

## 2019 UBIC Stroll or Roll Free Family Fun Event



Location:

Central Park

**Pool Passes** 

Blender Bikes

Be active with the whole family

Thursday, August 1<sup>st</sup> 1:00 pm – 3:00 pm 91 West, 100 North Harmston Pavilion, Roosevelt Central Park Pose for a photo with your family for a chances to win RAC Swimming Passes and other prizes!

"Health at every stage of life" is just a Stroll or Roll away!

Find us on Eventbrite UBIC Stroll or Roll and @ubfamilywellness/

## Roosevelt Farmers Market follows at 3:30 – 6:30 pm



Mercedis Zismer
USU Extension
435-823-0801
Mercedis.zismer@usu.edu