

FOR  
WOMEN  
ONLY

נס"ג

גם זו לטובה

# GAMLET TOVA

סיימתא דטחיא *with much*

*Tova Rosenblatt*



# 1. GAM ZU L'TOVA

(This too is for the good)

Harmonies Arranged By: Odellia Nakache

Gam zu l'tova with whatever's in our way Gam zu  
 Gam zu l'tova is what we all should say Gam zu  
 Gam zu l'tova when it's good or seems bad Gam zu  
     Gam zu l'tova it's for our best  
 Gam zu l'tova when I get the parking spot  
     Because that too is for my good  
         Let's sing Gam zu

Gam zu Gam zu l'tova tova  
     Gam zu Gam zu l'tova  
 Gam zu Gam zu l'tova tova  
     Gam zu Gam zu l'tova  
 We can pass this test or we can have it again  
     Let's sing Gam zu

Gam zu Gam zu l'tova tova  
     Gam zu Gam zu l'tova

Everything in life helps us get one step closer to Hashem  
 It's all about perspective in what we see as good or bad  
     It's all here for you for you to get through  
 It may seem hard but He's not that far to call out to  
     He wants to hear from you every step through  
         Let's sing

Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 We can pass this test or we can have it again  
 Let's sing Gam zu  
 Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 Gam zu Gam zu l'tova tova  
 Gam zu Gam Zu l'tova

There's so much good being done to me to me and you  
 Don't miss the opportunities to pull to pull through  
 We can miss them at any moment  
 In time throughout our lives  
 Hold on strong and say Gam zu

Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 We can pass this test or we can have it again  
 Let's sing Gam zu  
 Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 Gam zu Gam zu l'tova tova  
 Gam zu Gam zu l'tova  
 Gam zu



# GEULA

Harmonies Arranged By: Aliza Palgon

We stand here together to call out to You  
The pain and suffering we go through  
Makes it hard for us to connect to You  
Oh Hashem please save us from this long **גלות** (exile)

But we know through **נבואה** (prophecy) that this will end  
The **גאולה** (redemption) will bring praise to Your name  
Your house will stand in **ירושלים** (Jerusalem)  
And Your Oneness and glory will be known through the land

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)

We will stay strong through it all  
Although at times we may fall  
We trust You we believe in You  
That all You do is for our ultimate good

The nations of the world try to bring us down  
To conform to their ways and forget our faith  
But we know what's right we'll put up a fight  
We're forever **בני ישראל** (children of Israel)  
And we'll continue to shine bright

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)

Just like **מרים הביאה** (Miriam the Prophetess)  
Led the women out of **מצרים** (Egypt)  
Singing songs of praise with tambourines in hand  
She gave them the **אמונה** (faith)  
That allowed them into **ארץ ישראל** (the land of Israel)  
Do the same for us as we sing to You

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)

Hashem please bring bring the **גאולה** (redemption)  
Let it be the right time for our **ישועה** (salvation)  
So we can serve You in the **בהמיק** (Holy Temple)  
**במהרה בימינו אמן אמן** (speedily in our days amein)  
**במהרה בימינו אמן אמן** (speedily in our days amein)



# I KNOW YOU'LL BE AROUND

Harmonies Arranged By: Odelia Nakache

**ה' ל' לא אירא מה יעשה ל' אדם**

*(Hashem is with me, therefore I have nothing to fear, how can man affect me?)*

**טוב לחסות בה' מבטח באדם**

*(It is better to trust in Hashem then to rely on man.)*

**ה' ל' לא אירא מה יעשה ל' אדם**

*(Hashem is with me, therefore I have nothing to fear, how can man affect me?)*

**טוב לחסות בה' מבטח באדם**

*(It is better to trust in Hashem then to rely on man.)*

**עזי חמרת קה ויהי ל' לישועה**

*(Hashem is my strength and praise, He is my salvation.)*

**עזי חמרת קה ויהי ל' לישועה**

*(Hashem is my strength and praise, He is my salvation.)*

When the walls are coming down

I know You'll be around

When I stumble and fall

**ה' ל' לא אירא מה יעשה ל' אדם**

*(Hashem is with me, therefore I have nothing to fear, how can man affect me?)*

**טוב לחסות בה' מבטח באדם**

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**עזי חמרת קה ויהי ל' לישועה**

*(Hashem is my strength and praise, He is my salvation.)*

When the walls are coming down

I know You'll be around

When I stumble and fall

**דחה דחיתני לנפל וה' עזרני**

*(You pushed me so that I may fall, but Hashem helped me.)*

**דחה דחיתני לנפל וה' עזרני**

*(You pushed me so that I may fall, but Hashem helped me.)*

**עזי חמרת קה ויהי ל' לישועה**

*(Hashem is my strength and praise, He is my salvation.)*

When the walls are coming down

I know You'll be around

When I stumble and fall

**עזי חמרת קה ויהי ל' לישועה**

*(Hashem is my strength and praise, He is my salvation.)*

When the walls are coming down

I know You'll be around

When I stumble and fall



# 4. IT MADE ME WHO I AM

Harmonies Arranged By: Odelia Nakache

Thank you Hashem for the life I have  
 Thank you Hashem for the challenges in my path  
 Thank you Hashem for picking me up when I fall  
 Thank you Hashem for holding me so close  
 Thank you Hashem

I'm sorry for when I thought it was bad  
 I didn't see how it was for my best  
 Now looking back  
 I see it made me who I am

It made me who I am  
 It made me who I am today  
 With my priorities to live a life of Torah  
 And **דבקות** (closeness) to Hashem  
 It made me who I am

All my priorities my sensitivities  
 It comes from them  
 The tests You put in front of me

Thank you Hashem for the strength You give me  
 Thank you Hashem for my ability  
 To turn my pain into a tefilla (prayer)  
 For only You know what I go through

But it made me who I am  
 Even though I don't understand  
 It made me who I am

Hashem knows what's for my best  
 No I would not have asked for something else  
 Although at times it seems too hard  
 Hashem You are here with an outstretched arm

It makes me who I am  
 It makes me who I am today  
 With my priorities to live a life of Torah  
 And **דבקות** (closeness) to Hashem  
 It makes me who I am  
 It makes me who I am

I am a **בת מלך** (daughter of The King)  
 I am striving for perfection  
 I have a beautiful future ahead of me  
 So I won't let my past control me

But it made me who I am  
 It made me who I am today  
 With my priorities to live a life of Torah  
 And **דבקות** (closeness) to Hashem

It makes me who I am  
 It makes me who I am today  
 With my priorities to live a life of Torah  
 And **דבקות** (closeness) to Hashem  
 It makes me who I am  
 It makes me who I am  
 It makes me who I am



# EITZ CHAIM

Harmonies Arranged By: Odelia Nakache

**עץ חיים היא למחזיקים בה ותמכיה מאשר**

*(It (The Torah) is a tree of life to all those who cling to it. It's supporters are worthy of praise.)*

**It's a tree of life for those who hold on tight ותמכיה מאשר**

*(It's supporters are worthy of praise.)*

**עץ חיים היא למחזיקים בה ותמכיה מאשר**

*(It (The Torah) is a tree of life to all those who cling to it. It's supporters are worthy of praise.)*

**It's a tree of life for those who hold on tight ותמכיה מאשר**

*(It's supporters are worthy of praise.)*

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*

**שלום שלום שלום**

*(Peace)*

**עץ חיים היא למחזיקים בה ותמכיה מאשר**

*(It (The Torah) is a tree of life to all those who cling to it. It's supporters are worthy of praise.)*

**It's a tree of life for those who hold on tight ותמכיה מאשר**

*(It's supporters are worthy of praise.)*

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*

**שלום שלום שלום**

*(Peace)*

Hashem bring us back and we'll return

Help us connect to You

השיבנו ה' אליך ונשובה חדש ימינו כקדם

*(Bring us back to You, Hashem, and we shall return, renew our days as of old.)*

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*

**It's a tree of life for those who hold on tight**

Hashem bring us back and we'll return

Help us connect to You

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*

**דרכיה דרכי נעם וכל נתיבותיה שלום שלום שלום**

*(It's ways (those of the Torah) are those of pleasantness and all its paths are of peace.)*



# 6. STANDING BEFORE THE KING

Harmonies Arranged By: Odellia Nakache

I'm standing before The King of kings  
Like an only daughter standing before her Father

Before I begin to beseech You Hashem  
I must prepare myself for  
The conversation we will have  
It's sometimes hard to remember You're responding  
But I'll keep davening  
Because I believe You can do anything

I'm standing before The King of kings  
Like an only daughter standing before her Father  
With concern and love You listen to my cries  
As I pour my heart to You I'm comforted inside

It depends where I am  
But I'm always thinking of Yerushalayim (Jerusalem)  
Where we did the avodah (service)  
That's now replaced with our tefilla (prayers)  
As much as I plead for the things I think I need  
I ask of You to just give what's best for me

I'm standing before The King of kings  
Like an only daughter standing before her Father  
With concern and love You listen to my cries  
As I pour my heart to You I'm comforted inside

He has so much He wants to give us  
And all we need to do is ask for it  
Don't daven (pray) to be answered  
But rather to bring praise to His name  
Now I'm ready but before I take my three steps forward  
I'll be thinking

I'm standing before The King of kings  
Like an only daughter standing before her Father  
With concern and love You listen to my cries  
As I pour my heart to You I'm comforted inside

I'm standing before The King of kings  
Like an only daughter standing before her Father  
With concern and love You listen to my cries  
As I pour my heart to You I'm comforted inside

With concern and love You listen to my cries  
As I pour my heart to You I'm comforted inside



# RISE AGAIN

Harmonies Arranged By: Odella Nakache

The world was created was created for me  
 To make a Kiddush Hashem (*bring glory to Hashem*)  
 And be the best I can be  
 This path seems so clear  
 But the **יצר הרע** (*evil inclination*) is here  
 Confusing me on which path I should be  
 One step forward and two steps back  
 Its part of the process just get back on track

**שבע יפול שבע יפול צדיק הקם**  
*(The righteous one may fall seven times - and he will rise.)*

We'll fall we'll rise we'll make it high  
 Until we reach the sky

I will soar I will fall I will even hit the floor  
 But I will rise again I'll rise again  
 I will soar I will fall I will even fit the floor  
 But I will rise again I'll rise again

Hashem is here with me  
 Giving me everything I need  
 To overcome the challenges facing me  
 Once you get back up it's so clear to see  
 The **יד** (*hand*) Hashem  
 That all you can say is **מודה אני** (*I give thanks*)  
**מודה אני לפניך** (*I give thanks before You*)  
 Thank you Hashem for all that You've done

**שבע יפול שבע יפול צדיק הקם**  
*(The righteous one may fall seven times - and he will rise.)*

We'll fall we'll rise we'll make it high  
 Until we reach the sky

I will soar I will fall I will even hit the floor  
 But I will rise again I'll rise again  
 I will soar I will fall I will even hit the floor  
 But I will rise again I'll rise again  
 But I will rise again I'll rise again





# LECHA DODI

Harmonies Arranged By: Alizo Palgon

**לכה דודי לקראת כלה פני שבת מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**לכה דודי לקראת כלה פני שבת מקבלה מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**לקראת שבת לכו ונלכה כי היא מקור הברכה**

*(Let us go towards the Shabbos - for it is the source of blessing.)*

**מראש מקדם נסוכה סוף מעשה במחשבה תחלה**

*(She was honored from times past last in fruition - first in thought.)*

**לכה דודי לקראת כלה פני שבת מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**לכה דודי לקראת כלה פני שבת מקבלה מקבלה מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**מקדש מלך עיר מלנכה קומי צאי מתוך ההפכה**

*(Royal city - you are the holy play of kings, rise and leave the upheaval.)*

**רב לך שבת בעמק הבכה והוא יחמול עליך חמלה**

*(You have lived for too long in the valley of weeping, He will shower you with compassion.)*

**לכה דודי לקראת כלה פני שבת מקבלה מקבלה מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**התעוררי התעוררי כי בא אורך קומי אורי**

*(Awake, awake for your light has come! Rise and Shine!)*

**עורי עורי שיר דברי כבוד ה' עליך נגלה**

*(Awake, awake speak words of song! The glory of Hashem has been revealed to you!)*

**לכה דודי לקראת כלה פני שבת מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**לכה דודי לקראת כלה פני שבת מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**בואי בואי בואי בשלום עשרת בעלה**

*(Come in peace crown of her husband)*

**גם גם בשמחה ובצהלה גם בשמחה**

*(In gladness and happiness)*

**תוך אמוני עם סגלה**

*(Among the treasured faithful nation)*

**בואי כלה בואי כלה בואי כלה**

*(Come in bride)*

**לכה דודי לקראת כלה פני שבת מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**לכה דודי לקראת כלה פני שבת מקבלה מקבלה מקבלה**

*(Come my beloved, let us go greet the bride - the Shabbos we will welcome.)*

**Let us greet the Shabbos queen the Shabbos queen**

**Help us impact our entire week**

**With the Shabbos the Shabbos queen**



# 9. I CAN DO IT

Harmonies Arranged By: Odelia Nakache

This world is so confusing  
 I don't know what to do  
 So many opinions who do I listen to  
 Sometimes I just want to give up  
 So I throw my hands to You  
 Oh please help me **קדוש ברוך הוא** (*The Holy One Blessed be He*)

Send me on the right path  
 Coming closer to You  
 Cause all I want is a relationship with You  
 You've been holding me up  
 As I've been wandering off  
 I know I've gone away  
 But now I'm here to stay

Oh Hashem You'll always be there for me  
 When I've given up on myself I know You believe  
 That I can push and get through it  
 But only with Your help  
 I believe because You believe in me  
 I can do I can do it  
 With Hashem's help I'll get through it I'll get through it

The unknown is a very scary place  
 It can be paralyzing if we didn't have faith  
 What to do next which way should I go  
 What's the best plan for me only You know

Day after day I'll keep working on my faith  
 Pushing myself farther one step after the other  
 And when I fall I'll get back up again  
 At the right time my salvation will begin

Oh Hashem You'll always be there for me  
 When I've given up on myself I know You believe  
 That I can push and get through it  
 But only with Your help  
 I believe because You believe in me  
 I believe because You believe in me  
 I can do I can do it  
 With Hashem's help I'll get through it



# IM ESHKACHECH

Harmonies Arranged By: Odelia Nakache

**אם אשכחך ירושלים תשכח ימיני**  
*(If I forget you Jerusalem let my right hand forget its ability.)*  
**תדבק לשוני לחכי אם לא אזכרכי**  
*(Let my tongue attach itself to my palate if I forget you.)*

**אם לא אעלה את ירושלים על ראש שמחתי**  
*(If I fail to raise Jerusalem above all my joys.)*

**אם אשכחך ירושלים תשכח ימיני**  
*(If I forget you Jerusalem let my right hand forget its ability.)*  
**תדבק לשוני לחכי אם לא אזכרכי**  
*(Let my tongue attach itself to my palate if I forget you.)*

**אם לא אעלה את ירושלים על ראש שמחתי**  
*(If I fail to raise Jerusalem above all my joys.)*

Yerushalayim the place where I belong  
 Yerushalayim the place I call my home  
 Yerushalayim where the **שכינה** *(Divine Presence)* is strong  
 Yerushalayim we're coming home

**אם לא אעלה את ירושלים על ראש שמחתי**  
*(If I fail to raise Jerusalem above all my joys.)*

**אם לא אעלה את ירושלים על ראש שמחתי**  
*(If I fail to raise Jerusalem above all my joys.)*

## *Thank You*

First, I would like to thank יתברך ה' (G-d) for allowing me to be the conduit in which these songs were brought down into the world. Next, I wanted to thank my family for all the support and encouragement that they gave me throughout this endeavor. A special thanks to Aliza Palgon, Odelia Nakache, Leah Rosenberg, Adina Mandel, Tova Rina Fink, and Mazalit Lehrfeld for all of their hard work in making this album a reality.

## *A few words from me*

I'm grateful to הקב"ה (G-d) for blessing me with the gift of song and music. Following the tragic loss of my sister א"ח, I turned my pain into tefilla, which was a source of great comfort for myself and my family. Through the years, I learned the importance of sharing talents with others and it is my sincere hope that by sharing my music, others will be inspired in their עבודת ה' (service of G-d).

I would like to dedicate this album in loving memory of my dear sister יונה בת מלכה א"ח who taught me to see the light in each and every person. Although losing Raizy has been the greatest challenge of our lives, my family and I look for the good in each situation and person, just as she did. May we all be זוכה to see the good in everything, especially in the darkest of places, and to greet Mashiach במהרה בימינו אמן (speedily in our day amein).