## 10K & 5K Race - 2 Mile Walk Saturday, October 20, 2018

NBCRC is very proud to partner with Victory Therapeutic Horsemanship. VTH was founded to provide

program at no cost. Studies have shown therapeutic riding

has a positive effect on veterans with Post Traumatic Stress

Race Day Registration 7:00-8:00 AM

Race Start Time 8:30AM

veterans in Central PA a much needed equine therapy

Disorder (PTSD) as well as other ailments.

Both runs & 2 mile walk will give participants the

Park View Estates.

of the race to show your support.

CLOTI

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**Pre Registration** 

**Entry Fees** 

Pre Registered \$20.00

by 09/30/18 T-shirts guaranteed for

pre registered participants

Veterans \$15.00

(Photo ID required)

After 09/30/18 \$25.00

Veterans \$20.00

(Photo ID required)

Walkers Minimum \$15 donation required

(\$10 for veterans)

Donation form due on or before the event 10/20/18.



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Awards Male & Female 18 & Under 19-29 30-39 40-49 50-59 60+ Prize given to walker with largest donation Forms available at **NBCRC** 

All races will start and end at NBCRC. The 10K route starts as a road race and will finish on the Ray Amato Trail along the River and a cool run through the wood. The 5K race will start and finish on the trail while also taking a loop thru the opportunity to honor a beloved veteran. If you preregister for this race we will display the name of the individual you wish to recognize. Ribbons will be provided to wear the day \*\*\*\*\*\*

****	Race Start Time 8:30AN For more information call 814-742-9500	ı 				
	Registration				812	1.
Name			40'		7	Count
Address			RE	cc	EN	TER
Phone	Email		Sex: M or F			
Circle One 10K * 5K * Sponsored Walk	Age on race day:	T-Shirt Size:	SM	L	XL	XXL
Run or Walk in honor of:		y Branch				
WAIVER: Must be signed to participate. Those registering via email heirs, executors, administrators and assigns, waive and release all ri sponsors, directors, officers, employees, agents and volunteers of the <b>U</b> and assigns, for any and all injuries physical or otherwise suffered by condition has been recently verified by a licensed medical doctor. For event, for a legitimate purpose. This entry is invalid unless signed by en	ights and claims for damages I may have against the <b>Victory Ru</b> Victory Run 5K Run and 10K Trail Race & Road Race / <b>2 Mile</b> by me in this event. I attest and verify that I am physically fit and h urthermore, I hereby grant full permission to use photographs, vic	m 5K Run and 10K Trail Race & <i>Walk</i> , and /or the race commit have sufficiently trained for the c deo tapes, motion pictures and r	Road Race/ tee, their heir completion of ecords of me,	2 Mile W rs, represe this even or any ot	<i>Valk</i> , th sentative at and m ther reco	ne officials, es, successon ny physical ord of this
Signature:						
18 & Under:		F	Parental	Signa	ature	

Mail form and entry fee to: NBCRC, PO Box 118, Tipton, Pa. 16684