

PATIENT INFORMATION

Name: _____ Gender: M F Date of Birth: _____
Home Address: _____ City/State/Zip: _____
Occupation: _____ Employer: _____
You Are: married divorced separated unmarried Spouse/Partner's Name: _____
Phone Contacts: Please indicate the best times to reach you:
Cell: _____ Home: _____
Work: _____ Other: _____
Email: _____ Do I have permission to contact you via email? Yes No
Emergency Contact: Name: _____ Emergency Contact: Number: _____

INSURANCE INFORMATION

PRIMARY INSURANCE

Insured's Name: _____
(Last, First, MI)
DOB: _____
Relationship to Patient: _____
Employer: _____
Employer's Address: _____
Insurance Company: _____
ID#: _____
Group #: _____
Plan Name: _____
Phone: _____

SECONDARY INSURANCE

Insured's Name: _____
(Last, First, MI)
DOB: _____
Relationship to Patient: _____
Employer: _____
Employer's Address: _____
Insurance Company: _____
ID#: _____
Group #: _____
Plan Name: _____
Phone: _____

PERSONAL INFORMATION

Where were you born/raised?

Are there any special circumstances related to your childhood? (adoption, separation, divorce, etc)

Were you raised with any particular religious or cultural beliefs?

What are your current relationship like with your family of origin?

Is there any family history of mental health or substance abuse issues?

CURRENT HOUSEHOLD:		
NAME	RELATIONSHIP	AGE

Do you have any children not living with you? If yes, please list their names, ages, and where living:

How would you describe your social and relationship history? (active, isolated, etc.)

Who do you consider to be your primary support right now?

RELATIONSHIP STATUS: Single Involved Engaged Cohabiting Married Separated Divorced Widowed

Please make any relevant comments about your current relationship:

PHYSICAL & MENTAL HEALTH HISTORY

Please list all current health care providers:

Current medical (non-psychiatric) illnesses, problems, issues, including allergies. Please be as complete as possible:

Previous medical illnesses, problems, and surgeries (include dates):

Alcohol/Drug/Tobacco/Caffeine use:

Past: _____

Present: _____

Do you have any history of substance abuse problems? (excessive use, dependency, etc.)

Height: _____ Weight: _____ Are you satisfied with your weight? YES NO

MENTAL HEALTH HISTORY

Have you had mental health problems in the past (please explain)?

Have you sought treatment for this or other mental health problems? Was it helpful?

Were you ever hospitalized for psychiatric reasons? If so, when and where?

Current Medications: Include all medications, psychiatric medications, vitamins, supplements, and over-the-counter drugs.

Medication	Dosage & When Taken (am, pm)	Reason for Taking

Is there anything else I should know about your physical and mental health?

EDUCATION & EMPLOYMENT HISTORY

EDUCATIONAL INSTITUTION	DATES	COURSE OF STUDY	Diploma, Degree, Certificate

Do you have a history of learning problems? If so, please explain:

WORK HISTORY:

EMPLOYER	POSITION	DATES	REASON FOR LEAVING

Do you have a history of problems in the workplace? If yes, please explain?

Do you have difficulty maintaining employment? If so, why?

Is there anything else you would like me to know about your education and/or work history?

SYMPTOM CHECKLIST:

<input type="checkbox"/> Chronic sadness	<input type="checkbox"/> Sick Often
<input type="checkbox"/> Crying episodes	<input type="checkbox"/> Chest Pain
<input type="checkbox"/> Hopelessness	<input type="checkbox"/> Muscle Tension
<input type="checkbox"/> Irritability	<input type="checkbox"/> Headaches
<input type="checkbox"/> Mood Swings	<input type="checkbox"/> Stress
<input type="checkbox"/> Elevated Mood	<input type="checkbox"/> Fatigue and/or Low Energy
<input type="checkbox"/> Low Frustration Tolerance	<input type="checkbox"/> Dizziness
<input type="checkbox"/> Feeling Worthless	<input type="checkbox"/> Physical Pain
<input type="checkbox"/> Low Self-Esteem	<input type="checkbox"/> Heart Palpitations
<input type="checkbox"/> Sleep Problems and/or Nightmares	<input type="checkbox"/> Work Difficulties
<input type="checkbox"/> Change in Appetite and/or Weight	<input type="checkbox"/> Withdrawing from Others
<input type="checkbox"/> Suicidal Thoughts	<input type="checkbox"/> Impulsiveness
<input type="checkbox"/> Thoughts of Harming Others	<input type="checkbox"/> Social/Family Conflicts
<input type="checkbox"/> Anger Perfectionism	<input type="checkbox"/> Loneliness/Isolation
<input type="checkbox"/> Anxiety/Nervousness	<input type="checkbox"/> Poor Judgment
<input type="checkbox"/> Worrying	<input type="checkbox"/> Hallucinations
<input type="checkbox"/> Intrusive Thoughts	<input type="checkbox"/> Easily Distracted
<input type="checkbox"/> Body Image Concerns	<input type="checkbox"/> Difficulty Concentrating
<input type="checkbox"/> Panic Attacks	<input type="checkbox"/> Memory Problems
<input type="checkbox"/> Eating Behavior Issues	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Violent Behavior	<input type="checkbox"/> Other: _____

What are your strengths?

Please provide a brief description of why you are seeking services at this time:

Thank you for taking the time to complete this form!