


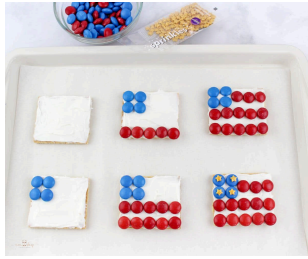


6/29-7/2 Cooking Week: What to Cook?

| Day | Food | Picture | Ingredients | Before taste |
|-----|--|---|---|--|
| Mon | Pork and green onion dumplings / pot stickers |  | Wheat flour Pork and green onion Vegetable oil Soy sauce Salt | Please pan-fry for 3–4 minutes before enjoying |
| Tue | Zongzi |  | Sticky rice Sugar Red bean paste Bamboo leaves (wrapper, not edible) | Fully cooked, please microwave 10 seconds for each one before tasting. |
| Wed | Snow skin mooncakes |  | Sweet rice flour Normal rice flour Wheat starch Milk Vegetable cooking oil Sugar Red bean paste | Fully cooked. Please microwave for 10 seconds per piece before enjoying. |
| Thu | decorate Graham crackers with frosting and candy for Independent day |  | Graham crackers white vanilla frosting red, white, and blue candies colorful candy sprinkles | Hope your family likes the holiday treat! |