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Brian Hall on the final push to the summit of Mt. Washington in the 2022 MWARBH race riding, "The Wall."

Man With Parkinson's Disease Announces He Will Race In The Mount Washington Auto Road Bicycle Hillclimb, Again.

Let's Take The Park Out Of Parkinson's.

Brian Hall, 61, of Exeter, NH. USA. cyclist, and author of the book Not Afraid to Fall, will take on the MWARBH again. Hall has been symptomatic with Parkinson's for 47 years and found physical freedom through cycling.

At 8:30 am sharp on August 19, 2023, the cannon will boom and echo across the base of the Mt. Washington Valley, Gorham NH. sounding the start of the 50th Annual MWARBH race. Hall has raced in this event three times before with a

pedal-assist e-bike. His official race times were 2:19 in 2018, 3:04 in 2019, and 1:11 in 2022.

Hall will be training to finish the race in a sub 1 hour time, which he believes he can accomplish. This year, Hall is the Grand Marshall for the event. This honor entitles Hall to be the first rider on the Auto Road, even before the Top Notch racers. The 7.6-mile MWARBH course is considered by many professional cyclists as one of the most challenging bicycle hill climbs the world has to offer.

“This event and the people associated with it are very special to me,” Hall said. ‘I have no idea how many more races I have in me, but it is always an epic day being on Mt. Washington, time that I never take for granted,” said Hall.

Watch Brian Hall’s ride in the 2022 MWARBH Race.





Brian Hall

Author

Not Afraid to Fall

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