

JLC Dress Code Policy

At JLC, we believe that a proper dress code is essential for creating a focused, professional, and safe environment for all dancers. Our dress code ensures that students are able to move freely, that instructors can provide effective feedback, and that safety is prioritized during every class.

General Guidelines for All Students:

- **Clean and Appropriate Attire:** All students are expected to wear clean, well-fitting dancewear that is appropriate for the type of class they are attending.
- **Hair:** Hair must be neatly secured and kept out of the face at all times. For ballet and other styles that require more structured movement, a bun is recommended. Instructors will inform students if specific hairstyles are required for class.
- **Footwear:** Proper footwear is essential for each type of dance. Students must wear the appropriate shoes for their class (ballet shoes, jazz shoes, tap shoes, etc.). Barefoot dancing may be allowed for certain classes, but it must be pre-approved by the instructor.
- **No Loose or Baggy Clothing:** Students should avoid loose, baggy clothing or items that could obstruct movement or create safety hazards (e.g., scarves, oversized jewellery). Clothes should fit snugly enough to allow instructors to observe body alignment.

Class-Specific Dress Code:

1. **Ballet:**
 - Girls: Black leotard, navy blue leotard or teal leotard, pink tights, pink ballet shoes and optional skirt to match colour of leotard. Hair should be in a neatly presented, secured bun.
 - Boys: White or black fitted shirt, black tights or leggings, and ballet shoes. Hair should be neatly styled or kept out of the face.
2. **Jazz:**
 - Girls: Black leotard, navy blue leotard or teal leotard, or fitted top in either of the leotard colours, leggings or black shorts and jazz shoes. Tan convertible tights (optional for class). Hair must be tied up securely.
 - Boys: White or black fitted shirt, black leggings, dance pants or black bike shorts, and jazz shoes. Hair should be neatly styled or kept out of the face.
3. **Tap:**
 - Girls: Black leotard, navy blue leotard or teal leotard, or fitted top in either of the leotard colours, leggings or black shorts and tap shoes. Tan convertible tights (optional for class). Hair must be tied up securely.
 - Boys: White or black fitted shirt, black leggings, dance pants or black bike shorts, and tap shoes. Hair should be neatly styled or kept out of the face.
4. **Hip-Hop:**
 - Comfortable, fitted clothing (e.g., t-shirts, leggings, or shorts) that allows for ease of movement. Sneakers are required. No denim clothing this includes shorts and jeans. Hair must be tied up securely.

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5. Contemporary / Lyrical

- Girls: Black leotard, navy blue leotard or teal leotard, or fitted top in either of the leotard colours, leggings, black shorts or black footless tights. Tan footless tights (optional for class), turning shoes. Hair must be tied up securely.
- Boys: White or black fitted shirt, black leggings, dance pants or black bike shorts, and bare feet or turning shoes. Hair should be neatly styled or kept out of the face.

6. Acro:

- Girls: Black leotard, navy blue leotard or teal leotard, or fitted top in either of the leotard colours, leggings or black shorts Tan footless tights (optional for class), Acro shoes (optional). Hair must be tied up securely.
- Boys: White or black fitted shirt, shorts, or leggings, barefoot or Acro shoes (optional). Hair should be neatly styled or kept out of the face.

Important Notes:

- **No Jeans:** No jeans are permitted in the dance studio. Appropriate dance wear must always be worn.
- **Jewellery:** For safety reasons, we ask that students remove excessive jewellery before class. Small stud earrings are acceptable, but dangling earrings, bracelets, or necklaces should not be worn during classes.
- **Warm-Up Gear:** Students are encouraged to wear warm-up gear, such as sweatpants, hoodies, or legwarmers, for the first 10 minutes prior to class but must change into proper dancewear once the class starts. In the colder months, students can remain in warmer clothing for the first 5 minutes of class.
- **Class-Specific Changes:** Instructors may have additional dress code requirements for special classes, workshops, or performances. These requirements will be communicated ahead of time.

By adhering to this dress code, we ensure that all dancers can focus on their technique, learn effectively, and have the best possible experience at JLC Dance Company. Please feel free to contact us with any questions or concerns regarding the dress code.



Jessica Cox
Director
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