

2024



A Year of Impact

From bold initiatives to measurable impact, this report tells the story of how we empowered people to build real connections, improving health and life outcomes.

Creating a more connectful world.



For All Ages

forallages.org



Dear Friends,

Thanks to your steadfast support, 2024 was a year of growth, connection, and deeper impact. Together, we continued to build bridges across generations and communities, helping to heal the epidemic of loneliness and create spaces where people truly belong. Our work has reached thousands – offering friendship, education, and hope – because of the dedication of our board and advisory council members, volunteers, donors, and the many community partners who believe in the power of connection as much as we do.

In 2024, we were proud to have:

- Expanded the CT Collaborative to End Loneliness, bringing even more voices and sectors together in the fight against social isolation statewide.
- Welcomed nearly 200 participants to our Tea @ 3 Intergenerational Friendship Community, where meaningful relationships blossom over warm conversation and shared stories.
- Launched innovative programs focused on social health education, empowering individuals and organizations with the tools to nurture connection and well-being.
- Continued engaging community members of all ages through a variety of activities and inclusive events that celebrated belonging.
- Raised awareness about the critical role of social connection in mental and physical health through workshops, talks, and partnerships across Connecticut.

We invite you to explore this report to learn more about our shared journey – the lives touched, the friendships formed, and the hope renewed.

Thank you for standing with us as we continue to build a more connected and compassionate world, one relationship at a time.

With immense gratitude,

Deb and Natalie



Deb Bibbins
Founder & CEO



Natalie Carpenter
Board Chair

*We believe that
healthy communities
begin with human
connection.*

Our Mission

For All Ages is dedicated to connecting the generations and inspiring action to end loneliness, reduce ageism, and improve health.



Board & Advisory Council

2024 Board of Directors

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Suzanne Poudrier, Secretary, The Hartford
Smita Baradia, Slalom
Deb Bibbins, For All Ages Founder & CEO
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Siobhan Mattingly, Avery Heights Senior Living
Louis Ramirez, School Social Worker, West Hartford Public Schools
Joel Sekorski, Director of Elderly Services, City of Torrington CT
Thomas Zaccheo, Retired Physician, Current Artist, and Lifelong Learner, Farmington CT

Hosting programs & events that spark connection.

15,266

People connected and engaged
via our community programs
and events since 2019:



24,094

Hours of connection
via our programs and
events since 2019:

Strengthening belonging, improving health, building community.

In 2024, we expanded our reach and deepened impact through programs and partnerships that brought people together across Connecticut. Here are some of the moments and milestones that defined our year:

- 182 college students and older adults participated in our 12-week Tea @ 3 Intergenerational Friendship Community, reporting greater belonging, stronger connections, and increased confidence to grow new relationships.
- We piloted the Social Connections Project in Simsbury, educating community partners and residents about the power of social connection. They collaborated to host their own events, bringing together hundreds of community members and laying the foundation for future gatherings.
- Our Buddies & Bobbers fishing derby continued to bring youth and adult anglers together for a fun, intergenerational experience.
- We also hosted the Unite by Light community luminary event for the first time in Rocky Hill, CT, in collaboration with town departments – fostering connection and belonging across generations.
- In Meriden, we supported a high school student in her efforts to create a welcoming community gathering space at the public library courtyard.
- And we co-created The Good Life healthy aging series with a cohort of University of Saint Joseph Physician Assistant students.

Sharing the power of social health while
brightening the lives of our most vulnerable
neighbors.

4,729

People have attended our
social health education
programs since 2019:



18,175

Handmade cards delivered
to our most vulnerable
neighbors since 2019:



We provided social health education and delivered thousands of joyful holiday cards, handmade by volunteers, to people across Connecticut.

In 2024, we expanded our reach through our social health education and training services, appearing at conferences and hosting community events to raise awareness about the power of social connection and the serious health risks of loneliness. Participants left empowered to build stronger relationships and create their own social connection plans.

We also expanded our year-end holiday Comfort & Joy card campaign. In partnership with 37 organizations, hundreds of volunteers created more than 3,000 handwritten cards to lift the spirits of adults in assisted living and memory care facilities, veterans, and patients at the Hospital for Special Care during the loneliest time of the year.

The CT Collaborative to End Loneliness

In May of 2023, we began convening The CT Collaborative to End Loneliness, a statewide, cross-sector alliance to foster social connection for Connecticut's residents.

The goal is to achieve tangible progress toward eliminating loneliness and improving the social connectivity of Connecticut's residents by 2034.

In 2024, we hosted 'Connecting CT Conversations' across the state, bringing together people with lived experience and clinicians to reduce the stigma of loneliness and spread awareness of the power of social connection to our mental and physical health.



The work of the Patient Loneliness workgroup continued, as we laid the foundation for the launch of programs and initiatives in 2025.

Steering Committee

Matthew M. Burg, PhD – Clinical Psyc. & Prof. of Internal Medicine, Yale Univ.

Andi Campbell – President, WellSpark Health, an EmblemHealth company

Mike Fallon – Director of Outreach for US Senator Chris Murphy

Rhona Free, PhD – President, University of Saint Joseph, West Hartford CT

John Hamilton – CEO, Liberation Programs, Inc., Bridgeport/Stamford CT

Jeff Katzman, MD – Director of Education, Silver Hill Hospital, New Canaan CT

Erin Leavitt-Smith – Asst. Dir., CT Dept. of Mental Health & Addiction Svcs.

Kelly Papa – President & CEO, Duncaster Retirement Community, Bloomfield CT

Luis B. Perez – President & CEO, Mental Health, CT

Phil Roland, MD – Connecticut Market Medical Executive, Cigna Healthcare



Volunteers

As always, our incredible network of volunteers drove our impact in 2024. From creating cards and cozies to providing strategic advice, so many people contributed their time and talent to enable For All Ages to expand its impact.

In total, more than 500 volunteers contributed 2,500 hours of their time to support our mission.

To each of them, we say, "Thank you!"



Volunteer Spotlight

During her senior year at the University of Saint Joseph, Serena Hansen served as Program Manager of our Tea @ 3 Intergenerational Friendship Community. Having previously participated in the program, Serena was eager to take on a deeper role and create a lasting impact. She found the experience so meaningful that she has chosen to continue in the position as she begins the next chapter of her journey.

Additional 2024 Core Volunteer Staff

Caroline Aramini, Grant Writer

Vandna Chopra, Joyful Notes Project Manager

Nita Lathia, Comfort & Joy Drive Program Manager

Jeff Meigs, Outdoor Events Manager

Priscilla Rubio, Campus Connector Coordinator

Patty Segretta, Donor Relations Coordinator



Volunteer Network

We are grateful to those who volunteered their time in support of our mission. Their commitment strengthened our work and helped us reach more people every day.



The Creators

Thank you to everyone who created cards for isolated adults, mug cozies for Tea @ 3 Community participants, and helped in other ways to create the magic.



The Mentors

Thank you to everyone who served as a mentor to a child or young adult in one of our programs.



...and all of our friends who helped in so many ways to bring our mission to life.

Thank you to our 2024 organizational partners & supporters.

Accenture
Aetna/CVS Health
American Eagle Financial Credit Union
Amherst College
Avon Senior Center
Baywater Management
Belden Forest Court
Big Y
Calendar House Senior Center
Central Connecticut State University
CPCU Society, CT Chapter
Community Renewal Team
Connecticut Assn. of Area Agencies on Aging
Connecticut Community Foundation
Connecticut Council on Developmental Disabilities
Connecticut HOBY
Connecticut Public Media
Connecticut State Community College - Manchester
Connecticut State Community College - Northwestern
Connecticut Veterans Affairs
CPCU Society, Connecticut Chapter
CRIS Radio
CVS Health Foundation
Danbury Public Library
Darien Public Library
Disability Planning Partners
Duncaster
Dunkin' Donuts
East Lyme Senior Center
Enfield, Town of
Ethel Walker School
Farmington Greater Together Community Fund
First Church of Christ, Simsbury
Fox 61/TEGNA Foundation
Fleet Feet, West Hartford
Fully Promoted
Glastonbury Greater Together Community Fund
Glastonbury Public Library
Goodwin University
Greater Hartford Community Foundation/Travelers
Championship
Hartford's Camp Courant Junior Leaders
Hartford County Tax Collectors Association
Hartford Healthcare Center for Healthy Aging
Hartford Marathon Foundation
HKK Association of CT
Hops on the Hill Farm Brewery
Hospital for Special Care
iHeart Media
Insperity, West Hartford
International Festival of Arts & Ideas
Ion Bank
Johnson Brunetti
Keating Agency Insurance
Liberation Programs
Liberty Bank
LJ Shoreline Realty
Lowey Legacy Fund
Marcum LLP
Mental Health CT
Nardelli's Grinder Shoppe

New Morning Country Store
New Season in Life, LLC
Newington Senior Center
Norcom Cares
North Central Area Agency on Aging
Northrup Grumman Corporation
Office of Senator Chris Murphy
Otis Library, Norwich
Partnership for Strong Communities
Pennoyer Dermatology
PeoplesBank
Plainville Indoor Sports Arena
Plainville Senior Center
Point32Health Foundation
ProHealth Physicians
Prudential Foundation
Quinnipiac University
Reid & Riege Attorneys
Rocky Hill Congregational Church
Rocky Hill, Town of (Fire, Police, Public Works,
Senior/Community Center)
Rocky Hill United Methodist Church
Root Center for Advanced Recovery
Salter's Express
Seshu Photography
Simsbury Community Media
Simsbury DEI Council
Simsbury High School DECA Club
Simsbury Aging & Disability Commission
Simsbury Junior Woman's Club
Simsbury Newcomers & Neighbors
Simsbury Public Library
Simsbury-Granby Rotary Club
Simsbury Senior Center
Simsbury Volunteers
South Windsor Senior Center
Southern Connecticut State University
St. Mary's Church, Simsbury
St. Thomas & St. Timothy Catholic Parish, WH
Stop & Shop
Sue Poudrier Photography
The Hartford
Third Sector New England/Healthy Places by Design
Travelers
Trinity Church, Tariffville
Trinity College
United Way of Greater Waterbury
University of Connecticut
University of Connecticut Global House LC
University of Connecticut Humanities Institute
University of Connecticut School of Social Work
UConn Center on Aging
University of Saint Joseph
Wellspring Financial
West Hartford Senior Centers
WFSB
Winding Trails
Windsor Senior Center
Yale University
Z Zurich Foundation

**Thank you to each and every one of
our individual donors and fundraisers.**

*We are grateful to
you for sharing
your time, talent,
and treasure to
provide vital social
connection for
your neighbors.*



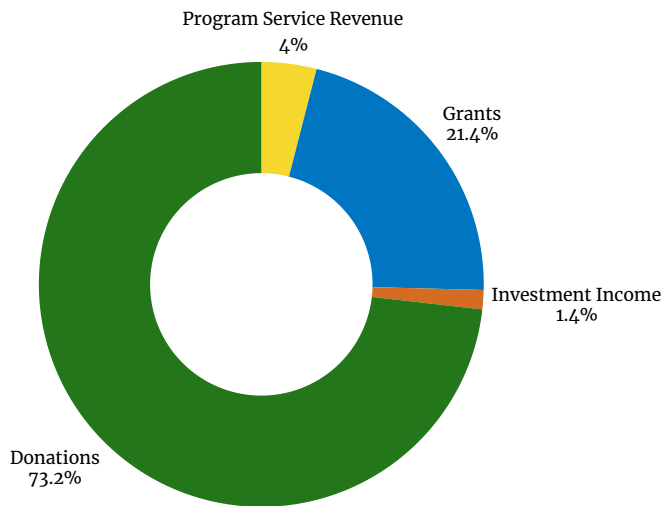
38,000

Our programs have touched the lives of 38,000 people since 2019.

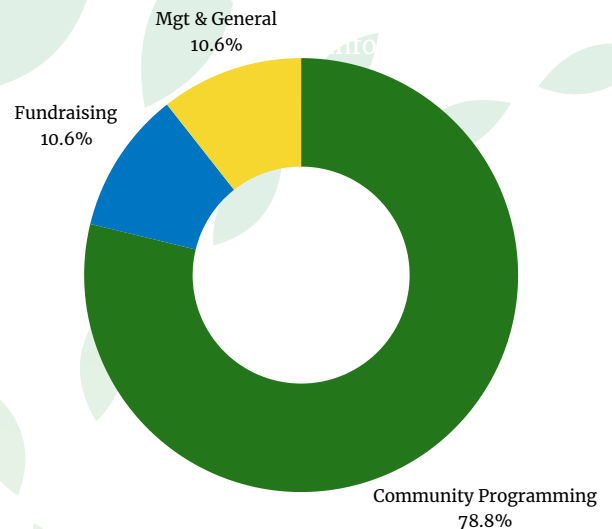
For All Ages offers programs that empower people to create real connections that improve health and life outcomes.



2024 Revenue: \$133,000



2024 Expenses





Our supporters power the connections that change lives.
Help us continue this work that strengthens health & well-being
for people of all ages.
Donate or join us today.

For All Ages
P.O. Box 61
Simsbury, CT 06070
www.forallages.org

For All Ages is a 501(c)(3) charitable organization.

