

NBCRC Elementary Coed Basketball

1st- 2nd Grade

2019-2020

ATTENTION COACHES / PARENTS

Welcome to youth Basketball at the Rec. Center. The emphasis will remain on instruction and giving all the players an opportunity to learn and enjoy the game of basketball. The referees will maintain the level of play as directed by the NBCRC. They will basically be on court coaches and will make calls in an instructional manner. The league should be positive at all times allowing all the young athletes to develop their skills. Please remember, the purpose of our league is to provide the youth of Northern Blair County the opportunity to learn and enjoy the game of basketball. Scoring will not be kept on the scoreboard as the emphasis will be on instruction and development. We sincerely value the time of every coach and hope that all parents will offer a hand in the development of our young athletes. Officials will call violations & fouls when a player gains an advantage. Please give them the respect of their efforts. We will not be charging for practice time this year. However, there will be two fundraisers this season. The money raised will go towards sponsored youth, youth programming, gym time and season ending awards. It is important that we award all the youth in the program on an equal level. Coaches will have the option of scheduling one practice per week.

Rules:

- Sportsmanship will be taught at all levels of the league.
- Teams will work on basic fundamentals the first 20 minutes and then the buzzer will sound to start the game.
- There will be two 10 minute halves with two timeouts per half.
- The clock will stop for the last (2) minutes of the 2nd half only.
- We will use smaller ball for this age group (27.5)
- This group will also use the lower hoops to allow them to shoot with better form.
- Score will not be kept on the scoreboard.
- The three point shot will not be in play in the 1st -2nd league. Please try to coach your kids not to take three point shots as this will teach bad form.
- Once a team rebounds or changes possession (defensively) the other team must drop back to the other end of the court to play defense. No pressure defense.
- Defensive players must all remain within the three-point line for the entire game. Man to Man defense is not permitted at this level. We will only play zone defense, Coaches will have the choice of 2-3 or 3-2 zones.
- Coaches are allowed to be on the court during game play but must remain on the sides of the court.
- Rules can be revised throughout the season as players advance in their skill and ability.

Please address any questions to:

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NBCRC Basketball League Director

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