

**\*\*FOR IMMEDIATE RELEASE\*\***

September 28, 2023

**MAD! Music and Dance for Mental Health Awareness: A Beachside concert!**

The Noledge House is a new charity dedicated to prevention-focused mental health programs, workshops, sector education and positive mental health messaging and are thrilled to announce its upcoming event, MAD! Music and Dance for Mental Health Awareness!

MAD! is set to take place on the pristine sands of Surfers Paradise Beach, near lifeguard tower 34, on October 15, 2023, from 11am to 1:30pm, as part of Queensland Mental Health Week. The event is free and open to all.

MAD! Music and Dance for Mental Health Awareness will feature the talents of six exceptional local musicians who will entertain beachgoers and passersby with their soul-stirring melodies, fostering a sense of togetherness and raising awareness about the importance of mental health.

Rob Libeau, Programs and Events Director of The Noledge House, expressed his enthusiasm for the event, stating, "Mental health is a topic that deserves more attention and open dialogue. Through MAD!, we aim to create an atmosphere of positivity and understanding, where individuals can come together, enjoy incredible music, and know that they are not alone in their journey toward mental well-being."

In addition to Mr. Libeau's comments, Sue Fulford, also a Director of The Noledge House, emphasised the significance of this event, saying, "We believe that music and dance have the power to heal and uplift. Our goal is to shed light on mental health issues, reduce stigma, and provide a platform for the community to come together and support one another."

Vija Nemcovs, another Director of The Noledge House, highlighted the charity's commitment to mental health advocacy and social prescribing, stating, "We are proud to organise MAD! Music and Dance for Mental Health Awareness, it's an event that showcases the healing power of music and dance while promoting the importance of mental health. Together, we can break down barriers and create a more inclusive society."

The MAD! Musicians are: ADX, Don Rogers, Jase Lansky, Louie M and Alana Fitzgerald and Sharron Nichols of Sharlana. All of them have donated their time and expertise to support the event and convey an important message.

**Event Details:**

Date: October 15, 2023

Time: 11:00 AM – 1:30 PM

Location: Surfers Paradise Beach, Near Lifeguard Tower 34

Admission: Free and Open to All

Join us for an unforgettable day of unity and support as we come together to celebrate mental health during Queensland Mental Health Week. MAD! Music and Dance for Mental Health Awareness promises to be an event filled with music, dance, and a shared commitment to mental well-being.

#communitypoweredalliance #togetherequalsbetter

## END

For more information, please visit <https://thenoledgehouse.org/events> or contact our media liaison:

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Follow us on social media:

Facebook: <https://www.facebook.com/noledgehouse>

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### ### About The Noledge House

The Noledge House is a dedicated mental health charity committed to the delivery of prevention-focused mental health programs, workshops, sector education and positive mental health and wellbeing messaging, free for all community.

Our aim is to support the mental health sector by helping people in vulnerable situations to avoid emergency mental health presentations in to our Eds by offering services that are born from a wellbeing first principle.

Through various programs, events, and community initiatives, The Noledge House strives to create a world where mental health is embraced and mental health challenges are met with compassion and resilience.

**For more information about The Noledge House and its mission, please visit**

<https://thenoledgehouse.org/>

**\*\*Note to Editors:** High-resolution images and interviews with Rob Libeau, Sue Fulford, and Vija Nemcovs are available upon request. Please contact Rob for media inquiries and interview scheduling.