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PBM Appoints Oth PNP Chief

President Ferdinand BBM R. Marcos Jr. by virtue of powers and authority as the commander in chief of the Republic of the Philippines designated Police Major General Rommel Francisco Marbil as the 30th Chief >> P2 of the Philippine National Police (PNP), replacing Police General Benjamin Acorda Jr. retirement three 3-months extension expires yesterday March 31, 2024.

"Police Major General Rommel Francisco Marbil

House leader wants to lower tollway rates in Skyway Stage 3

The chairperson of the House Committee on Metro Manila Development on Monday recommended reducing tollway rates at the Metro Manila Skyway Stage 3 to alleviate traffic congestion along EDSA.

Manila Rep. Rolando Valeriano made the statement in reaction to the call of the business group Management Association of the Philippines (MAP) for the government to declare a "state of traffic calamity" in Metro Manila. Valeriano said Skyway 3 rates are unaffordable to the

>> P2



Expanding motorcycle taxi beyond NCR requires rules for regions

lawmaker Tuesday said expanding the motorcycle taxi pilot study beyond Metro Manila would require different conditions and rules for the regions.

Quezon Rep. Reynante Arrogancia, vice-chair of the House Committee on Transportation, said expanding the motorcycle taxi pilot studies in several regions would "greatly ease" the country's transport and mobility woes. Arrogancia

5 centenarians, nabigyan ng regalo ni Mayor Strike



butihing Mayor Strike B. Revilla na magbigay-pugay magkaloob ng karagdagang suporta sa mga matatanda sa Bacoor, isinagawa ang isang espesyal na pagdiriwang na naglalayong magdala ng kaligayahan at suporta sa ating mga centenarian. Ito ay pinangunahan ng Office of the Provincial Social Welfare and Development Officer (OPSWDO) kasama ang kinatawan ng LGU Bacoor, ang OSCA at CSWD, kung saan nagbigay sila ng 50,000 pesos na cash gift sa ating

DA helping Calabarzon farmers amid El Niño



SCORCHING SUN. Wilted vegetation in this farm in Cuenca, Batangas, as seen on Monday (March 25, 2024) gives a glimpse of the effects of El Niño on food production. The Department of Agriculture-Calabarzon has launched interventions to keep farms in the region viable through the drought. (PNA photo by Pot Chavez)

The Department of Agriculture in Calabarzon (DA-4A) is implementing various interven- >> P3 tions to mitigate the effects of El Niño on farm-

PH Navy receives 10 power generators for WPS stations

The Armed Forces and Police Savings and Loans Associations, Inc. (AFPSLAI) has donated some 10 power generator sets to the Philippine Navy (PN), which would be deployed to the country's stations in the West Philippine Sea (WPS).

These equipment were formally received by Philippine Navy (PN) chief Vice Admiral Toribio Adaci Jr. from AFPSLAI president and chief executive officer, retired Vice Adm. Gaudencio Collado Jr. in simple rites at the Philippine Navy (PN) headquarters

Private, public schools unite for youth programs



In a remarkable display of unity and collaboration, the City of Bacoor witnessed the launch of a groundbreaking partnership between private public schools. The event, titled "Strike As 1 Ng Mga Nagkakaisang Paaralan," was organized by Mayor Strike B. Revilla, in coordination with the HOPE PROJECT headed by its Founder and

EDITORYAL BABALA NG NTC

Ang National Telecommunications Commission (NTC) ay nagbigay ng babala sa publiko na mag-ingat, maging alerto, at huwag magpaloko sa mga scammers na ginagawa ang kanilang modus sa pamamagitan ng online social media. Binigyang-diin ng NTC na hindi dapat maniwala sa mga mensahe na natatanggap mula sa mga hindi kilalang tao, numero o account na naglalaman ng inyong pangalan o nag-aalok ng trabaho at pabuya o pre-

Ayon pa sa NTC, may pagkakataon pang ang iniaalok ng scammer ay libreng pera o iba pang serbisyo na hindi naman totoo, at gagastos muna ng sariling pera ang target na biktima. "Ang mga ito po ay isang scam o panloloko. Huwag po kayong maniniwala, huwag magrereply at sa halip ay i-report ninyo ito agad sa amin sa NTC," paalala sa publiko ng nasabing ahensya. Maraming mga paraan at kung anu-ano pa umano ang ginagamit ng mga manloloko para paniwalaan sila; may mga paraan din sila para makakuha ng impormasyon at detalye ukol sa personal na pagkatao ng kanilang target na biktima para sila ay paniwalaan. "Iwasan po natin ang mag-post ng mga personal information, at huwag ibigay sa taong hindi kilala na magtatanong", dagdag na paalala ng NTC.

"Maraming April Fools ngayon, mga manloloko at mga nagpapaloko. Alam niyo kasi, maraming nasisilaw sa pera, mukhang pera na nagpapaniwala sa mga scammers," sabi ng isang retired teacher. "Naku, oo nga, mga tanga, bopol (pardon the expressions) at mukhang pera kaya naloloko sila. MAG-ISIP NAMAN PO SANA TAYO, nasa atin din iyan, kung magpapaloko tayo," ayon naman sa isang estudyante. May tama naman sila. WALANG MANLOLOKO KUNG WALANG MAGPAPALOKO. Lord, kayo na po ang bahala.

Benipayo is new Light Rail Manila Corp. general manager

The Light Rail Manila Corporation (LRMC) -- the private operator of the Light Rail Transit Line 1 (LRT-1)-- welcomed its former chief operating officer Enrico Benipayo as its new general manager.

In a statement on Monday, the LRMC said Benipayo will lead the company's day-to-day activities, replacing former LRMC general manager Juan Alfonso.

"Benipayo has a full breadth of knowledge in the rail transport sector having accumulated over 35 years of professional experience in the fields of Engineering, Procurement, and Construction (EPC), Maintenance, and O&M (Operations and Maintenance) Consultancy," it said.

As part of the transition, LRMC Executive Committee chair and Metro Pacific Investments Corporation (MPIC) director Jose Ma. Lim will assume the role of LRMC president and chief



LRMC general manager Enrico Benipayo. (Photo courtesy of LRMC)

an interim basis. "The company expresses profound gratitude for the dedication and hard work of Mr. Juan F. Alfonso who served as President and CEO in the past six years," it said.

Alfonso led the LRMC executive officer (CEO) on in the rehabilitation of the existing LRT-1 system and in leadership position in Metro the construction of the LRT-1 Cavite Extension project phase 1 amid the coronavirus pandemic.

Pacific Light Rail Corporation —one of the LRMC's shareholders and owned by the MPIC and Sumitomo Alfonso will step up to a Corporation. (PNA)

5 centenarians, nabigyan << P1

House leader wants to lower << P1 average motorist, especially

given high fuel prices these days. He appealed to Skyway 3 owner and operator San Miguel Corporation (SMC) and the Department of Transportation (DOTr) to find ways to cut toll prices so that more motorists, cargo vehicles, and provincial buses would use the Skyway 3 as an alternative to EDSA.

"Skyway 3's impact on EDSA traffic was strongly felt when it was toll-free from

December 2020 to July 2021, but after that most motorists chose to endure EDSA traffic because they could not afford the rates on Skyway," Valeriano said.

The Skyway Stage 3 is 18-kilometer elevated expressway spanning from Buendia in Makati to Balintawak in Quezon City.

It is also a thoroughfare connecting the North Luzon Expressway (NLEX) to the South Luzon Expressway (SLEX). "Buses from PITX, Cavite, Laguna, and Batangas going to Central Luzon and further north should be taking the Skyway 3 instead of EDSA but the toll fee should not be exorbitant," Valeriano said. According to Toll Regulatory Board website, the Skyway Stage 3 operator charged PHP264 for Class 1, PHP528 for Class 2, and PHP792 for Class 3 vehicles from Buendia to North Luzon Expressway and vice-versa. Valeriano also urged the Department of Public Works and Highways to build elevated multi-level and multi-purpose parking facilities in strategic locations.

"Elevated parking will clear roads of vehicles

traffic obstructing vendors that occupy sidewalks and lanes of roads. Elevated parking can be built on both private and public lots, abandoned lots, and expropriated lots," he said.

The House leader, meanwhile, supported the return of the no-contact apprehension policy all over Metro Manila. "Traffic enforcers should focus solely on providing traffic management assistance, rather than be the messenger of punitive measures. Traffic enforcers should be on the roads to get traffic moving, not stopping vehicles to issue traffic citation tickets," he said. (PNA)

mga centenarian. Kasama sa mga dumalo sina Ms. Lynn Andrea Escobar, Mr. Jun Pagarita ng OPSWDO, Mr. Christian Avilla ng OPTO, at sina Jasmine Daria, Nenita Reyes, at Marygel Raymunda Sornet ng LGU Bacoor na naglaan ng kanilang oras at pagmamalasakit upang tiyakin ang tagumpay ng programa. Ang mga nabigyan ng cash gift ay sina:

1. Feliciana F. Asuncion ng Salinas 1

2. Corazon B. Jao ng

Molino 1 3. Rosila P. Medina ng

Bayanan

4. Pastora G. Vila ng

Molino 2 5. Lucia V. Tabor ng po.

Salinas 1 Ang programa na ito ay hindi lamang isang simpleng aktibidad kundi isang pambihirang pagkakataon magbigay-pugay at maglaan ng tulong sa ating mga centenarian, pinagtibay ito ng Provincial Ordinance No. 184 Series ng 2017, kung saan dapat bigyan ng cash gift ang mga centenarian sa Cavite. Hindi maitatanggi na malaki ang ginampanan nilang papel sa ating komunidad at nagsisilbing inspirasyon na maaari nating makamit ang ganung edad kung pangangalagaan natin ang ating katawan at wastong pagkain. Maraming Salamat

Southern Tagalog email: h

Inilalathala tuwing araw ng Linggo at may sirkulasyon sa Lalawigan ng Cavite. Mambog 4, Bacoor, Cavite 4102. CP# 0919-004 5192 / 0917-8983982 & 0955-6643353 ISSN NO 2599-400X Email: herald _group@yahoo.com

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Expanding motorcycle taxi << P1

motorcycles considered the most accessible and affordable transportation option in the provinces.

"In the provinces, most ordinary people cannot afford to buy or rent cars or SUVs (sport utility vehicles). Access to digital platforms for hiring transportation is likewise limited. PUJ (public utility jeepney) routes are not as expansive and are also limited. The only affordable ways to get from point A to point B are by tricycle and motorcycle. These are the readily available vehicles of the people in the provinces," he said.

Arrogancia said a "reasonable set of rules of the road" should be crafted for all motorcycles to follow and strictly enforced by the local government units once the pilot study program is expanded.

"A rational route plan is necessary for motorcycles in the provinces and in the major metropolitan areas," he added.

Arrogancia said among the rules to be considered also include specific reflectorized markings and stickers for safe nighttime and early morning travel, motorcycle curfews, particularly on certain highways and in residential areas, and regulations on motorcycle mufflers.

He said the Technical Education Skills and Development Authority (TESDA) should be given a greater role in certifying drivers of motorcycles and tricvcles.

According to the Land Transportation Franchising Regulatory Board and (LTFRB), motorcycle taxi companies Angkas, JoyRide and Move It are authorized to operate under the government's pilot study.

The government is also considering expanding the pilot project from the National Capital Region to other parts of the country, including Rizal, Laguna, Cavite, Batangas, Iloilo, Bacolod, Baguio City, and Pampanga. (PNA)

PBBM appoints 30th << P1

designation as the new Philippine National Police Chief effective today April 1, 2024 by the authority power as the Commander in Chief of the country President Ferdiinand BBM Marcos Jr.

General Marbil is a

Military Academy (PMA) Class 1991.

The formal turn over during the change of command ceremonies and retirement honors of outgoing PNP Chief General Acorda Jr. at the PNP General member of the Philippine Headquarters at Camp Rafael

Crame in Quezon City.

Before his appointment as the new PNP Chief, Marbil was the chief of the Directorate for Comptrollership, Regional Director of the Police Region Office 8 (PRO-8), and Director of the Highway

Patrol Group (HPG), and many others.

Witnessing the turnover of the command is Department of Interior and Local Government (DILG) Secretary Benjamin Abalos Jr. (center).

DA helping CALABARZON << P1

ers in the region and ensure that they can produce food through the lean months.

In an interview on Monday, Engr. Redelliza Gruezo, DA-4A's Officer-in-Charge of the Field Operations Division, said her office is providing maintenance works on key irrigation facilities to ensure that scarce water manages to reach crops despite the dry spell.

Other efforts being undertaken by the agency to ensure steady food production during the drought include desiltation of canals, rotational water distribution, and implementation of Alternative Wetting and Drying Technology (AWD) and Quick Turn Around (QTA) Strategy.

"Farmers may need higher cost irrigation or

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

UNIONBANK OF THE PHILIPPINES, Mortgagee,

-versus-

SPOUSES GRETCHEN M. DECAMON & GEOMER C. DECAMON,

Mortgagor/s, x-----x

Foreclosure Case No. F-293-24

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, UNIONBANK OF THE PHILIPPINES, with business address at Union Bank Plaza Building, Meralco Avenue corner Onyx and Sapphire Roads, Ortigas Center, Pasig City, Metro Manila against the Mortgagor/s, SPOUSES GRETCHEN M. DECAMON & GEOMER C. **DECAMON** with residence and postal address at 36, Sampaloc, Site 1, Assn Street, BF Homes, Parañaque City, Metro Manila and Lot 15, Block 22, Amaia Scapes Trece Martirez, Brgy. Conchu, Trece Martirez, Cavite to satisfy the mortgage indebtedness as of 08 January 2024 amounts to TWO MILLION SEVEN HUNDRED SEVENTY EIGHT THOUSAND ONE HUNDRED SEVENTY SEVEN PESOS and 99/100 (P2,778,177.99), Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on April 30, 2024 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 077-2022004195

LOT NO:15 BLOCK NO: 22 PLAN NO: PSD-04-231572 PORTION OF: LOT 2946, SAN FRANCISCO DE MALABON ESTATE

LOCATION: BARANGAY OF CONCHU, CITY OF TRECE MARTIRES, PROVINCE OF CAVITE, ISLAND OF LUZON BOUNDARIES:

LINE	DIRECTION	ADJUINING LUT(5)
1-2-3,7-1	SW	ROAD LOT 24, PSD-04-231572
3-4	NW	LOT 16, BLOCK 22, PSD-04-231572
4-5	NE	LOT 6, BLOCK 22, PSD-04-231572
5-6	NE	LOT 7, BLOCK 22, PSD-04-231572
6-7	SE	LOT 14, BLOCK 22, PSD-04-231572
AREA: SE	EVENTY-SIX S	SQUARE METERS (76), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on MAY 14, 2024 without further

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be,

Trece Martires City, March 19, 2024

ANDRES B. ESPINA Sheriff IV

Sheriff IV

UNIONBANK OF THE PHILIPPINES
Union Bank Plaza Building, Meralco Avenue
corner Onyx and Sapphire Roads, Ortigas Center,
Pasig City, Metro Manila

Attorney-in-Fact. Doris D. Padlan

Copy Furnished:

SPOUSES GRETCHEN M. DECAMON & GEOMER C. DECAMON

36, Sampaloc, Site 1, Assn Street, BF Homes, Parañaque City, Metro Manila Lot 15, Block 22, Amaia Scapes Trece Martirez, Brgy. Conchu, Trece Martirez, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: Southern Tagalog Herald Cavite Dates: March 24, 31 and April 7, 2024

maintenance methods to maintain their crops... There are various programs and policies that the government is implementing to aid and support farmers in Calabarzon, especially in agriculture," said Gruezo.

In this province, DA-4A has just distributed PHP5.5 million worth of agricultural intervention to farmers in the towns of San Pascual and Mabini as the warm and dry season officially started this month.

The agency has also distributed tractors, vegetable and corn seeds, and fertiliz-

ers to help farmers in the two towns increase production.

Additionally, DA-4A is encouraging farmers to cultivate crops that are more resilient to droughts and has been distributing seeds that do not need much water to grow, she said.

The DA official noted that her office has already conducted meetings with regional line agencies and local government units (LGUs) to harmonize the efforts of all concerned government entities engaged in mitigating El Niño's impact on food production.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

CHINA BANK, SAVINGS, INC., Mortgagee,

-versus-

JELMA L. BASCOG,

Mortgagor/s.

-----X

FORECLOSURE CASE NO. F-074-24

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, CHINA BANK, SAVINGS, INC., with business address at CBS Building, No. 314 Sen. Gil J. Puyat Avenue, Makati City, against the Mortgagor/s, JELMA L. BASCOG, with residence and postal address at Block 8 Lot 25, Green St., Casimiro Townhomes II, Brgy. Pulang Lupa Phase II, Las Pinas City and Lot 115 Block 5, Micara Estates Phase 1, Brgy. Sahud-Ulan, Tanza, Cavite, to satisfy the mortgage indebtedness which as of December 29, 2023 amounts to SIX HUNDRED THIRTY-NINE THOUSAND FOUR HUNDRED SEVENTY-FOUR PESOS AND 19/100 (P639,474.19) inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on April 30, 2024 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2020003942

LOT NO: 115 BLOCK NO: 5 PLAN NO: PSD-04-235211 PORTION OF: LOT 1964, STA. CRUZ DE MALABON ESTATE, DECREED NO. 10111; LRC REC. NO. 6832 LOCATION: BARANGAY OF SAHUD ULAN, MUNICIPALITY OF TANZA, PROVINCE OF CAVITE, ISLAND OF LUZON

 BOUNDARIES:

 LINE
 DIRECTION
 ADJOINING LOT(S)

 1-2
 SW
 LOT 114, BLOCK 5, PSD-04-235211

 2-3
 NW
 ROAD LOT 15, PSD-04-235211

 3-4
 NE
 LOT 116, BLOCK 5, PSD-04-235211

 4-5
 SE
 LOT 142, BLOCK 5, PSD-04-235211

 5-1
 SE
 LOT 113, BLOCK 5, PSD-04-235211

 AREA: FORTY SQUARE METERS (40), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on May 14, 2024 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, March 19, 2024

JOANNAH AVIGAIL C. TIMKANG Sheriff IV

Copy Furnished: CHINA BANK, SAVINGS, INC.

CBS Building, No.314 Sen. Gil J. Puyat Avenue, Makati City

JELMA L. BASCOG

Block 8 Lot 25, Green St., Casimiro Townhomes II, Brgy. Pulang Lupa Phase II, Las Pinas City and Lot 115 Block 5, Micara Estates Phase 1, Brgy.Sahud-Ulan, Tanza, Cavite,

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: Southern Tagalog Herald Cavite Dates: March 24, 31 and April 7, 2024

Apart from that, DA-4A is also engaging farmers' groups and is providing them with technical know-how on how they can stay viable despite the dry spell, Gruezo noted.

Quoting the LGU Damage Report as of March 12, she said the region has recorded PHP 50 million in losses, or the equivalent of

2,033.17 metric tons in rice and corn production.

"Calabarzon is the leader when it comes to pork and chicken meat, chicken eggs, rice, yellow corn, and low-land vegetables. These are the ones that the department will continue to strengthen to maintain production and meet consumer demand," Gruezo said. (PNA)



REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
BRANCH 21
CITY OF IMUS, CAVITE

HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund).

Mortgagee,

-versus-

JAYSON T. BARIUAN,
Mortgagor,

EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135 AS AMENDED BY ACT 4118 FC CASE NO. 18786-23

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG FUND), mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Ave., Makati City 1200, against JAYSON T. BARIUAN, mortgagor, with residential and postal address at Lot 9 Block 9 Richlane Townhomes, Anabu II-E, Imus, Cavite and/ or 61 San Isidro Village, Almanza 1, Las Pinas City, to satisfy the mortgage indebtedness which as of November 6, 2023 amounts to SEVEN HUNDRED THIRTY SIX THOUSAND FORTY PESOS AND 79/100 (P736,040.79), Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale the undersigned will sell at public auction on APRIL 19, 2024 at 10:00 A.M. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein,

TRANSFER CERTIFICATE OF TITLE NO.057-2018015510

"A PARCEL OF LAND (LOT 9 BLK. 9 OF THE SUBDIVISION PLAN PSD-04-224791, BEING A PORTION OF LOT 2529-B, (LRC) PSD-37583), SITUATED IN ANABU II-E, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE NE ALONG LINE 1-2 BY ROAD LOT 1, ON THE SE ALONG LINE 2-3 BY LOT 11 BLK 9, ON THE SW ALONG LINE 3-4 BY LOT 10 BLOCK 9, ON THE NW ALONG LINE 4-1 BY LOT 7 BLK 9. ALL OF THE SUBDIVISION PLAN. X X X CONTAINING AN AREA OF THIRTY-SIX (36) SQUARE METERS. XXX"

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on APRIL 26, 2024 at 10:00 A.M. without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

Imus, Cavite, March 8, 2024.

WILMAR M. DE VILLA Sheriff IV

APPROVED: **ARMIE A. FRANCISCO** Clerk of Court VI

COPY FURNISHED: HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG FUND) The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Ave., Makati City 1200

ATTY. MICHAEL YANCY P. YNGSON
Attorney-in-Fact, RECEIVERS AND LIQUIDATORS INC.
Unit C, 10th Floor, Strata 2000 Bldg., F. Ortigas Jr. Rd. Ortigas

Unit C, 10th Floor, Strata 2000 Bldg., F. Ortigas Jr. Rd. Ort Center, Pasig City 1650

JAYSON T. BARIUAN

Lot 9, Block 9, Richlane Townhomes, Anabu II-E, Imus, Cavite and/or 61 San Isidro Village, Almanza I, Las Pinas City 1750

Southern Tagalog Herald Cavite March 24, 31 and April 7, 2024

Filipino

donation

AFPSLAI's

PH Navy receives 10 power << P1

Command the importance of these in assisting personnel who put their lives on the line to defend the borders of our

Alcos said in a statement of protecting the country's

During the turnover, role in defending the country's sovereignty and territory has become even nation against all forms of more critical and that the threats, particularly in the AFPSLAI strongly supports

unwavering commitment to social responsibility and solidarity. Meanwhile,

securing

equipment

symbolizes

people."

Adaci

strong naval force capable

maritime interests and

the

He also said the

gratitude to the AFPSLAI team for their support to the welfare of the men and women in uniform over the years.

"Your contribution fulfills an immediate necessity for our troops and serves as a reminder that we can rely on your support in times of need," he stressed.

As this developed,

the Philippine Fleet (PF) announced that Capt. Lued Lincuna was appointed acting commander of the Littoral Combat Force (LCF) on Wednesday, replacing Commodore Carlo Lagasca who is set to retire from the military service.

PF spokesperson Lt. Giovanni Badidles, in a statement Thursday, said the turnover ceremonies were presided over by Fleet commander Rear Admiral Renato David at Naval Base Heracleo Alano, Sangley Point, Cavite City.

The PF commander lauded Lagasca for leading distinction dedication to the PN's mission and the well-being of its personnel. This is aside from upholding the highest standards of operational proficiency. "His leadership has been instrumental in advancing the LCF capabilities that ensure its readiness to meet evolving challenges in maritime operations," David said.

Lincuna is a seasoned and decorated officer with a wealth of experience in naval operations. (PNA)

REPUBLIC OF THE PHILIPPINES **FOURTH JUDICIAL REGION REGIONAL TRIAL COURT** OFFICE OF THE CLERK TRECE MARTIRES CITY

BDO UNIBANK. INC...

Mortgagee,

-versus-

LENHEART GAY M. ASPI, Debtor/Mortgagor,

FORECLOSURE CASE NO. F-161-24

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at BDO Towers Valero (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City against the Mortgagor/s, LENHEART GAY M. ASPI with residence and postal address at: 1) #11 Miguelito St. Sto. Niño, Paliparan, Marikina City, and 2) Lot 8, Blk 4, Phase 8, Manchester, Brgy. Navarro, Gen. Trias, Cavite to satisfy the mortgage indebtedness which as of 28 June 2023 amounts to TWO MILLION TWO HUNDRED SEVENTY FOUR THOUSAND FIVE HUNDRED TWENTY ONE PESOS and 14/100 (P2,274,521.14), excluding penalties, charges, attorney's fees and expenses of foreclosure the undersigned Sheriff will sell at public auction on April 30, 2024 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO.057-2017013996

LOT NO: 8 BLOCK NO: 4 PLAN NO: PCS-04-028616 PORTION OF: LOT 1959 (RS-04-005159), LOT 3055 (FRS-04-005315) & LOT 1968, ALL OF SAN FRANCISCO DE MALABON ESTATE, DECREED NO. 4270; LRC REC. NO. 5964 LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON **BOUNDARIES:**

ADJOINING LOT(S) LINE DIRECTION LOT 12, BLOCK 4, PCS-04-028616 2-3 LOT 6, BLOCK 4, PCS-04-028616 SW ROAD LOT 7, PCS-04-028616 NW LOT 10, BLOCK 4, PCS-04-028616 AREA: ONE HUNDRED TWENTY SQUARE METERS (120),

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on May 14, 2024 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, March 19, 2024

RICARDO A. TOLEDO Sheriff IV

Copy Furnished: BDO UNIBANK, INC., RISK MANAGEMENT GROUP-REMEDIAL MANAGEMENT UNIT 11th Floor, BDO Towers Valero 8741 Paseo de Roxas, Makati City, 0726, Metro Manila

LENHEART GAY M. ASPI

#11 Miguelito St., Sto. Nino, Paliparan, Marikina City; Lot 8, Blk 4, Phase 8, Manchester, Brgy. Navarro, Gen. Trias, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: Southern Tagalog Herald Cavite Dates: March 24, 31 and April 7, 2024

REPUBLIC OF THE PHILIPPINES REGIONAL TRIAL COURT FOURTH JUDICIAL REGION OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

BDO UNIBANK, INC., Mortgagee,

-versus-

CIRILA JUSTOL CURIB, Debtors/Mortgagor/s.

FORECLOSURE CASE NO. F-311-24

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 11th Floor BDO Towers Valero, 8741 Paseo de Roxas Makati City, against the Debtors/Mortgagor/s, CIRILA JUSTOL CURIB, with residence and postal address at (1) F 315 Sorrento Oasis Condominium C. Raymundo Rosario, Pasig City and (2) Lot 26 Blk. 6 Brgy. of Pasong Camachile Mun. of Gen. Trias, Cavite to satisfy the mortgage indebtedness which as of 29 January 2024 amounts to TWO MILLION TWO HUNDRED NINE THOUSAND THIRTY THREE PESOS AND 59/100 (Php 2,209,033.59) including interest, penalties, expenses and other charges attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on April 30, 2024 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2020001003

LOT NO: 26 BLOCK NO: 6 PLAN NO: PCS-04-029303 **PORTION OF:** LOTS 1934; 1935; 1937, SFDM ESTATE, LOT 1938-A; 1938-B; LOT 1938-C;1938-D, PSD-04-039215 (OLT); LOT 1843-K-1; LOT 1843-K-2, PSD-04-214642; LOT 1843-L, BSD-04-002119 (OLT); LOT 1843-M-1; LOT 1843-M-2, PSD-04-156470 & BLOCK 18, PCS-04-029302, DECREED NO. 4270, LRC RECORD NO. 5964

LOCATION: BARANGAY OF PASONG CAMACHILE, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE **BOUNDARIES:**

LINE DIRECTION ADJOINING LOT(S) 1-2 NE ROAD LOT 17, PCS-04-029303 ROAD LOT 22, PCS-04-029303 2-4 4-5 SW BLOCK 21, PCS-04-029303 LOT 25. BLOCK 6. PCS-04-029303 AREA: SEVENTY-FIVE SQUARE METERS (75), MORE OR

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on May 14, 2024 without further

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, March 19, 2024

JOANNAH AVIGAIL C. TIMKANG Sheriff IV

Copy Furnished: BDO UNIBANK, INC. RISK MANAGEMENT GROUP-REMEDIAL MANAGEMENT UNIT 11th Floor, BDO Towers Valero, 8741 Paseo de Roxas, Makati City

CIRILA JUSTOL CURIB (1) F 315 Sorrento Oasis Condominium C. Raymundo

Rosario, Pasig City and (2) Lot 26 Blk. 6 Brgy. of Pasong Camachile Mun. of Gen. Trias, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: Southern Tagalog Herald Cavite Dates: March 24, 31 and April 7, 2024

in Manila on Tuesday. WPS," PN spokesperson the service in developing "a expressed his sincere "During the handover, the Commander John Percie (Flag-Officer-inunderscored Wednesday night. mission-critical equipment Collado said the PN's

REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

BDO UNIBANK INC.,

Mortgagee,

-versus-

SPOUSES FRANCIS CLAUDINE C. VALENZUELA & ROBIN MARK B. VALENZUELA,

Mortgagor/s,

Foreclosure Case No. F-370-24

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at 11th Floor, BDO Towers Valero, (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City against the Mortgagor/s, SPOUSES FRANCIS CLAUDINE C. VALENZUELA & ROBIN MARK B. VALENZUELA with residence and postal address at #15 Lot 4, Blk.1, Oasis Street, Phase 1, AFPOVAI, Western Bicutan, Taguig City and Lot 28, Blk. 9, Somerset 14, Brgy. Pasong Camachile, Gen. Trias, Cavite to satisfy the mortgage indebtedness as of 15 February 2024 amounts to FIVE MILLION FIVE HUNDRED EIGHT THOUSAND FIVE HUNDRED NINETEEN PESOS and 21/100 (P5,508,519.21), Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on April 30, 2024 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon,

TRANSFER CERTIFICATE OF TITLE No. 057-2020013310

LOT NO: 28 BLOCK NO: 9 PLAN NO: PCS-04-028981 PORTION OF: THE CONS/SUBD OF LOTS 1, 2 & 3, PCS-04-011336; LOT 2457-B-3, PSD-04-233225; LOT 2457-A, LOT 2457-C, FLS-1228-D; LOTS 2458, FRS-04-005325; LOT 2468 OF SAN FRANCISCO, DE MALABON STATE, DECREED NO. 4270;LRC REC. NO. 5964

LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE **BOUNDARIES:**

ROAD LOT 12, PCS-04-028981 1-2 SE 2-3 SW LOT 26, BLOCK 9, PCS-04-028981 3-4 NW LOT 37, BLOCK 9, PCS-04-028981 LOT 30. BLOCK 9. PCS-04-028981 NE AREA: ONE HUNDRED (100) SQUARE METERS, MORE OR

All sealed bids must be submitted to the undersigned on the above-stated time and date

In the event the public auction should not take place on the said date and time, it shall be held on May 14, 2024 without further

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be

Trece Martires City, March 19, 2024

LINE DIRECTION ADJOINING LOT(S)

ANDRES B. ESPINA Sheriff IV

Copy Furnished: **BDO UNIBANK, INC.,**

Risk Management Group- Remedial Management Unit 11th Floor, BDO Towers Valero, (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City

SPOUSES FRANCIS CLAUDINE C. VALENZUELA & ROBIN MARK B. VALENZUELA

#15 Lot 4, Blk.1, Oasis Street, Phase 1, AFPOVAI, Western Bicutan, Taguig City Lot 28, Blk.9, Somerset 14, Brgy. Pasong Camachile, Gen. Trias, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: Southern Tagalog Herald Cavite Dates: March 24, 31 and April 7, 2024

Gov't deploys buses to serve passengers affected by LRT-1 shutdown

government agencies on Wednesday deployed free ride buses to serve passengers affected by the temporary shutdown of the Light Rail Transit Line 1 (LRT-1) during the Holy Week. In a Bagong Pilipinas Ngayon interview, Metropolitan Manila Development Authority (MMDA) Director for Traffic Enforcement Group Victor Nuñez said four buses have so far been deployed on routes along the LRT-1.

"But we'll try our best na maka-20 na mag-augment ng mga buses on our part. Especially uwian ngayong hapon (But we'll try our best to have 20 buses for augmentation on our part. Especially by afternoon rush hour)," Nuñez said.

To date, these four buses plus three light-duty trucks and two military trucks were deployed from EDSA Taft to Monumento and vice versa and are scheduled for deployment during morning and afternoon rush hours.

In addition, the De-

partment of Transportation (DOTr) and the Land Transportation Franchising and Regulatory Board (LTFRB) will deploy 50 buses on the same route, from 4 a.m. onwards beginning Maundy Thursday. "These buses will have pickup and drop off points along Taft Avenue,

specifically Edsa-Taft, Gil Puyat, Doroteo Jose, Carriedo, and Monumento," the DOTr said in an advisory.

The LRT-1 began its temporary suspension of operations on Wednesday and will end on Easter Sunday, with normal operations to resume by April 1 at its usual start time of 4:30 a.m.

The temporary closure will allow the Light Rail Manila Corporation (LRMC), the private operator and maintenance provider of the LRT-1, to conduct annual preventive maintenance activities as well as facilitate the testing activities for the system integration of the LRT-1 Cavite Extension. (PNA)



TEMPORARY SHUTDOWN. Passengers wait for the train at an LRT-1 station in this undated photo. Several government agencies on Wednesday (March 27, 2024) deployed free-ride buses along the route of the LRT-1 to serve passengers affected by the rail line's temporary shutdown. (PNA file photo)

Cavite forensics unit donates blood for indigent patients

IMUS CITY, Cavite (PIA) – The Cavite Provincial Forensic Unit (CPFU) has turned over 60 bags of blood to a blood bank that caters to poor and underprivileged patients.

The blood was collected during the recently concluded bloodletting activity.

The activity, which was the ninth of a bi-yearly program, was participated in by of-

The activity, which was the ninth of a bi-yearly program, was participated in by officers from the CPFU, Bureau of Fire Protection (BFP), Naval Reserve Command, and various civil society and volunteer organizations.

According to CPFU chief Lt. Col. Oliver Dechitan, the event was inspired by his personal experience which led him to organize the activity twice a year to cater to the needs of the poor citizens who are in dire need of blood in times of emergency.

"We would like the public to know, especially those who are in dire need of blood, that [CPFU] do not just resolve crime, but we are also committed to help the public progress," Dechitan said.

Each blood bag weighs 440cc each and were stored in the blood bank of Ospital ng Imus which are ready to be used by disadvantaged patients who will need urgent blood supply.

Dechitan vows that the advocacy of the unit will persist for more years to come, as they celebrate the nearly five year anniversary of helping the poor and disadvantaged sectors in the province through advocacy and outreach programs. (RF/PIA-Cavite)

PHLPost enters logistics market, gets brand new mail delivery trucks



The Philippine Postal Corporation (PHLPost) has acquired a new transportation fleet of 22 units of brand new trucks to reinforce its logistics service in addition to its mail and parcel delivery.

These mail delivery trucks will be distributed across the country. PHLPost is expected to reinforce the current PHLPost delivery efficiency and strengthen mail conveyance. The eighteen 6-wheeler and four 10-wheeler trucks are part of the continuous re-fleeting of the mail transport system which is expected to speed-up the delivery of mails and packages nationwide.

Postmaster General Luis Carlos said that the newly acquired vehicles will boost PHL-Post capabilities to better serve the public and attract more institutional mailers to patronize PHLPost delivery and logistics services.

The postal service is now coordinating with the Department of Agriculture on logistics requirements in part or whole of our farmers in transporting goods at cheaper price," he added

"We are transforming the mail delivery into logistics services", PMG Carlos said.

As a logistics provider, PHLPost can also deliver or transport their agricultural products such as seedlings, fertilizers, and crops to far-flung areas that have no access to major cities in the provinces.

"We are expanding our services to help our small farmers sell their products to cities where there is a potential market for them. PHLPost would like to help and uplift our local farmers to sell their product and improve their livelihood", he said.

In addition, "We started to establish "Kadiwa pop-up store" in some of our post offices and we shall do it in other areas as well. This is aligned with our goal to deliver cheaper agricultural products or goods through affordable logistics solutions directly to our farmers in support to President's Marcos' call for affordable food for every Filipinos".

Carlos said, "PHLPost is also determined to ride on the e-commerce boom. The newly acquired postal vehicles will beef-up the e-commerce and logistics delivery business of the postal service. With these brand new trucks, there is a bigger chance and opportunity for PHLPost to enter the e-commerce and logistics market by 2025".

Likewise, this re-fleeting project will support our program called "Postal Trinity" which includes the establishment of Barangay Postal Stations nationwide to provide efficient last mile delivery, reaching out even to far-flung areas of the country, the implementation of the new seven (7) digit alphanumeric new ZIP Code PH from the old four (4) digit which will standardize the addressing system in the country and the Real Time Visibility system to modernize the delivery and efficiency of its mail operations", PMG Carlos said.

Toll operators told to champion gender and development



GENERAL TRIAS CITY, Cavite (PIA) – A total of 250 employees from various tollway operators and concessionaires attended the 8th Tollway Industry's Advocacy Caravan, focusing on gender equality and women empowerment.

Hosted by MPCALA Holdings Inc., the toll operator for Cavite-Laguna Expressway (Calax), Manila-Cavite Expressway (Cavitex), and C5 Link segments, aimed to highlight and honor outstanding women who have broken barriers and excelled in roles traditionally dominated by men.

The caravan provided an opportunity for representatives from the Toll Regulatory Board (TRB), Department of Public Works and Highways (DPWH), Philippine Reclamation Authority (PRA), Bases Conversion and Development Authority (BCDA), tollway operators, concessionaires, and local government to network and collaborate to form partnerships and cooperation in advancing progressive initiatives on gender and development, which transcends beyond the tollway industry to the community that they regularly serve.

TRB executive director Alvin Carullo said that the program is vital to better understand the unique and nuanced issues that each sex and gender face.

"The event provided an invaluable opportunity for all participants to share and gain insights into their definitions of women empowerment and gender equality. We hope that the spirit of this event resonates not only within these walls but also across broader communities," Carullo said

Raul Ignacio, president and general manager of MPCALA Holdings Inc., urged fellow workers in the transportation industry to acknowledge the achievements of women across various industries.

"Together, let us continue to champion gender equality, create opportunities for women to thrive, and build a more inclusive and equitable society for all," Ignacio urged attendees.

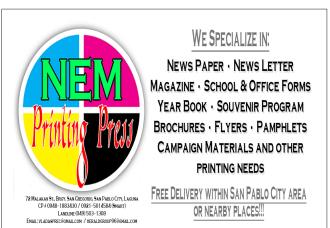
A testament to the commitment to making the industry open to more female leaders, Arlette Capistrano serves as the Vice President for Communication and Stakeholder Management at Metro Pacific Tollways South.

Capistrano gave advice to fellow aspiring leaders to always be willing to learn more and to lead by example.

"For young women aspiring for leadership roles, my advice is simple: pursue your passions, continuously educate yourself in your chosen field, and cultivate empathy. Listening and understanding others' perspectives are key qualities of effective leadership. Lead by example, supporting and guiding others toward their chosen paths," she said. (RF/PIA-Cavite; with reports from MPT South)



APRIL 7-13, 2024 P20.00 VOL. XXIX NO. 37



Health outreach event in Barangay Poblacion IV-C, City of Imus benefits 384 residents

In a proactive move towards community health and wellness, the Office of the Provincial Governor, through the initiative of Medical and Dental Mission Team and the Office of the Provincial Health Officer, conducted a health outreach event in Barangay Poblacion IV-C, City of Imus on April 2, 2024. The event aimed to provide essential healthcare services to the residents.

During the mission, residents had access to comprehensive medical assessments, ensuring early detection and management of health conditions. Dental services included tooth extraction, addressing immediate oral health concerns, and promoting dental hygiene practices. Moreover, eye check-ups were conducted to assess visual acuity and identify potential eye conditions, contributing to overall eye health awareness among participants.

The collaborative efforts of the Office of the Provincial Governor and the Office of the Provincial Health Officer underscored the importance of community engagement and proactive healthcare initiatives in promoting a healthier and more resilient society.--- OPIO

Elderly, more vulnerable to heat risks



The dry season has caused soaring temperatures in the Philippines, scorching several areas of Visayas and Luzon for the past several days. The heat index reached dangerous levels in Mimaropa, Bicol, and Western Visayas regions.

If you're over 65, taking high temperatures seriously is important. Older adults are at a higher risk for heat-related illnesses as their bodies lose the ability to regulate their temperature with age, Joseph Steven Fenol, health promotion chief at the Department of Health Bicol Center for Health Development (DOH Bicol CHD), warned during the Ugnayan sa Bicol.

Moreover, high temperatures and high humidity can exacerbate pre-existing medical conditions such as hypertension and heart, lung, and kidney disorders, according to Fenol.

To prevent heat-related illnesses, it's important to take precautions to protect the senior citizens. Here are some tips from Fenol to stay safe during extremely hot periods:

*Stay home/cool indoors: Stay in an air-conditioned place as much as possible, especially between 10 a.m. to 3 p.m., when the temperature is at its peak.

*Drink plenty of fluids: Drink plenty of fluids throughout the day, even if you are not physically active. Do not wait until you feel thirsty to hydrate.

- *Take your maintenance medicines every day.
- ${\rm *Practice\ relaxation\ techniques}.$
- *Schedule outdoor activities carefully. Try to limit your outdoor activities carefully to when it's coolest, like morning and evening hours.

On Good Friday, the heat index in Roxas City and Dumangas, Iloilo soared to a dangerous 43°C, according to the Philippine Atmospheric, Geophysical and Astronomical Services Administration (Pagasa).

Pagasa also recorded dangerous heat indices in Iba, Zambales; San Jose, Occidental Mindoro; Puerto Princesa City and Aborlan, Palawan; Dumangas, Iloilo; Pasay City in Metro Manila, Sangley Point, Cavite; Calapan, Oriental Mindoro; Coron, Palawan; Tuguegarao City, Cagayan; Masbate City, Masbate; Pili, Camarines Sur; Mambusao, Capiz; and Zamboanga City.

The state weather agency said 42°C to 51°C heat indices are considered a "danger category" and could lead to heat-related ailments such as heat cramps, heat exhaustion, and even heat stroke with prolonged exposure.

Heat index measures the discomfort level an average person experiences due to the combined effects of temperature and air humidity.

Warning signs and symptoms of heat-related illnesses include sweating heavily, exhaustion, dizziness, and vomiting. "Let's stay safe and stress-free by following reminders," Fenol said. (PIA5)



Lisa Guerrero-Nakpil is new NHCP chairperson

The National Historical Commission of the Philippines (NHCP) on Tuesday announced the election of its new chairperson, Lisa Guerrero-Nakpil.

She took her oath before National Commission for Culture and the Arts Chair Victorino Mapa Manalo, who is also an ex-officio member of the NHCP Board in his capacity as Executive Director of the National Archives of the Philippines, the NHCP said in a news release.

Nakpil was first appointed NHCP Commissioner in 2020, representing the pri-

vate sector.

She is a noted public historian, curator, and writer who has championed the promotion of historical knowledge through her various award-winning books and newspaper columns.

Her mother, Carmen



NEW HEAD. New National Historical Commission of the Philippines Chairperson Lisa Guerrero-Nakpil (right) is congratulated by National Commission for Culture and the Arts Chairman Victorino Mapa Manalo on Tuesday (March 26, 2024). Nakpil succeeded Dr. Emmanuel Franco Calairo. (Photo courtesy of NHCP)

Guerrero-Nakpil, also served as Chair of the then-National Historical Commission from 1967 to 1971. "The NHCP Board believes that Chair Nakpil's broad experience in art and culture, as well as media and events, will strengthen the NHCP's mandate in bringing Philippine history alive and building love of the country and a sense of Filipi-

no identity," the Commission said. Nakpil succeeded Dr. Emmanuel Franco Calairo, who specializes in the study of local history in Cavite.

The NHCP is the principal government agency mandated to strengthen Filipino's nationalism through the promotion of Philippine history and the protection of cultural heritage. (PNA)

PGC's Libreng Pustiso Program brings smiles and confidence to Silangeños

In a concerted effort to improve the quality of life of Caviteños, the Provincial Government of Cavite (PGC) conducted the Libreng Pustiso program, which proved to be a resounding success. The program, aimed at providing dentures, unfolded across a series of events from December 2023 to January 2024, benefitting a total of 634 individuals in Silang. The culmination of this endeavor was marked by the awarding of dentures from January 16 to March 8, 2024. This initiative has not only restored the ability to speak and smile with confidence but also underscored the commitment of the local government in uplifting the welfare of its constituents. Mayor Alston Kevin A. Anarna, along with other esteemed LGU officials, demonstrated unwavering support for the program, expressing gratitude for its impact on the community.--- OPIO