

Mexico City Art Tour September 29-October 4, 2025



Silvia Waltner Fine Art Services

Our Hotel in Mexico City The Four Seasons







The hotel is situated on the grand boulevard of Paseo de la Reforma, close to Chapultepec Park and the trendy neighborhoods of Condesa and Polanco.

It's designed around a beautiful, hacienda-style inner courtyard with lush greenery, fruit trees, and a tranquil fountain.

Rooftop pool and sundeck.

Full-service spa offering various treatments, including a Signature Mexican Massage.





Day 1 - Arrival Day: Monday, September 29 Welcome to Mexico City!

Since there is only one flight from Seattle and it arrives around 4:00 p.m., many, if not all, will probably arrive together. We will have a van take the group to the hotel. If you arrive at any other time, Uber is a safe and cost-effective way to get into the city.

The flight can be booked with Aeromexico or Delta. It departs Seattle at 9:30 am and arrives in Mexico City at 4:10 pm.

The same is true for the return: Operated by Aeromexico but also available through Delta, it departs Mexico City at 2:55 p.m. and arrives in Seattle at 8:00 p.m.

You will have the evening free to settle down and explore the area near the hotel. We will provide a list of restaurants, and we are happy to make reservations for you.

Day 2, Tuesday, September 30 Teotihuacan and more!

We will drive to Teotihuacan, the most important and largest city of Pre-Aztec Central Mexico. It's about 30 miles outside Mexico City. Since 1987, it has been a UNESCO World Heritage site.

Ten miles away is the Ex-Convent of San Agustin in Acolman. Begun by Fray Andres de Olmos in 1524, the convent was ceded to the Augustinian order in 1536; the building was completed by 1560. The site was part of a mass-scale attempt to convert Indigenous populations to Catholicism and remains an important monument to these attempts.









Day 2 Continued

Lunch at Nicos. The restaurant guide Eater says: the one restaurant a newcomer (or returning regular) to Mexico City absolutely must visit is a smallish, bustling, low-ceilinged, 60-year-old lunch institution in the blue-collar neighborhood of Azcapotzalco. Restaurante Nicos was founded in 1957; it's formal but not fancy, busy but not crowded, and pays tribute to the ingredients and recipes of both modern and ancient Mexico in a way that is respectful yet not at all precious.

After lunch, we will head towards Polanco to visit the Museo Jumex. This is a private art collection owned by Eugenio Lopez Alonso. The museum opened in 2013 in a building designed by David Chipperfield. The museum's main purpose is to promote the production, discussion, and knowledge of contemporary art in Mexico. The museum produces exhibitions and also showcases works that are part of the collection.

Free Evening

Day 3: Wednesday, October 1: Historic City Center

We will visit the <u>Templo Mayor</u>. Before the Spaniards demolished it, the Aztec 'Great Temple', Teocalli of Tenochtitlán, covered the site where the cathedral now stands and the blocks to its north and east. The temple is thought to be on the exact spot where the Aztecs saw their symbolic eagle perching on a cactus with a snake (though some say Spaniards added this serpent image) in its beak – the symbol of Mexico today. In Aztec belief, this was, literally, the center of the universe.

Next, we will stop at the <u>Colegio de San Idelfonso</u>. This former Jesuit school became the cradle of Mexico's muralist movement. Following the expulsion of the Jesuits by King Charles III in 1767, the building served a number of functions until, in 1867, it became Mexico's first National Preparatory School, where many of the country's intellectuals, artists, and entrepreneurs were educated in the 1920s. The school became the cradle of the Mexican muralist movement. Its walls featured the first murals by such artists as José Clemente Orozco, Diego Rivera, David Alfaro Siqueiros, and others.









Day3 Continued

The Metropolitan Cathedral of Mexico City is our next stop. It is built on a site of mystical origin. It was the crossroads of the four cardinal points and the demarcation of the meeting points of the four original neighborhoods of ancient Tenochtitlán. It is, therefore, the spiritual center of the Mexican capital. It is the first Cathedral built in America, and it was commissioned by Hernán Cortés, who is said to have laid the first stone. Because Mexico City was built on what was a lake, the church underwent constant engineering work because the ground had sunk at least 10 meters.

Lunch at <u>Azul Historico</u> Restaurant, located in the heart of the historic center, between the beautiful pedestrian street Madero and 16 de Septiembre. Housed on the ground floor of the Plaza Downtown, also known as the Palace of the Counts of Miravalle, between trees decorated with candles that create a romantic atmosphere and a retractable roof that allows you to feel outdoors. Here you can enjoy unmissable dishes of Mexican cuisine.











Day 3 Continued

Madero Street, also known as Calle Madero, is a vibrant and historic street located in the heart of Mexico City. It is one of the city's most iconic and bustling attractions, offering a blend of rich history, stunning architecture, and a lively atmosphere. Stretching for about 1.6 kilometers, Madero Street is a pedestrian-only street that is teeming with shops, restaurants, cafes, and entertainment options. We will walk along this street to our next stop.

The <u>Postal Palace</u>. This jaw-dropping, century-old post office's architecture in the center of Mexico City's bustling historic central district does not cease to impress. The structure's unique style hasn't lent itself to easy classification over the past century. Terms and descriptors for the Palacio most frequently tossed about include: Art Nouveau, Moorish, Venetian Gothic Revival, Baroque, Neoclassical, Spanish Renaissance Revival, and more.

The beautiful <u>Palacio de Bellas Artes</u> is our next stop. This is the most important cultural center in the city. It hosts performing arts events and exhibitions. It boasts a wealth of murals, which we will visit. The exterior is Art Nouveau and Neoclassical, while the inside is primarily Art Deco.

We will return to the hotel for a free evening to relax and digest all we have seen!

Day 4: Thursday, October 2 - Coyoacan

We will start our day in Coyoacan with a visit to a private residence, <u>Casa Galvez</u>. Casa Gálvez, designed by renowned Mexican architect Luis Barragán, was constructed in 1955 in Mexico City. This private residence exemplifies Barragán's mature architectural style characterized by bold use of color, interplay of light and shadow, and a deep sense of spatial serenity.

Next, we will visit the studio of renowned artist <u>Pedro Reyes</u>. Pedro Reyes has won international attention for large-scale projects that address current social and political issues. Through a varied practice utilising sculpture, performance, video, and activism, Reyes explores the power of individual and collective organization to incite change through communication, creativity, happiness, and humor.

Next, <u>Diego Rivera Frida Kahlo House Studio Museum Diego Rivera Frida Kahlo House and Studio</u>: This museum comprises three house-studios, a photographic laboratory, and a garage. Juan O'Gorman built the first house between 1929 and 1931, and his work was a watershed moment in 20th-century Mexican architecture. These homes exemplify the functionalism of the architect Le Corbusier, embodying the principle of "minimum expense for minimum effort," which sums up his now classic work.









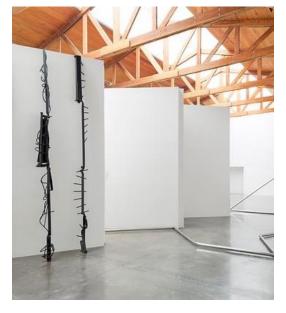


Day 4 Continued

Lunch at the famous <u>San Angel Inn</u>. It's in a former monastery with a stunning, kid-friendly courtyard in the center that's full of fountains and the greenest grass you've ever seen. Gobble down steak tacos, puff on a cigar, and sip on a margarita that's shaken right at your table. The food is primarily traditional Mexican plates, like decadent chicharrón in green tomato sauce and Veracruz-style grilled sea bass you'll remember for weeks.

<u>Frida Kahlo's Casa Azul</u> kicks off our day. Frida spent much of her life in this house, where she created many of her works. Since 1931, Frida and Diego Rivera made it their home, and in 1958, it opened as the Casa Azul Museum.









Day 4 Continued

Thereafter, if we have the energy and traffic allows, those interested can join an optional visit to some of Mexico City's most important art galleries in the area of San Miguel de Chapultepec. Here are links:

Kurimanzutto

GAM (Galeria de Arte Mexicano

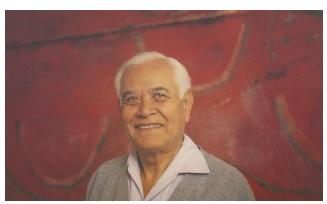
Galeria Enrique Guerrero

Galeria RGR

The rest of the evening is free to enjoy on your own.







Day 5: Friday, October 3 Museums!

We kick off the day at the <u>National Anthropology Museum</u>. With 23 permanent exhibition halls, the museum holds the most extensive collection of ancient Mexican art. The "Sun Stone", also known as the Aztec Calendar, is one of its many highlights.

A short walk along a tree-lined path will take us to the <u>Tamayo</u> Museum. Rufino Tamayo is best known for portraying modern Mexican subjects through a mixture of international avant-garde styles and local sensibilities. Along with the three great muralists of the time, Diego Rivera, José Clemente Orozco, and David Alfaro Siqueiros, Tamayo brought international attention to the Mexican art scene during the second half of the 20th century. However, unlike his contemporaries, he didn't imprint an evident political agenda on his work. Tamayo gave more attention to exploring materials, forms, and colors, and his figural approach was more fractured, schematic, and abstract than figurative realism allowed. (Art Institute of Chicago).

We will have lunch at the museum's restaurant. Read here about the Tamayo Restaurant

Day 5 Continued

The <u>Museum of Modern Art</u> is our afternoon stop. It is a short walk from the Tamayo Museum. This museum focuses mainly on the evolution of modern art in Mexico. (Be still, my heart!). The Impressive collection includes works by Rivera, Siqueiros, Orozco, Kahlo, and many other important artists working in Mexico in the 20th Century. This museum hosts some of the most iconic works by Mexican artists, prepare to be amazed and inspired!

We will return to the hotel for our last evening in Mexico City. Enjoy some time to relax before we depart tomorrow mid-day.





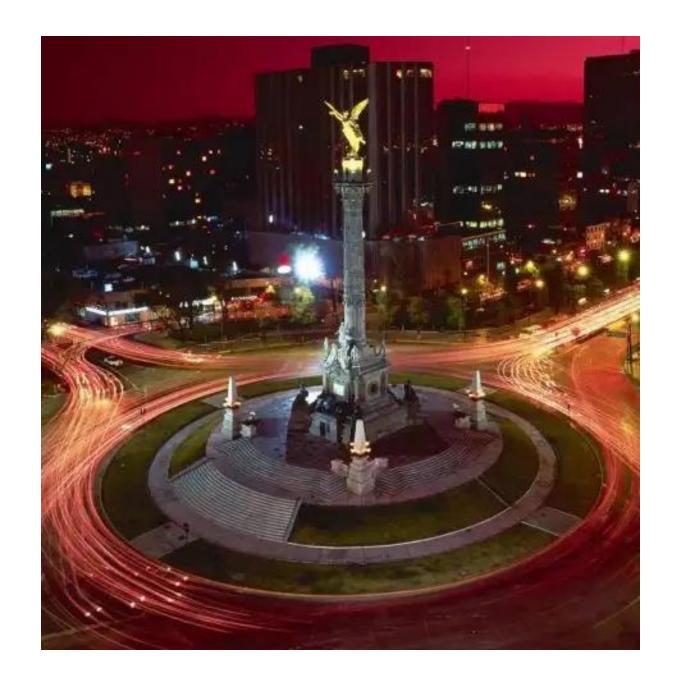




Day 6: Saturday, October 4 Departure

The direct flight to Seattle leaves at 2:55 p.m., so you will have the morning free for last-minute shopping. We will provide some ideas before the trip.

We will have the coach available to go to the airport for those returning that day.







Thank you for traveling with us!

