



GLO  Preemies

AUGUST 2025

WELCOME TO OUR

## Monthly Newsletter



### New Resource Library

We've launched our [Resource Download Library](#), bringing all of GLO Preemies' downloadable resources into one convenient place.

Each section corresponds to a stage of the NICU journey or a specific topic, with forms, logs and guides that best meet your family's needs

<https://glopreemies.org/resource-download-library>

### Sponsors of this newsletter:



### Add to your calendar:

- 1.Oct 22, 2025: Ebony Embrace Support Group Session 5 – 1pm PST/3pm EST, online
- 2.Halloween Contest October 2025
- 3.Nov 19, 2025: Ebony Embrace Support Group Session 6 – 1pm PST/3pm EST, online



## Coming Up

We're proud to share that our founder, Ashley Randolph, will be honored with the Sacramento Business Journal Inclusivity Award on May 22, 2025 and will receive the publication's 40 Under 40 award in October 2025.

Congratulations, Ashley!



## Support Groups

EBONY EMBRACE: GLO CIRCLES FOR NICU FAMILIES IS OUR VIRTUAL SUPPORT GROUP DEDICATED TO BLACK FAMILIES NAVIGATING THE NICU JOURNEY.

SESSIONS MEET ON WEDNESDAYS AT 1 PM PST / 3 PM EST VIA ZOOM

Each four-week cycle covers sharing stories, managing emotions, navigating relationships and planning for the future.

Upcoming sessions include October 22 and November 19, 2025. Register at the [support group page](#).

New groups will begin October 2025.

<https://glopreemies.org/nicu-families>



## Nonprofit Partner of the Game

On Sunday, August 17, 2025, GLO Preemies is proud to be the Non-Profit Partner of the Game with the Athletics at Sutter Health Park.

Families said we were the highlight last year as we distributed diapers and toys.





## GLO Preemies Store

Support our mission while you shop!  
Visit our [family clothing store](https://www.bonfire.com/store/glo-preemies-store/) on Bonfire to browse GLO Preemies merchandise. A portion of each sale helps fund our programs.

<https://www.bonfire.com/store/glo-preemies-store/>



## NICU Awareness Month Photos

September is NICU Awareness Month!

Send photos celebrating your journey to [info@glopreemies.org](mailto:info@glopreemies.org) for a chance to be featured on our Instagram page.



## Become a Guest Blogger

Share your story on our Empowered Motherhood Maven blog! To be a guest blogger, email [info@glopreemies.org](mailto:info@glopreemies.org).

For inspiration, check out the anonymous blogger reveal article "[35 Weeks – After Birth: The Surprise Arrival and Blogger Reveal.](#)"

## New Partnerships

We're thrilled to announce new partnerships with the National Association of Perinatal Social Workers (NAPSW) and Family Advisory Councils (FAC).

These collaborations will expand our resources and advocacy for NICU families nationwide.



FAMILY-CENTERED CARE  
**TASKFORCE**



## Baby Shower 2025 Recap

On July 26, 2025 we hosted our fGLO Preemies NorCal Baby Shower at Grown Folks in Sacramento, Ca. The event celebrated and supported NICU families with resources, giveaways and community connections. Thank you to everyone who attended!

We are now taking sponsors for our new drop-off Baby Shower in April 2026.



## Doula Medi-Cal Training

GLO Preemies is launching a 40-hour trauma-informed, culturally responsive doula training program in Sacramento, Ca. The program equips doulas with Medi-Cal enrollment support, hands-on training and connections to local hospitals and families.

The cohort of five doulas begins October 27, 2025. Learn more and apply at our [Doula Training page](#).

Learn more at <https://glopreemies.org/doulas>







NPN Day  
by:  
Christina Gagnon

I had the privilege of going to the Capitol with my mom and the NICU Parent Network as part of the Tennessee/Ohio Division. We were able to participate in two impactful meetings, and even though the pace and crowds were overwhelming at times, I'm proud that I showed up and represented our community.

In those conversations, there was strong advocacy around milk fortifiers, and while I didn't get to share my full story, I know that every voice—mine included—added value to the bigger picture. This experience reminded me how important it is to continue showing up for what matters most, even if every moment doesn't go exactly as planned.

One of the highlights was exploring the underground areas of the Capitol with an intern named Matt. It was exciting to see parts of the building I never knew existed and to experience the history firsthand. Overall, it was a meaningful opportunity to be present, to learn, and to add my perspective to the ongoing fight for NICU families.

—Sincerely,  
Christina



## Winter Wonderland 2025

Our Winter Wonderland 2025 holiday corner is now open! We aim to deliver 100 non-shatter ornaments this season. check out our holiday templates, leave a message and donate to send an ornament to a NICU family.

After giving away \$500 for Mother's Day and Father's Day, we're gearing up for our annual Costume Contest this October. Watch our site and social media for details on how to enter and win a cash prize.



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