

| About You | | | |
|---------------------------------------|----------------------------|-----------------|--|
| Title: | Mr / Mrs / Miss / Ms Other | | |
| Full Name | | | |
| Address | | Postcode | |
| Tel No: | | Email | |
| Date of Birth | | Age | |
| What is your ethnic group? | | | |
| Occupation | | | |
| GP Name: | | | |
| GP Practice Name & Address | | | |

| Medical history | | | | | | | |
|---|---------------------|--------------------------|--------------|--------------------------|---------------------|-------------------------------|-----------------------------|
| Have you had or do you suffer from any of the following? (please tick all that apply) | | | | | | | |
| <input type="checkbox"/> | Angina | <input type="checkbox"/> | Heart Attack | <input type="checkbox"/> | High Blood Pressure | <input type="checkbox"/> | Stroke |
| <input type="checkbox"/> | Irregular heartbeat | <input type="checkbox"/> | Diabetes | <input type="checkbox"/> | Chest Problems | <input type="checkbox"/> | Asthma |
| <input type="checkbox"/> | Psoriasis | <input type="checkbox"/> | Eczema | <input type="checkbox"/> | Liver problems | <input type="checkbox"/> | Kidney problems |
| Are you scheduled for any surgery in the next 8 weeks? | | | | | | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you pregnant or breastfeeding? | | | | | | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are you taking any medication from your doctor? | | | | | | <input type="checkbox"/> Yes* | <input type="checkbox"/> No |

* if yes please take a list of your medication with you to the pharmacy

| Your Smoking History | |
|---|--|
| What age did you start Smoking? | |
| Have you ever tried to stop smoking before? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | If YES how many times |
| Have you used nicotine replacement therapy/varenicline before? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | What product(s) did you use? |
| Have you used any other treatments to help you stop smoking? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | What treatment did you use? |

To help decide which treatments will help you to stop smoking please answer the following questions as honestly as possible

| How soon after you wake do you have your first cigarette? | | | | | | | |
|--|-------------------|--------------------------|---|--------------------------|---|--------------------------|---------------------|
| <input type="checkbox"/> | Within 5 mins (3) | <input type="checkbox"/> | 6-30 mins (2) | <input type="checkbox"/> | More than 30 mins (1) | <input type="checkbox"/> | Over 60 minutes (0) |
| How many cigarettes do you usually smoke per day? | | | | | | | |
| <input type="checkbox"/> | 10 or less (0) | <input type="checkbox"/> | 11 to 20 (1) | <input type="checkbox"/> | 21 to 30 (2) | <input type="checkbox"/> | 31 or more (3) |
| Do you find it difficult not to smoke in places where it is forbidden? | | | <input type="checkbox"/> Yes (1) | | <input type="checkbox"/> No (0) | | |
| Do you smoke more in the first hours after waking than during the rest of the day? | | | <input type="checkbox"/> Yes (1) | | <input type="checkbox"/> No (0) | | |
| Which cigarette would you most hate to give up? | | | <input type="checkbox"/> First cigarette of the day (1) | | <input type="checkbox"/> Any other cigarette during the day (0) | | |
| Do you smoke when you are so ill that you are in bed? | | | <input type="checkbox"/> Yes (1) | | <input type="checkbox"/> No (0) | | |

| Motivation: On a scale if 1 to 10 (10 being highest) how motivated are you to quit? | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| ☹️ | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 😊 | | | | | | | | | |

| Confidence: On the same scale how confident are you that you will quit? | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| ☹️ | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 😊 | | | | | | | | | |

STOP SMOKING SERVICE: PATIENT CONSENT FORM

Consent to participate in the Stop Smoking Service: The pharmacy will keep a record of the service provided to you.

I agree that the information obtained during the service can be shared with:

- Cwm Taf University Health Board (LHB) to allow them to make sure the service is being provided properly by the pharmacy;
- Cwm Taf University Health Board (LHB) and the NHS Shared Services Partnership (SSP) to make sure the pharmacy is being correctly paid by the NHS for the service they give me;
- I agree for the pharmacy to contact me by telephone/text during my quit attempt;
- My doctor (GP) to help them provide care to me;
- I understand that my quit attempt will terminate 14 days after a missed appointment.

| | | | |
|--------------------|--|------|--|
| Patient Name: | | | |
| Patient Signature: | | Date | |

Pharmacy Use: Client accepted Yes No
 NECAF Patient ID Number