

**Northern Blair County Recreation Center**  
**3rd-4th Grade Competitive Basketball League Rules – 2020**

1. Games will consist of two fifteen-minute (15)halves. The clock will run for 13 minutes and will be stopped for violations the last two minute of each half. If the game is tied after regulation play, three-minute (3) overtime will be played. The clock will be stopped for violations during the last two minutes of overtime. The 28.5” ball will be used for this league.
2. Time-outs: Two (30 second) per half will be given. One time out is awarded for each overtime period.
3. Player will be out of the game with five personal fouls.
4. Seven team fouls results in one-plus-one. With 10 team fouls, 2 shots are awarded.
5. Half Court defense is allowed the entire game. Full court defense is permitted the last two (2) minutes of the second (2nd) half. If a team is up by 15 points, Full court defense is not allowed.
6. **Technical:** A player receiving one technical in a game will be given a warning. If the player should receive a second technical in the same game, the player will sit the rest of the game and will not be permitted to play in the next game.
7. Fighting between players will result in ejection from the game and will receive a two game suspension.
8. Head Coach and one Asst. Coach is permitted on the bench. Head Coach can stand at anytime. Asst. Coach must be seated at all times. All questions to the referees will be addressed through the Head Coach in a respectful manner.
9. All teams must have visible numbered uniforms with same colored shirts – Coaches are responsible to make sure that any number changes are given to the score table before the start of the game.
10. Teams must start the game with five players. If five players are not present, a five minute grace period will start. After the five minutes, if the team does not have five players present will result in a forfeit.
11. Coaches, players, referees and NBCRC Staff are the only permitted people to be on the team side of the court. No spectators are permitted to be on this side of the court unless called over. Any spectator approaching the scorekeeper table will be an automatic technical for the team they are there to support.
12. Any player or spectator threatening an official, physical or verbal, will be suspended until the matter is brought before the NBCRC Board of Directors.
13. All other P.I.A.A. rules apply