

Transform Your Life with Ketamine Treatments at Focused Life Clinic

At Focused Life Clinic, we are proud to bring cutting-edge solutions to those suffering from chronic pain, depression, and PTSD. Our team has invested in extensive research and education to offer innovative ketamine treatments, including IV Ketamine infusions and the FDA-approved nasal spray, Spravato, conveniently located in West Des Moines.

Why Choose Ketamine? Ketamine therapy has revolutionized the treatment of chronic pain, depression, and PTSD. Backed by numerous studies, ketamine has demonstrated remarkable effectiveness in alleviating these debilitating conditions, often providing rapid and lasting relief. At Focused Life Clinic, we understand the complex interplay between chronic pain, depression, and PTSD and are here to help you take back control of your life.

Spravato (Esketamine): FDA-Approved, Insurance Covered* Spravato, the nasal spray form of ketamine, is FDA-approved for treatment-resistant depression and suicidal ideation and is covered by most insurance plans. This groundbreaking therapy offers hope to those battling these conditions, allowing for a more accessible path to wellness. Our experienced team works closely with you and your insurance provider to ensure you receive the care you need.

IV Ketamine: Rapid, Long-Lasting Relief For those seeking immediate and sustained results, IV Ketamine infusions offer a powerful solution. While IV Ketamine is not yet covered by most insurance companies, it has been shown to deliver significant improvements in symptoms of chronic pain, depression, and PTSD. With treatments administered by our highly trained professionals, we prioritize your safety, comfort, and overall well-being every step of the way.

What to Expect At Focused Life Clinic, we take a personalized approach to your care. During your initial consultation, our mental health professionals will assess your unique needs and determine if ketamine therapy is the right fit for you. From there, we guide you through every stage of the process, ensuring you feel supported and empowered to achieve your health and wellness goals.

Take the First Step Toward Healing If you or someone you know is struggling with chronic pain, depression, or PTSD, now is the time to explore the transformative benefits of ketamine therapy. Contact Focused Life Clinic today to schedule your consultation and take the first step toward a brighter, healthier future.

Together, we can help you rediscover joy and reclaim your life. Focused Life Clinic: Where compassionate care meets innovative treatment.