



# The EB Fundamentals Programme

For Engendering Balance in Leadership  
SINGAPORE 2021



Are you passionate about developing successful leadership for modern times?

This accredited training programme will equip you in that work - building the capacity for finding and maintaining **balance in our leadership practices**.

In a world that continues to be shaped by everything the pandemic has brought, the need for Balance in Leadership is greater than ever.


This balance we are talking about is not a static state – it is a balancing that calls for dynamic and continuous adjustments in the qualities we show up with; in the perspectives we adopt; in the way we understand and respond to what is going on for us in any given situation.

The EB Fundamentals Programme provides training in **powerful and accessible tools and processes** which enable people to establish a sense of balance in their leadership – and which equip them to continuously re-calibrate in order to be their best self for whatever situation they are in.

The training will **enrich your leadership development practices** – whether you are an external coach and facilitator; an internal learning and development practitioner; a culture change influencer; or a leader committed to developing self and others.

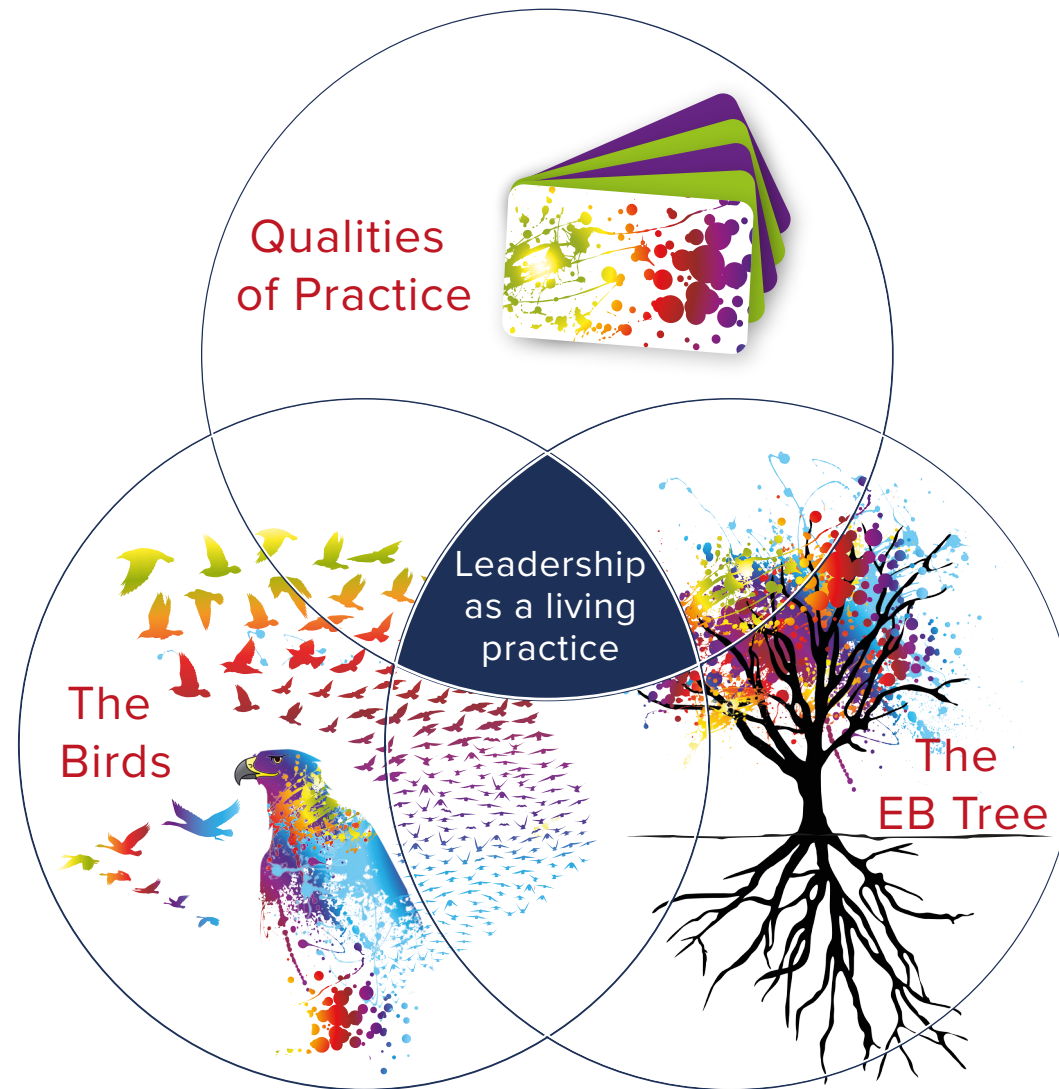
As a Participant on the programme, you will be introduced to the **core concepts of Engendering Balance in Leadership**. Through a combination of input, discovery and experiential learning, you will be equipped with tools and processes that are straightforward to use yet which can stimulate a remarkable depth of learning in a short space of time.

Leadership is seen as a dynamic and living practice. And learning about leadership is treated as a discovery-based and experiential journey.




## The EB Core Concepts

## Balance



Expanded  
Leadership Perspectives

Reflective  
Learning in Depth



Balance in Leadership	→	Making more extensive use of the range of qualities of leadership that exist within self and others. Explored through the unique EB Qualities of Practice Cards®
Expanded Leadership Perspectives	→	Engaging with multiple, co-existing perspectives from which to provide leadership. Described through the memorable images of the beautiful EB Birds.
Reflective Learning in Depth	→	Discovering new layers of understanding about what shapes our leadership. Represented by the EB Tree and its deep-reaching roots.

On completion of the programme, participants gain an EB Certificate, which provides licence to use the Qualities of Practice Cards®, the Qualities of Practice WebApp and the EB ideas, in your own professional work/client practices. The programme represents 20 CPD hours.

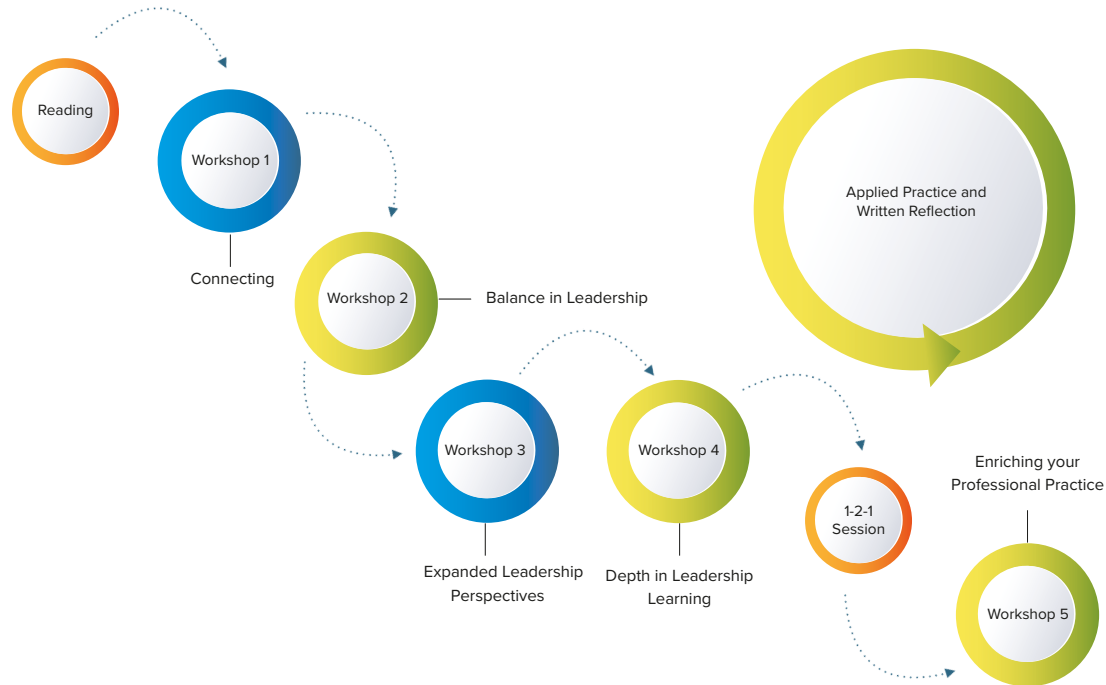
The EB Centre is host to a vibrant community of practitioners and participation in the EB Fundamentals Programme introduces you to this community and enables you to access exciting resources that will support the development of balance in leadership.

**The programme is highly relational and interactive** in nature. It is a combination of in-person and online. All the workshop activities are held in small groups with a maximum ratio of 1 tutor per 6 participants. Participants are given applied learning exercises between workshops and receive regular reflective prompts.

## The online programme structure is as follows:

### Preparatory reading and reflection

- 5 x 3-hour online workshops
  - Connecting as a Cohort; Leadership for our times
  - Balance in Leadership – the concept and its applications
  - Expanded Leadership Perspectives – the concept and its applications
  - Depth in Leadership Learning – the concept and its applications
  - Enriching your Professional Practice - integrating the learning
- A 90 minute one-to-one online support session for each participant
- Applied learning exercises between workshops
- Regular reflective practice prompts



Participants are provided with a set of high-quality resources to support their learning:

- A copy of the book “Engendering Balance – A Fresh Approach to Leadership”
- A personal pack of the Qualities of Practice Cards®
- Free access to the Qualities of Practice WebApp for the programme duration

## SINGAPORE PROGRAMME DETAILS

Lead Tutor: Dr Sue Congram from The EB Centre for Balance in Leadership

Host: Sharon Tan from Besonder Consulting

Cost: £950 per person

Early Bird Price: £810 - Book before 9th August 2021

(For UK-based practitioners, VAT will be applied at the normal rate and a VAT receipt is available on request from vicky@ebcentre.co)

Platform: Zoom or Teams

Times: All workshops run from 19:00 to 22:00 Singapore time

Workshop 1: Connecting as a Cohort → 20th October 2021

Workshop 2: Balance in Leadership → 21st October 2021

Workshop 3: Expanded Leadership Perspectives → 3rd November 2021

Workshop 4: Reflective Learning in Depth → 17th November 2021

1-1 Session  
(date and time agreed with each individual) → w/c 3rd January 2022

Workshop 5: 1-1 Session → 12th January 2022

BOOK ONLINE