## Statement of Anti-doping Policy

## STATEMENT

The INBA PNBA SINGAPORE has on 18 FEBRUARY 2023 signed the Collective Policy thereby agreeing to at all times:

- 1. Recognise and accept the Anti-Doping Singapore (ADS) as the National Anti-Doping Organisation designated by the Singapore Government as having the responsibility for all doping matters relating to sport in Singapore;
- 2. Accept the Anti-Doping Policy of Singapore and the ADS Anti-Doping Rules, both of which are established in accordance with the World Anti-Doping Code, as the basis for the fight against doping in sport;
- 3. Adopt the Anti-Doping of Singapore and the ADS Anti-Doping Rules either directly or by reference into our governing documents, constitution and/or rules and regulations, and which shall have binding force and effect on our members and Participants; and
- 4. Agree to observe, abide by and implement the provisions of the Anti-Doping Policy of Singapore and the ADS Anti-Doping Rules in respect of our affairs and activities.

The INBA PNBA SINGAPORE condemns the use of doping in sport. It recognises the right of all its Athletes to participate in a sport that is free from the misuse of drugs. The INBA PNBA SINGAPORE is committed to educate, inform and test, as appropriate, participants competing in BODYBUILDING in Singapore, and representing Singapore, so that it remains a drug-free sport.

It is a requirement of participation in the sport that all its Athletes, Athlete support personnel and other persons under the jurisdiction of the INBA PNBA SINGAPORE comply with the Anti-Doping Policy of Singapore and the ADS Anti-Doping Rules set out and published by the INBA PNBA SINGAPORE and ADS.

In testing its Athletes, the INBA PNBA SINGAPORE is committed to handling the management of results in a confidential and accountable manner and to carry out disciplinary procedures where appropriate by the fair and independent process it has agreed with its members and with ADS, its appointed National Anti-Doping Organisation, for the collection of doping control samples. The disciplinary procedure for a contravention of these rules is published in full in the ADS Anti-Doping Rules.

## ANTI-DOPING RULES

The Executive Committee / Management Committee of the INBA PNBA SINGAPORE has on 18 february 2023 adopted the ADS Anti-Doping Rules as the INBA PNBA SINGAPORE's Anti-Doping Rules.

The ADS Anti-Doping Rules published by Anti-Doping Singapore (or its successor), as amended from time to time, shall take immediate effect and be construed as rules of the INBA PNBA SINGAPORE.

## **APPLICATION OF ANTI-DOPING RULES**

All affiliates, members, athletes, participants, staff and any other individual, paid or on a volunteer basis, who are under the jurisdiction of the INBA PNBA SINGAPORE are bound by the Anti-Doping Rules of the INBA PNBA SINGAPORE and agree to abide by these Anti-Doping Rules.

For more information, refer to ADS website here.