

# TREATMENTS

BEAUTIFUL SKIN WITHOUT SURGERY



# TAILORED TREATMENT SOLUTIONS

CACI International has paved the way in anti-ageing, skin rejuvenation and problematic skin solutions for over three decades.

Our treatments are often described as the 'red-carpet beauty secret' and have attracted an impressive celebrity following including royalty, film stars, super models, beauty editors and make-up artists from around the globe.

We use the latest technological and scientific advancements to offer a range of treatment systems, which have been specifically developed to provide tailored solutions for men and women of all ages and skin types. Our treatment systems are at the forefront of aesthetic treatment technology.

The CACI Synergy is our latest and most advanced facial system that has been shown to reduce wrinkle depth by up to 75% and improve skin elasticity by up to 88%. It offers a variety of exclusive technologies including our unique S.P.E.D® Dual Action Technology, that provides simultaneous skin rejuvenation and facial toning.

Synergy is clinically proven\* to provide even faster, better and longer lasting results than our earlier CACI facial systems.

\*Cutest Systems Ltd 2017 Comparative Microcurrent Study

# "THE UK'S MOST EFFECTIVE ANTI-AGEING TREATMENTS"

Professional Beauty Magazine Survey



# SIGNATURE TREATMENTS

# CACI Signature Non-Surgical Facial Toning (60 minutes)

This non-invasive facial features S.P.E.D® Dual Action Technology that provides simultaneous skin rejuvenation and facial toning. This treatment uses microcurrent impulses, to lift and tone and LED light therapy to improve skin elasticity and reduce the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful, fresh appearance and glow.

# CACI Synergy Advanced Non-Surgical Facial Toning (90 minutes)

Combines CACI's Signature Non-Surgical Facial Toning with advanced skin exfoliation techniques to revitalise your skin, resulting in a brighter and smoother complexion. A combination of advanced technologies are used to plump fine lines and wrinkles, instantly lift and tone your face and firm your neck.

## **CACI Synergy Purifying (45 minutes)**

This treatment tackles problematic skin and leaves your complexion looking smooth and radiantly healthy. A combination of red and blue LED light therapy, deep cleansing and skin exfoliation techniques are used to effectively brighten and even your skin tone.

# CACI Skin Calm (30 minutes)

Targets skin prone to breakouts and irritation.
This treatment uses LED light therapy that is renowned for its anti-bacterial and anti-inflammatory healing properties, combined with a soothing gel mask to calm, reduce redness and rehydrate your skin.

# CACI Gentleman's Facial (45 minutes)

Using a combination of advanced technologies, this treatment is designed to specifically address male skincare concerns. Deep cleansing and skin exfoliation techniques tackle razor bumps and ingrown hairs, electrical impulses tighten, firm and redefine the jawline; the CACI Hydro Mask and LED light therapy are then used to hydrate, calm and smooth the skin, leaving your complexion refreshed, revitalised and more youthful looking.



# EXPRESS TREATMENTS

## **CACI Wrinkle Revolution (30 minutes)**

CACI's unique Wrinkle Comb targets deep lines and wrinkles, such as crow's feet and laughter lines. This treatment is a non-invasive, needle-free, alternative to collagen injections and dermal fillers that will instantly plump fine lines and wrinkles from the very first treatment.

## CACI Lip Booster (15 minutes)

Enhance your pout with CACI's Wrinkle Comb. Designed to give you fuller, plumper lips and soften top lip lines, this quick fix treatment will have your pout party-ready in no time.

# CACI Skin Confidence (30 minutes)

Designed to soften and refine the appearance of stretch marks and scarring, this treatment uses crystal free orbital microdermabrasion together with the regenerating effects of microcurrent stimulation and LED light therapy to trigger skin tissue repair and healing.

## CACI Hydratone (15 minutes)

This treatment is designed to deeply nourish, hydrate and firm the skin. Facial rollers emitting simultaneous microcurrent impulses and LED light therapy are gently massaged over the Hydro Mask. The rejuvenating energy transmitted through the rollers provides immediate and intensive hydration and helps to restore skin firmness, soften fine lines and rejuvenate your skin. Ideal for the treatment of dehydrated or sun damaged skin.

# CACI Re-Energise & Renew (15 minutes)

This facial will revitalise and re-energise your skin. The treatment infuses your skin with microcurrent energy using the Microcurrent Energising Mask which boosts blood flow and stimulates tissue repair. It helps reduce blemishes, pigmentation, and smooths out fine lines and wrinkles, while promoting collagen and elastin production for firmer, more radiant skin. Perfect for rejuvenating your complexion, this facial leaves your skin looking renewed and glowing.

Please note: Express treatments can be performed as either stand alone or as add ons to any of our other treatments.









# ADVANCED TREATMENTS

## CACI Eye Revive (30 minutes)

Lift and firm muscles around your eye area, particularly where you may tend to lose definition as you age and develop. This treatment uses serum-filled microcurrent rollers together with the soothing and calming Eye Revive Mask to reduce puffiness and dark circles, and soften the appearance of fine lines and wrinkles around your eyes.

## CACI Electro Cellulite Massage (30 minutes)

Give an instant lift, shape and tone to your buttocks and thigh area. This treatment improves the appearance of cellulite and breaks down fatty deposits. It stimulates circulation and lymphatic drainage, which will help to flush toxins away giving a smoother and tighter, dimple free appearance. This treatment is ideal for a pre-holiday body blitz.

## CACI Jowl Lift (15 minutes)

Target muscle laxity around the jawline using S.P.E.D® Dual Action Technology, which harnesses the power of LED light therapy at the same time as using CACI microcurrent. This treatment will lift and firm your muscles and redefine facial contours to give a firmer, more toned appearance. Ideal for those wanting to improve the appearance of sagging jowls or who desire a more chiselled jawline.

# CACI Hand Rejuvenation (30 minutes)

This advanced conditioning anti-ageing hand treatment uses the Electro Gloves in conjunction with CACI's Rejuvenating Hand Mask to smooth lines and wrinkles, firm skin, improve elasticity, boost circulation and brighten skin tone leaving your hands hydrated with a youthful appearance.

# CACI Micro-Touch Facial (45 minutes)

The Micro-Touch Facial combines the muscle toning and lifting benefits of CACI's iconic microcurrent technology with hands-on treatment therapy using the Electro Gloves. The treatment focuses on muscle lift, tension release, deep tissue relaxation, and lymphatic drainage for more sculpted, toned, enhanced facial definition.

Please note: Advanced treatments can be performed as either stand alone or as add ons to any of our other treatments. Advanced treatments are not available with every Synergy system. Check with your therapist to see if they offer these treatments.

# SYNERGY FLEX TREATMENTS

# CACI Synergy Flex Facial (60 minutes)

The Flex Facial is a transformative treatment combining CACI's pioneering microcurrent technologies. Targeting muscle laxity around the jawline with S.P.E.D® Dual Action Technology, this cutting-edge treatment harnesses the power of LED light therapy alongside microcurrent. It's followed by the innovative CACI Microcurrent Gua Sha, designed to promote lymphatic drainage, boost circulation, and reduce puffiness. The result is lifted, firm, and beautifully contoured facial features.

The experience concludes with the Microcurrent Energising Mask, renewing and repairing the skin while stimulating collagen and elastin for a radiant, glowing complexion.

# CACI Microcurrent Gua Sha (45 minutes)

The Perfect Blend of High-Tech and Holistic Therapy. Experience the best of both worlds with our Microcurrent Gua Sha treatment, where advanced CACI microcurrent technology meets the traditional Gua Sha technique. This powerful combination rejuvenates your skin by promoting lymphatic drainage, enhancing circulation, and reducing puffiness. The microcurrent also works to contour and sculpt your facial features for a more defined, youthful appearance. Enjoy a deeply relaxing treatment that not only revives your skin but leaves it looking sculpted, refreshed, and radiant.

 $\label{please note: Synergy Flex} \mbox{ Treatments can only be performed with the Synergy Flex System.}$ 



# FAQs

#### What is microcurrent?

Microcurrent therapy delivers tiny electrical impulses that mirror the body's own natural bioelectrical field. Microcurrent stimulation helps to re-educate the muscles and can lift, firm and tone. Microcurrent in aesthetics is commonly described as "facial toning" or "non-surgical face lifting" due to the dramatic lifting effect that it has on facial muscles and contours.

#### What is S.P.E.D® microcurrent LED technology?

S.P.E.D® (Simultaneous Photo Electrical Delivery) microcurrent LED technology is an enhanced technology that delivers simultaneous dual action facial toning and skin rejuvenation, clinically proven to deliver quicker, better, and longer lasting results than standard microcurrent. S.P.E.D® combines the original CACI facial toning technology with high brilliance pulsed LED light stimulation.

#### What does microcurrent feel like?

Microcurrent treatment is virtually sub-sensory with just a slight tingling sensation. Clients often describe it as an energised or warm sensation on the skin and is virtually painless.

#### Is microcurrent safe?

Yes. Microcurrent therapy was originally developed as a medical application to treat facial palsy and restore muscle tone by applying tiny microcurrent impulses to the affected muscles. Today this proven technology is now available in thousands of aesthetic clinics worldwide as a painless cosmetic treatment.

#### How many treatments should I have?

Although a remarkable difference is seen after the first treatment, the benefits are cumulative and typically a course of 10-15 treatments will be required for optimum results.

#### What happens after I have finished a course of treatments?

After a course of treatments you will see real improvements in how your skin looks and feels. Your facial contours will look lifted and toned with a fresher, more youthful appearance. A monthly top up treatment is then recommended to maintain results.

#### What happens if I stop treatments?

It's just like going to the gym for a body workout. If you stop, the results will gradually diminish and your facial muscles may eventually return to how they were before treatments commenced.

#### Will there be any recovery or downtime after my treatment?

No. All treatments are non-invasive and gentle on the skin so there is no interruption to your lifestyle.

#### In what circumstances is treatment not advised?

Treatment is not advised if you have any of the following conditions: All forms of cancer, pregnancy, epilepsy, diabetes, heart condition/cardiac pacemaker, thrombosis, facial implants (if treating face), skin disease (avoid area), skin lesions, recent

surgery (performed within the last six months). Areas being treated with Botox® (wait three months) or dermal fillers (wait two weeks) should be avoided. Note: Anti-depressants, high blood pressure medication and other muscle relaxants may reduce the effectiveness of the treatment.

Please note: If you are taking any medication or have an existing medical condition or concern not listed above, please consult with your doctor first.

### What is orbital microdermabrasion?

The orbital rotation of the handpiece performs a progressive and controlled skin exfoliation, removing imperfections and impurities. A selection of single use, disposable abrasive treatment tips coated with a layer of silicon carbide are used to either superficially or deeply exfoliate the epidermis, resulting in a clearer, smoother and more youthful looking complexion. The CACI orbital microdermabrasion delivers simultaneous LED light at the same time as the exfoliation to promote healing and skin rejuvenation.

### What does orbital microdermabrasion feel like?

This treatment is completely painless. We use a 'no dragging' and 'no pulling' technique on the skin and simultaneous vibrations to make the treatment very comfortable.

#### What is ultrasonic peeling?

Our unique ultrasonic peeling handpiece rapidly vibrates on the skin (27,000 times per second) to gently exfoliate and revitalise. The vibrations draw skin impurities to the surface and dislodge dead skin cells revealing a healthy, glowing complexion. This is a more gentle alternative to orbital microdermabrasion.

#### What does ultrasonic peeling feel like?

The ultrasonic peeling treatment creates a warm and energised feeling on the skin and is a very comfortable treatment.

#### What is LED light therapy?

LED light therapy utilises the therapeutic properties of red and blue light to calm the skin, neutralise bacteria and reduce redness in order to help tackle acne, blemishes and scar tissue. Blue light calms the skin and destroys skin bacteria and red light stimulates new tissue growth and cellular regeneration. Combined red and blue light is extremely effective in the treatment of acne and blemishes.

#### What does the Wrinkle Comb feel like?

Some clients may experience an intense tingling sensation, but this can be minimised by applying CACI Amino-Lift Peptide Complex in combination with the Wrinkle Comb.

## What are the Electro Gloves?

The Electro Gloves are made of an all-natural silver thread that is electrically conductive. During treatment microcurrent energy is transmitted through the Electro Gloves to provide Hand Rejuvenation and Micro-Touch treatments. The silver material used in the Electro Gloves also has antibacterial properties that help to calm the skin and reduce skin allergies.



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