



WELCOME TO THE ACTIVE KIDS ACADEMY
MARCH BREAK CAMP
Monday March 11th – Friday March 15th, 2024

LOCATED AT:

7-3410 Semenyk Court

Mississauga, Ontario, L5C 4P8

PLEASE KEEP THIS BOOKLET AS AN INFORMATION REFERENCE

INCLUDES:

- Program details and contact information
- Policies and Procedures
- Bonus sticker homework that can be completed
- Pizza Day Form

It is the goal of Active Kids Academy to keep our campers engaged and excited throughout the day while they learn a series of basic martial arts moves, make new friends and spend time being creative in solo and group activities.

Campers will participate in up to 2 hours daily of non-contact martial arts training as well as enjoying time outdoors, fun and creative games, sports, and crafts daily. Campers will also enjoy a WEDNESDAY THEME DAY with a PIZZA PARTY!

Registration to our camp includes a white karate belt that they will receive on the first day of camp. Children will have the opportunity to earn up to three award stickers over the 5 days to add to their belt.

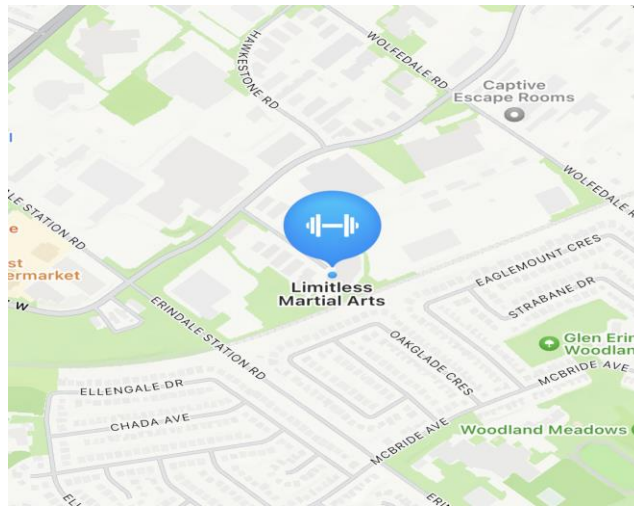
CAMP HOURS

Our March Break Camp runs from 9:00am – 4:00pm with the option of adding extended hours from 8:30am – 5:00pm

CAMP DROP-OFF AND PICK-UP

Campers must be dropped off and signed out each day by a parent, legal guardian, or caregiver. A list of names of adults with permission to pick up your children can be listed on your registration form that is attached.

There is free parking located in the parking lot directly in front of the facility the camp will be held at. (Limitless Martial Arts)



EARLY DROP-OFF OR LATE PICK UP

We are pleased to let you know that we offer an extended hours program from 8:30am-5:00pm. Extended Hours are purchased on a week by week basis we, unfortunately, do not offer single day options. If you require extended hours you may register online for them.

Extended camp rates are as follows:

- Before Care (8:30am-9:00am): \$35.00 per week + tax
- After Care (4:00pm-5:00pm): \$50.00 per week + tax

Late pick up fees will still apply if you pick up your child after 5:00pm

LATE FEES

\$5.00 for picking your child up 1 – 15 minutes late and an additional \$1.00 / minute for after minute thereafter to be given to the camp director that evening or before camp the next day.

ALLERGIES

In your registration form you were asked if your child has any allergies that requires an EpiPen. **If you answered yes to this, your child must have their epi-pen on them everyday.** If you would like to leave an additional epi pen with our first aid kit please contact Shannon at activekidsacademycamp@gmail.com. We do our best to provide a nut-free environment.

REFUND CANCELLATION POLICY

If you wish to withdraw your child from our camp you may do so with a full refund minus a \$35 administration fee up to 4 weeks prior to the commencement of your camp week. A 50% refund will be given to you if you wish to cancel between 2 – 4 weeks of your start date. No refunds will be provided if you are within 2 weeks of your start date.

*Please note: There is no prorated fee for any day the child is unable to attend.

GENERAL CAMP CHECK LIST

Running shoes (no sandals or open toe shoes)

- Socks (required)
- Lunch – Must be nut-free
- Snacks – Must be nut-free
- Water bottle
- Warm Outdoor jacket, scarf, mitts and outdoor footwear
- Karate belt (given to campers first day of camp if they don't already have one)

BONUS STICKERS & OPTIONAL HOMEWORK

Our camp is designed to bring awareness to the concepts of integrity, self-discipline, courtesy, and compassion. To help apply these concepts, there are 2 option bonus activities for your children to complete. These assignments are simple and optional; however, bonus belt stickers will be awarded to the students who complete and return them to the instructors. These assignments are attached for you to print and review with your child to help them earn their bonus stickers!

LAST DAY PERFORMANCE

Parents are welcome to come and join us on Friday March 15th, 2024 at 3:30pm to watch their children show off their new found karate skills. Don't forget to bring your camera to get a picture of your child with their Karate Sensei.

PIZZA DAY & THEME DAY

On Wednesday March 13th, 2024 our theme day will be “Pajama Day”. Campers are encouraged to come to camp in their pajamas, and will enjoy theme-based games and crafts. Campers will also have the option to participate in pizza lunch this day. **If this is something you would like your child to participate in, please fill out the attached pizza form and return in on your first day of camp.**

OUTDOOR AND PHOTOGRAPH PERMISSION

By consenting to our outdoor and photograph section on your registration form you are agreeing to the following:

- Allowing Active Kids Academy to take your child outdoors to a park located 20 min walk from the center.
- Giving Active Kids Academy permission to photograph and/or take video footage of your child. These photographs and/or videos may be used for marketing and promotional material in Active Kids Academy and Karate Kids Canada publications, advertisements, customer loyalty, material and/or on our website and social media. *Names will not be identified with any photo or video imagine.

POLICY AND PROCEDURE AGREEMENT

By checking off you agree to our terms and conditions on your registration form you are agreeing that you have carefully read through all the above policies and procedures and are agreeing to:

- Discuss personal safety and procedures with your children
- Assume all risks of participation voluntarily and acknowledge you may withdraw or limit your child’s participation at any time from any activity. You assume responsibility to inquire, ask or discuss in advance the nature of any activity you wish to avoid in advance.
- You release Active Kids Academy, Karate Kids Canada, owner Shannon Riddell, and all camp employees from all liability, loss, damage, death, or injury claims.

SPECIAL NEEDS

If you have a child with special needs please contact us at activekidsacademycamp@gmail.com to discuss and ensure that our camp can accommodate your child’s needs.

CAMPER CODE OF CONDUCT

Campers must understand the rules and expectations on safety and behaviour when at camp. On the first day, camp staff will review and discuss the rules and expectations of the campers but we ask that parents review them at home as well.

- Respect staff, other campers, and equipment.
- Include others in activities and play without bullying or teasing others.
- Be cooperative and willing to participate in activities.
- Use appropriate language.
- Tell your camp counsellor if you feel unwell anytime during camp.
- Do not share food and/or drinks with other campers.
- Cover your mouth/nose appropriately when you sneeze/cough to avoid the spread of germs.
- Maintain and respect physical distancing between campers and staff.
- Follow instructions when transitioning between program rooms, outside and washrooms (i.e. following floor markers and physical distancing).

Parents/guardians will be contacted in cases where children are behaving inappropriately or irresponsibly and will be asked to pick up their child from camp. Not following the rules and expectations may lead to dismissal from camp with no refund.



“HOW I SHOW RESPECT”

Fill out this worksheet and return it to your Karate instructor.
To receive a BONUS STICKER for your belt!

What respect means to me:

I show respect to myself by:

I show respect to my friends and fellow campers by:

I show respect to my parents by:

CAMPERS NAME: _____

PARENTS SIGNATURE: _____



ACTS OF KINDNESS BOARD

Please take some time over the next week to complete your Act of Kindness Board below. You and your parent can put a check mark in each box when you have completed the activity.

When all the boxes have check marks, bring it back to your camp Karate instructor and receive a **BONUS STICKER** for your belt!

Clean up / put away belongings after using them	Tidy up your room	Give a compliment to someone
Put your best effort into a chore that is not your favourite	Tell someone why they are special or important to you	Make your bed
Say please and thank you when you interact with others	Hold the door open for someone	Complete a chore without your parents having to ask you
Tell your parents what made you happy today	Say "hi" to someone new at camp	Give your parents a big hug and tell them why you love them

CAMPERS NAME: _____

PARENTS SIGNATURE: _____

PIZZA DAY FORM

CHILDS NAME: _____

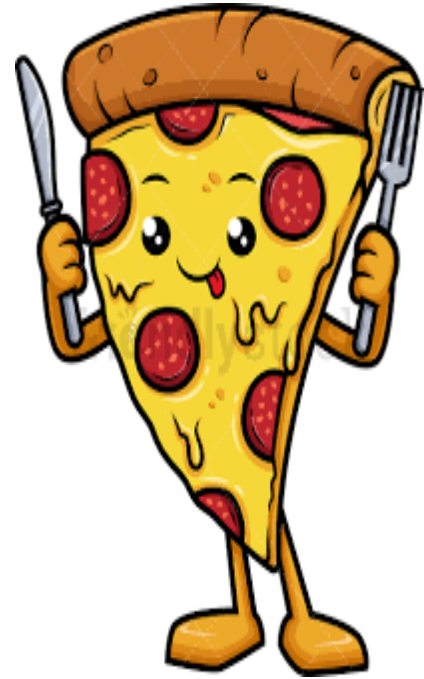
PEPPERONI SLICE: \$3.00 / SLICE

OF SLICES: _____ TOTAL AMOUNT DUE: _____

CHEESE SLICE: \$3.00 / SLICE

OF SLICES: _____ TOTAL AMOUNT DUE: _____

TOTAL AMOUNT INCLUDED: _____



If you would like your child to participate in Wednesdays Pizza Day please print off this form and return to the staff with cash on Monday March 11th, 2024
No orders will be accepted after Monday March 11th, 2024