



## Charlotte Seefeldt

PCC Professional Certified Coach & Professional Organizer

### **Congratulations You're Here!**

Congratulations, you are here looking for a coach to help support your journey to joy. Whether you are trying to figure out how to let go of toxic relationships or moving your life forward a coach can help you get there faster.

Why? Because the perfect coach can help you co-create a journey to attain your dream. After all the answers are all inside of you and a great coach helps to bring them to your consciousness to create a blueprint for action.

### **My Coaching Style**

I believe in transformational coaching, shifting one's mindset, discovering your big Why, Clarity of your Dreams, co-creating action, accountability, & building pillars of support for your growth. What I realized was that so many clients were struggling to create solutions for creating a joyful life both on the inside and their surroundings to support them so I expanded into professional organizing. You see a coach is not supposed to work on time issues, systems, and creating supportive spaces but an organizer does. Then when my 2 teens started struggling during COVID with their ADD I knew I needed to learn how to coach them to support their chaos to help them find peace. I expanded yet again into helping others & families with ADD, executive function, focus, and how to get things done.

### **Thrive on Coaching**

Boundaries - Self Esteem - Building Community for Support - Create Thriving Actions  
- Uncovering your next Path - Co Creating Social Media & Brand Awareness - Co  
Creating Successful Systems - Uncovering Blocks - Building the Pillars around you  
for Support - Self Worth - ADD/ADHD - Time Management - Living each day with  
Joy - Connecting with your Dream - Co Creating Clarity - Leadership Development  
Creating Connections - Public Speaking - Speech Writing

## **Toxic Relationships**

You see I had the picture perfect life living large in the mansion, 2 kids, multiple homes, travel, and all my desires but I was shattered on the inside. My narcissistic husband had verbally abused me until I was a shell of the woman I used to be and day to day survival was all I could focus on. The great part is I found the support needed a coach, therapist, & attorney to create an exit plan. I put my coach training to task and researched the knowledge I would need, a support team, and accountability to keep me going until I had the strength again to do it on my own.

My world shattered into pieces and I never thought I would find peace again. As I started my journey to find joy my world fell apart even more. My ex had gambled away millions, left us virtually penniless, lost my homes, my kids & I lost friends, no more private schools, girlfriend he was paying her bills, scams overseas, & online women. Then my son became suicidal thinking if he was gone his sister and I could afford to keep the house. I thought it would never stop but it did.

I did make it to the other side taking step by step with a clear plan and now we are living with joy surrounding us. What I know is that with the right coach you can shift your life like I did from pieces to peace and co-create your journey to joy.

## **Credentials**

PCC Certified coach through Coachville (Founded by Thomas Leonard one of the founding fathers of coaching)

Pathfinder Higher Ground Leadership Coach: Principles of Dr. Lance Secretan Top 5 World Guru's in both Leadership Coaching & Inspirational Leadership in the last 6 years

Professional Organizing Training

BA in Psychology from Wayne State University in Detroit, MI.

## **My Gift: Two 60 Minute Zoom Sessions**

If you are ready to co-create a life that makes you feel balanced in this chaotic world reach out and lets dive deep into finding your journey to live your dream. Get clear on what needs to be released in your world to soar.

Let's co-create some Joyful Moments,

Charlotte Seefeldt

H.A.L.O. Coach

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