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West Des Moines, IA 50266



Focused Life  
CLINIC

Phone: 515-227-6065  
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### AUTHORIZATION TO RELEASE MEDICAL INFORMATION

\*Please complete ALL sections. Failure to do so could prevent or delay processing.

<b>PATIENT INFORMATION</b> Enter the patient's information in this section	First and Last Name: _____ Date of Birth: _____ Address: _____ City: _____ State: _____ Zip Code: _____ Phone: _____ Email: _____
<b>INDIVIDUAL OR ENTITY SENDING AND/OR RECEIVING RECORDS</b>	Check all that apply: <input type="checkbox"/> Focused Life Clinic is authorized to <b>release</b> information to the following <input type="checkbox"/> Focused Life Clinic is authorized to <b>receive</b> information from the following  Name of Person or Entity: _____ Address: _____ City: _____ State: _____ Zip Code: _____ Phone: _____ Fax: _____
<b>DATES OF REQUESTED INFORMATION</b>	<input type="checkbox"/> Any and all dates <input type="checkbox"/> Specific dates: _____ to _____
<b>INFORMATION REQUESTED</b> Please check all that apply	<input type="checkbox"/> Complete record <input type="checkbox"/> Medication record <input type="checkbox"/> Lab results <input type="checkbox"/> Other (please specify): _____ <input type="checkbox"/> History & Physical <input type="checkbox"/> Progress notes <input type="checkbox"/> Imaging/testing reports and results
<b>SPECIFIC AUTHORIZATION</b> Check either YES (release) or NO (do not release) in each line	Mental Health <input type="checkbox"/> YES <input type="checkbox"/> NO Substance Use/Abuse <input type="checkbox"/> YES <input type="checkbox"/> NO HIV/AIDS related information <input type="checkbox"/> YES <input type="checkbox"/> NO
<b>INFORMATION FORMAT</b> Please check all that apply	<input type="checkbox"/> Fax <input type="checkbox"/> Mail <input type="checkbox"/> Pick-up <input type="checkbox"/> Email: _____ <input type="checkbox"/> Verbal Exchange of Information
<b>EXPIRATION:</b>	This authorization is effective for one year from the date on which it was signed unless otherwise specified here: _____
<b>REVOCATION:</b> You may revoke this authorization at any time, except to the extent that action has already been taken in reliance upon it, by giving written notice to Focused Life Clinic.	
<b>FEES:</b> Focused Life Clinic may charge a fee to cover the cost of labor, copying, and preparation of the requested information. Said charge shall be paid prior to collecting, copying, or preparation of requested information.	
<b>RE-RELEASE:</b> Recipients of this information may possibly re-release the information without proper authorization and once information is disclosed it may no longer be protected by federal privacy regulations.	

### PATIENT STATEMENT

By signing below, I acknowledge that I have read, understood, and agree to the terms of this Authorization and I authorize this disclosure. I also acknowledge receipt of a copy of this Authorization.

\_\_\_\_\_  
Signature of Patient/Legal Representative/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Patient/Legal Representative/Legal Guardian

\_\_\_\_\_  
Relationship to Patient if Signed by Legal Representative/Guardian