



March 2026

Email: AVNTQuilters@gmail.com
Also find us at Facebook (for members only at their request)
Website: www.avntquiltguild.org

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The Apple Valley Needle Threaders meet at
Berryville VFW on the second Thursday of each month.
Meetings are from 9:30 a.m. -11:30 a.m.
Quilt Bees are held on the fourth Thursday and start at 9:30 a.m.
The VFW is located at 425 S. Buckmarsh St, Berryville, VA 22611

AVNT Board Members 2025-2026

President - Barbara Corey
Treasurer/Budget - Kate Carey
Secretary - Melissa Mattice
Care and Comfort Coordinator - Peggy Ronan
Programs - Linda Suter
VFW Liaison for Meetings and Speakers - Brenda Goodwin
Newsletter/Members Roster/Photographer - Pamela Lakin
Photographer - Diana Anglero
Director at Large - Kathleen Hintz

Other AVNT Committees 2025-2026

Sunshine - Rebecca Harriett
Kennel Quilts - Barbara Lake
.Care and Comfort - Diana Anglero, Arden Eden, Pam Jones,
Lauren Sowers and Kate Carey
Membership Kits/AV Set-up - Mary Libby



AVNT President's Message - Barbara Corey

March 2026

Once again Marisela Rumberg presented a wonderful program in February. She is such an inspiring speaker. Everyone enjoyed her stories and seeing the beautiful examples of her new art. She brought along her butterfly quilt for pictures. You can see some of them in this newsletter.

We had to move the February Bee to Peggy Ronan's house due to a double scheduled event at the VFW. We still had a great turnout. Barbara Lake had us all organized to work on kennel pads and kittie fleecies. After the bee the board met to discuss several items of business including finalizing the 2026 calendar. There are some board changes which I will announce at the March meeting.

The NSVQS is coming in only 6 weeks! I cannot believe it is so soon. The committee have really been working hard to put together a super quilt show. Our boutique organizers Stacy Hetzel and Katherine Genung are doing the final collection of items to sell. Now it is your turn to step up and volunteer some of your time to make the show the best. Kathleen Hintz is collecting requests from volunteers for shifts in registration, raffle sales, white glove and take down at the email:

NSVQSwolunteers@gmail.com.

Peggy Ronan is signing folks up for shifts at the AVNT community service table. You can sign up for several shifts if you like. Four hours of time gets you into the show for free.

I hope to see you at the March meeting. Special Show and Tell - Bring your show quilts to share.



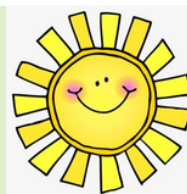
Show and Tell

Our February meeting was held on 12th, with 38 members in attendance. Nancy Thompsen won the door prize. The following shared Show and Tell: Gene Oliver, Linda Bogart, Kathy Cookson, Kathy Pietri, Eileen Wall, , Mary Smalligan, Mary Libby, Barbara Corey, Kate Carey, Diana Anglero, Linda Suter, Karen Lauzier, Colleen Stivers, Ginger Harman, Melissa Mattice, Nancy Thomsen, Kathleen Hintz, Barbara Lake, and Mary Bright .

.The February 26th Bee was held at Peggy Ronan's house with members prepping kits for the Kennel Quilts.



happy
Patrick's
Day



Rebecca Harriett is our club contact for
Sunshine or Sorrow cards.

Let her know of any events in our
members lives to acknowledge with a card.

EMAIL: rlharriett@gmail.com

Pam Lakin -Sympathy



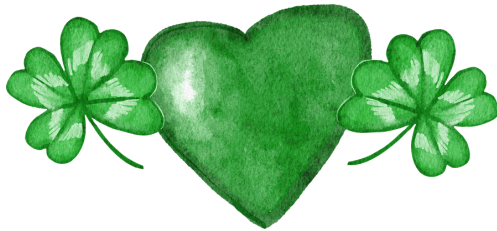
Pam Pampe

Hildegard Stydom

Nyra White

Trudi VanDyke





MARCH 25-28, 2026
 Wednesday-Saturday 9am-4pm

55+ VENDORS
250+ QUILTS
50+ CLASSES

FREE ADMISSION
FREE PARKING
FREE LECTURES

FREE RAFFLE WORTH OVER \$1500

The Lancaster Quilt Show @ LEBANON VALLEY

Lebanon Valley Expo Center
 80 ROCHERTY RD. LEBANON, PA. 17042

Celebrating 34 years WWW.THELANCASTERQUILTSHOW.COM

CHECK WEBSITE FOR UP TO DATE INFORMATION, TIMES, VENDOR LISTS, CLASSES AND MORE



2026 Show Dates
 June 25 - 27, 2026

Hosted by:
 Greater Richmond Convention Center
 403 N 3rd Street
 Richmond, VA 23219

CALL TO THE COMMUNITY
Join Us in Honoring Those Enslaved at Belle Grove!

Come be part of a powerful community project: the creation of memorial quilts honoring the 270 individuals enslaved at Belle Grove from the 1780s to the 1860s. Community members stitched the name and birthdate of each person onto fabric blocks. Textile artist Carole Gary Staples of Ohio arranged these blocks into family trees, framed by vibrant African batik fabrics. Local quilt expert Pam Pampe prepared the quilts for hand quilting. The first quilt was completed and mounted on its frame last November. Now, we invite you to join us in the final steps of this tribute – hand quilting the second quilt, which we aim to complete by the end of March.

No prior quilting experience is required – you'll have the opportunity to learn and practice hand quilting. All materials and instructions will be provided. There is no charge to participate.

QUILTING SESSIONS AT BOWMAN LIBRARY:

January 7	12:30 PM – 4:30 PM
January 15	10:00 AM – 2:00 PM
January 20	10:00 AM – 2:00 PM
January 27	10:00 AM – 2:00 PM
February 7	1:30 PM – 4:45 PM
February 11	10:00 AM – 1:30 PM
February 17	10:00 AM – 2:00 PM
February 25	10:00 AM – 2:00 PM
March 7	1:30 PM – 4:45 PM
March 13	10:00 AM – 12:00 PM

Address: Bowman Library, 871 Tasker Road, Stephens City, VA 22655

Help us stitch remembrance, honor, and community – one stitch at a time.

The Fabric Ladies

Spring Sale
 Thursday, May 14th, 430-8 p.m.
 Friday and Saturday May 15th and 16th 10--4

As always all kinds of quilting items will be available.
 Wide back \$10. Other fabric \$5 and less.
 Rulers, kits, panels, and fill a bag for \$1.
 New fabric from quilt shop \$8.

946 Calvert Circle
 Bunker hill, WV
 Jayne ... 304-240-7527
 Sue...540-336-8761



Care and Comfort - Peggy Ronan

Hello to everyone!

Thursday last week found my home crawling with happy helpers putting together kennel pad kits that had been started by Stephany Wisecarver. The adage "many hands make light work" is so true. A shout out to Barbara Lake and Kate Carey for all their organizational skills and energy getting kits ready for you.

The supply of charity kits has been refereshed, there are some simple projects so please take a look at our table. Please remember that you can team up with another member to work on the larger projects if you don't want to do a large project by yourself. If you are wanting to venture into the world of free-motion quilting, these projects are just perfect for learning.

Happy spring to every one!



Kennel Quilts - Barbara Lake

Hello AVNT members, I would like to introduce myself Barbara Lake as the ^{new} Coordinator of the Pet Shelter Project. I want to thank Stephany for all of her work as well as the Liaisons and members who have contributed their time and resources to make this program work.

We had a successful Bee and there are lots of new kits ready to be sewn.

I am looking forward to seeing everyone at the March Meeting.

Just a reminder - Finished kennel quilts are 12"x18", no binding, sewn and quilted with small (2 mm stitches), made from any washable fabric with **no loosely woven threads** for animals to catch their paws on. Fleecies are fringed approximately 20 inch squares. Flannels are enveloped, same finished dimensions and also stitched about 2" from each side.



Linda Suter

AVNT Program - March 12, 2026

We have a few different things going on at the March meeting.

FIRST - Kathy Pietri will introduce AVNT's HAPPY SCRAPPY CHALLENGE. The scrappy challenge items will then be the focus of our AVNT August program. So, let's all join the AVNT HAPPY SCRAPPY CHALLENGE!

SECOND - Below are a few AVNT quilt show entries from past years. Awesome, aren't they?



Well, at the March meeting you are in for a treat - we are asking AVNT members to share their entries for the 2026 show! So, if you have an AVNT Challenge, bring it on in! If you have a show theme challenge, bring it on in! And if you have a general entry, we would like to see that, too! This is our guild's private show for ourselves and your chance to show off your stunning creations!

REGULAR SHOW AND TELL - YES! Yes we are still having our regular show and tell. Do not hesitate to bring in your current projects to share with us. We never tire of show and tell!

AVNT Bee - March 26, 2026

Our March Bee falls just a few weeks prior to our quilt show. So, we decided to have an open kind of bee where anything goes.

We are calling it -

SIT, SEW, SEW-CIALIZE

- This is an open sewing bee.
- Bring your project to work on.
- Or just bring yourself to socialize.

HAPPY SCRAPPY EXCHANGE

Plus - we want you all to bring in your scraps so we can have a **HAPPY SCRAPPY EXCHANGE!**

Got **SCRAPS** - sure you do! Bring them on in and share them with all. Remember we will be using scraps for two separate AVNT activities -

- Greeting Cards bee on April 23rd where we will resupply AVNT's stash of Sunshine and Shadow quilted cards
- Scrappy Happy Challenge program on August 13th where we will showcase all the non-quilt scrappy items our members have created.





Calendar - We are diligently working on filling up our calendar for 2026. Take a careful look - new programs and bees have been added.

3/12/26	<p>Introduction to Happy Scrappy Challenge - led by Kathy Pietri AVNT Quilt Show Challenge Quilts Special Show and Tell - Bring your Quilt Show entries to share with all</p>	3/26/26	<p>Sit, Sew, Sew-cialize - This is an open sewing bee. - Bring your project to work on. - Or just bring yourself to socialize. Happy Scrappy Exchange - If you have scraps (or course you do), bring them in to share with all. We will be using scraps for two separate AVNT activities - - Greeting Cards - Scrappy Happy Challenge</p>
4/9/26	<p>NO MEETING - NSV QUILTSHOW APRIL 9TH IS SETUP DAY QUILTSHOW IS APRIL 10-11-12</p>	4/23/26	<p>AVNT Greeting Card Making Bee - by Linda Suter Make one for yourself and make some for our Sunshine and Shadows project</p>
5/14/26	<p>Kick Off of Round Robin - Melissa Mattice and Kathryn Cookson - Learn the guidelines and see some examples Spring Pot Luck Luncheon</p>	5/28/26	<p>Charity Sewing Bee focusing on smaller sized quilts for babies, toddlers, young kids, teens.</p>
6/11/26	<p>Janet Mamey - artistic award winning quilter with Appalachian quilting roots - Janet will delight us with a talk about her quilting journey and a trunk show of award winning quilts</p>	6/25/26	<p>Sit, Sew, Sew-cialize - This is an open sewing bee. - Bring your project to work on. - Or just bring yourself to socialize.</p>
7/9/26	<p>Special Surprise Trunk Show Melissa Mattice and Kathy Cookson</p>	7/23/26	<p>Intro to Free Motion Quilting with Kate Carey using a standard machine with a quilting foot. NOTE - Charity quilts and kennel quilts provide a great chance to try FMQ.</p>
8/13/26	<p>Happy Scrappy - led by Kathy Pietri - A special show and tell program by all - Challenge is to make anything except a quilt out of scraps and only scraps - Prizes for the most unusual item and the item with the most scraps used</p>	8/27/26	<p>Thread Painting with Joyce Carrier - This is an introductory class on how to thread paint using your domestic machine. - Sign up required. - FEE required.</p>
9/10/26	<p>Cynthia Warhurst - Quilt as You Go - How to put all those little QAYG squares into a quilt!</p>	9/24/26	TBD
10/8/26	<p>Schoolhouse - Labels - Stacy Hetzel - Flange Binding - ??? - AVNT Web Site Tutorial</p>	10/22/26	<p>Charity Sewing Bee focusing on smaller sized quilts for babies, toddlers, young kids, teens.</p>
11/12/26	<p>AVNT Members Holiday Special Show and Tell</p>	<p>HAPPY THANKSGIVING - NO BEE IN NOVEMBER!</p>	
12/10/26	<p>AVNT welcomes the Laurel Center - Intervention for Domestic and Sexual Violence and Christmas Potluck</p>	<p>MERRY CHRISTMAS - NO BEE IN DECEMBER!</p>	



Museum Minute - Nyra White and Heidi Haynes

Fantastic Stories: Quilts that Abound in Meaning

At first glance, the work of Lena Meszaros and Kathy Nida appears to be very different, but once you understand their inspiration, you can begin to identify the common threads in their work. Their quilts interpret the stories that history and society tell. Both artists view their quilts as a way to offer hope and inspiration to the viewers. Now through March 28, 2026.

Vanishing by Holly Cole

A must-see exhibit of art quilts and sculpture, dedicated to endangered species. Cole uses layered textures, intricate stitching, and mixed-media techniques. Now through March 28, 2026.

From Storage to Spotlight: New Additions to the Collection

Each piece offers a unique glimpse into the personal and communal stories stitched into fabric, deepening our understanding of American textile heritage and the museum's ongoing mission to preserve it. Now through 28 March, 2026.

Spotlight on Virginia Quilters - Kathleen Decker

A retired psychiatrist and scientist, she has made traditional quilts since the 1990s and began creating art quilts in 2018. On display through March 14, 2026.

ZOOM PRESENTATION: The Thread That Runs So True with Lenna DeMarco, Exploring 19th Century Quilting Traditions March 6, 2026, 2:00 - 3:00 pm; \$15 per person.

Meet the Artists: Gallery Talk by Artists Afternoon with Kathy Nida, Lena Meszaros, Holly Cole, & Kathleen Decker on March 28, 2026, 2:00 - 2:30 pm

Silver Lake Quilt Along hosted weekly on Wednesdays, now through April 8, 2026 on Pat Sloan's YouTube Channel, featuring the pattern designed by Wendy Sheppard.

Looking Ahead...

The mini quilt challenges have been very popular at the museum. Here are the themes for 2026:

Stripes: Quilts due by March 14, on display March 17 - June 13.

Blues: Quilts due by July 18, on display July 21 - September 26.

Reds: Quilts due by September 26, on display September 29 - December 22

Registration details are online under Events.

Visit our new location at
The Silver Lake Mill,
2328 Silver Lake Rd. Dayton, VA
Hours: 10:00-4:00 Tuesdays through Saturdays. Admission,
\$8.00; Age 65 plus, \$7.00, VQM Members: Free.
Check the website www.vaquiltmuseum.org for registrations
and newly added information.



NORTHERN SHENANDOAH VALLEY QUILT SHOW NEWS

AVNT Community Service Table - PEGGY
RONAN - AVNT person in charge

The Community Service Table is one of the most important aspects of the quilt show for our club. This is where we meet and greet community members, tell them about our club, get their information on "interest sheets", tell them about our charity projects - for people and for shelter pets. And for this show, this is where we have our famous AVNT Cookbook for sale. We need engaging members to man this table for this most important community outreach. Sign Up sheets are available at the March meeting and bee. We need your help with this table! Sign Up! Have some great social interaction! Sell some Cookbooks! AVNT needs your help.

Kathleen Hintz is the volunteer coordinator for registration, raffle table, white glove and take down. She has sent out information and a spreadsheet so you can see times and days and jobs. We will be periodically sending out an update. We need lots of help so don't hesitate to sign up for two shifts or more. Send an email to nsvqsvolunteers@gmail.com and include name, email, phone number, job you are volunteering for, dates and times.

For any questions about the show your best resource is the show website.

NSVQuiltShow.com There are instructions about drop off and pick up of your quilts, how to do your label, how to do a sleeve and many answers to frequently asked questions. The show website is your best resource!!

ARTISAN Boutique

A Car Trash Bin

The quilt show is in 2 months and WE NEED YOU to create product to sell at the Artisan Boutique!

You NEED this. I need this! And I'll bet others do too. Your car will thank you.

This car trash bin has an adjustable strap so it can be placed in a variety of places. Make one for yourself, one for me, and make a few extra for the Artisan Boutique! (Just kidding about me. I plan to make some today!!!) It looks easy!

<https://sewcanshe.com/how-to-sew-a-diy-car-trash-can-free-sewing-pattern/>

Questions? Comments? Suggestions?
Please contact your trusty
Artisan Boutique co-chairs:

Stacy Hetzel
StacyHetzel@gmail.com

Katherine Genung
Katherine@twogenungs.com

Tip:
Instead of
buying a
metal ring,
repurpose one
from an old
purse or
dog collar.



Stay tuned
for new
patterns
in every
newsletter!

(Please copy and paste the link above.
It is not clickable.)



IMPORTANT CHANGES TO THE VOLUNTEER PROGRAM

Volunteers will report to the Admissions desk area to be checked in 15 minutes prior to shift start time for EACH shift.

RAFFLE TICKETS

We have added the importance of legible printing in order to assist attendees in filling out ticket stubs when necessary.

SHIFT TIME FOR WHITE GLOVE VOLUNTEERS

Friday: 10:00-12:00; 12:00 - 2:30; 2:30-5:00
Saturday: 10:00-12:00; 12:00 - 2:30; 2:30-5:00
Sunday: 10:00 - 12:00; 12:00 - 2:00; 2:00 - 4:00

WRISTBANDS

Wristbands grant access to the entire show free of charge.

Volunteers working at the **ADMISSIONS DESK** and the **RAFFLE TICKET DESK** desk will receive wristbands for working one 3-½ hour shift.

WHITE GLOVE VOLUNTEERS may volunteer for more than one 2 hour shift, in which case they will receive a wristband during their first shift.

We encourage those volunteering on Sunday from 2:00 - 4:00 to also consider volunteering to stay and help with the Take-Down activity, namely, folding quilts and delivering them to the pick-up volunteers. Advance signup is required for Take-Down.

IMPORTANT REMINDER:

Signups for Admissions, Raffle Ticket, White Glove and Take-Down begin on **Sunday, March 1**. Send your email containing: your **Name, Quilt Group; CellPhone; Email address** and the **day, time slot, and category** you want to:

nsvqsvolunteers@gmail.com (You may request more than one time slot.)



VOLUNTEERS

SHOW TIME IS ALMOST HERE! ALL THE AMAZING QUILTS ARE REGISTERED; ALL THE VENDORS ARE EXCITED TO BE RETURNING TO OUR SHOW; AND NOW THE THIRD IMPORTANT PART IS HERE: YOU!

Our show has earned a tremendous reputation in Virginia, as well as in states near and far. Part of that success is the atmosphere at our shows...warm, welcoming, excited to share with attendees. We know we can count on our members to make this show our best ever.

My role at this year's show is that of Volunteer Coordinator for 4 categories:

Admission desk

Raffle ticket sales

White Glove on the Quilt Floor

Take-down of the Show on Sunday afternoon

Volunteers for the Artisan Boutique, Community Service table, and Show set-up on Thursday will be managed by each group. This document will set the stage, with video training to follow in March.

Overall

Shifts this year will be 3-½ hours on Friday and Saturday; 3 hours on Sunday. Those who work 3 or more hours will receive wristbands, which will allow them to visit the Show every day if they wish.

Those who work less than 3 hours will have full access to the Show on the day they work. Keep in mind that you can do more than one shift.

Admissions

Job requirement: Bright, enthusiastic demeanor. Ability to sit for 3+ hours. Ability to handle cash and make change, as well as complete credit card transactions on the Square device. Duties also include handing out

programs, ballots, and placing wristbands on paying guests. You will also award some lucky guests with a door prize at timely intervals. Coordinate cash buildup with Show Treasurer, Carol Oliveri.

Raffle Tickets

Enthusiastic and welcoming demeanor. Ability to handle cash, make change, and if necessary, complete credit card transactions. Coordinate cash buildup with Show Treasurer, Carol Oliveri.

White Glove

Job requirements: Welcoming and helpful demeanor. Ability to stand and roam an aisle for 3+ hours (there is a break area on the gym floor with bottled water & a chair for brief respites.) Ability to answer questions about the quilts, the voting process, and directions to places like the Artisan Boutique, and Cafe and other vendors area. Willingness to insert oneself when there is particular interest in a quilt and offer to show the back using a gloved hand. Able to discourage guests from touching the quilts with a smile.

Take-down

Starts at 4:00 sharp on Sunday. The entire gym and SeniorCenter must be disassembled in one hour. Job requirements: strength and fitness to carry somewhat heavy poles to the trailer. Height is a plus. Willingness to politely offer to help vendors pack up if necessary. Feel free to sign up husbands, and high school/college sons. Less strength-dependent jobs like folding quilts and placing them in specific holding areas by alphabetical order of quilter's last name. This is essential to the orderly pace of the pick-up process.

HOW TO SIGN UP AS A VOLUNTEER:

Signups are VERY easy this year. They will be by email, which will start on MARCH 1 and continue until all the shifts are assigned.

The email address for sign-up is:

nsvqsvolunteers@gmail.com

WHAT TO INCLUDE IN YOUR SIGN-UP REQUEST:

Send an email starting MARCH 1 containing:

Your name and email address

Your Quilt Group

Your Cell phone number

Date and Time you wish to work

- If you would like to work with a friend, one email with information for EACH person is sufficient.
- You may also sign up for more than one shift/category on the same email.

You will receive an email confirmation of your successful signup. If the requested shift is already filled, you will receive an email telling you and offering other available days/times.

NOTE Emails sent prior to March 1 will **NOT** be counted. You must wait until March 1. Spaces will be assigned by date and time on the email.

NOTE: The Committee has asked that no person offer to help at random. You must be signed up and on a list.

As mentioned earlier, our show has developed a great reputation. Our volunteers have helped build that image. We count on you to help the Northern Shenandoah Valley Quilt Show to be another success. That is why we are providing training this year that will conveniently come directly to you as an email attachment. During the month of March, confirmed volunteers will receive a video for their shift category directly to their email. The video will contain useful information for your tasks. If this is your first time volunteering, you will gain needed information that will help you to feel

more confident in your role. If you are a returning volunteer, this will be a refresher course and may even have tidbits (like how the ballots will work this year) that will be essential and new to you.

We ask that you view the video when you get it, and again within one week of the show start date. If you have any questions, send an email through the volunteer email nsvqsvolunteers@gmail.com and you will be contacted by Kathleen. If an urgent contact is necessary, e.g., illness on your assigned Show date, CALL Kathleen at (443) 866-4120.

Thank you for your attention - I look forward to meeting and working with each of you. I would like to convey sincere thanks from everyone on the Show Committee for your willingness to work toward the success of YOUR Show.

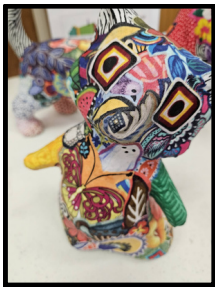
Kathleen Hintz
Volunteer Coordinator
(443) 966-4120

khintz24@gmail.com for urgent matters. Do not use this email to sign up.

February 1, 2026

Marisela Rumberg

Fiber Artist / CZT



February 26th Bee- Making Kennel Quilt Kits





Eileen Walls January workshop on Manx Blocks



Diana Anglero





Linda Suter



er



Karen Lauzier







Colleen Stivers
A Baptism Gown and Coat made by Colleens sister



Ginger Harman





**Kathy
Pietri**



Gene Oliver



Kathy Cookson



Barbara Lake





Melissa Mattice



Nancy Thompson







Mary Bright



AVNT Procedure for Charity Quilt Maker Raffle

The AVNT Board has decided to put a little spice into assembling and creating our quilts for charity.

- Each charity quilt completed and turned in between December and April will be entered into a May drawing for \$100 cash card. Likewise, charity quilts completed and turned in between May and November will be entered into a drawing for \$100 card in December..
- For each completed quilt given to the charity committee you will complete a ticket which will be placed into the drawing. The ticket must be received on the day the quilt is turned in.
- At each meeting and bee, someone will be designated to collect the quilts and tickets.
- The drawings will be held during the biannual luncheons.
- The more quilts you complete, the more the chances to win the prize.
- If more than one person worked to complete the quilt, each person's name is added to one ticket, and if drawn, the prize will be divided amount the sewers.

Help AVNT keep our records complete and accurate by completing this form and pinning it to your donated quilt.

ONE FORM FOR EACH DONATED QUILT.

Your form will be entered into the biannual AVNT Charity Quilty Drawing for an opportunity to win a cash card.

I made the quilt top (enter name & email below)

I did the quilting and binding from a kit (enter name & email below)

I made the entire quilt – start to finish (enter name & email below)

Date Donated to AVNT -----

Help AVNT keep our records complete and accurate by completing this form and pinning it to your donated quilt.

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