in Rhinecliff. Work has started on our annual plant sale to be held at The Rhinebeck Reformed

church from 10am-2pm on September 27. A limited number of house plants and hundreds of perennials from members’ gardens will be for sale, plus delicious home baked good. Meetings are usually held at the Rhinebeck Village Hall at 10am on the fourth Wednesday of the month. Topics in 2025 included a flower arranging demonstration; Biodiversity in Your Backyard; From Farms to Incubators: Woman Innovators; and Crafting a Kitchen Garden in a Small Space. We are pleased to have Victoria Coyne, from Victoria Gardens as our guest speaker in Sept. She will be talking about how to add color and interest to fall gardens. Our membership in 2025 grew from 59 members to 65. For information about this meeting, or to become a member, call Sue at (845) 797-3226.

FOUR PATHS TO ABSTRACTION: JOSEPH CLARKE | JENNY KEMP | COURTNEY PUCKETT | DEBORAH ZLOTSKY August 29 - September 27, 2025 Public Reception: Friday, September 5, 6:00 - 7:30PM Jenny Kemp and Courtney Puckett Artist Talk: Friday, September 5, 5:00pm

Four Paths to Abstraction is the sixth exhibition of the Millbrook Arts Project inaugural season. It invites viewers to engage with color, form, and gesture beyond

the limits of representation and features four artists who explore abstraction through the tactile possibilities of fabric, paint, and found materials. These artists engage with spatial relationships in unconventional ways and reveal abstraction as a fluid, open-ended language rather than a singular style. Joseph Clarke emphasizes gesture and pattern, producing bold, energetic sculptural paintings that rely on physical intensity. His recent use of pattern reflects a return to his brush-based roots, rekindling a dialogue between rhythm and material that remains central to his work. Jenny Kemp uses color and pattern to create visual relationships that play with contrasts—warm and cool tones, soft and sharp edges, floral and geometric shapes. Each painting

begins with a spontaneous gesture, a spark that sets the rest of the composition in motion. Courtney Puckett transforms discarded objects and reclaimed fabrics into sculptures that are both meticulously crafted and deeply organic in form. In her newest series, featured in the entry gallery, she turns to divination practices for inspiration, drawing on the tarot, symbolic imagery recorded in her sketchbooks, and the generative power of words. Deborah Zlotsky works with reclaimed textiles, most often vintage scarves from the 1960s and 1970s. She refers to these as “soft paintings.” In them, familiar materials are transformed into meditations on resilience, vulnerability, and the complex experience of femininity. Gallery Curator, Sharon Bates

Continued on page 12

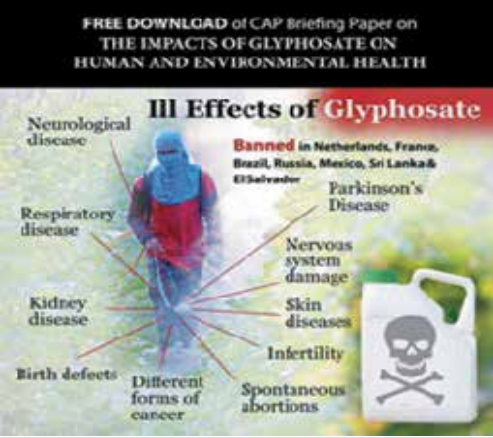
The Toxic Three: Glyphosate, Heavy Metals, and Microplastics why they are linked to many chronic illnesses.

By Joseph V Cassarino

Modern life has ushered in invisible threats of toxicity including glyphosate herbicides, toxic heavy metals, and microplastics that infiltrate our bodies and damage our cells faster than we can eliminate them in modern times causing many of the chronic illnesses people suffer from. Think, Alzheimer’s, Parkinson’s, Multiple sclerosis, Stroke, Arthritis, Headaches, Fatigue, Pain, Depression, Ischemic heart disease, Hypertension, Atherosclerosis, Asthma, COPD, Lupus, Psoriasis, Type 2 diabetes, Nonalcoholic fatty liver disease, Chronic kidney disease (CKD) and more. When cells are overwhelmed by toxins as is common today, they produce something harmful called oxidative stress, which leads to inflammation. Since inflammation is a root cause of most chronic illnesses, reducing it is key to restoring cellular balance and overall health. A scientific breakthrough by Dr. Albert B. Crum, M.D., DSc (Hon), M.S., ProlImmune - Immune Formulation 200, offers a unique intracellular solution. This formulation stimulates the body’s natural production of glutathione directly inside cells, reducing oxidative stress more effectively and efficiently than traditional glutathione supplements, IV drips, or NAC (N-Acetylcysteine), according to peer-reviewed research from 18 universities funded by an \$88 million NIH grant. By targeting oxidative stress directly within cells not just in the bloodstream ProlImmune has been showing promise in improving chronic health conditions. Many physicians and pharmacies across the U.S. are seeing health improvements in patients without relying on pharmaceuticals because ProlImmune is addressing the root causes as opposed to masking symptoms. ProlImmune is all-natural and mimics the body’s innate process of glutathione synthesis. Many doctors refer to it as “nature in a jar” and a “miracle of science.”

The Silent Assault: Why These Toxins Matter
Glyphosate: Beyond Herbicide

- Classified as a “probable human carcinogen” by IARC, (International Agency for Research on Cancer) glyphosate is linked to non Hodgkin lymphoma and endocrine disruption.
- Glyphosate acts as a chelator, binding essential minerals (manganese, zinc, iron, magnesium) and enabling aluminum and mercury to accumulate in tissues, impairing detox enzymes and mitochondrial function.
- Gut health suffers, glyphosate disrupts tight junctions (“leaky gut”) and wipes out beneficial bacteria, causing dysbiosis associated with autoimmune disease, metabolic dysfunction, anxiety, autism, and depression.
- Animal and human studies show neuroinflammation, liver and kidney damage, shortened pregnancies, metabolic disorder, and even Alzheimer like effects after chronic exposure.
- Glyphosate formulations often contain arsenic, chromium, nickel, lead and contaminants exceeding regulated safety limits.



Heavy Metals: Toxic Exposure

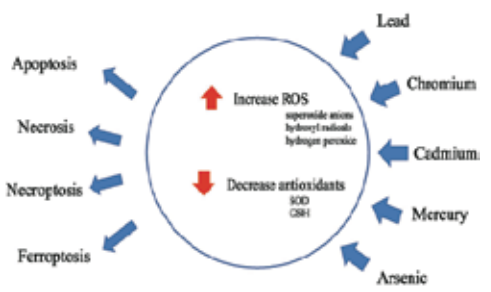
- Heavy metals disrupt immune function, alter hormone regulation, damage DNA, impair kidney and neurological health, and accelerate aging. Neurological Damage see below:
- Lead: Especially dangerous to children, it can cause developmental delays, reduced IQ, learning disabilities, behavioral problems, and in severe cases, seizures and coma.
- Mercury: Damages the brain and nervous system; prenatal exposure can lead to cognitive and motor deficits in children.
- Arsenic (inorganic): Linked to neurotoxicity, particularly peripheral neuropathy and impaired cognitive function.

Respiratory Issues

- Inhalation of metals like cadmium or chromium (VI) can cause lung irritation, chronic bronchitis, and increase the risk of lung cancer.

Cardiovascular Problems

- Heavy metals like lead, arsenic, and cadmium have been linked to: Hypertension, Atherosclerosis, Increased risk of heart attacks and strokes and Impaired heart rhythm and function’



Microplastics: An Emerging Threat

- Microscopic plastics are now found throughout the food chain and in 88% of protein sources tested, and detectable throughout the human body.
- These particles physically damage cells and leach carcinogenic or endocrine disrupting additives. They also increase oxidative stress and interfere with DNA and immune signaling.
- Critically, microplastics enhance absorption of glyphosate and heavy metals, acting as transporters that magnify their toxic effects in tissues.



Why Cellular Detox Matters

Many detox approaches focus on eliminating toxins from blood or lymph but if toxins remain trapped inside cells, mitochondrial damage, inflammation and accelerated cellular aging continue. That’s where ProlImmune Formulation 200 makes its mark as a unique, stand-alone scientific discovery and formula that penetrates cell membranes effectively and efficiently to synthesize (make) glutathione inside cells exactly as nature designed. The glutathione molecule in manmade over the counter products or IV drips do not penetrate the cell membrane but only enter the bloodstream. ProlImmune was proven more effective and efficient than glutathione or NAC by a consortium of 18 universities under and \$88 million NIH research grant. By targeting toxins directly within the cell, it helps:

- Restore mitochondrial function and reduce oxidative stress,

- Rebalance cellular antioxidants like glutathione and NRF2,
- Support cytochrome_P450 enzymes and detox pathways suppressed by glyphosate,
- Preserve essential minerals by clearing chelated toxins,
- Protect DNA, immune signaling, and hormone balance.

ProlImmune Formulation 200: Scientific Detox In Action

ProlImmune Formulation 200 blends proprietary compounds of Glycine, L-Glutamine, L-Cystine and a cofactor of Selenomethionine (Selenium) designed to:

1. Bind toxin complexes inside cells, including glyphosate metal chelates (heavy-metals) and microplastic adsorbed pollutants.
2. Activate intracellular removal and export mechanisms, sparing vital minerals.
3. Enhance immune resilience by restoring gut flora, glutathione levels, and detox enzyme profiles.
4. Support anti aging by optimizing mitochondrial energy, reducing inflammation, and protecting DNA integrity.

By focusing intracellularly, the formula goes deeper than traditional detox solutions addressing the root of toxin driven aging and immune dysfunction.

Real World Benefits: Beyond Claims

- People exposed to glyphosate may experience chronic fatigue, hormonal imbalances, mood disorders, cognitive decline, and autoimmune conditions.
- Heavy metal burden (e.g. arsenic, mercury) correlates with neurological impairment, endocrine disruption, cancer risk, and chronic inflammation.
- Microplastic toxicity, often overlooked, contributes to reproductive dysfunction, cardiovascular strain, obesity, and early puberty according to: Chris Kresser Restorative Medicine - Clinicsciencedirect.com.

By eliminating toxins at the cellular level, ProlImmune Formulation 200 offers a foundational reset, cleansing what conventional detox routines miss and helping your body repair at the molecular level.

Glyphosate, heavy metals and microplastics aren’t just environmental problems they are intracellular threats that undermine the immune system, accelerate aging, and impair organ function. ProlImmune Formulation 200 steps into this gap, offering targeted cellular detox, mineral preservation, and systems restoration.

If you’re seeking lasting immune support, enhanced resilience, improved cellular health and anti aging protection, the future lies in detoxing the cells intracellularly and not just at the surface. By following exact principles of nature, ProlImmune formulated in a precise, minute particle size mimics how human cells make glutathione just like you are doing now. The reason mostly everyone on earth has depleted glutathione levels living now is because “The Toxic Three” are depleting and destroying our glutathione levels. We are depleting glutathione faster than the human cells can replenish it and this is why the scientific breakthrough of ProlImmune is a number one recommended all natural formula across America in every physician’s office, pharmacy and health food market.

Glyphosate Linked Chronic Illness:

- Cancer (especially non-Hodgkin lymphoma)
- Autoimmune diseases (like lupus, celiac, rheumatoid arthritis)
- Metabolic syndrome (obesity, insulin resistance, type 2 diabetes)
- Liver and kidney disease (NAFLD, fibrosis)

- Neurological disorders (autism spectrum, ADHD, Alzheimer’s, Parkinson’s)
- Gut disorders (leaky gut, IBS, Crohn’s)

Heavy Metals Linked Chronic Illness:

Heavy metals like lead, mercury, cadmium, and arsenic accumulate in tissues and interfere with virtually every biological system.

Linked Chronic Conditions:

- Neurodegenerative diseases (Alzheimer’s, Parkinson’s, MS)
- Cardiovascular disease
- Chronic kidney disease
- Hormonal and fertility disorders
- Thyroid dysfunction
- Immune system suppression or overactivation (autoimmunity)

Microplastics Linked Chronic Illness:

Microplastics are found in water, air, food, and now even human tissues (lungs, placenta, blood). They carry chemicals like phthalates, BPA, and flame retardants.

- Endocrine disruption (early puberty, infertility, thyroid issues)
- Respiratory illness (asthma, chronic bronchitis)
- Metabolic dysfunction (diabetes, obesity)
- Neurodevelopmental disorders (behavioral issues, ADHD)
- Chronic inflammation and immune dysregulation
- Possible link to cancer (under study in colon, lung)
- Cancers (bladder, skin, lung, prostate)

Note: 5G and Wi-Fi cause harmful oxidative stress according to many of the health experts. Although 5G and Wi-Fi may not be considered a toxin, they are known to cause oxidative stress and are very likely linked to neurological function, reproductive health, sleep disruption, possible cancer risks, weakened immune systems, etc. It is recommended to shut off Wi-Fi and your routers inside your home before sleep to eliminate as much 5G as possible. Also, make efforts to leave your phones on airplane mode when not in use to eliminate EMF exposure. The research is not clear and cell companies claim 5G is safe. However, many scientists believe otherwise! Therefore, it may be wise to eliminate as much radiation as possible and simply turn it off as much as possible.

Joseph V. Cassarino is a dedicated health advocate who collaborates with leading physicians across the United States. He regularly appears on national weekly radio shows and podcasts alongside top medical experts, educating the public on the critical importance of detoxification and inflammation reduction for long-term health. Joseph serves as an advisor to Dr. Albert B. Crum, M.D., DSc (Hon), M.S., and is the national distributor of ProlImmune®, the groundbreaking scientific formulation developed by Dr. Crum that is rapidly sweeping across America for its cellular-level immune and detoxification support. Joseph is also the founder of the TheBestImmuneSupport.com an eCommerce platform providing education and access to ProlImmune.



TheBestImmuneSupport.com - Instagram: Best Immune Support

Four Paths to Abstraction from page 11

says, “Together, these four artists demonstrate the range and adaptability of contemporary abstraction and Four Paths to Abstraction highlights the continued relevance and vitality of abstraction as a mode of artistic inquiry.”

The exhibit opens Friday, August 29 and runs through Saturday, September 27, 2025. The public is invited to an Artist Talk with Jenny Kemp and Courtney Puckett on Friday, September 5 at 5:00 PM, followed by a Reception from 6:00 - 7:30 PM. All programs are located at the Millbrook Library, 3 Friendly Lane, Millbrook, NY. For more information about the Millbrook Arts Project or to participate in upcoming exhibits,

visit: <https://millbrooklibrary.org/millbrook-arts-project/>. ABOUT MILLBROOK ARTS PROJECT:

The Millbrook Arts Project, a community art space is a recent project of Millbrook Arts Group and the Millbrook Library that is committed to providing exhibition opportunities to visual artists and to enriching the understanding of contemporary art to Millbrook and the surrounding communities.

2025 Rhinebeck Farmers Market Scholarship Winners Announcement

The Rhinebeck Farmers Market announces its 2025 scholarship recipients. These scholarships are awarded to help promote and preserve agriculture and

the environment in the Hudson Valley. This year’s expanded program will award a total of \$5000 in funds and include the long-standing *John Honey Scholarship*. Also included in the program are 2 new awards - the *Longwave Financial Sustainability Scholarship* and the *Scholarship Fund For Community Advocacy*. In addition, three more awards are granted at the discretion of the Board’s Scholarship Committee. These awards can be used for any school-related expense, such as books, fees, tuition, as well as other expenses required for enrollment or attendance at an eligible educational institution.

This year’s winners are: **Jackson Crisp** has been awarded the \$2000 *John Honey Scholarship*. Jackson has been a 4H member since the age of



Jackson Crisp

5. He’ll be attending Cornell University in the fall, majoring in Agricultural Sciences. His goal is to pursue a PhD in livestock agriculture, including Adaptive Multi-Paddock grazing techniques and other carbon sequestration methods, incorporating livestock-raising into cleaning the environment. He is planning to return to the Hudson Valley after he completes his studies.

Sustainability Scholarship is **Kaitlin Murphy**. She will be studying Chemical Engineering, with a focus on environmental innovation. She is determined to share what she will learn to provide solutions for sustainable industrial processes and to rid the environment of micro-plastics.



Roselyn Vargas

The \$500 *Scholarship for Community Advocacy* honors a student who is deeply engaged in environmental awareness and advocacy in the Hudson Valley. The 2025 recipient is **Roselyn Vargas**. After graduating from SUNY New Paltz, Roselyn is planning an unusual path by attending Law School and becoming an advocate for bringing food justice and sustainability and farm workers protection legislation to her community.

The other three awards of \$500 each, granted at the discretion of the Board’s Scholarship Committee have been given to Lauryn Menz, Zechari’ah Taylor, and Londyn Tobias.

Continued on page 13



Kaitlin Murphy

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2025 Rhinebeck Farmers Market Scholarship Winners from page 12



Lauryn Menz

Lauryn Menz exemplifies dedication and commitment to 4H. She has recently changed her focus to obtaining a degree in Environment Science. She began raising and showing dairy goats and hogs when she was 6 years old and has shown her livestock throughout the northeast and Midwest and she has been designated as a Master Showman.

Zechari’ah Taylor is planning to major in social work at Oakwood University, Alabama. She has



Zechari’ah Taylor

attended TIDES (The Institute Discovering Environmental Scientists) as a summer intern. She is also a crew member of the YMCA Farm Project in Kingston. She intends to return to the Hudson Valley to establish a farm that offers a therapeutic community environment.

Londyn Tobias will attend Rutgers University’s 5-year Masters Program, majoring in Political Science and Journalism. She is concerned about the effects of food waste and its contribution to greenhouse gas. She wishes to bring this awareness to the



Londyn Tobias

community through a career in journalism.

Donate to the scholarship fund: To receive a tax deduction for amounts of \$500 or more, please make checks to: Good Work Institute & write “RFM Scholarship” on the check’s memo line. For donations of less than \$500 please make checks payable to: RFM Scholarship Fund. Please mail donations to: RFM Scholarship, P.O.Box 431, Rhinebeck NY 12572. Donations can also be made online via the Good Work Institute: <https://goodworkinstituteprojects.app.neoncrm.com/forms/13>

About the Rhinebeck Farmers’ Market

In 1994, a group of residents founded the Rhinebeck Farmers’ Market. The goal then, as it is now, was to promote Hudson Valley agricultural products, support local farmers, and enliven the town and Village of Rhinebeck economically and socially. Hosted from our inception by the village of Rhinebeck in the municipal parking lot, our market has become Rhinebeck’s Sunday morning gathering place - a weekly popup neighborhood to munch, meet, mingle, and revel

in the bounty of the seasons. The Rhinebeck Farmers’ Market is committed to investing in the future through its scholarship program as well supporting fresh food access for all. For more information on the Scholarship program or the Rhinebeck Farmers’ Market, please contact Andrea Bartolomeo, Market Manager, info@rhinebeckfarmersmarket.com or 845-479-2072.

Hudson in Concert: A Community Celebration

September 13th, 2025

My musical journey started very early with my first job as an organist at the age of 13. I journeyed later to NYC, performing in magnificent churches and cathedrals, and

Continued on page 14



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Hudson in Concert from page 13

founded the West Village Chorale in 1971 at St. Luke’s in the West Village. I was also involved in civil rights early on, attending the March on Washington in 1963. To carry that on, the Hudson Festival Orchestra was founded with a mission to bring our diverse community together through music. The Annual “Hudson in Concert” event on the waterfront is dedicated to that

mission! Sing with us, dance with us, as we explore the music of many different cultures! **Featured guest artists:**
 • African Drumming by **Kuumba Dance & Drum/Operation Unite**
 • **Vira Slywotzsky**, contralto, & **Trioda Band** performing Ukrainian traditional (and new!) music
 • **Kinan Azmeh**, Syrian Clarinetist and Composer
 • **Bhanaka Kula**, a Polyrhythm

Mantra Choir
 • **Student musicians** in “Take a Seat...in the Orchestra” mentoring program
 • **Hudson Community Choir**, performing the a magnificent arrangement of the timeless ballad “Somewhere over the Rainbow” from “The Wizard of Oz.”
Join us at Henry Hudson Riverfront Park Saturday, September 13th - Community Drum Circle 5:30 PM Full Orchestra at 6 PM under the big tent.

Spencertown Academy Presents Nonfiction Writers Conference November 6 - 9; Application Deadline October 2

Spencertown Academy Arts Center presents All Write, Columbia: Nonfiction Writers Conference beginning Thursday, November 6 through Sunday, November 9. This four-day intensive writing conference will focus on both the craft and the business of writing memoir and nonfiction essays. Award-winning authors Donna Kaz and Mardi Jo Link will serve as workshop leaders, with additional acclaimed faculty including memoirist Brian Broom, nonfiction and



Conference workshop leaders Donna Kaz (left) and Mardi Jo Link (right).

fiction author Jamie Cat Callan, and neurodiverse writer and educator Mathangi Subramanian. Workshops, readings, and other events will be held in person at Spencertown Academy, while

guest teachers are zoomed in. “If you have always wanted to tell your story or turn a personal experience into an essay, this conference is for you. We look forward to gathering a mix of both emerging and veteran writers for this intimate, inspiring, and unique conference,” says Conference Director Donna Kaz. “All you need to apply

Continued on page 15

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Spencertown Academy Presents from page 14

is a short essay or memoir excerpt and the willingness to join together with others who share a passion for putting their life experiences onto the page.”

“Spencertown is a welcoming literary community and the All Write, Columbia conference is the place to meet, share, edit, collaborate, and be inspired to keep writing,” says Adriana Tampasis, 2022 alum.

The conference is open to all levels of writers ages 18+—from beginners who are just starting to write flash nonfiction to more advanced writers with a memoir manuscript. Tuition is \$500, including all workshops (plus an individual 45-minute consultation about 15-to-20 pages of each participant’s writing), opening night reception, guest author talks, publishing/PR panel, craft workshops, and most meals. The conference will be limited to a maximum of 20 participants. The deadline to apply is Thursday, October 2. For submission

guidelines, schedule, and faculty bios, see spencertownacademy.org/all-write-columbia.

This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature.

Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

Spencertown Academy Presents Jen Chapin Trio Urban Folk Concert October 4

Spencertown Academy Roots & Shoots Concerts Series presents the Jen Chapin Trio on Saturday, October 4 at 8:00pm at

the Academy’s Blanche Grubin Auditorium. Accompanied by Grammy-nominated bassist Stephan Crump and Jamie Fox on electric guitar, Chapin will debut a new cabaret-style performance of her urban folk songs entitled “Anything Goes, and How Did We Get Here?” General admission tickets (\$30 public, \$25 Academy



members) are available via www.spencertownacademy.org. “We are thrilled to present Jen Chapin’s debut of her new two-set show, which weaves together historically-informed, jazz-inspired questions and answers about the current and rapidly-changing political moment,” Continued on page 16

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This 3-bed, 2-bath ranch home sits on 4.3 private acres atop a knoll, offering stunning views and single-level living. With 1,700 sqft of open-concept space, a high-end kitchen, and a spacious primary suite, it's perfect for entertaining. The full basement has great potential. Located in the Town of Milan within the Red Hook School District, minutes from the Taconic Parkway and Rhinebeck. Detached 2-car garage. List price: \$649,000.

This 87-acre historic farmstead features an 1840s 4-bedroom, 2-bath eyebrow colonial, a guest cottage, barn, and original outbuildings. Surrounded by meadows, woods, and wildlife, the property offers sweeping views, private trails, and great development potential. Enjoy peaceful seclusion with easy access to Rhinebeck and the Taconic Parkway. A rare opportunity to own a piece of history, now reduced to \$1,225,000.

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Prime Mixed-Use, 3 Income Investment! Village of Red Hook, NY: Fully renovated in 2024, this three-unit property features a stylish 2-bedroom duplex with open floor plan, modern finishes, and private yard-plus a thriving hair salon and established therapist's office. Conveniently walkable to the Village center, Loop bus/ Bard Shuttle with ample off-street parking. Asking **\$810,000**



Rare Mixed-Use Opportunity! Stanfordville, NY: High-visibility commercial/residential

building with endless potential-formerly a mechanic's and welding shop, ideal for light manufacturing, auto repair, retail, studio, or storage. Features include high ceilings, overhead doors, office, restrooms, and ample storage. Added value: off-street parking, detached garage with electric for extra income, plus a spacious 3BR/2BA duplex apartment with separate entrance-perfect for rental or live/work. Two meters and furnaces for flexibility. A prime investment in one of the Hudson Valley's most charming towns! Asking **\$335,000**



New Construction with Steps to Private Lake Front! Livingston, NY: Be the first to own this newly built architectural gem just steps from North Twin Lake,

with deeded lake access and optional membership to the community beach, pavilion, and docks. Thoughtfully crafted by a master builder, the home features an inviting living room with electric fireplace, sun-filled kitchen with granite countertops and island, and a dining room opening to a back deck. Private primary suite plus two guest bedrooms and bath. Bonus: upstairs framed for two additional bedrooms and a full bath, ready to finish. Full basement, one-car garage, and 160' outbuilding for workshop or studio. A rare chance to enjoy lake life in the heart of the Hudson Valley! Asking **\$599,000**



Spa Like Living Inside & Out! Red Hook, NY: Set on 6+ private acres, this stunning colonial combines elegance and functionality.

A tree-lined driveway leads to a three-car garage, with manicured gardens, Japanese maples, and an in-ground pool. Zoned for up to four horses, the property offers plenty of outdoor space, including brick patios with fireplace and full-length deck. Inside, the home features a chef's kitchen with cherry cabinetry, marble counters, and island seating, flowing into a grand family room with 17-ft cathedral ceilings and fireplace. Main-level office/guest room, hardwood floors, and convenient half bath complete the space. Upstairs, the primary suite boasts walk-in closets and spa bath, plus additional bedrooms, office, and laundry. Finished basement with full bath adds versatility. Minutes to schools, shopping, dining, and recreation-luxury and Hudson Valley charm in one exceptional estate. Asking **\$1,399,000**



Surrounded By Nature & Bliss! Red Hook, NY: Set on 6+ private acres in a quiet cul-de-sac, this elegant yet inviting colonial

blends style and comfort. A dramatic 20-ft entry opens to a light-filled living room with stone fireplace, flowing into a chef's kitchen with custom island, stainless appliances, and dining space. Enjoy indoor-outdoor living with a new Trex deck. Upstairs, the primary suite offers a walk-in closet, spa bath with soaking tub, and two guest bedrooms plus flex room. Finished lower level with walk-out, bath, and heated garage adds versatile space. Backup generator, attic storage, and room for a pool or gardens complete the property. Minutes to Red Hook, Rhinebeck, and the TSP. Asking **\$799,000**



Turnkey & Minutes to Metro-North Train! Amenia, NY: This vintage gem blends classic character with modern updates for the perfect comfy country vibe.

Featuring 3 BR's, 2 BTHS, HW Floors, Recessed Lighting, & a bright open layout with a cozy Pellet Stove. The sparkling KIT boasts Quartz Counters, New Cabinets, & Updated Appliances. Enjoy a spacious Laundry Area, Trex Deck, Bluestone Patio, and a fully Fenced Yard-a dog's paradise! Detached GAR/workshop adds even more flexibility. Just a short stroll to downtown Amenia, the Rail Trail, shops, restaurants, & minutes to the Metro-North Station. Move-in ready & full of charm-don't miss this one! Asking **\$399,000**



Prime Mixed-Use, 2 Income Investment! Village of Red Hook, NY: This prime property features a high-visibility

commercial space on the first level, currently home to a thriving deli, plus a one-bedroom apartment upstairs with its own private entrance. Each unit is utility independent. Added value comes with its own parking lot-rare for the Village. Excellent foot traffic along the Bard Shuttle route makes this a standout opportunity for investors seeking a strong income property in a vibrant small town. Asking **\$399,000**



Turnkey & Spacious! Pine Plains, NY: This 4BR, 2.5BA home showcases pride of ownership with cherry

hardwood floors, crown molding, lofty ceilings, and an airy open floor plan. The elegant living room with fireplace flows to a massive patio with outdoor grill, while the sleek kitchen boasts quartz counters, custom cabinetry, stainless appliances, and wine fridge. Upstairs, the main suite features a spa-like bath and huge walk-in closet, plus three additional bedrooms and full guest bath. The finished basement offers media/playroom, gym, and storage. Set on 1+ acres with distant Stissing Mountain views, just minutes to shops, dining, schools, and TSP. Asking **\$575,000**



Charming Retreat with Pool & Guest Suite! Red Hook, NY: First time on the market in decades, this

inviting home offers space, style, and serenity. A covered rocking-chair porch opens to a sunlit living room with soaring 20-ft ceilings. The main level features a spacious primary suite, two guest bedrooms, a renovated bath, laundry, and an open kitchen with breakfast bar and dining area. A flexible mudroom/office leads to the 2-car garage. The finished lower level includes a bedroom, living area, and full bath-ideal guest or in-law suite with separate entrance and pellet stove. Enjoy over an acre of park-like grounds with sunny lawns, mature trees, large deck, in-ground pool, and storage shed. Peaceful yet convenient-10 minutes to the Taconic & Red Hook Village. Asking **\$639,000**



Private 5-Acre Cape Cod Clinton Corners, NY: Tucked at the end of a long drive, this charming Cape Cod offers privacy, space, and convenience.

A covered front porch welcomes you into a cozy living room with wood stove, eat-in kitchen, and sliders to a back deck-ideal for summer BBQs. The main level features a primary bedroom, full bath, and guest room/office. Upstairs are two large bedrooms and a full bath with tub. The finished basement includes laundry, playroom/gym space, and a 2-car garage with workshop. Outside, enjoy a storage outbuilding, custom playhouse, and plenty of yard for a pool or garden. Just minutes to the Taconic, Red Hook, and Rhinebeck, this serene retreat blends country living with easy access to the Hudson Valley's best. Asking **\$749,000**



Bright, Airy & Walk to All Tivoli! Village of Tivoli, NY:

This Single level home features a wide front porch, wood stove, & open EIK with SS appliances & butcher block counters. Bonus rooms include a lounge/office with deck access & a flexible playroom or den. The spacious layout offers 3 BR's, 2 FB's (including Ensuite Primary), & a large laundry room leading to a 2-Car GAR with rear Workshop. Enjoy the IG Pool, Double Lot, & Separate Barn with Electric & Wood Stove- ideal a studio, or workshop. Walk to Tivoli shops, parks, dining, & more! Asking **\$599,000**



Turnkey & Affordable! Kingston, NY: Bright and spacious, this newly built home sits

on a double lot in a quiet upscale community. Features include an open floor plan with large living area, oversized kitchen island, dining space, and laundry room. The primary suite offers an ensuite bath and walk-in closet, while two guest bedrooms share a full bath. Enjoy outdoor living with plenty of yard space, a new barn for storage, and easy maintenance with lot fee covering taxes, water, garbage, plowing, and park upkeep. Just 5 minutes to Kingston and 10 to Woodstock-an exceptional value in the Hudson Valley. Asking **\$220,000**

Spencertown Academy Presents Jen Chapin from page 15

says Michele Quigley, co-chair of the Academy Music Committee. "With her extraordinary voice and her seasoned jazz band, the show will inspire and captivate our audience. This is Jen's first time returning to Columbia County in many years, so don't miss it."

Chapin has been celebrated for writing "brilliant soulfully poetic urban folk music" (NPR) for more than two decades. Nurtured in and around NYC by a large family of artists, writers, and musicians, her upbringing has inspired her songs and a lifetime of passionate activism, through ongoing work with Why Hunger (founded by her late father Harry Chapin), and teaching high school global history in Brooklyn. She has released seven critically-acclaimed albums and performed on stage with Bruce Springsteen and on bills with Aimee Mann, Bruce Hornsby, and the Neville Brothers. This program is made possible by the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature. Founded in 1972, Spencertown Academy Arts Center is a cultural center and community resource serving

Columbia County, the Berkshires, and the Capital region. Housed in a landmark 1847 Greek Revival schoolhouse, the Academy is located at 790 State Route 203 in Spencertown, New York. For more information, please contact info@spencertownacademy.org.

Art Auction Featuring the photography of Paul Elfenbein Friday, September 12 @ 7:00 pm

Paul T. Elfenbein graduated from the Pratt Institute with a degree in graphic design. Soon after, Paul enlisted in the Army, serving for two years, during which time he used his education to illustrate training manuals. He also taught himself

photography while serving. He spent much of the rest of his life taking pictures. He worked commercially in New York City; taught at the School of Visual Arts for over 30 years, inspiring generations of photographers; and developed a love of fine arts photography that he explored later in life. In 2010, Paul hosted an exhibition titled NATURELLY at Morton displaying some of the gorgeous flowers and cacti from his gardens and travels. We are thrilled and honored to be hosting an auction of Paul's work donated by Nancy Richard, his dear friend and ex-wife; and curated by Richard Kopyscianski his former student and mentee. Join us for an evening of fun, photography, and frivolity, and go home with a piece or two of art. Proceeds benefit Morton Memorial Library & Community House, Rhinecliff, NY.

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