

# Week 5: Fall QAL 2025



## Week 5: Spinning Friendship Star & Aunt Addy's

Block size: 9 1/2" x 9 1/2"

Make 1 of each

Each block's cutting is listed separate.

### Bias Triangles used in Both Blocks

#### Cutting:

##### Background

- 8 (2") squares, label A
- 2 (4") squares, label B (4@Time HST's, Bias)
- 1 (4 1/4") squares, cut on both diagonals, label C

##### Background #2

- 2 (2") squares, label A

From each: Dark Blue and Teal/Jade

- 1 (4") squares, label B (4@Time HST's, Bias)

##### Green

- 2 (4") square, cut on ONE diagonal, label D

##### Red

- 1 (4 1/4") square, cut on both diagonals (Bias) label C

##### Coral

- 2 (2") squares, label A

##### Yellow

- 4 (2") squares, label E (SNF)

#### Abbreviations and Need to know:

HST: Half Square Triangle

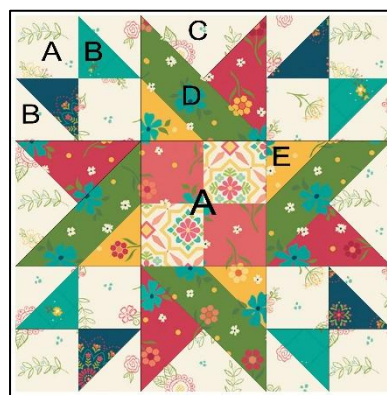
SNF: Stitch-n-Flip Method

8@Time HST: Make 8 HST Method

Always sew with a 1/4" seam allowance and **RST** (Right Sides Together).

Begin project with a new sewing machine needle.

Pressing arrows are in Black



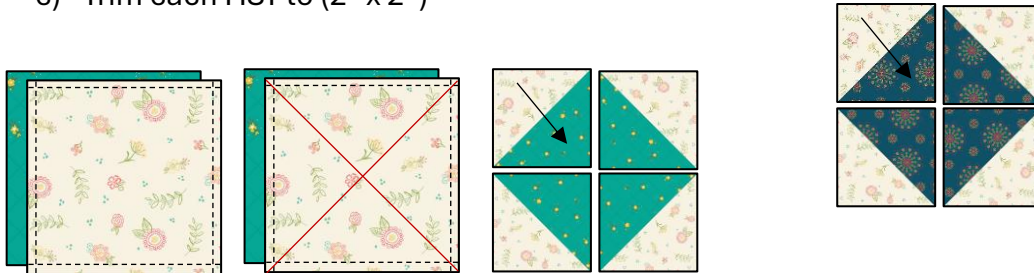
# Week 5: Fall QAL 2025



## Block Construction:

1. Match with RST a Background B square to a Dark Blue B square and Teal/Jade B square.

- a) Stitch a  $\frac{1}{4}$ " away from all four outer edges.
- b) Cut apart on both diagonals as shown.
- c) Open each HST and press.
- d) (4) Dark Blue HST's and (4) Teal/Jade HST's
- e) Trim each HST to (2" x 2")



2. Layout the Teal/Jade HST's and Dark Blue HST's as shown with Background A squares.

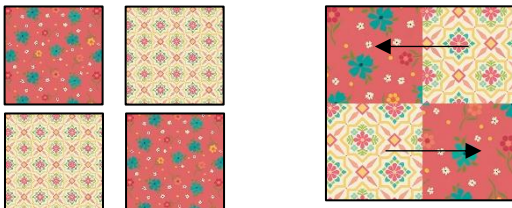
- a) Sew together a Background A square to each Teal/Jade HST.
- b) Make 4
- c) Press, label Top Row.
- d) Size: 2" x 3  $\frac{1}{2}$ "
- e) Sew together a Background A square to each Dark Blue HST.
- f) Make 4
- g) Press, label Bottom Row
- h) Size: 2" x 3  $\frac{1}{2}$ "
- i) Sew each Top Row to a Bottom Row.
- j) Make 4 corner units, Size: 3  $\frac{1}{2}$ " x 3  $\frac{1}{2}$ "



# Week 5: Fall QAL 2025

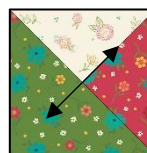


3. Make Center: Sew both Coral A squares to a Background #2 A square. Sew the two pairs together as shown, with the Coral squares diagonally across from each other. Make 1. Size 3 1/2" x 3 1/2"



4. Star Points. These are directional.

- Layout as shown.
- Sew together a Background C to a Red C.
- Press
- Make 4.
- Sew a Green D triangle to each, as shown, press
- Make 4, Trim to 3 1/2" x 3 1/2"



5. Draw a diagonal line from corner to corner on the back of each Yellow E square. Match each Yellow E square with RST to the corner of each of the Star Points from previous step.

- Stitch directly on the drawn line.
- Trim a 1/4" away from the drawn line to remove excess.
- Flip triangle in place and press.
- Make 4 Red/Green/Yellow Star Points
- Size: 3 1/2" x 3 1/2"



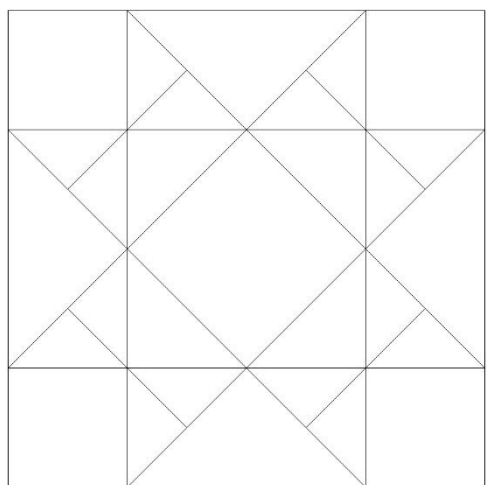
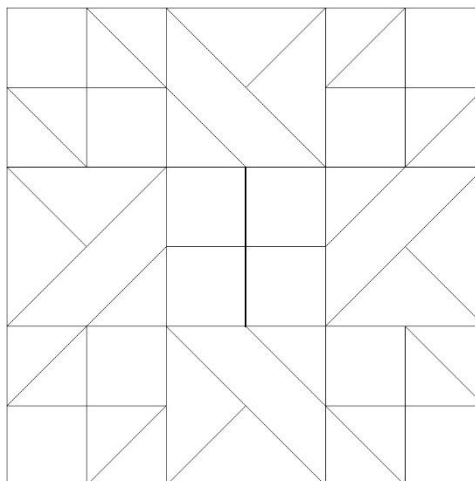
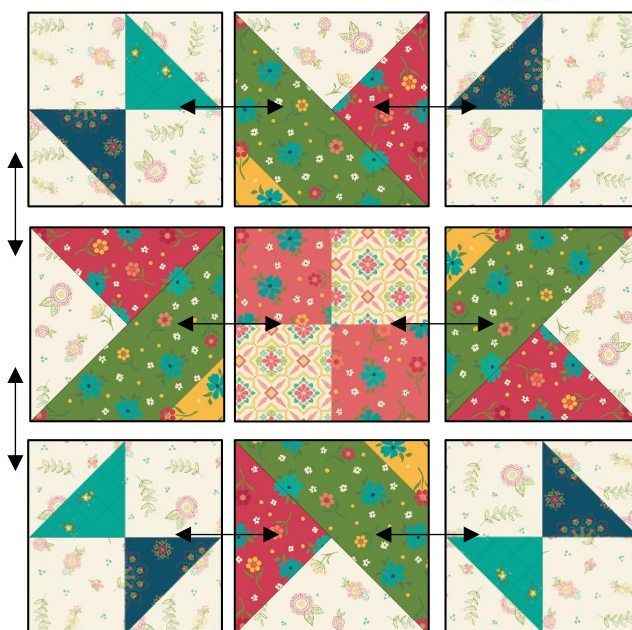


# Week 5: Fall QAL 2025



## Bring it all Together

1. Layout units as shown.
  - a) Sew Row 1 units together
  - b) Press
  - c) Sew Row 2 units together
  - d) Press
  - e) Sew Row 3 units together
  - f) Press
  - g) Sew Row 2 to Row 1, Nest seams
  - h) Press
  - i) Sew Row 3 to Row 2, Nest seams
  - j) Press
  - k) Size: 9 1/2" x 9 1/2"



# Week 5: Fall QAL 2025



Week 5: (Block 2) Aunt Addy's Favorite

Block size: 9 1/2" x 9 1/2"

Make 1

Each block's cutting is listed separate.

Bias Triangles used in Both Blocks

Cutting

Background

- 4 (2 3/4") squares, label A
- 1 (5 3/4") squares, cut on both diagonals, label B

Background #2

- 1 (3-5/8") square, label E (center square)

Green

- 2 (3 1/4") squares, cut once diagonally, label D

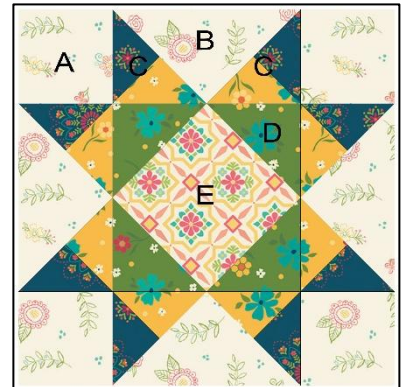
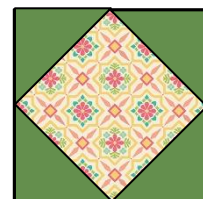
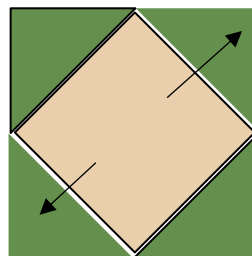
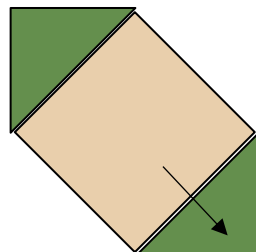
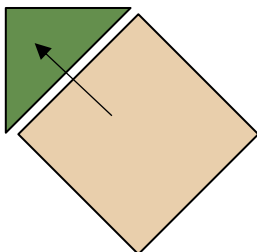
From each Dark Blue and Yellow

- 2 (3 1/2") squares, cut on both diagonals, label C

Block Construction

1. Making the Center.

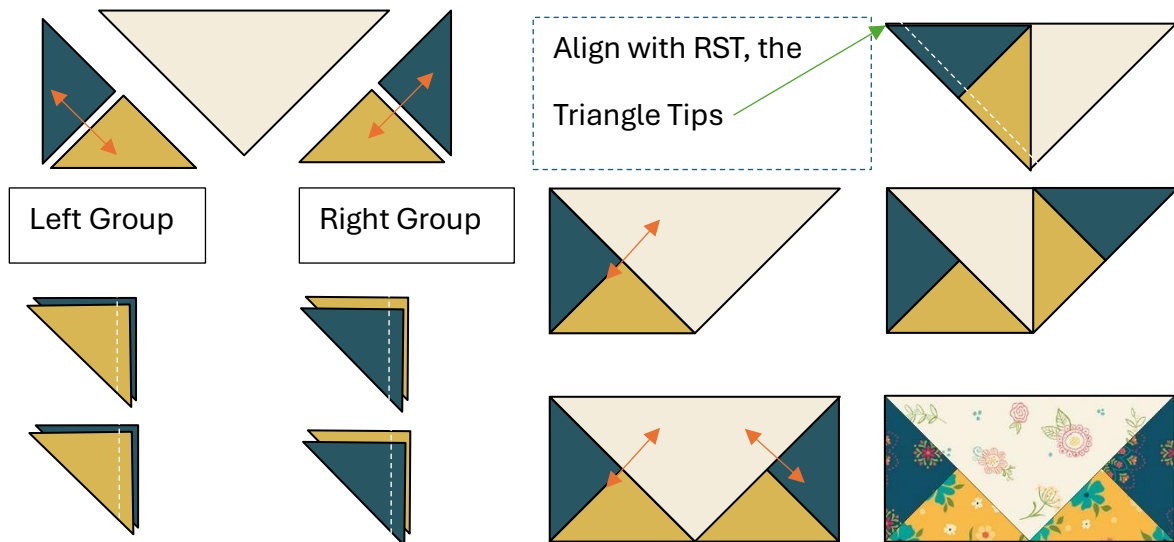
- Fold each Green D triangle in half along the bias edge and crease the center with fingers or use iron.
- Fold the Background #2 E square in half along the vertical and horizontal (top to bottom and side to side)
- Match with RST a Green D triangle as shown to the Background #2 E square, align the creased centers. Sew and press. Working diagonally across the E square as shown.
- Trim to 5" x 5"



# Week 5: Fall QAL 2025

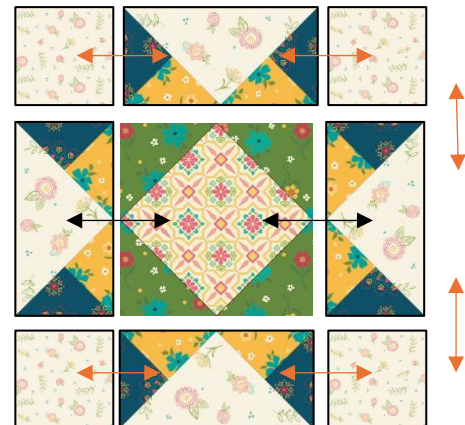


2. Making Star Points. There is a Left Star Point and a Right Star Point.
  - a) Separate the Yellow C and Blue C triangles into TWO groups.
  - b) Each Group needs (4) Yellow Triangles and (4) Blue Triangles
  - c) Layout the Star Points as shown.
  - d) Sew together (4) Yellow triangles to (4) Dark Blue Triangles. Making (4) Left and (4) Right.
  - e) Sew a Left Star Point to a Background B triangle. Align the Star Points to the Background Triangle Tip as shown. Press.
  - f) Make 4
  - g) Sew a Right Star Point to the other side of the Background B triangle. Align the Star Points to the Background Triangle Tip as shown. Press
  - h) Make 4.
  - i) Size: 2 3/4" x 5"



Bring it all Together

1. Layout as shown
  - a) Sew together the units for Row 1, press
  - b) Sew together the units for Row 2, press
  - c) Sew together the units for Row 3, press
  - d) Sew Row 2 to Row 1, press
  - e) Sew Row 3 to Row 2, press
  - f) Size: 9 1/2" x 9 1/2"



NancyMcNallyQuilts

